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October 4, 2017

"The Boss" Comes to Pollak: Bruce Springsteen Rehearses Broadway Engagement on Campus

KERRY BREEN SENIOR/NEWS EDITOR

Bruce Springsteen performed rehearsals of his upcoming Broadway engagement, titled "Springsteen on Broadway," for an invited audience at Pollak Theatre on Tuesday, Sept. 19 and Friday, Sept. 22.

The rehearsals were presented to about 200 family members and close friends, according to the Asbury Park Press; the theatre was closed down and the show was invitationonly for both shows.

The Broadway engagement is scheduled for a limited run from October to February at Broadway's Walter Kerr Theatre, and is said to be a twohour solo performance. The production will feature his music and spoken interludes, according to Springsteen's website, and is based on his memoir "Born to Run." The show will not have a band, but Springsteen has said that he will play the guitar and piano himself.

According to a leaked set list from the University concert, posted by NJ.com, the Sept. 19 performance featured 11 songs, including some of his most iconic songs, such as



(LEFT) PHOTO COURTESY of Danny Clinch / (RIGHT) IMAGE TAKEN from Getty Images IMAGE COMPILED by Courtney Buell

Bruce Springsteen rehearses his new Broadway production "Springsteen on Broadway" at Monmouth University

"Born to Run," as well as songs such as "My Father's House" and "The Wish."

According to the leak, he also told stories about growing up in Freehold, tales about travelling cross-country, and other personal stories.

"Some of the show is spoken, some of it is sung," said Spring- a workshop, according to the As-

steen in a statement when the Broadway engagement was first announced. "It loosely follows the arc of my life and my work. All of it together is in pursuit of my constant goal to provide an entertaining evening and to communicate something of value."

The performance was billed as

bury Park Press.

"A workshop is typically a rehearsal period, followed by an informal rehearsal room show presentation, which allows the creators of a production to develop the material," said Jennifer Ashley Tepper, a theatre

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School of Social Work Forms Suicide Prevention Program

KERRY BREEN SENIOR/NEWS EDITOR

The School of Social Work at Monmouth University has launched the SRF Suicide Prevention Research and Training

department's efforts to aid in the the School of Social Work was prevention of suicide.

suicide was held as the opening event for the program.

"The SRF Suicide Prevention



Project, which will expand the Research and Training Project in cused on clinical trainings and created in January of this year A conference focused on youth after receiving funding from a private donor," said Michelle Scott, Ph.D., an associate professor in the school of social work, and the Director of the SRF project at Monmouth.

This is the second SRF project in the Monmouth county area, according to Scott; the second is with the Mental Health Association of Monmouth County.

'The SRF project at Monmouth natural extension of the work we have done on campus with suicide prevention," said Scott, who was the director of the Promoting Wellness and Resiliency on Campus suicide prevention program from 2012 to 2016. The PWR program, funded by the Garrett Lee Smith Suicide Prevention Grant funded by the federal government, was a suicide prevention project that fopublic awareness efforts.

"The SRF project will be working to further the goals of the PWR initiative by working to train and educate individuals in suicide prevention, intervention, and postvention, while expanding our scope to include program development and dissemination, advocacy, and policy, as well as well as research for original discovery," said Scott. "The SRF project has a community-based steering committee which will help integrate university social work resources and suicide prevention expertise with community needs." "The end goal is to prevent suicide," said Katie Rizman, a psychological counselor in the Counseling and Psychological Services office, which

Public Servant-in-Residence Named

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AMANDA GANGIDINO STAFF WRITER

Former New Jersey Governor Richard J. Codey was named as the Public Servantin-Residence for the 2017-2018 academic year. Codey will be present on campus throughout the fall and spring semesters to provide insight through his lectures on the importance of public service.

The Department Chair of Political Science and Sociology, Dr. Ken Mitchell said, "Former Governor Codey has agreed to be present on campus for four days to share his honest opinion on the challenges that students will be faced with when committing to a career in law."

The University was noti-fied about the chosen Public Servant-in-Residence in a letter composed by University President Grey J. Dimenna, Esq. According to the letter, the former governor was sworn into the New Jersey State legislature at age 27 and has served his state since Jan. 8, 1974. Monmouth University's Public Servantin-Residence was New Jersey's 53rd governor, and served from 2004 to 2006.

During his time as governor of "The Garden State," Codey championed a bill to ban smoking from indoor spaces in the state, increased funding for stem-cell research, mental health, and sports. Codey also worked towards putting an end to steroid abuse in high school and college sports throughout the state by mandating statefunded drug tests. As one of the longest-standing assembly members, Codey has become a strong proponent of improving mental health care throughout the state.

Codey will impart his expertise and wisdom on the student

IMAGE TAKEN FROM the Asbury Park Press

Michelle Scott, Ph.D., M.S.W., an associate professor at the University, speaks at the inaugural conference.

SOCIAL WORK cont. on page 2

body to encourage the youth of New Jersey to act as public servants for issues they are passionate about.

The Public Servant-in-Residence program was created in 2000 with this sole purpose. The University's Department of Political Science and Sociol-

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UNIVERSITY NEWS

Debate Team Wins Award at Rutgers

KERRY BREEN SENIOR/NEWS EDITOR

The Monmouth University debate team received a team award at a Rutgers University Tournament on the weekend of Sept. 22 - 24, where debaters from the University reached the playoff rounds of the competition.

The annual tournament, which featured 65 teams of two students each, included participants from Cornell University, the United States Military Academy, and New York University.

The topic of the year was "Resolved: The United States Federal Government Should Establish National Health Insurance in the United States."

The tournament took place over the course of three days, as students went through six preliminary rounds, each lasting approximately two hours, according to Joseph Patten, Ph.D., an associate professor in the political science department and the debate team advisor.

Each team argued the affirmative side for three rounds, and then the negative side for another three. The teams that compiled a winning record then continued into the playoff rounds.

University students Phoebe Nelson and Ryan Kelly reached the playoff round, before losing in a close decision to Liberty University.

"I'm incredibly proud of our debaters for having the courage and work ethic to compete against some of the best debate teams across the nation," said Patten. "Our team captains James Hawke, Emely Diaz, and Sabria Saenger do a terrific job leading the team, and I'm really honored to be able to work so closely with all of our debaters."

"This tournament is challenging yet rewarding," said Brendan Bianchi, a senior homeland security student. "Debate tournaments are a competition of critical thinking, as well as endurance."

Bianchi explained the tournament's schedule, which consisted of long, "tiring" days.

"The first day of debates consists of members attending class [at Monmouth], finishing up homework, travelling, and then debating late into the night only to wake up bright and early the next day to debate for an approximately 8-10 hour day on abstract topics against incredibly smart people," he said.

"It was tiring, but I walked away with an entirely new realm of knowledge that I had not yet been exposed to," he continued.

In total, there were 14 students from Monmouth University competing in the tournament, including Nelson and Kelly, and co-captains Hawke and Saenger. Other competing students included Greg Harpe in the senior division, with Hawke and Saenger, Prachi Patel in the upper division, and Landon Myers, Brendan Bianchi, Abdullah Rashid, and Chris Diolosa. The team also included new debaters Chase Coram and Claudia Dimondo.

Co-captain Diaz and Kate Allsopp also participated by helping serve as team coaches.

University alums Daniel Roman and Matthew Toto also helped coach the team, as well as serving as tournament judges.

"It was overall an amazing experience," said Patel, a senior political science major with minors in legal studies and international rela-

tions who competed with Saenger in the tournament. The two moved up in their division, scoring 3 - 3.

"This will be my fourth year debating; I decided to go to this tournament because I wanted to get as much experience as possible before going to more difficult tournaments," Patel added.

"I am so proud of how we did, considering it was both of our first times competing in the Junior Varsity division," said Saenger. She and Patel competed in two rounds on Friday night, and four on Saturday.

"This was Monmouth's first time competing at the Rutgers tournament in a while," she added, "The team usually does not compete until late October. So it was a really big accomplishment for us as a team to start our season early."

The debate team, which currently has between 35 and 40 members according to Patten, has been competing against other universities at tournaments across the country since 2009.

It is already planned that the team will compete in five tournaments this year, including the Rutgers tournament. Monmouth University will host one of the tournaments in November.

"Most of our debaters join the team without any debating experience," said Patten. "We have approximately 20 returning debaters, and fifteen debaters preparing to compete in their first tournament."

"The Rutgers tournament was my first tournament," said Bianchi, who joined the debate team in his junior year. "Any student with a keen sense of curiosity should attend at least one debate to gain that experience in such a unique environment."



The University debate team competed in their first competition of the year at Rutgers University.



PHOTO COURTSEY of Joseph Patten

Phoebe Nelson and Ryan Kelly placed in the playoff rounds of the competition.

SRF Program Begins With Local Conference

SOCIAL WORK cont. from pg. 1

offers free counseling to University students. Rizman is also a member of the project's steering committee. "This will hopefully be accomplished through continued research, curriculum development, and dissemination and trainings."

"Suicide is the tenth leading cause of death in the United States, and the second leading cause of death for ages 10 to 24," said Rizman. "As a clinical social worker and counselor at Monmouth University I am naturally interested in suicide prevention. However, as a member of the community and seeing the increase in suicidality in our youth I am interested in doing all I can to help. I truly believe tackles youth suicide, and brought everyone has a role in suicide prevention."

The project launched with an cording to Scott. inaugural conference held on

School of Education and Social Work, as well as the Provost and Admission's offices, was met with "overwhelming" interest, according to the Asbury Park Press; registration filled up quickly and led to the conference being held at the hotel to accommodate more attend-

According to Scott, the conference was attended by over 300 people. Attendees included concerned family members, coaches, members of the clergy, mental health counselors, and the sorority sisters of Alpha Sigma Tau, who volunteered to work at the event.

The inspiration for the conference came from Netflix's popular series "13 Reasons Why", which the topic into the spotlight when the show premiered in March 2017, ac- who interacted with youth."

thing that was being talked about," said Scott. "But there was still an outstanding issue - "how to talk about it."

Those attending the conference were there to learn about how media can affect suicide trends, and how certain coverage may motivate vulnerable individuals into attempting such an act.

"It is important for all individuals to learn when someone or themselves are at risk for suicidal behavior, and then know what to say and what to do if they recognize someone is at risk," said Scott. 'While we all shouldn't be mental health professionals, we all have a role in suicide prevention. That role shifts based on your level of clinical expertise or training. The initial conference was for anyone

According to Scott, the SRF

Richard Codey to Serve as Public Servant-in-Residence

CODEY cont. from pg. 1

-ogy sponsors the initiative and are strong proponents of the knowledge that students can acquire from civic leaders.

Dr. Mitchell believes that universities are in place to help students form new ideas by putting them in contact with people they normally would not have the opportunity to meet.

"The goal of the program is to make Monmouth students more comfortable with speaking to high power individuals by placing them in worrying about filtering his an intimate environment with insight at the cost of an electhese professionals," said Dr. tion," she said. Mitchell. President of the Political Science club, James Hawk introduced former governor Codey as the new Public Servant-in-Residence of Monmouth University at the event this past Friday, Sept. "It is not every day that you have the honor of having the ex-governor come to campus. Governor Codey is the textbook definition of an tices, governors, and senior exemplary public servant, which is evident within his incredible work fighting on behalf of those with mental illness.

side of the classroom to learn from a professional that has been successful in their desired field of study.

Francesca Vaccaro, a senior political science student believes that the university chose an exemplary candidate to serve as Public Servant-in-Residence.

"Former governor Codey can provide the university with an insight, expertise, and guidance that not many others can. As a former governor, Mr. Codey can give students a true indication of how life as a public servant is without

Vaccaro, an aspiring public

"It was amazing to watch the Wednesday, Sept. 20, at a Dou- national conversation regarding bleTree hotel in Eatontown. The suicide shift from something that conference, co-sponsored by the needed to be talked about to some-



PHOTO TAKEN by Nicole Riddle The School of Social Work is creating a new program aimed at reducing suicide rates.

project will host another conference in early 2018 to provide clinical professionals more in-depth information regarding suicide risk assessment and management.

"We hope it will be as successful as the first training," Scott said. The program will also host a benefit concert at Pollak Theatre on Dec. 8, 2017. "The work for the SRF project will not just be off-campus education, but will be working to develop training opportunities for students across all disciplines."

"If you are worried about a friend, or you yourself, then reach out to the counseling center and get their advice, or call the Nation Suicide Prevention lifeline at 1-800-273-8255," said Scott. "We are very lucky at Monmouth University. The Counseling and Psychological services are available to students and we have great collaborations with local mental health services to help students stay safe and continue to be connected to school."

The event was a great success and the university could guest," said Hawk.

Hawk is one student amongst the many members ernor Cody will impact and of the Monmouth University encourage of civic service community that are excited to expand their knowledge out- University community.

servant continued, "I could not be more thrilled to listen and learn from such a fine example and governor."

Former New Jersey Governor Richard J. Codey is amongst the selected prestigious public officials that were named as Monmouth University's Public Servantin-Residence in the past. "We have had supreme court juspoliticians that have been willing to share their honest opinion with students," said Dr. Mitchell.

The Public Servant-in-Residence program continues to inspire young professionals not have chosen a better that are interested in pursuing a career in law.

In this position, former govthroughout the Monmouth

Monmouth Students Clean Up Asbury Park Beaches

JOY MORGAN ENVIRONMENTAL EDITOR

On Sept. 23 the Monmouth Youth Activists Group hosted a beach clean-up in Asbury Park, where they were joined by other members of the Monmouth student body.

The clean-up was attended by students of all years and majors. Each student who participated collected at least one large reusable bag full of waste.

"It was just a bunch of people who decided to show up and do something good for the community, both from the Youth Activists Group and from outside of it," said Gowri Jagadesh, a freshman health studies student. "I think it's great that we had such a passionate group of people volunteer to walk around in the blazing sun, pick-

Asbury Park's beach had many straws, cigarette butts, clothing, wrapping waste, bottle caps, and other non-degradable forms of waste that is hazardous to human health and marine life. The existence of many restaurants along the shore leads to direct source pollution of the neighboring beach.

"My sophomore year I took an environmental science class and it opened my eyes to the extreme dangers humans face due to the amount of trash we create and litter," said Erica Deweever, a senior business marketing and management student.. "I learned that plastic takes over one thousand years to degrade and when it is polluting our ocean it often circles

of plastic for food, and then humans catch and eat these sea creatures, thus eating their own trash."

"The beach was dirtier than I expected," said Gerald Longo, an executive board member of the Sociology Club and senior psychology student. "One of the most common items were cigarette butts, a small but dangerous item that animals mistakenly consume. These are also one that of the easiest forms of waste to prevent, and to clean up."

"When we pollute our beaches we also risk the danger of stepping on glass, spreading disease and illness, and make our beautiful shore more of a dumping site and less of an oasis as it is naturally," Deweever

ing up cigarette butts and little back to our own stomachs. Ma-pieces of plastic." back to our own stomachs. Ma-rine life mistakes tiny pieces restaurants who make money because of the beauty of the ocean they are located next are huge contributors of pollution, like all of the plastic straws they carelessly distribute and mindlessly dispose of."

"I was excited about this beach clean up because I love opportunities to be on the beach with friends already," Deweever continued. "This being a good cause makes it that much sweeter."

Members of the club field hockey team joined the Youth Activists Group at the clean-up.

"I went to the beach clean up to try and get more involved and it turned out to be wicked fun," said Emily Ciccolo, a freshman homeland security major. "I met a lot of great people and needed up joining the club field

hockey team because of it!"

The beach clean-up garnered attention from the local community and was a symbol of Monmouth's dedication to our neighboring towns.

"Some beach goers even asked what we were doing, so it was great to spread awareness about the importance of conserving the environment and keeping beaches clean too," said Gowri.

"I love seeing students being active members of our local community," said Michael Thomas, Associate Dean of the School of Humanities and Social Sciences. "This really speaks to our universities core values, and to that of our students. After all, they come to college to learn their purpose, function, and how to succeed in and serve this world.'



Students gathered trash and debris from a beach in Asbury Park in an effort to reduce pollution in the area, and call attention to the problem.

Bruce Springsteen Rehearses at Pollak Theater

SPRINGSTEEN cont. from pg. 1

producer and historian who currently serves as the Creative and Programming Director at Feinstein's/54 Below, a music venue in New York City. "It is not unusual historically for artists, whether they are concert artists or creators of plays or musicals, to bring a program out of town to a place where they are known and/or beloved."

"Historically, stars headlin-

two exceptions.' Pollak Theatre, which holds about 700 people, is close in capacity to the Kerr.

The University is also home to the newly-formed Bruce Springsteen Archives and Center for American Music at Monmouth, and is now the official repository of Springsteen's written works, photographs, periodicals, and artifacts. The University has also been the home of the Bruce Springsteen Special Collection since 2011, and is one of nine Grammy Mu-

Springsteen had previously "Greetings From Asbury Park" performed at Monmouth back in the 1970s, according to the Asto Run" in a bungalow in the area.

According to Chapman, Springsteen performed at the University nine times in the 70s and 80s with a variety of bands before he was signed, within the Archives. and played once after his album

was released.

Springsteen also spoke on bury Park Press. He also has a campus in January 2017, in strong connection to the nearby a moderated talk with Rob-West End area - he wrote "Born ert Santelli, former University professor and executive director of the Grammy Museum in Los Angeles. The event, titled "A Conversation With Bruce Springsteen", was sold out, and was filmed to be preserved

"[The event] gave fans an op- five shows a week.

portunity to not only see Bruce Springsteen in concert, but to hear Bruce talk about his career and his legacy, and that relates directly to the Archives here," said Chapman.

PHOTOS COURTESY of Carly Mille

Springsteen's sold-out Broadway engagement will begin preview performances on Tuesday, Oct. 3, with an official opening night date for Oct. 12. The production will run until February 3, with Springsteen performing



ing a Broadway play in the early 20th century might insist a specific theater or town be their 'out of town tryout' space, since they felt safe to develop the work there," explained Tepper, who has published three history books about Broadway, and curated over 2,500 shows in her role at Feinstein's/54 Below. "It is a helpful cushion to lean on while a show is in a sensitive early stage."

"I wanted to do some shows that were as personal and as intimate as possible," said Springsteen in his statement. "I chose Broadway for this project because it has the beautiful old theaters which seemed like the right setting for what I have in mind."

Springsteen also commented that the 960-seat Walter Kerr Theatre is 'probably the smallest venue I've played in the last 40 years,' with only 'one or seum affiliates in the world.

While Eileen Chapman, Liaison for the Bruce Springsteen Archives and Center for American Music, had "nothing to say" about Springsteen's on-campus rehearsals, she did think that his prior appearances on campus were good for the Univer-

sity. "I think it's really great to have a music scene on campus," Chapman said. "Especially in the 60s and 70s, Monmouth University, which was Monmouth College at the time, was a hub of music here. So many bands came through and played here. It kept students engaged musically, and I think that's always good for a campus to have.'

The Springsteen Archives contain over 35,000 items, including rare photos and memorabilia, according to Chapman, and receives visitors from around the world.

PHOTO COURTSEY of Philip Romano Springsteen's show will be performed five nights a week at the Walter Kerr Theatre.

Editorial

THE OUTLOOK

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Has Parking Improved?

EDITORIAL STAFF

Over the years, commuter students have sometimes questioned what the University has done to improve parking, and what they have done to make sure all students are able to arrive to classes safely and in a timely manner.

While the efforts to do this have not gone unnoticed, students today are asking whether they have done enough, and some are finding it more difficult than ever to find a spot and make it to classes on time.

Parking has gotten worse from my first year at Monmouth to particularly this year," said one editor. "It seems that even if you're a half hour early to class you're still stuck driving around the parking lot."

Another editor said, "This is my senior year and the parking is worse than I've ever seen it. I don't know if it's increasing class sizes or what, but its way more crowded."

One editor said, "In my first two years at Monmouth, the only time I had a problem finding a parking spot was on Mondays at Monmouth, but now it feels like every day is Mondavs at Monmouth."

Students who have never had any issue with attendance have now been late to their classes, despite arriving to the campus early. "For a night class last year, I was driving around the parking lot for a half hour and was a half hour late to class because of it," said one editor.

Another said, "Several times I have been on campus half an hour before class and I ended up being half an hour late to class because of looking for a parking spot."

In 2016, the University recognized the parking issue and hired a however with the institution of the don't understand why my money service came other issues, which have left some editors untrusting and unwilling to use the service.

"I've never used them, mostly because I hear of so many people having issues with them," said one editor. "I've never used valet parking. I've heard that they take a while to park your car and it ends up making you later in the process."

Even though the valet service has had mixed reviews, the Student Government Association (SGA) hired a new valet service for the 2017-18 school year. One editor said "I noticed that the new valet service is definitely better than last year. I feel more confident in leaving my car with them."

Even with the addition of the valet service, students have observed that 13, 14, 18, and 25, the main parking lots on campus, are often near or at capacity from 10 a.m. to 4:30 p.m. The University has addressed this issue by letting students know that parking at Woods Theatre is available.

Some staffers believe that allowing the lot in Woods for parking has done a lot to fix the issue.

An editor said, "Just because there isn't parking in the lot that you want, doesn't mean that there is no parking at all."

Other editors feel that it is unfair to have students walk across major roads and be expected to make it to class in 15 minutes, especially after a long commute.

"I pay a lot of money to attend this University and have tried to save my money by commuting. I don't think it's fair that I must walk quite literally a mile to my class after searching closer lots for an extended valet parking service to remedy it, period of time," the editor said. "I fix needs to be accomplished.

isn't going toward a better solution, when nearly half of 6,300 students here are commuters."

Some editors argued that residential students do not need the amount of parking offered to them, since they are living on campus. "It doesn't make sense that students living on campus, especially those who are from New Jersey, have access to three lots when their commute to school is walking under an overpass," the editor said.

Talk of a parking garage has been prevalent among the student body when attempting to create a long-term solution. However, zoning issues in Long Branch, and a lack of space have made that solution unrealistic. One editor said, "I understand that the town or even the county would have an issue with a parking garage, however, why is it that we can have a brand new stadium with four stories and residence halls with three stories but something that half of the student population really needs is inaccessible."

Agreeing, an editor, said, "I and many other students I have spoken to, commend the University on their quick fixes and appreciate it, but we need a legitimate and long-term solution for this issue or else it will only become worse. If the University expects to attract more students and grow as a school, there needs to be enough resources to accommodate them."

Even though the University has tried to compensate the overcapacity parking with valet parking, parking at Woods Theatre and the library, and working with MUPD to notify students about heavy flow days, our staff agrees that a more long-term

Knowledge and Quinn by Brian Turczmanovicz



***Quotes from William Shakespeare's Hamlet (work in public domain).

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And They Didn't Live Happily Ever After

AMANDA GANGIDINO STAFF WRITER

The beginning of almost every Disney film features Cinderella's castle along with the highly notable Walt Disney logo displayed across the bottom of the famous image. This opening sequence signaled that viewers were about to embark on an adventure along with some of their favorite characters that encouraged us children to follow their dreams and believe in magic.

For over 90 years, The Walt Disney Company has invited audiences to "Be Their Guest" with a little pixie dust and endless happy endings. From inanimate objects that come to life to fairy godmothers, Prince Charming, and villains, Disney films have enchanted our childhoods.

But real life isn't a fairy tale. Some may never find their knight in shining armor or have the courage to escape the op-pression of an evil authority figure in their life. Ironically, the Grimms' Fairytales of Snow White and Rapunzel that were adopted by Disney were not created to foster unrealistic expectations about life to young children, but they acted as cautionary tales to warn children about the tough road ahead. Walt Disney Pictures transformed these tales into stories that fortified the idea that if you are a beautiful princess or a handsome prince, you will find

love and live happily ever after. The reality is that being in a reality.

relationship is not always filled with romantic ballroom dances and glass slippers, but some people find that they are happier being alone. The popular Disney song from Snow White Someday My Prince Will Come" promotes the idea that women must wait around for the man of their dreams to save them from their mundane and hopeless lives.

Ĥowever, in today's society, a woman does not need a man to be happy and successful. Women are bolstering gender roles and breaking through the glass ceiling. The days of waiting for a prince to one's rescue are long gone. Nowadays, women can rescue and protect themselves. Disney has attempted to make efforts to promote feminism in their more recent film, Frozen but their more classic movies that most children watch religiously emphasize old-fashioned gender roles.

You have to work hard to make your dreams happen. Fairy Godmothers do not exist. If you want to get yourself to the ball, there is no magical spell to turn a pumpkin into a carriage. In fact, if you try "Bibbidi-Bobbidi-Boo[ing]" yourself a carriage odds are people may think you are a little crazy. In life, you cannot wait around hoping that someone will help you achieve your dreams, but you have to work hard to make them into a

Disney films also crafted unrealistic beauty standards. Young girls were conditioned from these movies to believe that in order to be considered beautiful, you must have a small waist, tiny feet, and perfect hair. Boys were made to believe that they must grow up to be strong, charming and handsome. In reality, it would be extremely unhealthy to be as thin as a Disney princess and sometimes men are the ones that are in need of rescuing.

While I have been placing the blame solely on Disney for fostering unrealistic beliefs about life, the media is also to blame. Our culture is obsessed with the idea of happy endings. Most of our favorite blockbusters mirror Walt Disney's structure of fairy tale romances and unattainable beauty standards. Through these unrealistic depictions, society tells us what our relationships, bodies, and lives should resemble. However, it is with chief importance to remember that we are the directors of our own lives. We have the capability to rescue ourselves from any situation and we do not need a prince to do so.

While Walt Disney has taught us some valuable lessons like the fact that you may have to kiss a lot of frogs before meeting "the one", I guess The Princess and the Frog movie geared us up for that disappointment. As well as, making us aware that although



The beginning of every disney film features the famous

castle that reminds us of where Cinderella spent her happy endings. we are physically aging it does ognize that Disney movies are not mean that our mental state also has to. Walt Disney once said, "That's the real trouble in the world, too many people grow up." Although these films set unrealistic expectations for the youth that worship them, they also encourage a sense of wonder and optimism in children that is important to maintain through life's trials and tribulations. The real world may not be made up of happy ending and dreams coming true, bit it is nice to believe that it does for the approximate 90 minutes of a classic Disney film.

simply movies. They are not meant to reflect real life. We must recognize as the children that grew up on Disney magic, that living "happily ever after" does not have to mirror what was depicted in these films. Not everyone needs a prince, a pair of glass slippers, and even a marriage to be happy. Utilize Disney films as an occasional escape from reality, but do not let them dictate your expectations about how your life should be. After all, they are just fairy tales. Live happily ever after based on your defi-

I think it is important to rec- nition of what that is.

Where Did All My Money Go!?

EMILY CONDRON CONTRIBUTING WRITER

The other day, my friend looked into his wallet and realized that all the money he had on him was gone, which bewildered him because he has just gotten paid the week before. He then decided to check his debit card balance. Wide-eyed and jaw-dropped, he realized that he only had \$2.64 left to spend. I then went on to ask him, "Well, where did you go this past week? Did you need to shop for food, did you need to go home over the weekend on the train?" All he responded back was. "No." After sitting silent for a few moments, he told me he needs to learn control and how to save; something I have been very successful in these past few years.

When entering college, all any young adult thinks about is the freedom they inherit as they walk through the doors their first day, but not all freedom is fun and exciting. Some can actually be extremely stressful. Saving money and learn- importance of keeping your money.

keeper at a near-by school district; make sure to spend as little as possible, make sure that you use discounts and coupons, and make sure you take advantage of their sales and holidays. As the list went on and on, I found myself thinking that it was a waste of time. I mean, who uses coupons besides old people, right? Who can sit there and wait for that shirt they want until it goes in sale in a month? None of these pertained to me, so I wasn't specifically trying to follow these guidelines. Another reason that I did not want to think about saving my money at a young age was because my family had always supported me, buying my clothes and providing money for fun activities along with necessities. But, unfortunately, life was unable to go on with that being the case and I had to learn the hard way that, sadly, my grandmother was right.

Though I have my own way of saving, I found myself sitting in my first-year seminar class, listening to Professor John Buzza teach us the ing how to budget are two key com- As he walked us through an exercise dollars before taxes. That is the salary you need to have right out of col-

lege for you to get by, and we didn't even get a chance to factor in how often you eat out, how much you are paying back in student loans, or even how much you need just for your personal hygiene products. Crazy, right?!

After class, I went to visit Professor Buzza in his office to ask him what are some key points in saving your money and how would he recommend us, as young college students, be money smart. The first thing he spoke, and the one idea that he repeated many times, was "START YOUNG!" Going on, he explained that if you start now with putting money aside instead of spending it on a pizza or new sneakers, you will be extremely happy with how much you save at the end of a week, at the end of the month, and especially at the end of a year. Not only does this allow you to have some extra dough, but the professor also highlighted the fact that it will develop the habit of saving. In his example, he puts it this way:

"It doesn't matter what you save,

Encouraging Success at Monmouth

LAUREN NIESZ STAFF WRITER

Higher education is becoming a necessity for anyone who wants to fulfill any lifetime dreams. However, higher education shouldn't just seem like a necessity, it should be filled with encouragementinducing experiences and people.

At Monmouth, the largest encouragement-inducing experiences are the various things students can get involved in and the classes offered and the largest encouragement-inducing people are the faculty and staff. It is because of the entire experience that Monmouth provides us that I believe that Monmouth successfully prepares us to conquer our dreams.

Taking those general education courses with the course types such as "SS" or "GU" seem to be annoying class fillers that you want to just get done with. However, some of those classes inspire new are encouraged to see the entire interests that you may have never thought you were interested in. Sure, that may lead to an added major or minor, but it could also steer you into a completely new life dream. The most important aspect at Monmouth for encouragement is the faculty and staff. Whether it is Jen in the Jules L. Plangere Center Café telling you to have an incredible day and that things will always get better, or a singular inspirational professor in your field that introduces you to a niche you never thought you fit in, there is always a positive and encouraging spirit on campus. Maybe it is heading to the Career Center and discussing what you want to do with your future and someone actually helping you through the steps. It is important for us to really take into consideration what these faculty and staff see in us. It only takes one person to tell you they

see potential in you for a seed to be planted in your head that you could succeed in a field you never saw yourself in.

This is the same for someone who has had the same dream their whole lives; each of us go through a phase where we don't know if we are doing the right thing in our life. However, that is where these people that we come in contact with that have succeeded in the field we are aspiring to be in come in to help. We all need encouragement whether we are one hundred percent concrete in our dreams for the future or if we need a bit of searching.

Monmouth's faculty and staff are the best for showing students that there are so many options that don't just stop at Monmouth County, or even just at New Jersey in general. Just because Monmouth is local, doesn't mean you have to stay local too. At Monmouth, we scope of our abilities. Faculty and staff show you that your degree can go incredibly far, literally and metaphorically. Monmouth's curriculum and faculty and staff truly support all dreams. Even for students who want to continue on to gain additional degrees that cannot be attained at Monmouth, faculty do their part in preparation, extra help, and reaching out to their own networks to ensure student future success. I've never heard of a university's faculty and staff go so out of their way to assure student happiness that is more effective and inspiring than that of Monmouth's. We establish real connections and massive networks on our campus. It is because of this camaraderie and willingness to help that Monmouth is one of the greatest universities to attend for an encouraging and positive look into your own future.

ponents of becoming an adult, but it that made us all realize how expencan be extremely difficult if no one sive the real would can be and how has ever properly taught you how to much we would need to make a year do them. Personally, I started about to break even. Forty-five thousand learning money at a young age due to my grandmother being a book



PHOTO TAKEN by Alexandria Afanador Saving is not the easiest in college but it can be beneficial.

or how you save it. If you have a change jar and put all the loose change in your pockets at the end of the day, that's great. You then can gradually move up to a dollar a day, then two dollars a day. You can even be courageous and say to yourself, 'wow, maybe I will take five percent of my entire paycheck and put it into a savings account that I will not use unless I have to.' Cutting down on things that aren't necessities, such as buying Starbucks every day, will get you to reach your goals faster."

Although saving can be painful and no one wants to admit they need to become responsible and hardworking, every college student needs to save.

"All it takes is faith, trust, and a little [extra push to become a great saver and an amazing investor]." I know I already bought a mason jar and labeled it: "Savings - Start Small, End Huge." This is a lesson that all college students could and should learn from!

POLITICS

Puerto Rican Citizens React to Trump's Tweets

GABRIELLE IENTILE POLITICS EDITOR

R'REANNA HESTER CONTRIBUTING WRITER

Puerto Ricans fight back on Trump's assertion that the island's citizens "want everything to be done for them when it should be community effort," in regards to Hurricane Maria, on Sept. 30.

This follows President Trump's criticism of Carmen Yulin Cruz, the mayor of San Juan, who was also skeptical of the U.S. president's lack of initiative in sending aid to the devastated region.

"The Mayor of San Juan, who was very complimentary only a few days ago, has now been told by the Democrats that you must be nasty to Trump,"

Trump tweeted, according to The New York Times. "Such poor leadership ability by the Mayor of San Juan, and other of Puerto Rico, who are not able to get their workers to help."

Cruz, who told Anderson Cooper on Saturday that she is not a democrat, said, "He is looking for excuses for things not going well. I have no time for small politics or for comments that do not add to the situation here."

The Puerto Ricans who supported the mayor's efforts and called for additional relief, were contacted by CNN.

gall to say Puerto Ricans expect everything to be done for them," Griselmarie Alemar, of Stratford, Connecticut, said.

"They are working exhaustively to lift themselves up. We are citizens. We pay taxes. We serve in the military," he contin-ued "Right from the beginning,

President Trump has asserted that Puerto Rico should be less dependent on the federal government for aid, reported The New York Times:

"They want everything to be done for them when it should be a community effort," he tweeted. "10,000 Federal workers now on Island doing a fantastic job. The military and first responders, despite no electric, roads, phones, etc., have done an amazing job. Puerto Rico was totally destroyed."

During a hurricane briefing on Tuesday, Trump likened the devastation to "a real catastrophe like [Hurricane] Katrina," reported NPR.

The president, on his trip to the affected area, was filmed throwing paper towels into a crowd in efforts to offer supplies to those who were in need.

Trump also misspoke during the briefing: "Few people have ever even heard of of a Category 5 hitting land, but it did hit land, and boy did it hit land." he said. However, Hurricane Maria was a Category 4 storm when it hit Puerto Rico.

Sixteen lives were lost during the hurricane. "I hate to tell you Puerto Rico, but you've thrown our budget a little out of whack because we've spent a lot of money on Puerto Rico, and that's fine. We've saved a lot of lives," Trump said during his visit.

"I'm amazed that he has the all to say Puerto Ricans expect people versus in the thousands."

Trump also took a stab at Cruz through applauding Governor Ricardo Rossello: "He's not even from my party and he started right at the beginning appreciat-

President Trump praises the federal government for the relief it has provided to those affected by Hurricane Maria.

this governor did not play polito the hurricanes in Texas and tics. He was saying it like it was, Florida. and he gave us the highest rates.'

Some think that there should be more discourse dedicated to the hurricane, especially due to the fact that Puerto Rico is an United States territory.

Sophomore English Creative Writing student Melanie Broman said, "I've definitely heard about it, but I don't think it should be something that is brushed over."

"Even though we don't live in the same area, we should all be aware of what is going on in the world," Emma Ientile, a sophomore communication student at Monmouth, said.

Speaking on the same wavelength as Breban, she said, "Humanity is what matters most, and caring for and helping others in need is how we keep faith

stay oblivious to topics like this one then how can we expect the same compassion and support when natural disasters or other devastating events occur in our own backyards?"

IMAGE TAKEN from CNN

Trump sent his tweets on Saturday from his Bedminster, N.J. golf club.

Nicholas Messina, a professor of communication thought this of Trump's response to the aftermath of Hurricane Maria:

"It reinforces the fact that the man quite literally has no knowledge of the policy structure of this country, and frankly I don't believe that he legitimately knew that Puerto Ricans are Americans and that beyond anything else is frightening," Messina said.

"He doesn't ... comprehend the

he has received for his responses in humanity. If we choose to breadth and scope of the job." Trump Promotes Tax Reform Proposal in Indianapolis

NICHOLAS COSCARELLI CONTRIBUTING WRITER

President Trump traveled to Indianapolis to promote his proposal of reforming the American tax system in order to lower the tax rate from 35 percent to 25 percent on Wednesday, September 20.

tax system.

The president's speech took place at the Indiana State Fairgrounds at around 3:30 p.m., where he explained his tax reform plan, which many still ing to The Oakland Press.

To protect millions of small August. He and Pence also visbusinesses and the American ited North Dakota and West Vir-

farmer, we are finally ending ginia, respectively. the crushing, the horrible, the unfair estate tax, or as it is often referred to, the death tax," Trump said during his speech.

rate is 60 percent higher than our average foreign competitor in the developed world," he continued.

The president traveled to the Trump has long been advocat- city due to the fact that wining for reforming the American ning the bipartisan support for a tax bill is receiving the support from Democrat Sen. Joe Donnelly, since he proves to cross party lines more often than other democrats.

considered to be vague, accordspeech on his tax reform pro- Alexis Borrino, a sophomore posal occured in Missouri in primary-education major at

The trip was Trump's second since he won the presidential election.

On Trump's statement that the

devastation would be fixed with

community intervention, Evelyn

Torres, a Puerto Rican citizen,

said, "It is a community effort. It

Abner Breban of Atlanta

speaks about the sense of hu-

manity she experienced. Breban

started a Facebook group called

"Atlanta Levanta a Puerto Rico,

which has collected donations to

"The Puerto Rican communi-

The president's reaction to the

request of more aid has initiated

criticisms of his leadership in

crisis, which contrasts the praise

ty has come together like never

is a humanity effort."

hurricane victims

in the city of Atlanta.'

Currently, there are seven "Today, our total business tax federal-income tax brackets, and the president wants to bring that down to three: 12%, 25%, and 35%. He states that by doing this, it will stimulate the economy. This was accomplished by former-President Ronald Raegan during the 1980s. Many today still advocate for Raeganlike tax cuts: "As someone who believes in capitalism, I think that the economy will improve with tax cuts to corporations Trump's first significant and high-earning individuals,"





Sen. Joe Donnelly is Trump's best chance of receiving bipartisan support for his tax bill

Monmouth, stated.

"I believe the cuts will serve to increase expansion of corporations, creating more jobs, which in turn will corporate earnings and spending and make its way down to lower income earners," Borrino added. A d ditionally, Greg Laurinavicius, a senior political science major at Monmouth, aptly stated, "As long as it lowers my taxes, I'm happy."

One of the most revered aspects of this plan is that of its corporate-tax reform. However, the problem is how polarized the current Congress is. Therefore, the likelihood of such a bill passing is unpredictable. On the other hand, there is no doubt that the current tax system needs refinement. "[The current tax law] is terribly complicated, abused, and misunderstood," Professor Stives, an accounting professor at Monmouth University, says,



The president proposes lowering the tax rate from 35 percent to 25 percent.

that corporate profits are taxed twice under our present system which ends up costing corporate shareholders more than 50 percent tax on complete income." Moreover, he explains that in order to evade such taxation, many U.S. corporations have invested in foreign countries: '[Corporations such as] Apple have incorporated in foreign countries such as the Netherlands and Ireland where taxes are a fraction of what we pay here," Stives explains.

In contrast, Professor Christakos, a specialist in tax preparation, explains that lowering the taxes on the corporations ing \$25,000 or less-or marmay not work the way it is in- ried couples earning \$50,000 tended to, considering there or less-according to the Tax are no provisions requiring the Policy Center.

"Most people don't understand businesses to invest in specific areas to gain the tax deductions to create those savings. Instead, he says, "If the goal is specifically to put Americans back to work a better course of action may be to increase the tax effectiveness of investing in people, [such as additional tax credits for hiring people] as opposed to lowering the tax rate and allowing companies and their owners make their own investment decisions."

> The plan also eliminates the Estate tax and the Alternative Minimum tax; and no federal income tax would be levied against indivuals earn-

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THE BENEFITS OF MUSICAL THEATRE

MELISSA BADAMO CONTRIBUTING WRITER

We have all watched at least one musical in our lives, whether on Broadway or right from our TV screens. Grease, Hairspray, Annie, and Wicked are just a few of the most popular musicals that have left longlasting impressions on us all. No matter which musical you watch, they all have the same components; a close-knit cast, outstanding acting, infectious tunes, and a heart-warming message.

Who could resist the captivating tunes that escape right from the stage of a musical? Watching the actors sing and dance with joy around the stage will transport you into a whole other world. Both the lyrics and the melody evoke such strong emotions both on stage and in the audience. The music is sure to make you jump out of your seat, sing along, and dance! The music produced by the cast is such a powerful way to tell a story, to inspire others, and to teach a strong, lasting message. The compelling melodies will be stuck in your head well after the curtains have closed.

Freshman criminal justice student Gabriella Franco has experience in musical theatre. She shared, "When you're in a cast with everyone, it gives you a sense of community and builds up a foundation for friendship." Being a part of musical theatre is a great way to meet friends with the same interests as you. Franco also

added, "If you're having a rough time in your life, theatre is a form of escape." No matter who you are, acting brings you into a whole new world and allows you to explore the depths of your character in a fun and exciting way.

Freshman communication student Samantha Ventola adds that being involved with musical theatre "gives you a sense of belonging, especially if you love what you're doing." Those feelings of friendship, support, and community are why theatre is so close to the heart of the performer. With the months of hard work and preparation that go into making a production, it's hard not to form lasting bonds with the people around you. Even the backstage crew, the foundation of a musical production, has that same warm feeling of friendship with fellow cast and crew members.

The impacts of musical theatre go well beyond the stage. Performing is a great way to boost self-confidence and transport you out of your comfort zone. It can help build-up public speaking skills that will prepare you for any career in the future. You will also learn so much about yourself that you may have never realized before. Beyond that, involvement in musical theatre allows performers to express themselves in their own unique way.

If you're looking for an opportunity to indulge in the beauty of theatre, look no further! Grab a couple of friends and head over to Woods Theatre



Musical theatre is a great way to meet new people and have a fun creative outlet.

and 15-19 to celebrate sixties culture in the upcoming pro- nam War, racism, and the genduction of Hair. It's sure to be a great time! With the temperature getting colder, it would be a fun thing to do with friends, and a wonderful opportunity to support your fellow Hawks right from the audience.

Director of Hair and Specialist Professor in Music and rock and roll musical of the sixties. It was the first real opportunity for the younger genera-

tant to them such as the Vieteration gap." When asked about the expectations of the musical, Anderson replied, "I hope to initiate discussion about topics that are sometimes difficult to address, so much of the central message that is community and unity.'

Anderson also shared her Theatre arts Sheri Anderson feelings on the importance of shared "It is the quintessential musical theatre. "In musicals, you see a celebration of not only theatre, but other expressive art forms such as vocal tion to address, on a Broadway music, instrumental music, and

on the days of November 1-12 stage, things that were impor- dance. It becomes not only one of the most human art forms, but also one of the most collaborative," she said. Theatre is a great creative outlet for anyone searching for an escape from the day to day academic grind.

To all the potential performers out there, don't be hesitant to showcase your talents for singing and acting. Get out on stage, face your fears, have fun, and break a leg! Just remember the benefits of being involved in theatre, such as self-expression, and how it transforms an ordinary cast into a close-knit family.

Fall in Monmouth County

MARIE SOLDO STAFF WRITER

Believe it or not, there is more to fall than a pumpkin spice latte. With fall break just around the corner, there is no better time to learn about what's going on in our area than to do something seasonal and fun with friends or family! So take a break from homework, papers, and exams, and get ready for Halloween murder mysteries, Pier Village's fall festival, and more!

One event within close proximity to campus is Pier Fest, a free fall festival at Pier

fun, but it is perfect for a college student's budget. It will be taking place Sunday, October 1st from 12-4 p.m. and there will be tons to do. Tired of dining hall food? Pier Fest not only has delicious food and drinks, but there will be live music and tons of local vendors and crafters. Pier fest would be a great place to go with roommates and friends to release some midterm stress.

A great way to enjoy yourself and help those in need would be to participate in Lunch Break's Crop Walk, 2017. The

Village. Not only will this be wonderful nonprofit organization is looking for walkers to help them reach their goal of \$120,000, and 14,000 lbs. of peanut butter, rice, and beans. Former Lunch Break interns across the board highly recommend helping out this organization in any way you can. Lunch Break is so much more than just a soup kitchen. They feed and clothe those in need, and give them access to basic amenities like taking a hot shower. Most importantly, Lunch Break gives them the hope they need for a better future. Registration for the walk will begin at 1 p.m. on Sunday, Oct. 15 and then will start at 2 p.m. For those of you who are 21 and older, come unwind with some wine at Faustini Wine's Halloween Murder Mystery and Wine Tasting! This is the perfect thing to do right before Halloween since it is taking place Friday, Oct. 27. From 7-9 p.m. you can sip some wine while solving a spooky, but funny, murder mystery. If you want more trick than treat, C. Casola Farms in Marlboro is the place to go. Every Friday and Saturday now through Oct. 28, you can hop on the haunted hayride of terror, explore the 3D haunted barn, walk the haunted wooded trail, and try to escape the living maze. Freshman social work student Kayla Greiss stays away from anything that'll spook her, like a haunted hayride. She said, "I'm such a baby when it comes to haunted stuff,





PHOTO COURTESY OF Natalie Unguast Monmouth county has plenty of fun things to do in the fall!

PHOTO COURTESY OF Hunter Cox The beach in the Fall is a great place to go with your dog.

but I love pumpkin picking and apple picking!" A great place to go for apple and pumpkin picking would be Eastmount Orchards in Colts neck. It's a scenic drive, and when you get there, acres upon acres of apples of all kinds are just waiting to be picked!

For communication lecturer Shannon Hokanson, fall means local summer at the jersey shore. She loves playing outside with her pooch and going to the beach. "I would also encourage anyone to check out some of the beautiful parks in NJ during the fall season." In the Monmouth area, some good places to check out would be break!

Thompson park in Lincroft, Hartshorne woods in Atlantic Highlands, and even Sandy Hook all the way at the end of Ocean Ave are cool places to visit in the fall! Senior Photography student, Hunter Cox, talked about her love of going to the beach in the fall. "The best time to go to the beach is the fall, in my opinion. No one is around, and even though its cold, you can bring your dogs and curl up on a blanket," she said.

Any of these simple or spooky fall activities will ensure that you fall in love with fall and make the most of your



NICOLE INGRAFFIA ENTERTAINMENT EDITOR

Ed Sheeran sold out Brooklyn's 18,000 seated arena, Barclays Center's, for the 3rd night in a row on Sunday, Oct. 1st.

Opening for the world's best solo male artist was James Blunt, who announced to the crowd he was a distant relative of Sheeran.

"I know you all aren't here to see me," Blunt told the crowd over his microphone. "And that's okay. I know you only know one of my songs, and I am not going to sing it."

Blunt was referring to his one-hit-wonder of a song, "You're Beautiful."

The crowd was mixed with laughs and sighs of disappointed as the singer continued on his musical agenda.

Before he introduced Sheeran to the stage, he surprised the crowd with singing the one song he refused to sing; the entire crowd belted out the lyrics after the first strum of the note: "My life is brilliant/ my love is pure/I saw an angel/Of that I'm sure."

When Blunt left the stage, crewmembers flooded the stage to reset for Sheeran and the audience waiting excitedly for what would soon be



Ed Sheeran (above) sold out Barclays Center 18,000 seat arena three consecutive nights in Brooklyn, New York.

international artist opened up with one of his first singles "Castle on the Hill" from his new album, "÷."

Sheeran entered center stage and the crowd shrieked in starstruck unison.

strangers came together for the the best concert of their lives. first line of the song: "When tendance at Sunday night's The red haired, bestselling I was 6 years old I broke my show. "Tonight is a night I'll

leg/I was running from my brother and his friends."

Sheeran ended "Castle on the Hill" and greeted the crowd as soon as the prolonged applause ceased.

Audrey Conforti, sopho-Altogether, the choir of more Health Studies student, was one of the 18,000 in atnever forget," Conforti said wearing her new Ed Sheeran Tour shirt.

"I did not sit down the whole concert and I sang the entire time. There were no special effects, no dancing, just his pure, raw talent."

Conforti was lucky enough to score free tickets to his sold-out show, when a friend

of a friend won them on a radio station and wasn't able to g0.

Sheeran managed to fit 17 songs into an hour and a half of stage time and did so effortlessly.

He sang majority of work from his latest album, with a few surprise songs from previous albums, such as "The A-Team" from "+" and "Think-ing Out Loud" from "X."

He swiftly transitioned into his tracks, with a special twist of creating a mashup between an older song, "Don't" with a song from his new album, "New Man."

The crowd's feedback was undoubtably pleased; when he made the switch into the new lyrics, the vibe from the audience was instantaneously excited.

Sheeran "ended" the show with his song, "Sing," which was a hit single off his album previous album.

For the encore, he returned to the stage after chants of "Ed" to preform his final two masterpieces: "Shape of You" and "You Need Me, I Don't Need You."

Sheeran puts on an amazing show that showcases his raw, unfiltered talent.

As a renowned artist, he dazzles audience members with his soulful voice and heart-felt lyrics that are simply contagious.

STILL STILLER

MARK MARRONE CONTRIBUTING WRITER

Brad's Status Starring Ben Stiller, Austin Abrams, Jenna Fischer, and Michael Sheen

Brad Sloan (Stiller) lives a respectable life as the owner of a small nonprofit. With a loving many would assume Brad has a balanced life. However, Brad is his midlife crisis. going through a midlife crisis, to those who went to college with tion. him.

his son to tour colleges.

The study of Brad's

ing where he went wrong in not achieving great accomplishments like his old peers.

Why isn't Brad living in Hawaii with two girlfriends? Additionally, why wasn't Brad invited to the wedding of an old friend, while everyone else was?

These questions are extremely wife, good son, and a nice house, self-centered and it takes this trip to Boston with his son to assess

The answers to Brad's quesassessing his existence compared tions see both sides of the situa-

There is a profound scene in While dealing with this situ- a bar, where Brad is venting to ation, Brad goes to Boston with someone about the problems going through his mind.

Brad finds himself question- ing it difficult to convey any emotion.

The actor keeps himself reserved, while an endless stream of questions flows through his mind. For those expecting a comical performance by Stiller, they will be pleasantly caught off-guard by his impressive dramatic acting.

Stiller embodies everything about this character and serves as the face of someone going through this period in their life.

Although Brad questions his place in life, there is no question that this is a gripping drama. Brad's midlife crisis feels genuine as he asks a series of thought provoking questions. These questions are beautifully executed through narration, which is rare for most films. Additionally, Ben Stiller's performance is unforgettable and perfect for the actor. Brad may have a lot of problems, but there are not too many in this film.



crisis is intriguing by exploring to Brad's problems, the person the pros and cons of his situation.

Additionally, it successfully uses narration, while providing Ben Stiller's best performance in years

At 47-years-old, Brad has a midlife crisis where he asks himself a series of questions to determine the quality of his life. There are many instances where Brad takes stock into his life, and compares himself to others.

One of Brad's old peers is Craig Fisher (Sheen), a famous author who has connections all the way to the White House and is featured on T.V. often.

Another is Jason Hatfield, the company with his own private jet and a beautiful family.

Then there is Brad, the owner of a small nonprofit, who works at home. While others are living a seemingly fruitful life, Brad feels like he is stuck in purgatory.

After a long night of questions why he is complaining at all. Brad has a good life, while there are others who struggle to make ends meet or live on the street.

Moments like this give perspective to Brad's issue.

Brad's questions are asked through narration in quiet moments, whether in bed or at a bar. Narration is usually poorly executed because it is used as a lazy way of telling the audience something important instead of showing.

On the other hand, narration is necessary here because a midlife crisis involves someone asking owner of a multi-million-dollar themselves a series of loaded questions in their mind. The narrations give us an insight as to what is going on in Brad's head.

Ben Stiller, who plays Brad, gives an outstanding performance. Stiller acts subdued and awkward around others by find-

Mark's Remarks:



"Stiller embodies everything about this character."

Tom Petty (above) was a rock music icon; he passed away Monday, Oct 2, at age 66

The news that Tom Petty I wanted to know what it felt had passed away Monday, Oct 2., due to cardiac arrest was a true "heartbreaker" to the nation. He was a rock legend that inspired so many modern artists. John Mayor tweeted upon hearing the sad news, "I loved Tom Petty and I covered his songs because his music live on forever.

like to fly." Petty's music will live on for generations to come. Inevitably, he will always make his fans feel like they can fly whenever a Petty song comes on the radio or they hum his tune. May he rest in paradise and memories of

ARK: SURVIVAL EVOLVED REVIEW

JOHN T. MORANO STAFF WRITER

Dark and Light recently became available on Steam's early access, and many of its systems were taken from Ark: Survival Evolved, making the two easily comparable. Studio Wildcard's controversial but popular title, which I recently reviewed, had just left Early Access.

My greatest criticism of Ark was its developer's unethical acts and ineptitude. Perhaps Dark and Light's greatest advantage is that the title has little to do with that studio. Dark and Light has been developed and produced by Snail Games USA, Wildcard's parent company, who appear to have had little to do with Ark's development. Essentially, Dark and Light is built off the same foundation as Wildcard's Ark, in that it uses the same engine and incorporates many of Ark's game systems, but it is being further developed and maintained by a different developer.

Whereas Ark was meant to be a first-person action survival game, Dark and Light is locked to third-person on official servers, and draws more influence from MMORPGs. Dark and Light features multiple player races and factions, a currency, trade, human them out by binding them with NPCs, and towns. Players can rope-arrows rather than tranquilizinvest in these NPC towns, rent ing them. Thirdly, the creatures of housing, or even attack the NPC Dark and Light have a distinct fanresidents.

The premise of Dark and Light griffins, and unicorns. is that the various elven, human, and dwarven civilizations fled their remind me of those present in The destroyed mother planet, Gaia, making their home on a new one, Archos. However, Archos is primal ferent items as they level, players and inhospitable, so players need to tame the land's creatures and build new homes. To make matters worse, dark creatures leftover from criteria make it so that mindless the destruction of Gaia are raiding Archos, attempting to destroy this new world. As with most MMOR-PGs, plot is secondary to gameplay, but the premise is well supported izes specialization. For example, I by various gameplay systems, such as undead invasion events.

building system as Ark, one where earth magic and building. Another players gather resources, build them into various pieces, like floors, walls, or pillars, and create to contribute something different more complex structures by snap- to our group and to feel engaged ping these together. There are also through doing so. different tiers of building materials,



Morano describes the game's graphics as pretty but poorly optimized.

both aesthetics and durability.

Dark and Light has a taming system, but there are a few features which set it apart from Ark's. First of all, it is much easier to acquire kibble for quick and simple taming. Secondly, to knock out creatures, players must actively wear tasy theme; think goblins, dragons,

The skill trees in Dark and Light Elder Scrolls: Oblivion. Rather than simply learning to create diftrain in each skill tree by performing various actions. Leveling is still essential, but the other unlocking leveling isn't necessarily the optimal path. Though technically one can unlock everything, the grind that doing so would take incentivhad a friend who chose to focus on unlocking water magic and cook-Dark and Light uses the same ing, whereas I chose to work on friend worked on air magic and gardening. This allowed each of us

Dark and Light's diversity of such as straw and iron, which cre- magic is quite impressive. I never ing exclusively on the strong one

ate structures that are different in cared for unmounted combat in Ark, but in Dark and Light, magic improves it. You can shoot thunderbolts from your staff, use telekinesis to throw boulders and trees at enemies, shape shift yourself into a deadly creature, or even shape shift your enemies into a not-so-deadly creature. I found that all of these options made combat feel more immersive while providing extra incentive for me to level and train skills.

Dark and Light is in early access, and this shows. The game has serious issues, including both horrendous load times (make yourself a snack while you're waiting to load) and game-breaking glitches. There's one bug where you can't log back into a server until someone already in it kills your character. This is obviously a huge problem for solo players since they can't have a tribe member kill them, and likely must suicide after each session, which is obviously inconvenient. Glitches like these are certainly nothing abnormal in an alpha that's only been out for two months, especially one of Dark and Light's scale, but they do make it difficult for those who want to enjoy the game now.

Actions performed by the player can often feel imprecise due to poor hit-boxes and network lag. Most of Dark and Light's weapons feature two attacks: a quick one and a strong one. I found myself relybecause the quick one felt almost impossible to connect (the strong one wasn't particularly easy to land either). A lot of this is probably due to network lag, and hopefully future optimizations will help solve it, but in the meantime combat feels clunky. There's little more frustrating than hitting something on your screen, seeing blood fly and hearing the sound effect which indicates you hit it, but seeing the health bar ignore all this. This is because your client is registering and displaying that you hit the creature, but on the server, you're missing entirely due to the server being behind the client.

IMAGE TAKEN FROM GAMELUSTER.COM

Dark and Light is a pretty game, but much like Ark, it's poorly optimized. If you want the game to look good, you're going to need a high-spec computer to run it and get good frames. Character and creature models aren't nearly as pretty as the environments, and are rather ugly. It's possible that Snail Games will later work on both issues, as Wildcard did the same for Ark, but I find the ugly models particularly discouraging. The sound design is generally lackluster, too. Some of the music tracks are decent, but sound effects are weak. Due to the poorly designed character models and sound effects, many of Dark and Light's creatures felt inanimate, which is unfortunate considering how much of the game revolves around them.

In my review of Ark, I warned readers that certain aspects of the game, like tribes and competition over scarce resources, encouraged toxicity, and the holds true for Dark and Light. Unless you're playing on a PvE server, expect to encounter griefers, cheaters, exploiters, and all sorts of toxic players fairly regularly.

Dark and Light can feel like an unforgiving time sink at times, but much less so than Ark. If you die in Dark and Light, a pillar of light rises from your body, making it much easier to recover your loot. Base taming times and resource gather rates feel better than Ark's did, and some of the most time-intensive systems (breeding and imprinting) aren't implemented, and may not be. Further, there is a method called soul-bind that makes it so you don't drop gear on death, and the resurrection of deceased tames is possible. Given all of this, Dark and Light feels much less grindy than Ark did.

At the end of a review, I typically ask myself "who would I recommend this game to?" In this case, the answer is easy: anyone who enjoyed Ark will probably enjoy Dark and Light. Even if you don't know Ark, you might still enjoy Dark and Light. Fans of fantasy MMOR-PGs and survival games could find plenty to like here. That said, if it were me, and I were purchasing Dark and Light out of more than curiosity, I would hold off until it's a bit more complete. That way I'd avoid potential wipes, annoying alpha bugs, and could potentially buy the game on sale.

In terms of rating, I'd give Dark and Light a seven out of ten at this stage. It's got plenty of promise, and there's enough to immerse you right now if you're inclined to play it, but there's also a lot of frustrating issues. Also, given Ark's controversial development history and considering that these two titles are related, it might be prudent to wait and see how Snail Games USA conducts itself. However, if Dark and Light interests you, I would recommend not letting its mixed Steam review score scare you away. Many of these reviews have more to do with Ark than they do Dark and Light

Story taken from GameLuster.com

EX LIBRIS' IS BOOKEI IBRARY FOOTAGE

MARK MARRONE CONTRIBUTING WRITER

Ex Libris: New York Public a Legendary mentarian Frederick Wiseman al resources of a library like explores the New York City books, microfilm, laptops, and Public Library as it enters the digital age. Although many may think libraries are a dying institution, Wiseman beautifully shows functions, there are meetings how they continue to thrive in concerning their budget and paa digitized world. However, at close to threeand-a-half-hours, it can be a they can improve the public inchallenging watch. Instead of employees or patrons of the New York Public where the president encourages Library approach the camera funding from both public and and explain to the audience private resources to tackle their how each function benefits current problems in the technobrilliantly lets the camera roll during the events to show of collection. the library's importance, rather than tell of it. There are a myriad of programs provided by the library like classes on how to read braille, job fairs, robotics clubs, slam poetry, and author conver- information just by placing Although Wiseman's approach

tion.

can use the many educationtake-home broadband hotspots for those who do not have an internet connection.

sations that help bring a com- the camera in the middle of a is unique, the camera can roll munity together through educa- function or program. For inexplaining the importance of the collection to the class. Another example is when the camera is sitting among those at a book club meeting, while the members discuss their opinions of the recent read. Wiseman beautifully transitions to each function by cutting to a few outside shots of the city, then eventually making the way to a shot outside the branch where the new function is happening.

Additionally, through capturfor a bit too long at each event. ing meetings, Wiseman brings on. stance, during a class trip to Outside of programs, patrons the library's picture collection, we all try to avoid in real life digital world to the forefront. If Wiseman captures employees and sitting through over five can one has the time and patience. feel dull after a while. The mo- they may want to check this out. Mark's Remarks: Rating: 2.5 out of 4 stars **"Wiseman** beautifully shows how they continue to thrive in a digitized world."

Behind all of the library's trons, where the president and his administration discuss how stitution.

There are plenty of meetings their community, Wiseman logically fast-paced world, like digitalizing their entire print

Although the library may face this problem, it is still amazing to see many patrons continue to use microfilm and read newspapers.

Wiseman tells of all this

Although there are so many different things going on at the library, Wiseman lets each function bleed into the next.

The obvious issue of the documentary is its running time. With a length of three-and-ahalf-hours, it can be challenging to keep interest in the library's functions.

At around the two-hour mark, one may get the point.

ments that deserve the long roll time are when patrons are discussing issues in their community or smaller staff meetings where employees talk about the difficulty of attracting teens to the institution.

On the other hand, meetings about budgeting and policy get boring fast.

If Wiseman were to cut the documentary to around two to two-and-a-half-hours, it would be much more enjoyable.

Despite its ridiculous runtime, the 87-year-old documentarian beautifully pays homage to the New York Public Library. Its cinematography is well done, as Wiseman places the camera in the heat of a moment.

Through the cinematography, Wiseman is able to tell of the library's importance in the different communities across the city.



MOMENTS AT MONMOUTH



What's your favorite part about the fall season?

COMPILED BY: NICOLE RIDDLE



Tianna Fougeray Senior

"Two of the best things about fall is when pumpkin spice flavored foods come back, and the return of cooler weather."



Dr. Dennis Rhoads Professor of Biology "I love coming back to my students and beginning the new semester, as well as seeing the leaves change color on campus."



Cristina Medlin Sophomore

"I really like going to corn mazes, apple picking, and carving pumpkins around Halloween time."



LEFT: MEMBERS OF THE STUDENT ACTIVITIES BOARD (SAB) EXECUTIVE BOARD ARE ALL SMILES AT THE BEACH N' PARTY EVENT ON THE RESIDENTIAL QUAD THIS PAST FRIDAY. PHOTO COURTESY OF: TIANNA FOUGERAY



RIGHT:

SOPHOMORE FORWARD DANA SCHERIFF SCORES THE WINNING GOAL AGAINST RIDER AT THE WOMEN'S SOCCER GAME ON WEDNESDAY, SEPTEMBER 27TH. PHOTO COURTESY OF: KARLEE SELL







LEFT:

THE WOMEN'S BOWLING TEAM AT THEIR FIRST OFFICIAL IN-SEASON PRACTICE WITH GUESTS FROM THE SPECIAL OLYMPICS OF NEW JERSEY. (FRONT ROW, LEFT TO RIGHT: DEMI MAY, MARITZA DARLING-RAMONS, CAMELIA COFFMAN, JACKIE EVANS, JULIE BIANCO, ALLISON CAROLA, HALEY SOLBERG AND ERIN OHTA) PHOTO COURTESY OF: MONMOUTH ATHLETICS



Don't see your picture this week?

Check back in next week's issue for more Monmouth student's photos!



Sophie Hans Junior

"Like everyone else, I love doing fun fall activities such as pumpkin picking."

ADVERTISEMENTS









MONMOUTH

Interest meeting in the Hall of Fame Area (2nd Floor of the OceanFirst Bank Center, next to the indoor track) on Wednesday October 11 starting at 2:45. All those interested should attend or contact Club President Jackie Jones. All abilities welcome.

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outlook.monmouth.edu

CLUB & GREEK

Blue Hawk Records Holds Auditions for 11th Compilation Album

RACHEL DISIPIO

Students from various majors Theatre last Wednesday, Sept. 11, where Monmouth Univerartists and bands to be a part of compilation album last at 7 p.m.

coming through the doors but come," Clemente continued. also five very hard decisions the to make.

ning through the night the group ists and bands who brought an in 2013. abundance of musical talent and uniqueness to the table.

tled Malibu, and returning veteroffered on campus.

cord's eleventh album," stated ju- we do," Rapolla said. nior Erin Clemente who will be

working as Wilczewski's manager during this exciting process.

"Everyone who came out was made their way out to Woods beyond prepared and auditioned to the best of their ability, leading us to a long discussion that had every sity's Music Industry III class member of the panel involved. The held open auditions for aspiring process was so difficult because we could have gone in so many di-Blue Hawk Record's eleventh rections with this album, but in the end, we were able to choose five The audition had one of the amazing artists and bands, each biggest turnouts to date, having of which who demonstrated their almost 20 in attendance, which own style and flare, and I truly not only led to so much talent couldn't be happier with the out-

Helping and guiding the Music class as a whole was not prepared Industry III class along the way is Department of Music and Theatre After much deliberation run- chair, Joe Rapolla, who has taught the class a number of times since of students decided on five art- he began teaching at the university

"I have so many expectations for this Music Industry III class. Freshman Jacke Tripp, fresh- My goal is for the students to apply man Kristen Wilczewski, junior what they learned and experienced Tim DiDomenico, a band enti- last semester when we created our tenth compilation album Hang Ten ans, The Nooks, were all chosen and take it to a whole other level to be a part of this experience while innovating and incorporatwhich is unlike no other that is ing new ideas. The music industry is always evolving and it's doing "We had a lot of trouble nar- so in such a dynamic way. We take rowing down the acts to the five the information the industry gives final artists for Blue Hawk Re- us and integrate it into everything

preparing for the upcoming weeks filled with promotion, recording, *The Nooks* Amanda McTigue. Olivia Rohlfs, a senior who and marketing including secondyear veterans, The Nooks, who will be performing their song, "Bulldog's Cage" for the album.

'We are so gracious for the opportunity to be a part of another Blue Hawk Records compilation album," said senior and singer for

plays ukelele and provides backup vocals for the band, continued, "We plan to make the most out of this experience as we did last year. It's really going to be a great record and everyone should check it out."

To keep up with Blue Hawk Re-

cord's five new acts and the Music Industry III class be sure to follow Blue Hawk Records on all forms of social media including Facebook, Twitter, Instagram, Snapchat, and Spotify.

Blue Hawk Records plans on having several promotional shows throughout the semester in addition to a release show during



All the bands and artists are **The Nooks audition** for Blue Hawk Records eleventh compilation album.

Student Activites Board Keeps Summer Going With Beach 'N Party Event

TIANNA FOUGERAY CONTRIBUTING WRITER

The Student Activities Board held its Pinterest-inspired event, Beach 'N Party, on Friday, Sept. 29 on the residential quad. The event started at 7 p.m. and ended at approximately 9 p.m.

Members of the club tabled on the student center patio earlier in the week leading up to the event as a way to promote it to students. When tabling, the club made sure to decorate the table with beachthemed items including gummy fish candy that had the event details on the back of the packaging for students to take. Window painting and social media platforms were used to get the word out as well.

Set up for the event started at 5:30 p.m. The Executive Board and a few general members set up tables, chairs, and beachy decor all around the residential quad. Sophomore journalism and public relations student and general member, Cassie Cinque, was excited to see everything come together. "Seeing all the fun and colorful crafts being put onto their tables made it seem like our own personal craft store was being brought straight to Monmouth," said Cinque. "I personally love DIY projects and helping other students to complete them while making some of my own was a great way to start off the weekend. The vendor, NY Party Works, arrived at the same time to set up their mechanical shark that students were immediately attracted to. Students were required to sign a waiver and wear a wristband in order to ride.

when in line to ride the mechanical shark," the junior said.

There were four craft options that students could all make for free. These DIY crafts included sea glass wind chimes, dream catchers, decorated mason jars, canvas wood paintings, and stuffand-fluff animals. "As a girl ob-sessed with the beach and DIY crafts, this was the perfect event for me to help out with," said Natalie Unangst, general member and sophomore marketing and management major. "Everyone enjoyed making each craft and taking pictures using the Beach 'N Party Snapchat filter," she

There was a display of candy, students were excited to be crafty cupcakes, and other snacks to add for the night. Be sure to check out to the beachy vibe that the Stuthe club's next event featuring dent Activities Board aimed for. magician Dan Martin at 9 p.m on All of the foods had tags to re- Saturday, Oct. 7 in Anacon Hall.

for the mechanical shark. "It was name them into a beachy pun with fun to see everyone's enthusiasm gummy worms becoming fishing bait and cheese balls becoming beach balls. "This event made me feel like it was still summer time and like I was on the beach with the cute decorations and beachthemed food," said Lotosky.

Senior and Novelties Chair, Tianna Fougeray helped to plan the event and was incredibly happy with the turn out.

'Beach 'N Party was a cool themed event that offered a variety of activities for students and was well run and thought out," Lindsey Smith, advisor of the Student Activities Board and Assistant Director of Student Activities, said.

continued. The event was a huge success as

Club and Greek Announcements

Student Activites Board

SAB is bringing magician, Dan Martin, to campus on Saturday, Oct. 7. The event will take place at 9 p.m. in Anacon Hall and is free to all students. Be sure to go for a "magical" night!

Counseling Student Association

The Counseling Student Association has teamed up with The Ashley Lauren Foundation to host its first ever Dance-A-Thon, Dance for Hope, fundraiser. The Ashley Lauren Foundation is a non-profit organization based out of Spring Lake, N.J., that supports children with cancer and their families. They will be dancing for the children and families that the Ashley Lauren Foundation supports on Nov. 19 from 3 p.m to 8 p.m. at the OceanFirst Bank Center. Students can join as an individual or a team! All participants must raise at least \$50 if above the age of 18, or \$25 if below the age of 18. All persons under 18 must be accompanied by an adult. If you would like to join Monmouth in the battle against pediatric cancer, text DANCE to 7177 or visit ashleylaurenfoundation.org for more inormation.

Awareness Chair of the Student Activities Board, Kendall Lotosky worked at the table to give out wristbands and waivers



PHOTO COURTESY of Tianna Fougeray SAB Executive Board members pose for a picture on the residential quad before their Beach 'N Party event.

The Outlook

The Outlook is looking for students interested in writing for the student-run newspaper. Sections include News, Opinion, Politics, Lifestyles, Features, Entertainment, Club & Greek, and Sports. No prior experience is necessary. The Outlook fulfills practicum.

If you are interested, please e-mail outlook@monmouth.edu for more information.

Hawk TV News

Hawk TV News is looking for vibrant and interested students who want to be reporters, writers, anchors and much more. You do not need to be a communication major to be apart of this organization.

If you are interested email us at s0933548@monmouth.edu or meet us on Wednesdays in JP 138 at 3:15.

Take a Break from Taking a Knee?

MARIE SOLDO STAFF WRITER

Colin Kaepernick is a legend for sacrificing his career in continuing to kneel during the National Anthem, as some other NFL players may believe.

For others, Kaepernick is a disrespectful you-know-what. What first began as 'just' sitting through the anthem has transformed into a nationwide phenomenon.

This movement started with Kaepernick's decision to protest the police brutality and portunities, people will suc-oppression that society sees in ceed, crime will go down and the news so often.

NFL, Kaepernick said, "I am added that everyone should be not going to stand up to show pride in a flag for a country that oppresses black people and people of color. To me, dent Kayla Cardona showed this is bigger than football."

While he has every right to defend what he believes in, of what others may think. "I there are also other ways to do SO

His decision to kneel during the National Anthem, according to President Donald Trump, is not only disrespecting the anthem, but disrespecting the American flag and the United States.

When asked about the controversial issue, several students preferred not to state ers," Cardona said. their stance on it.

nation should focus on what unites us. He also believes that binding together during these

moments are what will bring us together as a nation.

"I just did the Tunnel to Towers Řun in New York in honor of the 343 firefighters that lost their lives on 9/11. There were over 30,000 people there from all walks of life. Such a diverse group of people came together to accomplish one goal," Faunce explained.

Faunce believes that America will become stronger when people come together, not apart, and when the media focuses on the needs of common people. Faunce also believes that if there are more job opthat too will make for a bet-In an interview with the ter America. Furthermore, he respectful and understanding

> concern about stating her opinion on the issue because personally feel like there are bigger concerns we need to worry about other than the NFL players kneeling. There are more pressing matters in the world like the catastrophe that just struck Puerto Rico. It is frustrating that this has become such a major narrative when our concerns should be directed toward helping oth-

In the midst of students hav-Stuart Faunce, a senior health and physical educa-tion student, believes that the Eleanor Novek, a professor of communication, said, "Colin sis for his protest." Kaepernick was protesting the oppression of African Ameri- uproar this has caused, foot-



Many professional football players have joined Colin Kaepernick in standing or kneeling in solidarity for those affected by police brutality and oppression.

pressing hatred for the country, or the flag, or the military. endorsed by current and former servicemen, other players, and by some coaches. He was exercising his right to free speech to do what he did. The hubbub surrounding all of this is obscuring the very real ba-

Despite the controversy and

to freedom of speech, which is expressed under the First His action was peaceful and Amendment. Law professor at respectful. In fact, it has been the University of Georgia told Vox, "The state – that is, the government – cannot punish him for observing the anthem as he chooses, as long as his a controversial issue, what is observation does not intrude next? Will these football playimproperly into others' freedom of speech and expression."

Kneeling during the National Anthem is in no way harm-

cans in the U.S. He wasn't ex- ball players have every right ful or disrespectful, as Novek had explained.

IMAGE TAKEN from Sports Illustrated

Many professional football players, instead of kneeling like Kaepernick, have been joining arms in solidarity with the movement.

While it does shine light on ers continue to kneel during the anthem as more minorities fall victim to police brutality and oppression? We rise by *lifting* others.

What's in a Name? The Truth About Brand Names

JORDAN SMITH CONTRIBUTING WRITER

In today's society, there is one thing that we all seem to connect with. It is that we are all, in a way, materialistic.

But, for some people, being materialistic mirrors onto clothing. It has almost become a social norm for people to purchase the most expensive or 'hyped up' clothing items just to say that they have it. But, is it worth the money?

business administration student, said, "I own pieces from dollars on a t-shirt, then go Supreme, Bape, and Kith, but, a lot of my simple clothing pieces come from H&M, Forever 21, and even Boscov's. I also do wear some local brands such as Quartersnacks and Paterson League."

Manwarren also gave his opinion on purchasing expen-sive clothing pieces, "Person-ally, I think there is an extent to what I would spend on spe-

want to spend hundreds of ahead. I'd rather spend that money on something else."

Overall, Manwarren's daily clothing pieces are affordable but he is always willing to spend the money for a "holy grail" he's been searching for. Manwarren's tips are definitely something to keep in mind while shopping for your wardrobe.

Brianna Pinto, a sophomore

Tyler Manwarren, a senior cific brands. If other people biology student, agrees that she would go the extra mile to grab a more chic and expensive piece if it meant long-term wear. "I have a few Su-preme pieces, Kanye West's Pablo merch, and some Kith collaborations," she said.

Pinto gave her perspective on spending money on ex-pensive brands and clothing items, "It depends on the situation and the item. The smart choice would be to spend money on cheaper pieces.³

Although she will tend to look for pieces that are more

"If it's good quality, it's worth the money. I'm more willing to spend my money on premium quality clothes because ultimately, they tend to last longer."

He also gave his input on brands that set their retail prices to unreal standards. "I don't think it's a bad thing to have a few pieces from certain brands, but they have to be worth the money. If someone bases their entire wardrobe off expensive brands, it loses the appeal," he said.

Överall, Messina has now



PHOTO TAKEN by Alexandria Afanador

Franco Sarto, Kanye West, Supreme, and other high end brand names can really break the average college student's budget.

affordable, Pinto will occasionally save her money to purchase an item that's more desired.

Many popular brands or brands that are produced by celebrities are exponentially higher priced than typical expensive brands.

Kanye West released his brand with some very basic clothing items and were sold for ridiculous amounts of money.

Professor of communication, Nicholas Messina, had alternate views that differed from both Pinto and Manwarren, "When I first started buying essential clothing pieces, I'd usually buy from Cotton On, Pacsun and H&M."

Messina realized that he would rather spend the extra money on one essential piece that will last longer than similar items that cost less.

transitioned into spending a reasonable amount of money for essential pieces that will last in the end.

For college students, it can be difficult to be able to spend a good amount of money on an expensive and flashy piece.

What we could do is make a smarter decision to purchase cheaper alternatives to expensive items that are trending.

Although it may be more desired to obtain expensive pieces that some of our favorite celebrities wear on a daily basis, some of these pieces are just not as affordable as a cheaper alternative

Owning brand name pieces that are extremely sought after has become popular and mor e on trend than just buying basic clothing, but financially, spending half our paychecks on a basic piece is not worth the money.

FEATURES

Work in That Workout: Monmouth's Personal Training Program

ALEXA OLAH CONTRIBUTING WRITER

Balancing schoolwork, family, a job, and a social life can be tough for college students. Finding motivation to get to the gym or squeeze a work out in, only makes it tougher.

To make going to the gym easier and more effective for students as well as staff, Monmouth offers the opportunity to work one on one with a personal trainer, free of charge.

Training sessions are scheduled based on the student/staff and trainer's availability to help reach individual goals safely and effectively. Training sessions can take place as frequently as the student or faculty member may like, as long as there is a trainer available to work with them.

Christian Esola, Fitness and Wellness Coordinator, is responsible for the administrative portion of this program.

Esola coordinates the hiring, training, scheduling, program design and evaluation for each of the trainers as well as offers advice and guidance to the staff when it comes to program design and implementation.

Esola explained the program by saying, "Each client we take on is first required to fill out a packet of paperwork that includes a health history questionnaire, a waiver, an informed consent, and a training time and preferences sheet." He explains that some of the



The Fitness Center is located inside the OceanFirst Bank Center and features a number of different machines, weight training supplies, and workout areas.

forms are for legal purposes while others are designed to ensure the application of a safe and effective exercise program.

On the training staff, Esola explained that each trainer is certified through a nationally accredited institution. "Most people realize the benefits of a regular was offering to pay for the certification exercise routine and want to be healthy. they are just not sure how to go about it. That's where we come in. Our staff can show you the basics, get you going on a routine and help you progress toward

your specific goal," Esola said.

Vanessa Leverich, a personal trainer at Monmouth, explained that she had wanted to get her certification to be a trainer for a while but the cost of the certification held her back

When she found out that Monmouth at the university's gym, she jumped on the opportunity.

Leverich explained what drove her

so many girls and guys that just wouldn't go to the gym or only did cardio because they didn't know how to weight train or they felt intimidated. I wanted to change that for people and show them how great weight training really is for your body," she said

On challenges she faces as a personal to become a personal trainer and work trainer, Leverich said, "When I encounter clients with serious restrictions, I have to do a lot of research on what they can and cannot perform with certain indesire to be a personal trainer, "I knew juries and being on certain medications

and I have to change my way of training in order to accommodate these needs."

Though this may cause a bit of a challenge for her, Leverich finds it rewarding to hear her clients tell her how great they feel and look as well as how much they appreciate her time an effort.

Hayley Bray, a senior health studies student and personal trainer at Monmouth for over a year, said, "The training program provides students with the first step in the right direction toward their fitness goals. Guidance from a personal trainer gives individuals the confidence to go out of their comfort zones and push their bodies to levels they didn't know were possible."

Bray continued to gush over her inspiration from her clients, "My clients have shown so much improvement and I couldn't imagine not doing this. It's hard at times trying to juggle everything all at once, but seeing the weight loss or seeing the difference in self-confidence in the students and faculty I work with make it worthwhile."

For any students or staff looking to take advantage of this health and fitness opportunity, he or she may contact Christian Esola.

"As far as the personal training program goes, I am the main contact for anyone who is interested in enrolling. All they need to do is reach out," he explained.

Esola can be reached via email at cesola@monmouth.edu

Life at Mon nouth as a Veterai

CORAL COOPER ADVERTISING MANAGER

Monmouth University has over 110 military affiliates, including 84 that fall under veteran status. People often think of the old man in a faded Army green camouflage jacket or WWII Navy base- oriented. I was a complete roball hat when someone says 'veteran'. However, many veterans on campus are under the age of 27 and are attending classes just as any other student would be.

Michael Callahan, Coordinator of Veteran Services who served in the Army from 2006-2010 and was deployed to Iraq twice said,"There's this perception that there is a monolithic military experience. There's individual experiences from being in the military.'

'Most [students who are veterans] are under the age of 26, so they fit in developmentally and age wise as a college senior," Callahan said. Veterans and acblend in with fellow classmates, time management, and applybut confusion may arise when ing yourself to succeed and the translating experiences to peers

to eat, maybe one to two minutes for that. At the end of the day I wanted to make sure I did what I needed to do."

Puzzo tries to stay physically active because he never knows when he could get called back.

"Before I joined I was family mantic," he admits these parts of him may have changed since enlisting. "I love poetry. I don't show emotion as much from being in the military. The nine months I was deployed, it was all males. I used to go to church every Sunday, but with physical training, it got harder to do."

Christopher Montalvo, a junior history and political science student served in the U.S Marine Corps (USMC) and said accountability was one of the best things he got out of his training that can be carried over into everyday life. "Self-accountability, be where you're supposed to be on time, the ability to adapt, to overtive military members on campus come differences in each other, it sounds like to veterans, "You fundamentals and being able to group that and use it in practical application," he explained. Montalvo travelled to Japan, Thailand, Korea, Afghanistan, Africa, Spain, and different parts of Europe while enlisted in the Marine Corps. "It opens per-ceptions and makes it easier to adapt. You're training with other nations' forces you get to know one another," he said. "If I'm 27 I'm not going to reon campus are mostly veterans because I can relate to them. It's still a comradery even if we're from different branches," Montalvo continued, "Once you're in there it's more about brotherhood."

the Bill of Rights," Cohen said. As a student, Cohen realized he had to change his mind set to do classwork and not a job he was trained to do and that his fellow classmates would not always be able to understand. "Usually students don't get it but they think 'it's cool.' Older professors are so intrigued by it. Political science and history are really interested in it," Cohen said.

"I wanted college to be paid for. I definitely wanted to serve my country. I felt it would sound corny if I said that first," Cohen said. He went on to reveal a shy pride that many members of the military share. "I didn't want to sound like a 'boot' which is military jargon for a new person in the military or USMC; and they just don't get it yet and that's something they would say very enthusiastically and for the guys who have been in, we look at that as a joke," he said.

Cohen further explained what

have to earn the right to serve your country, it's not just making it past boot camp, anyone can do that. It would mean more if a master gunnery sergeant, a high ranking officer who you know has been through it, than if a boot said it."

"I feel like everyone thinks that people in the military have Post-Traumatic Stress Disorder (PTSD) and that's just not true," Cohen revealed. There are people that unfortunately suffer from severe PTSD due to traumatic combat experiences, but Cohen expressed that does not apply to every military personnel. "I thought I would be going to Afghanistan or Iraq, or jumping out of airplanes or helicopters all the time but you might do that once a year," Cohen said. Another misconception that new recruits and civilians have is how much combat a soldier will actively be apart of.

Cohen was in Japan for two years and said, "You really ap-

preciate the culture. It's really cool to live in another country and see how they operate and how it compares to how we operate. They were very used to military; we've been there since 1945 and actually owned it in the 1970s. That's Okinawa island, Japan. They tolerate us but any incident between a marine and locals can become an international issue."

Taking accountability for themselves or things done incorrectly is something all three veterans found to be a substantial quality they gained from be a part of the military.

On November 13th there will be an event called "Ask a Veteran" in Anacon Hall. "The point of it is to give honest feedback and honest answers. Recruiters will sugarcoat it as much as possible; they don't always tell you the facts, so people who want to join the military get to really understand what it's about," Puzzo said

or in the classroom.

An anecdote a veteran student may have shared in class is something that can be concerning to a professor and consulting faculty is important. "I have to explain that they're just comfortable in your class," he said.

Callahan suggested the way to improve smooth veteran transitions into a university setting would be programmatic events or resources to make campus life late to the 17 year old. My friends more comfortable.

Rocco Puzzo, a first year communication student, joined the army a year after high school said.

"5:30 am PT, 6:30 salute flag," Puzzo described his mornings as an infantryman. Sleep was always the last thing to be considered and was often on cots or the ground. Puzzo said, "It's very different than being a college stupersonal hygiene, then it's time military you don't have a lot of experiences to bring to the discussion.

Matthew Cohen, first-year computer science student served in the USMC from July 2012 to July 2016.

"I definitely appreciate my



PHOTO TAKEN by Coral Cooper

dent. Gun maintenance and then freedom. When you're in the Veterans at Monmouth show that they look just like everyone else in the classroom but have different

Football Wins to Improve to 4-1 on the Season

ZACH COSENZA SPORTS EDITOR

Football beat Bucknell 35-13 behind a rushing attack that ran for 289 rushing yards on Saturday evening.

"We have a couple of good backs who run hard and we decided to feed them," said Head Coach Kevin Callahan. "We have depth and experience in our offensive line and it's a unit that we rely on quite a bit."

In the second quarter, senior safety Mike Basile set the Monmouth career tackles record, surpassing former Hawk Aaron Edward's record of 353. For the game, Basile finished with seven tackles.

"It's a great feeling to break any record," Basile said. "Coming into the season I wasn't really worried about it because I knew if I played my game the record would come." Callahan added "[Basile] is a special player for us and I am really happy that he achieved that goal.

The Hawks didn't waste any time, scoring 2:44 into by Bucknell and Monmouth, ception after a botched snap the game that ended with a Bucknell was driving late in and desperation pass by the sophomore running back Pete the first quarter, after Buck-Guerriero six yard touchdown nell completed a 76-yard pass run. The score was set up by a to get into the redzone. The ond quarter, Bahar completed sophomore quarterback Kenji Bahar pass to junior tight end Jake Powell that went for 46 yards.



Freshman Running Back Eric Zokouri ran for a career-high 134 rushing yards on 21 carries Saturday night.

Bucknell to a fourth down and

Bucknell kicker.

On the first play of the sec-Hawks' defense then force a three yard pass to junior wide receiver Reggie White Jr. a field goal attempt, senior de- for a touchdown to make it a fensive back Teddie Martinez two score game. White is now After back-to-back punts record his eight career inter- tied for fifth all-time in touch-

down receptions with 14.

Bucknell would answer with their own three yard touchdown pass, but on the point after Basile would block the kick to make it 14-6 MU.

On the ensuing drive, the Hawks would drive 73 yards in back Eric Zokouri would start- Oct. 7 at 1:05 p.m.

ed with four straight rushes for a combined 34 yards. After a timeout, senior wide receiver would score his first career touchdown on a 39-yard rush to make it 21-6.

In the third quarter, MU's first possession of the half ended with another rushing touchdown, this time by junior running back Devell Jones. The score would be the teamleading seventh touchdown on the season for the junior.

After the defense forced a three and out, Bahar would get a rushing touchdown of his own from one yard out to make it 35-6 MU.

With the four score lead, Bucknell would add a rushing touchdown from three yards out to make it 35-13.

After a blue and white punt, Bucknell would bring it all the way to Monmouth's 11 until senior defensive lineman Manny Maragoto recorded a fourth down sack and forced fumble, which was retrieved by Martinez to seal the victory for MU.

For the game, Zokouri lead the Hawks with 134 rushing yards. Powell added 85 yards on four receptions. Bahar had 174 passing yards on 14 completions.

The Hawks (4-1), will look to make it three in-a-row when they face Holy Cross on the last game of their road stretch. only 1:45. Freshman running Kickoff will be on Saturday,

Senior Spotlight: Field Hockey Defender Julie Lazlo

CHRIS FITZSIMMONS STAFF WRITER

Would you be willing to cross an ocean to attend Monmouth University? It is not uncommon to spend a semester aboard but the thought of four years away from home is an intimidating prospect. Add in the challenge Field Hockey, all the people play of playing a division one sport it," Lazlo said. "We played field and the idea becomes even more hockey on the streets, with our dauting.

Meet senior field hockey defender Julie Lazlo, she not only took on that challenge but she has thrived. Born in Rotterdam,

south of Amsterdam, field hockey has been a part of her life since the beginning. In the United States it is common to play basketball, football, soccer or baseball. In the Netherlands, you play field hockey.

"Back home everyone plays clubs and I decided to play."

One of the key differences between the Netherlands and United States in terms of progression through the system

Netherlands, a major port city stems from the idea of clubs. In that." the Netherlands if you want to play in a structured environment you begin by joining a club and progressing through the levels as you age. High Schools do not compete against each other in sports and the only way to play is through a club.

"You do not play for High School, you only play for your club," Lazlo said. "That is one of the biggest differences coming here. Here you play for your school where back home you play for your club. You never have the whole school experience with

Lazlo began by competing at the mini level and due to her skill, she was selected for the Victoria Club's team. That meant that she competed in the premier league in the Netherlands and was a top-level talent. Through competing at this level Lazlo was exposed to idea of coming to the United States to play at the collegiate level. It occurred through a friend who played in the US for a semester.

"In my senior year of high school one of my best friends, who was a year older than me. She went to America to play field hockey for a semester and she said she loved it. I asked her how she did that. The process is, you find an agency and they help you out by making a recruiting video. Coaches see that video and if they like it you get contacted to play," she said.

agency and with their help pro-duced a recruiting video. The Lazlo. After a record setting 2016 coaches at Monmouth saw the season, the team is primed to devideo and she was invited to tour the school. Lazlo visited Monmouth with her dad and she was impressed with the school and the coaches. She decided that coming to Monmouth was the right decision and ran with the opportunity. Lazlo saw time immediately as a freshman and helped contribute to the team's 13-8 record. After an impressive freshman year, she was poised to become key cog for the team. However, her sophomore year was cut drastically short due to a foot injury. The injury was a major setback for her but she kept at it and pushed through. "I had a lot of injuries and I thought I could not do it anymore. I learned that you can persevere and no matter what if you think you can you will. Also look for help you need, do not push people who want to help you," she said. because that is he day," Lazlo said.

Lazlo took her game to another level. She racked up countless player of the weeks and was named as the 2016 Metro Atlantic Athletic Conference (MAAC) Player of the Year. She was also selected to the 2016 National Field Hockey Coaches Association (NFHCA) All-Mid-Atlantic First Team and the 2016 NFHCA All-American Third Team and many others.

While Lazlo has the personal accolades that would make any athlete envious, she is most proud of her team.

"I am most proud of my team in general. The year before I came here they did not have a good year. The year after as a freshman we got to hop on the bus. We had to work hard but what they did as a team was impressive and now look at us. We have come so far as a team," she said.

The team has improved over Lazlo proceeded to hire an the past four years and in large fend their title as MAAC Champions with Lazlo as one of the key components. As for the future, Lazlo is not entirely sure yet. As a finance major, she wants to eventually work in the business world. She plans on taking it as it comes and is enjoying the moment. One thing is for certain in her future however, no coaching. "No, I still want to play field hockey back at home with a club. Coaching though, never, way too much work I really respect my coaches because of it but it is not for me," she said. In retrospect Julie is pleased with the results of her decision four years ago to come to Monmouth. As of right now she would not do anything differently and is living her life to the fullest. "I would do it all again, I do not think I would do it differently because that is how I got here to-



PHOTO COURTESY of Karlee Sell

Senior Defender Julie Lazlo's trip from the Netherlands to Monmouth was one she would do all over again.

Field Hockey's Begins Conference Play 1-0

CHRIS FITZSIMMONS STAFF WRITER

The Monmouth field hockey team began conference play this past Friday with a 4-0 win over Sacred Heart University. Four different Hawks tallied goals in the game and senior defender Julie Laszlo led the way with three assists. tory in the second half by play-The Hawks have now won six straight and improve to 8-2 on the year.

"It's very important to get off to a good start in conference and it was nice to be at home to start league play. I think we held possession really well and being able to finish the way we did in the first half proved to be the deciding factor," said Head Coach Carli Figlio.

for the Hawks to score their first of the day. Freshman de- with the finishing in the first fender Tamar Klinkhammer half and the possession in the buried a rebound off a Laszlo corner to give them the initial led. The Hawks never looked to be able to finish the ball in back from there and sustained the second. I would also like to the led throughout the remainder of the match.

Nearly ten minutes later junior defender Georgia Garden Bachop, fresh off her outstanding performance last week, deflected a corner for the awards this week. Klinkhamsecond goal of the game. Junior forward Kelly Hanna followed up shortly with a nifty goal where she spun around for every minute against both and netted Laszlo's third and Drexel and Indiana and was final assist for the day. Sophomore forward Josephine Van Two other Hawks, senior Mal-

der Hoop, not to be out done by fellow Dutch teammates, made her presence felt in the 24th minute by burying a feed from senior midfielder Rachel Konowal. That would finalize scoring for the Hawks and they would go into the half with a 4-0 lead.

Monmouth coasted to vicing tight. The Hawk's defense was so impressive on the day that senior goalkeeper Christen Piersanti did not have to make a save. This is her 16th shutout in her career and third of the season. In addition to a dominating defensive effort, the Hawks were even more impressive on shot differential. Monmouth outshot Sacred Heart by 31 and did not even It took only three minutes allow a shot in the second half.

Figlio said, "I was pleased game. We really have to put two halves together. We have see better organization on the defense side and if we did that we would be improved."

In other news three Hawks earned Metro Atlantic Athletic Conference (MAAC) mer achieved her first MAAC Rookie of the Week last week. Klinkhammer was on the field a key part in both victories.



PHOTO COURTESY of B51/Mark Brown Senior Goalkeeper Christen Piersanti's earned her seventh win of the year on Friday afternoon. The senior was not forced to make a save in the victory.

lory Kusakavitch and junior thoughts on the award and defender Georgia Garden Bachop, brought home weekly awards also. Kusakavitch was tabbed as the MAAC offensive player of the week for her twogoal outing against Drexel, while Bachop earned defensive player of the week in part for her game winning goal against Indiana.

Klinkhammer offered her understand it better."

her efforts after the game, "It means a lot and I am honored to be here and play for Monmouth. I am honored to be a freshman who is playing and that means a lot because that does not happen a lot. I have supportive teammates who help me because everything is really new, and they help me to

The Hawks (8-2, 1-0 MAAC) are on the road for their next two games. They first travel to take on Fairfield University on Oct. 6 at 4:00 p.m. and follow that up with an Oct. 8 matchup against Hofstra at 1:00 p.m. The Hawks last played against Fairfield in the MAAC Title Game in 2016 and this game is a pivotal match up for the Hawks.

Women's Soccer Shuts Out Rider and Quinnipiac

SOPHIA GALVEZ STAFF WRITER

The Monmouth University women's soccer team had two games this past week, both adding to their shutout streak as well as their unbreakable winning streak. The Hawks defeated Rider 1-0 on Wednesday. With only 3 days to rest, the team won against Quinnipiac with yet another 2-0 shutout on Saturday in Hamden, Connecticut, making their record (7-2-2).

Keeping the theme of quick first half goals, senior forward Rachelle Ross scored 70 seconds after the game began. Sophomore forward Madie Gibson found the ball near the corner of Quinnipiac's penalty area and quickly navigated it to Ross, who kicked it in the upper near corner to make the game 1-0. This is the fastest goal Monmouth has made since 2013, when Julie Spracklin scored 25 seconds into the first half at Saint Peter's. Gibson and Ross came together again in the 35th minute of the game for another goal. Gibson sent the ball from the left side of the far post right to Ross to double their lead to 2-0. Goalkeeper Amanda Knaub finished the game with three saves, securing her eighth shutout of the season, therefore keeping the team's streak intact. Knaub has not allowed any shots on goal to get past her in over four hours of game time. Head coach Krissy Turner said, "This was an excellent performance on the road. It was a total team effort right from the opening kickoff that led to this win. I am super proud of everyone on this team." As well as winning on the road, the Hawks earned another win against Rider earlier this week. Just three days before their game



UPCOMING GAMES

Wednesday, Oct. 4 WSOC at Iona* New Rochelle, NY 7:00 p.m.

MSOC vs. Iona* Hesse Field on The Great Lawn West Long Branch, NJ 7:00 p.m.

Friday, Oct. 6 FH at. Fairfield* Fairfield, CT 4:00 p.m.

M Tennis Farnsworth Invitational Princeton, NJ TBA

Saturday, Oct. 7 M Golf Bucknell Invitational

Senior Foward Rachelle Ross' two first half goals were the only goals needed in the 2-0 victory over conference foe Quinnipiac.

against Quinnipiac, Monmouth beat Rider 1-0 on Wednesday, September 27 at Hesse Field on the Great Lawn.

This was a nitty, gritty game right down to the last second. There was action on both goals, but Monmouth was the team to finally break through and score a goal late in the first half. Sophomore forward Dana Scheriff scored with a header to put Monmouth in the lead 1-0. Scheriff ran onto a bouncing ball and headed it past Rider's emerging goal keeper for the first and only goal of the game. This is Scheriff's second goal this season, both of which were game winners. Scheriff described her gamegame.

winning goal, "I saw Rachelle Although the women's soccer team are all-stars on the field durworking really hard to get to the end line and every practice our coach tells us to get in the box when we see our players going down the end line, and I did and she served it and it went right to This was a well fought win for

the team. Scheriff also stated that in the locker room before the game, the team knew that this was not going to be an easy game. Scheriff's goal not only put them in the lead, but it also boosted the team's morale and helped them to keep going and play hard for the rest of the

my head."

ing game time, the hard work they put in everyday behind the scenes does impact the way they play. Thanks to the Hawks, the Jersey Shore is now home to the nation's longest at-home winning streak, winning their last 12 home games. Monmouth is now 22-0-0 in the Metro Atlantic Athletic Conference (MAAC) at Hesse Field and have outscored their opponents 57-6.

The Hawks will be on the road again as they travel to Iona on Wednesday, Oct. 4 at 3:00 p.m.

Lewisburg, PA 8:00 a.m.

Cross Country Delaware Invitational Newark, DE 10:00 a.m.

W Tennis at Rhode Island Kingston, RI 11:00 a.m.

Football at Holy Cross Worcester, MA 1:05 p.m.

MSOC at Manhattan* Riverdale, NY 6:00 p.m.

WSOC vs. Manhattan* Hesse Field on The Great Lawn West Long Branch, NJ 7:00 p.m.

Sunday, Oct. 8 W Tennis at Bryant Kingston, RI 10:00 a.m.

FH at Hofstra Hempstead, NY 1:00 p.m.

*conference games



Senior Safety Mike Basile broke the Monmouth career tackles record on Saturday in the Hawk's victory over Bucknell. His second quarter tackle surpassed former Hawk Aaron Edward's mark of 353.

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OUTH

OUTLOOK

10NMOUTH UNIVERSIT

FULL STORY ON PAGE 18

PHOTO COURTESY OF JON LAMBERT