



# THE OUTLOOK

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## University to Create Field Station

KERRY BREEN  
SENIOR/NEWS EDITOR

Monmouth University will be developing the Monmouth Marine and Environmental Field Station on the banks of the Navesink River in partnership with the Borough of Rumson.

"The Monmouth Marine Environmental Field Station will allow the School of Science to offer direct access to a coastal ecology for our students and faculty," said Steven Bachrach, Ph.D., Dean of the School of Science and chemistry professor. "We anticipate teaching marine and coastal ecology classes at this location, exploring the neighboring islands and river, and even into the ocean."

According to Bachrach, it is expected that the station, which will be built on Rumson town property, will include an on-site boat dock, allowing classes to launch right from the station, and a marine laboratory with water tanks. The station will focus on faculty-led research, which students will be able to assist on.

The project, which has been in the works for over two years, was celebrated with a ribbon-cutting ceremony on Tuesday, Sept. 26.

"The field station will provide easy access to the Navesink-

Shrewsbury rivers and the ocean – nature's best living laboratories for our students to conduct hands-on field research," said Tony MacDonald, the Director of the Urban Coast Institute (UCI), which was involved in the creation of the station. "It is important to note that in addition to marine science and research, the field station presents an opportunity to expand Monmouth STEM education efforts working with local school systems and the public."

The University's School of Education and School of Science will part-

ner with the local school districts of Rumson and Fairhaven to develop curriculums focused in marine science and ecology, according to Bachrach.

"We expect to have their teachers spend time working with our faculty in developing new laboratories for their students, and lowering the K-12 students to come into the research labs," said Bachrach. "Monmouth students can have opportunities to

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PHOTO COURTESY of Anthony DePrimo  
(From left) Dr. Steven Bachrach, Rumson Mayor John Ekdahl, MU President Grey Dimenna, and Rumson Borough Council Member Joe Hemphill pose at the Field Station.

## Hawks Celebrate Intersectionality Week

JOY MORGAN  
ASSISTANT NEWS/ ENVIRONMENTAL EDITOR

Intersectionality Week at Monmouth University, featuring various events and initiatives hosted by University clubs and organizations to promote an interconnected nature of social categorizations such as race, class, and gender, began on Monday, Oct. 9.

The organizations involved include: Students Advocating Girls' Education (SAGE); the Youth Activists Group (YAG); Sexuality, Pride, Education, Community, Truth, Respect, and Unity at Monmouth (SPECTRUM); and the Gender Studies Club. All organizations involved have a shared mission of promotion equality, safety, and acceptance for all.

The week began with Indigenous People Day, a holiday celebrating the indigenous people of North America. Typically celebrated as Columbus Day, Indigenous People Day highlights a population that is seen as having been treated unfairly throughout history, especially by Christopher Columbus himself, according to Taffy Lashley, a sophomore communications student who took the

lead organizing the event.

The Gender Studies Club was at the Rebecca Stafford Student Center from 12 p.m. to 4 p.m. to educate the community and celebrate that indigenous culture.

National Coming Out Day is another day celebrated within the week. Taking place on Wednesday, Oct. 11, the organizations have worked together to create a variety of programming to mark the day.

YAG, SAGE, and SPECTRUM have worked together to spread awareness and support for all communities susceptible to unequal opportunity and mistreatment, according to Jane Lai, the President of SPECTRUM.

SAGE will table to spread awareness of the disadvantages people across genders, races, and cultures face in relation to the intersectional wage gap. They will also have a bake sale, which will promote the awareness of the intersectional wage gap, and give out lesbian, gay, bisexual, transgender, and queer (LGBTQ+) pride buttons in celebration of Coming Out Day, according to senior member Jaminique Hamilton.

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## Monmouth Welcomes Prospective Students at Annual Open House Event in Wilson Hall

COURTNEY BUELL  
EDITOR-IN-CHIEF

The University held its annual Open House in order to give prospective undergraduate students and their families the college experience on Sunday, Oct. 8.

The event, which ran from 9:30 a.m. to 1:30 p.m., gave these prospective students insight into the many different opportunities the University has to offer. Each department at the University was involved in welcoming these potential new students and answering any questions they, or their parents, might have had.

The day began with an opening reception at the Ocean-First Bank Center, where faculty and administrators were able to answer questions and provide advice to the potential new students. The Monmouth University alma mater was performed in front of the au-

dience of attendees by the Sea Sharps, the student a cappella group on campus. Shortly after, University President Grey J. Dimenna, Esq. addressed the attendees with a warm welcome.

Laura Yankowski, an undergraduate admissions counselor, explained that while the numbers are not in yet, the University counted over 1,400 registered families before the actual day of the event. Yankowski believes that that number could be much higher. "We last counted around 1,400 families who signed up originally, so it is really important that we have the available resources for all of them," she said.

Yankowski believes that what makes open house such a great experience is the diversity of the places on campus these families can visit. "We have seniors in high school, and even freshmen and sophomores, so it's really important that they are able to see what interests them to help them choose what they want to do. We

try to accommodate them in that way," she said.

Prospective students had the option to meet current students, tour the campus, speak with department faculty from a variety of disciplines, and learn about the clubs and organizations available to them.

Isabella Partazana, a sophomore tour ambassador and business administration student, expressed how much she loved seeing new faces, and said, "I think open house is a cool experience because it allows potential students to see how great Monmouth is. I hope they love it as much as I do."

One of the more unique facets of open house was the Academic Session option, according to Yankowski. During that time, the prospective students had the opportunity to visit an academic department that they wished to learn more about.

OPEN HOUSE cont. on pg. 3



PHOTO COURTESY of Kris Woung-Fallon  
Members of the Student Government Association (SGA) celebrated Monmouth's Open House on Oct. 8.

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# Student Organizations Work Together for Intersectionality Week

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The Youth Activists Group will be at the Student Center on Wednesday to share positivity, kindness, and acceptance for Intersectionality week and Coming Out Day. There will be a podium and a microphone open available to all students and faculty to share kind words of equality, vows of acceptance, anecdotes of struggles, and anything constructive to the community. YAG will also be providing interactive ways to share kindness and self-love to students.

"One of our members, Carly Miller (a senior homeland security student), had the wonderful idea of creating 'I am not defined by...' stickers," said Camille Taveras, a senior YAG member.

"When students pass by, they will be welcomed with a sticker that states those words and it's up to them to complete the sentence," added Taveras.

Taveras explained that she found people among the LGBTQ+ community were especially judged for insignificant details, rather than actual character.

"I think this sticker is an incredible idea because not only does it represent members of this community who have been judged by one of their minor characteristics, but it also makes the subject relatable," added Taveras.

"To me, Coming Out Day is about celebrating visibility and acknowledging a concept that is specific to the LGBTQ+ community," said Chris Rapaglia, a social work student and member of SPECTRUM. "We don't come out just one time in our lives; we are continually coming out to people as they become a part of our systems."

Rapaglia also explained that coming out could potentially put people at risk, specifying transgender women of color, who he says are disproportionately at risk for violence and even death.

"We as a community still choose to be seen, to be heard, and to come out despite adversity," Rapaglia finished. "To me, that's the importance of Coming Out Day."

Thursday, marking the fourth day of Intersectionality Week, will be dedicated to

Sexual Harassment Awareness. An educational event hosted by Professors United for a Safe Haven (PUSH) called "PUSH Back Against Rape Culture" will be held at the Student Center from 12:30 p.m. to 2 p.m.

"This event is important given that one in four college women will be the victim of an attempted or completed rape," said Corey Wrenn, Ph.D., Director of the University's Gender Studies Department and sociology lecturer. "That means that about 800 Monmouth students are potentially impacted. Given the high rate of sexual assault on American college campuses, it is important for the faculty to come together in resistance and demonstrate to students that we care about their safety and can be relied on as allies."

PUSH will be joined by SPECTRUM and the Gender Studies Club, who will be attending to share information about LGBTQ+ sexual education, and support sexual harassment awareness. SAGE will be present with a "What Were You Wearing" exhibit.

These efforts have been supported by other clubs including the Sociology Club, as well as from students participating in the University's upcoming production of "Hair," which will run from Nov. 10 through 16.

"The musical 'Hair' takes on topics such as sexuality, race, gender, environmental issues, etc. and celebrates the overall oneness of everything," said Michael Grant, a senior playing the character of Claude. "It's cool to be playing a character that lives among activists. Fifty years since its opening we're still dealing with similar issues, but it's so cool to go to a school where youth activists come together and keep the Age of Aquarius alive."

"Hair," a controversial rock musical from the 1960s, tells the story of a group of politically active hippies living a bohemian lifestyle in New York City and fighting against conscription into the Vietnam War, while also highlighting the ideals of the time period.

"I'm sure we all have at one point in our life felt judged based on something other than our character," said Taveras, explaining the overall importance of the week.

"Whether it be our age, race, or sexual orientation, we all want to feel accepted and we all must feel accepted. It is one of our hierarchical needs as human beings and so everyone coming together on a day like this truly depicts a caring community that I am proud to be a part of," Taveras continued.



PHOTO COURTESY OF Jane Lai

A calendar at the Rebecca Stafford Student Center showcases the events of Intersectionality Week.

# University Works to Propel Sustainability Efforts

JOY MORGAN  
ASSISTANT NEWS/ ENVIRONMENTAL  
EDITOR

The Sustainability Advisory Council (SAC) gathered with over 50 attendees to voice concerns, propose solutions, and plan for a greener Monmouth in the Edison Atrium on Sept. 21, 2017.

This was the first SAC meeting in over a year. Student leaders and community members who are involved with sustainable practices are invited to share their efforts and encourage support for their groups. The meeting organized a dedicated time for active members of the community leading sustainable practices at Monmouth to address the crowd and potential members.

At this time all members of the community were invited to voice their concerns of campus sustainability and propose methods to grow greener at Monmouth.

Many students and faculty members made comments on the issue of productivity and environmental hazards with single stream recycling at Monmouth.

"I have heard from multiple professors that all of the waste gets dumped into one place, and I have also seen janitors take both trash and recycling bags and combine them," said senior health and physical education student Alexandra Georgieff.

"I was in the gym today and they were using the trash can to hold gym equipment and the recycling can was the only can to throw trash and recycling into," she continued.

Various faculty also had concerns about the current sustainability practices at the University.

"Truthfully, I don't think the campus is sustainable at all," said one faculty member who preferred to stay anonymous. "Yes, we are regarded a green campus, but that simply is because we are using all of our roofs for solar panels. Yes, they produce a lot of green energy, but our solar paneling is masking all the other non-sustainable practices we have on campus."

Many members had comments and suggestions on the University's dining services. Banning the Styrofoam to go containers used in the dining hall that notoriously do not ever break down was one of many recommendations.

Gourmet Dining Residential Manager Chris Ryerson attended the meeting and responded to the concerns and requests of student members at the meeting.

"I believe that Gourmet can play a big role in advancing the sustainability at Monmouth, and food service any where can do that," Ryerson said. "We are willing to do anything

to help the sustainability council initiatives. If a subcommittee focuses on food and water, we would love to be an advisor and a good partner."

Academic plans surfaced at the SAC meeting, with goals to implement more sustainability focused courses, and increase accessibility to the Global Sustainability minor.

Diano Praglo, Chapter President of the Food Recovery Network, was present and expressive at the meeting.

"The Food Recovery Network strives to eliminate food waste. One out of ten residents in Monmouth County are considered food insecure, which means they are unaware of when their next meal will be," Praglo said. As we go about our everyday lives, it is very hard to believe that outside the walls of Monmouth University, our community is struggling with food hunger. Luckily, Monmouth University and its students have dedicated selfless hours to try and combat this issue."

The Food Recovery Network, a national chapter at Monmouth University, prevents food waste on campus by packaging leftover in aluminum pans at the student center and dining hall. They meet in the evening Wednesday and Friday and then the morning after they take the food to either a food bank or a church.

Praglo continued, "I would love to continue to play a key role in anything involving waste."

"I think it is important to now continue onto the next step. Having meetings is wonderful, but if we will not act upon our words, I do not see anything efficient getting done. I believe with the help of people who are really willing to voice their opinion and throw in a little bit of work, we can really create something special together."

"We had many powerful, educated voices in that room and it is exciting to see our ideas being brought to life," Praglo added.

The meeting left new members uncertain of when the next meeting would be, and who would be able to rise to positions of leadership.

Marc Pallidino said, "The next meeting and available council positions were unclear," said Marco Pallidino, a senior political science major with a minor in sustainability. "It is not certain whether we can anticipate change the come with this fragile first meeting. The follow-up will tell all."

Vice President of Administrative Services Patricia Swannack, who is "ultimately responsible for the University's sustainability efforts" says that "we have to meet more frequently than twice a month to have any change."

# Rumson-Based Field Station to Expand Curriculum

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fulfill their student teaching through the Field Station working with the Rumson schools."

"While Monmouth's primary mission is the education of its students, the University also has a public service mission of assisting the local communities and residents of those communities that surround the campus," said University President Grey Dimenna. "The University has an obligation to assist those communities and residents by being a source of education, culture and the arts. This project fulfills many of those goals by helping educationally, environmentally and otherwise."

"By being such a good neighbor, we gain support for the University and improve the area in which the

University exists," Dimenna added.

MacDonald added that the site will be an "excellent alternative venue to conduct community outreach and policy development."

According to MacDonald, the University's Marine Environmental Biology and Policy (MEBP) program has been long interested in having a field station that was close to campus and had easy water access.

"UCI staff became aware that there was some underdeveloped property that was coming up for sale in Rumson near the town marina that might be an attractive site for a field station," MacDonald said. "We went to tour the site and meet with town officials and representatives of the Monmouth Conservation Foundation."

According to MacDonald, it was soon realized that building on the proposed conservation lands would be complicated and difficult. It was the town of Rumson who first raised the idea of developing the field station on town property at the marina. The nearby islands would also be conserved for research.

"I think this will mean a lot more field work and hands-on experience for future students and will also give the University, MEBP program, and the Urban Coast Institute a bit more recognition and esteem," said Matthew Francis, a senior MEBP student. "Even though I'll graduate before the field station is finished and running, I'm still excited to see it happen and to see what the program's plans are in the future."

"The key element to making the

Monmouth Marine Environmental Field Station a reality will be the hard work that Monmouth and the Borough of Rumson will undertake now to raise the funds to construct and support the Field Station," said Bachrach. "We are looking to the Monmouth University community and the Borough of Rumson to rally around this project."

"I was quite struck by the genuine interest the Borough has in partnering with Monmouth University on the field station and so I quickly signed on and committed the School to pursue the project," said Bachrach. "We moved one of our boats to the site over the summer, and are now working through the details of the building."

"I think the ideas behind the project are good," said senior political

science student Marco Palladino, who is minoring in sustainability. "I went on a tour there for my Life's A Beach class two summers ago, where we saw various locations and learned about community problems."

"It's important that we continue to use the resources we have as educational opportunities for local students and students in a career toward the environment," Palladino added.

Faculty from the UCI have long used the boat ramp as a launch point for research in area water bodies such as the Navesink and Shrewsbury rivers, the Sandy Hook and Raritan bays, New York Harbor and the Atlantic Ocean. The University has already been granted access to the property to store vessels and other scientific equipment.



# University Professor and Student Invited to Study 300-Year-Old 'Vinegar Bible' at Shrewsbury Church

KERRY BREEN  
SENIOR/NEWS EDITOR

Corey Dzenko, an assistant art history professor at Monmouth University, and Campbell Lee, a junior English student, have been invited to study a rare ‘Vinegar Bible’ on display at the Christ Episcopal Church in Shrewsbury.

“The Vinegar Bible is a bible that was printed in 1717, in England,” said Dzenko, an art historian who typically focuses on more contemporary artworks. “It is called the ‘Vinegar Bible’ because ‘Parable of the Vineyard’ was misspelled to say ‘Parable of the Vinegar’ instead.”

According to the Asbury Park Press, the bible has been on display in the church for about 175 years; over the summer, for the 300-year-anniversary of the book, it was removed from its glass case to be used in services.

“I was fearful when we took it out,” said Christ Church historian Bob Kelly in an interview with the *Asbury Park Press*. “I didn’t know what kind of condition it was in – what we were going to see.”

According to his interview, the book was worn but in good condition.

“The Vinegar Bible is significant for art because it contains many engraved illustrations by 18th century artists,” explained Dzenko. “As a book, it is also significant as an example of graphic design. The printer used mechanical process to create the book, rather than writing and illustrating all books by hand, as was done before the invention of the printing press in the 1450s.”

Dzenko said that the Bible is useful for both the artistic history and illustrations, as well as what information it can provide about bookmaking, the history of books as a whole, and the history of that specific copy of the Bible.

“The physical object was brought from England and given to the Christ Episcopal Church in the 18th century,” Dzenko explained.

“It was likely hidden with other British objects during the Revolutionary War to protect them from destruction, which tells us something about what was going on in the region during that historical time period,” she added

The University became involved with studying the bible when Kelly contacted the Art and Design Department to see if any students would research the history of the book and the artists involved in creating it.

Lee, who also has an art history minor, was the student chosen to study the book.

“Dzenko brought it up to my art history, as the idea of a potential art internship with a church that’s already close to my house,” Lee explained. “I talked to her about it after class. It already sounded cool, and once we delved into it it got even cooler.”

Lee analyzes and catalogues the more than 100 illustrations in the book, organizing them through an art history perspective, using digital images of the book to organize them. The photos are measured and given a general description, with the end goal of creating a biblical analysis from the information.

“I really wanted to do it because it was an opportunity for

an art history student, which isn’t super common or as easy to find as a science research opportunity,” Lee said.

“It’s a lot of figuring it out as I go,” Lee added. “There’s two full-page, intricate illustrated pages that I’m going to really delve into.”

According to Dzenko, the Vinegar Bible in Shrewsbury is one of only 17 in the United States, out of 40 in the entire world.

This is the only copy of the Vinegar Bible to exist in New Jersey.

“Often, historical books are dismantled so you might view a page but not the entire book,”

Dzenko explained. “Because the church read from this particular bible for service, it was kept whole.”

“What makes the Vinegar Bible so interesting is that it shows how mistakes are a part of all aspects of life, and that the Bible is no different,” said George Germek, an associate librarian at the University and the head of the school’s Special Collections and Research Services. He also teaches a first-year seminar course called “The Story of the Book”, which focuses on rare books and the history they contain.

“What makes these Bibles so rare is the mistakes that they

often contain!” Germek added. “The Vinegar Bible, much like the Wicked Bible, slipped unnoticed past the printers. By the time such errors were discovered, many copies were printed and sold. And that’s what makes them so special.”

The church also held a celebration for the bible’s anniversary on Saturday, Sept. 29.

The formal celebration included period music and a talk on the backstory of the book.

At 19 inches long with 783,000 words on its pages, the Vinegar Bible is believed to be worth over ten thousand dollars, according to the *Asbury Park Press*.

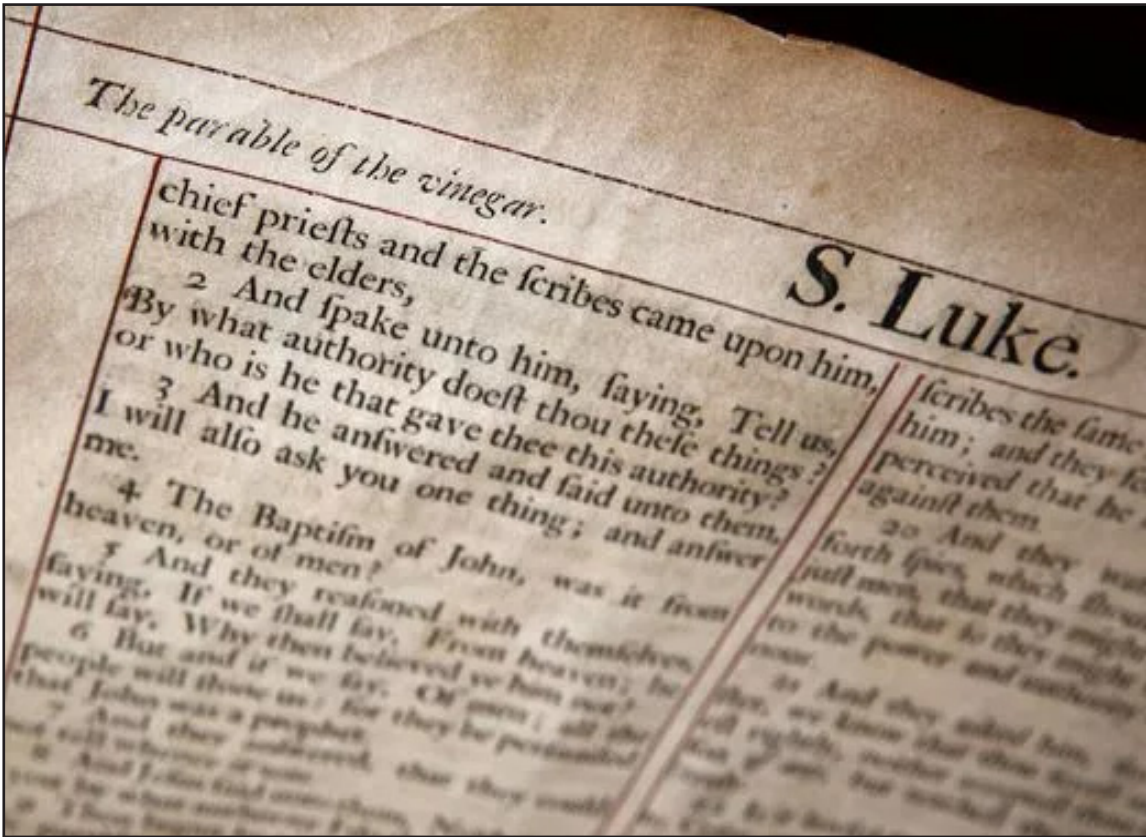


IMAGE TAKEN FROM *The Asbury Park Press*

The 'Vinegar Bible' contains a typo that makes it extremely rare.

## Open House Showcases University to Potential Students

OPEN HOUSE cont. from pg. 1

These students were able to attend as many departments as they wanted in order to get a better understanding of the programs, majors, and professor at the University.

The event also made it possible for these students to learn how to become more involved in the event they do choose to attend Monmouth.

Michael Qualiano, an undergraduate admissions counselor and Monmouth alumnus, was doing his best to make sure that these potential new students had access to every resource while there, including giving them access to another side of student life.

Qualiano worked primarily with all of the on-campus organizations who wished to be involved at the Open House. Nearly 45 organizations came together to educate prospective students on how to get involved, and the many tables set up in Woodrow Wilson Hall represented the variety of clubs one can join once they become a Hawk.

These organizations included academic/major base, club sports, cultural/multicultural, event planning, governing, Greek life, publications and media, religious and faith-based, and special interest organizations.

Qualiano stressed the importance of having an open house

event, “Open House is huge because it is crucial in terms of gearing up for our next freshman class. It is a fantastic opportunity to show prospective students what we have to offer and show off some of the great resources and facilities, and what we’ve been doing,” he said.

Multiple organizations voiced their excitement on meeting potential students.

“I really like open house because I feel like it’s the deciding factor on if incoming freshman commit,” said Kristin Milligan, a marketing and graphic design student and member of Alpha Omicron Pi. “It shows all we have to offer and it’s really great I get to share my organization with someone completely new and have them take interest in it,” she said.

Other organizations also voiced their opinion on the importance of open house, especially for on-campus clubs.

“I think it is a great experience to see the school environment firsthand. These potential students might be our future club presidents, so it’s really important to talk to them,” said Summer Shaheed, a junior biology student and Commuter Student Mentor.

Overall, the event was a great success, according to the Office of Undergraduate Admissions, and the whole campus came together to help out and support these prospective students.



PHOTO COURTESY OF Anthony DePrimo

Students took tours around campus with student ambassadors to kick off the event in the morning.

**UPDATE:** It has been confirmed by Eileen Chapman, Liason for the Bruce Springsteen Archives and Center for American Music, that Springsteen indeed rehearsed his upcoming Broadway engagement on Sept. 19 and Sept. 22 in the Pollak Theatre.



THE OUTLOOK

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The Outlook Editorial Board  
Discusses Gun Control in the Nation

EDITORIAL STAFF

Following the Las Vegas shooting on Oct. 1, gun control legislation has once again come into the spotlight. The mass shooting, which took place during a Jason Aldean performance at the Route 91 Harvest Festival on the Las Vegas Strip, left 58 people dead and 489 injured. The devastation occurred in a period of less than ten minutes, according to police.

The shooter, Stephen Paddock of Mesquite, NV, had fired hundreds of rounds from the 32nd floor of the nearby Mandalay Bay hotel, and allegedly had stockpiled 23 weapons, as well as attachments such as bump fire stocks which allowed him to increase the speed at which he fired. Police also found that he had set up cameras in the hotel corridors near his room, presumably to monitor those who might be approaching.

The backlash after the shooting was immediate. However, as more details came out about the quantity of the weapons, and the types of guns – including AR-15 variants and Kalashnikov rifles – debate began to focus on the specific weaponry used, and the general broad parameters of gun laws.

“I definitely think gun control is too broad,” said one *Outlook* editor. “There is more that should be done, and I think that is evident in the recent tragedies in the past years that have involved guns. There should be stricter gun laws, making it difficult to obtain a gun, or at least a very extensive process to get one.”

“I think they should be stricter on the types of guns that one can purchase,” added another editor. “Sure, people have the right to have a gun for protection, but they shouldn’t need something unnecessarily powerful.”

“I think there should be a system to gun control,” said another editor. “Disarming citizens isn’t the way to go about that. There could be a more concrete system to being able to legally own a gun, such as psychological tests and background checks.”

According to *statelaws.com*, the state of New Jersey requires a thirty-day waiting period for residents to purchase guns, and bans certain weapons, such as “unlicensed assault rifles” and sawed-off shotguns. It also outlines some of the limitations – those who have been convicted for a violent crime, or been committed for mental disorders of some types cannot purchase weapons.

However, these sorts of systems have been found to have loopholes – such as gun shows, which do not do full background checks in all situations. The limitations on those with violent crimes only apply due to a conviction; a similar stipulation is seen when it comes to mental illness – only those who have been committed or institutionalized are prevented from buying weapons.

“I think they should study the patterns of why people want to own guns and how they can crack down on background checks and analysis of the consumer,” another editor agreed. “They can pair these restrictions with trying to combat illegal gun trade and hopefully

come up with a large initiative that can attack all sides of this issue.”

Other editors believed that add-on features – such as the bump stock devices used in the Vegas shooting – should also be more tightly regulated.

“Any device that can be added onto an already a dangerous machine gun should be regulated,” said one editor. “I also do not think that individuals should be able to purchase semi-automatic guns.”

However, some disagreed with the idea.

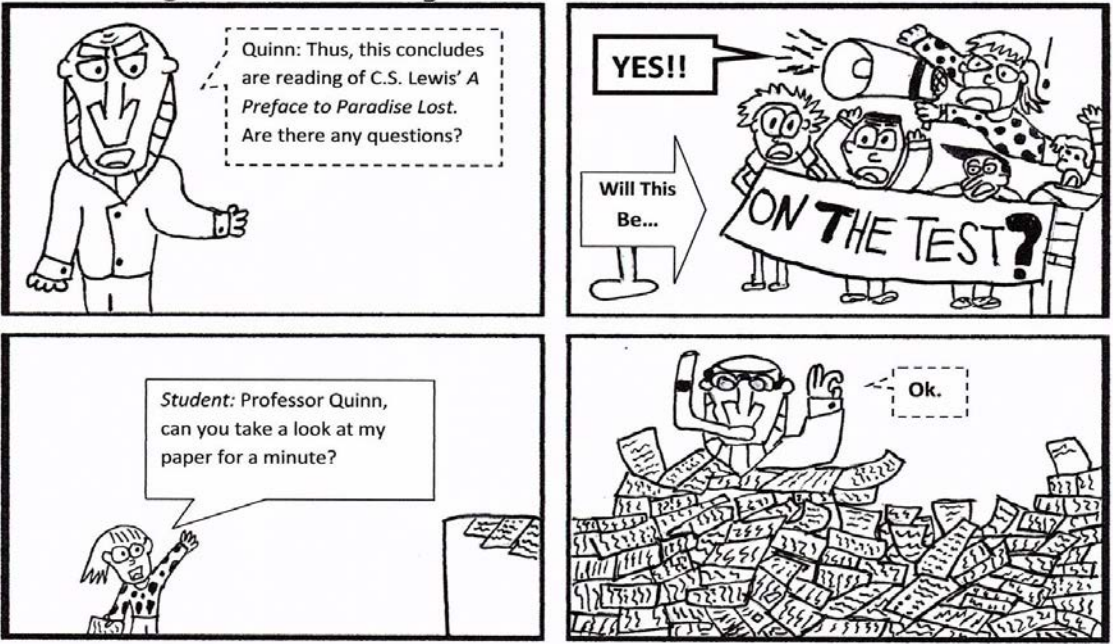
“I believe that banning bump stocks will not solve anything. The best way to describe this is like treating the symptom and not the disease,” said an editor. “Anyone who owns a gun knows that there are many ways that you can convert a semi-automatic rifle to an automatic. It is not necessarily easy, but it can happen with just the use of at-home items. We cannot pretend that banning one conversion technique will solve this problem.”

However, there was almost unanimous belief that Monmouth was a safe campus, regardless of what else was happening in the world.

“Monmouth cannot control random acts of violence but I know they do the absolute best they can,” said one editor. “In regards to the general area, there were shots fired outside of Stingers apparently the other night so that is not the most comforting. You have to just attempt to not live in fear.”

“I feel safe on campus. Since beginning school here, guns on campus has not even been a thought,” said another.

Knowledge and Quinn by Brian Turczmanovicz



The Outlook provides the Monmouth University community with information concerning issues in and around the University while serving as a forum for expression of the ideas of its readers.

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# Where to Stay Abroad: A Guide for Wanderlusts

KIERSTEN BECHT  
CONTRIBUTING WRITER

Gone are the days of relying on a travel agent to plan out your dream vacation. Thanks to the internet, trip-planning has become far less daunting of a task; in fact, planning a trip has never been easier. Looking to splurge on a five-star hotel? Or bunk with a bunch of strangers that could end up being your new friends by the end of the night? Or how about renting out an entire city-center apartment all to yourself?

The type of accommodation you choose could end up making a huge impact on your trip. Here's the low down on choosing between a hotel, hostel or an Airbnb.

If I'm looking to treat myself, I'll stay in a hotel, there is just something so glamorous about the whole experience. You've got the entire room to yourself and a staff ready to answer your questions and tend to your every need. Hotels are great if you are looking to stay in and simply relax.

With hotels, you could potentially never leave the property because everything you need is in one place, like the gym, restaurants, spa, and room service... it's almost as if they don't want you to find an excuse to leave! If you are in need of some relaxation and a little pampering, do yourself a favor and book the hotel.

Some of my favorite memories have taken place in hostels. Each one is so unique in its own way and you never know what kind of people you will end up meeting.

I love hostels because they give you the chance to put yourself out there, especially if you are traveling solo. Last year I took a trip by myself and was so worried that I would end up spending the whole trip alone, but that certainly was not the case.

Each day I met people who too were on their own and I ended up exploring so many different places that I had never even heard of or thought to check out. For example, on the last day of my trip I figured I would chill out and head to the beach, however, I overheard some girls in my hostel talking about going cliff jumping in the jungle. Next thing I knew we were hiking in the middle of nowhere and exchanging stories as if we had all known one another our whole lives.

It sounds corny, but hostels force you out of your comfort zone and can totally change the direction of your trip for the better. That being said, though, there are some downsides to bunking with eight strangers, like the likelihood of being stuck in a room with a person(s) who snores. I swear, I have never once been able to escape this scenario and that is why I am a firm believer in the power of ear plugs. Trust me, they are a travel essential.

I have an unhealthy obsession

with Airbnb, I could spend hours on the website planning pretend trips scouring the site for the most unique types of accommodation.

This past summer I traveled to Ireland and was able to spend the night in a medieval castle, a tiny house overlooking the sea, and a 18th century horse stable turned farm house. Each place was so unique and an amazing experience. Being able to interact with the hosts and hear about their lives and what to do around the area is something you just don't get when staying in a hostel or a hotel.

Also, Airbnb's fit every type of budget and type of traveler, as you can choose rent a shared room, private room, or the entire place. Having done all three, I can attest to the fact that Airbnb can do no wrong. Another benefit of Airbnb is that often times the hosts provide guests with snacks or supplies to make breakfast. In Ireland I had access to fresh eggs and vegetables from the host's farm as well as homemade jams made from seasonal fruit. Not only was I able to try out some local cuisine, but I also saved money by not having to buy breakfast, it was a win-win for sure.

Monmouth offers an amazing study abroad program where you can live in England, Italy, Australia, or Spain and can travel throughout countries. Budgeting and saving your money for the allotted time you are abroad is easy

when you know the details on the varieties of places you can stay.

Now that you've got the low down on all three, what ae you

waiting for? Pack up your bags, load up the car and treat yourself to a spontaneous trip over Fall Break, you deserve it!



PHOTO TAKEN by Brett O'Grady

There are various places to stay when it comes to traveling, like hotels, hostels and Airbnb's.

## Shout Out to All the Followers!

JULIA BURKE  
CONTRIBUTING WRITER

"Be a leader, not a follower," is something we constantly hear. Sometimes people do not want to be leaders though. Sometimes people do not like the responsibility of being in control, but we are always being told that being a follower is so wrong. But what's so wrong

with being a follower? And why is everyone so caught up on leaders?

There have been many times where I have been a leader. But there have also been many times that I have been a follower, such as at work, in a social setting, or in sports, where have felt bad for being one. I have always felt like I have to conform to being a leader, even when I do not feel

like it is my place because of how glorified being a leader is.

When people think of followers, they correlate it with social media. Number of followers get to peoples heads, makes them think they are leaders when in reality it is just a number. Nowadays it is easy to misconstrue what leaders and followers really are.

But in this article, the fol-

lowers will be celebrated. Our culture is so obsessed with the people that lead, that we tend to forget all the other people that make leaders possible. Shout out to all of the followers out there because they deserve to be recognized.

First, followers are open-minded people because they are not blinded by being in control. Followers are able to see the leader's side of things, as well as everyone else's side of thing, because they are on this other side. They have an unbiased view since they aren't the ones giving orders. They're able to identify what needs to be done, and how everyone feels about decisions to help the leader achieve their goals.

Next, followers are humble, and this is a great quality. Followers know their role. They know that they are not the leader, and that is okay with them. If everyone wanted to be a leader, they would clash and there would be chaos. Followers recognize that they are not the ones in control, and are there to highlight, lift up, and strengthen their leader.

Followers also have an invisible influence. Some people assume that just because someone is a follower it means that they don't have their own voice, but this is wrong. Followers often do what their leader tells them, but this doesn't mean that they don't criticize and disagree with their leader, at times. Followers question or challenge their leaders, having a significant influence in the end.

In addition, followers are obedient. They are composed, and are able to complete the tasks that their leaders give them. Many people don't like being told what to do, but followers are able to handle this, and take their leader's commands to work

towards a certain effort. There need to be people that give orders, and people that obey for there to be harmony, and for tasks to get completed.

At Monmouth, students are constantly encouraged to get involved in on-campus clubs and organizations. Students often join the clubs hoping to attain an elected status within the club, being a general member of the club is the starting point. Without general members of a club, there is no president or board members.

Let's be honest, being the president of a club looks great on a resume. However, general members, a.k.a. followers, are needed for all clubs and are the ones who get things done. Followers are the ones who make the votes and ultimately make the changes.

For instance, at The Outlook, many members start out just copy editing or just being a staff writer and work their way up to editorial positions.

Copy editors are staff members who read over and make edits to articles being prepared for print. This may seem like minimal work but it is necessary in the production of The Outlook. Every member of the staff holds a key position and makes the paper run smoothly every week.

Overall, followers are an asset to our society. There would not be any leaders without followers, and ironically, the best leaders are good followers.

A leader that doesn't have these exemplary traits of a follower, is someone who is corrupt and destined to fail.

To be a better leader, one must start off as a good follower. As Aristotle once stated, "He who's never learned to obey can't be a good commander."



PHOTO TAKEN by Kara D'Antoni

At *The Outlook*, copy editors are just as important as the leadership role of Editor-In-Chief.



# Pence Leaves Football Game after Team Protests

GABRIELLE IENTILE  
POLITICS EDITOR

At President Trump's request, Vice President Pence left a football game after players knelt in protest during the National Anthem on Sunday.

The game took place in Pence's home state of Indiana, between the San Francisco 49ers. Nearly two dozen of their players knelt, an action Pence tweeted "disrespects our soldiers, our Flag" and "our national anthem."

The San Francisco team has been among the most active in the N.F.L. protest, which sparked controversy when, on Sept. 22, Trump, in response to Colin Kaepernick's protest last year of police officers killing black men, urged owners to "fire" those "sons of bitches" who took a knee.

"While everyone is entitled to their own opinions, I don't think it's too much to ask NFL players to respect the Flag and out National Anthem" Pence tweeted in a full statement.

Trump also took to Twitter to clarify that he asked Pence to leave the game, and his opinion on the issue: "I asked @VP Pence to leave stadium if any players knelt, disrespecting our country. I am proud of him and @SecondLady Karen."

Pence posted a picture of him and the Second Lady at the game before leaving, as well as one standing during the anthem with the caption, "We were proud to stand – with all our @Colts – for our soldiers, our flag, and our National Anthem."

Some criticize the incident as a political stunt due to the fact the 49ers have often been associated with the current racial injustice protest. This latest development helped keep Trump's clash with the N.F.L. strong.

Representative Adam B. Schiff of California tweeted, "After all the scandals involving unnecessarily expensive travel by cabinet secretaries, how much taxpayer money was wasted on this stunt?"

The VP flew from Las Vegas to Indianapolis, only to fly back to Los Angeles.

Trump's continuous attention and criticism of the N.F.L. protests have succeeded in sparking divisive discourse on the appropriate setting for "political" demonstrations. Kaepernick has not been signed since he left the San Francisco team back in March – some assert that his unemployment is comparable to blacklisting. While some Americans strongly believe that a football game isn't the place to voice the injustices the country possesses, others cite the First Amendment as grounds to take a knee during the anthem.

Dr. Judy Nye, an associate professor in the Department of Psychology at Monmouth, asserts that viewing the issue as political is missing the mark.

"I think the thing that's been the most interesting to me is how I don't believe it really was a political thing to begin with Kaepernick" Dr. Nye said. "For him the issue was social justice. My impression of him is that he is a very socially conscious person who was exercising his

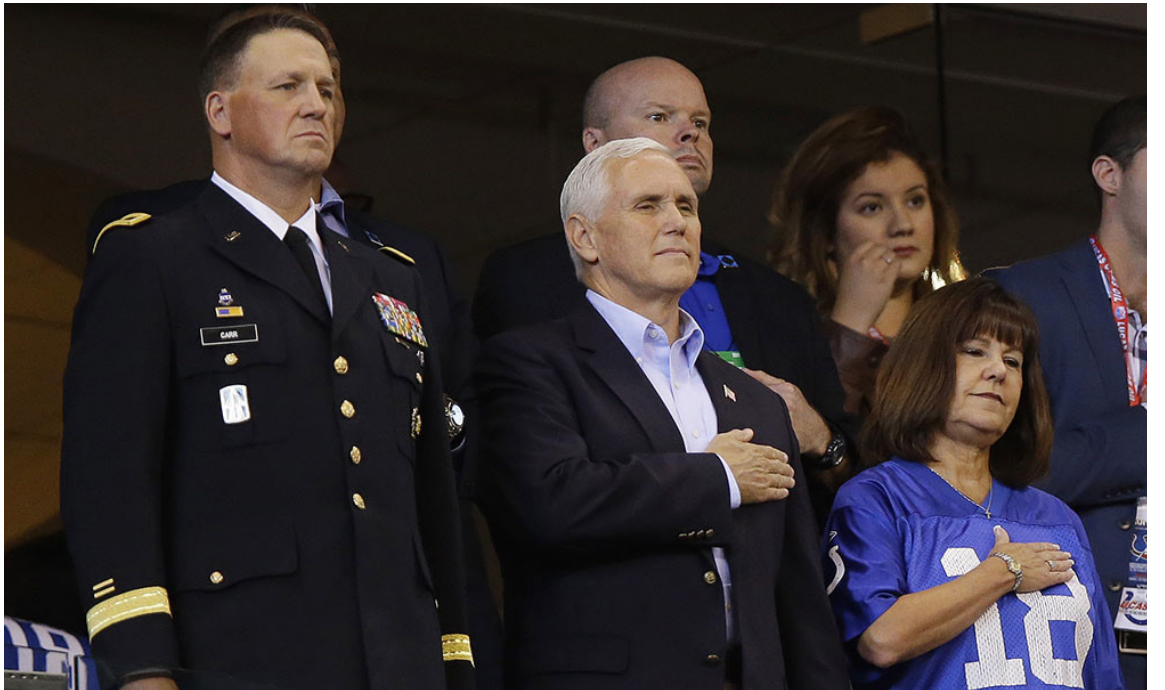


IMAGE TAKEN from antimedians.com

Vice President Pence and the Second Lady salute the flag during the National Anthem on Sunday night's Indianapolis game

right as a human... and I can understand how a person of color would have a problem with the National Anthem."

Many feel that the setting is inappropriate to voice concerns. Bobby Wolf, a senior Homeland Security major, agrees. "I agree with their right to protest, I don't agree with them doing it during the National Anthem. I feel like there is a time and place to do that and that time isn't during the National Anthem," he said.

Still others find fault in the player's method of protest in the way that it is an attack on those who fight for the country, or disrespecting the flag. However, those who are protesting are doing so because black

Americans are being attacked by police and disrespected by their country.

"Pence and Trump see it as disrespect for the flag, and disrespect for the military and I just don't buy that connection" said Dr. Nye.

"The football players are exercising their rights as citizens. They are doing what citizens should, and that is doing their research," Nye added.

For many, the significance of the protests lies with the backlash, and mimics criticism of other racial injustice protests in American history. "They have the right to have their first amendment off the field" Treasury secretary Steve Mnuchin

said in an interview.

"Can you imagine giving that advice to Rosa Parks? 'Sit down on your couch and protest from home!'" Trevor Noah said on *The Daily Show* in response to Mnuchin. "Boom! Racism solved."

Dr. Nye agrees that racism needs to be addressed publicly in order for citizens to become knowledgeable on the subject. "The foundation of democracy is educating the populace, and they are educating the populace. They are raising our awareness and our sensitivity, and I just don't see that as related to politics, I see that as related to practices that keep our democracy strong," Nye said.

## Las Vegas Shooting Evokes Gun Control Debate

NICHOLAS COSCARELLI  
STAFF WRITER

In the wake of the Las Vegas mass-shooting, many have called for improving the regulatory measures that surround the purchase and ownership of firearms.

Stephen Paddock opened fire from his hotel room onto the Route 91 Harvest Festival in Las Vegas, Nevada last Sunday, Oct. 1—terrorizing concert-goers, and leaving 58 dead and nearly 500 more injured.

Last Thursday, Oct. 5, the Clark County Coroner's office released the identities of the victims who were killed in the attack: 36 women and 22 men, as old as 67 and as young as 20. The devastating calamity has been confirmed as the worst mass shooting in modern-American history.

Limiting gun ownership is not an unfamiliar initiative, and the topic of gun control has long been

a torrid and poignant discussion. "[The Las Vegas shooting] isn't the first time we've heard about these tragic events," Dr. Sue Stark, an associate professor in the Department of English, says, "I think it's absolutely horrible; unfortunately, it probably won't be the last time... If we didn't do anything after the shooting at Sandy Hook, I didn't think we would do anything at all."

"I'm surprised we haven't done anything [to enforce stricter gun laws] sooner," Starke says. From Sandy Hook Elementary School to the Orlando Pulse nightclub, we often find ourselves in similar conversations like this one: what can we do to improve common-sense gun control? Many argue that such actions would be in violation of the Second Amendment, the right to bear arms—a right that is visceral to many Americans, and one that "was of some importance in winning independence from the Brit-

ish Empire," Dr. DeRosa, History Program Director at MU, notes.

However, the discussion is not over whether or not the Second Amendment should be repealed; it's about how to cooperate with the Constitution in order to deliver the most effective regulations. Nevertheless, many still contend that gun-control simply doesn't work. "I think if you look at Chicago where [there was] over 4,000 victims of gun-related crimes," White House press-secretary Sarah Huckabee Sanders stated at a news conference, "They have the strictest gun laws in the country and that certainly hasn't helped there."

However, although that assumption might have been true a decade ago, Chicago has since softened its gun laws over the years. Chicago was once the only major U.S. city that still had an ordinance which banned residents from keeping a handgun in their home. However,

the National Rifle Association (N.R.A) and the Second Amendment Foundation appealed a case to the U.S. Supreme Court, causing Chicago to lift said ban, according to the Chicago Tribune.

Moreover, the requirement for Chicago gun-owners to register their firearms with the city and obtain a permit has been annulled; and the Illinois General Assembly, under federal courts' scrutiny, passed a concealed-carry law in 2013. Additionally, with virtually no gun stores in Chicago and hardly any background check loopholes, it's clear that Chicago's guns are being acquired elsewhere—namely, from bordering states with subpar gun laws. In fact, Chicago Law Enforcement officials conclude that 60 percent of confiscated guns come from Indiana, Wisconsin, and Mississippi; "the other 40 percent come from suburban Cook County and nearby suburbs," Dahleen Glanton reports. Such discrepancies require legislation at a federal level, and many lawmakers have advocated for such measures.

After listening to audio from the night of the Las Vegas shooting, experts explain that, "the continuous gunfire indicates Paddock used at least one automatic weapon, meaning he could unleash the contents of an entire clip by pulling the trigger once and holding it down," according to the Orange County Register. Twelve of his rifles were equipped with "bump-stocks," the New York Times reports.

Senator Dianne Feinstein (D-CA) introduced a bill last Wednesday that would outlaw aforementioned bump-stocks: gun accoutrement used to increase the rate of fire of semi-

automatic weapons. Typically, a semi-automatic fires at a rate of 45-60 rounds per minute; whereas with a bump-stock, it can fire up to 800 rounds per minute. Moreover, "[Feinstein's] bill would ban the sale, transfer, import, manufacture, or [possession] of bump-stocks, trigger cranks, and other modifications that can increase a semi-automatic weapon's firing rate," according to Think Progress.

This discussion has been brought here to New Jersey, wherein State-senators Raymond Lesniak and Richard Codey—along with Senate Majority Leader, Loretta Weinberg—have introduced legislation in the New Jersey State-Senate to ban the sale and possession of bump-stocks. "[The Las Vegas gunman's] firepower was dramatically increased by using these bump stocks to effectively convert his weapons into fully-automatic rifles," Senator Lesniak says, "The sale and possession of these devices need to be outlawed." Additionally, Governor Christie's has released a statement saying that he "looks forward to working with legislature on this issue."

Ironically, bump stocks are currently legal to sell, purchase, and own in New Jersey yet they are not legal to possess in the state if they are utilized on a firearm or are in the vicinity of a firearm on which it could be placed. In other words, you can buy them; you just cannot use them for their purpose. "I think it's a good thing that they're talking about regulating guns and devices [like the bump-stocks]," Katherine Fitzgerald, a Secondary Education major says, "especially after the past 16 months."



IMAGE TAKEN from digitaljournal.com

Press Secretary Sarah Huckabee Sanders argues against stricter gun control in a news conference, citing Chicago's gun laws.





Guardian's Club Presents

Secret Service Agent

Josh Mas

October 11th 2017

2:45 p.m. - 4:00 p.m. Rechnitz Hall Room 107

Learn about becoming a Secret Service agent

Josh graduated from Monmouth University, with a Homeland Security degree in 2016. He also graduated from the United States Secret Service in 2017 and now is a Secret Service agent.

PosterMyW.com



# HELP WANTED

## GENDER STUDIES PROGRAM ASSISTANT

**Job Description:**

- Editing biannual newsletter
- Promoting gender studies minor to classes and clubs
- Assistance in organizing events on campus
- Creative design of promotional items and events in support of gender studies
- Four/five hours per week

**Qualifications:**

This position is open only to work study students. Some familiarity with feminist theory or sociological thought is necessary, although candidate does not have to be a past or present sociology or gender studies student. Activist and administrative experience is preferred but not required. Creative thinkers and enthusiastic leaders desired. Candidate should have comfort with public speaking, professional demeanor, computer proficiency, and English language fluency.

**Compensation:**

\$8.44/hr

**To Apply:**

Please visit the [Hawks Career Link](#) page, job posting #2789. A resume and a brief cover letter explaining how you are suited to the position will need to be supplied.

Once, hired, student worker is responsible for completing the following trainings before employment begins:

- Emergency response
- Preventing Discrimination and Harassment
- Ultipro

**Contact:**

Dr. Corey Wrenn  
Director of Gender Studies  
[cwrenn@monmouth.edu](mailto:cwrenn@monmouth.edu)

# FOUNDERS' DAY CONVOCATION

CELEBRATING OUR

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The Board of Trustees and Faculty of Monmouth University request the honor of your presence at Founders' Day Convocation.

**WEDNESDAY, OCTOBER 11, 2017**  
**AT THREE O'CLOCK IN THE AFTERNOON**

**OCEANFIRST BANK CENTER**


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**2017 DISTINGUISHED ALUMNI AWARD**

**William "Bill" Elliott '95M**  
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*Co-CEO of Hackensack Meridian Health*



**For more information, visit [monmouth.edu/foundersday](http://monmouth.edu/foundersday)**

*Reception for all guests will follow on the second floor of the OceanFirst Bank Center.*



# Track & Field Club





## MONMOUTH

The new **Track & Field Club** on campus will have an **interest meeting** in the Hall of Fame Area (2nd Floor of the OceanFirst Bank Center, next to the indoor track) on **Wednesday October 18** starting at **2:45**.

Those interested should attend or contact **Club President Jackie Jones** **s0998281@monmouth.edu** or **732-556-8708**.



2017 MUPD Crime Blotter		
10/6/2017 2:07 Mullaney Hall Student Misconduct	10/7/2017 0125 Pinewood Hall PULA w/alcohol	10/7/2017 0302 Mullaney Hall PsULA w/alcohol/student misconduct
9/26/2017 0230 Elmwood Hall DAUP/Student Misconduct	9/26/2017 1702 Student Center THEFT/\$700/misc	9/26/2017 2230 Willow Hall Possession of Marijuana u/50/ Stud Misconduct
9/28/2017 0113 Pinewood Hall PULA w/alcohol/student misconduct	9/23/2017 1200 - 0200 West Long Branch Student Misconduct (Aggravated Assault)	9/29/2017 0226 Elmwood Hall PULA w/alcohol/student misconduct
9/30/2017 0016 Maplewood Hall PULA w/alcohol/ non member	9/30/2017 0133 Elmwood Hall THEFT of fire extinguisher	9/30/2017-10/1/2017 2130 - 0005 Pinewood Hall Criminal Mischief

Dear Students:

As we prepare to welcome friends and alumni back for **Homecoming 2017**, we hope to see you at this year’s events such as the **Pep Rally** on Friday, **October 20 at 5:00 pm in the Ocean First Bank Center**. As part of this year’s Pep Rally, students will have an opportunity to cheer on the Hawks, get a Homecoming t-shirt, and find out who will be in the Homecoming court. We hope to see you there!

Hawks will then take on Liberty University at 1:00 pm on Kessler Stadium

For those of you who are planning to come to the football game on Saturday, October 21, we want to let you know that access to parking lots will open at 9:30 AM. Monmouth University Police Department want to remind everyone who is driving to the game, to pay particular attention to the no parking signs on the side streets in West Long Branch. The University has also been informed that the West Long Branch Police Department will issue tickets to anyone who attempts to park their vehicle on Larchwood Avenue.

Common Sense and Good Decision Making

Tailgating rules on the SGA website: [www.monmouth.edu/sga](http://www.monmouth.edu/sga)

- Fans may **tailgate before** the game and then again for 2 hours after the game has ended. **Fans may not tailgate during the game or at half-time.**
- Once the game begins, fans must enter Kessler Stadium or vacate the parking lots.**
- Entry into the parking lots on game day will **begin at 9:30 am**.
- Tailgating will take place in the commuter lot and in parking lot 25 (for fans who have reserved parking).
- Fans that plan to consume alcohol **must be 21** or older and be prepared to show legal proof of age.
- Kegs, party balls, common source/mass quantities of alcohol, hard liquor and glass containers are not permitted.
- Drinking games, competitive drinking, drinking paraphernalia is prohibited, will be stopped and will be confiscated.
- Bands, DJ’s, stages, or platforms are not permitted in the parking lots.
- Each tailgating spot may set up a tent no larger than 10 feet by 10 feet only on game day. The tent must be removed at the end of game day.
- Fans will be required to pay a **parking fee** for each vehicle that enters the campus parking lots on October 21, 2017. **PLEASE NOTE:** In the event a vehicle leaves and attempts to return, the fan will have to once again pay the parking fee.

SGA will have a FREE cab service on game day between **12:45 pm and 4:30 pm** that will take fans back to a **local home** address in the event they are unable to safely/legally operate their vehicle. **The cabs will be located in the circular drive in front of the OFBC.**

If part of your Homecoming weekend involves the consumption of alcohol we ask that you do it in a **safe, legal and responsible manner**. You can have fun, attend Homecoming and still be responsible when it comes to the use and/or distribution of alcohol.

Do you live off-campus?

If so and you are planning to host a party during Homecoming weekend, please be careful and observe all of the laws that pertain to quality of life issues (excessive noise, trash, etc.) as well as the distribution and consumption of alcohol. If your off-campus party is **drawing the wrong kind of attention** from your neighbors, you run the risk of having the police show up. Please be safe and make your Homecoming experience memorable for all of the right reasons.

# FLY HAWKS!

## 2017 Homecoming Committee



# THE BENEFITS OF RUNNING

MARIE SOLDO  
STAFF WRITER

For anyone feeling stressed, sad, or just plain antsy, exercise is the best medicine, particularly running. While it can sometimes require lots of endurance, it will leave you feeling happier and healthier. As college students, it is important for us to stay active and be healthy, especially when we have homework, exams, club meetings, internships, and everything else on our plates.

A lot of times, it can be hard for a busy college student to incorporate exercise into their routine. However, running is a great way to clear your mind and forget about everything on your plate for the time being. *Fitness Magazine* lists the top 10 benefits of running and here's a few. Getting your heart pumping is one of the major benefits of running along with any other type of exercise. The magazine says that running is the "King of car-

dio", meaning it is good for your heart and significantly reduces the chance of falling victim to cardiovascular disease.

Secondly, a common belief about running is that it really wears on your joints. However, running actually strengthens your joints, contrary to what a lot of people believe. According to an exercise psychologist quoted in *Fitness Magazine*, whenever your feet slam down on the pavement while running, your bones and cartilage are stressed, which actually makes them stronger. This is different than something like yoga, for example. Yoga focuses more on stretching and the body whereas running benefits your body in ways that low-impact exercises never could.

One of the top benefits of running is that it burns serious calories. Those who weigh approximately 150 pounds will burn 12.2 calories every minute they run. So if you run for a half hour, that's 366 calories right there! A one-hour

workout is just four percent of your day. You can't go wrong cutting that in half because when you run, you still burn so many calories!

Another benefit of running is its ability to be an outlet to release stress. If you have a lot on your mind and just can't seem to settle your thoughts, running is a great way to clear your head. Just the repetitive nature of running can be very therapeutic for people. For the 20 minutes, or however long you are going, all you have to focus on is your breathing and trying not to trip. When you get back, your head will be clear and much more relaxed.

Running is also good for taking a study break. Being cramped over your desk for hours upon hours doing homework can really take a toll on your physical and mental health. Next time, take a break and lace up your sneakers! It's a nice break that will leave you feeling energized and loose.

Freshman social work student Kayla Greiss really enjoys running whether it is on a treadmill, at the gym, or outdoors. "Personally I really like running. My favorite way to stay in shape is going for a run at a park or on a track. I even like to walk if I get the chance. Working out outside is so relaxing. When it's nice out it is so nice to breathe in the fresh air while staying in shape," she said.

Similarly, senior communication student Kait Sisombath would choose the outdoors over a gym any day. "I always loved being outdoors, but my first mountain hike was this year and I fell in love! I feel at home and peaceful when I am outdoors hiking versus be-



PHOTO TAKEN BY Campbell Lee

Running is a great way to reduce stress and clear your head.

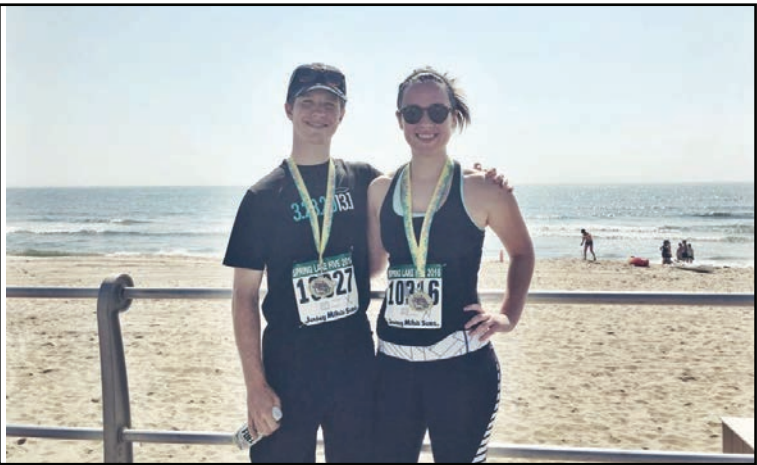


PHOTO TAKEN BY Campbell Lee

Running with friends is a great source of motivation!.

ing locked up in a gym," she said. Running outside is a great way to get some sun, breathe in some fresh air, and get a good workout in!

Specialist professor Mary Harris also enjoys hiking, as well as kayaking. She prefers outdoor activities as opposed to working out in a gym. For some, working out in the winter can prove to be a struggle. Who wants to leave the warmth and coziness of their home to venture out into the cold to hit the gym? Harris gives the following advice for winter workouts. "The winter months can pose

challenges, but with proper cold weather gear and embracing the snow, winter can be another fun way to connect with the elements and stay active by way of crisp morning jogs, snowshoeing, and skiing," she said.

Most students go about their busy week running from class to class, so be sure to incorporate some running into your fitness routine!

With fall break ahead of us, go for a jog or take a hike as you take in all the wonderful fall foliage while getting in a great workout.

## Healthy Kickstarters for Fall

OMAR MOUSTAFA  
CONTRIBUTING WRITER

You can feel a growing sense of excitement intensify as summer fades, leaving the crisp fall breeze in its wake. It's that time of year again - apple cider, raspberry pie, and pumpkin spice lattes. We begin to abandon our sun-soaked spots at the beach and begin wrapping ourselves in layers of blankets while binge-watching full seasons of Netflix (we've all been there).

A lot of things can be said about fall - it's comfy, nostalgic, and most importantly, there's a lot of food. Often, people use fall as a get-out-of-jail-free card when it comes to health. With so many holidays around the corner, (Halloween, Thanksgiving, and Christmas, to name a few), it becomes easy to stray off the path of fitness we set for ourselves the season prior. We become less active, indulge in more food, and lose the spark that motivated us to stay in shape during the summer.

It's important to enjoy the fall in all of its sugar-fueled, food-induced glory. Indulging in the occasional apple tart or pumpkin pie is all well and good, but balance is key. Now, people prescribe to the most far-fetched ways to stay healthy. Crash diets and ridiculous workout fads plague our perception of what it means to live a balanced and healthy lifestyle.

Jen Gotshall, adjunct professor of Health and Physical Education, likes to keep

things simple. She says it comes down to eating healthy and staying active. "Preparing meals beforehand is a great way to resist the temptation to eat junk food," Gotshall said. According to Gotshall, who received her master's degree in Public Health, and was awarded a certificate in Health Education and Promotion, planning ahead is a massive part of successfully maintaining

a healthy lifestyle. Gotshall went on to emphasize its importance, stating, "Scheduled exercise and workout routines are key- they allow you to remain active in the fall season."

Like Gotshall, sophomore business student Bradley Regina said, "Activities like walking rather than driving are great ways for me to stay healthy and active. Eating healthy is important too - less

sugar in your diet goes a long way."

For the average student swamped with class course loads and other obligations, staying active can be challenging. Regina said, "You don't have to lift crazy weights in the gym; as long as you stay active by walking or running, and eating balanced meals, staying in shape for the fall becomes less stressful."

For junior health studies student Casey LaBarre, the single best thing a student can do to stay healthy is to drink more water. She said, "Staying hydrated is really important, and people often forget to do it because it's fall." LaBarre went on to point out that most of the weight we gain during the fall and winter is actually water weight. She added, "By drinking water throughout the day, your body flushes out substances that retain water. Sugar and sodium often cause water retention and bloating. By drinking water, you can negate many of the negatives from indulging in Halloween candy or Thanksgiving pie."

There is a plethora of different ways for students to stay healthy in the fall. For some people, it's working out, while for others it's simply maintaining a balanced lifestyle. You have people who run to stay active, strength train to maintain a healthy aesthetic, and eat a balanced diet to stay fit. What's most important is to realize health is subjective, meaning being healthy entails different things to different people. You don't need six pack abs to feel happy and fit. You don't need a chiseled body to feel sexy. All that matters is you feel healthy and more importantly, happy, by finding a routine that empowers you to feel great. Eat that pumpkin pie on Thanksgiving but remember; drink water afterwards.



PHOTO TAKEN BY Campbell Lee

Setting aside time for the gym is a great way to start a shift to a healthier lifestyle.



# iPhone X: Say Hello To The Future

NICOLE INGRAFFIA  
ENTERTAINMENT EDITOR

ANTHONY PITERA  
CONTRIBUTING WRITER

It was in 2007 when the first iPhone was released by Apple. Now, almost a decade later in 2017, the iPhone X will be the latest and most advanced model to be available for purchase on Nov. 3, with preorders getting taken Oct. 27. This phone will be unlike any iPhone that has preceded it. A statement on Apple’s website states the following: “Our vision has always been to create an iPhone that is entirely screen. One so immersive the device itself disappears into the experience. And so intelligent it can respond to a tap, your voice, and even a glance. With iPhone X, that vision is now a reality. Say hello to the future.” One major change in the iPhone design of this new product is the lack of the home button. The screen fills the entire front side of it. This means an even bigger display for games, videos, and photo sharing. How one would navigate back to the home screen is simply to swipe up from the bottom of the screen, which now will take the user back

instead. The control center shortcut will be accessible by swiping from the top right corner. Siri will be able to be called upon using the power button on the side of the phone. Summoning her is also possible using the “Hey Siri” voice call-out feature. Increasing the privacy guarantee, the new camera will include the new method for unlocking one’s phone with Face Identification. With this the security of the owner’s phone is greater than ever. Or is it? Controversy has erupted in terms of agreeing or disagreeing on the face recognition feature. Society appears to be on the fence on Apple’s new technological advances. Audrey Conforti, a sophomore health studies student, is one of many that disagree with the concept. “It’s great how technology is advancing,” Conforti said, “However soon we are going to disregard the basic motions of life.” “Putting in your password or your thumb print takes probably 2 seconds more,” she continued. “What is going to be the new meaning of making valuable choices if we are always taking the easiest route?”

The iPhone X only unlocks the screen if the sensors within the camera recognize the owner’s face. It is an improvement over Touch ID, Apple claims. Devon Forte, a sophomore health studies student, is totally for the face recognition sensor. “I think the facial recognition feature on the new iPhone is going to be amazing,” Forte said. “It allows the user to skip touching the screen to enter his or her phone and ultimately, makes it more secure,” Forte continued. He then continued to mention that he is able to understand why his peers disagree, but he feels it is just the direction technology is moving in. It will evidently be much more difficult for phones to get hacked into, and in turn, hopefully more lost iPhones will be returned to their owner. The new and improved camera will also be able to take wide angle shots, something that no previous model has been able to do. Wireless charging is finally being incorporated into the iPhone X and iPhone 8 officially. Not only that, but also the iPhone X’s charge is said to last two hours longer than the iPhone 8’s.



IMAGE TAKEN from Apple.com  
The iPhone X (above) is water resistant as well as dust-proof.

# BLADE RUNNER 2049: FEELS LIKE A MARATHON

MARK MARRONE  
STAFF WRITER

*Blade Runner 2049:* Starring Ryan Gosling, Harrison Ford, Jared Leto, Robin Wright, and Sylvia Hoeks. Finally, the long wait is over! Rick Deckard is back on the big screen! The only price to pay is sitting through two-hours’ worth of moody Ryan Gosling shots to reach this point. Is it worth it? Not quite. Officer K (Gosling) is a young blade runner who hunts old replicant models. One case leads K to a secret that has big implications for society. As K digs deeper into the case, he follows a trail to Rick Deckard (Ford), a former blade runner. Thirty-five years after director Ridley Scott’s acclaimed *Blade Runner*, established director Denis Villeneuve gives the sequel a strong production effort while revisiting the same questions. However, the film is unbearably long and surprisingly much duller than the original. 1982’s *Blade Runner* directed by Ridley Scott underwent seven different cuts over the span of twenty-five years for the true message of the story to get across. Out of all the different versions, The Final Cut is the definitive *Blade Runner* film; credited to director Ridley Scott having complete control. The original film is set in a futuristic Los Angeles, 2019,

where there are hovering cars, technologically advanced citizens, and a ton of smog. While setting the tone for sci-fi films to come, *Blade Runner* asked philosophical questions like what defines humanity, or what do memories really consist of? Director Denis Villeneuve continues Scott’s tone and questions, but unfortunately tries a little too hard of being an art-house blockbuster through its dragged-out scenes. The sequel’s plot is fairly coherent, consisting of a cop who digs his way through a case that becomes much more jarring as the investigation continues. It is one we have all seen before, but what makes this unique is its over exaggerated look into the near future, where human life is an implanted memory. In 2049, Officer K is one who struggles to find his identity, like Rick Deckard in the original. Through his journey of self-discovery, K examines his memories to determine what qualities make for a human life. When considering the qualities of human life, it questions whether this life is worth living. Yes, deep stuff. Its greater meaning and profound questions are apparent and applaudable. The production efforts are worth noticing, considering the meticulous attention in detail from outfits to set design of this dystopian world. However, the major issue

which overcomes these aspects is its pacing. Every scene is incredibly long and drawn out. There are too many instances of Officer K walking around in a fog or staring out in the open, where he should instead, just get to the point. At a whopping two-hours and fifty-minutes, one may feel that they have aged to the year 2049 by the time it’s over. It can be said that this is a conscious effort by the director to provide enough time for the audience to fully digest the weighty questions of humanity. However, Villeneuve can do this in the span of two-hours at the most. If K’s moments of silence were cut shorter, there could be a real sense of urgency to make it much more exciting. The importance of this sequel is undeniable. It asks the big questions with strong production efforts, while attempting to recreate the magic from Scott’s brilliant original. These features make this an appreciable achievement in filmmaking. On the other hand, if the movie clocks in at 2 hours and 50 minutes, there must be enough material to keep the audience engaged. Unfortunately, this was an excruciating experience because of its pacing issues. To get any sort of enjoyment out of 2049, one must see the original *Blade Runner: The Final Cut* beforehand. Additionally, if viewers want

to learn more about the meaning and making of the original version, they should check out *On the Edge of Blade Runner*, a documentary which can be found on YouTube. When going to see 2049, it should, if possible, be watched in an IMAX movie theater because its colossal screen and booming sound bring out the best of this film. If the audience member has not seen the original, they will most definitely dislike this sequel. Although it is marketed to be an exciting sci-fi feature through the trailers, this is just a quiet sci-fi drama. It is painful to say this, considering the excitement I had to watch this feature. 2049 pays solid homage to the original, but fails to make it any more exciting or memorable.

Mark's  
Remarks:

Rating: 2 out of 4 stars

“At a whopping 2 hours and 50 minutes, some may feel that they have aged to the year 2049 by the time it’s over.”



IMAGEN TAKEN from SUPEROINNEWS  
BLADE RUNNER 2049 stars Ryan Gosling (left) and Harrison Ford (right).



# The Opposition is a Missed Opportunity

**BRIDGET NOCERA**  
STAFF WRITER

The first episode of Comedy Central's new satire comedy *The Opposition* with Jordan Klepper begins with the eponymous Klepper introducing the Golden Rule of his show: may you only hear from others what you've already been telling yourself.

From just this "rule," audiences will get a pretty quick idea of what this program is all about. It also previews the overall content of the show: clever, but not packing enough punch.

After the cancellation of *The Nightly Show* with Larry Wilmore, the coveted post-Daily Show timeslot of 11:30 p.m. Monday through Thursday was left wide open. This previous spot made a star of Stephen Colbert (who now hosts possibly the most prestigious late night stage, *The Late Show*), and it has potential to launch some underappreciated new talent. Especially in the era of Trump, a political satire is guaranteed to gain some interest among audiences. Is Klepper the right person to have this spot? I say yes. Is this show the best platform for him? The answer would have to be no.

What sets *The Opposition* apart from some of its contemporaries (*The Daily Show*, *Last Week Tonight*, *Full Frontal*, etc.) is Klepper's character. Where Trevor Noah, John Oliver, and Samantha Bee all stay true to life, Klepper adopts the image of a paranoid, conspiracy crazy, ultra conservative, in the way of infamous Infowars host Alex Jones.

In theory, this is not a bad idea. As mentioned, this formula made Colbert a star on



IMAGE TAKEN from TVFANATIC

Jordan Klepper has adopted a similar formula to the Colbert Show, but with a twist.

*The Colbert Report*. His conservative character was so popular, he's even touted it a few times on his new program to rapturous applause. Similarly, when many of his contemporaries are following the typical format, this character could make Klepper stand out.

Unfortunately, both Klepper and the program are poor imitations, not only of outrageous hosts like Alex Jones, but also of the Colbert character. The show lacks any real ridiculous paranoia, over-the-top antics, or wildly unhinged personality that it thinks it inhabits. It strives to be a successful satire of this new genre, but ends up being just a mildly funny critic of it.

It would be easy to dump all the blame on Klepper, or to ac-

cuse him of being a poor choice to take over.

But truthfully, Klepper has the potential to be an accomplished host, he is just saddled with an incomplete character and weak writing. In his three-year tenure as a correspondent for *The Daily Show*, Klepper showed that he not only has a strong comedic voice, but also could also create and star in some incredibly memorable sketches.

His ongoing segments at *The Daily Show*, like "Jordan Klepper Fingers the Pulse," show how adept he can be as an interviewer and a character actor, but this new program allows him to do very little of what made him successful as a correspondent.

On *The Opposition*, the

smarmy, smirking personality he still inhabits doesn't fit the show or who the host should be, and he doesn't portray enough of the unhinged, mildly insane nature that the show needs.

A lot of the misses of the program come from the fact that it's trying to find a place in an oversaturated genre. As mentioned, Klepper has so many contemporaries, and not just on television.

While the show stands out thanks to its unique formula, it won't find an audience if it doesn't prove itself.

A mediocre program will find an audience, but not a significant one, especially with the Colberts, Olivers, and more continuing to stay in the forefront. *The Opposition* needs to become less predictable and

safe if it wants to be unique and find a long-term audience.

While the show has its share of issues, there is some promise too. Klepper is still an engaging host, and can capture your attention even if the material is nothing new.

At the very end of the second episode, Klepper shows glimpses of an interesting character, one who actually satires the type of conservative host he hopes to.

There are also some funny segments, like one where Klepper cleverly explains his "infiltration" of *The Daily Show*. When the show moves away from the predictable talking points, it actually shows potential.

The other area where *The Opposition* exhibits some promise is in its correspondents. A quick introduction to them on the first episode is very well done. They each have their own areas of expertise, and all manage to get in a quality joke in just a few seconds.

Two standouts are Josh Sharp and Aaron Jackson, a duo that both play fictional versions of provocateur Milo Yiannopoulos. They both are excellent, and bounce off each other perfectly. Their characters are also great imitations of Yiannopoulos, and the jokes really land thanks to their portrayals.

*The Opposition* with Jordan Klepper is truly a missed opportunity, but that doesn't mean improvements can't be made.

Hopefully the program takes advantage of its accomplished host and impressive casts, and isn't afraid to push the boundaries in the future. In an era of "fake news," it takes a lot more to stand out as the best fake news out there.

## Greetings from Beautiful Columbus

**MARK MARRONE**  
STAFF WRITER

The first time I came to Monmouth University, I was in awe of Wilson Hall. Its marble floors, stained glass ceiling, and grand staircase were striking. The enchantment of this building continued into my freshman year, when I had a political science class on the third floor. The gorgeous painted walls and picturesque views outside the window were breathtaking (and no, not from climbing up those stairs). Now as the years go on, I and many other students overlook the beauty of Wilson Hall. However, a film like *Columbus* brings architecture to the forefront, while reminding viewers of the grandeur they may take for granted.

After the collapse of his father, Jin (Cho) flies in from Korea to be with his father as he recovers in a Columbus, Indiana hospital. Jin is a translator, who has a distant relationship with his father. During Jin's stay, he accepts a cigarette from Casey (Richardson), a library employee whose appreciation of architecture is fervent. The two hit it off well, and Casey becomes Jin's architectural tour guide of town. Although there is an age gap between the thirty-something-year-old Jin

and twenty-year-old Casey, what brings them together is the small conversations that negate from the daily grind.

When the couple first come together, it makes for one of the year's best moments in camerawork and choreography. Casey shares her cigarette with Jin, who is on the other side of a brick wall with columns. The two slowly walk straight as they break the ice. Once there is an opening in the gate of the fence, Jin steps towards Casey and introduces himself. This shows that Jin and Casey will have nothing to hide in their forthcoming conversations and beautifully sets the tone.

As we eavesdrop on Jin and Casey's conversations, we slowly gain a better understanding of the characters. Despite Jin's lack of appreciation for architecture, he still has an idea of its purpose. While Casey explains the textbook importance of a bank's all-glass exterior, Jin asks her, "why does it move you?" These sorts of questions expand into deeper talks, like when Casey discusses her issues at home and in the town.

Casey sums up her home and Columbus's issues in three words to Jin with, "meth and modernism." While they are outside the First Financial Bank's glass clerestory

structure, Casey discusses her mother's meth addiction. This, along with her financial troubles, has grounded Casey in Columbus. Although she is anchored to the small town, Casey has gained an appreciation for its architecture. Considering her love of architecture, Casey desires to attain her degree in the field. However, her socio-economic position restrains her from getting out of Dodge. Casey's situation shows how amid the beautiful buildings and grounds, there are still real problems that affect the town's citizens.

The quiet conversations between Casey and Jin about everyday life are reminiscent of the directorial style of Yasujiro Ozu. Ozu was known for zeroing in on the common person's issues, while restraining from film's commercial norms like overly dramatic acting or a powerful soundtrack. Take for example Ozu's *Tokyo Twilight*, where two sisters discover that their dead mother is alive. Throughout this feature, there is hardly any score because Ozu wanted to focus on their conversations. Also, the performers carry out their discussions in a somber and sincere way. However, when there is an uptick in drama, it is well known. The directorial

debut of Kogonada emulates these characteristics of Ozu in *Columbus*, by not only focusing on the issues of the common person, but how he depicts their lives.

While Kogonada brings the everyday struggles to light, he also brings architecture to the forefront. Every time Casey and Jin are together, the two are outside of a stunning building. Normally, when one thinks of achievements in architecture, structures like the Eiffel Tower, La Pedrera, or the Colosseum come to mind. On the other hand, the elegant structures in Columbus, Indiana, consist of banks, churches, libraries, high schools, or bridges.

On their own, each structure serves as another piece to the story and plays an important role. Architecture not only brings out the best in each character, but suffices as the way out of town.

*Columbus* begins and fittingly ends with a shot of the cable Robert Stewart Bridge. With this shot being the first and last thing we see, Kogonada seamlessly takes us in and out of this small Indiana town.

When the trip is over, it feels refreshing. This is a realistic, yet relaxed experience into the lives of two normal people. The issues they face

might be similar to our own, which makes this relatable. Above all, the architecture gives perspective not only to the characters, but audiences as well.

Next time you are in Wilson Hall, just look around. Admire the beauty that surrounds us and how lucky we are to have it.

Sometimes it takes the power of film to put into perspective the little things in life that may go unnoticed, even if they are big structures on campus.

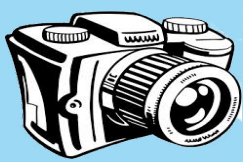
### Mark's Remarks:

Rating: 3 out of 4 stars



**"While Kogonada brings the everyday struggles to light, he also brings architecture to the forefront."**





# MOMENTS AT MONMOUTH



**LEFT:**  
THE WOMEN'S SOCCER  
TEAM CELEBRATES  
SENIOR DAY WITH  
THEIR SUPPORTIVE  
FAMILIES THIS PAST  
SATURDAY.  
PHOTO  
COURTESY  
OF:  
MONMOUTH  
ATHLETICS



**RIGHT:**  
MEMBERS OF STUDENTS  
ADVOCATING GIRLS'  
EDUCATION, SPECTRUM,  
GENDER STUDIES AND  
YOUTH ACTIVISTS  
MAKING INCLUSIVE  
BUTTONS FOR COMING  
OUT DAY.  
PHOTO COURTESY OF:  
JANE LAI



**LEFT:**  
MAGICIAN DANIEL MARTIN  
GETTING READY TO DAZZLE  
THE CROWD ON SATURDAY  
EVENING IN ANACON.  
PHOTO COURTESY OF:  
STUDENT ACTIVITES  
BOARD



**RIGHT:**  
COMMUTER STUDENT  
MENTORS GREET  
PROSPECTIVE STUDENTS  
AT MONMOUTH'S OPEN  
HOUSE.(FROM LEFT TO  
RIGHT: SUMMER SHAHEED,  
NAMRA SHUEIB, DAVINA  
MATADIN, AMBER GALATI,  
ALEXANDRIA  
AFANADOR)  
PHOTO COURTESY  
OF: AMBER GALATI



**Don't see your picture this week?**  
Check back in next week's issue for more Monmouth student's photos!



*Where's your favorite spot to get  
work done on campus?*

COMPILED BY: NICOLE RIDDLE



**Jennifer Pistola**  
**Junior**

"The steps of Wilson Hall."



**Pia Farimas**  
**Senior**

"My favorite places are Pozycki Hall and the  
Student Center."



**Michael Gatta**  
**Freshman**

"The courtyard of Wilson Hall."



**Juan Martinez**  
**Junior**

"The third floor of the Student Center."



**Cheryl Guker**  
**EOF Office Coordinator**

"Besides my office, I enjoy reading outside of  
Plangere."



Monmouth University's Physician Assistant Program Salutes PA Week and our Students

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Greeting Card Contest

Sponsored by the GENDER STUDIES Program

Winner will receive

- \$100 prize
- Recognition in the Gender Studies Spring newsletter
- Recognition on the Monmouth University Gender Studies website
- Recognition at the annual Gender Studies Giraffe Awards (held in April)
- Potential recognition by *The Outlook*
- Complimentary copies of printed card



Qualifications:

Any Monmouth University student is welcome to submit; minoring in gender studies is not required. The winning submission will be printed onto a greeting card that will be used as an end-of-the-year notice of thanks and warm wishes for staff, faculty, and student organizations that have supported Gender Studies over the academic year. Submissions will creatively illustrate gender studies, specifically highlighting the goals and values of the Monmouth University Gender Studies program, including campus events and designated courses. Winter or holiday themes may be used in achieving this, but must be non-denominational. Image should be *free of any text* unless the text is in the background, not distracting, and will not conflict with any text that will be added on in preparation for printing. Contributors are encouraged to visit the MU Gender Studies website to familiarize themselves with the program. Program brochures and additional information are available in the Director's office in Bey Hall 234. A strong reflection of MU Gender Studies program values is more important than artistic ability.

Any medium is acceptable (photograph, painting, photoshop, etc.) and either color or grayscale may be used, but all submissions must be **submitted digitally** in high quality and ready to print on a 4.25 x 5.5 inch postcard. Students may contact the MU Copy Center for professional scanning of their artwork, otherwise scanners are available at the library. Submissions that are too small, unclear, or low quality will be disqualified. Images that contain plagiarized material will be disqualified. Limit one submission per student.

Submission Must Include:

- Name
- Major
- Phone number & email
- Title of submission
- Print-ready digital submission

To Submit:

Email Gender Studies Director Dr. Corey Wrenn at [cwrenn@monmouth.edu](mailto:cwrenn@monmouth.edu) with subject line "GS Card Contest Submission." Only submissions from valid MU student email addresses will be accepted. Submissions must be received by **November 20<sup>th</sup>, 11:59 PM**. Winner will be announced December 1<sup>st</sup> by email.

Contact:

Dr. Corey Wrenn  
Director of Gender Studies  
[cwrenn@monmouth.edu](mailto:cwrenn@monmouth.edu)





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**Holly Migliaccio**

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**Andrea Pappas** **Prof. John Buzza** **Nicki Kelly** **Dr. Eugene Simko**

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**Monmouth University  
Student Employment**



# Why You Should Write for The Outlook

NICOLETTE PEZZA  
CLUB & GREEK EDITOR

Students should get involved with *The Outlook*, Monmouth University's student-run newspaper, even if they aren't a communication student. *The Outlook* gives students the opportunity to write articles and be published both in print and online. There are several different sections including Features, Lifestyles, News, Opinion, Entertainment, Club & Greek, Politics, Viewpoints, and Sports.

Whether a student is a communication major, someone who has a passionate view on a topic they want to share, or a student that wants to have something physical to show potential employers on interviews, *The Outlook* is a great way to do just that.

Professor John Morano and advisor for *The Outlook* said, "For anyone who feels that writing, especially journalistic writing or public relations writing, might be in their future, getting published in *The Outlook* is a great idea. It enables one to actually put into practice what they've been studying, to build a portfolio of published work, to separate yourself from all the other students who study but do not practice their craft, to get

another line or two on your resume, and to be part of a university newspaper that has been consistently ranked nationally as a top 10 university weekly newspaper (landing in the #1 spot three times)." Tianna Fougeray, a senior marketing and management student said, "Writing for *The Outlook* is a great idea no matter what major you are. If you like writing, or even it isn't your favorite thing to do, it's a great way to get your work out there and be creative with it. I'm a marketing and management major but I am so glad I got to have an article published of my own."

"Since I'm the Novelties Chair for the Student Activities Board, I was able to write an article about one of the events I planned on campus and it was awesome to be able to talk about something I'm passionate about. I also was happy to share it and see others reading it. I can show this published work to jobs as well and show them I was involved on campus outside of my major," she continued.

*The Outlook* gives students the opportunity to gain experience that they may not get through an internship. Nicole Ingraffia, a senior journalism and public relations student said, "I used to intern in New York City but I recently quit be-



PHOTO TAKEN BY Nicolette Pezza  
Senior Tianna Fougeray reads her first article in *The Outlook*.

cause I honestly found writing for *The Outlook* more valuable than doing coffee runs."

"I've found that editors aren't excited when a job candidate enthusiastically proclaims, 'I could do that.' What they want to hear, especially if you want their money, is, 'I've done that. Let me show you some examples.' Anyone can talk the talk. It's the students that walk the walk that wind up with more opportunity," said Professor Morano.

Students who are worried about overloading themselves by getting involved should not stress. "At first I was nervous about being editor of the entertainment section because I

have a lot of leadership roles on campus. I'm currently recruitment chair for Alpha Omicron Pi and work 30 plus hours at Bagel Guys Deli a week," Ingraffia said.

"I emailed Professor Morano about my worries and told him I didn't know if I could handle everything I signed up for. He told me he completely understood where I was coming from and if I felt like I needed to call him that I could," she explained.

"I'm a huge worrier so I called him the next day and he talked me off the ledge of quitting and I've never had a professor as dedicated to his students as he was for me that day and I'm so

thankful because I love writing for *The Outlook*. It's something I didn't picture myself doing at first but now I can't picture myself anywhere else! It's such a comfort zone for me and a stress reliever because writing for me is therapeutic," the senior continued.

Morano added, "I personally find, after some 30 years advising *The Outlook*, that the students who contribute to the paper, regardless of what major they come from, and we have many different majors in our newsroom, are a special breed. They're brave, well intentioned, and have a genuine desire to make the most of their educational opportunity."

"They're not afraid to publish their work, even though they're often in the early stages of learning the craft. Not many people are willing to do that, to put it out there for everyone to see. Those students at *The Outlook*, and by extension *The Verge*, WMCX, Hawk TV, CommWorks and the MOCC are special people," Morano continued.

*The Outlook* publishes an issue weekly and is always looking for people who want to get involved. Students who are interested can stop by *The Outlook* Office in Plangere to get more information and meet some of the staff.

## Students Get in the Halloween Spirit with the Student Activities Board

NICOLETTE PEZZA  
CLUB & GREEK EDITOR

Students were able to get in the Halloween spirit with the Student Activities Board at Scary Rotten Farms on Saturday, Sept. 30 at 7:30 p.m.

The Student Activities Board offered students the chance to go to Scary Rotten Farms in Brick, NJ to experience some haunted attractions. The event was originally scheduled to take place at C. Casola Farms but had a last minute location change.

Those who wished to attend had the option of taking a shuttle from the university or driving themselves to the location. Tickets were \$5 for students and \$10 for guests.

"Scary Rotten Farms was an event our Travel and Tour Chair Amber Galati worked very hard to plan. There were a few bumps in the road, such as needing to change the location last min-

ute, however, regardless of the change, students were actually still coming in on Friday afternoon to purchase tickets for the Saturday event. I was really sad that more students that wanted to go didn't have the opportunity. My advice to students if they want to go to events... get tickets early!" said Assistant Director of Student Activities and Student Activities Board Advisor Crystallyn Espinal.

Galati, a sophomore and Travel and Tour Chair for the Student Activities Board, was in charge of the event. "There were two attractions students were able to experience. The first, Sinister Sneed's Chaotic Carnival of Chaos, was filled with clowns and brought tears and screams. Around every corner there was another clown in our faces. The second, The Blackened 'The Plague,' was very dark and filled with people afraid to get the plague. We went

through a church and a bar with people screaming at us," she said.

She continued, "Throughout the whole night we were chased by a man with a chainsaw that even came on the bus with us when we were heading back to school. Everyone had a great time!"

Sabina Graziano, a computer science student, attended the event. "I was so scared that I fell on the ground," she said. Students seemed to really enjoy and be thoroughly scared at the Scary Rotten Farms attractions.

Students who did not get the opportunity to go to the event should not be worried about missing out on the scary Halloween festivities. The Student Activities Board will be holding their annual free event, Wilson Haunted Tour, on Oct. 28 at 7 p.m. in Wilson Hall where students will have the opportunity to get scared by Monmouth's own students!



PHOTO COURTESY of Amber Galati  
Monmouth students pose for a picture at Scary Rotten Farms in Brick, NJ.

## Club and Greek Announcements

### Counseling Student Association

The Counseling Student Association has teamed up with The Ashley Lauren Foundation to host its first ever Dance-A-Thon, Dance for Hope, fundraiser. The Ashley Lauren Foundation is a non-profit organization based out of Spring Lake, N.J., that supports children with cancer and their families. They will be dancing for the children and families that the Ashley Lauren Foundation supports on Nov. 19 from 3 p.m to 8 p.m. at the OceanFirst Bank Center. Students can join as an individual or a team! All participants must raise at least \$50 if above the age of 18, or \$25 if below the age of 18. All persons under 18 must be accompanied by an adult. If you would like to join Monmouth in the battle against pediatric cancer, text DANCE to 7177 or visit [ashleylaurenfoundation.org](http://ashleylaurenfoundation.org) for more information.

### Students Advocating Girls' Education (SAGE)

SAGE is dedicated to equal access to education and the betterment of the campus community through social justice, gender equality, and feminism. SAGE hosts a number of events on campus to raise money and donate to organizations and communities which improve access to quality education for women and girls, both locally and globally. They also increase campus awareness of social issues and current events pertaining to women's rights. If you are interested in joining, please contact the club president, Kaitlin Allsopp, at [s1034953@monmouth.edu](mailto:s1034953@monmouth.edu).

### Sociology Club

Sociology Club at Monmouth works to take the concepts learned in the classroom and apply them to social activism. They focus on raising awareness of inequalities and social issues that affect everyone all as students. They believe that every person has the ability to make a difference in the community. All student ideas are welcome as they work through issues of race, gender, ability, and more to create an open and inclusive space. In the past they have signed petitions against the Dakota Access Pipeline, which threatened the sanctity of precious indigenous people's land; held American Sign Language classes; and educated students about sexual assault. With Sociology Club, every voice has a chance to be heard and they are devoted to addressing social issues that impact campus. The possibilities for what they will do this year are endless, so join them as they continue to work towards creating a campus environment that reflects the world we want to live in.



# Interracial Relationship Revolution

KARA D'ANTONI  
CONTRIBUTING WRITER

The Loving v. Virginia court case in 1967, where interracial couple Mildred and Richard Loving fought against miscegenation laws for the right to be married regardless of their opposing races, was revolutionary for all interracial couples.

The idea of having a significant other outside of your own race was unheard of, but now in the 21<sup>st</sup> century, it is a growing phenomenon.

In 2010, the U.S. census calculated that the number of interracial couples had reached a high of 35 percent and it has continued to grow ever since.

Personally, I am in an interracial relationship with an extremely caring person, Mark Cayne, a senior communication student. Cayne continues to brighten up my life and makes every day together an adventure.

I am white with an Italian and Puerto Rican background, while he is black with an African American background.

Interracial couples throughout history have always been taboo and controversial within society, and although times are changing, there are still many people with a traditional mindset that find this type of relationship wrong.

There have been moments where people have ridiculed our relationship, which is disheartening.

Despite the few that were disapproving toward our lifestyle, we have received an overwhelming amount of support from family, friends, and most people we encounter as a couple.



PHOTO COURTESY of Kara D'Antoni

Interracial relationships have become the norm for newer generations and have come to be more accepted than when Loving v. Virginia occurred.

Communication adjunct professor, Katherine Nogueira, elaborated on how the perspective on interracial couples has evolved throughout generations.

While comparing past and present views, Nogueira stated, "Thinking about my parents' generation, thinking about my friends' parents, I don't know a ton of interracial couples thinking back to their age, but thinking about people that I know, that are more my peers, cer-

tainly, I feel like it's a lot more common."

Nogueira explained how she, along with most people in the younger generations, are more open to change and diversity.

"I think it's a millennial thing...I'm so used to it because I know so many people in interracial couples that I think it's wonderful... it's really hard for me to think about anything like that, like interracial couples or same-sex couples and think about people judging it, that's

hard for me to understand why people would do that," she said.

Daniel Arnold, a senior homeland security student was previously in an interracial relationship for about three years.

Before discussing his past, Arnold's thoughts on interracial relationships were simple and sincere.

"I think it's good, it's fine, people can be happy with who they want to be happy with," Arnold said.

Since he had been in an inter-

racial relationship in the past, it was a huge possibility that he and his partner were discriminated against.

Arnold denied any discrimination against him and his partner, "I didn't experience any prejudice whatsoever," he said.

One noteworthy perk of being in an interracial relationship is the opportunity each partner is given to be exposed to diverse cultural learnings.

The amount of knowledge I have gained from my boyfriend's family and friends is infinite and will always be something that I value.

Of course, this is not the only type of interracial relationship. Other students reported having parents of Asian and Hispanic heritage, others Indian and Caucasian, and so on and so forth. While this may be one of the most famed stories and combinations, this certainly is not the only one.

First year Masters of Social Work graduate student, Marlena Mignano, also acknowledged the amount of culture one is exposed to when he or she is a part of an interracial relationship.

Mignano said, "I think that they're kind of a rarity to find, a lot of people are becoming more open to that idea... I think it's really beautiful that people are sharing their cultures and are learning from each other."

Overall, it seems that the world is beginning to appreciate love in all different forms. Much of the newer generations have grown to be more accepting of the others around them, it seems.

Love is a beautiful, unique feeling and can be hard to find. Don't reject it, embrace it.

## A Family of its Own: *Educational Opportunity Fund*

EMILY CONDRON  
CONTRIBUTING WRITER

Monmouth University is known for its small campus size, especially when it comes to taking classes and getting to know professors on a personal level. Though every student is able to take advantage of this perk, not all are able to say they also belong to the Educational Opportunity Fund (EOF) program here on campus.

This program allows forty students per year to enter college, the vast majority who may not have been able to otherwise, with experience and bonds that they will lean on during their freshman year and the rest of their lives. Yes, they do aid students financially, but this program is known to offer so much more than just money; this program makes dreams come true.

All students start off in a five-week long summer academy where students take two classes, receiving three credits for each, and spend time bonding with thirty-nine others who are enrolled in the same program. At first, no one wants to be there. Who willingly gives up their summer before college to take classes and follow a rigorous schedule that keeps you awake from 7 a.m. to 10 p.m.? But, as the weeks fly by, the time spent in the program allows you to grow more than ever.

Cameron Oakley, a freshman health studies EOF student, said, "It is amazing to see how close you can become with thirty-nine other people in five weeks and how that bond stays forever."

Friendships that form through this program are life changing because many students here have struggles at home, whether a parent died or they are adopted, everyone has a story and every other person can relate to some extent to the other person's experience.

The bonds created through the summer allow students to have a support system for the school year and give them a way to not feel alone as many freshman today do. Entering college is less terrifying when you have two or three other people by your side on the first day, even if it is just sitting together in the dining hall instead of sitting alone.

In the case of Francesca Cafasso, a freshman EOF student, it was not as easy to open up, walking into the program she would "tell herself that she was going to hate it." After the first event of the program, Game Night, she realized that it was not as bad as she thought initially and started to crawl out of her shell. Cafasso went from dreading the return on Sunday nights to not being able to wait!

During the academic year, there are also various ways that EOF continues to support their students. At first, many complain about the mandatory two hours per week study hour rule, saying that it will distract them and take them away from more important things. But, much like the summer program, this turns into a fun and motivational way of getting homework and studying done.

As Shannon McGorty, a freshman health studies and EOF student, expressed, "study hours are a way to reconnect with people I haven't seen

since the summer and to meet upperclassmen who actually help me with my work if they had my professor or are the same major as me."

Getting work out of the way is not the only worry of the EOF office. Counselors, the office coordinator, the math tutor, and, of course, the director all play a huge role in the skyrocketing success of these students from the academic and personal relationships they keep with them. As students walk into the office, the first person they talk to is Cheryl Guker, the office coordinator. She is the hub of the entire program and without her, no one would know what to do; keeping students together and keeping track of appointments to making sure the office stays in tip-top shape, she truly is the Wonder Woman of EOF and the brightness to many student's days.

Guker says favorite part about the job is watching the students grow from the moment they get there to the time that they leave, and over the forty-five years that she has held that position, she still finds it fascinating. Another form of support that students look forward to are the counselors: Gilly Scott, Jarred Carrier, and Elizabeth O'Brien. The people are what keep students together, tracking them like hawks from their grades to their stress levels. With the bi-weekly meetings that students must attend, they do everything in their power to keep them on track and get them the support they need.

These counselors listen to students talk about everything from issues with professors to issues with significant others, welcoming the complaints with open arms. Carrier

said, "Everyone has a story ... and having this close-knit family really gives me a chance to see all the different facets that Monmouth has to offer."

Students are just as grateful for the counselors as the counselors are for the students, this continuous motivation and drive keeps the program lively. Al Fure, mathematics specialist for EOF, is another aspect of the program that many students rely on. When entering Fure's office, the first thing you notice is the abundant number of notes all with the same saying: "Thank you, Al, I don't know what I would have done without you!"

Alexis Delgado, Director of the EOF program, is very involved in the lives of the students. Though he sits as director, he still manages to connect to every student, always asking how internships are going or how a test that someone was stress-

ing over went. His main priority is always the students and that shows in his kind demeanor and caring personality.

The EOF program is more than just giving money to students who are financially unstable at home; it gives forty students a family and major support system while attending the university. Through the summer academy, through the study hours, and the many people there to support these students, this family is definitely something that these students are extremely proud of.

As Stitch from Disney's Lilo and Stitch once said, "Ohana means family and family means nobody gets left behind or forgotten." And while this quote hangs on the wall in the EOF building, it is the only way to explain how the students and faculty involved in the program truly feel.



IMAGE TAKEN from monmouth.edu

The Educational Opportunity Fund (EOF) provides a support system to forty students each year.



# Branching Out Into STEM: *A Male Dominated Workforce*

ELIZABETH RODERICK  
CONTRIBUTING WRITER

The lack of women in Science, Technology, Engineering, and Mathematics (STEM) has been a cultural concern for some time now. As of 2006, women accounted for 46.3 percent of all workers in science and engineering careers, with the largest percentages of women appearing as nurses, therapists, and dieticians—traditionally female-dominant fields.

The percentage of women in all science and engineering did increase by 2015, but only by 0.5 percent according to the National Science Foundation.

However, there may be some good news on the horizon; a study done by Williams and Ceci in 2015 including 873 tenure-track faculty from the fields of psychology, economics, engineering and biology at different universities revealed that faculty members would prefer to hire a female tenure-track professor twice as often as a male tenure-track professor.

Women are also earning bachelor's degrees at almost the same rate as men, and are being actively encouraged to pursue Science, Technology, Engineering, and Math (STEM) majors and careers by their mentors.

Mary Fitzgerald, a senior math and elementary education student, says she chose to major in math because, "it's the subject [she has] the most passion for; my math

teachers were always very encouraging. One tried to convince me to go into engineering."

Pooja Shah, a junior biology student with a concentration in molecular cell physiology, agrees.

When asked about any challenges she may have faced in her medical track, Shah said, "I have to say, I am very lucky to have such a positive experience in the area of STEM that I am in. I think that times are changing, and in terms of women in STEM, people are opening their eyes to a new, bright future of female scientists and doctors and mathematicians."

While getting women into STEM tracks may not be an issue, keeping them there might be.

According to the National Science Foundation, men earned 58.4 percent of all doctoral degrees in science and engineering in 2014, whereas women only earned 41.6 percent of those degrees.

Some women are dropping out of the STEM pipeline, and Joan Williams and Kate Massinger of *The Atlantic* suggest that this could be due to sexual harassment.

One in 3 female science faculty members have reported sexual harassment in 2015 according to *The Atlantic*.

Some speculate that this harsh reality is due in large part to the fact that recommendation letters and job offers for women in STEM rely heavily on their relationships with their mentors.

Pregnancy harassment may also be a growing issue; a report entitled *Parents in the Pipeline* conducted a survey of 1,000 post-doctoral students, of whom 20 percent reported that having a child negatively impacted their training experience.

In truth, harassment is not the only challenge facing women in STEM fields.

In 2016, Cornell University researchers found that as women enter a field of employment, payment in that field drops.

This effect is responsible for 51 percent of the pay gap that women face.

Gender bias does not just appear as a deliberate action of paying a woman less than a man for the same work, it weaves itself into the fabric of STEM by affecting entire industries.

Paula England, a professor of Sociology at New York University, speculated in an interview with the *New York Times* that, "once women start doing a job, it just doesn't look like it's as important to the bottom line or requires as much skill."

Dr. Lisa Dinella, an associate professor of psychology, said, "Unfortunately, traits and characteristics associated with femininity are currently valued less than those of masculinity. The historic trend of salaries decreasing as more women enter the field illustrates this phenomena in a pointed manner."

Dinella continued, "Awareness of the explicit and implicit bias behind these trends can help curb the in-



PHOTO TAKEN by Nicole Riddle

The idea that STEM is a male-only field seems to still be a prevalent topic of discussion.

equity." "Having concrete criterion for promotions and salary increases, as well as constant assessment of gender equity in salaries, can help corporations and industries bring fairness to their workplace," she said.

To ensure a bright future for women as educators, mathematicians, medical professionals and much more, we need to focus on ending the *effects* of gender bias, not just the stereotype that STEM is only for men.

## Where to Turn for Your Intern[ship]: *Internships at Monmouth University*

MARIE SOLDO  
STAFF WRITER

Internships are an important part of your college career; they give you a taste of the real world before you even have to enter it.

Internships also give you the chance to refine your skills, demonstrate new ones, and figure out exactly where to begin your career. Furthermore, interning for a company or organization will help you see what the day-to-day experience is like working for them and possibly for you in the future.

*U.S. News and World Report* list the top benefits of an internship:

1. There is a world of a difference learning about your chosen career field and actually experiencing it

2. Internships are the perfect way to gain some real-world perspective by incorporating the skills that you have learned in class

3. Completing an internship is also a great addition to your resume.

Lecturer of communication, Shannon Hokanson, said, "Internships are a critical opportunity to apply your communication education in real world contexts. They are valuable resume builders that can give you a true edge in a competitive marketplace."

Another reason why internships are so great is because they get your foot in the door of your chosen career path.

According to the National Association of Colleges and Employees, students who complete an internship will be a company's first choice over college graduates who did not.

Freshman social work student, Kayla Greiss, is aware that an internship is a requirement for graduation. Despite being a freshman, the thought of interning makes her somewhat nervous. She knows that she would like to work with children. She

has, "tons of experience babysitting and coaching cheerleading," so she feels that finding an internship won't be too difficult.

On the other end of the spectrum, Nicholas Campanella, a senior marketing student, believes that an internship is useful as long as it is a productive one. "As I begin hiring for my new business, you would be amazed how many kids I see put 'worked in finance,' or 'worked

in marketing' but then I find out they just did some menial task that did not add much value," he said.

He also added that you should intern to gain experience and gain value from it; you should not, however, intern simply because it will look good on your resume.

Interning will also help to bring you out of your shell. In the Spring, I interned for a non-profit organization called Lunch

Break.

I was always so shy and reserved while my supervisor was bubbly, loud, and she could light up a room. My supervisor wanted me to interview clients, volunteers and donors to create a 'story bank' she could pull from and use them for appeals and newsletters.

In the beginning, I was a nervous wreck conducting interviews, but as time went on, I was more than comfortable doing it. Interning allowed me to be comfortable interviewing anyone and everyone, and it also helped me realize what I am truly passionate about.

"Time management is also a crucial skill for students seeking to balance internships with course work. I would recommend acquiring and using a good scheduling tool," Hokanson said

Finding an internship is difficult, but maintaining your regular schedule as well as balancing an internship on top of that as well as day to day aspects, is even harder. A suggestion that many students have suggested is investing in a planner.

So, for those of you who are a freshman like Greiss or an upperclassman who did not intern yet, make the most of interning, apply skills from the classroom while completing your internship, and do not be afraid to put yourself out there!



PHOTO TAKEN by Alexandria Afanador

Investing in a planner can help you stay on top of your day to day responsibilities as well as aid in the balancing of your internship.



# Men's Soccer Defeats Iona on Conference Home Opener

EVAN MCMURTRIE  
STAFF WRITER

Men's soccer defeated Metro Atlantic Athletic Conference (MAAC) rivals Iona at Hesse Field on the Great Lawn last Wednesday night in their first home conference game of the season by a score of 3-2.

"Conference games are always difficult, so we are happy to come away with the three points," said Monmouth Head Coach Robert McCourt.

After Iona sent a pair of shots wide, Monmouth opened the scoring around the half hour mark. Freshman midfielder Dan Frisch-Harmon brought the ball to the byline and, while fighting off a defender, cut it back to the six-yard line. Red-shirt freshman midfielder John Antunes received the feed and poked the ball into the back of the net with the outside of his foot.

Once again, after withstanding pressure from Iona, Monmouth scored. Near the corner flag, sophomore midfielder Geoffrey Schaefer popped the ball up high near the penalty area. Freshman forward Anes Mrkulic nodded the ball into the box with his head. After it took a bounce, junior defender Zachary Pereira came rushing in and volleyed it past the keeper with his left foot to double Monmouth's lead just before the halftime break.

"It was a hard-fought conference game tonight," said McCourt. "I was happy with the energy we had in the first half."

Iona came out firing in the second half and snatched a goal back early on. Senior midfield-



**Sophomore midfielder/forward Geoffrey Schaefer scored a goal and assisted on another in a 3-2 win against Iona Wednesday night.**

PHOTO COURTESY of Karlee Sell

"It was a hard-fought conference game tonight. I was happy with the energy we had in the first half."

ROBERT MCCOURT  
Monmouth Head Coach

er Luis Mendoza swung a free kick into the box that was met by the head of junior defender Humbert Ferrer, who sent it in off the post.

Nearly ten minutes later, Monmouth pushed their lead over Iona back to two. Sophomore defender Andy Martinez sent a cross into the box which

Schaefer headed directly into the ground and right at the goalkeeper, who was unable to prevent the ball from trickling in underneath him.

Iona continued to try to get themselves back into the game, and they did so in the 82nd minute. Ferrer scored his second goal of the night after a set piece was flicked his way and he was able to finish.

While the Hawks were out-shot 22-9 by the Gaels, both sides registered six shots on target. Despite late pressure from Iona, Monmouth found a way to hold on for the 3-2 victory.

McCourt said, "Iona is a good team. They showed some tremendous character and had a good second half."

Monmouth then travelled to Riverdale, NY to take on Manhattan at Gaelic Park on Saturday night. The two sides went into double overtime after playing through a scoreless 105 minutes.

Just moments into the second period of overtime, a defense-splitting pass found junior defender Callum Carsley near the byline who then burst past a Monmouth defender and sent a low ball on the ground into the box. Junior midfielder Ryan Shields tapped the ball past the keeper with his first touch, winning the game for Manhattan.

"Tonight's loss was a heart-breaker," said McCourt. "It was a fantastic match with both teams leaving everything they had on the field." The defeat saw Monmouth drop to 4-6-1 on the season and 1-2-0 in MAAC play.

The Hawks will play their next match Wednesday, Oct. 11 at 7 p.m. in Poughkeepsie, NY as they take on the Marist Red Foxes in another conference battle.

## Men's Tennis Competes at All-American Championships

CAROLINE MATTISE  
ASSOCIATE OPINION EDITOR

Two members of the Monmouth University Men's Tennis team competed in the Intercollegiate Tennis Association (ITA) All-American Championships in Tulsa, OK. the weekend of Sept. 29, one of whom qualified for the Qualifying draw.

Senior Alejandro Gomez and junior Nicola Pipoli traveled to the University of Tulsa to compete in the Qualifying Doubles draw and the Pre-Qualifying Singles draw. This is the first time in program history that players have competed in the championships.

In the Pre-Qualifying Singles draw, there were 256 at-large wildcard selections and the final 16 players advanced into the Qualifying tournament. The Qualifying Doubles draw consisted of 64 automatic wild-card selections. Those who won at least three rounds advanced to the main draw.

In the Pre-Qualifying draw, which began on Saturday Sept. 30, Gomez lost a close match in the first round 6-4, 7-5 against Janik Opitz from Western Michigan. He then played Tom Moonen of Middle Tennessee State University in the consolation round, again losing 6-4 7-5.

Pipoli had a bye the first round of the pre-qualifiers and defeated Shakeel Manji from Memphis University 6-1, 6-3 in the second round Saturday morning. Sunday morning, in the third round, Pipoli defeated Luca Marquard of UC Irvine.

The first set was close, Pipoli winning 7-5. He then lost the second set 3-6, but managed to regain the momentum to win the match in the third set 6-3.

The momentum that Pipoli had after the three set win did not translate into the round of 32 Sunday afternoon. Pipoli fell to Ferran Calvo of Oklahoma 6-3, 6-4. Calvo was the seven seed in the Pre-Qualifying draw.

Pipoli said that he enjoys playing in these individual tournaments because it offers a different atmosphere than a typical dual match. "Here, it is a different type of pressure, because you are not trying to win for your whole team," said Pipoli. "You just have to win for yourself."

Although Pipoli lost in the Pre-Qualifying draw, he earned a slot in the Qualifying bracket. "I guess you could say I was the lucky loser," said Pipoli.

However, Pipoli was not as lucky as he thought. After Pipoli and Gomez ate dinner on Sunday night, they became sick causing them to withdraw from their matches scheduled for Monday. Pipoli lost his spot in the qualifying draw, and the pair gave up their chance of competing in the doubles qualifying draw.

Gomez and Pipoli were not doubles partners last year, but have had early success this fall. Men's Tennis Head Coach Alex Kasarov is not surprised at the success the pair has had so far. "Their skill sets complement each other well on the court," Kasarov said. "The guys all understand the importance of

executing what we ask of them in practice and they have done just that."

The doubles team had success at the Ivy Plus Invitational at Princeton University in September, winning two matches in the "Jadwin Doubles" draw over teams from Princeton, Buffalo. And, they are likely to have the same success in the regular season.

Despite having to withdraw from the tournament after two days, the experience was a success for Gomez and Pipoli. This individual tournament gave them more exposure to ranked players and will have prepared them for the ITA Northeast Regional Championships later this month.

Sophomore Sergio Martinez said, "The fact that Nicola [Pipoli] and Ale [Gomez] made it to this tournament just shows that they could be playing anywhere, but decided to come to Monmouth."

"We are lucky have them, and hopefully they will lead us to another MAAC Championship in the spring," said Martinez.

The Hawks competed in the Farnsworth Invitational at Princeton this past weekend and will end their fall season with the ITA Northeast Regional Championships on Oct. 18.

The team is looking to clinch a third consecutive MAAC Championships in May. "We are looking forward to getting better and seeing all of our student-athletes compete in our next event this fall," Kasarov said.



TOP AND BOTTOM PHOTO COURTESY of Monmouth Athletics

**(Top) Senior Ale Gomez Estrada finished** in the pre-qualifying singles bracket, losing to MTSU's Tom Moonen.

**(Bottom) Junior Nicola Pipoli reached** the round of 32 before falling to UC Irvine's Luca Marquard.



# Football Wins to Extend Winning Streak to Three

**ZACH COSENZA**  
SPORTS EDITOR

Football finished their non-conference schedule with a 48-37 win against Holy Cross on Saturday afternoon.

“I’m very happy we accomplished what we came up here to do,” said Head Coach Kevin Callahan. “We can go into the bye week where we can rest up and fine tune the things we can get better at.”

Sophomore quarterback Kenji Bahar threw for a career-high 324 passing yards on 23 completions. His top target was junior wide receiver Reggie White Jr., who finished with a season-high 137 yards on nine receptions. The junior added two touchdowns for the afternoon.

“Kenji had a really good day,” Callahan said. “I felt really early on in the game he was working himself into a groove. He was able to find guys down the field and capitalize on some explosive plays. You have to give him credit for putting the ball on the mark.”

On the defensive side of the ball, senior safety Mike Basile had a career-high 19 tackles.

“Mike [Basile] is possessed when he is out on the football field,” Callahan said. “He was all over the place on defense and special teams, he just had an outstanding afternoon.”

In the first quarter, Holy Cross started the game on the opening drive with a 33-yard field goal. MU’s defense forced the driving Holy Cross offense to only three

points after three straight passing attempts in the red zone.

After back-to-back punts for Monmouth and Holy Cross, the Hawks were driving after a Bahar to White completion that went for 22 yards into Crusader territory. The drive would stall after the blue and white failed to convert on fourth down at Crusader 33 yard line.

On the ensuing drive, Basile would sack the Crusader quarterback and he would fumble the ball, which was recovered by MU at mid-field

That sack and force fumble would set up freshman running back Eric Zokouri with a one yard touchdown run to give MU the 7-3 lead early in the second quarter.

The Hawks would increase their lead to 14-3 after a Bahar to White touchdown pass from 13 yards out. This would be the first of five straight touchdown drives between MU and Holy Cross.

The Crusaders would answer with a touchdown of their own, a designed quarterback keeper from four yards out. Monmouth would come back with a four yard touchdown pass from Bahar to junior tight end Jake Powell.

Holy Cross brought MU’s lead to only four at the half after the Crusaders completed a time-expiring 49-yard Hail Mary.

In the opening drive of the second half, Bahar connected with sophomore wide receiver Lonnie Moore IV for a 61-yard completion, bringing the Hawks all the way to the Holy Cross four. Bahar would finish that drive with another



PHOTO COURTESY of B51/Mark Brown

Sophomore quarterback Kenji Bahar had a career-high 324 passing yards in the win against Holy Cross on Saturday afternoon.

er touchdown reception to White. Four minutes later, Zokouri would score his second touchdown on the game on another one-yard rush.

On the ensuing drive, Holy Cross would punt it to senior defensive back Kamau Dumas, who would return it for a Monmouth record 89-yard punt return touchdown to make it 41-17.

In the fourth quarter, Holy Cross would come back to make the score 41-30 and had the ball looking to make it a one possession game until Dumas intercepted the ball and returned it 39 yards for his second touchdown of the game. On the Final play of the game, Holy Cross would score on their second half ending Hail Mary touchdown of the game, making the final 48-37.

For the game, Basile became the Big South career tackles record holder, passing the previous holder’s 244 tackles. Senior running back Michael Jolly finished with a game-high 119 rushing yards on only six carries.

Monmouth will have a week off as they prepare for a Homecoming battle against conference foe Liberty. The Hawks will look to make it four in a row on Saturday, Oct 21 at 1 p.m. at Kessler Stadium.

## Field Hockey Splits Against Fairfield and Hofstra

**CHRIS FITZSIMMONS**  
STAFF WRITER

The 25th ranked Monmouth University’s Field Hockey team spilt their games over the weekend. On Friday afternoon they suffered a 3-1 loss to Fairfield University in Fairfield, C.T. They successfully rebounded on Sunday by beating Hofstra University 3-0 in Hempstead, N.Y. With the spilt the Hawks improve to 9-3 on the season and 1-1 in conference play.

The loss on Friday was frustrating for the Hawks. Monmouth outshot the Stags by seven and took ten more attacking corners. It was a lack of execution that brought the first loss of the season upon the Hawks as the offensive chances were ample.

“Fairfield’s effort and execution won them the game today. Hopefully we can recognize our errors and correct them as we face another tough road test on Sunday at Hofstra,” said Head Coach Carli Figlio after the game.

The Stags were first to score in the 14th minute and quickly followed that up five minutes later to take a 2-0 lead into the half. Coming out the half scoring was hard to come by. It took until the 60th minute before another goal was scored and it was by Fairfield. With the goal the Stags took a substantial 3-0 lead.

The Hawks finally put one on the board in the 66th minute thanks to senior forward Mallory Kusakavitch off an assist from senior defender Julie Laszlo. At this point however, the game was essentially over and the Hawks winning streak ended at six.

Monmouth responded to the loss with an impressive 3-0 win over Hofstra on Sunday afternoon. Three different Hawks contributed goals in the win and both offensive



PHOTO COURTESY of Karlee Sell

Sophomore forward Josephine van der Hoop assisted on two goals in the 3-0 victory over Hofstra Sunday afternoon.

sive and defensive performed effectively. The Hawks, like in their previous game, led in the shot department. Unlike the previous game however, the Hawks successful converted those chances into three goals to secure a victory.

Kusakavitch opened the scoring in the 28th minute off a feed from sophomore forward Josephine van der Hoop. This was Kusakavitch’s second goal in as many games and with it the Hawks entered the half up by one.

Junior forward Kelly Hanna put the Hawks up two nine minutes later by deflecting a shot into the net. This was Hanna’s eighth of the season and marks a career

high for her. Scoring was capped off when junior forward Elyssa Okken added a goal in the 51st minute thanks to another van der Hoop’s assist to extend the led to three.

The Hawks defensive once again showed how stifling they can be in this game. Hofstra only managed five total shots with three of those on goal. This was the fourth shutout of the season for the team. Additionally, senior goalkeeper Christen Piersanti made three saves and earned her 45th win in her career and her 17th shutout.

“It was great to rebound today with a win. We came together

in the second half as a team and started playing Monmouth field hockey,” Figlio said.

Also of note, Hanna earned the Metro Atlantic Athletic Conference (MAAC) Offensive Player of Week. This is the second time she has been tabbed as Offensive Player of the Week this season and it was due to her part in securing a victory last week over Sacred Heart University.

The Hawks will return home Friday, Oct. 13 where they will face off against LIU Brooklyn at 4:00 p.m. They will then travel to Villanova on Sunday, Oct. 15 for a non-conference matchup against the Wildcats at 12 p.m.

### UPCOMING GAMES

- Wednesday, Oct. 11**  
WSOC vs. Marist\*  
Hesse Field on The Great Lawn  
West Long Branch, NJ 7:00 p.m.
- MSOC at Marist\*  
Poughkeepsie, NY 7:00 p.m.
- Friday, Oct. 13**  
Swimming vs. Mount St. Mary’s  
Richard E. Steadman Natatorium  
West Long Branch, NJ 2:00 p.m.
- FH vs. LIU Brooklyn\*  
So Sweet A Cat Field  
West Long Branch, NJ 4:00 p.m.
- Saturday, Oct. 14**  
Cross Country  
Princeton Invitational  
Princeton, NJ 9:30 a.m.
- WSOC at Siena\*  
Albany, NY 1:00 p.m.
- MSOC vs. Siena\*  
Hesse Field on The Great Lawn  
West Long Branch, NJ 7:00 p.m.
- Sunday, Oct. 15**  
W Golf  
Sacred Heart Invite  
Milford, CT 8:00 a.m.
- FH at Villanova  
Villanova, PA 12:00 p.m.
- Monday, Oct. 16**  
M Golf  
Wagner Invitational  
West Orange, NJ TBA

\*conference games





Junior goalkeeper Bobby Edwards had four saves in the 3-2 victory against conference opponent Iona to start league play 1-0 Wednesday night. Edwards had another four saves in the double overtime loss against Manhattan Saturday night.