



# THE OUTLOOK

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## Town Hall Meeting Addresses Heroin Crisis in New Jersey



PHOTO COURTESY of Kimberly Kravitz

A Town Hall meeting was held in Pollak Theatre to address the growing heroin crisis in the state of New Jersey. The event was hosted by Bob McAllan, a life trustee of the University.

JAMILAH MCMILLAN  
MANAGING/NEWS EDITOR

Over 700 attendees gathered for the Jersey Matters Town Hall: The Heroin Crisis to address the states heroin epidemic in Pollak Theatre on Mar. 16.

There are roughly 128,000 heroin users in NJ, and the epidemic claimed 918 lives in 2015, which is the highest annual death toll from heroin ever seen in NJ according to an article by the Observer published on Jan 8.

Drug overdoses in NJ jumped

overall by 21 percent between 2014 and 2015 according to the article, and health experts in the state expect the data from 2016 and 2017 to be far worse than the current numbers.

Heroin continued on pg. 3

## Israeli Journalist Visits University

ALBERT SHALOM  
STAFF WRITER

Students, faculty, and community members had the opportunity to attend a presentation held in Pozycki Hall on the future of Israel-U.S. relations by a famous Israeli journalist and political analyst, Michael Tuchfeld on Mar. 22.

The first part of his presentation focused on the major points and issues between Israel and the United States of America, including the Iran Nuclear deal, the possibility of Israel's nuclear capability, settlements, and financial deals between the governments of the U.S. and Israel. He highlighted former U.S. President Barack Obama and his administration's poor or unfair treatment of the State of Israel from an Israeli point of view. He then discussed the differences and the treatment that can be seen so far between Israeli Prime Minister Benjamin Netanyahu

and newly elected U.S. President Donald Trump.

Tuchfeld also highlighted some key points regarding the Israeli-Palestinian issue. Mainly on how Obama centralized the issue and the so-called "two state solution" around the settlements. He pointed out agreements between then U.S. Secretary of State John Kerry and the Israeli government in which Israel stopped settlement building for nine months and released prisoners, but negotiations between Israel and the Palestinian leaders in charge didn't resume.

He concluded the presentation calling for more cooperation between the two governments and working together in areas where both sides will benefit as well as mentioning that "presidents don't lie, but sometimes they forget."

"It [the presentation] was informative, gave an interesting perspective, was more realistic and pragmatic", said sophomore political science student Michael

Journalist continued on pg. 6

## University Dean Receives Notable Award for Writing Distinguished Book on Houston's Astrodome

JOHN SORCE  
CO-SENIOR/SPORTS EDITOR

Kenneth Womack, Ph.D., Dean of the Wayne D. McMurray School of Humanities and Social Sciences, was honored with the Dr. Harold and Dorothy Seymour Medal from the Society of American Baseball Research (SABR) for his book "The Eighth Wonder of the World: The Life of Houston's Iconic Astrodome," on Mar. 4.

Womack co-authored the book with Robert C. Trumpbour, Ph.D., an associate professor of communications at Pennsylvania State University at Altoona.

SABR awards the medal to "the best book of baseball history or biography published during the previous calendar year" and must be, "the product of original research or analysis," according to the SABR website. The website also states that the winning book must "significantly advance our knowledge of baseball and

shall be characterized by understanding, factual accuracy, profound insight and distinguished writing."

Womack was born and raised in Houston, TX and mentioned that he "basically grew up" in the Astrodome. His grandfather, Kenneth Zimmerman, was the structural engineer of the building and he invented the knuckle column and the star column. These are the two innovations, Womack said, that are holding up the building today.

"The knuckle column is a four-foot piece of steel and it was designed to come out at the top every five degrees and the roof would essentially rest on it," Womack said as he demonstrated with a replica of the stadium. "[My grandfather] called it the knuckle column because vertically, the knuckle is stiff, but horizontally it can move. There's a lot of pressure on the dome and it is always moving very slightly. If there was a big wind storm you could see it, but for the most part nobody ever knows."

"On the side, he had what he

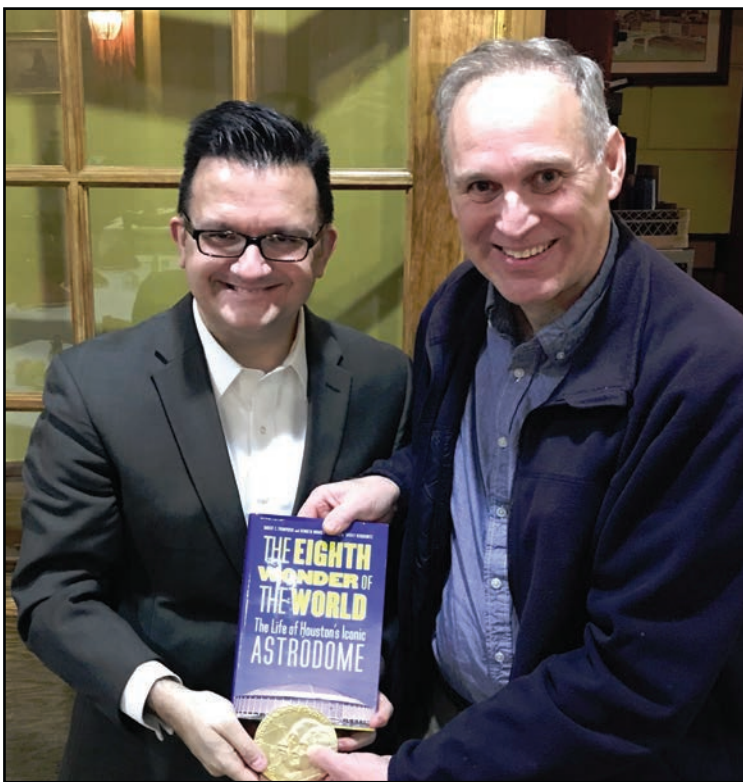


PHOTO COURTESY of Kenneth Womack

University Dean Kenneth Womack (left) teamed up to pen a unique book on the creation of the iconic Astrodome.

called the star column," Womack added as he continued to demonstrate with the replica. "This connected to the knuckle column to give it a vertical hold on that horizontal force. Buried 40 feet or so underground is a tie that is in the bedrock. So you have the knuckle connected through steel and rods connecting down to the star column, which is connected to the underground piece, and that's how it's all held in place."

Womack first met Trumpbour in 2002, when he hired him to work at Penn State. He mentioned they had talked about writing a book for a while and when Trumpbour suggested that they write about his grandfather, it took off from there.

"We decided that we wanted the story to be a page turner because it's too interesting not to," Womack said. "I did bring in a lot of storytelling. Even though Bob wrote his good 50 percent of it, I went and smoothed it into one readable story. I wrote the chap-

Dean continued on pg. 3

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# Honors Society Inducts New Class of Freshmen Scholars

## *Phi Eta Sigma's Annual Induction Ceremony*



PHOTO COURTESY of Shannon Marren

196 Students were inducted into Phi Eta Sigma during a ceremony held in Pollak Theatre on Friday, Mar. 24.

BRIDGET NOCERA  
STAFF WRITER

The University's Phi Eta Sigma chapter held its annual induction ceremony of 196 new members in Pollak Theatre on Friday, Mar. 24. Phi Eta Sigma, the nation's oldest and largest honor society for first-year college and university students, encourages and rewards academic excellence among freshmen in institutions of higher learning, according to their site.

The ceremony began at 7 p.m. with opening remarks from Society President Emily Townsend, a senior business administration student. The audience consisted of inductees, their relatives, faculty, and more, who Townsend thanked for being there. She went on to introduce Phi Eta Sigma's faculty advisor Dr. Golan Mathbor.

"You are among the select few students who have met the requirements necessary for induction into Phi Eta Sigma," said Mathbor. "Once you have been inducted, you are a member for life."

Juliana Illiano, a sophomore elementary education and history student, then guided the audience through the history of the Phi Eta Sigma chapter. She began with its founding at the University of Illinois in 1923 as a males only scholarship chapter, to its evolution to what it is today.

"We stress not only the importance of scholastic excellence, but the importance of three elements required for you to complete development as individuals: an unimpeachable character, a well-cared for body, and a well-disciplined mind," said Illiano.

Speeches emphasizing the characteristics of the chapter were then presented by three members of the board: Treasurer Mark Marrone, a sophomore business administration student; Secretary Sachin Parikh, a junior biology student; and Vice President Shannon Marrin, a junior biology student.

"A vigorous and disciplined mind is one of the first requisites of success," said Marrone. "Thorough mental training is required to accomplish this."

Parikh followed Marrone and tends to strengthen the body helps to develop the mind."

Marren concluded with an emphasis on character. "Character is the foundation of responsibility and success," said Marren. "It is the basic link between respect for the body and discipline of the mind."

Following the collective speech by members of the society's executive board, Townsend took the microphone once again and asked inductees to stand and answer, "I will" if they accepted the society's guidelines. All of the student inductees rose up from their seats and agreed.

Townsend then introduced the ceremony's guest speaker, Dr. Kathryn Kloby, Vice Provost for Transformative Learning. Kloby spoke excitedly about the importance of being a member of the Phi Eta Sigma Society, and how remarkable their achievements are considering the difficult transition from high school to college.

"Think about what you had to transition to since New Student Orientation," said Kloby addressing students. "Think about the personal growth and change you've gone through. That is a tremendous amount of growth."

Kloby complimented the freshman on their ability to adapt to a new life at Monmouth while also succeeding in their academics. "You all are mastering academics," said Kloby. "And soaring like hawks should be."

Kloby concluded her speech by stressing to inductees that Monmouth faculty is at their disposal if they ever run into issues, and how all faculty members are pushing for them to succeed. "Not to be Debbie Downer, you've achieved a lot, but now you have to keep it going," said Kloby. "There will be highs and lows in your academic career. But if you need help, you have peers and administration that are here for you."

After Kloby's speech,

Townsend officially welcomed the students into Phi Eta Sigma. "I charge you as new members of Phi Eta Sigma to be ever mindful of the three qualities," said Townsend. "As you accept and wear this key, may you exemplify the characteristics for which it stands: constructive thinking, clean living, and a character above reproach."

All new members in attendance then came forward and received keys and membership certificates. Students gave Townsend a card with their name, and she read the name aloud before the student received the items.

Once every student sat down again, Mathbor addressed the attendees with closing remarks. He thanked Kloby for her speech, and presented her with a plaque of honor for all she has done for the University and its students. "I'm honored and proud to have hired her (Kloby) as a part of the University's Political Science department years ago," said Mathbor. "She is a distinguished scholar and great leader."

Mathbor also awarded a plaque of appreciation to Townsend for her work as President, and thanked First Year Advising's Lisa Henry for her assistance in putting the ceremony together.

Mathbor ended his remarks by stating how he was looking forward to working with the new inductees in the future.

Following the ceremony, students and relatives were encouraged to gather in the lobby of Pollak for light desserts and drinks. Illiano was pleased and relieved with how the ceremony was conducted. "Each year a great group of students join the Phi Eta Sigma chapter," she said.

"This is my first ceremony as an officer, and I have learned a lot about the Monmouth University chapter. I look forward to welcoming the first-year students and working with the new officers in the future," Illiano added.

# Hundreds Gather in Pollak to Discuss Heroin Epidemic

Heroin continued from pg. 1

The event was co-sponsored by *WJLP Me-TV*, the *Asbury Park Press*, and the *Discovery Institute*, and included many individuals from various backgrounds who were touched in some way by the heroin epidemic; including Attorney General Christopher Porrino, actress and former heroin addict Mackenzie Phillips, other former addicts, their family members, attorneys, and medical practitioners.

One panelist included Stephanie Oswald, the mother of Andrew Oswald III, who died of a heroin overdose at the age of 23. During the event Oswald shared why she made sure that the cause of her son's death was explicitly made known on his obituary.

"Enough is enough, it shouldn't be a dirty little secret. People need to know why these kids are dying. My son meant everything to my husband and I, and when this happened I couldn't let him die in vain," said Oswald.

Actress Mackenzie Phillips flew to NJ for the event. She explained how getting caught with a bag of heroin at Los Angeles International Airport in 2008, saved her from her addiction.

"One of the important missions that a University fulfills is being a resource for its surrounding community," said University President Grey Dimenna, who attended the event. "Monmouth was very proud to be able to provide a setting for the many experts who appeared that night to help educate the public on the concerns and issues surrounding the heroin epidemic which is a major challenge facing our society."

Bob McAllan, town hall host and CEO of *WJLP*, said, "We at *WJLP* believe in the commitment that TV stations have to better the societies we serve in, so it was a no brainer to do the heroin crisis. If you look at the numbers, NJ is ground zero in regards to the heroin crisis."

According to McAllan, people commonly get involved with heroin through prescription drugs which can lead to an opioid addiction, and then turn to heroin because it's cheaper and readily available. Opiate pain medications cost the uninsured about \$1 per milligram; so a 60-milligram pill will cost \$60. Therefore, the equivalent amount of heroin can be obtained for about one-tenth the

price, according to an article by *CNN* published in June 2016.

"The average age of a heroin user is after college early twenties, between the ages of 24 and 34, so it is not just college kids that are being entrapped by this drug," said McAllan.

Roger Desch, Executive of the *Discovery Institute*, was a panelist at the town hall. The *Discovery Institute* helps addicts from around the Garden State in detox and recovery. "We are at the frontlines of the epidemic," he said.

According to Suanne Schaad, the University's Substance Awareness Coordinator, students at Monmouth are not immune to the heroin epidemic. "We do have some students who are abusing opiates and in the Office of Substance Awareness we provide free and confidential counseling for students. We have been successful in assisting students with access to detox and inpatient programs to address their use," said Schaad.

"Opiate abuse is not the top drug of abuse I work with students on, but it does happen occasionally. I also have a number of students I work with who have lost a friend or family member due to an overdose," she added.

The state government has passed laws to curb the rate of drug overdose deaths within the state. On Thursday, Mar. 23, a bill was passed by the state Assembly which makes

Narcan, a medication that reverses an opiate overdose, available at pharmacies without a prescription.

In 2013, Christie signed a law allowing police officials access to Narcan. The Monmouth University Police Department (MUPD) carries Narcan in every car and is trained to administer it.

According to drugfree.org, the 2013 law also provides amnesty for anyone who calls for emergency aid for themselves, or a person they are with who is overdosing. According to Schaad, this reduces the fear of a legal charge and helps save lives.

Desch asserts that students can stay clear from heroin by making smart decisions. He said, "Students should not get involved with gateway drugs, and they must refuse prescriptions with opiates."

The town hall aired on *WJLP Me-TV* in northern NJ, and on *KJWP Me-TV* in southern NJ on Friday, Mar. 24 at 8 p.m., and re-aired throughout the weekend. According to representatives at *WJLP*, the event will eventually be posted on their YouTube page and website.

"Monmouth University was a wonderful place to hold the event," said, McAllan. "The people we worked with at the theatre and the acting President were incredibly professional. I can't tell you how great they were; I think we will have more news events like this in the future."

According to Schaad, a similar event titled, Responding to the Heroin Epidemic in Monmouth County, will be hosted by the Monmouth Medical Center in the Pollak Theatre on April 26.

**"Enough is enough, it shouldn't be a dirty little secret. People need to know why these kids are dying."**

STEPHANIE OSWALD  
Mother



# London Study Abroad Students are Safe After Attack in City of Westminster

KERRY BREEN  
HEAD COPY EDITOR

Twelve study abroad Monmouth University students were in London, UK when 52-year-old Khalid Masood killed three pedestrians and injured about 40 others as he drove through a crowd on Westminster Bridge at around 2:40 p.m. on Wednesday, Mar. 22.

Masood crashed his car into railings in front of Parliament Yard, before leaving his vehicle, and going through the gate to the Palace of Westminster, where he fatally stabbed Keith Palmer, a 48-year-old unarmed police officer. Moments later, Masood was shot dead, according to *The Telegraph*.

The events at the bridge took place in under 90 seconds, according to Sky News.

Three miles from the site of the attack is Regent's University, where study abroad students reside. All twelve of the students were reported safe within the hour according to William Mant, the Regents Study Abroad Advisor for inbound students. Some had been in the city itself, while others had been in the dorms

**"I was a bit shocked but I also felt a bit desensitized to everything since it happens so often..."**

CAMILA GINI  
Study Abroad Student

at the University, or in class.

"When I first heard about the attack in London, I felt this terrible sadness, like, 'Not again,'" said Robyn Asaro, Assistant Director of the University's study abroad program. "Everyone in the office feels the shock. My first thought was, 'Are our students okay?' Luckily, I was literally speaking with my colleague from Regent's when one of the girls contacted him to confirm that everyone in the Monmouth group was safe."

The study abroad students received notice of the incident in varying ways.

"I was at St. Paul's Cathedral for class, about 15 minutes away from the attack," said Jordan Hanley, a junior music industry student. "It was hard to believe at first, because the only information I had originally was that there was a shooting at Parliament, so we (myself, along with the kids in my class) weren't really sure of the extremity of the incident. It was kind of scary."

"I was in my history class when the attack happened," said Brianna McGuire, a junior communication student. "I actually found out via my parents, who texted me from the States to see where I was and if I was okay. When I first heard the news, I was quite nervous; as I knew, some of my friends had a day off and were out exploring the city. It was hard to believe that something like this happened so close by."

"I was in sociology class, and since I was in charge of letting everyone know about the bus tour [the University's London study abroad program includes a panoramic bus tour of London, which had been scheduled for that evening; it was cancelled after news of the attack] I had six people text me about the attack and whether or not the tour would still be on," said Camila Gini, a sophomore business management and marketing student.



IMAGE TAKEN from <http://www.regentcollege.uk.com/wp-content/uploads/2017/03/westminster-1024x768.jpg>  
Twelve University study abroad students in London were safe three miles away from the attack in Westminster, UK on Wednesday, Mar. 22.

"I was a bit shocked but I also felt a bit desensitized to everything since it happens so often," Gini said. "I waited until after class because I didn't know the severity of it all. Once I contacted Will (Mant) he immediately asked about the rest of the group, and everyone was pretty active in letting each other know we were okay so I was able to let him know that we were all fine. Then right after that I contacted Robyn (Asaro) to let her know we were fine, as did Will. And then I contacted my family."

During last year's Paris attacks in November, University students were also near the affected area. All students were reported safe in that incident as well.

"We have emergency contacts with the schools abroad to ascertain what is happening, and we depends on students checking because they could be any-

where in Europe," Asaro explained. "Luckily, our students are always compliant."

"I like to advise students that the same types of activities one would use to stay safe in our country should be used overseas," said William McElrath, Chief of the Monmouth University Police Department (MUPD). "Be aware of your surroundings, be aware of security arrangements at the foreign institution you are attending, be aware of the political situations in the countries you are visiting and advise people when you will be off campus travelling to other countries or far away locations. I would not discourage students from studying abroad. It is a great experience, but proper caution should always be used."

McElrath also explained how the University was notified of the attack by the New Jersey State Police Regional Op-

erations Intelligence Center (ROIC), but since there were no connections to the University or the surrounding area, the campus did not raise its threat level or increase its security.

Asaro explained that she hoped that the recent rise in terrorism worldwide would not deter students from studying abroad.

"I have no answers for why we have so much violence in our world, but I would never stop traveling and sit in my house, nervous of 'what's out there,'" Asaro said. "There is nothing as amazing as travel and particularly study abroad - it may sound counterintuitive, but I believe that the more we intermingle in the world the safer we are, because people to people interactions can change perceptions of the 'other' that are often inaccurate."

# Dean Womack Awarded for Book on Astrodome

Dean continued from pg. 1

ters on the building of the dome because I have a working knowledge of how to talk about construction and I'm pretty good at injecting drama into stories, and this was a pretty dramatic story."

Trumpbour grew up in the New York metropolitan area and developed an interest in stadiums when he went to Yankee Stadium and Shea Stadium, which was relatively new at the time, as a kid. He was fascinated in the architectural differences between the two facilities. When it came time for him to write his dissertation for his Ph.D., he decided that this was a topic that interested him enough where he could spend hours researching it. That led him to write two books, and he was very excited when writing this one.

"What made the Astrodome unique is that it was built with luxury in mind," said Trumpbour, who has been a SABR member since 2000. "They brought in theatre-style padded seats and air-conditioning units

that were good enough to make sure that the climate inside was very comfortable. It was designed with skyboxes and with different themed restaurants in it, and that was way ahead of its time. If you go back to that era, you had standard concession stands and you had people who walked around the stadium with hot dogs and drinks. Those are all changes that the Astrodome really pushed to the forefront."

Receiving the award from SABR meant a great deal to Womack and Trumpbour.

"Any time you win a writing award, it's a validation that you told the story well enough that it rose to the top," Womack said. "It's enormous to see that your peers have seen something you have done and give value to that."

"It's a nice validation because I know me and Dr. Womack worked very, very hard to put this together," Trumpbour said. "We wanted to chronicle what we felt was a very compelling story. This is a nice validation that this story connects with people well beyond Houston - that it's a story that has wider implications."



PHOTO TAKEN by John Sorce  
In Dean Kenneth Womack's office is a replica of the Astrodome that he used to demonstrate how the dome was built.



THE OUTLOOK

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Hawks Should Soar Beyond the Classroom Door

THE OUTLOOK STAFF

Getting involved on campus is a phrase that has been drilled into our minds since orientation, but it can truly make a huge difference in your college experience. Joining organizations that coincide with your major provide hands on experiences, one-on-one mentorship, and networking opportunities.

As college students, we all wonder what we can do to stand out in our resume in the hopes of being hired for an internship or career. Increasing our education outside of the classroom is an effective way to expand networks, gain new skills and experiences, and learn from others, whether it be attending events on campus or venturing out to a conference.

One editor reflected on a time that The Outlook provided him with an opportunity to write an article to be printed in a newspaper in another state. After interning for the Asbury Park Press over the summer, a journalist recognized him from his attendance at every Monmouth football and basketball game. This journalist reached out to the editor and gave him the opportunity to cover a game in Mississippi.

"He was looking for a story around 400 words focusing on Ole Miss by 10 p.m. EST. I told him that I would make it happen," said the editor. "This was a really good experience that would not have happened if all I did was go to class."

At Monmouth we also have the opportunity to meet and listen to a wide variety of speakers, from politicians to writers to experts in different fields. These speakers give students valuable lessons and a peek into worlds different from their own. "One time I attended a session about child marriages in

Nigeria which was very educational and interesting," reflected one editor. "The speaker told her firsthand account with child marriage in Nigeria and how she was able to escape her country and come to America to be free. I wouldn't have learned this information in the classes I take for my major."

Another great way to expand your education outside of the classroom is to attend a conference. Conferences offered by the University provide valuable insight to students, who get to learn from professionals and other students. One editor said, "It is important to attend conferences because it allows you to meet and connect with people from all over the country, and to learn more about the field you are studying at MU."

According to some of the staff, networking is a huge benefit to attending conferences, and meeting new people in a variety of positions and backgrounds and can open doors and provide diversity of opinion. One editor explained, "Not only were we networking with potential employers, but we can network with other students too. It is extremely interesting learning about other universities because we are all so different."

Learning how to think outside of our school's bubble is an important lesson those who have attended conferences have learned. "I found that I learned a lot about how to handle things from different perspectives," commented an editor. "We, for example, know how to do things the way that the Monmouth population is taught, but other professors and speakers opened my eyes to new thoughts and ideas."

Being actively involved on campus can provide valuable knowledge and experiences, and travel can be the ultimate learning experience.

One covered University events going on by travelling with the University basketball team. "The Outlook has given me priceless opportunities these last two years, such as covering the Metro Atlantic Athletic Conference (MAAC) Tournament twice and going to one of college basketball's iconic programs in North Carolina," the editor recalled. "I enjoy being around other media members that have been doing this for a long time and networking this way."

Another editor said, "Being able to attend a journalism conference in San Francisco was an amazing experience for me because I have never been to the West Coast before. Not only did I learn some valuable information to improve my career and my skills, but I got to experience the culture of a beautiful city and I am greatly indebted to the University for letting me do so."

While conferences are not the sole way to stand out amongst a pool of candidates for a job, the experience gained elevates more than your resumé. "Attending conferences allows students to step outside of their comfort zones. It may open new doors that may otherwise have stayed shut, and it is a way in which students can obtain real world learning experience," commented an editor. "It also encourages students to travel and become more independent."

At Monmouth, it is easy to get comfortable within our bubble. But leaving the campus behind for a few days can bring an entirely new perspective to our fields of study. "If you think your way of doing something is the best fit for you, it's important to hear input from others," explained one editor. "Seeing how others have tried and succeeded or failed helps give you ideas to work off of to make yourself or club the best it can be."



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# A Review of the 1960s: Peace, Love, and Music

NICOLE SEITZ  
COPY EDITOR

The “Summer of Love” really sums up the history of hippie beliefs and fashion. In the summer of 1967 in San Francisco, over 100,000 people gathered to promote love and protest the Vietnam War. Monterey Pop Festival was another part of the Summer of Love that included a three day music festival in Monterey, California. This festival had some iconic performances from acts like The Jimi Hendrix Experience and artists like The Who and Janis Joplin. A few years later in August of 1969 is when the most famous music festival occurred: Woodstock.

The emergence of these musical festivals that focused on peace, love, and music came along with the developing rock and roll counter culture. The conservative, “keeping up with the joneses” lifestyle of the 1950s was a perfect segue into the counter culture that came to be in the 1960s.

Although rock and roll began with artists like Chuck Berry in the 40s and even a little later in the 50s with Elvis Presley, the 1960s is most known for the solid rock and roll culture. Rock music helped to motivate young people to question their government and what was going on in the world.

Not only did the 1960s include the completely un-

justified war in Vietnam where we sent thousands of American troops to their inevitable death, but our nation was also dealing with the unrest of the Civil Rights Movement. Racial tensions were high in the 1960s. Over 100 years after slavery was abolished in the United States, black Americans were still dealing with harsh segregation, which oftentimes landed them in jail, got them beaten, or even killed.

This decade was also home to many startling assassinations that were brutal attacks on peace. First there was Patrice Lumumba in 1961. Lumumba was the Prime Minister of the Republic of the Congo and always advocated for the freedom of the Congo from Belgium.

Here in the States, we had the infamous assassination of John F. Kennedy in 1963, Malcolm X in 1965, and both Martin Luther King Jr. and Robert Kennedy in 1968.

All of these historic figures were either advocates for peace or civil rights leaders and their cruel deaths represent a time of confusion and chaos that ensued during the 1960s.

All of the turmoil of this decade lead people not only to the streets, but also to the studios and ultimately to radio. The art of music (and even painting and poetry) became a movement for peace and change.

Another movement that saw a resurgence in the 60s was the feminist movement. By the 1950s it became the norm for women to stay home and stay in the kitchen. Although

TV shows of the 50s show women loving their roles as housewives, *The Feminine Mystique* by Betty Friedan said otherwise. Friedan exposed the abuse and neglect women faced during the 1950s as housewives. While women, on paper, seemed to have all the same rights as men, they were very much neglected and discriminated against.

The 1960s became a re-emergence of the feminist movement. This empowerment of women was very noticeable in the rock world where many women broke out and became icons for the music industry. There were musicians such as Janis Joplin and Mama Cass Elliot who were paving the way for women in rock.

The 1960s were a very liberating era where those who felt like they had no power and no say in what was going on had a voice. From the importance of rock and roll music and the counter culture to the demonstrations for peace and basic human rights, the 1960s was arguably one of the loudest decades for the youth of the time. You could not be silenced in the 1960s and this set a precedent for the decades to come.

We can view the 1960s as an inspiration for the way we live our lives as students today. We have a voice and the 60s demonstrated different ways for us to use it.

# Beauty STANDARDS

KIERSTEN BECHT  
CONTRIBUTING WRITER

The internet is like your “best friend” from 7th grade that became too cool for you in 8th grade: two-faced. For goodness sake people, it is 2017 why do articles such as “35 Unattractive Things Girls Do That They Think Is Attractive (According To 35 Guys)” still exist? More importantly, who are the people behind these pieces of “literary” trash and what do I have to do to knock some sense into them?

Articles like the one mentioned above are ones that pop up on your Facebook feed as you aimlessly scroll through an endless amount of memes, *Tasty* videos, and status updates from your Facebook-loving grandmother in Florida. Under normal circumstances, I would usually scroll right past such an article and probably scowl for a second, roll my eyes, and move on by watching some silly video about a baby panda. But, for the sake of my journalistic duties, I had to muster up my strength and see what this ridiculous article was all about. “Perhaps it’s a parody article?” I thought to myself, but alas I was wrong.

So, ladies, listen up: if you want to be attractive to men and continue to serve the patriarchy, here are some absolute don’ts, as told by the experts themselves:

- Don’t get tattoos
- Don’t have short hair or bangs
- Don’t wear lip-gloss
- Don’t wear “high-top” jeans
- And the list goes on...

Why should someone feel compelled to tell another person not only how to live their life but also in a way so that they appear attractive to men? Nowadays there is so much pressure placed upon women to fit

certain standards. In a society where it was once cool to be slim, then cool to be thick and now be both slim and thick it is no wonder young girls are growing up with unrealistic beauty standards.

Listen, if you want to have short hair with bangs, wear lip-gloss and have tattoos on your body all while wearing “high-top” jeans then go for it. In fact, more power to you for being your own person and carrying yourself how you please, rather than how the men who partook in this article wish you to.

The millennial generation is one deemed as progressive and forward thinking. We are also the pioneers of the social world and should strive to use our online presences to spread the importance of self-love and owning the person you choose to be. Rather than to sit back and let this self-shaming culture persist, we must rise up and take a stance. There is no time like the present to do so.

While this article is filled with nothing but negativity and narrow-minded opinions, it does spark the idea that people, women in particular, need to come together and support each other for being comfortable with who they are and loving the skin they are in.

I am so thankful to go to a school like Monmouth where people rock multi-colored hair, tattoos and express themselves however they wish. While each student is unique in their own way, it is always comforting to remember that “all hawks fly together,” regardless of social standards.

Our generation needs pioneer a movement that inspires everyone to love themselves and be accepting of others, regardless of what we deem attractive or not.

# Music Streaming: Exclusivity Could Be Hurting Fans

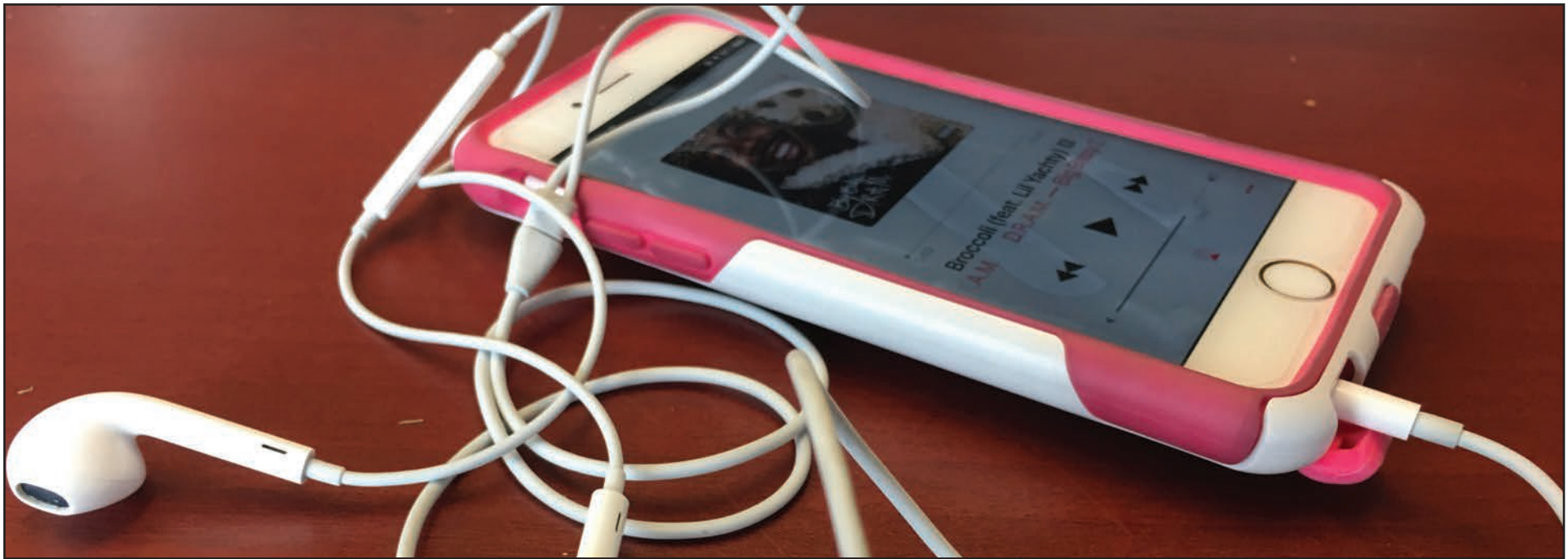


PHOTO TAKEN by Lauren Niesz

Music streaming is becoming an issue due to the cost and demand for many students who want to hear their favorite artists' newest music the day it comes out.

CARLENE SANTOS  
CONTRIBUTING WRITER

Drake, Beyoncé, Frank Ocean, Future, Kanye West, are just some of the major artists we love that have released exclusive music to their fans. Nothing captures our attention more than when we hear the word “exclusive.” When our favorite artists release a statement about this new music, it becomes a craze. Whether it be a new album, new song, or new feature, we’re all thinking, “this is going to be amazing.”

We get to hear something fresh, especially if it’s been a while since something was last released. We see our excitement shoot right through the roof, and the count-

down starts. Yet, once we finally find out where we’ll be able to hear it, a lot changes. Some music is released as an “AppleMusic exclusive” or “Tidal exclusive” and then you think- wait... what? Your heart stops for a second. The only thing running through your mind is: “I don’t have AppleMusic or Tidal.”

If you’re a huge music fan like I am, then this situation sounds very familiar to you. When this happens, our hearts sink- no new music for us. Unable to enjoy this release, a large chunk of fans are being left out. The single platform limits a great deal of what an artist has to offer.

Streaming has transformed the way we listen to music, as well as

how we share it. We now see artists on major labels sign deals that have streaming services make fans pay for a membership, which isn’t fair.

As college students, we try to find the smartest and best deals. We ask ourselves what service is worth it for the price we’re paying for. There is AppleMusic, at ten dollars a month, Tidal, at ten dollars all the way to twenty dollars a month, and Spotify, which begins free for users, then a membership starts at ten dollars. Luckily for students it’s cut in half to five dollars a month with the student discount.

Personally, I use Spotify for realistic reasons: there is a huge catalog of music to pick from,

spotlight on new and fresh music, playlists tailored by the music you listen too, and the cost is only five dollars. Obviously, it’s not convenient to pay for one service just to listen to Drake’s new album on AppleMusic the day it comes out, then Beyoncé’s album on Tidal the next. It’s unfair to have to wait for other streaming services to pick up these exclusives while everyone else is enjoying them on repeat. They become available in a short amount of time, which to me, with whatever patience I have, can wait.

For example, When Drake’s *Views* was released, I was highly disappointed not to see it on Spotify. Shortly after that rage, there was a statement saying that in a

matter of about two weeks I’ll be able to listen to it on my main streaming service. However, when Drake’s new album, *More Life*, dropped last week, it felt amazing seeing the album on my home page in a shorter amount of time.

This made me wonder if Drake has slowly started pulling away from this “exclusive” phase? Many exclusive albums have certainly created chaos in the music world, as well as confusion to us fans. In all honesty, we all pay this endless amount of money for these subscriptions, but do artists really seem to care about their fans when a large part of their fan base is missing? Or is it always going to be about the money?



# Trump's 2018 Budget Cuts Could End Federal Funding for Arts

JASMINE RAMOS  
CO-POLITICS EDITOR

President Donald Trump recently unveiled his new 2018 budget proposal last Thursday.

Titled "America First: A Budget Blueprint to Make America Great Again", encourages hiring budgets spent on the Department of Defense, Homeland Security, and Veteran Affairs. However, what people are worried about is what is being sacrificed in order for these budget increases.

While 15 agencies will lose part of their funding, such as Environmental Protection Agency, the State Department, and Department of Education, others agencies would be eliminated in this proposal.

These agencies are mostly art related, for example, the Corporation of Public Broadcasting, the National Endowment of the Arts, the National Endowment for Humanities and the Institute of Museum and Library Services.

The world of public broadcasting is at stake in this new proposal, with many stations in rural and urban areas would lose access to PBS, NPR, and others, according to Paula Kerger, the president and CEO of PBS.

CPB supports the funding of those stations, and has long been a target of the republican party.

When Mitt Romney was the Republican presidential candidate in 2012, he told former PBS news anchor Jim Lehrer, "I like PBS. I love Big Bird. Actually, I like you too," Romney told Lehrer. "But I'm not going keep on spending money on things to borrow money from China to pay for."

However, Kerger reminded everyone in a statement that these stations have had to put up a fight before and they are willing to do so again.

She said, "We have always had support from both parties in Congress, and will again make clear what the public receives in return

for federal funding for public broadcasting."

Even though Trump's proposal is just a blueprint and has a long battle ahead to get this approved, the importance of public broadcasting is an important one to keep alive.

Natorye Miller, a senior communication major, explains the impact that PBS programming had on her growing up. "It was a place to get some good television but to also learn something. Shows like Sesame Street and Arthur were predominate in my life that the thought of PBS not existing anymore makes me sad. Kids need this more than ever."

PBS has been a private, non profit corporation that started off in 1969. One of the programs that PBS has focuses on through out the years is the "Ready to Learn" program. With this, many of their shows are geared towards at-risk kids, with math-and literacy based programing to help them prepare for success at school.

Shows that are famously known, such as *Sesame Street*, *The Electric Company*, and *Word Girl* all derived from PBS.

Akintunde Obafemi, a senior physical therapy major, remembers learning a lot through PBS shows. "I remember I learned a couple thing I didn't understand about math while watching *Cyber Chase*. It's super important to keep shows like this alive."

Although the first of its kind, Sesame Street, has recently moved to HBO, many re-runs are played later on on PBS.

Recently *Sesame Street* has tried to target more realistic at home situations and develop it into the story line of the show. They have created two different characters, Julia, an autistic muppet, and Alex, a muppet with a dad who is in jail.

"I absolutely think public radio still holds an important spot in media and society today. Something like NPR is in theory a place where the public turns for a different type of content. Extremely



IMAGE TAKEN from forgetthebox.com

With the recent budget cut proposal, people are concerned for future of many shows like Sesame Street.

popular for some of their programs and podcasts from non-traditional sources. From a news perspective, you would think it's a place that citizens can go to hear unbiased coverage even if that is hard to 100 percent accomplish. Have a long time friend and colleague who works for an NPR station and he had told me that public radio strives to be the voice of the voiceless," said Matthew Harmon, specialist professor of communication.

In 2012, Jo Ellen Chatham, a co-chairman of the PBS SoCal board of trustees wrote an Op-Ed for *LA Times*, titled "Republicans for 'Sesame Street.'" Here, Chatham explained that as a conservative Republican, she would fight to keep PBS alive.

She wrote, "PBS treats its audience as citizens, not consumers. Its value is proven: 123 million Americans watch PBS each month and, for the ninth consecutive year, polling by the nonpartisan research companies Harris Interactive and ORC Online Caravan found that PBS is rated as the most trustworthy among nationally known organizations [including Congress and the courts]."

## Famous Israeli Journalist Speaks To MU

Journalist continued from pg. 1

Manning who attended the presentation.

Domonique Williams, a junior political science student said, "His presentation was very informative. I learned a lot regarding the history of American-Israeli relations. The speaker's discussion was very interesting not to mention highly relevant." She also mentioned that the "message was not only impacting, but also engaging."

Saliba Sarsar, professor of political science, who introduced the key speaker by the event and currently teaches the course on Comparative Politics in the Middle East said that it is important to keep in mind/ note that Mr. Tuchfeld only presented one side of the various different viewpoints and narratives of the issue. He continued to explain that the "Palestinian-Israeli conflict is complex and took decades for the conflict to materialize and that cannot be resolved in a speech or a day. It

necessitates a generational commitment to peacemaking and peace building to do so."

Williams agree that also said, "that the university should have more speakers on the issues with the United States, Israel, and the Middle East. With the way that the world is going, these are crucial topics."

Manning agreed and also cited the importance of getting more presenters and speakers from Israel and the Middle East since they offer different insights and perspectives.

Sarsar agreed and expounded, "what is important is that we are introduced to a variety of viewpoints and we can disagree agreeably with the other. Hence, it is important for any institution of learning, like Monmouth University, to host speakers of different backgrounds and opinions so that students, faculty, and others can become familiar with, reflect upon, and act on the critical issues in our interdependent world."

Michael Tuchfeld has an M.A. degree from Bar Ilan University in Communications and Political

Science. He is currently working for Maariv-Makor Rishon as a correspondent and political analyst. He was previously the parliamentary correspondent of Kol-Israel and host of the daily talk show on The Knesset Channel- Channel 2 News.



IMAGE TAKEN from news.hofstra.edu

Michael Tuchfeld was out in the field providing a Middle East on April 2013.

# U.S. Welcomes The Senator Freshmen Class of 2017

YENDILI BELLO  
CONTRIBUTING WRITER

Due to the clamorous presidential election, not much attention was put on the senate election and its results. The election resulted in the Republican Party having continued control over of the house, defeating the Democrats 51-48.

"This defeat gives the Republican party control over all three branches of government, creating a unified government," noted Stephen Chapman, an assistant professor of political science. "Usually when our government is unified more laws and bills are passed, but with a preference to the party in charge."

Most senators were able to uphold their positions, but there are seven new intriguing senators who make up the 2017 freshmen class.

Catherine Cortez Masto was the victorious Democratic nominee for Nevada. Not only is she the first woman to ever represent Nevada in the Senate, she is also the very first Latina woman to ever be a part of the Senate. Masto was a former attorney general, and was personally picked by Harry Reid to replace his position in the Senate. Her campaign was based off numerous traditional Democratic proposals which include, raising the minimum wage, and the protection of Social Security and Medicare.

Before representing Indiana in the Senate, Todd Young was a former Marine and was also the U.S. Representative for the state's 9th congressional district. Young gained popularity during his campaigning when he accused his opponent Evan Bayh of leaving Indiana for self interest and working for a Washington law and lobbying firm, instead of seeking re-election in 2010.

Democrat Tammy Duckworth led the most recent polls before the election by double digits, and so it was of little surprise when she won the election, making her Illinois' Senator. During the campaign, she advocated for tuition-free community college vocational training. Duckworth was a former congresswomen, and a veteran who grievously lost both legs while in Iraq in 2004.

Representing New Hampshire in the Senate, Democrat Maggie Hassan is notorious for her efforts in stabilizing the price of college tuition within New Hampshire. She is also a strong advocate for autism, and was

quoted saying that she would "ensure that children like her son Ben, who experiences severe disabilities, would be fully included in their communities and have the same opportunities that all parents want for their children."

Being the son of former U.S. Ambassador and CIA Agent, it was more than evident that Chris Van Hollen would someday uphold a position in government. The Maryland democrat was born in Pakistan while his father was serving in the foreign service. Before he became a U.S. Senator, Van Hollen was the U.S. Representative for Maryland's 8th congressional district, and was the chair of the Democratic Congressional Campaign Committee (DCCC).

Louisiana Republican John Kennedy unsuccessfully ran twice for the Senate seat before his victorious win this past election. Kennedy, a former Democrat, served as Louisiana's state treasurer previous to his term as U.S. Senator.

Well known for her negotiations with California bankers over illegal mortgage practices, Kamala Harris is the first Indian American and biracial woman ever elected to the Senate. Harris is an advocate for criminal justice reform, speaking openly about keeping low-level offenders out of jail and calling attention to the war on drugs. The California Democrat also played an important role in the battle for marriage equality.

When asked how she felt about the new editions to the U.S. Senate, an education student, Madelyn Solano, said "Women are underrepresented in the Senate, barely making up one-third of the establishment. Although I was hoping for a change this past election, I believe those who were elected would add a bit of diversity to our Senate and would serve as assets."

A marine biology student, Maya Paco expressed her attitude on the topic and said, "We should pay more attention to our senators and the work that they do. After all, they are the ones who vote on political measure and motions. People forget that our government is made up of more than just our president."

Little things make big differences. Our 2017 freshmen senate class may only be made up of seven Senators, but don't be fooled, these new editions have the potential to make a great impact in our nation's politics.



IMAGE TAKEN from marieclare.com

Because of The Senator Freshmen Class of 2017, the U.S senate now has the most diverse female senators in history.



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WEDNESDAY, APRIL 5, 2017

Discussion: 6:05pm – 7:25pm

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Rebecca Stafford Student Center – Anacon Hall

DISCUSSION and Q&A HELD DURING 6:05—7:25PM CLASS PERIOD

EARLY / PRIORITY REGISTRATION

Begins on 03/30/17 with new activations every half-hour between 8:00 am and 4:30 pm

Information and Instructions e-mailed

Students will be able to self-register using the WEBregistration component of WEBstudent.

Students who don't obtain advisor approval will not be able to self-register using WEB-registration and will need to register in-person at their academic department or at the Registrar's Office.

Full details are listed in the information and instructions which are e-mailed to your MU e-mail account in February and March.

WEBstudent Screens for Registration:

- Course Schedule Information
- WEBRegistration Approvals / Blocks
- Course Prerequisite Worksheet
- Search /Select and Register for Courses
- Register/Remove Previously Selected Courses
- Manage My Waitlist

Other WEBstudent screens that are helpful during Registration include:

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Questions ... contact

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JUSTICE

NETWORKING EVENT

Wednesday, March 29th 2017  
5 p.m. to 9 p.m.  
Wilson Hall

ALL STUDENTS ARE WELCOME

REFRESHMENTS WILL BE SERVED

The Criminal Justice Department designed this event to connect students with working professionals in order to explore internship and career opportunities in the fields of criminal justice and homeland security. Presenters include numerous representatives from local, state and federal criminal justice agencies.



# How to Overcome Rejection

MARIE SOLDO  
STAFF WRITER

According to *The Huffington Post*, rejection knows no bounds, whether that may be in a relationship, a friendship, or job. Everyone experiences rejection and it hurts; it makes us feel like we are not good enough or something is wrong with us. Although it hurts, there are many healthy ways to cope and deal with rejection.

A method of coping with rejection is to write down all the positives about yourself and read them daily. This method builds an individual's resilience so that when rejection is on the horizon, a person will not be as greatly affected by it. Characteristics such as being a great writer, a compassionate person, or making others laugh are all qualities to be proud of possessing. It is important to remember your worth and how important you are, not only when dealing with rejection, but in every aspect of your life.

Staying active will aid in a person's efforts to overcome rejection. Go for a run, hit the gym, or take your dog for a walk. These activities will help your mind and allow you to focus on other things besides the reason behind rejection. In addition, exercise helps to relieve one's stress, which might ensue once an individual has experienced some type of rejection.

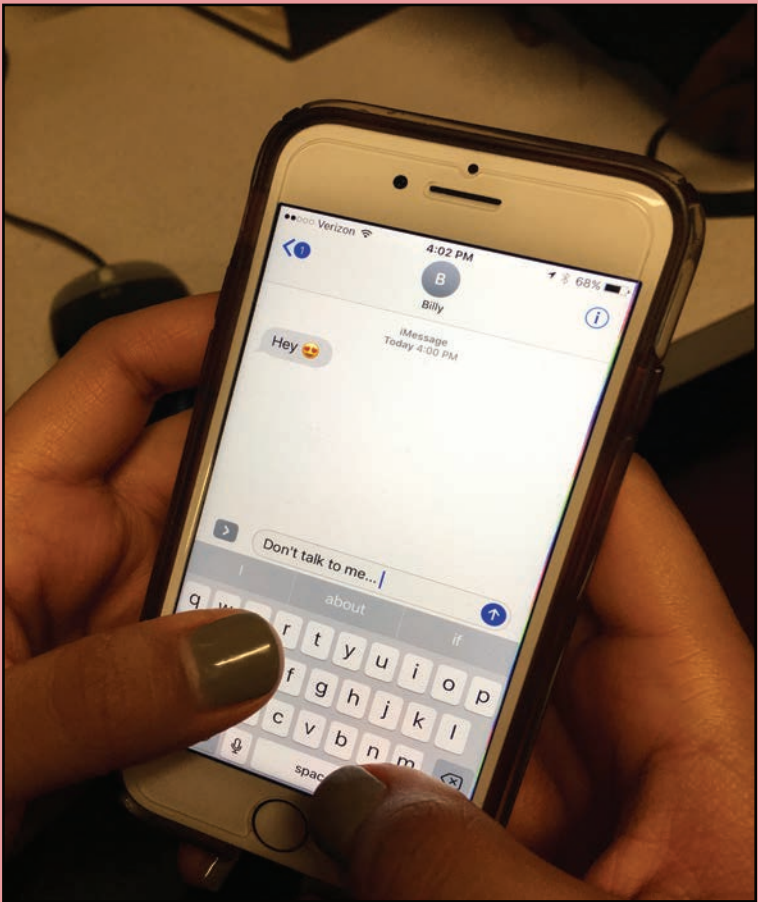


PHOTO TAKEN by Lauren Niesz

Rejection can be the instrument that encourages an individual to better themselves.

Michael Small, a junior social work student, takes time to himself when dealing with rejection. "I usually go to Pier Village to get some fresh air and figure life out. Rejection can always be a learning experience too, so I think about how to prevent any type of rejection in the future," said Small.

After being rejected from an internship, job, or school program it is important to reflect on what you can improve on to better yourself to meet future qualifications. Rejection reminds us that we are a work in progress, and there is always room for the expansion of knowledge and growth in the area of our expertise.

Kayla Cardona, a senior communication student, explained that rejection makes her feel as if she was not good enough. "I used to take acting classes growing up and whenever I would go to a casting call I would be really bummed if I did not get a call back. That experience taught me that life has a plan set out for everyone; I strongly believe that everything happens for a reason. If someone is rejected for whatever case it may be, it means that life has something better planned for you," said Cardona.

Eleanor Novek, a professor of communication, believes that rejection can sometimes be a positive thing. "I can tell you a funny story. Once I applied for a teaching position that I thought I really wanted. When I learned that I was not hired, I was upset. But when I accepted a different position, I met my husband and we have had many good years together. So rejections can have a silver lining" Novek stated.

Reframing rejection in a positive light reminds us that experience was not a part of our plan. We must recognize that the denial we experience in life might lead to future triumph. Surrounding yourself with positivity and remaining optimistic is vital in the effort to overcoming rejection.

Natalie Toro, a junior biology student, believes that a support system is necessary when dealing with rejection. "Whether it is family or friends, it is important to have people there for you to remind you that there are other opportunities out there. I tend to surround myself with positive quotes and positive people. I also do things that I really enjoy and put me at peace, like a walk on the beach, painting, or listening to music. Any rejection in a job or relationship does not define who I am or my worth," said Toro.

The next time the opportunity for rejection rolls around, use these ways to help overcome that rejection and always remember that when you experience rejection, you might be redirected to something better. To state the old age, "When one door closes, another opens." Harping on past failures blinds an individual of future possibilities and opportunities, so stay positive.

# FIGHT BACK AGAINST RACISM

KAAN JON BOZTEPE  
STAFF WRITER

If there has ever been a time when you felt bad for not saying or doing something, do not worry, we have all been there.

New Yorkers have noticed this problem and created "The Accompany Project." *The Huffington Post* describes the plan as a program put in place to prepare you for situations where anti-Muslim violence and threats occur. The project was created in New York after recent events of vandalism, racist graffiti, death threats, and chanting of white superiority occurred. The project hopes to teach bystanders when to step in and how to help others.

We are all one, this is our nation, and we must be prepared to protect those who are inappropriately being terrorized and harassed. Confrontation can be difficult for anybody no matter how confident they presume to be, but we must speak up and go hand-in-hand with a person that is dealing with any backlash that we have been seeing as a nation.

Scott Panzera, a freshman accounting student, said, "I think defense classes to fight back against racism are a great idea. Racism is, unfortunately, a major issue that takes place all over the world. People have every right to stand up for what they believe in. No one deserves to be treated differently just because of how they look or their culture."

Nobody is perfect and our society today needs to understand that. If people do not accept others for who they are and what they believe in, racism will always continue to be a worldwide problem."

It is more important now than ever to recognize that Amer-



IMAGE TAKEN from Arab American Association of New York

The Accompany Project hopes to spread nationwide to help potential bystanders understand the severity of racism.

ica is a melting pot. That we, the United States of America, should boast on how amazing it is to have a piece of every country, culture, religion, and race all in one country rather than to detest it. People travel the world simply to culture themselves and educate themselves on the beauty within each culture. Normalizing hateful rhetoric and behavior is not acceptable under any circumstance and New Yorkers are taking a stand. They have held bystander interventions from Harlem to Sunnyside, and over 500 New Yorkers have already attended within a short span of three months.

Nicholas Vail-Stein, a freshman software engineering student, believes that the implementation of these defense classes is positive, "We still have people that flaunt mindless racism and teaching people how to approach those with prejudices may yield positive results for all parties. There are a lot of factors to consider keeping all discussions of the topic civil and hopefully the classes will maintain opposition through peaceful means as a main goal. Overall, I support those who wish to speak out for what they perceive as wrong," he said.

Vail-Stein touched upon the importance of being civil and maintaining one's composure to avoid not stooping down to the oppressor's level, and rather fight peacefully with their words while others begin to support them.

Frank Cipriani, an instructor of world languages and cultures, shared his meaning of bigotry. "Racism is a germ of fear cultivated in a petri dish of ignorance. But it also has its origins in a longing to belong to something distinct group, some urge for tribal identity."

Cipriani recognizes that some might be bashing Muslims due to the belief that their morality is not universal, and is not logical to those that do not practice their faith.

"Using 'I' statements, aids the victim in moving the attacker beyond that collective identity of 'other' and back into a more empathetic frame. The most powerful part of standing up for others is that the hooligan imagines that the inaction of bystanders may signal an unspoken support of the attack."

If the motivation of the attacker is to belong, the best thing bystanders can do is show that they, along with the victim, are on the same team and that the racist is marginalizing himself by his position," said

Cipriani.

Since Sept. 11, 2001, not a single country that the current administration views as a threat has inflicted any harm on the American people. The Syrian refugees who are doing everything to escape their oppressing government now have visa issues due to the multiple screenings and on again off again ban administered by President Trump and his cabinet. Steve Bannon, the White House Chief Strategist, is controlling and constructing the controversial ban. Under the current administration, as American citizens all we can do is come together and work to protect the rights of all citizens.

The Accompany Project in New York is preparing individuals to combat racial tensions within the current cultural climate by preparing them with multiple scenarios. Across the Hudson River, here at Monmouth University, the increasingly diverse campus aims towards creating a climate of acceptance for all students. The campus is a small example of the efforts that those throughout the world have made to protect ethnically diverse individuals, as seen in The Accompany Project. The campus has hosted several protests and events to represent the interests and rights of each and every student.

We cannot stand for normalizing such horrific actions and will not allow the term "land of the free" die out. Many supporters hope that this organization will spread nationwide to assist people in speaking out for one another.

Together, we can silence the backwards minded individuals and stand united for all people no matter their religion, race, ethnicity or cultural beliefs.



# Does Drake's *More Life* Need More Life?

ALLISON PERRINE  
ENTERTAINMENT EDITOR

The highly anticipated moment has finally arrived. On Mar. 18, popular rapper, Drake (and actor if we want to #TBT to his *Degrassi* days), released his new album, *More Life*.

As a Drake fan, I was really excited for this album's release. Once it was out and I realized that there were now 22 new songs on the album for me to listen to, I had really high hopes. However, this album is quite trivial for me. Personally, I find that the album can be categorized into three sections: songs that I love, dislike, and am bored by.

There were definitely a number of successes on this album; I am not a hater of *More Life*. The album started out strong with "Free Smoke," the first song on the list. It starts out with a 35-second introduction of a woman singing, accompanied by a piano intro. Suddenly, Drake speaks for a quick sentence and instantly hits us with a great beat drop; the energy at this part of the song was strong.

"Passionfruit" is another favorite song of mine on the album. It's different in comparison from "Free Smoke" because it's a lot more relaxed. It reminded me of a song a few spots down on the album entitled "Blem," which I also liked. Both "Blem" and "Passionfruit" were melodic, chill, rhythmic beats that I could listen to over and over again without exhaustion.

"Lose You" came later in the album, and woke me back up after a few letdowns. What I liked

most about this song was the meaning behind it. "Lose You" talked about repairing and protecting relationships — both romances and friendships — and lessons he has learned along the way. It also talked about

prior to the album's release and was clearly a hit. If radio stations hadn't killed it since it was released, I'd probably still really like it. This song is incredibly catchy and definitely fits the mold of a typical radio

some of the ones on the album, which is something I typically lean toward. "Ice Melts" had an 'islandy,' Jamaican vibe to it.

Unfortunately, I found that some of the songs really failed. For example there were three

ing. I couldn't wait to skip to the next song.

"Gyalchester" was the next song; it started out exactly how "4422" ended, and I didn't like that song to begin with. It had a harder beat than "4422" did, but it didn't pick up as much as I wanted it to. I found myself bored with it, and I wanted to skip to the next song: a third letdown in a row: "Skepta Interlude," which I disliked for its lack of development and boring melody. It was quite unimpressive.

"Glow" was another song that I was not impressed with. Kanye West collaborated with Drake to make this song, which sounds like a promising combination. However, it was a let down. The words, "Watch out for me, I'm about to glow," continually repeated in the song, and I found myself getting irritated by this.

"I'm not too sure of what to make of this album," said senior marketing student and big Drake fan, Cassie Stiansen. "I had really high hopes, but I only really like about five or six of the songs on it. I wanted to love them all, but I just don't," Stiansen said.

On the contrary, senior education student Nick Corrado felt otherwise. "I liked it a lot," Corrado said. "Drake usually doesn't let me down, and I don't think *More Life* was an exception to that."

As for the rest of the songs, I generally found to be indifferent toward. Some songs I liked more than others, but overall none of them really blew me away. I'd give the album a 6.5/10 on the whole.



IMAGE TAKEN from www.bet.com

Popular rapper, Drake, dropped his latest album *More Life* on Mar. 18.

self improvement and ways to love yourself more. I liked how the song touched on friendships and relationships in one because often times in music, it seems as if songs get lost in all of that romantic nonsense.

"Fake Love" was dropped

hit today in the pop world.

The last song that I was really impressed with was "Ice Melts," a collab between Drake and Young Thug — a duo that has created music together in the past. It was a faster-paced and more upbeat song than

songs in a row that I really didn't like, and that's when I started to wonder what the rest of the album would be like. The eighth song on the album "4422" was the first one that I listened to and really didn't like. It was incredibly slow bor-

## Bravo Amici Performs at MU

### PRESS RELEASE

The Center for the Arts at Monmouth University has announced that tickets are on sale for a special benefit concert, featuring the vocal ensemble Bravo Amici, presented on World Autism Day, April 2.

At 8 p.m. inside the recently refurbished Pollak Theatre, the event represents an encore appearance for the touring sensation led by New Zealand native Geoff Sewell — the tenor, impresario and philanthropist who co-founded "the world's first opera band," Amici Forever. For the crowd-pleasing show's return to the West Long Branch campus, Bravo Amici will deliver its signature mix of modern Broadway classics (Phantom's *All I Ask of You*), song-book surprises (Dean Martin's novelty *That's Amore*), and favorite operatic arias (La Traviata's *Brindisi*) — with an extra dimension of relevance to the Autism Day cause, and a special treat in store for the Monmouth audience.

Produced in partnership with the New Jersey chapter of the nonprofit Autism Speaks and the Autism MVP Foundation, proceeds from the concert will go to benefit the missions of both these organizations. The partnership is also one that carries a personal element for Sewell, as he and his wife Simone are themselves parents to an autistic daughter, Sienna. For the April 2 concert, a special video for the original song "Heal Me" — co-written by the Sewells, and featuring Sienna as well as her sister Olivia — will



IMAGE TAKEN from www.monmouth.edu

Bravo Amici will perform a benefit concert for autism on World Autism Day, April 2.

be screened above the Pollak Theatre stage.

As an additional component of the alliance with Autism Speaks NJ and the Autism MVP Foundation, the concert will be presented concurrent with the opening of ART+AUTISM, a juried exhibition designed to showcase the work of artists living with Autism Spectrum Disorder, and to illustrate the ways in which art helps those individuals and the community to understand and address the challenges of living with autism. Select artwork will be offered for sale (with a portion of proceeds dedicated to Autism Speaks NJ and the Autism MVP Foundation), in the exhibition that hosts its free, public-invited April 2 opening reception from 5 to 7 p.m., with the art remaining on display through May 31 at the theatre building's in-house Pollak Gallery.

Following the World Autism Day gallery reception, Geoff Sewell and his stable of talents from Incognito Artists take the Pollak stage for the first time since the auditorium's renovation project that included installation of 700 new seats and an enhanced performance area — the better to accommodate Bravo Amici's celebrated "mix of handsome tenors and stunning divas" who "perform an uplifting, moving collection of well-known classical and contemporary arias."

Tickets for the World Autism Day concert by Bravo Amici are priced at \$45 and \$60 (with a Gold Circle seating option priced at \$100), and can be reserved through the Monmouth University Performing Arts Box Office at 732-263-6889, or online at www.monmouth.edu/arts.

## Come See the Rock N' Raise Benefit Concert

### PRESS RELEASE

**When:** Mar. 31, from 3-5 p.m.

**Where:** Jules L. Plangere Center for Communication at Monmouth University, West Long Branch.

This is a benefit concert that will be broadcasted live on *Hawk TV* and *WMCX*. Performances include sets from bands Halogens, Shark Club, Jake Ewald of "Slaughter Beach Dog," and Drive, Kid.

Tickets are on sale for \$5. To purchase a ticket you can stop by the *Hawk TV* Office in Plangere or email hawktv@monmouth.edu.

Sponsors of the event include American Cancer Society, Avid, ZTA, Relay for Life, University Subs, Bagel Guys Deli, The Outlook, Bubbakoo's Burrito's, Amy's, and Scala's Pizzeria.

Prizes will be raffled off to attendees. All money raised is donated to The American Cancer Society and Relay For Life.

**About Hawk TV:** *Hawk TV* is Monmouth University's student run television station. Since 1997, *Hawk TV* has been serv-

ing Monmouth University and the surrounding community with original programs, and providing students the opportunity to work in a professional television environment. Monmouth students of any major can participate in production, programming, promotion, outreach, and in station leadership positions. In our state-of-the-art studio, the Monty Television Studio, crew opportunities include directing, producing, audio engineering, lighting, set design, camera work, graphics, along with on-air roles. *Hawk TV* gives students hands-on television production experience from the moment they step on campus.

Housed in the Jules L. Plangere Jr. Center for Communication and Instructional Technology, *Hawk TV* is programmed 24 hours a day, 7 days a week on Channel 12-1, and is available online. Original shows are produced throughout the week and general meetings are held during the semester in JP 138 every Wednesday at 3:45 pm.

To keep up to date with *Hawk TV* you can follow us on Instagram, Twitter, and Facebook @Hawktv12

# HAWK TV

## CHANNEL 12-1

IMAGE TAKEN from www.youtube.com

*Hawk TV* will broadcast this year's Rock N' Raise benefit concert on Mar. 31.



# Record Club Reviews Sgt. Pepper's Lonely Hearts Club Band

NICOLE SEITZ  
COPY EDITOR

Tuesday Night Record Club took a look at “the act you’ve known for all these years,” The Beatles, and covered the album that inspired bands like The Who, The Beach Boys, and so many others to change their sound in a big way. Over 100 people – MU students, faculty, and other community members alike – met in Lauren K. Woods Theatre to discuss the influence of one of The Fab Four’s most iconic albums, *Sgt. Pepper’s Lonely Hearts Club Band* on Mar. 21.

Beatles fans were welcomed into Woods Theatre to dive into the stories, production, and musicianship behind the album. The discussion was led by the Dean of the School of Humanities and Social Sciences, Kenneth Womack, and professional photographer and Beatles enthusiast from New Orleans, Jason Kruppa. The two began by explaining how the making and release of the single “Strawberry Fields Forever” was a big turning point for the band. The single was supposed to be a part of the album, but ultimately was released in February of 1967, four months before *Sgt. Pepper’s* was released on June 1, 1967.

Although it was not part of the album, “Strawberry Fields” was a good indication of the new direction The Beatles were headed toward by really taking the time to physically cut tapes of recordings of different takes to make the exact sound the guys were looking for. They discussed how recording technology was not nearly the same as today, and to merge different takes of a song together or to cut small parts of

a song out was not easy.

A normal album would have taken about 10 hours to record and master, *Sgt. Pepper’s* took 700 hours. This statement alone shows us how much thought the guys (mostly John Lennon, Paul McCartney, and George Martin, their producer), put into this composition. Dean Womack made a comment about how the job of rock bands at this time was to make an album really fast and then go on tour for it. The Beatles were so popular and successful, they didn’t have to stick to those industry norms.

Dean Womack described the album as being timeless for all of the “musical colors” it portrays in our head rather than a concept album, which many people tend to label it. The album begins with the title track “Sgt. Pepper’s Lonely Hearts Club Band,” which Dean Womack says is most iconic for it’s Jimi Hendrix-esque “dirty guitar” sound that wasn’t like typical Beatles music.

Also, the term “Billy Sheers” was coined from this song to describe a melodic configuration that creates a sense of resolution, what in music theory is a cadence. This song goes right into the second track “With a Little Help From My Friends” and Kruppa explains how the whole album is recorded so that there are no pauses in between any of the songs, also uncommon for bands to do at this time.

The next song discussed was the third track “Lucy in the Sky with Diamonds,” which is often remembered for the initials “LSD,” but is actually about a painting by John Lennon’s son, Julian when he was 3 years old. Dean Womack described Lennon’s fascination with *Alice Through the Looking Glass* and a

whimsical adventure feel that this track definitely gives the listener.

The next song that was talked about was “Being for the Benefit of Mr. Kite!” which is the seventh track on the album. Lennon stopped into an antique shop and found an old Victorian circus poster and that is what inspired the whole song. This is an example of what Dean Womack describes Lennon’s song writing as ‘using many found objects,’ taking things from everyday life and making them art. This song was a pivotal example of bringing Avant Garde style into the mainstream, Kruppa commented. An audience member said, “This is a song meant for headphones.”

The next song on the album is “Within You Without You,” one of George Harrison’s only contributions to this album as he has been quoted saying “This is the album I learned how to play chess” because Lennon and McCartney did a lot of the song writing. The sitar, an eastern style of instrument is probably the most significant in this song and according to Dean Womack it very much represents the hippie style and progressiveness that the 60’s was going for and really “gives the album another flavor.”

Dean Womack then played the 12th track “Sgt. Pepper’s Lonely Hearts Club Band (Reprise)” without guitar tracks to make the point that the Beatles were actually very great singers. This reprise brings back the “theme” of the album right before the great ending of the album.

The last track is “A Day in the Life,” the track that is known to “change the record and change the band.” Dean Womack describes the message of this song as Lennon’s cry



IMAGE COURTESY of Michael Thomas, Associate Dean of the School of Humanities & Social Sciences  
Panelist Jason Kruppa talked about the Beatles’ hit album, *Sgt. Pepper’s Lonely Hearts Club Band*.

for class consciousness. The song was inspired by two news articles Lennon found about a car crash and about holes in streets. The line “I’d love to turn you on” is very much debated about and Dean Womack describes it as Lennon’s call to awaken people to what is going on in the world and to pay attention to these issues with class.

Next, we go into discussing the middle section of the song written by McCartney that is called “Freak Out” which transitions the song from a slow ballad into a narrative about a working man which adds to the social commentary of the whole song.

Overall, the album proves to be

very unique and influential not only at the time of the album’s release, but has had a lasting influence in music up to today. The Beatles put the most creativity and experimentation into this album and it really was a work of art in every way.

The Tuesday Night Record Club Series has been brought to the university through our GRAMMY Museum Affiliation. The club has done record reviews for Nirvana’s *Nevermind*, Bob Dylan’s *Blonde on Blonde*, and Blondie’s *Parallel Lines*. They plan to have their last Tuesday Night Record Club meeting for this school year on Bruce Springsteen’s Nebraska on April 25 at 7:30 p.m. in Wilson Auditorium.

## Shadow Warrior 2 is a Success

JOHN MORANO  
STAFF WRITER

The first *Shadow Warrior* title released in 1997, and is considered by many to be one of the best games of its decade. It is best known for its implementation of role playing game (RPG) elements within the first-person shooter genre. *Shadow Warrior* also had something of an unusual and compelling plot, which helped make it a crowd favorite. The newest entry in the series, *Shadow Warrior 2*, attempts to create a successful, modern game from this classic hit, and, at least in my eyes, it succeeds with flying colors.

In the game, you play as Japanese mercenary Lo Wang. The story is character driven, and Lo Wang makes an excellent driving character. If you’re familiar with Deadpool, you more or less know what you’re getting with Lo Wang; he’s a wisecracking character with

a tendency to both amuse and annoy friends, enemies, and *Shadow Warrior 2* players alike. The game starts out with Lo Wang accepting a contract from the Yakuza (Japanese Mafia) to rescue one of their associates; unfortunately, Lo Wang is somewhat late with his rescue, and his target falls victim to a nasty case of demonic possession. Without giving too much away, the rest of the game is pretty much Lo Wang attempting to pick up the pieces from this debacle, while saving the world (again). *Shadow Warrior 2* never takes itself too seriously, which makes the plot a pleasant and entertaining ride.

Combat in *Shadow Warrior 2* is best described as hack-and-slash. Rather than attempt to be tactical, *Shadow Warrior 2* tries to stimulate its players with fast-paced action combat. There’s a sense of momentum to the gameplay reminiscent of Warframe, where one can hurl one-

self at enemies to minimize incoming damage. An average encounter typically involves fighting a large group of enemies and quickly focuses on the least-tanky opponents. One would do this by running, sliding and jumping towards target enemies/away from others, and using one of nine carried weapons. The lack of a third-person perspective seemed to make the gameplay more frantic than similar third person experiences, and gave *Shadow Warrior 2* a unique feel. Combat in *Shadow Warrior 2* darted in and out of enemy groups, dealing as much damage as possible, before retreating and recovering.

Weapons are another aspect of this game that are worthy of praise. There are over 70 weapons in *Shadow Warrior 2*, including various assault rifles, shotguns, machine guns, rocket launchers and more. Collecting weapons adds depth to gameplay, compounded further by

the ability to customize them with mods. One mod may add a variety of characteristics, such as life steal, elemental damage, or attack speed. This customization of a large weapon pool allows for diverse gameplay, and considering that so much of *Shadow Warrior 2* is hack-and-slash gameplay, it’s important for combat not to become stale.

The production values in *Shadow Warrior 2* also pass muster. It’s a beautiful game with incredibly detailed environments and character models; beyond this, the music is upbeat, and the visual/audio effects are impactful. These elements complement the gameplay effectively, and allows one to become better immersed in the hack-and-slash rhythm.

It’s also important to note that corners were not cut on voice acting. *Shadow Warrior 2* featured many lines of recorded dialogue and top-tier voice actors. The voicing of series protagonist Lo Wang in particular was well-done; I was impressed by how the varied taunts he yelled at enemies mid-battle helped establish his personality.

One thing I want to be absolutely clear on: *Shadow Warrior 2* earns its M-Rating... and then it earns it again. In this system, bodies and weapons are designed to interact so that different weapons and damage types dismember bodies in unique ways. For example, a pistol will take different sized chunks out of an enemy’s body than a shotgun will, and flame damage will affect a body differently than electricity, poison, or ice.

However, shooting limbs off of enemies mid-fight serves a gameplay function. Most of the enemies you’d be fighting are demons, and I personally found the strangeness of such fights kept the gore from be-

ing disturbing. That said, there are a reasonable number of human encounters, and some might find the procedural gore system disturbing when fighting humans; early-on it caught me a bit off-guard.

*Shadow Warrior 2* is not remotely politically correct. Actually, it goes out of its way to be politically incorrect, and as such those who value political correctness may not enjoy this title. Case and point: the game’s protagonist is a Japanese man named “Lo Wang.” For those unfamiliar, “wang” is a euphemism for male genitalia, and the game uses this fact to create numerous jokes, as humor is a core element for this series’ plot. Humor in *Shadow Warrior 2* is often sexual and/or racial, which could be either a draw or a downside. I found *Shadow Warrior 2* to be quite funny, and judging by the title’s positive rating on steam – overall 90% positive feedback – most who played it felt the same.

I’m typically not into hack-and-slash style games, but *Shadow Warrior 2* won me over. Between the gameplay depth, production values, tongue-in-cheek humor, and surprisingly decent plot, I found it to be a fun 30-hour ride. In fact, if the game gets any more DLC/postgame expansions, I would be quite eager to pick it up again. I’d rate *Shadow Warrior 2* at 8.5/10, and I wouldn’t be shocked if someone who appreciated hack-and-slash more than I do scored it higher. For everyone else with a fondness for action games, particularly hack-and-slash, I’d highly recommend this game. That said, this game is clearly not for everyone, and if you could see over-the-top gore or politically incorrect humor hurting your experience, then I’d have to recommend passing on *Shadow Warrior 2*.



IMAGE TAKEN from <http://www.trustedreviews.com>

After the first title was released in 1997, *Shadow Warrior 2* was even better than its original title.



# Moments at Monmouth



**LEFT:**  
SISTERS OF ALPHA OMICRON  
PI HOLD A WIFFLE BALL  
TOURNAMENT TO "STRIKE OUT"  
ARTHRITIS.  
(PHOTO TAKEN BY COURTNEY  
BUELL)



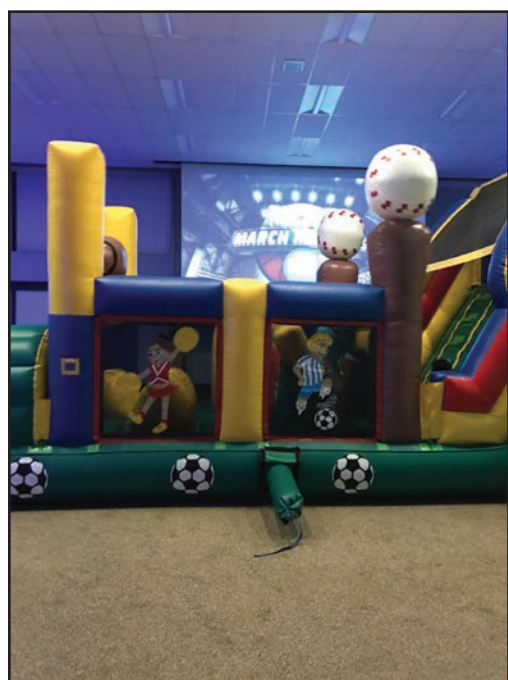
**RIGHT:**  
THE SEA SHARPS, MONMOUTH'S  
A CAPELLA GROUP, PERFORMS  
AT ACAFEST.  
(PHOTO COURTESY OF MELANIE  
DOE)



**LEFT:**  
SOPHOMORE TEDDY ROBINSON,  
RELEASES A NEW SINGLE,  
"FRIENDZONE," WITH BLUE  
HAWK RECORDS .  
(PHOTO TAKEN BY ANTHONY  
COSENTINO)



**RIGHT:**  
SENIORS NICOLE SEITZ AND  
DAVE DEPAOLA PERFORM AT  
MU GIVING DAY.  
(PHOTO TAKEN BY ANTHONY  
COSENTINO)



**LEFT:**  
SAB HOLDS A SPA AND SPORTS  
NIGHT FOR STUDENTS TO RELAX  
AND PLAY.  
(PHOTO TAKEN BY MEGAN  
KUDISCH)



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COMPILED BY: AMANDA DRENNAN



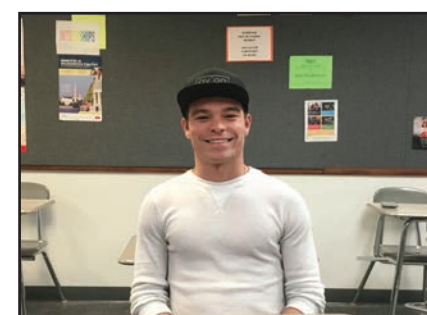
**Hannah**  
**Senior**  
"My dance recital."



**Brianna**  
**Sophomore**  
"Better weather and applying for  
internships."



**Alexa**  
**Junior**  
"The warm weather."




**Kevin**  
**Sophomore**  
"Springfest."



**John Feldmann**  
**Political Science Adjunct Professor**  
"To finally get warm weather and have  
time over the break to perfect my spoken  
Russian."





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# Alpha Omicron Pi ‘Strikes Out’ Arthritis

ALLISON PERRINE  
ENTERTAINMENT EDITOR

Even with three strikes, you’re still winning! The Alpha Omicron Pi sorority hosted a whiffle ball tournament to ‘strike out’ arthritis, the organization’s national philanthropy, on Mar. 25.

At noon on the greens in front of Wilson Hall, Alpha Omicron Pi hosted a whiffle ball tournament. The money raised at this event was donated to the Arthritis Foundation, which is the sorority’s philanthropy.

An estimated 75-100 attendees turned out on that Saturday afternoon, in addition to nearly 100 sisters in the organization.

Jessica Hertman, a junior English and secondary education student, is the sorority’s philanthropy chair and was in charge of running the event. “Overall, I think that the event went very well. Multiple different organizations showed up to play whiffle ball games, as well as parents and even some alumni!” Hertman continued, “All of the teams became very involved in the games and it became a big competition which is what makes it so fun.”

“I had a good time playing whiffle ball with my friends,” said senior accounting student and Alpha Kappa Psi member Angelo Adamo. “I played three games; there were about seven people on my team. It was fun, and winning was an added bo-



PHOTO TAKEN by Courtney Buell

Members of Alpha Omicron Pi pose for a photo together as they watch the teams compete.

nus,” Adamo joked. This was the second Strike Out event that he had attended.

Not only did members of Greek organizations attend the event, but other Monmouth students came together to support this cause as well. Junior business marketing student Mike Coury, for example, came because he thought the event sounded like a good time.

“I really liked that they created a fun, interactive way for all the Greek organizations to come together for the cause,” Coury said. He continued to say that he attends “a fair amount of Greek events” at MU because

he likes the idea behind philanthropy events; Alpha Omicron Pi’s Strike Out event was no exception.

“I enjoyed seeing the sisters of Alpha Omicron Pi come together to help a great cause,” said senior business management and marketing student Frankie DiGangi. DiGangi headed to the event in the second half of the day to catch the championships and said that it seemed like the players were having fun, no matter which organization they were in.

DiGangi was not alone in this thought. Sophomore communication student and Alpha Omi-

cron Pi member, Gina Priore, agreed that her favorite part of the event was the “Greek unity” amongst participants and observers. “I think that this event shows true Greek unity. There’s a bunch of different organizations here that come together to help one cause, and that’s really great,” Priore said.

Admissions Counselor and Alpha Omicron Pi alumna of the chapter, Kristin Waring, said, “It is a really great fundraiser for a really great cause and everybody has a good time.”

The organization was able to raise a notable amount of money after this event was over. Hert-

man later added that the sorority donated over \$1,000 to the Arthritis Foundation between funds raised from Strike Out and a previous event, Pie and A-O-II. This event occurred earlier in the week and allowed people to purchase a ‘pie’ of whipped cream for \$2 a piece and pie a sister in the face.

“I had a lot of fun,” said senior marketing student Cassie Stiansen. “This was my third Strike Out event since I joined the sorority and I still love going to it. It’s for a great cause, and I love giving back to this foundation.”

Stiansen continued to share that her favorite part of the event is watching the games and seeing how much fun the crowd has. Jokingly, she added that the amount of people who bring their dogs are also a fun part of the day.

The event is held annually by this organization each spring semester. The group was not the first to hold this event out of all of the Alpha Omicron Pi chapters, as it is the common fundraising event that the sorority hosts nation wide.

For next year, Hertman suggested that the new philanthropy chair to book the date of the event for later in the semester, “so that the weather is warmer,” she said.

Hertman continued, “I also think that the event should be promoted more overall on campus. I would love to improve the role of sisters during the event as well.”

# SGA Receives ‘Rising to the Challenge’ Award

DANIELLE ROMANOWSKI  
STAFF WRITER

Monmouth’s Student Government Association (SGA) attended Conference on Student Government Associations (COSGA) at Texas A&M University this past month and received the “Rising to the Challenge” award for their successes as a senate.

COSGA is a 3-day, international conference for student governments around the globe to convene, network and problem solve in order to improve and strengthen their senate.

Every year, Monmouth sends several delegates to represent the university and bring back new ideas to improve our student government as well as pass ideas along to other schools in attendance.

For the past 36 years, Texas A&M has provided colleges and universities the opportunity for senators to come together to network and learn from each other.

This year, Monmouth’s SGA delegates held a presentation titled “Utilizing Resources: Maximizing Your Student Government Experience.” Phil Russomanno, Academic Affairs co-chair on senate commented on this award-winning presentation.

He said, “We were able to travel to College Station and present a good presentation about using your resources on campus as a student government. Not only internally with your administration and faculty...but also how to reach out to other student governments,

and utilize them as well.”

He continued, “The presentation was a very big success. We had over 60 people attend and that helped us seal the deal in receiving a very important award. This is definitely going to have a positive influence on future student governments at Monmouth and also show Monmouth University on an international scale as well.”

This award was given to Monmouth University not only due to their presentation, but also because of the feedback initiative that the academic affairs committee had on campus that was explained in their presentation.

Alyssa DellaVecchia, COSGA delegate and SGA sophomore senator commented on what this award means to her. She said, “Winning the award really proved that all of the hard work student government puts in really pays off. It was so great to receive recognition for something we worked so hard on.”

Attending this international conference was not only beneficial for Monmouth SGA, but the university as a whole. The conference proved to be a networking opportunity not just for the organization but for the University as well.

Alyssa commented, “It’s really important for us to attend conferences like these because as a small university many people might not know who we are. Getting our name out there is a good light at a conference like this, and can help expand knowledge and interest in our university.”

SGA Advisor and Direc-

tor of Off-campus and Commuter Services, Vaughn Clay explained its importance to senators and the university as a whole. He said, “The overall benefit of attending COSGA has been Monmouth University’s ability to learn more about improving the way that it operates, while also sharing some of the good work that our SGA has been doing over the years.”

Clay continued, “The members of Monmouth University’s SGA who have gone to COSGA have been able to interact with, learn from and share new ideas with other SGA students from all over the United States and South America.

Those interactions have proven invaluable as they have, for example, introduced important initiatives such as the Big Event to the Monmouth University community, while also building on the leadership skills of the students who have attended the conference in the past.”

As Clay mentioned, the Big Event that Monmouth SGA’s holds every year, originally started at Texas A&M. After learning about it years ago during this conference, senators brought this idea back to Monmouth and created our own annual campus wide day of community service.

SGA’s attendance at COSGA helped showcase the great work this organization puts into bettering our campus community, set an example for other students governments and was rightfully rewarded for their hard work and dedication to our university.

## Club and Greek Announcements

### CommWorks

Interested in performing? Want to work with a group of dynamic students who are committed to having fun and creating performances of social relevance for college students? Join CommWorks! We meet Wednesday at 2:45 in JP 235.

### Colleges Against Cancer

Colleges Against Cancer urges students to come out to their annual Relay for Life event, sponsored by the American Cancer Society. The event is this Friday, Mar. 31 and will be held in the OceanFirst Bank Center.

### The Outlook

The Outlook is looking for students interested in writing for the student-run newspaper. Sections in need of writers include News, Opinion, Politics, Lifestyles, Features, Entertainment, Club & Greek, and Sports. No experience necessary.

### HawkTV & WMCX

HawkTV and WMCX will be holding Rock and Raise, a benefit concert with proceeds going to the American Cancer Society, on Friday Mar. 31. Tickets are \$5. For more information contact a member from either organization.



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# Hawks Cruise Toward Healthy Living

AMANDA DRENNAN  
VIEWPOINTS EDITOR

It's no secret that parking is an issue on Monmouth's campus, and there are several ways this problem has been attempted to be solved.

In New York City, there's a very popular sharing system of bicycles called, Citi Bikes. There are daily passes or annual memberships, and riders are able to take and return bikes from one of the many different stations and return them to the one closest and most convenient to their destination.

In the city, there are over 10,000 bikes and 600 stations to return the bikes. The purpose of this system is to help go green, promote exercise, and have fun.

A system like this at Monmouth would be helpful, because it's a way to help eliminate the struggles of parking on campus. There are a few locations around campus that would help give Monmouth the same benefits that Citi Bike gives to New York City.

There could be bikes located on both the academic and resident sides of campus, and also the Bluffs and Pier Village. This would allow almost all students close enough to campus to have the opportunity to skip the drive and ride a bike to get to school.

Dr. Merrily Ervin, Coordinator of School of Science General Education Courses, said, "Bicycling is an excellent form of aerobic exercise. If this program generates interest in the use of bicycles as a mode of transportation that persists after graduation, that could have a very beneficial health im-

pact."

The use of bikes from closer off-campus apartments or homes would take some pressure off of finding a parking spot that's close to your class (if you're lucky), or just a parking spot in general.

Shannon Otten, a senior health studies student, said, "The campus would benefit from a bike service in many different ways. Not only would it help reduce the stress of parking, but it would also be ecofriendly."

The use of bikes around Monmouth would reduce the amount of cars on or around campus. This would help reduce not only the fuel fumes that release into the air, but also the amount that is purchased to fuel the vehicle itself.

Riding bikes throughout campus would promote exercise. There would not only be the option of Pier Village residents to ride bikes to campus, but on-campus students who don't have cars would be able to take a short bike ride to the beach.

This feature would be a constant option for students to get off campus without having to rely on a shuttle.

It would also be a lot cheaper and easier for students to ride a bike places off campus instead of renting a Zipcar. Students could enjoy a bike ride and would not have to worry about finding parking, or possibly paying to park when they arrive at their destination.

Stephanie Young, a junior English and secondary education student who lives in the bluffs, said, "I think this system would be re-

ally helpful for students who don't have cars on campus; this way they can travel around the area or to classes whenever they want."

Having your own bike on campus is always a possibility, but it is harder for some students to store bikes in dorms or having to choose to leave them outside in the unpredictable weather. With the option of a bike sharing system, there would always be a place for the bikes to be stored, and they would withstand any weather conditions.

Christian Esola, Fitness and Wellness Coordinator at Monmouth, said, "There could be

tremendous health benefits (depending on just how far you could take these bikes). Say, for example, students could take bikes from their dorms at the University Bluffs over to the main campus, which is approximately 1.5 miles."

According to the American College Health Association, 56.4 percent of students are not meeting the recommendations of moderate exercise.

With the addition of bikes on campus, students would have the opportunity to use the shared bike system to get exercise outside of the gym, for those who are not

particularly fond of running in place.

Esola continued, "Going back and forth even once per day would provide someone with about 20-35 minutes of cardiovascular activity (depending on how fast you were going), which coincides with the minimum recommended amount for general health benefits. Essentially, you could get your 'work-out' for the day from a program like this."

Having a shared bike system would be very beneficial to many students, whether they're on or off campus.



Much like Citi Bike, Indego is a Philadelphia based bike sharing system found all over the city.

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MUPD  
CRIME BLOTTER

3/9-3/23

8:30-11:00 AM

Theft- Gold Chain

Redwood Hall

3/11

12:34 AM

Simple Assault (Domestic Violence)

North Campus

Monmouth University Police Department

Phone: (732) 571-4444

(On-Campus Ext. #4444)

Confidential Hotline: (732) 263-5222

E-mail: MUPD@monmouth.edu



# Mid-Majors as Told by the Committee

MICHAEL TRAPASSO  
CONTRIBUTING WRITER

The 2015-16 Monmouth University Basketball team is no different than any Monmouth team in the past. They are, have been, and always will be a mid-major. What is a mid-major?

Well, we on the ever-esteemed NCAA Tournament Committee would be glad to answer that question for you, but give us a second please, Duke and Kentucky are tied up in the first half, and we cannot miss this.

Oh, that John Calipari offense is so efficient, and he is only doing it with six McDonald's All-Americans. Wow, he just knows how to find them. Okay, where were we? Ah yes, what is a mid-major? Mid-majors always make for a fun time. These are the teams we invite to our historical arenas early on in the season, to get our top programs running before conference play.

You know how in horse racing, trainers like to have their horse mock race against a much slower horse to boost their confidence and get them into the winning groove?

This is essentially the mindset we have adopted regarding mid-majors. When our royal blues like Kentucky and Duke face off on *ESPN*, and any other channel that gets the gracious opportunity to broadcast us, we need our one-and-dones to be in perfect form.

While our guys benefit physically and statistically, our strong-hearted mid-majors get the great experience of playing basketball alongside them in some of the highest regarded basketball hubs of the world. Even though the high-major gets the check in the win column, really everyone wins, right?

The only time we have an issue with mid-majors is during that second Sunday of March, Selection Sunday. Oh, how they



IMAGE TAKEN from Monmouth Basketball's Facebook page.

Monmouth basketball players have gotten a bid to the NCAA Tournament, and here is why- according to the committee.

whine. All the mid-majors that fail to win their conference tournament believe they are entitled to a spot in our big dance, chaperoned by us, the committee.

I guess for this we have to thank the 1984 Brigham Young Cougars, the only mid-major program to make it through our gauntlet of NBA prospects and student-athletes who spend one year at University for a chance to perform in this tournament. Oh, but the student comes first, yes. How could we forget the upheaval from that little school last year, what was it, Mon-Mouth? That little school in West Branch, New York that thought Cinderella's slipper would fit their foot, oh how amusing.

Somew here under this stack of Michigan State versus Kansas tapes is that little Mon-Mouth resume. Got it, one of

our interns made this up last year so pardon any mistakes. Hmm, this feels rather thick for a mid-major resume. Well, let's read anyway. It must just be superfluous pictures of their mascot.

Okay, the "Mon-Mouth" resume. They finished the regular season first in the MAAC conference, whatever that is, with a record of 17-3. They swept seven of 10 teams during league play in a conference that has the most conference games out of any in the nation—20 league games per team.

More importantly, though, they lost to Manhattan, Canisius, and Iona...all community colleges. Overall, Mon-Mouth finished 25-6 and led the nation in road/neutral wins with 17. They also ranked 20th in the country in strength of schedule. Mon-Mouth's fun started in their first game of the year

when they beat UCLA at Pauley Pavilion, though that wasn't supposed to happen. Everyone, including our beloved Bruins, has a bad night.

Mon-Mouth's joy ride continued at the Advo-Care Invitational in Orlando. As if enjoying the Magic Kingdom for a day was not enough fun for this selfish little mid-major, they beat the then-ranked 17th team in the country Notre Dame. Luckily, they got blown out by Dayton in the semi-finals, losing 73-70.

Still, they couldn't just be happy with a trip to Florida and a win against the Irish, as Mon-Mouth then went on to beat USC in the third place game. We even threw Mon-Mouth's point guard Teddy Robinson a pity MVP award, as he passed Michael Beasley's former tournament points record, notching 77 points in three games.

The only other game of the year that we care about came in the Verizon Center at Washington D.C., as Mon-Mouth traveled for a chance to play with our tournament usuals, the Georgetown Hoyas.

This must be an error, because it says on our sheet that Mon-Mouth won the game 83-68, behind a 15-16 free-throw shooting night from a four-star recruit named Je'lon Hornbeak. It also says that at the time Hornbeak was the number one free throw shooter in the nation, which is how you know an intern prepared this resume.

Regardless of beating almost every high-major on their schedule and going on a five-game winning streak four different times throughout the year, Mon-Mouth lost their conference final to Iona.

Also, why should we award them a ticket to our pre-sold dance when they already received a bunch of awards? Teddy Robinson won MAAC Player of the Year. Micah Seaborn won MAAC Freshman of the Year. And finally, King Rice (who played at North Carolina, but we will have to fact check that), won MAAC Coach of the Year.

You know who really deserves a spot in our tournament? Tulsa. This high-major Gold Hurricane crew finished the year 20-11 and 12-6 in conference play. They really showed they can compete when they lost a nail-biter 70-68 to Oral Roberts, or when they lost to Cincinnati 76-57 (but Cincy was ranked!).

Plus, Joe Castiglione, who used to work at Tulsa, is on our committee and he tells us that Tulsa is a team to watch. Think of it this way, Tulsa had to play a team like Memphis, twice! Maybe we should pit Mon-Mouth against Memphis next season and see how much they like it.

Tuesday, December 13, 2016: Monmouth 82, Memphis 79.

## Post-Graduate Life

CLAUDIA LAMARCA  
CONTRIBUTING WRITER

Seniors- we all know how dramatically we cringe at the thought of the g-word: graduation. With May right around the corner, the senior class is looking forward to what's next; not picking classes for next semester like the rest of the campus population, but applying for further schooling, choosing where to travel, or even picking the right job.

So, before we walk across PNC with pomp and circumstance playing in the background, here are a few tips for life after graduation, so we can transition from a college senior to a functioning adult with ease.

Michelle Gonzales, a Monmouth alumna with a B.A in communication, advised, "My tip for graduating seniors is to keep an open mind. When searching for a job, read deeply into what the day-to-day tasks are. What you enjoy doing may be out there, but not necessarily where you'd expect to find it."

"You go to school for 16 years, and after you graduate, you are expected to fill a role in which you may think is out of reach. The reality is, is that

you won't know everything you're supposed to when you start – but you're also not supposed to," Gonzales said.

Gonzales encourages graduating students to go into the workforce confidently. No matter you're your sub-conscious may be telling you, you have the skills to accomplish anything.

Casey Hanna, a senior education student, said, "I don't necessarily know what route I want to go in after I graduate, but I know I am not solely limiting my path to my degree in education."

Hanna continues, "My love for field hockey has led me to look for assistant coaching jobs, at various levels. The idea of giving back to the game that has meant so much to me makes me so excited."

For students in the communication department, it is a requirement to take a Career Prep class, and to complete a resume. Since I had taken that class sophomore year, I haven't really focused on updating it regularly.

Recently, I visited Ellen Riley in Career Services for her help with my resume and for applying to internships for the summer. To say Career Services is helpful is definitely an understatement.

Riley helps students with resumes, cover letters, applying for internships and jobs, and helping to prepare students for job interviews.

As a communication student, it is a requirement to take a career preparation class within the program, and to complete a resume. Ellen Riley, the Job Placement Director in Career Services, said, "It is important for anyone to be utilizing all the resources here at Monmouth, including Career Services."

"All experiences should lead to gaining confidence and creating a strategy to continue to grow as an individual, and ultimately contribute to an organization and society," she continued.

Riley encourages students to, "use these few weeks as time to prepare for 'what's next'. May it be grad school, an internship, or a full time job. There are so many resources at Monmouth to use, and take advantage of before our time is done."

Riley leaves us with this last piece of advice: "Talk to career services, graduate services for different majors, assistantships, etc. Really dig deep for this one, I think it'll be great!"

# Ball 4 A Cause Basketball

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Meet and Greet with the Monmouth Basketball Team  
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Ocean First Bank Center

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# Baseball Sweeps Quinnipiac to Open MAAC Play

JOHN SORCE  
CO-SENIOR/SPORTS EDITOR

The bats woke up for the baseball team as they scored 38 runs on 36 hits in three games to sweep Quinnipiac over the weekend to open up Metro Atlantic Athletic Conference (MAAC) play at MU Baseball Field.

“We work hard on our offensive approach. We spent a lot of time in practice this week tracking pitches and we did a good job of jumping on good pitches to hit this weekend,” Head Coach Dean Ehehalt said. “We had some big two strike hits and two out RBI (runs batted in). But lost in all of that was great pitching by three guys that have never started a conference game before, so tip your cap to them. They really competed and gave us the chance to relax offensively.”

The Hawks shut out the Bobcats in the second game of Saturday’s doubleheader, 12-0. Junior designated hitter Pete Papcun had a career day at the plate, going 3-5 with six RBI, including a monstrous three-run home run to left field in the fifth inning that landed on a lawn across Larchwood Ave. It was the first time a Hawk drove in six runs in a game since Cary Jacobson did it at Hofstra on Apr. 29, 2014.

Monmouth scored three runs in the first on Papcun’s RBI double and senior right fielder Chris Gaetano’s two-run home run to right. A fielder’s choice in the second plated another run. The Hawks scored four runs in the fourth and fifth innings. In the fourth, Papcun drove in two runs with a single which was followed by an RBI single by Gaetano. In the fifth, senior outfielder Tom Jakubowski drove in a run with a single which set up Papcun’s three-run blast, giving MU their 12<sup>th</sup> run of the game.

Sophomore right-hander Ty-

ler Ksiazek took a no-hitter into the sixth inning and ended up throwing seven shutout innings, allowing only two hits and striking out eight. He threw 96 pitches and 63 strikes.

“I was feeling good today,” Ksiazek said. “I had confidence in my stuff and my offense gave me a lot of support. My defense was great and that gave me the confidence to just throw my game. I didn’t need to be perfect because they would make plays behind me.”

MU won the first game 9-4 in seven innings. Sophomore left-hander Kyle Ajjan made his first career start and picked up the win. He threw four shutout innings until running into some trouble in the fifth, where he surrendered four runs (two earned). He allowed three hits, walking three and striking out four. He threw 73 pitches and 43 strikes. Sophomore right-hander Joe Molettieri got the final seven outs on only 15 pitches.

“Kyle threw strikes and he pitched them inside,” Ehehalt said. “He pitches with a lot of energy. He can throw two pitches for strikes and when you get a free-swinging team like them, he was able to keep them off balance.”

The Hawks scored seven runs in the second and two in the third. Freshman third baseman Johnny Zega drove in Jakubowski, who led off the inning with a walk and advanced to second on a passed ball, with a double. Three seniors and Preseason All-MAAC First Team members at the top of the order did most of the damage. Infielder Grant Lamberton walked with the bases loaded, first baseman Shaine Hughes drove in two with a single and left fielder Dan Shea homered to right, a three-run shot and his team-leading fourth of the season, bringing



PHOTO COURTESY of Karlee Sell

Sophomore right-hander Tyler Ksiazek took a no-hitter into the sixth inning in the second game of Saturday’s doubleheader against Quinnipiac.

the Monmouth lead to 7-0. Shea was named MAAC Player of the Week on Tuesday after hitting .714 with five extra base hits in seven at bats and driving in eight runs over the weekend.

In the third, sophomore catcher Clay Koniiencki drove in a run with a single and freshman shortstop Danny Long doubled him in.

Monmouth won the first game of the series 17-7 on Friday afternoon. Shea hit four doubles in five at-bats and drove in five runs while Jakubowski homered twice in four at-bats and drove in four.

“We got after it this week in practice after a slow start to the season,” Jakubowski said. “We

were very excited to get the conference started and as coach said all week, it’s a new season.”

Jakubowski got the barrage going with a three-run shot to right in the first inning. MU added four in the second on Shea’s second double of the day plated two runs and Papcun drove in a run with a single. The Hawks scored four in the sixth and six in the seventh. The blue and white cashed in two runs on Bobcat errors and another on double by Shea. Jakubowski homered again in the seventh, and freshman shortstop Danny Long’s first career hit was a single to left that drove in two. Hughes drove in a run with a double to right and Shea doubled to drive

in two more.

Sophomore right-hander Jordan McCrum threw seven innings and allowed three runs (two earned) on seven hits and struck out five. He threw 98 pitched and 61 strikes and evened his record to 2-2 on the season.

Monmouth is now 6-13 on the season, but 3-0 in conference play. They will wrap up a home-and-home two game set with Rutgers this afternoon in Piscataway before they resume conference play with a three-game weekend set against Canisius in Buffalo, NY. Saturday’s doubleheader is scheduled for noon and 3 p.m. and first pitch on Sunday is set for noon.

## Men’s Lacrosse Downs Siena, Quinnipiac

JOHN SORCE  
CO-SENIOR/SPORTS EDITOR

The men’s lacrosse team has opened up Metro Atlantic Athletic Conference (MAAC) play 2-0 for the first time in program history after they overcame an early 4-0 deficit to down Siena 17-9 at Hesse Field on The Great Lawn on Saturday, Mar. 25.

“Siena came out firing and we were a little slow to get started and adjust to their style of play,” Head Coach Brian Fisher said. “Despite the slow start, we were proud that the guys kept their poise and battled through some adversity in the first quarter before we settled in and got going in the second. Once we picked up the pace and started to play our way, the game turned in our favor as we made the plays to get some separation down the stretch.”

Monmouth responded with a 9-1 run beginning at 2:44 in the first period, when senior midfielder Tyler Keen scored his first of three goals on the day. Junior attacker Bryce Wasserman, who finished with five goals on the day, scored with 54 seconds remaining, cutting the deficit to 4-2.

Keen opened the scoring in the second period and Wasserman added two more. His second at 8:13 gave Monmouth a 5-4 lead. Siena responded to tie the game, but the Hawks scored four unanswered – one from Keen, two

from Wasserman and one from senior midfielder Eric Berger – that extended Monmouth’s lead to 9-5.

Monmouth outscored Siena 8-4 for the remainder of the game. Freshman attacker Anthony Sardo and sophomore attacker Hunter Jones each scored two goals for the Hawks for the remainder of the game. It was their first career multi-goal

games.

Wasserman’s five goals ties a career high and he is the only Hawk to score five goals in a game. Wasserman also had an assist and his six-point game ranks second all-time for points in a game. He has 13 goals this season and 49 for his career and was named MAAC Offensive Player of the Week on Monday afternoon.



PHOTO COURTESY of Monmouth Athletics

Junior attacker Bryce Wasserman tied a career high with five goals against Siena on Saturday, Mar. 25.

Keen, who leads the Hawks with 17 goals, has scored in eight consecutive games and is riding an 11-game point streak. He increased his career goal total to 36, while recording his fifth career hat trick.

Freshman midfielder Justin Schwenk was named MAAC Rookie of the Week after setting a new program record by winning 16-of-26 faceoffs, and

he also picked up a team-high seven ground balls. Reigning MAAC Defensive Player of the Week and senior goalkeeper Nick Hreshko recorded 10 saves in the contest.

The team also escaped Quinnipiac with an 8-7 win in double-overtime, stunning the defending conference regular season and tournament champions on their home turf. The Monmouth win snapped Quinnipiac’s nine-game conference regular-season winning streak. Tied at seven into the second overtime period, the game-winning goal was scored by Wasserman with 90 seconds remaining in the frame.

“It feels good to be on the right side of an overtime game and start off conference play with a win,” Fisher said. “Tonight was as good as it gets in terms of a total team win. Our sideline energy was great and really helped carry us over the course of the game. Furthermore, so many of our younger guys stepped up in practice this week and combined with our veterans and both scout teams were instrumental in helping us prepare for tonight’s game.”

Monmouth is now 5-3 overall on the season in addition to being undefeated in conference play. They will begin a three-game road trip and resume conference play on Saturday, Apr. 1 when they take on Marist. Faceoff from Poughkeepsie, NY is set for 7 p.m.



# Women’s Lacrosse Downs Quinnipiac

CHRIS FITZSIMMONS  
STAFF WRITER

The women’s lacrosse team broke a three game losing skid on Saturday, Mar. 25 defeating conference rival Quinnipiac 12-8 at Yale University in New Haven, CT. Monmouth was able to prevail in a closely contested match by scoring five goals in the final 17 minutes while holding Quinnipiac to none in the same timeframe to achieve victory. The Hawks improved to 3-7 on the season with the win and 1-0 in Metro Atlantic Athletic Conference (MAAC) Play.

“The start of the MAAC season was exactly what we expected: highly competitive and exciting,” Head Coach Eileen Ghent said.

Monmouth jumped out to a quick lead in thanks to standout freshman attacker Nicole Ceraso who scored in the 27<sup>th</sup> minute. The Hawks would bolster that lead over the course of the next three minutes by burying three more goals, all unassisted, from senior attacker Olivia Higson, senior mid-fielder Claudia LaMarca and Ceraso to take a 4-0 lead.

The Bobcats were able to get on the scoreboard in the 23<sup>rd</sup> minute and another goal would not be scored for 10 minutes. Monmouth senior attacker Alex Stambaugh restored the Hawks to a four goal lead, converting her free position opportunity. But Quinnipiac was responsible for the next two goals and before half-time was reached, the Hawks had a 6-3 lead.

Quinnipiac was the first to score coming out of the half, reducing the lead to two. However, Higson answered with her second of the day to put the Hawks up three. Quinnipiac did not go down so easily as the Bobcats scored four unanswered goals over a period of eight minutes to tie and then take the lead. With 19:15 left on the clock, the Hawks,



PHOTO COURTESY of Bill Ryan

Sophomore goalkeeper Riley Brager recorded 12 saves in Monmouth’s 12-8 win over Quinnipiac on Saturday afternoon.

for the first time in the game, found themselves trailing 8-7.

The Monmouth offense proceeded to answer the call as junior mid-fielder Kate Ryan netted her first of the day, assisted by LaMarca at the 17:20 mark. At this point both teams would stifle each other’s offense until Higson was able to break through and tally her third of the game to give the Hawks the 9-8 lead with 8:40 to go. Monmouth would not look back at this juncture and over the remainder of the game, they were able to score three more goals to achieve a 12-8 win.

Monmouth was well prepared to deal with the adversity they faced in the game. After establishing a lead only to see it erased in the second half, it was encouraging to see

the team regroup and then execute to achieve a victory in a challenging game. The Hawks are now 4-0 all-time in MAAC openers with the win, defeating Siena twice, and Niagara and Quinnipiac once.

“We have had several games that have come down to the wire that haven’t gone our way, but we never ever gave up,” Ghent said. “Those experiences all paid off today when it got close in the second half.”

The Hawks could not have achieved victory without another outstanding defensive performance led by sophomore goalkeeper Riley Brager, who contributed with 12 saves en-route to being named MAAC Student-Athlete of the Week on Tuesday. The Hawks have been successful in converting and pre-

venting free position shots throughout the season, and this game was no different. Monmouth was able to convert on one of their three chances but more impressively, they held the Bobcats to one of six.

“Both goalies played a tremendous game. Riley continues to get better and is becoming a strong leader back there for us. I’m very proud of our energy and execution in the second half. While we’re happy with the outcome, we are now fully focused on Marist,” Ghent said.

The Hawks will look to build upon their early success in conference and will take on Marist in their next matchup. The game will be played at Hesse Field at 1:00 p.m. on Saturday and it will also air on ESPN3.

# Bright Future for Women’s Basketball

MATT DELUCA  
STAFF WRITER

Despite a 67-51 loss to in-state rival Rider in the quarterfinals of the Metro Atlantic Athletic Conference (MAAC) Tournament, there is still a lot to look forward to for the women’s basketball team.

The Hawks finished the season with a record of 15-16, winning 10 games in conference play, including an opening round victory versus Manhattan in the MAAC Tournament. This was an improvement over last year’s record, as Monmouth went 14-17 in the 2015-16 campaign.

Coming into this season, the Hawks were looking to replace seven players, four of which played

integral roles in their rotation the year prior. As a result, Monmouth welcomed in seven new players, including six freshmen.

The young Monmouth team struggled out of the gate, losing five of their first seven games. The Hawks quickly turned things around, winning eight out of their next 12 to jump one game above the .500 mark. As the month turned to February, however, the Hawks hit another rough patch in which they lost five out of seven games for the second time during the season. They finished the year strong, winning three in a row, including the 62-46 triumph over the 10-seed Manhattan, before falling to Rider the following day.

“I was pleased, we did a lot of

really good things,” Monmouth Head Coach Jenny Palmateer said. “We were really competitive and we had some big wins. More importantly, however, I thought that our players got a lot of valuable experience, and I think that will help us the most going forward.”

The Hawks had to say goodbye to three seniors who greatly contributed to the development of Palmateer’s team. Helena Kurt, a senior guard who saw action in 91 games over a three-year span, played a key role as a veteran towards the end of the year. Kurt’s career was interrupted by a knee injury before her junior season, forcing her to miss the entire year.

Christina Mitchell, a senior center who saw action in 124 games in four years, became a major presence rebounding the ball, as well as blocking shots. Mitchell averaged close to six points and seven boards a game in her senior year.

The final senior, Tyese Purvis, played two seasons for the Hawks after transferring in from Monroe Community College in Rochester, NY. Purvis saw action in 62 games, averaging 10 points per contest, earning MAAC Sixth Player of the Year during her senior season.

“We’re going to miss all three of them,” Palmateer said. “They were great team members, very unselfish, and they helped set the tone for the younger players throughout the year.”

The Hawks return 10 players next season, and just under 72 percent of their point production. They also return their leading scorer, freshman guard Kayla Shaw, who averaged 11.4 points per game while breaking the

single-season program record for three-pointers made with 93.

On top of the returners, Monmouth will welcome two new players to the team. Senior guard Rhaiah Spooner-Knight will make her Monmouth debut next season after sitting out the 2016 season due to transfer rules. Spooner-Knight was named to the 2015 All-Western Athletic Conference (WAC) Second Team as a member of Utah Valley University, and hopes to add the same impact to her new Monmouth squad.

“She’s so athletic and very versatile,” Pamlateer said. “She can score in so many different ways. One of the things I’m most excited for is that she can defend anywhere, and she can be a big help on that side of the ball.”

The other newcomer, Carol Arfinengo, is a native of Spain who played for a club team in Spain’s Liga 2. She also played for the Basket Rivas junior team, where she averaged 19 points per game.

“She’s going to be a great fit for us and what we want to do on the court,” Palmateer said. “She can shoot the three, and has a strong body to mix it up in the paint. Versatility is one of her big things and it fits the theme of most of the players on our team.”

All of these factors set the Hawks up for a lot of success not only next year, but for years to come. The 10 returners, plus the two newcomers, hope to continue the trend of increasing yearly win totals for the program. All signs are pointing to Palmateer’s Hawks taking the next step in the 2017-18 season, to be in contention for potentially winning the conference.



PHOTO COURTESY of Monmouth Athletics

Freshman guard Alaina Jarrot started 28 out of 31 games and will be one of 10 players returning for the Hawks next season.

## SIDE LINES

**Outdoor Track:** The men’s and women’s outdoor track and field teams placed first at the 22nd annual Monmouth Season Opener. The men totaled 335.5 points, which was 215.5 points ahead of the next closest team, which was Manhattan at 120. The women scored 266 points, which was 104 more than Sacred Heart, who scored 162.

“We appreciate everyone who came out to support us at home, everyone who worked to make the meet happen, and the 25 visiting teams who all made the meet a great competition,” Head Coach Joe Compagni said. “We also owe a big thank you to the staff at Georgian Court for graciously hosting the long throws for us yesterday while we are under construction here.”

The teams will compete in the Colonial relays in Williamsburg, VA from Mar. 30-Apr. 1.

## UPCOMING GAMES

**Wednesday, March 29**  
Baseball at Rutgers  
Piscataway, NJ 3:00 p.m.

Softball vs. Saint Joseph’s  
West Long Branch, NJ 3:30 p.m.

**Thursday, March 30**  
Outdoor Track & Field  
Colonial Relays  
Williamsburg, VA TBA

**Friday, March 31**  
Outdoor Track & Field  
Stockton Invite  
Galloway, NJ TBA

*M Tennis at Fairfield\**  
*Fairfield, CT 2:00 p.m.*

**Saturday, April 1**  
W Tennis vs. St. Francis College  
BJK National Tennis Center  
Flushing, NY 12:00 p.m.

*Softball at Manhattan\**  
*Riverdale, NY 12:00 p.m.*

*Softball at Manhattan\**  
*Riverdale, NY 2:00 p.m.*

*Baseball at Canisius\**  
*Buffalo, NY 12:00 p.m.*

*Baseball at Canisius\**  
*Buffalo, NY 3:00 p.m.*

*W Lacrosse vs. Marist\**  
*Hesse Field at the Great Lawn*  
*West Long Branch, NJ 1:00 p.m.*

*M Lacrosse at Marist\**  
*Poughkeepsie, NY 7:00 p.m.*

**Sunday, April 2**  
*M Tennis vs. Niagara\**  
*West Long Branch, NJ 10:30 a.m.*

*W Tennis vs. Niagara\**  
*West Long Branch, NJ 10:30 a.m.*

*Baseball vs. Canisius\**  
*Buffalo, NY 12:00 p.m.*

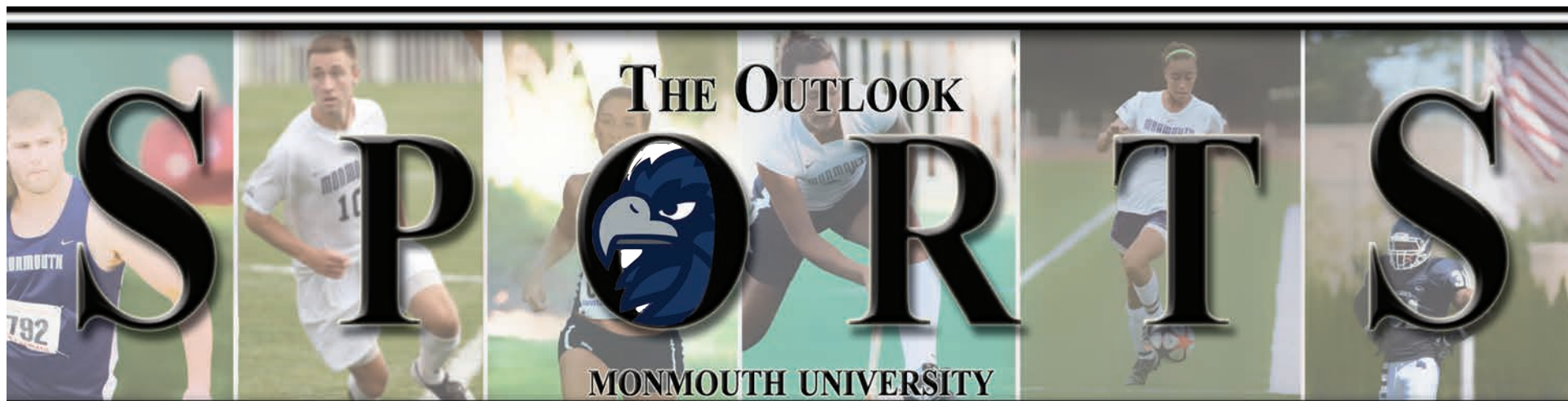
M Golf  
Lafayette Invitational  
Hellertown, PA TBA

**Monday, April 3**  
M Golf  
Lafayette Invitational  
Hellertown, PA TBA

*W Tennis at Fairfield\**  
*Fairfield, CT 3:30 p.m.*

*\*conference games*





Junior designated hitter Pete Papcun drove in a career-high six runs in Monmouth's 12-0 win over Quinnipiac on Saturday afternoon that completed a three-game sweep to begin conference play.