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New Jersey Senators Booker and Menendez Speak at Wilson Hall Auditorium

NICHOLAS COSCARELLI CO-SENIOR/POLITICS EDITOR

The Political Science Club hosted Senators of New Jersey, Cory Booker and Robert Menendez, on campus to speak about the midterm elections and the importance of voting at an event on Monday, Oct. 29.

The hour-long event was held in the Wilson Hall Auditorium, and was open to all those on campus who were interested in attending.

'Our students did a terrific job this campaign season in raising awareness on campus and in organizing get out the vote events," said Joseph Patten, Ph.D., an associate professor of political science and the adviser to the Political Science Club. "Landon Myers (a senior political science student and President of the Political Science Club) and the students in the Political Science Club did a fantastic job in organizing the event with NJ Senators Cory Booker and Bob Menendez and U.S. Congressman Frank Pallone."



PHOTOS COURTESY of Ali Nugent

Senators Cory Booker and Robert Menendez spoke about the importance of voting in this year's elections.

Manning (a senior political science student and President of their events. We need that type the College Republicans) and the of cooperative spirit in govern-College Republicans did a terrific job in organizing an event with the Senate Republican challenger Government and Community Bob Hugin two weeks back. For Relations for the University,

He continued and said, "Mike science students from both partion to the Menendez campaign but does provide equal opporties helped each other organize ment.'

Paul Dement, Director of me the best thing is that political explained that he sent an invita-

to come to the University after it was announced that his opponent in the Senatorial race, Bob Hugin, was scheduled to be on campus meeting with students a couple of weeks ago. "Monmouth University does not endorse any candidate

tunity for candidates to engage with students on campus," he

"When the Menendez campaign contacted me last weekend to say they were interested

SENATORS cont. on pg. 6

New Research Vessel Welcomed by UCI

JERRY TROTTA
ASSISTANT NEWS EDITOR

The University's newest research vessel, originally acquired in June 27 as the R/V Nauvoo, was renamed the R/V Heidi Lynn Sculthorpe during a naming ceremony at Bahr's Landing on Oct 8.

The 49-foot vessel is Monmouth's largest and was recently acquired by the University from the National Oceanic and the Atmospheric Administration (NOAA). The vessel is an important ambassador for the University to the broader marine research community, other universities, and to the public at large," said Thomas Herrington, Ph.D., Associate Director of the Urban Coast Institute (UCI).

According to the University's official website, the vessel was named in honor of Heidi Lynn, a Monmouth Country shore area resident who loved to surf and spend time at the beach with her family and



PHOTO COURTESY of Monmouth University

our academic colleagues at A new research vessel donated by National Oceanic and the Atmospheric Administration (NOAA) was christened in a ceremony earlier this month.

Lynn's father, Robert Sculthorpe, is a graduate of the University and former chair of the University Board of Trustees, and a Trustee Emeritus.

According to University President Grey Dimenna, Esq., it was Sculthorpe's generous donation that helped create an endowment to support the vessel.

'We remember the Sculthorpe's who have been very helpful to the University," said Jim Nickels, the Marine Scientist for the Urban Coast Institute. "He

UCI cont. on pg. 2

Fake Job Offer Emailed to Students

MATT ENGEL CONTRIBUTING WRITER

An alert message was sent to University students and alumni concerning fraudulent e-mails offering nonexistent paid positions as a virtual personal assistant on

Hill, Assistant Dean of Career Services, the spammer claims to cepted the nonexistent position have gotten the contact's name would then be instructed to defrom the Monmouth Univer- posit a fraudulent check in their sity Career Services offices. The account on behalf of the spam-Spammer posed as a Career Sermer, and then take the amount of vices employee and sent an e- the check as personal compensamail to students that would offer compensation of \$20 an hour, in victim would then be required exchange for tasks that included by the scammer to give them the running errands and paying bills for the spammer.

In February 2018, thousands of fraudulent e-mails were sent unknown source, telling students to click on an attached link to update their eCampus log-in infor-

mation. Approximately 50 student accounts were compromised and forced to send out unsolicited e-mails, leading Monmouth's technical support team to notify other University employees about the incident. This time, no one was affected by the single email blast, according to Hill.

In a screenshot of the fraudu-lent e-mail provided by William Monmouth University Police Corporal, any student who action to buy gift cards. The spam numbers on the gift card, under the false promise of redemption through a check.

"There is no way to catch the out to Monmouth students by an criminals," Layton said. "Each time we trace the e-mails, we

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University Christens Research Vessel

UCI cont. from pg. 1

(Robert) has been very generous over the years to the school and the work we do. He even sponsored a scholarship in Heidi's name for the summer research program."

Nickels was responsible for organizing the ceremony and noted the hefty preparation. "It was a lot of work getting the boat to the dock," he said. "Months of work and a lot of people were required to get the vessel into shape. It sat in a shipyard for four years in Delaware Bay, NJ so the vessel had to be sandblasted and repainted.'

The ship was originally built as the R/V Nauvoo in 1993. According to Nickels, prior to receiving the Nauvoo, Monmouth only had two small boats that fulfilled the marine field operations and field research: the Little Hawk and the Sea Hawk.

Nickels says that the Little Hawk is an 18-footer that was acquired with a grant from the U.S. Environmental Protection Agency and the Sea Hawk is the UCI's 27-foot May-Craft survey

The R/V Heidi Lynn Sculthorpe presents unique opportunities to Marine Biology classes that the Little Hawk and Sea Hawk could not, according to the UCI. The advantage of this boat is that it allows professors to bring a full class out for student training. According to Jim Nickels, students can now check on water quality, navigation work, spotting marine mammals and birds, as well as doing trawling work to catch

appropriate to be able to honor solved oxygen levels. We also one of its own by having the vessel named after her," said Dimenna, who spoke at the ceremony. "Although I did not personally know her, from talking to family members it is easy to see that she was a very special person."

and environmental biology policy (MEBP) student who was one of three students to be the first on the vessel, said, "It is a great op- a person that loved the Jerportunity to see all of the work sey Shore, the beach, sun and that can be done on the research surf," said Herrington, "aligns vessel from long-lining to towing the UCI's mission to serve the plankton nets. I feel that having public interest as a forum for this vessel allows students to further their knowledge of the Marine Biology field."

and ichthyology classes, I was out on the boat," said Charles Vasas, a junior MEBP student. "While horpe will deliver this message on the boat for marine biology, on each research and education we took water quality samples cruise she makes.'

family and it is very special and which include salinity and distowed plankton nets in order to collect phytoplankton samples which could be later analyzed in the lab.

"For ichthyology, our class used the boat to trawl the ocean floor in order to collect different Lauren Kelly, a junior marine species of fish. We caught several different species during the trawls," continued Vasas.

"Naming the vessel after research, education, and collaboration that fosters the application of the best available science "In both my marine biology and policy to support healthy and productive coastal ecosystems... The Heidi Lynn Scult-



PHOTO COURTESY of Monmouth University

The research vessel was named after the Heidi Lynn, "Monmouth University is a daughter of Robert Sculthorpe.

University wins Voter Registration Award

NICHOLAS COSCARELLI

Students and faculty were hosted by Rutgers University-New Brunswick for a trophy presentation ceremony after winning the statewide 2018 Ballot Bowl voter registration competition, on Tuesday, Oct. 30.

The New Jersey Secretary of State's office informed Joseph Patten, Ph.D., an associate professor of political science and adviser to the Political Science Club, that the University won the statewide essential materials for the events, 2018 Ballot Bowl voter registration competition last Thursday, Oct. 25 for their registration effort called "Rock the Vote." He and the Rock the Vote group were invited to attend the ceremony, which was aired by MSGNetworks.

Ten students, and the Rock the Vote campaign's mascot, accompanied the group to be presented with the award and to give a few public words, to address their accomplishment on the New Bruns-

wick campus on Tuesday evening. "The voter registration volunteers were all single minded in focusing on whether students would vote, not how students would vote," said Patten, commending their successful efforts. "Political science student Landon Myers took the lead in organizing the Rock the Vote events on campus and in organizing nearly 30 students who visited approximately 50 classrooms to encourage students to vote.'

Patten noted that the voter reg-

well as an equal number of students who mailed the registration forms themselves, surpassing their initial goal to register 400 students.

Myers, who serves as the President of the Political Science Club, explained that that the Rock the Vote events throughout the months of September and October, and the multiple "barnstorming" visits to classrooms, were the most beneficial in registering students. Funding from faculty, administration, and all seven of the University's Schools also helped in providing such as food, accoutrement, and support. "It really was a campus wide effort as every Department helped donate money to the Rock the Vote events," he said.

"One of the most exciting things about the voter registration drive on campus this year is it included students, faculty, and administrators from all political stripes," said Patten, noting that the group's efforts were nonpartisan. "It was inspiring to see conservatives and liberals and people somewhere in between working together for the common purpose of raising political awareness on campus.'

Secretary of New Jersey's State Department, Hon. Tahesha Way, initiated the independent 2018 Ballot Bowl for students at campuses across the state to compete against one another to register the most students to vote.

"I was so excited when I heard that we won the Ballot Bowl," said Myers. "With all the hard work so many people put in, it could not have been better deserved and would not have been possible without everyone that helped."

Winners were announced in three separate conferences, which were determined by student. Rutgers University-Newark and Montclair State won the two other conferences, and were also present at the ceremony on Tuesday.



istration group physically mailed The University's "Rock the Vote" campaign was recognized in 350 voter registration forms, as for their efforts in voter registration on campus

University Announces New Fundraising Campaign

NICHOLAS COSCARELLI CO-SENIOR/POLITICS EDITOR

University President Grey Dimenna, Esq., announced the public launch of a campaign to raise \$15 million in private funding to support student scholarships at the University during a meeting of the Board of Trustees on Thursday, Oct. 25.

The goal of the campaign, Together We Can, is to raise \$15 million in gifts and pledges by June 30, 2019. The campaign has already made much progress toward reaching its goal. Current development stands at \$10.3 million, about 68 percent of the way to reaching the University's goal.

"Raising money to support student scholarship aid has been one of my top priorities as president of Monmouth, and it will certainly be an area of need for the University in the years to come," Dimenna writes in an email announcing the cam-

Dimenna continues, and explains that last year, the University provided more than \$66 million in institutional scholarship aid, which is 11 percent more than the previous year, and 99 percent more than a decade ago. "These may seem like daunting numbers, but we have found that even \$5,000 in scholarship aid can be the deciding factor in a student's choice of Monmouth over a peer institution. By way of reference, annual scholarships at Monmouth can be established with a commitment of \$1,000 per year over a five-year period," he writes.

"Most members of the Monmouth community are well aware of how expensive a private university experience can be for students, so many of our donors are stepping up with support for the Campaign so as to help Monmouth students address as much of their unmet financial need as is possible," said Jonathan Meer, Vice President for University Advancement.

Efforts by the campaign are to reach and exceed its \$15 million goal in order to accelerate the University's trajectory of academic excellence, in order to enable highly qualified students from economically, geographically, and culturally diverse backgrounds to apply and at-

munity. That obviously includes making organizations."

students, faculty, staff, Trustees, alumni, parents, and local businesses," he said.

Volunteers from the Cabinet are accompanying members of the Advancement Division on solicitation visits to those who are close to the University, and asking for commitments to support scholarships for students. 'Some donors are establishing new scholarships while others are adding to their existing scholarships," he said.

Nicholas Verzicco, a senior finance student, and a member of the Campaign's Cabinet, explained that his role as one of the student representatives is to bring attention to the importance of giving, and how students can get involved.

"Giving is essential to the survival of our institution. If students cannot come here, then we have no University," said Verzicco. "Many prospective students base their decisions on financial aid and an amount of \$1,500 could cause a student to go somewhere else. The ability to give the additional financial aid could really bring the amazing students who really want to go here but cannot afford it to Monmouth."

The Student-Alumni Association has also been in the process of planning fundraising events throughout the year in order to raise money for the Scholarship Campaign. "We are focusing on the student body and encouraging them to donate for this cause through events like Giving Tuesday, which is a day of giving after Thanksgiving and Black Friday," said Teniya Manu, a sophomore accounting student and Vice President of the Student-Alumni Association. "We are also encouraging alumni to donate to the scholarship fund and help out future hawks, along with parents of current Monmouth Hawks.'

The end-date of the Campaign, June 30, 2019, also happens to be Dimenna's announced retirement as the University's President. "Since President Dimenna has been such a wonderful champion of Monmouth's students in his tenure at the University and, in particular, since he became our President in February of 2017, a number of donors are making gifts in his honor," said Meer.

"As we strive toward our am-Meer explained that the Divibitious goal, I hope that you will sion of University Advancement consider making your own outis providing staffing support and right gift or multi-year pledge overall daily logistical manage- to support scholarships," says ment of the Campaign. "One Dimenna. "Every contribution, of our top priorities has been regardless of its size, will have to recruit a volunteer commit- a direct impact on our students, tee ("The Campaign Cabinet") and is a powerful signal of interthat is fully representative of the nal support to alumni, parents, breadth of the University com- friends as well as external grant-

TOGETHER WE CAN

THE CAMPAIGN for SCHOLARSHIP

PHOTO COURTESY of Monmouth University The new scholarship fundraising campaign will run until June 30 next year to help with financial aid for students.

Email Scam Sent to Students

SCAM cont. from pg. 1

find they are overseas, or they are spoofed e-mail addresses."

For students to protect their personal information, Layton recommends reporting any suspicious e-mails to campus police for them to investigate. He also encourages students to be diligent and look out for various red flags in the e-mail that would indicate the information is not truthful.

"If you Google the name and phone number used by the scammer, you find all the other reported frauds," Layton said. "If you examine the e-mails you exchange, you will find in many cases the grammar is so bad it could not be coming from a business person.'

In the past year, Monmouth University has been forced to deal with numerous instances of fraudulent e-mails being sent to students.

Jett Vernaci, a junior mathematics student, said that he had received an e-mail from an unknown address this summer, which claimed there was a mandatory meeting on campus he needed to attend. After responding to the e-mail, Vernaci said his student account was hacked and he was sent thousands of e-mails from spammers, telling him that his account was now blocked.

"I had to call the help desk and have them reset my passwords," Vernaci said. "I thought I lost my account."

Another student, sophomore music industry student Kristen Wilczewski, said she had not heard about the fraudulent emails being sent, but would keep a closer look out for any in the future. "I would report any suspicious e-mail and not open it, because it might have a virus,' she said.

According to Gil Eckert, a specialist professor in information technology, scammers gain access to e-mail systems by figuring out the structure of e-mails sent by specific organizations, such as the addresses of students whom they intend to send fraudulent messages to. Even if most of the e-mails are not delivered, Eckert said that it only takes a few victims to give scammers information that can be exploited.

'If the scammers have a student's social security number, they could use it in combination with name and address to try and obtain false identifications, such as a driver's license," Eckert said. "If they have a bank account they could forge documents to withdraw funds from the student's account."

As to whether or not prosecutors can bring criminal charges against the perpetrators of these crimes, it would first be required to identify the scammer through the server and find them. However, that type of action is usually only taken in cases of human trafficking or child exploitation, according to John Comiskey, an assistant professor of criminal

"Legally, is it possible for a prosecutor to do so? Yes,' Comiskey said. "But prosecution is a longshot, so my advice is for students to be vigilant for nefarious actors."

Comiskey also advised students to refrain from giving away personally identifiable information over an untrustworthy e-mail, which includes their name, address, and social security number. He pointed out that those types of scams tend to target people, like college students, who will be looking for jobs and are vulnerable to answering emails that claim to offer them.

"If something looks too good to be true, it is," Comiskey said.

To all Hawks Career Link users,

It has come to my attention that individuals, using various names, have emailed certain students and alumni to interest them in a job as a "virtual personal assistant" at a pay rate of \$20 per hour. The individual claims to have gotten the student's name from Monmouth University Career Services. I believe this to be a scam attempt, and the email should be ignored and deleted. MU Career Services will never release a student's name, email address or any contact information without the written consent of the student.

If you have any questions contact me at this email address or contact the Monmouth University Police department, Det. Jeff Layton, at jlayton@monmouth.edu.

Regards,

Will Hill Assistant Dean, Career Services Monmouth University hill@monmouth.edu

IMAGE TAKEN by The Outlook The e-mail sent from William Hill, Assistant Dean of Career Services, warning Hawks Career Link users about the scam on Oct. 1.

Parsons Hired as New Associate Vice President

ANTHONY ROSSICS STAFF WRITER

Wendy Parsons has been hired as the University's new Associate Vice President for Development in the Division of University Advancement after a stint at Saint Joseph's University.

Parsons said, "I'm thrilled to be joining the Monmouth advancement team and look forward to working with our leadership, faculty, alumni, parents and friends to achieve important new milestones in philanthropy for Monmouth."

The new Associate Vice President for Development will handle and oversee day-to-day supervisory responsibilities for the University's major and planned giving programs. In her new role, Parsons will lead the schoolbased directors of development, the planned giving program, and prospect management and research.

Parsons said, "My goal is to work with faculty, students, and University leaders to build rewarding partnerships with our alumni and to bring more and more alumni back to campus so they can see what the difference their philanthropy makes in the lives of our students today.'

"In the near future, our top fundraising priority is maximizing the dollars we raise for student scholarships. This should make Monmouth more affordable for many of our students," Parsons added.

"As we create more endowed scholarships and augment those we currently have, we will increase annual earnings earmarked for student support while simultaneously reducing the pressure on our colleagues in Enrollment Management who currently carry the burden of bringing in more than 94 percent," said Jonathan Meer, Vice President for University Advancement.

Meer said, "These are the pathways through which the majority of contributed (philanthropic) dollars come to the University. The new Associate Vice President will also ensure that the fundraising priorities of the Deans and their schools are vetted and ultimately

leadership team within advanceheads to coordinate funding pri-orities across academic units and nance student, "Her experience centers of excellence.

Parsons expressed that it is exciting to bridge communication between alumni and current students and extend to them new opportunities to help them succeed. "Whether its funding scholarships for students or providing support for students to do research with faculty or supporting particular academic programs, it's very fulfilling to see dreams of making an impact on our campus come true," said Parsons, while explaining her excitement with working with professionals that aim to help the campus community succeed.

"For several years, Monmouth had an Assistant Vice President in this role. That person, Keith Richardson, left Monmouth early in 2018 to accept a Vice Presidency at another University. When I arrived in March, I wanted to ensure that we would attract a highly re-



PHOTO COURTESY of Monmouth University

Wendy Parsons was named the Associate Vice President for Development in the Division of University Advancement.

would bring "best practices" in the Development field to the University. So, we upgraded the position and folded several existing fundraising-related positions under the auspices of the new role," said Meer.

"This hiring will bolster the University by increasing the funding for Monmouth's highest priorities. This year, as we conclude our Scholarship Campaign; 'Together We Can,' that means raising more scholarship dollars for our students and a larger endowment specifically restricted to student scholarships. In the future, that will mean funding for building needs, new and existing academic programs, faculty initiatives, athletics, and general operating support," said Meer.

"As Senior Class President As a member of the senior and a member of the Scholarship Campaign, I see Wendy Parsons' ment, Parsons will report directly addition to the team as a vital step to Meer and work closely with in the creating of a culture focused University deans and department on giving here at Monmouth," really adds value to the already strong leadership and I look forward to seeing her progress as she falls into her new role."

According to Meer, Parsons has proven herself to be a well-rounded fundraiser with experience ranging from St. Joseph's University, in a similar role as now, and Fox Chase Cancer Center. She received her undergraduate degree from Grinnell College and her master's degree from Stanford.

During her tenure at Saint Joseph's, Parsons managed the public phase of its \$150 million Faith to Dare Campaign and led the fundraising teams in major gifts, planned giving, parent giving, and corporate and foundation relations.

Parsons said, "I've had the great pleasure of working with alumni to fund new scholarships for students and to provide millions of spected fundraising leader who donors for financial aid which is ward."

vitally important for students today to achieve a high caliber, private higher education."

Her leadership was instrumental in the establishment of signature programs, growth in endowed and operating scholarship, and in the acquisition of the Maguire campus. Prior to Saint Joseph's, Parsons worked at Fox Chase Cancer Center for six years where she led their grateful patient fundraising program.

"I'm an optimistic person. I have found that optimism will take you very far in life and in your career," said Parsons. "I've also admired Albert Einstein's view on life, and I have one of his quotations here in my office at Monmouth: 'There are only two ways to live your life. One is as though nothing is a miracle. The other is as though everything is a miracle."

"The biggest result I expect to come from hiring Wendy Parsons is a raising of the bar of our fundraising program. In the fiscal year that ended on June 30, we raised \$9.2 million in gifts and pledges. That was more than 40 percent above what the University raised in the prior year," commented Meer.

"With Wendy Parsons here, I hope and believe we will take our fundraising program to another level, perhaps \$12-15 million this year. Our aspirations are to use that heightened level of performance as a springboard to even better results in the coming years," he continued.

Meer argues that the University is motivated to increase the academic and co-curricular experiences that our students have and to educate future alumni in our family.

Parsons said, "I'd like to make a difference here at Monmouth by doing my best and helping others to do their best so that together we can achieve important new milestones for Monmouth going for-

THE OUTLOOK

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Athletics at Monmouth

EDITORIAL STAFF

Athletics are a key element in what makes up every university's experience. Some colleges seem to be defined by or most known from one of their have attended games at Monmouth, they called athletic teams. For schools Monmouth have mainly the usage of the school's with less recognized athletic programs, each team arguably the University's still serves as an important piece in its students' Football and Men's Bastant piece in its students' careers in many different ways. *The Outlook* decided to explore our varying experiences with Monmouth Athletics.

be a key gateway to a post- the tendency of the play- important to Monmouth, graduation career. One ed- ers on the benches' cho- but most also agreed that itor, who has worked as a reographed celebrations there is a discrepancy in Communication Assistant saw Monmouth Men's the popularity and reprewith Athletics since their Basketball garner national sentation of the different junior year, said, "I have attention. This also cre- programs on campus. "I missed only two home ated buzz on campus and don't think that some of games this semester. Ev- led to higher attendance the smaller sporting teams ery game is exciting to go at home games. Another get as much recognition to and I am lucky to be a editor said, "I think as a even though they are just part of them."

reer in sports media began ronment." covering one of Monmouth's athletic programs is no different from other athletic teams comes down for *The Outlook* since his colleges across the count to the students, according first week on campus as a try in that it invests a lot to one editor. "I hear so freshman and continued it of resources into its ath- many people saying that

sport's schedule. "I probably attend at least one Monmouth sporting event is a marvel here and not knowl a week," she said. "Almany schools of our size for a though, it can be tough to can have something that body." attend games during my is comparable," an editor own season."

Many editors, however,

events are a huge part of the University culture and he said. bring people together," an editor said.

Those editors was a really fun time," also at the peak of the they said. Monmouth Bench craze." Above a

ty's athletic programs can mances on the court and students and Another editor inter- the basketball games the some of the larger teams ested in pursuing a ca- most. It's just a fun envi- on campus," an editor said.

> Monmouth "The new Kessler Stadium said.

have either never attend- home of the men's basketally have never been to a na, but that is what makes get.

Monmouth Athletics event, it so great. There isn't a but I know that sporting bad seat in the house. Fans can feel more connected,"

While another editor appreciates the quality of who the athletics facilities at made it out to what are resources into question. "I think that sometimes other buildings (on campus) are not prioritized for remodketball. "Men's Basketball eling since Athletics is a major component of the one editor said. "This was University's reputation,"

Above all, many of the For some students, interacting with their universination of strong perforics are both relevant to spectator I enjoy going to as good if not better than

The lack of school spirit University and pride in Monmouth's through his senior year. letic facilities. The Unithey wish Monmouth had versity has renovated or more school spirit, but of our editors' support remodeled multiple fields they don't realize that we, for Monmouth Athletics and stadiums in the last the students, have control does not stop at her own few years, including the over that," they said. "I football team's stadium. think if the sports teams were more relevant and acknowledged it would make for a closer-knit student

It is impossible to igone editor prefers the mouth's Athletic programs on campus. One resounded or have only been to a ball team, the OceanFirst ing opinion from The Outfew athletics events dur- Bank Center, the most. "In look's editors is that our ing their college career my opinion, it is a small school's sports teams deat Monmouth. "I person- collegiate basketball are- serve all the support they

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The Outlook provides the Monmouth University community with information concerning issues in and around the University while serving as a forum for expression of the ideas of its readers.

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The Lost Art of Thank You Cards

KIERSTEN BECHT STAFF WRITER

I've got a whole lot to be thankful for. I've never known anything but the feeling of being showered with love and support from the people I am lucky to call my family and friends. I've never been without a hot meal or a roof over my head, and for that I am eternally grateful.

So, how does one quantify or put into words how thankful they are?

I hear you groaning, thinking to yourself "She better not say what I think she's about to say." Oh you bet I'm going to say it: a thank you card.

I know, I know, I too groan at my own exclamation, as thank you cards are the bane of my existence. Nevertheless, I believe that the simple, yet tedious, task has the ability to brighten someone's day. It really is that easy.

Growing up, my mother was adamant about writing thank you cards. As much as I loved celebrating birthdays and holidays, nothing soured the mood like thinking of all the cards I would have to write. Oh, and let's not forget about all the hand cramps I would suffer through just to thank Aunt Gladys for the socks she knitted me.

Not only was my dear mother adamant about the cards, we handwrite them, none of

birthday party. Nope, true pen

wait to see them again so that these cards were a true work to paper cards detailing how I could thank them in person. of art, yet I just always saw thankful I was, how much I And if there was white space, them as a pain in my butt. couldn't wait to play with my like at the top or side of the Not once did I ever think

those fill in the blank cards socks, and then a dramatic further depicting my love and ated my cards. I always as-I received after almost every farewell about how I couldn't gratitude. Let me tell you, sumed that whoever received one likely tossed it in the trash after reading it. This however, was not the case.

One year at Christmas as I was making my rounds greeting aunts and uncles and dodging anyone with red lipstick that wanted to give me a kiss on the cheek; I was pulled aside by my great-aunt Joanne.

This woman, although she was family, was ice cold and bitter to the core. She held grudges from her childhood and one year even sent out a Christmas card to the whole family that read, "This has been the worst year of my life," to which she then wrote down all the horrible things that had ruined 2014 for her.

The unpleasant woman whom I had always managed to keep a distance from, softened before me, grabbed my hands, and told me that I wrote the most beautiful thank you card that she had ever received.

I was in shock, Aunt Joanne was saying something nice for once, and even more shocking, it was directed towards me!

As I stood there with my jaw on the ground, Aunt Joanne quickly resumed her role as evil great-aunt and told me to stop standing there like a fool and say thank you, and while I was at it, to fetch her some champagne. Even though it was only for a short moment, I sure learned the true power of thank you card.



PHOTO COURTESY of Lauren Olevnik

but she also insisted that Thank you cards are a great way to let someone know how much they mean to you. You might not think that it is a big deal, but it could mean the world to someone.

Living in Suburbia

MELISSA BADAMO CONTRIBUTING WRITER

While some people prefer the fast-paced city life, I'm one who prefers the quiet nature of suburbia. A step outside of my house means solitude.

I get to hear the chirping of birds rather than the disturbing sounds of traffic. I am fortunate that I live close enough to New York City to visit when I please, yet able New York City. I can explore to come back home and enjoy the breathtaking atmosphere the blissfully quiet life I was of Times Square, enjoy the meant to live.

is boring and lonely, but I would have to disagree. The quietness gives me time to fo- lights of the city and the beaucus on myself and collect my ty of every skyscraper, the thoughts.

the perfect opportunities for traffic reminds me of my evreading and writing in pure erlasting appreciation for the silence, giving me the inspira- peaceful suburbs. tion I need to grow as a writer.

The abundance of nature gives off relaxing, peaceful vibes. There is so much beauty in the simple things, and town offers. you have to be really lucky to see it.

The scenery outside my door has a way of boosting a certain type of creativity that can't be found anywhere else. I love waking up in the morning to the deer eating the grass and prancing along on my lawn. Living on a treelined street and seeing nothing but town resonates with me in a green can be mesmerizing.

In the fall, I have the luxury and vegetables, the freshly preciated in nature.

baked goods hot out of the oven, and the delicious homemade jams any time my heart desires.

In the winter, when the freshly fallen snow lays on the grass and the trees, it's like I'm looking at a painting. The tranquility and beauty that stems from the sparkling snow cannot be compared to the slushy streets of the city.

To get a fix of city life, all I have to do is spend a day in restaurants the city is known People argue that suburbia for, and even enjoy a Broadway show.

Although I enjoy the bright blaring car horns that come The reserved suburbs offer with the hustle and bustle of

> The animated city is the perfect place for visiting, but as soon as I return home, I can relish in the serenity that my

As much as I enjoy a day in the city, the coziness of my home surpasses the abundantly crowded streets.

In my eyes, the magic of the city fades when I stay there too long. It's a great place to visit, but not a place I'd want

The charm of a suburban way that no other area will.

I value space and solitude of going apple and pumpkin because it creates a healthy picking close to home. Living mind; we need to be free of ten minutes away from the lo- distractions sometimes, and cal farm has its perks; I get to the peaceful suburbia gives enjoy the freshly picked fruits me everything I've ever ap-

BURRITO

CAROLINE MATTISE

Which Mexican food chain builds the best burrito? The best bowl?

Tacos are out of the question. Those are for children, and my Dad. The man loves a good taco. Whenever we go to Chipotle, my mom and I order bowls and then my dad shows up at the register with a variety taco basket.

It all started with Moe's Southwest Grill. I would get burritos at Moe's every Monday with my friends as part of Moe Mondays. Plus you get free, unlimited chips! Who doesn't like free chips?

I am grateful for all of those nights at Moe's, but I have moved on. There are other Mexican style chains that have higher quality ingredients, but no free chips. That is ok, I will bring my own chips in my

Back to burritos. The first time I had Chipotle, I hated it. I hated the cilantro in the rice and I thought the chips were weird. Then I gave Chipotle another try. I was in love with it, but not with the burrito, with the bowl. You get so much more with the bowl and it costs about the same. Actually, you could ask for a tortilla on the side and made two good-sized burritos out of the bowl. I get both rice, both beans, veggies, chicken, corn salsa, cheese, and lettuce.

While I was still in high school, I would hear my classmates about this place called Pancheros. I had heard that they every order. And they do. If you

are getting a burrito they take a the place. I smiled from grin to then place it on the grill top. Everything tastes so fresh. There warm bundled burrito when you are hungry.

found Pancheros Monmouth. On the way back from a tennis match, my coach stopped at a Wawa that was next creates the best bowl, Pancheto a strip mall. At the end of the ro packs the best burrito, and mall there was a beacon of burrito light, Pancheros. I ran into chips.

nice ball of dough, press it, and grin after I got my little bundle of joy.

Around campus, I hear a lot is something about holding a of talk about Surf Taco. I have only been there once and was not impressed. Maybe it will be Unfortunately, I have not like Chipotle. I will go back one around day and they will become my new favorite. Until then.

So there you have it. Chipotle Moe's, well, they have good



PHOTO TAKEN by Caroline Mattise

fresh pressed their tortillas for I love getting my burritos from Pancheros and my bowls from Chipotle with my firefighter friend.

Former White House Counsel Discusses Trump and Nixon

RAY ROMANSKI CLUB & GREEK EDITOR

The University hosted John Dean, the White House Counsel during the Watergate scandal, and James D. Robenalt, Esq., a presidential historian and attorney, for a discussion comparing Presidents Richard Nixon and Donald Trump, on Monday, Oct. 29.

The discussion was held in Wilson Hall Auditorium as part of the H.R. Young and Stephen B. Siegel Endowed Lecture Series. An estimated 225 alumni, community members, students, and professors were registered for attendance.

Peter Reinhart, Esq., Director of the Real Estate Institute, is responsible for bringing these two men to campus. "This event is a follow up event from December 2015 when John Dean and Jim Robenalt first spoke on campus," Reinhart said. "I had met them in summer 2015 when I attended their Continuing Legal Education program. I was so fascinated by their presentation that I invited them to come to Monmouth."

'Their appearance is important to the Monmouth community for several reasons," continued Reinhart. "First, is the appearance of a living historical figure discussing very significant historic events in which he was a central figure. Second, the timing of the event is important given the fact that the midterm Congressional elections are just eight days away."

In their discussion, Dean and Robenalt compared leadership styles of Trump and Nixon. Dean found their leadership styles to be "strikingly authoritarian" and considers them to be "social dom-

inators." In U.S. history, he believes there have been four of these Commanders-in-Chief: Andrew Jackson, Woodrow Wilson, Richard Nixon, and Donald Trump. He explained these leaders, "oppose equality, have intimidating/bullying personalities, amoral, and crave personal power."

Another comparison the two noted is both Nixon's and Trump's attack on the media. Nixon famously said, "Never forget the press is the enemy. The establishment is the enemy. The professors are the enemy..." Similarly, Trump has also called out various media organizations for disparaging him.

Stephen Chapman, Ph.D., an assistant professor of political science, agrees with their comparison. "I think there are some parallels in terms of Nixon's and Trump's approach to the presidency in that they both saw aspects of the government as 'against' them and had a special disdain for the media," he said.

Robenalt and Dean also discussed the personalities of Trump and Nixon as "obsessed with enemies and critics," "hating to lose," and "loss-frame" minded.

Nixon was charged by the House of Representatives for obstruction of justice after refusing to release the infamous tapes, on July 27, 1974. Dean compared Nixon's obstruction of justice to that of Trump and said, "His firing of James Comey and his behavior in the Mueller investigation is pretty shocking."

"As counsel to the White House, I prepared a lengthy statement to the Senate Watergate Committee discussed. It creates a balance on and at the very end of it, I said, 'I thoughts and opinions."

may have been taped in one conversation with Nixon," said Dean. He explained that a single taping led to Alexander Butterfield, Deputy Assistant to Nixon, to confess Nixon taped everything. Dean said that he listened to over 1,000 recorded conversations with mention of the Watergate scandal.

Their discussion also included limits on presidential power. Chapman found the biggest Congressional limit against the Nixon Administration was the War Powers Act of 1973. "This was in response to the Gulf of Tonkin Resolution that gave [President Lyndon B. Johnson] the power to engage in armed conflict without Congress declaring war," he said.

'The War Powers Act limited the presidential military powers by requiring the president to inform Congress within 48 hours of dispersing military resources, including troops. The president is also limited under the law in that the military engagement cannot last beyond 60 days without Congressional approval," Chapman concluded.

Though several members attended the event, registration was required, which could have caused the lack of students present at the

Matt Kass, an Ocean Township resident and Monmouth community member, attended the event Monday night. "It was interesting going back into my memory of Watergate," said Kass. "I'm hoping to come to more of these lectures. However, it would be good to see more students come. It's important to hear these issues

NJ Senators Visit Monmouth

SENATORS cont. from pg. 1

in coming to Monmouth with Senator Booker, I put them in touch with Monmouth student Landon Myers to organize the logistics. I just think it's terrific that the students were able to hear from both the Republican and Democratic candidates for a United States Senate seat," said

Numerous students and members of the University attended the event on Monday. "Wilson Auditorium was completely full, we even opened up the curtains on the stage so students could sit back there," said Myers of the turnout. "The event with both Senator Booker and Senator Menendez could not have gone better."

"The atmosphere of the event was amazing and so many people were so excited to see the Senators speak," he continued. Myers also noted that with Congressman Pallone also present and speaking at the event, "all three of Monmouth's federal representatives were all together in one room," a historic incident for the Univer-

Booker spoke about criminal justice reform, economic inequality, and the opioid addition epidemic, among other issues affecting the United States. He also took the opportunity to campaign for Menendez and told the crowd, "I am going to support Bob Menendez not just because I like him or because he's my friend. But because I want someone who is going to go to washing every single day to fight to raise the minimum wage, fight for pre-existing condiuniversal preschool. To fight for the people who are still struggling for their American dream in this country.'

In a recent poll by the University's Polling Institute, Menendez holds a lead of between nine and 12 points. Patrick Murray, Director of the Institute, explained that Menendez's lead is largely due to the state's disapproval of President Donald Trump, who has 55 percent disapproval rate, according to the

"If these poll results hold, the first person Bob Menendez should thank in his election night victory speech is Donald Trump," Murray says in the published poll.

Both Menendez and Booker spoke of the president in their speeches, disapproving of much of his administration's actions, such as cutting government safety net programs, separating migrant children from their parents at the U.S.-Mexico border, and his character.

"This is what this election is about: creating a check and balance on this administration and everything that we care about," Menendez said in his address. "This election is about you and your future. What it looks like economically, in healthcare, in educational opportunities. In what world you will live in; that's what this election is about."

Regardless of their personal political ideology, Myers said that it is important for everyone to go vote next Tuesday, Nov. 6. "It was important to have this event as Election Day is only a week away, and I think having both Senators on campus really helped engage students and will hopefully make tions, fight for prenatal care and them more likely to vote," he said.

Trump Administration Seeks to Redefine Gender, LGBTQ+ Community Responds

NICOLE RIDDLE MANAGING/VIEWPOINTS/PHOTOGRAPHY EDITOR

The Trump administration is considering narrowly defining gender as a biological, immutable condition determined by genitalia at birth, according to a Department of Health and Human Services memo obtained by the New York Times on Sunday,

The department argues in this memo that government agencies need to implement an explicit and coherent definition of gender as determined, "on a biological basis that is clear, grounded in science, objective and administrable."

The proposed redefinition would determine gender as unchangeable and determined by the genitals that a person is born with, indistinguishable from one's biological sex.

If one were to dispute their gender, genetic testing would be required to prove that their claim corresponds to the newly defined

Some have criticized that these efforts to redefine gender conflates the classifications of sex and gender, and causes further confusion of the terms' meaning.

Corey Wrenn, Ph.D., a lecturer of sociology and gender studies, explained, "Sex refers to one's biological category. Gender refers to the social roles and cultural expectations that are assigned to people, often based on sex."

The previous administration

Obama lessened the restrictions education and health care, recognizing gender more as an individual's choice, rather than as an absolute factor determined by one's biological sex or genitalia.

After more than a year of discussions, health and human services is preparing to formally present the new definition to the end of the year, Trump administration officials say.

new definition can be approved and across government agencies.

Because the Title IX federal civil rights law bans gender discrimination in education programs that receive government financial assistance, redefining the legal concept of gender could pose threats to those who are transgender.

The new definition would essentially eradicate federal recognition of the estimated 1.4 million Americans who have opted to recognize themselves as a gender self-determination is undermined that does not reflect their biological sex...

The process of using genetic testing to prove one's gender has incited some criticism from individuals that have noted that gender identities that fall outside of the male and female dichotomy have existed for some time.

then-President Barack tions like India, North America, and Hawaii have had trans* idenon the legal concept of gender in tities way before the influence of federal programs, including in colonialism and imperialism," said senior social work student Chris Rapaglia.

"Third gender options comparable to non-binary identities were present throughout history and had a role in their community," she continued.

Furthermore, this criticism coalesces with the opposition of this Justice Department before the memo that comes from the community of intersex individuals. People that are intersex are those If the Justice Department de- that have ambiguous reproduccides that the change is legal, the tive or sexual anatomy that does not fit within the parameters of and enforced in Title IX statutes, male and female anatomy, according to Intersex Society of North America.

If the Department of Health chooses to institute genetic testing in order to verify one's gender, this scientific model may falter with the intersex population.

Rapaglia continued, "Folks who are neither male nor female in their own 'biology' are completely erased from this dialogue. And among both trans* and intersex identities- the right to privacy, for the sake of false science."

"One of the major ways that marginalized groups are disserviced is in being removed from the discourse," said Wrenn. "They are often patronized and excluded from deliberations, leaving more privileged groups to speak on their behalf. Without

table, there will be policy failure in outcome."

The potential backlash of this decision also brings to light a dimension of gender's utility within the larger society. With the permanent adoption of this new definition, some argue that it will perpetuate other types of oppres-

rationale in the upholding of hierarchies of worth and also determines how resources and opgender remains as a valid category, we will always have inequality," Wrenn explained.

"This in no way is to negate our own lived experiences with gender, but only to suggest that, in the future, moving away from strict interpretations of this category is bound to relieve all people, regardless of identity, of significant suffering (cis-gender males included)," she said.

Under the current administration, officials from the Department of Health and Human Services have contended that the term "sex" was never intended to include gender identity or homosexuality, and that this lack of clarity allowed the Obama administration to wrongfully extend civil rights protections to lesbian, gay, bisexual, transgender, or queer people.

This recent decision is causing "Indigenous cultures and na- diversity at the decision-making dividuals across the country, es- sex stereotypes."

pecially with the creation of the hashtag "#WeWontBeErased" in opposition to the memo.

Junior social work student Jesse Denniston-Lee also weighed on the issue, acknowledging the importance of allyship in this time of difficulty for the LG-BTQ+ community.

"It is important for allies of "This distinction is used as a LGBTQ+ community to support their trans, non-binary, and gender non-conforming friends at a time where the larger society portunities are distributed. In my wants to phase them out for beprofessional opinion, so long as ing who they are," Denniston-Lee said.

"Ultimately, the effects of this decision is a matter of life and death for some people. Therefore, it is important to use our privilege a young people to get politically involved and advocate for people who need it most."

Departments like the Department of Education would have to decide what documentation schools would be required to collect to determine or codify gender. Title IX applies to a number of educational experiences, like sports and single-sex classes or programs, where gender identity has influence in classification of students. The department has said it will continue to open cases where transgender students face discrimination, bullying and harassment, and investigate genderbased harassment as "unwelcome conduct based on a student's sex" major criticism from transgender or "harassing conduct based on and gender non-conforming in- a student's failure to conform to

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Friday, November 16, 2018 8:00am - 4:30pm

400 Cedar Avenue West Long Branch, NJ 07764

KEYNOTE SPEAKER

S. Kent Butler, Ph.D., LPC, NCC, NCSC

Associate Professor, University of Central Florida

2016 American Counseling Association Fellow

University of Central Florida Faculty Fellow for Inclusive Excellence

Link to conference website and registration: https://www.monmouth.edu/department-of-professional-counseling/conference/

5.5 Continuing Education hours will be provided.

For questions contact:
Lisa Himelman, *Professional Development Coordinator*732-923-4572 | <u>lhimelma@monmouth.edu</u>
OR

Alexandra Evangelista, *Professional Development Assistant* aevangel@monmouth.edu

Conference Fees:

(Includes Continental Breakfast, Lunch, & CE Certificate) \$125 for Professionals

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Professionals - \$375 for 4 attendees MU Graduate Students - \$90 for 3 attendees



Monmouth University Department of Professional Counseling has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 4242. Programs that do not qualify for NBCC credit are clearly identified. Monmouth University Department of Professional Counseling is solely responsible for all aspects of the programs.

If a participant would like to express a concern about his/her experience with Monmouth University Department of Professional Counseling, he/she may call or email Jessica Burkholder at 732-571-3570 or jburkhol@monmouth.edu. Although we do not guarantee a particular outcome, the participant can expect us to consider the complaint, make any necessary decisions and communicate with the participant within one week.

Must Have Items: Backpack Edition

CHLOE BARONE

Let's be honest most of the fall semester are cluthinder more than help us. After items accumulating in our bags, not all of them will be the essentials.

Well, it's time to change

think ahead of the game.

keep reading.

Item one is a reusable wa-

because it not only saves

PHOTO TAKEN by Cassandra Capozzi-Smith When looking to be prepared, it is important to make sure your backpack has all the essentials that you may need for the day.

to be organized and always easy to keep refilling it.

our backpacks halfway into and choose what will help you survive long school tered, bottomless pits that days, so if you feel like you need a pre-curated list,

ter bottle.

Emphasis on the reusable

If you are someone who pler, carry your own. It's hard to begin to pick has back to back classes, it is important to stay hydrated.

> Plus, stopping to fill up with water is quick and easy thanks to the filtered water machines at Monmouth.

> Item two is a phone and laptop charger.

As college students, most of us are on the phone or computer 24/7, which can drain the battery quickly.

If you use your computer during your classes, you Erica Barbara, junior com- Mary Harris, Specialist want to make sure you can munication student, said Professor of communicastill access all the needed files and documents.

Anthony Rossics, a senior communications student pinch." said, "I always make sure to keep a phone charger on me so I can be prepared for the day."

Not only is it important for having your daily dose of texting and social media but it can also allow you to keep track of time.

A charger can come to the up snack. rescue when your computer dies and you need to e-mail or print an important assignment.

Just think, if you start to carry around chargers, you can potentially help someone else who may be in a nient ATM on campus too. sticky situation.

Item three is a stapler.

Carrying a mini stapler seem essential, you can just use the one in the Student Center, right?

To avoid going on a hunt

on a hunt to refill the sta- can be a dark maze.

have an assignment stapled time, if you forget, there alone. will be no stapler on hand to save you.

Staples, Five Below, or rin, and peroxide. even Marshalls.

could save you in a pinch.

Item four is extra money. one of her must-have items is some extra cash, "just in case you find yourself in a

No matter if you are a student, physical cash is important to keep on you.

If you are having a bad day, use that cash to treat yourself to a quick treat.

Use extra cash when you need a drink, or a pick me pens, pencils, highlight-

Keeping extra cash can also come in handy if you need to fill your car up with pens and pencils at the dollar gas, or if you would like to tip a server at a local restaurant.

Don't forget the conve-Item five is a mini flash-

This item may be overin your backpack may not board to some people, but safety is something to always take into consider- education.

For those students that key to success. for the stapler in the Stu- brave night classes, walk-

In college, it is imperative the environment, but it is dent Center, and then going ing through the parking lot

Having a mini flashlight Most of the time your with you can provide some professor will specify to comfort if you can't find where you parked, or even when you beforehand, and most of the are walking through campus

Item six is a mini first aid kit. In a small pouch that you You can find mini sta- have lying around grab plers in the Dollar Store, some band-aids, Neospo-

You never know when It may sound silly but it you are going to get hurt, or when someone else around you will have a fall.

tion said, "I always carry a mini emergency kit in my bag that includes, antiseptic wipes, band-aids, safety pins, little scissors, and commuter or an on-campus other helpful items to have on hand.

Safety trumps all.

Finally, a pencil pouch. No matter how heavy it gets, keep filling your pen-

cil pouch with brand new ers, binder clips, and paper

A helpful tip is to buy your store, where you can stock up on quality writing utensils for a small price.

You can never have too many school supply items. It is better to be over prepared rather than under prepared.

The most important part of being a college student is

Showing up prepared is

Happy packing.

Are You Living the Best Life?

SHANNON OSWALD

Monmouth University is unique in the sense that you have the opportunity to live on-campus or off-campus.

A common trend is that many freshmen live oncampus to get a feel for college and to meet people; while students progress in their college years, many find themselves moving you have met.

iors have experienced on-campus living. both sides of living. Similar to most things in life, there are pros and cons to each. Something that many students notice is that their peers spend two years offcampus and two years on.

Living on-campus as a freshman is a great decision that new students make.

Elmwood Although Hall is not the most glorious building, students find themselves making an abundance of friends throughout the building.

From living next door, to bonding over the obscene heat of September, it could be easy to make new friends.

By just keeping your door open you can meet so many people which ultimately contributes to your college experience. It sounds cliche, but it works. with many pros such as the dining hall.

Living on-campus means you are required to have a meal plan. Having a meal plan is something that students that have moved offcampus probably took for all you have to do is leave 10granted up. It has such a variety of options and it is convenient for on-campus students.

Walking into the dining off-campus with friends hall or student center to grab food in between classes is Many juniors and se- the most convenient factor of

Living on-campus comes on-campus living is walk- "my favorite part of living Monmouth University, park- nient everything was. ing causes off-campus stu- My classes, the dining dents problems because it hall, the gym, and the liseems as if there is never brary were all in walking enough spots.

When living on-campus, 15 minutes before class and nient, you still have to share you'll still be on time, not a room with others, which is having to worry about finding a parking spot.

Everything you need onto have.

Brielle Kough, a junior Another convenience of psychology student said that that this change provides.

ing to your classes. At on-campus was how conve-

distance of my room."

Although living on-campus is extremely convenot a lifestyle that everyone looks forward to.

campus is within walking vides a lot more responsibildistance, what a great perk ity. Paying rent, keeping up housing. with bills, and cooking are only a few of the obstacles

Driving to class is one of the most drastic changes because although many students that are off-campus live close by, you need to make sure you leave enough time to battle the parking lots.

It is definitely an adjustment especially for early classes having to wake up much earlier than usual.

Cooking is also a big Living off-campus pro- difference between oncampus and off-campus

Now instead of walking right to the dining hall. you are forced to go to the grocery store and cook for yourself.

For some people, this might be better than the dining hall, but for others, it serves as a challenge.

Abbie Urbanak, a junior marine biology student stated that "living offcampus can make you realize how much responsibility living on your own

Urbanak admitted, "I never realized how much my mom helped me with until I moved into my house this year."

Both living off-campus and on-campus come with unique challenges and perks.

Once you find what's fitting for you, college can continue to be a great experience.



PHOTO TAKEN by Cassandr Capozzi-Smith Living on-campus and off-campus are two dramatic changes that offer a great college experience. Find what works for you and run with it. Try to take advantage of living on your own while in college.

Michael Myers Returns for Another Halloween

KAYLA CUBILLOS

reality of them, but I suppress it with harsh criticism and choices. insensitive and poorly timed

In spirit of doing "fun" fall things, I ventured to the theater to scare myself into a sleepless

night.

I binged the first three Halloween movies over the used. "Halloweekend" and was Th to be sequel to the original, completely disregarding its other predecessors.

Director David Gordon to have lost all of her sanity.

Even all these decades later, Lauri as she battles against the threat of Michael Meyers.

The slasher is institutionalized of over 50 psychiatrists and killer.

o u t

find clarity in the case from eons ago that still has everyone talking.

Unfortunately, their efforts end I hate horror movies. I fear the up taunting Myers into making what is considered, poor life

In this spooktacular film, there are a plethora of comedic scenes that lighten the mood and let your guard down. Ultimately, it's a great way to add more 'scare' to jump scares, because the viewer is so vulnerable with the humor

Throughout, we see situations disappointed to find out that where Myers is probably clueless the latest flick was going as to how to react, such as when a ten-year-old boy named Julian offers to sacrifice his babysitter's boyfriend to save her life.

Once Julian realizes that neither Green invites us 40 years after of them could be saved, he runs classic, where Lauri Strode, police, rather than sticking around played Jamie Lee Curtis, seems to find out if either of them had survived.

We see something like this the trauma from that terrifying again when a teenage boy Halloween night still resides in drunkenly converses with Meyers about a rough night he is having, because he thinks the man in a creepy white mask and jumpsuit and has captured the attention is his neighbor and not a serial

Meyers at first attempts to find Two foreign reporters hope to a peaceful solution, but for a few

four r

Halloween Slashes



PHOTO TAKEN from Debate

John Carpenter's frightening out of his house and calls the The latest Halloween has grossed an impressive \$126.7 million in a little over two weeks.

moments we assume that because the horror of the movie. it is so out of the ordinary, the killer must be confused.

After a bus containing Meyers and other patients' crashes, we run into a dancing teenager and his father who have absolutely no idea of the events that have transpired.

After this, the run-ins we have with Meyers escalates.

Meyers goes after the two reporters who have stolen his mask and taunted him with it.

Here, we are introduced to the gore that is unlike anything we saw in the original *Halloween* movies.

In the gas station bathroom where Meyers follows the reporters, heads are smashed against walls and victims are beaten to death.

We do not see the typical knife stabbings we're accustomed to, but we do see chokeholds so intense that feet leave the floor.

The addition of the gore adds to find her.

In the originals, we saw some blood, but with advanced technology and cosmetology, the blood and violence are amped up.

Even though the slasher consistently brings a knife to a gun fight, he manages to come out victorious after gruesomely attacking and murdering his opponents.

I was surprised by how rebellious Laurie was.

We always picture the protagonist of a horror movie to be quick thinking but ultimately slip up and endanger themselves and others.

On the other hand, Laurie did everything in her power to protect

herself and the people she loved.

Laurie built an armory in her basement, safe from an apocalypse and unexposed to the naked eye, which was always ready for the day Michael would

It was a constant fear of her being both predator and prey.

The motive behind Myers being so obsessed with her is because she challenged him unlike the rest of his victims.

After watching Halloween, it is safe to assume that I am still scared of horror movies and probably always will be.

The original *Halloween* was creepy and perhaps even a little scary, but the 2018 version is creepier, gorier, and has a scare

factor I was not prepared for.

Being a college student, I will always sleep when I can, no matter how petrified I am of

However, I will admit that after seeing the film, I made sure I was always with someone, since odds are, they would be snatched before me.

Always remember, no matter how fast you run, Myers can walk faster.

What Makes a Great Scary Movie?

DANIELLE McCLELLAND

Tis the season for Halloween! Whether you are trick-ortreating with the young ones, barhopping, or contemplating the reasonable amount of money to spend on a costume, the holiday calls for some festivity.

Like myself, we might be reminded of the time that kid in our third-grade class wore a Jason mask to the Halloween parade and scared the whole

Looking back, that kid had the horror film genre.

Classic horror films such as newly released *Halloween*. Halloween and Scream have remakes made over the years along with modern adaptations.

Cult classics such as The Castle. Shining and Children of the Corn approach horror from a Myers, a disturbed man who is different perspective, with less out to murder the majority of his of a focus on blatant murder bloodline every Halloween. and more on the psychological Settings and themes of the fears of abandonment or being original include psychiatric lost in a foreign environment.

and uncanny themes, with films such as *Rocky Horror* of Horrors, including guest dark shadows, and the classic appearances by large piranhas horror film is born. and crossdressers.

sequels such as Carrie and the John Morano mentioned his



PHOTO TAKEN from Dazed

quite an early appreciation for It takes more than gore to provide thrills and chills. Flicks like Scream are a testament to this.

There are eleven Halloween stood the test of time, having flicks, with the first one premiering in 1978, starring Jamie Lee Curtis and Nick

The films around Michael

centers, the ambiguous mask of Even the theater genre has Myers, and murder-victims in dabbled in the art of ghoulish an array of scenarios filled with suspense.

Combine these themes with Picture Show or Little Shop a terrifying musical score and

A handful of horror films elements make a great horror current horror film production have had multiple remakes or film. Professor of Journalism could be the concept of shock-

personal elements for a good horror film.

"I like horror films that are plausible [and] look fairly realistic. I need a well told story. I prefer suspense and tension to flat-out shock, but recognize the need for all three," Morano said.

"Strong production values. coupled with adroit direction and good acting usually are part of a winning formula. I think the best horror films are made to be outstanding films, as opposed to just a scream fest," he concluded.

If a horror film can stand on its own and still scare an audience regardless of release date, it should be considered Of course, many more a classic. A possible flaw in

advancements and lack of concepts today, it is often found that films are recreated or plots are recycled.

If anything, it should not just be a great scary film, but a great ocean on hot summer days. film in general.

A flick that brings a new element to the table or offers a fresh twist on something done before.

Nowadays there are many teen horror films that you would take someone on a date for and probably laugh, not replay in your room during the fall season.

Although this calls for great debate depending on the viewer, Jaws can be considered a classic horror film.

Since its release in 1975, Jaws has been a staple for many at all costs.

moviegoers, with a daunting instrumental that has left its bite mark on western culture

Chad Dell, Ph.D., an associate professor in the department of communication, considers Jaws a favorite of his.

"A good horror film will keep the villain or threat off screen as much as possible. One of my favorite classics is Jaws, and the shark was a threat through much of the film, but was only seen fleetingly, which made it all the more frightening."

Dell continued with, "We have to use our imagination, which is usually much worse than the real thing."

Whether you look at the film With all of the technological with an expression of disinterest or genuine fear, it is difficult to deny its legacy.

Shortly after the film premiered in theaters, people were afraid of swimming in the

To instill that kind of fear with a fictitious storyline? That is what I call an impact!

Therefore, whether you are belting out "Suddenly Seymour" in the privacy of your own home or peeking through your fingers as you watch *The Grudge* for the twentieth time, horror films are unavoidable this time of year.

Moreover, if modern horror productions want to make another classic, they better hide their captivating villain and make us avoid simple pleasures such as swimming in the ocean



The Wonder Years

Put on a Spooktacular Show 🤇

RAY ROMANSKI CLUB & GREEK EDITOR

They're back! The Wonder Years returned to the Starland Ballroom in Sayreville, New Jersey last Friday night for their Occasionally Annual Halloween Extravaganza, and brought costumes of esteemed musialong bands Have Mercy, Oso cians. Oso, and Shortly.

This concert featured a cosprize being a 2019 season pass.

I was dressed in all red, complete with an absurd pepper hat and told people I was a member of the Red Hot Chili Peppers.

in the crowd, I thought my costenor very nicely, and the crowd tume was clever, but alas, the erupted in applause following winner was Quailman from the each song. TV show Doug.

while others had very impressive makeup done, his victory was a sour robbery.

The fans weren't the only people dressed up for Halloween, so were the bands!

Each band had a cover set and

Shortly began the show dressed as My Chemical Rotume contest with the grand mance, in black formal wear and red neckties. They performed classics such as "Teenagers," "I'm Not Okay (I Promise)," and "Famous Last Words."

The female lead singer's voice Among the ghouls and ghosts complemented Gerard Way's

However, once Shortly played Considering he wore a card-their original material, the trou-

board box and tightie-whities, ble began: technical difficulties facial tattoos. They only did two by "Under Pressure," with a boards led to communal boredom among the concertgoers.

stage portraying Fall Out Boy, another pop-punk heavyweight.

The lead singer resembled Patrick Stump with his puffy vest, pillbox hat, and faux sideburns.

The bassist adorned black eyeliner and nail polish strikingly emulated Pete Wentz.

They played FOB classics such as "Dance, Dance" and "Sugar, We're Going Down." Their set was greeted with much crowd interest and involvement.

Up next came Have Mercy, who covered rapper Post Malone.

All the members wore Sharpie on their faces to mimic Malone's

with microphones and pedal Malone songs; "White Iverson," and "Go Flex."

The rest of the bands were Then, Oso Oso hopped on in the spirit of Halloween by playing five or so songs from their chosen artist, but not these

> They complained about the Sharpie on their face and the trouble to cover these songs.

Their renditions sounded clunky, rushed, and not cohesive. Perhaps it's because the songs and artist are of two diflack of enthusiasm.

The rest of their set featured excessive stage banter, hecklers, and pleas to be bought drinks. I was glad when they left the stage.

And lastly, The Wonder Years chose a risky band to cover: Queen.

The crowd watched as the three guitarists (all dressed as Brian May with hilarious black wigs), a Roger Taylor imitator take the drum set, and John Deacon lookalike took the

And the question that bounced around the crowd: Where's Dan Campbell and how is he going to emulate Freddie Mercury?

Out he emerged.

The massive beard was shaved down to Mercury's iconic mustache and the flannel was replaced with a white tank top.

He looked just like Mercury at Live Aid 1986, complete down to the vintage Adidas sneakers the spirit of rock and roll; youthand studded armband.

They opened with "Don't Stop Me Now," then "Another One Bites the Dust," followed

roadie donning David Bowie's Ziggy Stardust lightning bolt face paint.

Then, Dan (Freddie) brought out the Souderton High School Choir onstage where the band and choir performed "We Will Rock You."

The crowd was hysterical. To finish off their Queen set, the band, choir, and every fan in the building screamed "Bohemian Rhapsody."

The view from the second ferent genres, or maybe it was a row from the barricade was a spectacle to behold.

To conclude their tribute set, Dan said very poignantly, "Happy Halloween everyone!"

After a small intermission, wardrobe change, and that disgrace of a costume contest, they returned and opened with a

brand new song, "Sister Cities."
From there, it was a hefty setlist of fan favorites including "Local man Ruins Everything" and "Cigarettes and Saints."

Their encore (and what an encore it was!) consisted of two songs, "Passing Through a Screen Door" and their biggest hit, "Came Out Swinging."

Throughout the show, the energy was contagious.

The crowd pushed and shoved and shouted like their lives depended on it.

And before I knew it, the concert was over. It was time to be myself again.

The Halloween spirit is also ful, bright, and sharable. When vou combine the two, neither are going away anytime soon.

Happy Halloween everyone!



The Wonder Years dressed up as Queen and covered their songs at the Starland Ballroom last week.

MARK MARRONE ENTERTAINMENT EDITOR

Grab a shovel and a big enough body bag for your red like Moviepass is knocking on ownership in Moviepass. death's door.

Moviepass is the popular spooky, check out I movie subscription service price and financials. that used to let subscribers see

After a year of such a great last August that it would limit subscribers to three movies per month and would select plummeted by over 99 percent. the features moviegoers were allowed to see.

may not see any movies on future.

Helios and Matheson Analytics Inc. (ticker: HMNY), the parent company of Moviepass, announced on Oct. HMNY to sink this low. 24 that they will spin off the dumpster fire disaster.

company who has helped provide funds for Moviepass' As Moviepass amassed operations, has decided to cut a staggering three million

When a company spins off one of their subsidiaries, it means that the subsidiary will be traded separately as its own stock.

When Moviepass is allowed to be traded on a market, the unfortunate shareholders of

(O)

small stake of the new stock.

For example, when Moviepass goes on its own, shareholders will hold a majority of say 90 percent in HMNY and the remaining debit card, because it looks ten percent will be designated to

If you want to see something spooky, check out HMNY's stock

Currently, HMNY trades on one movie a day for only \$10 a the NASDAQ stock exchange for about two cents.

Before they acquired Moviepass deal, the company announced on Aug. 15, 2017, HMNY traded for \$672.5 back on Aug. 11, 017. For investors, the stock has

It's clear HMNY have burned lowed to see. through money with their Now it looks subscribers ownership of Moviepass.

The company reported losses of Moviepass' dime in the near close to \$105 million on June 30 and can't afford to lose anymore (as if it weren't enough at \$1 or 2 million).

A number of factors have driven

A big reason is how Moviepass CEO Mitch Lowe never had a Essentially, HMNY, the backup plan for the inevitable time when popcorn would hit the fan.

> subscribers in a year, Lowe never changed the company's policies until circumstances got extremely

Things got so bad that the company had a lot of "technical difficulties" for a week to deter subscribers from using the service so they could pay a \$6.2 million HMNY will also earn some emergency loan by Aug. 2 (which

they did, somehow).

Since the scare of the emergency loan, "technical difficulties," and the moment when Lowe actually decided to look at the company's balance sheet, the CEO has made a different change to Moviepass every other day or week.

In Aug., the subscription plan seemed to change at the blink of

At one moment, Lowe announced subscribers could see any movie they want to, but only three per month.

Then, the CEO came back days later and told subscribers that he would pick the movies they could

If Lowe had a backup plan ahead of this disaster, maybe the service could've survived longer. For example, Lowe could've said, "at one million subscribers, we will raise the price to \$15, then limit subscribers to any three movies a

However, Lowe never planned accordingly and his company has one foot in the grave.

While Lowe scrambled to create a fallback, competitors like AMC and Sinemia have rolled out their own movie watching plans.

AMC announced their Stubs A-List service in July and has since gained 325,000 subscribers. The subscription allows members to see three movies a week at an AMC theater for a monthly price

Meanwhile, Sinemia released the same deal as Moviepass in

CEO Rıfat Oğuz has said he has seen a spike in subscribers and claims their plan has a more sustainable business model.

As the other services flourish, how long will Moviepass last on

According to finance professor Andreas Christofi, Ph.D., not very

Christofi said, "They were outfoxed by a more innovative subscription model and it will be hard to regain lost subscribers to competitors."

The exact time for Moviepass' aemis ISH t determined but Christofi mentioned, "for survive for theatergoers.



the moment, they are eating HMNY's lunch."

Although Sinemia and AMC are growing, Christofi saw a different side to the popcorn

"However, investors who lost money on HMNY will have a bitter taste in their mouths for this kind of investment and that might make financing tough for the whole industry," Christofi concluded.

HMNY has left Moviepass for dead, but hopefully the competitors who are slashing yet, the prices of movie tickets will

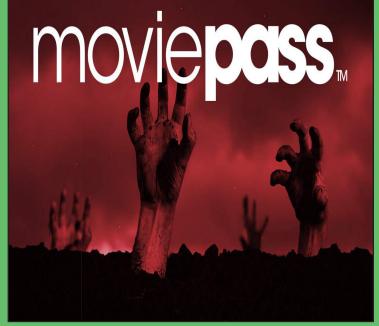


PHOTO TAKEN from Slick De Sept., but at \$30 a month. Sinemia Moviepass is headed for the grave because HMNY will spin it off.





LEFT:

GAMMA BETA CHAPTER **UNDERGRADUATES AND** ALUMNI WEARING PINK IN HONOR OF BREAST CANCER AWARENESS MONTH. PHOTO COURTESY OF: CUS GAMMA BETA



RIGHT:

MEMBERS OF THE PSYCHOLOGY CLUB PARTAKING IN THE SPOOKY FESTIVITIES AT THE TRUNK OR TREAT EVENT ON SUNDAY.

PHOTO COURTESY OF: MONMOUTH PSYCHOLOGY **CLUB**







LEFT:

STUDENT ACTIVITIES BOARD MEMBERS AND VOLUNTEERS POSING AFTER THE WILSON HALL HAUNTED TOUR, CALLED "THE PURGE." PHOTO COURTESY OF: STUDENT ACTIVITIES BOARD



RIGHT:

LOCAL BAND NEW ALONE PERFORMING AT THE WMCX STUDIO THIS PAST SUNDAY NIGHT. PHOTO COURTESY OF: **WMCX**





Don't see your picture this week?

Check back in next week's issue for more Monmouth students' photos!



What is your favorite Halloween movie?

COMPILED BY: NICOLE RIDDLE



Sonia Dadlani Senior

"I remember watching Hocus Pocus all the time."



Prem Patel Freshman "Friday the 13th."



Olivia Lipp Senior "Beetlejuice."



Bruce Wilson Senior

"I would say *Casper* the movie would be one of my favorites, I remember watching that when I was little."



Jennifer Shamrock, Ph.D. **Lecturer of Humanities and Social Science** "Of course the classic Nightmare Before Christmas."



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What Happened? Assessing the 2018 Midterm Elections

Join us for a Q&A with **FiveThirtyEight's Clare Malone** to break down the 2018 midterm results and look ahead to what it all means for 2020



Clare Malone is a senior political writer at FiveThirtyEight and a panelist on the FiveThirtyEight Politics podcast. Her writing has appeared in The New Yorker, The New York Times, Harper's and The American Prospect.



Patrick Murray is the Monmouth University Polling Institute's director. He frequently appears as a commentator on polling and politics for regional and national outlets such as CNN, MSNBC, and Fox News. Thursday, November 8, 2018

11:40 am - 1:00 pm

Wilson Auditorium

This <u>free event</u> is open to the public.

Sponsored by the Monmouth University Polling Institute, Political Science Club, Department of Communication, and Wayne D. McMurray School of Humanities and Social Sciences.

MONMOUTH UNIVERSITY

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Greek Life Suspended Indefinitely, No Deadline for Proposal

RAYMOND ROMANSKI CLUB AND GREEK EDITOR

The Greek Life Suspension enacted by administrators will continue indefinitely.

This suspension was announced via an email from President Grey Dimenna, Esq. on Sept. 6, following a variety of problems within the Greek community, including low academic performance, hazing allegations, and two fraternities being closed by the Uni-

President Dimenna and Vice President for Student Life and Leadership Engagement Mary Anne Nagy decided to let the Greek community take control of the reigns by submitting a proposal that would offer "suswithin the current operations.

A rough draft was required was slated for Oct. 15. However, there was no draft submitted by Aug. 20 which sparked the initial suspension.

There is now no deadline for the Greeks to submit a proposal.

yet, neither has the President," said Nagy. "I think that's fine; I want them to take a deep serious look at the root causes of these issues. If it takes a little longer to really make a good report, we'd rather have it right than have it rushed."

The three student-run leadership councils overseeing the Greek community are the Inter-Fraternity, Panhellenic, and Greek Senate Councils. They work in conjunction with the University to govern about 750 students currently involved in Greek life.

The heads of the Inter-Fraternity Council, Panhellenic Council, and Greek Senate all declined to comment. They also declined to comment in the tained and meaningful" reform original story published by The Outlook on Sept. 12.

Nagy has helped the comby Aug. 15 and the final draft munity by offering to bring a 'consultant' to campus to facilitate discussion about the root issues that need change. Presidents and Vice Presidents of individual organizations and the leadership councils alike met with David Westol, owner

"I have not seen a proposal of Limberlost Consulting, Inc. on Sunday Oct. 21. There, they dissected the current issues with the Monmouth University Greek system. Westol was paid for by the Office of Student Activities.

> "When you go to the doctor, the doctor doesn't just treat your cough, right?" asked Nagy. "The doctor tries to understand why you're coughing. It's easier to get to the root of the probelm when somebody comes from the outside, neutral third party is trying to help facilitate thinking differently."

The spring 2018 semester was a notoriously problematic one for the Greek members. Tau Kappa Epsilon was shut down following the death of a member. Alpha Kappa Psi, a co-ed business fraternity, was shut down for severe hazing allegations. Academics fell sharply, with only seven of the University's sixteen recognized organizations exceeding the University GPA of 3.19.

Monmouth University is not the only college dealing with Greek suspension. In 2017, six universities across the nation shut down their Greek systems ing lot prior to the game with following similar problems of hazing, substance abuse, poor academics, and student deaths.

community at Monmouth has was very pleased to see how respected the rules of the im- responsible and respectful plemented suspension. "I have not had any major breaches of the suspension," she said. still had a good time and "We've had a couple of questions raised about some organizations potentially doing some main the same; all non-'recruiting' that we have addressed. All of the recognized organizations have to the best prohibited until further noof my knowledge followed up tice. and respected the suspension can request to host an educawhich speaks quite positively."

There are rumors circulating that a handful of Greek organizations are 'underground- Activities. There, Vice Presiing' new members, or educat- dent Nagy will approve on a ing them without regulation or case-by-case basis. permission by the University. This can lead to the chapter los- with the leadership councils ing their charter and possible and Greek Senate have been expulsion of members. The very positive," concluded Outlook was not able to verify Nagy. "I know they are workthese claims, but is investigat- ing to put together something ing this topic.

Oct. 21 saw many Greek orga- to emphasize again, there's no nizations tailgating in the park- rush, no deadline."

obscene amounts of alcohol. However, Nagy commented afterwards in an email di-Nagy has found the Greek rected to Greek leaders, "I you all were of the suspension limitations while you stayed safe.'

> The suspension rules reeducational, social, philanthropic activities are But, an organization tional activity or "vital chapter business for their continuance" to the Office of Student

"I think my conversations we can review. We look for-The Homecoming game on ward to receiving it but I want

TRUNK-OR-TREATING

ANNA MAIDA CONTRIBUTING WRITER

hosted their 4th annual Trunkor-Treat, on Sunday, Oct. 28.

This event started in 2015, as a way for The University to reach local families engaged with the campus community.

The event was held in Parking Lot 16, outside of the Jules L. Plangere Center. This event features various clubs and organizations to participate in a family friendly community event where they host a "trunk" and give out candy. This event was free and open to the public.

Katherine Browna, Coordiship, oversaw the event. "We had over 300 Monmouth students/employees participated to host those trunks, over 1000 community members came over the course of the 2 hours," said

The First Year Service Project, which is an organization out of the Office of Transition The First Year Service Project and Leadership Programs that works to provide community service opportunities and community engagement through on and off-campus service events," Browna continued.

Many families from neighboring communities come to Monmouth for this event. David Aroscera, a resident of Long Branch, has brought his family here for the second year in a row. "I think this is a really great event the University offers," said Aroscera. "It's safe, fun, and my kids love it."

Forty seven clubs, organizanator of Transition and Leader- tions, and academic departments were present with decorated trunks and tables. The Halloween decorations contributed to the family friendly and autumnal atmosphere of the

The College "The event is hosted by Club's trunk was decorated with of the University.

spider webs. Celine Powell, the Club President, took great pride in her club's turn out. "Everyone helped make our trunk look Spooktacular," she said.

The Trunk-or-Treat also had other fall-themed activities for all the ghouls and goblins to participate in, such as a donut eating contest, pumpkin painting, pumpkin bowling, and a witch hat ring toss. These activities just added to the fun at the trunk or treat.

Jason, seven years old, was dressed as Batman. "I wish Halloween was everyday! This way, I could be Batman every-day," he said.

The University enjoys creating events that help to bring together the larger Monmouth community with campus clubs and organizations. Additionally, Trunk-or-Treat provides an opportuntiv for first-year students to collaborate and make a dif-Republican ference in the families outside

Club and Greek Announcements

WMCX

WMCX is a student-run rado station, and we've been Rockin' the Shore since '74. Learn how to operate the studio's machinery, make cnnections, and host your own show! Meetings are held every other Wednesday in Plangere 236 at 3:15. If you're interested in joining, contact Ali Nugent at s1096530@monmouth.edu

Hawk TV News

Hawk TV News is looking for vibrant and interested students who want to be reporters, writers, anchors, and much more. You do not need to be a communication major to be a part of this organization.

If you are interested e-mail us at s0933548@monmouth.edu or meet us on Wednesdays in JP 138 at 3:15 p.m.

Monmouth Oral Communication Center (MOCC)

The Monmouth Oral Communication Center is a student run organization that provides free training for students looking to improve their public speaking and presentation skills. We can help you develop and organize your speech, overcome apprehension and anxiety when speaking, as well as increase your speaking confidence in any class. If you need help, contact the MU Tutoring Center; or if you would like to become a trainer come to one of our meetings, Wednesdays at 2:45 p.m. in JP 235.

The Outlook

The Outlook is looking for students interested in writing for the student-run newspaper. Sections include News, Opinion, Politics, Lifestyles, Features, Entertainment, Club & Greek, and Sports. No prior experience is necessary. The Outlook fulfills practicum.

If you are interested, please e-mail Zach Cosenza at s1052751@monmouth.edu or outlook@monmouth.edu and come to our office in JP 260. We hope to see you soon!



PHOTO TAKEN by Caroline Mattise

The Women's Tennis team was one of 47 trunks that participated in the Trunk or Treat this past

Do Midterm Grades Have You Feeling Down?

SKYLAR DALEY STAFF WRITER

ing the loading screen on your your midterm grades to load. Stafford Student Center. If If the anticipation did not hurt those times are extremely inenough, sometimes seeing that convenient for you, there are C or B- may make you feel un- also extended hours offered at certainty about the future of that class.

This should not prompt you day. to "give up;" midterm grades are meant to give students an ate business administration excuse for not knowing that an idea of where they are at in a student who works at Writing course. These are not permanent; in fact, they are often not utilize it. "Sometimes," she correct since they are only fac- said, "you just need a second toring in half of the semester's set of eyes; you might over-

Luckily that C is not far from tences. an A, in perspective. It is easy to bring your grade up, but it takes dedication and time outside of class.

Always take advantage of extra credit, regardless of tor of Tutoring Services, said, your academic stance in the "Peer tutors have experienced class. You can never be too the ups and downs of college safe in securing your high let- life and are very understandter grade. Extra credit is an ing and helpful. Many stuamazing safety blanket, in that dents who utilize Tutoring the assignments tend to not be Services receive both the supgraded harshly and are usually port that they need, as well as smaller, more lax projects.

say is subpar and lacks a cen- understand in fast paced lectral focus, make an appoint- tures." ment on Accudemia. You have the ability to pick the writing actly the same, you only need

Center for Student Success in the library from 5 p.m. until 9 p.m., Monday through Thurs-

Amanda Sorresse, a gradu-Services, advises students to look typos or awkward sen-

Writing Services focuses primarily on written work, but if you are struggling with the concepts of calculus or First and foremost, look at remembering the different fayour syllabus. Usually profes- thers of psychology, Tutoring sors offer extra credit, which Services is the place to go. It normally is an extra assign- is extremely helpful to be able ment or attendance at an event to talk through issues rather that reflects the concepts in than trying to figure them out on your own.

Dorothy Cleary, the Direcother perspectives on concepts If you are worried that an es- that are otherwise difficult to

The scheduling set up is ex-

Appointments range from which is at the very bottom One of the most suspenseful 9:30 a.m. until 5 p.m., Mon- of the list. Peer tutoring is and terrifying things is watch- day through Friday at the not always available for every class. If you find that there MyMU portal as you wait for the lower level of the Rebecca are no options on Accudemia, you can request a tutor on the Monmouth website's page for tutoring services.

Another key tip for raising your grade is to stay on top of assignments. Your professors give you syllabi in the first week, so there should be no assignment is going to be due

time and the type of class you cudemia from "writing ser-have." cudemia from "writing ser-vices" to "tutoring services" soon. Prepare ahead of time to and special education student, get your homework and essays said, "The library is less disdone so that you will have free time later. While that episode of Friends may seem great, there are times when you need to close Netflix and focus on your work. That show will always be there, and your assignments are only due once.

If you find that you have trouble focusing, migrate to a more academically charged setting. The library has tons of comfy couches, chairs, and private desks to sit at.

Tabitha Rahman, an English

tracting. When I am in my bed, I am cozy so I just want to sleep or slack off."

The student center is also filled with comfortable furniture, and there is also a computer lab. Grab a coffee or some food and take the elevator to the third floor.

Remember to stay focused on your work and to use the services Monmouth University offers. Do not get discouraged, especially if this is your first semester.



assistant based on your own to change the subject in Ac- Midterm grades can look scary at first, but you can improve your grades before the semester is over.

Classic Halloween Movie Recommendations

SAMANTHA LOSURDO CONTRIBUTING WRITER

It's officially Halloween. The night of the ghouls, ghosts and grouchy gremlins has finally arrived.

If you don't have a costume or plans to go out tonight, gather up your favorite spooky pajamas and snacks for a night full of classic films.

Whenever someone is asked about Halloween, a scary horror film is one of the things on their mind.

For Heidi Bludau, Ph.D., lecturer of history and anthropology, her favorite film is 28 Days Later. Not being a fan of traditional horror movies, Bludau has chosen a more mind-twisting film.

"It's not a classic but I watched it on Halloween once; it's scary so it did the job,' Bludau said. Trying to survive after a virus took out majority of the world? Yeah, I'm not sure how well that'd go.

While I'm slightly on the same page as Bludau, I do like scaring myself because of the adrenaline rush. I feel like it's almost necessary to watch a scary movie on Halloween or leading up to it; it just puts you in the holiday's spooky spirit.

A go-to of mine that isn't absolutely terrifying would have to be Scream. While some of the later films in the franchise are slightly iffy, the original is

serial killer, and Shaggy from Scooby Doo making an ap-

The director of *Scream*, Wes Craven, is a legend in the film industry. Films of his like A Nightmare on Elm Street, The Hills Have Eyes, and My Soul to Take are ones that are perfect Halloween films. Not only did he direct and write a lot of these classics, he also stars in them.

A movie that has haunt- yours. Just make sure that you pearance, it's kind of hard not Child's Play with the infamous Chucky.

To this day, I really have no idea why it scared me so much or why it even still does. The creepiness of a doll that terrorizes people, going around be a bad idea. Because I am on killing sprees just has never sat well with me.

be on my personal Hallow- loween movies has to be The een movie list, it could be on Nightmare Before Christmas.

ed me since I was a child is don't have a doll lying around your house that could come to

To end your night on a happier note, checking out some of the best Halloween movies from Disney would not actually an eight-year-old in a twenty-year-old's body, one While this movie won't of my all-time favorite Hal-

The storyline is pretty much genius and the claymation is beautiful. Not only will this movie get you in a lighter mood, it'll also get you up and singing. Jack and Sally are forever relationship goals.

Sophomore communication student. Alvssa Abatemarco. had a classic throwback movie to add to the list. "Halloweentown is such a good one; it's one of my favorites," she said.

Not only was Disney's *Hal*loweentown a classic, but Hocus Pocus is another that has won over our hearts. "It's forever my favorite," said sopho-more communication student, Marissa Firoentino.

Between the Sanderson sisters and their comedic tendencies to the blossoming relationship between Max and Allison, it's hard not to love it. While it's all just a tiny bit cliché, it's the kind of cliché that you will be able to laugh at.

Everyone has totally different preferences when it comes to movies, especially horror films. When thinking of Halloween related movies, horrors and thrillers are automatically associated.

But if you are not an avid fan of gore and getting scared out of your wits, taking a peek at Disney Halloween classics is a great way to go.

With countless movie options, you do not need to leave your living room to celebrate this year. Happy Halloween, everyone!



PHOTO TAKEN by Jenna Puglisi

a cult classic. With comedy, a If you are not a fan of horror films, Disney Halloween movies are a great alternative to get in the spirit.

How to Fight Against Fall Allergies

LAUREN SALOIS CONTRIBUTING WRITER

Some University students are suffering from fall seasonal allergies and are feeling sick. It is very common to brush off the symptoms of allergies and say, "It's just allergies." But allergies can have a major impact on our health.

Fall seasonal allergies usually begin to flare up at the beginning of the fall semester. Polina Amburg, specialist professor of nursing, said, "The symptoms usually worsen around September and October." So, if you're suffering from allergies right now, you are not alone.

Carol Huggler, a nurse practitioner at the Health Center, said, "There seems to be the same amount of patients exhibiting fall allergy symptoms this fall semester as last year. Because we are having warm weather without a killing frost in October, we may continue to see allergy symptoms longer this fall."

According to Huggler, the Health Center has had patients come in with viral infections, such as cold or upper respiratory infections. These illnesses could have begun with seasonal allergy symptoms.

"If your runny nose persists after trying your allergy medication daily and following the tips above, might experience allergic reaccome to the Student Health Center tions to fallen leaves and some on campus to be evaluated by one of our nurse practitioners," Huggler said.



PHOTO TAKEN by Jenna Puglisi

Fall allergies are annoying, but antihistamines and allergy shots can help relieve pesky symptoms.

ing student who has done clinical work at Monmouth Medical and Community Nursing, said, "A key sign that it's seasonal is that the symptoms are worse in the morning when you wake up."

Amburg said, "Ragweed is the most common fall allergen. Although the most common known allergen is pollen, some people seasonal fruits."

According to the Allergy & Asthma Specialists, P.C., of New Amy Czerepak, a senior nurs- Jersey official website, ragweed

grows in abundance in New Jer- urgent medical attention, but most sey. One plant can produce one billion grains of pollen per season and can travel up to 400 miles in the wind. Ragweed grows in vacant lots, along the side of the road, as well as in fields.

People who suffer from allergies normally experience multiple symptoms. Amburg explained, "Some might experience mild sneezing and coughing, while others demonstrate signs of severe respiratory distress and require medical attention. In severe

people usually experience mild to moderate discomfort, such as a runny nose."

Allergies can leave people with asthma more susceptible to needing their inhalers. Other people may experience an increase in sinus infections. That is why it is important to not treat allergies as something insignificant.

"We usually recommend that patients with seasonal allergies begin taking their daily antihistamine [such as Claritin] in mid-late cases, a person may need to seek August when the goldenrod and

ragweed begin to bloom. Then, continue the antihistamine until the first killing frost, usually in October," said Huggler.

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Huggler offered the following tips for individuals taking allergy medications: sleep with the windows closed; shower at night to remove any mold spores from the body; avoid raking leaves due to agitation of pollen and mold in the air; track symptoms using a journal or credible online resource; and visit the Health Center, primary care doctor, or allergy specialist for preventative measures.

Czerepak said, "I do think allergies are a problem at Monmouth because we have a lot of flowers and trees and fresh grass. All the foliage on campus will let out a lot of spores causing allergies to act up. But in reality, seasonal allergies can affect us anywhere in New Jersey."

The abundance of fall allergies could have a negative effect on students' ability to perform well in their classes. Amburg said, "Allergies, like many other health issues, take a lot of energy from the person. People might feel tired, exhausted, and have difficulty concentrating. This is especially detrimental for students."

Allergy testing can be done to determine the specific allergens that someone reacts to. Allergy shots are another option for people who experience severe symptoms. If your fall allergies are negatively impacting your quality of life, do not hesitate to consult an allergist.

Professor Spotlight on Randall Abate

NICHOLAS COSCARELLI CO-SENIOR/POLITICS EDITOR

Randall Abate, J.D., is the inaugural Rechnitz Family Urban Coast Institute (UCI) Endowed Chair in Marine and Environmental Law and Policy, and a Professor in the Department of Political Science and Sociology.

He teaches courses in domestic and international environmental law, constitutional law, and animal law. Abate joined the University's faculty this year, with 24 years of full-time law teaching experience ing has always been his passion at six law schools in the U.S.

Abate has taught international and comparative law courses, and delivered lecture series, on envi-career. I knew I wanted to teach;

in numerous countries around the

In April 2013, he taught a Climate Change Law and Justice course at the National Law Academy in Odessa, Ukraine on a Fulbright Specialist grant. Since 2014, he has delivered invited presentations and courses in several countries worldwide.

Early in his career, Abate handled environmental law matters at two law firms in Manhattan; however, he explained that teachand purpose. "For me, the practice of law was never something that I saw as a long-term goal for my

ronmental and animal law topics I knew I wanted to do scholarly writing. But [working with those law firms provided] valuable exposure to the practice of environmental law," he said.

Abate explained that the ability in his new position to both teach and apply his research, and still work with students, provides him with greater time to be involved with the University and community, something that he said would otherwise not be possible as just a professor of law at a law school.

"It's a position that values and seeks what I like to contribute, which is advancing discussions on the issues that I'm familiar with,"

"One thing [that was] very at-

tractive to me, and made it very easy to pursue this opportunityr was the idea of using what I'm doing in my writing and teaching through the UCI," said Abate.

"They are doing things on the ground and in the community that are related to the work that I do."

Abate also noted that the reduced teaching load allows him to participate in more scholarship, lectures, and events on campus, such as his work with the UCI to develop new programs. Among these programs is the proposed UCI Spring Symposium on "Climate Change, Coasts, and Communities" in April 2019.

Abate explained that the symposium would have, "an added emphasis on the human side of how climate change affects people's lives, not just infrastructure and resources." Another initiative is the the proposed UCI Summer Institute, wherein work is underway offer courses to Monmouth students and students from other universities to learn about the intersectionality between law and science on marine and coastal issues. Abate explained that one of these courses could be offered as early as May 2019.

Abate has also been working across disciplines to assemble a group of animal protection experts on campus, including Dr. Corey Wrenn (Sociology), Dr. Lindsay Mehrkam (Psychology), Dr. Chris Hirschler (Health and Physical Education), and Professor Mary Harris (Communication). They hope to establish several new initiatives on campus; including a guest speaker series on animal protection issues, a conference focused on animal law, policy, and science; and a faculty-led study abroad program in Sydney, Australia focused on animal protection issues that could start as early as summer 2020.

"Dr. Abate is passionate about the negative consequences facing marginalized communities in an era of extreme climate change; this includes nonhuman animals," said Wrenn. "Since joining Monmouth, he's been a driving force in organizing animal allies on campus and we're hoping to increase the profile of animal issues in the campus community in the near future."

She continued, "Dr. Abate is a respected and prolific scholar in the area of animal ethics and legal efforts to better the social status of nonhumans, having written several books and papers on the subject area. He's just an all around nice guy and I'm so excited to call him a colleague."

Abate also serves as the adviser to the Youth Activists. Davina Matadin, a junior computer science student and the club's President said, "Professor Abate has been enthusiastic about Youth Activists since the day he joined our club. His passion for environmental sustainability and social reform inspires our whole club to get involved and make a difference in our world."

Abate's passion for environmental justice, law, and teaching are evident from those who have learned from him.

"When I learned that Professor Abate was coming to Monmouth, I immediately signed up for his summer course, and it was one of the best decisions I've made," said Kelly Hanna, a senior marine and environmental biology and policy student. "I have learned so much from him in such a short time, and I have been inspired by his commitment to his work, his beliefs, and his desire to help his students.'

"For me, academics is the ultimate public service position because I have always treated it as a seven days per week job; it's a labor of love," said Abate.



PHOTO COURTESY of Monmouth University

Randall Abate is the Endowed Chair in Marine and Environmental Law and Policy, as well as a beloved professor of political science and sociology.

Women's Soccer Ends Regular Season With 7-0 Win

MARK D'AQUILA STAFF WRITER

Women's Soccer extended their nine-game winning streak, closing out the regular season with a dominating 7-0 Senior Night victory over Iona last Wednesday night at Hesse Field on The Great Lawn.

It was the senior forwards Alli DeLuca and Jazlyn Moya who ran the show on Senior Night, combining for five goals in their final regular season game as Monmouth Hawks.

It was a later start than usual for the Hawks offensively as it took the Blue and White until the 31st minute to get on the scoreboard via a long dribble and run from DeLuca who found the right side of the net.

Less than a minute into the second half, DeLuca continued her huge night with another goal from the top of the box, this time assisted by junior midfielder Lexie Palladino.

This was the first of a fourgoal stretch for the Hawks in the first 15 minutes of the second half to break open the floodgates to a 5-0 lead.

Junior forward Dana Scheriff finished off a cross to make it 3-0 before Moya polished off back to back goals which were her first two of the season.

In the 63rd minute, DeLuca made it a career night finding the back of the net on a one tim- mance against Iona. er from junior forward Madie Gibson to complete the first hat work and dedication I've put in her fourth goal of the season, all not even have to make a save in televised on ESPN3.



PHOTO COURTESY of Ali Nugent

Women's Soccer honored five graduating seniors before their last home game of the season on Wednesday, Oct. 24 against Iona.

trick of her collegiate career.

DeLuca was named MAAC Metro Atlantic Athletic Conference) Offensive Player of the Week on Monday for her perfor-

"Tonight showed the hard

DeLuca. "Every day we are out here working hard as a team and the results showed it."

Freshman forward A'Liah Moore closed out the game's scoring in the 88th minute for

over the last four years," said of which have come in MAAC

The defense was lockdown yet again for the Blue and White conference tournament champiwho completed their 11th shut- onship on Thursday, Nov. 1 at out of the season while junior 5:00 p.m. at Hesse Field on The goalkeeper Amanda Knaub did Great Lawn. The match will be

The shutout total in 2018 is now the most for MU since they had 16 in 2013.

"Anytime you can get a shutout and score some goals it's meaningful," said Head Coach Krissy Turner. "Going into conference play we should feel very confident about our last performance.'

The MAAC Tournament will come next for the 14-3-1 Hawks who will automatically advance to the semifinal where they will host the match as the number one seed in the tournament.

"We want to advance to the finals as our first goal, win the finals, and then win the first round of the NCAA tournament," said Turner.

The Hawks will square off with No. 4 Niagara in the conference semifinal. The Purple Eagles will be facing a scorching hot Monmouth team that has won its last nine games which is their longest streak since 1996

The Hawks have outscored their opponents 31-2 during this stretch, accumulating nine conference wins for the fifth consecutive year.

"We just want to get the small things done to get the big results," said DeLuca, who will begin her quest for a third straight

Cross-Country Participates in MAAC Championships

ANDY STUDNA

Both the men's and women's cross-country squads participated in the Metro Atlantic Athletic Conference (MAAC) Championship on Saturday at the Crossings at Colonie Park in Loudonville, NY, placing third and sixth respectively.

The Championship meet began with the men's 8,000 meter (8K) run. Monmouth placed third out of an 11-team field, finishing behind only Siena and the eventual champion Iona.

Leading the way for the Hawks was senior Kyle Muelished in fourth place overall said Head Coach Joe Comwith a time of 25:19.3, setting a new personal-best at Colonie Park.

Behind Mueller was fellow senior Ryan Mitchell who finished in seventh place with a time of 25:37.7.

Following Mueller and Mitchell was junior Ryan Rafferty who finished in 19th place with a time of 26:00.3, sophomore Tim Euler in 28th at 26:13.3, and freshman marked the first time in his-Louis DiLaurenzio in 30th at 26:18.2, rounding out Monmouth's top five.

"The men knew they had a chance to make history behind

ler. The distance runner fin- a nationally ranked program," pagni. "We were one more big race away from second place but we are proud of their great

> Iona won the championship with a score of 35, giving them their 28th consecutive title.

Following the men's race, Mueller and Mitchell were named to the all-MAAC team for a second straight year. Their efforts on Saturday tory that Monmouth placed two runners in the top 10 of a championship since joining

the MAAC six years ago. In addition to Mueller and Mitchell, DiLaurenzio was points en route to their 12th honored by being named an title in the last 13 seasons. all-MAAC rookie. It was the Rafferty did so as a freshman in 2016.

The Hawks finished in sixth place out of an 11-team field in the women's 6,000-meter (6K) race. The Blue and White Brianna Stratz was named were led by senior Chandi Piiru, who finished 26th overall with a time of 22:49.2. It was the first time that Piiru led Monmouth Tune-Up meet a Monmouth in a meet this sea-

28th overall with a time of 2:50.3.

five runners, junior Dayna now have four runners that Luma finished 32nd overall have received the award this with a time of 23:13.9, sopho-season; two on the women's more Kyra Velock 38th over- squad and two on the men's all at 23:25.3, and sophomore Melanie Pfennig 51st overall at 23:43.0.

of them."

As a team, Monmouth comchampion, Iona, recorded 21 State University.

Last season, both cross first time a rookie won the country squads came in sixth award for the Hawks since place in the MAAC Championship which was held in Holmdel Park. Like this year, Mueller paced the Hawks as their top runner.

Prior to the meet, senior the MAAC Female Runner of the Week. The award follows her first-place finish at the week earlier.

Stratz is the second Hawk Just over a second behind to receive the honor this sea-Piiru was Stratz. She finished son, joining graduate student Christina Rutkowski who won the award for the week of To round out the Hawks' top Sept. 27. The Blue and White

After a week off, the Hawks will resume their season at the National Collegiate Athletic "The women had a super Association (NCAA) Midaggressive race plan and it Atlantic Regional Championdid not work out as well as ship, which is set to be the we expected," Compagni second of three championship said. "They have made great meets that Monmouth is parprogress the last few weeks, ticipating in this season. In though, and their best race of last year's regionals, the men the year could still be in front finished in 18th while the women finished in 20th.

The meet is set for Nov. 9 piled 154 points. The MAAC and will be hosted by Penn

"We were one more big race away from second place but we are proud of their great finish."

> JOE COMPAGNI **Head Coach**



Senior distance runner Kyle Mueller finished in fourth place overall in the men's 8,000 meter run in the MAAC Championship meet on Saturday.

Football Extends Win Streak to Four at Presbyterian

ZACH COSENZA

Football improved to 2-0 in conference play as they defeated the Presbyterian Blue Hose 24-14 on Saturday afternoon as Head Coach Kevin Callahan earned his 150th career victory.

"Really happy to come down here and get the win, this is our first win at Presbyterian, a place that has been historically difficult for us to win at," Callahan said. "I have to give our kids a lot of credit for battling and coming up with some key plays, especially late. There were some times early on where we struggled to find a rhythm offensively but fortunately our defense was playing very well and kept us in the game right until the very end."

On Monmouth's opening drive, the Hawks went 28 yards on eight plays to get it to the Presbyterian

Junior kicker Matt Mosquera nailed the 49-yard field goal to make it 3-0 early in the first. The field goal was a career-long for Mosquera, who was named Big South Special Teams Player of the Week on Monday.

The defense for both sides forced both teams to go scoreless for the rest of the first half with the halftime score being 3-0 in favor of the Hawks.

In the second half, Presbyterian took the lead on the first touchdown of the game, a 41-yard fumble recovery for a touchdown to third quarter.

Hawks threatened. Junior quarterback Kenji Bahar threw a strike to sophomore wide receiver Lon-

On the ensuing drive, the the Blue Hose red zone. The drive har to senior wide receiver Reggie stalled though after a pass breakup on fourth down.

After three straight punts, the nie Moore that went 62 yards to Hawks retook the lead on a Ba- Hawks scored in similar fashion;

White Jr. 40-yard touchdown pass, making it 10-7 late in the third.

After three more punts, the

this time it being a 37-yard Bahar to White Jr. touchdown catch, making it 17-7 with nine minutes left in the fourth.

Midway through the final quarter, Presbyterian shortened Monmouth's lead to just three with an 11-yard touchdown pass.

The Hawks made some big defensive stops thereafter. Senior wide receiver Vinny Grasso put on the finishing touch with a 27-yard touchdown run with only seconds left, making it the final score of Hawks 24, Blue Hose 14.

"We've gotten a couple of guys back, guys that missed early in the season," Callahan said. "They are playing with more confidence and they know that on third down they are able to get off the field. We are using a lot of different players and personnel groups and I think that is paying off for us."

For the Hawks, Bahar threw for 268 yards and two touchdown passes. Freshman running back Juwon Farri ran for 84 yards on only 16 attempts.

White Jr. and Moore both eclipsed the century mark, receiving for 117 and 107 yards, respectively.

Junior defensive back Tymere Berry lead the team with eight total tackles and an interception. Sophomore linebacker Erik Massey had five solo tackles and a sack in the contest.

Monmouth (6-2, 2-0 Big South) will next welcome Charleston Southern to West Long Branch on Saturday, Nov. 3. Kickoff is at 1:00 p.m. and the game will be streamed online via ESPN3.

"I have to give our kids a lot of credit for battling and coming up with some key plays, especially late."

KEVIN CALLAHAN



PHOTO COURTESY of Willis Glasgow

make it 7-3 Blue Hose early in the Junior defensive back Tymere Berry made eight tackles and an interception in Monmouth's 24-14 win at Presbyterian on Saturday

Men's and Women's Swimming Split in Home Opener

CHRIS FITZSIMMONS STAFF WRITER

Men's Swimming took home a win in their home opener while the women's team fell short against Fairfield on Saturday afternoon at Steadman Natato-

"Overall the team performed at a high level today," said Head Coach Matt Nunnally. "I am encouraged by the positive progress the team is making. It is a direct reflection on the work being done during the week.'

The men won 191-67 and with the win improve to an overall record of 2-0 on the season.

Monmouth was led by strong individual performances from freshman Callan Smith, who contributed with two first place finishes in the 200-yard relay and freshman Dylan Barkhuizen who won two races in the 400yard as well.

The women's team lost 172-90, slipping to 1-1 on the season.

Freshman Camryn McHugh stood out, winning three races for the second week in a row as she continues to impress in her freshman year.

Monmouth's men won first place in the 400-yard medley relay and the 200-yard freestyle relay. Smith, Barkhuizen, junior Austin D'Angelo, and freshman Valance Washington won the 400 medley and Smith, Washington, sophomore Ethan Lucas, and junior Patrick McAllister combined for the win in the 200

The exciting part for the program is how well the freshman have been performing. Smith, Barkuizen, Washington, and McAllister all contributed in meaningful fashion to the win.

McAllister won the 100-yard yard breast and 200-yard IM, re-



Freshman Callan Smith placed first in two individual races and was a part of two winning relays in Monmouth's 191-67 win over Fairfield on Saturday.

"Conference meets are always very competitive and today was a good test for both the men and the women."

MATT NUNNALLY **Head Coach**

backstroke, D'Angelo the 100yard breaststroke, and Washington the 100-yard freestyle. Smith won the 200-yard freestyle and backstroke and Barkuizen won both the 100 and 200-yard fly.

It was not only underclassmen who contributed, though.Sophomores Trevor Askew and Ryan Reutti took home first in the 200spectively.

On the women's side, McHugh continued to dominate. She won three first places in the 100-yard backstroke, 200-yard backstroke, and 100-yard fly. Additionally, she set a new team record in the 100-yard backstroke, touching the wall in 58.65 sec-

"Conference meets are always

very competitive and today was a good test for both the men and the women. The team stepped up to the challenge with many outstanding performances which will help build our confidence

moving forward," Nunnally said. Next up for Monmouth is Howard and Mount St. Mary's at 1:00 p.m. on Saturday in Emmitsburg, MD.

UPCOMING GAMES

Wednesday, Oct. 31 Men's Soccer at Quinnipiac* Hamden, CT 1:00 p.m.

Thursday, Nov. 1

Women's Soccer vs Niagara* MAAC Tournament Semifinal Hesse Field on The Great Lawn West Long Branch, NJ 5:00 p.m.

Friday, Nov. 2 Women's Bowling Track Kat Klash Houston, TX TBA

Field Hockey vs Sacred Heart* MAAC Tournament Semifinal So Sweet a Cat Field West Long Branch, NJ 2:00 p.m.

Saturday, Nov. 3

Swimming vs Mount St. Mary's Emmitsburg, MD 1:00 p.m.

Swimming vs Howard Emmitsburg, MD 1:00 p.m.

Football vs Charleston Southern* Kessler Stadium West Long Branch, NJ 1:00 p.m.

Tuesday, Nov. 6

Women's Basketball vs Bucknell OceanFirst Bank Center West Long Branch, NJ 6:00 p.m.

Men's Basketball vs Lehigh OceanFirst Bank Center West Long Branch, NJ 8:30 p.m.

*conference games



Women's Soccer won their ninth straight game, closing out the regular season with a 7-0 Senior Night victory over Iona last Wednesday. Senior forward Alli DeLuca scored her first career hat trick, earning her MAAC Offensive Player of the Week honors.