



# THE OUTLOOK

MONMOUTH UNIVERSITY'S  
STUDENT-RUN NEWSPAPER SINCE 1933

OUTLOOK.MONMOUTH.EDU

September 12, 2018

VOL. 91 No. 1

## University Suspends Greek Organizations Indefinitely

RAY ROMANSKI  
CLUB & GREEK EDITOR

Greek life at Monmouth University "has been suspended indefinitely" as of Aug. 20 by administrators.

University President Grey Dimenna, Esq., and Vice President of Student Life and Leadership Engagement Mary Anne Nagy shared their official decision in an email sent out to all students and faculty on Sept. 6.

Their decision was prompted by a series of events, including the closure of two Greek organizations, Tau Kappa Epsilon and Alpha Kappa Psi, by their national headquarters last semester, a severe drop in academics, and hazing allegations. "All non-educational Greek activities are cancelled," said Nagy in a joint interview with Dimenna on Aug. 30.

"This includes any social, philanthropic, or recruitment events. The Office of Student Activities will continue to host events that will teach students



PHOTO COURTESY of Monmouth University

Fraternities and sororities on campus were notified that they would be shut down on Aug. 20.

about risk management, alcohol and drug education, sexual misconduct, Training for Intervention ProcedureS (TIPS) training, among other topics," said Nagy.

The decision to suspend Greek Life was not an immediate one. Students involved in the Greek Senate, the Inter-Fraternity Council, and the Panhellenic

Council (three leadership councils which oversee the Greek community) met with Nagy and

GREEK cont. on pg. 15

## University Holds First Summer Commencement

NATALIE OSTERMANN  
ASSOCIATE NEWS EDITOR

Students walked in the University's first Summer Commencement ceremony on Aug. 28 to receive their graduate and undergraduate degrees.

The ceremony itself was much smaller and more intimate than the traditional Spring Commencement held at PNC Bank Arts Center, with only 97 students being honored. At 3:00 p.m., students walked to the graduation hymn in Pollak

Theater to receive their diplomas on stage, a first for the University as well. A full house welcomed the new-found graduates, including 60 faculty members and 14 members of the Board of Trustees.

"[Because] the ceremony was held in Pollak Theater, it really made it feel more personal and all eyes were strictly on you. I felt there was more of an appreciation for each individual graduate both undergrad and graduate students," said Joseph Firetto, now an MBA student from the Leon Hess School of Business.



PHOTO COURTESY of Monmouth University

Students gathered in Pollak Theater to celebrate the educational milestone.

Firetto was one of the students who participated in the ceremony, received his B.S. in accounting. Like most of his peers, his previous plan was to walk in winter graduation before it was discontinued.

"I was originally supposed to graduate in the winter, then they got rid of winter commencement," said Firetto. "When I enrolled in my final two undergraduate classes over the summer, I was told in mid-May that the summer commencement was happening, and I was ecstatic to find out that I will be walking and receiving my diploma months before I expected. It was a pleasant surprise."

Summer commencement allowed Firetto to graduate a year early, and at the top of his summer accounting class.

While the ceremony itself is new, the idea has been considered for quite some time.

"This past May was the first time that we went through an academic year where we only had commencements in May," said Mary Anne Nagy, Vice President for Student Life and Leadership Engagement. "We had the undergraduate ceremony at the PNC

Center and then the next day we did a graduate ceremony on campus."

According to Nagy, these ceremonies were for all students who completed their degrees in Summer 2017, Fall 2017, and Spring 2018.

"When we looked at the levels of participation, so how many students from each of those groups participated, what we found is virtually 95 percent of the students that finish in May participate," Nagy explained. "The people who finished in the fall they were probably in the mid 70 range, but the people who finished in the summer were our smallest group, it was like 22 and 32 percent."

Nagy said that the numbers were disheartening for the summer group because their hard work towards their degrees were not being recognized. She believes that these low numbers may be caused by the long grace period between the completion of their programs and the spring ceremony, creating less engagement with the University as students and alumni.

COMMENCEMENT cont. on pg. 2

## EZ Ride Shutdown

NAMRA SHUEIB  
STAFF WRITER

The free EZ Ride Shuttle service at Monmouth University will be discontinued due to budget concerns and a lack of riders on Sept. 30.

This shuttle was provided by the city of Long Branch which received a grant to run the shuttle for three years. It was accessible to both students and faculty for free several times a day, allowing them to travel to locations in the surrounding area, stopping at residential areas and the beach.

"The city was successful in getting an extension for two more years and Monmouth put in a relatively small amount of money towards the grant," said Mary Anne Nagy, Vice President of Student Life and Leadership Engagement. The lack of an extension to the grant resulted in the announcement on Aug. 14 that the service would be terminated. The University has been the beneficiary of this transportation system for five years.

"Both Monmouth [University] and Long Branch could not justify the expense based on the small number of people riding the shuttle," said Nagy. Since the cost of keeping the shuttle running was high compared to the small ridership size, both parties decided to discontinue future funding.

Teniya Manu, a sophomore accounting student, said, "I used the shuttle to go to CVS since I don't have a car or anyone to drive me around. Although only a few people took advantage of the shuttle, it was very convenient to have since there is no time or wait schedule like most other shuttles."

The University staff is working on finding transportation alternatives. "There is nothing right now to replicate the EZ Shuttle that would take students and faculty all day, every day," said Nagy. However, there have always been other shuttles available to students for different locations such as Red Bank, Monmouth Mall, and Target, among others. The Office of Student Activities has created a

SHUTTLE cont. on pg. 2

### INSIDE:

#### NEWS

Communication Department Holds First Ever Kickoff

Pg. 2

#### ENTERTAINMENT

David Byrne: Turning Heads at Monmouth

Pg. 10

#### FEATURES

No More Back-to-School Blues

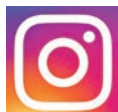
Pg. 16

#### INDEX

News	2
Editorial	4
Opinion	5
Politics	6
Lifestyles	9
Entertainment	10
Viewpoints	12
Club & Greek	15
Features	16
Sports	18



@theoutlook



@muoutlook



@muoutlook



SHUTTLE cont. from pg. 1

calendar with five different dates that will have shuttles available for students to get an opportunity to visit places and explore resources outside of campus.

“My staff and I are looking at car rental organizations, like Zip Car, who terminated our agreement recently despite having over 500 people registered in the program,” said Patti Swannack, Vice President for Administrative Services. “We believe it was as a result in the utilization of services like Uber. One of the agenda items I would like the University’s Sustainability Committee to consider is a bike sharing service. Bike sharing services cost money so if there is not sufficient interest and the program is not self-supporting, I don’t think it will be possible to offer the service.”

“While the shuttle will

stop running at the end of September, students will be able to take the NJ Transit 837 bus, which makes a stop at the corner of Cedar and Norwood Avenue and the Long Branch Train station. Another recommendation that students have pursued is to carpool or find rides with friends, if the bus or train routes will not work with their schedules or transportation needs,” said Vaughn Clay Ph.D., Director of Off-Campus and Commuter Services. The schedule can be found online and there is a small fare amount for the bus.

“For now there are still many options like Uber and Lyft that students can pursue in taking,” said Nagy. Until a decision is finalized, students and administration are both encouraged to take advantage of other means of transportation to fulfill their needs.



IMAGE TAKEN from ezride.org

EZ Ride Shuttles will discontinue its free transportation of members of the Monmouth Community.

# Communication Department Holds First Ever Kickoff



PHOTO COURTESY of Monmouth Department of Communication

Students and faculty gathered in Plangere to encourage participation in the Department of Communication.

ZACH COSENZA  
EDITOR-IN-CHIEF

The Department of Communications and its student-run clubs held its first “Communication Kickoff” event in the lobby of the Jules Plangere Center on Wednesday, Sept. 5.

“I thought it was a great job by the leaders of the clubs to get the word out with their organization,” said Lorna Schmidt, a professor of Communication and Director of Advising. “The goal was for people to see what the Communication Department had to offer in a laid back, no pressure environment.”

The event included student-run organizations from WMCX, the on-campus University radio station; *Hawk TV*, the television network; Comm Works, a program committed to performance as a means to transform, educate, entertain, and empower both performers

and audiences; Monmouth Oral Communication Center (MOCC), which promotes helping students with their communication skills; Monmouth University’s Chapter of Public Relations Student Society of America (PRSSA), which hopes to provide public relations advice to the University and local Community; and *The Outlook*, the student-run newspaper.

The event was targeted at rising sophomores and transferring students not in the communication field, as well as anyone around campus who was looking to join a club within the Department. The event allowed students to interact with professors and faculty members outside of an academic setting. Students were able to walk around, eat snacks, play games, and individually meet the leaders and members of the organizations.

“I wanted to know how to get involved in the newspaper and

in PRSSA and this event was great for me,” said Tara Vecchio, a freshman communication student. “It was a fun environment and it was nice to meet everyone.”

“The Communication Kickoff was a great way to show new students the wonderful clubs and organizations that Monmouth’s Communication Program has to offer,” said Glen DeNigris, the Program Director at WMCX and a senior communication student. “It was fun meeting the new faces and it was a great way for WMCX and all the organizations to recruit new members which is very important for every club in the new school year.”

The event was a first for the Department of Communication and its clubs.

“The thought came to me in the summer,” Schmidt said, “I asked the leaders of the clubs what they thought and they got back to me and loved the idea.”

“It was exciting to see all the new faces who were interested in joining *Hawk TV*,” said Ryan Waldis, the Production Director at *Hawk TV* and senior communication student. “It’s always great getting people involved early and I can’t wait to see all of the new members we talked to at the first meeting.”

“It was a lot of fun and this event was great for me to see what potential clubs I can join,” said Jessica Ciarzyski, a freshman communications student. “I did not know about have the clubs here and it opened my eyes to what I can do.”

“It was a great event, and thanks to the success, we can now move forward and do it every year,” Schmidt said.

# Students Graduate at Summer Commencement

COMMENCEMENT cont. from pg. 1

“We want students to continue their engagement with us. It’s not just you’re a student and you go away and never come back, but that you come back as an engaged alum. Maybe you take a class, come to a social event, or support the University in some fashion,” said Nagy. “If you leave with a positive experience and feeling, you’re more likely to be able to do those things.”

The Summer 2017 graduates falling through the cracks prompted the University to take action, hence the creation of the Summer Commencement.

Before going forward with implementing Summer Commencement, the Commencement Committee did a survey inquiring about student participation for students eligible for the ceremony. Results of this survey were positive, with a response rate of over 50 percent. Graduate students had a higher response rate than their undergraduate counterparts.

Like Nagy, Amy Bellina, Director of Student Activities & Student Center Operations, felt that summer graduation would help recognize the accomplishments of students that may have been left behind if they otherwise solely relied on spring graduation.

“I think students want to graduate at the original time they expected, but several factors can contribute to them going longer like changing a major, doing a double major, or graduating early,” Bellina noted. “This

commencement gave them a chance to easily participate in a commencement closer to the time they complete their program.”

The benefits of the ceremony appear to showcase that summer commencement is a suitable replacement for winter commencement. Nonetheless, it does have its drawbacks.

Christine Hatchard, Ph.D., Chair of the Psychology Department and professor of psychology, weighed in on the cons.

“I found summer graduation comparable to winter graduation in terms of the ceremony, but it’s obviously a smaller event than spring commencement,” said Hatchard. “The main benefit is that students who finish their degree requirements in the summer do not have to wait until the spring to walk in graduation... students who complete their requirements in the fall have to wait until the spring.”

As an alternative, the commencement does reach out to several students. Yet, it does not replace the yearning for participating in spring graduation.

“From speaking to students, it seems their first choice would be to walk in spring commencement if they are within six credits of completing their degree requirements, as is the policy at some other institutions,” said Hatchard. “Since that’s not permitted, offering summer commencement is a good option as we owe it to our students and their families to give them a proper celebration of their accomplishments.”

Students are vocal about their

own opinions regarding the differences between the various graduation ceremonies.

“I feel that while summer graduation is an option, walking isn’t the same as spring graduation,” said Justin DeMattico, a junior fine arts student. “You don’t get the whole experience of being at PNC and hundreds of names being called, the experience just doesn’t feel equal in my mind.”

Although summer commencement does not draw the same crowd as the traditional spring commencement, students

can benefit from a quicker alternative ceremony that prevents them from waiting several months to hold their diplomas.

“I really hope they continue summer graduation,” stated Jackie Korzelius, a senior psychology student who spoke according to his experience as a transfer student. “I’m a transfer here at [Monmouth University] and became a semester behind. Summer graduation would really benefit me because I know that transitioning into graduate school would get in the way of me being able to walk in Spring 2020.”

By continuing summer commencement, transfer students like Korzelius will be able to have more options when it comes to participating in a graduation ceremony.

The future looks bright for a commencement ceremony in Summer 2019. The Commencement Committee will meet in a few weeks to discuss the possibility of summer commencement continuing this upcoming summer, and introducing possible improvements to the ceremony to make it more of a success.



PHOTO COURTESY of Monmouth University

Almost 100 students received their undergraduate and graduate degrees on Aug. 28.



# Phishing Scam Sent in Email to Students and Staff

**ANTHONY ROSSICS**  
*STAFF WRITER*

An email containing a phishing scam was sent to students and faculty over the summer on July 17.

The email's sender claimed to be a representative from Monmouth University notifying everyone of an important meeting. The phishing email read, *"Dear User, this is to notify all of an important meeting which is scheduled to hold 18th July 2018. Click here for details."*

"Phishing is the fraudulent attempt to obtain sensitive information such as usernames, passwords, and credit card details for malicious reasons, by disguising as a trustworthy source in an electronic communication," said William Reynolds, an adjunct professor of computer science and software engineering. He explained that phishing emails can include links to websites that install malware.

"One of the most difficult things about phishing is that it is viewed as a technology problem, when it is simply age-old scams that are exploiting new technologies,"

said Edward Christensen, Vice President for Information Management. According to him, the best way to avoid phishing schemes is to be informed about what red flags to look for.

"I did happen to encounter the phishing scam email... The average user does not think twice about phishing emails," said Kyle Frankenbush, a junior computer science major. "If a user does fall for a phishing scam important information like credit card information, social security numbers, and passwords can be taken and then exploited by the source of the phishing scam."

Christensen said that the University systems currently utilize several anti-spam and malware detection services to identify and delete phishing emails before they make it to their intended recipients.

These systems tend to filter out nearly 70 percent of scams, preventing them from making to University inboxes. Unfortunately, it only takes one email to risk a user response that may compromise the individual's credentials. Christensen also explained that scammers use "behavioral

and social engineering" in order to get users to respond and supplement this method by reverse engineering the anti-phishing software methods to create emails that will get past the filters on email inboxes.

"In all phishing cases, steps are taken as soon as Information Management is made aware that include disabling any Monmouth accounts that were used to send phishing emails, and [changing] passwords to compromised accounts," said Christensen.

Information is also added to the University spam and malware filters as a preventative measure. "The best way to prevent phishing from being successful to never click on a link in an email," said Reynolds. "Just clicking on a link can put malware on your computer."

"Among the best practices are to never send personal information in an email and to be wary of any document or link from an unverified source that asks for your credentials. At Monmouth, most of the systems that require your username or password, can be accessed via the MyMU portal, so instead of following the link

go directly to the portal and login from there," explained Christensen, stressing that this is important for financial accounts as well as others.

"Whenever a system offers you the ability to enable multi-factor authentication take advantage of it," Christensen said. "Multi-factor authentication is often used in financial services where you register a phone to validate your login via an application or text to that device. You will see more of this type of authentication being made available at Monmouth."

These troublesome emails can do real damage. "Phishing scams can steal your identity as well as freeze your computer until a ransom is paid," said Reynolds. Christensen also stressed the threat of identity theft, fraud, and use of a victim's personal information for criminal activity as potential risks of falling for these scams.

Reynolds detailed earlier issues with phishing scams from the past. "I have had limited success by restoring my PC to a date before the phishing scam occurred and was able to gain access to my

computer. Your banks and credit card companies will generally work with you to undo some of the monetary damage," he said.

"One word of advice that I'd like to offer is [to] never use your debit card online or at a shady looking gas station or store," Reynolds added, stressing the importance of protecting personal information in all situations.

"Once that money is drained from your account it is almost impossible to retrieve." Credit card companies can freeze your account and issue you a new card [although] in most cases, the charges will be forgiven."

Christensen advised those who suspect they have become victims of phishing to change their passwords and call the Help Desk at 732-923-4357 if their school account was affected.

"Cybercriminals are often sophisticated in how they craft their emails to avoid detection, so our efforts are strengthened when users bring suspicious emails or unauthorized access attempts to our attention as it allows us to act quickly," he said.

# Residential Life Adds Gender-Neutral Housing

**NICOLE RIDDLE**  
*MANAGING/VIEWPOINT/PHOTOGRAPHY EDITOR*

Students received an e-mail on July 16 from Residential Life explaining that the staff will be conducting a pilot program for gender-neutral housing in Beechwood Hall this fall semester.

The program marks a major move for the University in acknowledging identities that are included in the Lesbian, Gay, Bisexual, Transgender and other (LGBTQ+) communities in on-campus housing, as well as their needs that must be met while living in residence halls.

In the message, Associate Director of Residential Life and Housing Operations Meg Jones outlines gender-neutral housing and defines it as a residence "in which two or more students mutually agree to share a multiple occupancy suite regardless of students' sex, gender or gender identity."

Fellow Associate Director of Housing and Residential Life Mark Holfelder weighed in on the new program, citing that there are clear benefits for students in this program including eliminating discrimination along with the increased choices for roommates. "Gender-neutral housing provides our students and campus community with evidence and support for the University's non-discrimination policy with respect to gender, sexual orientation, gender identity, and gender expression," Holfelder said.

Through the efforts of Residential Life and the University, this pilot program will set a precedent for other programs that may be created in the future to address diversity and representation of all students on campus. Jones, along with the Division of Student Life, are looking to educate students beyond their interactions in the classroom.

Associate Vice President for Student Life James Pillar expressed that gender-neutral housing was not created without obstacles.

"The University community has been supportive of [our] Gender-Neutral Housing pilot program. However, the greatest challenge is creating an environment on campus where all students, regardless of gender or gender identity, feel welcome and able to participate in this program," said Pillar.

As gender-neutral housing is introduced to residents, it will continue to provide the same amenities that are offered to students in typical housing arrangements while meeting the specific needs of transgender and gender non-conforming students.

Junior chemistry student and

Beechwood resident Roxy Nicoletti echoed these sentiments and feels that it is important for transgender and gender non-conforming students to be incorporated into all aspects of campus life. "It allows trans and non-binary students to feel more welcome at Monmouth," said Nicoletti.

"It's important to remember that although we're a small population, trans and non-binary people exist everywhere, even at Monmouth," continued Nicoletti.

If the University feels that this housing arrangement should continue, Pillar explained that more beds will be added to accommodate more students.

As far as other potential programs that focus on inclusion and diversity, Pillar and Holfelder have both expressed that

the University is always working toward implementing new programs.

"The President's Advisory Council on Diversity assists in any new endeavor or initiative," said Holfelder. "Currently, the institution is finalizing a preferred name policy and we have trained over 30 members of the MU community to be Safe Zone facilitators."

With more programs and policies being created for the well-being and success of all students on campus, and Wrenn feels that this decision indicates a positive step forward for the University's future. "It seems that our institution is slowly catching up to speed with other universities in the country, and there is no reason to believe that much more could be possible."



According to Jones, not only does this allow for students that identify as male or female to potentially live together, but also allows for transgender and gender non-conforming students to feel represented in housing arrangements. "It simplifies the process for students finding roommates compatible to themselves and alleviates any assumptions of gender identity," added Jones.

Corey Wrenn, Ph.D., a lecturer of sociology, agrees that it is imperative for LGBTQ+ youth to have the opportunity to grow and develop amongst their peers.

"Particularly for LGBT youths, a sense of community, family, and belonging is especially important, not just for normalcy and wellbeing, but for adjustment," said Wrenn. "The switch to college can be a stressful one, but especially for LGBT youths who report much higher levels of anxiety and depression."

"Gender-neutral housing helps create a campus climate that is welcoming, inclusive, and supportive of all students," said Jones. "The addition of gender-neutral housing creates an environment that acknowledges, appreciates and respects the diverse nature of the Monmouth University student body."

According to Jesse Denniston-Lee, a junior social work student and Beechwood resident, it is just as important for allies as it for their peers to be exposed to other students' experiences.

"Allowing LGBTQ+ students and their allies to live with each other eliminates any possibility or becoming ostracized from the rest of the student body as a whole," said Denniston-Lee. "I think that students are just as responsible to uphold the importance of inclusiveness as much as the faculty; advocacy goes a long way in terms of creating social change on a collegiate level."

**The Office of Residential Life announced** a pilot program for gender-neutral housing for the 2018-19 school year.

PHOTO TAKEN by Nicole Riddle



# The Outlook

<b>Zach Cosenza</b>	EDITOR-IN-CHIEF
<b>Nicole Riddle</b>	MANAGING/VIEWPOINT/ PHOTOGRAPHY EDITOR
<b>Matt Aquino</b>	CO-SENIOR/GRAPHIC DESIGN EDITOR/ADVERTISING MANAGER
<b>Mehdi Husaini</b>	CO-SENIOR/NEWS EDITOR
<b>Nicholas Coscarelli</b>	DEPUTY MANAGING/POLITICS EDITOR
<b>Professor John Morano</b>	FACULTY ADVISOR
<b>Tarra Emery</b>	OFFICE COORDINATOR
<b>Brianna McCabe</b>	GRADUATE ASSISTANT
<b>Danielle Schipani</b>	GRADUATE ASSISTANT
<b>Evan McMurtrie</b>	SPORTS EDITOR
<b>Caroline Mattise</b>	OPINION EDITOR
<b>Natalie Osterman</b>	ASSOCIATE NEWS EDITOR
<b>Jerry Trotta</b>	ASSISTANT NEWS EDITOR
<b>Mark Marrone</b>	ENTERTAINMENT EDITOR
<b>Ray Romanski</b>	CLUB & GREEK EDITOR
<b>Cassandra Capozzi-Smith</b>	LIFESTYLES EDITOR
<b>Jenna Puglisi</b>	FEATURES EDITOR

## TECHNOLOGY MANAGERS

<b>Davina Matadin</b>	<b>Emerson Hidalgo</b>
<b>Anthony Vives</b>	<b>Evan Mydlowski</b>

## PHOTOGRAPHERS

<b>Amanda Smith</b>	<b>Karlee Sell</b>
---------------------	--------------------

## DELIVERY ASSISTANTS

<b>Kathryn Cahill</b>	<b>Jason Aquino</b>
-----------------------	---------------------

## STAFF WRITERS

<b>Bridget Nocera</b>	<b>Emily Condron</b>
<b>Namra Shueib</b>	<b>John Morano</b>
<b>Alexa Olah</b>	<b>Chris Fitzsimmons</b>
<b>Melissa Badamo</b>	<b>Matt DeLuca</b>
<b>Andy Studna</b>	<b>Sophia Galvez</b>
<b>Albert Shalom</b>	<b>Dally Matos</b>
<b>Mark D'Aquila</b>	<b>Anthony Rossics</b>

Monmouth University's  
**Student-Run Newspaper**  
Since 1933

Plangere Center 2nd Floor, Room 260

**Phone:** (732) 571-3481  
**Fax:** (732) 263-5151

**Mailing Address:**  
The Outlook  
Monmouth University  
400 Cedar Ave  
West Long Branch, NJ 07764

**Website:** outlook.monmouth.edu  
**E-Mail:** outlook@monmouth.edu  
**Advertising Inquiries:** outlookads@monmouth.edu

# New Beginnings

ZACH COSENZA  
EDITOR-IN-CHIEF

For as long as I can remember, September has been a time for me to start something new. This month marks the beginning of a new school year, providing a new chance for both students and faculty to explore opportunities for learning.

If you are new to Monmouth, either as a freshman or as a transfer student, welcome to our family. As a new Hawk, you are joining a network of people that are helping you reach your academic goals and give you the necessary skills to engage in the world that lies beyond this campus.

Within our small campus community, though, we are able to build strong relationships between students and faculty that can last a lifetime. No matter where you are on your journey at Monmouth, you will always be learning more about yourself.

If you are a freshman, college is something new for you. I can remember my first week as a freshman. Transitioning to college while learning proper time management and financial responsibility, all while trying to make new friends can be overwhelming; but in the end, I became better for it. I learned how to be independent for the first time in my life, and really become confident in my abilities.

Go out and make friends, talk to new people. Remember, every freshman is as scared and as nervous as you are.

If you are a transfer student, while college is not new to you, Monmouth is your new home. Whatever reason you came to Monmouth, either

transferring from a two-year college or a four-year college, Monmouth is a good choice to finish your education and to further grow as an adult. You don't have to be here right out of high school in order to take advantage of all that Monmouth has to offer.

The possibilities are endless with clubs and organizations that help you hone in on your interests and advisors that help you acclimate to the campus life. No matter where you came from, we're happy to have you.

If you are a returning Hawk, you now have the experience and knowledge to move forward in your Monmouth career. Whether it be taking on a leadership role in a club, starting an internship or putting more focus and attention on your life after your time as an undergraduate, this is the time to move forward and start envisioning your future. With more classes focused on your area of study, you now have the chance to become more engaged in your skills and interests that will help you after your time at Monmouth.

Now, as a senior, I get to experience college as an undergraduate one last time. Seniors, you have now completed three years.

If you feel you didn't get everything out of Monmouth that you were hoping, it doesn't mean it is too late. If you want to play intramurals, go out and play.

If you want to join a club, go join. Just because you feel you didn't do enough your first three years, doesn't mean you can't now. You always have a chance to re-write your story.

For me, my final goal as a Hawk is to succeed as Editor-

in-Chief of *The Outlook*. Since 1933, the Monmouth student-run newspaper has put out a weekly newspaper for everyone in the Monmouth community to read. Now, it's my turn to lead a wonderful staff and put out a paper that I can be proud of.

Each issue, I will learn from my staff, contributing writers, and faculty advisor John Morano (a professor of journalism). After starting off as a contributing writer and staff writer my first year, then became Assistant Sports Editor my sophomore year, then Sports Editor my junior, and finally now Editor-in-Chief. I am excited to lead *The Outlook* this year, as I know that we will challenge ourselves to reach new heights. We always look forward to telling the stories of Monmouth students like you, and celebrate the successes of our campus community.

Since my first semester at *The Outlook*, I have learned from my peers and they have all molded me to become the writer, leader and person I am today. It's important to try and do things that are outside of your comfort zone, because you never know how successful you'll be at something if you don't try. I hope that what we create inspires you to get out there, immerse yourself in the exciting world of Monmouth University, and make your time here memorable.

Now, if you are a freshman or a senior or anything in between, let's start off the new year right.

Do what you want to do. When you look back, rather than have it be just another year at Monmouth, make it a year that you'll never forget. Leave your mark, and Fly Hawks.

## HOW TO SUBMIT ARTICLES OR LETTERS:

*The Outlook* provides the Monmouth University community with information concerning issues in and around the University while serving as a forum for expression of the ideas of its readers.

Contributions must be submitted (email outlook@monmouth.edu) by 12:00 p.m. Sundays to *The Outlook* office, 2nd floor, room 260, Plangere Center.

All copy must include the author's full name and contact information. *The Outlook* accepts articles and graphic material from students, faculty and administrators, and reserves the right to edit or reject any material which they determine is not suitable for publication or its readers. Copy and advertising appearing in *The Outlook* do not necessarily reflect the views of Monmouth University or *The Outlook*.

# The Outlook

SUBSCRIPTION FORM

NAME: \_\_\_\_\_  
ADDRESS: \_\_\_\_\_  
CITY: \_\_\_\_\_  
STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_  
Daytime Phone: \_\_\_\_\_  
Evening Phone: \_\_\_\_\_

☐ \$25 NON-ALUMNI SUBSCRIBER    ☐ \$15 MONMOUTH UNIVERSITY ALUMNI

Mail this subscription to and payment to:  
The Outlook Monmouth University

400 Cedar Ave. West Long Branch 07764  
Or Call 732-571-3481 for Credit Card Payment

Serving the Monmouth  
community  
since 1933

THE Monmouth University's  
Student-Run Newspaper Since 1933  
OUTLOOK  
<http://outlook.monmouth.edu/>

Follow us on:



**DISCLAIMER:** All articles appearing in the Op/Ed section of *The Outlook* are solely the opinions of the authors and do not reflect the views of *The Outlook's* editors (unless otherwise noted) or any and all advertisers. Opinion articles are run unedited and the content is the sole responsibility of their authors. All students and faculty are welcome to respond to any opinion piece that appears on these pages, and everyone is encouraged to submit an article for consideration. *The Outlook* reserves the right to withhold any articles deemed inappropriate or otherwise unfit to print in the Op/Ed section. Due to legalities, *The Outlook* will no longer print anonymous articles.



# Get the Heck Out of Here and Get Outdoors

KIERSTEN BECHT  
STAFF WRITER

Welcome back to campus! I know many of you have been eagerly awaiting to escape the grips of your parents (love you mom and dad!) and return to campus to resume living in freedom once again.

I agree, it's great to be back at school and getting into the swing of things, but I am here to encourage you to get the heck out of here. Yes, you read that correctly, leave the campus that you have looked forward to returning to all summer and expand your horizons for a weekend or a couple of hours.

It is great being at Monmouth where everything you need is but a short walk away, but you'll be here all year, why not use the beautiful weather to your advantage and soak it up before the frigid temps begin to creep up on us all.

Everyone already knows that Monmouth is a coastal school (yes, we know the beach is only a mile away!) but there are so many other great places to explore for an afternoon or a long weekend.

Grab a few friends, load up the car with sleeping bags and all your favorite snacks, compile a killer playlist and hit the road.

Monmouth will still be here when you return, I promise! Now is the time to take advantage of the weather and the flexibility before the semester really picks up with studying, clubs and homework clogging up your precious free time.

So, where to go? Depending on how far you are willing to travel

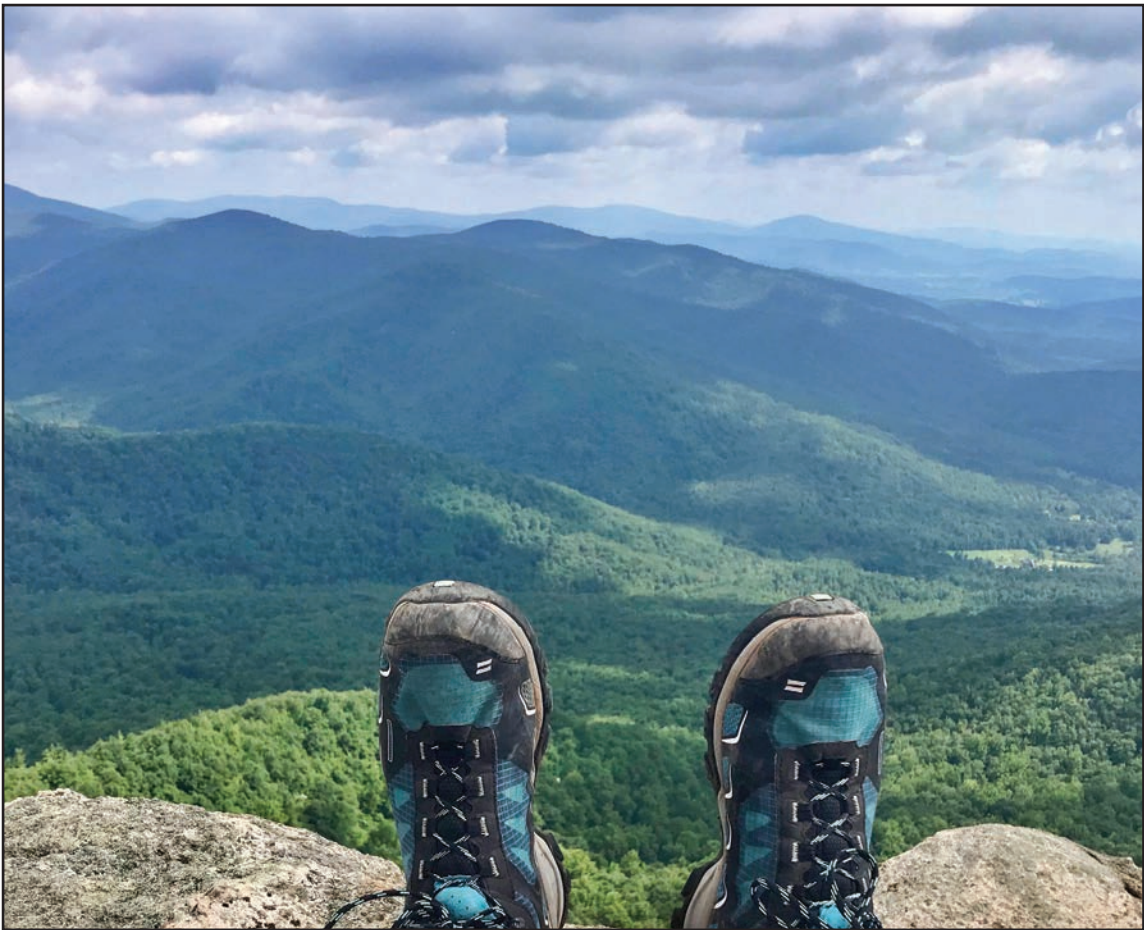


PHOTO TAKEN by Kiersten Becht

Monmouth may be known as a coastal university, but there are plenty of other outdoor adventures in New Jersey and along the East Coast.

here are a few of my top picks:  
**Shenandoah National Park, Virginia**

This National Park sprawls over 196,000 acres and looks absolutely breathtaking in the fall. This is the type of trip you take if you've got no Friday classes and you can hit the road first thing in the morning to take advantage of this spectacular park that is just under five hours

away. I went there over the summer and was blown away by the vastness and incredible 360 degree views. My favorite of the many trails that Shenandoah has to offer is "Old Rag," a 9-mile circuit filled with rock scrambles, waterfalls and views that will blow your mind.

This particular hike is certainly not for the faint of heart, those with a fear of tight

spaces or an uneasiness towards heights, but I can assure you that completing this hike will not only boost your ego and make you think that you are a professional rock climber, but you will leave feeling accomplished, and oh so sore for the next few days.

**Mount Tammany, New Jersey**

Clocking in at under two hours from campus, Mt.

Tammany is a totally doable day trip and the trail is only 3.5 miles, meaning you can be out and back in no time. This hike boasts of breathtaking views of the Delaware Water Gap. The trail has two options for you to travel, one being a bit easier than the other, however, like most things in life, the tougher trail offers the best view! A quick Google search will lead you to all that you need to know about Mt. Tammany and the best trail for you!

**Hartshorne Woods Park, Atlantic Highlands, NJ**

If you do not have a ton of time to spare, fret not, the Hartshorne Woods will provide you with the landscape you so desire and is only 22 minutes away! The Hartshorne Woods consists of just under 800 acres and offers tons of trails for hiking, cycling, running and more.

Taking a trip to the woods is a great way to clear your head and boost your heart rate! If you are in an exercise rut and cannot fathom the thought of being stuck inside a gym during beautiful weather, why not take your workout to the woods?

While this list does not even begin to scratch the surface of the amazing mountains, trails, and parks that we have access to in the area, I hope that I have inspired a few of you to dust off your hiking boots, disconnect and head on out to the wilderness.

Getting outside and off of campus, if even for an afternoon can be an incredible way to reconnect with yourself or bond with your friends that you haven't seen all summer!

## IMPACT OF POST-TRUTH MEDIA

NATHANIEL GONZO  
CONTRIBUTING WRITER

Post-Truth (adj.) – Relating to or denoting circumstances in which objective facts are less influential in shaping public opinion than appeals to emotion and personal belief.

We live in a distorted world where abhorrent misinformation is allowed to thrive in the post-modernity of conventional discourse.

On Sunday, Aug. 19, 2018, attorney Rudy Giuliani graced *NBC*'s "Meet the Press" with his presence to discuss the latest demands by the special counsel of Robert Mueller for a testimony from President Trump himself in-regards to the ongoing investigation of Russian interference during the 2016 presidential election.

Needless to say, Mr. Giuliani was not too enthralled at the idea of his client walking into the proverbial lion's den that has been trying to lure him in for over a year now. During his on-air interview with Chuck Todd, Mr. Giuliani uttered a rather chilling line to his host when discussing the matter of truth in this investigation: "truth isn't truth."

That single phrase uttered by Giuliani is one that is reminiscent of the Orwellian concept of "doublespeak"—deliberately distorting and even reversing the meaning of words—but is only a relatively small phrase in the context of a much greater story.

Political differences aside, the current state of media in the United States can largely be traced back

to two distinct events in the last thirty years. The first one came with the repeal of the FCC's Fairness Doctrine by the Reagan Administration in 1987; a law that had required media outlets to present controversial issues by covering contrasting views related to those events in a factual manner.

This repeal allowed broadcasters to be as freely partisan as they pleased with little reprisal. The second major event was the advent of the internet in the 1990's; newer media outlets began to rise to prominence without having to largely endure the scrutiny and regulations that the broadcasters who came before them had. The result is the birth of a new generation of controversial media pundits like Alex Jones and the rise of conspiracy-fueled websites like *Infowars* and 4chan to serve as echo-chambers that are now accessible to a larger audience.

The impact of this new era of media, without government regulation or even good-faith agreements, is still having its effects on American society studied. But as is the case with President Trump, we have witnessed the birth of a generation of policymakers who openly distort facts and promote largely-unfounded opinions and personal beliefs as the basis for their policy.

Our own president—regardless of if you support him or not—is certainly guilty of this, as indicated by his numerous tirades on Twitter that range on a number of topics without actually providing

factual evidence to support these claims, yet readily promotes them regardless because of the emotional and personal appeal to both him and his support base.

So how exactly are we as a liberal society supposed to traverse the preverbal (or quite literal) minefield of post-truth media in the 21<sup>st</sup> Century? For Monmouth University's own Nicholas Messina, specialist professor of communication, the answer lies in what he does best: education. "But I would still stress that as this media environment came to be, no formal education came together as to how to traverse through it.

For example, Americans smoked pack after pack because they hadn't been properly informed about the negative repercussions. Now, we have some of the lowest number of smokers than we've ever had. That came through robust education. Such is the case with truth and fact as it relates to news."

Educators like Messina see the problem of the real fake news and how it has come to affect the world around us and realize that the best way to solve the problems of today and prepare for the problems of tomorrow is a devotion to the educational institutions in our country.

At this point we can no longer just sit and wait for the problem of post-truthism in media to simply disappear, and must take any action necessary to cure this cancer on our society to ensure the freedom and stability that we as a republic have enjoyed for so long.

## Benefits of a Meal Plan

SAMANTHA RIVAS  
CONTRIBUTING WRITER

Going to college earns you a one-way ticket to a life time of responsibility, at least for the time being while you're away from home.

Without the watchful eyes of your doting parents, you are expected to keep up with all the ins and outs of your life at school, whether that be the cleanliness of your living space, your time management or your health.

So what happens when you need to feed yourself? Mom and dad aren't going to cook for you but you do have someone else on campus who will. That's where having a meal plan comes in.

I'm a senior here at Monmouth and I can say without shame that I still have a meal plan while living in the Garden apartments. Even with full access to a kitchen, I know I don't have the time, patience or quite frankly the ability to cook for myself. I'm not a five-star chef who can make about a million different dishes to satisfy whatever craving it is that I'm having that day. I can make a mean pancake, throw together just about any sandwich and on occasion, make a stir fry that even my parents approve of.

With only just a handful of things in my food portfolio, I don't have the time to master more dishes while I'm creating my work portfolio. So keeping my meal plan even with the access to a kitchen just seemed right for me.

Meal plans aren't just ideal

for time or skill level. To all the freshmen out there reading this, please take my advice.

Going to the dining hall with a group of people to grab dinner is one of the easiest ways to make connections and find the ones you click with. There's just something about food that brings people together and the dining hall, or even the student center food court, is no exception.

I cannot even count the amount of meals I've shared with friends in the dining hall, some sharing more significance than others. My best friend and I really sealed the deal with our friendship the semester we had our twice a week breakfast dates. You just can't create the same moments with a granola bar on your way to class.

While you do find yourself owing a pretty penny in order to keep your meal plan, I find it to be less of a hassle compared to sifting through your wallet to make sure you have enough money to afford your lunch. Meal plans provide the effortless swipe that just may be the saving grace during a rotten day. Who wants to spend time worrying about money on top of all the studying you have to do for that midterm?

I'm a strong advocate for meal plans and will continue to be until the day I graduate. They make the transition into college and the overall upkeep of your life a lot simpler. Whatever side you take, I think it's safe to say we can all agree that nothing can beat a home cooked meal. For now though, the dining hall will do just fine.



# Govenor Murphy Signs Paid Sick Leave Bill

KAITLIN KORGESKI  
STAFF WRITER

Democratic Governor of New Jersey Phil Murphy's Earned Sick Leave bill, A-1827, will become effective on Oct. 29 of this year.

"This is not just about doing what's right for workers and their families," he said of paid sick leave at the bill signing in early May. "This is about doing the right thing for our economy and protecting more New Jerseyans' place in that economy."

This latest adjustment to state law requires all New Jersey employers to provide paid sick leave to all of their employees.

"Liberals and conservatives will have a different opinion about this, as they do with anything else," said Joseph Patten, Ph.D., an associate professor of the political science. One of the issues being discussed is the bill's budget.

Some legislators are also worried that this new law will dramatically change the state budget until it is finalized. "There will be some arguing, some disagreements among ourselves, between the legislature and the executive," said New Jersey State Senate Majority Leader Loretta Weinberg (D-Bergen) during the signing of the law on May 2.

"But we will get together and we will have a budget that appropriately sets the priorities for New Jersey," she assured.

Those eligible to take paid sick leave from work include full time and part time workers. The new law requires employers to provide one hour

of paid sick leave for every 30 hours that their employee works, with a total annual cap of 40 hours per employee.

Aimee Parks, Assistant Director of Human Resources for Student Employment, is currently working on implementing this new law on campus. "Student employment has gone through several new policy and software implementations and we have a great support network and working relationship with information management, payroll, financial aid, human resources and the general counsel offices," Parks explained.

New Jersey is the tenth state to implement this policy, following states such as Arizona, California, Connecticut, Maryland, Massachusetts, Oregon, Rhode Island, Vermont and Washington, according to the National Conference of State Legislatures.

Although other states have exempted college students working federal work-study jobs from receiving this benefit, New Jersey will allow it.

Celine Powell, a sophomore communication student, working as an international student-mentor on campus, is excited to take advantage of the new benefit.

"I think this will help students on campus because it gives us an opportunity to experience what it would be like in the working world of being sick and getting paid for it. Sickness is a natural thing for humans, so students shouldn't be penalized for taking a sick leave and they should be paid for it," said Powell.

Parks is currently in the process of organizing a meeting to address these new changes in student employment. "I am hosting a [Northeast Association of Student Employment Administrators] (NEASEA) meeting with many student employment representatives at Monmouth University in November. One of our major exchanges will be how other schools in New Jersey are managing and interpreting any new policies," said Parks.

This NEASEA meeting will be held to inform students on the new law, and how it will affect their employment on campus, something that many student-employees may be unaware of.

Lauren Satmary, a junior interdisciplinary elementary education student, working as a store clerk at the University bookstore was unaware about the paid leave benefit being extended to student-employees; and she believes that it was an appropriate provision for working students.

"I think that it is fair for college students as us students are of all ages, going through different phases in their lives whether achieving their undergraduate, [or] masters, or having to support their own financial needs while going through schooling," Satmary explained.

"I think it's important that we are treated like this because we are adults and need an income at some level. Life and sickness happens, and I think it is fair for us to be paid if this occurrence does happen," said Satmary.

"As a student employee, this

will benefit me when I am able to pick up more hours when not in school and will be beneficial if or when a sickness does come upon me," Satmary added.

Those not eligible to receive paid sick leave in New Jersey include, employees in a collective bargaining agreement through their construction union, per diem health care workers, such as some nurses; and public employees already provided with sick leave in accordance with any other law, rule, or regulation in the state.

In the early 1990s, the Clinton Administration implemented a similar law called the Family and Medical Leave Act of 1993, which required employers to provide employees with job-protected and unpaid leave for medical and/or family-related reasons.

"The Family Leave Act from the 90s was made to help people take work off for emergencies and protected them from being fired," said Patten.

Although, there were many restrictions with the law and not every employee could easily use this benefit.

However, Murphy's bill will makes the paid leave benefit more accessible to workers; once an employee earns enough working hours, s/he may take the paid leave, after providing valid documentation, if an employer requests to verify the reason for taking the sick leave.

Within the new law, valid reasons for using a paid sick day include employees attending their own health needs or that of a family member, de-

fined in the law as "a child, grandchild, sibling, spouse, domestic partner, civil union partner, parent, or grandparent or any other individual related by blood ... or the equivalent of a family relationship."

Additionally, issues resulting from an employee, or his/her family member, being a victim of domestic or sexual violence are also covered under the paid leave benefit; as well as obtaining services from a designated domestic violence agency or other victim services organization.

Relocation, legal services, including participation in any related legal proceeding, a child's school-related conference, meeting, function, or other event, are also valid reasons for an employee to take the benefit.

Passing a paid sick leave bill was among Murphy's many goals in his campaign for governor; his agenda also includes raising New Jersey's official state minimum wage to \$15/hour, something that he says to do as early as the end of this year.

However, Kenneth Mitchell, Ph.D., Chair of the Department of Political Science and Sociology and an associate professor of political science, believes that Murphy is not focusing on broader issues in the state.

"This is not the number one issue New Jersey people care about," he said. "They care about unaffordable property tax. And [President] Trump's new tax bill takes effect starting on April 15, 2019, which is what we should be worried about more."

# Senior Trump Official Publishes Anonymous Op-ed

MEG RUGGLES  
CONTRIBUTING WRITER

The *New York Times* published an anonymous op-ed at the request of a senior official within the Trump Administration, which contained claims that are devastating to Trump's presidency, on Wednesday, Sept. 5.

In the op-ed entitled "I Am Part of the Resistance Inside the Trump Administration," the author, identified as a "senior official in the Trump administration," asserts that "the president continues to act in a manner that is detrimental to the health of our republic."

The unnamed official attributes President Trump's behavior to his "amoralty."

In the prelude to the article, the *New York Times* added a statement saying "[they] believe that publishing this essay anonymously is the only way to deliver an important perspective to [their] readers."

Historically speaking, anonymous sources are common in matters of national, political news; yet, it is rare occurrence when editorial pieces are published anonymously.

Julian Garcia, a professor of journalism, affirms the importance of anonymity in certain circumstances saying, "For those who believe in an open and free press, anonymous sources are important." In establishing the weight anonymity carries in journalism, Garcia commented on the material published.

"The revelations were not the least bit shocking to me because I feel like many of us knew this already, regarding the president's behavior. But to have someone so

close to him, working in his administration, confirm this, was huge," he said.

The impact of the editorial is important because, in the wake of *Fear*, a controversial book by Bob Woodward, a former journalist of Watergate who released initial excerpts this past week, an anonymous source from the White House addresses the public directly, virtually supporting Woodward's 448- page digest about the Trump administration.

In speaking with Eric Schwartz, a sophomore political science student, about how he felt concerning the essay's release in conjunction with recent passages from *Fear*, he alleged that "with all the claims of incompetence spiraling around the president, this is a perfectly opportune time to add onto that and push further 'evidence' into the claims that Trump should not be holding the office of the presidency."

The "further evidence" that Schwartz claims the *Times* ar-

ticle provides, utilizing a primary source, singlehandedly sustains hundreds of hours of reporting with Trump officials, past and present, that Woodward's book cites.

Kristen Walker, a *NBC News* White House correspondent, also attributes the article's significance to specific events that Woodward focused on in his novel: "that there are some administrations officials here who are, for example, swiping pages off the president's desk," she said.

"[Woodward] cites Gary Cohn, former top aide Rob Porter as having engaged in that type of activity to prevent the president from signing onto some policies that they deemed dangerous."

Walker believes that the unnamed author in the *New York Times* sang a similar tune to Woodward, by indicating that presidential aides tend to protect presidents from their worse inclinations.

Although, the essay seems to

perfect accompany *Fear*, given both texts explore how advisors keep the president on track, Kenneth Mitchell, Ph.D., Chair of the Department of Political Science and Sociology and an associate professor of political science, does not believe this to be true of the current Administration.

Rather, he thinks that "the culture in the White House is that everyone's allowed to say whatever they want, because the president, himself, is screaming every day."

"The White House doesn't govern well, by any reasonable assessment... it's disorganized and it's hard to be disorganized at the national level because things go wrong and there's consequences," said Mitchell.

The coincidence of publishing damning revelations about the Trump administration the same week as Woodward's book, might suggest bias within the *Times*, especially if White House officials are as disorganized as Mitchell

speculates.

If so, the editorial's publication would call into question the credibility of the *Times*, since the op-ed is of anti-Trump sentiment and vague in detail.

"The *New York Times* has an unattributed editorial that is highly critical of the Trump Administration, rightly or wrongly," said John Morano, a professor of journalism.

"Among the readers of the *Times*, 'I think it's probably safe to say that the Trump administration is not looked at favorably and the *New York Times*, on some level, serves its readers, just as *Fox* serves its viewers, so it makes one wonder," he said.

Similarly, Schwartz does not consider publication as a risk to the *Times'* credibility due to the political orientation of the paper's readership, declaring the *New York Times* "a left-leaning paper whose staff is consistently outspoken against Trump." The perspective of readers would effectively align with the op-ed, making it "anything but a risk."

Contrarily, Axel Martinez, a sophomore political science student, believes that "...if the *New York Times* wasn't sure that this information was legitimate, they would not have run the risk."

He defines the assumed risk for the *Times* as loss of credibility, stating that "they have already been called out [by President Trump] as 'the failing *New York Times*.'"

Garcia agrees with Martinez, expressing that "getting the truth out there is what matters most." He considers the *New York Times* to be credible, in this instance.

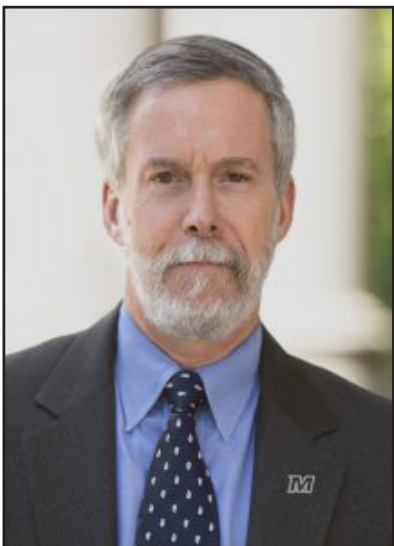


IMAGE TAKEN from *The New York Times*.

An anonymous source released devastating claims against the Trump Administration to *the Times*.



Office of the President



**TO: Members of the University Community**

I am very excited to welcome you to campus for our 2018-2019 academic year, which marks Monmouth University’s 85<sup>th</sup> anniversary.

The very first issue of the student-run newspaper, *The Outlook*, which has been published every year since Monmouth was established in 1933, stated, “We entered [Monmouth] with nothing but our ability to spur us on. We had no heritages; we had no tradition. It is for us to create a new and splendid inheritance. It is for us to build up this institution.”

Walking across our magnificent main campus, our expanding graduate center, our custom space at the Lakehouse Recording Studios in Asbury Park, or navigating our coastal waters aboard one of our research vessels, it is easy to see the remarkable success of that bold educational experiment.

External ranking services continue to recognize our academic excellence and focus on successful student outcomes; and today our student body is more diverse than ever, both ethnically and geographically. Please embrace the opportunity to meet and get to know people from different backgrounds and experiences.

Although our university has evolved tremendously, our core values have remained constant. When they were interviewed in 1983 to celebrate Monmouth’s 50<sup>th</sup> anniversary, the earliest students remembered “a unique bond of friendship between the faculty and the students,” and “the friendliness and communal feeling of the whole college family.”

Our community is grounded in mutual respect for one another, and it is central to every decision we make; it is one reason that so many of our faculty, staff, and administrators have continued to serve Monmouth over many years and many decades, bucking most national employment trends.

While we celebrate this long-term commitment shared by so many, we are also pleased to welcome Belinda “Beau” Anderson, Ph.D., who comes to Monmouth as the inaugural director of our newest center for excellence, the Institute for Health & Wellness. She joins 40 new faculty along with a number of coaches, administrators and staff as members of our community. I am also told that the Presidential Search Committee is making progress in its mission, to identify the person who will help lead Monmouth to reach even greater measures of success.

Whether you are a new member of the Monmouth family, or a proud Hawk with a longer tenure, we have much to accomplish throughout the year. We are here because we are passionate about the power of education, and are fortunate to continue the legacy of those who have stewarded Monmouth across the decades.

As the first entering class of students said 85 years ago, “We are part of the material of a long cherished dream. It is in our hands to help vitalize this dream...Therefore, we must remember that in striving for our personal success and that of our college, we are striving for the success of...the generations that are to follow.”

Whether you are a student, or a member of the faculty and staff, you are a caretaker of that dream, and the quality of the university that we will leave for the Hawks who follow in our footsteps. I am grateful for your dedication, and look forward to a productive year ahead.

Fly Hawks!

Sincerely,

Grey J. Dimenna, Esq.

President



Dear Students:

I want to take this opportunity to extend a warm welcome to our newest members of the Monmouth University Community – the members of the Class of 2022, our new student transfers and our graduate students. You have chosen to be part of a great community and we are excited to have you join our academic community.

To our returning students, I hope you had a great summer and you are ready to tackle another year through your academic work, on the athletic fields, and social experiences. I am confident you will meet with great success and I hope you know we are all here to support your experience as a student.

The summer was busy here at Monmouth and changes are evident throughout the campus. Among the many projects completed were the renovation of 16 units at the University Bluffs, parking lot repavement, and the re-surfacing of the track at Kessler Stadium. All of the projects were done to support you, our students.

You will find a wealth of opportunities available to you so you can fully experience life as a Monmouth student. Clubs and other student organizations, intramurals and recreation, Division I athletics, and cultural events are but a few ways for you to expand your horizons beyond your classroom experience. I know that you will find these experiences engaging and an excellent way to enhance your social and educational experience.

Your being challenged by your academic and social experience here is critically important to me but just as important is your safety. I want, no I need you to take care of yourself and just as importantly, each other. We are a community and as members of a community, we need to look out for one another whether it is here on campus or in the local community. There are many challenges you will face as a student and it always helps to face them with others at your side. That is what a Monmouth Hawk does!

All of us at the University, no matter our role, exist because of you. We are here to help you, teach you, challenge you, and yes, pick you up when you fall. Contact us any time and have a great semester!

Sincerely,

Mary Anne Nagy  
Vice President for Student Life  
and Leadership Engagement



Dear Monmouth Hawks,

On behalf of the Office of Transformative Learning, I hope that your semester is off to a strong start. I would like to introduce to all of you the Transformative Ten (T10). This is a series of ten events designed to help you connect the major to prospective career options in preparation for life after Monmouth. This initiative is a direct response to student insights and, in particular, a result of the College Student Inventory (CSI) that is completed during the New Student Orientation. We are keenly aware that many students are concerned with exploring majors and determining career opportunities. The T10 brings together current and new programming for a complete portfolio of activities.

T10 activities are focused on developing your leadership, communication, problem solving, teamwork, digital literacy, and networking abilities. T10 events are available to all students.

Listed below is the T10 lineup and description of Fall 2018 events:

The Transformative Ten (T10): My Major, My Career, My Life After Monmouth

- Academic Welcome for Undeclared Students – Wednesday, September 5, 2:45 – 4:30 p.m., Anacon A  
This is a discussion of the value of higher education, pursuing academic interests, and the range of career options for all majors.
- Study Abroad Fair – September 28, 2:00 – 6:00 p.m., Erlanger Gardens (rain location Wilson Hall)  
Please save the date! The Global Education Office is having a Study Abroad Fair. Students are invited to learn about MU’s Global Education opportunities directly from faculty, staff, study abroad student alumni, and representatives from our partners abroad. Topics of discussion will include International Education, Internships, and Service opportunities.
- Internship Fair – Wednesday, October 17, 1:00 – 3:00 p.m., Anacon A & B  
Join a variety of employers to network and secure an internship. This is a wildly successful event for students with many promising placements.
- Fall Career Day – Wednesday October 31, 12:30 – 4:00 p.m., Ocean First Bank Center  
Students meet more than 100 employers from a variety of fields to secure interviews, internships and full time employment.
- T10 Major Reasons Why – Faculty Perspectives – Monday, November 12, 4:30 – 6:00 p.m., Pozycki 115  
Join faculty from various disciplines to explore career connections, field qualifications, and the advantages of planning ahead with internships/volunteering/service to break into a field of interest and a long term career.

Keep an eye out for social media, flyers, the T10 logo and connect to these activities. For more information, please contact Anthony Urmei, Director of Transfer and Undeclared Services (aurmei@monmouth.edu; 732-571-4409).

Sincerely,  
Kathryn Kloby, Ph.D.  
Vice Provost for Transformative Learning



# Make Organizing Your Forte

MATILDA D'ORLANDO  
CONTRIBUTING WRITER

The idea of organization is crucial when it comes to overall academic and personal success. It is the foundation that keeps one wanting to strive to achieve all goals. Goals are important but, without organization and motivation, tasks will not get done, resulting in negative results and consequences. If you were not the most organized in previous years, right now is a great time to start.

It is important to stay organized so that you are able to decipher what tasks in your life need attention and when. One of the best ways to go about organizing your life is by keeping a planner. With a planner, you will not miss any upcoming tasks or events that need attention.

If you are not interested in a planner you should definitely start taking advantage of using the calendar application on your phone. That way it is accessible easily and it has dates at your disposal.

Sasha Canan, Ph.D., an assistant professor of health and physical education, offered some insight about how when she was a student, and even today, she relies heavily on her planner. “Ever since my freshman year of college, I always made it a point to keep a planner and have never stopped using one since,” said Canan.

She also addressed the importance of filing documents in a certain manner that makes sense and is easy to access. Another great tip is the benefits of grouping and color coding. Things that could be color coded easily are events, tasks, and due dates because it provides clarity and can make things easier to remember.

Organization will allow you to feel less stressed and may take some of the pressure off your shoulders. Something that is found to be extremely helpful is taking the time towards the beginning of the week to sketch out the rest of the days ahead.

That way your whole week is mapped out and you can see what needs to be taken care of and at what time. This will also leave wiggle room for personal time that you want to allow yourself to have. By having everything organized and planned out, you can plan dinner dates with friends, time for the gym, and anything else that you feel you deserve at the end of the day.

At the beginning of each semester, make it a point to take all important information given to you by your professors and create an assignment list with due dates. This can include exams, projects, and more.

That way, with doing this, you know what assignments are coming up, and how long you have before certain things are due.

When talking to junior finance student, Ryan Thompson, he said “the importance of organization,

especially in college, is because there is a lot going on. Whether it be classes or things you are involved in, it is crucial you keep track of everything so that you do not make little mistakes or forget tasks.”

He added, “I always set myself reminders using my phone since I always have that on me.”

The reminder apps on phones are great because you can put in dates, times, titles, and the priority of the event. This is also a great hack for when you have meetings with advisors, professors, or group members to make sure you know where you need to be and when.

One last tip for staying organized is the simple act of being clean.

It is easier to be organized if everything has a place and they are grouped together in a certain way. That way, especially if you are in a rush, you know where everything is.

Many students try and pack their backpacks the night before their day, that way if they run late or if any last minute issues arise, it is one less thing to worry about.

Doing this can also allow you to feel a sense of security; this means that you can stay ensured that nothing of importance is forgotten for the day ahead.

Organization and planning skills are crucial for overall success.

Being organized not only allows you to help get the



PHOTO TAKEN by Cassandra Capozzi-Smith

With school starting, it is important to kick off the year with being organized.

grades you want and deserve, but it also is great preparation for the real world ahead.

Carlene Santos, a junior business student, gave her input on the topic. “Organization is key, whether you write yourself sticky notes, use an agenda, or set

reminders on your phone, these are the ways of keeping yourself up to date with your school work,” she said.

With the new school year ahead, make it a point to start off this school year strong with these easy tips and tricks. Find what works best for you and run with it.

## Striving for Success from the Start

MELISSA BADAMO  
STAFF WRITER

The ticking of the clock sends a zap of panic as you try your hardest not to stay behind on studies. You become pre-occupied with finishing your assignments with nothing less than pure determination. So you paste inspirational quotes on the walls of your dorm room in hopes that you will find the motivation to make it a great semester. And this cycle repeats every September.

But college does not have to be this hard. Finding inspiration is easier than one may think; inspiration can be the butterfly you see as you walk to class, the passage you read in your literature textbook, or the risks you take as you transition from one year to the next. With every new experience comes new inspiration.

“You find inspiration from the world around you,” said Sue Starke, Ph.D., associate professor of English. “You don’t have to have special knowledge; you just have to observe. It’s like the advice they give to writers; write what you know. Observe the world, and that will inspire you.”

Stephanie Driscoll, sophomore fine arts student, shared her inspiration-getting techniques, “I really thought it over in the summer; like what are my goals for this year, what I

want to achieve, what I want to do, if I want to set aside extra time for studying than I usually do.” Planning ahead is the best skill to build as a college student, because inspiration is bound to arise as you plan for a short-term goal, such as getting an A on a test, or a long-term goal, such as going to graduate school.

“You really have to get yourself in the mindset,” Driscoll continued. “Sometimes home is too distracting, so I’ll take myself out of the situation and go

to the library. I find peace there, and I’m able to work on the quiet floor.” Surrounding yourself in the studious vibe of the library with other determined students may just be the spark of inspiration you need to make this semester a great one.

Writers gain inspiration by constantly thinking about their writing, just as artists find inspiration by constantly reviewing their artwork. Getting yourself in the mindset is the first and foremost step to finding that es-

sential inspiration. Really focus on our goals; and instead of believing that you don’t have what it takes to achieve your dreams, start believing in yourself because it will create thousands of opportunities to get inspired and fulfill anything you set your mind to.

Cameron Oakley, a sophomore health studies student, gave her input on the topic. “Something that inspires me is to be better than my previous semesters so I can achieve my graduate school

and career goals,” said Oakley. “Waking up and knowing it is fall also inspires me to get up and do things. The fall aesthetic is really pleasing to me.”

Nature can be our biggest inspiration because of the ability it has to infuse our minds with a sense of peace, joy, and wonder. Because fall is a season of changes, the changing leaves, and changing weather will inspire you to change your mindset into one that will make your college years your best years.

Admiring our campus’ beautiful landscape and stopping to smell the roses will boost your motivation to write that once-dreaded essay, to review your notes for a monstrous test, and to even jump out of your comfort zone to make new friends.

Aside from nature, listening to music can be the most rewarding way of gaining inspiration for the new semester. Because music is so versatile, with a different genre for everyone, it has the power to endlessly boost creativity. And with creativity comes amazing things.

Inspiration is a wondrous thing; it can come in the most spontaneous moment when you least expect it. It has the power to turn your semester’s dread into excitement and to fulfill your most anticipated goals.



PHOTO TAKEN by Cassandra Capozzi-Smith

Success is something that everyone can strive for and if you look around you can definitely find inspiration in many places.



# DAVID BYRNE

## *Turning Heads at Monmouth*

MARK MARRONE  
ENTERTAINMENT EDITOR

David Byrne was “Burning Down the House” for a show on his *American Utopia* Tour at the OceanFirst Bank Center on Friday, Sept. 7.

The former Talking Heads frontman has been on tour since March to promote his first solo album in fourteen years, *American Utopia*.

It’s an album that can pick your brain apart, which Byrne presented to the crowd at the start of his show.

At 9:15 p.m., the arena was pitch dark as the spotlight casted on Byrne, who held a brain in his hand as he sat at a desk in the center of the stage. The artist was barefoot in a silver suit.

As Byrne sang the hypnotic closing track “Here” from his latest album, a set of white translucent curtains rose from the ground and climbed to the ceiling.

When the curtains reached the top, two figures in matching silver suits slowly emerged from the background to join Byrne in a chanting of his song.

Byrne could’ve been holding my brain, because my mind was lost in the artist’s spellbinding start.

After the introduction, the party began. For the next song, “Lazy,” Byrne stood center stage and nine bandmates were scattered around him.

Normally, when you attend a concert, the band will have their instruments prepared on the stage before they come out.

However, at Byrne’s show, his stage was an empty silver lot from the start.

Throughout the hour and 45 minute concert, the musicians didn’t have a stationary spot.



PHOTO TAKEN by Nicole Riddle

David Byrne and his band danced and sang the night away last Friday at the Ocean First Bank Center.

All the instrumentalists, from percussion to string, stood and danced for each song.

It was impressive to see nine people dance around Byrne for “Lazy,” but in “I Zimbra,” three more instrumentalists took the stage to play and dance.

In total, the band consisted of ten instrumentalists and two backup singers.

For each song, players and singers shifted on and off the stage to provide their special talents.

The effort by Byrne and his band was stunning, because every song was uniquely choreographed.

Eight of the 21 songs played were from the Talking Heads. For the classic “Once in a Lifetime,” Byrne stood at front stage as the rest of his band stood behind him in a horizontal line.

When Byrne sang, he ran around the stage and looked as though he was about to trip at each step. It was like watching

the famous 1980 music video in person.

The other Talking Heads song that made the audience jive was “Burning Down the House.”

The closing song of the show before the encore featured all twelve players dancing in formation like a high school marching band competition.

While many were bumping to the beat, others may have had flashbacks to their dark times at band camp.

Byrne also featured his solo work throughout the evening.

The artist’s latest hit, “Everybody is Coming to My House,” was accompanied by the complete band halfway through the show, as they danced around him like it was a house party.

Another song played of Byrne’s with the twelve piece band was “Everyday is a Miracle.”

It was a tribal celebration of life, as the bandmates and

Byrne danced around in a circle for most of the song.

All they were missing was a firepit in the middle and they could’ve sang kumbaya.

To close out the concert, Byrne played a cover of Janelle Monáe’s “Hell You Talmbout,” which she sang at the Women’s March at Washington D.C. in 2015, but with his own twist.

The Afrobeat song is a tribute to African Americans killed by police brutality, with lyrics such as, “Eric Garner/SAY HIS NAME” and “Aiyana Jones/SAY HER NAME.”

Byrne came out with his percussionists and two backup singers, and yelled the names of those we lost to police brutality to the audience.

At 66-years-old, age becomes Byrne.

The artist was consistently dancing and running around the stage for the entirety of the show.

It made me take stock into my own life, for I occasionally

dread walking three minutes to the dining hall for lunch.

At the end of the show, everyone stood to applaud Byrne’s incredible effort.

But you may ask yourself: well, how did Byrne get here?

Stuart Rosenberg, Ph.D., Department Chair of Management at the Leon Hess Business School and Professor of How Rock and Roll Shaped America, spoke of Byrne’s impact on the music world over his 47 year-long career.

Rosenberg said, “I think what has made David Byrne important to our popular culture is that his music has covered such a broad range of genres.”

With his band, Talking Heads, and in his solo and collaborative projects, he has incorporated punk, art rock, world music, and funk into some of the most infectious pop songs of any era.”

What has helped Byrne remain prominent for so long is how he takes risk in music.

Rosenberg added, “Byrne is an innovator. His songs are not derivative.”

A lot of musicians get comfortable with a particular formula that works for them. He does not.”

Even at this stage in his career, Byrne is at the top of his game.

Rosenberg concurred with, “He continues to introduce us to interesting musical styles while mixing in intelligently quirky lyrics.”

Byrne brings his unique talent to his albums and stage performance, which many were happy to witness last Friday night.

The final date of Byrne’s tour will be on Nov. 28 in Adelaide, Australia.

## Mac Miller: Gone Too Soon

MARK MARRONE  
ENTERTAINMENT EDITOR

The rap world lost another star on Friday, Sept. 7.

26 year-old Mac Miller passed away from an apparent overdose, as reported by TMZ.

The Pittsburgh native rapper struggled with addiction over the past five years, but unfortunately lost the battle.

Miller made great achievements in a career that lasted a little over a decade.

The artist released mixtapes with a rap group, The Ill Spoken in 2007, but pursued his solo career with tapes of his own.

His debut studio album in 2011, *Blue Slide Park*, reached number one on the Billboard chart in the United States and earned Miller a certified gold record.

Miller’s subsequent studio albums dominated the charts over the next seven years, as all four landed within the top five of the Billboard charts.

The rapper earned gold on singles “Knock Knock,” “Party on Fifth Ave.,” “Loud,” and “Dang!”

Also, Miller reached platinum status on singles, “Weekend” and “Donald Trump.”

Miller’s sudden loss comes at a time where things started

to look up for the rapper.

The artist just released his fifth studio album *Swimming* last month and was about to embark on a tour across the country starting on Oct. 27 in San Francisco and ending in Vancouver on Dec. 10.

Many artists paid homage to Miller through social media.

Chance the Rapper tweeted, “I dont know what to say Mac Miller took me on my second tour ever. But beyond helping me launch my career he was one of the sweetest guys I ever knew. Great man. I loved him for real. I’m completely broken. God bless him.”

Pop artist Halsey paid tribute to the late rapper through a lengthy Instagram post.

Halsey wrote, “Today is a bad dream. Thank you Mac. For being a visionary.”

Later on, Halsey said to, “Check on your friends. Please. Call them. Tell them you love them. Be a resource that comes with no judgment. Let your friends unfold without feeling like they are burdening you.”

Members of the Monmouth community are also mourning the loss of one of the world’s popular rap artists.

Dan Maida, a junior health studies student, was upset over the news.



PHOTO TAKEN from Lipstick Alley

Mac Miller was a prominent rapper and household name. All five of his studio albums reached the top five on Billboard.

Maida said, “It’s sad to see another young artist die from substance abuse.”

It’s concerning that it’s common for this to occur. Hopefully, Miller’s death will be a wakeup call to the hip hop and rap community.”

Vincent Lupo, a sophomore accounting student, echoed Maida’s thoughts.

“At 26, I feel like he was gone too soon. It’s a shame that he didn’t have enough care before the extreme happened.”

However, Lupo looks for the silver lining.

“Hopefully, Miller’s voice is finally being heard now more than it ever was.”

Even though Mac Miller left us too soon, we are fortunate

to have his incredible music.

Miller’s legacy will live on through the music he left us.

If you or someone you know is struggling with substance abuse, contact Monmouth’s Substance Awareness Coordinator, at 732-263-5804 or send an e-mail to [substanceawareness@monmouth.edu](mailto:substanceawareness@monmouth.edu).



CINEMA’S SIZZLING SUMMER

MARK MARRONE  
ENTERTAINMENT EDITOR

Ah, the summer: a season where the sun always shines, the heat rises, people crowd the beach, and old men mow the lawn shirtless.

Other than that horrific sight on many lawns across the country, I love all the fruits of summer, especially the air conditioning.

Fortunately for all of us, the best place to cool down is the movie theater.

Even though the theaters felt as cold as ice, the box office was on fire this summer.

From May 4 to Sept. 3, the box office grossed a total of \$3.7 billion nationwide.

The top five highest grossing movies of the summer were *The Incredibles 2* (\$595.5 million), *Jurassic World: Fallen Kingdom* (\$412.3 million), *Deadpool 2* (\$318.4 million), *Solo: A Star Wars Story* (\$213.5 million), and *Ant-Man and the Wasp* (\$209.7 million).



PHOTO TAKEN from Essence  
John David Washington and Laura Harrier made a great pair in Director Spike Lee's latest joint *BlackKkKlansman*.

Audiences were heading to the theaters to chill from the smoldering heat and to catch some great flicks.

Of course, there were plenty of duds like the head splitting *Mile 22*, laughable *Hereditary*, and abismal *Superfly*; but the good outweighed the bad.

I found myself going to the theater frequently not only because Moviepass still worked, but there were a lot of releases that caught my interest released by studios from here and abroad.

An average of two movies a year receive my coveted four star score (the highest rating on my scale), but this summer four features earned the rating: *The Guardians*, *Mamma Mia: Here We Go Again!*, *Mission Impossible: Fallout*, and *What Will People Say*.

*Mamma Mia* and *Mission Impossible* were domestic releases, while *The Guardians* and *What Will People Say* were foreign releases.

The excellent domestic movies



PHOTO TAKEN from Variety  
Maria Mozhdah stars as Nisha in *What Will People Say*, which earned the highest rating on Marrone's rating scale.

achieved the score because they were perfect for the summer with entertainment enjoyable for all.

Contrarily, the international films delivered insight on global issues through incredible performances and heart crushing drama.

These great features were accompanied by other strong ones from an array of genres.

Romance was in full bloom on the screen with beautiful films like the tear jerker *Adrift*, the inclusive box office hit *Crazy Rich Asians*, and the sensitive *On Chesil Beach* (and yes, I cried in all).

You can't have romance without a little drama.

Some captivating dramas of the summer included the salute to motherhood *Tully*, the French melodrama filled with bank robberies and racing in *Racer and the Jailbird*, the scandalous affair of two Jewish ladies in a strict community flared in *Disobedience*, and Ethan Hawke gave the Word as a priest for *First Reformed*.

All of these films had small budgets, but their messages and stories

were poignant.

There were messages shared through a surprising amount of documentaries over the past four months too.

Documentaries were sizzling in theaters with hits like *RBG* on the life of Supreme Court Justice Ruth Bader Ginsburg, *Won't You Be My Neighbor?* on the legacy of Mr. Rogers, *Whitney* about the times of Whitney Houston, and *Three Identical Strangers*, which tells the story of how three identical twins were separated at birth.

We're accustomed to big blockbuster action flicks stealing the heat, so it's shocking documentaries made their own waves.

While we fed our brains with knowledge through the documentaries, we also left them outside the theater doors to stuff our faces with popcorn for action flicks.

As previously mentioned, the latest installment in the *Mission: Impossible* series was one of the greatest action movies ever made because of Tom Cruise's incredible stunt work, draw dropping ac-

tion, and a story filled with double crosses.

Along with *MI*, we had other exciting features like *The Meg* where star Jason Statham attempts to kill a gigantic megalodon shark, a sequel fourteen years overdue in *The Incredibles 2*, and the unlikely thriller where a handful of nerdy students attempt to rob their college library's valuable book collection in *American Animals*.

Spike Lee's *BlackKkKlansman* felt like the culmination of what summer had to offer.

The director's latest joint was filled with action, laughs, and a powerful message as it followed the incredible true story of black police officer Ron Stallworth's attempt to infiltrate the KKK in the early 1970s.

The cinema was burning from start to finish this summer. Every weekend, there was always something exciting to check out.

Hopefully there will be more fuel to add to the fire in the closing months of an excellent year for film.

ALICE AND CHAINS ARE LOST IN A FOG

RAY ROMANSKI  
CLUB & GREEK EDITOR

Grunge pioneers Alice In Chains released their first album in five years, *Rainier Fog*, on Aug. 24.

When AIC announced the arrival of a new record earlier this year, fans and critics had divided expectations.

Many fans I spoke with were excited to have a new record following a five-year silence; but there was also a strong amount of those who felt apathetic and even angry.

Following lead singer Layne Staley's death in 2002, it seemed the band would be over forever.

However, in 2006, William Duvall succeeded Staley on lead vocals and rhythm guitar.

Duvall's vocal style sounded like Staley's iconic drone of a voice and many noticed.

12 years after joining AIC, Duvall captured the acclaim of critics, including Staley's father, Phil.

Aside from Duvall, the original lineup of Jerry Cantrell on guitar, Sean Kenney on drums, and Mike Inez on bass play on their latest album.

Cantrell is a guitarist who deserves a lot more credit.

Although a rock star, he was raised on country music and was even president of his high school choir.

In *Fog*, his chord progressions, raw emotive notes and licks show his country music roots.

The harmonies learned in choir have found their place



PHOTO TAKEN from Rock 'N Roll Insight  
The latest Alice in Chains album has stirred mixed emotions from their fanbase. Some fans are excited for a new era of the band, while others prefer their original sound.

within Cantrell's songwriting.

Cantrell is credited with finding the "Alice sound" after toying around with his guitar and pedalboard for their first big single in 1990, "Man in the Box."

Although *Rainier Fog* is a dud, Cantrell's playing is top notch.

It must be difficult to fill the shoes of a legend, especially if

that legend is a vocalist.

Guitarists and drummers are in the background, and won't be such a noticeable change, but not singers.

Fans will nitpick the singer's voice, trying to hear the emulation of their hero, but often, their hopes fall short.

I believe Alice should have

retired after their voice passed away out of respect for Layne.

Still, the band plays on.

The first single released and first track on *Fog*, "The One You Know," surprised me with a classic tone reminiscent of their masterpiece album, *Dirt*.

The harmonies were incredible, and the lyrics captured Staley's

dread and desperation.

However, that was the pinnacle of the album.

The remainder of *Fog* was a monotonous and sloppy fifty-minutes.

Songs such as "Drones," "Red Giant," and "Maybe" are forgettable.

"So Far Under" had the potential to be a fan favorite, but was skewered by trite production and lame repetition.

It sounded as if Alice was trying to recreate *Dirt*, nevertheless it doesn't sound genuine.

A pivotal aspect to Alice's success since the early 1990's was Staley's heartfelt poetry surrounding addiction, depression, and rejection, along with his even more chilling delivery.

Albums since his passing try desperately to recreate the sorrow and sincerity of Staley.

Unfortunately, Staley's touch is lost in the *Fog*.

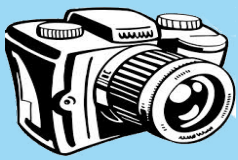
As a longtime fan of AIC, I found myself in the excited half of the fan base leading up to *Rainier Fog*.

Yet, after a few close listens to the entire 55 minutes, I'm not impressed.

Artists should relish their time in the spotlight and let their legacy remain untainted as opposed to becoming a fragment of what they once were.

Replacing a central figure is a universally unpopular decision that results in a loss of fans. As for me, I'll stick to the old Alice In Chains.





MOMENTS AT  
MONMOUTH



**LEFT:**  
STUDENTS IN THE STUDENT  
CENTER WATCHING SEVERAL  
ARTISTS SHOWCASING THEIR  
SKILLS AT THE “SECRET WALLS”  
STREET FAIR.  
PHOTO TAKEN BY:  
TAYLOR DROPPA



**RIGHT:**  
SHADOW SITTING  
ALONGSIDE STUDENTS  
AND ENJOYING THE FIRST  
FOOTBALL GAME OF THE  
SEASON.  
PHOTO TAKEN BY:  
AMANDA SMITH



**LEFT:**  
ORGANIZATIONS FROM  
THE COMMUNICATIONS  
DEPARTMENT TAKE  
PART IN THE FIRST EVER  
COMMUNICATIONS FAIR TO  
RECRUIT NEW MEMBERS.  
PHOTO TAKEN BY:  
AMANDA  
SMITH



**RIGHT:**  
TALKING HEADS LEAD  
SINGER DAVID BYRNE  
TAKING THE STAGE  
WITH HIS DANCERS  
AT THE OCEAN FIRST  
BANK CENTER FOR THE  
AMERICAN UTOPIAN TOUR.  
PHOTO TAKEN BY:  
NICOLE RIDDLE



*Did you have a summer job?*

COMPILED BY: NICOLE RIDDLE



**Dan McGowan**  
**Freshman**

"I was a manager at Frutta Bowls."



**Kim Kraemer**  
**Sophomore**

"I worked in the Fabric Department at Hobby  
Lobby."



**Matthew DelGuerico**  
**Junior**

"Yes, I was an archeological field technician."



**Alissa Malkemes**  
**Senior**

"I did not. I took three courses at Monmouth this  
summer."




**Chad Dell, Ph.D.**  
**Associate Professor of Communication**

"A project I worked on this summer was a documentary  
with a team of Monmouth researchers on an African  
American military team."

**Don't see your picture this week?**  
Check back in next week's issue for more Monmouth students' photos!




**WINTER SESSION AT TCNJ**  
**January 7-25, 2019**  
*Travel, blended and online courses may start sooner.*



**On Campus**  
*Traditional in-class learning experience*  
**Online**

**Blended Learning**  
*Combination of online and in-class structure*  
**Travel**

**Visit: [winter.tcnj.edu](http://winter.tcnj.edu)**  
*Check for summer courses, too*

 **TCNJ** THE COLLEGE OF NEW JERSEY

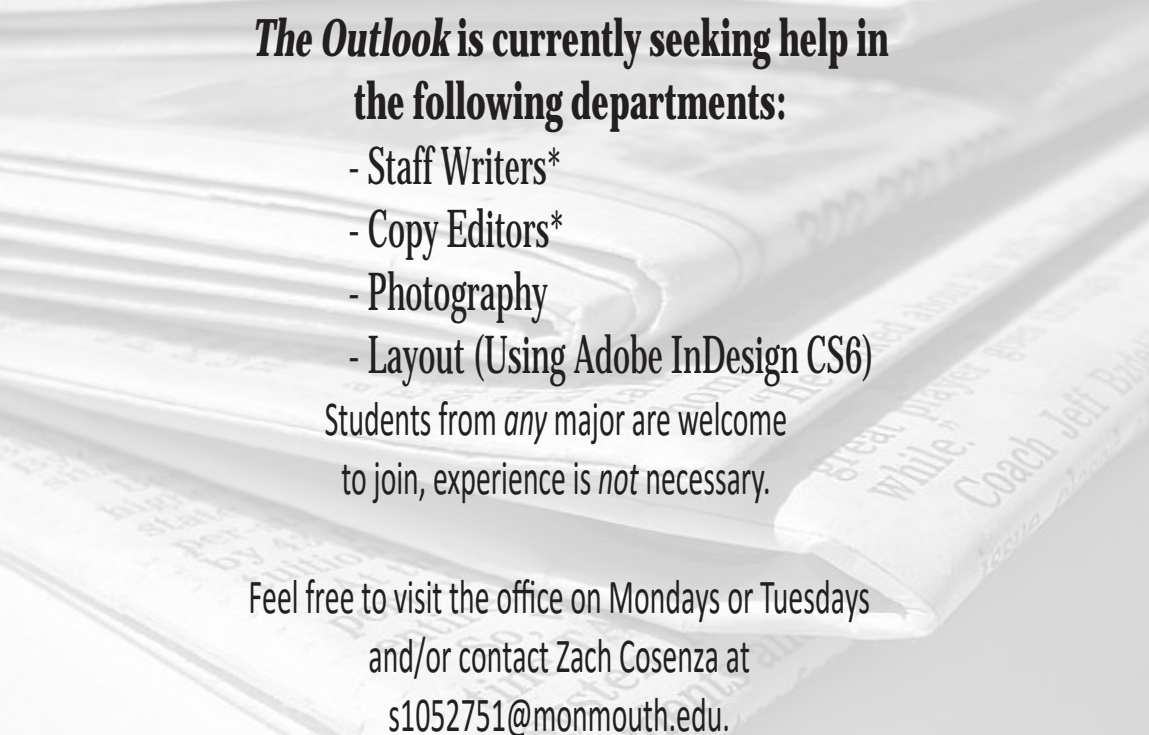
*Join*  
**The Outlook**


**The Outlook is currently seeking help in the following departments:**

- Staff Writers\*
- Copy Editors\*
- Photography
- Layout (Using Adobe InDesign CS6)

Students from *any* major are welcome to join, experience is *not* necessary.

Feel free to visit the office on Mondays or Tuesdays and/or contact Zach Cosenza at [s1052751@monmouth.edu](mailto:s1052751@monmouth.edu).





**Stop by the Plangere Communication Center and visit us!**  
**Location:** 2nd floor, Rm 260  
**Phone:** 732-571-8481  
**Fax:** 732-263-5151  
[outlook@monmouth.edu](mailto:outlook@monmouth.edu)  
[outlookads@monmouth.edu](mailto:outlookads@monmouth.edu)



**OPEN AND DELIVERING  
11AM - 4AM**

**NOW HIRING**

**Close to Campus**  
**Apply in person or online**  
**JRSDDELIVERS.COM**

**732-229-9600**  
75 D Brighton Avenue  
Long Branch, NJ 07740

**732-345-0100**  
17 West Front Street  
Red Bank, NJ 07701



# WANT TO MAKE \$\$\$

Apply to work Open House 2018 and share your Monmouth Experience!

## 1. APPLY ONLINE

<https://www.monmouth.edu/hawks-career-link/>

**For Federal Work Study:** Use Job #3637

**For Student Help:** Use Job #3636

## 2. ATTEND AN INTEREST MEETING\*

- Friday, **September 14** at 3:30 pm- Student Center 202B
- Tuesday, **September 18** at 1:00 pm- Student Center 202B
- Wednesday, **September 19** at 3:30 pm- Student Center 202B
- Wednesday, **September 26** at 3:30 pm- Student Center 202B
- Thursday, **September 27** at 7 pm- Mullaney 1st Floor Lounge
- Monday, **October 1** at 7 pm- Mullaney 1st Floor Lounge
- Tuesday, **October 2** at 4:15 pm- Student Center 202B
- Wednesday, **October 3** at 3:30 pm- Student Center 202B

*\*Attendance is mandatory to complete the application.*

## 3. WORK SUNDAY, OCTOBER 7 2018

Contact Kristin Waring with questions: [KWaring@monmouth.edu](mailto:KWaring@monmouth.edu)

# Monmouth University



follow OCCS on social media



monmouth  
university occs



occs monmouth



monmouthuoccs



# The Details of the Greek Suspension

GREEK cont. from pg. 1

Dimenna on May 1. They were assigned the task of creating a proposal to reform Greek life and create a “sustained and meaningful change” by Aug. 15, with the final proposal draft to be submitted to Dimenna by Oct. 15 to determine what will be of Greek Life for the Spring 2019 semester. However, when Dimenna didn’t receive such a draft by the Aug. 20 deadline, he chose to take action with a suspension.

The Greek Senate, the Inter-Fraternity Council, and Panhellenic Council all declined to comment to *The Outlook*.

“The idea here is not to punish the Greeks,” said Dimenna. “We want to encourage and empower the Greeks to change the environment, to change the system so it is a positive experience for the students.”

Dimenna continued, “I say it’s an opportunity for them to really make a huge change in how they operate and how they interact with each other on campus, and my goal is to assist them with realizing that new system of operations. Let’s work together to create something better.”

There is currently an online petition with over 780 signatures to preserve Greek Life on campus.

In the Spring 2018 semester, Tau Kappa Epsilon was shut down following the death of a student from alcohol intoxication coming from a fraternity party. Similarly, Alpha Kappa Psi was shut down after severe hazing allegations were levied against the Fraternity. Once the national headquarters for an organization terminates the charter, the University cannot continue with that organization.

There are approximately 900 students involved in Greek life, and the closure of Alpha Kappa Psi and Tau Kappa Epsilon brought that figure to about 750.

Additionally, academics plummeted last semester. Spring semesters yield bigger number of initiated students because the University requires at least one semester of classes, 12 credits, and a GPA of 2.5 to be eligible to join Greek life. This is known as a deferred recruitment.

According to the Spring 2018 Academic Report, found on the University’s website, of the 16 organizations of campus, only seven made or exceeded the University average of 3.19. The new members’ GPAs for the spring semester upon initiation, however, were even more concerning.

“When you look just at new members’ GPAs for the Spring semester, 12 of the previously 16 organizations did not make the University average of 3.19,” said Nagy. “That’s 75 percent. Ultimately, we are an academic institution, and academics should be our first and foremost priority.”

Another indicator in the decline of Greek life is the most recent performance of the Greek Excellence Packet, a lengthy document of about 100 pages that shows each individual organization’s progress and involvement for a school year.

Topics covered include leadership positions, community service hours, campus involvement, new member education programs, academics, and more. These areas are scored, with a total score out of 680 points. Michelle Kaplan, Assistant Director to Student Activities for Fraternities and Sororities, explains how Greek organizations did this past year. “We were across the board with how organizations did,” said Kaplan.

“We had organizations make gold, silver, and bronze rankings. We also had a couple that were accredited and a couple that weren’t,”

continued Kaplan. Those organizations that weren’t accredited have certain sanctions to work on, otherwise they may lose the University’s cooperation if they don’t meet these expectations.

Dimenna and Nagy are hoping to help facilitate any changes proposed as quickly and thoroughly as possible for implementation. “There is every opportunity for them to succeed, if they want to, and we have made it clear to them that we want to help,” said Dimenna. “But, make no mistake, if they do not deliver, there will be consequences. I’m a nice guy, but I’m not that nice.”

“I think just shutting down the Greek system is a little draconian and a little overbearing,” said Dimenna. “This isn’t just a Monmouth issue; this is a nationwide issue. A number of institutions have shut down their Greek systems following deaths of students from hazing, overindulgence of alcohol...and I told the Greek leaders in May, I’m not going to wait until that happens.”

Once again, the final draft deadline for the Greek leadership councils to the administrators is Oct. 15.



PHOTO TAKEN by Ray Romanski

Currently, there are 16 Greek organizations on campus that are “suspended indefinitely.”

## Blue Hawk Records Album Auditions

HANNAH CLYNE  
CONTRIBUTING WRITER

Following the release of their spring album “After Midnight,” Blue Hawk Records’ is back again to work on another album release.

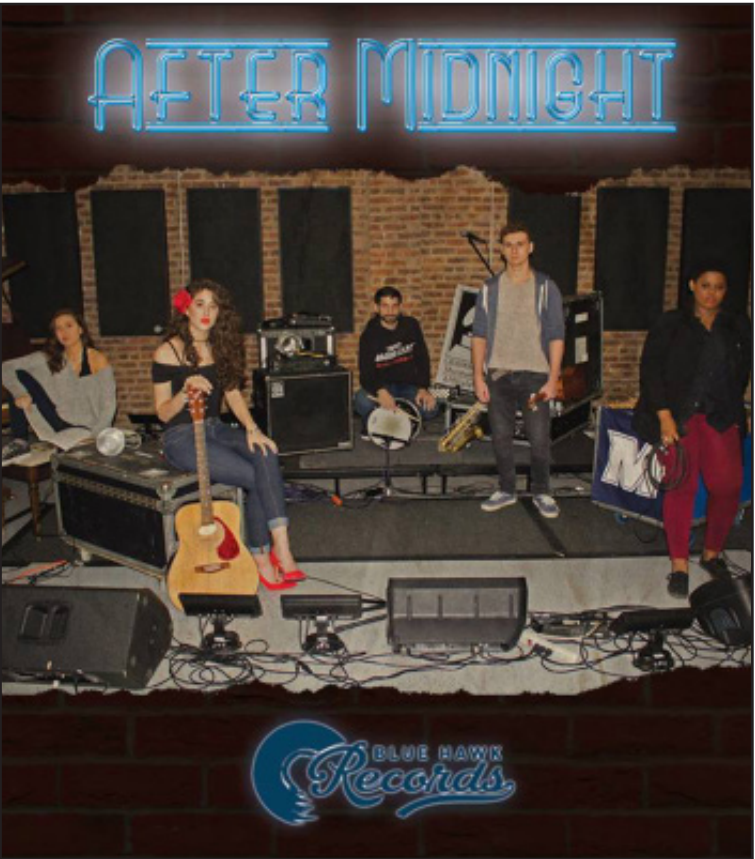
Blue Hawk Records’ Applied Music Industry III class is calling all Monmouth musicians to audition for their 13th compilation album. Their twelfth album, released last April, featured six songs; five originals from Monmouth students and a cover of Eric Clapton’s “After Midnight.” The title track featured University President Grey Dimenna, Esq. on the guitar, as well as members and faculty of the music industry department.

Joe Rapolla, chair of Monmouth’s Music and Theatre Arts department, will be working with the class and overseeing all aspects of the album’s production. Those chosen to be featured on the 13th album will have the opportunity to record their original songs at Lakehouse Recording Studios in Asbury Park, as well as many opportunities to perform around campus.

Cheyenne Devincentz, who worked as a general manager of the class last semester, is ready to work on yet another album release. “I am so excited to be involved in such an interesting project again to start off my senior year! Last semester was such a learning experience for me and has definitely furthered my interest in the industry. I am looking forward to working with all my amazingly talented classmates once again to create something that is even better than anything Blue Hawk Records has produced to date.”

Auditions will be held on Monday Sept. 17 in Wilson Auditorium starting at 7:30 p.m. and are open to all Monmouth students and alumni. If you are an artist with original music and want a chance to work with Blue Hawk Records, email bluehawkrecords@gmail.com to reserve your time.

Top: Joe Rapolla oversees the production for Blue Hawk Records.  
Bottom: Blue Hawk Records released “After Midnight” last spring.



PHOTOS COURTESY of Blue Hawk Records

## Club and Greek Announcements

### Students Advocating Girls’ Education (SAGE) & Sociology Club

SAGE and the sociology club will be having a combined meeting tomorrow in Bey Hall room 226 at 3:30 p.m. They are collecting feminine hygiene product drive for homeless women. Please bring any products you can spare to donate. If you have any questions, please contact the Club President, Kaitlin Allsopp, at s1034953@monmouth.edu.

### Hawk TV News

Hawk TV News is looking for vibrant and interested students who want to be reporters, writers, anchors, and much more. You do not need to be a communication major to be a part of this organization.

If you are interested e-mail us at s0933548@monmouth.edu or meet us on Wednesdays in JP 138 at 3:15 p.m.

### Monmouth Oral Communication Center

The Monmouth Oral Communication Center is a student run organization that provides free training for students looking to improve their public speaking and presentation skills. We can help you develop and organize your speech, overcome apprehension and anxiety when speaking, as well as increase your speaking confidence in any class. If you need help, contact the MU Tutoring Center; or if you would like to become a trainer come to one of our meetings, Wednesdays at 2:45 in JP 235.

### HERO Campaign Club

The HERO campaign promotes the use of designated drivers for our students as well as our local community. There will be a meeting today in Bey Hall room 229 at 3:15 p.m.

For more information, email the Club President, Gretchen Keyser at s1044974@monmouth.edu.

### The Outlook

The Outlook is looking for students interested in writing for the student-run newspaper. Sections include News, Opinion, Politics, Lifestyles, Features, Entertainment, Club & Greek, and Sports. No prior experience is necessary. The Outlook fulfills practicum.

If you are interested, please e-mail outlook@monmouth.edu and come to our meeting during club meeting time. We hope to see you there!



# No More Back-to-School Blues

DALLY MATOS  
STAFF WRITER

Starting classes. Making friends. Mounds of homework. These and many more things are the cause of stress for millions of students returning to college and arriving for the first time. There are different types of stress that can affect students, which can ultimately affect their performance at school and their mental health.

First year students are even more affected by this, by not only having to deal with the stress of classes, but also the social pressure to make friends or go to parties. However, there are multiple ways to combat this stress and not let it ruin a great year before it even starts.

### Feed the Mind -- As Well As the Body

Katherine Rizman, LCSW, a counselor at Counseling and Psychological Services explained that the center on campus most commonly sees people with anxiety. She said, “We see a lot of anxiety here, which is directly related to stress. There are lots of different factors, such as social, academic and even athletic.”

She mentioned that when this anxiety kicks in, students forget to take care of themselves. Even something as basic as eating can be neglected.

Rizman said, “Our bodies are not going to handle stress well if we aren’t eating, especially if we are eating the wrong things. You won’t be able to focus or do things the way you want if you are hungry.”

Taking small breaks to eat something filling and nutritious

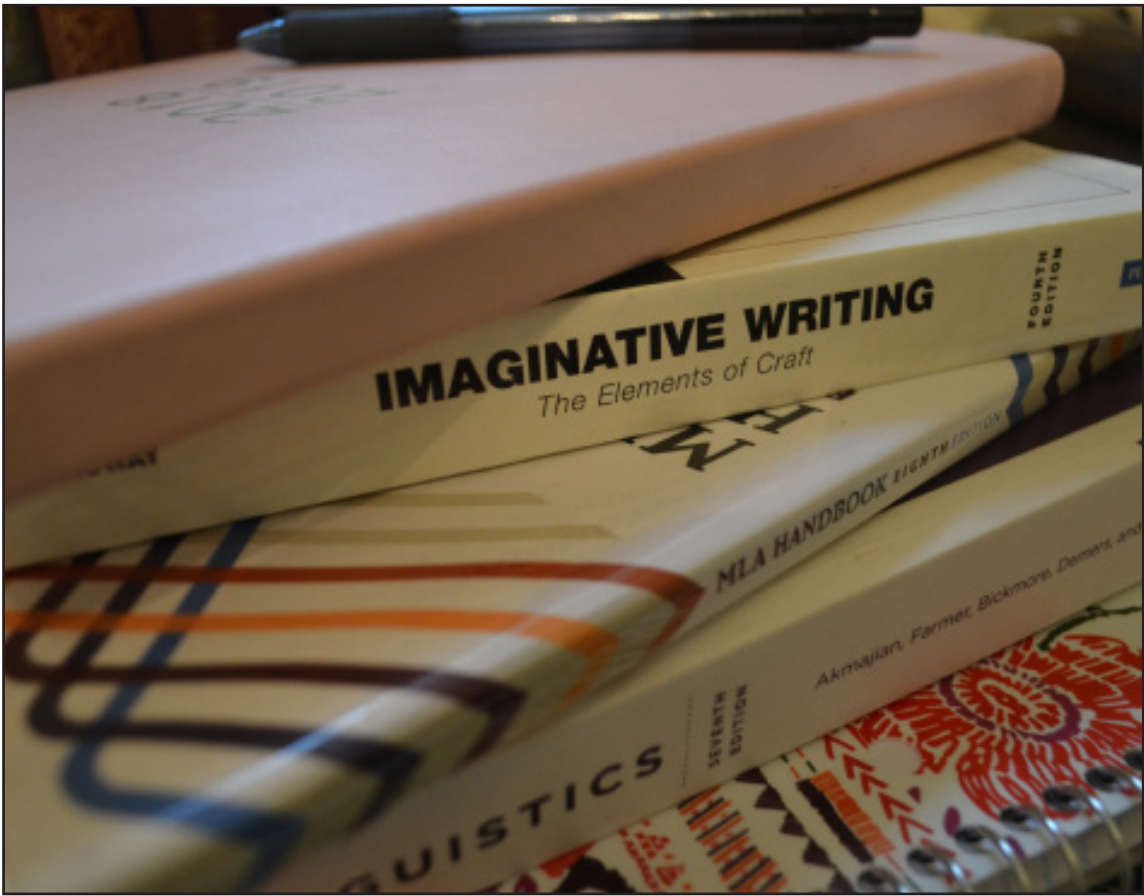


PHOTO TAKEN by Jenna Puglisi

Taking time to de-stress is essential to feeling productive and healthy this school year.

will not only help you be able to manage your stress better, it could even give you the energy to finish all the tasks that are causing your anxiety.

This also extends to exercising. Being active and getting your blood flowing can help distract your mind from your homework, or get your creative juices flowing to help you finish that paper.

### Sleep Is Important!

Many students do not get enough sleep, which can lead to

being more agitated. Rizman explained that exhaustion makes it difficult to think rationally when stressed or anxious.

Cengage Online recommends trying out different sleeping schedules and sticking with what makes you feel the best. Test how many hours you need to wake up feeling refreshed for your 8:30 class.

### Treat Yo’ Self

Besides being the most iconic line from the series *Parks and Recreation*, treating yourself

is also a nice distraction from stressful situations. Kristian Thame, a junior health studies student, says leaving campus and shopping helps him clear his head.

He said, “I like going to the mall because there is always something going on, there’s always something to see, and if I can treat myself to a little pick-me-up, I’ll buy something as well.”

Thame continued, “It motivates me to keep working, it’s

almost like I’m telling myself: ‘Okay, you made some time for you and you rewarded yourself for all your hard work, keep working hard and we could do this again.’”

If shopping isn’t your idea of treating yourself, it could be just watching a new rom-com on Netflix, playing video games with your friends, or trying out that new recipe. Just make sure it’s something you love to do.

### Don’t Forget: Put Yourself First

Often, with all of our other obligations, it can be difficult to put our mental health and emotional needs before others. Fradely Delacruz explained how being a freshman political science student has its own challenges.

She said, “I definitely feel stressed because the pressure to succeed is much higher. Also, it is kind of scary thinking about creating your own path to your own future. It’s all up to you now.”

However, she remembers that her emotional health is just as important as her academics.

Delacruz said, “When I get really overwhelmed, or just need a place to let my thoughts roam, I like to journal. It helps me pour my emotions out in a way that is just for me and not others.”

Back-to-school is a stressful time for us all. It is difficult to adjust from having all the free time in the world to now having classes and homework.

If you or someone you love needs someone to talk to, Counseling and Psychological Services is located on the third floor of the Student Center, and can be reached at (732) 571-7517.

# Dress Up Your Life: Fashion for the Fall Season

MELISSA BADAMO  
STAFF WRITER

Leather jackets, combat boots, ripped jeans: the quintessential “rocker” outfit. And the best thing about this apparel? It emerges in the fall, amongst the changing leaves and the dropping temperatures.

Even though the heat has been staying with us during the first few weeks of this semester, it won’t be long before the coolness of autumn sneaks in.

Walking around campus like you’re on a catwalk has never been easier than it is in the fall. Aside from the sleek look of leather in the autumn daylight, the comfort and style of denim jackets never fail to fulfill our fashion needs. They match everything, and they never go out of style.

Sophomore communication student, Cristian Tiberi, shared his go-to fall outfit. He said, “I love to wear denim vests with a long-sleeved shirt or an Old Navy Sweater.”

Not to mention, denim vests and jackets offer a dash of sophistication, as you make your way from class to class, getting ready to take on the world.

Not into leather or denim? Don’t fret— there’s a pattern for everyone! Spice up your look with a classy camouflage jacket. Or turn to plaid, one of the most versatile styles.

A flannel shirt can be worn tucked in with rolled-up

sleeves, or long and unbuttoned with a simple t-shirt underneath.

Of course, the choice of style depends on the weather. On cooler autumn days, you’d opt for a style that would keep you warm, whereas on days that still feel a bit like summer, you may choose to sport plaid around your waist.

As college students, we do have the tendency to slip into the common deadly sin of sloth-mode. We can all relate to sleeping through our alarm and rushing to get to our 8:30 class.

Tiberi adds, “I wear jeans all the time, and if I’m a little lazier, I go with the sweatshirt for those 8:30 days. I try to mix the laziness with the fashion at the same time.” On those cold, early days, wearing a simple cozy sweatshirt can still show off your style.

Kimberly Hanna, a sophomore business administration student, said, “You just have to bring a lot of leggings, and as many sweaters as you can. Get a lot of sweatshirts, because if you have an 8:30, you’re just going to want to put on a sweatshirt, leggings, and go.”

Sweatshirts aren’t the only comfy article of clothing to wear when you just want to get up and go to class. Cardigans are perfect for the fall season, when the heat dies down, but the frigidness hasn’t quite met us yet.

Accessorize with a hat to spice up your fall outfit,

whether it’s a beanie or an embroidered cap. They also come in handy for those inevitable bad hair days.

While considering the best outfit to wear for the fall, many tend to underestimate the influence art can have on fashion.

“Fashion is a very visual field,” said Corey Dzenko, Ph.D., an assistant professor of art and design. “A lot of decisions an artist would make in another medium, fashion designers would make the same

kinds of decisions, thinking about the combinations of colors, textures, and patterns.”

In fact, a former student of hers began to look at fashion in a whole new light while taking her art class.

She said, “[The student] came into class, and we were analyzing a lot of art. She said that that morning, she was standing in front of her closet and was looking at her clothes in a completely different way. She was thinking about the different combina-

tions she made and why she made them.”

Dzenko continued, “Once she had studied art, she understood why one piece of clothing would pair with another piece and not a third.”

Fashion really is the most prominent aspect of visual art, because we wear and see fashion every day of our lives. Everything we wear portrays our individuality, and the upcoming fall season is the perfect opportunity to grow a new appreciation for fashion.



PHOTO TAKEN by Jenna Puglisi

A crisp denim jacket is a simple and trendy way to accessorize any one of your fall looks this season.



# Summer Scholars: A Look at Undergraduate Research

JENNA PUGLISI  
FEATURES EDITOR

Eight students participated in this year’s Summer Scholars program. The students were from six different departments, each guided by a faculty mentor.

21 applications were reviewed from across the University, and the following were selected: Kaitlin Allsopp (Political Science), Emily Blaser (Communication), Megan Conchar (Psychology), Emma O’Rourke (Political Science), Jenna Puglisi (English), Nathaniel Rodriguez (Mathematics), Marta Telatin (Biology MCP), and Sebastian Vera (Biology MCP).

This group worked on their individual projects throughout June and July.

The program provides a stipend, a budget to complete the project, and housing for the summer months.

I personally completed a creative writing project, which is a short collection of poetry. It uses the natural elements to frame a love story, with our local environment providing inspiration to the imagery.

This program allowed me the chance to place all my focus on my writing, which is something that I rarely have the chance to do.

Now that the writing is done, I am submitting my work to poetry magazines.

While our topics were very



PHOTO COURTESY of Tom Zapcic

Summer Scholars students present their projects at the program’s final reception this summer.

diverse, my fellow peers had similar positive experiences.

For instance, Vera said, “My project was a diet-induced model, where I was looking to determine how a high-fat diet changes aspects of body size. I also looked to see how these changes vary among strains from different environments.”

Considering the impact that the program had on him, Vera said, “Summer Scholars allowed me to make strides in my program because of the provided housing.”

He continued, “Over the summer, the Phifer-Rixey Lab was able to transform a vacant

space into a functional animal facility!”

Another student studying science, Telatin said, “My research is on the Neuropharmacology of Alcohol-Stimulant co-use. Our research hopes to bring a comprehensive understanding of the effects on the cellular makeup of the brain, after the consumption of alcohol alone or with a paired stimulant.”

She continued, “The program was amazing because it gave the chance for students to focus on research and be in an academic setting.”

Conchar spent her summer

speaking with people across the country, and she is still conducting interviews. Her research centers on secondary traumatic stress in veterinarians and animal rescue workers. She said, “My study aims to determine the risk factors for the negative psychological effects related to this field of work.”

Blaser conducted research on a very prevalent topic. She said, “I worked with Dr. Shamrock this summer to research the #MeToo Movement. We examined if there were differences in how women’s interest magazines and men’s interest

magazines portray the #MeToo movement.”

She continued, “We are currently in the process of rereading magazine articles and categorizing them.”

Heidi Bludau, Ph.D., lecturer of history and anthropology, organized the program.

In regard to her experience, she said, “My primary goal this year was to build a community of scholars among the group, and I believe we did that.”

She continued, “What was most enjoyable was seeing the students interested in each other’s projects, even if they were extremely different than their own.”

For students interested in participating in the program this upcoming summer, expect some minor changes.

Bludau said, “This year, we plan to announce the program in late fall, giving students and faculty more time to collaborate on project proposals. We will also be developing the learning community into a living and learning community, in which students will be required to live on campus.”

This program is a great way to challenge yourself academically beyond the classroom.

All 2018 participants will make presentations during the spring semester’s Scholarship Week.

Next summer’s application will be available soon, so keep an eye out, future scholars!

## It’s Okay to Not Click with Your Roommate

SKYLAR DALEY  
CONTRIBUTING WRITER

Your roommate isn’t who you thought they would be, and now you’re hiding away in the library or bathroom hoping for a change. Is it too late to switch? Will the awkwardness pass? Or will you be stuck with a problem child until May?

You may have envisioned a life of fun and friendship with your roommate but instead, you were greeted with the exact opposite of their misleading Facebook profile.

Going into freshman year is a terrifying experience, especially for those who struggle in new social settings. You may even be an upperclassman who needed

to settle for a random roommate.

Unfortunately, not everyone can match your style of living. Some problems can result from lying on the roommate personality test, or you may just have plain bad luck.

Luckily, you are not the only one who has encountered roommate problems!

A sophomore, who wishes to remain anonymous, shared their own story, recounting a problem with their suitemate last year.

The student said, “Everything was fine in the beginning.” However, once “most of the [students] got comfortable with each other” and shared classes, they began to use the common room for “homework and music at night.”

There was a suitemate who was annoyed by the noise and constantly complained, despite the music being played at a low volume.

“You know that the walls are paper thin,” the student continued, “you can breathe in one room, and you’ll hear it in two rooms down.”

You would think that a noise complaint is not that bad, but like most roommate horror stories, things began to spiral out of control. The complaints quickly morphed into yelling and angry outbursts. RA meetings were set up, resulting in no resolution.

So, what do you do when you’ve become helpless in this kind of situation? This sophomore advises to put on a happy

face and kill them with kindness. Thankfully, the roommate moved out before their problem progressed any further.

This is an extreme case. You may just be bothered by your roommate’s sleep schedule or their need to watch *The Office*, while you’re trying to write an essay.

Professors are always open to hearing your problems, especially your first-year seminar professor.

Kenneth Campbell, Ph.D., a professor of history and anthropology, commented on the role of professors who teach first-year seminar classes.

He said, “I am open to having students come to me with questions about residential life. If I do not know the answers, I can always refer them to my Peer Learning Assistant (PLA) or to the appropriate person.” PLAs are students at Monmouth who help with student questions and concerns.

Roommate problems are common. I have been in them, as well as my friends. Even alumni and former *Outlook* Editor, Jenna Amore Wheeler, has had roommate issues.

Wheeler said, “Sophomore year, I was paired with a random roommate. We started out alright, but as the semester went on, she got a new boyfriend. Suddenly, he had all but moved into our room with us.”

Significant others can be a major issue, simply because sharing space with a stranger can make any person anxious.

After many meetings with residential life, Wheeler’s experience turned sour as the boyfriend was given a key-copy of his own, unbeknownst to the residential life staff. After nu-

merous complaints from both Wheeler and her parents continued, it was settled to separate the two.

But the nightmare wasn’t over yet. When Wheeler’s new roommate moved in, they encountered a disgusting surprise.

She said, “I opened my mini-fridge to put food in and discovered that the last person to be in the room, my former roommate, had filled the fridge completely with urine.”

That was the end of her struggle with the terrible roommate, and obviously, the fridge was replaced! She immediately clicked with her new roommate, and they are still best friends.

Wheeler said, “Colleges usually want students to just talk it out or mediate, but I don’t feel that’s always the best solution. Even if you’re nervous, you need to stand up for yourself.”

She continued, “Go to a trusted advisor or [Residential Assistant] RA and make yourself be heard.”

She continued, “It’s your college experience, your tuition dollars, and your life. You need to enjoy it, and you need to live in an environment where you feel safe.”

Make use of your professors, PLA, and RA.

Do not let your residential troubles affect your college experience. This is a time for fun and exciting adventures!

If your roommate thinks that getting a pet hamster (which is a nocturnal animal, by the way) is the best thing to do during finals week, perhaps you should tell them otherwise.

You have a voice. You have the power. Do not settle for mediocrity, and do not let someone else break you down.



PHOTO TAKEN by Skylar Daley

Roommate struggles can be solved by reaching out to staff around campus, like RAs and PLAs.



# Football Explodes Past Hampton in Home Opener

ZACH COSENZA  
EDITOR-IN-CHIEF

Football defeated future conference opponent Hampton 56-28 after being down 14-0 in the first quarter.

"It is six straight wins here at Kessler Stadium and it is our first win of 2018 and a lot occurred out there that we can build upon," Head Coach Kevin Callahan said.

The Hawks started off the game down 14-0 in the first half of the first quarter after Hampton scored on back-to-back opening drives.

MU struck at the end of the quarter from a senior running back Devell Jones three-yard rushing touchdown to make it 14-7.

Junior running back Pete Guerriero scored his first of three rushing touchdowns to tie the game at 14 all.

"We got to keep playing, next play. We have to settle down and do our jobs," Callahan said to his team after going down 14-0. "Once we got a couple of scores on the board we were able to gain confidence and that confidence on offense transcended to our defense."

The Blue and White scored two more rushing touchdowns before the end of the half, again by Jones and Guerriero to make it 28-14 at halftime.

Monmouth continued the scoring in the second half with two junior quarterback Kenji Bahar to senior tight end Jake Powell touchdown passes to make it 42 straight unanswered points for the Hawks.

"We thought we handled that adversity very well and



PHOTO TAKEN by Karlee Sell

**Senior running back Devell Jones added** two rushing touchdowns to Monmouth's 56-28 win over Hampton on Saturday afternoon.

"It is six straight wins here at Kessler Stadium and it is our first win of 2018 and a lot occurred out there that we can build upon."

KEVIN CALLAHAN  
Head Coach

we came back and scored 42 straight points and we had the game in control," Callahan said. "Along the way I thought we saw a tremendous explosiveness apart of our offense. With Pete [Guerriero] running

the ball and what Kenji [Bahar] was able to do throwing the ball to a number of different receivers, Vinny [Grasso], Reggie White Jr., and Jake Powell among others. I thought it was a very balanced offensive at-

tack."

Hampton scored for the first time since the first quarter after a 25-yard rushing touchdown made it 42-21. The Hawks answered quickly with Guerriero scoring his third rushing

touchdown from one yard out to make it 49-21 at the end of the third.

Guerriero finished the game with 209 rushing yards, making him the first 200-yard rusher for Monmouth football since 2009. Guerriero was later named Big South Offensive Player of the Week for his efforts.

"My offensive line and tight ends have been doing a wonderful job blocking inside," Guerriero said. "I can't thank them enough."

The Pirates responded with a 28-yard passing touchdown in only 20 seconds. Monmouth scored their final touchdown of the game in the middle of the fourth with a Bahar to Grasso passing touchdown from 25 yards out to make it the eventual final score of 56-28.

"Kenji got me the ball and I was able made a few people miss and then run as fast as you can to the end zone," Grasso said. "Kenji did a good job getting me the ball and it was a good call by coach."

For the game, Bahar finished with a career-high 326 passing yards and three passing touchdowns. White Jr. had five receptions for 145 yards.

On the defensive side of the ball, junior defensive back Tymer Berry had an interception and four total tackles. Sophomore defensive back Justin Terry also had a blocked field goal in the game.

Monmouth (1-1, 0-0 Big South) will look to build off of their first win of the season as they head to Easton, PA to face the Lafayette Leopards on Sept. 15 at 6:00 p.m.

# Women's Soccer Comes From Behind to Beat Rutgers

MARK D'AQUILA  
STAFF WRITER

Women's soccer came from behind on the road to defeat in-state rival Rutgers, 2-1, on Friday and played American University to a scoreless draw after 120 minutes at Hesse Field on The Great Lawn on Sunday.

"This was a great victory on the road against a quality opponent, I am super proud of the effort we gave tonight," said Head Coach Krissy Turner.

Rutgers opened the scoring just seven minutes into the match through sophomore forward Amirah Ali. The attacker beat two defenders as she cut in on her right foot across the top of the box before firing a shot. Junior goalkeeper Amanda Knaub dove to her right to make the save, but the ball deflected off of her palm and into the back of the net.

Monmouth senior forward Alli DeLuca responded quickly with her third goal of the season on a blocked shot. DeLuca currently leads the team with

seven points on the season.

No sooner did junior midfielder Lexie Palladino give the Blue and White the 2-1 advantage that they would end up holding onto with her goal from 18 yards out. The 30th minute goal was the second of Palladino's season and also her second game-winning goal of her career.

Knaub finished off Friday's game strong, saving five shots in the second half to preserve the victory. The milestone win was the first against Rutgers since Aug. 2010 for the Hawks.

"Rutgers is a Top 25 team with a quality program so getting a result against them is huge," Knaub said. "The game was very tough and physical, but the girls were able to come back from an early goal and come out on top."

Women's soccer followed up the win on Sunday where they drew with visitors American University in double overtime. Monmouth's 12-2 advantage in overtime shots was not enough to get on the board and avoid the draw. They ultimately fin-

ished the game leading in total shots 15-4 and corner kicks 11-5.

The 0-0 final was Knaub's second shutout of the week and her fourth of the season. The performance brought her to an impressive 24 career shutouts in net and earned her Metro Atlantic Athletic Conference (MAAC) Women's Soccer Defensive Player of the Week honors for the second time this season.

"For us to be a championship caliber team, we must find a way to put one in the back of the net on a day like today," said Turner. "Having to bounce back so quickly after such a terrific win Friday night was the challenge today."

Despite the disappointment of not adding another one to the win column, Monmouth was able to remain undefeated (4-0-1) all-time against the Eagles and improve their 2018 record to 5-2-1.

The Hawks will open MAAC play when they travel to Rider for a 6:00 p.m. kickoff on Sunday, Sept. 16.

"Rutgers is a Top 25 team with a quality program so getting a result against them is huge. The game was very tough and physical, but the girls were able to come back from an early goal and come out on top."

AMANDA KNAUB  
Junior Goalkeeper



PHOTO COURTESY of Rick Decker

**Junior midfielder Lexie Palladino scored** the game-winning goal in the come from behind 2-1 win at Rutgers on Friday afternoon.



# Men’s Soccer Grabs First Win with Late Goal

EVAN MCMURTRIE  
SPORTS EDITOR

Men’s soccer gained its first win of the season away to Princeton on Saturday night on Myslik Field at Roberts Stadium thanks to a late goal from senior defender and captain Zachary Pereira.

“It felt good to get a win against a very good team in Princeton, especially at their facility where it’s hard to get a win,” said Head Coach Robert McCourt. “Our guys showed a lot of character, and we were up against it for a lot of the game.”

Princeton were prevented from having an opportunity to take the lead early on when the referee’s initial call for a penalty kick was revoked and changed to a corner kick.

Much of the game was played in Monmouth’s half as the hosts dominated possession and probed for an opening goal. Princeton came close to finding that goal just before halftime when senior defender Sean McSherry found his way past three defenders after a turnover, but his effort was saved.

Monmouth freshman goalkeeper Sean Murray made seven saves to keep his team in the game. The stopper was awarded both Metro Atlantic Athletic Conference (MAAC) Defensive Player of the Week as well as Rookie of the Week honors for his efforts.

In the 57th minute, Princeton were once again denied a goal-scoring opportunity by the offi-



Senior defender Zach Pereira scored in the 84th minute to steal all three points in the 1-0 win over Princeton on Saturday night.

cials. Freshman midfielder Moulay Hamza Kanzi Belghiti put the ball into the back of the net after connecting with a cross into the box, but the referee blew for a high leg and disallowed the goal due to dangerous play.

Princeton continued to create chances as the game wore on, but it was in the 84th minute that the Hawks took a surprise lead against the run of play. Sophomore midfielder Chris Scheuerman swung a cross into the pen-

alty area and Pereira was on the end of it with a diving header that gave Monmouth the win with their only shot on target of the game.

Though the Hawks were out-shot by Princeton 19-5 and had

one corner kick to Princeton’s eleven, they earned their first win of the season.

McCourt said, “We dug in and found a way to get a result. We’re hoping that we can continue to build off of this and start a little run.”

Monmouth men’s soccer began their season with three losses to non-conference opposition. After a 4-0 defeat on the road to Denver, the Hawks returned home but were edged by Lafayette, 1-0.

Monmouth showed improvement away to Penn on Aug. 31st after coming back from being two goals down to send the game into overtime, but the Quakers ended the game with a goal just minutes into the extra period.

“The team showed a lot of character tonight coming back from a two-goal deficit,” McCourt said after the loss. “We are still in a building process with quite a few new players, so games like this are great learning experiences. We will continue to stay tight as a group and move forward together.”

The Hawks hosted Binghamton next where they earned their first point of the season in a game that ended scoreless after double overtime. With Saturday’s win over Princeton, Monmouth men’s soccer improves to 1-3-1 on the season.

Monmouth will return to action on Friday evening when they welcome Columbia to Hesse Field on The Great Lawn. The match will be televised on *ESPN+* and kick-off is slated for 7:00 p.m.

# Field Hockey Defeated Twice in Michigan Road Trip

CHRIS FITZSIMMONS  
STAFF WRITER

Field Hockey was on the road this weekend where they took both Michigan State and No. 7 Michigan into overtime but failed to bring home a win, losing 2-1 in both matches and slipping to 2-4 on the season.

“It is always great to be able to compete against a Big Ten opponent and get tested early in the season,” said Head Coach Carli Figlio.

Monmouth gave Michigan State all they could handle on Friday before ultimately losing in the fifth round of a shoot-

out, 2-1. The Hawks took the lead after a scoreless first half when senior forward Georgia Garden Bachop buried a nifty backward shot right in front of the net in the 39th minute. Monmouth came within three minutes of a victory and shut out, but the Spartans tied it to force overtime.

A scoreless overtime lead to a shootout where sophomore midfielder Ireen Frenken converted her try and was matched by Michigan State. Monmouth’s second attempt went to freshman forward Annick Van Lange who was stopped while the Spartans converted theirs

to take the 1-0 lead. Bachop was tasked with the third attempt and came through while the hosts failed to convert, leaving the game was tied once again.

The fourth try was given to junior forward Josephine van der Hoop whose shot found the post. Michigan State’s attempt was successful to regain the lead. Frenken was able to convert the fifth attempt after senior forward Kelly Hanna was tripped and the team was awarded another chance. The Spartans scored on their final attempt and walked away with the win.

“It was a hard way to lose in a shootout but I think for the majority of the game we played really well,” Figlio said. “We made some young mistakes that proved to cost us in the end.”

On Sunday the Hawks squared off against Michigan and once again gave a Big Ten team a run for their money, but in the end fell 2-1. Monmouth grabbed a 1-0 lead after freshman forward Natalie McNamara tipped in a shot from Bachop in the first half.

The Hawks took that lead into the half, but Michigan tied it up about halfway through the second after converting a penalty stroke attempt. The two teams played the remainder of the half to a standstill and the game went into overtime. Sophomore goalkeeper Gabi Millan made a career-high nine saves and was instrumental in keeping Monmouth in the game.

The Wolverines quickly found themselves down a player in the extra period, but Monmouth was unable to capitalize on the opportunity. Michigan earned a penalty shot in the 71st minute and successfully buried the game-winner.

“We may have not got the results that we wanted, but we built a lot of character and learned a lot of lessons,” Figlio said. “I am really excited as we continue with the season because we took a huge step today with a lot of players stepping up, including our freshman. It was fun to see young players make a big impact.”

The Hawks will travel to Princeton on Friday before returning home on Sunday where they will face off against the Villanova Wildcats.



Sophomore goalkeeper Gabi Millan recorded a career-high nine saves in the 2-1 overtime loss to No. 7 Michigan on Sunday.

## UPCOMING GAMES

- Friday, Sept. 14**  
MXC at Iona  
Meet of Champions  
Bronx, NY 10:00 a.m.
- WXC at Iona  
Meet of Champions  
Bronx, NY 10:45 a.m.
- WTEN at Navy  
Bill & Sandra Moore  
Invitational  
Annapolis, MD 11:00 a.m.
- FH at Princeton  
Princeton, NJ 4:00 p.m.
- MSOC vs. Columbia  
Hesse Field on The Great Lawn  
West Long Branch, NJ 7:00 p.m.
- Saturday, Sept. 15**  
WTEN at Navy  
Bill & Sandra Moore  
Invitational  
Annapolis, MD 9:00 a.m.
- FB at Lafayette  
Fisher Stadium  
Easton, PA 6:00 p.m.
- Sunday, Sept. 16**  
FH vs. Villanova  
So Sweet a Cat Field  
West Long Branch, NJ 1:00 p.m.
- WSOC at Rider\**  
*Lawrenceville, NJ 6:00 p.m.*
- Tuesday, Sept. 18**  
MSOC at Hartford  
Al-Marzook Field at  
Alumni Stadium  
Hartford, CT 7:00 p.m.
- \*conference games*





# HAWKS SINK PIRATES



**ALSO INSIDE!**

**MENS SOCCER  
WOMENS SOCCER  
FIELD HOCKEY**

Monmouth football defeated Hampton 56-28 in their home-opener on Saturday afternoon. Sophomore running back Pete Guerriero ran for a career-high 209 rushing yards and scored three touchdowns.

**SEE STORY ON PAGE 18**

PHOTO TAKEN by Karlee Sell