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University Announces Plans for Spring Semester

MATTHEW CUTILLO MANAGING/ NEWS/ LIFESTYLES EDITOR

President Patrick F. Leahy Ed.D., detailed the University's plans for the upcoming 2021 spring semester, in an email adcommunity on Friday, Nov. 20.

The spring semester's academic calendar has been virus spread at the height of cold and flu season," Leahy wrote.

"This postponement, coupled with the public health dressed to the campus objective of preventing nonessential travel, has required us to eliminate the traditional spring break," Leahy wrote. In place of a weeklong

updated with a new start spring break, the new aca-

date of Monday, Jan. 25. The demic calendar incorporates "break days" in March and April. "This adjusted schedule allows us to maintain our typical 14 week semes-ter, which will end when it normally does in early May," Leahy added.

Spring semester course delivery methods will be similar to those offered

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The new spring academic calendar removes the traditional spring break period and instead incorporates "break days" in March and April.

Dining Hall Serves Thanksgiving Dinner

MATTHEW CUTILLO MANAGING/ NEWS/ LIFESTYLES EDITOR

The Magill Commons Dining Hall served dinner to students from 3 p.m. to 6 p.m. on Thanksgiving Day, due to the unprece-dented volume of students remaining on campus during the break this year.

With a menu consist-ing of turkey, stuffing, and other Thanksgivingthemed foods, employees and residence hall assis-tants helped prepare and facilitate the meal.

The dining hall was limited to 10 students at a time, with the ability for students to take their meals back to residence housing. Isolated students could also have their food delivered. Brunch and dinner was served each day during the holiday weekend.

Jennifer Pomarico, Mar-keting & Office Manager of Gourmet Dining, adjusted the normal menu to reflect a more traditional

Thanksgiving meal. The menu included carved turkey with gravy, sausage & fennel stuffing, brussels sprouts with bacon, short rib ravioli with a sage butter sauce, stuffed pork loin with cranberry stuffing, and much more.

"The dinner menu was planned a few weeks in advance," Pomarico said. "We served about 20 students all day as well as the Residential Life staff. Everyone was very pleased with the meal and the offerings that we provided."

About 160 students are still living on campus, according to Mary Anne Nagy, Vice President for Student Life and Leader-ship Engagement.

"We knew we were go-ing to have students [on campus] for lots of rea-sons," Nagy said. "Maybe home wasn't a safe place for them because somebody was sick, or maybe they were sick themselves. I think the other piece was students who might have

THANKSGIVING cont. on pg. 3

Real Estate Team Brings Home First Place Prize

MELISSA BADAMO EDITOR-IN-CHIEF/ FEATURES EDITOR

The Monmouth University real estate team received a first-place prize for the second consecutive year on Friday, Nov. 13. The intercollegiate com-petition, titled "Monmouth University Kislak Real students from Baruch College, Lehigh University,

ship. We're dealing with real life issues and real-world scenarios. Some of us want to go so this could help us when we go into the job market and tell them we worked on a development proposal. It's a good

experience." The \$5,000 first place prize Estate Institute Compe-tition," also consisted of members, which included was divided among the team Captain James Azarian, Annalaan LeMay, Sergio Martinez, Michael Pavicic and team has been competing for The team was given one bench players Joseph Zec- the past three years, Azarian chino, Jack Cusack, Michael stated that this is the first Gauthier, Olivia Mackie. big year for them. "Because Irene McFarland, Specialist Professor of the Kislak Real Estate Institute and the gained a lot of recognition Department of Economics, at Monmouth and in New Finance, and Real Estate, an, senior business student coached the team through the competition.

the equivalent of the intern- guide the students on how to approach the process of responding to the case prompt, suggest resources for them to into real estate development, obtain relevant information, answer questions and gener-ally act as a sounding board," McFarland said. "However, the development proposal and presentation are their work, reflecting their ideas, creativity and analysis. What they put together was truly impressive."

Although the real estate



and Villanova University.

month to develop a proposal for the highest and best use of a property, which was a mobile home park located in Highlands, NJ.

"It's a very rigorous month," said James Azariand captain of the real estate team. "We all see it as

"As the team's advisor, I

we won a competition last year, our team grew and we

REAL ESTATE cont. on pg. 3

Monmouth students received first place in a virtual real estate competition. Pictured clockwise: James Azarian, Sergio Martinez, Michael Pavicic, and Annalaan LeMay.

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PHOTOS COURTESY of James Azarian

Minor League Baseball Speaker Visits Sports Industry Club

SEAN EMERSON CONTRIBUTING WRITER

Minor League Baseball's Marketing Coordinator, Miranda Mauro, joined the Sports Industry Club for a lecture via Zoom, on Thursday, Nov. 19.

Mauro worked for multiple organizations, including the Tampa Bay Lightning, the National Hockey League (NHL), and USA Baseball. Today, she is the Marketing Coordinator for Minor League Baseball. Mauro gave a talk about the experiences and the daily duties of her previous jobs and the details of the operations in her job today.

Mauro is a Florida State University alum, who graduated with a B.S. in Sports Management. She also obtained a M.S. from University of South Florida in the same respects. In the talk, she detailed the road she took, and how she made a path to the position she's at now at Minor League Baseball. Mauro talked about her journey as a Sports Information Intern at her alma mater, to Digital Media Coordinator at USA baseball. She was able to raise the number of followers on the Twitter and Instagram accounts for USA Baseball. She gave accounts of what she did and how it molded her.

When reflecting, she gave a brief description about her time as a service attendant for the Tampa Bay Lightning. She said her skills in guest services transitioned to the next position as a correspondent

appealed to fans and engaging with them, she produced specified content on social media that was beneficial in terms of understanding the market she was trying to appeal to.

As the Marketing Coordinator for Minor League Baseball, she sees her role as more comprehensive when compared to her other jobs. "Minor League Baseball has 160 teams through Single to Triple A ranks and together it touches 81 percent of the US," she said. From having to focus on a single market to now managing 160 of them, she welcomes the challenge of having more on her plate.

Operations are not solely business, as Mauro talked about the perks and fun aspects of her job. Her job is social and connecting

for the NHL. Understanding what to others is a great part of what she does. An example of her socializing is the baseball winter meetings in San Diego where she can talk among her peers in a fun setting and create connections with people in Major League Baseball. "It will have a bigger role in the future in Minor League Baseball operations," she said.

Mauro finished with a familiar tidbit of advice, that one should be focused and self-motivated when in a work environment and that the drive of that could propel one's career in her industry. 'My best piece of advice is not to get discouraged," she said. "It's easy to get discouraged."

"Be part of a sports club, continue to network and make connections. Don't be nervous to reach out for help; you never know what could come from it."



Social Work Lecture Held

SEAN EMERSON CONTRIBUTING WRITER

The 8th Annual Social Work Alumni Lecture at Monmouth took place on Monday, Nov. 30. The lecture was a presentation called "Born of Rage: Art as an Agent for Social Change" given by Assistant Professor in the School of Social Work Ralph G. Cuseglio, DSW.

Cuseglio's talk showed the influence of inequality, oppression, discrimination, and social injustice in art, and what kind of impressions were taken and left in certain artist's work. Whether it was Billie Holiday's haunting recollections of lynch mobs on "Strange Fruit" or Picasso's interpretations of Francisco Franco's regime in Spain in what is his probably most famous painting, "Guernica", or Childish Gambino's song "This Is America" about the banality of gun violence, Cuseglio draws connections of certain pieces of art and media to real-world atrocities.

One of the points Cuseglio makes is that artists, through sublimination, can bring substantial awareness to issues that are plaguing them and the world. "There's an ability to bring things to the surface, that external factors are internalized and processed in a creative fashion to cope with strong feelings." Cuseglio said. He further explains that "creations can turn unpleasant feelings into a more

tolerable form like a song or a painting'

When that creation becomes mainstream or processed by the public and similar feelings are shared, more psychological activities start to occur and that attention can drive change. For example, Cuseglio asked, "Have you ever been excited by a piece of music? Watch a movie that made you cry? Seen a photograph that has stunned you?" Art in all mediums can move someone or something through its ability to translate thoughts and feelings into form, Cuseglio said.

After he was finished presenting, the 2020 Alumni Award Winner and Monmouth Alum Tiriq Callaway gave a small talk, reflecting on his time at Monmouth, his upbringing, and the social work he's doing today.

In his speech he gave accounts of his life growing up in Atlantic City and the strife he saw daily. He gave ways of how he coped with his situation and compared his own struggles to the struggles of artist's in the earlier presentation.

He talked about his life's story of overcoming poverty and racism, and in his emotionally charged speech that left many choked up, he explained how his mistakes lead him to write books and help others. At the end, Callaway summed up the talk saying that "in order to be passionate in the world, you have to be passionate about change."

IMAGE TAKEN from Pexels.com Miranda Mauro is the Marketing Coordinator of Minor League Baseball.

Music Industry's Pandemic Struggles Spring Semester Update

SPRING cont. from pg. 1

during the fall, with a mix of in-person, hybrid, and online delivery dependent upon class. The system is intended to be as "accommodating to student preferences as possible," Leahy wrote. "While we may not be able to completely satisfy the preferred schedule of every student, our faculty advisors and department mouth's Registrar.

Personal Academic Information section of WebAdvisor for confirmation on course modalities for upcoming classes.

All students who live in oncampus housing, as well as all students enrolled in hybrid or in-person courses, are required to provide evidence of a negative COVID-19 test result within seven days of the start of the spring semester, Leahy wrote. "Students im-pacted by the COVID-19 test-distancing of at least six feet ing requirement will receive further instruction as we approach the start of the new semester. We will continue to offer on-campus housing and meal plans for all interested students." Any student who deferred or cancelled their fall 2020 housing contracts and have reconsidered their decision can reinstate room assignments for the spring by contacting Residential Life Services. Residential halls will also continue to follow "pre-viously prescribed community standards," Leahy added, which include visitation limits and participation in surveillance COVID-19 testing.

The Faculty Council will make a decision early in the spring about continuing the Pass/Fail grading option for the spring 2021 semester, according to Leahy. The majority of the grades that were requested to be switched to a pass last semester were C grades ranging from C-through C+ with 775 pass requests, according to the Mon-

chairs stand ready to answer any questions about schedule adjustments." Students can log into the Upcoming spring itera-tions of the Study Abroad programming, Global Expe-rience, and Global Seminar programs remain suspended. Given the uncertainties of COVID-19, we strongly suggest that employees and students avoid travel during the spring 2021 semester," Leahy wrote. "Exceptions to the suspension of Monmouthsponsored travel must be approved by each employee's area vice president." The University will conto reduce the risk of virus spread. Leahy also encourages all students and employees to utilize the Campus-Clear symptom tracking app and COVID Alert NJ contact tracing app. "Monmouth is a University grounded in resilience and determination, and I have great faith that our community will continue to demonstrate these strengths in the months ahead," Leahy wrote. "I am grateful for your continued patience and under-standing as we navigate these challenging times together and look forward to a successful spring semester with you."

CLAIRE RANKIN CONTRIBUTING WRITER

The COVID-19 pandemic has affected the music industry in multifaceted ways.

Mike Flannery, a Professor in the Department of Music and Arts, acknowledges the ways the music industry has this is doing live-streams changed throughout the pandemic. "Back when you could sell records or CDs or tapes City, so we've been recording in a music store, that was the original business model," Aside from the monetary Flannery said. "Around 2001 disadvantages that come with when I worked with Atlantic the pandemic, Buksbaum records, I had 13,000 copies sell and over a million illegal downloads. There had to be a the industry moved to streaming and cheap subscriptions to keep people from stealing music. He continued, "The pandemic is the great equalizer because whether or not you have a budget to tour, all of the social options like concerts for music are halted. People have more opportunities to grow big that are just ordinary students without a record label, because the formats are adapting and moving to social media." Šcott Buksbaum, a senior Music Industry student, is a member of a well-known local band named "Malibu." His band has been utilizing social media through live-streams, a live performance video that allows for them to share live music with their followers. This adaptation has helped them to stay relevant and engage with their fans, but the band is still facing financial hits due to the pandemic.

play shows, and that is how we made most of our money," Buksbaum said. "We were supposed to tour over the summer, but because of CO-VID we couldn't. The only way we've been combatting with our record label. We can't record in New York in our producer's basement."

acknowledged the personal hardships the band is facing is helping to motivate and shift in the music industry to inspire their music. "When during all of this with crekeep this from happening, so it comes to the creative out- ative work."

the Coronavirus pandemic let aspect of it, we have more because we can no longer time to focus on our music with quarantine," Buksbaum said. "We also have more to draw on with our own personal struggles and relationship problems caused by the pandemic."

Flannery also touched on how the pandemic can inspire creativity. "A lot of my friends are definitely working on more projects because they have more time and aren't wrapped up in the social stuff they usually do," Flannery said. "If you're good at keeping yourself motivated and mentally fit, there can be a lot of productivity



IMAGE TAKEN from Malibu on Facebook Music artists around the world, including Monmouth's own Malibu, "We have been affected by are having issues adapting to a world with no live audiences.

Thanksgiving Dinner Served to On-Campus Students

THANKSGIVING cont. from pg. 1

traveled to a state that would require a quarantine on the way back."

The Crisis Management team began discussing plans for Thanksgiving around the middle of October, Nagy explained. The team weighed the possibilities of a meal after learning of the University's decision to commit to remote-learning after Thanksgiving.

"Public health officials started to say campuses should try to keep students who need to isolate or quar-antine on the campus," Nagy said. "[Our group] had people

Health Services, and Athletics.'

The team decided to cover the cost of students' meal plans for the dinner, as they did not want money "to be a barrier to students staying," Nagy said. "We wanted [stu-dents] to make a good deci-tion about staying and sion about staying and not worry about it costing more money. The University has covered the cost of their hous-ing and their food for [that time period].'

Social distancing measures were the same as they have been all semester, Pomarico explained. "Everything was served in disposable contain-

from Dining, Residential Life, ers, [with] social distancing feet apart, so once students they have a fever, it's impormarkers on the floor encourag- come in they basically have ing students to remain six feet their own [safe area]. I think apart," Pomarico said. "Our there's a real missed oppor-indoor dining area has limited tunity for building a sense of seating that promotes social community.' distancing. Most students took Any student their meals to go."

> storm damaging the two out- result, regardless of the time door dining tents caused their of semester, can have their removal, Nagy said. In its place, the University is looking to create more indoor dining "We deliver breakfast, a spaces.

more, Nagy said. "You can re-ally stay socially distant while staying at a table. The tables and chairs are all at least six and other things like that. If ner meal."

Any student who had to iso-The fear of a winter snow-the fear of a winter snow-

lunch and then a hot meal "My hope is that students for dinner," Nagy explained. will start to eat inside a little bit "There's a menu they can

tant that they stay hydrated. We've done that through the whole semester, but we've also done that on Thanksgiving as well."

Nagy found that over the course of the semester, students weren't getting up early enough for breakfast.

"For noon time, students wanted eggs, bacon, and pancakes," Nagy said. "We decided to adjust the menu going forward starting with Thanksgiving. We're doing more of a brunch, so you can



The Thanksgiving meal included carved turkey with gravy, sausage and fennel stuffing, brussels sprouts with bacon, short rib ravioli with a sage butter sauce, stuffed pork loin with cranberry stuffing, roasted carrots and beets, rosemary mashed potatoes, sweet potatoes stuffed with marshmallows and cranberries, baked ziti, and vegan eggplant parmesan.

Students Receive \$5,000 Prize at the Kislak Real Estate Institute Competition

REAL ESTATE cont. from pg. 1

Jersey," he said. "Even in these tumultuous times, the team was able to combat adversity and retain our title."

Business administration student and team member Sergio Martinez said, "Winning the Kislak Real Estate Competition was one of my goals this academic year. I always believed this team complements each other and that we are academically prepared to perform. I am very happy to have won this competition and made great friends."

The Kislak Real Estate In-

stitute was established as a part of the Leon Hess Business School so that Monmouth could "play a more active role in the economic and educational development of the State of New Jersey," accord-ing to the University's website.

"These competitions offer up real challenges that people in the real estate business are facing today, including how and where people live, play and work," McFarland said. She also noted that the competitions allow students to gain exposure to a prestigious panel of judges and other industry leaders who scout students for

jobs and internships, expand- team and pushed themselves an industry mentor to develop ing their professional networks.

This competition has helped to better understand the real estate development process, to work in a team, to think outside the box, and to test different ideas and identify which ones work best financially," added Institute also recently en-Martinez.

"The students who participated in this intercollegiate real estate competition are extremely hardworking, dedicated and passionate about real estate," ters (ICSC), McFarland said. larly since they were new to said McFarland. "Seeing their The Monmouth ICSC team, the process. The student par-efforts recognized with a firstplace award is enormously Olivia Mackie, Ryan Lupo, credible experience and they

to deliver a very creative and thorough proposal for a very challenging development project. These students are terrific ambassadors of the University." The Kislak Real Estate

tered another team of students for the first time in a retail real estate challenge hosted by the International Council of Shopping Cen-ters (ICSC), McFarland said. way they worked together as a ily Barreira, were coached by they learned."

a proposal for a new IKEA

store. "This is one of the more prominent real estate professional associations," McFarland said. "While our team did not win over the other eight schools who competed, the judges and industry mentor who worked with our students were highly comple-mentary of the Monmouth team's performance, particu-



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Monmouth's Spring Semester Plans

EDITORIAL STAFF

As we approach the end of another semester affected by the COVID-19 pandemic, The Outlook editors discussed their opinions on the University's plans for the spring semester. As announced by President Leahy via email on Nov. 20, these plans include the mix of in-person, hybrid, and online course delivery, the extension of winter break by one week, and the removal of a some of my most important week-long spring break in re-place of two "break days"—one in March and one in April.

The decision came just ten days before all classes, except labs, moved online after Thanksgiving Break for the remainder of the semester.

This spring semester will be

tion yet."

spring semester plans, but said that they were expected, considering that the pandemic is still ongoing. The editor said, "While I do believe the school made the right choice in terms of slowing the spread, I per-sonally feel like I do not retain much content while learning virtually. Being that next secourses, I fear that I will be at a disadvantage in the future."

Similarly, many editors are plans next semester as well. disappointed with, yet understand, the University's decision to cancel spring break and implement two "break days" in March and April instead.

overwhelmed with the heavy One editor expressed their workload that comes with middisappointment with the term season. A single break day in March and April doesn't offer students too much of an actual break. Although winter break was extended a week, which will allow students more time to quarantine after the holidays, the removal of spring break does not seem like a popular decision for students.

A common concern among mester I will be a senior taking some students this fall semester was their housing options, and the updated spring schedule may affect students' housing

"If it were up to me, I'd be staying home next semester because I would be saving so much money in housing costs. But being that I rent a house off "I am sad that our spring campus, it would be a waste of

"The virus spikes right now also prove that we cannot go into full in-person instruction yet."

the third semester affected by break was cancelled, but it is money for me to pay rent for the pandemic, not including the online courses delivered during summer 2020. While some editors' spring schedule is still to be determined, a few editors will have solely online classes. Most editors agree that the University made the right decision regarding course delivery in the spring semester.

"I think that having a similar course delivery next semester, as we have had this semester, makes the most sense," one editor said. "Having mostly an online course delivery again is the safest option for the students and faculty."

"I agree with the decision to now, I'm okay with it." have the spring semester course setup similar as it was to the fall semester because it is the most practical," another editor agreed. "The virus spikes right now also prove that we cannot go into full in-person instruc- be tough for students who are mester.

g the Monmouth

community nce 1933 this way."

"I was really looking forward to having a spring break this year so that I could have a week off to myself, but I guess this is a safer alternative," added one editor.

Another editor is indifferent to the spring break decision, nice to have a week off, I guess it was the only option. Maybe I'll feel stronger about it once I'm immersed in my coursework for next semester. But for

It makes sense for the University to take away the weekthus risking spreading the vi-

a home I'm not living in," one editor noted.

Fortunately, some editors do not have to alter their housing situations. "This does not change my plans since I live on campus," one editor said. "Whether we're fully online or not I will always be able to attend my classes with convenience."

"This announcement does stating, "Though it would be not change anything for me, and it is the most practical for me," another editor mentioned. "I will live off campus and it makes me feel safer than being on campus, which can become a hotspot sometimes."

Overall, it seems like the University is trying its best to aclong spring break to prevent commodate all students during students from traveling and these tough times of the pandemic. For now, we can only rus to other students. It might hope for a normal fall 2021 se-

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Harry Styles Is Wearing a Dress What's the Big Deal?

SAMUEL CIOCIOLA ONTRIBUTING WRITER

Fashion and pop music icon Harry Styles is *Vogue* magazine's December issue cover star. Styles rose to fame being a member of the widely popular boy band One Direction from 2010 until the group split in 2015; he has gone on to a solo career producing charttopping records like "Watermelon Sugar" and "Adore You."

Styles is known for making fashion statements every chance he gets, and his Vogue cover is no exception. The cover features Styles in a periwinkle blue gown paired with a black tuxedo jacket all designed by Gucci. After the release of the iconic cover, Styles received major backlash from prominent conservatives.

Candace Owens, a popular figure in the conservative community, made some highly opinionated remarks on her Instagram page about Styles' fashion choice. She stated that American culture needs to bring back "manly men," and that no society can survive without masculine men. She went on to infer that men who choose to wear gowns should be considered mentally ill and that she would never allow a man wearing a dress near her children.

The negative conservative commentary surrounding Styles' fashion decision is truly upsetting. Who is Candace Owens to conclude that a man's fashion choice defines his mental state? Men embracing their feminine side is not a "Hollywood trend" or a sign of mental incompetence.

Our society heavily relies on gender roles. Men wear suits, side is not a trend that will die as a fashion choice does not define women wear dresses; men do



Harry Styles is receiving both major backlash and praise for dressing feminine in the December cover story of Vogue

the yard work; women fix dinner that aims to embrace all layers of and so on. These commonly accepted societal constructs tend to make sense to those who classify as heterosexual, yet these same constructs trigger confusion, selfhate, and hopelessness in those who identify as part of the LG-BTOIA+ community.

I have grown up identifying in the LGBTQIA+ community while living within a mainly conservative family. I always felt as if my interests were flawed because they did not align with the heterosexual culture. I love ballet, gymnastics, dresses, Britney Spears and many more things that are looked at as feminine. I hope young members of the LGBTQ-IA+ community see Harry Styles' Vogue cover and feel represented, heard and desired in mainstream media.

down, it is a cultural revolution someone.

a man, not just his societally accepted masculine side.

Many men, myself included, do not relate to common masculine themes. It is comforting to see someone as famous as Harry Styles embracing his unique style on the cover of a popular magazine like *Vogue*.

It is a reminder that self-expression and authenticity will always overpower societal constructs. and we can be whoever we wish to be! It is our human right to express ourselves in any way we desire. It is absolutely no one's place to judge others based on what they wear.

Altogether, there is nothing wrong with masculine men and there is nothing wrong with feminine men. We are all men capable of achieving whatever we wish to Men embracing their feminine accomplish. Something as small

Students JOHN PAPAGNI CONTRIBUTING WRITER

Self-Care Tips for

The transition from high school to college can be a very stressful and nervewracking experience. Students go from being in school for eight hours a day following a strict schedule to living on their own, having to manage an extreme amount of work due in a short period of time.

College can often be so overwhelming at times that you have so much work to do that you do not know where to begin or how you are going to finish all these assignments.

Often when you are feeling anxious or stressed out, it is beneficial to not focus on your work and focus on yourself or something else. Taking time away from your responsibilities can often help you reevaluate your responsibilities and mindset on how you are going to accomplish all your assignments.

Nayeli Conill, a freshman communication student, said, "When I have a lot of work assigned and I struggle with where to start, I will often go on a nice long walk outside and the fresh air just clears my mind. It is so peaceful."

Some activities that are great stress relievers are taking a walk outside, working out, playing sports, being with your friends or close loved ones, playing video

showers, maintaining proper hygiene, and unplugging from social media or technology for a bit.

Nick Kowalski, a freshman homeland security student, said, "Maintaining proper hygiene for me is essential to being productive because if I have a lot of work to do, and I have not taken care of myself, I am twice as stressed."

When I am stressed and do not know how to begin my work I will go to the gym and either run to clear my head or lift weights to ease my anxiety. I will also play video games, listen to my favorite music, or watch my favorite shows to take my mind off what I must accomplish. Getting away from my work for a bit refreshes my mind and helps me reevaluate how I will accomplish my work for the week.

Tyler Gennaro, a freshman computer science student, said, "Whenever I am angry or frustrated, I will go to the soccer field and just take out all my anger on the ball for about an hour and that will calm me down and clear my head."

Whenever you feel stressed or are having a hard time with your work, take a step back, take a deep breath, and remind yourself that you got this. School can be stressful, but it is not the end of the world. If school is ever getting too overwhelming, use some of the tips above to get games, watching a show or through the semester withmovie, listening to your fa- out negatively affecting your vorite music, taking long mental health.



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Blue Hawk Records Artist of the Week: Justin Ume

MELISSA BADAMO EDITOR-IN-CHIEF/ FEATURES EDITOR

Last November, rapper Justin Ume, who performs under the stage name UMÉ, hit the stage at The Saint in Asbury Park. Flash forward to today, when the pandemic has put a halt to in-person concerts, he will be performing virtually at Blue Hawk Records' 17th compilation album release show on Instagram Live.

dent has written and recorded an array of songs—either with his at-home solo studio, or with his management team at various studios across central New Jersey. One of his songs, titled, "At the Tone," is rap, rock, and pop mix that will be featured on the compilation album. "It's about love anxiety and

songwriting at the age of 13, the

freshman music industry stu-

the feeling of not having a significant other, or losing a signif-Since discovering a zeal for icant other," Ume explained. "It

speaks a lot to that in the hook and the lyrics itself. I think it's a very versatile and relatable song. I'm excited for people to hear it, and it will be cool seeing how it meshes with the other songs. There's a lot of talent on the Blue Hawk team and on the album.'

"This is the first step in what I always wanted to do," he continued. "It's a great feeling, and I'm excited to be apart of it.'

Not only is the song being released with the student-run record label, but it will also be released as a bonus track on Ume's upcoming album in March 2021. "I'm dropping it myself in January because it's a part of the album I'm working on as well, but I submitted it to Blue Hawk and they loved it," he said.

Ume released an EP this past July, an R&B track with a friend called "All Night" in September, and a single called "BLU" on Nov. 20, which can be streamed on platforms such

as Spotify and Apple Music. "I have a whole schedule planned out from now until March," he said. "That's kind of the start of this new brand in music that I'm moving into."

While popular hip-hop art-ists Kendrick Lamar, Childish Gambino, and J. Cole have shaped Ume's creative vision, lyrically and sonically to make with music."



Freshman Justin Ume, a rapper and songwriter, will appear on Blue Hawk Records' 17th compilation album this semester.

he values versatility when it a great song." comes to his sound, which he describes as "mood music."

Considering himself a very empathetic person, one of his goals in music is to inspire listeners with relatable lyrics. "I love that feeling of being able to create something that can impact someone in whatever positive way possible," he said. "I love poetry, so I think [writing] comes more natural because of that. I write like a Rubik's Cube. My process is coming up with one lone concept, throwing it on the paper, rearranging it a million times, and seeing what fits best where

Even with his extensive musical experience, Ume does not plan on cutting himself short. Rather, he is hoping to explore other avenues of creativity during his time at Monmouth.

'Music is really important to me. It's always been special and I want to pursue it, but there's a lot more I want to do besides music," he said. "I'm also super into film, graphic design, and acting. Music is kind of a start, but if there is ever an end with that, then I feel like I failed. I definitely want to diversify and see what other skills I can acquire and learn more as I grow



PHOTO COURTESY of Justin Ume Under the stage name UMÉ, Justin Ume has recorded about ten songs for his upcoming March 2021 album.

The Institute for Global Understanding's **Inclusive Mission**

LOWELL KELLY-GAMBLE DIVERSITY/GRADUATE EDITOR

Monmouth University's Institute for Global Understanding (IGU) enhances cultural education and citizenship through academic and arts programs, scholarly research and events, networking of partnerships, and initiatives from local to global platforms. The IGU advances the University's objective of captivating students, faculty, and staff in increasing diversity, equality, global understanding, leadership, and social justice.

Established in 2001 as the Global

versities such as Florida A&M University College of Law and Rutgers School of Law (Camden). While at Florida A&M, Abate served as Director of the Center for International Law and Justice from 2012-2016. During this time, he helped students solidify international law internships, became engaged in the United Nations (UN) Permanent

or teaching experience at other Uni- Forum on Indigenous Peoples and the UN Harmony with Nature Initiative, and started annual human rights lecture and conferences on international human rights and environmental justice issues. He also published six books, as well as over thirty law journal articles and book chapters on domestic and international environmental and animal policy.



serve a tremendous roll for IGU's activities. The program currently has two Graduate Assistants (one for fall and one for spring), two graduate interns for the full year, and two undergraduate interns for the spring throughout the 2020-2021 academic year. Students can participate in the IGU's symposium by submitting a presentation abstract for a student panel.

"Individual students and student organizations can partner with the IGU on a variety of activities on and off campus," Abate explained. Rekha Datta, Professor of Sociolo-gy Nancy Mezey, Associate Profes-"The IGU's relationships with the sor of History Karen Schmelzkopf, UNAI and UNDGC offer unique opportunities for student engagement. The pandemic has limited many of these off campus opportunities, but we are hopeful that many more off campus student engagement opportunities will be available in the 2021-2022 academic year, including potential student exchange opportunities with other universities around the world." This year's IGU Convention, now called the IGU Biennial Symposium, will be held virtually from March 25-27. The convention consists of high-profile speakers from around the world in keynote presentations and roundtable discussions, a film screening and Q&A with the director, presentations from Monmouth faculty and students, a musical performance, and a student poster competition. Along with this year's IGU Biennial Symposium, the program also conducts a weekly blog series and publishes The Global Matters

Abate believes that students newsletter, which covers the Global Understanding Convention's speakers and student presentations, which transitioned into a platform to celebrate students' and faculty's achievements in advancing global understanding.

Professors Heide Estes (Graduate Faculty of English), Eleanor Swanson (Institutional Research Project Coordinator), Abha Sood (English), and Saliba Sarsar (Political Science and Analogy) edited the Global Matters newsletter. Interim Provost and then-Provost Thomas S. Pearson were the main collaborators and organizers who helped establish the IGU as a whole. Each believed IGU's mission was to encourage students to realize their capability as leaders to become involved citizens in a diverse and increasingly interdependent world. The IGU currently consist of 15 faculty advisory members from the School of Humanities and Social Sciences, Leon Hess Business School, School of Social Work, and School of Education. Abate said, "My efforts focus on building awareness regarding the need for effective governance of global climate change and the need to promote justice for communities disproportionately affected by climate change at the global, national, and local levels. I am passionate about helping to ensure a stable climate and promote 'just sustainability' for future generations of humans and non-humans."

Understanding Project (GUP), the organization believes there needs to be an increasing demand of learning and understanding. A major event that led to these initiatives was the terrorist attacks of September 11, 2001. Following this event, in Spring 2002 the Global Understanding Convention was established and became an annual week-long convention consisting of student, faculty, and public speakers with open classrooms to examine analysis of matters relevant to IGU's mission.

"The IGU serves as a clearinghouse to advance the study of global affairs and promote cross-cultural communication in the Monmouth community and the world," said Randall Abate Ph.D., IGU Director and Professor of Political Science and Sociology.

An alumn of The University of Rochester and Vermont Law School, Abate joined the Monmouth faculty in 2018 with 24 years of pri-

PHOTO COURTESY of Monmouth University Director of the Institute for Global Understanding, Professor Randall Abate, strives to uphold the organization's goal of increasing diversity, equality, global understanding, and social justice.

Preparing For Finals During COVID: A New Layer of Stress

CLAIRE RANKIN CONTRIBUTING WRITER

With finals coming up soon, college students are busier than ever. It's that time of year again, but this time around things are different. The University has moved the majority of its classes to remote learning, and this is affecting the way students and teachers are preparing for finals.

When it comes to how finals are administered, there are professors that worry about the cheating aspect of remote learning. Since classes are online, it is easier to cheat because nobody is

Arizona student named Jack- ing programs, but it's not realson Hayes experienced finals ly my thing. I feel if students classmates. Classes are literonline, and was forced to use are going to cheat they're just ally through a video camera fortable with the lack of secu-students what they want to do ple I don't know. rity Zoom provides, he had to with their education." show his license and all of his personal information through online formatting that comes the video camera to the proctor.

dents do is writing- based, so tion student who aims to be it still doesn't feel the same. week.

monitoring or watching over it is harder to cheat that way," a teacher, said, "studying for What has really helped me to the students. According to Novek said. "I've heard of finals is really hard for me get back on track is reaching *The Verge*, a University of people using certain proctor- right now because I feel a dis-out to friends in my major and

with remote learning, stu-

connect from my teachers and doing homework together."

Even if remote learning is not the style you prefer to Zoom with an online proctor hurting themselves and their and I haven't even met most learn, there are ways to study while he took it. He said that learning. My job as an educa- of the people. I feel uncom- for finals and be successful. even though he was uncom- tor is to teach and it's up to fortable reaching out to peo- Reach out to your professors and friends in your major to Logan Lazarus, her room- help you get in the rhythm Aside from the different mate, has had a similar ex- of things, and make sure not perience studying for finals. to fall behind on your work. She said, "I went home for It can especially help to set dents are being forced to Thanksgiving and decided not reminders for yourself on a Eleanor M. Novek, Ph.D., adopt new study habits and to come back after. I'm out of calendar, since there isn't that professor in the Department manage their work without my normal studying routine in-person reminder of going of Communication, is not a having an in-person schedule and it's hard to get on the ball. to class. Most importantly, believer of the proctor system. to guide them. Leah Fonseca, I've been FaceTiming some of stay safe, stay healthy, and "Most of the work I have stu- a senior secondary educa- my professors to help me, but grind through the fourteenth



Many universities have begun extra measures to ensure that students won't cheat during exams, adding new forms of stress to the situation.



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2021 Grammy Nominees and Predictions: A Good Year for Women in Music

ALEX DYER ASSISTANT NEWS/ENTERTAINMENT EDITOR

The nominations for the 63rd Grammy Awards have been announced, and—oh boy—there are a lot of them.

The host of the ceremonycomedian Trevor Noah-and the nominees were announced in a virtual presentation early in the afternoon on November 24 by a swathe of stars from within and without the music industry: Megan Thee Stallion, Dua Lipa, Gayle King, Sharon Osbourne, etc.

Beyoncé got nine nominations, including two for Record of the Year for her own "Black Parade" and her feature on Megan Thee Stallion's TikTok hit "Savage." Dua Lipa, Taylor Swift, and Roddy Ricch also garnered a notdisappointing six nominations each. Perennial favorites like Billie Eilish, Harry Styles, and Justin Bieber could also perform respectably at the awards, which take place Jan. 31, 2021.

Newcomers to the Grammy scene include Phoebe Bridgers, nominated for Best Rock Album, who I was surprised (but not upset) to see had blown up so quickly, having listened (and maybe cried) to her before. Frankly, I think she's set to win this, although she is up against quite a few other phenomenal female musicians; in fact, most of the nominees in the category are women.

While I personally would give the award to the HAIM sisters for Women in Music, Pt. III if the Grammys were being held right now, I think Bridgers' brand of softer folk rock was more resonant with people over the past year, and her album Punisher will end up besting the other nominees.

Speaking of folk crossovers, Taylor Swift had a stellar year with her #1 album Folklore, which had a hit with "Cardigan." Nominated respectively for Album and Song of the Year, these works really epitomize a folksy style that I can feel becoming increasingly en vogue for mainstream music.

Before diving into my predictions for the "Big Four" Grammys (Record of the Year, Album of the Year, Song of the Year, and Best New Artist), it's worth mentioning that there is gaping Weeknd-shaped hole in the nominee list. For some strange reason, the Canadian singer was invisible to the Recording Academy, and his incredibly popular "Blinding Lights" was snubbed. I know, I think it's a shame, too.

Anyway...

Record and Song of the Year get muddied up and conflated sometimes, but the basic difference is this: Record of the Year goes to the recording artist(s), while Song of the Year goes to the songwriter(s).

There are some nominees in these categories who I honestly don't think have much of a chance at winning, as much as I may like them. For Record of the Year, these are "Circles" by Post Malone, "Rockstar" by DaBaby and Roddy Ricch, and (I really hate to say it) "Colors" by Black Pumas. Before the nominations, I actually had never heard of Black Pumas, but I actually caught "Colors" on public radio while they were actively being announced. It blew me away, and I said to myself that if a record like this could win Record of the Year it would be something special.

In reality, though, the Grammys are in some aspects a popularity contest. And, thanks to the huge rise in usership of a certain videosharing app, there are two ways I see Record of the Year going. On one hand, the Academy could give the award to Megan Thee Stallion; she has quickly become a major player in the industry after appearances and endorsements from other major players, namely Beyoncé, who appears on Megan's Grammy-nommed TikTok hit "Savage." On the other hand, my official prediction is "Say So," the



IMAGE TAKEN from The New York Times

Taylor Swift, Beyonce, and Dua Lipa (left to right) are nominated for multiple awards at the 63rd Grammys, with six, nine, and six nominations, respectively.

gorgeously produced and sung sleeper hit by Doja Cat. This noms in the Album of the Year of hype as "Savage," but takes it in a much more mellow, R&Binspired direction, and I think the award will ultimately end up going to Doja Cat.

the Academy will take their decisions in another direction still. Out of the Song of the Year nominees, four are not also nominated for Record: "The Box" by Roddy Ricch, "Cardigan," "I Can't Breathe" by H.E.R., and "If the World Was Ending" by JP Saxe featuring Julia Michaels. Personally, I see Song of the Year as a contest that's more about lyrics than how good a song sounds. "Say So," for example, isn't nominated for Song. H.E.R. is a relative newbie to the Grammys, but is no stranger to penning beautiful and powerful words and converting them to music. Especially in a year plagued by racial division. I see H.E.R.'s "I Can't Breathe" as the perfect contender for the Song of the Year, as it were.

Bleachers Channel Springsteen in "Chinatown"

While there are some deserving song has arguably the same level Category (HAIM, Black Pumas, Post Malone, Jhené Aiko , and others), I think that there's about a 90 percent chance that either Folklore or Dua Lipa's Future Nostalgia ultimately takes home As for Song of the Year, I think the award. Even if she doesn't win, it's hard to say that 2020 wasn't a great year for at least Dua Lipa's career. I think Taylor Swift will probably eke out the win in the end, but Dua Lipa should definitely be proud of herself for crafting an album that manages to be energetic and authentic at the same time.

Finally, an award that is somewhat strange regarding its nomination criteria: Best New Artist. To help you picture what I mean, a question: Why is Phoebe Bridgers nominated for the award when her first album came out in 2017? The criteria are a bit unclear since a recent rule change, but I digress.

Billie Eilish won the award last year, much to no one's surprise, but this year the nominees are somewhat more varied. Based

on the nominations in other categories, I would bet a steak dinner that the award will go to Bridgers, Doja Cat, or Megan Thee Stallion. I will go on record as saying that I feel like Megan Thee Stallion does have a slight advantage over the other two, as she was also an integral part of the immensely popular "WAP" with Cardi B.

2020 was an amazing year for women in all genres of music. From Grammy sweethearts like Beyoncé, Taylor Swift, and Billie Eilish to newcomers like Phoebe Bridgers, Doja Cat, Megan Thee Stallion, women have released some truly listen-worthy music this year, and I think it's a wonderful thing to hear these diverse voices and seeing them receive recognition for making themselves heard.

As it stands right now, my predictions for the "Big Four" Grammys are: "Say So" by Doja Cat for Record of the Year, "I Can't Breathe" by H.E.R. for Song of the Year, Folklore by Taylor Swift for Album of the Year, and Megan Thee Stallion for Best New Artist.

SEAN EMERSON CONTRIBUTING WRITER

Jack Antonoff, with his newest single "Chinatown," has achieved the New Jersevan dream: he made a song with Bruce Springsteen. Antonoff, known for being a member of fun. and being a producer for other high-profile acts like Taylor Swift, Lorde, St. Vincent, Lana Del Rey, and Kevin Abstract, has a history for creating songs for others.

But with his solo project Bleachers, he shifts gears. His focus on pop-anthems is still a priority, but with his songs as Bleachers, he puts a unique twist to it. Still in line with what Antonoff knows, Bleachers is my Chinatown baby/Sittin' bolder and more experimen- on your front stoop/Crying tal. Everything that he usually does is still intact, but he adds grittier sounds that twist the songs he makes from folksy pop tracks to more experimental songs that can do more.

The song "Chinatown" tackles the viewpoints of his relationship with his girlfriend. He sings about their issues and how they overcome them. "Chinatown," uses the fictional story of running out of the hectic Chinatown city environment to a different place, assumedly New Jersey; since it's this part when Springsteen comes in and lavers his vocals. Singing

out the crazy/I'll take you out of the city/Honey, right into the shadow/Because I wanna find tomorrow," you get how Antonoff is tying the story to his relationship. In his interview on Apple Music with Zane Lowe, Antonoff said "This song really used the idea of New Jersey and New York City as different characters in relationships, leaving one, entering another one, going home, going into the future. It really spoke to me, this idea of bouncing back and forth between the place I'm from and the place that I'm building my life." His impressive songwriting "With a girl like you/You're is shown through the song,

and it's clear why major acts go to him when they need a hit.

Antonoff's talent in his music production shows in "Chinatown" too, his classic percussive acoustic guitar riffs that are squeezed in between a bassy synth and a light melody are prevalent and give the track those special Antonoff qualities. What separates "China-What separates "China-town" from other productions from him is his darker tones that he uses. Distorting the synth and using the other methods to give undertones that capture the moods of his relationships the lows and the highs. Also, the drums on the track show a different side of Antonoff, it.

that he can make crisp, vinyl sounding drums and mix it 80's nostalgia sound, which

"Chinatown" is a mustlisten for anyone that likes the newer sounding Lorde or Lana Del Ray. Also, the rare and spirited Bruce Springsteen appearance just makes the song that much better. It's a great pop song that could garner some solid radio airplay in the near future. This might be a breakthrough for Antonoff, that could see Bleachers become his permanent persona. "Chinatown" is the first taste of Bleachers' upcoming third studio album that's set to be released in 2021, and is a great lead single for

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How Biden's Administration Will Approach Foreign Affairs

JOHN SPINELLI STAFF WRITER

The incoming Biden Administration will likely take a different approach to foreign policy than the cur-rent Trump administration. Throughout his political career, President-elect Joseph Biden has spoken highly of global cooperation and multilateralism.

He has promised to rejoin the Paris Climate Accord that the Trump Administration withdrew from, and the World Health Organization that the administration submitted a notice of withdrawal from during the summer. In addition, Biden has promised the United States' continued support of international alliances such as NATO.

In contrast to Biden, the Trump Administration has supported an "America First' scribed President Trump as maintaining an "isolationist" thoritarian rule such as in Biden Administration will or "protectionist" position on the Gulf countries and in explore new options or opmany foreign policy issues.

also been exemplified during will see as time goes by. Trump's presidency in his recent decision to support the continue its alliance with

the Middle East is a concern and most of the Gulf States for the incoming administra- are strategic allies and have tion. Saliba Sarsar, Ph.D., a many common interests, in-Professor of Political Sci- cluding trade, oil, a united ence, discussed the possible front against Iran, and reimplications of the region's gional terrorism." geopolitical future.

Biden Administration there with the partnership. He will be more stability in the said, "One difference now is Middle East. This issue is that the incoming adminisobviously not easy to fix be- tration will most likely emcause of the various interests, phasize human rights as a cultures, and issues in the re-gion, but American leader-ship does make a difference munity."

leadership seems to be more rael and the Gulf States and predictable and empath- other Arab states will conic compared to President tinue to improve in the fu-Trump's. In terms of trends, ture," Sarsar said. I believe that we will see a Iran is another country in a new perspective. Biden has check on the intensity of au- the region with which the said he is open-minded to a



foreign relations vision. Po- Joe Biden and Israeli Prime Minister Benjamin Netanyahu shaking hands in 2010. Professor litical strategists have de- of Political Science Saliba Sarsar believes that Biden's Administration might improve Arab-Israeli relations.

thoritarian rule such as in Biden Administration will two-state solution and worknany foreign policy issues. Egypt. We can only predict portunities. Non-interventionism has what could happen, but we Sarsar no

The United States will withdrawal of soldiers in Af-ghanistan. the Gulf States. Sarsar is optimistic about this part-The United States' role in nership. He said, "America

However, Sarsar believes He said, "I think under a there will be some changes

in terms of diplomacy." "I also think that the im-He continued, "Biden's proved relations between Is-

Sarsar noted, "I am not sure what to expect yet, but I think America's relationship with Iran could be more accommodating under Biden. There is a possibility that the United States might rejoin the Iran nuclear deal framework agreement reached during the Obama Administration or negotiate a new

and improved nuclear deal." He continued, "The rela-tionship with Iran now is different than it was years ago. There is more new intelligence than before and there have been changes in the region since the Obama years. If a deal is made it would have to consider the national security interests not only of the West, but also the Gulf States and Israel."

The Biden Administration could possibly serve as a catalyst for improved Arab-Israeli relations. Sarsar noted, "I am confident there will be

ing with both the Israelis and Palestinians."

"He seems to be aware of initiatives and solutions to please both sides, compared to the current administration which was focused mostly on advancing a strong relationship solely with Israel. However, peace and cooperation in this region will have to be determined by both the Israelis and Palestinians ultimately," Sarsar said.

The relationship between Russia and the United States will also be a security concern for the incoming cabinet.

"Ι think at the start, the Biden Administration will pursue a harder line with Russia than either the Obama Administration or the Trump Administration," noted Thomas S. Pearson, Ph.D., a Professor in Russian History.

"Unlike Obama, Biden will not pursue a reset with Russia. At this point it would bring the U.S. no benefit and Putin knows it (in fact, he will play up the U.S. hostility to rally Rus-sian public support for the Kremlin)," Pearson stated. "However, with Trump out open trade between the two of the White House, Putin countries regardless of cost will have fewer options in of labor and currency rates, trying to weaken NATO and just to name a few. Nonethepromote his attacks on liberal democracy." Pearson added, "At the same time, Biden will deal with Russia on matters of mutual interest such as temporarily renewing the [Stratigic Arms Reduction Treaty] START treaty." Russia is concerned that Biden Administration а might place more weapons systems in Europe, keeping with his claim that Russia represents the greatest current threat to the U.S. But I would be surprised if that happened, unless a major U.S.-Russia crisis occurred, because Biden will need to focus on tackling an array of domestic issues (COVID response, economic recovery, protecting health care) and rebuilding relations with U.S. allies," Pearson said.

Pearson also mentioned the domestic implications for Russia's foreign rela-tions. He said, "The prob-lem for Putin is that the near term with Biden as president will not provide Russia any relief on sanctions or recognition of Russia's claims to Crimea, which will mean continued economic hardship for Russians. That will cut into Russian public support for Putin."

He continued, "Russia requires significant structural reforms to improve its economy, but there is little evidence after a decade of promises that Putin has the courage to follow through."

Joe Zecchino, a senior finance and economics student, shared his opinion on the connections between foreign policy and the economy for a Biden Administration.

Zecchino said, "I see a lot of similarities with the Obama and Biden Administrations. His administration will go back to America's globalist roots that were in effect for the last 40 years." He continued, "Unfortu-

nately, these policies by both Republicans and Democrats have left working-class Americans with stagnant economic growth (for example Flint, Michigan and Pennsylvania), Scranton, while allowing developing nations to become global powerhouses."

President-elect Biden will face challenges from the Far East. China has risen to become a regional hegemon and a concern for neighboring U.S. allies.

Over recent years, the two countries relations have weakened due to diplomatic disputes. Some of the issues America and China argue about include the trade war, the South China Sea conflict, concerns over human rights violations in Hong Kong, and the handling of

the COVID-19 pandemic. Zecchino responded, "As for this situation [China], I think that a Biden Administration will replace President Trump's trade deals. We will most likely see less, I think the U.S. will have a more stable relationship with China in the next few years, for better or for worse." Zecchino also analyzed America's business relations with neighboring Mexico and Canada. He said, "I am really curious to see what happens with [the United States- Mexico- Canada agreement] USMCA.' "Biden, similar to Trump, has openly favored it over NAFTA, but any major changes would be a great concern for American workers, especially in the Midwest's agricultural region and the West's mining states," Zecchno noted. "In general, with more potential regulations, I think Wall Street will survive but Main Street might suffer.'



IMAGE TAKEN from The Conversation Former Vice President Joe Biden was pictured with Chinese President Xi Jinping. It is thought that Biden will stablize relations with China during his term.

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Women's Ball Plays in First Athletic Event Since March

SEAN EMERSON CONTRIBUTING WRITER

The long anticipated 2020-2021 season for the Monmouth University women's basketball team began at the Rutgers Athletic Center in Piscataway, New Jersey on Friday, Nov. 27. It was a tough matchup that the Hawks eventually lost by a final score of 82-38.

This was a game originally scheduled for Wednesday, Nov. 25 that had to be delayed in precaution with the welfare of student-athletes, coaches, and event staff after Monmouth's most recent testing results on the men's side.

During the game, the first quarter started strong with solid plays by Monmouth. Freshman forward Gabrielle Wener got the day's scoring started with her first career points on a three-pointer from beyond the arc. The score after the first was only 19-10 for the Scarlet Knights, but their lead ended up widening in the second and third quarters. The middle quarters saw the Hawks only score 12 points collectively, but they picked up the pace in the fourth and scored 16 during the final quarter.

The box score may suggest that there were few positives for the Hawks, but others feel different. Monmouth Head Coach Jody Craig saw the game in a constructive way, saying, "We had some promising signs in the first and fourth quarters, but we showed our inexperience against their pressure."

Monmouth started three freshmen against the Scarlet Knights: guard Ariana Vanderhoop, forward Gabrielle Wener, and center Belle Kranbuhl. Two additional freshmen contributed off the Monmouth bench as the freshmen combined for 25 of Monmouth's 38 points. An





A STATEMENT FROM RUTGERS ATHLETICS

THE RUTGERS UNIVERSITY DEPARTMENT OF ATHLETICS, IN ALIGNMENT WITH COVID-19 TESTING AND PROTOCOLS FOR NON-CONFERENCE OPPONENTS, HAS POSTPONED THE WOMEN'S BASKETBALL GAME AGAINST MONMOUTH UNIVERSITY SCHEDULED FOR WEDNESDAY MORNING AT 11 A.M. AT THE RAC. THE DECISION WAS MADE OUT OF AN ABUNDANCE OF CAUTION AND WITH THE WELFARE OF THE STUDENT-ATHLETES, COACHES AND EVENT STAFF IN MIND AFTER THE OPPONENT'S MOST RECENT TESTING RESULTS.

THE DECISION DOES NOT AFFECT THE RUTGERS MEN'S GAME AT 7 P.M. WEDNESDAY NIGHT AGAINST SACRED HEART.

PHOTOS COURTESY of Monmouth / Rutgers Athletics

"We had some promising signs in the first and fourth quarters, but we showed our inexperience against their pressure."

> Jody Craig Women's Basketball Head Coach



optimistic statistic that is indicative of the potential that is on this roster.

Freshman guard Jania Hall from St. Vincent Pallotti in Gaithersburg, Maryland was one of the scorers off the bench who led the entire team in scoring on Friday night. Hall scored eight points on three field goals, adding a team-high three steals as well. Junior guard Jen Louro also

Junior guard Jen Louro also scored six points on 2-of-4 shooting from three-point range, while Kranbuhl scored six points down low on 3-of-5 shooting from the floor.

Turnovers were a focal point that hurt the Monmouth team, as they caused 42 of the 82 points scored by Rutgers. "In the end, our turnovers killed us and they led to over half of their points," said Craig. "There is a lot to build on from our first game".

With Monmouth falling to 0-1 on the early season, it's time for them to focus on the next game. Craig and the Hawks are looking to secure the ball a little better, and to take better advantage of their opportunities.

On Wednesday Dec. 2, the Hawks will be going against the La Salle Explorers, whom they lost 65-50 to back in 2015. This will be their first home game of the season at the OceanFirst Bank Center, and the first athletic event played on Monmouth's campus since March. This will be a chance for redemption and improvement for the Lady Hawks who only have two non-conference games left in their shortened schedule.

The Hawks play La Salle on Wednesday at 7:00 p.m., which will be available to stream on the ESPN+ app. This matchup is followed by a non-conference home game with Drexel on Saturday, Dec. 5 at 2:00 p.m. before entering Metro Atlantic Athletic Conference (MAAC) play the following week.



PHOTO COURTESY of Monmouth Athletics

Monmouth Women's Basketball Head Coach Jody Craig is leading a young team this season with three freshmen starting on Opening Night.

Freshman guard Jania Hall (left) was featured off the bench against Rutgers, leading the team in scoring with eight points and registering three steals defensively.

MAAC Announces Time Out for Black Lives Program

JACK MURPHY ASSOCIATE SPORTS EDITOR

The Metro Athletic Conference (MAAC) announced their new program, "Time Out for Black Lives," which aims to inspire and educate the youth as

Martin represents Monmouth in this newly launched program. "Time Out for Black Lives" has a website where coaches

and athletes from MAAC bas-

and fans. Senior forward Melik

well as other athletes, families ture, history, music and myths. It comes as part of the MAAC's United for Justice campaign that they announced over the Summer.

The United for Justice Campaign was instated in response ketball programs contribute to the racial injustice that is their time to read children's ongoing in society. The MAAC books that focus on Black cul- will stand with the "Black



PHOTO COURTESY of Monmouth Athletics

Senior Forward Melik Martin poses for a picture with Shadow the Hawk, as well as a young student, during Monmouth's visit to Atlantic City school on Martin Luther King Day.

Lives Matter" movement and continue to find ways to help address the national issue of systematic racism.

The "Time Out for Black Lives" program comes as a part of this campaign and serves to help educate people about the sides of Black history they may not be learning in school.

The "Time Out for Black Lives" website says, "It is our dream that with a ball and a moving story, we can celebrate the greatness of Black culture in a positive way.'

Videos posted on the website will feature short biographies on the student athletes or coaches representing the program. The representatives page will also include information such as their hometown, favorite book, and favorite basketball player. The website also provides resource guides, called "Let's Talk About It," to help parents and teachers start a discussion with the children who view these videos.

"The 'Time Out for Black Lives' program is something the MAAC and its member institutions have been excited about launching for quite some time as we worked with our partners in Greece and the MAAC SAAC and basketball coaches and student athletes," said MAAC Commissioner Rich Ensor.

"It's an excellent way to

give back to local schools and expand the familiarity of our basketball programs while also teaching important aspects of Black history to our youth," he continued. "Teaching children about these important parts of history is so important now more than ever, and the MAAC is proud to give back to its communities.'

Melik Martin represents Monmouth in the "Time Out Melik for Black Lives" program run by the MAAC. In his video, he reads the book I Am Every Good Thing, written by Derrick Barnes and illustrated by Gordon C. James.

The biography for his page is friendly for a younger audience, as it gives a short summary of when he started to play basketball and his accolades as a high schooler.

Another representative that took part in this program is Iona Head Coach Rick Pitino. Pitino is an icon in the realm of college basketball, as he led Kentucky to a National Championship in 1996 and led Louisville to the National Championship in 2013. Now, Pitino is using his platform as a legendary basketball coach to help support Black lives and the social injustice they face in this nation.

"We hope this program is just one of many included in the conference's United for Justice campaign," said Ensor. "Kudos to all involved in this project and for their support of social justice initiatives.'

COVID-19 Derails Start of Men's Basketball

ERIN MULLIGAN STAFF WRITER

On Nov. 25, the Monmouth University men's basketball team put their season on halt after the result of a positive COVID-19 test from one of the program's Tier One members.

The team entered a 14day quarantine following the positive test. Tier One members include student-athletes, coaches, and support staff, all of which will quarantine.

After the cancellation of fall sports, the Monmouth community has been eager and excited to see Monmouth winter sports start up. Basketball is a big sport on campus, and while fans may not

shots with 23. The 2019-20 team scored 2,209 points with 71.3 points per game, beating opponents in both categories.

Last season was the year of the infamous game against the Kansas Jayhawks in which guard George Papas stole the ball and executed a dunk in the last seconds, ending up on Sports Center. This play caused immense excitement amongst Monmouth fans everywhere, leading to extended anticipation for the 2020-21 season. The upperclassmen Papas figures to be one of the leaders of the team when the season eventually begins following this hiatus.

Last January, the Hawks





Monmouth Men's Basketball entered a 14-day quarantine period following a positive test from a Tier One member, which cancelled opening games against Hofstra, Maryland, and Saint Francis.

PHOTO COURTESY of Monmouth Athletics

be allowed in the stands, all were restlessly anticipating the start of the season from their homes or dorm rooms.

Due to the positive test, Monmouth's game against Hofstra on Nov. 25 was canceled. The Hawks' games against Maryland on Dec. test came from the pro-1 and against Saint Francis Brooklyn on Dec. 4 were canceled as well.

When the season resumes, Hawks fans have a lot to no further comments on the look forward to. Last season, Monmouth Guard Deion Hammond, led the team in Dec. 1, the Metro Atlanpoints with 506, field goals tic Athletic Conference made with 174, and 3-pointers with 82.

team in assists with 107 and turnovers with 52. Meanwhile, forward Nikkei Rutty also led the team in blocked and Feb. 27.

scored a team high of points against Iona with 94 as well as a team high of rebounds with 44 against Niagara. There is a great amount of promising hope among the team, staff, and fans.

The positive COVID-19 gram's regularly scheduled testing. The team plans to resume practice and team activities on Dec. 9 and had matter.

However, on Tuesday, (MAAC) announced that due to COVID disruptions, Guard Sam Chaput led the the Monmouth versus Iona games on Dec. 11 and Dec. 12 will be rescheduled on makeup weekend on Feb. 26



THE MAAC HAS ANNOUNCED THAT DUE TO COVID-19 DISRUPTIONS, THE **ORIGINALLY SCHEDULED GAMES BETWEEN MONMOUTH AND IONA ON** DECEMBER 11 AND 12 HAVE BEEN RESCHEDULED TO THE DESIGNATED COVID-19 MAKEUP WEEKEND OF FEBURARY 26 AND 27.

PHOTO COURTESY of Monmouth Athletics

The Metro Atlantic Athletic Conference (MAAC) announced a major rescheduling of Monmouth basketball games, featuring a two-game series set for COVID-19 makeup weekend in Feburary.



RETURN TO THE



Women's basketball, led by head coach Jody Craig, returned to the court against Rutgers falling 38-82 in the first Monmouth athletic event since the beginning of the pandemic in March.

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PHOTO COURTESY of Monmouth Athletics