



# THE OUTLOOK

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## Aggressive Driving on Campus

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Chief of the Monmouth University Police Department (MUPD), William McElrath, sent out an email to all current staff members and students regarding the issue of aggressive driving on campus on Tuesday, Oct. 22.

Recently there has been an increase in the number of accidents on campus, and MUPD has received multiple complaints entailing aggressive driving.

This year, there has been a 25 percent increase in accidents from September 1<sup>st</sup> through October 24<sup>th</sup> as compared to number of accidents during the same time period last year. Twenty accidents have been documented so far during the fall 2019 semester, while there were only 16 accidents at this time in 2018.

McElrath explains that most of the accidents have been minor. Even so, the University is still receiving a variety of complaints about vehicles driving too fast and vehicles disregarding stop signs.

In the email, McElrath writes "Please remember that the speed limit on campus is 15 mph, that drivers are required to obey all traffic signs, and that drivers must always yield to pedestrians."

Although drivers are expected to obey the speed limit and stop for pedestrians, that has not always been the case this school year.

Many of the accidents were a result of speeding and the avoidance of both traffic and stop signs.

While some students are responsible for the aggressive

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PHOTO TAKEN by Sarah Curtis

MUPD sent a campus-wide email warning against aggressive driving and explaining that traffic rules will be strictly enforced.

## Criminal Justice Hosts Parolee Reentry Simulation

BRITTANY MACALUSO  
CONTRIBUTING WRITER

The University hosted a reentry simulation to educate students, faculty and professionals in the community on the experiences of individuals trying to reintegrate into society after prison on Tuesday, Oct. 22.

The reentry simulation is an activity where participants assumed the role of parolees and performed tasks in 15-minute sessions with each session representing a week. By the end of the activity, participants will have simulated a month in the life of a person recently released from prison.

Speakers included Samuel Plumeri, Chairman of New Jersey State Parole Board; Kimberlynn Reeves, spokeswoman for the United States Attorney Office in the District of Delaware; Richard Viet, Associate Dean of Humanities and Social Sciences; Nicolle Parsons-Pollard,

Vice Provost for Academic and Faculty Affairs; and Nicholas Sewitch, J.D., Chair of the Criminal Justice Department and Specialist Professor.

The event began with opening remarks from Sewitch. He referenced Harper Lee's *To Kill a Mockingbird* which revolves around a black man who was wrongfully accused of raping a white woman and quoted a specific passage. "You never really understand a person until you consider things from his point of view...until you climb in his skin and walk around in it." He found parallels in this historic book to the experiences of incarcerated individuals.

Parsons-Pollard added, "[Reentry] is not about pulling yourself up by your bootstraps when it comes to being released from prison, instead it is much more than that." During one exercise, Parsons-Pollard had participants remove their shoes as a metaphor for immersion in someone else's life,

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## Millennial Student Debt on the Rise: Monmouth Analysis

MATTHEW CUTILLO  
CO-NEWS EDITOR

Over the past 30 years, the average tuition and fees for public four-year universities tripled, and more than doubled at private nonprofit four-year institutions, according to College Board. Nationally, student loan debt as a whole has accumulated to \$1.52 trillion during the Millennial lifetime.

Millennials are defined as those born between 1981 and 1996, according to The Pew Research Center. With the oldest Millennials around 40 years of age and the youngest around 23, current college-age students are categorized either directly as Millennials or on the cusp of qualification.

LendEDU, an organization which publishes an annual report detailing student loan debt per state, ranked New Jersey within the top 10 for highest student debt post graduation, last August. The study found that the average student loan debt per borrower for New Jersey was \$33,593, and 64 percent of New Jersey college students graduate with student debt.

Although the report goes into detail regarding the average student loan debt per borrower and the percent of graduates with student debt of other New Jersey schools, specific Monmouth University numbers were not listed.

Claire Alasio, Associate Vice President for Enrollment Management and Director of Financial Aid, explained the logistics behind scholarships available to Monmouth undergraduates. "The University spends roughly \$66.1 million in scholarships to 4400 undergraduate students," Alasio said. "That's around 17k per student, which is a pretty significant commitment on the University's part. That's a significant way that we're hoping to reduce student debt."

According to the official Monmouth website, for 2019-20, the annual cost for tuition and fees for full-time students is \$39,592. Any student who resides on campus or within University-sponsored housing can also expect, on average, an additional \$14,520 annually

for housing and meals for a total cost of \$54,112.

However, 97 percent of undergraduates last year received some form of financial aid, the Monmouth website goes on to mention. Ninety-three percent of undergraduates received a scholarship or grant (federal, state, or University), and the average scholarship/grant package granted was \$19,335.

The Financial Aid Office puts an emphasis on students

applying for any and all federal state funding to which they may be entitled, Alasio said. "We do a lot of research in this office to find private scholarship opportunities for students. The Monmouth website also has a searchable database of all the scholarships that come to our attention, and any student can go on and look at what they qualify for as well as apply for it."

Amongst the under-

graduate students (both new freshmen and transfers) who graduated during 2018-19, 75 percent of all graduates took out some federal loan funding, according to Alasio. The average federal loan debt for those who did have loans was \$25,276.

Jessica Ciccone, a junior business student, showed concern over the student loans she acquired as a freshman.

"It's scary to borrow money without an idea of how you'll pay it back one day, even with the help of financial aid" Ciccone said. "I know the idea is that by getting a loan now, I'll be put in a position to enter a high-paying job later, but life isn't always so black and white."

A student is considered to be in "default" when they have not made a payment on their loans in more than 270 days post graduation, Alasio explained. Monmouth has the third lowest default rate for all institutions in the state, only behind The College of New Jersey and Stevens Institute of Technology.

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PHOTO TAKEN by Matthew Cutillo

The Financial Aid Office is located on the first floor of Wilson Hall.

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Is this movie a beacon on the cinema horizon?

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# Model UN Team Brings Back Four Awards from Oxford

NICHOLAS COSCARELLI  
SENIOR/POLITICS EDITOR

Three students from the University’s Model United Nations team took home four awards at the Oxford University Model UN Contest (OxiMUN) in Oxford, England last weekend Oct. 25 through Oct. 27.

Kristen Gomez, a senior English student, won an individual speaker award and an award for best delegate in the International Press Corp Committee; Payton Collander, a junior criminal justice student, and junior political science students Mackenzie Ricca and Nick Boice, won three individual speaker awards.

Individual speaker awards are granted to delegates who demonstrate superior speaking skills in the competition, and the best delegate award is granted to a delegate who showcases the best research, speaking, writing, and debating skills in a committee.

Team captains Ricca and Matt Gruhler, a senior political science student, were joined by the following additionally Monmouth delegates to Oxford: Paula Echeverria, a senior criminal justice student; Alexis Vasquez, a senior political science student; and Dan Gerdon, a junior political science student.

Committees consist of 20-30 students and are convened around the various colleges of Oxford University. They cover topics ranging from climate change, water rights on the Nile River, economic development, food security, sex trafficking, border disputes, education, refugee crises, post-war reconstruction, female entrepreneurship in Asia, and regulations of space, among others. Three

individual speaker awards are given to each committee, including overall Best Delegate.

The Monmouth team explained that they spent countless hours to to prepare for the contest; they MU practiced every Friday afternoon in Center for Transformative Citizenship (Bey Hall 226).

“OxiMUN is one of the most competitive contests in Europe, and universities from across Europe, Africa, the Middle East and Asia send students to compete. OxiMun models the actual United Nations,” explained Ken Mitchell, Ph.D., Chair of the Department of Political Science and Sociology, and an Associate Professor of Political Science who serves as the Monmouth team’s faculty advisor.

“Students represent a country (USA, Bolivia, Japan, etc.) and serve on a UN committee (UN Human Rights Committee, UN Social and Economic Committee, etc.) that is given two problems to resolve. Over the 3-day contest, the objective is to debate, write and passed (by the committee) policy resolutions,” he explained.

Students win competitions when their resolutions are passed by their respective committees and accepted by their Committee Chair. “Model UN develops skills such as critical thinking, policy writing and research, and group negotiating. ‘Winning the room’ over a 3-day contest is a skill for life,” said Mitchell.

The Monmouth Model UN team expressed their thanks to alumni and former Model UN delegates James

Hawk and Emma O’Rourke, who are both currently graduate students at the London School of Economics, and Liam Coffey and Jackson Pope, who are currently both graduate students at King’s College London. “We are grateful for them attending, inspiring, and mentoring the current Model UN team at OXIMUN,” the team said.

The University has competed at Model UN contests in the United Kingdom for five consecutive semesters, winning speaker awards consistently. Mitchell said that the team’s accomplishments have helped to establish Monmouth as a “powerhouse on the European circuit,” and explained that alumni in England have been instrumental in expanding the program. “Their current successes as graduate students in international affairs at prestigious international universities is ‘MU at its best,’” he said.

The team also expressed their gratitude to the following for the generous financial support that made this trip possible: Leon Hess School of Business Dean Don Moliver; School of Humanities and Social Sciences Dean Ken Womack; the Department of Political Science and Sociology; and the Student Government Association, for club funding.

The Monmouth Model UN team is open to all undergraduate students. Around 45 students are active currently.

The team will send 30 students to compete in the Washington D.C. National MUN contest on the weekend of Nov. 8-10. Students interested in joining the Model UN team to compete for next semester should contact the team’s faculty advisors, Mitchell and Kevin Dooley, Ph.D., an Associate Professor of Political Science.



IMAGE TAKEN from independent.co.uk

Nine students from the Model United Nations team competed at the Oxford University tournament.

## MUPD Tackles Aggressive Driving

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driving, other students have encountered it on campus. Julia Mianowski, a freshman social work student, explains how sometimes it can be dangerous to be a pedestrian in the school parking lots. As an employee at the school store, she has witnessed aggressive driving various times while on her way to work.

“Whenever I’m trying to cross the street by the university store, there are always cars driving too fast and not really looking out for students,” Mianowski said.

In another instance, Mianowski witnessed a student driver aggressively beeping their car horn at pedestrians who were trying to cross the street. She offers her opinion on these aggressive drivers. “They need to calm down. There is no need for this aggression.”

Students are not the only ones who have witnessed this kind of driving—staff members too have observed the behavior of drivers on campus. Noel Belinski, a Lecturer of English, shares her knowledge of the school parking lots.

“I have experienced aggressive driving, frequently during the time classes end or begin.” Belinski provides reason for this aggression, “Students seem to be in a rush to leave or get to class.”

Though there have been students who were “gracious”

drivers, Belinski admits there are many students who do not “regard” others in the parking lots.

As for accidents on the school grounds, Belinski discloses that she has never been in one; however, she knows of many people who were.

Belinski suggests that accidents are prominent because there are many students who are “new drivers” that are still developing their road skills. This is the main reason Belinski feels driving “can be dangerous” on campus.

To eliminate this danger, Belinski believes action needs to be taken. “A crossing guard might be something to look into to stop the accidents,” she says.

Crossing guards can be a solution to the problem, but, according to McElrath, there are other measures that can, and will, be taken to combat this issue.

To resolve the matter of aggressive driving and accidents on campus, McElrath suggested that discipline is key. “I believe the best way to address the situation is through a combination of education and enforcement,” he said.

Accordingly, the University police has begun an “enhanced traffic enforcement campaign” in hopes of eliminating aggressive driving on campus. This in-

cludes emphasizing the 15 mph speed limit, yielding to pedestrians, and following safety measures that are currently in place.

McElrath explained that MUPD has already started working on this campaign, “We are currently identifying problem areas and monitoring them.”

The campaign will be engineered to educate students about the assigned road rules and regulations, which will now be more greatly enforced. MUPD has already “notified the campus community of our concerns and our increased enforcement efforts,” he continued.

McElrath believes these concerns and increased enforcement efforts will make the community, and each of its parking lots, a safer place. Presently, students are encouraged more than ever to follow the campus rules and regulations, including, not ignoring, those that regard driving.

McElrath ensured that MUPD will “continue to monitor the situation and take appropriate action to make the campus safer.” He thanks students in advance for their cooperation, and advises everyone to buckle their seatbelts, and drive safely.

The email sent to students specified that MUPD will begin their traffic enforcement campaign immediately.

## Student Debt at Monmouth

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“Our default rate is only 3.8 percent,” Alasio said. “Our students are paying their loans back, and I think part of it is they understand the responsibility of having a loan. That comes from good information and counseling from the Financial Aid office, and I think it also speaks to the fact that our students are employed after they graduate. If you’re employed, you’re more likely to have money to pay your loan.”

It is important for students to understand the difference between “good” and “bad” debt, Alasio said. Taking a loan out for education can be considered a worthy investment in the long term, although intimidating at first when the rewards do not immediately present themselves.

“I think that most people would argue, taking out a loan for education is good debt,” Alasio said.

“Part of the problem is that students, while they’re in the thick of it, don’t necessarily see the value of their education until they’re working in their chosen field using the knowledge and experience gained during their undergraduate career. If you can’t see the immediate value in something, you may wonder why you’re making the investment.”

Nancy Uddin, Ph. D, an Associate Professor of Account-

ing, offered general advice regarding how the average student can best manage and prepare for their debt prior to graduation. On the subject of loans, Uddin suggests students should attempt to borrow the least amount possible.

“When borrowing money, students should try to borrow at the lowest interest rate possible and read the terms of the contract carefully,” Uddin said. “When does interest begin to accrue? When do the payments begin? What is the minimum payment? Are there other ways to ‘pay back’ the loan, such as Peace Corp Service, service to rural areas, etc.? Can you complete the first two years of study at a lower cost Community College and then transfer to your school of choice? Students can also consider moving to States that have a lower cost of living as a viable option.”

Having an understanding of one’s own personal finances can be helpful to managing debt, Uddin explained.

“Everyone, regardless of age, should have a personal budget: a log of monthly income, expenses, and savings to help them manage their finances,” Uddin said. “Students should also research the average entry-level salary for their expected career path and estimate how much debt payment they can afford after accounting for living expenses.”



# Monmouth Invests in Flashing Stop Signs

ERIN MULLEN  
CONTRIBUTING WRITER

Monmouth University’s operations team arranged the installation of new light up stop signs on and around campus property in the end of August.

“There is no negative aspect to light-up stop signs other than funding, so the more the merrier,” stated Cesaer Monteroso, a Criminal Justice Graduate Student from Monmouth University.

Due to excessive faculty and students breezing through stop signs on campus, Monmouth University police department decided to investigate purchasing solar stop signs.

The stop signs were placed to increase the safety of pedestrians and emphasize which roads are one way only. There were four stop signs installed with a total cost of \$1,140 which was funded out of the universities operating budget.

They were added specifically at areas that are heavily used and where traffic regulations are frequently overlooked, Patricia L. Swannack, Monmouth Universities Vice President of Administrative Services said.

Not only are the solar stop signs on campus, but they are in the community surrounding campus as well. These solar stop signs are not just affecting the campus community, but the local community as well.

By implementing the solar stop signs throughout campus, the goal is to minimize the number of drivers who disregard the stop signs and roll right through them.

The new solar stop signs are all over campus however some were strategically placed at busier places on campus. “We definitely need them at certain parts on campus, for example I noticed they are at the campus entrance, and at places where

there is a lot of traffic.” Olivia Santos a student stated.

According to Swannack, “One of the new stop signs was placed adjacent to the Facilities Management Building because cars often enter the one-way restricted road going the wrong way to get to Norwood Avenue.” However, it seems as though majority of the community agrees every stop sign should be a light up one.”

When asked if these stop signs should be everywhere and not just on campus Cesar Monteroso stated, “The stop signs mitigate drivers for either rolling the stop or just “blowing” the stop sign in general. Communities (if funding allows) should find solutions to upgrading each stop sign that has significant traffic either pedestrian or vehicular.”

When determining if the new light up stop signs have been successful in improving campus safety Marie Mele, a Criminal Justice Professor stated that “It’s unclear whether the new signs have improved campus safety, since their implementation has not yet been evaluated. However, when walking on campus in the evening, they are definitely more visual to the eye.”

Monmouth University takes campus

safety very seriously, in fact “This campus has a number of features that make it a safe environment, including ample lighting at night, open common areas, and police patrol.” Said Mele. “These features help to prevent crime by increasing guardianship and decreasing target suitability, as suggested by Cohen and Felson’s (1979) routine activity theory.” However, Monteroso believes that Monmouth University should take serious action with regards to bigger safety issues on and around campus. As a criminal justice student, his classes have taught him about other aspects dealing with safety that the community should be worried about. For example, he believes that other circumstances like cybersecurity, emergency management and terrorism should be taken into account.

“Hacktivism, for example refers to both hacking and activism, which is an operation that uses hacking techniques against a target site with the intention of disrupting operations.” He stated. “Emergency management involves the whole community” than followed up explaining how terrorism back in the day was seen completely differently than it is today. “In my opinion, MU is not prepared to face any of these safety concerns.”



PHOTO TAKEN by Matthew Cutillo

Flashing stop signs have been placed at various intersections around campus.

Although the new light up stops signs impact campus safety more than the prior ones, campus police officers are still patrolling and doing their job to the best of their ability. “I did see a police officer standing by the main entrance stop sign the other day for the first time in a while. He was making sure people were actually stopping. This made me feel safe, like we do matter” Olivia Santos felt.

For the future, Swannack did not specify if they planned on adding more solar stop signs. However, she did state that they have been thinking about changing a significant traffic route on the university’s campus.

The main reason in doing so is because of people’s speed. She stated, “Earlier this week the Police were monitoring traffic in front of Wilson Hall. We are considering whether or not we should eliminate driving in front of Wilson Hall during the day and/or evening hours”.

The road in front of Wilson Hall is one of the busiest roads on campus, by eliminating this it would make it almost impossible to easily get from one side of campus, to another in a vehicle.

Swannack followed up stating, “People are driving much too fast on the interior roadways of our campus.” Swannack did not mention if this had been a problem in the past, or a frequent problem either however did directly link this issue to the solar stop signs.

They also investigated other ways to fix this problem. “We were researching various ways to slow traffic down and to be certain that people know when a roadway is one way only. In the past we had speed calming devise (basically speed bumps) but they are not supported by emergency management officials.” Swannack stated.

Moving forward, the stop signs have positively affected the traffic around campus, and continue to improve campus safety.

# Students and Faculty Participate in Reentry Simulation

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in this instance a former convict. Reeves, expanded on the metaphor and said, “You need to have boots and straps before you can pull them up,” referring to the prison population reentering society.

Plumeri echoed Reeves’ sentiment. “The system has limited money, resources and support for those who are seeking to assimilate back into society, so society requires an open mind and implement strong community-based programs that would aid in success,” he said.

Viet explained, “A failure to succeed in life for ex-offenders not only affects themselves but their families and communities.”

Following opening remarks, participants were handed a folder with a nametag, type of crime they committed, some resources and a four-week breakdown of things they needed to attend to satisfy their terms of parole.

During the simulation, a student played a character named Nate who served four years in prison because of internet fraud. One of the resources he had was a \$100 voucher for a computer that to sell to at a pawn shop.

Upon arrival, the store told him that he could only get the laptop was from 2013 before his arrest. They did not sympathize when he explained

he needed the money to eat.

At the end of week two in the simulation, Nate tried to attend his scheduled AA meeting but then time was called for that week, and he had to return to his seat but his bus ticket was taken by a women who said “too bad” despite not providing any help.

Eventually, Nate ran out of bus tickets and had to walk places, but his parole officer said that he wasn’t allowed to walk to those places and if he could not find some way to get food before week

three Nate would be sent back to jail. Something that the parole officers overlooked were the lines that wrapped around the room just to receive ID or more bus tickets.

This entire simulation demonstrated the lack of accommodation prisoners received upon returning in society.

Bryanna Welch, a junior sociology student, explained her experience during the exercise. In the simulation, she was a man named Justin who did 20+ years in prison for murder, a drug offense and for possessing a gun.

“I had to do get an ID before I could complete anything on my parole list, and it was impossible to complete. It was frustrating, stressful because I didn’t know where to go, and I did not have enough time at all. Even though it is just a stimulation, those who leave prison experience the same obstacles I did,” Welch said.

Those taking part in the experience learned what it is like to return home from prison with few available resources and many obligations.

These obligations included obtaining identification, applying for social services, finding a job and residence, reporting to probation, and paying restitution. Failure to accomplish these tasks results in returning to prison.

Sewitch stated, “It’s very important for students to go through this because they are the practitioners of tomorrow.”

Sewitch added that, as for the professionals that attended, it was critical for them to see what kind of issues these people run into due to their policies.

It is important that stakeholders in the system understand the obstacles that are placed in front of those reentering citizens that is of no fault of the reentering citizen. Rather, reasonable accommodations are needed.

“Successful reentry is part of everybody’s best interest. I don’t care if you are a conservative or a liberal. I don’t care if you are democrat or republican. That offender that reenter society become happy, healthy citizens, should suit everyone’s ideology and philosophy,” Sewitch said.

The event was sponsored by the New Jersey State Parole Board with the support of Monmouth County Reentry Taskforce, Monmouth’s Criminal Justice Department, and the United States Attorney’s Office, District of Delaware.



PHOTO TAKEN by Brittany Macaluso

The simulation provided attendees with a new perspective on the difficulties of reintegration after prison



# Monmouth's Entrepreneurs

DEANNA MORREALE  
CONTRIBUTING WRITER

Entrepreneurship is the activity of setting up a business and taking financial risks in the hope of profit, according to Merriam-Webster.

Students are talking about entrepreneurship and seek to create a business from scratch, working independently. We have plenty of entrepreneurs on campus, and I sat down with a couple to understand the structure of such work. Is entrepreneurial life achievable for anyone?

While speaking to professionals in different industries, I realized how many interpretations the word "entrepreneur" has. Monmouth professors, students, and alumni, as well as the CEO of a leading Tech company, all approach the concept in different ways.

John Morano, Professor of Journalism, has built an entrepreneurial lifestyle from growing up with nothing. Aside from being the author of a three-part environmental series, he has opened four chains of Bubbakoo's Burritos and receives royalty checks from his time as a partner of Night and Day, a monthly entertainment magazine that reached over 50,000 circulation.

"I don't have a Ph.D. in burritos," said Morano, "but if diversification of investment is good for you, then it seems that maybe

diversification of involvements in businesses might also be good for you. So, I'm kind of following that model."

John Buzza, a Specialist Professor of Business, has taken a different approach. He said, "Entrepreneurship is many things, but it starts with a state of mind. You must be a person who is very self-confident and not afraid to take risks. Entrepreneurship, like life, can be measured in risk versus reward. It becomes a test of your confidence in your ability to be all things: head of marketing, to head of management, to head of sales, to head of accounting."

Jack Denning, a senior business management student, started his own meal prep company early this summer. He developed everything from the logo, the product, to the Instagram profile @JackDPreps.

He decided to pursue JackD-Preps on the side because, "At the end of the day, full-time income isn't going to bring me the income I want." Denning said that once he invests in his meal prep company, that's when income will really pop up.

Tara Ackaway, a Monmouth University Alumni and the CEO of Social Wise Communications, grew her company from independent freelance public relations work to housing a full staff. Ackaway is a public relations specialist who believes in the power of hard

work.

One of Social Wise Communications' clients, Aaron Price, is an entrepreneur specializing in the tech industry. Price, a graduate from the University of Maryland and the CEO of the tech company Propelify, said, "Entrepreneurship is about problem solving. How do you see something that other people see as a pain point? How do you come up with a solution? And how do you, in an entrepreneurial way, market that solution?"

Carly DeRosa, a Monmouth alumna with a Bachelor's degree in Marketing and a minor in graphic design, is the founder of Lunar Digital Group. DeRosa began the marketing agency because she was "tired of trying to find that dream job." DeRosa knew she could do more on her own instead of wasting time searching, so she created the opportunity for herself.

Morano admits that he has experienced personal failure in his career. He said, "When people say no to you, or they tell you, 'you have no talent,' I have experienced that too. It took me a year and a half to sell my first book. Every day I was getting rejected by another publisher. They had not read the book, but they were rejecting me every day."

Morano continued, "Financial failure is a much different beast, and it is real with a capital 'R.'"

He admits there were times

when he has been hungry, "I have not known if I would have three meals in a day. I know what that feels like. And I didn't know [then] even if I would have a home. It was really scary, but that will motivate you."

An entrepreneur, according to Price, is someone with a dedicated skillset. He said, "There are certainly people who, I believe, are born with a so-called entrepreneurial gene. I think I am one of them. But I also think people who are truly dedicated to learning what that means can develop the skill set to be a great entrepreneur."

Price has advice for college

students who are just beginning their careers, "Take your own personal time much more seriously. Be very serious with (your own) deadlines, (your own) goals, with recognizing that it won't be very long until other much more significant responsibilities come up and their ability to take higher risks is diminished."

DeRosa also advises students, "Do not feel obligated to fit into the mold of 'success.' Everyone has a different story and everyone gets there in a different way. If you pave your own path and stick to your own identity, you will gain respect and reputation from the start."



PHOTO COURTESY of Long Branch Patch

Starting a business is a goal for many students at Monmouth.

## Blue Hawk Records Artist of the Week: Delaney Rivera

MELISSA BADAMO  
FEATURES EDITOR

Delaney Rivera, a freshman music industry student, has a rich musical background. She has been singing since she could talk, was taught how to play guitar and piano by her father, and released an album this past summer called *Radiate*. Now, she is ready to take on her next musical endeavor—recording a song for Blue Hawk Record's upcoming compilation album.

"I've always been surrounded by music," Rivera said. "It was just how I was brought up. Music is my way to express myself. I'm a pretty shy person, so music is my way to express how I feel about certain things. It's an outlet,

so usually if I'm stressed or have a lot going on and I need a time to just relax, I'll play my ukulele or guitar and just sing and write. It's kind of an escape for me."

Rivera finds working with the music professionals of Blue Hawk Records to be a gratifying, eye-opening experience following the self-recording of her debut album.

"I've never actually worked in a studio before, so getting on the album and being able to have that experience is really cool," she said. "We hear music every day on the radio but we never really know how it's created, so I think it's really cool to see the behind-the-scenes stuff."

Rivera's song on the upcoming album, titled 'Learning to Fly,' illustrates the singer-songwriter

genre that defines her entire discography.

She said, "[The song] is about the transition from high school to college and how my experience in high school was a little toxic and stifling unless I was in the music department. It's about breaking free from the high school stereotype that you're put in and getting into college and doing your own thing and learning how to spread your wings and fly."

Kat Fernandez, a junior music industry student and general manager of Blue Hawk Records, said, "Her song is very inspirational. It's very singer-songwriter, which is good because that's what we were looking for for the album."

Each song on Rivera's debut album, *Radiate*, represents a different experience throughout her high school career. The album features gleeful keyboards and raw vocals, reflecting the positive vibes she radiates as well as her down-to-earth personality.

"She's overall just a very nice person," added Fernandez. "She's probably one of the nicest people that I've met so far working on the album."

"I try to put a positive spin on everything that I do, and I think my music is unique because it tells my story," said Rivera.

Along with writing and releasing music, Rivera is the stage manager for the upcoming musical and is a member of the Sea Sharps, Monmouth's a cappella group.

Rivera sings and plays guitar, piano, and ukulele with her heart on her sleeve. As a freshman new to the Hawk's nest, she is 'Learning to Fly' towards a career in music industry.



PHOTO COURTESY of Blue Hawk Records

Delaney Rivera is continuing her musical endeavors with Blue Hawk Records.

## Monmouth's Most Exciting Classes

SHANNON MCGORTY  
CONTRIBUTING WRITER

Students are often asked what the most exciting classes at Monmouth are, and that is a difficult question to unwrap.

Some of the classes that never disappoint are the classes in which the students find themselves. Often, students who come into Monmouth undecided choose their major based on the general education course they loved the most; whether it's literature, psychology, or information technology.

Everyone has different interests, but students often find that the classes they initially thought were pointless or a waste of time were actually the classes they enjoyed the most.

People often fear that college classes will be tedious, but that is not always the case. Yes, you have the classes that are merely okay and you could live without, and then you have the classes you actually look forward to. You must take certain classes to obtain a degree, but that doesn't mean you can't enjoy them.

Classes that excite students the most are the ones in which they can express themselves, such as creative writing, graphic design, radio production, songwriting, and software design. Students enjoy the courses in which they can proudly present their creative projects. There's nothing more gratifying than sharing ideas with your classmates and improving your skills alongside one another.

Amanda Graves, a senior English student, said, "I find

classes with an enthusiastic professor exciting. If they're excited, chances are I will be too." Graves said that the classes she finds most exciting at Monmouth are language and linguistics and creative writing.

Professors make all the difference when it comes to the satisfaction of a certain course. When you meet the right professors, they will light a fire in you that you never even knew existed.

Jesse Bragger, a junior biology student, said, "If the professor is passionate about his work and is able to provide real life examples or personal stories, the class will draw you in. I feel the best classes are the ones where the professors teach the students the material instead of requiring the students to teach themselves."

Bragger said that the most exciting class was organic chemistry, because the professor brings in an element of diversity, having roots from another country.

It's not all about context. Most of the time, it's the things professors do that make a class incredible. The effort the professors put into each class is rewarded by what the students get out of them.

To make for an exciting class, the professor and students should all work with one another. Professors should bring out the best in their students, helping to craft an undying passion for the subject matter.

Creativity, diversity, and collaboration mix together in a classroom to create a recipe for a gratifying college course.



# Can One Burger Save the World?

ALLISUN ROMAIN  
CONTRIBUTING WRITER

The vegan diet has been around for more than a thousand years, and throughout the past decade has become more popular than ever. For many, the thought of ever giving up meat is too much to fathom. For others, a vegan diet and its surplus of benefits offer an appealing lifestyle.

Since 2011, company Impossible Foods has been developing and producing a variety of foods that are commonly meat-based, and altering them into vegan options, through the substitution of meatless ingredients. Some of the products they have crafted range from sausage, tacos, meat pizza, and arguably their most desirable creation, the Impossible Burger.

“There is overwhelming evidence that a plant-based diet helps to reduce the risk of many chronic diseases, including heart disease and cancer.”

--Andrea Hope, E.d.D, Associate Professor of Health and Physical Education

Although the Impossible Burger was launched in 2016, it has just now recently become trendy in society, with versions of it being refashioned at common food chains across the world, including Burger King, White Castle, Red Robin, and the Cheesecake Factory.

Regarding impossible burger sales, Daniel Hudson, an employee at Burger King in Ocean

Township, puts it this way: “They sell like water bottles in the desert.”

The Impossible Burger, standing at an average cost of about \$13, is a vegan hamburger that looks and tastes like real beef but is made with a plant-based patty. It was FDA approved in late July this year, and not long after made its debut in food stores by September.

The key ingredient in the Impossible Burger is heme, which is a molecule found in plants. Heme is what allows the patty to taste like actual meat and in combination with fermented yeast, soy plants, starch, sunflower oil, and other natural ingredients, makes for a very meat like, meatless hamburger.

Alexa LaVere, a senior health studies student at Monmouth University, has been vegan for almost two years now. “I am

able to vividly recall the taste of meat,” said LaVere. “The Impossible Burger that I tried did an extraordinary job at mimicking the texture, appearance, and taste of an actual hamburger.”

Alongside the general consensus of the Impossible Burger tasting good, there are also a variety of health benefits the burger offers. The most appealing health factor of the Impossible

Burger is its high volumes of vital nutrients, such as iron and vitamin B12. Additionally, it is low in sugar and high in fiber, with no more calories than a regular beef burger, making it more than safe to eat.

Jessica Henry, junior public health student at Monmouth University, is the President of the interest group Friends of Animals at Monmouth (FAM). When reflecting upon her diet, Henry says that she has, “found veganism to be incredibly healing and eye-opening.”

Andrea Hope, E.d.D, Associate Professor of Health and Physical Education at Monmouth University, follows a plant-based diet herself, “There is overwhelming evidence that a plant-based diet helps to reduce the risk of many chronic diseases, including heart disease and cancer,” said Hope.

The Impossible Burger also has an assortment of environmental advantages in comparison to a beef patty. The most prominent goal of the makers of the Impossible Burger is to turn the global food system into a fully sustainable and eco-friendly network. The production alone uses 96 percent less land, and 87 percent less water than that of animal meat. Not only that, but almost 90 percent less greenhouse gas emissions are produced in the process. These types of wastes are a result of the production of the world’s animal food products, and Hope says that they “have a detrimental effect on our environment.”

There are various reasons people are often hesitant to switch to a vegan or plant-based diet, most times due to health factors, expenses, or the simple fear of

taste dissatisfaction. Out of the billions of people living in the world, only about 75,3000,000 are vegan; that is less than .1 percent of the worldwide population.

However, with the mass production and growing availability of foods like the Impossible Burger, it seems as though the vegan diet is becoming increasingly more achievable for the average food-loving individual.

When asked about her personal plant-based diet, Professor Mary Harris, Director of Plants for Peace at Monmouth University, said, “My health completely

transformed, my energy levels increased dramatically, and everything I was able to eat as an omnivore, I was able to find a vegan version I could make that was healthier for me.”

Whether you follow a vegan diet, eat plant-based, or love to indulge in some wings and cheese- steaks on a late Friday night, there is no reason you shouldn’t give the Impossible Burger a try...for all you know, it could take only one bite of this plant-based patty for you to never go back to real beef.



IMAGE TAKEN from [Impossible Foods]  
If you want to taste test the Impossible Whopper, it is now available at Burger Kings across America.

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Throughout the years, members of the Monmouth University administration have been a key source of information for *The Outlook*. We would like to personally thank President Patrick Leahy, Ed.D., Patti Swannack, Vice President for Administrative Services, Mary Anne Nagy, Vice President for Student Life and Leadership Engagement, Marilyn McNeil, Vice President and Director

isn't in an administrator's favor it still demonstrates they are willing to have a sit-down conversation and be 'honest' to the best of their ability... It may be hard sometimes, but in a high-ranking position, interviews, press, and hard questions are all in the job description," added another editor. Members of our administration set an example for other faculty members and staff to whom *The Outlook* reaches out. Some faculty and staff members are not as will-

to discuss topics which they would prefer not to discuss in the campus media. As journalists, the staff of the paper looks to report on the facts. The willingness of these individuals to answer questions pertaining to pertinent issues allows us to do just that. "The willingness of the administrators and the higher ups, the President and VPs, to always answer questions for *The Outlook* portrays how committed they are to its students and their

"Having conversations with students about issues and seeking their input is a step in the right direction for the future of the University."

AN OUTLOOK EDITOR

of Athletics, and other key personnel for this consistent aid that they provide to the newspaper. They typically make time, in what must be very busy schedules, to answer questions and to sit down with *Outlook* reporters. We would also like to thank the numerous faculty and staff members that answer our inquiries throughout the year. The editors of *The Outlook* recognize the importance of our administrators making time for student-media. All of the editors agree that the administrators' commitment to commenting to *The Outlook* puts the University and themselves in a good light. "Even if an interview

ing to aid *The Outlook* in our reporting. All the editors agreed that others should follow in the footsteps of these select administrators and staff members in being open to the student-press. "For those who are unwilling to contribute and volunteer necessary information, they are only stifling our job as student reporters and therefore serve as a blockade to the rest of the campus community who have a right to know what is happening here," said one editor. These administrators and staff members acknowledge the student newspaper and take it seriously. Often, they answer questions that may be uncomfortable for them, or are asked

publication," said another editor. "This commitment to the student press represents their commitment to the futures of these students and to the future of the school." Another editor added, "Having conversations with students about issues and seeking their input is a step in the right direction for the future of the University." While the editors are grateful for the specific faculty and administrators who have consistently contributed, *The Outlook* highly encourages others to follow this example and cooperate with the student media; even when it may be uncomfortable or inconvenient to respond.

HOW TO SUBMIT ARTICLES OR LETTERS:

*The Outlook* provides the Monmouth University community with information concerning issues in and around the University while serving as a forum for expression of the ideas of its readers.

Contributions must be submitted (email outlook@monmouth.edu) by 12:00 p.m. Sundays to *The Outlook* office, 2nd floor, room 260, Plangere Center.

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# Why First-Year Seminar Should Stay

CAITLIN MAZZELLA  
CONTRIBUTING WRITER

I believe that the voting committee has made a terrible mistake by getting rid of First-Year Seminar as a university-wide general education requirement for the class of 2024 and incoming classes beyond.

There are a lot of mixed reviews out there on this matter. First-Year Seminars crack open many different opportunities for First-Year students that they simply will not receive in their other coursework.

To start, the purpose of general education is to ensure our graduates are well-rounded and have been exposed to different areas of study. Some students felt that this course was a waste of their scholarly time at Monmouth because the content of their First-Year Seminar did not coincide with their major.

A clear majority of your general education requirements are not necessarily supposed to align to your comfort zone, after all, how can your coursework prove that you are a well-rounded graduate if your audit has no diversity whatsoever?

Another major “flaw” seen with the First-Year Seminar requirement is the coursework itself. Since the professor and the content of each class differ, the coursework also differs. One class might be simple and only require readings and a project, while another may require a 12-page paper. The thought of how different the syllabi of these courses appear can be slightly daunting to students; nevertheless, they are different course topics taught by professors from many different departments.

Two students taking the same course, for example Physiology

103, from two different professors could each have completely different class assignments. I see this firsthand because I tutor a wide array of students in various general education classes. Among all the general education classes and all of the various professors, the requirements of the same courses will be different.

Now let’s step into the benefits that the students are missing out on. Each First-Year Seminar class has a Peer Learning Assistant (PLA), which is an older student who mentors students, assists the professor with any needs, and typically follows along with the readings to be engaged with their class’s content. On top of all that, they are a link between the students and campus.

PLAs go through trainings to ensure they know all about campus resources. They are also making themselves available to students outside of the classroom for assistance with anything. Students may also feel more comfortable admitting that they need help to an older peer first other than going to their professors or other staff members.

PLAs and professors also collaborate to bring in, what I believe to be the best part, guest speakers. These guest speakers are usually notable people on campus from resource centers, such as Tutoring Services, Writing Services, and Counseling Services, that offer support to the students.

With this, students get to meet the people who work in these offices firsthand and learn about what services they offer. PLAs also act as guest speakers during class time to introduce important Monmouth sites such as eCampus, WebAdvisor, and Accademia. Where else are they supposed to learn all the ins and outs of these sites and be exposed to all the resources on campus?

Getting rid of this requirement university-wide is not acceptable. Classes are always improving and First-Year Seminar classes can always make adjustments to fit new ideas. I believe that every First-Year Seminar class has benefited students in one or more ways, even if the student themselves cannot identify it. I currently have a student petition on this matter to bring back First-Year Seminar.



PHOTO COURTESY of Monmouth University

To sign the petition contact Caitlin at s1106884@monmouth.edu.

# Halloween

KAITLYN DARA  
CONTRIBUTING WRITER

Halloween in college is much different from when we were younger. In fact, rather than celebrating on October 31 itself, it is an all-weekend event.

For many schools, at least in New Jersey, the weekend is known as “Halloweekend.” Halloweekend is a weekend full of fun where students spend a lot of time going out with their friends to different parties or events all while wearing costumes.

Depending on what day the holiday falls on, Halloweekend could be considered two days or sometimes even four. This year, Halloween falls on a Thursday, so we all know it will be at least three days of celebrating for us students.

As fun as this sounds, it is often a long and annoying process that you must plan for well in advance because each day means a different costume. College students have to come up with at least three or four costumes for this one holiday. Many students, especially girls, plan accordingly by thinking of costumes in early October so there is ample time for costumes to be purchased and delivered.

Not everyone takes it this seriously, but it is often much easier to plan for this long weekend weeks in advance because throwing a costume together last minute is too stressful when mixed with classes. Girls, especially, enjoy sharing costumes on different days to make each other’s lives easier and to save some money.

Not every student loves to go out during this holiday and that is more than okay. Many students spend their time making Hal-

loween cookies, treating themselves to candy, and even sitting back and relaxing while watching Halloween movies. The most popular cookies that a lot of college students love to bake are the Pillsbury sugar cookies with the pumpkin or ghost pictures on them. These are delicious and very popular during the fall holidays.

Also, sometimes students who live off-campus even get trick or treaters and spend their nights handing out candy to the young kids. Or, some even go home to spend the holiday with their family. It is always nice to see Monmouth students getting involved in the community they live in and embracing their neighbors.

Monmouth is a great place to be during this holiday. Students are not the only ones who love the holiday, some professors do as well. Professors on campus sometimes bring in candy for their students or try to incorporate some fun holiday activities into their classes if possible.

On-campus, Dunkin even gets into the Halloween spirit by selling pumpkin-flavored coffees and foods as well as decorating their donuts with different Halloween designs, making them extra tasty. As well, the dining hall takes the time to add some decorations for a spooky vibe. The campus is always beautiful but during the fall season, it is even more elegant and eye catching.

Halloween is a great holiday to spend at Monmouth with all of the events that go on throughout the communities and it allows all students to express themselves in whichever way they desire but in an appropriate manner. Happy Halloween Monmouth!



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# Jesus is King: Kanye West and His Brand of Faith

GABRIELLA PISACANE  
STAFF WRITER

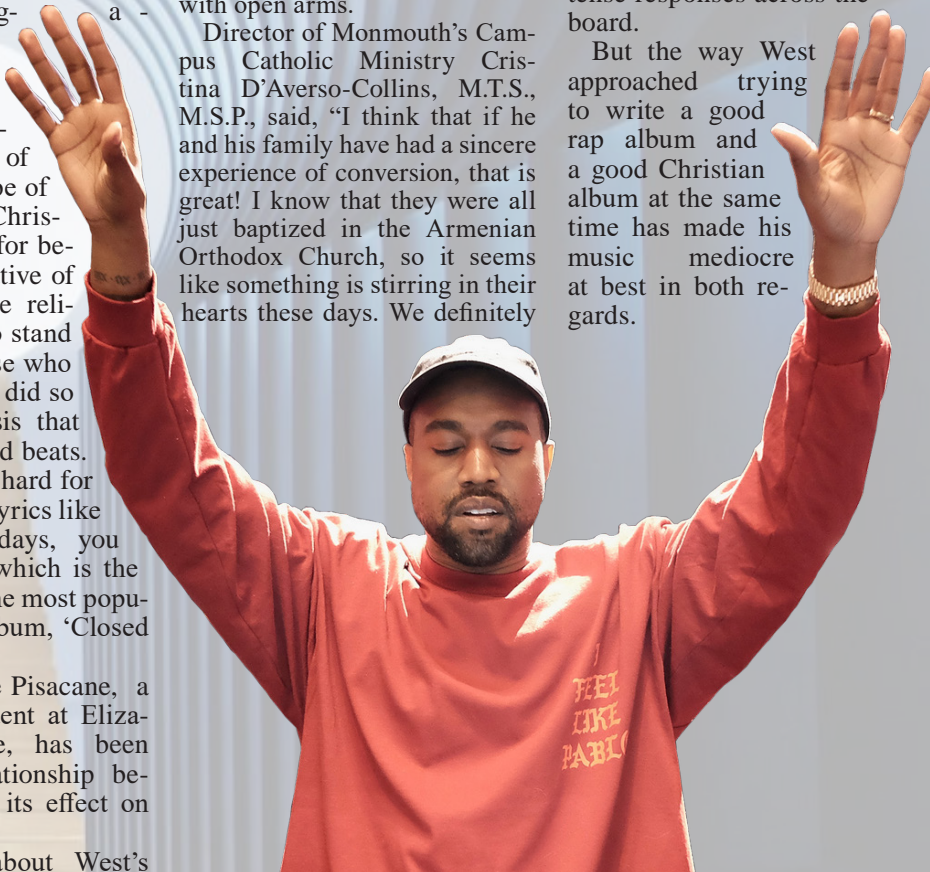
Kanye West has always been open about his Christian beliefs, but recently he's really turned up the hallelujah. West officially labeled himself as a Christian artist and just dropped an eleven-song album titled *JESUS IS KING* (yes, in all caps) along with an IMAX movie companion. He also has been going around the country holding what he calls "Sunday Services" at a different church each week. But unlike most Christian masses, these services are invite-only. Attendees sign a non-disclosure agreement upon entering, and Father Kanye is the one preaching. Even his clothing brand has taken a turn for the holier, and started selling "Sunday Service Apparel," with the cheapest item being a \$50 pair of Sunday Service socks. There were many people who refused to listen to the album because they felt Kanye didn't have the qualifications to declare himself as a voice for righteousness. There's no hiding that the artist has had a perpetually controversial career. Most famously he's been criticized for calling himself both God and Jesus, high-jacking Taylor Swift's Grammy acceptance speech, and calling out President Bush for not caring about African Americans. In just this

past week, at one of his "Sunday Services" he preached that taking race into account when making decisions is a form of slavery. However, it's important to note that none of us can be the perfect representative of God. From John 8:7, "He who is without sin among you, let him be the first to throw a stone at her." No matter how much we practice or preach, we are not perfect. Of course, West is not the most divine of us, but he doesn't have to be to make Christain music. The rapper's case is interesting considering how stark of a turn his character has changed and the profits he's making off it. Lexi Uzar, a sophomore political science student, said, "I think he is beyond problematic and clearly is not in the right kind of headspace. He should take time off to figure out his own demons before he comes into the public eye and tries to make albums like this." The concept for *KING* at first seemed reminiscent of *The Life of Pablo*. *Pablo* was Kanye's 2016 album, consisting of collaborations from over a dozen artists like Chance the Rapper, Rihanna, Post Malone, Frank Ocean, and Kid Cudi. The running theme of all these songs? Faith. This album was Grammy-nominated and is on just about every best album list for 2016. It balanced the concerns of the public towards hot button issues and relatable everyday troubles, with

how faithfulness can carry you through these adversities. All the while not naming a specific God, leaving it open for people of any kind of religious beliefs to cherish. Therefore, reasonably, when Kanye announced he would be releasing a "Christian album," fans expected something vaguely similar, but they were wrong to say the least. When *KING* dropped, it didn't take long for fans to flood Twitter with primarily negative reviews. Rap fans criticized it for using too many references to opinions of a very specific type of Christian, and Christians criticized it for being not representative of what they felt the religion was meant to stand for. However, those who praised the album did so solely on the basis that the songs had good beats. But to be fair, it's hard for anyone to defend lyrics like "Closed on Sundays, you my Chik-Fil-A," which is the opening lines to the most popular song off the album, "Closed on Sundays." My sister Angie Pisacane, a junior music student at Elizabethtown College, has been studying the relationship between music and its effect on culture. When asked about West's brand change, she said, "It's not abnormal for a person to

change and to have their genres reflect that, but this seems more like a change in motivation. He's taking a religion that people find hope and sanctuary in and turned it into a business venture. And it's scary to think that a person can do that and start gathering a following instead of a gathering to stop it." But not everyone in the religious community is up in arms about West's new direction. Instead, some are welcoming it with open arms. Director of Monmouth's Campus Catholic Ministry Cristina D'Averso-Collins, M.T.S., M.S.P., said, "I think that if he and his family have had a sincere experience of conversion, that is great! I know that they were all just baptized in the Armenian Orthodox Church, so it seems like something is stirring in their hearts these days. We definitely

will pray for them!" As for the criticism towards West, D'Averso-Collins shrugged it off. "People may criticize it, but who knows what goes on in the human heart? People experience Christ in different ways and at different times in their lives," she concluded. Clearly, West converting his brand to strictly Christian music, starting with his new album, has sparked intense responses across the board. But the way West approached trying to write a good rap album and a good Christian album at the same time has made his music mediocre at best in both regards.



IMAGES TAKEN from Variety (background) and PNGio.com (left) West released his new album JESUS IS KING on Oct. 25.

# Disney+: Can it Make Streaming Magic?

DANA CATERINA  
CONTRIBUTING WRITER

There's a lot we can expect from the new streaming service that Disney is releasing in a few weeks on Nov. 12. So far, audiences and Disney fans everywhere have heard that *Disney+* is bringing the best of the best to their new platform including new shows and films such as *The Mandalorian* (A Star Wars live-action television series following a bounty hunter), a live-action version of *Lady and*

*the Tramp*, *High School Musical: The Series* (yes that's the actual name), and many more titles. *Disney+* will charge customers \$6.99 each month or \$69.99 for a year to watch hundreds of Disney titles that you might haven't seen in a long time, or even ever. The price makes the service stand out the most since it's so cheap, compared to *Netflix*'s \$14.99 or *Hulu*'s \$11.99 per month. With all that competition, how will Disney make their streaming platform different than others? Streaming services like *Netflix* have years of experience behind them and that helps them know their customers better and create a variety of movies or television shows. Meanwhile, Disney has never released something like this, so it may take a while for them to get comfortable in the industry. They're also only offering movies and shows based on the companies they own, so if you miss *That's So Raven* and other shows like it, this service is for you! But that can also be an issue for customers; are they willing to shell out another \$6.99 a month to watch old reruns of *Disney Channel* shows, when a service like *Netflix* has timeless older shows along with new shows with big budgets? While some may want to relive those old Disney shows and

it might be more kid-friendly, *Lizzie McGuire* might be an afterthought for older audiences while they binge *Stranger Things*. Plus, *Netflix*'s older shows hold up better. When it comes to watching an older show like *Cheers* or *Friends* on *Netflix*, anybody of any age can flip it on for a few episodes. Meanwhile, it's harder to watch old Disney shows like *The Proud Family* for an extended period. Sure, you can flick it on for a couple episodes to relive your youth, but it's not binge-worthy like titles *Netflix* has licensing for. Although Disney is putting a countless amount of their originals on the service, they're still having trouble gaining licensing back for titles that can be found on other services such as *Hulu*. There are two things though that Disney has that make them stand out: a huge fan base and animation. First, there are many Disney fans and their ages range from newborn to one hundred years old. Considering Disney's large following, assistant professor of digital media Amanda Stojanov, M.F.A., said it best: "Since Disney is a large and established company with successful content, it has the potential to be a devastating competitor for *Netflix*." Although *Netflix* may have a lot of success in the streaming industry, many of their users love their Disney content and may just switch to this cheaper option

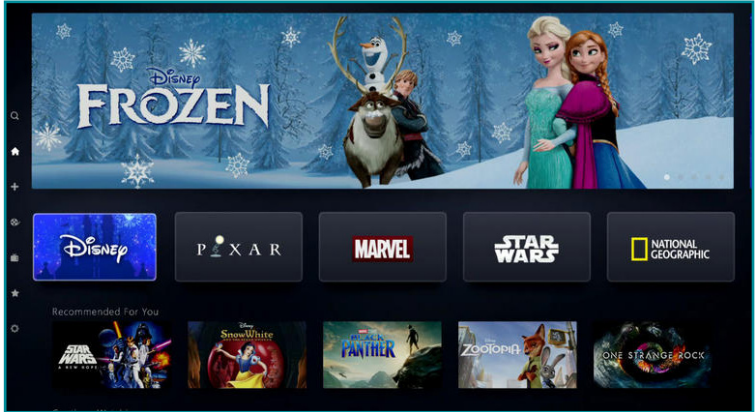


IMAGE TAKEN from technobuffalo.com *Disney+* is rolling out soon, but how will it fare against the competition like *Netflix*, *Hulu*, or *HBO Max*?



IMAGE TAKEN from Disney Clip Art *Lizzie McGuire* will make her triumph return to *Disney+*.

with what they are looking for. *Netflix* may have a lot of success in the streaming industry, but many of their users who love the Disney content provided may just switch to this cheaper option for Disney-only content. However, if you want a free trial before you purchase, that is not available yet. Disney is trying to get their fans to pre-order the service before getting the free trial so they have a larger audience to experience what they have created. Their competitors offer a free trial for a certain amount of days before you commit to the purchase. Disney hasn't officially announced if they will be adding this feature after their initial launch, but I think it will help get people to buy the service in the long run like their competi-

tors. You can have seven different profiles and four of them will be able to be streamed at the same time, which compared to *Netflix* can be good for a household. *Netflix* offers users five different profiles and you have to pay extra for more users to stream simultaneously. We can expect an affordable service chock full of Disney and their partner's content, and a satisfying setup that looks more polished than streaming competitors. Stojanov concluded, "Disney is adapting to the technological shift in popular entertainment from cable television and theatrical releases to streaming services and binge-watching, popularized by *Netflix*."



# The Lighthouse: Two Opinions Oceans Apart

RAY ROMANSKI  
CLUB & GREEK EDITOR

Establishing shot: fog, thick. A foghorn cautions from somewhere. The fog recedes and shows open ocean. It lightens a little more, and a steamer ship on the horizon motors towards us. On the bow, we have two men, staring into the fog of oblivion. In the distance, an island with a beacon, and nothing else. There, the keepers will be alone for four weeks until relief.

Director Robert Eggers wastes no time setting the tone for *The Lighthouse*. No dialogue for almost ten minutes. Wide shots with long durations. The sounds of the whipping winds and the restless ocean.

Shot in stark black and white, this movie looks like an Ingmar Bergman classic or *The Cabinet of Dr. Caligari*. And it's just as enchanting as the mermaids in it.

This is Eggers' second film following the cult success of 2015's *The Witch*, a horror piece set in the outskirts of 1630 New England. *The Lighthouse*, written by Max and Robert Eggers, is similar to *The Witch* for two reasons.

First, both heavily rely on the jargon of their period to create more realistic dialogue.

The Eggers brothers used Herman Melville's writings and diaries of sailors to craft their masterful dialogue. Secondly, its setting is specific and acts as a character.

Ephraim Winslow, played by Robert Pattinson, is a foreman, and Thomas Wake, played by Willem Dafoe, is his captain. Winslow is tasked with all of

the hard labor; shoveling coal, painting the tower, hauling barrels of oil to the top of the tower.

Wake's duty is to man the light and cook.

The two men tensely chat about superstition, lighthouse business, and not much else. These characters are suspicious of each other, and we know less than they do.

We see them dance, sing shanties, box, and descend into darkness together.

Pattinson and Dafoe are electric together and both should be nominated for Oscars.

At times, Pattinson's acting is so intense, the veins in his head make it look like he's going to burst. He resembles Daniel Day Lewis, and gives a DDL-level performance. Dafoe mirrors Gregory Peck's ferocious Ahab in 1956's *Moby Dick*.

Although the dialogue is amazing, it does take an adjustment period to adapt to Wake and Winslow's jargon.

There are a few scenes where the dialogue is too much and detracts from the story in crucial moments.

Also, one of Wake's monologues is so riddled with sailorspeak, he might as well have said nothing.

The score of this film, composed by returning Eggers scorer Mark Korven, sounds like "the noise" from the Beatles' 'A Day in the Life,' steadily building, rhythmic but atonal, immense and all-encompassing. Then, at its highest point—a pause—then *crash*. When we have such a dark story (visually and progressively), our sense of hearing is paying extra attention.

The cinematography, editing,

sound design, and screenplay are so fresh, like it just came from the galley. I feel like I'm at a nautical museum watching archival footage.

If all of 19<sup>th</sup> century nautical history was erased, *The Lighthouse* could be substituted. This film was shot with a 35mm camera to give it an extra touch of vintage horror.

Take the themes of cabin fever, the supernatural, and isolation from Stanley Kubrick's *The Shining*, add the suspense of any Hitchcock film, and the ambiguity of *Jacob's Ladder*. Throw that all together, and you have a recipe for a new standard for horror.

MARK MARRONE  
ENTERTAINMENT EDITOR

Folks, I just want to apologize first for my colleague's glowing review of *The Lighthouse*. Like the two keepers who drink like sieves through most of the duration, Ray is intoxicated by *Lighthouse* kool-aid or he's got a case of scurvy going to his head.

Now some things I'll admit Ray is right about: it has good cinematography and the performers did try, even though they made me want to jump ship.

However, *The Lighthouse* is a pretentious film that's boring with annoying dialogue.

Ray said the performances were electrifying, but I could've used an electric current to wake me up because the first hour is about lighthouse maintenance. The directors pay such great attention to maintenance that my ticket might as well come with a manuel.

It could've come in handy because there are so many scenes of cleaning up the quarters or moving stuff around. I felt like jumping in and helping the guys out if it meant getting this movie over with.

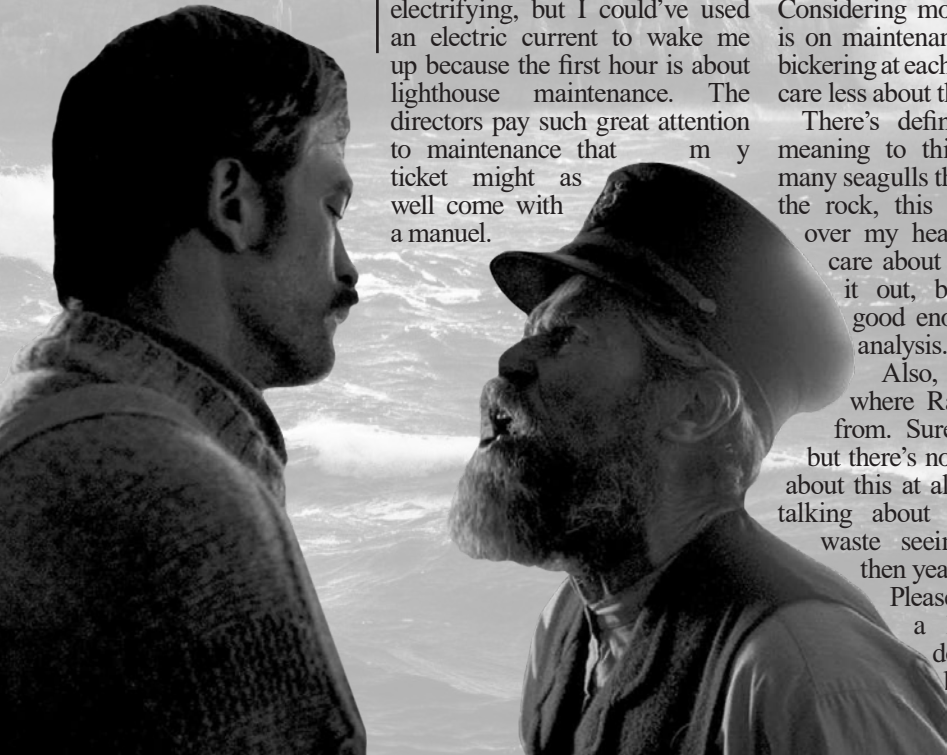
The second hour is made up of the pair yelling at each other, with Wake using so much pirate dialogue that he needs English captions. Hearing a guy say "avast yee" and "spill yee beans," along with his farting for two hours made me want to put two eye patches over my eyes and ears. But hey, this is "Daniel Day Lewis" level apparently.

If you watch it for what it is, two guys on a rock, it's stale. Considering most of the movie is on maintenance and the two bickering at each other, I couldn't care less about them.

There's definitely a greater meaning to this, but like the many seagulls that hover around the rock, this one went right over my head. And I don't care about trying to figure it out, because it's not good enough to warrant analysis.

Also, I'm not sure where Ray got "horror" from. Sure, it's dramatic, but there's nothing freighting about this at all. Unless you're talking about the \$13 you'll waste seeing this movie, then yeah, it's terrifying.

Please, make like a landlubber and don't follow any light towards *The Lighthouse*.



IMAGES TAKEN from Houston Chronicle (above) and reddit.com/r/a24 (background)  
Pattinson and Dafoe argue just like Ray and I; well, except for the sailorspeak.

## The Great Alaskan Race Is an Endurance Test

MARK MARRONE  
ENTERTAINMENT EDITOR

You could say last week was a slow week for movies, with low-level releases like *Black and Blue* and *Countdown* out. But let's go lower, shall we?

I enjoy seeing low-budget movies and exposing them all to you because sometimes you can do a lot with a little.

Unfortunately, for *The Great Alaskan Race*, it has so much potential, but it's wasted because of so little effort.

It has a great story: set in 1925, a dyptheria outbreak hits Nome, Alaska, which leaves many children sick. A serum is needed to heal the children, but Nome is remote and no planes can get there.

To bring the serum home, a group of dog sled mushers create a relay spanning 674 miles. With temperatures dipping to below 40, it was a grueling test of strength for the dogs and mushers.

At least this is what the credits



IMAGE TAKEN from hollywoodreporter.com  
Brad Pitt directed, edited, and starred in this mess.

tell us, because I didn't see much of this at all.

The first half is slow because the children fall ill and the leaders in town figure out what to do, which takes a while because everyone communicated via telegraph. Things definitely could've picked up if they could just text, what's the deal there?

Then in the second half, the great race is on, somewhat. We mostly follow Leonhard Seppala, played by Brian Presley, who covered a staggering 350 miles of the run. However, while he's trudging through harsh conditions, the director, who's also Presley, decided to focus on the kids in the hospital.

Sure, I know the stakes are high, but I want to see the courageous spirits of the mushers survive in treacherous conditions. The race should be prominent compared to what's going on at home. I just want my *Great Race* like I was promised!

When we do see the race, it's so poorly made that you can barely make out what's happening. It looks like Seppala is mushing in a backlot in Hollywood with pine trees on a green screen and a snow filter.

The snow filter by the editor, who's Presley again, is so bad that when actors go outside, you can tell it's not snowing because there's no flakes on their shoulders or anywhere.

I'm not sure how this *Lifetime* movie made it on the big screen, but hopefully it won't be there for long.

## Gomez Moves on from Bieber In Two New Singles

SALVATORE LAGROTTERIA  
STAFF WRITER

It's been nearly four years since Selena Gomez released her last full-length album, *Revival*. But with two new singles released a day apart from each other, it's safe to say that she's ready to get back in the game.

Gomez released her highly anticipated single 'Lose You to Love Me' with a music video to go along with it on Oct. 23. If you haven't noticed by all the ads on Gomez's Instagram, it was shot on the new iPhone 11 Pro.

The 'Lose You' music video was released at midnight and Gomez scored almost 5 million views that Wednesday morning. The video for this song is simple; it's black and white with Gomez sitting in a chair singing directly towards the camera with all of her emotions. Because Gomez lays it all out there, you can't help but feel a person

connection with her in the video.

It's hard to love the slow pace of the single, but you can love the lyrics. Gomez throws shade at her ex-boyfriend Justin Bieber with, "In two months, you replaced us/ Like it was easy/Made me think I deserved it." When Bieber dumped her and got engaged to model Hailey Baldwin just two months after, it's clear Gomez felt pain. But after a long time of healing, she declares she's moving on with the final lyrics of, "And now the chapter is closed and done/And now it's goodbye, it's goodbye for us."

While 'Lose You' is a slow ballad with a grand piano and modern synthesizer, Gomez dropped another single with a completely different tone on Oct. 24.

In 'Look at Her Now,' Gomez thanks her fans for being her "ride or dies." The lyrics in this song are far more upbeat that you'll want

to get up and dance. This music video was released at the same time as the song and is entirely different from its prequel.

There's no doom and gloom; it's much more colorful with Gomez dancing in a white dome with a bunch of flashing colors from LED lights, where she again flexes the iPhone 11 Pro camera. At this point, I wouldn't be surprised if Tim Cook was one of the dancers.

While she was broken in 'Lose You,' on this single she's got her spunk back with lyrics like, "Of course she was sad/But now she's glad she dodged a bullet." And what a bullet she dodged!

It has some catchy lyrics like that, but the chorus is a little uninspired with, "Mm-mm-mm, mm-mm-mm, mm-mm/ Look at her now, watch her go." The "mm" sound more like a squeaky chair than the kind of "mm" you say when eating a good piece of pie.

It's the kind of chorus that can get stuck in your head, but not in a good way.

With these two new singles, Gomez is closing a chapter in her life and wrapping it up into a bow and being done with it. She manages to look back in two different tones: one of solemnness and another of excitement.

Considering how much tea Gomez spilled in these two singles, we can expect much more to make headlines. There's no official date for an album yet, but hopefully Gomez has saved the best for last.



IMAGE TAKEN from wccftech  
Selena Gomez gets emotional in one of her latest singles.



# Polling Institute on Presidential Primary

MONMOUTH POLLING  
INSTITUTE  
PRESS RELEASE

Former Vice President Joe Biden remains the clear front-runner among likely Democratic voters in South Carolina. The Monmouth University Poll finds little has changed in overall presidential primary support, but there is evidence that black voters' preference for the front-runner varies significantly when age and education are taken into account.

Biden currently holds 33% support among South Carolina voters who are likely to vote in the February 2020 Democratic primary. This is down slightly from his 39% support level in Monmouth's July poll. Massachusetts Sen. Elizabeth Warren (16%) and Vermont Sen. Bernie Sanders (12%) are in the second tier of candidate preferences. Warren has improved on her 9% standing in July while Sanders was at a similar 10% then. California Sen. Kamala Harris has 6% support, which is down from 12% in July.

Other candidates registering at least 2% support in the poll are former hedge fund manager Tom Steyer (4%), South Bend Mayor Pete Buttigieg (3%), New Jersey Sen. Cory Booker (2%), Minnesota Sen. Amy Klobuchar (2%), and entrepreneur Andrew Yang (2%). The remaining nine candidates included in the poll receive 1% support or less. Another 15% of likely voters say they are not yet leaning toward any candidate in this race.

Shifts, or lack thereof, in the fortunes of these candidates can be seen more plainly when both the first and second choices of voters are examined. Biden is a top-two preference for 46% of Palmetto State Democrats (down slightly by 4 points from 50% in July), Warren is at 35% (up 16 points from 19%), Sanders is at 23% (same as 23% in July), and Harris is at 13% (down 15 points from 28%).

However, Biden's position as either a first or second choice candidate has dropped by 10 points among black voters (52% from 62% in July). Warren's position as a top-two choice has improved among black voters (26% from 11% in July). Harris has declined as a top-two choice among black voters (17% from 28% in July), while Sanders remains about the same (25% from 23% in July).

"Biden is still in a pretty good position in South Carolina, but there are some signs that he might not have a true firewall among black voters. If he does not do well in the earlier contests in February, there may be potential for current preferences to shift here," said Patrick Murray, director of the independent Monmouth University Polling Institute.

Biden is the top pick among black Democratic primary voters in South Carolina at 39%, with Warren (11%), Sanders (11%), Harris (8%) and the rest of the field trailing him by a wide margin. However, a significant number of black voters (19%) remain completely undecided on their preference and there are some sizable differences by age and education.

Among white Democratic voters, who make up about two-fifths of

without Biden, 37% back Warren, 14% Sanders, and 11% Buttigieg, with 10% undecided. Among black voters, the preferences are 20% Sanders, 17% Warren, 13% Harris, and 7% Steyer, with 25% undecided.

The poll also finds that South Carolina Democratic primary voters are not inclined to believe claims that Biden pressured the Ukraine government to fire its prosecutor in order to block an investigation of business activities involving Biden's son. More than 6-in-10 feel that these claims about Biden are likely to be untrue, although only 28% say that they are definitely not true while another 35% say they are probably not true. Another 12% say these claims are probably true and 1% say they are definitely true.

A plurality of 44% say that this controversy has had no impact on Biden's ability to beat President

trovsky," said Murray.

A majority (52%) of likely Democratic primary voters say it is very important that Democrats nominate someone who supports impeaching Trump. Currently, all candidates in the field have called for Trump's impeachment. About half (49%) also say that it is very important for the party to nominate someone who will build on the legacy of former President Barack Obama. Black voters are more likely than white voters to prioritize both Trump's impeachment (57% black to 44% white) and Obama's legacy (57% black to 42% white).

The Monmouth University Poll asked likely Democratic primary voters to rate the 12 candidates who appeared on the debate stage earlier this month. For the most part, these ratings remain unchanged from Monmouth's July poll. Biden holds

able to 15% unfavorable) and former cabinet secretary Julián Castro (22% to 20%) have seen their ratings decline since July. Of the remaining three candidates – all of whom have seen an uptick in name recognition since the summer – the net ratings for Steyer (31% to 16%) and Yang (25% to 17%) have improved while those for Hawaii Rep. Tulsi Gabbard (18% to 22%) have worsened.

Overall, 70% of likely voters say the candidate they back right now is the one they agree with the most on the issues. Just 8% say they tend to agree with another candidate more than the one they are currently backing. By comparison, 61% feel they are backing the most electable Democrat, while 13% say that another candidate in the field would actually be stronger against Trump. In a poll of likely



IMAGE TAKEN from USAtoday.com

2020 Democratic candidates for president enter the race among a "crowded" field. The Monmouth Poll found that South Carolina primary voters seek to nominate the most electable candidate for the general election.

the likely electorate, it is a tight contest between Biden (28%) and Warren (24%), with Sanders (13%) and Buttigieg (8%) following behind. Just 6% of white voters say they do not have any candidate in mind as their pick.

Looking at a hypothetical nomination contest without Joe Biden in the race (by assigning his voters to their second choice candidate), suggests a very uncertain contest, with Warren at 25%, Sanders at 18%, Harris at 9%, Steyer at 6%, and Buttigieg at 5%, with 20% undecided among all South Carolina Democratic voters. Among white voters in a potential scenario

Donald Trump next year, but one-third (34%) say that it has actually hurt Biden. Just 4% say it has helped him. Nearly half (48%) say Biden's response to the charges has been done with the right amount of force, but 23% say his response has not been forceful enough and 6% say his response has actually been too forceful. "The issues around Biden and his son brought up in the Ukraine investigation do not seem to be having a significant impact on South Carolina Democrats right now. But some voters do seem to be worried about where this all might lead and how Biden is handling the con-

the most positive rating at 76% favorable to 12% unfavorable. Other candidates with strong positive ratings are Warren (66% to 10%) and Sanders (66% to 18%).

Booker also continues to get strong net ratings (51% favorable to 11% unfavorable), although this has not translated to electoral support in the "horse race" question. Harris, on the other hand, has seen her ratings drop (51% favorable to 19% unfavorable) since the summer. Buttigieg (36% to 12%) and former Texas Rep. Beto O'Rourke (30% to 21%) remain about where they were in July.

Klobuchar (26% favor-

New Hampshire voters conducted last month – in which Warren and Biden shared the lead – 69% said they were backing the candidate they were most aligned with and 52% said they felt their candidate choice was the strongest on electability.

The Monmouth University Poll was conducted by telephone from October 16 to 21, 2019 with 402 South Carolina voters who are likely to vote in the Democratic presidential primary in February 2020, out of 667 registered voters that were contacted for the poll. The question results in this release have a margin of error of +/- 4.9 percentage points.





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# Women's Soccer Clinches the MAAC

CARLY STEAKIN  
CONTRIBUTING WRITER

Women's soccer secured their seventh straight Metro Atlantic Athletic Conference (MAAC) regular season title after defeating Rider with a 4-0 shutout on Saturday afternoon at Hesse Field on The Great Lawn.

This win marks the longest streak of regular season titles in MAAC history. The team is currently in the midst of an impressive ten game winning streak, where they have outscored their opponents 34-2. In the all-time series against Rider, Monmouth leads 13-4-3.

Saturday's game was off to a thrilling start as junior defender Sarina Jones scored her first career goal, the eventual game-winner in the ninth minute. This goal followed a notable 30-yard run from the defender.

"Sarina was one of the top scorers in high school as a senior in the state of New Jersey," said Head Coach Krissy Turner. "She has an attacking presence. She gets forward really well out of the back. That's her first collegiate goal and to come today to help us secure the regular season title is huge."

The second goal of the game came just 15 minutes later from senior midfielder Lexie Palladino. This goal is Palladino's 19th career goal, which helped her reach 50 career points. She has eight goals for the season with 17 points, ranking highest for the Lady Hawks. The goal was assisted by fifth year



PHOTO TAKEN by Karlee Sell

Junior defender Sarina Jones dominated a 30-yard run, to score her first career goal and the game winner in the ninth minute of play during Saturday's matchup against Rider.

forward Madie Gibson.

Gibson also assisted the third goal of the game which came in at the five-minute mark of the second half. This goal came from sophomore forward Lauren Karabin. After contributing the two as-

sists, Gibson has five for the season and 31 for her career. She has 95 points, which ties her for ninth in MAAC history. She is also fifth in conference history for career assists.

The Hawks put the finishing touches on their 4-0 shut-

out with less than five minutes to go. Sophomore midfielder Jill Conklin, scored off a free kick by junior midfielder Megan Leffler that hit the crossbar. Leffler picked up her first career assist, while Conklin earned her third goal of the

year and seventh for her career.

Monmouth totaled 32 shots during the matchup, 10 being on goal. The powerful Hawk defense shut down the Broncs offense, not allowing them to get a single shot off. Senior goalkeeper Amanda Knaub earned her 11th shutout of the season and 41st of her career.

"Working together, relying on each other, and having each other's backs while being able to rely on the people behind you whenever we make a mistake is the most important part," said the defender Jones.

After this shutout, Monmouth has won 20 straight games overall against MAAC opponents with 12 of those games taking place at home.

"We played a complete game today. It is terrific for the program to earn our seventh straight regular season conference title," said Turner. "We will continue to strive to improve so that we will be at peak performance at the most important part of the season."

With one game remaining in the regular season, the Hawks will face Fairfield University at Hesse Field on The Great Lawn for Senior Night. The game is set for Wednesday, Oct. 30 at 7:00 p.m.

After earning the regular season championship title, the Hawks look forward to hosting the MAAC Tournament once again. The first game of tournament play will take place at Hesse Field on The Great Lawn on Thursday, Nov. 7 at 5:00 p.m. The opponent of the game is yet to be determined and will be broadcasted on ESPN+.

# Football Receives Votes for National Ranking

MARK D'AQUILA  
SPORTS EDITOR

Hawks football improved their record to 6-2 and remained undefeated in conference play beating Charleston Southern on the road 35-13 behind a career-best day from junior running back Pete Guerriero who earned Big South Offensive Player of the Week honors.

Guerriero ran the ball 22 times in the game for a career-high 221 yards and a touchdown which came late in the fourth quarter to put the finishing touches on a road domination for the blue and white. This is the fourth most rushing yards a running back has ever recorded in a single game in Monmouth history.

Senior quarterback Kenji Bahar also led the winning efforts throwing for 194 yards and three touchdowns in route to becoming the program's all-time leading passer with 8,000 total.

"Kenji's just a great performer for us," said Head Coach Kevin Callahan. "This is his third and a half year as a starter and you can see his growth and maturation each and every year. There is no question he's the leader of our offensive unit and he runs the show out on the field."

Bahar got the offense going again in this one as he typically does, putting the first MU points on the board early in the first quarter with a 36-yard touchdown on just his second completion of the day to junior wide re-

ceiver Terrance Greene Jr.

The matchup tightened up from here for most of the first half as Charleston Southern responded with two field goals in the ensuing drives to shorten the margin to a lone point, 7-6. Right before half the Hawks capitalized on back-to-back completions to junior standout wide receiver Lonnie Moore IV to set up a 13-yard touchdown pass to fifth year tight end Shawn Clark making the score 14-6.

The first points of the second half came after the second longest run of the season for Guerriero who burst a 63-yarder just a week after his 65-yard break against Gardner-Webb. Fifth year running back Devell Jones converted on the great field possession from four yards out for his sixth touchdown of the year to put Monmouth up 21-6.

"We had some frustrations in the first half running the ball," said Callahan. "We made a couple of adjustments at halftime on how we were blocking. I thought the offensive line did a really good job and we started getting some movement on them in the second half. Anytime you can get movement and give Pete a crease he's going to break some big runs."

The Hawks continued their lockdown defense in the second half as well not allowing a single point in the third quarter which gave the offense the opportunity to pull away with the game.

"Anytime you can get movement and give Pete a crease he's going to break some big runs."

KEVIN CALLAHAN  
Head Coach



PHOTO COURTESY of Willis Glassgow

Junior running back Pete Guerriero broke his career-best in rushing yards with an astounding 221 yards and a touchdown on his way to becoming Big South Offensive Player of the Week.

Freshman defensive back Davis Smith headlined this side of the ball, leading the blue and white in tackles with nine total while the senior linebacker Da'Quan Grimes finished with seven. The senior defensive back Tymere Berry also contributed six tackles including a forced fumble.

"We tightened up when we got in the redzone and forced them to kick field goals and I take that as

a win for the defense," said Callahan. "In the second half we did a nice job of getting three and outs and giving the ball back to the offense."

Bahar and the Hawks' offense cushioned their lead to 28-6 in the third quarter with the second touchdown of the day for the tight end Clark who had his first multi-touchdown game of his career.

Guerriero scored from 42

yards out in the fourth to complete the Monmouth scoring before the Buccaneers scored their lone touchdown resulting in the 35-13 final.

The Hawks will now travel to the #5 ranked team in the country, Kennesaw State on Saturday where the winner will be in control of the Big South. The game will be streamed on ESPN+ at 2:00 p.m.



# Field Hockey to Host League Tournament

JACK MURPHY  
STAFF WRITER

Field hockey won both of their games on the road this week against conference opponent UMass Lowell 3-1 on Friday and Holy Cross, 2-1 on Sunday to extend their winning streak to seven games.

The 21st ranked Hawks came out of the gate hot scoring two goals in the first quarter to get them out to an early 2-0 lead. Freshman forward Yasmin Pratt scored the first goal of the game in just the 4th minute assisted by

freshman midfielder Aylin Aufenacker.

By the 9th minute, sophomore forward Annick van Lange scored for the second consecutive game, increasing her point total to 30 for the year. Assisting on the play was junior midfielder Ireen Frenken. After a scoreless second quarter Monmouth went into halftime with a 2-0 lead.

Entering the second half, UMass Lowell showed some life as they scored in the 38th minute cutting the lead in half.

In the final 15 minutes UMass Lowell put some pressure on the

Hawks defense but Monmouth prevailed. They were able to get off three shots as well as earning a pair of attacking corners late in the fourth quarter. Pratt was able to find the back of the cage with time expiring to send the Hawks home with a win to help improve their impressive winning streak.

“I am so proud of the girls to be able to get to this point,” said Head Coach Carli Figlio. “The progression throughout the year and to be in this position is a result of hard work from every single person on this team. I am so honored to be their coach and so excited to be

hosting the America East Championship in our first year in the league.”

While the Hawks clinched the first seed in the conference, they will host the tournament at So Sweet a Cat field. With the win, they also claimed at least a share of the regular season title. This is the sixth consecutive regular season crown the program has achieved.

On Sunday, the Hawks went head to head against Holy Cross. Just like the previous game, Monmouth got off to a hot start. They scored their first goal in just the 2nd minute courtesy of the stick of senior midfielder Josephine van der Hoop. Monmouth shortly followed up with another goal in just the 9th minute when Frenken scored her sixth goal of the season to give the Hawks a 2-0 lead.

After a scoreless second and third quarter, Monmouth held onto their lead all the way until the beginning of the fourth quarter. Holy Cross did not score their lone goal until the 60th minute and by then it was too little too late, the Hawks went home with the 2-1 victory.

The blue and white were strong in the game right from the start and dominated the stat sheet. They outshot Holy Cross 30-10 and had 18 shots on goal while Holy Cross had a mere four. After Sunday’s victory, the Hawks finished non-conference play with a record of 8-4.

“It is nice to finish non-conference play with a victory,” said Figlio. “Looking forward to regrouping and refocusing before



PHOTO COURTESY of Monmouth Athletics

Freshman forward Yasmin Pratt earned American East Rookie of the Week honors after scoring a pair of goals to defeat UMass Lowell on Friday.

## WEEKLY RECAP

- Wednesday, Oct. 23**  
*Men's Soccer vs Quinnipiac*  
Lost 2-3  
Goals From Freshman Forward Ben Zakowski and Sophomore Defender Liam McGregor
- Sunday, Oct. 27**  
*Women's Bowling Tournament*  
Placed Second  
Junior Camelia Coffman with a career high 238 and Senior Erin Mastropietro had a career high 215
- Monday, Oct. 28**  
*Men's Golf Metropolitan Intercollegiate Championship*  
Finished 13 out of 16  
Freshman Matt McCormick shot a 74 and Sophomore Brendan Smith shot a 76
- Tuesday, Oct. 29**  
*Women's Golf*  
Won Wagner Intercollegiate

heading into the final game next week against Vermont.”

The Hawks won their seventh game in a row with their victory on Sunday, which marks the second time they have accomplished this in the past three seasons.

Coming up next for the Hawks is an away matchup against conference opponent Vermont. Monmouth and Vermont face off on Friday at 3:00 p.m. for their final regular season game of the season. After this game, The American East Championship will begin at So Sweet A Cat Field the following week.

## UPCOMING GAMES

- Wednesday, Oct. 30**  
*Women's Soccer vs Fairfield*  
West Long Branch, NJ 7:00 p.m.
- Men's Soccer at Marist*  
Poughkeepsie, NY 7:00 p.m.
- Friday, Nov. 1**  
Men's Tennis vs TBA  
Army Invite  
West Point, NY TBA
- Field Hockey at Vermont*  
Burlington, VT 3:00 p.m.
- M/W Swim vs Mount St. Mary's  
West Long Branch, NJ 4:00 p.m.
- Saturday, Nov. 2**  
Men's Tennis vs TBA  
Army Invite  
West Point, NY TBA
- M/W Cross Country*  
*MAAC Championship*  
Holmdel, NJ 11:00 a.m.
- Football at Kennesaw State*  
Kennesaw, GA 2:00 p.m.
- Men's Soccer at Canisius*  
Buffalo, NY 7:00 p.m.
- Sunday, Nov. 3**  
Men's Tennis vs TBA  
Army Invite  
West Point, NY TBA
- Tuesday, Nov. 5**  
Men's Basketball at Lehigh  
Bethlehem, PA 7:00 p.m.

\*conference games

# Swimming Splits MAAC Opener

SOPHIA GALVEZ  
STAFF WRITER

The Monmouth University men’s and women’s swimming teams opened up their Metro Atlantic Athletic Conference (MAAC) play against Fairfield University this Saturday, Oct. 26 at Leslie C. Quick RecPlex Pool. The men’s team pulled through with a close 154.5 – 133.5 victory, while the women’s team fell to Fairfield 105 – 189.

The meet took place in a meter pool, which is longer than the 25-yard pool Monmouth teams typically compete in during their season.

For the men, sophomore Cal-

lan Smith really showed up. Smith won three individual events: the 100m backstroke, 200m backstroke, and 400m free stroke. These three first-place victories were Smith’s first of the 2019 season, and he now has 34 individual career wins.

Junior Trevor Askew came out victorious in the 100m and 200m breaststroke. This was Askew’s third and fourth first-place accomplishments of this season, and he now has ten in his career.

Freshmen Blake Reynolds and Thomas From both won events. Reynolds won the 50m free stroke with a time of 23.80 as well as the 100m

fly with a time of 57.26. These were his third and fourth wins of the season. From earned his first two career wins by completing the 100m free stroke in 53.61 and the 200m free stroke in 1:59.45.

Reynolds, From, Smith and freshman Ben Yeung used a collaborative effort to come in first place for the men’s 400m free relay, finishing with a time of 3:34.68.

This victory for the men is their second-consecutive head-to-head win over the Fairfield University Stags.

As for the women’s team, although they were not victorious, there were still some notable performances.

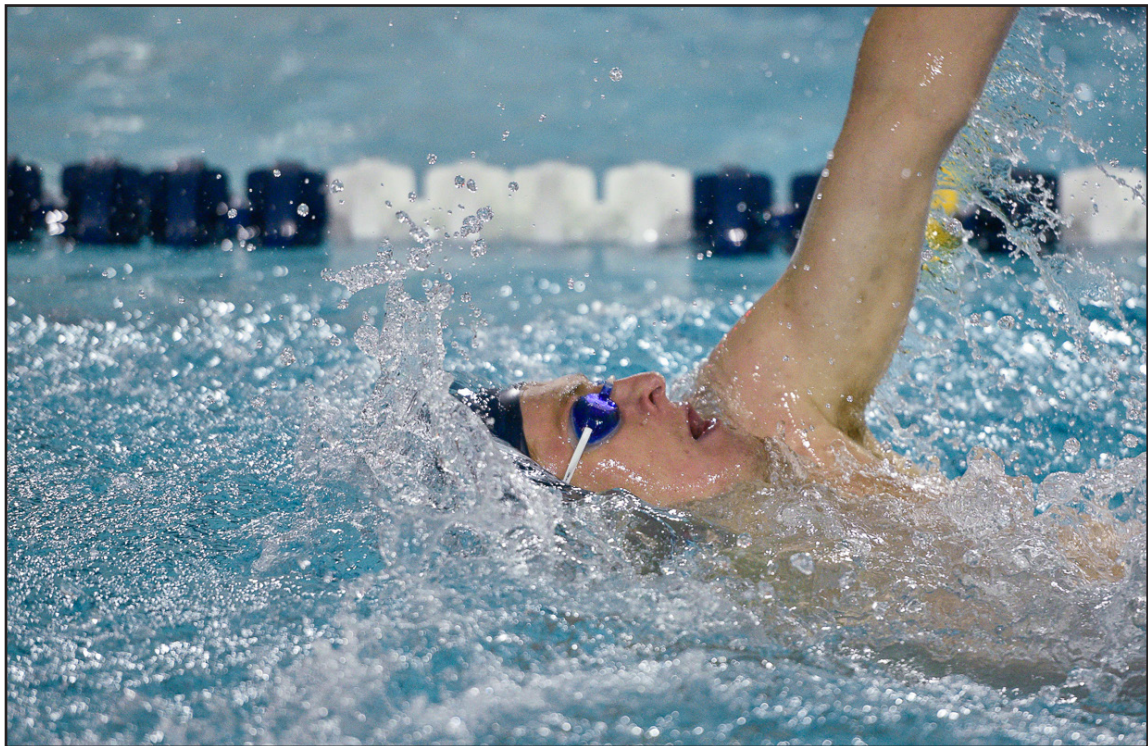


PHOTO COURTESY of Karlee Sell

Sophomore Callan Smith won three individual events including the 100 meter backstroke, the 200 meter backstroke, and the 400 meter free stroke to give him 34 career victories.





# SEVENTH HEAVEN



Women's soccer won their seventh straight Metro Atlantic Athletic Conference (MAAC) Championship and tenth straight game led by fifth year forward Madie Gibson's two assists.