



# THE OUTLOOK

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## University's Polling Institute Examines Public Opinion on the Migrant Caravan

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Most Americans say that the caravan of migrants seeking asylum at the nation's southern border poses at least a minor threat to the country, according to a recent poll published by the University's Polling Institute on Nov. 19.

The same report found that 70 percent of Americans say that these migrants should be given the opportunity to enter the country if they meet certain requirements. Half are reluctant to believe that there are terrorists are traveling with the caravan, although 25 percent believe that those claims are true.

According to Patrick Murray, Director of the University's Polling Institute, people in states that have a large immigrant population, including those that share a border with Mexico, tend to be the least threatened by new immigration due to having more contact with those groups.

Citizens living in states that



PHOTO TAKEN from Vox.com/John Moore/Getty Images

According to the University Polling Institute, 70 percent of Americans think that migrants should be allowed to seek asylum in the United States.

share a border with Mexico, such as Texas, Arizona and California, were the least likely of regions to see the migrant caravan as a major threat to their safety. Meanwhile, 35 percent of people in the southeastern United States said they saw the migrant caravan as a threat, compared to just 21 percent in border states and 25 percent in the northeastern United States.

The crisis over thousands of Central American migrants trying to cross the border into the United States has yet to end, with border patrol agents using tear gas to disperse protestors allegedly throwing rocks and being arrested for trespassing.

President Donald Trump, in addition to threatening to permanently close the United States-Mexico border, tweeted that

many of the migrants trying to enter the country are criminals and will not be given asylum, last Monday, Nov. 26.

"Mexico should move the flag waving Migrants, many of whom are stone cold criminals, back to their countries. Do it by plane, do it by bus, do it anyway you want, but they are

CARAVAN cont. on pg. 6

## Buddy and Me Program Hosted by School of Education

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The School of Education held a celebration for the Buddy and Me Program, a

partnership between the University and the Amerigo A. Anastasia Elementary School in West Long Branch, in Anacon Hall on Thursday, Nov. 29.

The event was held for the elementary students in the program to celebrate their new "Buddies,"



PHOTO TAKEN by Emily Condron

Members of the Buddy and Me Program gather at Anacon Hall on Nov. 29.

and to say goodbye to previous Buddies whose service hours were over this semester. University students participating in their service learning classes, and University staff who taught the service learning classes, and the coordinators of the program were all in attendance, along with the office staff from the C&I office in the School of Education.

The students and staffers were served breakfast, and they participated in games like tic-tac-toe and musical chairs; and the Anastasia elementary school awarded the University students with a certificate for their work in the program.

The program works with elementary school students from grades first to fifth, first to fifth grade students from the elementary school, the University's first year and special education classes, and the Monmouth service learning project. It origi-

nated three years ago under the leadership of Ruth Morris, Ed.D., Chair of the Department of Early Childhood Education, Markus Rodriguez, a student advisor at the elementary school and Nikita Grinnell, a teacher of a third-grade self-contained class at the elementary school, to create a program that would change the lives of many underprivileged children.

Originally, elementary students were only allowed to work on computers during breakfast. This later developed into Monmouth University service learning students and the children at Anastasia Elementary School working together during the time before breakfast, and soon after was expanded to lunch hours, after school hours, and in-class student aid. The program

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## Measles Outbreak Spreads Across NJ

ANTHONY ROSSICS  
STAFF WRITER

Eighteen people are infected with measles in Passaic County since the outbreak began in Ocean County, according to a recent report published by the *Asbury Park Press* on Saturday, Dec. 1.

Kathy Maloney, Director of Health Services, explained that the symptoms of measles start with a fever (as high as 104 degrees Fahrenheit), runny nose, cough, sore throat, and red eyes and then progress with a rash that spreads across the entire body. "Measles is caused by a virus and is known medically as rubeola," Maloney said. People are considered contagious from four days before to four days after the rash appears. Measles cases typically last for 14 days.

Jeffrey Weisburg, a specialist professor of biology, said, "Measles are no joking matter and can be extremely dangerous. Usually a person infected with measles develops a rash that spread over the entire body that starts out flat but can eventually lead to a raised rash."

Weisburg noted that the fever that accompanies the rash can be as high as 104 degrees. Measles can cause serious health complications including pneumonia and encephalitis (brain swelling).

Students should be wary of interacting with other students that are infected with the measles virus, as it is highly contagious. Maloney said, "[Measles] is spread through direct contact with air droplets from an infected person. The virus can remain in the air for up to two hours after an infected person leaves the area."

Emily Kania, a sophomore health studies

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# University Participates in Giving Tuesday

NICHOLAS COSCARELLI  
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The University participated in Giving Tuesday, the Tuesday after Thanksgiving dedicated to creating an international day of charitable giving at the beginning holiday season, last Tuesday, Nov. 27.

The Office of Alumni Engagement and Annual Affairs set up a table in the Rebecca Stafford Student Center to encourage the students, faculty, and members on campus to make donations of any size to support the University and its fundraising initiatives.

Efforts were made to raise money by asking donors to support University Athletics on Giving Tuesday by giving a gift to some of the 20 sports teams during the holiday season, as well as to raise money for the University's new scholarship campaign, Together We Can.

The goal of this campaign is to raise \$15 million in gifts and pledges by June 30, 2019. Even before its efforts on Giving Tuesday, the University has already made much progress toward reaching its goal for the campaign. Since October, development stands at \$10.3 million, about 68 percent of the way to reaching the University's goal.

Jonathan Meer, Vice President for University Advancement, explained that the Division of University Advancement is providing staffing support and overall daily logistical management of the Campaign. "One of our top priorities has been to recruit a volunteer committee (The Campaign Cabinet) that is fully representative of the breadth of the University community. That obviously includes students, faculty, staff, Trustees, alumni, parents,



PHOTO COURTESY of Monmouth University  
The University set a goal to raise \$15 million by July of 2019.

and local businesses," he said.

Efforts by the campaign are to reach and exceed its \$15 million goal in order to accelerate the University's trajectory of academic excellence, in order to enable highly qualified students from economically, geographically, and culturally diverse backgrounds to apply and attend.

"These may seem like daunting numbers, but we have found that even \$5,000 in scholarship aid can be the deciding factor in a student's choice of Monmouth over a peer institution," University President Grey Dimenna, Esq., writes in an email about the scholarship campaign. "By way of reference, annual scholarships at Monmouth can be established with a commitment of \$1,000 per year over a five-year period."

Meer explained that many of the University's donors are stepping up with support for the campaign to help students address as much

of their unmet financial need as is possible. In addition, volunteers from the Campaign Cabinet are accompanying members of the Advancement Division on solicitation visits to those who are close to the University, and asking for commitments to support scholarships for students. Some donors are establishing new scholarships while others are adding to their existing scholarships, according to Meer.

"Giving is essential to the survival of our institution. If students cannot come here, then we have no University," said Nicholas Verzicco, a senior finance student and a member of the Campaign Cabinet. "Many prospective students base their decisions on financial aid and an amount of \$1,500 could cause a student to go somewhere else. The ability to give the additional financial aid could really bring the amazing students who really want to go here but cannot afford it to Monmouth."

# Buddy and Me Program Celebrated

BUDDY cont. from pg. 1

allows students at the elementary school to have a support system other than teachers and family, but it also allows the University's students to experience what it is like working with children, especially younger ones and those who require extra attention due to disabilities.

Markus Rodriguez, known as Mr. Rodriguez around the school, is titled as Co-Coordinator of this program at the elementary school. In his mind, this program represents something larger than just students having the opportunity to complete service learning hours at the elementary school. Rodriguez and many others believe that Buddy and Me allows a district of students with, "little opportunity to hear and learn about college and aspire to reach that goal."

Rodriguez also believes that this program is beneficial for everyone involved since these young students usually have few people, if any at all, in their corner who truly push them for a better life than what they see at home. The University students assume a mentoring role while working with these children.

Grinnell became the co-coordinator as well as the technical advisor for the online program, working alongside Rodriguez. She had started a computer-based program a few years prior to use in her classroom but was looking to expand it. When Rodriguez asked her about the program, not only did she see it as an opportunity for Monmouth students to get a more hands-on

experience, but also for students outside of her classroom to have access to the program.

Grinnell being a graduate of the Long Branch school system, witnessed first-hand what happens when children are not introduced to the idea of college and wanted to help cultivate the ambitions of students that did not initially consider going to college. Grinnell believes that this program is "fantastic," because it "inspires children and the staff gets the help that they need." In the beginning, they only saw the benefits of the Buddy and Me Program for the elementary students, but Grinnell did not know how college students would be affected other than meeting curriculum needs.

Christina Barlik, a sophomore education student, explained, "Buddy and Me is special because you are getting that personal connection between the students and being able to be a support for the younger ones."

John Henning, Dean of the School of Education, Ph.D., said, "By placing candidates in schools it helps students who cannot afford tutors thus helping the district." He also believes that even though the needs of the college and elementary school students are different, they make great partners because they complement each other well.

Mikela Giurlanto, an eight-year-old student at Amerigo A. Anastasia Elementary School, said, "I want to go to college because the fun college students who come to my school teach me a lot."

# Eighteen People Infected With Measles Across New Jersey

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student, said, "The measles outbreak is absolutely terrifying. There will be, without a doubt, more measles cases in the upcoming month. The worst part about it is that it is 100 percent preventable. I hope people educate themselves and take measures to keep themselves and family members safe."

"At the present time the majority of cases are within the Orthodox Jewish community of Lakewood, NJ in Ocean County," said Maloney. "There is one case of person who is from the affected area that traveled to Passaic, NJ. The original case was a person who traveled from Israel to the U.S."

"As for measles making its way on the Monmouth University campus, I would be shocked. The only way to contract the disease is if you have not been vaccinated or never had the measles. I'm sure almost all of the students here have had the vaccination, so we should be safe," said Weisburg. "I do not know if there is an actual threat to Monmouth. The only scary thing is that it is highly contagious. The measles virus can live up to two hours in an airspace where the infected person coughed or sneezed. But as I said be-

fore, I really don't foresee any issues at Monmouth."

Esra Celik, a senior biology student with a concentration in molecular cell physiology, said, "I just think that we have so many ways to prevent diseases and it is amazing how people don't take advantages of the opportunities given to them. There is a way to eliminate measles so why aren't we taking that preventative measure to get rid of it?"

Currently, there are no cases in Monmouth County, but students should still ensure that they are properly immunized. One dose of the measles, mumps, and rubella (MMR) vaccine is 93 percent effective at preventing measles. Two doses are 97 percent effective. It is recommended that people who are born during or after 1957 who do not have evidence of immunity against measles should get at least one dose of MMR vaccine. Two doses of the MMR vaccine are a vaccination requirement at Monmouth University," said Maloney.

"For preventive measures, anyone who has not been vaccinated should go get it as soon as possible. The Centers for Disease Control (CDC) recommends that college students get two doses of the vaccine separated by at least 28 days, while older adults should get at least one dose," continued Maloney.

Students should get at least seven hours of sleep, as well as maintain a healthy diet and reduce stress when possible. A lack of sleep, healthy diet, and high stress levels are all at fault for a compromised immune system, Weisburg explained.

"While students may strive to incorporate healthy habits in their daily lives, students struggle with balancing their commitments at the end of the semester," he said.

Maloney stressed that student said students suspected of

having measles should stay home and notify the University's Health Services. Health Services can then work diligently with the county and make decisions that will protect the well-being of the students.



PHOTO TAKEN by Nicole Riddle  
The measles outbreak in New Jersey has spread to Passaic County after starting in Ocean County.



# Public Servant-in-Residence Panel at Wilson Auditorium

LOWELL KELLY-GAMBLE  
CONTRIBUTING WRITER

The University hosted its second open-forum panel discussion with the Public Servant-in-Residence program on bridging the partisan divide in Wilson Auditorium on Friday, Nov. 30.

The Office of the President and the Department of Political Science and Sociology coordinated the Public Servant-in-Residence program and is featuring former New Jersey state-Senator Joe Kyrillos (R-Monmouth) as its 2018-2019 Public Servant-in-Residence.

Along with Kyrillos, other panelists in this discussion included: Patrick Murray, Director of the Polling Institute; Julie Roginsky, Democratic strategist and founder of Optimus Communications; Jeanette Hoffman, Republican strategist and President of Marathon Public Affairs; and David Chen, a *New York Times* reporter.

During the discussion, the panelists evaluated the current political climate and causes of polarization, as well as how this polarization could reduce efficiency in government and what can be done to bridge the divide between political parties.

"Partisanship in party politics are nothing new in America," said Kyrillos. "Having spent the last three decades, if you can believe it, in public office, I can tell you from personal experience that our politics have become the least over that time span, angry and more toxic."

Kyrillos explained that when he began his career as a state assemblyman in 1988, partisanship did exist, but there was a common understanding amongst leaders to combat it. "We had different priorities, we had different policy objectives, we strategized how to advance those objectives and gain the upper hand, off course we did all those things, but I seem to remember a culture of collegiality among legislatures much more so than today," he explained. "At our best on both sides of the aisle there was an underlying willingness to have good faith negotiation strike principle compromises, to make the state better and make it stronger."

He continued and noted that political differences are a natural and healthy part of democratic politics, and previous generations of leaders they did strike major compromises on issues like social security and the federal budget. "Political par-



Former state senator Joe Kyrillos shakes President Dimenna's hand during the panel discussion on Friday, Nov. 30.

ties can provide ways for citizens to organize around shared principles and move the country for the state forward in a better direction," said Kyrillos. However, he said, "When we develop habits of sacrificing for the long-term good of the people for a short-term advantage, for the party when we think we have nothing to learn or gain from talking to the other side when we won't agree to compromises that we know are important for the public good."

Hoffman said that news networks have also potentially driven partisanship in politics. "They are unapologetically partisan right now," he said. "The changing media landscape really rewards instant gratification and partisan conflicts; the more inflammatory your words are, the more hyperbolic, the more likely it is to be picked up."

He continued, "The way media success is evaluated has completely changed as well. It's not how many newspapers you sell or how many subscriptions you have, it is all about clips. There is just not a system that rewards consensus building. It's boring to be safe and see consensus. The people who are watching these shows thrive on outrage and that's why we have the system that we have."

"Let's face it, it's the best thing in politics and also the worst at the

same time," said Hoffman. "It's hard to hate people up close, but unfortunately that opposite is also true. It is very easy to be nasty, very easy to be angry behind a keyboard, or on your iPhone when you never have to meet that person and face them. Our behavior on social media is just as self-selecting as it is with cable news. We follow the people who think like us, we follow our echo chamber. We agree with their tweets, we like their tweets, we retweet them, and then we bash the people we don't agree with."

Murray explains that he sees polling as something more than just predicting elections, but as something that identifies what connects people and how their interests are represented. "I saw polling as a tool at which we could help elevate and bring the voice of the public to the table on important issues," he said. "Not because we were polling and saying do you agree or disagree with this proposal, but to bring to the forefront this is what is important to us, this is what is driving us, this is what we're concerned about day to day, and we need our public officials to respond to that."

Murray said that, in a recent poll released by the Polling Institute, only one in five Americans believe that the country agrees on

what its core values are. "There is just an underlying undercurrent of government is simply not paying attention. What is more important to those in government are scoring political points, consolidating their power basis, and there is always this balance between consolidating your own power base and serving the public. We're way unbalanced, way unbalanced. We need to have leaders in elect office who see it as in their self-interest to preserve the institution," said Murray.

"Politicians looking to get elected are playing to their base. They are not trying to seek some kind of consensus to get elected. They know the people that are turning out in red districts are really conservative and, in many cases, the primary election is more important than the general election so they're running really far to the right. The same could be said on the other side in the blue districts that are getting bluer and more liberal," (Hoffman)

Roginsky believes that television news stations do not do a great job focusing on politics since the purpose of this form of media is to entertain. "I went to the republican convention with Fox in 2016 and they're were the same people sending me hate mail literally to the point where I had to go with armed security," said Roginsky. "They

were coming up to me, asking for selfies, I'm thinking they hate me. The reality is as, Hoffman said, it is harder to hate up close because it's much more of an entertainment celebrity concept than it is an informative concept for people that's problematic and leads to much more partisanship."

Roginsky encourages students to interact with people who think differently. "Spend some time finding people who are not like minded," she said. "It's great, you might not be convinced with their argument, but I think you would benefit tremendously from being exposed to different world views."

Roginsky continued, stressing that having more discussions and/or panels like this on discussing the issues today, will be beneficial moving forward in the future: "I remember seeing a study, maybe two years ago, where the number one issue for republicans was terrorism and national security and for democrats it was gut safety." Roginsky's main concern is the lack of gun legislation in this country. He stressed that Republicans worry about bombings in main stream public areas like Time Square. Roginsky further stressed that people do not think of global issues in the same way, making it a priority for government officials to create polls and conduct research focusing on the various approaches to resolving global issues.

Chen believes that bridging the gap is an important subject that young people should grasp as well. "I think it is important for students to try to bridge the partisan divide, because the more exposure they have to folks of different backgrounds and different point of view," said Chen. The more informed they are, the better chance there is that they can talk to other people and spread the word. Chen added that students learning from other folks exposes them to other perspectives, which is crucial to them in their progress to becoming well-rounded and open-minded individuals. It is most beneficial for people to be exposed to different walks of life at a young age because in that point in time, they are the most impressionable and eager to learn new ideas. "It's more beneficial and you will get more out of it then playing fortnite," said Chen.

The next Public Servant-in-Residence open-forum will be held during the end of February and that panel will focus on jobs and the economy.

## Howell Announced as New Director of Development

ANTHONY ROSSICS  
STAFF WRITER

David Howell has been hired by the University as the new Director of Development for the Leon Hess Business School (LBHS) as of Aug. 20.

Howell noted his exciting parts about his new position and said, "Becoming part of a new community, and a thriving, rising Monmouth [University] community at that; the opportunity to meet new faculty, staff and a whole new set of constituents; and joining the same institution my younger sister and sister-in-law experienced back in the 1980's."

Jonathan Meer, Vice President for University Advancement, said, "Dave Howell is a tremendous addition to our senior fundraising team. He has decades of successful fundrais-

ing experience, first at UPenn and then at Choate Rosemary Hall, one of the best college prep schools in America. And he's originally from this area so he's already familiar with (and known by) a number of our top donors and prospective contributors."

Howell said, "[I want to] make a difference in the lives of our students and faculty by partnering with alumni and friends of the business school regarding their charitable giving."

He continued that he would also like to, "address the LBHS varied funding needs from scholarships to faculty support and development to the Hawk Capital Fund to naming our Financial Markets Lab."

Meer praised the University's decision to embrace the 'unit-based fundraising. This type

of program entails each school/department having its own fundraiser that aims to help it fund its major necessities. Howell credited LHBS not having their own fundraiser for creating Howell's job as Director of Development.

"Like all our fundraisers, Dave's focus this year will be on securing major gifts to fund scholarships for our students," said Meer. "Since we have so many highly successful alumni from the Business School, and a very experienced Dean in that school (Don Moliver) who enjoys strong relationships with many alumni and friends in the community, we are confident that Dave will be one of our top 'producers' as he adjusts to the environment at the University."

Chloe Barone, a junior communication student, said, "I think it is great that Monmouth

is constantly looking to hire fresh faces and expand their community. New perspectives give me hope that the University is continuing to grow."

Meer said, "In the long-term, Dave will work with the Dean of the Business School to bring in gifts to support the School's strategic plan. That will likely involve raising funds for the new program in Insurance and Risk Management, among other priorities in the School."

"Bringing in a fundraiser of Dave Howell's caliber is going to help professionalize everything that goes on in our development department. I know Wendy Parsons (Monmouth's new Associate Vice President for Development) is thrilled to have someone of Dave's experience on her team," said Meer.

Howell sighted the legacy he would like to leave Monmouth

with is "to leave my successor a stronger and more vibrant development and alumni relations program at the Leon Hess Business School." He added, "[I would like] to play an integral role in the funding of ongoing and new business school programs, including a potential Institute of Insurance and Risk Management, and to be a resource for my fellow Directors of Development at Monmouth's other schools and our University Advancement team."

"The primary impact I would like to have is to build strong relationships with alumni and friends of the school that will serve Monmouth for many years to come," stated Howell, "and to make it possible for as many bright and promising young men and women to be able to afford to pursue their dreams as a hawk."



**Jenna Puglisi** FEATURES EDITOR

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# 10 Things to Let Go of Before the New Year

LOGAN SMET  
STAFF WRITER

How much stress are you carrying around? Do you feel burdened by life's circumstances and emotional issues? Is school work, projects and studying sending you over the edge?

The key to becoming happier and more grounded begins with letting go. Letting go of worry and stress is something I have tried to do more in my own life, as I continue a journey of overcoming obstacles and personal challenges. Emotionally, physically and spiritually, I am learning to let go of a lot of things to become the person I am, and the person I want to be. Letting go can be scary, but it is an amazing act of self-love that can sometimes be overlooked.

We may find ourselves reaching a breaking point. Some days don't go the way we plan, and many things don't work out in our favor. We know that the next person we encounter, just might feel the wrath of our anger and frustration.

Letting go of my worries and stress has made a difference for me; of course, I still have moments filled with stressfulness, but in an ever-changing world, what else can I possibly expect? Every time I catch myself entering a bout of stress-induced irritability, I take a deep breath and do my best to let it GO. Today, I encourage you to do the same.

Today is the oldest you've ever been and the youngest you will ever be again. It's kind of a scary

thought, but it's true. If there was ever a perfect day to start letting go of the needless drama and stress that's been holding you back, that day is today. And since we often use the New Year as a starting point to refresh our personal growth and goal setting, I challenge you this:

Before the New Year...

**1. Let go of what isn't helping your soul smile and grow.** Life is to be enjoyed, not endured. Follow a path that moves you. You are always free to do something that makes you smile.

**2. Let go of the baggage you know you need to leave behind.** As we grow and learn from our experiences, we begin to realize what we need and what we need to leave behind. Sometimes walking away is a step forward.

**3. Let go of feeling like you aren't making progress fast enough.** No matter how many mistakes you make or how slow you progress, whether it be in your studies or in your personal life, you are still a step ahead of everyone who isn't trying at all.

**4. Let go of the idea that you have too much to lose.** In the end, you won't regret the things you've done nearly as much as the things you didn't do when you had the chance. Personally, I'd rather have a life of "OH WELLS" than a life of "WHAT IFS." Wouldn't you?

**5. Let go of worrying about everyone else's opinions of your life.** Like Natasha Bedingfield said, "The pen is in your hands, the rest is still unwritten." Don't run around trying to please every-

one. If you do, you won't be tuned into who you are, and what you want!

**6. Let go of your tendency to avoid problems.** You cannot change what you refuse to confront. If you and a friend are in a tiff, why not try to fix it? If not for the friendship, for yourself.

**7. Let go of all your empty complaints.** If you don't like something, change it. If you can't change something yourself, then change the way you think about it.

**8. Let go of the excuses.** If

you really want to do something, you'll find a way. If you don't, you'll find an excuse.

**9. Let go of lazy attitudes and routines.** You can't underestimate a person who always works hard. Be that person. In life, you don't get what you wish for; you get what you work for. Don't expect a good grade, earn it.

**10. Let go of the idea that it's too late to start over again.** Even classes can be retaken, remember, it's always better to be at the bottom of the ladder you want to climb than the top of the one you

don't. Don't think your cut out for the major you once loved? Switch it. Can't figure out a problem? Start over.

If you read this list and are struggling, know that you are not alone. Many people, myself included, are working hard to feel better, think more clearly, and live a life free of headaches and heartache. You don't want to look back and wonder what could have been, you have the power to make a difference in your own life, now. Embrace the New Year not by forgetting, but by letting go.



PHOTO TAKEN by Caroline Mattise

A new year is about begin and it is the perfect time to let things go. Look towards blue skies and greener grass this new year.

## Uncharted Territory: Women in Male-Dominated Sports Positions

DILLON ROTHAUER  
CONTRIBUTING WRITER

A woman announcing a National Football League (NFL) game? This is undoubtedly what most people thought around the country during a Monday night football game this season. Hearing the voice of a female announcer was and is still very new in the sports world, especially in male dominated sports. It is not just announcing, but refereeing as well.

Any position in the male-dominated sports arena is tough for a woman to overcome, both from professional critics and the fan base that the sport entails. Society assumes that male sports will be left to males and female sports will be left to females. Once this boundary is crossed, criticism is often followed. This article will explore why crossing this boundary is "taboo" and the problems females face when they choose to explore this uncharted territory.

The dangers of crossing this norm can be explained by looking at the early life of men and women. It goes back hundreds of years when we first began to form gender norms. Caryl Rivers and Rosalind Barnett explained how these norms formed in their book *Same Difference: How Gender Myths Are Hurting Our Relationships, Our Children, and Our Jobs* (2005).

Barnett and Rivers stated, "Males are the aggressive sex and females the docile sex... Man the hunter has become firmly lodged in our imagination."

Ever since this belief was formed it has followed society through the present day. It is no surprise that a female announcer would be seen as weak, or as Rivers and Rosalind said, "docile." The anti-feminine norm rejects anything perceived as feminine.

Likewise, masculinity norms is intellectual success, toughness, and aggression. What better ways are these norms perceived then in male dominated sports.

To give context, Beth Mowins became the first woman to call a Monday Night Football game this year. During and after the game, male fans explained that her voice was overbearing, annoying, and nagging. Perhaps this could be because she broke masculinity norms that football viewers have become accustomed too. The belief that football is supposed to be tough/aggressive does not just hold true for the athletes playing, but for the people who work over the athletes, announcers, and referees.

Once the masculinity norm is crossed, the anti-feminine norm takes hold. That is where Mowins criticism came from because she

dared to break society's norms. Barnett and Rivers in *Same Difference* would agree that the long held belief of men as aggressors and women as docile is the reason that most women stay away from male dominated sports, in fear that breaking these norms will result in misogynist disapproval.

It is not just female announcers that are at risk to scrutiny for venturing into male territories, but referees as well. Picture this: a professional male athlete taking a penalty from a female referee. Will the athletes handle this scenario different than if it was a male referee barking orders?

The privilege to speak is another norm that has remained in society for generations. It is believed that men talk more, especially in public context. Men interrupt women much more as a way to deny equal status. A female referee interrupt-

ing a male athlete to install a penalty is denying the man a right to speak. This puts the female referee in a more problematic position than a male referee.

For example, National Basketball Association (NBA) referee Lauren Holtkamp has faced backlash from NBA athletes and fans. During a game, Holtkamp made a call that superstar Chris Paul wholeheartedly disagreed with. After the game, Paul explained that maybe Holtkamp was not ready for primetime and that she needed more time in the NBA Development League; Holtkamp was in the Development League for six years before her promotion.

Was this a form of denying Holtkamp equal status to those of her male referee counterparts? Paul denied that his accusation was because she was a woman, but this does provide an interesting account for males denying equal access for women to talk or form an opinion. To dive into this topic further, Dunja Antunovic wrote an interesting journal article titled *A female in a man's world: New-media discourse around the first female NFL referee* (2014).

She stated, "Football is a site where masculine dominance is enacted... consequently, reproduces a gender characterized by male superiority and marginalization of women."

A woman referee is breaking the male superiority boundary and denies the male athlete his right to explain.

She continued, "This system relegates women to the sidelines as cheerleaders, wives, girlfriends, or, broadly, sexual objects of male desire."

Male athletes and viewers see women in male dominated sports as sexual objects at the discretion of male dominance; however, once a female decides to break from

these norms and voice her opinion as a game changer type figure, mansplaining seems to become null. The only way to gain superior access over a female referee is to explain their viewed shortcomings through gender-based criticism.

Monmouth University has given female and male athletic positions equal footing. Ever since April of 1994, the Vice President and Director of Athletics Marilyn McNeil, Ph.D., has been charge on many levels in Monmouth athletics.

She has had many achievements in her long tenure, leading Monmouth to two National Collegiate Athletic Association (NCAA) division I recertification processes. Under her guidance and leadership she has given the Hawk teams 33 the Northeast Conference (NEC) regular season championships and 61 NEC tournament championships. A woman leading the charge for Monmouth athletics breaks the typical athletic norms.

Professional male-dominated sports commissioners are all men; Monmouth University has chosen to break away from this unspoken rule and for 19 years has the led the way to give a female a chance to run the athletic department.

Whether or not the NFL, NBA, and other professional male-dominated sports will follow Monmouth is one thing, but they have given women a chance to fill commanding roles. Although scrutiny for these decisions follow, the women who are bravely following their goals continue on.

Gender norms make it hard for women to announce and referee male athletics, but society is changing to be more inclusive and ignore old norms that have formed, as evident by Monmouth Athletics and the daring women who have chosen to take on male-dominated roles in male athletics.



PHOTO COURTESY of Monmouth University

Marilyn McNeil, Ph.D., Vice President and Director of Athletics, has led the department since 1994.



# New Jersey Legislature Addresses Virtual Payments

ALBERT SHALOM  
STAFF WRITER

NICHOLAS COSCARELLI  
SENIOR/POLITICS/CO-NEWS EDITOR

A bill to prohibit businesses from refusing to accept cash from customers and requiring them to pay electronically was introduced to the New Jersey Legislature, on Monday, Dec. 3.

The bill, S2785, prohibits a person from selling or offering for sale any goods or services at retail if the person requires the buyer to pay with credit or prohibits the buyer from paying with cash.

The bill applies to any retail transaction conducted in-person, and excludes telephone, mail, or internet-based transactions.

Legislators in Trenton have noted that currencies like Bit-Coin, a virtual currency, and an increase in number of businesses and kiosks that is no longer accepting cash for the purchase of their products have prompted them to take action with this bill.

If the bill passes, New Jersey would be one of two U.S. states, following Massachusetts, to have such a law in place—and the first in four decades that requires businesses to accept cash.

One of the bill's primary sponsors Assemblyman Paul Moriarty (D-Gloucester) explained that this bill is aimed at rectifying some of the inequality against those who cannot or do not have the means of being able to set up a bank account or afford to be burdened by credit card debt.

"When you start going cashless, you marginalize people who are older, poorer, [or] younger, who haven't established credit, or people who don't want to use credit to buy a pack of gum, which would be me," Moriarty



PHOTO TAKEN from Sabre.com

State Legislators address inequality from virtual payments.

told *NJ Advance Media* on Friday, Nov. 30. "For people that want to [use credit], that's fine, but stores should still accept legal tender, which is the U.S. dollar."

According to the drafted bill, a civil penalty of up to \$2,500 would be imposed for a first violation of the bill's provisions, and up to \$5,000 for a second violation, and any subsequent offense would be unlawful practice under the state.

An unlawful practice is punishable by a monetary penalty of not more than \$10,000 for a first offense and not more than \$20,000 for any subsequent offense.

Additionally, violations can result in cease and desist orders issued by the Attorney General, the assessment of punitive damages, and the awarding of treble damages and costs to the injured party.

Brian Scharf, a senior business student, agrees with the bill. He said that he believes a ban should be imposed on businesses refusing to accept cash, explaining that it is unfair for any business to refuse a physical monetary ten-

der.

Although sponsors of the bill could not identify specific New Jersey businesses that don't accept cash, Moriarty said he sees such issues at Newark Liberty International Airport.

"If you go to take a flight, it's almost impossible to get anything to eat if you don't have a credit card," he said. "Everything's based on iPads, and there are minimal servers."

Assemblywoman Verlina Reynolds-Jackson (D-Mercer), another one of the bill's sponsors, said that she was told she couldn't use cash at a New Jersey store a few years ago but couldn't remember where. She was shocked.

"If your credit isn't so good or you don't have a bank account, you're not supposed to be able to buy food and groceries?" Reynolds-Jackson questioned. "That's ridiculous."

The bill passed the New Jersey State Assembly 71-4 in June, and is still on the Senate floor, waiting to pass and be signed by Governor of New Jersey Phil Murphy to officially become law.

# Partisanship in American Politics Causing Disunity

ALBERT SHALOM  
STAFF WRITER

The University's Polling Institute found that few Americans feel that the nation will become more united in the coming year, in a recent poll released on Tuesday, Nov. 27.

According to the report, Republicans appear to be somewhat less negative than Democrats regarding unity of the country.

The poll found that only 20 percent of the public feels that Americans are united and are on the same wavelength on some of our most important values.

These recent results contrast with a similar poll conducted last December, which found that 72 percent of participants said the nation was divided on its core values and 23 percent said the country was united.

The decline in Americans who said that the country was united shows that one of the biggest conversations going on in U.S. politics is that of the political polarization that seems to have taken a hold throughout the country.

The poll even found that 62 percent of Americans feel that the country has become more divided.

"We just held a midterm election where record high turnout demonstrated that politics matters to people. But that doesn't mean they are particularly optimistic about what the future might hold," said Patrick Murray, Director of the Polling Institute. "Negative opinion of American politics has not budged at all over the past year."

Murray reported that the public continues to feel that both the president and the major political parties, are not giving enough attention to issues that Americans say affect them the most.

"Interestingly, majority of Democrats, Republicans, and independents all feel that the country is divided," he notes.

Adrian Pacheco, a junior marketing student, said, "I feel the American people have always been at unease with the structure of our government. I feel there's a gap in trust that drives the connection further and further."

He explained that he believes these statistics are not given enough attention, and are not discussed as much as they should be.

According to the report, a large majority of Americans are either angry or dissatisfied with the federal government.

Vincent Miele, a junior accounting student, attributes this dissatisfaction with the current Trump administration. "The country is more divided than ever," he said.

"It is important to bridge the differences and to find commonalities across the political spectrum," Miele said.

Turning towards the future and what is to come in the upcoming year, the poll found that 34 percent of the public expects the country will become more divided in the coming year.

Along with only 21 percent believing it will become more united, with 40 percent feeling that not much will change in the near future.

# Polling Report Reveals Division Amongst Americans on Immigration Policy

CARAVAN cont. from pg. 1

NOT coming into the U.S.A." he writes. "We will close the Border permanently if need be. Congress, fund the WALL!"

In an interview with *Fox News* on Nov. 27, Counselor to the President Kellyanne Conway defended border agent's decision to use chemical weapons again those at the border. Conway accused the mainstream media of wrongly portraying migrants as mainly made up of women and children, claiming that most asylum seekers were violent men who were a danger to others living near the border.

"It's difficult to demonize a group that is such a large part of the fabric of your own community," said Murray, noting that 20 percent of New Jersey residents were born in another country.

Politically, the recent poll found that 54 percent of Republicans see the migrant caravan as a major threat, while 43 percent believe that the migrants should be allowed to enter the United States. This is compared to just 11 percent of Democrats and 28 percent of Independents seeing migrants as a major threat, with 89 percent and 72 percent, respectively, supporting the mi-

grants' entry into the United States.

Overall, however, 70 percent of Americans polled believed the migrants should be given the opportunity to enter the country if they meet certain requirements, such as showing they were persecuted in their home countries and did not have a criminal record.

"Most of the public express some level of concern about the approaching caravan, some of which may be due to unsub-

stantiated claims that the group includes terrorists," Murray said. "At the same time, though, most Americans feel that each migrant should be given the opportunity to state their case for entering the United States."

Ken Mitchell, Ph.D., Chair of the Department of Political Science and Sociology and an associate professor of political science, suggested that Trump's public reaction to the migrant caravan could be an attempt to achieve political

convenience by sparking outrage about the issue of immigration, rather than working with a divided Congress for solutions on a problem that may not necessarily be as severe as presented.

"There are no ISIS people in the caravan, as the President was talking about," Mitchell said. "Illegal border crossing from Mexico, according to data from our government, are at an 18-year low."

Mitchell also expects any

controversy Trump is causing over the migrant caravan to die down, with the intensity from the midterm elections having ended and Americans returning to more normal lives. In fact, Mitchell said, the issue of immigration could be normalized because Trump is regularly talking about it. He compared it to climate change, another major issue with new developments that he says is not attracting much attention because it is talked about frequently.

"The migrant caravan is something the President is very interested in," Mitchell said. "I wonder if this is something the American people will be that interested in over the next two years."

Edward Mullane, a junior communication student, said he has not heard much about the migrant caravan, with social media being his main source of news. As for Trump's tweets, he said he has not checked the president's Twitter account over the last few weeks and that his words do not impact his opinion on immigration.

"I've heard a bit about it on social media," Mullane said. "I believe every migrant should have the chance to experience the American dream," he said.



PHOTO TAKEN from Vox.com/John Moore/Getty Image

President Trump ordered increased military force at the U.S.-Mexico border against migrant caravan.



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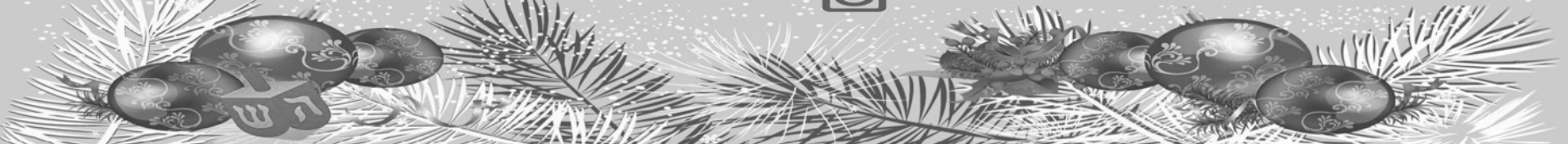
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# Inexpensive Gift Ideas

COLLEEN MORETTI  
CONTRIBUTING WRITER

It's that time of year again. You have to buy a gift for everyone, putting your bank account into a state of emergency.

Fortunately, it doesn't always have to be like that because there are plenty of tips and tricks that will help you save this holiday season, but also make sure you show up to secret Santa with the best gifts.

Speaking of secret Santa that is a great start for gift giving. If you have a huge group of friends and feel obligated to buy something for everyone... don't.

It is more convenient because by doing this, you only have to buy for one person and there will, of course, be a spending limit. It is such a fun and great activity.

Secret Santa is a perfect way to get out of spending too much money on too many people.

When asked where to shop for inexpensive gifts, Yazmin Belhadj, a junior political science student, said, "Two words: Five Below... They have such a variety of things and everything's under \$5. You

can get someone a stuffed animal and some of their favorite candy and call it a day!"

Another great inexpensive gift you can't go wrong with would be candles. Bath & Body Works candles are great and there is a scent for everyone.

The best part is that they are only \$12 and the store is always having sales like buying one get two free; sales might save you enough money to get all your shopping done in one trip rather than waiting for the next paycheck.

Other great inexpensive gift ideas are silly or cute little stocking stuffers. People love items like socks or small accessories.

Brielle Kough, a junior psychology student, said, "I always like to go to Icing, it's a store you can buy cute stocking stuffers and right now they are having a sale for buy 3 get 3 free."

There is an Icing store right in Monmouth Mall too so it is super convenient for all of your holiday needs.

Another great gift idea is a coffee mug. Coffee mugs are super inexpensive and very versatile in their designs.

A great aspect of buying something like a coffee mug is that they

can be personalized for the person you bought it for or you can just buy a generic one.

Here is a great tip if you use the coffee mug idea: stuff it with their favorite candies and wrap it in clear cellophane wrap, that way it's cute and full.

Shopping doesn't have to be a burden when you know what you're looking for.

Look for sales and stick to what you need. Inexpensive gifts are great. Just because something doesn't have a high price tag doesn't mean that it's less sentimental.

Marina Vujnovic, an associate professor of journalism, gave her input on the topic. She stated, "I love baking. I think I am a good baker and the best inexpensive gift that I like to give is Christmas cookies with special recipes from all over the world."

She continued, "They are not only yummy but also let you tell a good story." Baking is a great hobby and if you have a family member or friend that has a good sweet tooth, baking for them may be the perfect gift.

Try to save your wallet the pain and use these inexpensive gift tips to have a happy holiday season.

# Dress For Success

SHANNON OSWALD  
CONTRIBUTING WRITER

you can even say something, people judge based on appearance.

Yazmin Belhadj, a junior political science student, stated, "Dressing professionally makes you look sophisticated. It gives employers and business professionals a good first impression and your appearance is the first thing that someone notices about you so it is important to start on the right foot."

Dressing in a professional manner is something that you have full control over and if it puts you a step ahead then it is crucial.

The term "dress for success" is so accurate. It is important to keep this in mind when you want to throw on a sweatshirt early in the morning, if you want to be successful then the first step is looking like it.

Melissa Desena, a junior finance student, said "I think that if you dress professionally people will take you more seriously. They will focus more on what you can provide to the company rather than what you are wearing because you look capable and professional."

First impressions are everything and if you are dressed for the position before you even have it, then employers will put you ahead of those not dressed for it.

Opportunities are all around us and it is crucial that we are always prepared for when one might approach us.

Professor of English Jeffrey Jackson, Ph.D., gave his input on the topic. He said, "I have often found, and long believed that dressing professionally can affect your attitude and mentality; simply put, when you are dressed professionally, you are also thinking and behaving professionally."

He continued, "My first interview with Monmouth University for my position was a phone interview; however, I dressed up in a suit for it. No one could see me, of course, but dressing the part made me feel focused and authoritative during the interview."

Best of luck and start to dress for success.

# Shop Savvy: Holiday Guide

CHLOE BARONE  
STAFF WRITER

Shopping during the holidays can be stressful, especially if you have a large family.

For those of us who do not brave the stores on Black Friday and miss Cyber Monday, it can be a last-minute dash to find the best deals for gifts.

Luckily, the Internet, as well as some department stores, hold secret discounts that only the most determined shoppers will find out about.

Around the holiday season, it is important to compare prices.

When comparing prices, make sure you are looking at the same exact item on all sites. To make sure you are identifying the correct product, Thomas Cullen, a junior graphic design student said, "Compare model numbers of the item to make sure you are going to get exactly what you are looking for."



PHOTO TAKEN by Cassandra Capozzi-Smith

When trying to save money, flyers are a great way to find out about sales.

that they will match the deal they are running online."

If you are looking for a wide variety of items, check out Amazon, a large marketplace of all types of products. If you are looking for gifts for your mom, sisters, or girlfriend check out Nordstrom Rack online (or in store) which has great discounts on designer items.

For your dad, brothers, or boyfriend, H&M has great fashion pieces, and accessories for low cost.

Always remember that when you are shopping online to beware of fraudulent products, or phishing schemes. Marino continued, "Make sure to buy directly from known companies. There can be phishing scams out there where people send out a link trying to steal personal email. This is very big this time of year to send emails claiming to click here for an expensive item at a cheap price and it's a phishing scam to try to

steal credit card info."

If you feel more comfortable shopping in store, try places such as Marshall's or TJ-Maxx, they have more than just clothes. You can purchase gadgets, home décor, cooking ware and much more for a discounted price.

Although receiving a store-bought gift can be extremely exciting, sometimes it is the more thoughtful gifts that leave a lasting impression.

This holiday season take time to write a meaningful letter, put together a scrapbook, or even create a memory box.

If by reading that sentence you just said to yourself, "That sounds great, but I am not that creative," don't worry. You can log onto Pinterest and search any project that you may be interested in and instantly receive thousands of ideas.

Always remember that the magic of the Holiday's is created by spreading gratitude and spending time with loved ones.

Walking into class each day for 13 weeks will enable you to gain confidence each time.

On the way to class, the possibilities of who you are going to bump into or give a quick wave to are endless.

Professors have an unlimited amount of resources that could help you find a future internship or long-term profession.

If a professor knows about a job opening, they will likely recommend the student in nice jeans and a sweater rather than someone wearing sweatpants and a t-shirt to the employer is much greater.

You want to be the one who is picked from a crowd based on first impressions.

You know what they say about how a first impression is everything, well before



PHOTO TAKEN by Nicole Riddle

When preparing to go to class, it is important to be professionally dressed because it will motivate you to be more attentive and it can prepare you for your future.



# READING WHILE WATCHING TV?

## *The Stigma of Foreign Films*

DANIELLE McCLELLAND  
STAFF WRITER

A foreign film or television series is an acquired taste.

I recently watched a new television show released on Netflix in early October, and reached a similar verdict when recommending it to my friends.

Met with expressions of disregard, discontentment, and disinterest, I'm left to wonder why subtitles are an inconvenience to most.

The box-office hit *Call Me by Your Name*, although not a foreign film, gave many people the opportunity to watch a film that does not possess your typical American flare. Firstly, it is a gay romantic film, and secondly it takes place in northern Italy.

*Call Me by Your Name* reminded me of *Blue Is the Warmest Colour*, which is French.

I watched this film in high school and while it touches on mature themes, I felt that it reflected on teenagers of our time. The confusion and denial

that comes from emerging sexuality realizations is prevalent regardless of culture.

People steer away from foreign cinema mostly because of subtitles.

Subtitles are met with dread and a drawn out "I don't want to read while watching a movie!" (which, makes me laugh every time my mother says it). It's a shame, because foreign films have strong plots and talented actors continuously brushed under the rug in America.

Pamela Diaz, an adjunct professor of world languages and culture, further touches on why Americans are not initially intrigued by foreign films or television.

Diaz said, "I think people steer away from subtitles for the same reason why they steer away from books: lack of engagement; a desire for passive entertainment."

Vincent Forgione, an adjunct communication professor, thought beyond the tedious task of reading subtitles.

"With regards to the standard

Hollywood formula, there is a comfort level to watching those films. That's why the formulas work. Large audiences will tend to steer away from movies that require some puzzling out of the meaning or messages," said Forgione.

When viewers don't feel like reading the subtitles, English dub is usually an alternative.

Loosely defined as replacing the original audio of a show with an English voiceover, English dub is common when watching anime or other foreign entertainment.

Alice Simonson, a resource center assistant in the world languages and culture department, offered her opinion on English dubbed television. "Certainly the visual of the mouth movement is disconcerting, but moreover the cadence and musicality of the language are lost," stated Simonson.

The English-dub may throw off the director's intended interpretation as well. While the reasoning behind it is understandable, it can take away from the actor's power and performance.

However, it also has the benefit of reaching a wider audience. For example, many people who don't normally watch foreign television are inclined to try it.

Gillian Foley, a senior psychology student, describes her experience viewing a foreign television show with English dub. "I personally liked the dubbing when watching *Elite* because I felt I could hear the translation, but still connect with the characters. I could focus on body language and facial expressions, rather than reading subtitles," said Foley.

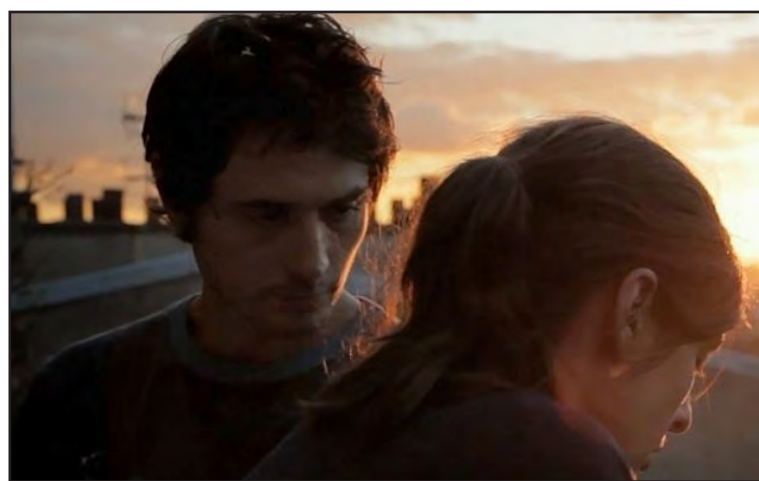


PHOTO COURTESY of Eklablog

*La guerre est déclarée* is a powerful French drama.

Foreign films are personally my favorite types of entertainment. My sister and I enjoy watching them together, and sometimes I am inclined to listen to the soundtrack of a show or film.

One time, upon watching *Elite*, a Spanish-European show on Netflix, I was introduced to Danna Paola, who plays Lu in the show.

I would have never known she was a famous singer in Spain if I didn't delve into her discography. Although I can't decipher every word sung, I genuinely enjoy finding new music from different cultures than my own.

There's a grand scope of foreign films and shows to recommend! Depending on genre preference, the recommendations will change, but regardless there is something for everyone.

Diaz said, "I loved the French film *La guerre est déclarée* (Declaration of War), a story of how a child's illness tests the resilience of a young couple

(based on the actual life story of the actors and producers)."

Diaz described the film as, "intensely emotional, with highs and lows, and has the unresolved quality that so many French films end with -- like a snippet of life, rather than a whole story in such a way that it stays with you."

She concluded with, "And the music, like the story itself, has a beautifully raw quality to it."

For TV, I recommend the show *Elite*. Released Oct. 5 on Netflix and based in Spain, the show has great execution.

It's about the stark differences between wealthy and working-class teens in a private high school. It's a great introduction to the world of foreign television.

"I definitely like the show *Elite* and can see that even though America and Spain are very different, the lives and emotions are the same" Foley concluded.

Although the films might be foreign, their messages are universal.



PHOTO COURTESY of Netflix

Spanish Netflix show *Elite* was renewed for a second season.

# Don't Call it a Comeback

ERICA BARBARA  
STAFF WRITER

Following the controversial termination of WarnerMedia's beloved FilmStruck streaming service, a new digital home for great movies has been announced.

Criterion, on Nov. 16, released that the team will be launching a new subscription service, housing solely its famed Criterion Collection.

FilmStruck was given the ax on Nov. 29, and many film lovers were upset. Those impacted by FilmStruck's services, from celebrities to casual watchers, took to social media and petitioned for a revival of FilmStruck, but it was to no avail.

This point was where Criterion stepped in.

The Criterion Collection was one main selling point of FilmStruck's catalog, known for its beautiful preservation, restoration, and distribution of classic films both vintage and contemporary.

The Criterion service, in the wake of FilmStruck, will supposedly contain many on-screen and off-screen exclusives.

In a recent post on *Criterion.com*, the team released info about its service's contents, including "programming director spotlights and actor retrospectives featuring major Hollywood and international classics and hard-to-find discoveries from around the world, complete with special

features like commentaries, behind-the-scenes footage, and original documentaries."

Nicholas Messina, a specialist professor of communication and a former FilmStruck subscriber who provided insight on FilmStruck's initial demise, responded to Criterion's announcement with, "While the loss of FilmStruck as a whole is detrimental, the creation of the Criterion Collection service is a brilliant alternative."

Messina continued, "I believe that a majority of individuals were attracted to FilmStruck for access to the Collection in the first place."

At this point, Criterion is projecting a 2019 release of their unnamed service at \$10.99 per month or \$100 per year.

That considered, the Criterion team is said to be looking for subscribers to sign up now to support the service's development; in exchange, these so-called "charter members" will receive exclusive benefits.

Criterion's service will be accessible for the U.S. and Canada at launch and is intended to roll over to other country closely after.

Criterion is publicly calling for FilmStruck lovers to support this budding 2019 service. User interest would reaffirm the artistic and cultural need for easily-accessible digital film archives.

Messina concluded, "It's a step in the right direction. The people were given the opportunity to speak and their (our) voices have been heard! So to the new Criterion Collection service, I say, 'here's looking at you, kid.'"

Following much protest, there has been the talk of WarnerMedia planning to re-emerge with a "more comprehensive" service inspired by bits of FilmStruck. Criterion, on its official website, mentioned that The Criterion Collection would also be accessible on WarnerMedia's service upon its release.



PHOTO COURTESY of Madison Movie

Movie buffs are a-okay with the Criterion Collection's comeback.

# What Will Remain?

RAYMOND ROMANSKI  
CLUB & GREEK EDITOR

Metal icons All That Remains released their ninth album, *Victim of The New Disease*, on Nov. 9. It took me a few weeks to listen to it, because I knew there would be tears involved.

Surely enough, I was right.

The album came only a few weeks after lead guitarist and founding member Oli Herbert was found dead at the age of 44 in a pond in his backyard on Oct. 17. The cause of death was an overdose of sleeping pills and antidepressants; neither were prescribed to him. The authorities have not ruled out foul play and the investigation is ongoing.

Now, the fate of the band is up in the air.

The lyrics on "Disease" are spooky considering how relevant they are prior to Herbert's death.

In the song "Everything's Wrong," vocalist Phil Labonte describes the denial of a departure: "I don't want to write this 'cause if I do it might be true/ No I can't fight this I'm never able to get through/ I can't deny this and I'll be damned if it's not you who told me...And you left so none of it was true."

It was meant as a love song, but takes on a new meaning with the loss of a friend.

Another peak moment is the song "Just Tell Me Something," featuring vocals from Asking Alexandria frontman Danny Worsnop. Worsnop

compliments Labonte's higher voice with a raspy delivery.

*Victim of the New Disease* is a great album, if not their best.

The band is at their most cohesive in their career. The production was done by Daniel Laskiewicz and mixed by Josh Wilbur, no amateurs to rock and metal production.

The lyrics resonate deeper than anything else in their discography does.

Their playing has some brilliant moments where they have given their traditional formula of songwriting a rebirth.

The ten-track album features some of Herbert's best guitar playing; melancholic acoustic intros done with beautiful fingerpicking, while also maintaining lightning solos.

As Herbert's final work, this album is a testament of his talent that will be long enduring and an eventual classic.



IMAGE TAKEN from Loudwire

Oli Herbert passed last month from a drug overdose.



Christmas

(Baby Please Release New Music)

ERIN MULLIGAN  
STAFF WRITER

Everyone knows the iconic, traditional Christmas songs sung by stars such as Bing Crosby, Johnny Mathis, Brenda Lee, and Andy Williams, but what about new Christmas songs?

Many could say that most Christmas songs are overplayed even if the same song is sung by a different person. You could get tired of the same old lyrics and sound so what about new original Christmas songs?

Is it possible for new tunes to catch on and make it to the radio? If people are so used to the normal traditional songs, could new originals be accepted?

Current music artists such as Ariana Grande and Katy Perry have succeeded at creating original Christmas hits.

Grande's popular "Santa Tell Me" went to number 1 on Billboards Holiday chart as well as getting to number 39 on Billboard's Mainstream Top 40.

While the song received mostly positive reactions, some claimed that Grande was trying to create a holiday staple, but just fell short of Mariah Carey's famous "All I Want For Christmas Is You."

Perry has recently announced her Christmas music. Perry released her brand new Christmas single, "Cozy Little Christmas" exclusively on Amazon Music in early November. The song peaked at number 10 on Billboard's Adult Contemporary chart.

Original Christmas songs created by Stevie Wonder and Elton John back in the day, easily



PHOTOS COMPILED by Mark Marrone

Artists young and old try to get fans in the Christmas spirit by releasing original songs. Johnny Mathis (left) and Ariana Grande (right) have recently released their own Christmas tunes.

caught on with listeners. Now, they play on the radio just as the traditional songs do.

Certain songs that are being released today such as Blake Shelton and Gwen Stefani's "You Make It Feel Like Christmas," has captured the ears of eager listeners.

The single has a major pop influence with the perfect amount of Blake Shelton's country twang.

The song that was released in September of 2017, peaked at number four on the Digital Sales chart as well as number nine on the Adult Contemporary.

Monmouth senior and WMCX

General Manager, Allison Nugent, said that some of her favorite originals are "Ho Ho Hopefully" by The Maine and "Yule Shoot Your Eye Out" by Fall Out Boy. Nugent highly recommends these and said, "I'd like to hear some from DNCE or Hop Along."

The Maine's Christmas album titled ...And A Happy New Year, which featured the single, "Ho Ho Hopefully," peaked at number 10 on the Billboard's Independent Albums chart.

On whether or not traditional Christmas songs are overplayed, Nugent said, "No, they're all great. I wish they played all year

around."

Associate professor and WMCX advisor, Aaron Furgason, Ph.D., likes, "The Killers "Don't Shoot Me Santa" from 2011 and Carly Rae Jepsen's cover of the classic Wham Christmas song, "Last Christmas."

The Killers' Christmas single ranked 34 on the U.S. Singles Chart and 23 on the Canadian Hot 100.

The Queen of Pop Carly Rae Jepsen's "Last Christmas" went to 43 on the Billboard U.S. Holiday Digital Songs chart.

Furgason also said, "Even Radiohead has a Christmas song, Winter Wonderland. I would

argue all Christmas songs are overplayed because they begin airing now before Thanksgiving, so by Christmas I have reached Christmas music fatigue."

Of course, we can't forget Justin Bieber's whole Christmas album, *Mistletoe*.

The title track, "Mistletoe," went straight to number 2 on Billboard's U.S. Adult Contemporary chart, 40 on the U.S. Mainstream Top 40, and number 11 on the U.S. Billboard Hot 100.

Other favorites from the album include Bieber's rendition of the Christmas classic, "Drummer Boy," and his collaboration with mentor, Usher, on "The Christmas Song (Chestnuts Roasting on An Open Fire)."

Could it be that there is a need for new original Christmas songs because the traditional classics are aired so early in the year?

Even though Christmas music is played before Thanksgiving now, it's great to have new originals to listen to.

Flipping around radio stations can be tiring and irritating while you're waiting to hear something new or different.

While we will always have our classics thanks to Bing Crosby and our more recent classics thanks to Michael Bublé, it's good to know that we have more options.

Be sure to keep an ear out for these more recent original Christmas songs next time you're looking for something more and something new.

They all have the same Christmas feel, just with a sprinkle of something new.

Does Hollywood Know

It's Christmas Time At All?

MATT SHAFFER  
CONTRIBUTING WRITER

The holiday season has always been an ideal time for the movies.

It's cold outside and folks are always looking to survive the weather with some kind of indoor activities.

Christmas films always set the mood by filling the room with joy and cheer.

Just like the length of Santa's naughty or nice list, there are tons of Christmas movies loved by many.

Whether it be the all time classic, *It's a Wonderful Life*, *A Christmas Story*, *How the Grinch Stole Christmas*, or *Christmas*

*Vacation*, there are a selection for all kinds of viewers.

Any movie to throw on with the fireplace burning is something we all look forward to during this jolly time of the year.

With a long history of great Christmas movies, there has been a dip in quality since the turn of the 21<sup>st</sup> century.

With the exception of *Elf*, starring Will Ferrell, and a few others, there hasn't been a *classic* film good enough to revisit.

It isn't necessarily that the movies are bad, but they haven't been anything worthwhile.

Just this November, an animated remake of the *The Grinch* was released and performed well at the

box office.

The problem is that we've seen the story before and done so in a way that is way more nostalgic for the holidays.

Original box office hits are hard to come by, but we've seen it happen not too long ago. *The Santa Clause*, *Home Alone*, and—even though I don't consider it a Christmas film—*Die Hard*.

The current trend seems to be using Christmas as a device to put out a raunchy comedy film. Over the past few years, films like *The Night Before* starring Seth Rogen and *Office Christmas Party* featuring T.J. Miller have been released for the holidays and both of them seem to have faded away without much recognition.

Sure, they may air on cable TV for the next few years, but I find it hard to believe these films will ever be remembered as instant classics.

Are we doomed for an endless stretch of bad holiday films? Lumps of coal on top of lumps of coal?

Adjunct communication professor Lisa Allocco noted that some of the older movies, like *Rudolph* and *Frosty the Snowman*, are sadder than other recent funny or charming Christmas tales.

Other older films, like *A Charlie Brown Christmas*, touch more on religious themes targeted perhaps at an older audience.

"A lot of the [older movies] are surrounded around the season, about the feeling of hope or giving or peace," Allocco said. "[Newer films] are more commercialized



PHOTO TAKEN by IFC Center

*It's a Wonderful Life* is an all-time classic still loved 72 years on.

now to appease a larger audience."

So if not for the movie theater, where can we get our fix?

The television specials like *Rudolph* and *Frosty and the Snowman* have always had a charm to them with the dated animation and old time feel.

While it's not everyone's cup of hot chocolate, the Abominable Snow Monster and Yukon Cornelius are major holiday players in my household.

Streaming services are also dipping their toes into the holiday market. Netflix has become more prevalent with late year releases.

Last year, Netflix had a bit of a cult-ish hit with *A Christmas Prince*, and even released a musical special starring Bill Murray fittingly titled, *A Very Murray Christmas*.

These aren't particularly major success stories, but the availability of the movies makes for a potentially interesting trend in the holiday film landscape.

It's always important to go back and watch your favorite movie during the winter seasons.

For me it's always *A Charlie Brown Christmas*.

Everyone has their one; it's just wishful thinking that comes with this time of year where we hope we can see something new and jolly.

There isn't anything else left on the slate this year and nothing set for 2019.

It seems uninspiring to have these Christmas themed movies be released without much substance to them.

They seem like throwaway scripts dressed in fake ornaments and tinsel to put on the scent of milk and cookies to sell to an audience.

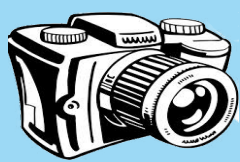
While the holiday film season has now been reserved for the latest *Star Wars* or Disney release, all we can do is ask the big guy up north for a sleigh full of new classics in the near future.



PHOTO TAKEN by Comedy Movie Review

*The Night Before* isn't a holiday flick worth revisiting.





# MOMENTS AT MONMOUTH



**LEFT:**  
DECORATIONS CREATED BY  
THE STUDENT ACTIVITIES  
BOARD (SAB) FOR THE  
UNIVERSITY'S FIRST WINTER  
ILLUMINATION CEREMONY.  
PHOTO COURTESY OF:  
SAB



**RIGHT:**  
HARD ROCK BAND  
HENGINE AFTER THEIR  
PERFORMANCE IN  
PLANGERE FOR WMCX.  
PHOTO COURTESY OF:  
WMCX



**LEFT:**  
STUDENTS AND MEMBERS OF  
THE UNIVERSITY'S BLACK  
STUDENT UNION (BSU) AT  
THE UNO TOURNAMENT IN  
ANACON HALL.  
PHOTO COURTESY OF:  
BSU



**RIGHT:**  
MEMBERS OF THE  
CATHOLIC CAMPUS  
MINISTRY (CCMU) ON THEIR  
TRIP TO ROCKEFELLER  
CENTER.  
PHOTO COURTESY OF:  
CCMU



**Don't see your picture this week?**  
Check back in next week's issue for more Monmouth students' photos!



*Do you have any holiday traditions? If so, what is one you remember from growing up?*

COMPILED BY: NICOLE RIDDLE



**Emma O'Rourke**  
**Senior**

"I like going to Lincoln Center every holiday to see a symphony, play or opera."



**Joe Fantozzi**  
**Senior**

"I spend every Christmas Eve with my father's side."



**Kim Fernandez**  
**Senior**

"My family and I always go visit the Christmas tree in New York and then we go out to eat at one of our favorite restaurants."



**Artiom Efimenko**  
**Senior**

"One holiday tradition that my family has is called Paska. In Russian Orthodox, what we do is gather at church around midnight and we pray while the priest blesses our baskets full of food."



**Joseph Lipp**  
**Adjunct Professor of History and Anthropology**

"My wife, kids, and I take the day after Thanksgiving to go to a cut-you-own-tree farm."





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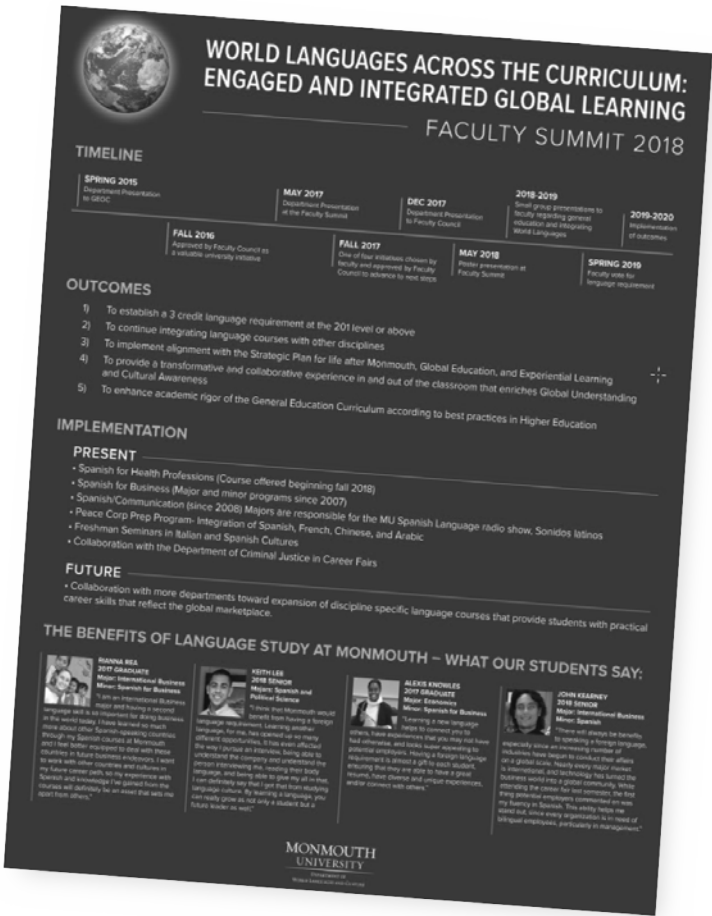
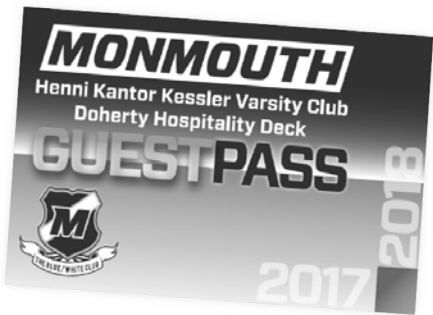
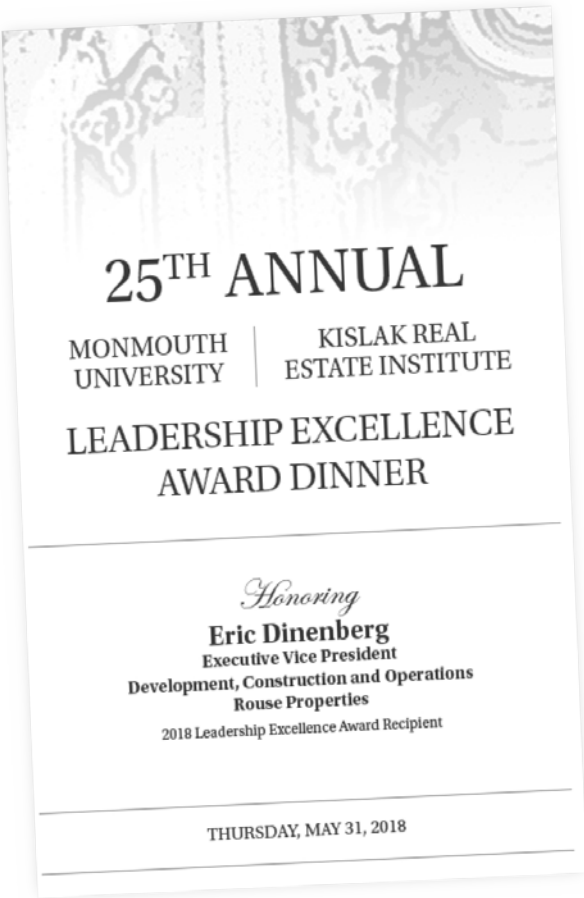
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If your graduation date is incorrect, please contact the Financial Aid Office at (732) 571-3463 or via e-mail at [dorsey@monmouth.edu](mailto:dorsey@monmouth.edu), or you may visit us in person in Wilson Hall, Room 108.



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SAB Lights up The Campus

DENNIS BRISLIN  
CONTRIBUTING WRITER

The Student Activities Board (SAB) at Monmouth University held the first ever Winter Illumination on Friday Nov. 30 on the Residential side of campus. SAB specializes in the majority of the school’s special events, festivals, and concerts held this event which featured crafts and refreshments. 5678 Dance Club took the stage promptly at 7:15 p.m., and as they were dancing all of the lights turned on. Emily Loughman, a first year art student said, “It was epic.” As the lights turned on at the event, Melania Pugliese, a junior biology student, was attending with her girlfriend when she stated, “It was fun and cute. I enjoyed the crafts, stuffing the reindeer was so relaxing and a great way to distress before finals.” There was an estimated 200-300 students turn out for the evening, along with

multiple staff and community members. The overall event as the chairman stated had multiple elements that just all worked well together. The live performances gave students something fresh every three minutes. The cultural organizations that were present were making crafts with participants. According to various attendees, it was a unique way for students to learn more about one another’s celebrations, and try things such as play dreidel, or make your own ornaments. On top of that, the lights added elegance to the evening. That, along with the hot pretzels and hot chocolate, created a sweet atmosphere and something fun to munch on to keep you toasty. Throughout the night, MU Players performed various numbers, along with Blue Hawk Records and CommWorks. There was also a community aspect from the cultural organizations. About a dozen free crafts where

offered at the event by the Latin American Student Organization, Residential Hall Association, National Council for Negro Women, CRU, Student Government Association, and the Italian Club. It was one of the biggest and brightest celebrations of the year. Some of the lights will remain on timers for everyone to enjoy until Reading Day. There is even more fun happening next semester. SAB will be hosting three new festival events just like Winter Illumination, along with over a dozen other concerts, comedians, special events, novelties, and more. The performance organizations will also all be showcasing their talents. The 5678 Dance Club will also be hosting their annual recital showcase, with set pieces, student choreography from award-winning dancers, as well as a Disney Dance Production number. Blue Hawk Records, another Monmouth University Department of

Music and Theater club, participated was something special. Make sure to follow SAB on Instagram @monmouth\_sab or on twitter to always be updated with what’s happening on campus. Also be sure to follow Monmouth University’s Center for the Arts to always be updated with the dozens of live entertainment for students.



PHOTO COURTESY of Dennis Brislin  
Members of SAB enjoyed a night of lights and crafts at the Winter Illumination on Nov. 30.

WMCX GOES TO THE DENTIST

RAY ROMANSKI  
CLUB & GREEK EDITOR

WMCX held its second Lecture Series on Nov. 30 in Plangere Room 235. The Lecture Series is a concert in a classroom followed by an on-air interview. This concert featured the bands Hengine, Solo Dolor, The Boogiemans, with indie-surf punk band Dentist headlining. Dentist has had a productive 2018; they performed at SXSW Festival in Austin, Texas and were named one of the Top 10 performers at the festival, gathered critical acclaim from NPR, Flood, and Stereogum Magazine, and dropped a new album entitled Night Swimming through Cleopatra Records. The concert was free and open to the public, and was catered with free pizza. The audience was a blend of Monmouth students and local community students.

Molly Fichter, a junior communication student and Production Director for WMCX, oversaw the concert from a central table headquarters covered in wires, speakers, and a control panel. “I’m happy because we’ve taken the success of one event and broke it up,” said Fichter. “We’ve learned lessons and will continue to make the Lecture Series better.” The event she is referring to is X-fest, an event that was two thirteen hour days of live music and in-studio interviews, which started at 10 a.m. and ended at 1 a.m. during the spring semester. WMCX and its executive board decided to take those two long days and split them into smaller, more enjoyable classroom concerts. The first Lecture was held back in September, and Fichter hints there will be more on the way. “We’ve done two for the fall semester, and plan to do two more in the spring,” she said. “I’m not allowed to comment as to who though.”

Brian Skilling, a sophomore communication student and member of Hawk-TV, attended the event. “It’s really great,” said Skilling. “They (WMCX) always get very talented musicians to come perform, it’s free which is good, and it’s something fun to do on a Friday night to just have fun. It’s a great time, the bands are nice people, and I will definitely be coming back.” Emily Bornemann, vocalist and bassist for Dentist, enjoyed her time with The X. “A few years back, we did a similar concert at The College of New Jersey, that was kind of similar to this, but I liked the small, intimate crowd in the classroom,” she said. “Thank you for having us.” Weekly meetings for WMCX are held in JP 236 every Wednesday at 3:15 p.m. Be sure to follow to WMCX on Instagram @WMCX889 to stay updated on all news and events.



PHOTO TAKEN by Ray Romanski  
Punk band Dentist headlined at the second Lecture Series this semester at WMCX.

Club and Greek Announcements

WMCX

WMCX is a student-run radio station, and we’ve been Rockin’ the Shore since ‘74. Learn how to operate the studio’s machinery, make connections, and host your own show! Meetings are held every other Wednesday in Plangere 236 at 3:15 p.m. If you’re interested in joining, contact Ali Nugent at s1096530@monmouth.edu

Hawk TV News

Hawk TV News is looking for vibrant and interested students who want to be reporters, writers, anchors, and much more. You do not need to be a communication major to be a part of this organization. If you are interested e-mail us at s0933548@monmouth.edu or meet us on Wednesdays in JP 138 at 3:15 p.m.

College Democrats Interest Group

There will be a College Democrats Interest Group meeting held in Bey Hall 226, the Center for Active Citizenship. All who are interested in attending should come to hear about how to become involved in left-of-center political activities. Events will be held throughout the year, some in unison with the College Republicans. For more information, or any questions or concerns, contact Landon Myers at s1132749@monmouth.edu.

The Outlook

The Outlook is looking for students interested in writing for the student-run newspaper. Sections include News, Opinion, Politics, Lifestyles, Features, Entertainment, Club & Greek, and Sports. No prior experience is necessary. The Outlook fulfills practicum. If you are interested, please e-mail Zach Cosenza at s1052751@monmouth.edu or outlook@monmouth.edu and come to our office in JP 260. We hope to see you soon!



# Professor Spotlight on Maria Simonelli

MELISSA BADAMO  
STAFF WRITER

Thirty-eight years ago, Maria Simonelli, Ph.D., arrived in the United States for the first time from a small town in the mountains near Naples, Italy.

Her arrival to America began after an earthquake in Naples, but her journey to Monmouth as a lecturer of Italian and Latin, the Department Coordinator of the Italian Program, and the Advisor of the Italian Club took some time.

"I was teaching in Italy—Italian, Latin, and Classical Greek. I came here, and I didn't teach right away because I didn't feel comfortable with my accent. I tried so many things but the only thing I really loved was the classroom," shared Simonelli.

"I was trying here and there, doing different things that didn't mean much to me really. It was a good experience, though. I got to meet different people, I got to understand the dynamics of society here, and finally I went back to teaching," she added.

Simonelli's story of becoming a professor in America is a perfect example of finding what you were truly meant to do.

Gianna Petrone, a junior criminal justice student in Simonelli's Elementary Italian class, said, "One of my favor-

ite things about Dr. Simonelli is her enthusiasm for teaching. As a student in her class, it's been a privilege to see her passion for the Italian language and culture."

Simonelli's understanding of the American culture was accompanied by her learning of the English language. "I learned how different it was. There's so many differences in cultures, especially with school," Simonelli said.

Her Italian students have the pleasure of listening to Simonelli's many stories about her plunge into American culture. Some of Simonelli's favorite stories of her first encounters with American culture include taking the literal meaning of the phrase "see you later" and misunderstanding the prevalence of the lasagna dish compared to Italy's tradition of making it only once a year on Carnevale. There are stories she can look back at to see how far she really came in understanding the American culture and being able to share the Italian culture with her students.

As an Italian professor, Simonelli is always teaching her students the importance of learning a second language. "In Europe, it's unconceivable to speak one language. Two, three, or more if you can," she said about the topic.

"That's the only way for you to understand the differences in everything. Culture and language go together. You cannot learn one without the other. It makes you a whole person, if you can understand language and culture."

"It also makes you a critical thinker. You have to have the vocabulary, and that's where everything comes together—the structure, the syntax, the grammar, everything comes together," Simonelli continued.

Sabina Graziano, a junior computer science student, is very dedicated to the Italian language and culture. "[Dr. Simonelli] really wants her students to learn and truly understand the culture and how it affects the language. Learning a second language is super beneficial. It gives you a bet-

ter grasp of the culture and the country," Graziano said.

"Throughout the fall semester with Dr. Simonelli, I have learned the importance of studying a foreign language and I look forward to learning more about cultures throughout my time here at Monmouth University," Petrone said. "The most valuable thing about learning a second language is the insight it gives you into another culture; this is extremely valuable when creating connections with others."

Being from Italy and migrating to America, Simonelli is always teaching her classes about the differences of Italian and American culture, the most prominent being the differences in schooling.

Whether it's the exclusion of the philosophy subject in American public schools, or the abundance of homework in Italian schools compared to American schools, Simonelli has boundless information to share about Italian culture in the eyes of an American.

Simonelli's passion for

teaching shines through every class she instructs. Her involvement with students stems from her warm, welcoming personality, and creates a wonderful learning environment that all of her students appreciate.

"When you teach you learn, too. I love to be in the classroom and talk to the students. The experience of teaching here and there is a great combination of things, because I have learned many different ways of teaching and it makes you really complete. We all learn in different ways, and every single student is different from one another. The experience of the students is always very enriching. Every class is enriching," Simonelli said.

"She has made me grow as a better student and person," concluded Graziano. "Whenever I'm stressed, she is always there to help me and make me feel better. She gave me a better outlook of the world and I'm grateful for her."

Simonelli constantly leaves lasting impacts on her students in a way that is extremely rare. Her passion and enthusiasm for teaching will never burn out as she continues to inspire students across Monmouth University, spreading her knowledge of another country's culture and language.

"As a student in her class, it's been a privilege to see her passion for the Italian language and culture."

GIANNA PETRONE  
Junior Criminal Justice Student

## Some of the Best Chanukah Traditions

CAMERON OAKLEY  
CONTRIBUTING WRITER

Chanukah, the miracle of lights, is celebrated among many students at Monmouth University. It is a celebration of one day's worth of oil lasting eight days, when Jewish soldiers thousands of years ago were forbidden by ancient Greeks from practicing Judaism in the holy land. Together, with the warmth of family, the lighting of the menorah each day symbolizes the miracle of how many days the oil lasted.

Chanukah traditions keep the joy of the holiday alive each year. Matthew Cohen, a sophomore computer science student, shared his favorite tradition. "The lighting of the menorah because it's a visual way to remember history and reenact the story of Chanukah thousands of years later," he said.

Cohen loves being able to embrace his Jewish heritage at Monmouth with Chanukah. Having this on campus is important to him, "It's good because a lot of other kids are Jewish here and it's cool to see a lot of us come together, especially this past Tuesday, for the lighting of the menorah and appreciate and experience our culture together."

The joy of the holiday is spread on campus with Chabad of Monmouth University, the on-campus organization that provides a tight-knit community for Jewish students.

Rabbi Yaakov Greenberg, adjunct professor of Intro to Judaism and advisor of Chabad, shared his favorite Chanukah tradition. "It's definitely finding Jewish people who weren't planning on celebrating the holiday and giving them a menorah

enabling them to observe the holiday of Chanukah," he said.

He encourages students here at Monmouth to get involved with the traditions by "sharing with them the beauty, relevance, meaning, and importance of their Jewish heritage and tradition."

Some regularly followed Chanukah traditions are lighting the menorah, playing dreidel, and eating foods cooked with oil. A menorah has eight candles to represent each night the oil added, and a ninth candle used to light the others.

The dreidel was a tool used to trick the ancient Greeks and make them think that the Jewish soldiers were gambling. In reality, they were studying Torah! The different Hebrew letters on the dreidel, nun, gimme, hey, and shin, stand for "a great miracle happened there," as in the



PHOTO COURTESY of Monmouth University

Chabad offers students the chance to honor their religion and hold Chanukah festivities together.

holy land. Now, the spinning of the dreidel is enjoyed by many, especially children, at this time of celebration.

Oily, fried foods are eaten as a tradition to commemorate the miracle of eight days of oil. A Chanukah favorite is sufganiyah. This is a ball of fried dough with jelly on the inside, and covered in powdered sugar. Another favorite is a potato latke. A potato latke, otherwise known as a potato pancake, is another fried food eaten on Chanukah.

Shaina DeLeon, a freshman nursing student, explained the mix of her favorite Chanukah traditions. "My favorite Chanukah tradition is lighting the menorah. I love saying the blessing and seeing all the pretty multi-colored candles gleam. I also just love a good excuse to eat sufganiyot and latkes," she said.

Thanks to the active Jewish community on campus within the Chabad club, she gets to experience both lighting the menorah and enjoying traditional Chanukah dishes.

Another unforgettable Chanukah tradition is spending time with loved ones as in family and friends. Lighting the candles surrounded by friends and family is an honorable tradition to remember the miracle of light.

Cooking and enjoying food that is made with oil is another splendid way to remember this miracle. The tradition of celebrating with loved ones is important because it continues to address the triumph of the Jewish soldiers.

Chanukah is a holiday of remembrance and will live on through celebrations of the miracle of light.



PHOTO COURTESY of Cameron Oakley

The members of Chabad of Monmouth University celebrate many fun Chanukah traditions.



# DIY Gifts? DIY Gifts.

AMANDA BALESTRIERI  
STAFF WRITER

College students do not typically have the luxury of driving to the mall to pick up gifts for their loved ones. While they may not have their car on campus, they may not have the funds either. Gifts are expensive, and your total can quickly accumulate, especially when there are numerous people on your shopping list. A new trend is DIY gifts. They are convenient, creative and they establish a personal connection to the gift that cannot be mimicked through a store-bought gift. Rebecca

Berzins, a freshman marine biology student, stated, “Making your own gifts requires more thought and effort than just buying something.” A quality gift does not have to be expensive nor elaborate, as long as the person you are giving it to will like it. DIY gifts can be made right from the comfort of your own dorm, because many of them require just a few items that you most likely have laying around anyway. However, some of them might require cheaper items that help to complete the gift such as a mason jar, ribbon, or a basket to put everything in.

These items can be purchased at any dollar store. Let’s be honest – we all have some shaving cream lying around in our shower caddies. Shaving cream is the primary ingredient for slime, a rapidly growing trend amongst younger children. This is the perfect gift for younger siblings or cousins. The other ingredients consist of water, borax and glue, depending on what type of slime you want to make. Children get ecstatic over slime (college students do too, it’s fine), and it can be made in a variety of different colors. It’s easy to make, not expen-

sive and can be packaged presentably in a container with some ribbon. Calling all Bath & Body Works lovers: if you happened to miss the buy 3 get 3 free Black Friday sale, consider making the loved ones in your life a homemade body scrub. These are extremely versatile because they can either be sea salt or sugar scrubs, and they can be gifts for men or women. Common ingredients found in body scrubs are honey, coffee, olive oil, oatmeal, brown sugar, essential/moisturizing oils and spices. Most of these items are likely to be in your dorm room; if not, they are super easy and cheap to access in your local supermarket. Homemade body scrubs will banish dry winter skin and create a smooth and radiant complexion. They can also be given in mason jars or containers with a bow or ribbon. A body scrub can also be made in bulk and then separated to be given to different people, which is helpful. “Handmade gifts can be both affordable and thoughtful, not to mention, they are usually appreciated much more than common commercial items,” said Mary Harris, a specialist professor of communication and Director of Plants for Peace. In light of the holidays, baking is a popular and enjoyable activity for a lot of people. Cookies are a universal form

of happiness and the best gifts are the ones that can be eaten. The best cookies are the ones that are homemade, so conversely, homemade cookies are the right gift for anyone. Even if baking is not your strong point, the Pillsbury stick and bake cookies are a fan favorite. Priced at under \$3 for 24 cookies, they come with different designs like snowmen, reindeers and even elves. These can also be baked in bulk and placed in cute containers for a perfectly presented gift. “Some of my favorite gifts were the homemade ones that were worked on with such time and care,” said Brianna Young, a freshman education student. Basics such as phone cases, purses and mugs can be purchased from Target or the dollar store. Once purchased, these gifts are completely customizable and can be colored or decorated with markers, paint or jewels. These are staple items that should not be hard to find in stores for the right price. Your loved ones will appreciate gifts a lot more knowing that they are homemade. With the holiday season sneaking up on us, there is not much time left to prepare the perfect gifts with the added pressure from finals week! But hopefully these tips have helped you spread some Christmas cheer without breaking the bank.



PHOTO TAKEN by Jenna Puglisi

This holiday season, get in touch with your creative side and make your loved ones DIY gifts.

# Advice from Experience: Study Tips for Final Exams

LOWELL KELLY-GAMBLE  
CONTRIBUTING WRITER

To reach the ultimate success during finals season, it is necessary to have a solid studying plan. The key is to plan in advance. “Studying for finals, you will catch me at 5 a.m. in my room studying,” said Adham Hasan, a senior health studies student. Hasan feels that accomplishing class obligations in a timely manner and being rested is a benefit to a successful performance on final exams. “Instead of staying up late at night, go to bed early and wake up early,” said Hasan. “I usually start studying for finals two weeks prior to my final exams, and I try to average fifteen to twenty hours per week,” said Bryan Ochoa, a senior criminal justice student. “Meeting with professors is very beneficial, especially during final exams. Although I am doing well in all of my classes, I just need to make sure my average does not get knocked down from to a B+ or B range,” said Ochoa. Junior political science student Joe Raimondi also believes meeting with professors is an advantage. “I have met with professors before to go over study guides and it has been beneficial,” said Raimondi. It is crucial to still give yourself breaks to relax. “I would definitely say that free time is beneficial for the process of studying because it just keeps

me from getting overwhelmed and takes out my stress during finals week,” added Raimondi. Ochoa also finds free time to be important during final exams. “I play soccer a lot during my free time, and I started playing basketball more,” said Ochoa. It is always encouraged to have great expectations, dreams, and aspirations. “My greatest motivation for succeeding on finals would be going to law school because I want to be a lawyer,” said Rai-

mondi. “I want to get high enough grades so schools can accept any where I want to go,” he added. Michael Phillips-Anderson, an associate professor of communication, discussed how he structures his final exams. “Some of my classes have a regular final exam and some of them we do presentations during final exam period. When they have a regular exam, I usually give them a pretty detailed study guide that reflects

the main ideas from the reading and what we talked about in class,” Phillips-Anderson said. He also believes that students should think as if they are the professor. “You should try to think about how the professor would ask a question,” said Anderson. Phillips-Anderson finds it useful when a class has taken a midterm exam before the final because students gain an idea of the questions that will most likely be asked. “The

questions on the midterm will probably be similar to the ones on the final,” he said. In contrast to Ochoa and Raimondi, Phillips-Anderson almost never finds students meeting with him during the final exams period. “I am available, have regular office hours, and also meet with students whenever they want to, but very few of them ever do. I would definitely suggest meeting with your professor at least once during the semester,” Phillips-Anderson said. Phillips-Anderson feels that if a student has done the reading, came to class, paid attention, and put in some sincere effort in trying to prepare for an exam, then they should pass. He said, “I want everybody to pass, and I want to give every opportunity to do so, but if they don’t do the reading then there is not much I can do about that.” “In general, I think the kind of preparation for an exam is the same kind of preparation if you were going on a job interview. You need to understand the important issues, and you should do research to have some sense of what they might ask you,” Phillips-Anderson continued. Overall, make sure that you put in the proper amount of study time this semester, in order to ensure that you do well on your final exams. The main tips are to avoid procrastination and study hard, but leave yourself some time to relax too.

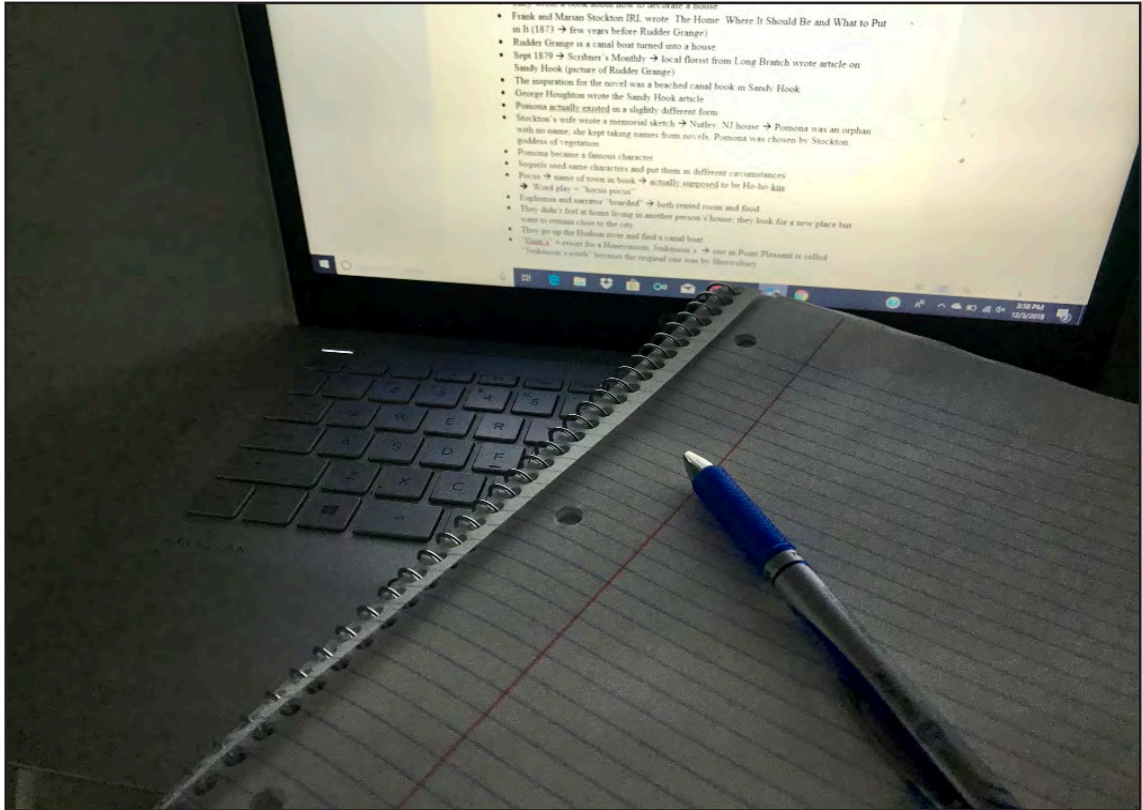


PHOTO TAKEN by Jenna Puglisi

Final exams can be stressful, but a good study plan can save you from the end-of-semester blues.



# Men's Swimming Finishes Second in ECAC Championships

EVAN MCMURTRIE  
SPORTS EDITOR

Men's Swimming placed second at the Eastern College Athletic Conference (ECAC) Winter Championships and the women's team finished in seventh at the Nassau County Aquatics Center in East Meadow, NY last weekend.

Head Coach Matt Nunnally said that the program's performance over the weekend was impressive. "The championship meet format is a good test for the team in advance of the MAAC (Metro Atlantic Athletic Conference) Championships. Swimming multiple events over several sessions helps with our preparation for February," he said.

Freshman Callan Smith continued his dominant rookie season as he was named Swimmer of the Meet after winning three individual races with a record-setting time in each as well as being a part of a winning medley relay team.

Smith set new Monmouth records as he won both the 100 and 200-yard backstroke in respective times of 50.28 and 1:49.98. The freshman was also victorious in the 500-yard freestyle with a record-setting time of 4:32.33.

Though he came in second place, Smith set another Monmouth record of 1:40.46 in the 200-yard freestyle.

Men's Swimming was victorious in the 400-yard medley relay as Smith, junior Austin D'Angelo, and freshmen Dylan Barkhuizen and Valance Washington finished



PHOTO TAKEN by Karlee Sell

Freshman Camryn McHugh set three Monmouth records at the ECAC Winter Championships with her third place finish in the 100-yard backstroke (56.73), her third place finish in the 200-yard backstroke (2:02.53) and her fifth place finish in the 100-yard butterfly (56.76).

in 3:26.39, a new record.

Smith, Barkhuizen, Washington, and freshman Kevin Del Giorno placed second in the 400-yard freestyle relay, setting a new team record in 3:08.26.

Monmouth took another second place finish in the 200-yard medley relay when Smith, D'Angelo, Barkhuizen, and sophomore

Ethan Lucas combined in a record-setting 1:34.02.

The Hawks had another strong showing in the 800-yard freestyle relay as Smith, Barkhuizen, Washington, and sophomore Ryan Hohman finished in just under seven minutes at 6:59.32.

In a third place finish, Washington, Del Giorno, Barkhuizen, and

Lucas finished the 200-yard freestyle relay in 1:25.78, setting a new Monmouth record.

Washington earned two fourth place finishes in both the 50 and 100-yard freestyle, setting team records of 21.34 and 46.83 in the process.

Men's Swimming's second place finish is an improvement

from their fifth place finish in last year's ECAC Winter Championships.

Women's Swimming ended the weekend in seventh place, a nine-place jump from their sixteenth place finish in 2017.

Freshman Camryn McHugh set three new Monmouth records at the meet as she finished third in both the 100 and 200-yard backstroke with times of 56.73 and 2:02.53, respectively. She also set a record of 56.76 in the 100-yard butterfly, where she finished fifth.

Though finishing seventh, Monmouth's 800-yard freestyle relay team of McHugh, freshmen Sarah Brennan and Muriel Maloney, and sophomore Louise Barker set a team record time of 7:49.00.

Brennan's 2:19.02 finish in the 200-yard butterfly and Barker's time of 1:55.47 in the 200-yard freestyle both set new team records. Freshman Lauren Baines set a Monmouth record in the 400-yard IM with a time of 4:41.20.

In total, the Hawks set 18 new program records at the meet.

"Many season best times, personal best times and school records are the reward for the commitment the team has made to training during the fall," said Nunnally. "The results will serve as a reminder to the team to continue working hard with the MAAC Championships in sight."

Men's and Women's Swimming will have a month-long break from competition before kicking off the new year on Jan. 15, when they will travel to conference rivals Rider for a 5:00 p.m. meet.

## Senior Spotlight: Football's Reggie White Jr.

LOWELL KELLY-GAMBLE  
CONTRIBUTING WRITER

Reggie White Jr., set the all-time career reception and receiving records at Monmouth University and in the Big South conference, and is a finalist for the Walter Payton Award.

"Most people come in wanting to be like somebody, but I had the mentality of being better," said White Jr. Miles Austin, Chris Hogan, Neal Sterling, Hakeem Valles, Darnell Leslie, and Mike Basile are all Monmouth University football historians/legends, but you must not forget to add White to the wall of fame.

The 6'3" Baltimore, Maryland native wide receiver understands the importance of dedication in anything that you do. "Football taught me a lot of life lessons, teaching me how to trust the process when you have your ups and downs", said White Jr. "If you keep working hard, it is going to pay off one day."

White Jr. understands the importance of patience from playing no games his freshman year to becoming a four-time all-conference, third team preseason All-American, and national record-breaker. "My freshman year was a time for me to grow as a student of the game becoming familiar with the playbook and physically preparing my body for a new level of football," said White Jr.

It is White Jr.'s father, Reggie White Sr., who influenced him to play football. "My father basically put the football in my hand," White Jr. said. White Sr. is a former defensive tackle for the New England Patriots, San Diego Chargers, and New York Jets. Drafted by the San Diego Chargers in the sixth round in 1992, White Sr.

went to the Super Bowl in 1995.

White Jr.'s father has always been a hard worker and that is what his father instilled in him. Nicole White, mother of White Jr., said, "I am very proud of his accomplishments and what he has done at Monmouth. He has changed the culture of Monmouth Football and I am excited for what the future has in store for him. I see Reggie playing in the NFL (National Football League) because his father has prepared him for this time," said White.

White sees her son experiencing success even if he does not make it to the NFL. "I can see Reggie working with kids and/or either coaching football," said White. "He loves working with children."

White was ecstatic when her son shattered records. "I only missed one record-breaking game. I believe Reggie would have broken records wherever he went," said White.

As his mother described, White Jr. in high school was like any other ordinary kid. "In high school, he was always a good kid and might stay out late once in a while," she said.

White also said that her son performs his duty as an older brother. "He has always been a huge influence to his younger brother Nick because he always goes above and beyond," she said. White believes that Nick will shine based off of his brother's influence.

White said that her son was recruited above and beyond by former Hawk and current Tight Ends Coach, Jeff Gallo. "Gallo was very instrumental when it came to recruiting Reggie," she said.

Wide Receivers Coach T.J. Dimuzio was always impressed by White Jr.'s athletic ability and

growth as a player. "When Reggie came in he was relatively mature," said Dimuzio. "Redshirting humbled him going against the first string defense and showed him what he needed to do to experience success."

White Jr. as a freshman weighed between 175 and 185 pounds. Each year he gained muscular weight and by his senior year he weighed between 215 and 225 pounds. As White Jr. became stronger, his football technique as a receiver improved as well. "Every year he became a better route runner getting in and out of cuts," Dimuzio said. "He didn't know what he was doing his freshman year."

Dimuzio admires White Jr. for his character as well. "He is extremely humble for a receiver and really is the most team-oriented

receiver. He cares more about the team rather than himself," he said. "I worked with a lot of guys at Bowling Green and Delaware that played in the NFL and his mindset and maturity will allow him to prosper in the NFL."

As White Jr.'s mother said, Dimuzio thinks that White will be in a business where he is around people such as teaching and/or coaching if he does not make the NFL. "Reggie is one of a kind and I don't think I am going to have and/or find another wide receiver like White Jr.," Dimuzio said. "There is never going to be a guy that has his personality, work ethic, and maturity."

Monmouth Offensive Coordinator Kevin Morris said, "Reggie brings that demand to opponents." Morris also believes that White Jr. has a great chance of making the

NFL not just based on his athletic ability, but his mindset as well. "NFL stands for 'Not For Long' as well," said Morris. "You need to have the mental aptitude and physical morals to play in the NFL. Reggie is a special breed and has the physical and mental makeup to be successful at that level," he said.

Head Coach Kevin Callahan had nothing but positivity for the wide receiver. "When White Jr. first stepped on campus we were impressed on what he can bring based on his size," he said. Callahan said that his size gave him the capability to make phenomenal plays and change the face of Monmouth Football. "His contribution definitely made a difference in the outcome of each season and helped bring the program to a new level."



PHOTO TAKEN by Karlee Sell

Senior wide receiver Reggie White Jr. looks to be the next Monmouth student-athlete to enter the National Football League (NFL).



# Women’s Basketball Wins Third-Straight Game

MATT DELUCA  
STAFF WRITER

Behind a career-high 25 points from junior guard Sierra Green, Women’s Basketball won their third-straight game on Sunday afternoon, defeating George Washington 55-51 in Washington D.C.

Junior guard Emani Clough contributed a season-high 19 points and six rebounds as the only other player in double-figures for the Hawks. Junior forward Alexa Middleton scored seven points and corralled four rebounds, while senior center Erica Balman grabbed eight boards. Monmouth had only five players register points in the contest.

“I felt this was our best performance of the year so far,” said Head Coach Jody Craig. “We came in with an aggressive mindset hoping that we could create some turnovers and limit their three-point looks. I thought our defense on their top three scorers was outstanding, holding them to just 25 points combined. We also had composure down the stretch, with Sierra [Green] and Emani [Clough] making key plays.”

Monmouth took a quick 3-0 lead on a Clough three, but allowed six-straight points to the Colonials. At the first quarter media timeout, the Hawks reclaimed the lead on five-straight points from Clough, 8-6. Monmouth ended the first quarter on a 14-6 scoring run after being down 6-2. Clough finished with 11 points in the first ten minutes.

George Washington opened the second quarter on a 10-0 scoring

run, jumping out to a five-point lead, 22-17. The Hawks brought the deficit within one with 4:44 remaining in the half on two-consecutive steals and layups. Monmouth continued their push back, taking a 30-27 lead into the half.

After 20 minutes of play, Clough led all scorers with 13 points, and was the only player in double-figures on either side. At the half, Monmouth dominated fast break points, outscoring George Washington 11-0 on the break.

The Colonials opened the second half with a three-point shot to tie the game at 30, but Green scored five-straight points to give Monmouth a five-point advantage, 35-30. The teams continued to trade runs, as George Washington rattled off eight-straight to take a 38-35 lead with 3:01 remaining in the third, forcing a Monmouth timeout. The Hawks were able to take a 42-40 lead into the fourth after a buzzer-beating layup from Green off of a steal from junior guard Rosa Graham.

Green continued to shine offensively in the final quarter, scoring ten points as Monmouth outscored George Washington 15-9 in the final ten minutes.

For the game, Monmouth shot 34 percent from the field (21-61) and 28.6 percent from three (8-28). The Hawks made five of their eight free throw attempts, including four in the final minute to seal the victory. Monmouth had 17 fast break points, while also outscoring George Washington 24-16 in the paint. The Hawks had 13 turnovers in the game. George



PHOTO TAKEN by Ali Nugent

Junior guard Sierra Green led the team with 25 points in Monmouth’s 55-51 win over George Washington on Sunday afternoon. Green has now reached double-figures in six straight games.

Washington shot 31 percent from the field, while being held to just 20 percent from three. They made half of their free throws, hitting seven of 14.

Clough and Green combined for 44 of the 55 points the Hawks had on the afternoon, which is 80 percent of their offensive production. Green reached double-figures in scoring for the sixth-straight game. She was also the first Hawk

during the 2018-2019 season to reach 20 points.

Balman tied a career-high in blocks with four. She now has 17 on the season, which leads all players in the Metro Atlantic Athletic Conference (MAAC).

The win was the third-straight for Monmouth, who elevated their record to 3-4 on the season after starting 0-4. They won their second road game of the season,

which surpassed last season’s number. It is also the first time the program has won three-consecutive games since Feb. 24-March 2 in the 2016-2017 season.

Monmouth will finish their three-game road swing on Saturday when they travel to face Lafayette. Tip-off from Easton, PA is slated for 2:00 p.m., with the game being broadcasted on WMCX 88.9 FM radio.

# Men’s Basketball Defeated by No. 10 Kentucky

ZACH COSENZA  
EDITOR-IN-CHIEF

Men’s Basketball fell to #10/#9 ranked Kentucky 90-44 as the hosts did not trail once in the game and led by as many as 47 on Wednesday night at Rupp Arena in Lexington, KY. The Hawks then lost to Bucknell, 65-43, on Saturday. The loss continues their winless season, falling to 0-9.

“First I want to thank (Kentucky Head) Coach (John) Calipari. I’ve known him a long time, and it’s really nice that he played us last year and also played us this year,” said Head Coach King Rice. “Even on nights when they beat you the way they beat us tonight, I think it’s great for our program, and it’s great for our kids to have the opportunity to come to Rupp Arena and play one of the iconic basketball programs in one of the most big-time arenas in the country.”

In the first half, the Hawks were able to tie it twice after Kentucky took the lead, at 2-2 and 6-6. UK then went on an 11-0 run to take a 17-6 lead in the span of 1:54. After UK took a 12-point lead, Monmouth brought it to within four after a sophomore forward Melik Martin basket to make it 22-18 midway through the half. Kentucky finished the half on a 22-6 run to make the half-time score 44-22 Kentucky. The Hawks shot 33 percent in the half, 0-5 from deep. UK shot 50 percent and was 6-15 from behind the arc. UK lead the boards with a 20-12 advantage. Sophomore guard Ray Salnave led the Hawks with eight points.

Kentucky stayed in full control for the second half, outscoring Monmouth 46-22. UK lead by as many as 47 points twice late in the half. The Hawks hit their first

three of the game with 11:23 left from Martin. Their second and final made three was a late basket from freshman guard Dave Caloway Jr.

“King (Rice) and I go way back to where when he was at North Carolina as a player and I followed his career and I’ve watched him and been around him and I just have so much respect for him, not only as a coach but as a person and what he stands for,” said Kentucky Head Coach John Calipari. “We had an opportunity to play in New York and I mean it was like a game that he appreciated the fact that we would play them because he can’t get games, it’s

hard for them - no one wants to play them.”

For the game, Salnave led the way with 14 points. Senior forward Diago Quinn was second with eight points, six from the foul line. The Hawks shot 27 percent from the field and were 2-16 from deep. Eight Hawks scored and 13 players saw minutes in the contest.

Monmouth fell to Bucknell 65-43 on Saturday, dropping to 0-9 on the season. Three Hawks tied for the team lead with eight points each (sophomore guard Deion Hammond, junior forward Mustapha Traore, and Salnave). Traore also added a season-high

ten rebounds.

“I thought that our kids really bought in early,” Rice said. “The problem that we’re having is, as soon as we don’t make a shot, kids are hanging their heads and if you’re playing in a college basketball game and you hang your head, bad things are getting ready to happen. You could feel it in the second half when they started making a run and you could feel the energy on our bench starting to go away.”

Next up, Monmouth (0-9) continues to look for their first win of the season as they take on Hofstra on Wednesday, Dec. 5. Tip-off is slated for 7:00 p.m.



PHOTO COURTESY of Mark Mahan

Sophomore guard Ray Salnave scored a team-high 14 points in the 90-44 loss to #10/#9 ranked Kentucky on Wednesday night.

## UPCOMING GAMES

- Wednesday, Dec. 5**  
Men’s Basketball at Hofstra  
Hempstead, NY 7:00 p.m.
- Friday, Dec. 7**  
M/W Track & Field  
Wagner Seahawk Shootout  
Staten Island, NY
- Saturday, Dec. 8**  
M/W Track & Field  
Princeton New Year Invitational  
Princeton, NJ 10:30 a.m.
- Women’s Basketball at Lafayette**  
Kirby Sports Center  
Easton, PA 2:00 p.m.
- Men’s Basketball at Albany**  
SEFCU Arena  
Albany, NY 7:00 p.m.
- Tuesday, Dec. 11**  
Women’s Basketball vs Princeton  
OceanFirst Bank Center  
West Long Branch, NJ 7:00 p.m.
- Wednesday, Dec. 19**  
Women’s Basketball vs Navy  
OceanFirst Bank Center  
West Long Branch, NJ 7:00 p.m.
- Thursday, Dec. 20**  
Men’s Basketball vs Yale  
OceanFirst Bank Center  
West Long Branch, NJ 7:00 p.m.
- Saturday, Dec. 22**  
Women’s Basketball vs Loyola (MD)  
OceanFirst Bank Center  
West Long Branch, NJ 12:00 p.m.

\*conference games





Men's Swimming finished second out of ten teams at the ECAC Winter Championships over the weekend. Freshman Callan Smith claimed 'Swimmer of the Meet' honors as he won three races and set three new team records at the meet.