

University Under Federal Investigation by the Office of Civil Rights

DANIELLE SCHIPANI EDITOR-IN-CHIEF

JAMILAH MCMILLAN MANAGING/NEWS EDITOR

The University was added to a list of 270 colleges under investigation by the U.S. Department of Education for allegedly failing to respond to a complaint of sexual assault made in February 2015. As a result, the student was subjected to a "sexually hostile environment."

Recent University graduate Tara Moore, whose name has been revealed at her request, made national headlines with organizations news such as CNN, News 12 New Jersey, and the Huffington Post in the spring under the pseudonym Sarah. She filed the complaint in March.

Moore's 87 page complaint sent to the Office of Civil Rights (OCR) recapped her sexual assault with evidence and explained why she felt the University violated her Title IX rights during their investigation that eventually led to the expulsion of her assaulter.

On April 21, OCR notified the University and Moore that a case had been opened. According to

OCR, the University is under investigation for failing to appropriately respond to Moore's report and subjecting her to a sexually hostile environment.

Since 2011, OCR has conducted 322 investigations for possibly mishandling reports of sexual violence on college campuses. Today, 52 cases have been resolved, and 270 are active.

Some of the schools with open investigations alongside the University's are Stan-

ford, Princeton, and Cornell. In fact, 28 of the 50 "Best Universities" in U.S. News and

World Report are under investigation.

According to John Christopher, Vice President and General Counsel, the University will be supplying a copy of the investigator's report to OCR, along with an extensive list of documents that OCR has asked to review.

Sofie Karasek, Director of

Education and co-founder of the organization "End Rape on Campus," explained that in her experience she has seen it take between two and four years for a case to be resolved.

"Generally, what we have seen happen in the last few years is a Compliance Resolution Agreement. OCR ensures that certain changes are made to policies and procedures to ensure they are in compliance. There is then a monitory period and OCR checks in from time to time to make sure they have remained in compliance," said Karasek.

"What I hope we get out of this investigation is a better way to look at cases moving forward. We cannot go back and fix what happened, and that is unfortunate. But I think that the woman has a lot of confidence for coming forward. And at least we can find out what we

did wrong,

a n d

make sure that we don't do that again, and people wont have to go through what she went through," said Jennifer McGovern, an assistant professor of sociology.

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International Student Mentoring Program Makes MU Debut

NAMRA SHUEIB CONTRIBUTING WRITER

The University welcomes 38 international students into a new International Student Mentor Program for this academic year.

The program was designed by the Global Education Office to specifically help students from abroad. Corey Inzana, the International Student Advisor for Global Education, said, "There was a great opportunity to aid international students as they transition to life in the US and navigate the University environment at Monmouth."

According to Barbara Nitzberg, Assistant Director of International Students and Faculty Services, this fall semester Monmouth has international students from a wide range of countries including Canada, China, Finland, Germany, India, Israel, Jamaica, Nether-lands, New Zealand, Nigeria, Saudi Arabia, and Scotland.

There will also be a plethora of students from countries that Monmouth has never had connections with, such as Jamaica. The program has student

mentors from all different kinds of leadership roles, and areas of campus life. "The mentors are completely volunteering and

are looking to share what they love about Monmouth with new people. They are expected to aid in the navigation of the Monmouth experience: to help the international students feel like Monmouth is more than a class room, but a home away from home," states Corey.

The mentors and mentees will meet twice a month to discuss their acclimation to the University. The mentors will help them enjoy their classroom experiences, locate academic resources and find ways of community engagement.

Jalize Canela, a junior health studies student, was selected as one of the 30 mentors for the program. She was inspired to become a mentor after an Alternative Break trip to Nicaragua this past summer with Inzana. Canela said, "The best way to learn about a culture is to immerse yourself in it and interact with the people, not necessarily through a textbook."

Canela hopes to help her mentees by becoming a resource for them, introducing them to her own group of friends as well as accommodating the international stu-

International Students continued on pg 2

MAC Graduates to OceanFirst Bank Center

GIANA BRUCELLA CONTRIBUTING WRITER

OceanFirst Bank has landed its name on what used to be called the Multipurpose Activity Center (MAC) through a \$4 million agreement between OceanFirst and the University.

The 20-year marketing agree

utilize the suites for business or nal suite holder, OceanFirst has entertainment purposes may rent had a venerable relationship



years. Companies who wish to them out annually. As an origi- with Monmouth University and ing, along with a picture of MU's continues to show its dedication and support.

Jason Kroll, Vice President of External Affairs, is very much responsible for the name change. His role at the University is to raise revenue and philanthropic once municipal authorizations dollars for scholarship, and he are acquired. aw that OceanFirst most aptly fit the bill. The bank has been closely involved with the University for over 20 years, working to provide scholarship funds for students in Monmouth and Ocean counties. Furthering the bank's relationship with the University, this new sponsorship "enhances generous funding by the Ocean-First Foundation." Since its inception the bank has awarded grants of over \$616,000 to Monmouth University, including scholarships to 140 students over the past seven years," accodring to Kroll. Additionally, the bank's President and CEO Christopher Maher is a member of the Monmouth University Board of Trustees. More direct, visible changes from the arrangement are present in the building's appearance. A banner that reads "OceanFirst Bank Center" now covers the exterior of the once bare build-

logo, the Blue Hawk. The jumbotron in the basketball arena also displays the new name along with the bank's logo. Kroll says to expect more permanent changes to the exterior signage

Although the name change may have seemed sudden, the University has had long term

ment includes naming rights and will provide ongoing financial support for athletic and intramural facilities used by students as well as the University community.

The bank, which was founded in 1902, is described as a regional institution committed to higher education and communal relationships, and is one of the largest and oldest community banks in New Jersey. Known as a historical institution committed to growth, it mirrors the University's antique grounds and its continual progression in both accreditation and size.

Vice President for Student Life and Leadership Engagement, Mary Anne Nagy describes OceanFirst Bank as being a "good partner that has had an interest in Monmouth." The Bank currently holds a third floor been renting out for a number of

PHOTO TAKEN by Giana Brucella

suite in the center, which they've The OceanFirst Bank Center was formerly known as the MAC.

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NJ Ranked Sixth In U.S. for Teen Drug Overdose

RICHARD FELICETTI ASSOCIATE NEWS EDITOR

In findings reported by Trust For America's Health, the national health policy organization, New Jersey is the state with the sixth-highest teen drug overdose rate.

Despite the state's comprehensive laws and regulations against teen substance abuse, there have been a high number of drug overdoses among New Jersey youths. For every 100,000 youths, 10.7 will overdose on drugs, which is more than three people higher than the national average of 7.3.

Additionally, a reliance on substance abuse in one's teen years is a strong indicator for continued use in adulthood, as more than 90 percent of adult substance abusers began using before age 18. Further, New Jersey is one of 18 states where the overdose rate has doubled since the organization began in 1999-2000, according to NJ.com. At that time, the state's overdose rate was 4.8 per 100,000.

Senior psychology student Amanda Aynes said that the statistics are disturbing, and something needs to be done to combat this epidemic. "The number of overdoses due to drugs is extremely upsetting and there needs to be a stop to it," said Aynes. "Instead of trying to figure out how to keep the drugs out of their hands creating more laws, there should be more attention towards increasing their mental health and figuring out what causes the start of the drug addiction."

Although elementary aged

dangers of drug abuse, there is in this situation, an active role no school program for people needs to me taken up, more so 18-22.

very scary epidemic. This drug related drug busts, but still is affecting the lives of children, teenagers, and adults alike and is posing a serious threat to the has to be a high degree of impeople of NJ. I really think that portance placed on the efforts to we need to be distributing a lot more information to the public about these drugs, but we and sustain the health and safety shouldn't sugar coat the truth of all of the people on NJ" about them," said Jake Marcin- Junior art student Ava iak, a junior business student.

rible reality that is associated more assistance programs that with these kinds of drugs and help an individual transition need to be fully educated on the from drug abuse to sobriety risks associated with them. In should be implemented, as there

students are introduced to the terms of law enforcements role are often underlying circum-

than it already is. I know we "I personally think that it is a have had several major heroin young men and women are dying from overdoses. There really combat what is happening here in our state, simply to promote

Junior art student Ava Mc-Clendon said that the epidemic "People need to know the hor- serves as a wakeup call, and

stance that impact the decision to use drugs.

Although drug use has reached epidemic proportions, Substance Abuse Coordinator Suanne Schaad said there are some helpful programs that continue to fight for New Jersey youths, particularly at Monmouth University. "The 911 overdose protection law of 2013 has helped change how we handle overdoses and has helped save lives. According to the new law, if anyone is under the influence and in need of medical attention, they may call 911 for help without risk of a legal con-sequence for possession," said Schaad.

According to Schaad the University has their own Good Samaritan Policy in which students may call for help without fear of a violation. The Office of Substance Awareness.

If a student is afraid to contact authorities in the event of a drug overdose, the Good Samaritan Policy ensures that a life can be saved without the potential consequences.

Monmouth University police officers also carry a nasal spray drug, Narcan, which reverses the effects of an opiate overdose. As a state law, officers can administer the drug to potentially save someone from an overdose.

Additionally, there are organizations on campus that offer guidance to students in recovery.

According to Schaad in 2013, the Office of Substance Awareness created Students in Recovery, a group that provides services for students in recovery or seeking recovery It has grown into a fully recognized club on campus and has just secured a Recovery Lounge space in the Student Center.

Finally, if any student needs counseling for a substance issue, there are resources readily available. "So, I am pleased to say that I think MU is certainly aware of this epidemic and is addressing it. We will continue to raise awareness and offer services for both students in recovery and students questioning their use. Free and Confidential counseling is available for students at the Office of Substance Awareness in the Health Center (732) 263 5804," said Schaad.



Substance abuse amongst young adults in NJ is higher than the national average.

MAC Name Change

MAC continued from pg 1

plans to place a more permanent name on the building. Nagy alluded to similar name changes to buildings that have happened over the years. The residential building "Hesse Hall" was more recently known as "New Hall," and "Mc-Callan Hall" was formerly known as the "New Academic Building", or "NAB."

Built in 2009, the informally named MAC always faced a name change, and it was only a matter of time before the building received a proper title. "We try to have a placeholder, because you have to have something for the building, knowing that people will be exposed to a as we are winning." facility. You may find someone who has interest in naming the building upon themselves to grant the builditself," said Nagy.

It's easy, we're in the MACC con- name change. ference and we call it the MAC.' Because the name change has no direct affect to athletes, Alves stands indifferent towards the amendment. Athletes were notified through President Brown's email along with the rest of the student body, having no prior knowledge to the name change.

Similarly, senior and computr science student, Collin Stewart said, "I still call it the MAC because that's what I have called it since I got here in 2012, it's kind of engraved in my brain." Stewart's concerns with the building lie solely with how his team plays on the court. "It doesn't matter what its called to me as long

Other students may even take it ing with a new nickname. Senior She also shared that there is a and communications student, Justin Robinson, who also plays for the men's basketball team, said, "I myself call it the Bank, but it's still the MAC to me." Both Stewart equally surprised at the building's

Regardless of what the building is called, it is still a central location for the area that continues to attract people for various events. According to an article released by the University More than 120,000 visitors come to the OceanFirst Bank Center annually for sporting events, concerts and shows, high school commencements and high school athletic tournaments, and sports camps and clinics. The OceanFirst Bank Center holds the University's fitness center and pool, a 4,100-seat arena, a 200-meter, six-lane indoor track, educational and conference space, locker rooms, the Leon Hess Champions' Hall, The Monmouth Athletic Hall of Fame, and the University store.

Although there are no other name changes in the works as of now, future modifications to the University are to be expected. According to Kroll, the University will continue to "engage individuals and organizations interested in the opportuand Robinson expressed they were nity to be part of Monmouth University's legacy."

New Mentor Program for International Students

International Students continued from pg 1

dents becoming familiar with their interests. She said, "I want to give them insight about myself as well as learn from them, for example, maybe what their school was like or where they came from."

Canela herself is Hispanic and she feels that it can be hard to transition into a new country with a new language and new people. Her goal is to help international students grow and hopes to expand her knowledge about different cultures in the world through this program. Bin Hu, an international graduate student majoring in software engineering was inspired into moving from China to the United States because Jiacun Wang, a profesor of Computer Science and Software Engineering. Hu explained that Professor Wang had visited his university where he introduced Hu to Monmouth. Hu came through the America China Corporation to fulfill his dream of studying software engineering. Hu said, "I'm happy to be here. Monmouth University is almost the same size of my school back home, but I am nervous to communicate and scared that I will not understand something during class." He hopes that his men-

tor will help him practice his English, and become familiar with the American culture and student life at Monmouth.

Prashanti Mallojula, an international graduate student, arrived from Hyderbad, India to study computer science at the University. She discovered Monmouth when browsing on the Internet. After her first visit to the school, she knew Monmouth would be the right one for herself.

Mallojula thinks that the mentorship program for international students is a wonderful idea. Mallojula said, "I have a mentor who is very friendly and I find it comforting because coming to a new college you don't know much and often feel confused." She stated that she was afraid to talk to people when she first arrived and hesitated to order food on campus because she is a vegetarian. Prashanti is glad that she has been assigned a mentor who can help her with any issues that may arise. Inzana asserts that the program will be an impactful experience for all the students involved. "The Global Education Office hopes that a cross cultural exchange takes place as the mentors and mentees get to know one another and share more about their lives with each other," he said.

process that instructs such name changes. As one of the many campaigners for the University, she said, "All of us are responsible for making contacts both in business and other worlds that we think have an interest in supporting higher education and young people and who have the means to financially help us.'

Additionally, Kroll revealed that the University has had many contenders throughout the years. "There have been a number of discussions with potential partners, but at the time this agreement was finalized, there were no competing offers."

Senior finance major Miguel Alves, who plays for the men's soccer team and spends much of his time in the facility, said that the name change "is good for business purposes." He added, "I've gotten accustomed to calling it the MAC, and I'll still call it the MAC though.

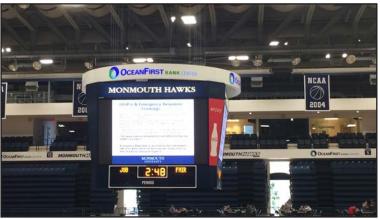


IMAGE TAKEN from crehab.org

OceanFirst Bank now has naming rights for the formerly named Multipurpose Activity Center.

OCR Investigation

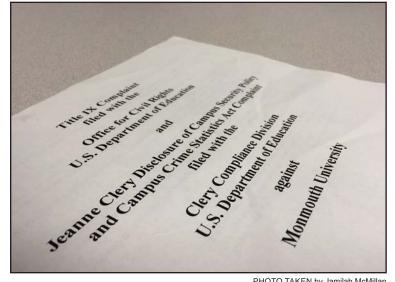


PHOTO TAKEN by Jamilah McMillan A former student filed a Title IX Complaint against the University to the Office of Civil Rights.

OCR continued from pg. 1

the University to certainly take a look at policies, procedures, and practices and to listen to students and the campus community and to learn how people are feeling," said Nina Anderson, Director of the Office of Equity and Diversity.

"I don't know how people are feeling until someone says something, but we can certainly find things online. But if you use this opportunity if there are concerns or if there are things that we could be doing better or differently.'

"The safety and security of all members of our campus community are top priorities for me. As soon as I became aware that and has no number or name listthere was a concern with our ed to contact." process, I moved immediately to bring in an independent, outside expert to comprehensively examine our procedures to ensure that we are doing all that we can to safeguard and support everyone on our campus," said University President Paul Brown, PhD.

McGovern said, "Certainly I think we should have a lot more programs so that we do not have sexual assault in the first place."

Moore explained the importance of continuing to pursue people I knew in the student this case even after graduating. "This issue is so important. Regardless of my personal connection to it, this issue is one is so important, because you are of those things that everyone knows happens everywhere not just on college campuses, yet most people unfortunately don't that. One person came up to me do anything about it."

Moore said the issue of sexual assault and rape on campus we aren't friends anymore, I is bigger than her and that she just don't want (her alleged at-

versity. The University analyzes and makes necessary changes "This is an opportunity for to the University policies and procedures during the summer months before the publication of the new student handbook.

Moore asserts that the University needs to make a number of improvements. For example, she said that there is a lack of adequate online material to assist survivors of sexual assault.

"In this day and age people search, 'Monmouth University Sexual Assault' into Google the first thing that pops up is a Monmouth webpage titled Alcohol and Sexual Assault," said Moore. "That page is full of victim blaming connotations,

Nagy explained that the website may soon see updates. "Now that we are back in school and the (sexual misconduct) policy has changed, it is the responsibility of each department head or section head to go in and make sure that their pages are consistent with new policies and procedures."

Moore explained the severity of her situation at the time. "I didn't want to walk in the Rebecca Stafford Student Center (RSSC) because of how many body that I knew at the time didn't support me. I think that is a bigger reason why this issue not just outcasted by the person you are making the allegations against its is a bigger force than at a bar and said 'I respect what you are doing and I'm sorry that hopes she makes a difference in tacker) to hate me' that to me some way. "To say that I want to is a huge issue, if people aren't something this important, that to me is almost disgusting."

New Diner in the Dining Hall



Students returned to campus this fall semester to a renovated Dining Hall.

KERRY BREEN COPY EDITOR

Over the summer the interior of the Magill Commons Dining Hall was heavily renovated, changing both the look of the dining area and the layout of the food service stations. Favorite stations remained while new ones, including a small diner, were added.

The dining hall now looks similar to the interior of the Rebecca Stafford Student Center (RSSC). White picnic tables line up next to the windows, booths line the inner walls, and the wooden chairs at the inner tables have been changed into multicolored metal ones. The seating along the back wall has been changed into a bar where students can sit. Many paintings have been removed, as well as overhanging plants, and the walls have been painted to give the dining area a fresh, modern feel. The serving area is now more open and vibrant, and the space now feels less cluttered and claustrophobic.

The renovations took about four months, according to Mary Anne Nagy, Vice President for Student Life and Leadership Engagement. Renovations began on May 9 and were completed by the time students returned for the 2016/2017 school year. According to Nagy, there are still some minor pieces left to complete, such as the addition of a few more banquettes in the south end of the dining hall on the east side.

While there are no final bills in for the cost of the renovations, Nagy estimates that the project will come in at just under three million dollars. The two most expensive pieces of the renovation were the diner and the expansion of the center island, due to the need for new plumbing, electrical, and gas lines, and the creation or change of various pieces of infrastructure. "They were the most expensive, but they are the most important parts of the facility," said Nagy. "I think the diner will be a huge hit with students. I think the other thing that seems to have been one of the biggest hits is the hot plate station, where students can make their own omelet; they can sautee their own vegetables and proteins and pasta and sauce; they can make their own meal. It's another way for students to control what they consume," added Nagy. Familiar favorite stations are still open and functioning, just with a renovated look, and the dining hall continues to have a variety of vegan, vegetarian, and gluten-

is still provided by Gourmet Dining Services. Some stations were slightly upgraded, such as the pizza station, which now uses a brick oven to make food.

New stations include a 'makeyour-own' cooking station, where students can fill a frying pan with foods of their choice and cook it themselves. This adds a great deal of customization and choice to the dining hall, and students can really personalize their meals to their exact specifications. Another new station is an added-on diner, where students can order breakfast sandwiches and other items that were not previously available in the dining hall. The diner area also provides a seating area, which is slightly quieter and more secluded than the seating in the rest of the dining hall. There is also a bakery section available in the very front of the dining hall, before students even step into the seating area.

The decision to do the renovations was made last year, when Monmouth University replaced Aramark with Gourmet Dining.

"I think that in many aspects the dining hall has improved," said ju-nior theater student Chloe Meyer. "My favorite area is definitely the diner."

"I think the renovations are great," said junior English student Malia Padalino. "I like the cooking station and the new look. The diner is also a great add-on. The only thing that lacks is the amount of seating - I feel like there are less seats. Also, I'm not a fan of the picnic benches because they don't have back support. But overall, I'm glad they renovated it!" "I think that they are good and it's a better layout than what it was be- it shows the level of quality, You fore," said junior chemistry student have a better sense that it's fresh, Lauren Lucia. "I feel like it's nicer, and what its preparation is. I think the seats in the booths are actually it's a pretty cool place," Nagy connected, unlike on the booths last added.

free options for students. The food year, where the seats actually could pop out. Everything's obviously newer, and it all looks a lot cleaner.

"As we went through the competitive bid process, it was clear that the residential dining facility needed to undergo a massive renovation and refurbishment. When we made the decision to go with Gourmet we knew we were going to have a renovation. We had not really touched the dining hall for ten years, inside, and before that it was even earlier along," said Nagy. 'We knew that the Gourmet program was very different, and that in order to deliver the program of food they wanted to prepare, a renovation to the facility was necessary. Last year we tried to change the food, but we were changing the food in the old structure. Now you have the changed food and the new structure, all coming together, so I think it makes a lot more sense."

Nagy also explained that one of the most important changes that had been made was the fact that more options were available for students, and there was more customization to be found in various stations. "I think students clearly need to get into the facility," she said. "I think if you have a residential meal plan you're there every day; I would encourage every student to get some level of a plan... I think what you're really going to see more of is the food being prepared in front of you. It's not behind walls anymore. You're going to see the baker make dough for the cookies that are going on the tray that she's putting in the oven."

fix things everywhere would be willing to sacrifice their friendunrealistically ambitious. But if ships or their social status for I can have a part in starting the conversation here, then I made a difference. This has to be and people need to think about moore7@gmail.com. the issue differently."

sault policy in the student handbook was updated. "Every year the university reviews, particularly during the summer time as we are preparing the new student handbook, virtually all including our policies and proconduct," said Vice President Engagement Mary Anne Nagy.

changes were not directly thing routinely done by the Uni- Turing Lives Around.

If you would like to contact something that is a joint effort Tara Moore her email is tarac-

If you or someone you know This semester the sexual as- is a victim of sexual assault and wants to seek assistance there are a number of resources both confidential and non-confidential. A confidential resource would be the health center and psychological services. The ofof our policies and procedures, fices of Anderson and Nagy can act as resources that are not cedures regarding sexual mis- confidential. The Monmouth University Police Department for Student Life and Leadership are also always available and they can always get in contact Nagy explained that these with a confidential counselor. Residential Life and RAs are prompted by any one particular as well available. Off campus activity or action but is some- there is the organization 180

"It takes the mystery out, and



PHOTO TAKEN by Jamilah McMillan **Students can make** their own pasta in the renovated Dining Hall.

Welcome from the President

Dear Hawks:

Whether you are joining our community for the first time, preparing for your final year as an undergraduate, or enrolled in a graduate degree program I hope you are energized and ready for our 2016-2017 academic year.

Over the summer we made many campus improvements, with others still in progress.

The dining hall at Magill Commons has been completely renovated with a host of healthy new options, significant progress continues on our School of Science facilities, and construction is already underway for our new Monmouth Stadium which will be home to our track & field, lacrosse, and football programs.

These improvements are part of our commitment to providing you with an outstanding living and learning environment. At the same time, your successful collegiate experience will depend on your ability to maximize less tangible resources.

One of our greatest strengths as a university are the close bonds we share as a supportive community. Every member of our dedicated faculty and staff is here to help you succeed. Get to know your academic advisors, your professors, coaches, and resident assistants. Please stop me and introduce yourself.

Ask questions, take chances, and reach beyond your comfort zone. Getting involved with clubs, organizations, internships, volunteer opportunities, or local community groups is still the best predictor of student success. The more time you invest in your education, especially beyond the classroom, the stronger your foundation for personal growth and postgraduate success will be.

I am excited about the great things we will accomplish together this year.

Sincerely, Paul R. Brown Ph.D. President



Welcome from the Vice President for Student Services

Dear Students:

I want to take this opportunity to extend a welcome to our newest members of the Monmouth University Community – the members of the Class of 2020, our new student transfers and our graduate students. You have chosen to be part of a great community and we all welcome you to our campus.

To our returning students, I hope you had a great summer and you are ready to tackle another year in the classroom, on the athletic fields, and indeed, throughout the campus. I am confident you will continue to achieve great success and I hope you know we are all here to support your experience as a student.

The summer was busy here at Monmouth and there is evidence throughout the campus. Progress continues on the renovation and construction of the Science Building. A lounge and meeting place for our members of Greek letter organizations is now open in the Stafford Student Center. Our signature athletic facility is now called the OceanFirst Bank Center. And finally, Magill Commons has been renovated to include a diner and coffee lounge destination. Whether you have a meal plan or not, come over and see the exciting things happening in this new facility.

You will find a wealth of opportunities available to you so you can fully experience life as a Monmouth student. Clubs, Greek life, intramurals and recreation, Division I athletics, and cultural events are but a few ways for you to expand your horizons beyond your classroom experience. I know that you will find these experiences engaging and an excellent way to enhance what you are learning in the classroom.

Your being challenged by your academic and social experience here is critically important to me but just as important is your safety. I want, no I <u>need</u> you to take care of yourself and just as importantly, each other. We are a community and as members of a community, we need to look out for one another whether it is here on campus or in the local community. There are many challenges you will face as a student and it always helps to face them with others at your side. That is what a Monmouth Hawk does!

All of us at the University, no matter our role, exist because of you. We are here to help you, teach you, challenge you, and yes, pick you up when you fall. Contact us any time and have a great semester!



Office of the Vice President for Administrative Services

The University Community,

Welcome back for a new school year! We hope that your semester gets off to a smooth start. If you have any building service or repair needs, the Department of Facilities Management is here to help.

Your routine (non-emergency) maintenance problems may be easily reported to us by completing an on-line Facilities Management Service Order form. This on-line form can be found at <u>www.monmouth.edu/serviceorder</u>.

On the Service Order, please give a clear, description of the maintenance or repair need, including the building and room number in which the problem is located. Don't forget to include your name and telephone number in case we have a question about your request.

If you have an emergency maintenance problem in a campus building, please report it ASAP by calling the Facilities Management office at ext. 3425 (Monday – Friday, 8:30 a.m. – 5:30 p.m.) or the University Police at ext. 4444 all other times. We have mechanics on duty 24-hours each day from Monday – Friday. If you encounter a building problem after the conclusion of normal office hours the University Police can dispatch a mechanic to help.

Please accept our best wishes for a great academic year!

Patricia L. Swannack Vice President for Administrative Services

The Criminal Justice and Homeland Security Faculty

Dear Criminal Justice and Homeland Security Students

The Criminal Justice and Homeland Security faculty welcome you back to campus and our classrooms. We look forward to teaching, advising, and engaging you during the new academic year.

Please welcome our new faculty member Dr. Shannon Cunningham.

On <u>Wednesday, September 21</u>, from 2:45 – 3:00 p.m. we will be holding a **Welcome Back Event** in <u>Magill Commons, rooms 107 & 108</u> during which you will have the opportunity to meet our faculty as well as fellow CJ and HLS students.

It will be immediately followed by a Guardian's Club meeting at 3:00 p.m. Our guest speaker will be FBI Special Agent, Brian Cotter who is a 2009 graduate of Monmouth University.

We wish you the best as you embark upon another semester of learning and discovery.

-The Criminal Justice and Homeland Security Faculty

On-Campus Employment/ Federal Work Study

Welcome to Fall 2016! Student Employment is looking forward to working with 235 supervisors for on campus employment, 45 off campus supervisors for off campus employment and hiring over 1,700 students again into over 2,200 different positions.

Student Employees make valuable contributions to various departments on and off campus. These positions can be added to students' resumes, LinkedIn profiles and contribute to the overall educational experience. Students, work toward picking a job applicable to your major!

A reminder to all students and supervisors: no student may begin working without completing 2016 -2017 employment paperwork and filing a FAFSA (Free Application for Federal Student Aid) for the new academic year! Every student employee will have new trainings to complete as well.

The Student Employment Office is open 8:30 AM - 5:00 PM daily and specific "paperwork hours" will be held for students to complete and update all paperwork in the Student Employment Office, First Floor of Bey Hall room 127. For more information visit: <u>www.monmouth.edu/student_employment</u>

As always, an individual appointment can be made by calling 732-263-5706. We are pleased to have four full time staff in our office to assist you: Aimee Parks, Rose Chasey and we welcome newcomers Raul Arlequin and Angela Michelli! Additionally, various special guests from Human Resources will be helping in our office for the first couple of weeks in September. Thank you for your patience. Work to make great things happen this semester! Good luck!



The Office of Student Activities at Monmouth

The Office of Student Activities and Student Center Operations would like to welcome all first-year, transfer, and returning students to Monmouth University!

Throughout the year, the Office of Student Activities can serve as a great resource for all students.

From hosting a campus-wide student involvement fair to assisting campus groups with events, the Office of Student Activities strives to provide student the opportunities to get involved and make memorable experiences here at Monmouth.

Below is a list of events for the month of September hosted through the Office of Student Activities, Student Activities Board, and other clubs/organizations:

Student Events:

Wednesday September 14 - Friday 16th <u>Poster Sale at various locations</u> Friday, September 16th 6:45pm – Outdoor Movie: Jaws at the University Bluffs (shuttles provided from Birch Loop) 9pm – Game Night: Rebecca Stafford Student Center-First Floor

Saturday, September 17th 3pm – Monmouthpalooza: Res. Quad (rain site: Anacon Hall) 7pm – Music Showcase on Shadow Lawn 8pm & 11pm –Saturday Screening of Captain America: Civil War in Hesse Lounge 9pm – Gift Card Bingo: Rebecca Stafford Student Center Café

> Friday, September 23rd Camping/Kayaking: Wharton State Forest

Battle of the Buildings Saturday, September 24th 11am – Bus Trip: Grounds for Sculpture (tickets needed) 6:30 – Chinese Mid-Autumn Festival in the

University Bluits I (By the beach in Long I	awn Bran zh)	Club Dining Room 8pm & 11pm – Saturday Screening of Zootopia in Hesse Lounge Battle of the Buildings
September 16, 2 7 pm SHUTTLE INF		Monday, September 26 th 8:30 pm – Presidential Debate Watch Party in Wilson
Depart from Campus: 5:45 pm 6:00 pm 6:20pm 6:40 pm	Return to Campus 9:00 pm 9:15 pm 9:30 pm	Monmouth Challenge Registration due today! Friday, September 30 th 8:30pm – Ice Hawks vs. Rider: JSA 8:30pm – Campus Feud Game Show in Pozycki 115

Transformative Learning

Welcome new and returning students!

Campus leaders, faculty and staff are working together to make sure that your experience at Monmouth University is transformative. This means that curricular and co-curricular activities are designed to change the way you think, how you relate to others, and how you contribute to the Monmouth community and beyond. I hope that you are settling in and exploring the many facets of college life, empowering yourself to make the most of your academic experience at Monmouth, and engaging in our community through class activities and organized events.

As you tailor your academic experience to prepare you for life after Monmouth, consider visiting the Hawks Career Link to find internship and job placement opportunities.Complete and submit your profile to view more than 600 jobs/internships: www.monmouth.edu/hawks-career-link

The Monmouth campus offers a range of services for your health, safety, and academic excellence. Take every opportunity to engage your faculty and advisors, the staff who are here to assist you, and your student colleagues to guide you through a safe and successful year. We wish you all the best for the year ahead!

Sincerely, Kathryn Kloby, Ph.D. Vice Provost of Transformative Learning

Student Alumni Association

Welcome back, Monmouth Hawks!

The **Student Alumni Association** is ready to kick off another wonderful year. As always, we will continue to promote pride in our school, build student awareness of campus tradition, and strengthen the bond between past and current students. This year we are especially excited to increase our number of networking events on campus. We will also continue our initiative towards becoming a more philanthropic based group specifically through volunteering, fundraising and educating our peers on the importance of giving back! Our monthly meetings are packed with brainstorming sessions, visits from successful alumni and delicious pizza! We are looking forward to enriching life in and around our university this year.

MU Youth Activist Group

Dear Monmouth University Family,

On the behalf of the Monmouth University's Youth Activist Group welcome back to another exciting year at Monmouth University. As one of the newest and fastest growing members of the MU family; Y.A.G. has made constant strives to foster a positive environment of activism on campus as well as the surrounding communities. Y.A.G. has a number of events planned this year and is currently looking to assist any other group or organization with their activities as well.

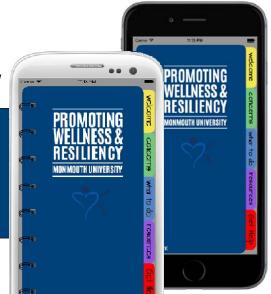
Jarrett Branch V.P. MU Youth Activist Club

Counseling and Psychological Services

DOWNLOAD THE NEW



HOW TO DOWNLOAD



The Outdoors Club

Welcome back, everyone!

We hope everyone had a thrilling and adventurous summer. Although we are starting classes again, there's a lot s'more fun to be had! There may be times where you will need to camp out and get work done, but don't let yourself become too stressed out – that makes life intents. Here are some words of advice and inspiration: You can [com]pass every mountain (or class) in your way. Nothing is unbearable if you saddle up and put your mind to it. Get plenty of rest to fuel your fire. Paddle along, even when things seem tough. College zip[line]s by, so make the most of every day! Let's have a unbeleafable year!

Love, The Outdoors Club E-board



Rebecca Stafford Student Center-1st floor

Welcome Students!

Whether you are a first year student living away from home for the first time or an upperclassman anxiously awaiting graduation, your life at Monmouth will include many dynamic experiences. These times are exciting but sometimes stressful, upsetting, and overwhelming. If you or a friend needs help, the campus community is here to help. Let's talk about it!

Counseling and Psychological Services is located on the 3rd floor of the Student Center. The CPS office is typically open Monday to Friday from 8:45am until 5:00pm.

Stop by the office, give us a call at 732.571.7517 or email us at mucounseling@monmouth.edu.

Good luck this semester!

Milling of the REFERRAL Discipline Secural Assault

- 1) Go to the iTunes App Store or Google Play store on your smartphone
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 "PWR Monmouth University"
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App Store



- Ways to build strength
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Resources to get connected

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The Outlook 7



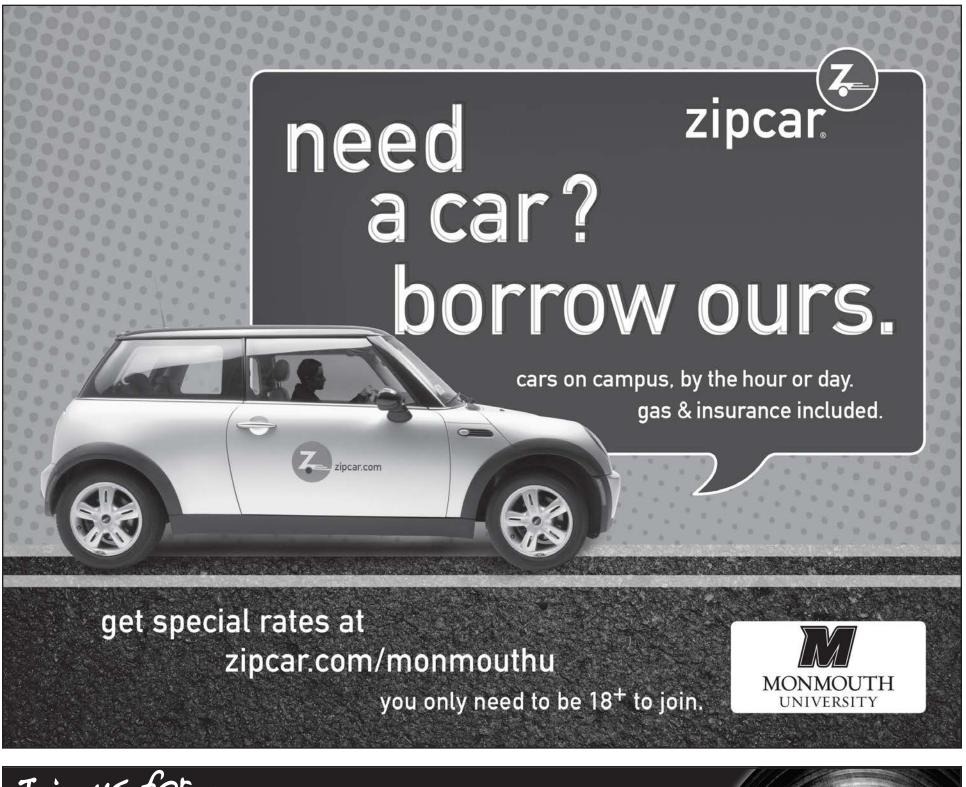


STUDENTS GET FREE TICKETS!

All Monmouth University students can enjoy one free ticket to two performing arts events per semester. After two free tickets are used, the student cost will be \$5. Student tickets are limited.

FOR TICKETS CALL: 732.263.6889 OR VISIT WWW.MONMOUTH.EDU/ARTS





Join us for... TUESDAY NIGHT RECORD CLUB

It's just like book club but with albums! With new advances in technology, the way we consume music through our devices, apps and on demand streaming services like Pandora, Spotify and iTunes is making the idea of the "album" as an art form extinct. Get together with other music enthusiasts on Tuesday nights to discuss some of the greatest records of all-time! Listen to the album beforehand and then come prepared to discuss.



NIRVANA'S Nevermind Sept. 27 | 7:30 PM | WOODS THEATRE

Panelists for this event include:

Aaron Furgason, Chair, Department of Communication Rich Robinson, Program Director/On-air Personality 90.5 The Night Kim Zide Davis, Manager for the band Pantera & estate of "Dimebag" Darrell Abbott



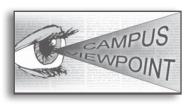
BOB DYLAN'S Blonde On Blonde October 25 | 7:30 PM | WOODS THEATRE **THE BEATLES'** Sgt. Pepper's Lonely Hearts Club Band March 21 | 7:30 PM | WOODS THEATRE

BLONDIE'S Parallel Lines February 7 | 7:30 PM | WOODS THEATRE BRUCE SPRINGSTEEN'S Nebraska April 25 | 7:30 PM | WILSON AUDITORIUM

Record club events are **FREE** and open to the public, however seating is limited. <u>Please register in advance</u> online at **www.monmouth.edu/record-club**







What's the most exciting thing you did this summer?

COMPILED BY: AMANDA DRENNAN



Aditi Senior "I went to Italy and ate pasta everyday."



Mariel Senior "I went to Dorney Park and helped one of my campers get over their fear of heights."



ABOVE:

JACQUELINE EVANS BOWLING IN A NATIONAL TOURNAMENT SHE WON ON *CBS SPORTS NETWORK*. (PHOTO COURTESY OF JACQUELINE EVANS)

ABOVE: A-ROD'S LAST GAME AT YANKEE STADIUM DELAYED BY A THUNDERSTORM. (PHOTO COURTESY OF MARIE SOLDO)





ABOVE: JAIME KOPS (LEFT) WITH HER SISTER AT ADVENTURE AQUARIUM IN CAMDEN. (PHOTO COURTESY OF JAIME KOPS)



ABOVE: SABINA GRAZIANO ON VACATION IN ITALY. (PHOTO COURTESY OF SABINA GRAZIANO)

ratemal Fallers Caystato Socaras C

ABOVE: LAMBDA THETA PHI LATIN FRATERNITY BROTHERS SUPPORTING ANOTHER CHAPTER'S FESTIVAL. (PHOTO COURTESY OF RAMON FERRER)

Don't see your picture this week?

Check back in next week's issue for more Monmouth student's summer photos!



Jamie Kretsch Chair of the Computer Science/Software Engineering Department "I went on a cruise around Europe, and got a new puppy who's training for the Seeing Eye." Profe

THE OUTLOOK

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"Today is Your Day, Your Mountain is Waiting, So Get on Your Way"

DANIELLE SCHIPANI EDITOR-IN-CHIEF

Another new school year is upon us. As September rolls in many students can't help but think about all the changes and challenges that usually come with a fresh school year. New classes, new professors, new friends, maybe living in a new dorm or in an off-campus rental, new responsibilities, and a whole new schedule.

Since freshman year there have been several changes and challenges in my life. Yet one thing has always remained constant throughout my college career, and that would be The Outlook.

When starting the year as a freshman at Monmouth University, the first piece of advice any upperclassman will give you is to join a club. This helps you make friends, keeps you motivated and involved, and helps you grow. Often times, these clubs become like a family, a home away from home. Whether you join Hawk TV, Student Activities Board (SAB), Student Government Association (SGA), or any of the amazing clubs on campus they are sure to become your family. This is one of the things *The*

Outlook has provided for me and our tech team. I hope this always continues to be a home for new and old members of the paper.

This year I will be the Editorin-Chief (EIC) at The Outlook. Holding this position means more to me than I feel I can properly articulate. I have grown up here and always hoped I would one day hold the position, but never honestly saw myself achieving this long term goal as it seemed almost unattainable to my young freshman eyes.

Now that it is my senior year I am both excited to take on the challenge of being EIC and saddened to see my time at The Out*look* and at Monmouth come to an end. Luckily, I've had the opportunity to watch several editors before me graduate and go on to be successful, hard working individuals. I have big shoes to fill but I feel confident in myself and will do my best to live up to these expectations.

This year I look forward to covering various topics such as the presidential election, expansions and renovations to come to Monmouth University, and the ongoing Office of Civil Rights investigation. We will also launch your fingertips and it is your job our new website, which I look to make sure you do with it what forward to developing alongside you wish.

The Outlook has been a reliable publication at Monmouth since 1933 and it is an honor to become a part of Monmouth history. I have confidence in this year's amazing staff and know that they will work hard to maintain the honorable aspects of this paper. The staff is my motivation and we will continue to motivate one another as the year progresses

As a staff we are lucky enough to have our advisor, John Morano, who always makes himself available to us and is more than willing to help any driven journalism student perfect their craft. Our office assistant Sandy Brown is so supportive and I can't wait to work with her this year.

One of my favorite quotes by the band, Kings of Leon, is: "The open road, the path of greatness, it's at your fingers." This is how being both a student at Monmouth and an editor at the school paper has always made me feel. I have learned that if you believe in yourself and your goals then you can accomplish anything. Your life really is at

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HOW TO SUBMIT ARTICLES OR LETTERS:

The Outlook provides the Monmouth University community with information concerning issues in and around the University while serving as a forum for expression of the ideas of its readers.

Contributions must be submitted by email (outlook@monmouth.edu) or to The Outlook office, 2nd floor, room 260, Plangere Center, by 12:00 p.m. on Sundays.

All copy must include the author's full name and contact information. The Outlook accepts articles and graphic material from students, faculty and administrators, and reserves the right to edit or reject any material which they determine is not suitable for publication or its readers. Copy and advertising appearing in *The Outlook* do not necessarily reflect the views of Monmouth University or The Outlook.

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Life Lessons for an MU Student from Family Feud

LAUREN NIESZ **OPINION EDITOR**

Family Feud has been one of America's favorite game shows for a very long time-back to when Richard Dawson was the host. Even as a child, I was a big fan of Family Feud-to the point where I even downloaded the app and played by myself. I know, riveting childhood I had; that being said, I think that there are definitely some valuable life lessons one can learn from the game show.

One lesson that can be learned from Family Feud is that you should take loss with grace; simply, just don't be a sore loser. Many times, families on Family Feud lose by even one point, which is totally devastating. Regardless of how they really feel, they take losses with a smile and laugh it off (hey, they do get to come back the next week). The same goes for families who lose the first round and don't even get to go to the Fast Money Round. They don't get to come back, and they're still all smiles.

Another life lesson that can be learned from watching Family *Feud* is that no matter how many times you do lose, that you should just keep trying—perseverance. I've seen episodes where the same family comes back multiple times and they just keep losing. Honestly, it's inspiring how much tenacity they have to keep coming back and never giving anything less than 100 percent.

son that Family Feud teaches the start of the semester here at us. This lesson may be obvious, but it is still important. No matter how challenging the topic, or how poorly the team is performing, each family still manages to stay positive and try their hardest. And, in order to accomplish these things, they must stick together



IMAGE TAKEN from Wikipedia.com Family Feud provides many life lessons that we, as college students, can take into consideration.

and support one another.

This brings us to our last life lesson- consistent encouragement. I think that this is the most important life lesson from Family Feud. Come on, we've all watched an episode of Family Feud and picked out the one contestant in a family that gives all the wrong answers.

Not only are these answers wrong at times, they're usually quite absurd. His/her answers often make you think "okay, did s/ he really just say that," but regardless of how insane the answers are the family is right behind the contestant screaming things like "good answer!" This consistent encouragement and support is a life lesson that, while when watching we may think is ridiculous, we should employ more in our daily lives.

So, how do these Family Feud Teamwork is another life les- life lessons apply to you? As Monmouth University we could all use some of these lessons to teach us to step into our semesters with a positive outlook. First, the lesson not to be a sore loser can be employed in everyday life as a student because we don't always get what we want. Maybe we

didn't get that class we wanted during drop/add week or maybe we didn't get the partner we wanted to work with in class, but we need to remember that we should take these "losses" with grace and move on.

Second, the families' perseverance is totally inspiring for the life of a college student. No matter what, we need to keep trying in our classes or in our clubs. We need to make sure our voices are heard! If that doesn't happen right away, we can't give up! Whether that means countless hours in the library or at office hours or putting in the extra volunteer hours in our clubs.

Teamwork is another life lesson applicable to college life. Group work is dreaded, but we can learn from these families that we need to try to include everyone and encourage all ideas.

This consistent encouragement goes hand-in-hand with the lesson of teamwork. If, in our classes, we are able to be more positive about teamwork and really try to cooperate with one another, it would be more likely that we end each group assignment with a smile, just like the families on Family Feud.

Is Facebook Logging Out?

ALEXANDRIA AFANADOR CONTRIBUTING WRITER

Though many social media sites come and go just as fast as they appeared- I am talking to you Myspace- there are some that stick around for the long run.

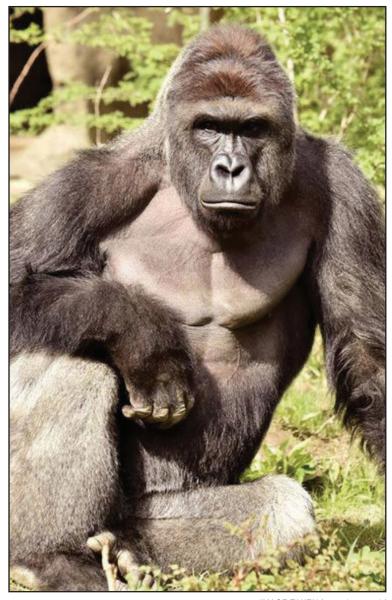
Facebook has been a vital part of my life ever since I joined back in my middle school years. Being that I live far away from most of my family members, Facebook is an easy way to see what everyone is up to. As of late, many have been saying that Facebook is a dying force. I happen to believe otherwise. In fact, I would go so far as to say Facebook has been gaining a new popularity amongst the general public ranging anywhere from about 18-25 years old, the traditional collegeaged adult. I was talking to my mom- the same person who used to religiously play "Farmville" and now simply uses it to share ridiculous amounts of videosabout Facebook's relevance when I realized I was clearly talking to the wrong person.

Some may be wondering: "Well, I don't use it much, I don't see how it's popular anymore." Have you noticed that one of the main ways our Monmouth University community sticks together is Facebook? We have groups such as: "Monmouth University Class of 2018" and "Monmouth Commuter Students," or even "NSO Blue Squad," and so on and so forth. We have continually used Facebook for all Monmouth necessities, as luck would have it, even for writing topics within The Outlook itself for different sections like Opinion and Features use Facebook. There are limitless opportunities we

have taken advantage of within Monmouth while weaving Facebook into our plans and it would seem as though we won't ever stop- cue the chorus of "We Can't Stop" please!

Just for a moment, I'll humor the opposing side; for the people that say Facebook is dying out or has already died out, I can see where you are coming from. Usually, the age group that says this is the high school aged teenagers who have yet to be introduced to the outrageous amount of activity college students put out on 'the book.' Sure, we use it to keep our community up to date on the latest school events and who's selling their book for the cheapest price, but Facebook has become a sort of distraction and helpful tool to many. Speaking for myself, I don't normally post very often and if I do happen to update, it's usually Instagram photos just linked to my account. But, the best part about mindlessly scrolling through delicious food tutorials dispersed throughout your timeline on Facebook, is that every so often, a few videos about the latest election news comes up, or even controversial videos about equality, rumors, or just celebrity gossip. I was asked once where I get a lot of my news from, and while a lot of times I don't have the luxury of sitting at the television for a few, or grabbing the newspaper and lounging around to read it, I can honestly say social media has fed me a lot of my news, Facebook especially.

So, to the die-hard Facebookers, I commend you and stand by you in our little world filled with Tasty videos and outlandish 'friend' counts. And to the negative, Facebook haters, I'll make a page for you to dislike.



Is there #JusticeForHarambe? A Look at the Effects of Social Media on the Cincinnati Zoo

AMANDA DRENNAN PHOTOGRAPHY/LEISURE EDITOR

The name "Harambe" has been plastered on social media a lot lately. A few months ago a young boy fell into the gorilla cage at the Cincinnati Zoo. Unboy's life or shooting the gorilla. The zoo officials decided that the life of the little boy would be saved, and the gorilla, Harambe, died. The child fell into the enclosure, and the gorilla was dragging him around. The zoo officials feared that if they tranquilized the gorilla he would have become more enraged and hurt the child before he would be saved. Something needed to be done quickly about the situation and the zoo staff thought that this was the best way to handle it. There were several staff members from the zoo that spoke about the situation, all agreeing that the right thing had been done in this situation. After the story was broadcast all over the news and internet, people began to take sides and getting extremely upset over the situation. The story blew up with people attacking the Cincinnati Zoo saying they handled

several apologies and explanations for the situation, people were still furious that the gorilla news report to being an internet was killed. Of course, people meme of Harambe-a joke. It's also went after the parents. They were criticized for not keeping a as a trend, but it's not helpful to closer eye on their child. This is the zoo. They're now unable to fortunately, the zoo was given a valid criticism, but parents are use social media to notify or prothe ultimatum of either saving allowed to make mistakes too; mote anything to their guests. we aren't all perfect.

the situation wrong. Even after people leaving these kinds of comments.

The story went from being a something silly that's caught on The actual event was a lot for the Usually, as time passes, the zoo to take on and now the ongoing joke is taking things a step further.It is a very tricky situation to handle, of course, but it was handled and the general public needs to move on and stop criticizing the actions of the zoo. The meme of Harambe was taken a bit too far because it turned into a form of harassment for the zoo.

IMAGE TAKEN from mirror.co.uk Harambe is a gorilla from the Cincinnati Zoo whose death was very controversial.

hype around stories like this will die down. But, lately the zoo has still found itself in the limelight. People have taken the situation and turned Harambe into a meme. Almost every social media platform you look at on the internet is bound to have people posting pictures of the gorilla with funny sayings under them. People are basically mocking those who were very offended when the zoo killed the gorilla. While the memes were definitely comical, they tended to be casting a negative light on the zoo.

There were actually so many jokes and attacks being made at the zoo that they disabled all of their social media for an extended period of time. They had been getting countless Twitter replies and Facebook comments saying things like "#JusticeForHarambe." It wasn't just a few people either, there were hundreds of

The meme doesn't do anything but make fun of the situation.

It doesn't even promote safety at zoos, it's just a situation people are taking advantage of on social media to make a joke. I don't think the meme is a bad thing because it isn't harming anyone. But, unfortunately for the zoo, it is something that they'll have to deal with until the sensation is over.

Like most things on the internet, eventually this will all be in the past. But, for now, #Justice-ForHarambe.

Who Stole the Show at the VMA's?

ALEXANDRA O'CONNOR CONTRIBUTING WRITER

From Madonna's infamous performance of Like a Virgin in 1984, to Britney Spears' memorable performance with a python snake in 2001, the MTV

people wait all summer for, and the 2016 award ceremony was no different. On Sunday, August 28, celebrities, singers, songwriters, and more gathered in Madison Square Garden to set off the year's greatest hits. This Video Music Awards have be- year's show was quiet arbitrary

FAMOUS

IMAGE TAKEN from www.lainevgossip.com Kanye West delivered yet another captivating speech at the 2016 MTV Video Music Awards.

many memorable performances. The show opened with Nicki Minaj singing alongside newest pop-sensation, Ariana Grande, who sang her most recent hit, Make Me, while reenacting what appeared to be a cycling class on stage. Rihanna, winner the Video Vanguard Award, performed four dispersed times throughout the three hour showing, while Beyoncé hit the stage for a 15 minute performance of songs pulled from her newest album, Lemonade. Aside from these unforgettable performances, Alicia Keys did something extremely unexpected. Rather than singing one of her own songs, she sang a poem honoring Martin Luther King's "I Have a Dream" speech that touched many people in the audience and ones watching at home.

The performances made during this year's ceremony were definitely one for the books, but one in particular I found to be a long awaited, exciting performance. Hitting the VMA stage for the first time in nine years, Britney Spears made her return. Singing a song from her new album, Glory, Britney sang "Make Me" featuring G-Eazy. Rather than simply singing the song, Spears incorporated her talent of dancing into the performance, which made it more entertaining. Not only was this

ney's yellow leotard covered in Swarovski crystals with matching boots lit up the stage.

Jessica Porter, a senior education student, said, "I have waited for Britney's comeback for years and she over-exceeded expectations musically and entertainingly."

Although many enjoyed this performance made by the pop legend, it was also one of the biggest controversies of the night. Many complained that Spears was lip-syncing the entire performance. Whether this is true or not, she had the audience out of their seats, therefore I believe she did what she came to do, and that was to entertain. Just recently, The Chainsmokers have become extremely popular in pop culture and their new song featuring Halsey, "Closer" has hit number one on Billboard and besongs on every radio station. Sending sparks across Madison Square Garden, Andrew Taggart and Halsey had great chemistry during their performance, which intrigued audience members during the ceremony and even days after. I could not log on to Twitter or Facebook without seeing a clip from their moduring the show!

come a global phenomenon that - to say the least - filled with performance eye catching, but West made yet another memoso was her outfit on stage. Brit- rable moment on the VMA stage. Whether it be insulting Taylor Swift and being "Pro-Beyoncé" or making a speech about being the next President of the United States, Kanye always provides people with some sort of entertainment, and this year's speech was no different. He delivered his speech called "I am Kanye West" before debuting his new music video for his song "Fade." During the speech he covered many different topics including Taylor Swift, Donald Trump, his controversial song "Famous" his love for Beyoncé, and he even mentioned Steve Jobs. Once again, Kanye has left me very confused, even more confused than when he tried campaigning to be the next president at last year's VMA's.

> MTV has made itself a household name throughout the years and their Video Music Awards come one of the most popular have become an American sensation. Through the performances, speeches, award winners, and outrageous outfits, the VMA's are always something to remember. This year's award show was filled with these memories and followed MTV's traditions by including some unexpected moments that will be remembered forments during their performance ever, and now I can't help but to think what the 2017 award show

Later in the night, Kanye has in store.

NEW SEASON OF "CATFISH" CAPTIVATES /

VICTORIA NELLI STAFF WRITER

Nev Schulman and Max Joseph, hosts of the MTV series "Catfish: The TV Show," are reeling in what could be the worst catfish yet.

A catfish is a person who pretends to be someone they are not by using social media such as Facebook, Instagram, and dating apps to create false identities, mainly to pursue deceptive online romances and relationships, however, in episodes from prior seasons, some catfish used social media solely to get money from the other person and had no interest in a relationship.

to a gorgeous, blonde, twentysomething when he was really talking to a married and middle-aged woman, Angela Wesselman. While that occurred, Schulman's friend, Henry Joost, and sister, Ariel Schulman, documented everything and it later premiered at the Sundance Film Festival. Once it was seen by the public, many contacted Schulman explaining that they had experienced very similar situations. "Catfish: The TV Show" was then created to follow the journey of hopeless romantics that have formed online relationships without meeting each other. It is up to Nev and Max to tell the sto-The concept of "Catfish: The ries of these hopeless romantics TV Show" began after Schulman as they discover the truth behind

2010. He believed he was talking times shocking revelations along the way.

"Catfish: The TV Show" made its debut on November 12, 2012 and the show recently began season five, which premiered on August 10, 2016 with two very intriguing episodes. In the first episode, former Playboy model and mother of two, Jayme Nelson, requests the help of Nev and Max when she discovers that her online boyfriend, Lucas, is not only fake, but is catfishing an insanely large number of other women as well.

Jayme turned to online dating because other men could not accept the fact that she is a single mother and pole dancer. Jayme met Lucas on Tinder, which makes this the first Tinder love himself was catfished back in these online romances and some- story ever on "Catfish." Prior

to meeting with Nev and Max, and Max to see if Anthony is re-Jayme was contacted by another one of Lucas' girlfriends, Urszula, who said that Lucas has cat fished over four hundred women and to him, all of those women were simply an experiment. By doing a reverse image search, they find out that Lucas is really a man by the name of Zach who has solicited inappropriate pictures from each and every one of the women he has cat fished. As if cat fishing over four hundred women isn't bad enough, Zach had list, upon list, that categorized all the women; "Jayme, former *Playboy*, has children, on the level of saying I love you. Urszula, from New York, told her I would move to New York to be with her, also told her I am in The TV Show," Nev and Max love with her, sent me this picture contact the suspected catfish reon this day. Sarah, from Texas, questing that they come clean told her I would move to Texas to and meet the person they have be with her, wants a relationship with Lucas." When Nev, Max, Jayme, and Urszula finally meet Zach, they are all disgusted while he thinks the whole situation is amusing. He is the type of catfish that believes there is no harm in what he has done. Zach told Nev and Max that his catfishing days are over, but personally I found that hard to believe. His life revolved around talking to all those women and making them believe he was Lucas. He felt no remorse for his actions, so he will most likely continue down the road of catfishing and keep misleading other innocent women. Following that episode was the love story of Larissa and Anthony. This catfish may not be strange and immature like Zach; however, Nev and Max discover the truth behind all of Anthony's lies. Previously catfished before, episodes every Wednesday night naive Larissa reaches out to Nev at 10 on MTV!

ally who he says he is. This catfish claimed to have moved to Larissa's home town of Yakima, Wa. from Escondido, Ca. Nev and Max could not believe that since Yakima is a very small town, so it was highly possible they could have run into each other. Upon speaking with Larissa and gathering all the information they need, Nev and Max did their research and found out that Anthony is not who he says he is, and more importantly, he does not live in Yakima. His real name is Jose and he was really almost three thousand miles away in Kodiak, Alaska! Larissa, feeling very foolish, had her heart broken once again.

In each episode of "Catfish: been cat fishing. That has proven to be a struggle for the two because the catfish is not always willing to speak with them, and a majority of the time, they hang up the phone or ignore the phone call. In this case, Jose did not respond to Nev, Max, or Larissa. It seemed like he was MIA and wanted nothing to do with Larissa anymore. Although the three of them had not heard from Jose, Nev figured that since Kodiak is such a small island, they could go around asking people if they have seen him. Nev was determined to find him so that Larissa could get the answers she needs and move on. While they were successful on their catfish hunt, the ending will still leave you very surprised. Every episode of "Catfish: The TV Show" just gets better and better, so be sure to check out all the new upcoming



IMAGE TAKEN from www.mtv.com

The new season of "Catfish: The TV Show" has more drama than ever before.

SUMMER'S "STRANGER THINGS" SHOULD STICK AROUND

EMILY NOCERA STAFF WRITER

In just one moment, my carefully organized, meticulously timed television-watching schedule was turned upside down.

With the fourth season of Orange is the New Black untouched, half a season of the new AMC show Preacher on anxiety-ridden mother (Winona my DVR, and the entire series of Gilmore Girls that has been in my watchlist for as long as I can remember, and more, I wasn't looking for anything new. Then there was Stranger Things.

Despite a backlog of things to watch, it became almost impossible to ignore the buzz around Netflix's new original series. Articles popped up all over, exclamations of its greatness flooded social media, and it seemed that everywhere I turned, someone was raving about this unexpected summer hit. Who was I, a mere human trying to keep up with the best of what television has to offer, to ignore it? And thankfully I did not, since it ended up being one of the most fun and satisfying shows of the season.

Stranger Things, created, written, and sometimes directed by brothers Matt and Ross from its well-used soundtrack Duffer, is a summer delight to its various pop culture referthat should not be forgotten even though classes are back in session and it is no longer the trending topic. It has all the for the first time in your living mystery, suspense, scares, and room, or hiding under a blanunexpected fun that one could enjoy during not only the warm You not only have chills runsummer nights, but also during ning down your spine, but also lazy fall afternoons.

In the small town of Hawkins, your face thanks to the thrill of

dictable and tame. But when local boy Will Byers (Noah Schnapp), a geeky kid who plays Dungeons and Dragons all day with his three best friends, Mike (Finn Wolfhard), Dustin (Gaten Matarazzo), and Lucas (Caleb McLaughlin), things get strange, for lack of a better word. Joyce, the boy's Ryder), Will's three friends, and Hawkin's chief of police, Jim Hopper (David Harbour) attempt to forge their own investigations into Will's disappearance, with each beginning to unravel the mysteries behind a shady government laboratory in town, a quiet, on-the-run little girl that appears in the

woods, and much more. One may find the slightly clichéd story to be an immediate turnoff, which is understandable. A nostalgia-heavy story set in a small town with some mysterious forces at work isn't exactly groundbreaking television. This show, though, is endearingly dedicated to portraying the 80s setting perfectly, with some of the directing techniques making the show seem straight out of a cheesy, old-school monster movie. Everything about these elements, ences, is what makes it so enjoyable to watch. You feel like you're a kid again watching E.T. ket watching a bad horror film. a sneaky smile spread across

Indiana in 1983, things are pre- it all. Stranger Things is also refreshingly funny, and not at all cynical. The show wears its comedy and innocence on its sleeve. The children are intelligent, loving, and actually helpful when it comes to cracking open this case. From their nerdy science teacher to the gruff Chief Hopper, all the adults on the show truly care about not only the three friends on a mission, but also about Will Byers himself. The show is as touching and emotional as it is creepy and foreboding.

The Duffer brothers, directors of the 2015 horror film Hidden and writers on FOX's forgotten science fiction venture Wayward Pines, know how to pace the show perfectly. They found a great balance between slowing the story down to introduce Hawkins and its many interesting individuals, and when to bring the plot back raring to go when the audience might start to fade. At just eight episodes, all clocking in at less than one hour, it almost seems like Stranger Things was designed to be binged. The show takes its time in the beginning - sometimes a little awkwardly. The audience immediately jumps into the stories of the our most compelling characters: Joyce, Will's friends, Chief Hopper, the strange young girl, Eleven, and Nancy Wheeler, a teenage girl who is afraid that the boy she's dating is just a sleaze. Nancy is not an immediately captivating character, and her story just seems out of place and dull in comparison to what the rest of the series is offering. While it does pay off in the end, and it does exemplify how



IMAGE TAKEN from www.indiewire.com The new Netflix series "Stranger Things" was a hit this summer.

some of Hawkin's townspeople are, it can be a slog to get through.

compelling part of Stranger Things lies in its characters and the actors portraying them. The series boasts the return of Ryder, an 80s pop culture icon in her own right. As the anxious and frenetic mother who is always one step away from insanity at any moment, Ryder is as impressive as ever. You can't always relate to her, but you absolutely feel for her as she desperately clings to any trace of her son. While Ryder may be the star, it's the newcomers who steal the show. The chemistry of Will's friends, Wolfhard, Matarazzo, and McLaughlin, is excellent, and feel the love for each other and their miss-

boring and familiar the lives of ing best friend. The kids never become obnoxious or annoying throughout the show and are just as fascinating to watch as The most impressive and the adult characters. The standout is Millie Bobby Brown as Eleven, a girl with a mysterious past and power, that might just be the key to finding Will. She balances the dramatic elements of the show and the comedic bits perfectly, and has the poise of an actress well beyond her twelve years. She's truly a revelation, and you should expect to see more and more of her very soon.

> In the end, Stranger Things did irrevocably ruin my television schedule for the summer. But it did end up being the most unexpected treat of the summer, and should surely be enjoyed by all throughout the year, and for years to come.

Fifth Harmony Steps Up Their Game

VICTORIA NELLI STAFF WRITER

In just four short years, the girl group Fifth Harmony has gone from singing competition frontrunners to a household name (most likely a household that is home to teenage girls). Their latest tour in support of their album, 7/27, is sure to wow fans and evoke plenty of awkward dancing and loud singing that should be reserved solely for shower purposes.

Opening up for the girls was 2005 teen icon, JoJo. Aquamarine herself sang songs old and new, mixing in some hits from her hey- Too Late." The audience rose to

day as well as new hits, such as "F**k Apologies." At first when my friends and I noticed she was opening we were slightly excited. We only knew her old songs and weren't expecting too much. Then she came on the stage and completely owned it. She had a sweet moment with the crowd, where she explained why she had been gone so long and why she did not put out any new music. She then explained how she is back and ready for evervone to hear what she has been working on. Closing her set, JoJo gave the crowd the one song they had been waiting for, "Too Little

their feet and the screams were

deafening. From that, we were off! The show kicked off with a flight attendant directing ticket holders to their seats, letting audience members know they are ready for takeoff. The girls open with a high energy party, "That's My Girl," followed by their first big single, "Miss Movin' On." The set list was broken into five parts, representing each part of the "flight"- Cloud 9, Fantasy Island, Mystery Island, Paradise Island, F.U.N., and then an encore. The set list for the talented singers featured songs from both Reflection and 7/27, singing hits

Most artists their age would have taken a short break or time-out to slow things down, but not these girls...

like, "Sledgehammer," "Worth were we dying to see them. We It," "Bo\$\$," and "Dope." Showing no signs of slowing down, the girls handled multiple costume changes and quick set changes the show was over and couldn't like seasoned performers; fans believe that we only knew about would never know this was their eight songs throughout the night, first major tour.

gaged throughout the whole two- show. Their vocal ranges were hour set. Most artists their age would have taken a short break or time-out to slow things down, but not these girls, other than one acoustic number. The girls did complicated and intricate dances for each song, incorporating props and meshing in solos with talking points beautifully and with ease. One high note of the concert, no pun intended, was "Sledgehammer," the song that arguably put the girl group on people's radar and forced people to give them a chance. The girls put their all into that number. Everyone in the crowd was winded after singing and dancing along, giving their best attempts at matching the girls' energies. This seemed to be nearly impossible because the girls never looked tired, while my friends and I needed a break three ringing ears and sore throats. songs into the show. My friends and I bought the tickets to Fifth Harmony on a whim see Fifth Harmony live in con-- we really weren't huge fans nor cert.

figured it would be a fun- and dance-filled summer concert. We were completely surprised when and that we weren't bigger fans The girls kept the audience en- of the girls before we went to the incredible and it was so refreshing to see genuinely talented girls who are doing what they love, especially at such a young age. One thing was apparent throughout the night, which was how grateful Fifth Harmony was to be doing what they are doing. They wouldn't stop thanking the audience and their fans for showing up and buying tickets and buying their music. It truly was inspirational to get to see their success story unravel in person. The X-Factor vocal-powerhouses closed their set with their top-ten hit, "Work from Home," morphing the crowd into a screaming dance party of seven thousand. When the concert concluded and the lights went up, thousands of fans were left with It's safe to say that if you get the chance, it is definitely *worth it* to



IMAGE TAKEN from beatcog.com

The girl group, Fifth Harmony, gave an impression show as they performed their latest album, 7/27, this August for he Jersey Shore.

FEATURES

The Importance of Excelling at Your Internship

KAITLIN MCGUIRE CONTRIBUTING WRITER

an opportunity to experience what a job in their career field would be like. They provide the individual with a taste of their future, enabling them to see if they enjoy what that major has to offer, and if not, internships can lead to students changing their minds about a career field. Internships are a great thing to have on a resume as well, showing employers what you projects you have accomplished and skills you have honed.

Toni Taranto, a senior sports communication student, had an internship with the New York Jets football team. A few days after Taranto submitted her application, she received a phone call and was invited to a group interview at the Jets facility. "Being involved with a group interview was a different, yet cool experience. I have never been to a group interview beother people, their opinions, and what they had to say," she Chew" said.

and assisting the team with any- than later."

thing they needed.

A fellow senior and business the training camp days totally Yazmin Rodriguez, a se- student, Alison Maoli interned worth it because working game nior communication student, for a Lexus dealership over the day is one of the most amaz-Internships give students also had a valuable internship summer. "I am lucky and grate- ing experiences ever. I got to this summer working for "The ful that I had an internship. I be the face for the fans and get



fore, but it gave an insight to Toni Taranto, a senior sports communications student, interned with the New York Jets.

Taranto is a huge sports fan a great thing to complete. I en- takes here and there, but that is with a passion for football, joyed my internship, but at the how you learn." making her internship more same time, I learned things NFL players. Every Sunday are some aspects of the field home game, Taranto would be that I just do not enjoy. I am

learned something every day," "I think that internships are she said. "Yeah, I did make mis-

Hard work is always the key to enjoyable. She worked in the about myself," Rodriguez point- a successful internship. "Worktraining camps alongside the ed out. "I discovered that there ing training camp is really rough because it is long, really hot days," Taranto remembered. on the sidelines, working the happy that I figured that out and "I was in the sun for hours, havgame, getting the crowd hyped, had the chance to, sooner rather ing it beating down on me. But, things, I still needed to be ma-

them pumped and excited. You just cannot describe the energy, and the feeling; it is simply life changing."

Obviously, Taranto was next to the players, worked closely with them, and eventually got to know them. Not many people can say that. "Even though [the players] depended on me to do once the season comes, it makes ture and respect the fact that will not be disappointed.

yes, I am a Jets fan, but this is my job," Taranto explained. "I had to talk and act maturely, and treat them as if they were average individuals. I could not ask them for their autograph, or be star struck; I needed to act as a professional."

Lorna Schmidt, Director of Advising for the Communication Department, stresses the importance of getting an internship, and excelling at it as well. "Internships help you get a job," she explained. "You know what to expect from a work place, good or bad. It's important to know what you've chosen is what you do, and maybe what you chose is what you don't want to do. Internships will give you both of these."

Internships can sometimes be stressful, overwhelming and challenging, but they are worth it in the end. People learn about themselves, their peers, the field, and get a sample of the real world. I had an internship at maslansky+partners, a public relations and market research firm, over the summer. At first, I was nervous and stressed; I did not know what to expect and I did not want to mess up and disappoint my co-workers. Over time, my nerves settled down and I grew accustomed to the daily routine. I highly recommend to everyone and anyone to get out there, start filling out applications, and get a jump-start on your future. You



Feel free to visit the office on Mondays or Tuesdays and/or contact Danielle Schipani at s0927658@monmouth.edu.



Stop by the Plangere Communication Center and visit us! Location: 2nd floor, Rm 260 Phone: 732-571-8481 Fax: 732-263-5151 outlook@monmouth.edu outlookads@monmouth.edu

How to Make the Most of Your Freshman Year

CLARE MAURER FEATURES EDITOR

The transition into college is a tough one for a lot of new students. High school doesn't teach you a lot about the balance of a college workload and maintaining the trifecta of mental health, good grades, and a fulfilling social life. College is a whole new world where suddenly a new independence is thrust upon you, and you can handle that freedom in whichever way you desire. While you may enter Monmouth afraid of making friends, managing your time, or fitting in in this big sea of new people, every other student has been there before. If you are a new student reading this article, then get ready for some weight to be lifted off your shoulders. A range of upperclassmen are here to provide their insights into the freshmen year struggle and how to make the most of your new beginning.

One of the biggest things freshmen stress out about is managing their time. Justin Robinson, a senior communication student, recalls being nervous about the balance of homework and other commitments. "The biggest thing I was stressed out about was definitely time management," he said. "Understand that your parents aren't here, and you're completely responsible for everything. Its all on you now."

overwhelming at first, there are many ways to utilize your time effectively and stay on track. "Have a calendar with you at all times!" recommended Bianca DiPreta, a sophomore health studies student. Maintaining a day planner, setting aside certain hours each week for focusing on studying, and meeting up with classmates to work together are just a few tactics to keep up with assignments without getting in over your head.

Lorna Schmidt, Director of Advising, stresses the importance of new students taking responsibility for themselves now that their parents aren't here to help them out with everyday decisions. "Most of their challenges are going to be not having family right there. They've got to handle roommate problems on their own, they've got to handle issues with professors they don't like on their own, and there's not somebody there to do it for them," she explained.

At Monmouth, we're lucky to have such small class sizes with professors that strive to get to know their students. Because of this, it's important to speak up in class and show your professors that you take your classes seriously. John Maurer, a junior communication student, recommends participating in class discussions. "When you enter a class, sometimes no one speaks that they just need to put them-

While the workload can seem talking, and it's just awkward for the professor and for the class. All questions are usually good ones.

> Another way to earn your professors' respect is to be honest. "I encourage students to take responsibilities for themselves" Schmidt says. "You're an adult now; be the person that you want to be when you leave here. If you miss an assignment, don't make an excuse. Apologize and move on. The fewer excuses, the more respected you're going to be. Professors will take you at your word."

> Outside of the classroom, a new stress pops up: making friends. You've left the comfort of your high school friends behind, and who knows if you'll find people you love just as much? Jacqueline Giacalone, a senior public relations and journalism student, stresses the importance of not forming early opinions of any-one you meet. "Jump into everything headfirst. Don't judge anybody because you might not expect who your best friends are going to be," she reminisced.

Bennie Kanzler, a senior business marketing student, worked with the New Student Orientation staff for two years, and has firsthand seen what the transition is like. "A lot of students are so worried about making friends and getting involved right off the bat. But I always tell students and the professor is the only one selves out there," she explains.



IMAGE TAKEN from HuffingtonPost.com Freshman year can yield anxiety for most students, but with a fresh outlook on college, students can embrace the new adventure.

might not have joined before, and make sure you're not hiding in your residence hall."

Chiming in on the participation advice, Schmidt added, "Get involved! You'll meet the best friends of your life in those ask here is that everyone is aborganizations... it's how you start to feel like this is home." Monmouth has a huge variety of student led organizations, from four years of your life-so get the SGA and SAB to intramural involved, manage your time sports and many other clubs and wisely, and make the best of activities. Getting involved is these life changing years.

that I have grown as an individ-

ual already. When I look back

"Go to events they wouldn't something most upperclassmen normally go to, join clubs they recommend to fully immersing yourself in Monmouth's community.

Starting college can be scary-when have you ever been this independent? But something you'll hear from any student you solutely in love with this University.

These are going to be the best

Truths About Moving to the Other Side of the World

NICOLE INGRAFFIA CONTRIBUTING WRITER

hand and my GoPro in the oth- that push. er, I walked on the plane with the mindset that four months abroad would be the best time of my 20-year-old life. I had never been out of the country before, so why not begin with being 10,000 miles away from my comfort zone? After years of dreaming, months of packing, and weeks stressing, I finally embarked on my journey across the world to Sydney, Australia with my best friend by my side.

First impressions are crucial, and to be frank, my first impression of Sydney was awful. Not because of the scenery or the culture, but because adjusting to living in a new country and the fourteen-hour time difference was a form of torture that I never knew existed. Homesickness formed like a cloud over my head and rained on me everywhere I went. To say I felt like an outcast was an understatement. While everyone went out to explore our new home, I was on the phone with my mom making arrangements to go back to my home. My family supported my feelings and said I could back, but coaxed me to give it a "real" try. Meanwhile, I had already decided that I was heading back to America as soon as humanly possible. I contacted Educational Opportunity Fund (EOF) Director Colleen Johnson, who is Think about it and be thankful." say their name and a fact about journey.

me to stay. Looking back, I exchange student from Ameri-With my passport in one didn't know how badly I needed ca."

She was the one person who was themselves. "My name is Nistern with me and really pushed cole," I said aloud, "and I'm an months now and it is apparent

In a matter of seconds every to the beginning of my trip, I



I have been here almost two ward to next week's trip to the Gold Coast where I plan to snorkel the Great Barrier Reef and relax on Surfers Paradise beach. When I asked Raquel Rudofsky, a junior health studies student, what her favorite experience in Australia has been, she laughed and answered, "Definitely running around with the kangaroos. It was literally a huge field and they don't mind being touched."

Being an American living in Australia can be confusing at times, but I found that Australians are surprisingly similar to us; however, if you want to know the main difference between Americans and Australians, Cooper Donaldson, a born and raised Aussie and a senior business student, has the best answer.

Trying not to laugh, he explained, "Americans are bloody loud."

PHOTOS COURTESY of Nicole Ingraffia

Nicole Ingraffia takes on new adventures in Australia during her semester abroad.

also my advisor, rationalizing off and became more comfort- cused on me. Then, in the midst on why I wanted-needed- to able in my environment a little of silence the girl aside me ancome back so badly. She told more as the days went on. My me, "You are in Australia - first day of class, the "tutor" learning a new culture, seeing (or as Americans say, "profes- needed to take this opportunity new sights, growing as a person. sor") instructed each student to by the horns and embrace the

I gradually brushed myself set of eyes in the class were fonounced, "That is SO cool!" In Opera House, explored Manly that moment, I realized that I

cringe at the mental picture of me crying all alone in my room. Since then. I've seen the Sydney and Bondi Beach, hiked up the Blue Mountains, hopped around with wild kangaroos, and I even got a job. I am really looking for- ing off my bucket list!

Thus far, I learned that traveling abroad isn't as perfect as it looks on Instagram, and there is nothing wrong with that. Social media plays a huge role in what defines success and happiness, and a majority of those ideals are traveling the world and getting lost in adventures.I got trapped in those ideals. If you're going to travel, do it to learn things about yourself. I thought I was coming here to amp up my Instagram page and Facebook timeline, but what I found was that it's not easy to turn your weaknesses into strengths, but it's doable.

My struggle is a part of my story and more importantly, it is now an admirable part of who I am

It is odd to think that what separates me from coming home is another just two months, so excuse me while I finish cross-

WITH AGE COMES WISDOM: A SENIOR'S SURVIVAL TIPS FOR A FRESHMAN

MEAGHAN WHEELER CONTRIBUTING WRITER

Have you ever heard the expression "I wish I knew then University. what I know now?" As a graduating senior it becomes a more and more familiar quote pertaining to college. The first month night, if not later on some occaof college as a freshman is overwhelming. Fortunately for you, for that last minute print or cram I have experienced the same struggles, successes, failures, writing and tutoring services in and delights as each and every the Center for Student Success freshman does.

Every stress, every nerve, and anxiety you ever had is heightened. I have grappled with the same questions that each and every one of you will be pondering during your first weeks as an un- further clarification. Office hours dergrad. "What should I say as allow you to build a stronger rea fun fact?" I know this answer; lationship with your professor, do I raise my hand? "Where is my class?" I can't ask someone upcoming years as a hawk. that is so embarrassing. I don't I do not want to look like a bum. clining dollars' work?

myself these same questions. The number one piece of advice I can give you as a senior ceed." is to relax and breathe. It will be what to say and what to wear. ner are usually spent in the din- ers are not bothered by having and letting your roommate bor-

But there are several things you ing hall. During the week, the their week old shirts on the floor. row some stuff is a good way need to know when spreading your wings and learning to fly as a baby Hawk here at Monmouth

How do I get the best grade possible? For starters, the library is open until midnight every sions. You can always go there session. Monmouth also provides (lower level of the student center).

Lastly, the professors at Monmouth want you to succeed. Visit them during their office hours when they have the ability to offer you ample help and which may be beneficial in your

Professor Sanford, a tenure aswant to be too overdressed, but sociate communications professor and assistant chair believes What is E-Campus? How do de- that most freshman might be nervous to take advantage of their Only three years ago, I asked resources. "Some freshman are intimidated by their professors, but they are here to help you suc-

Where do I eat on campus? At okay, I promise. If you are late Monmouth, there are numerous to class, if you don't participate places to eat on campus. Not all every class, it's okay. If you just of the places to dine on campus say "my favorite color is blue" as are ideal for a freshman. The two your fun fact, it is fine. Everyone major areas of congregation for is overthinking just as much as dining are the dining hall and you are. They are all wondering student center. Breakfast and din-

dining hall is open from 7:30 am to 9:00 pm. As a freshman, the dining hall is where most of your friends will be. Now that the dining hall has been completely renovated I highly suggest dining there. There is a make your ownpasta, omelet and stir-fry station. The student center is perfect for in-between class breaks. Amanda Guarino, a senior education student says, "my favorite place on campus to eat personally is the student center. Mainly for the delicious burritos and of course Dunkin' Donuts".

How do I survive a whole year with my horrible roommate? The loud one: the type of roommate that always has the TV on, blasts music from their laptop, and are on the phone gossiping with friends until two in the morning. All these things can be frustrating to deal with. However, there are ways to deal with the issue and have your needs met. Set down quite hours. Talk to your roommate and agree on times where you two will both turned down the noise. Most of the time, your roommate won't even know that the noise is bothering you. Simply asking them will help a lot. Buy headphones and if the problem just isn't being solved, a good pair of noise-canceling headphones is your best bet.

The slob: There are some people who are extremely organized and neat, like myself while oth-

New School Year, New You

If you're dealing with one of the latter, things could get really messy very quickly. These tips will help you deal with the mess, literally. Keep your side of the room clean. While you can't fix your roommate's mess, you can make sure you don't have to deal with a mess of your own. Offer to help him/her clean. A lot of times, people just need a helping hand to get their stuff together. Talk to your roommate about it. This probably wouldn't get them to change to a neat freak, but they'll start being cleaner if you discuss how it's bothering you.

The party animal: College is the best time for party goers, and everyone knows that all work and no play makes you go crazy, so a little bit of partying is good. But some people just don't know when to stop partying. If you're stuck with a roommate that hits the parties hard and comes home drunk and still partying, here are ways to help deal with the situation. Talk to them about his/her problem. Maybe they can't tell they have one and they would appreciate vour concern, especially if their grades are being affected. Set boundaries. Let them know that what they do is fine, as long as when they get back to the dorm, it's time to relax. Don't get caught up in their mess. Partying too much during college could get you in serious trouble.

The borrower: Being kind

to build a friendship between you two, but it could easily get out of hand. It could start being letting them borrow a fork or some money but could lead to them using your clothes without asking.

Here are suggestions for preventing that. Set down ground rules. Let them know what they can and cannot use and that they have to ask you to use stuff that's rightfully yours. Catch them in the act. If they deny ever taking your things, catch them doing it so there's no way they could lie about it. Go cold turkey. If they would stop using your things, stop them from using anything at all. Let them know all your stuff is now off limits. Tell the RA. If your roommate just won't stop, bring it up with the RA. They are the higher authority in the dorms and they are trained to deal with situations like this. Noel Labb, a senior criminal justice student believes, "The best way to deal with horrible roommates is to set boundaries and if that doesn't work then go cold turkey and just go separate ways."

Freshman year is the best learning experience of your life, you are thrown out of the nest for the first time. Soak it up, enjoy being the baby on campus, relish in this crazy, exciting, scary roller coaster of being a freshman.

JULIA BURKE STAFF WRITER

As the summer heat continues to fade with each passing day, we begin to feel a sense of bitterness knowing that our carefree days spent in the sun have come to an end. Working at your summer job or spending long days at the to go back to school. You will now welcome back the return of all-nighters, countless syllabi, and regimented schedule. This time, though, it's a new year and a fresh start. You have different classes and professors, you will make new or more friends, and maybe even a new roommate or major. It's a clean slate and there are so many opportunities ahead of you, and it is imperative that you start the new school year with a posi-

tive outlook.

Jess Pinelli, a senior com-"I'm really excited to start my senior year. I've come to learn over the past few years that your attitude towards everything has a big impact on the way things turn out for you. That's why I always try to start off the school year with beach are over, and it is time a positive attitude and high energy."

> A new year means a new chance to succeed in your classes and get good grades. Walk into your classes motivated to excel and put in your best efforts.

> nutrition specialist professor shared some guidance for students, "If you feel stressed during the school year, just breathe. Understand you're not alone and come into class willing to ask questions and succeed."

the year with a positive mindfor your classes with supplies and any textbooks that you are know how early professors campus. will begin to assign homework using those materials.

In order to have a beneficial year finding a balance between school work, and your social life is vital. It will be exciting to reunite with all of previous year, but remember to also be open to meeting Geralyn Hyland an adjunct new people. Ask your fellow classmates to grab food with you at the dining hall, or even form a study group. Also, if you ever miss class and need notes, they might be able to get you caught up.

Starting the beginning of staying involved in clubs and activities. Whether you are in munications student said, set will assist you in achieving a sorority, club, or on a sports your academic goals. Also, team put all of your heart into ensure that you are prepared it. You have a fresh start in these activities as well, and a new opportunity to prevail in supposed to order- you don't whatever it is that you do on

When asked about his thoughts on how to have an optimistic mindset for the new school year, junior economics student, John Cooney, shared his outlook, "Don't let your dreams be dreams." In the friends that you made the every aspect of your life you should always works towards materializing your dreams into reality.

There is so much to accomplish and look forward to this new school year. It all starts with you and your mentality. someone to send you the Beginning this year with a positive mindset could quite possibly make it one of the Another part of social life is most memorable and produc-

tive years of your college career.



amanda_drennan First first day of school 🔜 last first day of schoo

PHOTO COURTESY of Amanda Drennan Senior Year is your last chance to take advantage of everything that Monmouth offers.

AMANDA GANGIDINO LIFESTYLES EDITOR

Back to school means many things for a typical college student. The upcoming days will be consumed with cramming, eating dining hall sushi, and an unhealthy consumption of caffeine. However, before truly getting back into a regimented routine of club meetings and homework there are some essentials that are necessary for starting the school year off on a positive note.



PHOTO COURTESY of Jamilah McMil A planner will help you stay organized during the semester.

1. A Planner

Whether it is a trendy Lily Pulitzer day planner or an app on your iPhone to be successful you must manage your time. Having your assignments and test dates written out will allow you to allocate ample time to prepare. Nicole Gallagher, a sophomore psychology student says, "Using a planner throughout the year allows me to not fall behind with my school work." My advice is to utilize the tentative calendar in your syllabi and mark down the important dates in each class. Life has the tendency to be very disorganized and any efforts you can put towards organization will only better your life.

2. A Computer

In the technologically advanced world that we live in it is crucial to have a computer to not only get you work done but to communicate with others. Being technologically literate in our modern society is a basic life skill. Conducting research, writing papers and communicating with your fellow classmates and profes-

sors requires a computer. 3. A New Pair of Shoes

Start the year off on the right foot with a new pair of shoes literally. Ensure that your shoes are good condition. As college students, we are constantly walking from class to class on campus. Between all of your tests and assignments, the last thing you need is for your feet to be in pain. Cushion your steps this year with some new kicks.

'Back to School' Essentials

4. On the Go Foods or Snacks

A typical college student's day is hectic at times there is not even enough time to make it to the dining hall or if you are a commuter you might not even have a meal plan. Carrying around foods and snacks such as peanut butter and jelly, granola bars, and yogurt will help you stay energized and alert throughout your busy day. During a lecture, there isn't anything more distracting then having your stomach make some questionable sounds. Tierney Rosen, a junior psychology student shared her routine, "I try to always

have a granola bar and at least two water bottles on me during the day. I usually will eat my granola bar between classes to stay energized." Also, always try to have water on you. Staying hydrated is vital to your health and many of us do not drink nearly as much water as we should.

5. A Mini Stapler

Many professors insist that when you turn in a paper or assignment it must be stapled. Some consider your work late if you hand it in not stapled. Therefore, always having a stapler on hand will help you to be prepared to hand in all of your work. 6. Clothing for the Cold

New Jersey is known for having some brutally cold weather, and although Monmouth is nearby the beach, we have many limited sunny days when we head back to West Long Branch. Jackets, scarves, hats, and gloves are essential to surviving those bitterly cold winter days on campus. Fortunately, there is still some time before we really have to start bundling up.

7. Yearly Objectives

Head back to school with an idea of what you would like to accomplish. Having these written down or acknowledged will drive you towards your goals for this year. Formulating your aspirations is your first step towards achieving them.

8. A Willingness to Learn

Professor Sanford, a tenure associate communications professor, and assistant chair shares her wisdom, "Have a growth mindset as opposed to a fixed mindset. Be open to learning new things and challenging yourself." Realize that you are attending Monmouth to get an education not only just a degree. It is essential to be open to failure when starting the semester in hopes to better yourself.

With some of these essentials on hand, you should be able to successfully start the semester. I wish my fellow Hawks success as we soar through this semester while utilizing some of these back to school essentials.

The Outlook 17

Debate: Opening Weekend of the NFL Gets Political



Many football players have caused conterversy by deciding to take a stand by not standing during the national anthem during games to protest police brutality against African Amercans.

For the Protest

JASMINE RAMOS CO-POLITICS EDITOR

Football is America's favorite sport, and millions tune in to watch during the season, let alone opening weekend. So when Colin Kaepernick decided to not stand up during the National Anthem, it caused a huge discussion of the nature of protests.

Something that I have always found astonishing about American history is that some of the greatest social developments have been advanced with the help of protests. Women, racial and even animal rights have had their breakthroughs in society because brave men and women have voiced their opinions and stood for what they believed was right, sometimes even when the consequences could have been deadly.

And of course, this is the "Land of the Free" and the very first amendment that our founding fathers wrote was the freedom of speech. It sets America apart from other countries and is the reason why the progression of the quality of life and people's rights has been what it is and I hope that never chang-Having Kaepernick take a stand by not standing because of the racial inequality in America has sparked a conversation of the issues at hand. He knew he had the platform to get the nation's attention and he went for it. He risked his career and having his peers look at him differently for something he believed deserved to be looked at. And now other people have fallen in his footsteps. Many people, however, have disagreed with the actions of these players, deeming it disrespectful to the country and to the men and women that fight for our rights. America is a very prideful nation, and has every right to be. We have paved the way to

many great steps in technology, business and society as a whole. However, it is not perfect and the way it treats its people is nowhere near perfect either.

In the last two years, a lot has come to light about how the African American community is being treated solely based on the color of their skin. And in most cases, they are being mistreated by authority figures. People have protested time and time again, yet not much action has taken place. So, players have decided to take this opportunity make this their call of action.

Kaepernick and other NFL associates have even changed their form of protesting to instead of sitting during the national anthem, to taking a knee. However, they have not backed down from taking this opportunity to give light to the issues of African American lives.

Some people were offended that this action of protest took place during 9/11. Although I do understand why people could take offense to it, it sho how important this protest is to the players. They stand behind what they want and what they want is for action to be set foward on police brutality. We have no right to tell people how they feel about a certain issue or deny their experiences. All we can hope for is that people do the right thing and when it is not being done, do something about it. Which is what these football players are doing, by any means possible. If you push the boundaries in the right way, you can really make a difference. Kaepernick said in an interview, "It's something that can unify this team. It's something that can unify this country. If we have these real conversations that are uncomfortable for a lot of people. If we have these conversations, there's a better understanding of where both sides are coming from."

Against the Protest

BRENDAN GREVE CO-POLITCS EDITOR

Last Sunday was significant to many Americans as it was the opening weekend of NFL football, and more importantly, the fifteenth anniversary of the attacks on our nation suffered on September 11th, 2001. However, perhaps what was getting the most attention from the fans this year were the actions of the players before the game and not during- due to the symbolic protest of not standing during the national anthem because of racial inequalities started in the preseason by San Francisco 49's quarterback, Collin Kaepernick, that has caught on with players from around the league. These protests represented the controversial topic of race that has especially consumed the nature of the media and politics of the nation over the last year and a half and the topic is much bigger than football. However, it is my firm belief that some of these NFL players are demonstrating on this

to the fire. The NFL players that didn't stand are not the only people in the country that have used irresponsible rhetoric in response to this problem.

Many politicians and groups such as the Black Lives Matter movement have used divisive rhetoric for the past few years and has pinned Americans against each other. All this does is insight people. It fuels hateful people on both sides and flushes out the voices of the reasonable and logical Americans of all colors. It reinforces this reinforces this stigma that many black Americans have that they feel the American dream is not for them, which is not true. To the thousands of young kids that look up to these players as role models, these sorts of actions just teach them to hate rather than unify.

This stunt was mainly addressed to cops, who are slandered with accusations of racism by the media, This nation has already seen what this extreme rhetoric could do this summer as police officers were killed at a peaceful protest in Dallas and the senseless rioting that has gone on in inner cities. This protest was disrespectful to the country that all types of Americans know and love. Uninformed observers and biased media outlets will just portray this issue as another white vs. black issue and not as it is, a disagreement over idea's and the appropriateness false rhetoric. It is unfair for these players to disrespect the flag, which represents all Americans, in order to address the few hateful Americans that their rhetoric and symbolism actually applies too. It is also very misguided to paint police officers with a broad brush when the vast majority of them are brave civilians that want to make their communities a safer place and do not want to promote hate. Again, the flag does not represent the hatred of cops, it represents all free Americans of all colors, genders, sexual orientations, and religions.

Election Polling Update

9/12 USC/ LA Times California Poll:

Clinton: 58% Trump: 33%

9/12 JMC Analytics Florida Poll:

Trump: 46% Clinton: 42%

9/12 Mitchell Research Michigan Poll:

Clinton: 47% Trump: 42%

9/12 Public Policy Nevada Poll:

Clinton: 45% Trump: 42%

9/11 NBC News/ WSJ/ Marist Arizona Poll:

Trump: 42% Clinton: 41%

9/11 NBC News/ WSJ/ Marist Georgia Poll:

Trump: 46% Clinton: 43%

9/11 NBC News/ WSJ/ Marist New Hampshire Poll:

Clinton: 42% Trump: 41%

9/11 YouGov/CBS News Ohio Poll:

Clinton: 46% Trump: 39%

9/10 ABC News/ Washington Post National

issue the wrong way.

To be fair, there were some players that showed strength and symbolism in noncontroversial ways. For example, there were rumors swirling around the media that the entire Seattle Seahawks team would kneel during the national anthem. However, they instead chose to all link arms for the anthem. By doing this, the Seahawks took the high road by showing respect to the flag on the anniversary of a great tragedy, while showing unity among their players- white and black.

It was upsetting to me that many players did not stand for the national anthem, especially on the anniversary of 9/11. Although race relations in our country have improved a great deal in the past few decades, there is no denying that racial tensions still exist. However, disrespecting our nations flag isn't going to help the cause. First, demonstrating frustration in that way just adds fuel Poll:

Clinton: 51% Trump: 43%

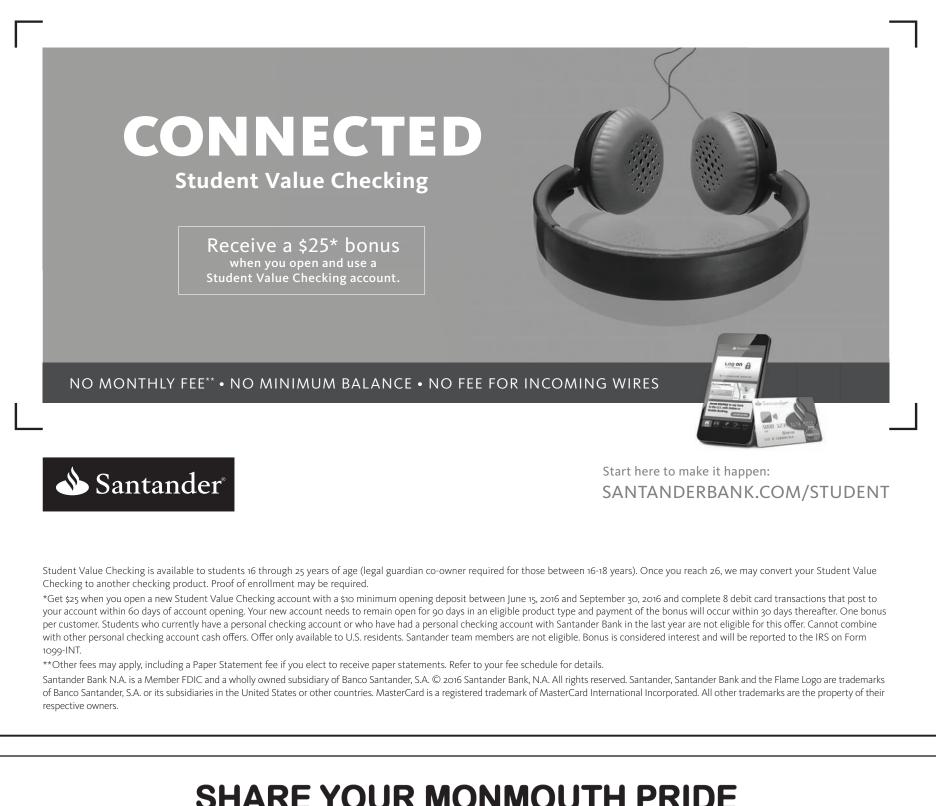
9/9 WTHR/ Howey Politics Indiana Poll:

Trump 43% Clinton: 36%

9/8 Suffolk University North Carolina Poll:

Trump: 44% Clinton: 41%

*All polls are subject to a 3-5% margin of error



SHARE YOUR MONMOUTH PRIDE AND WORK EXTRA HOURS!!



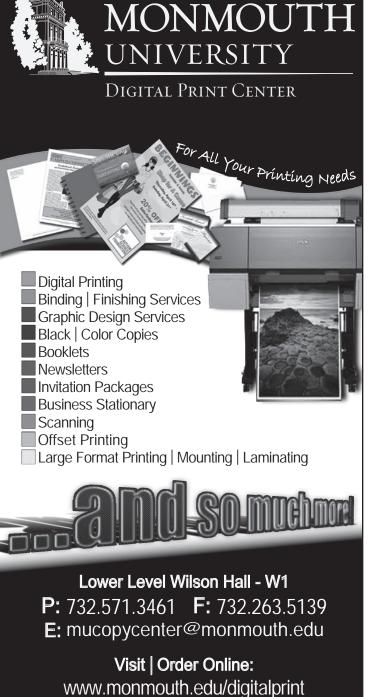
WORK THIS YEAR'S OPEN HOUSE

Sunday, October 9, 2016 8:00 a.m. – 3:00 p.m.

Attend <u>one</u> of the following mandatory informational meetings: Fri. Sept. 16 @3:30pm Wilson Hall 104 Tues. Sept. 20 @1:00pm Wilson Hall 104 Wed. Sept. 21 @3:30pm Wilson Hall 104 Wed. Sept. 28 @3:30pm Student Center 202A Thurs. Sept. 29 @7:00pm Mullaney 1st Floor Lounge Mon. Oct. 3 @7:00pm Mullaney 1st Floor Lounge Tues. Oct 4 @4:15pm Student Center 202A Wed. Oct 5 @3:30pm Wilson Hall 104 OR Contact Kristin Waring in the office of Undergraduate Admission at 732-263-5870 or kwaring@monmouth.edu Student Workers Needed!

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Monmouth University's new online job board! Search and apply for jobs and internships 24/7.

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Questions? Email careerservices@monmouth.edu









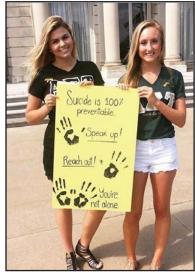


Newspapers come out every Wednesday! Email: outlook@monmouth.edu (732) 571 - 3481

Sorority Spreads Awareness for Suicide Prevention Week

SAMANTHA A. MARELLA CONTRIBUTING WRITER

Monmouth University's chapter of Alpha Sigma Tau held an event this past week honoring and spreading awareness for World Suicide Pre-



PHOPHOTO COURTESY of Samantha Marella Alpha Sigma Tau raised awareness World Suicide Prevention Week.

vention Day. The organization hosted a bake sale, a vigil, and an 'Awareness Day' at the Rebecca Stafford Student Center.

Alpha Sigma Tau's many events proved very successful, with all proceeds of the bake sale going to the Mental Health Association of Monmouth County, located in Shrewsbury New Jersey. Valentina Sanchez, a junior communication major, said, "We were able to raise three times more money than we did last

year, so that's pretty amazing." The Mental Health Asso-ciation of Monmouth County (MHA) is a non profit organization that provides counseling and other services to those who suffer from depression.

The MHA website states, "As an affiliate of the National Organization Mental Health America and the Mental Health Association of New Jersey, we represent a growing movement of Americans who promote mental wellness for the health and well-being of the nation, every day and in times of crisis."

of Alpha Sigma Tau, shares. "I am so proud that my chapter was able to help such an amazing organization and give back to the community in a way that will really change peoples lives."

Kelsey Baron and Valentina Sanchez, Alpha Sigma Tau's Suicide Awareness Week Chairs, worked hard to gather the names of loved ones who were victims of suicide. These names were honored by making yellow ribbons.

During this time, brochures were handed out at the Rebecca Stafford Student Center to let students know they are never alone, and that there are always opportunities to receive the help one may need.

Students were also encouraged to sign a pledge that no matter how tough life gets, they will seek help and never quit.

The Suicide Awareness Vigil, held at Wilson Hall on

Melinda Keith, a junior very moving and somber event business major and President to honor those who have lost their lives to suicide. Sanchez spoke about how many people are affected by depression, and because of the stigma around mental health issues very few people seek the help they need.

In addition, the sisters of Alpha Sigma Tau blew bubbles and had a moment of silence to honor those who have lost their lives to suicide.

Alpha Sigma Tau worked diligently to raise awareness about suicide prevention this week.

The goal of these events was to spread awareness and to let the Monmouth community know that there is always someone there for you. "I think SAW went pretty well!" said Sanchez.

Professor of art and design Dale Mahabi said, "Suicide Prevention Week serves as a week-long reminder that tragedy can strike anyone any time, so we should take the awareness generated and make sure that we're cognizant of Wednesday, the 7th, was a friends, family, and loved ones vention.



PHOTO COURTESY of Samantha Marell Yellow Ribbons were made to honor those lost friends and family members to suicide.

at all times.

'The week was an opportunity to remember those we lost too early, and to make sure evervone who is still here with us feels loved and comfortable enough to ask for help," said Sanchez.

Sanchez continued, "We accomplished our goal which was to bring awareness to mental health and suicide pre-

Monmouth Cinema Club: A Blockbuster Hit

ANTHONY PAPETTI CONTRIBUTING WRITER

Ever watch a movie and just want to talk about it for hours? Well Monmouth has the club for you. The Monmouth University Cinema Club is devoted to creating an exciting place for movie-lovers to meet and discuss what they love about cinema, and who better to run this club than one of the biggest film fans around.

Club President Julian Garcia started the club in the spring semester of 2015. He wanted to create an open and free environment where one could express their opinions, thoughts and theories about a wide variety of films. It became apparent that there was a great need for the club when attendance rose.

When asked about the success of the club Julian, a junior communication major, says, "Films have always been Robert Scott said, " The cin-

the greatest friends I could ask for and it is terrific to find people who think of movies in the same light."

Under the guidence of professor Matt Lawrence each month the cinema club board members choose distinguished filmmakers and dedicate an entire month to view their work.

During this month the Cinema Club chooses popular works by a director as well as less well known material from the director, which Julian Garcia believes allows for a complete in-depth look at the filmmaker.

September is dedicated to the films of Martin Scorsese and is sure to be a fan-favorite for attendees; starting off with his off beat sleeper hit, "After Hours" and continuing the month with his classics, "Good Fellas" and "Taxi Driver".

Professor of Communication

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Following the month of into horror films and will tackle films of both the terrifying and cheesy. November will look at the work of John Landis creator of some of the most well-known comedies, "Animal House". To wrap up the year, holiday movies will be shown including an ugly holiday sweater party.

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The club's activities continincluding the college cult hit ue beyond weekly screenings. During Oscar movie season the club hosted a showcase of all the nominated films in a two-day binge.

For Oscar night the club rates Cinema Club, although broadcasts the awards ceremony while competing in a friendly Oscar bracket. One of the most exciting features of the Cinema Club is attending film festivals in the surrounding areas. Last year members ventured off to New York City to attend the New York Film Festival and the Tribeca Film ways keep the appreciation of Festival, which allowed them film and one another. When to experience film in a whole great films and even better



PHOTO TAKEN from Youtube. Cinema Club offers films of every genre.

The Monmouth Cinema Club is always looking for new members and we welcome film fans of all kinds. The best aspect of the club is never knowing what films people are going to bring to the table.

So whether your favorite film is The Dark Knight, Citizen Kane or even Spy Kids (yes you read that right) come on out and join us and enjoy people.

First Year Service Project: Houseless Not Hopeless

ROBERT EWANIS CONTRIBUTING WRITER

ters that are set up on Shadow Lawn. The event invites students to spend the night living in a card-

ued Sharesky. "Social events ran through the organization allowed us as a group to become close friends, friends that I still talk to to this day." Last year as a junior I became an assistant coordinator, a position that allowed me to work alongside the current student coordinators to see how the organization was running The First Year Service Project has allowed me to take on new responsibilities which will help me lâter in life. Those responsibilities increased this year when I became a one of three Student Coordinators for the First Year Service Project.

Ever want to volunteer or do more for the local community surrounding Monmouth University but you don't know how? The First Year Service Project is the place for you!

The First Year Service Project is an on-campus organization which gives students the opportunity to serve their local communities by fighting poverty through a variety of activities including fundraisers, events, and food drives.

We are excited to be kicking the year off with one of our marque events, Houseless Not Hopeless.

Senior Student Coordinator Jennifer Ingegno said, "Houseless Not Hopeless brings the Monmouth community together for an awareness event that puts students in the shoes of a homeless person." She added, "The perspective

I gained from that one night is something I hope we can give to the rest of the students here at Monmouth."

Students who have been at Monmouth may recognize this event by the cardboard box shelboard shelter that you create yourself. This gives students' insight into the lives of the homeless.

Throughout the night students participate in several activities to help the local community. These include a scavenger hunt for school supplies and a Peanut Butter & Jelly relay.

This year we are asking students and clubs to team up to see who can last the longest throughout the night in the hand made cardboard shelter home.

Corey Inzana, First Year Service Project Advisor, said, "The First Year Service Project is an important component of the Monmouth experience which offers students of all ages an opportunity to engage and serve the local community regarding important topics such as hunger and homelessness. This club offers opportunities by creating small service and awareness projects to address needs in our local area. The club helps add to the rich tradition of service amongst our Monmouth Students."



PHOTO TAKEN from Monmouth.edu

Monmouth University .students sleep in a box to during "Houseless, Not Hopeless."

This year is specifically exciting for me not only because I am a senior but because I am one of three student coordinators who will be running the First Year Service Project.

Three years ago I joined the organization as a freshman because I was looking to get involved on campus. After the first meeting I was hooked.

I met a lot of great people who share similar interests as me. Senior Student Coordinator Lena Sharesky said, "The First Year Service Project was the first club I joined at Monmouth.'

'During the first meeting I was already making an impact in the local community and meeting new people who have become my best friends at school," contin-

I am excited to begin my senior year with a new set of responsibilities as well as the ability to help freshman and other students get involved.

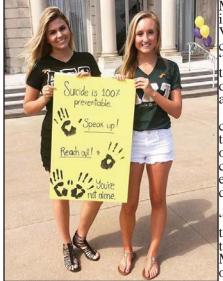
My goal this year is for this organization to impact students in the same way it impacted me four years ago.

Doing so will allow new students to get as much out of this club as I have and have an impact on the local community while doing so.

Alpha Sigma Tau Spreads Awareness for Suicide Prevention Week

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The Monmouth Cinema Club is always looking for new members and we welcome film fans of all kinds. The best aspect of the club is never knowing what films people are going to bring to the table.

So whether your favorite film is The Dark Knight, Citizen Kane or even Spy Kids (yes you read that right) come on out and join us and enjoy great films and even better people.

First Year Service Project: Houseless Not Hopeless

ROBERT EWANIS CONTRIBUTING WRITER

ters that are set up on Shadow Lawn. The event invites students to spend the night living in a card-

Ever want to volunteer or do more for the local community surrounding Monmouth University but you don't know how? The First Year Service Project is the place for you!

The First Year Service Project is an on-campus organization which gives students the opportunity to serve their local communities by fighting poverty through a variety of activities including fundraisers, events, and food drives.

We are excited to be kicking the year off with one of our marque events, Houseless Not Hopeless.

Senior Student Coordinator Jennifer Ingegno, said, "Houseless Not Hopeless brings the Monmouth community together for an awareness event that puts students in the shoes of a homeless person.

The perspective I gained from that one night is something I hope we can give to the rest of the students here at Monmouth.'

Students who have been at Monmouth may recognize this event by the cardboard box shelboard shelter that you create yourself. This gives students' insight into the lives of the homeless.

Throughout the night students participate in several activities to help the local community. These include a scavenger hunt for school supplies and a Peanut Butter & Jelly relay.

This year we are asking students and clubs to team up to see who can last the longest throughout the night in the hand made cardboard shelter home.

Corey Inzana, First Year Service Project Advisor, said, "The First Year Service Project is an important component of the Monmouth experience which offers students of all ages an opportunity to engage and serve the local community regarding important topics such as hunger and homelessness. This club offers opportunities by creating small service and

awareness projects to address needs in our local area. The club helps add to the rich tradition of service amongst our Monmouth Students.



Monmouth University .students sleep in a box to raise awareness.

This year is specifically excit-

ing for me not only because I am a senior but because I am one of three student coordinators who will be running the First Year Service Project.

Three years ago I joined the organization as a freshman because I was looking to get involved on campus. After the first meeting I

was hooked.

I met a lot of great people who share similar interests as me. Senior Student Coordinator Lena Sharesky, said, "The First Year Service Project was the first club I joined at Monmouth.

During the first meeting I was already making an impact in the local community and meeting new

us as a group to become close friends, friends that I still talk to to this day."

people who have become my best

friends at school. Social events ran

through the organization allowed

Last year as a Junior I became an assistant coordinator, a position that allowed me to work alongside the current student coordinators to see how the organization was running

The First Year Service Project has allowed me to take on new responsibilities which will help me later in life. Those responsibilities increased this year when I became a one of three Student Coordinators for the First Year Service Project.

I am excited to begin my Senior with a new set of responsibilities as well as the ability to help Freshman and other students get involved. My goal this year is for this organization to impact students in the same way it impacted me 4 years ago.

Doing so will allow new students to get as much out of this club as I have and have an impact on the local community while doing so.

Football Opens Season 2-0 for Second Time in Three Years

JOHN SORCE SPORTS EDITOR

After going 5-6 a season ago in their second season in the Big South and finishing in third place in the conference with a 3-3 record, the Hawks opened ceiver Reggie White Jr. set caup the 2016 campaign in a place reer highs in both receptions they will have to get used to: on (11) and yards (129). Royds ran the road.

of With construction Monmouth Stadium ongo- 15-25 for 127 yards and a touching behind the current Kessler down, while Bahar went 5-7 for Field, the blue and white will play eight of their 11 contests down in his first colligate acthis season away from West Long Branch.

MU is coming off a 34-20 win total yards. against Delaware State of the Mid-Eastern Athletic Conference on Sept. 10, improving to Bethlehem, PA to take on the 2-0 on the season. The Hawks never trailed in the contest.

The blue and white opened won by a score of 23-21. the scoring when sophomore quarterback Cody Williams completed a 13-yard touchdown totaling for 193 on the day. pass to sophomore wide receiver Devin Phelps-his first career score-with 4:23 in the first quarter.

Junior kicker Matt White converted a 28-yard field goal and and a touchdown on 18 carries. redshirt freshman quarterback Kenji Bahar, who was named rushing on the day, and Chaney the Crons Big South Freshman of the Week, scored his first ca-reer touchdown-an eight-yard new starters this season: "They run-giving the Hawks a 17-0 lead into halftime.

the first of two touchdowns for through people. It just comes senior running back Ed Royds increased the MU lead to 27-0, but Delaware State responded that second level," Chaney with 20 unanswered points, cutting the deficit to 27-20.

when Royds found the end zone drill is to get first downs." for the second time, increasing

the MU advantage to 34-20. Then senior corner back Kamau Dumas sealed the deal for the Hawks with a key fourth quarter interception with 5:48 remaining.

Redshirt sophomore wide refor 92 yards and two scores on 25 carries. Williams finished 93 yards and a rushing touchtion. Monmouth outgained Delaware State 441-221 in terms of

A week earlier in the season opener, the Hawks traveled to Lehigh Mountain Hawks of the Patriot League on Sept. 3 and

Senior running back Lavon Chaney racked up the yards, Chaney ran for 119 yards and two touchdowns on 25 carries while adding a team high 74 yards receiving. Senior running back Zach Welch added 89 yards

Monmouth totaled 215 yards gave all credit to his offensive killed it up front," he said.

"My goal is to beat them Another White field goal and with speed and Zach just runs down to the o-line getting that initial push and getting up to added. "(Running backs) Coach (Sam) Dorsett always says that But Monmouth responded our job during the four minute

Sophomore quarterback Cody



PHOTO COURTESY of Monmouth University Athletics

Sophomore wide reciever Reggie White Jr. set career highs in receptions and yards in Monmouth's 34-20 victory over Delaware State.

Williams finished 16-23 for 198 line, setting up Chaney's second just see the sheer dominance. yards. Chaney was his leading receiver in terms of yards, but senior wide receiver Darren Ambush was his primary target, recording seven catches for 66 yards. Ambush now has 1,027 career receiving yards and he became the 10th Monmouth player to eclipse the 1,000-yard mark.

One of the game's key plays was a fourth quarter interception by junior safety Marcus Leslie with Lehigh on a 14-3 run. This gave the Hawks possession at the Lehigh 22-yard

score of the day and putting the game out of reach.

"I was just reading the quarterback's eyes and made a play on the ball," Leslie said. "It felt good to get the first one, we needed the momentum swing and got it."

Monmouth's defense held Lehigh's offense, which averaged 451 yards per game a season ago, to just 239 total yards. MU outgained Lehigh, 233-40, in the first half thanks to a strong collective defensive effort.

"In the first half, you could and can be seen on ESPN3.

We were imposing our will and everything we wanted to do, we were doing it with what seemed to be little effort," said senior linebacker Payton Minnich.

Minnich finished with seven stops on the day, while junior safety Mike Basile had nine.

Monmouth will once again be on the road this week when they travel to Kent, OH on Saturday to take on the Kent State Golden Flashes (0-2) of the Mid-American Conference. Kickoff from Dix Stadium will be at 3:30 p.m.

Hawks Look to Make History Against Golden Flashes

JOHN SORCE SPORTS EDITOR

A season ago, the Monmouth University football team made history when they traveled to Mount Pleasant, Michigan for their first ever game against a Football Bowl Subdivision (FBS) school.

Even though they fell 31-10 to Central Michigan on Sept. 12, 2015, there were positives to take away as Kevin Callahan's team saw how they competed against that level of competition



in 2015 as a freshman and is coming off a game in which he recorded 129 yards on 11 receptions, both career highs, in Monmouth's 34-20 win over Delaware State on Saturday. The sky is the limit for White as he get more comfortable in the offense

The bond a quarterback shares with his receivers is important, but there is a special connection between Williams and White, who came on campus together in 2014 as key members of MU's first recruiting class as a

for the first time.

"Going into that game, I didn't know how we would fare. I came away from that game knowing that we absolutely do stack up well and probably the biggest difference in that game was that they had some more veteran players than we did," Monmouth head coach Kevin Callahan said during the football program's media day in August.

"Football Championship Subdivision (FCS) schools have a maximum of 63 scholarships that we can have, while FBS schools have 85. They were deeper, that had more depth and they had the luxury to play two and three deep at every position, because they have that type of depth. I think that's the biggest difference that I saw is that they were deeper."

One positive that Monmouth was able to take away from last PHOTO COURTESY of Mark Brown/B51 Photography

Senior running back Lavon Chaney leads a strong rushing attack into Monmouth's game against Kent State on Saturday.

season's game is that the blue went out in the second half and and white kept the Chippewas off the scoreboard and limited ly.' their offense to 100 yards in the second half.

"We just really settled down and had a greater focus on our execution," Callahan said last season after the Central Michigan game.

"There were some new things that we were doing in the game plan, specifically for Central Michigan. In the first half we made some mistakes, particularly in the secondary with coverage. We seemed to get those falling to Penn State, 33-13 in

executed much more effective-

So when the Hawks travel to Kent. Ohio to take on the Kent State Golden Flashes on Saturday, there is plenty of reason to believe that MU football can win their first ever game against an FBS school.

Like Central Michigan, Kent State is a member of the Mid-American Conference. They finished the 2015 campaign with a 3-9 record. The Golden Flashes are 0-2 to start 2016, straightened out at the half and week one and losing a heart- 432 yards and five touchdowns

breaker to North Carolina A&T, 39-36, in four overtimes in week two.

The Hawks have plenty of playmakers on offense. Their running game, led by senior Lavon Chaney, is a big part of that. Chaney has 239 all-purpose yards and two touchdowns through the season's first two games.

But Monmouth's offense is at its best when redshirt sophomores quarterback Cody Williams and wide receiver Reggie White Jr. are on the same page. White hauled in 35 passes for member of the Big South.

"Me and Reggie have been roommates since we started here. This was our third summer here together and even when we're not together, we're always texting each other and making sure everyone is working out and doing the right things when we're not here," Williams said on media day.

"When we are here, we're just trying to take full advantage of what we've got, while trying to make our connection stronger and our connections with our teammates stronger. Starting those relationships and keeping them growing, that can only help this team grow."

And coming away with a victory against the Golden Flashes on Saturday, a game that will start at 3:30 p.m. and air on ESPN3, would show immense growth for a program that is looking to take the next step.

Women's Soccer gets Season Underway

JOHN SORCE SPORTS EDITOR

The women's soccer team is off to a 2-3-1 start to begin their 2016 season.

The MAAC preseason favorites as voted on by the league's coaches, MU fell to Bucknell, 3-1, on Aug. 19 before playing Lehigh to a scoreless tie in double overtime in the home opener on Aug. 22. Since then, the Hawks fell to Drexel, 1-0 on Aug. 28 and picked up two wins on the road, shutting out American (4-0) and Seton Hall (1-0).

Senior forward Alexis McTamney, voted as the MAAC Preseason Player of the Year by the league's eleven head coaches, recorded the game-winning goal with five seconds remaining in regulation against Seton Hall on Sept. 4.

"It was a challenging weekend and our team responded in a very positive way. To be on the road for two games and to get two shutouts is a credit to the resiliency of our team," Monmouth head coach Krissy Turner said. "Alexis scored a terrific goal to win the game and finish off a great team victory."

The goal was McTamney's first of the season, 26th of her career and 12th game-winning goal with the blue and white.

In their first win of the season against American on Sept. 2, Monmouth was led on offense by junior defender Miranda Konstantinides, who picked up her first two colligate goals. She scored in the 19th minute and again in the 67th minute. Sophomore forward/midfield Alli DeLuca and freshman defender



Junior forward Rachelle Ross scored the lone goal for the Hawks in their 2-1 loss against Princeton on Sunday.

Jessica Johnson also recorded in," Ross said. their first colligate goals for American, 16-1, in the contest.

Monmouth concluded their week on Sept. 11 at home against Princeton, when they fell in double overtime, 2-1, to the undefeated Tigers. Junior forward Rachelle Ross scored MU's lone goal in the 25th min-Hawks a 1-0 lead at the time.

"I just saw an opportunity off the corner kick. Julie (Spracklin) popped it right over, I was on a couple opportunities off lucky enough to there, and I anticipated it. I just took one touch ished her chance, and that's why right by the goalie and it went they won," Turner said.

the blue and white. MU outshot their own two minutes later to even the score at one, and the game would remain that way until the 107th minute, when Mimi Asom scored the gamewinning goal for Princeton with 2:17 to spare in the second overtime frame.

"I thought we competed realplay at this level and play successfully. We were just a little bit unfortunate not to convert the crossbar. Their player fin-

In the season's opening con-Princeton added a goal of test, a 3-1 loss to Bucknell, graduate defender Gabriella Cuevas scored the lone goal for the Hawks, a header in the 22nd minute that gave them a 1-0 halftime advantage.

Next up for the blue and white is a trip to Poughkeepsie, NY for a game against conference rival Marist (2-4) on Sat, Sept. ute of the first half, giving the ly well. We showed that we can 17. Kickoff from Tenney Stadium at Leonidoff Field will be at 4 p.m.

"Marist has a certain style of play that is difficult to play against, so we're going to need to be ready to play at a very high level," Turner said.

Men's Soccer Fights Back, but Falls to UMBC

EVAN MCMURTRIE CONTRIBUTING WRITER

After coming from two goals down to draw level on 54 minutes, Monmouth men's soccer was defeated by UMBC at the Retriever Soccer Park in Baltimore, Maryland by a score of 3-2 on Saturday night.

"The guys showed a lot of character bouncing back against a team that made the Final Four two years ago and creating a lot of chances in the second half," said Monmouth head coach Robert McCourt. "We made two mistakes early and UMBC pun-



SIDE LINES

FH: The Monmouth field hockey team is off to a strong start in 2016, going 5-1 in their first six games. They won their first six gaines. They won their first five games, including a 3-2 victory over Kent State, before dropping a 4-0 contest against No. 19 Iowa in the first meeting between the two programs. Alyssa Ercolino and Julie Laszlo were named offensive and defensive players of the week, respectively, by the MAAC.

Golf: The Monmouth University women's golf team opened up its 2016 fall cam-paign with a 10th place finish out of 16 teams at the 36hole Navy Fall Invitational. The Hawks opened the event shooting 321 in Saturday's first round before carding 327 in the second round to finish the event with 648. Junior Faith Garcia led MU, carding a 160 after rounds of 81 and 79.

XC: Monmouth University's women's cross country team finished second overall at the Ed Joyce Fordham Invitational. The Hawks registered 57 points, topping host Fordham, Manhattan, St. John's, NJIT, St. Francis (NY), and Farleigh Dickinson. Only nationally ranked Yale finished ahead of Monmouth.

UPCOMING GAMES

Wednesday, September 14 MSOC vs. Columbia W. Long Branch, NJ 7:00 pm

Friday, September 16 FH vs. Saint Joseph's W. Long Branch, NJ 3:00 pm

Saturday, September 17 Cross Country at 10:00 pm 22nd annual MU Invitational Holmdel Park, Holmdel, NJ

Football at Kent State Kent, Ohio 3:30 pm

MSOC at Howard Washington, DC 2:00 pm

WSOC at Marist* Poughkeepsie, NY 4:00 pm

Sunday, September 18

ished us on both mistakes.

It took just two minutes for the hosts to open the scoring after freshman forward Tre Pulliam ran onto a long through ball and held off Hawks junior defender Joey Gudzak before slotting past junior goalkeeper Chris Seager.

The Retrievers doubled their lead a little over fifteen minutes later when junior midfielder Sammy Kahsai bent a free kick into the top left corner of the net from twenty yards, leaving Seager with no chance.

Early on in the second half, Monmouth found their feet with a pair of goals from senior forward Dave Nigro and junior midfielder Colin Stripling; the latter's headed finish spurred from a corner kick.

Nearly sixty seconds later however, UMBC took their lead back through senior midfielder Christian Morales. A quick combination of passes saw Morales with his back to goal within the



PHOTO COURTESY of Mark Brown/B51 Photography

Senior forward David Nigro scored one of the Hawks' two goals in their 3-2 loss against UMBC on Saturday.

penalty area before turning and using his right foot to swing the ball into the bottom right corner of the net.

The Hawks continued to press for an equalizer, but the final whistle blew and UMBC were 3-2 winners. Having met on Saturday for the first time since 2002, the Retrievers improved to 7-0-0 all-time against Monmouth.

With the loss, Monmouth remains winless at 0-3-2 and UMBC picks up their first win of the season, improving to 1-1-

Monmouth men's soccer has had a rough start to their 2016

pattern within their results. The Hawks kicked off their campaign with a 1-1 draw versus 15-ranked Denver in heartbreaking fashion. Stripling saw his 37th minute penalty kick equalized in the 89th minute by Graham Smith.

"We were questioning the team's makeup a bit in preseason. But we came out and played against a team that's nationally-ranked in every poll and we got a draw at home," Mc-Court said. "We had to sit in a little bit in the second half, but we really created some exciting

chances. When we were sitting in, it was a little bit boring for season, and there has been a the fans to watch. But we had

some great chances in the first half and great chances in overtime, so I think it was exciting for the great group of fans we had today."

Monmouth suffered a hefty 3-0 defeat at the hands of UMass Lowell in West Long Branch. They then shared the spoils with Hartford on the road, 1-1 in double overtime, before being beaten 3-0 again, this time to Colgate.

The Hawks will be on the hunt for their first win on the season tonight where they face Columbia at Hesse Field on The Great Lawn in West Long Branch at 7 p.m. The match will be available to stream on ESPN3.

W GOLF at 8:00 am Tignanelli Towson Invitational Phoenix, MD

FH at Temple Philadelphia, PA 1:00 pm

Monday, September 19 W GOLF at 8:00 am Tignanelli Towson Invitational Phoenix. MD

Tuesday, September 20 WSOC vs. Loyola W. Long Branch, NJ 7:00 pm

*conference games



BACK2NJAA

Monmouth University Football begins their season 2-0 against Lehigh and Delaware State. Pictured above is senior running back Lavon Chaney (left), who scored two touchdowns against Lehigh, and senior defensive lineman Dimitrius Smith (right), who recorded eight tackles in the first two games.



(TOP) PHOTO COURTESY OF MARK BROWN/B51 PHOTOGRAPHY (BOTTOM) PHOTO COURTESY OF MONMOUTH UNIVERSITY ATHLETICS