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#### Second Annual Toni Morrison Day Celebrates African-American Author

MELISSA BADAMO EDITOR-IN-CHIEF/ FEATURES EDITOR

The second annual Toni Morrison Day, hosted by the Department of English, took place via Zoom on Thursday, Feb. 18. The all-day event celebrated the life of late African Amerirace and marginalization

highlighted throughout her where students presented novels. The event was co-academic pieces surround-sponsored by the Office of ing the topics of race and the Provost, the Monmouth Review Club, and the Inter-cultural Center.

"This event, although only being held for two years, is so important to the Monmouth English Department community," said Gabriella Arabio, can author Toni Morrison a senior English student who and the conversations of presented at the student symposium portion of the event,

gender. "Through the works of Toni Morrison and other great writers, students and faculty can expand their interests and points of view on important topics such as gender equalities and race.'

The event began with a

MORRISON cont. on pg. 6



IMAGE TAKEN from Yale University Website

Panelists at the virtual Toni Morrison Day discussed the topic of race and marginalization that appears throughout her published work.

#### Panel Discusses Governance of Marine Shipping and Sovereignty

ISABELLA HANNA STAFF WRITER

The Institute for Global Understanding (IGU) and Urban Coast Institute (ICU) hosted a panel discussion of international experts' examination on governance of marine shipping and maritime sovereignty within the context of climate change on Friday, Feb. 19. This event is one of several talks in the IGU-UCI's Global Ocean Govproject that has worked to assemble professionals of different specialties to discuss issues focused around coastal and marine ecosystems.

Three featured guest speakers gave separate and detailed lectures on distinct realms of maritime sovereignty, the study of states extending their territorial boundaries,

and thereby responsibilities, to Ph.D., Associate Professor of the waters surrounding them. Environmental and Climate Randall Abate, J.D., Chair in Marine and Environmental Law of Copenhagen (Denmark). and Policy and Professor in the Romera's lecture was focused Department of Political Science and Sociology mediated the lectures, facilitating dialogue between the panelists.

Abate has delivered several lectures on climate justice and animal law at law schools around the world, including Oxford and the University of Melbourne.

Before presenting the lecturernance Lecture Series— a ers for this event, Abate gave the floor to Director of the UCI, tion, shipping accounts for Tony MacDonald, J.D., for his opening remarks for the panel discussion.

"As a result of our efforts to connect with those around the globe, we can take an accurate look at the trust resources that we all share," said MacDonald.

The first lecture was given by Beatriz Martinez Romera,

Change law at the University on how the United Nations Framework Convention on Climate Change (UNFCCC) regime, the International Maritime Organization (IMO), and the European Union (EU) have failed to take years' worth of opportunities to regulate maritime shipping's greenhouse gas

emissions. According to her presentaabout 3 percent of the global total GHG emissions and is expected to exponentially and dangerously grow by 2050— a prediction cited directly from

She explained it has taken years of numerous treaties and

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#### Public Relations and Journalism Program Named to PRNEWS' 2021 Education A-List

**GEORGANNE NIGRO** 

Monmouth University's Public Relations and Journalism program has been named to PRNEWS' 2021 Education A-List on Friday, Feb. 12. The award recognizes the 35 best institutions of higher educa-tion advancing of PR and communication professionals in the U.S.

Communication, Alexis Nulle, said that some of the key elements to making this list were how well the programs prepare students for continued success in their existing jobs and along their future career paths. She said it also looked at the course delivery options and innovation of the programs to keep current with the changing landscape of the major.

"Our students and faculty are some of the most visionary and creative individuals with their own individual talents. Each faculty member brings their own area of expertise and specific area of interest which is advantageous and beneficial to our students comprehensive learning experience," said Nulle.

She said that the Communication Department also has some of the coun-

try's most highly recognized student organizations such as The Outlook, WMCX, and PRSSA.

"I'm fortunate to serve as faculty co-advisor of our nationally accredited PRSSA and Shadow PR Firm along with my very talented colleague, Professor Mary Harris, APR," said Nulle. "It's such a rewarding experience to see my students Specialist Professor of excel in their major while running a nationally accredited PR firm on cam-

> John Morano, Professor of Journalism and faculty advisor for The Outlook, considers the award an important honor on several levels. He said it is an external, independent validation of what the faculty is trying to accomplish in the program. It signals to the University that the department is moving in the right direction, getting noteworthy results and are respected by professionals of the highest order.

> My hope for the future is that we can maintain this level of excellence and build upon it. I don't see why we can't," said Mo-

"We are not wired to settle for 'good enough'.

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IMAGE TAKEN from Monmouth University Instagram

PRNEWS compiled the list based on each program's ability to prepare students for success in their existing jobs and their future career paths.

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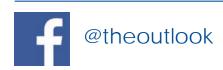
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#### Dr. Walter McAfee's Legacy Honored by University Faculty

MATTHEW CUTILLO MANAGING/ NEWS/ LIFESTYLES EDITOR

"Racing into the Space Age: The Life, Scholarship, and Legacy of Dr. Walter S. McAfee," was held on Friday, Feb. 5. The event honored the accomplishments of the African-American scientist.

The virtual event was organized by the Department of Educational Counseling and Leadership, the Department of History and Anthropology, the School of Science, and the Black History Month Planning Committee.

Steven Bachrach, Ph.D., Dean of the School of Science, gave opening remarks and announced the endowment of the Dr. Walter McAfee Scholarship in Science.

"[The scholarship] is a way to allow for Mcafee's legacy to continue to live on and promote access to the sciences by underrepresented students," Bachrach said. "I'm thrilled to let everybody know that the scholarship has now been endowed with both gifts and pledges. It's really thrilling to see you here and thank you in person, as well as to launch the kickoff of this scholarship and the effects that it will ripple on with."

Walter Greason, Ph.D. Associate Professor and Chair of the Department of Educational Counseling and Leadership, provided a timeline of McAfee's accomplishments and connections to Monmouth University.

Greason first learned about McAfee while combing through old yearbooks. "An older African-American's picture kept appearing through the late 1950s and early 1970s, but his name was never listed," Greason said. "I was mystified by who this faculty member was in electrical engineering. There's no other sign or marker about what he was doing or how he was contributing to the University."

The man was none other than Walter McAfee, a University faculty member for years at the height of the Civil Rights Move-

"For me to start to introduce him today, and why his life and legacy carry so much importance, I do have to start with the work that I've done on the history of New Jersey and particularly the area around Monmouth University," Greason said. "It wasn't always a place dedicated to equal rights and equal justice for everyone. This is a really profound moment in the 1920s when the Ku Klux Klan dominated the Jersey Shore, so just a generation later for someone like Dr. McAfee to become a major contributor to what the Monmouth College was attempting to accomplish is a major breakthrough."

McAfee's mother had been denied the ability to become a teacher when he was very young, staying home and essentially homeschooling himself and his siblings, Greason explained.

'She broke through and made [her children] extraordinary thinkers, ambitious scholars who would go on to achieve degrees in the sciences at the peak of Jim Crow," Greason said.

McAfee graduated from Wiley College in 1934 with a degree in mathematics. He would go on 3 vears later to achieve a masters degree of science in physics from Ohio State University, Greason said. About a decade later, McAfee obtained his Ph.D. in physics from Cornell University.

It was that decade from 1936 to 1949 where we don't often think about the contributions of African-American scientists that really grew out of the second New Deal and a lot of the initiatives that Franklin Rooselvelt had put together," Greason said.

What particularly makes McAfee famous is his "moon bounce" experiment in which he figured out the speed of the moon relative to the Earth by transmitting a radio signal through the atmosphere. He also anticipated when it would come back and how to receive that signal. "That opens the door to what we now think of as the Space Age," Greason said.

"It was going beyond simple, potential satellite communications and radio communication," Greason said. "A lot of the time [McAfee] was at Monmouth, there were questions that he was answering through mathematics about missile guidance and combat theater communications."

Most of what we understand as the military strength of the United States in the Cold War can be traced back to McAfee's skill in mathematics and physics, as well as his contemporaries and colleagues, Greason continued.

Walter McAfee represents a symbolic breakthrough that would not be matched until the hiring of Julius Adekunle, Ph.D. in the late 1990s to join the history Department, Greason explained.

"Walter McAfee set the standard for an inclusive faculty and educational experience that foreshadowed generations of African-Americans breaking through come Monmouth University students and Monmouth University

graduates," Greason said. Melissa Ziobro, Specialist Professor of Public History, was the last Command Historian at Fort Monmouth, where McAfee worked, before the base closed. She has known about McAfee's work since her time there in 2004.

McAfee recalled in a 1994 Oral History interview that several government agencies initially rebuffed his attempts to gain employment, he assumed, based on his race, Ziobro explained. "[His race] was not something he could hide during the application processes as most applications required a photograph," Ziobro said. "Fort Monmouth, according to McAfee, did not require a photo."

He received instructions to report to the base in central New Jersey almost immediately after submitting his paperwork. "He resigned from a steady teaching job in order to do so despite these fears that he might be turned away discover his race, but those fears educated."

in the early 1970s and 1980s to be-dissipate when McAfee arrives at the fort and finds a number of African-American scientists already at work." Ziobro said.

Though he has secured employment, he still has to deal with off-post segregation and discrimination that makes it difficult to get housing and meals, Ziobro explained. This also includes interpersonal discrimination that he must battle on base as well.

Velma Mcafee Williams, Ph.D., was a sibling of McAfee. She recalled her brother's influence on her academic integrity.

"When I graduated from high school, he wrote to congratulate me and to tell me the difference in the education process before I went to college," Williams said. "How I would take greater responsibility for my own learning process and my own education. At one point in the letter, the statement that stayed with me throughout my schooling was that I should not confuse hazy impressions with knowledge. To me, that was a great statement. I knew exactly what I had to do in once he gets here and fort officials regard to what it meant to become



PHOTO TAKEN from Monmouth University Website

McAfee helped usher in the Space Age with his findings.

#### Public Relations and Journalism Program Nationally Recognized

**EDUCATION** cont. from pg. 1

We're regularly discussing how we can improve ing journalism classes at ourselves and our program, about what we can do to better prepare students for life ism. beyond Monmouth,"

in-Chief of The Outlook, Badamo. said she is not surprised that the Communication Department won this award.

ence in the field of journal- ence on his work. ism and PR, our professors prepare and inspire students of my professors and colto excel in these fields," said Badamo.

She said that the facilities in the Plangere Center I'm grateful for the consisfor Communication play a tent support and top-notch role in student success at education I recieve from Monmouth. Badamo said that the space dedicated to The Outlook office allows the editors to gain experience working in an actual newsroom, honing their newswriting, editing, graphic design, and interpersonal skills. She also said that The Outlook allows students to experience the field of journalism first-hand.

"Since pursuing a journalism minor my sophomore year, the communication department has transformed my college career. For example, becoming Features Editor then Editor-in-Chief of The Outlook allowed me

summer," said Badamo.

She said before tak-Monmouth, she never considered a career in journal-

"I wouldn't be where I am today without The Outlook, Melissa Badamo, senior the journalism department, English student and Editor- and its professors," said

Matthew Cutillo, Managing Editor of *The Outlook*, detailed the Communica-"With their vast experi- tion Department's influ-

"Without the support leagues, I would be a completely different writer," Cutillo said. "Every day

the Asbury Park Press last the University. Without it, the skills I'm able to apply to *The Outlook* would be far less. Every journalism class I've taken has slowly built myself and my peers into the young, aspiring journal-

ists we are today."
Cutillo says that he notices this appreciation in other clubs as well.

'You can tell across the board, we are all satisified," Cutillo said. "Any student who participates in a club or organization feels as though outside of the campus.' it's a natural progression from our coursework.

Associate Professor of Com- degree is on par with those education standards, and to munication, said that the at top American institutions serve their student's needs. communication degree is of- such as Columbia University is this myth that somehow if versity. Vujnovic said that And that's why it means so one does not know what to to her, the first and foremost much," said Vujnovic.

study, but they want an easy duty to being a Monmouth degree, that they should study communication.

"A communication degree is a robust liberal arts prothe media industry, journalism, public relations, and marketing, political communication, and much more," said Vujnovic. "Our faculty is often faced with instances this myth on campus and munication."

She also said that this Communication

University Communication Professor is to work with her students.

She said, "There are few gram with clear career paths things to compare with bethat lead to employment in ing a witness to student discovery and growth. And to be a part of that is the most fulfilling experience. It is also working with such talented and dedicated faculty colleagues that we have here where we need to debunk in the Department of Com-

Vujnovic said that the award confirms that the ment is constantly looking Marina Vujnovic, Ph.D., University's communication to improve to be the best in

"This award is a recten misunderstood and there or George Washington Uni- ognition of this mission.



IMAGE TAKEN by Anthony DePrimo

to receive an internship at The award recognizes the 35 best institutions of higher education advancing of PR and communication professionals in the U.S.

#### FBI Criminal Profiler Discusses Unabomber Case

MATTHEW CUTILLO MANAGING/ NEWS/ LIFESTYLES EDITOR

James Fitzgerald, an FBI criminal profiler, discussed his role in helping to solve the Unabomber case on Wednesday, Feb. 17. The virtual event was hosted by the Guardians Club and the Criminal Justice Department.

Nicholas Sewitch, J.D., Chair of the Criminal Justice Department and Specialist Professor, introduced Fitzgerald and detailed the profiler's accomplishments inside and outside of the

"[Fitzgerald] was doing criminal profiling before most of us knew what it was or had ever heard about it," Sewitch said.

Fitzgerald is an expert in forensic linguistics and criminal profiling matters, as well as a media entertainment advisor, college professor, and an author of three books in his memoir series 'A Journey to the Center of the Mind,' Sewitch explained. "His extensive and varied law enforcement career includes high-profile cases such as the Unabomber, anthrax attacks, the JonBenet Ramsey homicide case and a DC sniper case."

Post-FBI career, he acted as a technical adviser on the CBS TV series Criminal Minds and executive produced A&E's Killer Profile. He was also a consulting producer for the Discovery Channel docu-series Manhunt Unabomber.

Fitzgerald joined the FBI in 1987, his first seven years in New York City before a promotion to supervisor in the Quantico profiling unit. While on vacation in the South Jersey Shore, he received a request to act as a profiler in San Francisco for 30 days on the Unabomber task force. As the case developed, 30 days turned into a year and a half.

The Unabomber sent letters to his victims before his bombpackages arrived, creating a paper trail of his linguistic style and literary word choices. The second letter was addressed to a Professor McConnell at the University of Michigan, the Unabomber posing as a student looking for a second opinion on his dissertation. McConnell's graduate assistant opened the package, seriously injuring him.

Years later, Fitzgerald analyzed the letter while on his flight to join the San Francisco Unabomber task force. "I had a big 3-ring binder with me and I started looking through all the evidence," Fitzgerald said. "I didn't know anymore about this case than anyone following it through the media."

As the flight descended, Fitzgerald used his knowledge of the "acrostic technique" to read the left-hand side of the second letter's column in search of a possible hidden message. Fitzgerald identified the phrase "DAD IT IS I" from the first letters going straight down. After mentioning

was immediately put in charge of the numerous letters' attention all Unabomber case documents.

After the Unabomber's appear- mar. ance was detailed by a witness to his computer-store attack, six letter was two sentences," years passed before he offended Fitzgerald said. The Unabomber again. "[The FBI] thought he may stated in his writing that "People have been arrested in these

maybe got married, had kids and and "Apparently people without got a job," Fitzgerald said. "That's a college degree don't count." known to happen."

Once he returned, the Unabomber began to allow the public from the bomber's extensively to understand what he represents, educated background. Fitzgerald explained. The bomber always used plural pronouns such offered a deal to the New York as "we" in order to give the impression of a group. On June 21, 1993, the New York Times received the first letter identifying himself.

The Unabomber was originally considered to be a lightly educated, working class person, Fitzgerald explained. The profiler began to expand the range of the bomb-

this discovery to his new boss, he er's education after considering to proper penmanship and gram-

What struck me about this with advanced degrees aren't as six years, blown himself up, or smart as they think they are," Fitzgerald considered these sentences a ploy to throw the FBI off

> Eventually, the Unabomber Times that if his manifesto were to be published in full, "we" would stop killing through bombings but reserve the right to bomb for sabotage purposes. The manifesto was eventually published in the Washington

A woman at an academic con-



PHOTO TAKEN from History.com

The Unabomber sent letters to each victim before an attack.

ference in Paris logged on to the newly established FBI.gov website. The FBI put the manifesto on its website, where the woman identified the writing style as her brother-in-law, a man who lives in a Montana cabin.

Her husband read the term "cool-headed logicians" in the manifesto, connecting it to a letter he received from his brother with the same hyphenated phrase. The husband acquired an attorney who contacted the FBI, and the Unabomber was identified as Ted Kaczynski, a man with a Ph.D. in mathematics who had gone off the grid for many

Fitzgerald needed to build a case against Kaczynski in order to justify a search warrant of his cabin. With his team, Fitzgerald compared regional spellings and topics discussed between the content of Kaczynski's letters to his family and the various writings left by the Unabomber.

The linguistic smoking gun which allowed the search warrant to be authorized was a similarity in the verbiage of "You can't have your cake and eat it too" that appeared throughout documents. A Montana judge signed off on the first ever usage of linguistic evidence in a search warrant.

The Unabomber's cabin was searched. Bomb-making equipment and the exact type writer considered to have written the various letters and documentation was discovered.

#### Experts Examine Governance of Marine Shipping

MARINE cont. from pg. 1

conventions as a result of nations voicing their opinions to expose the environmental challenges these ecosystems face, yet real change is lacking.

"The Paris Agreement was a missed opportunity to clarify fundamental aspects hindering the regulation of shipping emissions because of conflicting objectives, principles, and preferences for regulatory instruments," stated Romera.

"There are aspects of the 2015 Paris Agreement that highlight the lack of tools to deal with international shipping."

Nonetheless, mentioned how the forum is shifting post-Paris to strengthen and increase unilateral action so as to drastically reduce emissions and

embolden the vision for decarbonization.

Following Romera's presentation was Samira Idllalene, Ph.D., Professor of Law at Caddi Ayyad University (Morocco). Her lecture explored how the atmospheric Waqf principle in Muslim countries promotes nature's trust in the marine environ-

Idllalene continued from Romera's established legal perspective, stating that Marine environmental law is a technical aspect of law; however, the bottom line of any environmental issue is the ethics, what all statutes share and derive their pur-

pose." The atmospheric principle, Romera referred to as Waqf, has its connections to Sharia within the Muslim world, which is known as Islamic canonical law. Idllalene underscored that this principle has direct ties to environmental law and climate change.

Waqf is an ancestral institution that has fallen into disuse, largely purposed for building mosques and schools, unrelated to its ecological roots."

"It is essential to revitalize the Waqf principle so as to reintroduce the importance of environmental law and change in the Muslim world," said Idllalene.

As highlighted by Idllalene at the end of her presentation, the promise is in the smaller, grassroots environmental firms that are paving the way for a more uniform adoption of the Atmospheric Waqf.

The last panelist to lecture during this event was Joanna Siekiera, Ph.D., an international lawyer and postdoctoral fellow at the University of Bergen (Norway). Siekiera specializes in legal and political relations in the peace and stability, yet there South Pacific, concentrating on rising sea levels.

Siekiera revisited the notion of maritime sovereignty in regard to pacific islands, specifically considering legal dilemma of islands that are categorized as entities,

not sovereign states.
"We all know that this problem of seal levels rising is not a new phenomenon; rather, it is a problem that has continued to progress for some decades," stated Siekiera.

"With that considered, countries, for the first time last year, decided to issue a non-legally binding paper the developed world." that does not necessarily examine the legal threats to offshore entities (islands and coastal lands), but instead analyzes the implications of existing state practices."

aim of all states is to secure thought about.'

are states that will not concern themselves with sinking islands. Nevertheless, there are regional practices, as presented in South America, that if implemented by other entities, could help reduce this ever-evolving problem.

Abate emphasize this concluding point, stating that "sea level rise threatens developed countries, too, especially with respect to national security concerns. Perhaps this dimension needs to be emphasized for increased engagement on sea level rise adaptation in

Upon the lecturers finishing their presentations, Abate concluded, "these are all very interesting observations that have brought to light perspectives I, and According to Siekiera, the am sure many, have not yet



#### THE OUTLOOK

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Mailing Address: The Outlook

Monmouth University 400 Cedar Ave

Website: E-Mail: **Advertising Inquiries:** 

outlook.monmouth.edu outlook@monmouth.edu outlookads@monmouth.edu

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#### Are Students Being Overworked?

**EDITORIAL STAFF** 

With the changes students have experienced and professors' expectaduring the COVID-19 pandemic, it begs the question: are students being overworked?

a transition for professors and students alike, who

are both trying to find balance. Some students have suggested that professors expect too much, overloading them with assignments. professors have to provide since before we switched the beginning of last se-

tions are set too high?

"I think the students' ally, everyone I have enthetic when it comes to school work in this pandemic."

success, but is it also being more lenient beharmful if those expecta- cause of the circumstances this year, which is good and vital right now."

Many professors have tions are right where they are supposed to be," the tending deadlines even editor recalled. "Person-before the pandemic. Now, when the pandemic This pandemic has been countered, both students has fostered a grueling acand professors, have been ademic climate for some, understanding and empa- their leniency has been put to the test.

An editor recalled one professor who displayed Another editor shared, compassion during an on-"My expectations for my- line class. The editor said, Meanwhile, self have been pretty high "My dog passed away in classwork and homework to online classes. I have mester and I had to submit for students on top of ex- to remind myself to slow an assignment a day late,

"[Assignments] feel harder to manage because we were thrown into this virtual environment that many of us were not used to and/or don't like."

ams, papers, and so much down once in a while and and my professor was very

enough?
"I feel like professors are assigning the same amount in person," one *Outlook* comes changes to dead- and process is important. editor commented. "It just lines and grades. Stu- With many stressors surfeels harder to manage bethis virtual environment that many of us were not used to and/or don't like."

Zoom classes can be taxcomputer or on their own. Some professors set high when it comes to assign- less stressful." standards for their students, and many students set high standards for expectations can impair strict. I feel like they are overworked.

so draining.'

more. How do professors take breaks, especially understanding." Dealing when enough is since the digital world with death can be hard, and Zoom classes can be and students have faced more of it in the past year With changing the way than normal. Providing of work than if we were students learn, there also students the time to grieve

With many stressors surdents may argue that it facing over the past year, cause we were thrown into has become harder to professors have been a lot achieve good grades. more understanding. One "This can be true for editor said, "I definitely some students as there is feel like there is more lea lack of motivation," one niency with my classes, ing. Students went from editor said. "Students are especially when it comes sitting in the classroom isolated and lonely, and to exams. Since most of to learning either on the this can cause students my exams are open notes, to do the bare minimum it makes test-taking a lot

The past year has been Another editor added, challenging for many peo-"I do not think grades ple, and it can sure feel themselves. Not setting and deadlines are too like students are being

#### **HOW TO SUBMIT ARTICLES OR LETTERS:**

The Outlook provides the Monmouth University community with information concerning issues in and around the University while serving as a forum for expression of the ideas of its readers.

Contributions must be submitted (email outlook@monmouth.edu) by 12:00 p.m. Sundays to The Outlook office, 2nd floor, room 260, Plangere Center.

All copy must include the author's full name and contact information. *The Outlook* accepts articles and graphic material from students, faculty and administrators, and reserves the right to edit or reject any material which they determine is not suitable for publication or its readers. Copy and advertising appearing in *The Outlook* do not necessarily reflect the views of Monmouth University or *The Outlook*.

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#### Pandemic Relationships:

#### The Good, the Bad, and Everything Else

It has been nearly a year into the pandemic and we often reflect on how quarantine has affected our interpersonal relationships. Has it improved our platonic and romantic relationships, worsened them, or retained dynamic?

But, hey—Why not Option
D: All of the above?
The pandemic has been

masterclass of self-reflection and evolving one's methods of communication, whether being forced to stay distanced, or forced into consistent proximity. Both are new challenges we face, as most of us aren't given nearly the same freedoms we're prone to for residing in our introverted, nor extroverted natures.

We have to exist in discomforts; discomforts of isolation and putting in more effort to communicate with those afar, discomforts in the lack of accessibilities to normal social functionalities (bars, parties, concerts, events), and discomforts of being in company on a near-constant basis. With these facets in mind, it is truly not a wonder that most people would actually find that the pandemic has been more harmful towards relationship then helpful.

I understand. Is it a terrible thing to come to terms with being forced to see incompatibilities or regressions when put to the test now, rather than down the road or in an alternate crisis? Or to clean a slate to make room for those who do improve one's life? Perhaps not. The devolution of relationships that are forced into close proximity sheds light on many dynamics that perhaps were previ-ously missed or seen-yet-



Friendship during a pandemic has many endings.

relationships fare when a party faces unemployment, isolation, depression, etc. which no relationship was impervious to, beyond the pandemic, in the first place. Also, we see a test of compatibility in cohabitation. Those who have not made it through these eye-opening experiences may have been experiences may have been best to see these incompatibilities and come to terms that they were not in an ideal situation. This is regarding

friendships, families, and romantic partnerships.

On the flip side of the quarantine coin, when forced into distance, we grasp how far others will put effort into maintaining relationships. Those that have digressed may be an experiencing quite an awakening that a relationship may not be as close if effort is a sheer obligatory requirement that cannot quite be met.

Of course, many kinships will decline if communication and compatibility cannot assuage the strife, which brings me to why the pandemic has absolutely improved relationships, deflected, due to our usual as well. The challenges we escapism. We see how our have and continue to face

while in quarantine prove unshakable, closer bonds when parties are able to communicate, compromise, commit to efforts, and to respect boundaries. This has happened, as I see families strike up new activities together, couples announcing engagements and pregnancies, and friends sharing moments. COVID-19 may have rocked quite-a-many relationships, but it has reinforced innumerous others in a wonderful, substantial

But, then we do have those who have had their interpersonal relationship maintain, sonal relationship maintain, whether because they've already been through vulnerabilities, reinforced healthy methods of maintaining, previously...or because this is where the introverted homebodies truly shine. Regardless of whether there is an absolute, overarching answer to how relationships answer to how relationships are faring during a taxing time, what this should continue to teach us, as we continue to re-align our social dynamics, is that we are all navigating within these new parameters, so we must do what we can to love others,

# Eating Disorders

**GIANNA FERRARO** 

No matter where you look on social media platforms, you can find that eating disorders are being glorified whether it's on TikTok, Instagram or Facebook. Even though there have been strides made towards body positivity, eating disorders are not a thing of the past just yet. One of the main problems with eating disorders is that some people do not know they have them. Diet culture has become so toxic, that differentiating a diet and an eating disorder is a very thin line. Influencers have played a huge role in disordered eating through their content whether they realize it or not. It's crucial that people who are consuming this content, especially females, are educated about eating disorders.

Eating disorders affect women, men, and children of all ages. Typically, we consume media that makes us feel we have to look a certain way. It makes us feel as if we need to have the "ideal body" in order to be seen as attractive in today's society. However, there is no such thing as the "perfect" body. Every single body is different and unique in its own way, which is what makes us who we are. Society creating this idea that there is a "perfect" body is extremely toxic and the reason why there are various eating disorders.

Eating disorders are more than just the consumption of food. It is a mental health condition that is extremely exhausting and controlling. This can be through obsessing over ate healthy eating habits.

counting calories, not eating enough food, and/or extensively working out for multiple hours in one day. A lot of times what is happening is that the person has a fear of being overweight, so they try to control the food they are putting into their body in an excessive way. There are healthy ways to lose weight that are not disordered

With the media controlling the image of what is the "perfect" body, there are a lot of triggers for disordered eating on social media. "Thinspo" is a term that has been used for the past decade to promote a certain body type through eating disorders, which ultimately means "thin inspiration." When we go online, there are thousands of pictures of influencers promoting the "ideal" body. Whether it's through photos, "What I Eat in A Day" posts, or one size fits all clothing, influencers can unknowingly promote eating disorders. It's important to be aware of this and to spread healthy eating and body positivity.

No matter how much body positivity we try to spread, there will always be the toxic culture around dieting and eating disorders. Health looks different for every individual person and it is important for influencers to recognize this. As a community, we need to acknowledge the content we pay attention to and consume. What may seem like a harmless photo or video, might be promoting disordered eating. It is important to spread awareness about these disorders and cre-

#### February Is American Heart Month

SHANNON MCGORTY

This February is the 57th consecutive American Heart month, a month dedicated to bringing recognition to heart family with heart disease

Did you know that according to the American Heart ease. Little unknown fact, Association, heart disease what you eat, do and what is the number one killer of you're around can impact Americans? No—not many

You aren't given a set amount of time, and the time life threatening, and they you do have can't be traded don't always mean you have

gathered in 2018, someone dies every 36 seconds. If you do the math, that is 2,380 a day and 868,700 a year.

Having someone in your makes it more likely that you get some form of heart disyour probability of getting heart disease.

Not all heart diseases are later. Based on data that the to get a transplant. High

American Heart Association blood pressure is a form of me passionate for the cause, me way too soon. My freshheart disease. Taking care of but that wasn't the end of my man year hear at Monmouth, yourself helps to manage it interactions with heart disand lowers the risk of it getting worse.

I am three times more likely to get heart disease than someone my age. Knowing that and facing that can be scary, but I will never let that stop me.

I come from two families where heart disease is an issue. Both my parents have faced heart disease. One had an okay ending, and the other, not so much. I am not telling my story for pity or for attention, I am telling you because and it is often overlooked, but most importantly it is real.

When I was 18 months old, my dad died from congestive heart failure (CHF). Now, my and smoked, which made it harder for his heart to pump. of his adult life, and it only got worse with time.

Because of heart disease, my father not taking the best sider in everything she does. care of himself, and the fact my father. That alone made like to admit were taken from another statistic.

My mother also suffers life died from a broken heart.

I learned that a family friend that I have known my whole

"Those two men, my father and my friend Tommy, were two goodbyes said too soon due to heart disease."



IMAGE TAKEN from Edward-Elmhurst Health

Heart disease is the leading cause of death in Americans.

heart disease is terrifying from CHF, but unlike my father she also suffers CAD (coronary artery disease). She has high blood pressure and has stents in her heart to help it pump effectively. father was no saint. He drank My mother stopped smoking to take care of herself and is luckily still alive, but these He suffered with this for most diseases are ever present and are on a long list of other diseases she faces. Heart disease is something she has to con-

Throughout my life people that my father had a chance that I know and love have of getting heart disease ge- battled heart disease and

That might seem made up, but broken heart syndrome is a real thing. In broken heart syndrome, a part of your heart temporarily enlarges and doesn't pump well. Tommy had lost his wife just weeks before and the stress of losing the woman he loved caused his heart to break.

Those two men, my father and my friend Tommy, were two goodbyes said too soon due to heart disease.

Too many people are uneducated on heart disease. That is why I wrote this and that netically, I never got to know more people than I would is why I fight. I will not be

#### Students Discuss Graduate School Experiences

DENISSE QUINTANILLA STAFF WRITER

"What is the right path for me to take after college?'

That is the question many college seniors ask themselves. Some may choose to dive straight into the workforce, others prefer to take a break before applying to jobs, and others choose to pursue graduate school.

Graduate school is an option that always lingers in the back of students' minds as they juggle the many factors that can influence this decision.

Kelly Grant, a '20 alum, studied radio and television as an undergrad and holds a master's degree in corporate and public communication from Monmouth Univer-

"I finished up graduate school in May of 2020, and I decided to attend because I was able to financially support my degree by working as a graduate assistant," she said. "Plus, I was able to really tailor my classes and schedule to build a curriculum that matched my desired experience in social media, video production and professional communication."

Grant enjoyed every minute as a graduate student and found value in every class she took. "Grad school was an intimate experience for me," she said. "I got to know my professors and peers very well, and I got to choose areas of study that aligned with my professional goals. I would say no moment in my graduate experience was wasted. My classes, internship and graduate assistantships were all



IMAGE TAKEN from NPR.com

Some students describe graduate school as financial and mental investment, yet one that yields educational growth and helps them in their careers.

enriching."

Students like Grant who pursue a master's degree hope that it will serve them for a better future.

"[My master's degree] made all the difference...The experience from graduate school provided me with a portfolio of work....[and] also allowed for me to demand a higher entry level salary that has set me up for success early-on in my career." Grant landed a job at Commvault, a software company based in Tinton Falls, after one of

her classmates recognized her potential and introduced her to employees at the company.

Karla Avila, a student pursuing a master's degree in business administration, decided to pursue graduate school in order to grow in her career. "I also enjoy studying and while I am still young, I want to go as far with my education as I possibly can because it is something I value very dearly," she said. "I am really enjoying learning about things that I did not know before. I am expanding my knowledge and learning a lot from professors and classmates. Even though everything is virtual I feel like I am still learning a lot."

Meanwhile, Mariah Laster, a senior psychology student, is contemplating the idea of pursuing a Doctor of Psychology Degree (Psy.D) in Clinical Psychology.

Laster said, "Psychology is a true passion of mine and it holds the answer to so many of life's questions pertaining to understanding human behaviors and motives, which is what I enjoy most about in the field. The knowledge in psychology is endless, and I would love to devote my life to its teachings."

However, Laster faces many external factors influencing her decision. "Attending graduate school is a big commitment, especially when considering the length of time and the workload. The most intimidating aspect of grad school for me is the financial aspect of it. For my program I would have to take out over \$100,000 in loans."

Although the commitment and financial aspect of grad school seems daunting, Laster has applied to several graduate schools in hopes of attending next year in the fall.

"Grad school will allow me to become a Clinical Psychologist, where I can teach at a university and work within the field of forensic psychology," she said. "This career path is rewarding and will give me a life of personal fulfillment. My advice to anyone who is still deciding on grad school is to follow your passion and if you cannot achieve your dreams without grad school, then don't let anything stop you from going.'

Grant offered insight about the relationship between graduate school and money. "Graduate school is an investment," she said. 'Search for scholarship and assistantship opportunities so you can really thrive once you graduate and aren't weighed down by much debt. If money is a non-factor, then I would say absolutely go for it if you think the experience will be

#### English Department Hosts "Toni Morrison Day"

MORRISON cont. from pg. 1

faculty pedagogy panel featuring Dr. Heide Estes, Beth Swanson, and Dr. Abha Sood of the English Department, Dr. Walter Greason of Educational Counseling and Leadership, and Anne Deepak of the School of Social Work. The event followed with a keynote address from Dr. Keisha N. Blain, Associate Professor of African American History at the University of Pittsburgh.

"When we began planning Toni Morrison Day back in September, we knew there vear to accommodate the COVID-19 health crisis, and challenge," said Beth Swanson, Lecturer of English and Advisor of Sigma Tau Delta, ing my work at the Toni Morthe English Honor Society. rison Day Event was very re"Hosting the event remotely actually worked in our favor entire audience at the event be-cause it enabled us to expand our outreach beyond and asked thought-provoking campus. We were able to invite guests and include participants from a much larger in a much more high-profile event."

continued afterwards, featuring scholarly readings from the topic of colorism in Morsophomore music student Jeand cinematography; senior session.'

English education student sion of women in a maledominated society found in Morrison's novel *Sula*; senior English education student Gabriella Arabio on feminism within the entertainment industry; and English student Latisha Liang on the racial injustice and violence explored in Marilyn Nelson's poem "A Wreath for Emmett Till."

"Presenting my paper for Toni Morrison Day was such a profound experience," Clark said. "Given the powerful literary titan that Morrison is, it was such an honor to be able to discuss her work. She is was a strong likelihood that someone who I have always it would need to be all virtual looked up to both personally and in my writing life, because of her courage to write we decided to approach it as about emotionally taxing suban opportunity, rather than a jects that shift our conscious-

"The experience of presentwere extremely supportive questions about the works presented."

Swanson said, "I felt really community, which resulted inspired by the Student Symposium because so many of the participants were either The student symposium members of Sigma Tau Delta or former students of mine, and it was wonderful to see five students: MA English how empowered they were by student Anthony Clark on sharing their work and how their presentations led to rerison's novel The Bluest Eye; ally important cultural conversations with other students nae Louis-Jacques on race and faculty who attended the

The day concluded with Nikki Ortt on the oppres- a reading by multi-awardwinning author, Tracy K. Smith, who received the 2012 Pulitzer Prize for Poetry and served as 22nd Poet Laureate of the United States from 2017 to 2019. Smith recited poems about femininity, racial identity and culture, sexuality, and power.

"Planning and participating in Tracy K. Smith's readings was truly an honor," said Melissa Lauria, senior English student, President of Sigma Tau Delta, and Editorin-Chief of the Monmouth Review, the student-run literary magazine. "Smith's erary magazine. "Smith's poetry beautifully follows in Morrison's footsteps, but also celebrates its own nuance and uniqueness. I was absolutely thrilled with the turnout from both faculty and students

Swanson also said that she was thrilled with the turnout of each event. "I couldn't believe the surge in registration we received when our registration went live," she said. "I'm also very grateful to many of our campus partners—like the Honors School, the Intercultural Center, and PGIS—who helped us with promotional outreach. I remember watching the waiting rooms on each Zoom call and being amazed by how many people not only participated in the celebration, but also attended multiple events throughout the day.

Morrison received the Pulitzer Prize for Fiction and the Nobel Prize in Literature. Notable works include The Blu-



IMAGE TAKEN from @barnesandnoble Instagram

On Toni Morrison's birthday on Feb. 18, students and faculty came together virtually to honor the author's timeless novels and the conversations of race surrounding them.

est Eye (1970), Sula (1973), Song of Solomon (1977), Tar Baby (1981), and Beloved (1987). Feb. 18 would have been Morrison's 90th birth-

"I believe that students and faculty alike can connect with Toni Morrison's works and legacy, because every archetype of African American people are represented in her books," Clark said. "Thus, she is one of the many authors who have reminded us that African American people are not a monolith. Her works are just as timely in the present day as they were during their initial publications, because the topics that she wrote about are still happening today."

"I hope Toni Morrison Day eventually evolves into an annual whole-campus event, so it sounds like we are off to a promising start," Swanson said." Toni Morrison's legacy is so far-reaching...I think as a campus community—and as a human community—we share the responsibility to advocate for cultural change that will cut paths towards equality, equity, and the type of shared future Morrison envisioned. I believe this is what Toni Morrison Day really stands for-an opportunity to come together and recommit ourselves to being better, more self-aware, more culturally-responsive, empathetic, kinder."

# Losing Friends From The Pandemic: What's Next?

MATTHEW CUTILLO MANAGING/ NEWS/ LIFESTYLES EDITOR

The pandemic has brought a lot of change, but that goes without saying. Worldly change aside, we've all experienced very stern differences in our personal lives as well. COVID-19 has pushed us all inward, and the insulated experience of it all has pushed loved ones away too.

About a year ago when the pandemic was nationally declared, I remember speaking with one of my oldest childhood friends about it. He said to me, "I see this as a fresh start. A rebirth." I didn't know what he meant

housekeeping your personal The truth of the matter is that

to spend more time with ing honest with. ourselves, and perhaps even said and done.

Promising myself I wouldn't didn't take it personally, if you interact with every day, pushing forward.

people use the pandemic as a Since the pandemic pushed means to escape one another, hurt, though. We all fall into us all inwards, there's been a the "fresh start" involves usstronger sense of individual- ing COVID-19 as an excuse ity throughout everyone in- to leave anyone you didn't volved. We've all been forced feel comfortable enough be-

It's understandable for reevaluate who we'd like to people to use this alone time spend time with once it's all to evaluate themselves and what they want out of the I noticed that same friend world. We've all changed becoming more distant as during this past year, and the time went on. I had to text "new" version of ourselves them first more and more, that have been created someand plans that were cre-times don't have room for what you can. The people with them. Make an amazing ated were always cancelled. reminders of our old lives. I directly around you who future together and just keep

at the time, but I assumed text first, it's now been an en-it had something to do with tire year since we've spoken. anything I admire their per-they're your real friends. The ones who stuck with you dur-

routines, some lasting years in the form of friendships. When those ties are cut, it can sting. There's nothing friends you lost along the worse than no closure, but way... Well... We all have you can't control others actions. The self-evaluation you can commit during this time is the acceptance of letting go of what you can't control.

Let go of what you can't control and look towards what you wish to accomplish

ing this year. Don't let any-That doesn't mean it won't thing happen to them. They are real, and they love you. If you made it through a pandemic together, you'll make it through anything. The people for different times of our life. When one door closes, another opens. Don't spend too much time looking back or you'll hear the one in front of you slam.

Assess who you have and



IMAGE TAKEN from Pexels.com

There are different people for different times of your life. Don't get hung up on a past that doesn't affect your present.

# Adorable Adoptables



Male!

Three years old & loves to be petted!





Female!

Three years old & love's to play!

Please contact the Monmouth County SPCA for more information at 732-542-5962 or adoptions@monmouthcountyspca.org

# First Nintendo Direct in Over a Year Misses the Mark

ALEX DYER
ENTERTAINMENT EDITOR

It was Feb. 17, and I, like many Nintendo fans, was excited.

Wednesday, ostensibly to regame company's most highlyanticipated new content, following a lengthy hiatus from announcements since the beginning of the COVID-19 pandemic. Needless to say, many were expecting some big announcements.

So why was it so...underwhelming?

The first announcement made during the 50-minute Direct was a longish cinematic featuring characters from Xenoblade Chronicles 2. It meanders a bit, but one character, Pyra, exclaims playfully: "I got an invitation to join *Smash*!" Soon after, it's revealed that her counterpart, Mythra, will be joining at the same time. While I think it's neat that two DLC characters were announced simultaneously for Smash (which hasn't been done so far for Ultimate), and I'm sure that Xenoblade fans are thrilled, I think I speak for many when I say that I was hoping for a more iconic character to join the roster of one of my favorite fighting games.

new announcements: Japanese role-playing games (JRPGs)...a lot of them.

hany Nintendo fans, was ex-ited.

The first Nintendo Direct of Mana remaster, World's End in over a year came to us on *Člub*, and *Miitopia* are just some of the RPGs that had revelations veal new information about during Nintendo's presenta-some of the revered video tion. While RPGs are great for people who enjoy strategy, their somewhat repetitive play style

Next on the list of exciting and anime-based art direction is uninteresting to a lot of the present audience.

One of my personal highlights from the Direct was the trailer for the upcoming Mario Golf: Super Rush for the Switch. Mario sports games feel almost as if they're tailormade for hanging out with friends and having a blast. No matter your age, there is something about seeing a little

IMAGE TAKEN from Screenrant

In the first Nintendo Direct since Sept. 2019, the company announced upcoming games and expansions to existing games, like the addition of Pyra (left) and Mythra (right) from Xenoblade Chronicles 2 to Super Smash Brothers Ultimate as DLC fighters.

plumber or massive ape drive a ball 150 yards downrange that contributes hugely to a friendly competitive atmosphere.

There were other games announced that I am genuinely interested in. Neon White, a card-based RPG featuring Heaven as the setting, has you play as a demon exterminator, presumably to protect paradise from corruption. Another game that piqued my interest was a collection of three Ninja Gaiden remasters slated for release in the coming year— Ninja Gaiden Sigma, Ninja Gaiden Sigma 2, and Ninja Gaiden 3: Razor's Edge which seems like it will be a good chance to revitalize the once venerated-for-its-difficulty series, which isn't talked about much today.

Next...DC Super Hero Girls: Teen Power. When this game was announced instead of something like a rumored Bayonetta 3 or Pikmin 4, I had to check if I was in a really detailed fever dream; while I love and wholeheartedly support the idea of games for kids, this was as far as humanly possible from the Direct that I was expecting. The endowment of DC Super Hero Girls upon the masses truly cemented the idea that this was not a stellar Nintendo Direct. But I was internally begging to be proved wrong.

Then came the end of the Direct. One last announcement. The screen faded in to reveal Eiji Aonuma, the well-known producer of the Legend of Zelda series.

This is it, I thought. This is where Nintendo finally reveals how hard they've been working on the sequel to their 2017 masterpiece The Legend of Zelda: Breath of the Wild—which they have previously said nothing about besides confirming its existence—and slap a release date on it.

"We apologize. Development is proceeding smoothly, and we should be able to bring you some new information this year. For now, we'll have to ask you to wait just a bit longer," he said, regarding Breath of the Wild 2.

Ouch. Instead, Nintendo pump faked us, revealing an upcoming HD remaster for the 2011 Zelda installment Skyward Sword.

I like Skyward Sword; a lot! But with the absolute famine I had for Breath of the Wild 2 news, along with the only news being "there is no news," really disappointed me. I love Nintendo, and yes, I am certainly going to partake in some of the content announced. However, being that the most exciting announcement from such a widely talked-about and anticipated presentation is Mario Golf, maybe that's a sign Nintendo could've given a little bit more than this overall lackluster Direct.

# Daft Punk: Legacy 1993-2021

JASMINE RAMOS

On Feb. 23, French EDM duo Daft Punk announced their split on all social media platforms after seven years of no new releases. They revealed an eight-minute long video titled "Epilogue," which included a clip of their 2006 sci-fi film Electroma.

In the video, both characters are seen walking together in a desert alone. With no dialogue, the two come face-to-face the one with the silver helmet takes off his Daft Punk jacket, revealing a button. Once pressed, he walks away and self-destructs into pieces. The screen fades to black as the song "Touch" begins to play. The lyrics, "If love is the answer, you're home" are heard as both silver and gold hands touch, with 1993 to 2021 shown on the bottom of the screen.

With the video up to interpretation, thousands of fans flooded to the internet to speculate if they were officially done with music altogether or if they were going their separate ways entirely. According to The New York Times, their publicist Kathryn Frazier confirmed their breakup and that there were no further comments at the moment.

Other commenters

content with how they calling it a "classy way to announce their departure," as Reddit user AHSWeeknd posted. However, for many, it came as a surprise, as they hadn't done much in seven years. Reddit user Stelladesanta and my day is ruined."

Thomas Bangalter, usually Christo, in his matching gold hadn't heard or seen before.

Their 1997 debut album,

Homework, gave the world classic songs such as "Around the World" and "Da Funk." Twenty years into their career, In October 2011, NME placed Daft Punk blew up once more on their list of "150 Best Tracks now their last album, Random of the Past 15 Years."

With their follow up album, success with "One More Time" and "Harder, Better, Faster, Stronger." According to Cartoon Punk aired their animated music of America. videos for both of those songs and "Digital Love" on their channel in 2001.

announced their farewell, Dillon Francis remembers watching those music videos and how it influenced his career to this day. He posted on Twitter, "I found their music on Cartoon Network when I was 12 becuz [sic] they played the Harder Better Faster Stronger music vid. stated, "I thought this was a new Fell in Love w [sic] them saw album trailer when I pressed them live at their first Coachella play? Now my heart is broken, performance. Thank you for all their music and inspiration."

Not only did they inspire other as "On Site," "Black Skinhead," wearing his iconic silver helmet, artists to sample their music, and "I am a God." Daft Punk inspiring generations with your and Guy-Manuel de Homem- such as Kanye West, Janet also collaborated with The creativity. Farewell robots." The Christo, in his matching gold Jackson and Jazmine Sullivan, Weeknd on his hit songs "Star official Xbox account also said, helmet, were to be considered but they also transcended huge pioneers to the Electronic into pop culture media. Their and Dance community. With signature helmets were featured their robotic look and sound, in an episode of the reboot of they brought something different The Powerpuff Girls in 2016, and and fresh to the table that many they were parodied in Family Guy in 2018. They even went on to write and produce films as side projects and worked on the soundtrack to Tron: Legacy.

"Around the World" number 21 with their newest, and what is Access Memories. Their lead "Get Lucky" feat. single, Discovery, they hit mainstream Pharell Williams, went top ten in 32 countries and went multi-platinum in more than 10 countries, according to the Network's Twitter account, Daft Recording Industry Association

> In a very rare interview with The New York Times, Bangalter

EDM artist and producer wanted to make "every song from scratch, creating a sonic world from the ground up."

He continued, "In some ways it's like we're running on a highway going the opposite direction to everybody else... Computers were never designed in the first place to become musical instruments."

That same year, they coproduced tracks with Kanye West on his album Yeezus, such Boy" and "I Feel It Coming."

The Weeknd quickly went to Instagram to praise the duo after their announcement. He posted a series of pictures to honor the time spent with the producers. He also included an interview where he spoke about how Daft Punk inspired him early on in his career. When The Weeknd's first couple of songs were released, no one knew what he looked like.

"It was because of Daft Punk and other artists that like to be...mysterious," he said. "So being able to work with them, it felt like a bucket list. So, I really wanted to fight for that. And we got into the studio." He continued to mention that they created both of their songs in two to three days.

Several others took to social said that with this album they media to pay their respects to

Daft Punk and their influence on pop culture. DJ Porter Robinson tweeted, "I know this is kind of specific, but when I was about seven years old, I heard "Around the World" and it was the first song I ever heard on repeat. I did this by burning a CD with the same song on it 12 times. Bye Daft Punk, love you".

The official Lego Twitter account posted a picture of the signature helmet heads in Lego form and stated, "Thank you for "Not all heroes wear helmets but some of our favorites do. Thanks, Daft Punk."

According to Billboard, Daft Punk racked up six Grammy awards since their first nomination in 1998. Their last performance was with The Weeknd at the 2017 Grammy awards, where they performed "I Feel It Coming."



# icarly Gets an ireboot

MELISSA BADAMO EDITOR-IN-CHIEF/ FEATURES EDITOR

In 5, 4, 3, 2...

Nickelodeon's hit show *iCarly* is officially hitting the airwaves again for a reboot. While specific plot details have not yet been released, we do know that the revival, designed for adult audiences, will follow the iCarly gang grappling with their adult

are capped at four seasons.

lives ten years after the show's finale. According to OKMagazine, the show will begin filming soon and is expected to launch in late 2021 or early 2022 on the streaming service Paramount +, a rebrand of CBS All Access.

As one of Nickelodeon's highest-rated series, the original show ran an impressive six seasons from 2007 to 2012, while typical hit shows on the network such as Drake and Josh, Zoey 101, and Victorious

The first three seasons of *iCarly* are also available on Netflix as of February, a likely attempt to publicize the reboot. As of now, Miranda Cosgrove, Nathan Kress, and Jerry Trainor are confirmed to reprise their roles of Carly Shay, tech producer Freddie Benson, and Carly's older brother Spencer respectively. Shay, Those not confirmed to rejoin the show include Jennette McCurdy, who played Carly's best friend Sam Puckett, and Noah Munck, who played the lovable oddball Gibby and was supposed to get his own spinoff after iCarly

McCurdy, however, most likely will not be returning. In the past, she has opened up about her unpleasant experience on the network

that includes suffering from episodes.

ended.

an eating disorder while filming *iČarly*, dealing with emotional abuse from her mother who passed away in 2013, and turning to alcohol after feeling unfulfilled with her acting resume. McCurdy has stepped away from acting for the most part, citing the "psychological trauma" of being a child star, according to NewsWeek.
"My great 'contribution'

to society was walking onto an overlit Nickelodeon set shouting lines about fried chicken (my character liked fried chicken) and that's what kids were looking up to?" McCurdy said of her experience on *iCarly*. "There was something about the shallowness of my success that made me resent it."

Dan Schneider, producer of iCarly and other hit shows on the network such as Drake and Josh, Zoey 101, and Victorious, will not be involved with the reboot either. Nickelodeon cut ties with Schneider in 2018 after 24 years, most likely after the controversy regarding his alleged creepy behavior towards young female stars.

While Sam is unfortunately most likely out of the picture, it is possible that other recurring characters might make a guest appearance, such T-Bo, manager of the Groovy Smoothie known for putting various foods on a stick; Mrs. Benson, Freddie's overbearing mother; Nevel Papperman, nemesis of the *iCarly* crew; and Socko, Spencer's friend and maker of creative socks who was only mentioned in various



Miranda Cosgrove (right) posted an Instagram picture with fellow iCarly stars, Nathan Kress (left) and Jerry Trainor (center), on Jan. 27

The original show ended with Carly on a flight to Italy to live with her father, who is in the Air Force, and leaving her web show on hiatus. Meanwhile, in the crossover spinoff Sam and Cat, we see that Sam moved to Los Angeles and started a babysitting business with *Victorious*' Cat Valentine. I predict that within the ten years of the show's finale, Carly has returned to Seattle to live with Spencer again, and Sam will still be living in LA—thus a feasible excuse for McCurdy's likely absence from the show.

The internet is quite a

different place since Carly and Sam began their web show in 2007, in the days of MySpace and early YouTube. It will be interesting to see how Carly and the gang tackle the internet in the 2020s, a time where content creators have flocked to wildly popular social media apps like TikTok.

Overall, this revival is the perfect, yet unexpected, throwback for anyone who grew up watching this iconic show. While it won't be the same without Sam and her butter sock, I'm excited to see Carly and (most of) the gang back together.

#### HAIR NIGHTMARE: Gorilla Glue Woman Goes Viral

**CAITLIN CALLAHAN** 

wash it out with no luck, thus dure. beginning her hair journey.

month before finally going to spray adhesives states in the TikTok to share her story. In the warning label, "...do not swalviral video, she is clearly distressed discussing her hair and her situation. She says, "Y'all look, my hair, it doesn't move. anything about hair. You hear what I'm tellin' you? It doesn't move. I've washed national attention from many my hair 15 times and it doesn't celebrities offering support and move."

as it could permanently damage a joke.

her scalp.

Brown tried many different solutions before finally going Tessica Brown, a 40-year-old to the ER. She tried tea tree oil. teacher from Louisiana, was in coconut oil, acetone, and saline a rush one day when she real- water, among other at-home ized she was out of her Got2b remedies. Even her first trip Glued Blasting Freeze Spray, a to the hospital proved unsucstaple of her morning routine. cessful. As they attempted to In the bathroom, she saw an- take off the adhesive, it began other bottle that looked similar to burn her scalp and wasn't and did not say anything about working. Luckily for Brown, using it on hair. So she used the a doctor saw her story online adhesive and moved on with and reached out. Dr. Michael her day. Soon, she realized she Obeng, director of MiKO Plashad actually used Gorilla Glue tic Surgery, paid for her flight in her hair. When she realized to his office in Los Angeles, CA her mistake, she attempted to and paid for her \$12,500 proce-

Gorilla Glue has responded Brown lived like this for a to the incident, stating, "Our low. Do not get in eyes, skin or clothing..." It was noted by some that the label didn't say

The incident has garnered opinions such as Chance the The TikTok blew up with Rapper, Sunny Hostin, Cardi viewers concerned, confused, B, and Wendy Williams. Most and some amused. Though it stated their empathy for the was funny at first, people soon woman. In the original video, realized that this adhesive she is clearly distressed and is needed to come out of her hair, not thinking of the situation as

This situation garnered the first visit. public's attention due to how Glue," which is a known ad-It has also opened the door for some to judge the woman for her mistake. Many on Twitter called her out for using this as a way to make money, because of the GoFundMe set up for her to pay her medical bill.

Even with some haters, most rallied to defend Brown, noting that many people have profited or even made careers off of one viral moment, like Bhad Bhabie and Mason Ramsey.

After the surgery, Brown's manager reportedly told TMZ that she will be donating \$20,000 of the more than \$23,000 she made on GoFund-Me to The Restore Foundation, Dr. Obeng's foundation that provides specialized plastic and reconstructive surgery to people around the world. She also plans on donating the rest to a family in her hometown pay off hospital bills from her Glue as a replacement for her usual hairspray.

outlandish it was. It was a won- of the comments by telling der to most how she thought it TMZ, "I'm just over the talk was okay to put the adhesive in shows and the hate groups be- gram as a result of her viral her hair since it said "Gorilla cause they don't know me. And accident. However, this makes there are some people out there sense, because she has garhesive brand. However, many saying, 'oh well she did this for nered a following due to her have noted the bottles are very clout...' I did this to get help...I humorous personality and onsimilar and if you're in a rush, never thought it was going to line videos. Lucky for Brown, you will use whatever you see. get this far." Brown also told her hair journey has a happy TMZ she is still experiencing ending.

headaches and tingling from Brown has responded to some the situation. Brown has also hired a new talent manager and is now verified on Insta-



IMAGE TAKEN from independent.co.uk and will keep \$1,000 to help **Tessica Brown gained** internet notoriety after using Gorilla

# New Jersey's Legal Marijuana Debate

MATTHEW FILOSA STAFF WRITER

On Nov. 3, 2020, 67 percent of New Jersey voters had voted in favor of the legalization of marijuana, according to the *New Jersey Law Journal*. On Feb. 22, Governor Phil Murphy signed the bills into law, making cannabis legal in the State of New Jersey.

The road to legalization has been a legislative battle at the state house in Trenton.

The referendum in November enabled lawmakers to establish rules for its legalization. With the vote in November, it was an amendment to the New Jersey State Constitution which allows for a pathway to legalization which lawmakers and the Governor alike are debating.

Governor Murphy ran much of his 2017 gubernatorial campaign on legalizing marijuana in the Garden State to address social inequities and generate tax revenue to further fund programs that the state carries out. In Trenton, with a supermajority of political power concentrated in the hands of the Democratic Party, a clear consensus still has not been reached.

The state assembly is in intense debates on how to properly legalize marijuana. The legislation hopes to establish a Cannabis Regulatory Commission, similar to how alcohol and gambling are regulated in the state. At the helm of legal marijuana in the State Assembly is Nick Scutari (D-Union) and Senate President Steve

Sweeny (D-Gloucester). Scutari argues that legal marijuana can help fix decades of injustices on communities of color while a regulated market can help bolster the state economy.

The legalization hit a roadblock in January when Governor Murphy and state legislators had disagreements about underage penalties. Murphy is concerned about under 21 marijuana use and sought penalties for those under the age. Legislators such as Senators Teresa Ruiz (D-Essex), Ron Rice (D-Essex), Nia Gill (D-Essex) and Scutari all pulled support from the bill, which would include penalties. Their fears were that penalties could create a stop and frisk situation or over-policing in vulnerable communities.

Douglas Collier, Professor or

Criminal Justice and a retired DEA Agent, weighed in on the issue. He said, "Trenton needs to do the right thing for our youth, which is paramount for their health and safety." Collier said that the law needs to ensure that minors are protected from getting their hands on the drug for their own safety, but also stressed the importance of education.

Conversations on the subject halted for a while, but have since resumed the week of Feb. 15. The new talks do concede the underage penalties to Governor Murphy, which is a \$50 fine for people aged 18-20 and a warning for those under. But, as per *The Patch*, "The new legislation, however, would effectively end searches of underage people who are under suspicion

of using or possessing the drug. Smelling the drug's odor would also not be a valid reason to investigate."

The talks are moving forward, so New Jersey residents could potentially see the official legalization relatively soon. This all still comes as law enforcement continues to make marijuana-related arrests.

According to NJ.com, 6,000 charges have been filed since the November referendum, but Attorney General Gurbir Grewal put a directive out to local prosecutors to halt or push back low level offenses. Still, the law of the state is that possession of marijuana is still illegal for recreational purposes and the current statutes are being enforced.

John Comiskey, Ed.D., Assistant Professor of Criminal Jus-

tice and retired New York City Police Lieutenant, cited that the law still has not changed. He raised the question, "I do not know to what extent, are they enforcing it per say or is someone being arrested for another charge and it comes up as an incidental charge?"

Often in cases, one is investigated or searched for a differing reason, then law enforcement discovers other applicable charges in the process.

Political science student, Anthony Calamari, stated his views on the legalization efforts. He said, "I believe it's good with respect to decreasing arrests and getting less stigma. I also think it's appropriate to make the legal smoking age the same as the legal drinking age as well."

Overall, the cultural attitudes towards marijuana are changing across the country. If and when New Jersey does legalize it they will join a handful of states in leading the charge.

Nicholas Sewitch, J.D., Chair of the Criminal Justice Department, discussed the implications of legalized marijuana. He said, "There needs to be a few myths cleared up. Laws that criminalize marijuana is a myth in New Jersey. Let's debate marijuana as something different than lowering prison populations."

Sewitch continued, "In states with legalization, fatalities have seen an increase. Alcohol is easy to detect, but marijuana is tested via blood." Trenton has been in deep talks for months with plenty of debate.



IMAGE TAKEN from International Highlife

**About 67 percent voted** in favor of legalizing marijuana, in the state of New Jersey.

#### The Passing of Rush Limbaugh

GEORGEANNE NIGRO SENIOR / POLITICS EDITOR

Rush Hudson Limbaugh III passed away, at age 70, on Feb. 17th. He was a conservative political commentator, an American radio personality, author, and was most known as the host of *The Rush Limbaugh Show* 

In February 2020, Limbaugh announced that he was diagnosed with advanced lung cancer. He continued hosting, while undergoing cancer treatment. Limbaugh has told his listeners he was hopeful to beat cancer, and that they should be hopeful too.

Robert E. Scott, Professor of the Department of Communication, said Limbaugh was an influential media personality with a large audience.

Scott said, "He could generate significant support for mainstream Republicans and help elevate lesser-known candidates to a national stage. However, his boisterous style and brash language was caustic to many and, as a result, he became a divisive figure in media and politics."

Scott also said that regardless of using language that many considered racist, sexist and offensive, Limbaugh became an "influencer" before the trend gained traction with the mass adoption of social media

"As such, numerous conservative politicians relied on his support. Not everyone agreed with his style, humor or overall tone, but recognized his impact on an enormous audience," he said.

Over on social media, some people expressed their condolences online, and others took the time to bash him. This was causing controversy online.

Donna Dolphin, Associate Professor of Communication, said that there was controversy online regarding Rush Limbaugh because he was contentious

"He lived his professional life stirring the pot. He was a bigot and marketed himself that way," said Dolphin.

Dolphin said Limbaugh was a pioneer in radio, and he established and popularized the talk show on radio, which was enormously successful as

She said in 1987, the FCC revoked the Fairness Doctrine, a rule that required broadcasters to present content from both sides of controversial issues.

"Limbaugh grasped that he listeners trusted his message.

could now be as radical as he wanted," said Dolphin. "He developed his ultra-right-wing persona and used his platform to promote conspiracy theories and a variety of bigoted perspectives. He was racist, misogynist, anti-Semitic, Islamo-

Dolphin said that Limbaugh became a powerful spokesperson for the Republican Party and he is credited with contributing greatly to Republican success in 1994. She also said his huge audience of devoted listeners trusted his message

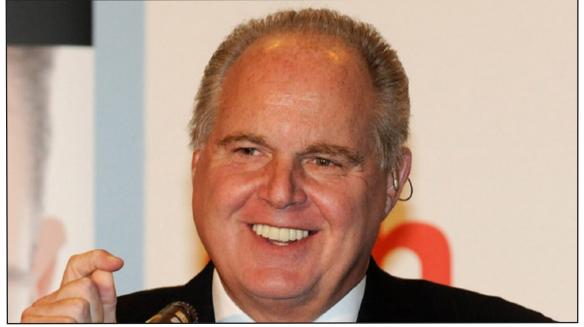


IMAGE TAKEN from Legacy.com

**Rush Limbaugh was diagnosed** with advanced lunch cancer in February 2020, and started undergoing treatment soon after.

Sean Gerhard, Communication TV and Radio Production student, said that Rush Limbaugh was a legend in the industry and that many people over a long period of time listened to his shows.

"He not only paved the way for himself, but for others as well in all media fields," said Gerhard.

He said that people say that radio is a dying industry, however that is where the roots of everything that is popular today started. Podcasts were able to grow into what they are today because of the start of radio

Gerhard is actively involved in *Hawk TV* and *WMCX* radio station at Monmouth University. He discussed how radio, podcasts, and commentaries are a vital aspect in expressing creatively. Gerhard said that podcasts have become so popular as of recently, and they are accessible.

"You don't need a full studio to do a podcast, and we are seeing that happen with every day people starting podcasts from their home," said Gerhard. "If you have good content, people are going to want to hear it. No matter how you choose to express your creativity in the media field we are in, radio, TV, podcasts, ect. You have to recognize that legends like Limbaugh walked so we can run today."

# Meet the Founder: True Crime Interest Group

LILY HOFFMANN CLUB AND GREEK EDITOR

Allianna Makowski is an true or is rumored." English student with a passion for True Crime. A re-County College, she has re-

Like many students, Ma-Ramsey. kowski's interest in True She sa culture. True Crime televi- case, and the fact how it is sion programs, podcasts and still unsolved after 25 years kowski is a huge proponent books have become popular entertainment forms for Americans, especially throughout the pandemic.

Her time spent listening to these often-horrific stories inspired her to spread awareness on topics such as human sex trafficking. She hopes that with the formation of this interest group, keeping conversations alive about cases can help in the advancement of solving these chilling mysteries. For Makowski, she loves to listen to true crime podcasts, and watch YouTube experts such as Kendall Rae and Buzzfeed Unsolved Talk.

She said, "I think that everyone genuinely has an interest in true crime and unsolved mysteries especially now during a global pan-demic...just talking about someone's case and keeping it [alive] can help find potentim or giving them the jus- sex trafficking, and unsolved mysteries.

knowing which evidence is

During these meetings, she aims to discuss true crime cent transfer from Middlesex cases both old and new. She's been covering topics like secently created a True Crime rial killers, cults, asylums and unsolved mysteries. Her Monmouth University stupersonal favorite case? The

tice that they deserve. The is mind-blowing. In cases of. She even wants to hold challenges, however, are just like these, they do keep me trivia nights for members as up at night wondering what happened and if we will ever know the truth and it's fun to discuss theories."

Most recently, the interest group had a guest speaker, James Fitzpatrick, an FBI profiler who worked as enforcement on popular cases disappearance of JonBenet such as Unabomber, An-Ramsey. thrax and DC Sniper. Havkowski's interest in True She said, "There are so ing speakers is an interactive Crime was piqued by pop many things wrong with the way to keep members engaged, something that Ma-

a way to relieve the stresses of online learning.

She said that she ultimately plans on using the group's Instagram page (@ mutruecrimeclub) as a way to determine what case they will cover each week.

Despite the challenges of meeting virtually, Makowski has been using the group's Instagram page to attract new members, and she has already been met with great success. She said,

"In our virtual world, it is a little difficult to get the word out there about a new potential club. However, I feel that the more I post, create Instagram stories, do polls, and tag school accounts, I do feel like I'll have a lot more who are interested in joining."

In the one week that the page has been live, she has managed to yield over 80 followers. Interested students can direct message the account with their name, grade, and student ID number to join. The Criminal Justice Department and the Guardians Club have also assisted in the group's recruiting pro-

Makowski has been a oneman show in the creation of the group. Once the group achieves club status, she hopes that a faculty advisor and executive board will work collaboratively to help with fundraising and organization of more guest speak-

Until then, Makowski plans on partnering with Thorn, an organization that raises awareness for human sex trafficking and children who are exploited online. She hopes that the group can raise funds for Thorn by designing merchandise repre-

senting the group.

She said, "My goal is to recognize those who are still missing and give recognition to the victims who are still missing and become an advocate for missing children."



PHOTO COURTESY of Anthony DePrimo

tial leads in finding the vic- The True Crime Interest Group seeks to bring awareness to real life topics such as serial killers, cults, asylums,



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# MU Health Services COVID-19 Testing

# Need a COVID test?

Go to the Ocean First Bank Center Lobby!

- \*\* Walk up, no appointment!
- Check-in first at the Box Office
- Testing is a self-swab nasal PCR test
- Prior to testing, set up account on: https://workflow.jcmworks.com

# Hours: Mon to Fri 10am to 4pm

Cost for pooled testing covered by the university.

Cost for individual testing (symptomatic or direct contact) billed to the person's insurance.

- Results available in 24-48 hours from time specimens are recieved in lab.
- View results on JCMWorks account!

#### Cross Country Opens Up 2021 Season

MARK D'AQUILA

Cross country opened up their 2021 season after a long, 350-day hiatus due to COVID-19 with the Jasper Winter XC Invitational this past weekend. It was the first time any Monmouth runner had raced this course in Montgomery, New York.

Montgomery, New York.

Typically, the cross-country season takes place in the fall as this will be the first ever winter cross country season in Monmouth history.

Heading into the season, MU was tied for third place in the men's Preseason Coaches' Poll with Manhattan. Both schools received 93 points while the Monmouth women tied for fourth with Quinnipiac with 84 points each.

"That was fun! Our first competition in over 11 months; it did not disappoint," said head coach Mike Nelson. "Both groups competed with grit today. The course was basically all slush and mud. Both teams executed their race plans and moved up through the competition."

Five Metro Atlantic Athletic Conference (MAAC) teams competed in the event including Monmouth, Manhattan, Quinnipiac, Rider, and Siena.

The men exceeded expectations in a big way in their debut placing first in the event with 32 points while the

"Both groups competed with grit today. The course was basically mud and slush"

MIKE NELSON Head Coach



PHOTO COURTESY of Monmouth Athletics

**Freshman Allie Pierontoni finished** her first collegiate race with a time of 18:22.9 and earned her first win of her young career as a Hawk.

women placed second with 45 points in the event. Junior Louis DiLaurenzio from Hazlet, NJ led the charge for the blue and white coming in second out of 60 total runners with a time of 25:59.5.

Additionally, junior James Hoffman from Ocean Township, New Jersey was not far behind DiLaurenzio with a time of 26:15.6 in third place while sophomore Cameron Janovic of Oceanport placed fourth running at a time of 26:17.5.

On the women's side, they had the overall first place finisher with freshman Allie Pierontoni from Woolwich, NJ who got her first collegiate win with a time of 18:22.9. She came in first out of 56 total runners while freshman Katie Locker from Elizabethtown, PA came in fifth place

30.1 seconds afterwards. Locker ran in a time of 18:53.0 while McKenzie Delahanty placed ninth for the women with a 19:01.2 time.

"Having the individual winner on the women's side was awesome as well as the men's team champs," said Nelson. "Overall, it was a great opportunity and we're excited about the MAAC meet in two weeks."

The next event for the Hawks Cross Country team will be on Mar. 5, which is the MAAC Cross Country Championships in Galloway, New Jersey.



PHOTO COURTESY of Monmouth Athletic

Junior Louis DiLaurenzio finished his first race of the season with a time of 25:59.5 which was good enough to secure him second place out of 60 total runers.

#### Women's Bowling Competes in Conference

ERIN MULLIGAN STAFF WRITER

Monmouth bowling team competed in their first conference competition of their 2021 season at the MEAC Meet in North Carolina this weekend and finished with a .500 record.

In the three-day tournament, the Hawks went 5-5 and racked up two wins over top-25 teams. The team finished third with 4,624 pins

over five traditional games.

The overall competition included five MEAC teams, North Carolina A&T, Delaware State, UAB, Coppin State, and Monmouth. The Hawks beat North Carolina best 193.60 average. A&T, who is ranked 13th and Delaware State who is nior, Skylar Smith who addranked 15th in baker format. The Hawks also split the two matches with Sunday's bracket play with a win all. Saige Yamada also against UAB.

weekend in particular, was season best score of 232 giv-Senior, Camelia Coffman ing her five 200+ games this high as a team in Baker Forwho earned the Hawks 11th year. place finish which consisted of a pair of 200+ games. She a 200+ game, being her first had 968 pins for a season-

Another standout was Jufinishing in 13th place over-

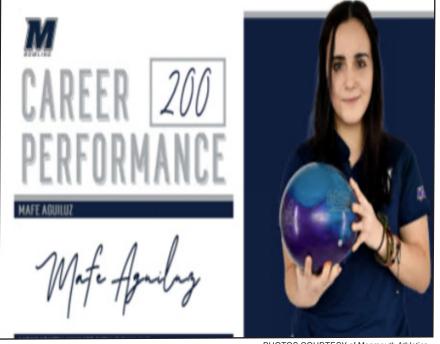
One standout from the team-weekend and personal 189 being her season best.

Amanda Zappacosta tossed of the year. Another first for the year was for Mafe Aquiliz who made her collegiate debut for Monmouth and ed one 200+ game, providing rolled her first 200+ game 23 in her career and ended up averaging 191 in two traditional games. Dani Seaman mouth's next competition also experienced a personal will be a three-day Northeast Rolled 200+ games with a best with her high game of Roundup in Lodi, NJ on Mar.

Monmouth set a seasonmat in their 976-864 win against Coppin State with it being their largest margin of victory on the year with 112 pins. The Hawks' 982 pins in the traditional match against North Carolina A&T was their season-high.

Looking ahead,





PHOTOS COURTESY of Monmouth Athletics

Women's bowling peformed strongly in their first conference competition of 2021 finishing with a .500 record racking up two wins overtop -25 teamson the weekend.

#### Men's Basketball Falls to Pitino's Iona

JACK MURPHY ASSISTANT SPORTS EDITOR

Men's basketball dropped both their games this weekscore of 91-86, and the sec-

ond 88-65.

In their first matchup, Monmouth gave up 54 points and was down by a total of 20 points by the end of the first half. Things seemed bleak for the Hawks heading into the locker room, but they would begin to stage a comeback in the second half of play.

Monmouth opened up the final 20 minutes of action with an 11-2 run that trimmed the lead to only 11 but Iona would soon get the lead back up to 18 in just a few minutes.

Senior guard Deion Hammond would drain three triples in just over two minutes to trim down the lead to only eight points with just two minutes left in regulation. The Hawks were able to cut the lead down to three and had a chance to tie as they had the ball. They were unable to convert and fell to Iona after a valiant effort being down by 20.

'Give a lot of credit to Iona, they came out very physical," said Assistant Coach Rick Callahan. "I thought we responded much better in the second half. We and we didn't and tomor- Hawks lost both games of the weekend.

again.'

losing their first one by a ing his third double-dou- in his career as a Hawk. He while their conference rival

row's another day so we'll ble in the blue and white's move forward and tee it up last four games. Freshman guard Myles Ruth had a ca-

also tied his career best in rebounds with five on the

Senior forward Melik reer high in points with 13. The Hawks were simply Martin posted 16 points This was the first time Ruth outshot in Friday's contest end at home against Iona, and 11 total rebounds post- posted double digit points as they shot 38.8 percent

posted a shooting percentage of 55.4.

Saturday's contest for the Hawks did not fair too much better as they lost by 23 with the final score being 88-65. "I want to give Iona all

the credit, they obviously put together back-to-back games and it doesn't surprise me because they have a Hall of Fame coach [Rick Pitino]," said head coach King Rice, "We have some more work to do."

The Hawks were dominated on the boards as they hauled in 29 rebounds compared to Iona's 49. The Hawks were able to force turnovers, causing the Gaels to give the ball away 1/ times in Saturday's contest. However, they only shot 34 percent from the field as a team and less than 28 percent from beyond the arc.

Hammond was Hawks' leading scorer with 16 points, while Martin and freshman forward Myles Foster finished the contest with 11 points apiece. This is just the second time this season Monmouth lost both games of the weekend series, with the first coming against Siena in early January. The Hawks now fall to 10-7 on the season.

Next week there are no games in line but up next for Monmouth is a string of road games against Rider. They will take place on Thursday Mar. 4 and Friday Mar. 5



PHOTOS COURTESY of Monmouth Athletics

had a chance to get even, Men's basketball was dominated twice this weekend to lona, only the second time this season that the



Men's and women's cross country performed strongly in their first competition after a 350-day hiatus, with the men placing first and the women placing second overall.