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143 School Shootings Since 2013

Oregon Shooting Has Obama And Nation Looking For Answers



IMAGE TAKEN from CNN.com

President Barack Obama held a press conference following the shooting at Umpqua Community College to discuss steps to limit gun violence in the United States.

ALYSSA TRITSCHLER
CLUB AND GREEK EDITOR

On Thursday, Oct. 1, a total of ten people were killed and seven injured in Roseburg, OR after a gunman open fired on the Umpqua Community College campus. Douglas County Sherriff John Hanlin reports the shooter, 26-year-old Chris Harper Mercer, was pronounced dead after a shoot-out with the police.

While authorities had not reported a motive for the shooting, CNN reported Mercer had targeted Christians, according to student Anastasia Boylan, who had been in one of the class-

rooms Mercer open fired on. Boylan recalls the shooter telling Christian students to stand up, because “[They were] going to see God in just about one second.”

Following the shooting, President Barack Obama addressed the nation. Obama opened his speech showing a look of anger and disappointment across his face as he told the country, “There are more American families, mom’s, dads’, children, whose lives have been changed forever. That means there’s another community stunned with grief, and communities across the country forced to relieve their own anguish, and parents across the country who are scared because they know it might have been their families.”

The emotional statement resonated with Obama as he told the nation he has been to Roseburg, OR, a town he recalls to be filled with “really good people.”

Obama continued with telling the nation that our thoughts and prayers are not enough, and that they cannot prevent another act such as this from occurring in the future. Unfortunately, only three days after the Oregon shooting, the FBI and ATF released due to a threat of violence at a college or university near the Philadelphia Area. The attack was scheduled for 2:00 p.m. on Monday, Oct. 5.

Widener University, located approximately 14 miles from Philadelphia, took extra pre-cau-

tions.

“It was a really scary day for everyone at Widener. We were all on edge and classes were optional even though nobody went,” said senior Deneen Dougherty. “Campus Safety and the police were all over today, but it didn’t make the worrying go away. It’s a terrible feeling to not feel safe on your college campus.”

Samantha Parent, a senior at Gwynedd Mercy University which is located directly outside of Philadelphia, also noticed a high number of patrol officers at her school on Monday, Oct. 5 and Tuesday, Oct. 6.

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U.S. Census Bureau Predicts Low Voter Turnout Among Young Adults

JAMILAH MCMILLAN
ASSOCIATE NEWS EDITOR

Data from the US Census Bureau predicts a low voter turnout in 18-24 year olds for the upcoming 2016 presidential elections. Less than half the population of eligible young adult voters are expected to participate in the voting process.

Janice Stapley, Associate Professor of the Department of Psychology, correlates low voter turnout in young adults as a probable effect of western culture. “Emerging adults tend to be very self-focused, espe-

cially in western cultures where individualism is highly valued. They don’t feel like it is as important as what goes on in their daily life,” she said. “Of course this is a generalization and there is a small subgroup of young people that are very politically involved, but they are the exception - not the norm,” said Stapley.

Christopher Lambiase, a graduate student earning his masters in Homeland Security, is an example of what Stapley considers “not the norm”. Lambiase deduces that it is his responsibility to take part in the voting process. “It is my way of contributing to the nation,” he said.

Giana Breucella, a junior English major, represents a large majority of potential young adult voter who are considerably disconnected from the presidential campaign. “In my age group I feel like I never hear people talking about politics. I am probably not going to vote. I feel like it’s kind of pointless. I don’t know much about politics, and I feel like in order to vote I should know more.”

“The number one predictor of voter turnout is the level of education. The more educated you are the more likely you are to vote,” said Joseph Patten, the Chair of the Department of Po-

litical Science and Sociology.

“I feel like a good amount of college students don’t really know about the candidates that are running,” said Malik Johnson, a senior communications major. However, he asserts that this is not the case for all students. “There are others that do know about the candidates but don’t really like them. For example, Hillary Clinton is the frontrunner for the democrats right now, but I don’t think many students really care for her,” he said.

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New Public Servant in Residence For MU

BENJAMIN SMITH
CONTRIBUTING WRITER

The first woman to hold the position of Chief Justice and Attorney General in NJ’s history, Deborah Poritz, will serve as the University’s civil servant during the 2015-2016 academic year. The pioneering former Chief Justice will give select lectures on campus during the year.

The Brooklyn-native, Poritz, was nominated to the state’s highest bench by Governor Christine Todd Whitman on June 13, 1996, and was the first Republican Chief Justice to serve in that role in 25 years.

Before her career as a lawyer, Poritz studied English and American Literature at Columbia University on a Woodrow Wilson Fellowship and then pursue her graduate degree at Brandeis University. She taught composition and literature at Ursinus College, PA prior to leaving for law school.

Her first job as a lawyer was in environmental law. She joined the office of the NJ Attorney General as a Deputy Attorney General in the Division of Law in the Environmental Protection Section. In 1981, she was appointed Deputy Attorney General in charge of appeals and chief of the Banking, Insurance, and Public Securities Section. From 1986 to 1989, she served as assistant Attorney General and director of the Division of Law, where she supervised more than 300 attorneys for the state.

From 1989 to the beginning of 1990, she served as the principal advisor to Governor Thomas H.

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Bruce Springsteen Gallery Attracts Community

RICHARD FELICETTI
ASSISTANT NEWS EDITOR

The gallery “Bruce Springsteen: A Photographic Journey” opened on Sept. 27th in Rechnitz Hall’s Dimattio Gallery and will be on display until Dec. 22nd.

The gallery is a part of the University’s standing as an official affiliate of the GRAMMY Museum, an interactive and educational museum dedicated to artists who have won the GRAMMY Award. On display through Dec. 22 at Rechnitz Hall’s DiMattio Gallery, the work will feature photographs of Springsteen from various shows throughout the years.

Springsteen, who was born at Monmouth Medical Center, has long been an icon for aspiring musicians and a staple of the Jersey Shore culture.

The gallery opening was moderated by University alumnus,

Robert Santelli, class of 1973, and the executive director of the GRAMMY Museum. After the viewing, the photographers, Frank Stefanko, Ed Gallucci and Eric Meola opened the floor to questions. However, Danny Clinch and Pamela Springsteen, who also photographed Springsteen, were not present at the Q&A.

The University’s President Paul Brown said that the gallery has been a tremendous success in attracting viewers, as the spectator turnout for the opening ceremony exceeded expectations.

“‘Bruce Springsteen: A Photographic Journey,’ has certainly attracted a great deal of media interest and continues to attract visitors. The opening reception last weekend brought our distinguished alumnus, Robert Santelli, back to campus for a moderated panel with some of the photographers whose work is on display,” said Brown.

“Bringing these talented artists together is a wonderful example of the special benefits of our partnership with the GRAMMY Museum, and how fortunate we are that Mr. Santelli remains so involved with Monmouth University.”

The photographs, most of which are being shown for the first time at the exhibit, showcase Springsteen’s famously exciting live shows in which he puts on both a musical and physical performance. Additionally, Springsteen worked closely with many of the photographers in the assembly of the gallery.

Springsteen, who frequently sings about growing up in New Jersey, has resonated with adults and youths alike. Jessica French, a sophomore social work major, said that the exhibit made her realize how impactful Springsteen’s work is. French, who works at the University’s box office, handled many inquiries about the exhibit from in-

terested New Jerseyans.

“People would call wondering about the exhibit and I realized that because he is famous the people feel like their home is more on the map in a sense,” said French. “Whenever someone famous is from your hometown, it always gives you a sense of pride.”

Brown also noted that the gallery does a fine job of combining music and art for an integrative experience.

“The structure of the exhibit, exploring the synergy between music and art, with Bruce Springsteen as the subject, really provides an interdisciplinary educational experience,” said Brown. The interactive elements, which include interviews with the photographers, also adds a deeper context to the artwork. Bruce Springsteen’s influence on American popular culture, especially here at the Jersey Shore, obviously contributes a great deal

to the broad public interest in the exhibit.”

Additionally, Linda Foster, a Professor in the Music and Theater Arts department, said that Springsteen resonates so well because natives seem to embrace him as an authentic voice of the people.

Springsteen, who is widely regarded as one of the most prolific musicians in history, regularly performs surprise concerts across NJ bars after other acts have finished. Additionally, despite his immense fame, Springsteen has no issue foraying into the public eye.

Joe Rapolla, a Chair of the University’s Music & Theater Arts department, said that the University also contributed heavily to Springsteen’s growth as an artist.

“Bruce Springsteen has contributed so much to the identity of the Jersey Shore, and Monmouth University, College at the time, was an important early stomping ground for Bruce as he was developing as an artist and a live performer,” said Rapolla. “So it makes so much sense to have artifacts of Bruce and events like this here at the university”

The GRAMMY Museum, which curated the gallery, has enabled the University to take part in a number of exclusive events.

“Events like this are another great example of how we’re leveraging our affiliation with the GRAMMY Museum. Last spring we produced the Frank Sinatra Symposium and even went to the White House to meet First Lady Michele Obama as part of our affiliation,” said Rapolla. “There’ll be lots more coming out of our relationship with the GRAMMY Museum.”



PHOTO TAKEN by Richard Fellicetti

The Bruce Springsteen Gallery opened on Sept. 27 in Rechnitz Hall’s DiMattio Gallery which is open to the public.

Justice Poritz Shares Experiences

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Kean on legal and policy matters. When Governor Kean left office in 1990, she joined the Princeton law firm of Jamieson, Moore, Peskin & Spicer, where she was a partner. She left there in 1994 to become attorney general. She served as attorney general from 1994 to 1996, when she was named chief justice. With the completion of her seven year term, Poritz was re-nominated to the Supreme Court in 2003 by Governor James McGreevey, giving her a mandate to continue as chief justice until she reached the compulsory retirement age of seventy, in October 2006.

“I am very excited to have such a notable state jurist as this year’s Public Servant in Residence,” said Professor of Political Science at Monmouth University, Gregory Bordelon, Director for the Center for Excellence in Teaching and Learning.

“I am particularly looking forward to the insight that Justice Poritz will provide our students on the topic of judicial decision making and how the legal and attitudinal factors of analyzing complex and controversial matters of law have impacted (and continue impact through our system of stare decisis) the state,” said Bordelon. “Her opinion-writing is comprehensive but practical and is, most importantly, pedagogical to the role of the court in our system of government.”

Despite her conservative ideologies, she authored three decisions friendly to civil rights plaintiffs.

In *Green v. Jersey City* (2003) and *Lockley v. Dep’t of Corrections* (2003), Poritz wrote opinions that helped end more than

a decade of confusion by saying public bodies could be held liable for punitive damages in cases under the Law Against Discrimination and the Conscientious Employee Protection Act.

She also wrote *Dale v. Boy Scouts of America* (1999), which forbade the Boy Scouts from expelling a member because he was an avowed homosexual.

“Chief Justice Poritz is a piece of history that the students are fortunate enough to be able to learn from,” said a graduate in the school of Public Policy, Mary Lou Pardey. “While reading about her is one thing, actually being able to have a discussion with her is something you can’t find in a classroom.”

For the last eight years, Poritz has been of counsel at Drinker Biddle & Reath, where she concentrates on mediation, arbitration and appellate matters in the firm’s Princeton office. For three years during this time period, she taught at Rutgers-Camden and Rutgers-Newark law schools as jurist emerita in residence.

Poritz has also remained actively involved in New Jersey’s civic life. She is currently chair of the board of Legal Services of New Jersey, a vice-chair and secretary of the board of the Princeton HealthCare System, and a member of the board of the philanthropic Fund for New Jersey.

She sits on the Advisory Panel established by Governor Jon Corzine to consider candidates for state judicial office and chairs both the Supreme Court Ad Hoc Committee on Code of Judicial Conduct and the Sentencing/Corrections Task Force, a group charged with reviewing state sentencing/corrections policy for the Governor.

She has received honorary de-

grees from Montclair University, Seton Hall University School of Law, Rutgers-Newark University School of Law, Monmouth University, and Thomas Edison State College, and she has been presented with the National Association of Women Judges’ Lifetime Achievement Award, among others.

“We are delighted to welcome Chief Justice Poritz to our campus to share her experience in law and public service with our students and faculty,” said University President Paul R. Brown, Ph.D. in a press release through the University. “There is no substitute for learning directly from an expert with real-world experience. Justice Poritz’s knowledge of legal issues and her perspective on the evolution of social issues in the courts is sure to provide for many lively discussions.”

Monmouth University’s public servant in residence program, coordinated by the Office of Global Initiatives and the Department of Political Science and Sociology, was created in 2000 to provide a venue for public officials who wish to share their expertise with students and the campus community at Monmouth University.

The last four former Public Servants in Residents include former New Jersey Governors Jim Florio, Christine Todd Whitman, Brendan Byrne, and former Chief Justice of the New Jersey Supreme Court James Zazzalli.

“Dr. Patten has been able to retain nothing short of an amazing cadre of New Jersey policy makers and public officials; it is their practical wisdom and insight into civic life in New Jersey that can truly inspire our students interested in law, politics, and public policy to serve the greater good,” said Bordelon.

College Radio Day

MAGGIE ZELINKA
CO-EDITOR-IN-CHIEF

WMCX, the student-run radio station, participated in College Radio Day on Friday, Oct. 2. The nationwide event incorporates live music and interviews for 12 straight hours to celebrate the essence of radio.

The tradition began in 2010 and WMCX has been a part of it ever since, however, this year the e-Board decided to install a new format.

“We’ve always done College Radio Day as a 12 hour event, but this was the first year that all 12 hours were filled with live music. In previous years, the first six hours of the event were various specialty shows that we have here at The X,” said Hunter Farman, general manager of the station. Aaron Furgason, advisor for The X, noted that this year featured all local artists as well.

These 12 locals who performed were Vextion, Cranston Dean, Bobby Mahoney and the Seventh Son, Justin and Alina, Deal Casino, Remember Jones, WMCX

House Band, The Mercury Brothers, Earth To Starspace, Psychotic Submarines, Flammable Animals, and Kirsten Izer.

Although live music was the main highlight of the day, Farman enjoyed the interview aspect the most.

“Every band was very good in their own respects. For me personally, I loved interviewing Cranston Dean because he has a very wacky personality, and it made for a very easy interview,” Farman continued. “I also really enjoyed Bobby Mahoney and the Seventh Son because I’ve known Bobby since middle school. At the end of the day though, we had great music and interviews from everyone.”

When asked how successful this event was, Furg said, “Any event that spotlights the great day-to-day programming that college radio offers listeners nationwide and celebrates itself, is an excellent to me.”

The X’s next event will invite prospective students to visit the station during Open House which will be held on Sunday, Oct. 11



PHOTO COURTESY of Larissa Trovama

The e-Board members include Dave Gould, Angela Zangari, Larissa Trovama, Gifford Gould, Hunter Farman, Joey Deangelis, Owen Daly-Forseth, and Tom Carroll.

Oregon College

Oregon continued from pg. 1

“It was an eerie feeling pulling onto campus with cop cars in front of every building. Growing up, you’re told that school is a place where you are always safe and it is scar to know that isn’t entirely true anymore,” she said.

According to 6ABC, the threat was posted to an online site, 4chan, and read “On October fifth, at 1pm Central time, a fellow robot will take up arms at a university near Philadelphia.” The deadline passed without an incident occurring.

The President confirms from the polling institute that majority of American’s agree, including registered gun owners, that a change is necessary regarding common gun safety laws. He compares the U.S. to our allies, Australia and Great Britain, both of which have crafted gun safety laws and practically demolished the gun violence that America is being faced with so frequently.

“The only sustainable, logical solution I could see towards fixing our gun violence problem isn’t gun-control legislation (which rarely produces a reduction in crime) or mental-health legislation, because it’s a media issue. Networks and media outlets need to stop glamorizing violence altogether,” said Christopher Tappan, a senior double majoring in political science and homeland security. Tappan continued to credit *CNN Connecticut*, an outlet that refused to name the killer and publicize his mission.

The President also asked the media to come forward with facts documenting the number of Americans killed due to terrorists’ attacks in comparison to Americans who have been killed by gun violence within the past decade.

With that being said, *International Security* reported that the total number of people killed by deadly jihadist attacks is 26, while the total number of deadly right wing attacks to be 48. This does not include the two journalists shot and killed on live television this past Aug., or the ten people killed in OR. That brings the total of Americans killed due to

gun violence to 60 in comparison to the 26 who have been killed due to terrorist attacks since 2002.

Obama explains how the process of changing gun safety laws will take more than just himself. It takes the help of the American public, voting for a future President who makes this issue a top priority, as well as the help of congress, state legislators, and governors, who are willing to work with him and allow the President to collect data regarding how to reduce gun violence. Obama stated in his press conference that as of now, congress has explicitly blocked this data from being gathered.

Joe Patten, Chair of the Political Science and Sociology Department, explained that there have been multiple peaks throughout the history of the gun control controversy. During the Reagan Administration, the Grady Bill caused an uprising. The bill called for a cooling off period, where after making the decision to purchase a gun, it could not be picked up for a few days.

The motive behind the bill was to keep individuals from causing harm to others in the heat of the moment, but was later dissolved by instant background checks. During the Clinton Administration, the Assault Weapons Ban was put into place, which limited the types of weaponry people could purchase. The law had a 10 year clause. Still in effect is the gun show loophole. While background checks are required for those purchasing guns in stores, those purchasing guns from gun shows, or flea markets, are not required to take a background check.

According to Patten, 40 percent of guns purchased are purchased at gun shows, and over 90 percent of the public opinion believes the gun show loophole should be demolished. Democrats have proposed to close the loophole, however, the decision has not been passed by congress.

All of this has promoted Obama to say, “The United States of America is the one advanced nation on earth, in which we do not have common sense and gun safety laws, even in the face of repeated mass killings.”

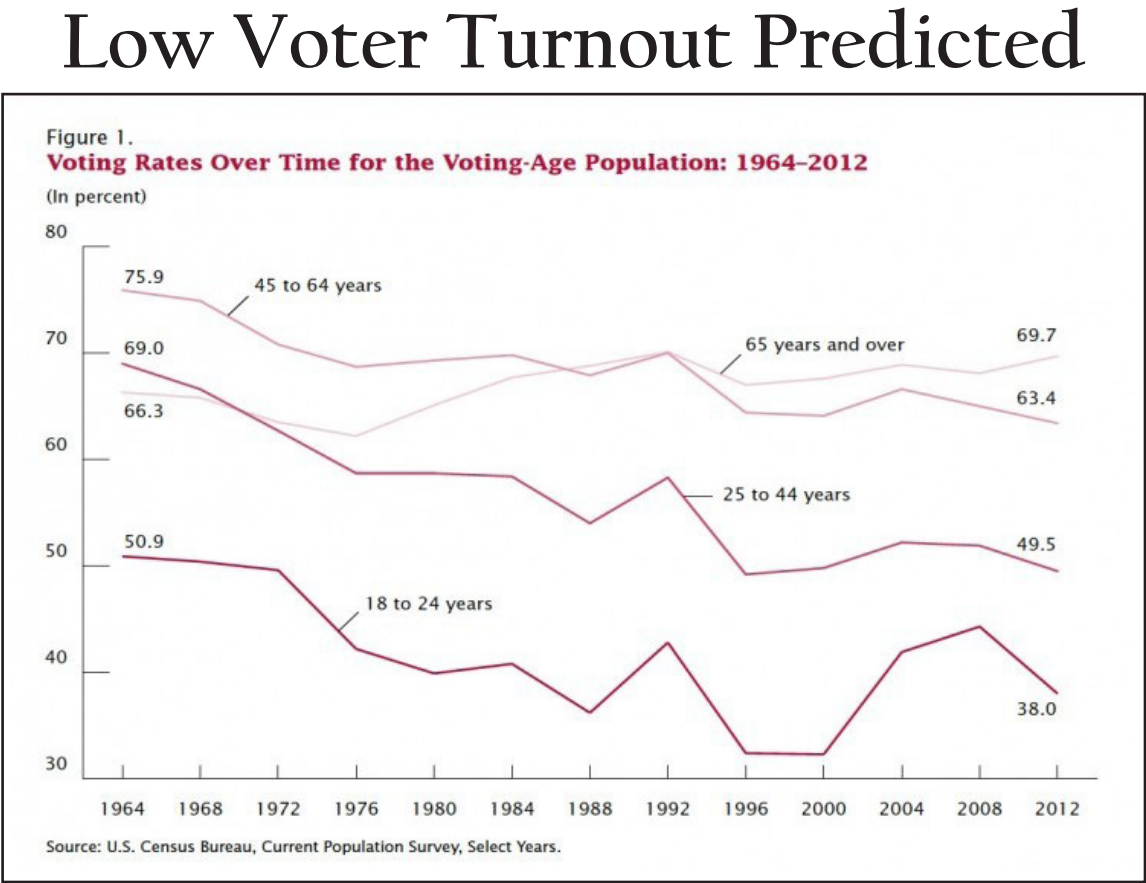


IMAGE TAKEN from <http://www.ttuhub.net/2015/03/college-students-avoid-the-voting-polls/>
An analysis of Presidential Elections from the U.S. Census Bureau displays the decline in voter turnout among young adults.

Voter continued from pg. 1

According to Patten, disinterest or dislike are not the only major factors inhibiting young adults from the voting booths. Patten considers various obstructions caused by structural and societal components.

“Rigid voter registration laws across states that require voters to register well in advance of the election tend to disproportionately hurt young people because one third of 18-29 year olds tend to change addresses every two years. States with same day voter registration like Maine, Minnesota, and Wisconsin tend to have higher voter turn outs of young people,” he said.

A way in which young adults have access to the political views of candidates is through the 2016 Presidential Candidate Debates.

“I hate the debates,” said Breucella. “I think that it is all extremely shady. The majority of the time all you see are the candidates talking about what other politicians did wrong instead of building themselves up. They go back and forth trying to undercut one another. That doesn’t make me want to vote for them. It all seems like one big popularity contest,” she said.

Johnson wants politicians to discuss more topics that might be of interest to young voters during the debates.

“A lot of the politicians are not thinking about our generation. If they want our attention they should consider us in their arguments. I have watched the debates, and they talk about things like foreign policy, terrorism, and things like that, but people my age are interested in other things like debt and health

insurance. That’s why so many young people turned out for the 2008 election with Barack Obama, because he hit topics that were really important to college aged kids,” Johnson said.

According to Patten, Johnson’s assumptions are statistically sound. “Voter turnout in the 18-29 year old demographic surged in 2004 and 2008. The youth vote played a large role in electing President Obama in the 2008 election,” said Patten.

The U.S. Bureau’s calculated estimates of young adult turnout may be correct, however, the University does have students interested in influencing others to vote.

“During the elections we have the opportunity to let our voices be heard,” said Johnson. “I think everyone should take advantage of that.”

App Rewards Students for Staying Off Cell Phones

KERRY BREEN
CONTRIBUTING WRITER

An application called Pocket Points, first introduced on the Apple app store in Aug. 2014, rewards students with points for not checking their phones during class – points that they can later redeem for food at participating locations.

The app was developed by Mitch Gardner and Rob Richardson, who were college students when they came up with the idea in the spring of 2014. Richardson was sitting in a 150-person lecture hall and noticed how many of his classmates were playing with their phones and not paying attention to the lecture.

“I knew there had to be some sort of incentive to get kids to put their phones away,” said Richardson, in an interview with *USA Today*. That incentive was a points system that could be used for free or discounted items from local vendors who participated.

The free app only works on campus and operates on a simple premise: students first open the Pocket Points app, then lock their phones. As soon as this is done, points begin to accumulate, and the longer the phone stays locked, the more points they can get. Points are also awarded based on how many people are on the app at the same time.

Richardson and Gardner originally attempted to convince professors to reward students with extra credit for staying off their phones. How-

ever, a focus group session revealed that professors disagreed with that idea – they didn’t like the thought of rewarding students for something that, in their opinion, they should already be doing. After this focus group, the two reached out to local food companies, and found out that those companies were thrilled with the idea.

Richardson, a computer science student, worked on the coding for the app; Gardner, a marketing major, focused on the marketing and advertisement, making sure that the word

spread. Within a month, 30 percent of the Chico State student body (the university where the app was first developed) had downloaded the app. As its success spread, so that did the campus reach – in the spring of 2015, the app expanded to campuses such as Penn State, University of Michigan, and University of Arizona.

Campus representatives market the app and work with local vendors to find deals for students in their respective areas. Gardner says he and Richardson don’t want people to abuse the app, so they’re trying

to control accessibility so students can’t earn points from dorms. While Pocket Points doesn’t solve everything, he says it mitigates some problems in the classroom.

The University is not currently included in the app’s reach, but students on campus seemed enthusiastic about the idea.

“It’s a great idea,” said Owen Flanagan, a sophomore music major. “Kids would definitely put away their phones for free food.”

His sentiments are echoed by junior graphic design major Krystal Suriani. “It’s awesome,” she said. “I live off-campus; it’d be nice to know that after a few classes I’d have enough points to get dinner.”

While students may not be able to use the app and earn points yet, those who take classes with Dr. Shannon Hokanson, a lecturer in the communication department, will be able to get extra credit if they relinquish their phones during class.

“I noticed a lot of students on their phones, but I didn’t want to create a contentious atmosphere in the classroom,” she said. “I understand – when I’m not teaching, I’m on mine, so I figured, I had to come up with something that isn’t punitive, something that doesn’t damage my classroom climate, but gets them off of it. I’ve started doing it this semester, and it’s going great.”

Students in Hokanson’s class are given the chance to deposit their phones into a basket that she keeps on hand. Those that do so – and she says that students do take her up on the offer – are given extra credit points, which can be used to benefit their grades.

“It’s rare that someone doesn’t do it,” she said. “In fact, it almost never happens.”

While Pocket Points may not have a presence yet, Richardson and Gardner are constantly increasing the reach of the app, and the team has weekly meetings to continue to innovate their project. The app can be downloaded for free on the Apple App Store.

IMAGE TAKEN from <http://www.kesato.com/blog/technology/us-college-students-can-get-free-food-from-not-using-their-phones-in-class/>
Pocket Points allows students at participating universities across the country to collect rewards when having their phones locked while on campus.

College: Expectations vs. Reality

JENNIFER MURPHY
CONTRIBUTING WRITER

As a new school year begins, expectations run high amongst students, especially freshmen. Students begin to envision a new semester with nothing but perfect days ahead. Does college really live up to these expectations? Or are the standards too high? Social media, movies, TV shows, and all those people telling you it'll be the best four years of your life can create very unrealistic ideas when imagining what your college experience will be like.

Yes, you will have tons of freedom and no parents present to tell you what you can and cannot do; yes, there will plenty of fun parties to go to and yes they are themed. Your time on campus will definitely be enjoyable and life changing, but you should always have a realistic approach to what it will actually be like. Here are some of the expectations about college versus the reality of what it is really like:

Expectation: Your dorm will look like it came from PINK or Pottery Barn Teen.

Reality: You will see a bed

with risers to make room for the boxes of Ramen Noodles under there, with bulky, mismatched, awfully colored furniture. And,

Expectation: You and your roommate will be total besties.

Reality: You'll eat together in the dining hall every day for

you to "Netflix and Chill?"

Expectation: Being so overwhelmed with parties that you can't choose which one to go to.

Reality: Stumbling out of bed at 8:15 a.m. to make it to your 8:30 a.m. lecture, which you will struggle to stay awake in. The struggle is so real.

Expectation: Not having school from 7:00-3:00 p.m. means plenty of time for Netflix and my bed.

Reality: You're living off cereal while you try to cram a semester's worth of work into two days.

Expectation: College professors are much more laid back. No homework = endless free time.

Reality: Only two weeks into the semester and you're pulling an all nighter at the library to get through 300 pages of reading before your class in the morning.

Expectation: Your own pool of drama free, laid back, hot college women to date.

Reality: Half-naked girls dressed in costumes, whining about the lack of Instagram love that night.

Now that you know what to expect from college, you won't have as many let downs. Whether this is your first semester in college or your fifth, you should always keep your mind open to experiencing new things and meeting new people.

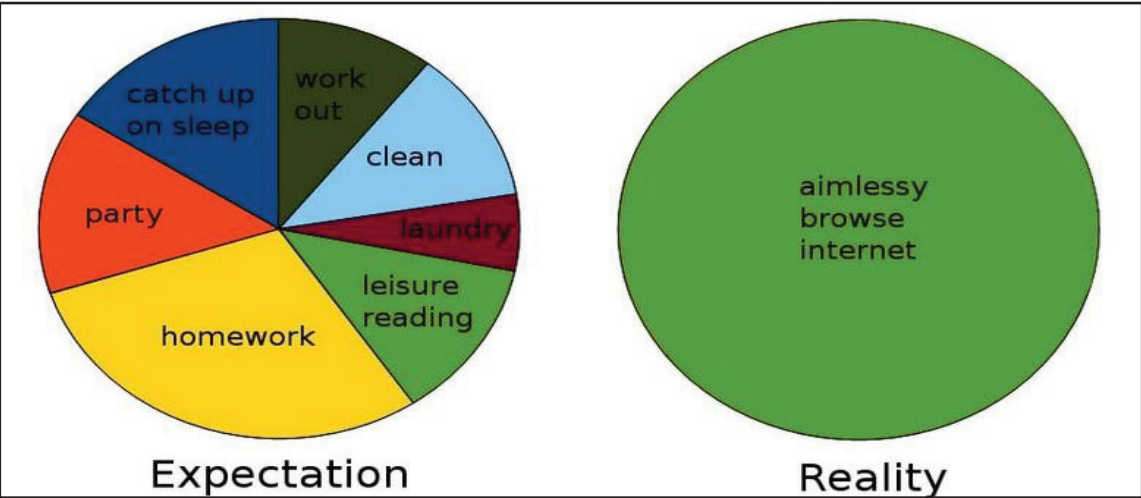


IMAGE TAKEN from funnyjunk.com

There are many deceptions that freshmen face the realities of when they first arrive on campus.

maybe a few Beyoncé posters.

Expectation: The dining hall has endless options so it'll be so easy for me to eat healthy. What freshman 15?

Reality: When is the DH going to change chicken finger Wednesday to chicken finger Monday-Friday?

the first week and then find out they probably descended from the gates of Hell, keeping you up every night.

Expectation: You'll have your own pool of sophisticated, mature college boys to choose from.

Reality: Fratty bros texting

#LIT

Reality: Pre-gaming in a hot, crowded dorm room, waiting too long for an address, and showing up to the party as they are kicking people out.

Expectation: Sleeping in until noon every day. YAAAS-SSS.

Are You Seeing Anyone?

LAUREN NIESZ
COPY EDITOR

Expectations for finding a significant other come in many different forms from a variety of people in your life. There is always the ideal significant other that others see for you: your friends have theirs for you, your family has theirs, society has its, and then there is yours—the most important one.

In my life I have always had the support of my parents no matter what, so it is the same for significant others. I've never been in a serious relationship, so I can't say I know for sure that they're truly okay with anything, but I have a feeling they seriously would be. I think my biggest critic would be my big brother, because as much as we may hate each other at times, we want the best for each other. We are both overachievers, so finding a significant other will be hard for us: high standards. If I come up with anything less than the star of a sports team or a boy with a bright future in a lucrative job market, he's going to judge. But I don't blame him because honestly I would do the same to him.

As for extended family, it is always the same questions at family

gatherings: "So, are you dating anyone?" That truly is the dreaded question, isn't it? And then you have those aunts and uncles that when you tell them "No," ask "Why not?" Now you're trapped. If you say "I'm just having fun" they go into the "don't forget to be safe" talk and if you try to change the subject they always come back to it. And, come on we have all judged our cousins' significant other's: "Yikes, he/she can do better than that."

Friends are funny when it comes to significant others. Every friend has an opinion. "I see you with [fill in the blank]." They aren't afraid to tell you who they think your ideal significant other is. Furthermore, they aren't afraid to try to set you up with that type of person either. Our friends always mean well, but sometimes they take it too far. Though I don't blame them, I would hate to listen to me whine about being single too.

And then there is a societal expectation of whom you should be with. I hate the idea that people of a certain race need to be with someone of the same race. I think that "ideal" is absolutely ridiculous. People can be with whomever they want to be with! Skin color, religion, body types, it doesn't matter! Of course, there

is a matter of preference by each individual, but societal implications should keep its hands out of the matter.

Ultimately, I think the pressure of finding a significant other truly lies within us. Yes, our friends and family and even society play a supporting role, but we are the lead actors of our lives: we make our own decisions. Some of us are people pleasers, so we want to make all of those groups of people happy, but, honestly, that is probably near to impossible.

Well, I am a people pleaser. So, no, I've never been in a serious relationship. Yes, I am trying to make everyone happy, but as I am growing older, I am realizing that this isn't anyone's choice but mine. So then why really have I not been in a relationship? Because I have created such standards that create such pressure on myself to find the "right" significant other. The funny thing about standards that we create is that by making them we could be missing out on the loves of our lives. I could say that I only want a guy who is over 6' tall and my soul mate could be 5'9" and I would never give him a shot. These standards, these guidelines we make in our heads, can be debilitating to our futures.

On Vs. Off Campus Living

ALISON SILVERMAN
STAFF WRITER

When it comes to living off campus and commuting, it should be broken down into two categories: living with parents and commuting from home or renting a place off campus nearby. Since coming to Monmouth, I've done both and there's a lot to say about the pros and cons of each. Residential life, however, also has its perks. Which

contrast to number one, residential life entails not living with a parent, but most of the time there is a dorm advisor or resident advisor. Living off campus and renting a house, as most upperclassmen do, does not require a parental figure, which means more responsibility but more freedom as well.

5. Food: Living off campus on your own usually means grocery shopping, which leads to cooking. If you're like me and don't

Living off campus and renting a house, as most upperclassmen do, does not require a parental figure, which requires more responsibility but more freedom as well.

is better? You decide.

1. When you live at home with your parents, you can almost always count on a home cooked meal and your laundry done: Living with your parents (most of the time) means that (hopefully) you have dinner made for you and your house cleaned. While you may have to help out along the way, it is nice not to have to worry about it from time to time.

2. Traffic: Living off campus and on campus brings different parking issues. While living on campus entails walking to class from the dorms in the rain or the snow, which is difficult at times, commuting entails the struggle of traffic—often Cedar Ave is backed up both ways, or traffic can make us late to class.

3. Parking: Just like traffic, residential life is more favorable. Residential life enables students to park in spots closer to their buildings, while commuters must struggle to find spots in a crowded parking lot. This, again, causes problems when it makes students late for class, and they must settle for the valet parking that the school offers.

4. Parents vs. no Parents: In

have time to cook, it means frozen meals. Residential students have the opportunity of going to the dining hall and the student center, where meals are easily attainable.

6. Waking up early vs late: Seeing that residential students only have to walk to class, they have the upper hand—when the dreaded 8:30 hits, it is the commuter who has to wake up earlier to get to class on time to avoid traffic and parking difficulty.

7. Bills, Bills, Bills- Off campus living means that bills must be paid. This requires a lot of upkeep and is a responsibility most leave to their parents when living at home. When living on campus, there's only one bill, paid at the beginning of the semester, and everything is paid for.

8. Roommates: Living off campus and commuting, more often than not, involves having your own bed and room. Living on campus means having a roommate if you're living in the dorms, which, as anyone living in a dorm can tell you, is good or bad.

If you're like me and are really messy, living off campus with your own room? Definitely better.

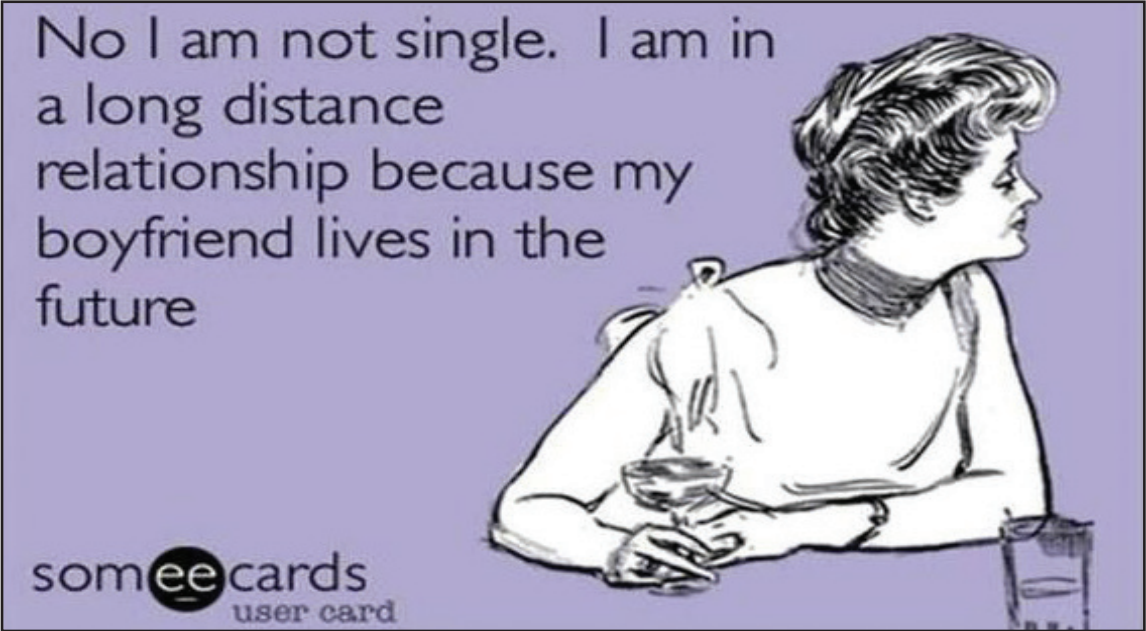


IMAGE TAKEN from twitter.com

College students are often pressured by their families to find a significant other and settle down.

The Struggles of Being Gluten and Dairy Free in College

JULIA BURKE
CONTRIBUTING WRITER

“Wanna go grab some pizza?” No I can’t. “Oh, then why don’t we go out for ice cream?” No I can’t. “Okay, Chinese food?” No I can’t.

That brief dialogue sums up my life. Going out to eat with friends or even attending any get-togethers or events is always a hassle because I’m intolerant to both gluten and dairy. I’m well-known for taking my lightly salted Quaker’s rice cakes topped with all natural Skippy peanut butter everywhere I go, just in case there isn’t anything I’m able to eat. If you’re out and there’s no food for you, you just might starve.

Going out to a restaurant is a major step outside the comfort zone for gluten and dairy free folks as well, especially if it’s a restaurant you haven’t been to before. People with this allergy have to research the menu prior to getting there to ensure that they can cater to one’s dietary needs.

The most awkward part is ordering food. Usually my order goes along the lines of “Can I have the caesar salad with no parmesan cheese, no croutons, and no dressing?” The waiter’s response is typically, “So you just want lettuce?”, and I reply, “Yes, just lettuce.” Then you have to make certain the waiter has fully understood you and has written down your order correctly. No one wants to be that aggressive

customer that questions the waiter’s listening skills, but the gluten and dairy free population can’t take any risks. This whole process makes something that should be enjoyable, eating and socializing with friends and family, inconvenient and burdensome.

“My son’s girlfriend is on a gluten-free diet and she came to visit. I never had paid attention to nutrition labels before but I found that Shop-Rite in Long Branch has an entire gluten-free section,” Instructor of English, Mary Bulvanoski said, “I was glad that my son forewarned me about his girlfriend’s diet because if she came to my house and couldn’t eat anything, I would not have felt hospitable and she probably would have felt bad as well,” said Bulvanoski.

Gluten and dairy intolerances and allergies are becoming more and more prevalent in the United States. An intolerance to food has to do with digestive problems whereas an allergy causes an immune system response that attacks organs and can be more severe and even life-threatening. Some conditions are more unbearable and painful than others, as said on mayoclinic.com

Kirsten Hogan, a freshman pre-med student at Raritan Valley Community College, suffers from lactose intolerance. “I risk the pain and suffering for the enjoyment of ice cream because I can’t live with-

out having ice cream in my life,” said Hogan. Some people just can’t let go of their favorite foods, despite their stomachs begging them to stop.

There are also different reasons, besides having intolerances and allergies, that people avoid eating gluten and dairy. Gluten-free diets are becoming popular in the United States because it is publicized that it can contribute to weight loss. Being gluten-free is also trendy and some people try it just to see if they can endure it. Vegans are dairy-free because they don’t eat or drink prod-

ucts that derive from animals.

Corey Wrenn, lecturer of political science and sociology, has been a vegan since she was 17 due to animals rights reasons and social justice. “I’ve been a vegan so long that I know the tricks, like how there are options for me at Subway or Taco Bell,” said Wrenn.

Going to college brings up another concern for incoming freshman with food allergies. Most people are nervous for the transition from high school to college because they have to make new friends, manage strenuous homework, and are going

to be away from home for the first time.

For me, my biggest worry was how I would deal with my restricted diet. I would no longer have the luxury of my mom making me separate, uncontaminated, home-cooked meals. I had to start all over again and find the “safe” foods and places that I could eat.

Fortunately, Magill Commons has adapted to the gluten and dairy free epidemic. Walking through the dining hall for the first time, I felt like a child walking through Toys-R-Us, mesmerized and excited. I was awestruck by the countless food options available for me. There is a specific food allergy section that contains delicacies such as gluten free muffins, donuts, and cookies. There’s a variety of vegan milks, such as soy milk and almond milk. There are gluten free wraps and breads available in the sandwich line. Also, all of the entrees are labeled and it indicates if they have gluten or dairy in them, saving me from having to embarrassingly ask the chef questions and hold up the lines.

Having food intolerances can be rough, but at Monmouth, I feel like I’m a normal person that can eat anything, with all the choices available for me. Being a part of the gluten and dairy free subculture has made me learn to celebrate the little things in life, like turkey lettuce and tomato on a gluten free wrap.



IMAGE TAKEN from thediligentwoman.com
Having to eliminate gluten and dairy from a diet could make it difficult for college students to enjoy eating out with friends.

Benefits of Small Universities

AMANDA GANGIDINO
CONTRIBUTING WRITER

In life, we are faced with a myriad of pivotal life decisions. Deciding on where to attend college is certainly one of them. For the next four years, this place will be where you meet lifelong friends and grow into adulthood.

Perhaps, the university’s proximity to your home, campus, class sizes, or majors offered were factors in your decision-making process. Many of us that chose Monmouth can agree that the class sizes, location, and beautiful campus attracted us to the small university.

Of course, when we make a decision we sometimes wonder if would have been happy with the alternative. In our cases the alternative would be universities that are similar to Penn State, Rutgers, Ohio State and the list goes on. We all have a friend that attends one of these larger universities and boasts with school spirit causing you to become a little envious from time to time. But I assure you we are not missing out.

Let’s start with the class sizes. At Monmouth, most classes cap at about 35 students compared to larger universities where there may be over 200 students in a lecture. Smaller classes allow you to engage in the lecture and actually show up to class.

Nicole Gallagher, a sophomore psychology student shared her thoughts on lecture halls with me, “Honestly I would probably skip class

a lot at a big school. Many professors take attendance at Monmouth reinforcing the importance of attending each and every class.”

A small classroom environment allows professors to actually get to know their students and at the end of the semester, they will know you by your name and not as a number.

The professors really care about your success. They are always willing to speak to you after class to answer any of your questions. Monmouth’s professors are committed to seeing their students do well in their courses. Professor Warren Epstein, an adjunct math lecturer feels that Monmouth provides students with a one-on-one learning experience. “Professors have more time for you because there is a smaller student body compared to larger universities,” said Epstein. Professors give you extensive feedback on papers and assignments to let you know exactly which areas you need improvement in.

Once in a while we all schedule an appointment to meet with our advisors. We sit down with them face-to-face and discuss our schedules and future plans. Many of us students may not feel that this is a big deal, but at large universities appointments with your advisors simply do not exist. There are too many students and not enough enough faculty members to meet with each individual student. It’s up to you to figure out which courses you need to take in order to graduate on time

without any guidance.

At large universities every department has its own office. If you need to pay your bill, go to student billing. Find out your financial aid award, wait 40 minutes to speak to someone on the phone that will tell you to call the student billing office with your question. Sounds frustrating, right? At Monmouth we are not given the run around and we get our questions answered thoroughly and timely.

Another perk to small schools is class convenience. Compared to a big school, Monmouth’s campus is a lot smaller. There is no need to hop on a shuttle bus to get to class because everything is walking distance. Grab your Dunkin’ Donuts coffee at the student center five minutes before class and I guarantee that you’ll make it to your lecture in Howard Hall on time. At a big school, make sure you leave an hour to get class because you never know how long it will take you to walk to class or if the buses are running on a different schedule.

Not to put down any other college campuses, but Monmouth is picturesque. Recently, Best Value Schools named our campus one of the “Most beautiful coastal college campuses.” I mean who else can say that there is a chandelier in their English class? For those of you have not had a class in Wilson yet, prepared to be stunned. From our perfectly manicured gardens, high-quality facilities, and proximity to the beach Monmouth is a breathtaking school.

Sure, we may miss out on those huge football games and tailgates, but I assure you we are at an advantage in certain areas when compared to those other schools. When walking around campus you are guaranteed to see a familiar face. At large universities almost everyone is a stranger. “I love running into friends when going to class. Chances are that you’ll see someone you know when on campus just because Monmouth is so small,” said Tierney Rosen, a sophomore psychology student.

By the time you graduate you’ll probably know almost all the professors in your major and will leave with life-long friends.

Fall Makeup Trends

DANIELLE DEFAZIO
CONTRIBUTING WRITER



IMAGE TAKEN from tumblr.com
Dark smokey eyes and dark matte lips will be seen everywhere this fall season.

Fall is officially upon us and the colors of the leaves aren’t the only thing that’s changing this season, make up trends are making a transition as well. This fall we say goodbye to summers pink and nude palettes and swatch them in for warmer colors.

Nicole Frame, adjunct professor for the communication department, explains how her make up changes this time of year “My bronzer and gold palettes go into hibernation for the fall, sadly. I love to pull in deep purples and browns this time of year.” Using Frame’s technique, browns and purples are a perfect way to recreate a fall edition of the smokey eye.

E.L.F. has a 32-color palette (\$7, eyeslipsface.com) for your smokey eye needs. For mascara, Frame recommends Trish McEvoy Mascara “It stays put, no clumps, and peels off... yes, peels off! A must try.” After this make up shopping spree, check out ReadySetGlamour’s YouTube channel and click her video “Grunge Fall Makeup Tutorial: Fall Smokey Eye” it’s super easy and I recommend everyone checking it out. On top of eye shadows changing, so are the lip colors. It’s time to pack away your shimmery coral lip-glosses from summer and replace it with matte lipsticks.

Dark matte lips are just as hot as your pumpkin spice lattes this season. For this look, I recommend trying NYX Cosmetic’s Soft Matte Lip Cream (\$6, nyxcosmetics.com) in colors Copenhagen, Cannes, and Transylvania.

Jackie Burzo, a junior health studies student, is a huge fan of the dark look, “I love darker colored lipstick! My favorite is Dark Side by Mac.” Jackie also mentions how Mac is one of her favorite makeup brands along with TwoFaced, “They’re the only kind I use because I am very picky.”

Now what is fall makeup without mentioning Halloween? You can’t be the black cat, charming witch, or your favorite celebrity without

sporting the perfect make up.

Allison Perrine, a junior communication student, talks about her plans on how she’s doing her make-up this year during Halloween, “For Halloween I’ll probably wear fake eyelashes which I rarely use. It’s a day that’s acceptable to have dramatic makeup, so why not make my makeup more bold than usual?”

Some other Halloween make up staples are Revlon’s Beyond Natural Synthetic Lashes (\$9.99, Walgreens.com) and Make Up For Ever Glitters (\$12, Sephora.com) this fine glitter is gentle enough for the face and even your eyes for that stand out look. For some Halloween makeup inspiration, check out YouTube makeup guru Kandee Johnson.

Last but not least, it is important to talk about skin hydration especially during the colder months. To make sure you keep your skin fresh so your makeup can look its best, be sure to keep your face clean and moisturized.

“I just put on lotion after I shower. My foundation is also good for dry skin, so that helps too,” said Perrine.

For a more in depth technique, Frame takes on, “Exfoliate with Fresh’s Brown Sugar Body Polish or Bliss’ Sugar Scrub followed by Clarins Moisture Rich Body Lotion. And of course drink plenty of water, but when days get busy, this regimen really helps.”

So before you get sad summer is over, look on the bright side because it is a new season, which means new beginnings and brand new awesome makeup trends to try.



IMAGE TAKEN from wikipedia.com
Big universities such as Rutgers, have such large campuses, that shuttle busses are required for students to get around.



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Will the Clinton Email Controversy Effect Her Campaign?

KATHARINE DIX
CONTRIBUTING WRITER

In the heat of the 2016 presidential race, Presidential Candidate Hillary Clinton has been involved in an email controversy involving the use of a private email accounts. It was first brought to attention in 2011 by Ann-Marie Slaughter, the State Department's Director of Policy Planning.

Slaughter suggested Clinton release a statement regarding how the, "State's technology is so antiquated that no one uses a State-issued laptop and even high officials routinely end up using their home email accounts to be able to get their work done quickly and effectively."

According to *The New York Times*, Clinton had used her personal email account, "clintonemail.com," to contact General David H. Petraeus and the commander of the United States Central Command. These emails were said to have been sent in January and February of 2009, the first two months of her term as Secretary of State.

According to *CNN*, it seems the emails between Clinton and Petraeus do not contain any classified information, but an official decision has not yet been made. Clinton told NBC that, "There was a transition period. You know, I wasn't that focused on my email."

The New York Times has stated that thirty thousand emails have been deleted, and 30,000 have been sent to the State Department for archiving. *CNN* gathered that Clinton willingly turned over her work related emails but kept the ones she



IMAGE TAKEN from Lighthouse Viewer News

Hillary Clinton has been under fire for use of personal emails as Secretary of State, which has led to investigations by a Congressional Committee and the FBI.

deemed private, however the FBI has been able to recover the personal emails from Clinton's private server. The FBI is currently working to recover the emails that have been deleted to determine whether or not classified information was put at risk.

According to *CNN*, most of the emails belong to an email server Clinton claims she no longer has access to. However, the email chain has messages on a private server she used while in office as Secretary of State. The chain begins on January 10, 2009 and ends on February 1, 2009.

Last week, *CNN* reported that another round of Clinton's

emails were released by the state department. These emails are from 2010 and 2011 and amount to 3,849 total. Overall, Clinton's lawyers have given the State Department 55,000 pages of emails thus far.

According to *CNN*, a federal judge has ordered for new emails to be released monthly; but first they must be reviewed by United States intelligence agencies to ensure that no sensitive information is released to the public. Gregory Bordon, lecturer of political science said, "Since standard protocol for Secretary of State before Clinton personal emails were

allowed, it didn't present a legal issue. There really is no standing for an FBI investigation.

However that is ingenuous to believe that legal process is relevant in the current 24 hour political news cycle." *CNN* stated that in the latest batch of emails, 215 documents have been labeled as classified. The process in upgrading a document or email to "classified" is quite complex; when a certain department is mentioned in an email, that email must be sent to the department for it to be cleared. If the department does not clear it, the document or email becomes classified and is

not released to the public.

The Hillary Clinton e-mail controversy has certainly been a saga, and Clinton has made several attempts to apologize and save her reputation. She has publicly apologized, and on *ABC News* she stated, "I take responsibility and I am trying to be as transparent as I possibly can," and insists that she used her personal email for, "convenience."

However, *CNN* reported that she has admitted that in retrospect she should have used two separate email accounts, but ensures the public and State Department that she, "never sent nor received any information that was classified at the time it was sent."

Dr. Joseph Patten Chair of the Political Science Department said, "This came to light with General Petraeus who got in trouble with sharing classified information with those who didn't have access to it. This will have to be investigated and have more clarity on what types of classified documents might have been compromised. There is no agreement between Clinton's supporters and opposers on what this case can conclude. It's a little premature to pass judgement."

Junior political science and psychology major, Mallory Inselberg, said, "I don't think it matters whether you think it should affect her standing in the presidential race or not, because it will no matter what. I don't think it will too much, because everyone is focusing on the absurdities on what Trump is saying so I think it's on the back-burner. But if she gets farther, it definitely will affect her standing."

Speaker of the U.S. House of Representatives John Boehner Resigns Effective End of October

JANAYA LEWINSKI
CONTRIBUTING WRITER

John Boehner resigned from the House of Representatives in a press conference on September 25th, 2015. He will step down at the end of October.

Freshman student at the University, Sierra Jordan said, "I look at it as a weakness because they (the Republicans) lost one of their big name leaders."

In his tenure as Speaker of the House of Representatives he was able to lead his party to a majority in the House during the 2010 Congressional elections. As a whole, according to *CNN* politics, The Ohio Republican's tenure as Speaker has been marked by clashes with conservatives -- especially when it comes to fiscal policy."

According to *CNN*, he struggled to push through legislation to increase the debt ceiling and was facing another showdown next week to keep the government open. The Speaker has often relied on Democratic votes during these moments, a strategy that has infuriated conservatives.

Often subject to criticism by his own party, with him choosing to leave at the end of October he is paving the way for someone more conservative to take the lead in the house. Associate Professor of Political Science, Dr. Steven Chapman, said, "With Bohnner leaving the speakership there will be a more conservative stance taken by the party," and during his tenure "he was attempting to corral the party and was unable to do so."

According to Dr. Joseph Pat-

ten, Chair of the Political Science Department said, "The primary reason Speaker Boehner is stepping down is because of tensions in the House Republican caucus. The conservative wing of the party has been dissatisfied with Speaker Boehner's leadership over the last couple of years. One of the issues centers on Speaker Boehner's reluctance to shut the government down in the upcoming budget debt ceiling battle if Democrats refuse to cut federal funding of Planned Parenthood." All of these are contributing factors in a departure from the House.

According to a *CNN* article capturing multiple reactions to John Boehner's resignation, the Senate Majority Leader, Mitch McConnell said, "When some said Republicans could never recover, he never gave up. When some gave in to defeatism, he kept up the fight. Because he did, Speaker Boehner was able to transform a broken and dispirited Republican minority into the largest Republican majority since the 1920s. That's a legacy few can match."

Boehner's resignation received mixed reviews from conservatives. Presidential Candidate for the Republican Party and current Governor of Ohio, John Kasich, said of the critics of Boehner, "A lot of the people who are doing the complaining and saying, 'Why isn't anything getting done, maybe they ought to look in the mirror.'"

Republican Presidential Candidate and Senator from Florida, Marco Rubio said, "I'm not here today to bash anyone-- But the time has come to turn the page and al-



IMAGE TAKEN from ThyBlackMan.com

John Boehner has been Speaker of the House since 2011 and his resignation has raised questions about the direction of Congress heading forward.

low a new generation of leadership in this country."

With the party shifting to a different stance, there is also going to be a focus on finding someone to take the place of Speaker Boehner.

Patten said, "The expectation is that his replacement will be House Majority Leader Kevin McCarthy of California, though some Republicans are now angry with Mc-

Carthy because of his recent gaffe that suggested the House Benghazi investigation has been successful in hurting Hillary Clinton's poll numbers."

He continued "This statement strengthened Democratic suspicions that the Benghazi committee was primarily serving a Republican partisan agenda against Clinton, rather than primarily investigating

whether security lapses contributed to the deaths of US diplomats in Libya. Other Republicans are now stepping up to challenge McCarthy's candidacy for Speaker."

According to *CNN* this leaves the party scrambling to find a successor. Big republican names like Paul Ryan, Paul Labrador, and Jason Chaffetz are being tossed around.

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"The Visit" Isn't Worth the Trip

MARIE SOLDO
CONTRIBUTING WRITER

On Sept. 11, *The Visit* premiered in theaters. The hour and 34-minute film was produced by M. Night Shyamalan, who also produced and directed the *Paranormal Activity* films and *The Sixth Sense*.

I was immediately interested in seeing *The Visit* because I love scary movies. Unfortunately, the film is not as scary as the trailer portrayed it to be, and the cast consisted of unknown actors and actresses. Much like in the *Paranormal Activity* series, *The Visit* was shot in 'found footage' style, which resulted unfavorably in the camera being all over the place. However, the movie had a very unpredictable twist at the end that left the audience thinking. In fact, the unexpected ending was about the only thing I liked about the movie. Rotten Tomatoes reviewers agreed with its overall poor quality, as *The Visit* received a rating of 58 out of 100 from 19,544 ratings, or a 3.4 out of 5.

In the beginning of the movie, siblings Tyler (Ed Ox-

enbould) and Becca (Olivia DeJonge) are off to visit their estranged grandparents for the very first time. Becca is very eager to go to her grandparent's farm in remote Pennsylvania; she could not wait to see where her mother grew up and she had her camcorder ready to document the week. At first, things seemed picture perfect: their grandmother was baking a plethora of things for them and their grandfather gave them a tour of the house, explaining that they would be staying in their mother's childhood room. It was made very clear that the basement was off-limits and that bedtime was 9:30 p.m.

Eventually, Tyler starts noticing weird things; he and Becca confront their grandparents about their odd behavior, but they always seem to have a clever excuse. Becca chooses to ignore all these strange occurrences, but Tyler can't let it go.

About halfway through their trip, they are awoken one night by a loud scratching noise past 9:30. Tyler, ever the inquisitive nine-year-old that he is, opens the door to find his grandmother repeatedly and quickly



IMAGE TAKEN from dailymotion.com

Deanna Dunagan stars as a malevolent grandmother in this fall's creepy horror flick, "The Visit."

scratching the walls naked. The following night, they are awoken again by their grandmother, but this time she is running as fast as she can around the entire house as if she were being chased by something. Tyler decides to hide Becca's camcorder

in the living room so that they can capture this bizarre behavior on film, but the idea backfires when it's found by the grandmother and things get dangerous.

Becca and Tyler spend the rest of the film attempting to escape

the wrath of their grandparents, frantically packing in an effort to put an end to their visit.

If you were a fan of the *Paranormal Activity* movies, then this might be a good movie for you. Otherwise, save yourself the trip and skip *The Visit*.

"THE WITCHER 3" IS DARK FANTASY AT ITS BEST

JOHN MORANO
STAFF WRITER

While *Game of Thrones* has reached an impressive amount of universal critical acclaim, the video games based off of the franchise have been, to put it delicately, considerably less successful (or, to put it indelicately, they're about as much fun as the red wedding). Thankfully, *The Witcher 3: Wild Hunt*, based on a set of Polish novels and comparable to George R.R. Martin's epic series, is all that one could possibly want in a dark-fantasy video game, and then some.

To discuss the third installment, we'll first need to start at the beginning with the original game, *The Witcher*. *The Witcher* clearly drew on a well-developed narrative setting (courtesy of its preceding novels), but for a 2007 video game, it felt awfully outdated with technical issues, antiquated gameplay mechanics, ugly graphics, goofy romances/sex-scenes, and an inconsistent plot that dragged it down. On the plus side, the world of *The Witcher* was fascinating, filled with lore, occasionally deep characters, political intrigue and social commentary. There was enough there to make it worth playing, but if it hadn't led into *The Witcher 2* and *3*, I probably would have passed it by, as there are many better games out there. I'd probably rate it 7.5 out of 10 (in my book, that's a good game).

CD Project Red, the game's developer, clearly stepped up its game (so to speak) for *The Witcher 2: Assassins of Kings*. The graphics went from third-rate to beautiful and the gameplay went from tedious and isometric to responsive action-style gameplay. The soundtrack and voice-acting qual-

ity improved, and the plot, while already generally intriguing, received better writing and became a masterpiece in the minds of many. With all these improvements, the plot of *The Witcher 2* was much easier to take seriously, and the fantasy felt much darker than the original. Rather than have the 25 or so romance options that the original had (complete with shallow, crude scenes), *The Witcher 2* had only four romances, each of which was much more tasteful and provided meaningful character exposition. I personally feel the decision to handle romance in a more mature, tasteful manner gave the game more class, and am glad that *The Witcher 3* followed *The Witcher 2*'s example.

Overall, I'd personally score *The Witcher 2* at 9.5/10, with my only concern being how physically linear the game's supposedly open world was.

Finally is *The Witcher 3: Wild Hunt*, the conclusion to the trilogy and a 100-200 hour odyssey. I'm going to start out with the concerns, even though aren't many and they're rather inconse-

quential. *The Witcher 3* has some minor bugs in pretty much every category: graphical, audio, and gameplay, but this is pretty much unavoidable in a game of this scale, and the worst of them have been fixed since I started playing (CD Project Red have released a ton of patches). Even without the patches, the bugs were rarely game-breaking; they typically constituted a slight annoyance at the worst. To me at least, *The Witcher 3* felt smoother at launch than the critically-acclaimed *Elder Scrolls: Skyrim*, which has been the gold standard for

Although there are plenty of

choices in *The Witcher 3*, the player has less control over the story arc than they might in similar games (such as the recent *Dragon Age: Inquisition*). In exchange for this you get a vastly superior, if slightly more linear, plot (a trade I personally am happy to make). When I reviewed *Dragon Age: Inquisition* last year, I gave it a glowing review, with the score 9/10. *The Witcher 3* sets a new standard: it proves that games can have both meaningful choice and quality story (perhaps striking the perfect balance itself). Were I to review *Dragon Age: Inquisition* again, I'd probably score it around 8/10.

There is content present throughout *The Witcher 3* that may disturb some, containing themes of horror with frequent use of the occult, sexual content, portrayals of sexism and racism, strong language, and graphic violence, including depictions of torture and mutilation. If you like dark fantasy, then you probably know what you're in for; that said, I'm a fan of the genre myself and I've never seen a video game take it as far as *The Witcher 3*. Still, the content feels considerably less graphic than what one might expect to see in a dark fantasy TV series like *Game of Thrones*.

The Witcher 3 is hands-down the best looking game

in its genre (probably outside of its genre, too). The soundtrack, an orchestral score that has a sort of tribal-rock sound to it, fits the content it's set to perfectly. The characters of *The Witcher 3* are phenomenally well written, with deep relationships and complicated personalities. Two characters deserve special mention: the first is Geralt of Rivia, a compelling protagonist, who embraces principles such as "the greater good" and "live and let live" (he's not you're stereotypical teenage protagonist with strong opinions and a big mouth). The other is Ciri, Geralt's daughter, who serves as a secondary protagonist/major character, and is one of the best female characters I've ever seen in a video game. She doesn't fit into the "damsel" or the "tough girl" category; she also avoids the label of "sex object" without being made a prude. She's one of the most normal female characters I've seen, and it's a refreshing portrayal to experience.

If you're reading this review wondering if *The Witcher 3: Wild Hunt* is worth playing (and weren't driven away by the dark-fantasy content I mentioned earlier), then let me stop you right here. I can't think of a better game to recommend than *The Witcher 3* (if you've got about 200 hours to spare, that is). As for ratings, I'd give *The Witcher 3* a score of 10/10, something numerous mainstream critics have already done. *The Witcher 3* is as close to perfection as one can reasonably expect a game in its genre to be. Speaking in terms of *Game of Thrones* currencies, *Dragon Age: Inquisition* was a silver stag, but like *Skyrim*, *The Witcher 3* is a gold dragon.

IMAGE TAKEN from thewitcher.com



"Seven Guitars" Rocks Two River Theater

BRIDGET NOCERA
STAFF WRITER

Seven Guitars, directed by Brandon J. Dirden and currently being performed at the Two River Theater in Red Bank, NJ, is an emotional ride comprised of fantastic performances and an immersive story.

The play, written by August Wilson in 1995 and first performed in 1996 on Broadway, takes place in the year 1948 in the backyard of a Pittsburgh Hill District home. It focuses on seven African American characters, one being Floyd "Schoolboy" Barton (Kevin Mambo), a blues singer who is released from jail to find that his recently released song is a hit. Offered the chance at a record deal from a major label in Chicago, he decides to return to see his old girlfriend Vera (Christina Acosta Robinson), and persuade her and some old friends to join him in Chicago.

Wilson, famous for plays such as *Fences* and regarded as one of the most influential American playwrights, explores themes and ideas in his work that are relevant in contemporary times. Racial prejudice, masculinity, the influence of women on men, and the idea of taking chances are all explored, and Dirden uses these as the main focus of the play.

Dirden, in his directorial debut and also an actor himself, brings the audience into the world of these characters and

sucks them into their stories. He also balances the tone of the play perfectly: it has its poignant, heart-wrenching moments, but it can also be hilarious and stirring. Despite the longer length (with an intermission the entire runtime is about two hours and 45 minutes), there is no moment that feels out of place or unimportant. From just the mundane moments in these characters' interactions, Dirden fleshes these people out more and keeps the audience invested in what happens to them.

One thing the Two River The-

ater excels in is getting amazing actors who put their all into their performances. Each of the seven actors in the play are masters in making these characters come alive and are expertly able to keep the naturalistic feel of the play intact. Crystal A. Dickinson is hilarious and compelling as Louise, an outspoken woman who is unafraid to live her own life after her husband left her. Her character tries to guide Vera and Ruby, Louise's niece (Brittany Bellizeare), by advising them to make their own decisions and trust themselves over

any man in their lives. Robinson is also great as Vera, who struggles with not wanting to trust the man who left her while still loving him regardless.

But easily the best performance of the play belongs to Brian D. Coats, who brought such a high intensity to the troubled Hedley that it is almost impossible to look away when he is onstage. The character is unpredictable and mentally unstable, and a weaker performance could easily make the character feel over-the-top. Coats, though, is able to bring all the instabil-

ity to Hedley while keeping the character compelling and sympathetic.

One of the biggest stars of *Seven Guitars* is easily the set. It is a stunning, comprehensive set of the backyard of Vera, Louise, and Hedley's home with small, ornate details. The house itself has a strange beauty considering it is made to look rundown and dilapidated. The house, the garden off to the side that plays an important role in the story, the dusty stage and the old chairs in the center of the stage all bring personality to the setting, making it feel lived in and real. It blends into the story and grabs the audience's attention when necessary.

This goes similarly for the beautiful costumes, which capture the time period and are absolutely stunning. One scene in particular, during which all the characters get dressed up to go to a local club and watch Floyd play, is almost a show in itself of the elaborate dresses on the women and the slick suits on the men.

Overall, *Seven Guitars* is an emotionally rich and moving play. It is just another example of the outstanding productions the Two River Theater is putting on, making it one of the best theaters for Broadway quality plays and musicals close to home. This play should not be missed by anyone looking for something that will not only stir your emotions, but also be an unforgettable theater experience.



Jason Dirden, Charlie Hudson III, and Kevin Mambo star in Two River Theater's adaptation of "Seven Guitars."

Blue Hawk Records Selects Artists for December Compilation

EMILY CIAVATTA
CONTRIBUTING WRITER

Music has a way of bringing people together, and that's exactly what Blue Hawk Records, Monmouth's student run record label, achieves. Blue Hawk Records is one of Monmouth's most diversified clubs; it is professional, fun, expressive, and distinctive, and is completely unique to the University.

Every semester, Blue Hawk Records records and produces a compilation CD of around four to six original songs. Different artists and bands come into the recording studio here on campus and record original work that is then put onto the CD. Blue Hawk Records hosts club meetings every Wednesday and is open to students of all majors.

On Monday, Sept. 28, Blue Hawk Records held auditions for the compilation CD being produced this fall. The auditions began at 7:30 p.m. and took place in Woods Theater right here on campus. The audition process consisted of various bands and solo artists performing a song selection in front of the club representatives and the advisor. A lot of great talent of all different musical genres was showcased at the auditions and everyone that observed was floored by the expertise.

Mike Grant, a sophomore music industry student, is one of the A&R representatives for Blue Hawk Records. He was one of the members of the club who sat in at the auditions

and listened to the different artists to get a feel for what their music style was like. "We have never had a record that was all one genre," Grant said. "We have considered doing a theme record, but that's all based on what the artists present. We normally don't have repeats, but it has happened in the past. Blue Hawk Records is growing."

The genres that were showcased at the auditions ranged anywhere from rock to indie to reggae. As Grant said, the CDs that Blue Hawk Records have put out in the past have never been all one genre, so the members of the club were pleased by the diversity at the auditions. Blue Hawk Records encourages artists and bands of all different genres to come out and audition. Grant was particularly fond of one duo, Jackson Weippert and Dan Gilby. "Those kids were freshmen so they're new blood," said Grant. New bands and artists are always welcome.

Joe Rapolla, the Chair of the Department of Music and Theatre Arts and Program Director of Business of Music & Entertainment Media, is the club advisor for Blue Hawk Records. When asked what the goal was for Blue Hawk Records this semester, he said, "To continue to demonstrate the versatility of talent that exists here at Monmouth. We want to keep exploring new sounds because music is always changing." Blue Hawk Records takes pride in the variety that exists on campus, and they always want to continue

to expand to other genres that they have yet to explore. "People try out from majors like political science and social work," Rapolla said, "The club is open to everyone."

Ellie Newcombe, a sophomore music industry major who is an active member of Blue Hawk Records and was the club's general manager last year, sat in at the auditions to listen to the different talents. Newcombe said, "Auditions are going really well. Everyone has done a really good job."

Each artist and band was talented in their own way and everything was a pleasure to listen to. The auditions were kind of like a mini concert, or an audition episode of a show like *America's Got Talent*. Each club member seemed to have an overall really great time listening to the various acts. When asked what the club's end goal was for the compilation CD being put out this semester, Newcombe said, "I hope we have fewer artists and better recorded stuff. Quality over quantity." Blue Hawk Records always strives to release something that the entire campus can be proud of.

John Warhol, a criminal justice graduate student, and Ed Donovan, a voice performance graduate student, tried out at the auditions last week. Their duo is called The Dashers and their overall style of music is rock. "It would be cool to record in that studio," they said. "We record a lot in our basement with free software. We want to do something

This fall's acts will include:
DAN GILBY & JACKSON WEIPPERT
MILTON TUCKER
THANKS JEANIE
DANIEL AMATO
KELLEN BRENNAN & WILL SAULSKY



IMAGE COURTESY of Blue Hawk Records

more professional." Blue Hawk Records provides people like Warhol and Donovan with the opportunity to gain professional exposure.

Blue Hawk Records is a great club to get involved with, whether you want to be behind the microphone or

behind the scenes. Everyone in the club is extremely friendly and welcoming, and they make everyone feel at home. If you are interested in auditioning but missed them last week, be sure to check in for the spring semester auditions.

AXiD Supports Austism Speaks at 10th Annual Walk

BIANCA DIPRETA
CONTRIBUTING WRITER

Sisters of Alpha Xi Delta and the Monmouth community gathered at Pier Village Community Center on Saturday, Sept. 26 to participate in the 10th annual Autism Speaks walk. Despite the harsh, coastal winds, approximately 3,000 participants were in attendance to help the organization raise a total of \$175,000. Entertainment and excitement for all ages at the event included a live band, a bouncy castle, tattoo bus, and rock climbing. The walk held at Pier Village was the first of six events at the Jersey Shore to raise money for families affected by autism this year.

After last year's walk was cancelled due to inclement weather, this years' volunteers were relieved to find wind and clouds as their only obstacle.

"We love getting everyone out here for an amazing community day. This is one of our biggest philanthropy events of the year and it is a great experience to be a part of," mentioned Angela Sarno, a senior education major and sister of AXiD.

Autism Speaks is the national philanthropy for AXiD, with the walk being the sororities' largest event of the year, next to Karaoke For A Cause, which is held on Monmouth's campus. "[The walk] is one of the favorite events

held by the sisters, because here we can connect with the families on a personal level, and really become friends with the people we are trying to help," said junior education major Ali Hart. Many sisters of AXiD enjoy giving back to Aus-

tism Speaks due to the fact a large portion of the sorority majors in special education.

Festivities for the event began at six a.m to kick off the 5K. Participants were met with donuts and refreshments by several AXiD girls,

who also encouraged people attend the walk later that afternoon. Approximately 130 people ran the 5K, who were supported by friends and family rallying for the cause. After the race concluded, a number of local businesses set up booths for the supporting families who attended the event to browse around. The families dressed in their own unique t-shirts and costumes, which were meant to represent their family member or friend who is affected by autism. Entertainment at the booths included various amusements for children, which involved crafting birdhouses with Home Depot employees, a fun bus, and a visit from Star Wars troopers.

After the event, Autism Speaks Director and Field Developer, Lauren Gandulla said, "So far we have raised around \$175,000 for our cause and just today received over \$1,000 worth of donations before the walk even started! We hope to reach our goal of \$400,000, and at this rate I can't see how that isn't a great possibility," Gandulla commented. "[Nationally] AXiD raised \$24,000, and I couldn't be more grateful for their help and dedication."



PHOTO COURTESY of Erin Schevlin

Sisters of Alpha Xi Delta spread awareness for their national philanthropy, Austism Speaks.

Surf Club Keeps A Close Eye On Hurricane Joaquin

RYAN GALLAGHER
STAFF WRITER

Hurricane Joaquin is tracking. Rain, gale force gusts, and even flooding in some areas of New Jersey thus far. Natives of Monmouth and Ocean County have been warned. Could Joaquin be Sandy's pissed off little brother? While some are panicking, surfers are frothing. New Jersey has seen more than two weeks of consistent swell and for our small state that is unheard of. Swell means rideable waves, correct? Not quite. Out of the two week long swell period, I can count on one hand how many surf sessions were not brutalized by the strong northeast winds. Wind and waves, both must agree with each other.

To track hurricanes or any swell patterns for that matter, surfers must do research. Goofing off, growing your hair and saying 'gnarly' too often doesn't allow someone to hold the title of a surfer. You have to do some research! Surfers do it without realizing it on a day-to-day basis. And with a storm like Joaquin, even more preparation is necessary. So, I called in backup.

John Tiedemann knows NJ like the back of his hand. He's been surfing for 47 years, and some know him as the director of the Marine and Environmental Biology

department at Monmouth.

"Right now, we're starting to get the front edge [of the storm] because the last report I saw had it moving away from the Bahamas and Florida and starting to track up the coast," said Tiedemann.

Professor Tiedemann validated local surfers and their high levels of stoke.

upwelling," said Tiedemann.

Professor Tiedemann continued to explain that, "basically, [the west coast] gets a wet active year and we get a dry flat year."

California surfers love it, we hate it, but finally we have our Joaquin! In addition to his knowledge about tracking the storm, Professor Tiedemann spends a bulk of his time

ates a map that says how high the Shrewsbury River is likely to go, and we combine that with post-Sandy statistics. So, instead of a 12 hour notice, we could give a two day notice," said Professor Tiedemann.

It's still not over. Hurricane Joaquin is looking tame for now, however, locals still remember what

Kelly continued to say, "We had to break into our friends houses to get food, we saw all the destruction, and even saw the roller coaster fall in."

Sandy was worst case. The negative effects she had on NJ were obvious. However, data from Sandy is currently helping people like Professor Tiedemann to warn us now. Mother Nature has a plan, and we are but pawns inside it all.

"I'm just hoping that it doesn't really affect the shoreline too much, I mean hurricanes we're always excited because there's gonna be waves. Hopefully the MU surf boys can get in the water and stack some footage for this Red Bull competition coming up," said Kelly.

Many students may not know it, but the MU Surf Club has been entered into a Red Bull surf video contest.

Monmouth surfers and videographers are putting in hard work to win against seven other schools nationwide.

So that is the plan. Crossed fingers, Joaquin gives us waves, offshore winds and a stage for the MU Surf Club to showcase what it is that we do.

Keep an eye on the weather channel, stay safe and stay tuned for more information about the Monmouth Surf Club's salty endeavors.

"I'm just hoping that it doesn't really affect the shoreline too much, I mean hurricanes we're always excited because there's gonna be waves. Hopefully the MU surf boys can get in the water and stack some footage,"

PAUL KELLY
Sophomore

"[Our hurricane season] has been very quiet up until this storm, we had a flat summer because there's more swell energy on the Pacific coast and we got this dry low energy situation on the east coast and that's a result of an El Niño year."

El Nino. East coast surfers cringe at the very thought of it.

"Technically to describe El Nino, it's a change in the wind patterns on the west coast and one of the things that happens there is, you get a shift in swell patterns and a shift in the

planning for what the storm may bring to NJ

"We have a program at the Urban Coast Institute, with flood elevation predictions. So, we have tide gauges and water level gauges and those are designed to give an early warning to the local communities," said Tiedemann.

Much of the work that Professor Tiedemann and his colleagues do is crucial for residents of NJ to know.

"Our water gauging goes into a mathematical model that then cre-

a sizeable hurricane can do to the coastline.

Sophomore student-surfer, Paul Kelly recalled his story from Hurricane Sandy.

"For Hurricane Sandy, I live in Lavallette, they evacuated the whole island but my family and I felt more comfortable staying at my house knowing what the damage was gonna be like. Exactly ten days I stayed after the hurricane hit and safe to say it was the craziest week of my life," said Kelly.

CLUB AND GREEK ANNOUNCEMENTS

Alpha Sigma Tau

Alpha Sigma Tau is happy to announce it's fall new member class! The sorority welcomed nine new members into the sisterhood.

New members include:

Jill Hirst, Sabrina Deluca, Valentina Sanchez, Alex Charletta, Veronica Amaya, Francesca Rubino, Jackie Ferriso, Kelsey Baron, and Mariah Anderson.

The Outlook

The Outlook is looking for students interested in writing, graphic design, and photography to join the team and become an active member in creating our weekly publication. We are an award-winning group of students who bond over our love of writing, reporting, having fun, networking, and being a family. If you are interested in joining, please don't hesitate to contact the Editorial Staff at outlook@monmouth.edu.

Zeta Tau Alpha

ZTA is hosting it's annual Think Pink Week. On Oct. 7, the entire campus will be participating in a pink-out. Students and faculty are encouraged to wear pink to spread awareness for breast cancer. On Oct. 8, there will be a volleyball tournament located in Boylan Gym from 9-11p.m. Teams must have six people and cost \$30 to enter. Contact Lindsay at (732) 501-8681 if interested.

Ocean County

On Oct. 18, Toms River Presbyterian Church will be hosting the Ocean County "Crop Walk." The event will take place at 1:30p.m. and is located on Hooper Avenue and Chesnut Street.

Operation Halloween will be hosting a "Zombie Outbreak." The event will be taking place from Oct. 23 to Oct. 24 at the Citta Scout Reservation on Brookville Road in Barnegat.

PRSSA

The Public Relations Student Society of America hosted it's first event of the year, alongside of ZTA, "Fall Into Pink." The event was organized to spread awareness on campus about breast cancer, due to October being breast cancer awareness month. The event had activities such as pumpkin painting, hands for hope, and a bake sale. All proceeds from the event benefitted the charity Melodies By The Sea.



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Stop Trying to Make Basic Happen

THE OUTLOOK STAFF

As the month of October is upon us, along with UGG boots and warm sweaters, our generation's made up term "basic" will be seen all over social media as fast as you could say pumpkin spice latte.

According to Urban Dictionary, the term "basic" describes someone who is obscenely obvious in behavior, dress, or action. A picture of a girl dressed in fall attire with a Starbucks drink in hand, is considered basic.

Engaging in fall activities and posting about it on Instagram will have the hashtag #basic below the caption. Basic has a negative connotation and really cannot be used to describe someone's style or choice of drink.

The first trace of this term can be found in a comedy routine by Lil Duval in 2009, according to americanreader.com.

In the following years, the term gained popularity all over the Internet with captions and hashtags using the basic to describe people and lifestyles.

The Outlook editors are divided when it comes to the term "basic" to describe someone.

One editor said, "I think this term was coined by hipsters who want to make people feel bad about following trends."

"Basic is the description of someone who chooses to go to Starbucks in the morning for

their pumpkin spice latte, while wearing black leggings and a Pink shirt. It's a stereotype," said an editor.

Other editors don't take using the term basic too seriously and just think it's a silly word that has a huge following.

"I don't think it using the word basic is a bad thing. If you're more of a person who likes to blend in then it is fine! I don't think "basic" is really something that is a vicious insult. It is usually used mockingly, like a joke. And sometimes you can't help but be basic," said another editor.

Basic is often misused as a term for fake or having a fake personality when it really is just enjoying popular things," said an editor.

Some editors even think using basic to describe people, destroys one's individuality.

"I think the whole idea behind being basic is dumb. Who cares if someone is following a trend simply because they like it?" said one editor.

Along with girls having the "basic" stereotype, the term basic does not discriminate against guys.

"Guys can be described as basic in a different way. They either dress in Nike clothes with black sweatpants or pastel shorts and boat shoes," one editor said.

According to one editor, "There are just two different kinds of basic to stereotype and describe people.

There's the Starbucks and yoga pants basic that you see on campus [in the fall], but in the summer girls are constantly taking selfies with their friends or their drinks or at the beach with their sunglasses on which is a total stereotype of basic jersey girls."

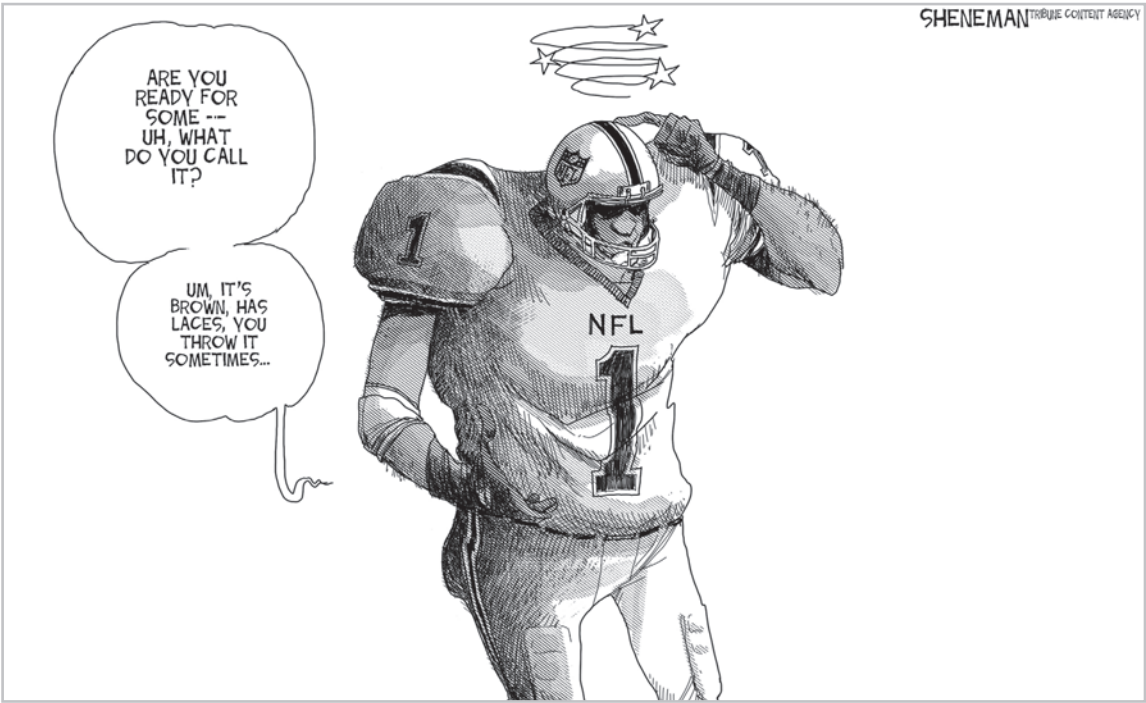
With this said, *The Outlook* staff as a whole admits that the term basic is overused and really does not accurately describe a person's personality.

Today's generation tends to create these words that are used to describe people or interests, and it's unfair to stereotype what people like.

If people tend to be "basic," when fall comes around because we find ourselves wanting everything pumpkin flavored, it's not a big deal.

The term basic is right up there on the list with terms such as "bae" and "turnt" that are often used by our generation. *The Outlook* staff agrees that each generation will have their own slang words, however what makes the term basic different from other slang words, is that it is often used in a derogatory manner.

Using basic to stereotype people and put them in a single category is not the typical slang word. *The Outlook* staff collectively agrees that today's generation should be more careful and mindful about the slang words we use on a regular basis.



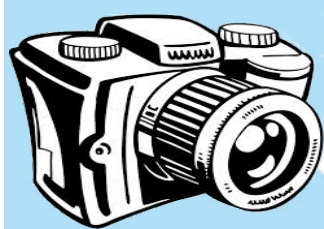
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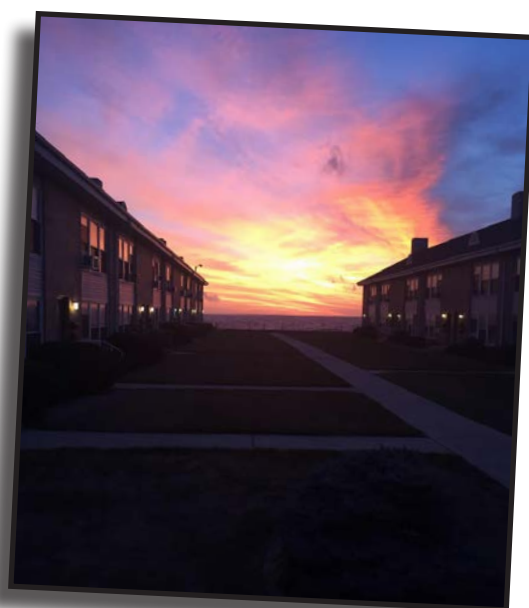


MOMENTS AT MONMOUTH



TOP LEFT:
AN INFAMOUS MU
SQUIRREL.
(PHOTO COURTESY OF
KATHRYN BLANCHARD)

TOP RIGHT:
A BEAUTIFUL LONG BRANCH
SUNSET.
(PHOTO COURTESY OF KELLAN
BRENNAN)



CENTER LEFT:
SISTERS OF ALPHA OMICRON
PI CO SPONSORING AT SAB'S
"WHAT'S UNDER THE SEA?"
EVENT.
(PHOTO COURTESY OF
BARRET MALY)



BOTTOM RIGHT:
CRYSTALIE CARABALLO
AND HER BEST FRIENDS
AT MULLANEY HALL.
(PHOTO COURTESY OF
CRYSTALIE CARABALLO)



BOTTOM LEFT:
STUDENTS ENJOYING
THE BEAUTIFUL FALL
WEATHER WITH MUSIC.
(PHOTO COURTESY OF
DANIELLICA FARINAS)



QUOTE OF THE WEEK

"IF YOU DON'T LIKE SOMETHING, CHANGE IT. IF YOU CAN'T CHANGE IT,
CHANGE YOUR ATTITUDE." – MAYA ANGELOU



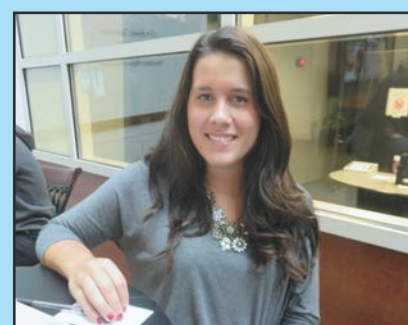
*Hurricane season is here. How do you
prepare for a hurricane?*

COMPILED BY: KIERA LANNI



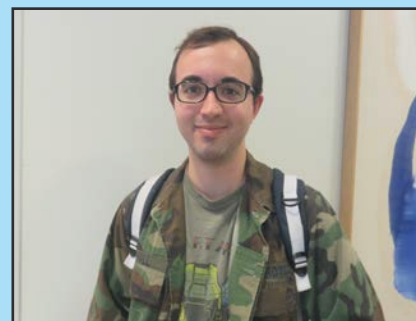
*Kurt
Senior*

"Stock up on groceries, make sure I
have the supplies I need. You never know,
it could be like Sandy; we don't want that
again."



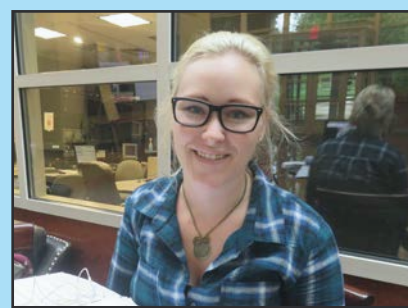
*Nicole
Junior*

"I make sure I have all the basic
necessities, like water and snacks. I
make sure everything is charged."



*Patrick
Senior*

"I would have my stuff packed and ready
in the event we have to be evacuated. You
can never be too careful."



*Kristin
Junior*

"I'll have Netflix ready (if the power
doesn't go out)."



*Jennifer Shamrock
Professor- Dept. of Communi-
cation*

"For me, it's a matter of full tank of gas,
full refrigerator, and bottled water."

If You Could Gaze Into the Future...

GABRIELLE IENTILE
CONTRIBUTING WRITER

A bakery opens at the corner of Main Street and Parker Avenue. Their storefront shows promise: an alluring design, an appealing name, an assurance of quality; their personnel show initiative, a friendly countenance, a “how’s it going” attitude, the enthusiasm of a new beginning.

But it seems that as soon as the ribbon is cut, the problems emerge: inconvenient hours of operation, unaffordable prices, disappointing products.

Just as hurriedly as the owner opened, they scramble to close. After the “going out of business” and “everything must go” announcements are torn from the windows, another will embark on the same journey, feeding into a cycle of trial and error, of brief success and ultimate failure, of rolling the dice and losing it all, over and over again, with no foreseeable end.

Then it does. After decades of tossing a variety of ideas to the wall, from bakery to deli to salon to shoe shiner, something finally sticks. And it’s not due to business acumen, networking or even dumb luck, it’s the ability

most elusive of modern businesses. There never seems to be a shortage of them in any given area and, regardless of the economic climate, they seem to stick around.

There lacks any practical reason for the phenomenon, since psychics aren’t necessary for survival or sustenance, and don’t possess any expertise that can be measured by a respected degree or education in the field that is difficult to achieve.

Anyone can look up how to read your palm and can just as easily sign up for daily horoscope emails. So what’s the big deal?

Apparently there’s more to being a psychic than assuming oversized jewelry, renting the dingiest building available and adorning it with dream catchers and putrid incense.

According to Alexis Manzo, a senior anthropology and elementary education student, the purpose of her visit to Psychic Readings by Sharon in Long Branch, NJ was to “find solace [and] relief.”

It wasn’t so much that she wanted to learn about the intimate, seemingly unpredictable details of her future; it was more



PHOTO TAKEN from dailymail.co.uk

Psychics are often perceived as crazy or deceitful, but is there a possibility that there is some truth to their prophecies and premonitions?

“After my reading I felt relieved and hopeful for the future...I think I used this reading as a therapy session to bring me back down to earth.”

ALEXIS MANZO
Senior

to foresee that end, and any end for that matter.

Or, at least, that’s what they tell you.

Psychic readings and their success are perhaps one of the

to be offered a hopeful forecast that assuaged present anxieties.

Manzo was not disappointed. “After my reading I felt relieved and hopeful for the future...I think I used this reading as more

social work and fine arts student who has been to a few different psychics, was similarly impressed with her readings.

They “related to [her] life,”

especially when one psychic “asked if [she] was going to study social work and...had no way of knowing [she] was.”

Sadowski has even gone so far as to follow the psychic’s advice, but not before ignoring the warning. “I have been told to avoid certain types of people and I haven’t listened, when it turns out I should have. After that happened a few times, I realized I should probably do what a psychic says.”

Judy Nye, Associate Vice Provost for Academic Foundations, however, remains skeptical of the trend. A social psychologist with a PhD from Virginia Commonwealth University, Nye warns that despite their persuasive tactics and seemingly legitimate practices, psychics have developed, admittedly expertly, a pseudoscience, which is “any discipline that claims to be sci-

entific but doesn’t use the methods of science.”

Nye asserts that psychics are “very adept in nonverbal cues” and perceiving one’s emotional state or condition. When asked if utilizing a psychic’s “gifts” for guidance is wise, Nye decidedly advocates, “it’s not a good idea.”

She points to the Barnum Effect, which describes the discipline that exploits the naivety of people when given descriptions of themselves.

For example, a statement such as “You have a great deal of unused capacity, which you have not turned to your advantage” may seem personalized, however, it can be applied to nearly everyone.

So maybe psychics possess an impressive repertoire of skills that keep them in business after all: one of deception and a whole lot of smoke and mirrors.

The War on Women as Seen in Magazines

KERRY BREEN
STAFF WRITER

“Hot Body Express!” “Bikini Body Now!” “Have The Baby, Keep The Body!”

These are all headlines that have appeared on the covers of *Women’s Health* magazine. The magazine claims that it wants to help its readers, that it wants its audience to be able to have the flattened stomachs and perfect bodies that the models and celebrities on the cover have. However, not all of these claims are possible and sometimes they can even be harmful.

It is impossible to open a fashion or women’s magazine without being assailed by advertisements; advertisements for anti-aging products, advertisements for weight-loss programs, advertisements for clothes and makeup and a thousand other things, all designed to make women look “pretty.”

Many individual articles focus on that goal as well. In magazines such as *Cosmo*, *Vogue*, and *People*, they write mostly about the routines and beauty secrets of other women, usually celebrities, who are often able to afford products and procedures that others cannot.

An article by Julia Belluz published on Vox.com highlights this issue, calling out eight problems in women’s magazines. These issues almost entirely revolve around physical appearance and weight.

“The overwhelming majority of them [health-related articles]

are insane, aimed at fear-mongering and totally science free,” wrote Belluz. “They almost never offer evidence-based advice, but instead celebrity-centered nonsense.”

Magazines such as *Women’s Health* are centered entirely around weight loss and achieving that “perfect” body. However, they often cite celebrity diets and weight-loss routines, something that most people cannot and, in some cases, should not attempt. The celebrities being interviewed

can afford personal trainers and nutritionists; they have resources available to them that many do not.

These magazines also do their best to stay “trendy,” according to Belluz. Sometimes, they claim that the secret to weight loss lies in the consumption of a fad diet, or in taking some sort of supplement. They ignore the science behind weight loss, and they ignore that there are different ‘types’ of bodies. Instead, they try to propose one universal body type,

ignoring anything else and even going so far as to dismiss other body types as “ugly” or “incorrect.”

“Every body type responds differently to different types of food,” said Belluz. “We weren’t all designed for the same convoluted diet some fashion model or celebrity touts.”

This is a fact that many of these women’s health magazines do their best to ignore. Belluz also pointed out that the strict and restricting diets that these maga-

zines advertise are unsustainable and can backfire.

Many of these magazines are also centered around advertising, with a company trying to sell a product, typically claiming that it will make a woman appear more attractive or will help them lose weight.

On almost every glossy page there is an advertisement of some sort, all designed to best motivate a consumer into purchasing a product. However, that is the extent of the concern – their interest revolves around the money and revenue that can come from the product, not the effect it can have on humans.

This is not to say that women’s health magazines exist as a way to harm and hurt those who read them. However, they are not as beneficial as they are made out to be. The advertisers in question are concerned with making money, not with making sure that everything they do is in the benefit of every reader and customer.

“You’re constantly surrounded by media messages,” said Christine Caliendo, a freshman communication student. “Every magazine you see is advertising about getting that skinny body, even if that’s not the healthy thing to do.”

The advertisements and articles in women’s health magazines may claim to be helpful, and they may seem as if they are only trying to make women find their goals achievable, but as Belluz pointed out, this is not always true.

IMAGES TAKEN from cosmopolitan.com, bloginvoga.com, womenshealthmag.com

“Every body type responds differently to different types of food. We weren’t all designed for the same convoluted diet some fashion model or celebrity touts.”

JULIA BELLUZ
Health Reporter for Vox.com



Family Matters: Life as a Twin and a Quadruplet

JAMES ROMANO
STAFF WRITER

Many of us have siblings, but nothing quite compares to the uniqueness of spending nine months together in your mother’s womb and being born almost at the exact same time. Once born, it is nearly guaranteed that one will already have a friend to grow, play, and explore life with by their side.

A pair of gentlemen from Cranford, NJ have ventured through life and landed here together at the University. These identical twins are Tommy and Brian Foye, two junior communication students.

“When we began the whole college search, we both definitely didn’t plan on going to the same college,” Tommy said. “We kept our options open and wanted to find a place that would personally make us happy.”

Brian, on the other hand, knew exactly where he wanted to go. “Ever since I was a junior in high school, I knew I wanted to come to Monmouth. I came to visit the University when my older brother came for Monday’s at Monmouth his senior year of high school,” he explained.

After some decision making, Tommy realized that he wanted

culture. Both are “brothers” in the fraternity Sigma Tau Gamma. Brian holds the position of PR/Social Media Chair as Tommy aids him and promotes the fraternity on campus through volunteer services and philanthropic events.

Not only do the Foye twins fill their schedules with fraternity activities, but also with the planning and executing of events with the Student Activities Board (SAB).

“I am also on the Executive Board for SAB where I hold the position of the Travel and Tour Chair,” Brian said.

“I’m also on the Executive Board on SAB as the Comedy Chair,” Tommy added. In their spare time, the twosome writes for *The Outlook* as well.

Tommy and Brian continue to involve themselves in campus life and attempt to exemplify what it truly means to be a Monmouth Hawk.

Now imagine multiplying the Foye twins by two and having three other siblings to share a birthday with.

Staten Island, NY native and sophomore English and education student Matt Yard can attest to that. While Matt attends the University, his siblings James, Katherine, and Victoria attend Wagner College in Staten Island.



James, Katherine, Mr. James Yard, Victoria and Matt (from left to right) pose together by the pool over the summer.

Even though Matt enjoys his privacy at the University, he certainly misses his family. “Luckily, I am only 40 minutes away from home so that played into my decision of attending Monmouth,” he said.

“It wasn’t easy leaving them. When they dropped me off on move in day, all four of us were there, including my parents.” This was a very emotional, pinnacle moment in the Yard family’s life as the feeling of incompleteness at home began to settle in knowing that Matt would not be present at the dinner table.

“It’s sad to have Matt away at school, however, I’m so proud of him and I know that the distance will not change anything. I miss him everyday but I know that this chapter in his life is very important,” Victoria, Matt’s sister, said.

“Being a quadruplet is a blessing. It’s like having best friends experience every step of life with you,” she continued.

Whether it is the twins attending the same college or the quadruplets branching off in different directions, they are still family at the end of the day. It is an everlasting connection that runs through our very veins. There is no stronger bond than family.



Brian Foye (left) and Tommy Foye (right) smile for a photo at the SAB event “What’s Under the Sea?” in September.

“My whole life, I’ve been associated as ‘The Yards.’ I wanted to be known as ‘Matt.’ I love having the individual presence here at Monmouth.”

MATT YARD
Sophomore

to become a Monmouth Hawk alongside Brian as well as their older brother, John Drew, a senior criminal justice student. “I was between a few colleges, but ended up feeling that Monmouth was the right fit for me,” Tommy said.

At the University, the Foye twins are heavily immersed within campus activities and

“My whole life, I’ve been associated as ‘The Yards,’” Matt explained. I wanted to be known as ‘Matt.’ I love having the individual presence here at Monmouth.”

Matt believes the separation from his siblings has been a positive experience for him as he is able to promote his own self-expression.

What Do You Want to Do Before You Graduate?

ROBERT ZADOTTI
STAFF WRITER

During their time at the University, students will do more than just go to class and prepare for careers. College is an experience, and the only way to have experiences is to live life to the fullest. No doubt every student has a bucket list of some shape or form before graduating. Work and study are very important, but there are absolutely some things every student should do in their short time at the University, and who better to ask than the students themselves?

First of all, there are a multitude of things to do on the campus itself, which the staff and students work very hard to put together. These are designed not only to allow students to have a good time, but also for students to interact and create new friendships with each other, which is especially important for new students. Who says you need to go off campus to have a good time?

“Every student at Monmouth should attend events like Monmouth Palooza, Spring

Fest, the Involvement Fair, Battle of the Buildings, etc., because essentially they are always fun, and it’s a great way to get involved and make new friends,” said Samantha Toc, a junior communication student.

The campus has more than what first appears on the surface and can be a stepping stone when it comes to getting to know the area and enjoying your time away at college.

But there’s more ways to

around service projects through student government or through Alpha Kappa Psi,” said senior psychology student Michael Qualiano.

Other students even participate in service trips to countries like Nicaragua, Haiti or Guatemala, and can come away from that experience feeling rewarded and fulfilled.

Furthermore, it can be just as rewarding to help out in the local community, which can fur-

ther your own life at school, especially as a resident.

Christine DeStefano, an adjunct professor in the Management and Decision Sciences Department, recommends that students study abroad during their time in college in an attempt to gain a global perspective.

“Wherever you want to go to,

it’s important to go. These are all up and coming places, especially making it good to go out and potentially open up new doors for yourself,” DeStefano explained.

But overall, your time at the University is an experience of your own. Every one of us will look back at these four years and wonder if we could have done something, or many things, differently. The hope is that we will all have as few regrets as possible.

Alumni Andrew Boxman also offered some advice to students at the University, “I would say that every student should go to the beach as much as possible, attend big and small concerts in Asbury Park, which is the best music scene in the state, get dinner in Pier Village and walk the boardwalk, go and see a play

Every one of us will look back at these four years and wonder if we could have done something, or many things, differently. The hope is that we will all have as few regrets as possible.

spend your time than just enjoying yourself on or off campus. It can be both fulfilling and meaningful to help someone else, either on a small or large scale.

“Personally I think any kind of service work, whether that being on campus or in the local community, would be beneficial. Some of my best Monmouth memories have been

at Woods Theater, do homework on the back [steps] of Wilson Hall, and finally just put down the phone and get lost with your friends while discovering the world for yourself.”

This is the reminiscence of a graduate, who has completed his time at the University. There are many other students all working toward different goals in different ways.

It can be scary, being able to do nothing but keep moving forward with the future constantly looming over. That’s why it is crucial to make the most of these years. Go out, see the stars on the beach, take in the scenery and appreciate where you are in your life.

Time moves pretty quickly, and if you don’t stop and take it all in, you’ll miss out. That’s why everyone should have a list or a few goals to complete before they leave college and continue onto the real world.

Live life as you will, otherwise you’re just an observer. These years may or may not be the best of your life, but if you get the most out of them, they will be ones you will always treasure.

Football Notches First Home Win Over Bryant

JOHN SORCE
CONTRIBUTING WRITER

While Hurricane Joaquin did not make landfall, the Hawks, the Bryant Bulldogs and 1,086 fans braved the elements last Saturday as the Hawks came away with their first home win of the season, 31-24 in West Long Branch.

The opening kickoff by the Bulldogs went out of the end zone, setting up redshirt freshman quarterback Cody Williams and the MU offense at their own 25 yard line. The Hawks drove down the field for their second opening drive touchdown of the season as Williams ran in from 22 yards out to record his first career rushing touchdown putting Monmouth up 7-0 early on.

After a Bryant three-and-out, MU would move the ball immediately as Williams hooked up with senior tight end Hakeem Valles for a 14 yard gain. Williams found junior running back Lavon Chaney two plays later for a 25 yard gain and another Monmouth first down moving the ball onto the Bryant side of the field. Williams and redshirt freshman wide receiver Reggie White Jr. connected for a 16 yard touchdown reception to extend the MU lead to 14-0. The Hawks drive lasted 12 plays and 85 yards and left 3:04 remaining in the first quarter.

Bryant turned the ball over on their next possession as senior defensive back Malcom Powers picked off junior quarterback Dalton Easton and the Hawks took over at their own 28 yard line.

Monmouth would go three-and-out and the Bulldogs regained possession at their own 33.

The visitors got on the board on the fourth play of the second quarter as senior running back Ricardo McCray found the end zone from 38 yards out to cut the MU lead in half, 14-7 with 12:56 to play in the first half.

The ensuing Hawks possession resulted in their first turnover of the game as Williams' pass was intercepted by junior defensive back Aaron Gilmer. Bryant tied the game at 14 on this drive as Easton threw a 19 yard touchdown pass to senior wide receiver Jose Depadua with 6:30 remaining in the first half.

Both teams would go three-and-out and the Hawks took over with 54 seconds until halftime at their own 29 yard line, but were unable to get anything going as the teams went into the locker room dead locked.

Bryant opened the second half with a three-and-out. On the first play of the drive for MU, Chaney lost a fumble which was recovered by Bryant senior defensive back Karl Sery at their own 45. The Bulldogs took a shot on fourth and seven but could not convert, and the Hawks took over at their own 39.

After a seven yard reception to White Jr., MU went for it on fourth and one and converted as Williams kept it himself and ran for a 27 yard gain to pick up a first down and set up the Hawks at the Bryant 25 yard line. Monmouth would add three more points to

the board as sophomore kicker Matt White converted a career long 40 yard field goal to give MU a 17-14 lead with 6:15 remaining in the third.

Bryant went three-and-out in their next possession, but senior kicker Dom Kozlowski's punt pinned Monmouth down at their own one yard line. Bryant forced a safety as Chaney was stopped in the end zone, which narrowed the MU advantage to 17-16.

The Bulldogs got the ball back after the safety, but they were once again forced to punt. The Hawks took their ensuing possession into the fourth quarter with a one point lead.

The fourth quarter began with a 31 yard run by Chaney which set up the Hawks at the Bryant 34. The run gave Chaney over 100 rushing on the day for the first time this season and the fourth time in his career. MU was forced to punt three plays later, and sophomore defensive back Marcus Leslie returned the favor by pinning the Bulldogs down at their own one yard line. The Hawks were able to take full advantage of the field position as senior linebacker John Sieczkowski picked off Easton on third and ten and returned it five yards into the end zone for a pick six, extending the Hawks' lead to 24-16.

The Bulldogs would not go quietly however as they hit a home run on their first play. Easton completed a 68 yard touchdown pass to senior wide receiver Chad Ward that pulled Bryant within two. The visitors converted the

two point conversion and tied the game once again at 24 with 11:12 to go.

MU's next possession took them down to the Bryant 25 yard line, but they decided to go for it on fourth and four and could not convert. They got the ball back on senior cornerback Joe Johnson's second interception of the year and seventh of his career as MU regained possession at the Bryant 31.

White converted a 27 yard field goal, but a delay of game penalty nullified that and pushed them back five yards. Kicking into the swirling winds, White missed from 32, pushing it wide left. Bryant took over at their own 20 with 2:58 left to go in the fourth.

The Hawks defense was able to force a three-and-out giving their offense a chance to win it as they started at their own 39. Four plays in, Williams and White Jr.

connected on a screen pass for their second score of the game, this one for 50 yards giving MU a 31-24 lead with 1:16 remaining.

"We had some really good blocks downfield by our lineman and receivers," Williams said. "For him to make that play for us was real big. I was excited for him, excited for the team, and excited that the defense came back out and got a stop for us."

Bryant was able to drive down the field and made it close getting down to the MU 12, but the Hawks were able to hold on to win, 31-24.

Williams finished the day 19-31 for 210 yards, two touchdowns

and an interception. White Jr. caught five passes for 85 yards and two touchdowns.

"Those are two guys that we feel very good about," said Head Coach Kevin Callahan. "We have a lot of confidence in their ability. It's their first year playing and every game is a learning experience for them. Today they were able to make some big time plays. We are very happy with their progress and they are going to continue to develop and get better."

Chaney finished with a career high 140 yards on the ground and sophomore safety Mike Basile, who entered the game as the leading tackler in the Big South, had double digit tackles for the fourth time this season.

MU completed their non-conference slate of their season at 2-3, and Coach Callahan has seen his team grow over the season's first month.

"I think we've had a very challenging and very competitive non-conference schedule, and I think what we've done is grow," Callahan said. "I think that's going to help us headed into league play because every single Big South game is very tough. We played every team in the Big South last year except Kennesaw State. I think having that knowledge and that previous experience is going to help us as we start preparing for those conference games."

Big South Conference play begins on the road against Charleston Southern (3-1) at noon on Oct. 10.

Men's Soccer Breezes By MAAC Rivals

JOHN SORCE
CONTRIBUTING WRITER

Monmouth men's soccer continued their strong opening to Metro Atlantic Athletic Conference play by beating the Iona Gaels 1-0 at Hesse Field on The Great Lawn last Wednesday, improving their overall record to 6-3-1 and their MAAC record to 2-0-0, while the visitors dropped to 5-4-1 overall and 1-1-0 in MAAC contention.

"I feel really good about it [the win]," said Head Coach Robert McCourt, whose team racked up their fourth straight win Wednesday night. "First half I thought we were the better team, second half I thought they were the better team. You get to that stage where you have to somehow grind out ways to win in college soccer, and the first three games of the year we were finding ways to lose. Since those first three games, we're earning games for sure but we're finding ways to win and that's the sign of a good team."

Iona created the first close chance of the match when a ball was fizzed into the area from the left-hand side. Freshman forward Daniel Huertas had a tap-in, but his shot from point-blank range was right at junior goalkeeper Eric Klenofsky, who reacted quickly to make the save.

After winning the ball off an opponent, freshman midfielder Anderson Asiedu made his way down the field before slipping a through-ball in to junior forward Dave Nigro. Nigro's left-footed shot from inside the area sailed just over the top left corner.

In the 35th minute, MU took the lead through sophomore midfielder Andrew Gee. The ball was brought to the corner

by redshirt sophomore midfielder Colin Stripling, who found his way out of trouble and dished it to senior defender John Egan. From the right corner of the box, Egan sent in a low drive that was slotted into the back of

"Conference games like this are tough, scrappy, and you just gotta' dig it out to get the win. We knew coming into this game that this would be a difficult one. Iona's generally a good team, so we just had to put our heads

flashed just wide of the far post.

In the early goings of the second half, crisp passing between Iona's junior midfielder Oscar Gonzalez and sophomore forward Marcos Nunez led to a chance, but Nunez' shot tailed

bobbled it, allowing another shot from Huertas to ensue as the ball broke loose in the box. Klenofsky made a double save to keep Iona quiet, and senior defender David Acuna Camacho eventually came to the rescue and cleared the ball. Less than a minute later, Iona pressure continued as a close range volley from freshman midfielder Daniel Ocana Garcia went wide.

In the 64th minute, a Monmouth corner was parried away from danger by the keeper, but it fell to freshman defender Zachary Pereira, whose shot was blocked and then cleared by the Iona defense.

Saves from Klenofsky in both the 72nd and 85th minutes kept Iona at bay, leading the Hawks to victory and the Monmouth goalkeeper to his 26th career clean sheet.

"Today was definitely a team effort, Eric [Klenofsky] was solid again," said McCourt. "I'm really impressed with Andrew Gee because Andrew came on in the season late for us and was a big difference-maker for us when we had a lot of injuries last year, and again today he came on as a sub and he changed the game for us."

The Hawks built on the win by defeating Siena on Saturday night, also at home. A pair of assists from senior defender Derek Luke and goals from Nigro and freshman defender Danny Figarella guided MU to a 2-0 triumph. The Hawks improved their record in MAAC play to 3-0-0 and their overall record to 7-3-1, while the Saints fell to 2-1-0 and 3-6-2, respectively. Saturday's shutout of Siena was Monmouth's sixth of the season.

The Hawks are back in action tonight, against interstate rivals Rider University in Lawrenceville, NJ at 7 p.m.



PHOTO COURTESY of Monmouth Athletics

Sophomore midfielder Andrew Gee had the game winner for the Hawks Wednesday night against Iona.

the net by Gee.

"I'd say we had a good win," said Gee, whose goal would prove to be the game-winner.

down and get through this".

Minutes later, a header off an Iona corner kick from freshman defender Humbert Ferrer

wide right.

Soon after, a long shot from the visitors gave Klenofsky some problems. The keeper

"I'm really impressed with Andrew Gee because Andrew came on in the season late for us and was a big difference maker for us when we had a lot of injuries last year and again today he came on as a sub and he changed the game for us."

ROB MCCOURT
Head Coach

Men’s Basketball Gears Up for New Season

MELISSA PRAVATA
STAFF WRITER

As the weather becomes colder, colleges all over the country head indoors to hit the court for one thing: practice. College basketball practice opened nationally Friday, Oct. 2 with the Monmouth Hawks Men’s team set to start Monday, Oct. 5.

A lot of changes for 2015-2016 are already forcing the Hawks to adjust. Changes for the season ruled by the NCAA include cutting the number of timeouts each team can use in the second half from four to three. Resulting from this no timeouts will be allowed to be called during the 16-, 12-, 8- and 4-minute breaks.

Coaches will not be able to call timeouts when the ball is live with very few exceptions. Teams will now have 10 seconds to advance the ball past half court instead of resetting the clock if there is a stoppage that occurs.

Along with the adjustments of timeouts, the arc underneath the basket will be extended out from 3 feet to 4 feet. This change was made after data showing the reduced number of collisions with the addition of the extended foot mark in the arc. To add insult to injury, teams will also only have 15 seconds, instead of 20, to make a substitution when a player fouls out. The whole process is in efforts to reduce unnecessary delays of the game. Officials will be instructed to start play quicker following timeouts. If teams do not incorporate, penalties such as technical fouls will be called.

An optimistic look about these new changes comes from junior guard Collin Stewart who showed vast improvement last year.

“I can’t wait for this season, I

really think not only me but our whole team is making huge steps forward and can’t wait to see where it gets us,” said Stewart.

With all these changes, the main one, which literally is a “game changer” is the adjustment of the shot clock. The panel ruled that the shot clock will be reduced from 35 seconds to 30 seconds, which is what women’s college games already use. The shot clock was last reduced in the 1993-94 season from 45 to 35 seconds. This is going to force the players to play faster and think more aggressively when in action.

Not only will this season bring changes for the Hawks rule wise, but a mix of veterans, freshmen, transfers and injury returners will need to come together for Coach Rice and the Hawks. This will be the first season of play for Oklahoma transfer, Je’Lon Hornbeak and redshirt freshman Micah Seaborn. The Hawks also added a freshman wing, Pierre Sarr and big man Diago Quinn. Injury returns including junior forward Greg

Noack, who was out last year due to a concussion and junior guard Josh James coming off a toe injury are also key figures to the Hawk’s lineup.

“Coming into this year I feel very confident,” said James. “I feel like I have nothing to lose. I’m an upperclassman now so I’m excited to get out there and make a contribution with the experience that I have.”

The Hawks were fairly senior heavy in 2014-2015 season which included Max DiLeo, Andrew Nichols, Brice Kofani and Mike DeLorenzo, who all graduated leaving only one senior to lead the team this year. Senior guard Deon Jones was named Third-Team All-MAAC in 2015 and a preseason Third-Team All-MAAC selection a season ago.

“The way I can lead this team is by leading by example and helping each and every player get better every day,” said Jones. “And also by giving the players my knowledge of the game that I have since I’ve been in college the longest on the team.”

The Hawks are set to open up on Nov. 7 home for an exhibition game against Georgian Court. Three away games including UCLA, USC and Drexel should be a good early test to see where the Hawks are at.

Following Monmouth’s road trip, the Hawks will return to the east coast to match up with MAAC foes, Canisius College and Niagara University in upstate NY.

Dec. 13 marks the Hawks home opener against Wagner at 2 p.m. in the Multipurpose Activity Center on ESPN3.

Georgetown, Rutgers, Cornell and Army complete the Hawks non-conference schedule for the 2015-2016 season.



PHOTO COURTESY of Monmouth Athletics

Junior guard Josh James in action for the Hawks last season before an injury shortened his campaign.

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JOSH JAMES
Guard

Danielle Axelrod Is More Than Just A Captain

JOSEPH RUGGIERO
STAFF WRITER

A Monmouth University student-athlete balances the pressure of being a division one athlete in addition to have a full course load of classes. Many collegiate athletes are showcased for their work on the field and not for their work in the classroom. For Danielle Axelrod, she has been able to shine off the field and discover her passion while competing for a conference title.

The senior midfielder/forward took a break from her studies and soccer to discuss her work off the field with *The Outlook*.

Originally hailing from La-Grangeville, NY, Danielle said she had one big motivator when it came to becoming a division one athlete.

“My inspiration comes from God. He’s my rock in everything I do and I would not be where I am today without his guidance and grace,” she said.

Danielle did not just have one motivator; she also found motivation in experienced soccer players.

“I grew up watching girls who were older than me play and I aspired to be just like them,” she continued. “In middle school I would go to high school games and look at the players like they were the professional players.”

As a three sport athlete in high school, Danielle found time to discover a desire for television. She said, “During my junior year of high school, I became interested in the new

studio that my school had built. My math teacher at the time told me I should check it out and see what it was all about. The minute I stepped into the studio I fell in love.”

Upon entering Monmouth University, Danielle knew she wanted to be an anchor for Hawk TV, however, as a division one athlete, she has little time to spare.

Danielle begins her day with a 7:30 a.m. practice, followed by numerous classes. Once her

classes are over, she makes her way to the Hawk TV studio to anchor the news and be a crew member for other shows. Once she is finished with her segment, she heads back to her house, does homework, and then finally gets to sleep. After she anchors the news she goes home does more homework and then is in bed.

“To others, it might seem like it’s pretty hard to balance schoolwork and a Division I sport. I think being part of the team has actually helped my GPA,” Danielle continued. “While basically every one else is out partying, I’m up getting my homework done and closing my eyes before 10 p.m. It’s a real awesome party. It’s definitely a lot of sacrifice, but my GPA has definitely benefited from it.”

It is obvious this method is working for Danielle as the women’s soccer team has a 4-0 start in conference play. She hopes to lead the Hawks to their second championship during her tenure at MU, but for her, this accomplishment would be just as eminent as hosting her own television show. “I’d love to be on air someday and hopefully have my own show. It would be awesome to be a mix of comedy while also helping people out,” she said.

With her real world experience interning on *The Maury Show* among other jobs, she made connections that will help her because executives can see her resume. “I can’t wait to see what my future has in store for me,” Danielle concluded.

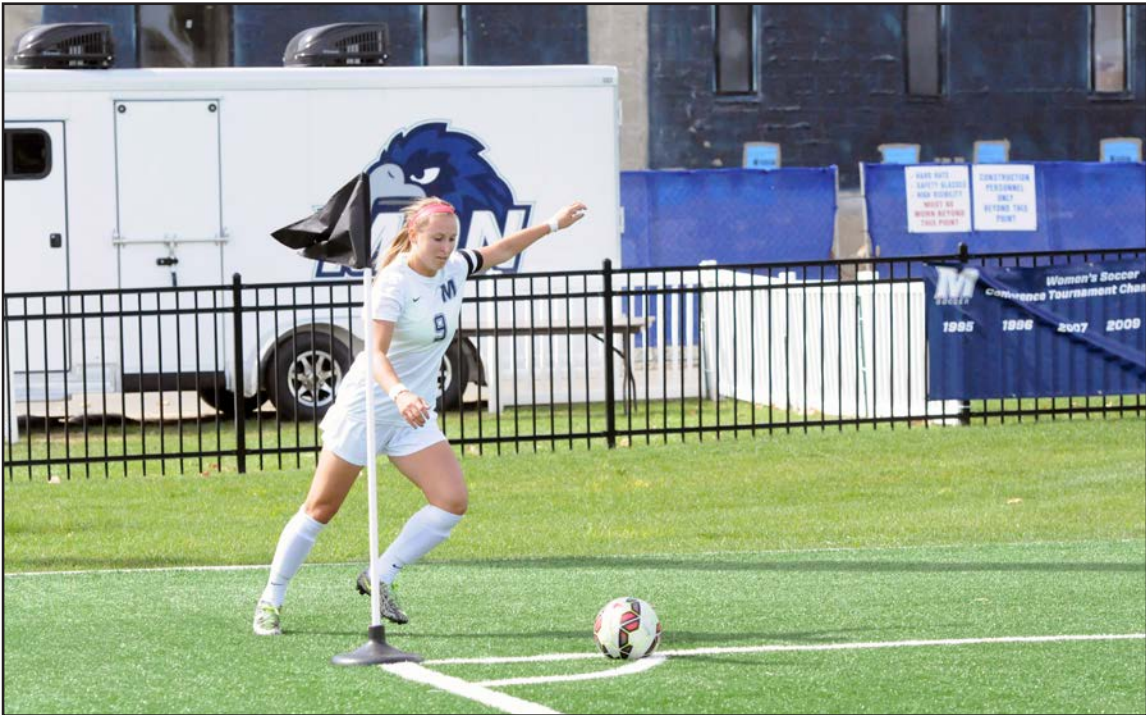


PHOTO COURTESY of Monmouth Athletics

Senior midfielder/forward Danielle Axelrod whipping in a corner kick at Hesse Field on the Great Lawn this past September.

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DANIELLE AXELROD
Senior Midfielder/Forward



AWKS FLY

past Bryant

IN FIRST HOME
WIN OF THE
SEASON

Lavon Chaney rushed for over 100 yards in Monmouth's home game against Bryant on Saturday, Oct. 3. The Hawks are now 2-3 on the season.

[Full story on page 18](#)

Photo Courtesy of MU Athletics