November 30, 2016 OUTLOOK.MONMOUTH.EDU VOL. 88 No. 10

Post-Election Reactions from ABC News, POLITICO, Asbury Park Press, and Associated Press Professionals



PHOTO COURTESY of Angela Ramos

Panelists spoke to students and faculty about the how media influenced the election.

DANIELLE SCHIPANI

Students and faculty gathered to discuss how traditional and social media affected the election results with professional news correspondents, reporters, and political analysts at the event. The event was hosted by Carovillano who is the Vice Presi-

6 p.m. in Wilson Hall Auditorium.

Panelists included Aaron Katersky who is an award-winning Hollis R. Towns, the current Ex-ABC News correspondent based in New York, Ben Moskowitz who teaches the Interactive Telecom- as the regional editor of Gannett munications Program at NYU's New Jersey. Post-Election Media Breakdown Tisch School of the Arts, Brian

the Monmouth Oral Communica- dent for U.S. News at The Assotion Center (MOCC) on Nov. 16 at ciated Press in New York, and Hadas Gold who is a reporter at POLITICO. The moderator was ecutive Editor and Vice President of the Asbury Park Press as well

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Global Education Office Hosts International **Education Week**

KERRY BREEN COPY EDITOR

International Education Week, hosted by the Global Education Office, presented a variety of programming to showcase the benefits of a global education from Monday, Nov. 14 to Friday, Nov. 18.

International Education Week is an annual initiative of the U.S. Department of State, and its purpose is to showcase international education and highlight the benefits of the global mobility of students world, and they gave a brief and scholars," said Jon Stauff, the Vice Provost for Global Education. "Education abroad study, work, intern, service – is a transformative experience for background. It was a great exstudents from the United States, as well as international students coming to our country."

Each member of Monmouth University Global Education Office staff was responsible for the creation of their own activity.

The week included eight events spread out over five days. It began with an Interna- daughter. Former Peace Corps tional Fashion Show, featuring member and author Kris Holinternational students showcasing glamorous fashions from 17, and hosted a book signing around the world.

"One of our favorite events

was the international fashion show, with students wearing clothing from their home cul-Monmouth University's 2016 tures," said Stauff. "We saw a variety of fashion from over ten countries, and the international students performed as well as any supermodel on the New York runways."

Namra Shueib a sophomore accounting student thoroughly enjoyed the talent show. She said, "The fashion show was something that you don't normally see at Monmouth. It exposed me to various cultures and clothing worn around the description. They gave a brief description of each outfit that students were wearing and played cultural music in the perience.'

There were films screened, such as documentary "The the Other Side of Immigration", which explores the relationship between the United States and Mexico, and Luiz Puenzo's 1985 film "The Official Story", which tells the story of a mother searching for her adoptive loway spoke on Thursday, Nov.

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SAGE and The Music Alliance Collect Donations for Women in Need at PB & Jam Session

JAMILAH MCMILLAN MANAGING/NEWS EDITOR

Students donated feminine hygiene products and purses to homeless women as an admissions fee for the PB & Jam Sessions co-hosted by Students Advocating Girls Education (SAGE) and The Music Alliance (TMA) on Friday, November 18 in the Rebecca Stafford Student Center.

On the Wednesday and Thursday before the event SAGE members tabled in the RSSC for donations. All of the donations acquired were collected by the Unitarian Church of Neptune to be distributed to homeless women in the local vicinity.

"Thinking about and caring for others is a vital aspect of self-development. At this time of the year especially when we count and share our blessings, it is refreshing to think that students of SAGE and The Music Alliance are thinking about others, especially the disadvantaged, with genuine empathy,"



PHOTO TAKEN by Jamilah McMillan

Bands perfromed at the PB & Jam event and all attendees were urged to bring donations rather than a cover charge to see the bands.

SAGE, and Professor of Political Science and Sociology.

"Collecting feminine products is an example of that. Worldwide, including here in the US, many

said Rekha Datta, the advisor of families and girls find it difficult to afford and have access to music that included four all girl healthy feminine products. This or girl led bands: Before It's Too project that they have identified Late, The Skinny Dips, Subway is truly a worthy one," she added. Babes, and Hampton Hollow,

pect of the event, was the live Along with the charitable as- and singer Nicole Govel.

"When it came to the bands, I opened it up to the artists in the club first and then I thought it would be cool to invite Hampton Hollow to play at the event because I knew they had an awesome girl singer and a totally Bad Ass girl drummer and what screams girl power more than girls drumming," said Nicole Seitz, the head of outreach for The Music Alliance, and a senior

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Jay Josmar Discusses Professional Success After MU

JANAYA LEWINSKI

Alumna Jay Josmar, a lawyer, researcher, and policy analyst, visited the University on Wednesday Nov. 16. Josmar spoke with students about her global career that began with the guidance she received from the political science deby Students Advocating Girls' Education and the Political Science Club.

In an informal conversation that took place with a handful of students, Josmar took students on the journey that is her life. Her global career started at Monmouth. She said she was a distracted student who could often be found filing her nails in class dressed in her pajamas. However, she very creatively found ways of keeping up in school.

Outside of the classroom, Josmar used her personality recalled walking confidently into the office of Dr. Rehka Datta's, a professor of political science and sociology. She approached Datta as a freshman and asked her to mentor her.

Datta was excited for Josmars visit, she said, "As a professor, hearing and seeing for-

mer students is always a delight. It has been more than a decade since I had Josmar in class as a political science major. Seeing her grow as a person, become a successful lawyer and build a global career is a humbling moment for me. There are few things in life as rewarding as seeing a student succeed."

From her undergraduate capartment at an event hosted reer onward, Josmar stressed the importance of networking. She said she introduced herself to other people because relationships moved her forward.

Josmar's also discussed her experience taking a semester at sea. That caught the attention of Katharine Dix a junior political science student. Since she will be departing in the spring herself, she was overjoyed to be hearing another Monmouth student's story about embarking on the journey. Dix said, "I definitely enjoyed meeting Jay and getting to hear her speak. For me, it was great hearing to network with faculty. She from someone who has gone to Monmouth and Semester at Sea, and who majored in political science."

> I'm leaving for my Semester at Sea in January and there are a lot of logistics that go with it so to hear from someone that was in a very similar situation to me was incredibly encouraging."

Moving from her time at Monmouth, Josmar used her connections from her very strong networking skills to propel her forward. During the talk, she discussed her experiences at the Department of Defense, Boston College of Law, British House of Commons, and an international law

Interestingly enough, when asked what her favorite occupation was she said it was an adjunct professor. During her time at the Department of Defense, a mentor gave her the advice to do something outside of the forty hours that she was working. So, she began working at a local community college. Josmar used her time there to teach student's practical, and academic skills.

Angela Ryan, a senior political science student looked fondly at the experience of meeting Josmar. She said, "I completely loved meeting Josmar. She is such a beautiful soul and to hear all her accomplishments after Monmouth is such an inspiration. She is an amazing and confident person and to hear her speak Monmouth at Monmouth is something I will never forget. She passed on a lot of wisdom and advice to all the students



Professor Rekha Datta (left) invited Jay Josmar (right) to visit with students and speak of her journey in politics following her graduation from the University.

International **Education Week**



International students held a fashion show wearing garments from their personal cultures in this years International Education Week.

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immediately afterwards.

There was also a Passport Day, which allowed interested students to register for or renew passports to make travelling abroad possible.

More casual events during the week included a Study Abroad Fair, which served as a way for students to learn more about the potential to study abroad, and a World Languages Fair.

The best way for students at Monmouth to get an international education is to study abroad. The University offers easily accessible study abroad programs in four countries - England, Italy, Spain, and Australia.

"My education has most definitely benefited from studying abroad," said graduate social work student, Christina Addison, who (a peer ambassador for the University's study abroad program). "Study abroad has expanded my interests in various subjects and has made me a lot more open-minded. Traveling exposed me to diverse lifestyles and topics of interest. I feel that now in the classroom I pay more attention to what is different and new instead of what just sounds interesting. I challenge myself to give new subjects and perspectives a chance in order to better understand how other people think and live," Addison saud.

Stauff deduced that study abroad is one of the most impactful programs on campus. "We're hard pressed to find any disadvantages

[to studying abroad], especially in this day and age when college graduates face a competitive global marketplace for their talent and their shopping dollars," said Stauff. "We believe that a study abroad experience or an international experience helps students to embrace the challenges of negotiating cultural differences and become successful professionals and contributing members of their communities."

Stauff also noted that faculty members benefit from international education as well, because they are able to teach, conduct research, and meet with colleagues from all over the world. He also said that students who study abroad are believed to earn more money after graduation and are more desirable candidates for jobs and graduate school.

"The week shines a light on these activities that take place throughout the year and provides everyone with an opportunity to share their experiences with the community, said Stauff.

The week ended on a high note on Friday, Nov. 18 with a Thanksgiving Luncheon that was open to all students, regardless of major or intention to study abroad.

"International Education Week was really fun," said Hawa Diaby, a graduate assistant in the Global Education office. "The experience was insightful and rewarding. I am especially glad that I got to experience it all with my friends who share the same passion for learning and trying new things and new



Mathbor Re-elected President of the AIBS



IMAGE TAKEN by Jamilah McMillan

Student donators who attended the PB & Jam Sessions made peanut butter and jelly sandwiches

KELLI GALAYDA

When the board of trustees for the American Institute of Bangladesh Studies (AIBS) was faced with the decision of electing a new president this year, they voted in favor of keeping Dr. Golam Department of State once a year. Mathbor, professor of the School He said, "there are about 24 inof Social Work at the University, for another four year term.

AIBS is a member of the Council of American Overseas Research Centers (CAORC), which, according to their website, "is a private nonprofit federation of independent overseas research centers (ORCs) that promote advanced research, particularly in the humanities and social sciences, with a focus on the conservation and recording of cultural heritage and the understanding and interpretation of modern societies." Through CAORC, the AIBS maintains centers in Bangladesh, where they send scholars to conduct research in various fields.

The goal of AIBS is to help researchers travel to Bangladesh so they can study the numerous ways a developing nation progresses into a more advanced country. Mathbor said, "We provide grants for research, mainly to faculty members and doctoral students. Within the last 26 years, [AIBS has] sent 104 American citizens to conduct research in Bangladesh. Every year we send four to five researchers. In the past we've also let undergraduwith their professors."

Bangladesh is an ideal landscape for such research, as students about how a developing country is coming along. Bangladesh is developing day to day; they're maintaining a strong GDP as well. This is a wonderful opportunity for faculty members to bring back unique knowledge to share with their students."

The areas studied through AIBS vary immensely, and continue to expand as more scholars become involved. Mathbor said, "we've done conferences on literature in our language, Bangla, climate change, 42 years of Bangladesh identity culture – it's very widespread, not just for one concentration but all of them, really. Our community is open, we invite everyone to apply." Their goal is to "promote the scholarly understanding of the United States and Bangladesh through the institutions of higher learning," said Mathbor, so the institute is always looking for new fields of study to enlarge their at Monmouth University."

educational web.

As president, Mathbor must represent AIBS during his service. Some of his duties include travelling to Bangladesh once a year, travelling to their office in Madison, Wisconsin once a year, and appearing in front of the U.S. stitutes like AIBS in this country that are vital to US foreign policy. I have to present to the director of the Council of American Overseas Research Centers, our umbrella agency, at the U.S. Department of State in D.C. annually. We discuss what's happening and what we need to do in the future; we learn from each other."

When he is not running AIBS, Mathbor can be found buzzing around the School of Social Work at the University, sharing his knowledge and expertise with both students and faculty alike. Dr. Michael Cronin, associate professor of the School of Social Work, said "Dr. Mathbor has been a mentor to social work faculty teaching in the International & Community Development (ICD) concentration of the Master of Social Work program. His expertise in international development and disaster management has been influential in shaping the ICD curriculum. He has also been a longtime active participant in the International & Community Development Curriculum Committee, which I currently chair."

Mathbor's involvement with ate students travel to Bangladesh AIBS has proved to be endlessly beneficial to members of the University community. Cronin continued, "Dr. Mathbor Mathbor said, "It is one of the has been a leader in promoting leaders in Sustainable Develop- the scholarly understanding bement Goals (SDGs). They have tween Bangladesh and the United achieved all of the objectives States, particularly in the area of this goal, so there is a lot to of international social work and learn for American faculty and development. He has facilitated visits from several scholars from Bangladesh who have guest lectured in the classroom and shared their professional expertise and research."

Though Mathbor's influence goes deeper than just education. Christina Addison, graduate student in the School of Social work, said, "Dr. Mathbor is an amazing professor. I always looked forward to his classes, and hearing his anecdotes that taught me how to further my career outside of the classroom."

The presence of the AIBS at the University has provided a distinctive educational experience that allows both students and faculty to explore a facet of the world in ways unobtainable to many other institutions. Finally, Mathbor would like to extend a special thanks to Dean Robin Mama of the School of Social work, as he said, "for helping the AIBS exist

Big Name Media Reps Speak at University In Post-Election Talks

MOCC continued from pg. 1

"MOCC thought it was important to do a #coMmtalks event because this election was so controversial," said Stephanie Brady, senior communication student and President of MOCC. "Politics can sometimes be awkward for students to talk about. We wanted to have an event where we could get students involved and discussing something so important: the election," said Brady.

Hollis opened the discussion with the question, "what happened?" The panelists all had different responses to this question. This was followed by an open question and answer segment between students, faculty, and

Gold explained that Trump supporters did get coverage, but that this coverage did not get enough attention. "While there have been arguments that the media missed the white voter in the suburbs, there was coverage of that and we see that when you look back at it, it just didn't get as much attention," said Gold.

The accuracy of exit polls was also analyzed. "I think we need to be careful about this question of what happened because we don't really know. The exit polls this year were more flawed than ever. We don't really know that 26 percent of Latinos voted for Donald Trump, those are just exit polls," said Carovillano.

There was a discussion about the actual messages from each candidate and whether their messages

TV celebrity who has over 24 mil- a deeper appreciation for the comlion people watching him every night, no other politician has ever had that. The other thing was that he had a message. What does Donald Trump stand for? Make America Great Again, build the wall, drain the swamp. But what was Hillary Clinton's message? Stronger Together was almost meaningless," said Moskowitz.

Gold described how Millennials were not excited about voting this year, which affected the election in the end. "It is a lot easier to get yourself up and out of bed for something vou are excited about than something you are scared about," she said.

Polling became a large aspect of the 2016 election. Katersky described how the purpose of polling and how sometimes they can be relied on too much, "...is not to tell you who wins the purpose of polls is to tell you why people vote."

There has also been recent talk about the White House Press Corps and whether or not there will be one during the Trump Presidency. Gold explained how she thinks there will be a White House Press Corps. She described how Donald Trump craves attention and that he will likely walk into that press room more often than any other president. However, Gold mentioned that some news organizations may be blocked from the press room from time to time.

Overall, the purpose of the event was for students and faculty to better understand the 2016 election. "I were effective. "Donald Trump is a would hope that students would gain MOCC.

plexity of news media and American politics," said Claude Taylor, Athletics Professor-in-Residence who teaches communication ethics. "I think it was valuable for students to hear analysis about what we can know and what is difficult to clearly understand when it comes to predicting elections and measuring public opinion. Any of the students who plan to work in news media were exposed to some important insights."

"The thing I took away was that the media just straight up got it all wrong this election cycle, and that readers and viewers must not continue to take things at face value," said Hunter Farman, senior communication student and general manager at WMCX 88.9 FM. He continued, "... as someone who has followed the election like crazy from the start, it was really interesting to hear people in the mainstream media try to figure it all or even though it seemed as though they were all as confused as the rest of us."

"My favorite part of the event was getting to meet each panelists personally beforehand, and then hearing what they had to say during the event. Each of them had such different perspectives because of where they work so it was extremely interesting to hear their different sides," said Brady.

The event was sponsored by The Department of Communication, the Communication Council, and the

Female Hygiene Products Were Collected At PB & Jam Session



IMAGE TAKEN by Jamilah McMillar

Student donators who attended the PB & Jam Session made peanut butter and jelly sandwiches

PB & Jam continued from pg. 1

education and history student. Just a few hours before the start

of the event, Anacon was transformed. The ceiling lights were dimmed and replaced by blue string lights that lined the stage. Music played as SAGE education and history student.

Just a few hours before the start of the event, Anacon was transformed. The ceiling lights were dimmed and replaced by blue string lights that lined the stage. Music played as SAGE members prepared for donations, and The Music Alliance members prepared for the bands.

A table with the ingredients to make peanut butter and jelly sandwiches was also prepped near the back of the room. It became a hit once the PB & Jam Sessions com-

students entered with their donations. They left them with SAGE members at a table which was engulfed quickly by purses, feminine hygiene products, and toiletries. After a while, donations had to be placed on the floor around the table.

Victoria Borges, a senior social work student, attended the event. She said, "I have actually done a lot of research on homelessness, and people think of homelessness as one big population but they don't think of homelessness in as people with their own unique struggles. But there are older populations, there are veterans, there are younger people, and there are women who have their periods which people kind of forget."

'Imagine being homeless women who is not able to afford feminine hygiene products that are priced like luxuries when they are actual When the doors opened at 5 p.m., necessities. This event was really

important because it helped a real need. And I feel like the music enhanced the cause because music in general has always been synonymous with political or social movements."

According to Jezebel the average woman spends \$120 dollars a year on pads and tampons. That's approximately \$5,600 spent in a lifetime.

Datta says that SAGE will have more philanthropic events in the future. "Just like this event which benefits the homeless and less fortunate, on Dec. 4, SAGE is organizing a 5K walk and run on campus to raise funds for scholarships for less privileged girls and to promote the value of education. For more info and to participate in the 5k contact Janaya Lewinski, President of SAGE at: s0905711@monmouth. edu or Rekha Datta, rdatta@monmouth.edu," said Datta.

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Do All Holidays Shine Equally on Campus?

THE OUTLOOK STAFF

There's no place like Monmouth for the holidaysor at least for Christmas. Once the holiday season approaches, Wilson Hall is lit up in a beautiful array of trees, wreaths, and lights. Students and guests alike take time to stare in wonder at the holiday display in the building. While it's easy to feel the Christmas spirit inside Wilson Hall, the Outlook editors have taken a step back to think—what about the other holidays? What about students who celebrate something else?

While Monmouth is not affiliated with a religion, students have definitely noticed the visible connection with Christianity when it comes to the Catholic center on campus and the Christmas transformation of Wilson Hall. A majority of the editors celebrate Christmas and in no way dismiss the celebration of the holiday, we're just looking for more diversity.

One editor said, "I think Monmouth definitely favors Christmas. I see the occasional menorah around campus, but, while Hanukkah and Christmas are the most prominent holidays of the season, there are plenty of other holidays for other religions on campus that are not represented such as Eid and Kwanzaa."

Monmouth is open to different opinions and expression of

riety of clubs and organizations representing different views on many things, including religion. So we believe it's time to showcase more of that diversity during the holiday season. One editor suggested, "I would like to see Wilson Hall have decorations not just for Christmas, but for more holidays that take place during the season. It would look really awesome and make more students at Monmouth feel represented."

Another idea voiced by an editor was, "[Monmouth] could acknowledge the most important holidays celebrated by religious clubs and organizations on campus, even if it's a simple sign or a banner. This would teach students and members of the University community about different cultures and religions. As the University population continues to diversify, students' view of the world should diversify as well."

Furthermore, an editor explained how taking a poll of all the students and faculty on campus could help in understanding what holidays people celebrate on campus.

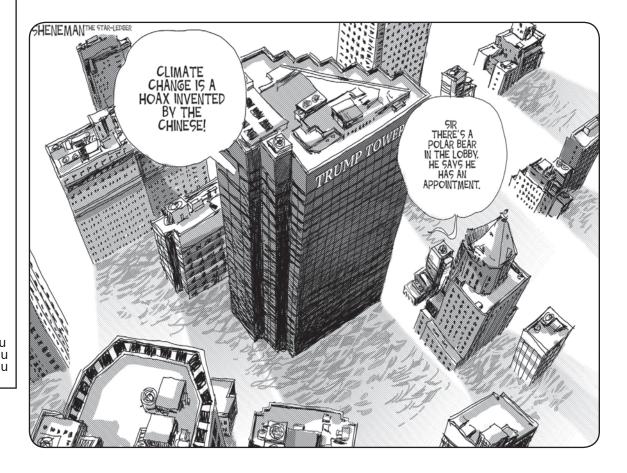
"I think a starting point may be to do a poll or a survey of sorts of our campus to see what holidays rank as and then pursue each of our religious clubs on campus and maybe go from there. It isn't a one-person type of job, if we want our faith or school as well.

those opinions, shown by the va- our holiday or our culture represented on campus, we have the ability to make that happen," said an editor.

However, every editor agreed that the display of the holiday spirit is beautiful, and does a great job of providing a sense of festivity amongst the stu-dent body. While students are stressed about exams, at least the holiday spirit can ease their worries as they head to English class in Wilson. "From the Christmas trees to the beautiful architecture that building is breathtaking during this season," said an editor.

The holiday season is a time for the Monmouth student and faculty bodies alike to come together and express friendship, love, and respect for one another. With just a few weeks left in the semester, there isn't much time left to bask in the beauty of the holiday season. So take a walk through Wilson, admire the Menorah in the Student Center, or pick up a candy cane in the dining hall.

For the editors of the Outlook, our holiday wish is that in the coming semesters we can see some diversity amongst the halls of our beloved University. While most of the editors celebrate Christmas, we can't forget about our friends and classmates who could feel discouraged by not seeing their holiday acknowledged and celebrated by the



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The Outlook provides the Monmouth University community with information concerning issues in and around the University while serving as a forum for expression of the ideas of its readers.

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Holiday Season Joy

AMANDA DRENNAN VIEWPOINT EDITOR

■ It's the most wonderful time of the year 🎜

The holiday season has to be one of the best times of the year. There's to be more joyful than any other time of year.

This is the point of the year where the semester is starting to wind down; things get stressful- writing papers, studying for finals, and getting everything done before the semester ends. At the end, it's worth it because we get a few weeks off from school work and you get a fresh start with the spring semester.

Another great part of the holiday season is getting to see your friends from home. Of course, there's nothing like the friends you make at Monmouth, but it's nice to see friends that have been away at different schools. Being home for the holidays allows you to get together with friends and family that you might not be able to see during the semester, but now you're able to give them a little extra time.

One of my favorite parts of the holiday season are all the seasonal flavors. Dunkin' and Starbucks have so many different flavored drinks that it might take you all season to try one of each. There are so many holiday treats that go perfectly with each of these drinks. Seasonal foods and drinks are just to spend time with family and another perk to help make this the friends and be grateful for who most wonderful time of year.

Although it might feel like there's not much to do because of the the holiday season, that's what weather, there's a lot that the winter truly makes it the most wondercan offer. There are always movies, ful time of the year.

shopping, or grabbing food with friends. During the holiday season, there are usually seasonal shows or light shows to attend, you just have to keep your eye out for when they

Sometimes the snowy or cold so much to do and everyone seems weather makes it easy to want to stay inside all day. Cold winter days are perfect to take the day and just relax. You can put on a movie, snuggle up with your favorite blanket, and drink a warm cup of hot chocolate. These few things are the perfect recipe for a day in.

> The best thing to do when it's snowing is, of course, to go out and play in the snow. You should never think that you're too old to play outside if it's snowing. Even if you're not having a snowball fight or building a snowman, just going outside and appreciating the blanket of snow covering the ground can be enough.

> Almost everywhere you go during the holidays, there are some sort of decorations. Even just driving around there are homes decorated with lights that illuminate the streets. There are different places you can visit to look at decorations, which is always a fun winter activity.

> This time of year is perfect to appreciate everything you have. We have time off from school, and usually a few days off work. This gives us the opportunity we have.

There's so much to do during

Are We Ever Really Satisfied?

CORAL COOPER CONTRIBUTING WRITER

Satisfaction in life can be subjective to how each person lives and where his or her wants lie. If people rely on physical objects to fulfill their life, their wants will be left unquenched. People will remain unsatisfied if they do not consider what would actually make them content outside of physical objects. Attempting to satisfy oneself with purchased items takes away from what people truly need.

The overbearing presence of materialism makes people believe they need the better and bigger version of something they might already have. We live in a technologically advanced age that relentlessly produces new items that are promoted as something we need. With upgraded phones, televisions, game consoles, cars, and computers, the idea of inadequacy of not only our things but of our lives' is prompted in our minds.

As we move through a consumer focused world, we find our things representing us over our knowledge, accomplishments, ethicality, or morality leading us to want the premium product telling the world who we are; this is mistakenly carried out by many people. When we consider what humans actually need, the list of items becomes much shorter.

Satisfaction is a state of mind.

the latter years of his life, we can they have won or felt they can see another side to satisfaction be unparalleled by another. Yet for what we have. With only in possession of a few items before his death (including his shoes, glasses, and watch), we can see he had minimal material items he found necessary for everyday

If we remove the superfluous material things from our lives, we find the things we really need are quite simple: water, food, rest, shelter, and companionship. These things are vital to human survival, but are not what some consider satisfying. Those that do not have steady access to food, shelter, or water find that they can be extremely satisfying. In today's fast functioning and overproducing society, perspective is what demotes basic needs to being unsatisfying or even unappreciated. Although we seem unsatisfied with what we have, this view can be shifted as it is solely based on perspective. The issue in American society is the unrelenting need to be better than our peers. This competitiveness is often driven by money and is proven through expensive objects we do not always need.

America seems to have a disgruntled hunger to obtain the best the world has to offer. While taking advantage of opportunities, experiences, and academic outlooks is not only self-rewarding and could lead to the betterment of the world around us, the consumption of physical things pro-If we consider how Mahatma motes envious unsatisfied lives. Gandhi simplistically lived out People seem to be satisfied when for you to become yourself.

even that false sense of victory can easily be shaken when they realize more money can be had and more things can be bought. It is beneficial to the growth of civilization to reach for high knowledge through education and experience but it can be detrimental when we desire physical objects that do not provide mindful progress. To be content with the things we have and understand what we do not need is how people can

The most expensive and new item is obsolete when we see that satisfaction is a concept from within and not by the recognition of others. The hunger that drives many people all over the world to have a better life with grander things sets the seeds for dreams and is an important part of becoming independent but the true needs in life can be overlooked through this process.

There is a presence of mind that is necessary to manage the significant line between wants and needs. There is a want to have more than others. The downfall of this is that people fill parts of their lives up with things that do not matter and we become unsatisfied. To be satisfied is to understand what you actually need in life, to obtain that, and be content when you get it. There are no foul tricks in being satisfied with the simple things you have; some believe it leaves more room

'Eleven' Life Lessons for an MU Student From Stranger Things

ALEXANDRIA AFANADOR

Monmouth is no stranger to being caught up in a Netflix series, but the hype about Stranger Things has been incredible since its start in August of this year. Not only is the cast out of this world but the plot and storyline it follows twists and turns in more ways than I can count. The 11 life lessons that follow are only a few that come to mind when thinking and watching the cult series.

Stranger Things teaches us to stand by our friends. No matter what happens, we all have a close-knit group of friends that we can count on. The characters, Dustin, Mike, Will, and Lucas have such a special bond that they are hardly ever apart. It's easy to say, "Hey that sounds like me and my friends," but on campus, it is even more important to realize that you can be a part of something like that on a bigger scale.

Whether it is becoming a mentor, or joining a sorority or fraternity, the opportunities to join in on a friend group are endless! Joyce reminds us that, "You act like you're all alone out there in the world, but you're not. You're not alone." Building a bond with a group of people who love the same things you love can be such an enriching experience but to be able to keep those friends for the long run is something even more special!

Never giving up is a moral everyone can take away from the Netflix series. The way Will's friends, his mother, and eventually Chief Hopper never stop looking for him is not only commendable but something we should all think more about. In our lives, it's possible to think something is too difficult or too overwhelming to take on; it is also possible to believe that the things you are passionate about could never be

taken on because of unpopular opinion. But, we should all take Joyce's words into consideration when iust the thought of not being good enough crosses our mind: "I don't care if anyone believes me."

It's easy to say, "Don't let anyone bully you" the way Dustin, Mike, Will, and Lucas are bullied in Stranger Things, but, actually believing that is a completely different story. While taking lunch money isn't the norm for someone to do, social media and apps have made it easier to be bullied or harassed now more than ever. The term, 'see something, say something' doesn't just apply from a criminal justice tough situation, feel free to speak up.

Just like the cast of *Stranger* for what you believe in. We have an abundance of clubs and organizations on campus to express all different types of passions. From the Muslim Student Association to the Spanish Club and SAB, our campus is a soapbox to stand on and be able to voice what we believe in.

In the same breath, it's also important to remember to be as nerdy as you want! The main characters in Stranger Things have an affinity for the AV club and all things relating to the subject; while they show their audience that you should love what you love and express it in any way you please, Monmouth's judge-free campus is accepting of all people regardless of the things you choose to participate in. Jonathan reminds us that, "You shouldn't like things because people tell you to." March to the beat of your own drum, no matter how eccentric the tune!

Of course, we aren't exactly deshould still never let fear rule us. A dents, should heed.

little fear is good, it means you care and you have something to lose. No matter if it is a difficult course or an intimidating professor, trying out for a team, pledging greek life, or what have you, the fear should never overpower the idea you are going for.

It's easy to say that lately the idea of loving yourself and all of your 'imperfections' is one of the most talked about (and important) phrases in today's society. We are lucky to be surrounded by such welcoming and positive people at Monmouth, our campus embraces our differences and that is what we should be thank-

Another life lesson we take from standpoint, if you see someone in a Stranger Things is to always take use of the Buddy System. While we are fortunate enough to further screen, don't be afraid to stand up campuses, anything is still possible. for everyone, grab a friend and walk faculty members love when stu- we think.

across campus together, or drive a friend to their car or dorm if it's 'far' away. Another great service we have is Monmouth University Police Department (MUPD) is willing to assist you to your car should you feel unsafe at any given time.

Joyce sticking to her gut feeling shows us that we need to always go with our intuition. Whether it be about friends, professors, or even just about choosing A over C on an exam, always trust your intuition no matter what. It's proven to be right a percentage of the time!

One of the last and most important messages taught to us by Stranger Things, is to embrace curiosity. Dustin's famous line: "Why are you keeping this curiosity door locked?" should always cross our

dents ask them questions, not only does it prove you're paying attention and truly care about the class and your grade, but it helps professors showcase their knowledge and if they don't know the answer, both of you are able to further your knowledge on the subject at hand.

Lastly, the characters of Stranger Things showcase the moral that we need to always believe we can conquer things that seem bigger than us. Though the journey through college may be rough, Monmouth's courses and faculty members are here to help. Graduation seems light years away, but the years will go by quick.

Stranger Things has taught its viewers valuable life lessons since its start in August of this Things portray in their roles on our education on one of the safest minds when thinking about wheth- year and it will continue to teach er or not to ask a quesiton, don't be us morals in its next season due Taking use of the buddy system goes nervous- just ask! Professors and to start production sooner than



 $IMAGE\ TAKEN\ from\ http://themuse.jezebel.com/winona-ryders-stranger-things-vindicates-the-80s-teen-m-1783850103$ feating any demagorgons soon, we Joyce Byers is representative of the life lesson of never giving up- a life lesson that we, as stu-

Cuban Leader Fidel Castro Passes Away At 90

JASMINE RAMOS CO-POLITICS EDITOR

On Nov. 25, Cuba's former president and one of the world's longestserving leaders, Fidel Castro, died at the age of 90.

Castro's younger brother, Raul Castro, and successor announced to the world that the man that survived over 600 assassination attempts, had passed away of natural causes.

He ended his announcement with the revolutionary slogan that became the battle cry for most leftist movements across Latin America, "Towards victory, always!"

The death came as a surprise to many. However, Castro officially resigned in 2008, due to an ongoing illness that was made known to the

Castro made his impact globally in the 1950s by leading the overthrow of Cuban dictator Fulgencio Batista. From then, he began his legacy as the Communist leader of Cuba, having the country divided on their stances of his regime.

According to CBS, "Castro's Cuba has been a land of contradictions. It has free medical care and its literacy rate is among the world's highest. But political opposition is suppressed, and the economy is a disaster. Those antique cars on shabby roads became as much a symbol of Cuban life as cigars or music."

Chair of the Poltical Science Dept., Dr. Ken Mitchell said, "Similar groups drew inspiration from Castro and fueled Cold War conflicts in Venezuela, Colombia, Nicaragua and El Salvador. No politi-

American left more than Castro."

He continued, "Post-Revolutionary Cuba is a contradiction, distorted by most in the name of ideology. Conservatives characterize him as a brutal dictator – of course, USAsupported conservative dictators in the region are seen differently. Castro was no more brutal than General Trujillo in The Dominican Republic or Papa Doc in Haiti, both in power at the time of the Cuba Revolution. In turn, progressives see Castro as bringing literacy and health care to his people while downplaying violations of the human rights by the Castro regime. Reality is somewhere in between."

The reaction to his death has also been mixed. A young Cuban woman told CNN, "The Cuban people are feeling sad because of the loss of our commander in chief Fidel Castro and we wish him, wherever he is, that he is blessed and us Cubans love him.'

'They have been knocking and calling and asking if it is true," said Angel Daniel Castro, a nephew of Fidel Castro's. "Many people are crying. Some complain of high blood pressure. Fidel was a good

"For us, he was like a father. And Cuba sees him as a father. One woman just called crying and saying she had lost her father. Everyone

However, many Cuban- Americans had different reactions. Actor Laz Alonso posted a video on Instagram of several Cuban-Americans on the streets of Miami celebrating the death of Castro. "There is a cal leader shaped the modern Latin reason they celebrate," he wrote in

August 13, 1929 - Novemeber 26, 2016



Cuban Leader Fidel Castro passed away on Nov. 26. The funeral will be on Wenesday, Nov.

the caption. "Unless you lived it, are routinely jailed and even killed." related to those that did or lost relatives that did, you do not know."

One of Cuba's most famous singers, Gloria Estefan, released a statement on social media, and said, "Although the death of a human being is rarely cause for celebration, it is the symbolic death of the destructive ideologies that he espoused that, I believe, is filling the Cuban exile community with renewed hope and a relief that has long been in com-

Cuban-American Senator, Marco Rubio said, "Over six decades, millions of Cubans were forced to flee their own country, and those accused of opposing the regime were

He continued, "Sadly, Fidel Castro's death does not mean freedom for the Cuban people or justice for the democratic activists, religious leaders, and political opponents he and his brother have jailed and persecuted. The dictator has died, but the dictatorship has not."

President Barack Obama released a statement that said, "Today, we offer condolences to Fidel Castro's family, and our thoughts and prayers are with the Cuban people. For nearly six decades, the relationship between the United States and Cuba was marked by discord and profound political disagreements."

Obama continued, "During my

presidency, we have worked hard to put the past behind us, pursuing a future in which the relationship between our two countries is defined not by our differences but by the many things that we share as neighbors and friends — bonds of family, culture, commerce, and common humanity." On the contrary, President-elect Donald Trump tweeted, "Fidel Castro is dead!", shortly after it was announced.

Natorye Miller, a senior communcation student, said, "It is intresting to see how Castro's death will play out in the world of politics. Even though he has not been in power 8 years, his ideologies still have an impact on the country."

Trump Secretary of State Pick Under Scrutiny

BRENDAN GREVE

President-elect Donald Trump is in the process of choosing the members of his new administration but the process has not been without infighting and division among the Republican party and the members of his transition team.

The most highly contested position in the Trump's transition process is for who will become the next Secretary of State, the most powerful foreign diplomat in the United States. Former GOP nominee for President in 2012 and outspoken critic of Trump during the Republican primaries for president, Mitt Romney, and former New York City Mayor and Trump loyalist, Rudy Giuliani, are viewed by many as the top two contenders for the position.

According to multiple news outlets, other names that have been considered for the job are former Army General and CIA Director David Petraeus, Republican Senator from Tennessee Bob Corker, Retired Marine General John Kelly, and even Democratic Congresswoman from Hawaii Tulsi Gabbard.

The consideration of Romney as Secretary has been met with serious criticism. The most no-Trump's former campaign manager, Kellyanne Conway. She has come out publicly to criticize CNN and said, "It's just breathtaking in scope and intensity the type of messages I have received from all over the country."

She then said, "The number of people who feel betrayed to

IMAGE TAKEN from ABCnews.com

President- Elect Donald Trump meets with perspective Secretary of State candidate, Mitt Romney, along with Vice President- Elect

would get the most prominent Cabinet post, after he went so far out of his way to hurt Donald Trump — there was the 'Never Trump' movement, and then there was Mitt Romney."

She added, "I respect the brilliance and judgment and sheer instincts of president-elect Trump to form his Cabinet as he wishes. But table criticism has come from I felt compelled to come forward on behalf of the people who were weighing in."

The appointment of Romney the former GOP candidate on as Secretary of State would be looked at by many as a pivot to the middle of the political spectrum. Assistant Professor of Political Science at Monmouth, Stephen Chapman, said, "The potential choice of Romney as Secretary of think that Governor Romney State signals a relatively moderate

move, given Trump's campaign rhetoric," and added, "While this could benefit Trump by appealing to a larger portion of citizens, it has produced some backlash from staunch conservatives." He said that the open criticism by Trump's former campaign manager is rather unprecedented but that, "I think the general rules of politics don't apply to him."

Associate Professor of Political Science at Monmouth, Joseph Patten, said, "It seems that the stronger voice is against Romney." However, he said, "My general view is that you run a primary to your base and govern to the middle" and that, "It's always good to govern in the middle."

A University alumnus and assistant campaign manager for the Pennsylvania GOP, Tyler Vandegrift, said, "The President's main power is in foreign policy so the Secretary of State needs to be someone who will carry out the will of the President.'

He added, "While I believe Mitt Romney would make a great diplomat; I also believe that he wouldn't be willing to follow a foreign policy if it differs from his ideology." He also said, "Romney could be a great way to bring in more people, but whoever Trump or the transition team picks for the Secretary of state definitely illustrates the direction he would like

to his base while appointing the problem in relation to policymoderate Romney. Chapman said, making under the new adminis-"Trump's choice of very conser-

vative Senator Jeff Sessions for Attorney General signals a win for Trump's most ardent supporters. Sessions is both socially and economically conservative and embodies much of Trump's campaign rhetoric throughout his political experience."

On the infighting, Chapman said, "This was no more obvious than when his own campaign manager came out against the Romney choice" and added, "This was a relatively unprecedented move, but it highlights Trump trying to strike a more moderate balance and the hardline conservative base feeling However, Trump can still appeal slighted. This will be a recurring RightAnswers Chatbot Competition Gives Students Real-World Programming and Business Experience

Promotes Innovation and Technical and Business Expertise in Developing a Chatbot for Customer Service

Edison, NJ (November 29, 2016) —RightAnswers, the #1 provider of knowledge management and social knowledge software, is sponsoring a technology development competition for Monmouth University students, to build a Customer Service Chatbot.

Teams will be composed of students from Monmouth University's Leon Hess business school and the school of sciences computer science and software engineering programs. The goal of the competition is for students to develop a chatbot that will drive a specific consumer/user situation and with that provide the business perspective, research and data on the market opportunity this Chatbot addresses.

"Chatbots are emerging as a way for companies to interact and engage with their customers," said Jeff Weinstein, President and CEO of RightAnswers. "This leading-edge channel of communication is expected by many industry analysts to revolutionize the approach and quality companies will use to address their customers buying and service experience."

The teams will be judged on:

- Usefulness of the chatbot in handling a real-world customer support or IT problem
- Quality of business analysis
- Innovative use of RightAnswers products
- Creative use of Natural Language Processing (NLP)
- Overall quality of presentation and demonstration

"This is a great opportunity for our students to get practical experience and really show off their skills. The response has been enormous and I look forward to some impressive entries," stated Susan Gupta, PhD., MBA Director, Monmouth University.

"We are very excited to give Monmouth University students the opportunity to work in a commercial environment and to showcase their technical expertise and business acumen," continued Weinstein. "As a fellow Hawk who earned my MBA at Monmouth and as a CEO of a technology company, I see the importance of having students from multiple disciplines working together. Successful technology solutions always need to balance the commercial side and the technical side."

The event kicks off December 6, 2016. The Award Reception will take place February 4, 2017, at Monmouth University.

About RightAnswers

RightAnswers is the #1 provider of cloud-based knowledge management, web and mobile self-service and social knowledge software for improving customer service, IT support and enterprise-wide collaboration. Our flagship product, the Enterprise Knowledge Hub, promotes knowledge-sharing across your organization, increasing employee engagement and your overall productivity and efficiency. Our 450+ clients around the globe use RightAnswers seamlessly integrated with their CRM, ITSM or other enterprise software to provide outstanding customer experiences while saving millions of dollars a year.

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ATTENTION: FINANCIAL AID STUDENTS

If you have had a Federal Direct Subsidized/Unsubsidized Loan and will be graduating in **January 2017** and have not yet completed your Exit Loan Counseling please go to: https://www.studentloans.gov.

If your graduation date is incorrect, please contact the Financial Aid Office at (732) 571-3463 or via e-mail at <u>dorsey@monmouth.edu</u>, or you may visit us in person in Wilson Hall, Room 108.



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2016 Harvest Results for the Monmouth University Community Garden



The Community Garden, located at the corner of Beechwood and Brookwillow Avenues, is a membership garden where individuals and families "rent" a plot for the growing season (April-October) for \$30 to grow their own vegetables and flowers. These local gardeners, and organizations, such as Shore House, then take responsibility to help upkeep our community plots, from which the vegetable harvests are donated to a number of community agencies. This year, harvest donations were provided to:

Reformation Food Pantry
The Center
Christ the King Food Pantry
St. Brigid's Pantry at St. James
St. Dorothea's Food Pantry
Food Bank of Monmouth & Ocean Counties

Ronald McDonald House Long Branch Senior Center Food Not Bombs Mary's Place by the Sea SPCA of Monmouth County

We provide you with an illustration of how the **2,868.5 pounds** of donated organic produce breaks down and what its cash value represents to the community. Prices used are the average price per vegetable from local markets. (Total cash value of the donated harvests was **\$5,189.69**).

Tomatoes – 1,460.5 pounds (\$2,906.40)
Peppers – 55 pounds (\$136.95)
Eggplant – 72 pounds (\$107.28)
Beans – 130 pounds (\$686.40)
Cucumbers – 87 pounds (\$129.63)
Onions - 69 pounds (\$89.01)
Squash - 190 pounds (\$283.10)

Swiss Chard & Kale – 66.5 pounds (\$99.09)

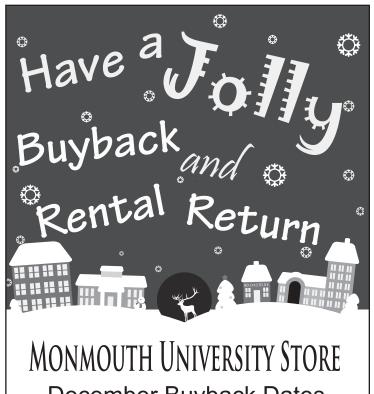
Strawberries – 4.5 pounds (\$18)

Lettuce – 58 pounds (\$57.42) Watermelon – 363 pounds (\$286.77) Herbs – 11 ounces (\$21.89) Carrots – 87 pounds (\$68.73) Potatoes – 82 pounds (\$41) Spinach – 20.5 pounds (\$102.09) Collards – 157.5 pounds (\$155.93)

The Community Garden thanks all our gardeners, our volunteers, and MU students participating in the Big Event for all their work during this very successful 2016-2017 growing season.

For more information on the Monmouth University Community Garden, or to become a member of the garden, please go to our website: www.monmouth.edu/communitygarden

MONMOUTH UNIVERSITY



December Buyback Dates

 Wednesday
 12/14
 10 am - Close

 Thursday
 12/15
 10 am - Close

 Friday
 12/16
 10 am - Close

 Saturday
 12/17
 12 pm - Close

 Monday
 12/19
 10 am - Close

 Tuesday
 12/20
 10 am - Close



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Help Yourself by Helping Others

KAAN JON BOZTEPE CONTRIBUTING WRITER

Aside from gaining a stronger resume by adding on your community service experience, there are many intangible benefits one can receive such as pleasure, fulfillment, and achievement. Community service is good for you; it is known to reduce stress by having your complete concentration on someone other than yourself as well as making you healthier in terms of your delight and optimism. All the positive and healthy emotions you have when having some percentage of control over one's happiness strengthens your immune sys-

Apart from your health, you get a chance to give back and make a difference while bringing people together. Not only do you enhance the community you are in, but you also fuse as one while working with others for a common goal which promotes teamwork and harmony. A benefit that encourages many is that this is where your family and friends live. Regard-

undeclared student shared his held.' thoughts on what he believes to be the benefits of community service, "Community service can help individuals grow as a person as they are able to gain



PHOTO COURTESY of Courtney Buell

Junior, Courtney Buell enjoys giving back to her community by volunteering at her local YMCA every weekend.

long run. There are many ways in which one can become involved in community service; one most less if they are your children or importantly is by finding out your grandparents, you have a about events being held. There chance to enrich their environ- are many clubs based on promotment and way of life and act as a role model of civic duty.

ing community service, that send students emails to lets us know Alvaro Aquino, a freshman of different events that are being

Carlene Santos, a freshman business student with a concentration in real estate agent believes, "Community service is important for many reasons. beneficial experiences for the Whether you take part in an or-

ganization right in your town or you a major organization you have an interest in. Participating in service not only makes a difference to the organization but it also makes a difference to you yourself. Volunteering gives you satisfaction and helps you feel good about yourself since you're helping others. It brings joy to others and you personally'

Adjunct English professor, Jennifer Filannino, shared her thoughts, "Before I answer the question, the word community must be defined clearly. To me,

community is the elderly man person standing next to me at the grocery store who needs help bagging and packing his car, the friend I haven't talked to in a few weeks who just didn't sound right last time we spoke. Or maybe it's the estranged cousin who just lost his mother or the teacher with opposing political views who makes me feel uncomfortable but just got diagnosed with cancer."

Professor Filannino expands further on this idea, "These people create the fabric of my life, our lives. Without their more you'll get out of life.

faces, chaos, and drama, our lives would lack the richness of a story. Community service doesn't need to be a grandiose gesture, donating money or protesting for a cause. It can be both outright and subdued. Serve silently through daily acts of kindness because doing so will motivate more change by creating a ripple effect. Positivity begets positivity and then more. And then maybe that kid who was sullen and anxious for months will forgo his suicide plan. Then you just saved a life.

As stated before, community service is more than just for the good of the people or community, it is also for yourself. Each person may have a different viewpoint on what community service exactly entails, but no one can deny that the focal point is helping those in need while spreading a positive energy throughout the experience.

The services one can provide for others can unite us as one and creates such a radiant satisfaction for yourself and the community around you. The changes you make to a community create a legacy for people of all ages to be inspired to follow because they can be the change they wish to see in the world. Community service, whether it be a huge event or a local affair, can not only impact that community, but the communities around them. Each good deed speaks dividends and the more you put in the

How to Travel on a College Student's Budget

with only the option of traveling

by plane, especially when going

long distances or traveling abroad.

While air travel tends to be the

most expensive, it also provides the

There are entire websites dedi-

cated to finding cheap flights, and

even smartphone apps. One called

Hopper, allows the user to select

flight dates and either purchase the

flight immediately or "watch" the flight. The app will then inform

you if the prices fluctuate in either

direction or even let you know if

they will rise or fall in the next few

days. The app also analyzes how likely it is that the price will rise

or fall and advises the user to pur-

most ways to save money.

KERRY BREEN

For many college students, being broke is a lifestyle. With money going towards food, textbooks and activities, it can be hard to save. However, traveling on a college student budget is not impossible, and can even be affordable if one looks in the right places.

The two most common financial hurdles when traveling tend to be the cost of actual travel, such as airfare, train tickets, and the housing that one requires when traveling.

One way to avoid paying for costly transportation is to obviously opt for the least expensive and parking.



PHOTO COURTESY of Allison Perrine Senior, Allison Perrine loves to travel and was able to go to Europe last Spring on an affordable trip.

method. Airplanes tend to be the most expensive, although they are usually the fastest way of getting from point to point. Buses, on the other hand, are usually the cheapest option but may take several days if the distance is extreme enough. Trains tend to be a middle ground, but their prices and travel times can vary. In some cases, traveling by car can be an option, but one also has to then factor in the cost of gas

> chase accordingly. It also compares various airlines, meaning that users can choose from a wide variety of options. Personally, this is what I used when flying to Los Angeles last weekend. My round-trip flight from Newark to L.A. - with layovers in San Francisco and Chicago - cost just 200 dollars when booked on Hopper a month and a half in advance. The app is cheap

> and convenient, and easy to use. Junior communication student Kristina Caliendo, who recently returned from a semester studying abroad in England, swears by using discount websites to find low-cost

"If you plan in advance, everything is cheaper," she noted. "Skyscanner.net is the best. It pulls up cheap flights and you can compare the rates, said Caliendo.

There are also entire airlines devoted to cheap air travel, such as Spirit. While the airline boasts record-breaking low flights, those flying on it have to pay for things Caliendo also recommended flying on Ryanair or EasyJet.

When it comes to housing, hosare usually reminiscent of college vary based upon the hostel and the Some hostels offer individual or double rooms for a slightly higher fee, but one that is still lower than such as kitchens, so if one is staying in the area for a while, they can too daunting. buy food and prepare it there, to save money on food.

other, picking up souvenirs, or tips for affordable traveling.

Sometimes, however, one is left that are taken for granted on most other, more menial things, such as airlines, such as carry-on bags. ATM fees or even money-exchange fees, if one is traveling in a foreign country.

For these situations, one just tels are a huge benefit. They are needs to be aware of the world typically cheap, but not as com- around them. Caliendo recomfortable as a hotel or motel, and mends getting food from convenience stores to avoid the cost dorms, with several people sharing of eating at restaurants. When it a room. The rooms can be co-ed or comes to the more tedious banking separated by gender, but that can information, it's a case of just being aware, and maybe being willing price range one is working with. to be inconvenienced to save a few dollars in the long run. Daily transport can also be cheapened if one is willing to use public transportathat of hotels. Hostels offer benefits tion, such as buses or subways, or even walk on foot if the journey is

Just because your bank account might be lacking in enrichment that There are numerous small costs, doesn't mean that your life should such as food, daily transport like also be. Cross some destinations off getting from one location to an- your bucket-list by following these



PHOTO COURTESY of Meaghan Wheeler

Traveling is essential because it influences people to take risks and step outside their comfort zone.

LIVES SPOTLIGHT: GOVEL AND FLORES

NICOLE SEITZ STAFF WRITER

Every semester, Monmouth's student run record label, Blue Hawk Records, creates and records a compilation album featuring various artists on campus. The Applied Music Industry class runs the whole production by making and producing this album. This process has many steps, starting by holding auditions in Lauren K. Woods theatre to releasing and promoting the album. This semester the class is working on their ninth compilation album, 9 Lives, which will be released Dec. 7. with a show of the album held in the Rebecca Stafford Student Center. The album features six artists from varying genres. This week, I met up with the two female singer/song writers on the album to talk about their tracks and experiences as upand-coming musicians.

I first met up with Monica Flores, a freshman music industry and communication student. Flores has been singing for as long as she can

remember and first began to teach herself piano and guitar in middle school. Flores began her musical journey by first writing poems as a child and wrote her first real song during her freshman year of high school. She first started piano when she heard the song "Vienna" by Billy Joel and fell in love with the song. Her love for guitar came when her grandma bought Flores her first guitar in seventh grade.

Music has always been a big interest for Flores. Even when considering what she would do in the future, she states, "I knew I couldn't not do music. Senior year of high school became a coming of age story that inspired me to write a lot of music," she said. Through her life and musical experiences, Flores was able to grow as a musician. She said, "Music came naturally to me and came along with the experiences."

Aside from writing and playing music, Flores has also been highly involved in musical theatre. She was involved in her high school's musicals for three years and even played an orphan in Monmouth's production of Spring Awakening. In third grade, she met her best friend when her aunt, who works at school as a music instructor, had them sing "For Good" from the musical Wicked. Flores' musical theatre background allows her to bring many different types of voices to her music, stylistically. Other factors that influence her style of music is her love for musicians like Billy Joel, the Beatles, and Amy Winehouse. When Monica was younger, she especially loved Billy Joel and the Beatles. The first song she ever heard from the Beatles was "Hey, Jude" and she said that made her heart feel heavy.

This very personal, singer/songwriter style of music that Flores draws inspiration from can be seen in her music and on her track off the album "Blank Pages." She wrote this song the summer before her senior year of high school; the idea was to write "an epic love song" about her now ex-boyfriend. The song was meant as a gift but she found it difficult to create a love song for someone who wasn't worthy of it. The song eventually became what we know as "Blank Pages" about all the positive people in her life and a message about what love should be.

Nicole Govel, a junior music industry student, is another singer/ song-writer on this semester's compilation album. Govel has always had a love for music being surrounded by it from her mom singing and her dad playing guitar. Some of Govel's musical influences include Billy Joel, Elton John, Bruce Springsteen, and Sarah Bareilles. Govel has been singing since she was in fifth grade and began to teach herself piano in her freshman year of high school. She has also picked up the ukulele as an additional instrument.

Some of Govel's additional mu-



Nicole Govel sang at the Music Allianca Open Mic Night.

sic endeavors include being the take me and my brother on a trip. treasurer of the Music Alliance and an intern at Trendsetter Marketing. Trendsetter Marketing is a marketing and PR firm which helps secure promotional spots for music videos/ brands with Billboard, People Magazine, Perez Hilton, etc. Govel explained, "Some of my roles include writing new artist press releases and maintaining our social media presence by joining conversations about our artists on Twitter." She said that, "interning here has been an amazing experience so far and I hope to continue along this path in the future as an industry student!"

Govel's passion for the music industry and for music in general can be seen through her new track on the compilation album, "San Francisco." Govel explained the beautiful story of how that is song was written about her grandpa, who passed away two summers ago. She said, "Each summer, he [her grandpa] and my grandma would Dec. 7 from 2:45 to 4:15.

We traveled to many cities across the US and Europe; however, San Francisco was the one city we visited more than once." She continued, 'San Francisco was my grandpa's favorite city (and mine too), so I wrote this song to honor his memory." Govel also worked with junior music industry student Julia Whary to write the chords for the string arrangement featured on the song.

Govel and Flores are the only two female acts featured on this compilation album and they are both such amazingly talented musicians. Govel shared, "I never imagined hearing such a personal song that I wrote in a couple of minutes one day on Blue Hawk's ninth compilation album. Nonetheless, recording 'San Francisco' has been a dream come true and I am so excited for people to hear it."

Don't forget to come out to the Rebecca Stafford Student Center on



IMAGE COURTESY of Liam Frank

fun alternative pop sound and got

the crowd excited for star of the

Once the lights dimmed and

the beginning of "Wild" start-

ed to play, the cheers erupted

throughout the crowd. Everyone

was dancing and having the time

of their lives which continued for songs like "Bite" and

Then, things slowed

down a bit with "Too Good," which is a song

with a more dark under-

tone where you can feel

the passion in Sivan's

voice. One song that stood

out the most to me was the

song that came next, "Heav-

Suburbia Tour to come out.

'Cool.'

Monica Flores performed at Blue Hawk Auditions.

Suburbia" Is a Success

AYSE YASAS CONTRIBUTING WRITER

Less than year ago, Troye Sivan announced he was going on tour once again and even though I had already previously seen him live, I purchased tickets without a second thought. Sivan didn't disappoint.

Before the show even started, there was a campaign charity to raise money for homeless LGBTQ+ youth, which set the tone for the show. Troye Sivan has always showed his support and passion for the LG-BTQ+ community and always wants his fans to feel that his shows are a safe space and tonight was no dif-

ferent. There two were opening acts and I didn't have high expectations. I was pleasantly surprised with both Jess Kent

IMAGE TAKEN from www.

Before he played it, he had a small speech about the election and how the LQBTQ+ community and minorities might feel unsafe and how we all must come together and not be scared. It felt like he was trying to hug the audience and ensure that this venue and setting was a safe space. "Heaven" is a song about Sivan

coming to terms with his sexuality and wanting to be himself and live freely. "Maybe I don't want heaven" is

a line that explains

and Dua Lipa. Both of them had a that if a religion doesn't accept him, maybe heaven isn't where he wants to end up.

"For Him," my personal favorite, was next and it definitely lightened the mood. It had a romantic feel but also made everyone scream out the lyrics as loud as they could. Up next was "Ease" and his first single, "Happy Little Pill." These kept the momentum of the show going which made the whole show feel like one big

"Suburbia," which is the title that the tour was named after, was the song that started to slow down the tone of the concert. He followed with "The Quiet," which was similar feel. Another favorite of mine was next, "Fools." Fveryone was dancing and singing and forgot about the world outside

At every show, I typically find a new favorite song from an artist. This time it was "Blue." It's a very slow song, which is something I don't normally go for but it gave me chills. His vocals and the mood in the room was very emotional. I was surprised because it's not the song I would think would stick out to me.

The next song was the most aesthetic of the night. "Dkla" is a dark song and the whole set was lit up a crimson red and you felt the pain of the song through the set. Then he announced the next song as his last, "Talk Me Down." It was really good but everyone knew that there were still two songs left.

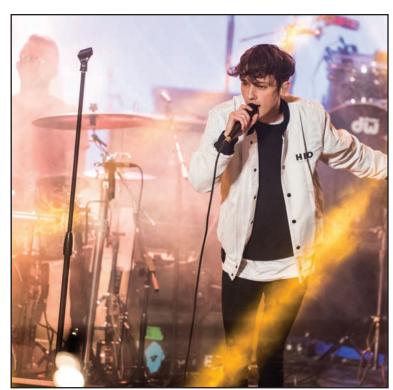


IMAGE TAKEN from www.idolator.com Troye Sivan put on a great performance during his "Suburbia" tour.

He came back out and sort of fan was standing still when this laughed and said "I don't even know why we do that anymore, everyone knows it's not over." It was cute and then he played "Lost Boy" which is a song any adolescent or young adult can relate to with the line "I'm just some dumb kid trying to kid myself that I got my [life] together," which is the line everyone screams at the top of their lungs.

The last song was his biggest radio hit, "Youth." Not a single show next time he's in town.

started playing. Everyone was dancing and Sivan ended it with speeding up the song and giving it every last bit of his energy. It almost felt as if the show ended with everyone on this high of adrenaline. The show was over and our little bubble felt like it popped and it was back to reality. If you've never heard of Troye Sivan, I highly recommend you listen to his album and grab tickets to his

DIVIERSITY ABC APPROACH

VICTORIA NELLI STAFF WRITER

While the American Broadcasting Company, also known as ABC, prides itself on being one of the most diverse networks, it's slew of comedy series seems to lean into the 'trying too hard' category rather than groundbreaking. Shonda Rhimes, a popular ABC series director, crafted TGIT (Thank God It's Thursday), a lineup of strong, natural shows. There is nothing forced about it, nothing about the diverse characters seems planted or unlikely, but feels genuine and is done with ease. The characters on shows such as Grey's Anatomy, How to Get Away With Murder, and Scandal are one of a kind and effortlessly portray characters that come from every walk of life.

The characters on ABC's comedy lineup are set out to do this, but sadly, fail. Instead, the network's newest fall shows have added to what

almost seems as a campy bit. They have Fresh Off the Boat, which is about an Asian-American family that tries to fit in while still holding onto their cultural roots. The show is wonderfully written and is performed well. The network also has Black-ish, a comedy that follows an African-American family, the Johnsons. It is hilarious and has received much critical praise for its quick and smart dialogue and performances. The show has even received multiple Emmy nominations for its most current seasons.

Then, there are the shows that tackle sexuality, disability, and body image stereotypes. Speechless, for example, deals with one family's struggle to find a school and town that suit their son and his disability. The Real O'Neal's focuses on an Irish, Catholic, average-Joe type of family, that has a gay son. Then, there is American Housewife, which centers on Kate, a relatable mother of three who raises her children in



The hit drama series, Grey's Anatomy, is one of ABC's successful products that properly shows diver-

Westport, Connecticut, and is trying her best to make sure they do not end up as money hungry, vapid, dietobsessed adults. The show touches heavily on Kate's weight, which is normal, but plagues her to a label of simply overweight.

Almost every one of ABC's comedies tailors the shows to these oddly specific themes. The content is strong and mostly strays away from the original concept of the show, and splits off into subplots that revolve around other issues – as most series do. Individually, these series are wonderfully crafted, but it is the fact that ABC stuck them all together that in a sense, devalues them. They are bringing light to some touchy taboo subjects and are talking about things that some series would never think of, but the way they offer it up focuses each episode on an over-

to viewers has made it a punch line all theme, but with these comedies rather than a praise.

This could have been avoided if the network did not market these shows as ground breaking and diverse. If they would have made the characters' traits normal, as most series do, they would have been more successful with them. Instead, they made the character's unique qualities the most predominant trait they have to offer viewers. Which, in a way makes the characters less relatable, which goes against everything they originally set out to do in the first place.

The drama series on ABC do not follow this trend, and I think they are better for that; they focus on the issues presented in the format of the series. If the show is procedural, it

the overlying theme is the trait that makes the character or characters different.

Overall, the shows *ABC* produce are typically well written and acted incredibly, but it just seems a little too much at once. All of the series focuses are on either race, sexuality, or appearance. They have to take a look at the drama lineup and take note from that, and ease in the diversity, not slam it in avid and intelligent viewers' faces. It seems as though the network is trying to make sure they can reach every single demographic, even if that means making a show about virtually every group of people. People of all colors, races, sizes, and sexualities co-exist at every workplace,

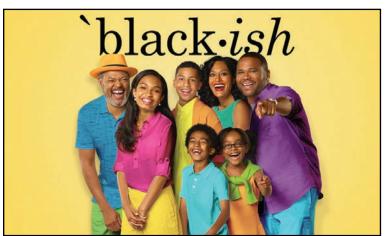


IMAGE TAKEN from NewsBusters.com

The network's new series Black-ish is a comedic success.

MU Students Perform Spring Awakening

KERRY BREEN COPY EDITOR

Monmouth University's Theatre Department completed a sold-out run of Duncan Shiek and Steven Sater's Spring Awakening. The show was the first sold-out departmental

Based on a 1891 play by Frank Wedekind, Spring Awakening is a rock musical with music by Duncan Sheik and a book and lyrics written by Steven Sater. It is set in late 19th century Germany, where it tells the story of teenagers growing up in a strict, highly sheltered community and eventually revolting, as well as beginning to explore their own sexualities, something that they were heavily discouraged from doing previously.

The lead characters include Wendla, a naive and innocent teenage girl who has limited knowledge about the facts of adulthood. Melchior, a headstrong and rebellious young man who is more knowledgeable than most of the other teens in the community, and Moritz, a nervous young man who struggles in school and feels intense pressure to understand and succeed in the

The show starred Nicholas Zaccario as Melchior Gabor, Dylan DiRobbio as Wendla Bergmann, and Evan Kudish as Moritz Stiefel. Other featured roles included Julie Martha, Amanda Siller as Thea, Kara D'Antoni as Anna, Antonio Gonzales as Hanschen, Chris Tut- Fuleihan, and Emily Mangivillano. tle as Ernst, Patrick Hall as Georg, and Kevin Ospina as Otto. Other best shows to have been performed featured cast members, in the roles at the University. The actors truly of the adult parents, were Erin Clemente as Frau Bergman, Samantha Truglio as Frau Gabor/Frau Bes-

Knuppeldick, Katryna Cordova as Fraulein Grossebustenhaltr, Ruairi O'Neill as Doctor Von Brausepulver, and David Grossi as Schmidt. Mark Cayne also played a variety of the characters and other adult male characters. The show was rounded out by its ensemble, including Emily Townsend, Monica Flores, Deya

sel, Courtney Davis as Fraulein caliber level. The show garnered numerous audience reactions at some of its more shocking moments; some of its more tragic moments brought people to tears. All in all, it is easily one of, if not the best, shows that has happened at Monmouth, and it proved that with its sold-out run, the first one in the department's history.

The show was directed by Sheri

society makes it clear that, while we rides the wave of emotion, one loses may address such issues more openly, we have yet to do so thoroughly," who said in her director's note in the show's program. "Thus, it is my hope that our production will help to remove the element of taboo and introduce more open discussion. I've likewise attempted to draw attention to the lack of communication and



IMAGE TAKEN from www.monmouth.edu

Murtha as Ilse, Aaliyah Jordan as Monmouth students performed Spring Awakening, the first sold-out departmental show at the Uni-

Spring Awakening is one of the convey the emotions of the characters, and the vocals are fantastic, performing the show at a BroadwayAnderson, a specialist professor in the University's theatre department.

"When Wedekind wrote Spring Awakening in 1891, it was a direct critique of the sexually oppressive environment... however, the prevalence of rape culture in our current

missed opportunities through the use of Brechtian-inspired staging."

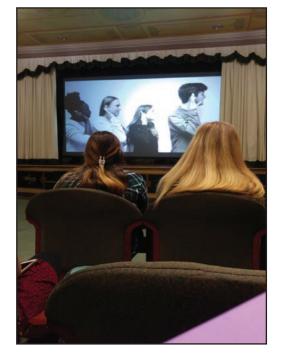
This sort of staging involves "alienating' the audience, by eliminating the catharsis that comes with emotional connectedness," according to Anderson's note. "When one the ability to objectively process the social message, so he [Brecht] constantly reminded the audience that they were in a false environment."

Anderson manages this, firstly, by never having the adult characters be in the same physical space as the children. While the children are on the stage below, the adults are on the higher back wall, looking out over it. Also, when the children and adults address each other such as Wendla talks to her mother, or Moritz to his father – both parties look out at the audience instead of facing each other. According to Anderson, this heightens the feelings of isolation and missed communications, and again makes the social message more easy to grasp

The artistic staff consisted of Jeff Brown as musical director, Catherine Mancuso as choreographer, Ferdinano DelGuercio as the scenic designer, Pat Ubaldi as costume designer, David Landau as lighting designer, Devan Marota as the sound technician, Anthony Lusardd and Beachside Productions as sound reinforcement, Molly Huber as production stage manager and dramaturg, Zaccario and Kayla Mingino as assistant directors, and Chloe Meyer and Gianna DeSantis as assistant stage managers. The stage crew was rounded out with Anna Bianchi, Grace Guippone, Maya Jones, Elmedina Karpuzi, Grace McCann, Taniyah Thomas, and Freddi Lake.

The band of the show included Jeff Brown as the conductor and on the keyboard, Emma Taylor on violin, Matthew Jordan on guitar, Tamira Williams on bass, Olivia Mingino on the keyboard, and Timothy Helm as percussion.





LEFT:

STUDENTS GATHERED DURING THE WORLD LANGUAGES AND CULTURES FESTIVAL. (PHOTO TAKEN BY ALLY AFANADOR)

RIGHT:

AUTHOR, VICTORIA MORAN, SIGNED BOOKS FOR STUDENTS AT THE VEGAN THANKSLIVING CELEBRATION. (PHOTO TAKEN BY AMANDA DRENNAN)





LEFT:

STUDENTS VINNY AND ALLY SHOWED SUPPORT FOR THE HAWKS WHEN THEY ATTENDED THE MEN'S BASKETBALL GAME.

(PHOTO TAKEN BY VINNY DEVITA)



MU STUDENTS ATTENDED THE TREE LIGHTING AT PIER VILLAGE ON NOVEMBER 27. (PHOTO TAKEN BY LAUREN NIESZ)





What is your favorite part about the holiday season?

COMPILED BY: AMANDA DRENNAN



Jaclyn
Senior
"Seeing all of my family."



Kevin
Junior
"Spending Christmas Eve at my neighbors'
house."



Krystyna
Junior
"Spending time with my loved ones."



Mike
Junior
"Two days before Christmas, my family
drives around and looks at Christmas
lights."



Aaron Furgason
Associate Professor and Communication
Department Chair
"When they're over."

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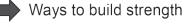
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Monmouth University's Panhellenic Council

KENDAL ADAMS STAFF WRITER

The Panhellenic Council (PHC) at Monmouth provides members of Panhellenic sororities a productive way to contribute to the Panhellenic community, as well as holds its own members ac-

PHC strives to develop and maintain the fraternal life and Inter-fraternity relations at a high level of accomplishment. It is made up of an executive board (eboard), six delegates (1 per sorority), and a seven-position cabinet.

The e-board consists of the President, Vice President of Programming, and Vice President of Recruitment. The President has an overall responsibility for the operation of the Panhellenic Council and presides at all regular

It is a presidential obligation to ensure that other members of the council are completing their obligations in a timely, efficient manner. This helps to ensure that any council events are ran smoothly and successful.

The Vice President of Programming (VPP) performs the duties of the President, in their temporary absence. They serve on the Greek Senate Cabinet and attend weekly meetings, as well as conduct the fall and spring PHC planning retreat. This position maintains and oversees the programming of the PHC Cabinet in all of its events.

Haley Connell, the current VPP, commented, "It is a lot of work to hold this position, but it is worth all of my time and efforts being able to see the success of the cruitment schedule and calendar events we plan to help make not for fall and spring recruitment. only our Greek community better,



The Panhellenic Council serves to unite women in greek life and teach them to lead and succeed.

better as well."

The Vice President of Recruitment (VPR) holds a similar position, however, is in charge of overseeing all things recruitmentrelated. The VPR helps create and supervise the Recruitment Team and all of the Recruitment Counselors, develops a comprehensive set of recruitment rules, and assists in the development of a re-

Although it seems as though but the Monmouth community the e-board positions are all PHC

has to offer, there are other roles on the council that are just as important, if not the most important. The delegates selected by each chapter are required to attend all of the weekly meetings and act as a representative for their chapter.

This means being the voice of their chapter in discussion and voting circumstances. Delegates are an important contribution to the council's growth and improvement for the following semester.

The PHC Cabinet consists of seven positions that cover each of the four pillars of greek life, that allow the council to achieve its goals in the community. The Cabinet is made up of: Director(s) Academic Achievement, Director(s) of Membership Development, Director(s) of Community Service, Director(s) of Philanthropy, Director(s) of Fellowship, Brand Manager(s), and an Administrative Assistant.

Each of these positions reports to the VPP and are required to create at least one event per semester, involving the participation of all

member chapters, regarding their specific position. For example, the Panhellenic Council philanthropy is Circle of Sisterhood (COfS). COfS helps to create and spread awareness for women's education around the world. In order to do so, the council plans numerous events throughout the year to achieve this goal.

Communications student Niki Kuczborski, one of the Directors of Philanthropy, stated, "This year we held a Circle of Sisterhood Week to help us raise mon-ey and awareness on campus. We held different tabling events to spread the awareness of how small the amount of women that receive a proper education is. My Co-Director, Dominque Connell, and I feel passionately about getting information into the hands of the community that could persuade them to do something about this injustice. Our hope is to inspire others to help this cause that effects so many people in the world."

The council helps promote growth and improvement in Greek life and on Monmouth's campus as a whole. Without possessing governing councils of each organization, the Greek life community would not flourish and thrive as they do now.

Michele Kaplan, Assistant Director of Student Activities for Fraternity and Sorority Life, added, "The council is a great outlet for the women of Panhellenic to utilize their skills to help create events for the sororities and the Monmouth community.It's important to have a strong network of women to lead the organizations on the campus and provide an opportunity for leadership within the community."

Blue Hawk Studio

ZACK KARVELAS STAFF WRITER

West Long Branch, NJ - Most students at Monmouth know about Blue Hawk Records, the University's music label, but often people mistake the Blue Hawk Studio recording club with the label.

The recording club, founded and run by Huascar Holguin, a senior music industry student debuted last Spring. Since the start, the club has more than doubled in size and already has a new recording studio in the making.

Blue Hawk Studio aims to run an active practice recording studio on campus to teach students the basics of audio recording. They use top of the line equipment and software and have students for their portfolios, graduate school applications, or personal use. Holguin wanted to share his passion for music and give others the tools to create their own.

He said, "Monmouth University only offered a few classes that way to merge the two in a new focused on music recording and a top of the line studio that went mostly unused." The club welcomes anyone who is interested whether music is part of their major or not.

Currently Blue Hawk Studio is working on recording an audiobook for a fellow professor and Dean of the Humanitarian school at Monmouth, Dr. Kenneth Womack is a published author and hesought out help from the club to turn one of his published books called The Restaurant at the End of the World into an audiobook. "Our students have a long and fertile history of being entrepre-

nologies alike," he said. Womack has never recorded an audiobook before and will be learning right alongside the students.

The recording club has been progressing quickly with the audiobook project and just finished wrapping up the auditions for the voice actors.

The actors consist of members from the Monmouth University community, students and professors, and they will be credited for their work on the audiobook. They will begin to start the recording process with the Blue Hawk Studio club members in coming weeks.

The club members involved with the recording process will also be credited as producers for the audiobook. If this interests been helping record Monmouth any other people, there are still ways to get involved.

You can send an email to the audiobook team at audiobookteam@live365.monmouth.edu to receive more information and see how you can get involved.

"This seems like a fantastic project that could very result in publishing credentials for students associated with the Blue Hawk Studio," Womack said. This is the first big project for the club and they are excited to be able to help and gain experience from doing so.

The club meets every first and third Wednesday of the month between 2:50-3:15 in Woods Theater room WT4. The meetings are open to anyone that would like to attend but aimed mostly at club members. The primary objective of these meetings is for general knowledge and updates for current members and

neurial with new and old tech- anyone new that may be looking to join the crew. From the meetings, you can sign up for time in the booth to record.

> They discuss current issues at hand such as how they are going to recruit more people and opportunities for the club.

> One of the biggest projects on the club's plate is the relocation of their current recording studio. The Dean of the Music Department, Joe Rapolla, told Holguin to see what concepts the members would think is best if they got a green light for renovation. "We already have a project studio in the building. Our plan is just to improve the space already allocated and the recording equipment," Rapolla said.

> Faculty advisor of the club, George Wurzbach, thinks the future is bright for the club. "Hopefully soon we'll be in sync with Blue Hawk Records, we plan for Blue Hawk Studio to be the 'scratchpad' for artists and composers to work through preproduction on the road to full scale production in Lakehouse Studio," Wurzbach said. Lakehouse studio is a professional recording studio in Asbury Park.



PHOTO COURTESY of B:ue Hawk Studio

Blue Hawk Studio gives students a chance to record in an audiobook

Club and Greek Announcements

The Guardians Club

The Guardians Club is honored to present Monmouth County Prosecutor's Office Detective Hunter Brockriede as its guest speaker on Wednesday, Nov. 30, 2016, from 2:45 - 4:00 p.m. in Rechnitz Hall 107. The Guardians Club and this meeting are open to all students regardless of major/minor.

BoomRoasted Productions

BoomRoasted is holding their annual Theatrefest Nov. 29 through Dec. 2. The four nights of theatre will feature a 'Ham to Ham' cabaret with music from Hammerstein to Hamilton. The event will also feature a senior night, alumni night, and a night where members will be presenting and performing their original work. The event is located at the Lauren K. Woods theatre, at 8 p.m. The event is entirely free and members encourage you to come out and be entertained.

Alpha Omicron Pi

The sisters of Alpha Omicron Pi are cosponsoring a series of events with Delta Tau Delta. They will be tabling Dec. 1 and collecting items to donate to troops over seas on Dec. 2. They will also be selling hot chocolate for a dollar and proceeds will be donated to Sisters for Soldiers. Dec. 6 they will be having service men talk about their experience and do push up drills. Come out and support your troops.

Intramural Basketball

It is your last chance to sign up for Monmouth University's intramural basketball league. Games are played from 7 to 11 p.m. Monday through Friday. There will be both mens, and womens double elimination tournaments. Winning teams will play at the University of Maryland. For more information contact Intramural Sports Coordinator, Daniel O'Connor at (732)

More than a Fashion Fix: The Truth Behind the Safety Pin

KENDAL ADAMS CONTRIBUTING WRITER

A loose button, a top that is too big for your body, a broken dress zipper-- all of these fashion emergencies can be fixed by a safety pin. However, since the recent Presidential election, safety pins have taken on a whole new meaning. Rather than being used as a fashion fix, they are being utilized as a political statement. They have become an actual pin of safety, symbolizing that those who wear the pin are allies to people of color, immigrants, the LGBTQ community, religious minorities, and anyone else who has experienced discrimination.

The outcome of this election has pinpointed President-Elect Donald Trump and his anti-Muslim and anti-immigrant rhetoric to be the cause of tthe safety pin trend, but could it just be that there is simply more light being shed on them? This safety pin movement is giving people a way to combat the fears and behaviors being instilled by those who are acting out.

The safety pin concept originated in the United Kingdom, following Britain's decision to something." leave the Eurpean Union. After the vote, there was an increase in hate crimes against immigrants and minorities. According to *Town Hall*, the Southern Poverty Law Center reported over 200 incidents of "hateful harassment and intimidation" since Election back to the days of the ALS Ice Day; most incidents were labeled Bucket Challenge, when people

Anti-Black and anti-immigrant.

A junior communication student. Valentina Sanchez, said. "As a Latina woman, I feel like it is important to show my support and wear the pin as a symbol of unity and to create awareness amongst others. In my opinion,

themselves to raise awareness of amyotrophic lateral sclerosis. the start of a change. The term "slacktivism" is used for social media activist movements that seem to focus a lot more on the performance and cational Counseling and Leaderattention, rather than the cause. if you wear the pin and see an act Despite that stigma, the ice buck-

dumped buckets of ice water on it is unfair to say that this symbol is "not enough". The pin is

Dr. José Miguel Maldonado, Department Chairperson and Associate Professor in the Eduship Department, shared, "We wanted to let it be known that



IMAGE TAKEN from Daily Wire

Students express solidarity with Muslim and black students as well as immigrants by wearing a safety

of discrimination, you should do

Many have challenged the safety pin movement by questioning the amount of good it can do. After all, other than displaying support, wearing a safety pin can only do so much. However, this is just the beginning. Flashet challenge was also focused on the reaction. It raised a lot of money and awareness, which in turn allowed scientists to discover a new gene that they believe contributes to the disease.

Whether the safety pin movement is good or bad, it is giving those feeling fear and helplessness a sense of hope. The pin involved, even if it was as simple surely cannot fix everything, but as wearing a safety pin on their

we stand in solidarity with, and allies of, anyone and everyone who feels unsafe, unheard, and/ or oppressed in today's society. Being in the counseling field, we advocate for social justice in any way that we can, and this was the perfect opportunity to get the rest of Monmouth's campus

clothing."

Monmouth University students have begun showing their support for the cause. Pins were being handed out in the Student Center, as well as by individuals who felt strongly about the movement.

Samantha Bartek, a graduate student in the Educational Counseling Program, commented. "I decided to implement this on campus because I felt as though in today's society there are just far too many people and marginalized groups that don't have the support they deserve and so desperately need. While this is just a very small movement that was brought to campus, it stands for something so much bigger. I wanted to show that I am an ally for anyone and everyone in this country, and all over the world, that may feel scared or unheard, and I thought it would be a good way to start to get Monmouth university as a whole more involved in doing the same."

Although the symbol for this movement is seen as a flimsy pin, it holds more weight to it than that. Displaying a pin on your chest is more than just an easy fix for fashion emergencies. Racism, homophobia, immigration opposition, prejudice. It is a token of alliance with all of those who bare burden to being exposed to these things. Again, it may not be the final solution, but it is certainly a boost in a new direction aimed above all of the

Locking Down the Dream Job- Or at Least a Job

ZACK KARVELAS CONTRIBUTING WRITER

There are so many questions that pop up in people's minds when they are on the verge of making a life-changing decision. While choosing the college that fits your wants and needs is a stressful, timely task, searching for a career is even down at universities across the more difficult.

Most kids grow up with the financial dependence of their parents or guardians. As we grow older, we realize how thankful we were for their support because, little did we know, the real world costs a whole lot of money. Whether you have drinking habits, food necessities or relationship responsibilities, it all has a price. Once the flow of income from cable jobs that'll set you up for our loved ones stops coming, your future?

we need to get out there and fend for ourselves. A simple job just to put money in our pocket is a good first step, but when other factors like rent, utilities, and groceries come into play, a simple minimum wage job won't cut it. Life is expensive and money doesn't come free.

As the semester is winding country, students are beginning the hunt for jobs, if they haven't started already. Despite student's need for money, jobs and internships that give experience in their field of interest become more relevant and valuable for the future. So how are you supposed to know when to take an odd-job just to put money in your pocket, or to look for serious, more appli-

choosing the right offer. "It's nice to know I have an option for a career right after college. There's a lot of anxiety that comes with graduating, and knowing I have a job (If I want it) relieves a lot of that stress," said Huascar Holguin, a senior music industry student. "However, there's a sense of settling. There might be other great opportunities out there for me that I'll never find, because I was eager to jump into the first of-

Any opportunity you receive to further your passion, you should take. An internship in your field of study can end up being a better and more beneficial opportunity in the long-run than a serving or babysitting job. As much as the money is great to have and makes life

Some students worry about easier as a college student, nally taking the big leap and the search for jobs in the "real world" is very competitive. You make or break can be the experience in the industry—or the need to get out in front.

Assistant Dean for Career Services, William Hill, said "If a part-time job at a local retailer, or a job as a waiter/waitress might fit the bill. If you are more flexible, then an internyou need to position yourself to be a more competitive candidate when graduation time rolls around."

Where does one even start the search for a job? Monmouth tunity is coming." provides a lot of resources for reer Link, which is Career Seraverage.

Link, students struggle to figure out what they should do. Even if you don't know what you want to do, it's good to know what you don't want to do. In an article written by the Huffington techniques to help start the process and provide a good idea of where to start looking for a job opportunity.

One of the most imporutilizing your network, and fi- the finding the right job.

committing.

Whether you get hired or have to stand out from the other not, getting extra experience candidates, and sometimes the in interviewing and applying for jobs gives you the edge you

Jess Smith, a recent graduate from Monmouth University, began teaching full-time as an you really just need cash, then ESL (English as a second language) teacher right out of college. She offered some advice for students, saying, "Push yourself as hard as you can to ship, or some other job related find a job, but remember in to your major, might be what the back of your head that everything happens for a reason. Don't be afraid of failure because if you get denied from a job that may just be a sign another maybe even better oppor-

So, if you're unsure what next students on campus. Hill urged step to take, use the resources students to use the Hawks Ca- you have around you. Career Services, professors, vices on-line job board, which and friends are all great access posts over 100 jobs a month, on points to further connect and network. In the earlier stages Even with our well-connected of college, a smaller part-time and professional teaching staff job might be a good way to keep and services like Hawks Career busy and put some money in your pocket.

Eventually you'll want to start beefing up your resume, connecting with those contacts, and applying for some related jobs or internships to your ma-Post, they explain four different jor. Now is our time to find out who we are and what our passions are and then apply them to an internship or post-grad career. It's not always easy making big choices like these, but tant factors is knowing your by making use of the school's strengths. If you don't know resources, such as www.monwhat you're good at or inter- mouth.edu/Hawks-Careerested in, it's that much harder Link, and remembering that to narrow your search down by there's something out there for industry, location, or size. The everyone, we can all succeed next couple of pointers discuss in the workforce. Just use your getting involved, building and resources, and don't give up on



IMAGE TAKEN from The Odysesy.

Career Services provides workshops and hands-on advice to help with the job search.

Surviving the Quarter Life Crisis

CLARE MAURER FEATURES EDITOR

When you've spent 12 years of your life in school, the thought of a life without the structure and routine of education can be a little scary. Since pre-school, school has defined our everyday patterns. As May gets closer and closer, many students are be concerned about for gradubeginning to experience something terrifying: the quarter life crisis.

A quarter life crisis can be explained as a period of time during your twenties to thirties when you begin to feel doubtful about your life, brought on by the stress of looming adulthood. George Kapalka, Ph.D., a professor of psychological counseling, has witnessed this anxiety among many students at Monmouth University. He explained, "Most students go to college right after high school, so by the time they graduate from college they have been in school for 17 years straight. When you're 22, that's about 2/3rds of your life."

Kapalka continued, "So, after college will be the first time when a good degree of structure provided for you - by having classes and spending time studying and completing assignments - so when you now have to create your own structure – by getting a job, a place of your own, etc. - this is anxiety provoking because you never really had to do that."

Students have to face the reality of the job market. We've been in our comfortable Monmouth bubble, but the thought of competing with students from all over the country (not just North

a lot of us sweat over. "It's ting worse." stressful at times to think about what I want to do for the rest of my life, after I get my Master's," said Stephanie Merlis, a senior business marketing student. "The idea of sending in hundreds of job applications and not getting a response is terrifying."

Finances are another aspect to ating students. Many students are supported by their parents, whether it be your mom chipping in for a mealplan, or your dad covering your house's utility bills. Kapalka said, "For many students this will be the first time they will live on their own and have to attend to all matters pertaining to renting a place, paying bills, etc. While they may have some of that in college, it is greatly increased when one rents his/her own place and has to attend to all aspects of that. This can seem overwhelming at first."

Another scary aspect of the future is what we are constantly being told about the outside world. Will we get hired? Will we live with our parents forever? What is actually going on with the economy? Kapalka explained, "While the economy has improved over the past several years by most objective standards, that's not the message that is portrayed most often in the media – especially Internet sources - and so this further drives the anxiety. As many people feel the country is headed in the wrong direction, and thus those graduating from college and entering the workforce at this time have anxiety

Danielle Romanowski, a senior communication student, has experienced this panic before, stating, "At this point in my life I have had multiple quarter life crises about all aspects of life. Having a quarter life crisis is not being able to enjoy life in the present moment because you're so concerned about what the next step is and potentially ruining your life; you feel as if you're not in control of your life."

Romanowski explained, "For me, there's always been a clear path in life, but after college it's like, what's next? That question is hard to answer sometimes. You don't know what your life is supposed to look like in your twenties."

For some students, social media fuels the fear. You refresh your Instagram page to see your graduated friends succeeding in their fields, or posting a Facebook status announcing their next endeavor, and you start to doubt if you will find success. "I feel it's not fair to have these high expectations of 20 year olds when that's never been a past thing," argued Samantha Marella, a senior business student. "Now everyone's expected to go to college and expected to get a job, when we should never be expected to take on such big careers at such a young age. I think social media plays a larger role in the quarter life evident in the current election, crisis because we're the first generation to be able to compare our successes and failures with everyone we've ever met in our lives."

While your peers and friends about how they will survive in may not admit to their anxietand South Jersey) is something a country where things are geties, it's probable that every stu-



PHOTO TAKEN from GSUWellness.com

Many students experience stress or confusion when figuring out what life after college looks like.

dent has experienced fear of the gain experience with the interfuture.

Kapalka concrete plans and know what fore you graduate. Get sup-

view process. Talk to your paradvised, "Have ents or older siblings about what one needs to know to maintain you'll do after your graduate, own apartment. Set up lists of so that transition will be more bills and schedules of payments natural. Start seeking jobs be- for personal bills so that you stay on top of them. The more port from student employment concrete steps you take to help programs, and get help with you set your direction after you structuring your resume and graduate, the more confident learning good interview skills. you'll be about being OK after Apply to a lot of jobs so you can college."

Continuing Education as an Educator

ALEXANDRIA AFANADOR

Being a student here at Monmouth, I've noticed the handful of faculty members (a general term for those who work for Monmouth in some way, shape, or form) in our classrooms right alongside the everyday students. I got the opportunity to speak to not only some of the the experience in a number of their classrooms as well.

lot to share about her experiences and thoughts on faculty members of any type being a fellow Hawk. learned from being a student is that we are constantly learning from you, the students, too. The Monmouth classroom has never been a one-way street from my seat. Every class is an expedition where professors are instructing and students are adding significantly to the destination," she explained.

from the professors, but from the more life experience.

students as well. I have found that our students bring an abundance of many things to the classroom, all of which are essential to effective learning processes."

It's true, the Monmouth education field has never been one to discriminate or fail in the teachings of all of life's treasures, but, we all know that being a student can be difficult at times. The pressure of exams, papers, quizfaculty member/student duos but zes and more could make anyone some of my peers who have had buckle underneath the weight, Checton reveals that to help in being the best student and mem-Margaret Checton is the As- ber of the Monmouth community sistant to the University Librar- she could be, she will "take a some days as well. Checton is each semester to study for exams performing their jobs on campus. currently enrolled in a Language or complete a project-" this being and Linguistics class, and had a the only stipulation to doubling as a 'faculty member' and a student.

While it is completely different "The most important thing I from the Hannah Montana kind of lifestyle to the peers who participate in class alongside them, students still seem to have the same positive outlook that these 'students' have. Emily Rohlfs, a junior English and secondary education student, had plenty to say about her experiences with 'faculty members' in the classroom. "I think that they bring a very Checton continued, "In other fresh perspective to the classwords, I am not only learning room because they seem to have



ian and doubles as a student on certain amount of vacation days Monmouth faculty and staff members can continue their education in the classroom, while still

For example, Marco Cabrera, a general maintenance mechanic for facilities management, shared one class that he and his wife had just welcomed in a new baby daughter to their family. It gives students a way to see how it is acceptable, as well as possible, to have a family and get an education at the same time.

Everyone loved having him in our class because he brought a lot of positive energy into it. I also appreciate having someone's perspective that is mature and different from the typical 'college student.' There did not appear to be any communication barrier between the faculty member and the younger students. If anything, they were more attentive in the class to what they had to say.'

"Monmouth University has given me the opportunity to go back to school while I work. This brings some challenges because I have to perform well in both areas," admitted Cabrera. "I feel like I get the best of both worlds. I get to interact with students and employees in so many different levels. I always have to use my time wisely to be able to take advantage of the opportunities and to be able to be responsible with my priorities."

This fresh perspective has been infectious in all of the classes these members of the Monmouth community share. Rohlfs said, "The benefits of furthering your education are numerous. For one, it allows you the opportunity to stay current with what is happening in your field. Things end up changing all the time, especially when it comes to education.

Cabrera added, "[Monmouth] has helped me to be a better person in general. When I moved to the United States when I was 16 years old, I never thought I'd be where I'm today. A lot of that I owe to this beautiful college."

Cabrera concluded Monmouth has helped him reach his dreams. "Throughout the years I've work for MU, I've come across some students that are ready to quit. I've tried to motivate them to keep on going and to not give up. It can be done. If I can do it, you can do it too. Let's finish what we've started."

By having faculty members in our classrooms, we are continuously furthering our education in all aspects. Make sure to be on the lookout for a faculty member in your classes, and take notes, You never know what kinds of words of wisdom they might share.

When I moved to the United States when I was 16 years old, I never thought I'd be where I am today. A lot of that I owe to this beautiful college."

MARCO CABRERA

Men's Basketball Improves to 4-2

JOHN SORCE SPORTS EDITOR

The men's basketball team picked up three victories over Thanksgiving break. They defeated Cornell 76-61 on Nov. 22 and followed that up with wins over South Carolina State and a late comeback over Holy Cross in the Brooklyn Hoops Holiday Invitational over the weekend.

'We're never going to quit," Head Coach King Rice said after the Holy Cross game. "For as long as I've been the head coach at Monmouth, we have never quit and our kids did not quit today."

The Hawks were trailing Holy Cross 77-72 with 13.4 seconds left when sophomore forward Pierre Sarr laid one in, plus one, cutting the deficit to three. They then forced a five second violation on the inbound and regained possession, when redshirt sophomore guard Micah Seaborn drew a foul after scoring and converted the three-point play, giving Monmouth a 78-77 advantage with 7.5 seconds remaining. Junior guard Austin Tilghman forced a turnover and converted both free throws, giving the Hawks an 80-77 win.

"That's just Coach Rice having confidence in me to come in and be a defensive presence,' Tilghman said about the final play. "I just knew if I could get a hand on the ball that we would be good."

The Hawks overpowered South Carolina State the previous day, coming away with an many as 28 points. Seaborn became just the second Hawk in afternoon with 25 points. program history to make eight



PHOTO COURTESY of Monmouth University Athletics

Senior center Chris Brady scored a career-high 21 points making nine of his 12 shots in Momnouth's 80-77 victory over Holy Cross on Sunday.

three-pointers in a game, join- Sam (Ferry) and then com- today I kept making shots." ing Dave Calloway who made ing back and shooting at night 2, 1990. Seaborn finished the Rice helped me a lot by telling

Twelve different Hawks 86-62 win and leading by as nine against Pepperdine on Jan. again," Seaborn said. "Coach scored in the contest and their 86 points were the most they

tion Tournament (NIT) last season against Bucknell. It was the most they have scored on the road since last Feb. 9 at Marist, where they scored 87.

In their final home game before Thanksgiving break, the blue and white bested the Cornell Big Red, 76-61 on Nov. 22. Their victory was sparked by a 25-2 run in the first half, beginning with a layup by Tilghman at 14:12 and ended with a threepointer by senior guard Collin Stewart, which gave the Hawks a 29-9 lead at that point.

"I'm so proud of my kids," Rice said. "We had a tough week last week and that they came out today and played as hard as they did shows how well we really play together. We did not play our best game, but we played hard, we played together and we shared the ball well."

Senior point guard Justin Robinson led all scorers with 19 points and Sarr recorded a career-high 11 rebounds. Thirteen Hawks saw playing time and 11 scored and grabbed a rebound and everybody who saw the floor played more than five minutes.

Monmouth fell to South Carolina in overtime, 70-69, on a P.J. Dozier buzzer-beater on Nov. 15 and to No. 18 Syracuse 71-50 at the Carrier Dome on Nov. 18.

The Hawks improved to 4-2 on the season and will return to action on Thursday, Dec. 1 at 7 p.m. when they travel to Hamden, Connecticut to take on Quinnipiac in their first Metro Atlantic Athletic Conference (MAAC) game of the season. They return to OceanFirst Bank fternoon with 25 points. me how much work I put in. He have scored in a game since hit-"I was working with Coach" wants me to keep shooting and ting 90 in the National Invita-2 p.m. tip-off against Canisius.

Football's Basile Leads On and Off Gridiron

JOHN SORCE

Since stepping onto the football field at Monmouth for the first time, it was clear that junior safety Mike Basile was different.

was able to make the transition to college football," Monmouth Head named First Team All-Big South Coach Kevin Callahan said. "With some players it takes more time. But it was very obvious right away that he has a very high football IQ, a great sense of awareness on the field and his ability to put himself in position to make plays is really uncanny. The combination of all those things made it very clear that he was going to be able to impact the game right away."

The Brick Memorial product was named the Big South Rookie of the Year in 2014 after starting all 11 games and finishing second on the Hawks with 78 tackles. He followed that up with one of the best seasons in program history as a sophomore, when he set a single season record with 119 tackles and was named First Team All-Big South.

Basile led the Hawks once again in his junior year by recording 110 tackles, which was second in the Big South. He has started all 33 games in his collegiate career.

Coming from a local high school, Callahan wanted to make sure that Basile stayed close to home.

"He was a local player from the Shore Conference whom we had our eye on since his junior year," Callahan said. "Our philosophy for recruiting has always been working from the inside out which means recruit locally first and then expand into other areas. He was certainly a very talented athlete and somebody that I thought would do very well here at Monmouth."

That reflected strongly on Basile, who credited the attitudes of players and coaches with the program that ultimately led him to choosing Monmouth.

The coaches showed me a lot of "It was amazing how quickly he support out there, a lot more than other coaches," said Basile, who was for the second consecutive season. "Other coaches would just talk and say the stuff that I wanted to hear but the coaches here were true in what they were saying to me. I really liked that and the players here are a lot of

local Shore Conference guys, so it we are not at all surprised (by) his good program." was an easy choice for me."

Basile was a two-way player at Brick Memorial under Head Coach Walt Currie, playing both safety and running back. Ed Sarluca coached Basile in football and basketball at Brick Memorial and is currently the school's Athletics Director, and he spoke about the legacy that Basile has left behind at the school.

"Mike's success at the collegiate level makes us all extremely proud at Brick Memorial. His hard work and commitment to success was second to none while he was a Mustang and

successes now," Sarluca said. "As an athlete, a leader, and a person, Mike has always been someone to model behavior after, and he certainly remains as much of a positive influence in our program today as when he was here. We look forward to watching him continue to excel in all platforms of life and remain extremely honored and humbled to be a part of his experiences."

"Brick Memorial really gets you ready for the college level in terms of weight-lifting and all the little things in football," Basile said. "They run a

Basile credits a lot of his success to former Monmouth cornerback Joe Johnson, who graduated in May 2016.

"He was with me at every meeting and he was like my big brother out there," Basile said. "Having him on and off the field made everything easier because I was able to look up to him and see what he did that made him successful. I was able to follow in his footsteps and I want to thank Joe for that."

"I really want to thank everybody on the team, especially my roommates Ryan Wetzel, Zach Talley, Alex Thompson, Russell Clayton, and Jake Powell for helping me be who I am on and off the field, Basile added."

Basile came into Monmouth as a business major but is now a criminal justice major, and he stressed the importance of academics.

"Monmouth is a great school education-wise and coming here is awesome," Basile said. "I got a great education at Brick Memorial but obviously, college is a lot different. I'm not just a football player, I'm a student-athlete and student comes before athlete so I always worry about my school work and then football."

Should an opportunity to play professionally come up, Basile would not back down from the challenge and his coach believes he has his future in football is a bright one.

"That's obviously every kid's dream who plays football. I'll work as hard as I can for this team and hopefully that will bring me to where I want to be," Basile said.

"He has a great opportunity in front of him in his football career and he has a very bright future," Callahan said.



PHOTO COURTESY of Monmouth Univ

Junior safety Mike Basile led the Monmouth defense in tackles and was named First Team All-Big South each of the last two seasons.

Women's Basketball Defeats Lehigh

MATT DELUCA STAFF WRITER

The Monmouth University women's basketball team defeated Lehigh 73-62 Sunday afternoon in the third place game of the 2016 Christmas City Classic in Bethlehem, PA.

Shaw scored a team-high 17 points in the game, hitting five three-point shots. Two other Monmouth players reached double figures in the game, with junior guard Kayla Quintana to double-digits in the fourth Tyese Purvis scoring 11.

"I thought we definitely picked things up in the second half," Shaw said after the game. "We swung the ball and crashed why we won the game."

Both teams came out of the game hot, as it was a tightly-contested first quarter, as Monmouth led 17-15 after ten Palmateer said after the game. minutes, thanks in part to six points from Purvis. The Hawks for that one." opened their lead to as high as eight in the second quarter, 45-13 in points off of the bench, with the score 31-23 with 3:39 a stat that ultimately proved remaining in the half. Lehigh to be the difference maker. later responded with a 7-0 run Monmouth also had nine playto make the score 33-32 in favor ers score in the game, including of Monmouth at halftime.

Purvis and Shaw each had a team-high of nine points at half- come to rely on," Palmateer time, as the Hawks shot 33.3 added. "Scoring off the bench percent from field goal range makes us who we are, and I'm and 29.2 percent from threepoint range. The Hawks did not one played." attempt a free throw in the half, while Lehigh made 11 on 14 at- tana's 16 were season highs for Hawks' 73-62 win over Lehigh on Sunday.

In the opening minutes of the second half, the Hawks had a quick surge off of a Quintana three-point shot and a layup form freshman guard Alaina Jarnot, which forced Lehigh to call a timeout. The Hawks extended on their lead off of five Freshman guard Kayla straight points from Quintana to make the score 55-44. The Mountain Hawks cut into the deficit, making the score 61-57 at the end of three.

Monmouth opened their lead scoring 16 and senior guard quarter and never looked back, making the final score 73-62. The Hawks shot 41.4 percent from field goal range and 31.6 percent from three-point range for the game. Monmouth also the boards, and overall it was a scored 32 points in the paint, huge turnaround and the reason while making 12 three-point shots in the process.

"I was really happy we were able to pull that one out," Monmouth Head Coach Jenny "Our girls worked really hard

Monmouth outscored Lehigh four off of the bench.

"That's been something we've really proud of the way every-

the Monmouth newcomers, who performance. both came off of the bench Sun-

"They were both unbelievable today," Palmateer said. "I was really happy. We've seen Shaw shoot the three and she showed that in some of our previous games. I thought today was Quintana's breakout game, she really showed what she's capable of doing. Both had really strong games and they both proved to be a big lift for us to-

Senior center Mitchell finished the game with eight points and 10 rebounds, as she compiled 22 boards during the two-day tournament. As All-Tournament Team for her air on WMCX 88.9 FM.

The victory for the Hawks snapped a three-game losing streak that dated back to their second game of the season at St Francis. The losses on this streak included St Francis (87-78), Clemson (60-47), and the most recent being a 75-72 loss to Hartford in the semifinals of the Christmas City Classic. With the win, the Hawks improved their record to 2-3 on the year, while Lehigh dropped to 4-3.

Monmouth travels up to Buf-Christina falo, NY next weekend, where they will take on Niagara on Friday and Canisius on Sunday in two early MAAC games. Friday's game for Niagara is slated a result, she was named to the for a 7:00 tip. Both games will



PHOTO COURTESY of Monmouth University Athletics

Both Shaw's 17 and Quin- Freshman guard Kayla Shaw scored five three-pointers in the

Exciting Start to New Ice Hockey Season

JOHN SORCE SPORTS EDITOR

The University's club ice hockey team is currently 5-8-1-1 in the season with one overtime loss and one overtime tie. The team competes in the Colonial States College Hockey Conference along with The College of New Jersey, The University of Pennsylvania, New Jersey Institute of Technology, Millersville, Princeton, Seton Hall, and West Chester.

"The season has been going pretty well so far. We have started out the season with a lot of road games and have played many of the top teams in our conference and region," senior center and team captain Kyle Blazier said. "We're a young team and it definitely takes some time to adjust to the speed of the game at this level, and thus far our young guys have been doing a good job of elevating their play under the upperclassmen leadership of alternate captain Anthony DeFede, alternate captain Talon Ribsam, senior Nick Tarquini and myself."

The team plays at Jersey ed in Wall. The rink is about 15 minutes from campus and one to two weeks of practice nate captain Anthony DeFede, their home games are typically played on Friday nights at 8:45.

The tryout process for the team is always open and the team is always looking for interested players.

"The team typically has four skates over the summer starting in August to get everyone on the ice and playing together as much as possible," Blazier the middle of February. said. "As soon as we get back to school in September, tryouts begin. Over the course of are senior right wing and alter-ty. The puck will drop at 8:45



PHOTO COURTESY of Anthony Trilli

 $Shore \quad Arena \quad \text{which} \quad is \quad locat \text{-} \quad \textbf{The University's club ice hockey team poses} \text{ for a team photo.}$

and a practice scrimmage, the coaching staff picks a roster of about 27 skaters. Additionally, we have three solid goaltenders this year, which is very fortunate for us."

The season for the team begins in the middle of September and goes through early February with playoffs beginning in Noah Goldberg.

the team in addition to Blazier against Millersville Universi-

senior defender and alternate captain Talon Ribsam, senior defender Nick Tarquini, juniors right wing Allen Zak and defender Wil Parsons, sophomore left wings Mike Frade and Chris Zariello, and freshmen centers Mike Termine and Vincent Tomasetti and goaltender

The Hawks will take the Some of the key players on ice again on Saturday, Dec. 3

p.m. at Wall Sports Arena. That game will be followed with a trip to Scranton University the following day. Their next three games after that will all be at home: Friday, Dec. 9 at 9 p.m. against The College of New Jersey, Sunday, Dec. 11 at 8:45 p.m. against Princeton and Friday, Dec. 20 at 9 p.m. against Saint Joseph's.

For more information, fans can check out the team's website or follow them on Twitter @MonmouthHockey.

SIDE INNES

Football: The University's football team dropped their final game of the season to the Gardner Webb Runnin' Bulldogs, 34-33 in overtime. Redshirt freshman quarterback Kenji Bahar had his bast game to date, completing 27 of 38 passes for 241 yards and a touchdown. Senior running back Lavon Chaney ended his Monmouth career with a two touchdown performance, gaining 150 yards on 21 carries. Redshirt sophomore wide reciever Reggie White Jr. hauled in 10 passes for 149 yards and a touchdown. "I'm very happy, very proud with the way the players battled today," Head Coach Kevin Callahan said. "At times I thought they played extremely hard. They put us in a position to win, but unfortunately we weren't able to come away with the victory. The outcome can't take away from the tremendous effort the team gave today." The team finished the season with a 4-7 record and placed five players on 2016 All-Big South Conference teams. Junior safety Mike Basile, junior offensive lineman Alex Thompson, and White were named to the first team while senior wide reciever Darren Ambush and senor defensive end Darnell Leslie garnered second team

UPCOMING GAMES

Thursday, December 1 Men's & Women's Indoor Track Indoor Season Opener West Long Branch, NJ 3:30 pm

MBB at Quinnipiac* TD Bank Sports Center Hamden, CT 7:00 pm

Friday, December 2 Men's and Women's Swimming ECAC Championship New York, NY 8:00 am

WBB at Niagara* Taps Gallagher Center Niagara University, NY 7:00 pm

Saturday, December 4 WBB at Canisius* Koessler Athletic Center Buffalo, NY 2:00 pm

MBB vs Canisius* OceanFirst Bank Center West Long Branch, NJ 2:00 pm

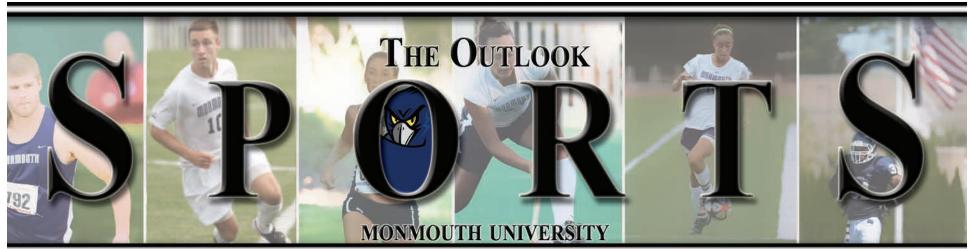
Tuesday, December 6 MBB at Wagner Spiro Sports Center Staten Island, NY 7:00 pm

Thursday, December 8 WBB at Sacred heart Pitt Center Fairfield, CT 6:00 pm

Saturday, December 10 WBB vs Fairleigh Dickinson OceanFirst Bank Center West Long Branch, NJ 3:00 pm

MBB vs Army West Point OceanFirst Bank Center West Long Branch, NJ 7:00 pm

*conference games





Redshirt sophomore guard Micah Seaborn sparked an eight point comeback with under 10 seconds to play in Monmouth's 80-77 win over Holy Cross on Sunday.