



# THE OUTLOOK

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## New Race and Ethnicities Minor Diversifies Curriculum

KERRY BREEN  
COPY EDITOR

The History and Anthropology department has created a new undergraduate Race and Ethnicities minor, focusing on race and ethnic studies. The newly established fifteen credit minor was spearheaded by lecturer Hettie Williams and lecturer Brooke Nappi, of the History and Anthropology department.

The minor will focus on “the critical study of race, ethnicity, and indigeneity with an emphasis on the perspectives of people of color,” according to a press release sent out in the department newsletter last spring. It launched this fall and, according to those involved, has been well received by students.

“The student response [to the minor] has been very positive,” said Nappi, “We have at least 20 interested students at this point.”

“I’m an activist, so it interests me,” said Jade Cunningham, a sophomore anthropology major. “I want to do something involving race when I get out of college.”

“I believe that, in 2016, race relations *seem* like they are at their worst in the United States,” said

Nick Vandaley, an anthropology grad student. While he is not able to take the minor, he has been involved in its creation. “There needs to be a concentrated effort in academia and at Monmouth to express interest in the things that happen, and formulate ways to change the environment.”

Students enrolled in the minor will analyze race and racism as social, cultural, and political forces, and they will also analyze how they intersect with other systems of classification, such as gender, class, sexuality, etc. Students will

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PHOTO TAKEN by Brendan Greve

The program will be both multidisciplinary and interdisciplinary, and will allow students to take courses in history, anthropology, geography, sociology, and media studies. It includes six required courses.

## Monmouth Prepares for 2016 FAFSA Changes

MEHDI HUSAINI  
CONTRIBUTING WRITER

This year the Free Application for Federal Student Aid (FAFSA) has undergone multiple developments. Such changes include adjusting the deadline to submit financial information to Oct. 1, as well as changes in required financial filing information.

FAFSA had a long-time submission date of Jan. 1, which allowed families to submit information about their financial situation in hopes of securing loans, grants, and scholarships from the federal government for a college-bound family member.

However, the previous date of only allowed schools a few months before they could put together a financial aid package that factors heavily into a student’s decision. The later submission date also impacted students as well.

“One of the big issues that you would run into [with the old FAFSA] was a student applying for admission in September or October of their senior year and not receiving their financial aid packet until March or April from some institutions. This change gives students and their families more time to sit down and work together to make a final decision on the school that is the best fit for them financially,” said Kamal Kornegay, Associate Director of Undergraduate Admissions. An earlier timeline means that families will have a better idea of what institutions are feasible based on financial accommodations.

Since the admissions cycle can easily take up much of senior year for high school students, it is easy to see how getting a major task like the FAFSA out of the way earlier might help ease stress later down the line.

“I think that, ultimately, this is a good thing. It will give prospective students financial aid information much earlier in the college selection process,” said Claire Alasio, the Director of Financial Aid. “This will allow them to make better informed decisions as to whether or not a school that they are considering is, in fact, an affordable option for them. Better to find that out earlier on in the process, than to get your heart set on a particular school only to realize it is not a viable option financially.”

According to Alasio the University will start sending packages out to prospective students in January. Before the FAFSA changes they had typically been sent out in February.

Although the federal due date has changed, schools can still dictate what their individual due dates will be. As with any major change in the admissions process, Monmouth University is taking active steps to make sure that the Class of 2021 will have the resources needed to make an informed decision.

“Our financial aid office promoted the new FAFSA start date on all materials and social media outlets. Counselors from the office go out and speak at high schools throughout the area making sure that every student that we meet is aware of

FAFSA continued on pg. 2

## College Students an At-Risk Group for Identity Theft

KERRY BREEN  
COPY EDITOR

As the fall semester continues, new scams and fraud attempts have been directed at college students, making them one of the most at-risk demographics for scamming and identity theft, according to *USA Today*.

There are a number of reasons as to why college students are more at-risk than other groups. According to a *USA Today* article published on Sept. 8, there is a “growing cybersecurity threat at schools and other large institutions” since entire databases of student and faculty information are kept, similarly to how large companies or health care providers keep databases of their clients. If illegally accessed, the results can be disastrous.

The Internal Revenue Service (IRS) has published more back-

to-school warnings, advising students of a fraud where scammers try to get students to put money on iTunes cards to pay off fraudulent bills that related to falsified things

“If students want to be protected, it would mean giving up some conveniences because security and convenience always seem to be at odds.”

JOSEPH CHUNG

Computer Science and Software Engineering Administrator

such as a “federal student tax.” No such tax exists, according to the IRS.

Other scammers use the threat of a lost semester in their favor – they call students, pretending to be from the office of college admissions, and say that the student will be dropped from classes if they don’t make a payment on their bill immediately. Some callers demand the money be paid on hard-to-trace gift cards, such as iTunes cards.

At Monmouth, a username and password gives access to WebAdvisor, eCampus, and a student’s Monmouth e-mail account. WebAdvisor alone contains lots

of personal information such as names, full addresses, and financial information. In the case of the scam, the hacker then goes into the campus system to change where the paycheck is directly deposited to.

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and financial information. In the case of the scam, the hacker then goes into the campus system to change where the paycheck is directly deposited to.

“Young folks are generally less guarded and less careful than older folks, and that extends to their computing and online resources,” said Joseph Chung, a UNIX Administrator teacher in the Computer Science and Software Engineering department. “I noticed that in my classes, which are usually held in computer labs, when we take breaks or when students need to take a restroom break, they leave their login sessions unlocked.”

According to the *USA Today* article thieves can also target students who work on campus. Hackers can log into a student’s account to change where their paycheck is directly deposited to. However, according to the University this would be hard for

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# University Hosts First Monmouth Challenge Quiz Bowl

DANIELLE SCHIPANI  
EDITOR-IN-CHIEF

The first Monmouth Challenge Quiz Bowl took place as a part of implementing the strategic plan on Oct. 21 in Pozycki 115 and 205 from 4:30-7 p.m.

Eight teams of students participated, with four to five people per team. Seven faculty members participated and there were a few faculty, staff and administrators who attended to watch or cheer on a team.

Questions were taken from the National Academic Quiz Tournaments, LLC and some Monmouth trivia questions were developed by Professor Melissa Ziobro, a Specialist Professor of Public History. Each competition between two teams was ten minutes long. Various topics were covered including science, entertainment, literature, and history.

The winning team was team “First Aid Kit” and they received \$150 in gift cards to each player. Team “Outta Meal Swipes” came in second and each member received a \$50 gift card.

“The Monmouth Challenge encouraged students to participate in an intellectually challenging experience outside of

the classroom atmosphere,” said Amy Bellina, Director of Student Activities and Student Center Operations.

The purpose of the event was to bring knowledge usually learned inside a classroom into a fun and friendly co-curricular competition involving both students and faculty, according to Bellina.

Ziobro, explained how the

participating teams seemed very excited and said the event was a success. “Any opportunity we have to come together as a campus community outside the classroom only strengthens our bonds- you have to love that,” Ziobro said.

Many students were excited about the prize awarded to the winning team and attributed this as a reason for attend-

ing the event. “We would do it again, we were all really excited for the event and loved working together,” said Alexis Scorzelli, junior chemistry student and member of the team, “Final Five.”

“This was a great way for the University to get students and faculty involved in an academic event. It was great that it focused on the strategic plan and

we all had a lot of fun working together,” said Kara Snyder , a senior chemistry student and member of the Alpha Kappa Psi team.

Bellina mentioned that there could have been more teams but that they had a strong attendance for a first time event. She also explained that originally they thought that they would get freshmen seminar classes to compete, but they were not able to get those classes to participate. “However, we were very happy to have an activity that captured the interest of graduate students and upperclassmen,” she said.

Committee members for the development of The Monmouth Challenge included Amy Bellina, Professors Melissa Ziobro and Manuel Chavez, Eleonora Dubicki, Jon Cascone, and Professor Greg Bordelon (last semester prior to his leaving). Also, Tony Conard of residential life review rules for The Challenge.

The committee will have a follow-up meeting to review how everything went and follow up with the players and faculty and staff members to get feedback. It is likely that the event will be scheduled in future semesters.



Students broke up into teams at the first University Quiz Bowl.

IMAGE COURTESY of Eleonora Dubicki

## New Minor By History & Anthropology Dpt.

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also have opportunities inside and outside the classroom that they would not get in any other minor.

“The minor provides students with the opportunity to develop as global citizens through the comparative and multidisciplinary study of the history, culture, geography, politics, and economics of Africans, African Americans, Asians, Native Americans, Latin Americans, and Muslim populations in the Middle East,” said Dr. Richard Veit, Chair of the Department of History and Anthropology.

The program will be both multidisciplinary and interdisciplinary, and will allow students to take courses in history, anthropology, geography, sociology, and media studies.

The minor will include six required courses, the first of which will be the newly created class HS 349: Slavery in the Atlantic World; for the remaining three required credits, students have the option

of choosing between SO 252: Race and Ethnicity or AN 380: American Diversity. Courses associated with this minor are designated with the course code ‘RE.’ A curriculum chart for the minor and complete list of available courses can be found on the University website.

Other course offerings are drawn from existing classes at the 200 level in areas such as anthropology, art, communication, geography, and gender studies. Students can either take interdisciplinary courses, cross-listed classes, or courses in a specific discipline. There are nearly thirty classes marked with the ‘RE’ course code, meaning a student can create a varied and focused minor and learn a vast amount of information. Classes and class information can be found online.

According to the press release, the minor is “particularly beneficial to students majoring in the field of education due to the fact that the United States is the most ethnically diverse society in the world and the American classroom has become increas-

ingly multicultural. In fact, U.S. society will be roughly 46 percent white by or before the year 2040, according to the U.S. Census Bureau.”

Interested students also had the opportunity to attend an informational session about the minor in Howard Hall at 7 p.m. on Monday, Oct. 24, hosted by the department.

“The minor was created in order to give our students the opportunity to explore an important area of study with real life implications,” said Veit. “We live in an increasingly multicultural society. A strong background in race and ethnicity will give our students the intellectual skills to be informed global citizens. Students will gain cultural competency skills critical for success in the global economy of the 21<sup>st</sup> century... This is a fantastic minor for students majoring in education, business, science, and many other fields.”

According to the press release, the minor will be able to enrich

the lives of both faculty and students at Monmouth, and will provide students with an opportunity to gain a more in-depth understanding of the history of race in both United States society and the world as a whole. Students will “secure cultural competency through the study of various ethnic groups” and expand their academic career well beyond the six cultural diversity credits that are part of the undergraduate general education requirements.

This is the first semester that the minor has been offered and it will continue to be a part of the University curriculum.

**Editors Note** - The Outlook submitted questions to Professors Nappi and Williams well within the papers deadline to comment on their program. Professor Nappi answered one of the questions, and Professor Williams did not comment. The Outlook regrets that the creators of the program could not have been featured more prominently.

## FAFSA Makes Changes

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the changes to the new start date and prior tax year information,” said Kornegay.

He also noted that the Admissions and Financial Aid Offices met earlier this year to ensure that University faculty and staff were up to date on the new FAFSA requirements and changes.

Another major change to the FAFSA application lies in the information required for filing. With the new format, families must report income from an earlier year, even if their financial situation has changed significantly. If this is an issue, the federal government recommends individually discussing a situation with the school’s financial aid office.

“I just hope that sending in older information doesn’t decrease the amount of aid you get. I feel like that wouldn’t really be fair to students looking for higher education,” said Brian Mathew, a freshman biology student.

Following the submission of the FAFSA, a student’s information would then be processed by the school’s financial aid office to determine how much monetary aid they would need to attend their preferred institutions. Schools themselves have work-study programs and loan programs they use to make sure their students can have a reasonably affordable education.

“I always tell students to take advantage of the resources available,” said Korenegay. “Our financial aid office is making a conscious effort to be more accessible during this time. Students and families are encouraged to contact them in person, by phone, and on their Facebook page or Twitter account.”



This fall students can register for the new Race and Ethnicities minor created by the department of History and Anthropology.

IMAGE TAKEN from tumblr.com



# Millennials Are Most Likely To Swear At Work

**RICH FELICETTI**  
ASSOCIATE NEWS EDITOR

A recent study of over 1,500 Americans by the work management platform Wrike found that 66 percent of millennials admit to swearing at work, while only 54 percent of baby boomers say they swear on the job.

Additionally, 45 percent of millennials surveyed said that using swear words at work “doesn’t matter,” while others said it makes communicating easier. Some also said they felt that swearing bolsters camaraderie among colleagues. Another, 36 percent said cursing on the job displays passion for their work. The baby boomers confessed that using swear words while on the job is classless and unprofessional.

While one-third of the respondents said they would not accept a job at a site where swearing was strictly banned.

“I believe we have experienced a coursening of culture over the last several decades. Standards for politeness and socially acceptable behavior have gradually and continuously been sliding downward. We see this all around us, and it has been especially evident in the presidential campaign this year,” said Donna Dolphin, an associate professor of communications.

She added that the high media content that today’s youth engages in may have a profound effect.

“It’s very easy to observe what I’m talking about if we look at media content over the course of time. Something that was considered shocking 15 years ago is considered tame by current standards. Acceptable language in broadcast content

today would have been fined 20 years ago. The FCC defines profanity, in part, in accordance with the standards of the local community. So I see evidence that our standards are changing,” she said.

Health care is the professional industry with the most potty-mouths, as 64 percent of health care employees say they swear at work. Finance has the second most, with 62 percent, followed by professional services and technology. Further, those in the classroom admit to cursing frequently too, as 24 percent of educators say they swear frequently at work. Additionally, it was found that 94 percent of those foul-mouthed workers swear more often in face-to-face conversation, than online.

“I feel that this is because mil-

lennials are laid back and tend to be more rebellious than previous generations were, but I also think this shows a sign of disrespect,” said Kristen Jezycki, a senior marine biology student. “I think this shows that society as a whole is changing and that expectations for respect are declining.”

Traditionally, most office environments are very professional ones in which people dress formally and do not curse, but the recent poll suggests that the times are rapidly changing as younger people dive into the workforce.

On the contrary, 45 percent of baby boomers noted that swearing in the workplace “is too casual and feels unprofessional.” Moreover, 80 percent of millennials said they were more likely to curse if their

boss is seen cursing, whereas only 61 percent of baby boomers agreed.

Michael Schwebel, PhD., a community resilience and climate change adaptation specialist at the University is a part of the millennial generation. He said that the increase in foul language is correlated with more comfortability in work environments. He said that today’s youth are frequently situated in non-formal environments, and therefore they have learned to act less formal.

With regard to millennial females, 67 percent of women admitted to swearing at work, compared with 66 percent of men. Millennial women are also less offended by listening to curses at their place of work. Contradictorily, 50 percent of millennial men preferred

a working environment where swearing is commonplace, whereas 40 percent of millennial women said they would prefer a working environment in which cursing is a common practice.

“If you look at shows such as TMZ, most people are wearing polos and other non-formalwear to work. It is a very laid back and less strict environment,” said Schwebel. “A professional environment like that would never have existed when baby boomers were the main generation in the workplace. So the millennials are very accustomed to their situations being non formal. These factors may explain the increase in cursing in the workplace.

Danielle Cohen, a senior psychology student, said that she believes the statistics are a result of living in a less censored world in which social media utilizes less filters and is based off a younger audiences’ perceptions of the world. “I feel that society is changing, and is using the current millennial mind set as the new social norms,” said Cohen. “If television and radio advertise and use foul language, then psychology would suggest that we are just taking in our own environmental factors and using them as a new 2016 social norm.”

Additionally, Malcolm Wilson, a junior health studies student, agreed that the media plays a tremendous role in shaping the behaviors of today’s young adults. “The media probably plays a big part in this change because as social norms changed throughout the years, the media then became more and more explicit and millennials grew up on that media culture,” said Wilson.



Over 60 percent of Millenials admitted to swearing in the workforce..

IMAGE TAKEN from hubspot.net

# ID Thieves and Hackers Target Students

ID continued from pg. 1

hackers to accomplish at Monmouth. “The Payroll Department never sends emails requesting verification of account information,” said Mary Cadigan, the University’s Manager of Payroll Services. “We require [student] employees to complete the authorization for direct deposit form along with backup from their financial institution. If an employee wants to add an additional account or change what they already have in place they must complete a new authorization for direct deposit form,” she said.

“Once employee self-service (ESS) is activated for direct deposit, the employee would have to use their log on information in order to add, change, or remove direct deposit information. If anything is done online regarding direct deposit, they will receive an email stating that their request is pending approval from the payroll department,” Cadigan added.

According to Cadigan, the payroll department will only contact an employee regarding direct deposit if the pre-note is rejected by the bank for incorrect information. In that situation, the employee would be required to bring proof of their proper account information to the office.

Chung said, “If students want to be protected, it would mean giving up some conveniences because security and convenience always seem to be at odds. They might have to give up conveniences such as storing payment methods like credit card numbers on-



There are a plethora of methods used by ID thieves and hackers to target students.

IMAGE TAKEN from Trendmicro.com

line. It could also mean not saving cookies and passwords for websites, even on computers and mobile devices they use frequently.”

Chief of Monmouth University Police Department (MUPD) William McElrath also mentioned a few more scams. One included buying books online in which the thief will steal the supplied credit card information and the books will never be received.

A Monmouth University student was a victim of one of the above scams. “As a science major, my textbooks are expensive,” said a senior biology

student who wished to remain anonymous for privacy reasons. “I always try to find them cheaper online, and usually it’s okay. This year I saw a site that had pretty low prices – not so ridiculously low that you’d think it was a scam, but low enough to seem legitimate. I ordered about six textbooks for most of my classes and I never received them. At first I assumed it was just taking a while for them to arrive but when I checked by bank statements I realized there were purchases being made that I hadn’t made. It was pretty obvious what had happened.”

The majority of the student’s

money was recovered, and he/she said that after cancelling his/her debit card, changing some bank information, and replacing it with a new card, the student had had no further problems.

“I’m just lucky it didn’t go any further than a few fraudulent purchases,” he/she said. “You see some people and they get their information stolen and their entire lives are ruined. I got lucky. But it’s still scary, and scams like these are subtler – it’s something students need to be aware of.”

College students can also be at risk if they leave important information in unsecured dorm

rooms.

“We always recommend keeping everything valuable in a safe with a lock,” said Natalie Toro, a junior year biology major who is a residential assistant reserve educator (RARE), meaning that if a current RA needs to be replaced, she would step in. “Important documents would definitely be recommended to be locked up. If something is stolen we contact the building area coordinator and MUPD. A report has to go out and then the student meets with a detective so they can try to find the person. The AC would also look at the lobby cameras.”

According to the Indiana University Center for Applied Cybersecurity Research, students should keep all important documentation in a secure, hidden location, and shred any papers involving personal and/or financial information.

McElrath said that students must be careful and protect their information. “This includes their driver’s license number, debit card information, credit card information, and social security number information. Students should be suspicious of any solicitations, whether e-mail, phone, or letters, asking for any of the above information,” he said.

“Students should be reminded to be very careful of scams. They should also be reminded that if they are victims of these scams, they should report it to the police department. MUPD will investigate the matter if a student or the University has been victimized,” McElrath added.



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BECOME A FAN

# Hawks Fly Home for Homecoming

## THE OUTLOOK STAFF

Homecoming weekend is upon us, and this is a time for our campus community to come together and feel a sense of pride.

“Homecoming to me means seeing the alumni and getting to hang out with them for the day,” one editor said. “I love tailgating with my sorority and catching up with sisters who have graduated. I love how all of Monmouth is together during the day and it feels like a big community.”

“I think it’s about school spirit and people just having fun and watching something they enjoy and getting together,” another editor said.

The homecoming events begin on Friday at 5 p.m. with the pep rally at OceanFirst Bank Center. It is an event meant to get the students ready for the football game the following day, but not everybody on campus attends the pep rally.

“I am not a huge sports fan and also since I am a commuter, it really is not an event that I would stay on campus for,” one editor said.

“I have attended the pep rally the last two years to cover it for *The Outlook* and freshman year I went to get a free t-shirt but I never really enjoyed it much.

Not many people go and it feels pointless,” another editor said.

According to the Monmouth Athletics website, a standing-room only crowd of 4,591 attended the homecoming game as the blue and white welcomed the No. 1 team in the country to Kessler Field for the first time in program history a season ago. But they only averaged 1,928 fans per game in their other four home games. They drew 3,081 in their home opener, but failed to top 2,000 fans in any other game.

This year, Monmouth has had only two home games so far, drawing crowds of 2,801 against No. 11 Charleston Southern on Sept. 24 and 2,847 against Fordham on Oct. 1. The construction of Monmouth Stadium, which is set to be ready by next fall, forced the Hawks to end their home schedule by Nov. 1.

But the new stadium should enhance both the homecoming experience as well as the football game day experience for students in the future.

As one editor said, “I’m really excited for the new stadium to be built. It looks like it could be really nice and even though I will have graduated I think it will be a great addition to MU. Hopefully it will make games more appealing and bring

the school together for home games.”

“I think the new stadium will do a lot for MU. It will probably make students want to go to more games and will attract more attention from others as well,” another editor said.

Parking lots will opening for tailgating at 9:30 on Saturday morning with a \$5 parking fee. Not all editors have tailgated before, but they all agree that it’s a fun experience for students and fans.

“Tailgating before the game is the best part of my day. I thrive at this tailgate every year and I think Monmouth does a fine job at it. It would be nice if we could continue tailgating as the game goes on, but I understand that’s a bit rude to the football team,” one editor said.

“I have tailgated before and it can be a lot of fun,” another editor said. “I think MU does a great job with tailgating already. It’s a small school so you can’t expect a huge tailgating experience like you would get at Rutgers University, but I think it’s great. People come together and have a lot of fun.”

Homecoming is a time to be proud of being a Hawk, so come out and support the football team as they take on Kennesaw State in their final game at Kessler Field.



## HOW TO SUBMIT ARTICLES OR LETTERS:

*The Outlook* provides the Monmouth University community with information concerning issues in and around the University while serving as a forum for expression of the ideas of its readers.

Contributions must be submitted by email (outlook@monmouth.edu) or to *The Outlook* office, 2nd floor, room 260, Plangere Center, by 12:00 p.m. on Sundays.

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*Editor’s Note:* In the 10/12 issue of *The Outlook* Julia Burke was attributed for the article “Harmful Hashtags” but Marie Soldo was the writer of the story.

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# “Grab them by [Their Intellectual Brains]”

## How Female Students Feel About Republican Candidate Donald Trump’s Sexist Remarks

LAUREN NIESZ  
SENIOR/ OPINION EDITOR

With the recent presidential race, Monmouth students are continuing to form plenty of opinions on the candidates. It is well known that Democratic candidate, Hillary Clinton, is a feminist. However, Republican candidate, Donald Trump, has been under siege by women across the country over his crude comments and questionable attitudes toward women.

This has been an issue surrounding Trump throughout the election process, but it has been resurfaced in a big way after a recent comment of Trump’s stating that he can “do anything [...] grab them by the p\*\*\*y.” With such sexist remarks, women everywhere have started to fight back at Trump.

What does a campus whose ratio, according to Monmouth University’s site, of men to women is 2:3, say about Trump’s attitude toward women? Let’s hear what some of our females on campus have to say:

**Coral Cooper, a junior English student:**

As Trump progresses through the 2016 election, his egotistical characteristics are becoming affirmed. Within recent weeks, recordings of predatory talk and sexual assault allegations have come to surface in the news regarding the man attempting to hold the position of commander and chief of the United States.

Comments suggesting a

man, especially a man with a lot of money or high social standing, can do whatever he pleases to a woman are not acceptable. The issue of sexual assault is a sensitive topic that should not be discussed so crudely. Gender equality is an ongoing issue as women still make monetarily less than men.

Furthermore, Trump’s view on women’s rights when considering abortion include the imprisonment of the pregnant woman without any punishment for the father involved. In Trump’s eyes, the fault lies on the woman while disregarding that it takes both a male and female to conceive. Regardless of one’s beliefs on abortion, it cannot be denied that it involves two parties.

Trump embodies the concept that men deserve more power, money, women’s physical attention, and are overall better solely based on his idea of gender superiority.

**Anna Blaine, a senior English student:**

I think one of the most interesting things about this election has been watching the way people have reacted to Trump. Are people really that surprised by his behavior? This man has been known for saying the most outrageous things for a very long time. All the

pearl-clutching that happened after the video surfaced where he talked about sexually assaulting women should not be surprising, in my opinion.

This is a man who has made a career off of bullying and insulting people. It doesn’t seem like he has a shred of decency. His opinions should not be relevant in politics at all.

The saddest thing about Trump being the Republican nominee for President is that many Americans voted him in that position. His nomination

tion for President reflects the way many Americans think and that is extremely sad to me.

**Amanda Gangidino, a junior communication student:**

As a young American woman, I am simply disgusted by Republican candidate, Trump’s, sexism directed toward women. As a public figure that wishes to govern the people of the United States, he communicates hateful rhetoric not only about women, but also of minorities.

He views women as “aesthetically pleasing objects” rather than people and that pumping breast milk is “disgusting.” Voting for Trump could possibly influence Americans to revert back to ways of early 20<sup>th</sup> century sexism. All of the efforts that women have made to decrease stereotypes could possibly be reinforced if Trump is elected President of the United States.

**Nicole Seitz, a senior history and education student:**

I’m not going to argue with someone who wants to vote for Trump if they have the right reasons to. I’m not going to argue with someone who wants to vote for Clinton if they have the right reasons to, however, to be unaware of the fact that both candidates have done and said things against the advancement and justice of women

would be ignorant.

It’s easy for people, women in particular, to find disdain in Trump for the words he has spoken and the way he treats women. His “arrogant-men-have-the-power” kind of attitude is absolutely appalling and unacceptable for a presidential candidate.

On the other hand, the media’s focus on this takes away from the fact that Senator Clinton is nothing more than a corrupt politician, just as Trump is nothing more than a greedy businessman. Trump is not the best choice for women, and just because Clinton is a woman does not mean she is the best candidate for women either. I urge people to learn about all of their options—make the choice that is right for all people, including, but not limited to women. Don’t allow the outdated two party system define you as a voter.

**In conclusion:**

It seems as though females on our campus are outraged and “disgusted” by the remarks made by Republican candidate, Trump. Though, as Staff Writer Nicole Seitz, points out, it is not all Trump soliciting negative reaction inducing remarks. Each candidate will and have said things that we won’t agree with, but that is the beauty of election season—we have the freedom to take what the candidates say and form our own opinions and accept our own truths.

Various University students and staff writers mentioned within the article contributed their views to this story.

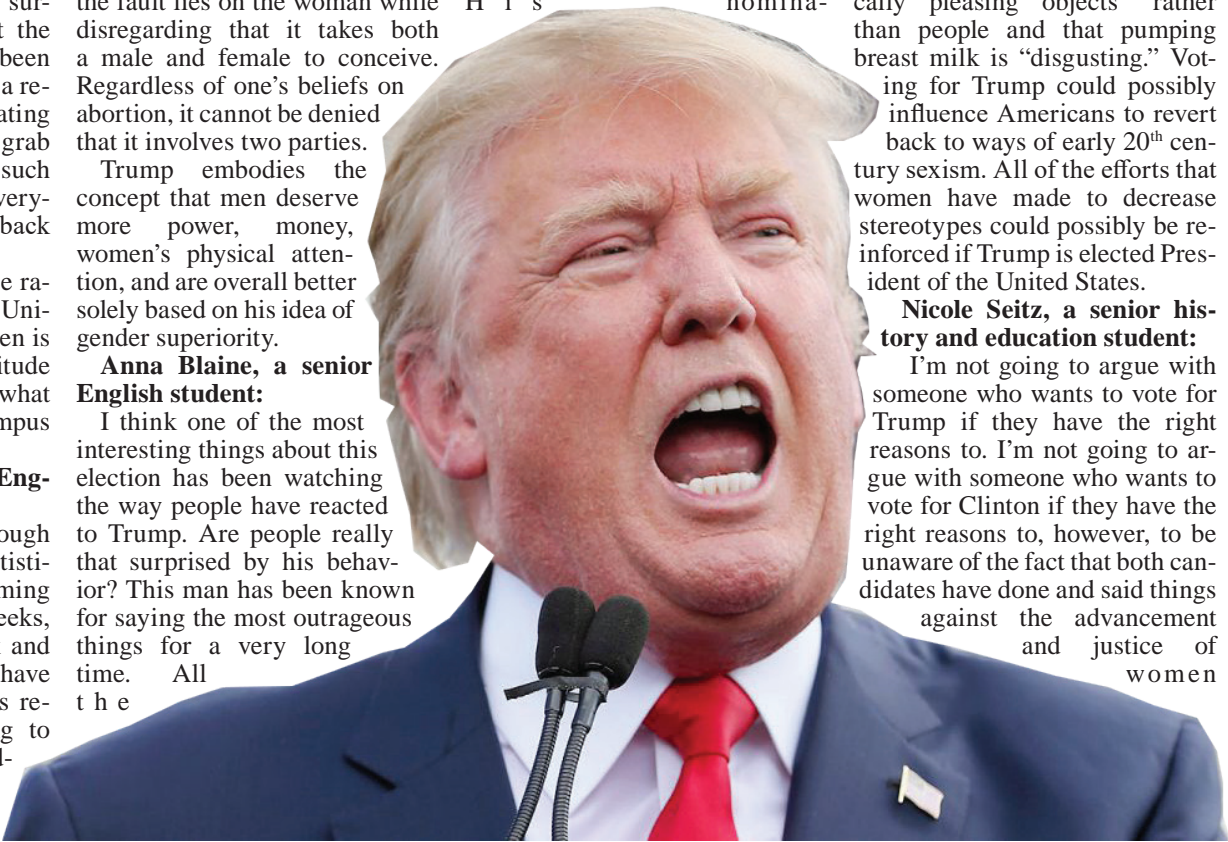


IMAGE TAKEN from Fox News

# Life Lessons for an MU Student From a Trip to Walt Disney World

LAUREN NIESZ  
SENIOR/ OPINION EDITOR

As a student who is constantly working, going to meetings, and doing school work, any trip/ escape from reality helps. What we don’t realize about trips are that many of them can teach us some pretty important life lessons even while we are having fun and don’t actually realize it. Reflecting back on a Fall Break trip I took, I found that there are some pretty important and interesting life lessons I learned from my trip to Walt Disney World.

**Planning makes perfect**

Did you know that when planning a trip to Disney World you can make reservations for hotels 180 days in advance? And you can make reservations for FastPasses, attraction tickets that allow you to skip the stand-by lines, up to 60 days in advance! When planning a trip to Disney, there is a lot of organization and there are many deadlines involved. Keeping an itinerary and calendar are key to a successfully planned trip. This is also true to any Monmouth student! With deadlines, classes, meetings, etc. it can be difficult to keep up. What we can take away from a Disney vacation is that planning truly makes perfect and that goes for your daily life at Monmouth too!

**Patience is key**

We’ve all been there—waiting for a ride as perfect and incredible as Space Mountain, knowing that it isn’t going to be a short wait. Lines at Disney World for any attraction can get as long as

two hours—sometimes even longer! You’ve got to pack your patience when going to an amusement park as magical and popular as this. Furthermore, it isn’t just the wait that you’re going to have to be patient with, it’s the people too. With the buzz of tons of different languages being spoken, the cries and yelps of little children who want this and that, and the roar of crowds in general, you’ve got to be patient and learn to keep calm in hectic situations.

This most definitely applies to life as an MU student too. We have a lot of activities and people bustling around campus all the time. Being patient with not only other people, but with ourselves is important in our success. This also applies to the dreaded group projects. We have to be patient and accepting of all different skillsets in order for the final project to be cohesive.

**Mind over matter**

I couldn’t tell you how many steps we took in Disney World, or how many miles it equated to, but I can tell you that it was a *lot*. There are always low points in your day in Disney World where everything in your body aches and hurts. You’re suffering in this pain while perhaps waiting on that two-hour line for Space Mountain and you’re wondering, “Okay, why am I doing this to my body?” But, then you look around and see a hidden Mickey Mouse and realize that it is all totally worth it. Every morning in Disney World you may wake up with a new blister on your toe or a new ache in your legs, but still, every morning you wake up energized and ready to go because this is your vacation and you love that mouse.

At MU, we get mentally drained, physically exhausted, and emotionally torn. It’s college. It happens. One day we have four papers, a presentation, and a 40 page reading due and the next day’s work could be just as taxing. But, when we put mind over matter and power through our assignments and meetings, we really get things done. You realize after you put all the time and effort into a project or essay, maybe even both, that it will be worth it in the end. Not even just the end of the class or assignment, but the end of your college career. Every tear we cry and every drop of sweat we perspire will be worth it in the end for that degree and hopefully happy life and career.

Taking a trip to Disney World, the most magical place on Earth, is a true process. It is more than just buying your plane and park tickets and heading over; you have to plan out your days, keep calm and patient throughout your days, and work through the pain because, in the end, everything is so worth it.

One last thing that taking a trip to Disney World teaches us is that we can find a little bit of magic in each day. At Disney World it could be a cast member handing you a sticker and saying “I hope you’re enjoying your day, Princess!”

At MU it could be as simple as someone holding the door open for you or telling you that you did a nice job on an assignment. Disney teaches us that every day can have a magical moment if we just stay optimistic and believe it will happen.

As the ending fireworks show, *Wishes*, states, “we’ll make a wish, and do as dreamers do, and all our wishes, will come true.” So, keep dreaming, Hawks! And,

remember to make every action count. In the end, after all of our hard work, planning, and patience, our wishes will come true!



IMAGE COURTESY of Amanda Drennan

A trip to Walt Disney World is an event in one’s life that can teach some pretty useful life lessons.



# Special Guest Visits Monmouth Political Science Class

PRESS RELEASE

BRENDAN GREVE  
CO-POLITICS EDITOR

Students in Professor Reinhart’s Constitutional Law class last Friday, Oct. 21, were fortunate to receive a visit from Melissa Arbus Sherry—a former clerk for the Supreme Court Justice, John Paul Stevens, who was hired as Assistant to the Solicitor General of the United States by Supreme Court Justice, Elena Kagan. Stevens has argued ten cases in front of the Supreme Court of the United States. Reinhart, a lawyer himself, specialist professor, and Director of the Kislack Real Estate Institute at Monmouth, was able to get the high profile lawyer to visit campus.

Sherry, who grew up in nearby Ocean Township, received a bachelor’s degree from Tufts University and law degree from the University

of Virginia School of Law, discussed her experiences working with the highest court of the country. Sherry shared about her experiences and the hard work that included putting herself though law school, reading through thousands of petitions for the Court as a clerk for Justice Stevens from 2004 to 2005, and the preparation that goes along with arguing in front of the Supreme Court. From her experience in front of the Court, the United States v. Castleman case of 2014 was among the most notable cases that she argued and won. She said, “Castleman was my favorite case” and “we felt very good about the outcome.”

In addition to sharing about all of the hard work, she also shared some interesting and light-hearted experience about the Supreme Court. For example,

she shared that Justice Stevens, who is 96 years old, was an avid tennis player until one year ago. She said, “I made the mistake of mentioning that I played in high school.” He then asked her if she wanted to play. Although Sherry tried as hard as she could and did not take it easier on the older Justice Stevens, she admitted, “He beat me really bad.” The funny story was actually reported on by *Bloomberg News*.

She also told the class that there is a basketball court on the top floor of the Supreme Court. She said it is called, “the highest court in the land.” She also mentioned that while on the Court, Justice Sandra Day O’Connor was an avid aerobics practitioner. Sherry said that she would like to have gone to a class, but “Justice O’Connor would take offense



PHOTO TAKEN by Jasmine Ramos

Melissa Arbus Sherry, a former clerk for the Supreme Court, paid a visit to a Constitutional Law class at the University.

if someone only went once and didn’t go again.” She also said about Justice Clarence Thomas, “Despite the legal differences I have with him, he is one of the

easiest people to talk to.” Overall, Sherry’s visit to the University Constitutional Law class was extremely informative and entertaining.

## Is It All Just About Attitudes In The World of Politics?

ALBERT SHALOM  
STAFF WRITER

This upcoming November, citizens will face a choice of, perhaps, the most unique presidential election in the entire history of the United States. What makes this election so unique are the attitudes, both of the candidates, as well as the attitudes voters sport in reaction to each candidates’ policies.

The first Presidential election of this cycle was the most ever tuned and watched debate. Many different media outlets and news agencies claim that one candidate won over the other in the debate. However, what is it that really matters to voters and what’s more important to voters? Is it their attitudes and feelings towards the potential presidential candidates or do voters put more of an emphasis on the presidential candidates’ agenda and/or policies?

Some even believe that third party candidates may play a major role in this election and should be allowed to partake in the widely publicized and televised presidential debates. However, Katharine Dix, a junior political science student, believes “this is not the election to vote third party.”

Jarrett Branch, a sophomore political science student, gives his take: “The presidential candidates are supposed to be the best this country has to offer because being the president is one the most important jobs in the world. I feel this year we have to select from a group of candidates that aren’t the best the United States has to offer, but will bring something different to the Oval Office in being elected.”

Professor Aaron Ferguson, Chair of the Communication Department, agrees that this election is different than many of the previous ones. He said, “While the election cycle is often negative with candidates attempting

to separate one’s agenda from another, this election, is the most negative of my lifetime.”

Dix, however in response to the attitudes and feelings versus candidate’s proposed policies and agenda stated that she is voting for Hillary Clinton of the Democratic party because of both. She explains: “I believe in the same things she does and have read her proposed presidential policies multiple times and am incredibly supportive of them.”

She then continues on to cite Hillary’s experience: “I don’t believe she is as corrupt as people say she is, and think that her years as a law professor, first lady of Arkansas, first lady of the United States for 8 years, Senator of NY for 8 years, and being secretary of state for 4 years has given her more than enough experience which is why I have such a positive attitude towards her.”

Ferguson also believes that it is a combination of both attitude

and policies. He said, “The attitude of the candidates matter, as they are representing every citizen of the U.S. As for policies of each individual candidate, what they stand for or believe in, usually it separates the candidates in the minds of the public. I know that I vote for the candidate whose policies and attitude is a best representation of my ideals and values.”

When asked, Dix explained, if hypothetically speaking, Donald Trump of the Republican Party would have the same attitude and vibe, but had Clinton’s policies would she vote for him? She responded: “I also can’t see someone who has his attitude and temperament with Clinton’s policies.”

However, she concludes in her own opinion that “the main thing that matters is their policies and experience. Honestly, if someone is qualified and believes in the right thing, I don’t care what scandals they may or may not be involved in because I still think

they’ll do good for the country.”

Branch, however, provides some insight when he explains how “a person’s attitude towards a candidate should not matter when selecting someone to vote for, but since voting has been made into a personal experience it is almost impossible to separate the two.” Ultimately though, he says “I would vote for a candidate based off their policies because I feel when you bring personal feelings into an election your judgement might become clouded by your feelings.”

There is no doubt that this election is definitely one of the most, if not the most, interesting presidential elections the U.S. has ever experienced and been through since its conception. The decision as to who will hold arguably the most powerful position and leadership for the entire world, ultimately rests in the hands of voters.

## The Race to the White House 2016: What is It Truly About?

NICOLE BENIS  
CONTRIBUTING WRITER

The 2016 general election for president of the U.S. has been at the center of news media and social media; a definitive change from prior elections. With mass media and social media at the forefront, the polls can be easily swayed since information is so vastly available.

Nearly two weeks away from the general election and many voters do not know much about either candidate except for the negative attacks being thrown from each side. Some have thought this election would prove to be advantageous for the Republican establishment since a Democrat has held office for eight years. However, with the election coming closer it seems both candidates are ready for the final push.

According to *RealClearPolitics* polls from various pollsters, one candidate is up by anywhere from 1-20 points over the other. Some polls note a tie. There are variations in the polls based on the news outlet or poll conducting the research. A tight race has ensued leaving each candidate trying to secure their spot in this election. The problem with this election is that each candidate has ardent supporters or they are

loathed. This factor is one that makes this election rather heated since each candidate has many negatives against them.

Regardless of each candidate’s flaws, many people note that this election has been dirty. It has not been centered on policy or the American people. At this stage in the race, Clinton is touring the country with supporters, such as First Lady Michelle Obama.

Across the country, Clinton supporters are hosting phone banks to recruit voters in the final push. There are events to encourage voters in the battleground states such as Pennsylvania to come out and vote on Election Day. Volunteers for the campaign are also doing door to door canvassing in order to rally voters.

Conversely, Donald Trump is currently touring the country making appearances in locales across the country that are battleground states. Currently, Trump is speaking across Florida. Later in the week he will be heading to North Carolina as well as Ohio in order to rally voters that may be on the fence. This tactic has been used in many elections in order to make the final pitch to undecided voters.

Social media has blown up with attacks from each side. The personal character and private lives of each candidate has been aired

out for the world to see. Each candidate has been slammed by the media. Even though social media has been around for some time and was utilized in the 2012 election, this election cycle has been supported by constant attacks through social media mediums such as Instagram, Twitter and Facebook wars.

Kim Kallok, a senior political science student, said “Social media has had such a huge role in this election because of how easy it is to share their opinions and feelings with the touch of a button. They are able to express themselves through a medium that was only readily available to the general public about a decade ago. People can discuss the election with “friends” and followers. These comments, likes and posts can be either detrimental or helpful for any campaign. At this point, because information spreads so quickly through social media it can make or break a candidate.”

Professor Melissa Ziobro, Specialist Professor of History, said, “I guess what strikes me, personally, most about the election cycle is the divisiveness. The nastiness that seems to abound on campaign stages, in newsrooms, in chat rooms, in living rooms... It saddens me. I have an eight year old, and he’s just old enough

where following the election process could have been a great learning experience for him- instead I feel like I have to change the channel or station the second he enters the room. I should point out, though, that 2016 didn’t invent mud slinging. In the 1800 election cycle, the opposition attacks against Thomas Jefferson including calling him “a godless Jacobin who would unleash the forces of bloody terror upon the land.”

One newspaper warned that with Jefferson as President, “Murder, robbery, rape, adultery, and incest will be openly taught and practiced”.

In the 1804 election cycle, the opposition pounced publicly on Jefferson’s affair with a slave woman, Sally Hemings. In the 1844 election cycle, James Polk was falsely accused of selling slaves to raise money for his campaign. The examples go on and on.”

Also, it is often perceived that in politics it’s sometimes hard for news outlets to remain neutral. Newscasters try to remain neutral but the stations that they work for are up to their own agendas. For instance, someone looking to get neutral and accurate information on this election will have to look far and wide to find true polls that are not biased or favored to-

wards one candidate.

As of current, the debates, advertisements and social media explosions have changed the polls. The faceoff between both candidates are emotionally charged and impactful for American citizens.

According to *RealClearPolitics*, the polls seem to be fairly equal. IDB notes that it is a tie. *CNN* shows that Clinton is up 5 points. The Rasmussen Reports says Trump is up 2 points. The polls consistently change by the day, even by the hour. So, why is there a disparity in polls?

Dr. Stephen Chapman, Associate Political Science professor, says that there is a specific reason for disparity amongst various polls: “It is really about the methodology. Some polls are by nature better than others. They key to whether or not a poll is good comes down to if the sample size is representative of the population and if it is random. That’s what makes an effective poll.”

Regardless, this is a contentious election and will be uncertain until the election in three short weeks. American people have been given the democratic liberty to vote, therefore, as one of the only civil duties people have, voting, regardless of your political affiliation in an important right to exercise as a citizen.





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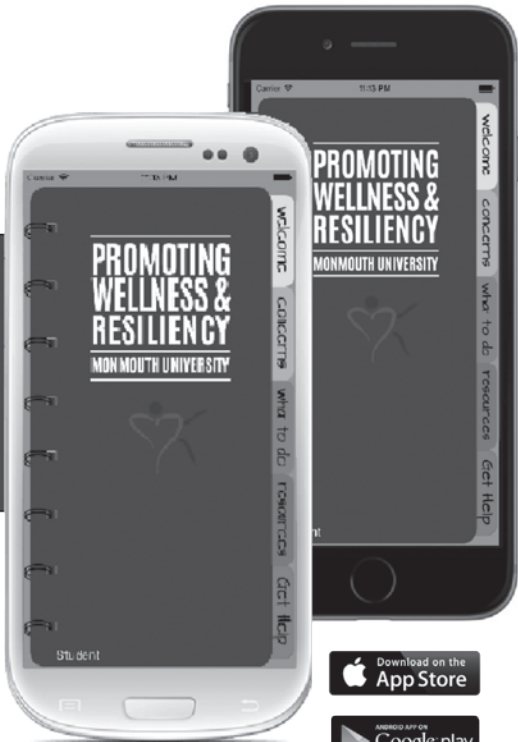


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# Book Recommendations Based on Zodiac Signs

COURTNEY BUELL  
CLUB AND GREEK EDITOR

Horoscopes have been advising people for centuries on their love lives, finances, and lifestyle choices. While many say that astrology is a pseudoscience and that really any of the zodiac signs can apply to one's life if they didn't know which one was specific to them, there is one thing that is true about horoscopes, and that is that they are entertaining and have a mystical characteristic. Since each individual falls under a zodiac sign, they have likes and interests that are specific to only their sign. That being said, what could be a perfect way to recommend a book than based on an individual's zodiac.

There are so many popular books out there today that it becomes really tough to choose what to read. However, with guidance from the zodiac, choosing the right book becomes easy.

Aries are often daring, adventurous risk-takers who enjoy exploring. A great read for people born under this sign would be *Into the Wild* by Jon Krakauer. The story follows a college graduate that gets rid of his material possessions and identity to live off the land in the wilderness of Alaska.

Taurus, which consists of people who are patient, loving, and kind. They enjoy comfort and like when things stay the same. A book fitting for a Taurus would be *Water for Elephants* by Sara Gruen. A Taurus would love the rich romance and scenery of a depression-era circus, and the deep

connection the main character has with a particular pachyderm with a winning personality.

Geminis' have a very versatile personality and wish to explore. They are witty, intellectual, and energetic. A great classic for a Gemini would be J.D Salinger's *Catcher in the Rye*. Holden Caulfield's commentary on the adult world around him is witty and insightful and told from a jaded yet youthful character. A Gemini might identify with this character and story very well.

Cancers' are the most compassionate of all the zodiac signs. They appreciate comfort and intimacy, so it makes sense that good pick for them would be *Fifty Shades of Grey* by E.L James. Deeply sensual and emotional, the story follows a young women's descent into the world of BDSM. In turn, she learns what she's made of, and who she really is. A Cancer will feel for her, cheer her on, and enjoy every minute of it.

Leos' are noble, warm-hearted, generous, and tend to be open-minded and thirsting for more experiences outside of the norm. A perfect novel for a Leo would be *Eat Pray Love* by Elizabeth Gilbert. A woman realizes she is unhappy with her current life and embarks on a journey of self-enlightenment through traveling, eating, and experiencing other people's faiths and ways of life. A Leo will be thrilled with the idea of journeying and experiencing something bigger than one's self.

Virgos' are smart, sensible, and modest. They appreciate fact rath-

er than fiction and also appreciate organization. Alyssa Cosentino, a junior psychology major and Virgo, says, "A book that I've really enjoyed would be *The Curious Incident of the Dog in the Night-time*." A 15 year- old boy with a condition seeming to be on the autism spectrum sees the world in a very detailed and unique way in this story, and its organization and structure make it perfect for a Virgo.

Libra's are romantic, social, charming, and principled. They appreciate a balance of things. A Libra would enjoy *Alexander Hamilton*, by Ron Chernow, which is an electric biography on the founding father. The book is the basis for the hit Broadway Musical *Hamilton*, and explores themes of romance; love of country, adventure, and of course drama.

Scorpio's are deeply passionate and powerful, as well as compelling. A novel that embodies these traits very well is *The Girl on the Train* by Paula Hawkins. The story is gritty and sensual, exploring the broken relationships of strangers all tied together by one missing woman. The story is full of passion, mystery, and power-struggle, and a Scorpio will not be able to put it down. Senior education major and Scorpio, Meaghan Wheeler, says, "I love books that make me think and feel and it was hard to put this book down."

Sagittarius' are free spirits who are philosophical and fun-loving. They wish to know the world and to make difference, which is why

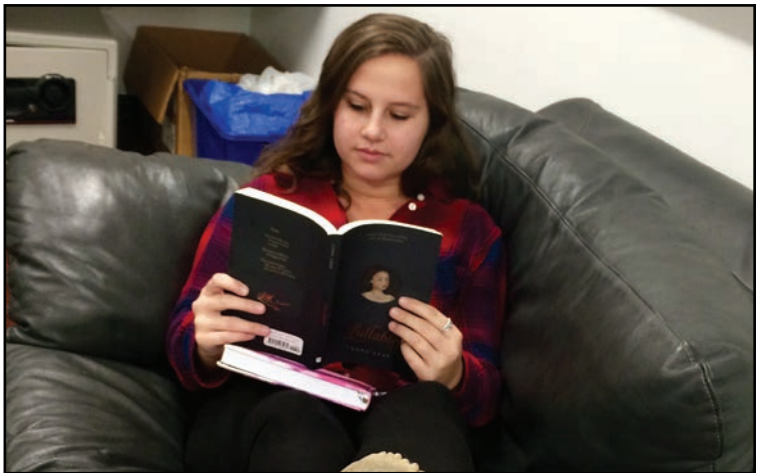


PHOTO COURTESY of Amanda Gangidnot

Senior communication student Amanda Drennan (who happens to be a Scorpio) enjoys reading novels that involve mystery and spark creative thinking.

Mitch Albom's *The Five People you Meet in Heaven* is perfect. An elderly man dies and looks back on his life and the relationships and impacts he's made. This story is deeply philosophical on life and death, and perfectly depicts the joys in life and why it shouldn't be wasted.

Capricorns' are quiet, patient, and wish to be successful in life. *Adulting: How to Become a Grown-up in 468 Easy(ish) Steps* by Kelly Williams Brown is an inspiration and instructional but also incredibly humorous. A Capricorn will really appreciate it and probably follow the steps listed in the book.

Dr. Mihaela Moscaliuc, an assistant professor of English shared her favorite read, "I am a Capricorn and my favorite book is *Zoli*

by Colum McCann."

Aquarius' are friendly and fiercely independent. They want to be successful and will work hard to obtain it. That is why *#GirlBoss* by Sophia Amoruso is a wonderful novel for someone yearning for success.

Pisces' are sympathetic, emotional, imaginative, and selfless. They fear that being alone and enjoy being connected. A great book for a Pisces would be *Rupi Kaur's Milk and Honey*, which explores the power of poetry and focuses on the sweetness that exists in life's most bitter moments.

Selecting a novel based off of your zodiac sign will ensure that you will be fully invested in your next read. So, let astrology guide you during your next trip to Barnes & Noble.

# Falling for Fall Traditions

JULIA BURKE  
STAFF WRITER

The sound of school buses coming to a halt on the streets, the red, orange, and yellow foliage that paint the trees, and the perfect 60-degree weather are all indicators that the season of fall is in full swing. Autumn is everyone's favorite season because it signifies a new beginning. Just as the trees shed their leaves during this season, fall is a time when we can abandon our past failures and focus on the opportunities and challenges that lay ahead.

The autumn season is highly centered upon traditions and time spent with family, friends, and loved ones. Beside the promise of change, and new beginnings, the season is a time for us to embrace tradition and make new memories.

During the eighth century, Pope Gregory III designated November 1 as a time to honor saints and formally named it as All Saints' Day. The night before became known as All Hallows' Eve and later became known as Hal-

loween. Every October 31st provides creatures of all kinds with an opportunity to take on a different persona for the night. People of all ages dress up in costumes, ranging from horrifying zombies to their favorite superheroes. Children trick or treating knock on doors to receive candy. Teens and adults use it as an excuse to go out and party. For all ages, Halloween is a holiday to embrace superstitions, over-indulge in sweet treats, and make some questionable decisions in regards to wardrobe and behavior.

The night before participants of Halloween suit up in their spookiest attire is known as Mischief Night. Many people go around and prank neighbors' houses using toilet paper or eggs. For over 2 centuries, the elders of the neighborhood typically call the police and ruin the fun. However, that does not mean that the pranksters will ever stop stirring up mischief the night before All Hallows' Eve.

A popular attraction during the September and October months are Haunted Houses. Abandoned prisons, mental asylums, hotels, cemeteries, or

other creepy places that go along with the theme of Halloween are a main attraction for those that seek the thrill of being spooked. Actors and actresses dressed up in costumes are hidden around the haunted houses and jump out and scare the visitors throughout their walk. Ranked the number one scariest haunted house is The Cutting Edge Haunted House in Fort Worth, Texas, which is located inside an abandoned meat-packing plant. However, an attraction that is more convenient for us Monmouth students and was ranked as the scariest Haunted House by NJ.com is Bane Haunted House, which is located in Livingston, NJ.

A sophomore nursing student, Sam Albinson added, "I love haunted houses and haunted hay rides! I've been going to them since I was a little girl."

Also, pumpkin picking, apple picking, and hayrides are also a fall tradition, or just an excuse to get a cute, artsy Instagram with your best friends. A Sophomore graphic design student, Lauren Maraday exclaimed, "I love painting pumpkins and putting them in front of my house."

If you don't watch *Halloweentown*, *Hocus Pocus*, and *Mom's got a Date with a Vampire*, you are most definitely not doing October right.

Pumpkin pie, apple cider donuts, and cinnamon apple muffins are just some of the delicacies that are associated with the autumn season. Also, all year people wait for the day Dunkin Donuts starts selling Pumpkin-spice lattes. These lattes are an emblem of fall, and a hot commodity amongst adolescents across the nation.



IMAGE TAKEN from www.beautyblvd.net

According to NJ.com, Bane Haunted House was ranked number one in the state and is located an hour away from campus in Livingston, NJ.

The Pillsbury ready-to-bake pumpkin cookies are the little sugar cookies decorated with pumpkins that you buy in the freezer section of the grocery store. They melt in your mouth, and are just a great part of celebrating autumn.

Thanksgiving is such a great holiday because it is a day of giving thanks and spending time with the family. People typically make an abundance of foods, which usually includes turkey,

gravy, mashed potatoes, and cranberry sauce. For people that love eating, it's a wonderful time to induce a food coma. Nutrition professor, Gerry Hyland, said, "Making chili and stews is my favorite part about the fall, and Thanksgiving."

All of these traditions are what make autumn such a special season. It is a season full of magic, history, family, and memories that will last well after all the leaves have fallen.



IMAGE TAKEN from Clipart



# Vote for *The Birth of a Nation*

ANNA BLAINE  
STAFF WRITER

What does it mean to be a patriot? This is a question I had to ask myself after watching *The Birth of a Nation*, based on Nat Turner, the slave who led a revolt in Virginia (1831). This film addresses many issues about the lack of humanity – such as American ideals that we pride ourselves on – yet it also addresses the hypocrisy of America. If patriotism is something that we aspire to, why is someone like Donald Trump very close to becoming the next

President?

If our history is important in understanding who we are today as Americans, we must discuss those who have done something patriotic. While Paul Revere and Patrick Henry are honored as American patriots, the significance of Nat Turner's slave revolt seems to go unnoticed. Up until now, Turner's life has never been canonized on film and this film seeks to honor an unsung patriot.

*The Birth of a Nation* is unapologetic in its portrayal of slavery. It does an incredible job telling a story about a time pe-

riod in America that was brutal and torturous for every black man, woman, and child. There's something about seeing a young Nat Turner go to bed hungry that leaves viewers with a sense of inescapable hopelessness; this is the reality that existed every day for slaves. The film also shows the love that is present between Nat's mother, father, and grandmother. We get a glimpse of how Turner absorbs the world he lives in through his young eyes; the innocence of children is one of the thematic elements that is highlighted beautifully in this film.

Although the film is raw and visceral at heart, there are moments of levity that show that people can find joy even when there is insurmountable pain. The film's director, writer and star, Nate Parker, constantly shifts between representations of love and hate through scenes that evoke disgust and make viewers horrified to ever imagine living in the antebellum South during this time. This was shown at times such when slaves were auctioned off to the highest bidder, and through the use of cruel practices, such as starvation, to break the slaves and make them dependent on the master. This helped to generate strong emotions in the viewers throughout the film.

Yet in between those scenes, there is a poignancy like the love story between Turner and his wife. The essence of marriage and family in the black household are thematic elements that are woven between the harsh reality of slavery. Parker captures this amongst the backdrop of cotton fields that stretch for miles, dirt roads, forests, and gigantic willow trees that blow like tendrils of hair in front of plantations.

Religion is one of the topics that the film examines because slave masters used Christianity as a tool to control their property. As a preacher, this revelation about religion is when Turner starts to develop his own autonomy. He sees that the evil practice of slavery is justified through religion. A powerful and equally debasing moment in the movie happens

when Turner's slave master Sam Turner (Armie Hammer) forces him to preach a sermon about slaves submitting to their masters. This was brilliantly performed by Parker in that Turner is conflicted about the context of the scriptures in the Bible, but at the same time he knows that slavery is inhuman and has no moral code. Ultimately, Turner is led to believe that he has a greater purpose. Much like Moses in the Bible, he believes he is called to deliver his people out of bondage and the final moments of the film dictate how a revolution begins; it starts with a spark and spreads until people amass together to create change.

*The Birth of a Nation* received rave reviews at Sundance this year but was overshadowed by an incident in Parker's personal life. You have to question if destroying Parker's image was a strategic move to diminish the impact that his film would have on America. We are living in a time where race relations are still tense and this movie has a strong resonance today. I think we should be open to films that start conversations because they can bring us together as a human race and remind us that patriotism is not about saluting a flag or saying "we need to make America great again." Patriotism is a concept that is found in the tenacity of the human spirit and Turner embodies that. I will let people conclude what they want about Parker, but his film is worth seeing. *The Birth of a Nation* has my vote.



IMAGE TAKEN from cinema.evereye.it

The new movie, *The Birth of a Nation*, was released on Oct. 7. It is based on Nat Turner, a slave who led a revolt in Virginia in 1831.

## I AM TEDDY WHO?

JENNIFER MURPHY  
STAFF WRITER

Monmouth seems to be the home of many talented students, and I had a chance to talk with sophomore and music industry student, Tyler Robinson, also known by his stage name "Teddy," who has become a popular musician amongst the students of the University. He's performed at several campus events and will be performing at the school pep rally Oct. 28.

He throws a twist on the average "up and coming young artist" story because you can see the dedication in the ambitious rapper, considering Teddy hit the ground running with his career by focusing on live performances. Even prior to the release of his first album, *Say Less: The Prequel*, the artist started performing his music live. He has performed in a variety of places for different artists and will be opening for Tory Lanez, a hip-hop artist who has released songs such as "LUV" and "Say It," on Nov. 6.

*Say Less: The Prequel* features seven tracks that mix hard beats with Usher type, slower melodies. Teddy is definitely on it with the vocals; he has that Andre 3000/Frank Ocean/PartyNextDoor type of feel to his music.

There seems to be a greater appreciation of artists who can actually sing beautifully and accent notes rather than just spit bars to a beat for two reasons. First, it puts the artist in

another category because having that type and level of talent – musically – is rare. Secondly, it's rare because this is part of a throwback era of rap and hip-hop. We saw this type of style with Bone Thugs-N-Harmony, but today, hardly any rappers have any kind of vocal melody. This is a huge advantage for Teddy and is something that will definitely set him apart from other artists as he progresses.

During the interview, Teddy talked about his hustle and a variety of topics surrounding his music and the creation of his first album, *Say Less: The Prequel*.

**When did you get into music and why?**

Music has always been my passion. Every time I brought it up, people kind of took it as a joke and never took it seriously. I really decided a few months ago that this is what I want to do for the rest of my life so I made my music, started talking to people, and really tried to promote myself.

**Who are your favorite artists?**

Definitely Drake, J.cole, and Lil Uzi Vert, but I have a really wide ear and I've learned to appreciate everything.

**Who is your inspiration?**

My dad used to be an artist and a producer, the business didn't work out for him, and my mom was always musically talented also. Based on what they experienced in the business, they didn't want me to venture

out into the dog-eat-dog world, but I know I can succeed and one day take care of them.

**What's your process?**

I write my own lyrics, make my own beats, and record my own stuff. I really do everything from a-z on my own.

**What separates you from other artists?**

I'm so invested in learning more about music and the process that goes into producing it. I changed my major to music industry because I'm looking to sharpen my skills. A lot of artists don't have that prior knowledge of the process or the desire to dive deep into things. I feel like my raw talent mixed with my knowledge of the music business will give me an edge.

**Is there a tone to your music?**

A type of music I like to make is what I call "RNS R&B" because I mix singing bridges, and melodies with rapping. What I'm working on personally is keeping my music related to what is real to me. I want to apply a mass audience appeal and have my music be about real experiences that I go through in my life.

**What are your plans for the future?**

I'm currently working on my second album. I definitely want to get new music out. I also want to keep performing as much as possible and continue to promote my music and story.

You can't help but root for an artist like this, whose passion bleeds through his music.

Teddy has hit the ground running by releasing an album, making it available on popular music streams like iTunes and Tidal, and performing for big name rappers, such as Tory

Lanez. As a young artist in the game, Teddy is already doing major things but it's really only the start. It is clear that there is more in store for this ambitious nineteen year old.



PHOTO COURTESY of Zane Corbin

Tyler Robinson, a sophomore music industry student, will be opening up for Tory Lanez, a popular hip-hop artist, on Nov. 6.



# Scream Queens Goes Hoarse in Season Two

BRIDGET NOCERA  
STAFF WRITER

"If it was possible for me to feel anything, I would totally be sobbing right now," said Chanel #3 (Billie Lourd), which unfortunately reflects my attitude towards this season of FOX's *Scream Queens*.

The campy, crass creation was a show I fell hard for in its killer first season. The story of the snotty, selfish, yet fabulous sisters of Kappa Kappa Tau, who not only have to deal with an vengeful dean, preppy fraternity "bros," and, you know, just your everyday serial killer on the loose, was some of the most genuine fun I've had watching television in the past few years. *Scream Queens* wasn't for everyone, and still isn't, but it was full of endlessly weird and original characters, rapid-fire quips, and the perfect blend of horror and comedy. Now, it merely feels like a bad imitation that is desperately trying to find that first season shine.

Ryan Murphy and Brad Falchuk, the creators and writers behind the series, might simply have other projects on their minds, leaving *Scream Queens* to get the short end of the stick. Their other creation, *American Horror Story*, seems to have hit a new stride in its sixth season with a twisty, creative plotline that has fading audiences tuned in again.

There's also the critically lauded *The People v. O.J. Simpson: American Crime Story*, which Murphy and Falchuk direct and produce. It was one of the most nominated series at this year's Emmys and its next two seasons' stories have already been announced. If that wasn't enough, Murphy has his newest anthology series *Feud* lined up, debuting with the infamous feud between Joan Crawford (Jessica Lange) and Bette Davis (Susan Sarandon).

Or, it may just be that *Scream Queens* isn't as popular in the writing room as its titular queen bees are on campus.

Onscreen, it's obvious that a spark has gone out. In hindsight, season two looked promising and ready to fight any past wrongs. The original idea for the series was to be another anthology along the lines of

The brainy, selfless Zayday (Keke Palmer) transitioned nicely as a medical student under the now Dr. Munsch, but Chanel (Emma Roberts) and her minions (Lourd as Chanel #3 and Abigail Breslin as Chanel #5) are shoehorned in with all the grace of a serial killer in a full body costume and mask. In a show that rarely makes narrative sense

actors to make up for the flimsy plot, none of the patients are around long enough to make an impression. Last season, we got a nerdy pledge who made YouTube blogs about candles, the introduction to Chanel #3, a sorority girl with no emotion and a penchant for bedazzled earmuffs, a Kappa Kappa Tau advisor aesthetically stuck in

both characters not set to return, we rejoiced for the chance to finally see consistent screen time for the crazy and charismatic Chaneles, the coniving Munsch, and the two best characters of the series: golf jock, raging narcissist, and Chanel's on-again off-again boyfriend Chad Radwell (Glen Powell), and ragtag security guard Denise Hemphill (Niecy Nash). This season, however, has Chanel at her whiniest, Munsch at her most vulnerable, and Chad and Denise barely there at all. Why make the change from an anthology series to a continued story from season to season, only to abandon the characters that made it so special in the first place?

Instead, we get the overhyped additions of Dr. Brock Holt (John Stamos) and Dr. Cassidy Cascade (Taylor Lautner), two uninspired inclusions whose only personality traits lay on their predictably "secret" pasts. Stamos sleepwalks through every scene and Lautner is painfully average – not terrible but completely uncharismatic.

In the end, I would much rather be ostentatiously offed by this season's serial killer, the Green Meanie, than to write about the shortcomings of what should still be one of the funniest guilty pleasure shows on television. There is still some hilarious dialogue, thanks to Chad and Denise finally coming back into the story in episode two, and exaggerated deaths abound, but there is an overbearing sense of something missing. *Scream Queens* is grasping for what once made it work, and surprisingly failing, and trying new ideas that are nothing more than lackluster. We still have a long season ahead but the real question is not whether our once favorite characters will survive the season, but whether the audience will.



IMAGE TAKEN from Entertainment Weekly

The second season of FOX's *Scream Queens* seems to be more of a disappointment than anticipated.

*American Horror Story*, which was scrapped. This could have been a fantastic way to breathe new life into the series but the thought of losing some key characters was daunting for writers and fans alike.

Instead, Murphy and company decided to just switch up locations, going from the posh campus of Wallace University to the dark, claustrophobic C.U.R.E Institute, a hospital purchased by Dean Munsch (Jamie Lee Curtis). This location change should have been a fun switch up, but ended up being clumsily done.

and enjoys pushing the boundaries of what is even physically and logically possible, the hospital setting is actually too ridiculous and is significantly less entertaining than its previous campus location.

The semblance of plot that comes with this new setting is weak as well. When the hospital becomes the safe haven for patients with rare, unsolved ailments, a new character and disease is introduced each week. But because this season is less concerned than ever with its biggest asset, the use of some hilarious char-

acters, the 90s due to a medical condition, and so many more. The revolving door of patients should add on to this wild list, but never rises to the occasion.

Season two of *Scream Queens* almost removed its biggest mistake from season one: the focus on its most unimaginative and irritating characters. Goody two shoes Grace (Skyler Samuels) and her creepy journalist boyfriend Pete (Diego Boneta) were the weakest links in the debut season, who tried to solve a nearly impossible mystery. With

## How to Game on Your iPhone

JOHN MORANO  
STAFF WRITER

Mobile games, such as ones on cell phones, have somewhat of a bad reputation, and in my opinion, largely deserve it. Mobile games are plagued by the pay-to-win business model that typically results in the death of PC or console games. Unfortunately, this model has somehow managed to thrive on mobile devices. What exactly pay-to-win is and why it should be avoided is something that every mobile gamer needs know. If you know what to look out for it is quite possible to enjoy quality games on your cell-phone, specifically iPhones, even if the deck is stacked against you.

The pay-to-win model is simple;

games that use this business model expect people to pay real-life money through micro transactions in order to progress. Pay-to-win titles include the ever-popular *Kim Kardashian: Hollywood*, *Game of War: Fire Age*, *Kingdom Hearts: Unchained X* and *Mobile Strike*. There are a number of games that feature micro-transactions yet aren't pay-to-win – the crucial distinction being the amount of benefit paying gives a player.

Pay-to-win games typically have shallow, poorly-written plots (if they even have one at all) and low-budget game design, yet manage to make large sums of money. I personally consider these types of mobile games to be a pitfall and best avoided at all costs.

People also need to understand technical aspects of mobile devices and how they affect gaming. Something to keep in mind is that certain phone models and softwares may be too old to play some of the newer games. If it's out-of-date, there's a good chance you won't be able to run recently released games.

The design of the phone will also effect what games someone can play. For example, if you are hoping to play a good shooter game on an iPhone, odds are he or she won't be able to find one. A touch screen control scheme doesn't work well for most conventional shooters, although depending on one's standards for such game, he may be able to find one or two exceptions. One also shouldn't expect flashy

graphics and smooth gameplay comparable to PC/console games on most mobile games; many mobile games experience framerate hiccups, even on low-spec titles.

On the other hand, there are better games that mobile gamers can choose from. There are a number of low-spec classic games that have been ported to iPhones; if you're not opposed to playing a game that's up to 25 years old, these can be a ton of fun. *Final Fantasy 1-7* and *9*, along with numerous spinoffs, are all on the app store. In the context of mobile games, they're quite overpriced, with *Final Fantasy 9* going for \$21. Having played most of them, I can personally vouch for their quality. *Final Fantasy 6*, *7*, and *9* in particular are excellent titles and are widely considered to be among the best games that the JRPG (Japanese role-playing game) genre has to offer. *Final Fantasy Tactics: War of The Lions* is also one of my favorite strategy games. If you're into turn-based strategy, it's very much worth purchasing. It's also worth mentioning that these games should run as well on your phone as they would any other console.

Some games that were successful on recent handheld consoles, such as Nintendo DS and PlayStation Portable, have also received mobile ports. One such title, *The World Ends with You: Solo Remix*, is a masterpiece of gaming. Originally released on the Nintendo DS, this game is now considered to have been one of the best handheld JRPGs of its generation. It also stands as one of the best mobile ports to date, with its iOS version

having better graphics, sound, and more content than its Nintendo DS original.

There are also a number of successful indie games which, due to the low-specs required to run them, can be played on iOS. *Transistor* is one such game; it was well-received and with its deep plot, atmospheric environments, and unique gameplay, I very much doubt that it would disappoint (also, the price is right, at \$10). *Minecraft*, the highly successful building/survival game, also has an iOS version. It's not as good as PC/console versions because it lacks content, mods, and the controls don't feel as natural. That said, it is \$7, and if you want a fun game to play on the go, you could do far worse.

Lastly, we get into original mobile games, that is, mobile games that were first released as mobile games. These are the most questionable purchases; you're better off applying intense scrutiny to even the most highly rated of these, as all the games I listed as being pay-to-win fall into this category. That's not to say there aren't any gems, you just have to be speculative when looking for them. In my opinion, the safest way to go about this is to buy from a popular publisher, such as Square Enix, who developed and published the previously mentioned *Final Fantasy* titles, along with *The World Ends with You*. Occasionally you will find an excellent release from a mobile developer, such as *Galaxy on Fire* by Fishlabs but it's far more likely that you will end up wasting your time and money.

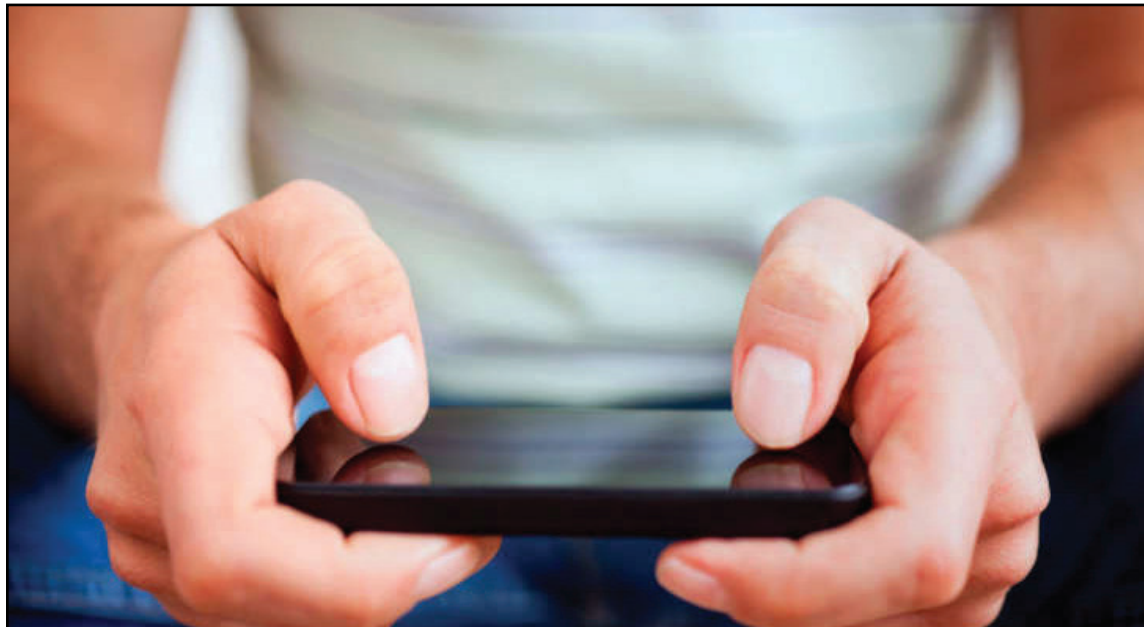


IMAGE TAKEN from mobileadvertisingwatch.com

Some mobile games fall into the trap of the pay-to-win industry, but there are some exceptions.





# MOMENTS AT MONMOUTH



**LEFT:**  
AMANDA DRENNAN (LEFT) AND  
LAUREN NIESZ ENJOY FALL  
BREAK AT DISNEY WORLD.  
(PHOTO COURTESY OF LAUREN  
NIESZ)

**RIGHT:**  
BOARD MEMEBERS FROM "COLLEGES  
AGAINST BREAST CANCER" AT  
MONMOUTH VOLUNTEER AT THE  
MAKING STRIDES AGAINST BREAST  
CANCER WALK IN POINT PLEASANT.  
(PHOTO COURTESY OF BRIDGET  
NOCERA)



**LEFT:**  
THE MU OUTDOORS CLUB TAKES A  
TRIP TO FRENCH CREEK STATE PARK.  
(PHOTO TAKEN BY EMERSON  
HIDALGO)

**RIGHT:** SENIOR BUSINESS STUDENT  
BRIAN GUTIERREZ'S SON ENJOYS AN  
APPLE ON A COOL FALL DAY.  
(PHOTO COURTESY OF BRIAN  
GUTIERREZ)

**BELOW:**  
LEAVES START TO FALL ON CAMPUS AS  
THE WEATHER GETS COLDER.  
(PHOTO COURTESY OF AILAN JIN)



**RIGHT:**  
KEMAL KANZU AND GIRLFRIEND,  
MORGAN, VISIT THE EASTERN  
STATE PENITENTIARY.  
(PHOTO COURTESY OF KEMAL  
KANZU)



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COMPILED BY: AMANDA DRENNAN



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Senior**

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"The football game."



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**The Outlook is currently seeking help in the following departments:**  
Staff Writers, Copy Editors, Photographers, and Layout (Adobe InDesign C6)

Students from *any* major are welcome to join, experience is *not* necessary.

Contact Danielle Schipani at  
s0927658@monmouth.edu or visit the office at the Jules Plangere Center for Communication, Room 260



# Trunk - or - Treat is Really Sweet

ROBERT EWANIS  
CONTRIBUTING WRITER

Autumn is here in full swing. The leaves are turning, the temperature is dropping and more importantly everyone’s favorite time of the year is right around the corner. Each year at the end of October hundreds of thousands of children go out dressed as their favorite superhero or princess to collect candy.

However, the biggest concern for parents and loved ones if how difficult it can be for children to do so in a safe manner. The solution...Monmouth University’s Trunk or Treat!

The event was introduced to the campus and surrounding community by the First Year Service Project last fall as a way for Monmouth University to provide a safe place for children to trick or treat

Former Student Coordinator and alumni, Deanna Getty said “It gives me so much joy to see the students of Monmouth working together to do something wonderful for the community. Seeing the joy on children’s faces last year was priceless and I can’t

wait to see how successful the trunk or treat is year!” Most children are unable to go out late on the night of Halloween to collect candy because they have school early the next day, or their parents work, or the family doesn’t feel safe with their children out too late.

Hosting an event during the day on campus allows the family to have all the fun!

I am sure many of you have never heard of Trunk or Treat before. So what is it?

Trunk-or-Treat is a daytime event that brings Halloween to the Monmouth University parking lots. Students, faculty, local community members all bring a car to park at campus. Bringing a plain car to a Trunk or Treat just isn’t enough though.

Decorating your car makes the event more fun for all. Popular themes for car decorations are; Candy Land, Animal Themed, Superhero’s, Ghosts and Spiders. Kids then can enjoy walking from car to car and receiving candy. They’re popular at schools, churches, in rural areas where homes are far apart, and in places where trick-or-treating



PHOTO COURTESY of The Outlook

Trunk -or- Treat is an annual event to help children trick-or treat safely.

just is not safe.

The event has music and games, it becomes a family event.

Since the event is hosted by an on campus organization it is only fitting to have other on campus clubs and organizations host trunks.

Last year over 20 organizations hosted trunks at the event and

this year we are expecting even more! Several organizations also worked together on their trunks. First Year Service Project Student Coordinator Lena Sharesky said “It’s great to see Monmouth University organizations collaborating and making such a positive impact on the local community.”

The First Year Service Proj-

ect is adding its own twist to the Trunk or Treat this year by hosting several activities for the community to participate in while at the event.

These activities include; a donut eating contest where donuts are hung from strings and children have to eat them without using their hands, a pumpkin painting station, a mummy wrapping station, and face painting.

First Year Service Project Advisor Katherine Browna said “Trunk or Treat is a creative way to welcome the local community to Monmouth’s campus and showcase so many of our student organizations working together for a great cause.”

Events such as this allow Monmouth University to showcase its students and their willingness to give back to the community.

The event this year will take place on October 30th from 12pm-2pm. We encourage everyone to come with family and friends for a day of fun. Do not miss out on the Halloween fun!

The event will be held in parking lot 16 next to the field hockey field.

## Getting Involved with the NSSLHA

AMANDA GANGIDINO  
LIFESTYLES EDITOR

The National Student Speech, Language, and Hearing Association (NSSLHA) provides both undergraduate and graduate students interested in Speech-Language Pathology or Audiology with a support system that encourages the pursuit of these professions.

Monmouth University launched its Speech-Language Pathology master’s program in 2014, and since then there has been an increased spark of interest in the field of study amongst undergraduates.

The program’s rigorous curriculum, implementation of clinical experience, research opportunities, and experienced faculty has deemed it to be under “pre-accreditation” status by the American Speech-Language-Hearing Association (ASHA).

This status signifies that the program has met the standards issued by ASHA. Although the SLP master’s program is becoming nationally recognized, many undergraduate students are uncertain of where to inquire information about this particular field of study.

As an undergraduate student that is interested in pursuing a career in Speech-Language Pathology, it’s normal to be lost as to where to gather information. All the undergraduate prerequisite courses for graduate school were offered online, and advisors did not know much information about the master’s program.

After becoming a member of NSSLHA, members have have the ability to grow in knowledge about the area of study. From guest speakers that are actual working SLPs to speaking with current graduate students has furthered hopes of becoming an SLP.

Dr. Elisabeth Mllawski, MS, CCC- SLP said, “This club gives students the opportunity to network, gives undergrads the ability to learn about grad school, and gives back to the community as well.”

This chapter will have the same effect on many other undergraduates that are interested in becoming Speech-Language Pathologists. At NSSLHA meetings, hopeful SLPs and Audiologists will be able to have a glimpse of what life during graduate school and after will entail in these professions.

Lucia Bailey, a sophomore



PHOTO COURTESY of orgsync

The NSSLHA is a club that provides assistance to students interest or studying speech-language pathology

health studies student shared how being a member of NS-SLHA has positively impacted her, “The association has definitely made me feel better about becoming an SLP. The girls in NSSLHA are so sweet and really motivate you to keep going, even when the classes become challenging. Also, the association has opened my eyes to what the next few years will look like as a student pursuing the field of speech-language pathology.”

Every other Friday at the University’s Graduate Facility on Monmouth Park Corporate Center located on the westbound side of Route 36 there are NS-SHLA meetings at 10 a.m.

Become a part of an organization that has chapters located across the country to help facilitate the growth of future professionals interested in treating communicative disorders.

Lindsay Spector, a graduate SLP student and recruitment chair for the NSSLHA says, “As a grad student, it’s great to have a place to learnoutside of the classroom. NSSLHA is an amazing resource to learn more about what is going on in the world of speech language pathology and audiology from professionals who are currently treating clients in every part of the field. For undergrads, joining would be a great opportunity to get a taste of what life could look like as a speech language pathologist or audiologist. It is also a great resume builder for graduate school!”

Have an extracurricular activity that will not only impress future employers but also will leave an impression on you. Make connections, memories, and grow in knowledge by becoming a member of the National Student Speech, Language, and Hearing Association. Contact Lindsay Spector, NSSLHA recruitment chair at s1110718@monmouth.edu to inquire more information about becoming a member. The next meeting will be on Friday, October 28th.

If you are in pursuit of becoming a future SLP or audiologists, NSSLHA will provide you with the confidence and support to continue on this particular path of study that will enable you to touch lives of many by aiding them in rediscovering their voice.

# CLUB AND GREEK ANNOUNCEMENTS

### Alpha Sigma Tau

Alpha Sigma tau is hosting a bingo event for students interested in greek life. The event will be on Wednesday November 2nd in Anacon in the student center. The organization encourages all to come out. Winners will be awardedwith prizes and those who attend will recieve a special presentation from each panhel- lenic organization.

### Boom Roasted Productions

The student-run theater company is putting on its fall musical production of Spring Awakening. They have just released a trailer showcasing the show and are very excited to be performing in it.

The show opens November 11th and runs the 11th through the 12th, and 16th through the 19th at 8pm, and November 13th and 20th at 3pm. The show is located in the Lauren K. Woods theater.

For tickets, visit [www.monmouth.edu/arts](http://www.monmouth.edu/arts) or call 732-263-6889. For any questions contact club president Nicholas Zaccario at s0943525@monmouth.edu.

### The Outlook

The Outlook is looking for students interested in writing for the student-run newspaper. Sections include News, Opinion, Politics, Lifestyles, Features, Entertainment, Club & Greek, and Sports. No prior experience is necessary. The Outlook fulfills practicum requirements for communication majors, however, being a communication major is not required.

### HERO Campaign

The Monmouth University HERO Campaign club will be hosting their Fire and Safety event, which will be taking place on the Residential Quad from 12 to 3 on October 26th.

For more infomation contact club President Morgan Laveeve at s0939587@monmouth.edu, vice president Clare Maurer at s0881713@monmouth.edu.



# The Importance of Music as Told by Roseanne Cash

NICOLE SEITZ  
STAFF WRITER

Ten University students had the extraordinary opportunity to meet and talk with "one of Country's pre-eminent singer/songwriters," Roseanne Cash before her show in Pollack theatre on Friday, Oct. 21.

Joe Rapolla, Chair of the Music and Theatre Arts Department, said, "It was such a treat for Monmouth students to be able to be a private audience for sound check and have a personal conversation with such a great and gracious artist like Rosanne."

Rapolla continued, "This is a great example of how coordinated performing arts programming can be leveraged at the academic level, to the benefit of the students."

As an attendee of the workshop, I can say that this was definitely the opportunity of a lifetime and instilled a passion in me to go forward with writing music, and reflect on how important music is. While listening to WMCX last week I heard a host say, "Imagine what life would be like if there were no music at all." The hosts of the show seemed confused and upset to even think about a world without music. So we wonder, what makes music so important to us?

When I asked Cash this question, her automatic response was, "Because it's like oxygen." Many of us, especially songwriters and artists, could not imagine living without the free spirit and energy of music. Cash went on to tell us how songwriter and producer, T-Bone Burnett, breaks down music into a physics and explains how we

are all made up of music. From the day we are born to the day we die, we are exposed to many different types of music. Every song has a different meaning to us, every beat hits us a different way.

Rapolla explained, "I think

Carousers; Affatato remarked, "After attending the Roseanne Cash Songwriter's Workshop, I can truly say it served as a reminder to me why I love music and being a songwriter."

Affatato continued, "For someone who has been writ-

Magic Eight. Her reflection from the workshop was, "Listening to Roseanne Cash was an incredibly inspirational experience. Her and her husband [John Leventhal] touched on the importance of co-writing and how essential it is to write with

when playing music. Cash reminded us that everyone is insecure at times, and you just need to push through it and be persistent. Cash's love for music is what kept her going. Rapolla described this persistence as "hard-work driven by passion."

Rapolla explained, "Songwriting is about reflecting, telling a story, and conveying a message. It's about helping people to get to an emotional place, to feel."

Working in the music business can be hard, as Rapolla reminded us: "If you want to pursue the arts as a career, you need to respect the art by putting in the time necessary and doing the work." Music relates to us all in some way, shape, or form. Just because you do not study music doesn't mean you can't have a passion for it.

As a history and education student, music and song writing is not always my top priority, but is the one thing that allows me to express myself and it keeps me sane.

Affatato recalled, "My favorite part of the workshop was when Rosanne explained how songs breathe and mature overtime as we mature as people. I feel this is so true and completely relates to my own songs as a writer."

Music speaks to people on a level that is unexplainable sometimes and it is crucial to our existence. There is a reason we have so many students who are involved in the music department, whether it is in theatre, music industry or music performance. Music makes a statement and allows every person to find themselves. Cash served as a great reminder to us why music is so important to each student at Monmouth.



IMAGE COURTESY of Nicole Seitz

Ten Monmouth University students met and spoke with country singer and songwriter Roseanne Cash at a show in Pollak Theatre on Oct 21.

what the students heard from Roseanne reinforced our program philosophy, that music and the arts are part of our DNA, and how the arts enriches life, no matter what your field. There are so many ways to engage with music and the arts."

The audience for the workshop included many singer/songwriters and artists in the music industry program. One of the attendees was a senior music industry student, Joey Affatato, who is also a member of Blue Hawk Records signed band, The

ing practically her entire life, Roseanne still shows a tremendous amount of excitement and passion for the art - almost as if she had just discovered it for the first time. I feel this drive is crucial for any profession, and is a great example of the power songwriting and music can have on a person."

Another attendee of the workshop was a senior music industry student, Brittany Cannarozzi. Cannarozzi is a singer/song-writer and a featured artist on the 8<sup>th</sup> Compilation album,

people whose strengths make up for your weaknesses."

Cannarozzi continued, "As a young songwriter, I felt lucky to hear from such a force in the creative music industry. Beyond the beauty of her music, Roseanne spoke so personally about the issues we all face as creators, the insecurities we all possess, the struggles we encounter."

Music doesn't just happen overnight as Cash emphasized during her talk. She told us that when she was young, she was extremely shy and nervous

## Why You Should be Taking More Time for Yourself

DANIELLE ROMANOWSKI  
STAFF WRITER

Bright-eyed and smiling young adults decked out in college apparel walking off to class is a picturesque scene of college to many high-school seniors and hopeful parents when thinking about future collegiate years. On the surface, higher education looks as fun and easy as sitting in lecture halls, dining in the student center and hanging out in cinderblock dorms.

However, there's more to the story than what tour guides and college pamphlets will let you in on. Amongst all the club meetings, Greek events and sports games, students are

met with an underlying sense of stress, anxiety and depression, as self-care isn't at the top of everyone's daily to-do lists.

While being in college gives young adults the opportunity to meet new people and discover life passions, it can also be a vulnerable and unstable period. Students find themselves overwhelmed with stress as the pressure to study, write papers, and accomplish numerous daily tasks becomes exhausting.

College students are more involved than ever; being a full-time student, working part time and being involved in clubs on campus creates insane amounts of stress and pressure, and for many it is difficult to find the right balance.

With heavy involvement and busy workloads, many college students are neglecting necessary self-care precautions to maintain their mental health. As mental health issues and concerns are on the rise for college campuses, it is important for students to put self-care on their priority list and take action to ensure they aren't letting their busy schedules consume their lives.

Senior communication student Aditi Vast, commented, "When I get too stressed, I hang out with my housemates, listen to music and watch 'Criminal Minds' to make me feel like my problems aren't that bad."

Many students like Vast find comfort from daunting work

by taking a break to ease their minds. Often times, college students become so overwhelmed with their workload, they forget how important it is to step back and give themselves a mental break.

There are many ways to maintain your mental health and to ensure stress isn't taking over. According to online university resources and mental health professionals, some tips to manage stress and mental health are: develop a support network, be active, eat well, get enough sleep and seek professional help.

By developing a support network of friends and family, those who become overwhelmed and stressed will be able to find support from loved ones and will eliminate any feelings of isolation. Junior business student Tianna Fougerey said, "When it comes to my schoolwork, my roommate and I will help each other out, and we'll motivate each other and get our work done. I think having someone to motivate and encourage you really helps when you're stressed."

Being active is another way many combat their stress and anxiety. Hitting the gym once a week is a great way to channel your emotions, and exercise is actually suggested to ward off depression. For a less intense workout, going on walks can help clear your mind and give you time to breathe.

As well as being active, it's just as important to get full nights' sleep. Fougerey con-

tinued, "It's hard sometimes balancing academics, having a social life, going to class and being involved while trying to get a full nights sleep, but I try my best to make sure I'm getting enough rest every night."

In college, that may seem impossible do considering the endless amounts of course work and deadlines students are faced with, however being well-rested is vital to mental health and being sleep-deprived will only intensify stress and anxiety.

Jennifer Shamrock, a lecturer of communication, offered advice for students who are feeling overwhelmed: "It's okay to acknowledge when you are stressed or having anxiety, especially during college years. I always recommend the different resources on campus so professionals with expertise can help them balance the demands of their academic, social and personal worlds."

There are many resources available to college students who are stressed, feeling anxious or struggling with personal issues at Monmouth. Counseling and Psychological Services is a resource that everyone should take advantage of because having an outlet for stress, especially a professional one, can sometimes make all the difference.

While there isn't a one size fits all approach to combatting stress and anxiety, taking necessary steps to ensure you're valuing your mental health will help positively impact your lifestyle.



IMAGE TAKEN from Monmouth University's Facebook page

Students should take time to relax, exercise, and get a good night's sleep in order to relieve stress.



# Is the Media Biased?

## How to Stay Media Literate During the Election

**CLARE MAURER**  
FEATURES EDITOR

“Is there a bias in the media? Yes. Is the media biased against Donald Trump? No,” stated Matthew Lawrence, a specialist professor of communication.

Trump, on the other hand, told the audience at a rally in Pennsylvania earlier this month, “This crooked media. They are worse than [Hillary Clinton] is. I’m letting you, they are so dishonest.” Is the media biased? And how much of an effect does the media have on our perception of this presidential election? The key to this question lies in becoming media literate, or learning the ability to access, analyze, and evaluate media and employ critical thinking abilities towards media consumption.

The job of the press is to report the news, and to avoid bias. This gets muddled when publications endorse a candidate. As I write this article, Clinton has been endorsed by 178 newspapers, and Trump has been endorsed by 4. “In this ongoing election the media has been completely biased,” stated John Maurer, a junior communication student. “Reporters are biased and are giving their opinions instead of doing their job.”

Eleanor Novek, a professor of communication, pointed out that journalists have always been sharing their opinions on elections. “Some journalists try to be as objective as they can be, other news organizations take a position so they let you know right from the start that they are biased,” Novek

explained. “Political humor and political satire goes back to the origin of newspapers. People made fun of leaders, rulers, or anybody who was running for office... This is nothing new.”

also see that certain channels favor each candidate and, depending on which candidate that is, they shed more of a positive light on one over the other instead of being neutral and just stating the

selves to a lot of different sources. Not just one network, not just one newspaper, not just one form of social media, but as many as they can.... don’t sum it up in a soundbite or a tweet because it’s more

media and pass judgement in the real world based on what we experience in the media, so it shapes the way in which we see gender, race and ethnicity, sexual orientation, political affiliation, it goes on down the line.”

What we can do to resist being manipulated by a certain perspective is being skeptical of what we are seeing and reading. “Be skeptical and think, where is this coming from? Who’s creating this? What do they have at stake or what do they have invested? Why do they want us to think or to feel those ways?” recommended Lawrence. “Sometimes it’s purely for entertainment purposes, but often times its largely politicized...you can’t just tune out and let something wash over you, which is why we turn on Netflix sometimes, but also realizing that our opinions and the way we see the world, the media is shaping that.”

The upcoming election has relied heavily on social media and the use of 140 characters to appeal to us. While it’s a lot easier to swipe through a Twitter “moment” for election coverage, we need to go deeper. There is a plethora of news sources, from the U.S. and the outside world’s perspective as well. We need to make it a point to read as much as we can, and not take a certain headline or SNL skit to heart. What does Clinton’s mass email deletion actually mean? What is Trump’s actual plan for illegal immigration? We need to go under the surface to determine the answers to these and hundreds of other questions, and to figure out what our opinions on the issues are.



Alec Baldwin and Kate McKinnon parody Donald Trump and Hillary Clinton during *Saturday Night Live*. Trump responded on Twitter by stating, “Media rigging election.”

While the saturation of elections into the media is not a new concept, it seems this controversial election is everywhere you turn. Erin Lupo, a junior English education student, pointed out, “You can’t open social media or turn on the TV without seeing something about the election. You

facts.” We all know the political affiliations of certain news channels as well as newspapers, such as *Fox News* and *MSNBC*. What we can all do to be more aware and media literate is to check out a variety of sources, recommended Novek. “[Students] need to expose them-

selves to a lot of different sources. Not just one network, not just one newspaper, not just one form of social media, but as many as they can.... don’t sum it up in a soundbite or a tweet because it’s more complicated than that.” The media does not have to control our perception on a certain candidate or issue. Lawrence, who teaches a class on media literacy, explained “The media shapes the way we see the world, and the way we see ourselves and each other. We are influenced by the

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# Field Hockey Claims Third Straight MAAC Regular Season Title

CHRIS FITSIMMONS  
STAFF WRITER

The Monmouth University Field Hockey team secured the MAAC Regular Season Title and earned the right to host the MAAC championship for the third straight year by posting back-to-back home shutouts over Bryant and Fairfield over the weekend. They defeated Bryant University on Friday afternoon 4-0 and Fairfield University on Sunday afternoon 2-0.

Friday's game against Bryant was a total team effort with both facets, offense and defense, working collectively to achieve a victory. Monmouth was able to jump out to an early lead as freshman forward stand out Josephine van der Hoop scored what proved to be the game winner in the second minute. Junior defender Julie Laszlo also made her presence felt, recording four points of her own on the way to the win.

It was the defensive effort that Monmouth put forward that really was of note in this game. The defense was able to limit the Bulldogs to five shots and did not let up a shot until the second half. Junior goalie Christen Piersanti made two saves on and with the win recorded her 12<sup>th</sup> career shutout.

"I would say we have lines of defense. We really focus on playing from our forward line to midfield to the backfield," Head Coach Figlio said about what makes her team's defensive so effective. "The best kind of defense is no defense



PHOTO COURTESY of Monmouth University Athletics

**Senior midfielder Alyssa Ercolino scored** both goals for the Hawks in their game against Fairfield on Oct. 23.

from the attacking side. Our defenders have been world class starting with Casey Hanna, as a senior she has been real solid for us and so has Julie [Laszlo] in-front of her."

Sundays tilt against Fairfield was an emotional one for the team. For one, it was senior day and secondly it was against

the defending MAAC Champions who last year knocked out Monmouth in the tournament on their home field on their way to winning it all.

The Hawks however were up to the challenge and blanked the Stags 2-0 in the hotly contested game. Both teams were equally matched, exchanging chances

throughout, but the Hawks were the ones who capitalized.

Scoring commenced in the 25<sup>th</sup> minute when Monmouth senior midfielder Alyssa Ercolino scored her first of the day off an assist by junior defender Julie Laszlo. The game would go into the half with Monmouth holding on to a thin 1-0 lead.

## Sophomore Jalil Blalock Shines as Men's Soccer Beats Fairfield, 2-0

EVAN MCMURTRIE  
STAFF WRITER

After a three match away stint consisting of a win and two losses, Monmouth men's soccer returned to Hesse Field on the Great Lawn with a 2-0 win over Fairfield last Wednesday night.

"I'm really proud of the guys' effort tonight. They showed a lot of character and who they are," said Monmouth Head Coach Robert McCourt.

In the 25<sup>th</sup> minute, sophomore midfielder Jalil Blalock scored what would prove to be the game winning goal. Blalock, approaching the penalty area from the left side, used his left foot to shoot across his body. His shot precisely hit the far post and found its way into the back of the net to give the Hawks a 1-0 lead.

It was early on in the second half that Monmouth doubled their advantage through freshman defender Michael Luke. The assist came from Blalock as he laid the ball off to Luke just outside of the top right corner of the box. In what appeared to be a cross attempt, Luke bent the ball into the top of the far corner of the net from an impossible angle, making it 2-0 in stunning fashion.

Fairfield did their best to get back in the game, particularly within the last ten minutes of the match where they saw four shots fly wide of goal and three shots saved by senior captain goalkeeper Eric Klenofsky.

In all, Fairfield had nine more

shots than Monmouth at nineteen and four more of them on target with eight. However, the Hawks defense was able to keep them quiet and earn their fourth clean sheet of the season.

With the loss, Fairfield saw themselves fall to 5-6-2 on the season and 3-3-0 in the Metro Atlantic Athletic Conference (MAAC).

"Fairfield is a good team, so it's a big win in the conference," said McCourt. "It's hard to single out any specific guys because I thought it was a great team effort across the board."

Monmouth men's soccer returned to Hesse Field on The Great Lawn on Saturday night, but they were unable to string together another win as they fell

to Canisius, 2-1.

It took just two minutes for the visitors to set the tone for the match and go in front. Canisius opted to play their corner kick short to sophomore midfielder Melvin Blair, who sent in a cross to junior midfielder Mo Kretschmer at the far post. Kretschmer slotted the ball across goal into the bottom cor-

ner of the net, giving Canisius a 1-0 lead.

The hosts, however, finally found an equalizer early on in the second half. Sophomore defender Zachary Pereira saw his shot in the box saved by redshirt junior goalkeeper Marco Trivelato. The shot was parried only as far as sophomore defender Daniel Figarella, who rushed onto the loose ball and prodded it home to tie things up.

The game's 1-1 score line did not last too long, though. Blair added his second goal of the season to his assist from the first half when he struck a shot from the top of the box that found the back of the net in off the left post to put the visitors back in front.

Despite Monmouth trying to fight back for another equalizer, Canisius still edged them in shots, 8-4, in the second half. The Hawks failed to create many goal scoring chances, but they did come close when freshman midfielder Geoffrey Schaefer hit the post in the 67<sup>th</sup> minute.

Canisius came away with the win, improving to 7-7-1 on the season and 3-3-1 in the MAAC. Monmouth's loss saw them drop to 5-8-2 on the year and 4-4-0 in the MAAC.

"It's difficult to lose a conference game at home, but I thought Canisius did a good job of taking advantage of some opportunities," said McCourt after the loss.

The Hawks are back in action today, where they will be taking on rivals Iona in New Rochelle, NY at 2 p.m.



PHOTO COURTESY of Mark Brown/B51 Photography

**Sophomore forward Jalil Blalock opened** the scoring and added an assist in the Hawks' 2-0 victory over Fairfield on Oct. 19.



# Women’s Soccer Clinches Fourth Consecutive Regular Season Title

KEVIN OSBACK  
CONTRIBUTING WRITER

The Monmouth women’s soccer team defeated Fairfield and Canisius on the road to become regular season Metro Atlantic Athletic Conference (MAAC) Champions. The Hawks will be hosting the MAAC Tournament for the fourth consecutive year.

“It feels awesome to be regular season champs for the fourth year in a row. However, our season is not close to over and I can’t wait to see what the MAAC Championship has in store for us this year,” said senior defender Julie Spracklin.

The Hawks played their last two road games of the regular season this past week by shutting out their opponents in both games and securing home field advantage for the tournament. On Wednesday night they traveled to Fairfield, CT and played a scoreless draw on Lessing Field. Although the game was scoreless, the Hawks still earned a point in the MAAC standings from out-shooting Fairfield 21-7.

“In the second half and overtime periods, we applied heavy pressure on their goal and it was unfortunate we did not score. To get our ninth shutout of the season shows our commitment to defending,” said Head Coach Krissy Turner.

The Hawks’ defense has been phenomenal this season, with a combined nine shutouts. This has been the most shutouts for the Hawks since the 2014 season, when they had 11 shutouts.

Their most recent shutout was

Saturday night in Buffalo, NY as they defeated Canisius 3-0 at Demske Sports Complex. The Hawks got on the board very quickly, which seems to be a re-occurring factor this season that has been energizing confidence and performance for the blue and white. Redshirt freshman forward Madi Gibson booted a goal from close range into the upper right corner of the net at just 5:47 into the game, assisted by redshirt senior forward Rachel Ivanicki.

After Gibson’s quick goal, the Hawks didn’t score until the second half. Spracklin boosted the Hawks’ lead to 2-0 after scoring off a penalty kick at 64:46 in the game. A little over a minute later,

senior forward Alexis McTamney scored off of a give-and-go from Gibson, making the score 3-0.

“As a coaching staff, we are extremely proud of this year’s team. We went through conference play as a force on the road and are playing well at home,” Turner said. “It is a credit to our players for giving us nothing but their best every day to win the regular season. Also, it is a tremendous accomplishment for our senior class to win four regular season titles.”

The Hawks are just one game away from competing in the MAAC tournament and have a lot of energy and all the confidence they need to excel in the tournament. As Spracklin previously

said, the season is not close to ending and they can’t become content with just regular season MAAC champions. This MAAC tournament will mean a lot to the team, especially the seniors who lost in the first round of tournament play on their home field a season ago. That being said, the Hawks will be playing with a little more than just energy, but with a little vengeance as well.

Support your Monmouth University women’s soccer team tonight at 7 pm at Hesse Field on The Great Lawn to watch their last regular season game of the 2016 season. The game will be televised on ESPN3 and will be available on the WatchESPN app.



PHOTO COURTESY of Monmouth University Athletics

The women’s soccer team poses for a photo after defeating Canisius 3-0 on Oct. 22.

# Football Drops Two Conference Games

JOHN SORCE  
SPORTS EDITOR

The University’s football team dropped two conference road games and fell to 4-4 (0-3 Big South) on the season. The Hawks fell to Presbyterian 17-13 on Oct. 13 in Clinton, SC and fell short to Liberty 52-28 on their Homecoming in front of 16,687 fans at Williams Stadium in Lynchburg, VA.

Liberty wasted no time getting on the scoreboard as they drove down the field and found the end zone on the game’s first possession as freshman quarterback Stephen Calvert connected with senior wide receiver Dante’ Shells for a five-yard strike. MU fumbled the ensuing kickoff and Liberty recovered, but the Hawks’ defense stood on fourth down and kept them off the board.

But Liberty struck for a big 76-yard touchdown on their next possession as Calvert dumped a screen pass to junior running back Todd Macon who did the rest, increasing the Flames lead to 14-0.

“Liberty got off to a really fast start,” Monmouth Head Coach Kevin Callahan said. “They jumped on us early and we found ourselves fighting from behind all the first half.”

Monmouth got on the board in the second when redshirt sophomore quarterback Cody Williams found a wide open senior wide receiver Darren Ambush down the sideline for a 45-yard score, cutting the deficit to 21-7 at that point. But Liberty went into halftime with a 31-7 lead.

The Flames came out of the locker room with another score, but the blue and white responded with three straight scoring drives to cut the Liberty lead to 38-28 during the early stages of the fourth quarter. Senior running back Zach Welch powered



PHOTO COURTESY of Monmouth University Athletics

Senior wide receiver Darren Ambush established a career-high 210 yards receiving against Liberty on Oct. 22.

in for touchdowns of two yard and one yard on consecutive drives, then senior running back Lavon Chaney opened the fourth quarter with a 53-yard dash that netted him his second consecutive 100-yard day for the second time in his career.

“We started to get things going late in the third quarter, early in the fourth quarter, closing to with 10 points. I was happy with the way our guys continued to battle, but we gave ourselves too much to overcome and we weren’t able to do that against a good team like Liberty,” Callahan said.

But Liberty proved to be too much for Monmouth in the end as the Flames tacked on two more touchdowns en route to a 52-28 victory.

Ambush finished the day with seven receptions and 210 yards, becoming just the second Hawk to record a 200+ yard receiving day. The last time it was done was Oct. 8, 2005 vs Sacred Heart when Miles Austin, who did it twice in his career, racked up 235 yards. Ambush is now sixth all-time in school history in pass receptions with 108. Senior linebacker Brendon Wharton recorded a career-high 21 tackles, which is two shy of the Monmouth single game record.

The blue and white traveled to Clinton, SC for a Thursday night game against Presbyterian on Oct. 13. They fell to the Blue Hose 17-13. Chaney scored both touchdowns for the Hawks and finished the game with 154 yards on 23 carries. Three

Hawks (junior safety Mike Basile, senior defensive lineman Darnell Leslie and senior linebacker Payton Minnich) recorded double-digit tackles.

“This was a game where we knew we needed to execute in all three phases of the game and quite honestly, we didn’t do that in order to win,” Callahan said. “Too many times we hurt ourselves with penalties that put us in some tough spots. We gave up some big plays on defense and were not able to generate anything consistently on offense.”

The Hawks return to the gridiron on Saturday for Homecoming day as they take on Kennesaw State in the final game at Kessler Field. Kickoff is set for 1 p.m. and will air on ESPN3.

## SIDE LINES

**M Basketball:** The men’s basketball team was selected as the preseason favorite to win the MAAC as voted on by the league’s 11 head coaches. Senior point guard Justin Robinson was named to the All-MAAC Preseason First Team and was named the unanimous Preseason Player of the Year after winning the award a season ago. Redshirt guard Micah Seaborn was named to the All-MAAC Preseason Second team after winning the league’s Rookie of the Year award last year. The Hawks are coming off a 28-8 season that saw them claim a top seed in the National Invitation Tournament after winning the MAAC’s regular season title. They open the 2016-17 season on Nov. 11 when they welcome Drexel to OceanFirst Bank Center for a 7 pm tip-off.

**W. Basketball:** The women’s basketball team was selected to finished seventh in the MAAC as voted on by the league’s 11 head coaches. A season ago, they finished tied for fourth in the regular season and advanced to the semifinals of the MAAC Tournament. They will tip-off the 2016-17 campaign on Nov. 13 when they travel to Robert Morris for a 1 pm start.

## UPCOMING GAMES

**Wednesday, October 26**

*M Soccer at Iona\**  
New Rochelle, NY 2:00 pm

*W Soccer vs. Iona\**  
West Long Branch, NJ 7:00 pm

**Friday, October 28**

W Golf  
Seton Hall Invitational  
Bedminster, NJ 8:00 am

Bowling  
FDU Jamboree  
Elmwood Park, NJ

Men’s and Women’s Swimming  
Fordham  
Bronx, NY 5:00 pm

*Men’s and Women’s Swimming*  
Fairfield\*  
Bronx, NY 5:00 pm

*FH at Sacred Heart\**  
New Haven, CT 6:00 pm

**Saturday, October 29**

W Golf  
Seton Hall Invitational  
Bedminster, NJ 8:00 am

Bowling  
FDU Jamboree  
Elmwood Park, NJ

Men’s and Women’s XC  
MAAC Championship  
Orlando, FL 9:00 am

*Football vs. Kennesaw State\**  
West Long Branch, NJ 1:00 pm

*MSOC vs. Marist\**  
West Long Branch, NJ 7:00 pm

**Sunday, October 30**

Bowling  
FDU Jamboree  
Elmwood Park, NJ

*\*conference games*





# ALL OUT ALL GAME ALL SEASON

## ALSO IN SPORTS:

- Women's soccer advances ... page 19
- Men's soccer splits with Fairfield and Canisius ... page 18
- Football loses last two games ... page 19

Senior midfielder Alyssa Ercolino scored both goals in Monmouth's 2-0 shutout win over Fairfield on Sunday, Oct. 23. The Hawks secured the No. 1 seed and home field advantage in the MAAC Tournament.