

April 20, 2022

Monmouth University

West Long Branch

VOL. 94 No. 22

Former Provost Announces Retirement

ABIGAIL BROOKS EDITOR-IN-CHIEF/NEWS EDITOR

After 44 years at Monmouth University, 22 of which were spent as Provost and Vice President for Academic Affairs, Thomas Pearson, Ph.D., announced his retirement as a full-time faculty member in the Department of History and Anthropology.

Pearson, who first joined the department in 1978, served as Provost and Vice President for Academic Affairs under four different presidents from 1992 to 2014 after serving as the Chair of the History Department and Chair of the Faculty

Council from 1981 to 1987 and again from 1989 to 1992. Nota- that University status would bly, Monmouth College became change our connectivity to Monmouth University in 1995 students," explained Pearson. under Pearson's provostship.

sity, which happened pretty early the sense that students could in my provostship, was a won- really get to know the faculty derful day," described Pearson. members and so forth, and "It was the dawn of a new era." there was some concern that a

plication process that began in big and foreboding." 1993 under President Rebecca Stafford. In order to qualify for versity status, Pearson said University status, Monmouth that it took about five years for had to designate graduate facul- Monmouth College to start feelty, set up academic schools, and ing like Monmouth University. put together the fundamental in- Still, he noted that the school frastructure and organization of a University.

"There was a lot of concern "What a lot of people loved "The day we became a Univer- about Monmouth College was He described the lengthy ap- University title sounded really

Even after obtaining uni-

PEARSON cont. on pg. 2



Dr. Thomas Pearson served as Provost and Vice President for Academic Affairs for 22 of his 44 years at Monmouth University.

Blue Hawk Records to Release 20th Compilation Album, "Twenty"

CONNIE CHIANETTA CONTRIBUTING WRITER

SAMANTHA DECARLO CONTRIBUTING WRITER

Blue Hawk Records, Monmouth's student-run record label, is releasing their 20th studio album, titled "Twenty," on April 22. Featured artists include Monmouth students Jordan Tyler, Delaney Rivera, Chris Lynch/ The Bavaros, Elena Worton, Double G (Gabe Garza), and Madeline Knight, along with an ensemble of accompanying student musicians and producers.

Under the direction of Joe Rapolla, Specialist Professor and Chair of the Music and Theatre Department, students work together in their Record Label Strategies course to release the Blue Hawk Records compilation EP each semester. This requires that students hold auditions, select artists, prepare them to record, develop marketing strategies, decide on artwork, and plan and produce live

events. Blue Hawk Records has released 15 compilation albums since its inception in 2013.

Rapolla said, "It is always such a pleasure to see how the projects come together. Watching them from the early stages when songs are being auditioned and then watching them develop into produced professionally tracks. Additionally, this class strives to simulate a current day music company. Everything we are doing directly relates to aspects of today's music industry so students get real-world experience they can reference as they pursue their careers post-graduation."

Rapolla conducted live class meetings weekly, where the team devised plans to accomplish all the required tasks. Student managers and producers worked with artists at Lakehouse Recording Studio in Asbury Park to record their songs. The tracks are then mixed and mastered by

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MU Students Work With Production Services on Documentary

ABIGAIL BROOKS EDITOR-IN-CHIEF/NEWS EDITOR

Monmouth University Production Services collaborated with Save Barnegat Bay (SBB), a local environmental nonprofit organization, to produce Drift, a feature-length documentary that tells the story of Barnegat Bay and its natural, recreational, and economic roles in the watershed community.

engagement and allow the SBB's website. students to have experiential learning," said Erin Fleming, Director of Production Services. The crew involved in the production of Drift consisted of Monmouth University students and faculty working alongside industry professionals.

that are learned in the classroom," she added. "You have to have a certain skill set. Skills can be taught, but what you can't teach is that drive. It's a different kind of person that goes into production."

The film, which Fleming noted was one of the biggest projects ever taken on by Production Services, celebrates SBB's 50th year of preserving the bay by taking viewers through "50 years of complex issues through a series of short "The objective of Production vignettes, using a variety of Services is to work with non- perspectives, viewpoints, and profits to build community experiences," according to The 90-minute documentary is divided into five segments, tackling subjects including the deterioration of the Toms River subwatershed, overdevelopment on the bay, early conservation efforts, and much more. Fleming described the process of sitting down with Save Barnegat Bay to come

up with a concept for the film. "We didn't want to just tell the history of Save Barnegat Bay. That tends to turn some audiences off," she explained. "What we came up with is the idea that Barnegat Bay is a the bay."

Eventually, they agreed to make the premise of the film five different stories relating to the bay. "Each story sort of speaks to a different group so that nobody is pointing fingers, but it's sort of saying 'Look, we all love this national treasure and we should be respecting it," said Fleming. Fleming described Britta Forsberg, Executive Director of Save Barnegat Bay, as "a force" and "a very intelligent woman." "She understands that you're bringing experts into the room and to let them go their own way," explained Fleming.

lowed us to pitch ideas. She was really helpful in helping us decide what stories were the most relevant."

After deciding what direcmulticultural setting. Every- tion to go with the film, the thing that happens on the en- first year was dedicated to pretire watershed is connected to production. This involved de-

"She just tempered that direc- ciding who to interview, how tion as she needed to and al- the story was going to develop, gathering archival materials, and conducting research.

The second year was spent putting all of these materials together, editing, and deciding what graphics, statistics, and

PRODUCTION cont. on pg. 3



This department takes it up a notch and adds to the skills

PHOTO COURTESY of Anthony DePrimo Nicole Amatucci was one of the Monmouth University students involved in the production of Drift.

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Economics & Finance Club Visits Wall Street

ISABELLA HANNA ASSOCIATE NEWS EDITOR

Monmouth's Economics and Finance Club visited Wall Street in New York City on Wednesday, April 6, where they toured the New York Stock Exchange (NYSE) and the Bull of Wall Street, Fraun-9/11 Memorial, and Federal Reserve building.

Professor for the Department educating myself on wealth In response to the club's ini-of Economics, Finance, and management," began Harri- tiative, Dean of the Leon Hess Real Estate, Robert H. Scott, gan. Moreover, Harrigan men- Business School, Raj Devato COVID-19 the club would his senior year, he wanted to Economics and Finance Club's students can connect in ways they normally wouldn't in the classroom," said Scott. Base of the challenge of the to make the personalized edu-cation we promise come alive. Madeleine Ogden, senior I am grateful to Professor

shoes and are now profession- We also got to witness the als...It's another component to ringing of the closing bell bethe club that enables students fore we left," said Ogden. She to connect with the Univer- likewise noted the unique posity community in a different sitioning of Monmouth, and way."

Faculty advisor for the club, understanding the market and one."

Besides the club's semi- finance major and one of the Scott for organizing this imannual trip to the NYSE, the students in attendance, de- portant learning opportunity club also regularly hosts guest tailed how it felt to visit the and my compliments to all the speakers, some of whom are NYSE. "It was really inter- students that participated." Monmouth alumni. Scott said, esting to walk on the trad- Although the club's founda-"Students can listen to speak- ing floor as transactions and tions are in business, it is open gap between the classroom ers who were once in their broadcasts were taking place. to students of all majors. Scott and the real world."

how the University's loca-Scott, along with the club's tion allows students to travel executive board, were respon- around the tri-state area with

sible for organizing the trip. ease. "Because Monmouth is Christopher Harrigan, se- located between two major citother historical sites, such as nior marketing major, is both ies, New York City and Philathe Bull of Wall Street, Fraun-ces Tavern & Museum, the Board Member of the club. "I lot of opportunities to witness first got involved with the club American culture and history because I have a passion for on experiential trips like this

Ph.D., explained that prior tioned that as he approached sagayam, Ph.D., said, "The hold this trip once every se- take on a leadership position. most recent visit to Wall Street mester. "The purpose of both "It was something I had shied is yet another example of the the club and trip is to facili- away from my first three years Leon Hess Business School tate an environment where at Monmouth, but I have really faculty and students striving



The Econ & Finance Club visits Wall Street once every semester.

noted, "It's about learning the financial markets and what's happening. A lot of students, regardless of their discipline, are into investing and will have to invest at some point in their life." He added, "What we do in the classroom is important, but what happens outside the classroom is equally, if not more, important...Clubs are a nice way of bridging that

Devasagayam agreed, "Raising leaders that have the knowledge and skills to meet the demands of the future of work is paramount to our educational goals. Equally important is the ability of our students to make connections between what they learn in the classroom with the context in which their knowledge and skills are put to test. Experiential education makes such connections a reality."

Dr. Pearson Retires After 44 Years at MU

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was able to "operate at a higher level while maintaining the estionship that was the foundation of Monmouth College.'

"By so many measures, this is such a different place. Transformation has been the name of the game, but I was lucky enough during a key period when enrollment came up, academic quality good shape, and we had a lot of other colleges and universities be part of the process in which we brought together a lot of the building blocks of today's University.'

Pearson played an integral role in this transformation process, especially during his time as Provost. Notably, he helped to tions of many colleagues," Sarestablish the Schlaefer School, sar continued. the Graduate School, the School of Science, the School of Nursing years of service is especially imand Health Studies, the School of Social Work, the Honors School, vost serves around five years in and the Center for Excellence in the position," added Datta Naik, Teaching and Learning. Pearson Ph.D., Professor of Chemistrv. also oversaw the hiring of 415 full-time faculty and 21 deans. 'If you had a kind of infra-red light to shine on our institution - its history, its culture, its progress from Monmouth College to Monmouth University - you'd discover so many instances of because it's a pretty big job and his handiwork most of us don't even know about," said Chris-topher DeRosa, Ph.D., Associate Professor and Chair of the Department of History and Anthropology. "If there's a central thread to his contribution, it might be this: Professor Pearson always believed that Monmouth heavy lifting, but I got to meet so students were capable of meet- many of my faculty colleagues ing high standards. So for a and I got to get to know Trustees couple of generations of students and students. I got to learn how and colleagues, that is where he set them."

reforming General Education, developing new undergraduate and graduate programs, advancing global initiatives, just to name a few—what is equally resence of the student-teacher rela- markable is how he enabled his colleagues in Academic Affairs and beyond to reach their potential," added Saliba Sarsar, Ph.D., Professor of Political Science. "It is how he gave substance to attributes of Monmouth's organizational life, including access, accountability, civility, came up, financially we were in collegiality, competence, hope, resilience, and truth. It is how he kept a steady hand at the helm talking about the Monmouth of Academic Affairs amid the story. I was lucky enough to higher administrative transitions and the financial challenges."

"Dr. Pearson's legacy as Provost is found in the positive organizational trajectory he established, the standards he set, the professional relationships he formed, and the confident ac-

"Dr. Pearson's twenty-two pressive given that a typical pro-Despite serving over two decades as Provost, Pearson's true passion is in the classroom. "I love teaching. Even during the years that I was Provost, I taught one course every semester, which is not typical for a Provost there's a lot of strategizing and resource-providing and so forth, but it was really important for me." "Being the Provost was a great privilege and an honor," he con-tinued. "I didn't always think of it that way because it's pretty the place ran. The most important thing is that I was part of it." Pearson emphasized the importance of faculty scholars, which he has embodied over founding schools and institutes, the course of his career through

his continued research about Russian history and culture, even during his time as Provost. "It has been my passion and in many ways my lifeline," he explained, noting that he has structured many of his courses around his experiences from his several trips to Russia with Monmouth students and faculty over the years. Although Pearson is stepping down as a fulltime faculty member, he will return to the University next year as an adjunct professor to continue teaching Russian History.

"Under President Stafford, Dr. Pearson led the successful effort to strengthen and promote faculty research by establishing a reduced teaching load for faculty engaged in scholarship,' added Naik.

Pearson also encourages students to develop lasting relationships and personal connections with faculty. Furthermore, he noted that the relationships he has developed with students and faculty over the years have been his favorite part of his time at Monmouth University.

"He embodies the caring and ommunity spirit of Monmouth. He has an astonishing memory, knowing the name of every single faculty member, including correct pronunciation," described Frederick McKitrick, Ph.D., Associate Professor of History and Chair of the Department of Art and Design. "And when he wrote letters of support for us - for tenure or promotion - they were never simply pro forma, but always spoke to who we were. This connection has been so important in making Monmouth a cohesive community."

Blue Hawk Records Debuts Newest Album

ALBUM cont. from pg. 1

local producer and Monmouth University Professor, Connor Hanson. All the while, artwork was being designed by art students from Professor Casey Finn's class to help promote the album. Furthermore, online promotions were being executed by the marketing team to raise excitement about the album.

keeping consumers up to date April 22. with the team's plans by producing weekly vlogs. These artists grow, but myself and short films can be found on fellow classmates." the groups Instagram page @ bluehawkrecordsofficial

dent who serves as the label TV station, for a tiny deskoperations, said, "The past 10 inspired series this month years of records serve as a tes- featuring Monmouth Univertament as to how a small major sity's own Danny O'Grady. can make big things happen."

and General Manager of Blue platforms on April 22, the Hawk Records, said, "Though same day as the release party. everyone has different jobs, we The evening release party are learning about the broader will take place at the Doherty aspects of the album produc- House, the residence of Prestion process. I enjoy this be- ident Patrick Leahy, and is cause as I watch not only the free for anyone to attend.



IMAGE COURTESY of Blue Hawk Records Cover art for "Twenty," The Social team has been which will be released on Friday,

Blue Hawk Records will also be collaborating with Nick Garrecht, a music stu- Hawk TV, the student-run

"Twenty" will be available Abby Garcia, music student for streaming on all digital

"While Dr. Pearson's accomplishments are impressive—hiring many new faculty members,

"Tom Pearson is a much admired colleague, and we are going to miss him in more ways than I can say," said DeRosa.

"I am most grateful to Dr. Pearson for his mentorship and guidance during our administrative years and wish him a happy and fulfilling retirement," concluded Naik.



PHOTO COURTESY of Blue Hawk Records "Twenty" features several Monmouth students as featured artists, along with other student musicians and producers.

Leon Hess Business School Announces 2022 NJCBAA Honor Society Inductees

ISABELLA HANNA ASSOCIATE NEWS EDITOR

Monmouth's Leon Hess Business School (LHBS) announces that four of its business undergraduates will be inducted into the New Jersey Collegiate Business Administration Association (NJCBAA) Honor Society on Friday, May 6. Those four students are Casey Blake, Nathan Heisey, Taylor Rupprecht, and Nancy McGrath— all of whom are graduating seniors.

Admission the into NJCBAA Honor Society is open to all students studying at a 2–4-year colleges pursuing a bachelor's or associate's degree in business administration or another traditional business discipline, such as accounting, finance, and marketing. All students who, by their grade point average, are in the top 1% of the total population of business students at their institution and have met most of their degree requirements will be invited into the honors society.

Dean of the Leon Hess Business School, Raj Devasagayam, Ph.D., commended the students on their accomplishments, saying, "On behalf of the Leon Hess Busi-School faculty and ness students, I am delighted to congratulate Casey, Nathan, Taylor, and Nancy for this stellar recognition of their scholastic achievements." He emphasized that this honor is indicative of the LHBS's mission to prepare its students for such opportunities and honors. "Academic excellence is at the heart of our mission, and these students have proven their excellence through achieving distinctions that require consistent hard work and discipline," Devasagayam ended.

The inductees felt similarly about the LHBS. Heisey, an Accounting and Finance major, said, "The Leon Hess Business School has chal-

"Academic excellence is at the heart of our mission, and these students have proven their excellence..."

> -Raj Devasagayam Dean of the Leon Hess Business School

lenged me in so many ways, allowing me to grow both professionally and personally. I was challenged to not just complete an item on a syllabus, but to truly comprehend all course content." He added, "In my finance and accounting work, I was encouraged by my professors to critically think, retain information, and apply what I learned in the classroom to the real world." Heisey looks forward to beginning his career as an Audit & Assurance Staff at Deloitte this coming fall.

Blake, also an Accounting and Finance major, attributed part of his success to the faculty of the LHBS. "Each professor's background has allowed me to explore the different fields within the accounting and finance industries." He continued, "Faculty members have prepared me for the business profession by assigning real-world assignments, encouraging collaboration between peers, and providing opportunities to hear from guest speakers." Blake will start as a Staff Accountant this fall with WithumSmith + Brown, in Red Bank, NJ.

In addition to being exceptional students in the classroom, some of the inductees are also heavily involved on campus. For example, Rupprecht, an economics and finance major, is the President of Beta Gamma Sigma and Women's Club Soccer, a Leon Hess Student Advi-Marketing Chair for Enac- truly honored to be recog-



PHOTO COURTESY of Anthony DePrimo The LHBS is proud to announce that four of its students have been invited to be initiated into the NJCBAA Honor Society.

tus, and an Honors School Peer Mentor. Rupprecht said, "When I started my journey at Monmouth University four years ago, I never imagined being in the top 1% of business students in the state, let alone holding the positions I do now. This award shows the countless hours I put into being the best student I can be, and I am just so proud to be inducted in a few weeks." Rupprecht was able to propel one of her internships with Prudential Financial to a full-time position as an Investment Operations Associate in PGIM.

Likewise, McGrath, a Marketing major, is on Monmouth's cross country and track and field teams, as well as Social Media Director for the University's chapter of sory Council Member, the Beta Gamma Sigma. "I am

nized at such a high level. I worked very hard to get here, and I am proud of myself for achieving such an honor," said McGrath. However, like the other inductees. McGrath credits her success to the University, "I didn't do it alone; Monmouth has given me the tools to succeed."

McGrath continued, "It is important to believe in yourself and trust the path you are on. There will be some bad days, grades that disappoint, and projects that may not go as planned. Nonetheless, don't let those small moments discourage or distract you from the larger picture at play." Rup-precht agreed, "It is essential to get out of your comfort zone and try something new. You never know what the future awaits."

MU Production Services Collaborates with Save Barnegat Bay

PRODUCTION cont. from pg. 1

animations were going to be added.

"It was rewarding for the students involved and rewarding for the communication department and my department as a whole," said Fleming. "It was an incredwork, but we are so proud of what we've achieved.

Camera Operator.

"This experience was completely different from a classroom," described Ama-tucci. "We were creating a product for a real client, so that comes with a lot more responsibility and pressure than getting a good grade. students a lot of hands-on, ible two years. A lot of hard This will always be a project that I'll have been proud to work on because it taught me responsibility, discipline, and technical skills that I have brought with me volved in pre-production, into the working world. It gave me an excellent base of technical and creative skills

sociate Producer, Editor, and that I've been able to work on since I graduated."

Jared Garcia, another communication alumnus from the class of 2021, was also involved in the production of Drift as a Camera Operator and Co-Editor.

"Production Services gives experiential learning," explained Garcia, who noted that he learned about editing, interviews, and shooting film from his time on the *Drift* set. A screening of Drift is available for the Monmouth University community on Friday, April 22 at 6 p.m. At 7:30 p.m., Fleming will mod-Jason Adolf, Ph.D., Endowed Education and Outreach Coordinator for Save Barnegat ity in your town." Bay, and John Tiedemann, Assistant Dean of the School negat Bay is eutrophication," of Science and Director of the added Adolf. "We need to Marine and Environmental Biology and Policy Program.



Nicole Amatucci, a communication student who graduated in 2021, was inproduction, and post-pro-duction for *Drift* as an As-



PHOTO COURTESY of Anthony DePrimo Erin Fleming is the Director of Production Services at Monmouth University and she also directed Drift.



PHOTO TAKEN from New Jersey Environment News The Barnegat Bay watershed is being changed by an increase in land development that has polluted the estuary.

will be collective, but some of the Bay." erate a discussion panel about of them start at home," she some of the issues covered continued, noting the impor- ing care of old septic sysin the film. Panelists include tance of taking action to protect Barnegat Bay from some systems, and prioritizing Associate Professor of Ma- of the dangers showcased in oyster restoration could all rine Science, Catherine Duck- the film. "There are all kinds benefit the health of Barett, Ph.D., Associate Dean of of things we can do for the negat Bay. the School of Science, Tom watershed, but the biggest Herrington, Ph.D., Associate things are to advocate for Director of the Urban Coast town ordinances, reduce im- that part of the film was Institute, Graceanne Taylor, permeable surfaces, and ad- good in emphasizing presvocate for storm water util- ervation and conservation,"

'The main issue with Barkeep our waste and our excess fertilizer, or anything to be fascinating and valu-"The most useful actions else with nitrogen in it, out able," Duckett concluded.

Adolf suggested that taktems, fixing leaking sewer

"We need everybody in the conversation, and I think added Duckett. "We're not going to save the world without everybody participating, we're just not."

"The conversation is going

Abigail Brooks' Senior Goodbye: So Long For Now

ABIGAIL BROOKS FDITOR-IN-CHIFF/NEWS FDITOR

When I was going on college tours in high school, I had a very difficult time finding a place that felt like it could be my home for the next four years. Tour after tour, I was left feeling unsatisfied and craving something that simply wasn't there. I couldn't pinpoint what it was, but I knew that I hadn't yet found the right place for me.

I only visited Monmouth University because my mom suggested it and I didn't feel like arguing with her – I had been on so many tours with little to no success, so I decided it was easier to go with the flow and do what she wanted. So, I visited a school that I knew absolutely nothing about. I had spent some time researching the other schools I had visited, but I had no idea what to expect from this one because I was only going in order to avoid a fight with my parents.

that there was something different about Monmouth. I continued to see other schools, but Monmouth University always lingered in the back of my mind. Suddenly, I found myself comparing the other schools I was visiting to Monmouth and thinking about all the ways that Monmouth was better. I couldn't shake this feeling, so I went on another tour. And then another. And then I went to an accepted students event. And then an honors school brunch. Finally, I decided that Monmouth was the place for me and committed as a Communications major with a concentration in public relations and journalism.

I had no reason for declaring this major. I knew nothing about what communications entailed, and I had absolutely no experience with PR or journalism. After basically living in Plangere for the first semester of my freshman year, I learned more about my major and grew to appreciate my seemingly random decision to pursue a field of study I knew

During my first tour, I realized nothing about.

I was introduced to The Outlook by Professor Morano, who was the faculty advisor at the time. As a student in the honors school, I had to fulfill certain credit requirements and was having a difficult time doing so. I took a few of Professor Morano's journalism classes and told him about the issues I was having with getting the credits I needed. Together, we worked to create academic contracts that would allow me to obtain honors credit for his classes. The deal was always the same - I could get the honors credit I was asking for if I wrote a certain number of stories for *The Outlook* that semester.

In retrospect, it was a great recruiting tactic on his part, because it did exactly what I suspect he wanted it to. The first couple of pieces I published were simply to satisfy the requirements we had agreed upon. Then, I realized how much I enjoyed what I was doing and slowly started to go beyond what was required by the honors contracts. I found myself taking on more and more stories and growing as a writer in the process.

Eventually, the newsroom on the second floor of Plangere started to feel like my second home. In what felt like the blink of an eye, I became a staff writer, and then the news editor, and then the editor-in-chief. I never anticipated becoming this involved with The Outlook, but now I can't imagine what my time at Monmouth would have been like without it.

My college experience has been shorter than most - although I'll be back as a graduate student next year, I've only had three years of undergrad to enjoy everything Monmouth has to offer. I never thought I would regret taking so many AP and dual enrollment classes in high school, but I would



do anything to get that time back and spend it here at Monmouth. Aside from my involvement in the University's journalism program, I'm also a captain for the Club Sailing Team and am a member of the Honors School. I'm not ready for any of it to be over, yet here we

The Outlook has heavily shaped my college experience, more so than anything else I've been involved in during my three years at Monmouth, which I am so grateful for. It has afforded me so many opportunities that I would not have had otherwise, and I've met so many amazing students and faculty over the years. I'm a relatively quiet person, but The Outlook taught me how to be a leader and how to use my voice in a way that makes a difference.

It's the small things that I complain about now that I'm going to miss the most: trying to coordinate more interviews than I can keep track of, sitting at my computer into the early hours of the morning working on my stories for the week while thinking about all the work for my actual classes

I still had to do, always being the last person to leave Plangere on Tuesday nights after that week's publication was finally complete, eating an absurd amount of pizza as I edited everyone's sections, the desk chairs that are as old as I am, the computers that may or may not work depending on the day.

The Outlook is small. Not a lot of people even know that Monmouth has a student newspaper, much less do they read it or appreciate the work that we do. The newsroom is outdated and in the middle of being torn apart for renovations. It's tucked away behind the bathrooms on the second floor of Plangere - out of sight, out of mind. Still, writing for The Outlook and eventually taking over as editor-in-chief for my last semester has been perhaps the most rewarding experience from my time at Monmouth. I wouldn't trade it for the world, and I'm going to miss it in more ways than I can explain.



Melissa Badamo's Graduate Goodbye

MELISSA BADAMO GRADUATE ASSISTANT

When I was only a sophomore in college, I decided I wanted to pursue graduate school. I met with my advisor and matriculated into the 4 +1 dual BA/MA program for English with a concentration in creative writing. As a result, I am able to graduate with an MA in English one year after obtaining my BA.

I knew that being a full-time grad student in an accelerated, 30-credit program would be stressful and demanding, but it was more than worth it. I have accomplished so many things this year that I am extremely proud of. In my creative writing classes, I have written pieces of fiction, nonfiction, and poetry that I never would have created if I wasn't pushed and inspired by my professors and fellow students. For that, I am grateful and proud. I am on track to graduate with a 4.0 GPA, and it feels incredible to have had such a fulfilling academic experience. Aside from creative fiction and poetry, there is another branch of writing that remains very close to my heart: journalism. Last year, I was the Editor-in-Chief and Features Editor of The Outlook and won six awards, which was the peak of my undergraduate career. Upon graduating with my BA, I knew I wasn't ready to leave this newspaper yet. So, I became a Graduate Assistant, where I copyedit articles and assist in any area needed-such as writing, editing, and laying out pages in InDesign. At The Outlook, I grew from writer, to editor, to teacher. As a Grad-



turned me into a journalist. Thank you to Dr. Marina Vujnovic, current advisor of The Outlook, who has been such a huge help this year, and who shared her online journalism expertise to give our website a modern transformation. Thank you to all The Outlook editors, both past and present, for providing me with a community.

The Outlook has always felt like a family to me, and the newsroom has always felt like a home. I still

ting me through stressful times, for providing endless laughs and hugs in the student center. Thank you to my English professors, who have inspired me, believed in me, pushed me.

I pursued grad school because I love it. I love academics, I love learning, I love writing. I've been described as "ambitious" by my professors, and that ambition is what drives me. I love finding new ways to combine my creative writing and journalism interests. For my manuscript thesis, the capstone project of my MA program, I am writing a novel about a journalist who sets out to interview a reclusive celebrity to save her declining newspaper

I've also decided to pursue my MFA (Master of Fine Arts) in creative writing in the fall here at Monmouth, an additional 18-credit program. This is a natural progres-

sion for me, being that the MA/ MFA programs are so closely tied together. It provides an opportunity to further hone my craft and to continue working on the novel under the guidance of my creative writing professors

That is what's next for me: to continue to write both as a creative writer and a journalist. Not only because it fulfills my heart, but because it inspires others.

Who Makes The Classroom



One of the benefits of in-person classes is the connection you make with your professors and your peers.

JOHN PAPAGNI OPINION/COMIC EDITOR

classroom is the students, but the material. possibly the critical part of the class is the professor teaching chronous vs. asynchronous. I it.

ent style of teaching, which of the two. I have had three may or may not fit the way you asynchronous classes in the want to be taught. Some teach- past, and I enjoyed two out of ers like to give out PowerPoint the three. The two that I wantslides for notes, while others ed were writing heavy courses write some key concepts on a with very clear instructions board and talk for the remain- about what was expected of us der of class, and perhaps with and the work that we had to do. some courses, you have no The one class that I did not ennotes.

It also depends on the type my worst subject. of person you are and what style of teaching you might video-formed notes, I had to prefer. I am a person who is a teach myself the entire course very visual learner; I need to from start to finish. To say I see how something happens was unhappy and stressed was step-by-step for it to make any an understatement. I did all I kind of sense to me.

sual learner, that doesn't mean ceptable grade, it was a slog. everyone relates to me and I did not enjoy teaching rather than in a big group.

for vacation.

is the connection you will have with your classmates. For some students, that may be fine, but to others, maybe having a relationship with their teacher is An essential part of the an essential factor in learning

There is also the topic of synfeel both have their benefits, All professors have a differ- but asynchronous is the worse joy was a math class, which is

While the professor gave us could to pass this class, and However, while I am a vi- while I did pass with an ac-

how I wish to be taught. Some myself a subject that I am not people instead figure things good at, and I did not have out on their own, or maybe much help from the course inone-on-one with a professor structor. I couldn't even meet with the professor during their Then there is the topic of respective offices hours beonline learning versus in-per- cause I had online classes that son learning. While I prefer I needed to attend and pay atin-person learning to online tention to. I did talk to some of learning, some prefer online. my classmates for assistance, It is more convenient and safer and they seemed to have no for the circumstances of COV- trouble with the course, either ID-19, and as long as you have because they enjoyed math or a stable internet connection, because they didn't have to you can be anywhere in the attend a class and do it when too. The alternative is either world and learn. You could be they wanted to. The benefit of soaking up the sun at Flordia, asynchronous courses is that will need to take later, or just in the comfort of your own you have a reasonable amount sticking to it. There has to be house, or traveling the world of time to do your work. The a common middle ground classic phrase that it takes two among students and profes-

ing on what kind of teacher you have and the way that best fits a student's learning criteria.

I personally believe that there is a 50/50 split between teacher and student. In one regard the student needs to be able to do the work that is required of them, on time, and that meets the expectations of the teacher. At the same time the professor has to be fair in what their expectations are with the class.

One thing I believe is that teachers often forget that students have multiple classes, and sometimes due dates overlap with one another. Students then have to either try to do multiple important projects all at the same time, and either put a lot of effort into one of the projects or perhaps half ass the work for all them just to scrape by. I have seen my friends disregard some assignments that don't pertain to their personal majors because they are not significant enough for them to worry about and really only focus on their core major classes, while their general education classes suffer in comparison.

If you do poorly in your general education classes it is only going to look bad on you and your GPA. And, if you are a student who doesn't like the teaching style of your professor, drop the class and try to find a new one if you are able dropping the class which you

Returning to Normalcy on Campus: A Semester of Progress



PHOTO COURTESY of Monmouth University Students enjoying the Monmouth University campus.

JOHN PAPAGNI OPINION/COMIC EDITOR

As the first somewhat regular semester ends, my perception of Monmouth University has changed since last year. I came to Monmouth University when it was all online with minimal to no hybrid classes. While the online format of Monmouth University for the years 2020 to 2021 was convenient, it was significantly lackluster. There were barely any Monmouth events or sports games, and it felt overall lonely. Since the school has mandated the vaccine and COVID cases have been generaly on decline, although we are seeing some uptick in cases in the last couple of weeks here in the Northeast, it feels almost normal again. The most significant change has been lifting face masks around campus beside the classroom. It is somewhat weird to see everyone's faces again after wearing masks.

Perhaps we will not have to wear masks while attending classrooms next year, but for those who do want to be extra cautious and continue to wear masks, there is nothing wrong with that. What I have learned about the whole college experience is that whatever you put into something is what you will get out of it. tivities, greek life, and main-I had enjoyed the past two taining a social life. Howevsemesters a lot more than I er, there are people in your had when everything was life who genuinely want you online. While the occasional to succeed and have the best 8:30 a.m. class for a 3-hour time of your life while atlecture can sometimes be tending college. Whether challenging, I would not it be parents, friends or the trade it over Zoom. I like professors at Monmouth meeting my professors, go-ing to office hours if I need to prosper in this environhelp, and sitting down to ment. The journey will be learn the material to help more challenging at times, me in my future career. The that's true. I am already one thing I am still trying to adjust to is talking amongst my classmates. For the most part, people have made their connections and friendships, so at times, it feels awkward to try and talk to new people. Especially when given this upcoming break to re-class projects where you fresh my mind. As tired as I have to work together, you am, I can't wait to see what don't know anything about my junior year of college the people you are working will be like in an even more with. That is something that normal school environment.

I will have to adjust for the future. A big piece of advice that I think all students should listen to is to use all the resources Monmouth has to offer and take advantage of them while you can. Students are paying to go here. It only makes sense to use all that Monmouth offers during this period. While setting up appointments for help might be inconvenient, you may feel discouraged from doing so. There is nothing to be ashamed about in asking for help. The only person who overly cares about it is you. No one should shame you for reaching out for extra assistance or clarification, and it is a part of life. If you don't understand something at a job, you aren't going to risk your job security by not asking for help. Take advantage of Monmouth's writing services, tutoring services, and connection services. If you are ever feeling down about something or feeling stressed about schoolwork or anything else that is bothering you, the counseling services at Monmouth University have some great people who are willing to help you. College is challenging at times with all the exams, papers, extracurricular achalfway through my career at Monmouth, and I honestly feel more mentally drained than anything else. While I enjoy my classes, I am tired of the non-stop work from each class and can't wait for

The thing that will be lack- to tango definitely can be ap- sors where both needs are ing if you go online for classes plied in the classroom depend- met and are fair.



PHOTO COURTESY of Anthony DePrimo With online learning, you can meet with your professors anywhere at any time.

Ukrainian Attorney Provides Insight into Russian War Crimes as Russia Launches New Donbas Offensive

RICHARD PITTS POLITICS EDITOR

As Russian forces begin a new offensive centered around the Ukrainian oblasts of Luhansk and Donetsk, The Outlook has conducted an interview with Katerina Prokopishina, a Ukrainian Attorney investigating Russian war crimes currently residing in Odessa, Ukraine. Professsor Polina Amburg of Monmouth University, whose perspective on the Ukrainian war we've shared in the last issue, served as the contact for our interviewee this week. Our questions to Katerina Prokopishina ranged from asking about details pertaining to specific war crimes, potential charges and ways the international and Ukrainian legal community plan on bringing forth these charges, how Ukraine's legal community is protecting itself from Russian agents and disinformation, alongside the general mentality of the communities impacted by Russian war crimes.

International Criminal Court (ICC) headquartered in the Hague, Netherlands, opened up an investigation into crimes committed in Ukraine on March 2, according to Associated Press. Prokopishina said, "The aggressors committed enormous amounts of crimes since the start of the military invasion on Ukrainian territories. These crimes ranged from military offenses, robberies, and theft. In the course of the on-going armed conflict, the humanitarian international laws were violated."

The latest news reports suggest that Russia has been using various types of weapons including cluster bombs, that are designed to cause maximum damage to the human targets including civilians. In 2008 an international treaty known as The Convention on Cluster Munitions (CCM) that bans usage transfer, production, and stockpiling of cluster neither Russia, nor Ukraine, nor United States are signatories to the treaty. 'The Russian Armed Forces used indiscriminate weapons, such as hailstones, clusters, and phosphorus bombs. They also shot civilians and carried out air and missile strikes on civilian buildings, such as schools, apartments, railway stations, and religious institutions." Hailstone weapons are a form of rocket artillery, while phosphorous bombs are categorized as a chemical weapon. Prokopishina shared several examples of Russian war crimes. 'Terrifying examples of these crimes are the Mariupol Drama-Theater airstrike, and the shelling of the railroad station in Kramatorsk. Attacks on railroad stations in Kyiv



Chief prosecutor of ICC Karim Khan QC, as reported by The Independent, declared Ukraine a 'crime scene' after visiting Bucha and said there are "reasonable grounds" to belive war crimes have been committed after hundereds of bodies were recovered.

and L'viv, alongside attacks of all ages are made into taron Kharkiv and Mykolaiv. Because of these airstrikes, many cities are erased from the face of the Earth."

Media have heavily reported on the terrible conditions in the besieged city of Mariupol and Popasnoe. These cities have become infamous in the West for the suffering inflicted on the civilian population by the Russian military. "The most atrocious are Mariupol and Popasnoe, where no building is left intact and people are forced to live in bomb shelters and basements without food, electricity, or gas. The wounded cannot get medical attention because there are no medical supplies. People cannot properly bury their loved ones because of ongoing shelling," said Prokopishina.

Outside of the physical destruction of Ukrainian cities, human stories to these crimes are the most distressing. Even after agreements between Ukrainian and Russian sides to cease fire to allow civilians to evacuate, Russian military failed to provide safe zones for evacuation.

bombs was signed. However, "During the evacuation from spread, and not limited to Starobelsk, Lugansk region, the Russian military opened fire on evacuation buses, killing and wounding civilians. Failure to provide safe evacuation corridors has led to humanitarian crises across several Ukrainian cities." As in many wars, gender violence has been used against civilian population, particularly women and girls, but sometimes even men find themselves victims of sexual violence. "Russian soldiers torture prisoners, and sexually assault women and children. As of today (April 18), there is a record of the sexual assault of a man by a Russian soldier during the occupation of the Kyiv region," said Prokopishina. The grim reality of war crimes is present in many re-gions of Ukraine and civilians

gets. Prokopishina said, "They (the Russian military) shoot at civilians and run over people's cars with tanks preventing refugees from escaping the war. In the Kherson region, Ukrainian activists are being tortured. Residents report people are taken out for interrogations, extorted for money, and sexually assaulted. After the (eventual) liberation, the scale of crimes in the Kherson region will be the second Bucha and Irpin."

In our previous coverage of the war in Ukraine, we've mentioned Russian "filtration camps," where these aforementioned interrogations are taking place, and mass deportations of Ukrainians to Russia. Prokopishina elaborated, "Our citizens are deported against their will from occupied territories to Russia. As of today, the reports estimate over 500,000 people have been taken there. Children are being placed in special camps. And this is a shortlist of crimes committed against Ukrainian civilians."

The violence against Ukrai-Prokopishina explained, nian children has been widekidnappings and placement in camps. Prokopishina ex-plains that "202 children died in Ukraine, and more than 500 have been injured." Additionally, activists, aid workers, and members of the media have been killed or injured. "The deaths of 21 media representatives have been officially confirmed. It is impossible to determine the exact number of dead civilians. Unfortunately, with every day of military aggression, these numbers are growing, because every day new horrific crimes against Ukrainians are being committed...I think the whole world will be shocked more by the atrocities as more Ukrainian cities and villages are being liberated." To top it off, Prokopishina shared an official report, which state that, "there are over 900 victims of

crimes in liberated Ukrainian settlements."

War also exists within the information space, and it is usually fought with tools of propaganda and disinformation. Prokopishina discussed how the information war is fought in Ukraine.

"Today every Ukrainian is fighting with Russian propaganda. They try to deliver a message to the citizens of Russia that their silence is the agreement with the atrocities inflicted by the Russian military. This silence makes them accomplices. Ukrainians woke up on February 24 to the sounds of explosions. Because the invaders came to Ukraine to kill, and erase our history, our language, and our ordinary lives with plans for the future. Russian propaganda cannot affect the people who live in Ukraine in any possible way. People know how easy it is to fight disinformation and to look for facts in the era of digital technology. "

One question many may be asking is how will Ukraine and the international community bring the perpetrators of these crimes to justice. And how will they prove who did it? Prokopishina explained the process. "The legal community of Ukraine works closely with civil and military Ukrainian and European institutions, such as the UN, OSCE, and the International Criminal Court, to bring to light war crimes committed by the aggressors on Ukrainian territories. They collect evidence and documents of these terrible crimes to present in international courts and to share with the world that Ukrainians are not only fighting for their freedom but the independence and sovereignty of other countries. Today it is easier to record military crimes than it was for example in Syria, Chechnya, or Georgia. Today this war practically takes place online. The Ukrainian authorities, international experts, survivors'

testimonies, satellite imagery recording, and surveillance cameras record all of the abovementioned crimes. In addition, volunteers representing civilian organizations assist with interviewing the victims. After that, the collected reports are transferred to law enforcement agencies and international courts. Facial recognition programs and social networks facilitate the identification of war criminals. For example, all perpetrators of the crimes in Bucha and Irpin were identified."

When it comes to physically bringing these perpetrators to trial, Prokopishina expressed that, "There will certainly be difficulties bringing perpetrators to justice. It will be unlikely that the aggressor country will voluntarily extradite war criminals. It will be equal to admitting that the highest officials of Russia have committed war crimes. Considering that the Russian leadership managed to avoid the responsibility for the crimes committed in Syria, Chechnya, Georgia, Moldova, and African countries, the legal community of Ukraine will initiate collaboration with international organizations to create a new system of legal mechanisms for bringing war criminals to justice. The existing international system of peace and security is not effective, as evident by the current crimes in Ukraine witnessed by the world." But as we have seen with the past war crimes in other countries such as Rwanda or Bosnia and Herzegovina, those can be prosecuted in perpetuity. "War crimes have no statute of limitation. Suffice it to recall how criminals were searched and prosecuted after World War II. Therefore, there is a firm conviction that perpetrators committing crimes on Ukrainian territories will be convicted by the law and Russian government leaders will face a military tribunal," Prokopishina explained.

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Do Final Exams Benefit Students?

EDITORIAL STAFF

ic year comes to an end, The days." Outlook editors sat down to reflect on their semester and tioned has a combination and need for finals on a colto discuss their perspectives of what the last two editors legiate level; however, they on the ever-daunting season described, "My finals are explored ways in which it of finals.

concept. While I under- ing on the class. It can be learning experience as the stand the need for students confusing since I struggle semester draws to an end. to showcase proficiency in a to differentiate where my topic, expecting them to do time is most needed." so all at once across multiple Upon discussing their editor stated, "I think that topics is unrealistic," began schedules and views on they (faculty) could continue the first editor.

saying, "Cumulative finals felt a better alternative to en course." are especially stressful, and finals existed. One editor Another editor continued, I am not sure it reinforces said, "I think that finals "I think that finals should what was learned throughout are necessary, but profes- remain in place, but that the semester; rather, I feel it sors who still give tradi- there should be more strict causes students unnecessary tional final exams should guidelines regarding their take a step back and con- formatting so that they truly levels of stress."

can take different formats. long run." ects or papers. I think stu- ger project or essay rather memorize it all." dents should be allowed the than memorizing material option of choosing how they to be tested on.' want their final to look."

larly to the aforementioned finals he/she has a prob- better demonstrate the wide one, grateful for the way lem with, but the weight variety of skills or topics the finals were looking this se- in which finals have in a class would teach." mester. "Most of my finals student's overall grades. According to The Outlook are essays or projects, which "I think a final project or editors, finals are a neces-I'm wildly thankful for. I do test is still a smart way of sary "evil," and we wish you not enjoy final exams when testing the student's com- good luck as you finish up they're given in the tradi- prehension of the course your semester!

tional test format and I material, but I do feel that have to sit down and study they have an uneven contrifor hours just to memorize bution to the course grade information that I'm go- which makes them a source As the 2021-2022 academ- ing to forget within a few of stress for many students."

Generally, all the editors The second editor men- agreed that there is a space a mix between paper, proj- can be made less stressful on "I think finals are an odd ect, and exams, depend- students and enhance their

On the topic whether finals should stay or go, one finals, the editors asked to use finals, but decrease Another editor agreed, each other whether they their weight within any giv-

However, as it is common sider whether or not that's benefit students." The same to see among students of actually doing anything editor explained, "Suit-various disciplines, finals to benefit students in the able alternative would be projects, essays, and other For example, one editor re-marked, "I have 4 exams ed, "Personally, I feel as ask students to apply infornext week and am extremely though I learn more when mation to show their un-stressed. I am not a big fan of I have to apply content derstanding of the content tests, so I prefer to do proj- from a course into a big- rather than asking them to

A different editor agreed. saying that "A paper or Pow-A different editor noted erPoint on a specific topic A fourth editor felt simi- that it's not the concept of that relates to the class can

Summer Weight Loss





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"Don't Cry Because It's Over. Smile Because It Happened."

DENISSE QUINTANILLA MANAGING/FEATURES EDITOR

And just like that, college is over. These past four years have definitely been a rollercoaster ride, and it's coming to an end. Juggling school work, extracurriculars, jobs, internships, and a pandemic has not been easy. However, the support of so many people at Monmouth has guided me to this exact moment.

I walked into Monmouth University back in 2018 as a shy person afraid of speaking her mind. However, that's not me anymore. College is supposed to be a time of growth and development. I did exactly that. I took advantage of every opportunity I was provided and became a more assertive and confident person.

The Outlook proved itself to be a place for growth, learning, and support. I regret not joining since my freshman year, but I guess I have to thank the pandemic for pushing me to explore a new side of me that I thought I dreaded: Writing.

In September 2020, I challenged myself to do something about it. I reached out to the then Editor-in-Chief and Features Editor, Melissa Badamo, about writing for The Outlook. She got me all set up and I requested to write my first story about Hispanic Heritage Month. She agreed, and now came the part where I had to reach out and talk to different members of the Monmouth community.

I've always disliked cold



countless times I tried to sit down and write it. Somehow I was able to put something together, and much to my surprise it made the front page of that issue.

From that moment on, I knew that I could do this. I began to write articles every week, trying to perfect my craft with every issue. Fast forward to April 2021, I was offered the Features Editor position and I could not believe it. They were trusting me to take on such an important role, and I could not thank Melissa enough for believing in my ability as a journalist.

During my time at the award-winning Spanish language radio program called Nuestros Sonidos Latinos, which airs on WMCX, I learned that my voice is the most powerful tool I have. I was so lucky to have had the help me become a better ra- world. dio personality. Thank you Professor Cipriani, for believ- (you know who you are) for ing that this girl can become making Monmouth feel like a reporter one day. My radio a home away from home.

siempre! college career is my Edu-tational Opportunity Fund have been the same if I didn't cational Opportunity Fund have each and every one of (EOF) family. I literally you by my side. would not be at Monmouth I could not end this goodcess.

with some of the best tips to help make a difference in this

Thank you to my friends family will always be with Whenever I needed them the me wherever I go. Familia por most, they would always be there. Just know that my col-Another huge part of my lege experience would not

if it weren't for them. They bye without saying thank you provided me with the finan- to the woman who inspires cial, emotional, and academic me to continue to work hard support I needed in order to every single day: my mom. survive college. As a first- She was sad she would not be generation college student, seeing me every single day applying to college was not a when I went off to college, but given as I didn't have anyone she knew that I had to go in to guide me through the pro- order to get an undergraduate education—something she EOF has provided me with never got to do. It is my goal





that sense of family and sup- to make my mom proud and than three internships under ery single EOF staff and stu- model I need in this life.

come true.

Thank you to the depart- be about to throw my gradua-ment of World Languages tion cap in the air. Monmouth, but the world. and Cultures for always be- I'm proud of all the things I ing there to support me and have accomplished. Although it's time to spread my wings finding different ways to help the pandemic took almost a and fly! Pa'lante siempre! me succeed. Thank you to year of my time, it didn't stop Professor Gac-Artigas for me from making the most always seeing my worth and of my college experience. I

velopment. Thank you to ev- years and for being the role ship week, and so much more.

port I needed to help me be honor all the sacrifices she my belt, more than 20 articles one step closer to my goal. made so I can have a shot at written for The Outlook, two Throughout these four years, living the American dream. they have become a vital Gracias, Mami, for support-piece to my growth and de- ing me throughout these four a Hawk Talk during Scholar-

However, what I am most dent I had the opportunity to There are so many other proud of is the person I have interact with. I would not be people I have encountered become. Throughout these weeks away from receiving in these past four years, but past four years, I learned that my college degree without can't fit them all here or else my voice matters, and to not your help, so just know that you'd be reading this for a be afraid to speak up. We all you helped make that dream while. Just know that if it deserve to be heard, and it's weren't for them, I would not up to us to use our voices to

Saying goodbye is hard, but





line that I was facing— plus fer. the piece.

emailing people because I opportunity to go live on the thought I was bothering them, air every single week, and so when I had to do that for share with the Monmouth The Outlook, I was definitely community about the Latino nervous. However, the dead- culture and what it has to ofmy desire to share a little bit I want to thank Professor more about the Hispanic cul- Frank Cipriani for pushing ture-led me to reach out to me to speak at the first show my sources. Every student I attended back in 2018. Since and faculty member I spoke that day, he has become my to was kind and willing to fearless supporter who is alprovide their perspective for ways wishing the best for me. He always seems to find The actual writing part was something funny and out of no easy feat either, as I ex- the blue to help make each perienced writer's block the show fun, and provided me



believing that my work can leave Monmouth with more



FEATURES

John Henning, Dean of the School of Education, Plans to Retire by the End of This Year

SHANNON SMITH STAFF WRITER

John Henning, Ph.D., Dean of the School of Education, plans to retire at the end this year.

Henning has been a part of Monmouth community the since 2015. Prior to his time at Monmouth, Henning was a professor at Ohio University and an Assistant Dean of Education at the University of Northern Iowa. He also has 20 years of experience teaching at the high school level, which allowed him to grow as an educator by learning about classroom management and how to form meaningful connections with students.

Regarding the transition of teaching high school to college students, Henning said that he felt he had enough knowledge to make a contribution to higher education.

"One thing I learned that I thought was key was how important relationships with students are. They are what set the stage for encouraging thinking, challenging students, and communicating the content," Henning said.

Henning eventually took an offer from Monmouth as Dean. He recalled feeling tremendously excited about the opportunity, as he had more experience and interest in leadership. During his time at Monmouth he accomplished many things that transformed the education department.

For example, Henning designed, piloted and implemented yearlong clinical experiences in

teacher preparation the University. Additionally, he worked on ing his transition from teaching to a teacher residency program that consisted of a pilot program that extends the current number of required clinical hours by paying teacher candidates for their work in schools. This program is based on the prekindergarten through grade 12 calendar rather than the university academic calendar.

a role in leadership was building relationships with students, as well as becoming a model to the professors in his program to do the same.

Henning said, "At any level, those relationships are key and the basis of all that we do. As a leader, I really believe productiv-



PHOTO COURTESY of John Henning John Henning has been a part of the Monmouth community since 2015, making significant contributions to the School of Education.

One of the major themes regard- ity of your department and school strong focus on practice and clinidepends a lot on relationships and the climate you build as a leader. That sense of teamwork and collaboration gives people a sense of security and confidence as they move forward.'

Amanda Balestrieri, a senior studing mathematics and elementary education had the pleasure of working with Henning. She said, " I credit Dean Henning for my positive experiences at Monmouth that have shaped me to be the educator that I am today."

Henning also learned a lot about social justice during his time at Monmouth, crediting faculty such as Tina Paone, Ph.D., Nicole Pulliam, Ph.D., Jason Fitzgerald, Ph.D., among others who helped drive social justice initiatives to work towards more inclusion.

"I have learned a lot from them and their initiatives in sharing their values and ideas through the school of education and have been helpful in my personal growth."

Fitzgerald said, "Dean Henning's commitment to teaching all students, both those here at Monmouth and those in our partnering districts, has made us a stronger School of Education and a stronger community."

Paone added, "He allows faculty to take the lead in their respective specialties and provides them the freedom to determine the best way to delineate their content areas. He is always quick to recognize faculty accomplishments and ensure they are celebrated."

Since entering his role at Monmouth, Henning has had a for those connections."

cal experience. In 2017, he led the charge in achieving the Exemplary Partnership Award from the National Association of Professional Development Schools. He now seeks to conduct more research into experiential learning and hopes to write more about the topic upon retirement. Aside from writing, he hopes to travel with his wife and spend time with his granddaughters during retirement.

Henning offered advice for students looking to pursue a path in education. "I think, especially for Monmouth students coming into the teacher preparation program, try to get into a school, as much as you can, that allows you to get experience," he said. "We have put students out in schools longer than our program requirements. The longer you're out in a school, the better you're going to be, the more prepared you're going to be, the easier the first year is going to be, and there's also a better chance you'll get hired."

Henning gave a special thanks to the faculty in the Speech and Pathology Department in the education program, noting how it has grown and thrived since his start at the University.

Henning concluded, "My experience at Monmouth has been a special one. I have enjoyed every minute of it. I've especially enjoyed the people that I have worked with and I've tremendously enjoyed working with people through challenges to successful conclusions. I'm grateful

The Office of Graduate Studies Hosts "Grad Students Give Back" Event

SARAH VAN CLEF CONTRIBUTING WRITER

Graduate students were invited to volunteer at Monmouth's Virginia A. Cory Community Garden, located just off campus on Beech-wood Avenue, on April 9. The "Grad Students Give Back" event was hosted by the Office of Graduate Studies and the Graduate Advisory Board, with the help of the School of Social Work.

Garden and Samantha Jaslow

fice of Graduate Studies, coordinated the event by providing volunteers with a morning garden preparatory workshop and giving them guidance as to how the garden was to be prepped for the new spring growth.

During the lunch break, graduate students of English read excerpts and poems affiliated with nature. Melissa Badamo, an MA in English/ Creative Writing student, read an original poem titled, "All Marie Weimer, Intern of the There's Left is Violet," which Virginia A. Cory Community illustrates how love and nature can coincide with one another



Graduate Assistant for the Of-

"It was such a great op-



PHOTO COURTESY of @mugradlife Graduate students volunteered at Virginia A. Cory Community Garden on April 9.

Students attended a garden preparatoy workshop and read excerpts and poems affiliated with nature during their lunch break.

portunity to read an original poem about nature to celebrate not only the new spring season, but also what the garden represents—community and giving back," Badamo said. During the reading, volunteers were able to ask the readers some questions while they enjoyed a windy but sunny day surrounded by blooming flowers.

The Community Garden has provided food to over 50 families in Monmouth and Ocean counties. According to Monmouth's website, the garden began as, "a cooperative volunteer effort run by the School of Social Work with

the assistance of a steering committee of gardeners and Monmouth University faculty." The garden strives to grow a community by providing a safe place for students and faculty to come together for a good cause. The event aligned with the garden's mission statement, which is to provide educational opportunities for all ages to learn about gardening, sustainability and wellness.

Weimer emphasized that the community garden seeks to, "provide a sense of community that bridges the gap between faculty and students, as well as community mem-

bers to better improve the less fortunate." The Community Garden also gives students and faculty the opportunity to connect with one another across multiple schools of study by connecting with nature. It's a place of new growth and togetherness.

On Saturday, April 23 from 12-3 p.m., The Community Garden_will be hosting an Earth Day celebration with live music from local artists, a poetry reading, and local businesses with an angle on ecosustainability. Students who are interested in volunteering can email Marie Weimer at s0874232@monmouth.edu

Breaking Up is Hard to Do: Why Heartbreak Feels So Heartbreaking

JAYME MARTINI CONTRIBUTING WRITER

ficially dated. It is a cycle: you wandowski said. meet, you spend hours together When you go through a breakdance.

on the road that looks like his, sociated with them. someone—everything.

world, going from all to nothing. torture on my part. That person cutting something feels like the world crashing ki explained. down through a psychological It's like, when I see him in class, out if there was something more munication class. productive I could be doing, other than wallowing in self- "All Too Well" that has been hit-

pity and listening to Taylor Swift's ting me the hardest lately is the beginning of the bridge: "Well

"When you get into a relation-I recently went through some- ship, you devote part of yourself thing that a lot of people my age to your partner and also take on have experienced: a breakup many of their traits. We call this with someone I never even of- inclusion of other in the self," Le-

every week, you form a connec- up, it's like you are losing a part of tion, you meet their friends, you yourself. You two create your own two are acting like you are in a inside jokes and your own sort relationship, and then boom- of traditions, things that only the they hit you with the "I'm afraid two of you will understand. Conof commitment" song and sequently, if the two of you break up, you sort of have to rediscover Lately, everything makes me part of yourself, because you lost think of him. I notice every car a part of your identity that was as-

I am reminded of him imme- I keep finding myself feeling diately whenever I hear a Bob as though it's wrong to move on Dylan song. And when I hear from him. That letting go of misssomeone talk about him, my ing him would somehow mean I heart pounds and all the memo- don't care for him anymore. That ries come rushing back. All the by holding on to all of those emolaughs, all the anticipation and tions tied to him, good and bad, excitement of starting to fall for there could still be a presence of him in my life. We're also in the It feels like the end of the same class, so it's just a little bit of

"Like above, it's a bit related to off that could have been great, the fact that so much of yourself before it even started. I wanted is wrapped up. We're social creato find out more, though, about tures so we also have a general why going through a heartbreak fear of being alone," Lewandows-

perspective. So, I decided to talk I feel like I'm seeing someone who to Gary Lewandowski Jr.,Ph.D., really got to know me, someone Professor in the Department of who I was truly convinced was Psychology, who specializes in going to be a part of my future. the psychology of intimate rela- And that's not what you are usutionships. I also wanted to find ally looking forward to in a com-

The part of the aforementioned

maybe we got lost in translation/ Maybe I asked for too much/But maybe this thing was a masterpiece, till you tore it all up/Running scared, I was there, I remember it, all too well." If one of the people involved in this relationship is afraid of commitment with you, anything you ask for from them will be "too much."

This can also mean that you two have different attachment styles. Lewandowski said, "People who are secure (comfortable being close and not worried about their partner leaving them) have the best relationships. They are most compatible with others who share their secure attachment style.'

Very soon into this "situationship"- as many Gen-Zer's like to call a relationship that never had an official title-it never felt super secure, because he said that he was "weird" with relationships. I was comfortable opening up to him. We really clicked and understood each other, and it seemed as though he felt the same way. We could talk for hours with no awkward pauses. We shared our pasts, talked about our families and what it was like for us growing up. It felt like we were forming a deep, meaningful connection to each other.

But that one issue kept popping up: he was cautious of committing to anything more serious with me in the future. "There are lots of possibilities of why someone is afraid to commit to you," Lewandowski said. They can be trying to work on themselves, they may

PHOTO TAKEN from Pexels.com Heartbreak can be a painful experience because you have be-

come attached to that one person, and losing them means having to rediscover that part of yourself.

have trauma from past relation- truth is, you two were much ships, or they may be holding out more than friends, and it is difjust in case 'something better' ficult to be friends with someone comes along." So, it's not you, and that you know you want much just because it never had a title on more with. it doesn't mean it was any less special.

was special to you is the largest a prominent part of your future. hurdle. It may take weeks, months, You lose part of yourself and to get to a place in which you re- who you were with them. But, by member the good times and appre- taking it day by day, focusing on ciate what you two had, but are not the positives of that relationship sad about losing them anymore. and not what made it fall apart, Lewandowski gave his advice for getting over a breakup: "Write stop mourning it. about it, especially the positives. Avoid trying to go back or even Too Well" at least a hundred looking back. A complete break is times since the "situationship" most often best. Staying friends is fell apart, the best lyric that ties

It is hard to lose someone that you hit it off with so quickly and Getting over that person that that you thought was going to be

Because I've listened to "All difficult, especially if there are any ingering feelings." together why breaking up hurts so much is: "You told me about It may be a nice sentiment, wanting to "be friends" but the was me."

University Staff Spotlight: Rich Carragher and Patrick Pagano

JOHN SPINELLI STAFF WRITER

Have you ever attended a football or basketball game on campus? Or have you seen the other great 20 sports teams compete at home?

Well if you have, Rich Carragher, Associate Athletic Director For Event Management, and Patrick Pagano, Associate Athletic Director for Facilities and Operations, are the two individuals who share an important role in making the regular season/championship games a reality.

Some of their many responsibilities include managing all the York Yankees, college basketball, and horse racing.

Pagano, who recently joined the University in October 2021, is native to Hamilton Township and attended Towson University obtaining his bachelor's degree in sports management, and his masters in sports business administration at Temple University. During his time at Towson University, he gained experience working as a supervisor for the sporting events.

With so much preparation needed in order for a game to run smoothly, Pagano and Carragher receive help from a team of students and community members to make the magic happen.

Orlando Ferreira, a junior home-





Rich Carragher and Patrick Pagano share an important role in making the regular season/championship game a reality. Both agree that their role has allowed them to network with other people within the NCAA

it comes to retaining clients year after year. "Whether they are converting the space, scanning tickets for entry, or picking up trash left behind, they do it with a smile. We cannot say thank you, enough."

Becoming an event staffer gives students who are passionate about sports the ability to be a part of this world on a regular basis while picking up career skills for the future.

Ferreira said, "I definitely made friends and I did get to appreciate other sports on campus during this job, especially because most of the events were my first experience working at them or even seeing them, such as football."

Carragher noted, "The Event



games, reaching out to visiting coaches and referees, and preparing the stadium, lockers rooms, lineups and fields.

"My experience has been great. It is always a thrill to be on the sidelines and be close to the action," Carragher said, reflecting on his experience as a manager. He graduated with a business degree from St. Joseph's University in Philadelphia and has been with Monmouth University since 2001.

During his time at the Jesuit college, Carragher was the manager of the St. Joe's Hawks elite men's basketball team. Since he grew up in Spring Lake, he has always been aware of Monmouth's influence in the local community. Sports have also always been a critical part of Carragher's life as well; he played baseball and ran cross country in high school. Carragher is a fan of the Hawks, but also enjoys watching the Philadelphia Eagles, New

land security student, talked about his experience as an event staffer working directly with Carragher and Pagano.

Pagano and Carragher both agreed that their respective positions allowed them to get to know other people within the National Collegiate Athletic Association (NCAA).

Carragher said, "It is a great way to meet and network with others in the large world of college athletics. It is always fun to watch a major event on TV like the Final Four and see referees on a major stage that worked a basketball game at Monmouth earlier in the year."

Pagano added, "Most people hold big name coaches and officials in a higher regard, but in reality, they're just regular people with a passion for sports."

Every job comes with its challenges, and these are not the exception. Pagano explained,

"Sometimes you come across individuals who aren't the easiest or best to work with, but by and large, most are good people. You make personal relationships and connections with many of them." Nevertheless, what they have learned throughout their roles outweigh any obstacles they may face. Carragher mentioned that this role has helped him learn more about sports he wasn't so familiar with, like lacrosse or field hockey. At the end of the day, Carragher was able to understand how fast paced and exciting the world of sports can be. Pagano noted that overseeing 24 sports has helped give him a

different perspective about the

community, while gaining exposure to other sports they might have not been familiar with.

est to sports such as rowing/crew and track and field was limited to major events like the Olympics. Now, I deal with those programs daily and am much more intertwined into the game and the inner workings of it."

Lu-Ann Russell, Senior Director of Conference Services and Special Events, works collaboratively with the Athletics Department for the utilization of space for internal and external clients

Russell said" Rich and Pat not only assist in the formal execution of the event but also serve on committees to ensure a voice from the Department is heard in the creation of the event."

Russell also emphasized the athletic environment. He ex- vital role that the events team plained, "My exposure and inter- of students and staff play when

Staff job is a great way to build customer service skills by the frequent interaction with spectators."

Pagano added, "The event staff provides a fun and engaging atmosphere for you to meet your fellow classmates and grow your network. We employ a wide range of students with different majors as well as athletes, so it definitely gives you the chance to become friends with individuals you never thought that you would."

He also highlighted that not everything is about work, because they also have fun. Pagano mentioned that this is a great opportunity for students to get their foot in the door if they are interested in event management or hospitality.

Carragher concluded, "Working in Event Management is a rewarding career, and the Monmouth community is a great place to be a part of. I've certainly enjoyed being a part of it for 21 years."

"Jersey Shore: Family Vacation" Successful Reboot

JAYME MARTINI CONTRIBUTING WRITER

you wanna have fun then able to its audience. do something crazy!" It's ity show "Jersey Shore." to every cast member's one liner introduction from binge watching this show over and over.

Eight twenty-something Northeasterners a shore house in Seaside Beach, New Jersey, where they were filmed house, working in the same apparel shop in orspan of those three years.

The cast consists of Jenni "J-Woww" Farley, Pauly Delvecchio first and second season.

son.

The revived version of grown-up but still as in the first place. hilarious as ever. The comes along with it. The magic of this show, crisis and recession. different decades, is that the cast members have truly remained themselves. They do not shy away from the mistakes they made in the original run of the show, but rather own them and grow from them. The problems have remained relatable.

Whereas those on "The

Hills" revival or any of the women on the variersey Shore: Fam- ous "Real Housewives" ily Vacation" and why franchises may have drafew reality show reboots ma over dinner parties or work as well as this one. if someone didn't wear "Get crazy! Get loud! their clothing line, "Jersey Let's party! Get loud! If Shore" has remained relat-

Farley, Magro-Ortiz and the iconic opening cred- Pivarnik have all shared its of beloved MTV real- the problems that they have had in their relationships, If you are anything like Polizzi and Cortese talk me, you can recite along about the joy but also the stresses of being a parent. They have remained palatable and relatable to a wide audience while still being funny.

"Family Vacation" also is were all put together in in tune with what their audience wants to see. People tune in for the drama but stay for the sweet and funall living together in the ny moments that this cast has been known for.

"Jersey Shore" has beder to stay in the house, come known for their iconand partying at clubs ic one liners like "Gym every night from 2009- Tan Laundry" or "T-Shirt 2012, with six seasons Time", and for the roast airing on MTV in the sessions that they regularly hold (think the whole "she's too young for you Nicole "Snooki" Polizzi, bro!!" moment from season four).

They are constantly (otherwise known as DJ making callbacks to the Pauly D), Vinny Gua- original run of the show dagnino, Mike "The Sit- on "Family Vacation." Soruation" Sorrentino, Ron- rentino, from time to time nie Magro-Ortiz, Sammi brings up when he ran di-"Sweetheart" Giancola, rectly into a concrete wall Deena Cortese, who while being in an altercajoined in season three, tion with Magro-Ortiz and Angelina Pivarnik while in Italy, and reflects for a small fraction of the on how far he has come. Or Pivarnik brings up that This show that took she cannot believe she is so America by storm at the close with the people who end of the 2000s was re- once called her a "dirty vived in 2018 due to a little hamster", and fought large fan demand and is with her constantly, in the currently on its fifth sea- second season of the original show.

The production and cast this show finds the cast knew how to make a show all in their thirties and new and fresh without forforties now, with spous- getting where it came from es and children, and all and what made it so loved

It also seems that both only cast member to not runs of the show came come back to the show is at times when audiences Giancola, but Pivarnik, needed a breath of fresh air who was hardly in the and a change in what was original run of the series, on television. When "Jeris not a prominent part of sey Shore" aired for the the show and drama that first time in 2009, there was an ongoing financial and why it has remained With so many people successful now in two struggling financially, and with the repercussions of the market crash in the years following, people were not interested in seeing the ridiculous luxury that was often on display in reality shows from the 2000s, like Paris Hilton's way of life in "The Simple that the members have, Life" or the huge mansions on MTV's "Cribs." It was refreshing to see



The cast of Jersey Shore has returned to the big screen after rebooting on MTV.

normal people, like you and me, just having fun for a change, and to not have wealth shown off. "Family Vacation" started in the middle of a presi-

pandemic hit two years into its run, so again, it became an escape for people.

Jersey Shore seems to be the gold standard for realdency that was a stressor ity TV: it's quotability, its for many Americans, so relatability, and its iconagain, entertainment be- ic moments. As long as came an escape. Also, the Guadagnino and Delvec-

chio are best friends, Polizzi and Cortese, who address themselves as the two "meatballs" because of their short stature, get into antics, and Sorrentino comes out with his motivational and funny oneliners, people will keep tuning in.



PHOTO TAKEN from iMDb

Jersey Shore: Family Vacation was revived in 2018 by popular demand.

April 18, 2022

Dear Students:

On Sunday, April 24 the Student Government Association is excited to once again host Springfest on the Shadow Lawn from 12:00 pm to 4:00 pm. In the event of inclement weather, Springfest will be moved into Ocean First Bank Center. The Springfest committee has spent a great deal of time this year planning the events and activities that make up this end of year celebration. The day will include live music, a BBQ, inflatables, food trucks, festival games, and giveaways. Springfest 2022 will have everything you need and it should be a great way for us all to celebrate the end of a year that has been unlike any other in Monmouth University's history.

While your attendance at Springfest is a key part of what make this event so popular, it is also important that you practice **common sense** and **good decision making** before, during, and after the festival. Your respect for the rules and regulations of the University and your willingness to look out for each other are all essential to making this day successful. Therefore, I ask that you spend a few moments reviewing the following guidelines noted below that will be in effect for Springfest 2022.

- 1. If you plan to attend Springfest 2022, please know that pets/animals, open-containers, alcohol, squeeze bottles, bags, backpacks, and/or similar items <u>ARE NOT PERMITTED</u> in the festival area.
- Parking in the Great Lawn and Garden Apartment Lots will be <u>strictly enforced</u> on April 24, 2022. If you plan to drive to campus for the festival and do not have a valid parking sticker for the Garden or Great Lawn parking lots, you <u>MUST</u> park in the Commuter parking lot by the Student Center.

For those students who live off campus, I would also remind you that our surrounding communities have a **zero tolerance** for any quality of life disruptions. Should you decide to host a social gathering before, during or after Springfest, please ensure that it stays within the limits of common sense, good decision making, respect for one's neighbors, and all applicable laws and ordinances.

I hope that you will take an active role in assisting the Student Government Association and Monmouth University in our effort to present Springfest 2022 in a **safe** and **positive** manner. Your commitment to making this event a celebration of the year's achievements is critical. I know I can count on you to do so!

I look forward to your anticipated cooperation and I hope to see you at Springfest. Best wishes on your final exams!

Sincerely,

Mary Anne Nagy Vice President for Student Life and Leadership Engagement



Saturday, May 7 - Friday, July 17 The Jersey Shore Arts Center welcomes Elysia Forsyth's most recent art exhibition, "At War with Myself: Mind vs. Heart," in the Main Lobby from May 7th to July 17th. Opening night is Friday, May 13th, from 5:30 pm to 7:30 pm. Opening night and Elysia Forsyth's exhibition is free and open to the public as part of the nonprofit mission to provide Jersey Shore communities with accessible cultural engagement in the arts. For more information, visit JerseyShoreArtsCenter.org.



JERSEY SHORE ARTS CENTER

66 South Main Street, Ocean Grove, NJ

Times & dates subject to change. Please check our website and social media for event and program updates.







This program is made possible in part by funds from Monmouth Arts, a partner of the New Jersey State Council on the Arts, and the Monmouth County Board of County Commissioners.

A Bittersweet Farewell

SCHARINA BENCOSME ENTERTAINMENT EDITO

I admit it is difficult to put into words the mixed emotions that come with graduating. However, it is with excitement and yet an indescribable amount of sadness that I write my senior goodbye.

My undergraduate years at Monmouth University are finally over, and despite the tumultuous journey, I shall always remember it with utter fondness. My undergraduate years came with priceless lessons, faculty I will be always grateful for, and friends I will cherish.

Outlook from my freshman me, but for my peers whom year to my senior year was I've grown to love. an honor. I got to share with Monmouth University fac- from home. Even before I things that most matter to me. of minority groups, diversity in literature and TV, social articles that highlight my values as a writer.

voice, and became comfortable with sharing my thoughts



and supportive space Dr. Z Firstly, writing for The and Jihad created not only for

EOF was also home away ulty, staff and students the started my undergraduate path, we spent weeks over Social media representation the summer acclimating to the college environment. This was one of many things EOF and educational culture on had done for me. They taught campus, among many other me self advocacy, and that it is okay to ask for help. They provided guidance when I Here, I've expanded my felt lost and lonely, until I fiskills as a writer, found my nally found my place here and soared through my undergrad.

The EOF friends I have with strangers across campus. made on the way, as we all I'd like to thank my sisters shared the difficult experiof Lambda Theta Alpha Lat- ences of attending a PWI, in Sorority, Incorporated for changed the course of my life. supporting me and teaching Their support, reliability, and me that there is very little I friendship have made my uncan't achieve. The encourage- dergraduate experience un-

valuable lesson I carry in my ships I have built. personal life or in my future career.

transcends my undergradu- me and make me glad I will

Overall, my experience this is all a goodbye to my with the faculty and staff at undergraduate years, a good-Monmouth University- spe- bye to a facet of my life and cially the English Depart- a celebration of something ment- has been nothing more to come. I am excited but wonderful. Every profes- to experience Monmouth as a sor I've had the pleasure of graduate student, and to conworking with has taught me a tinue building the relation-

Overall, my time here has been filled with ups and Writing Services was a huge downs. There were times part of my undergraduate ca- when I doubted myself, and reer; there, I applied all the moments where- as many feedback and lessons I was of you can understand- I learning as an English Major, experienced a mental health and helped my peers become low that hurt beyond belief. better writers themselves. But it is the people that make My time at Writing Servies this place extremely special taught me how to help in a to me, that made those lows way that was productive long- tolerable. These are also the term, which is a lesson that people which is encourage





ate years. Therefore, I could more of you. not write a senior goodbye without thanking Dr. Fury am speechless and yet burst for being such an incredible, with gratefulness and adora- ulty I will be working with, understanding Professor and Director. I also want to thank Sharon Botwinick for creating a welcoming, encouraging environment.

After receiving an email from Dr. Blair, I applied to my internship at Wunderkind PR and was accepted. There, an English Major, Writing Assistant, Entertainment Editor, and more. Working as a ies. publicity intern taught me ever imagined.

When I think of you all, I Monmouth. tion. The way you have all been there for my ups and Dr. Bobbitt, and the peers I downs proves that friendship, will meet during my gradumutual empowerment and ate years. I would also like support can overcome pretty to thank my family, spemuch anything. I love you all, cially my mother and brothand leave knowing I will see er, for encouraging me and more of you as you all accom- never doubting that I could plish great things. For many do it. For going with me on I applied all I had learned as of you, I will see again as I a self-growth journey that spend another two years on has brought us much closer. campus for my graduate stud- You all, faculty, family and

more about the field than I cepted into the School Coun- cannot thank you enough. seling Masters Program here Thank you to all, and until But above all, working at Monmouth. Meaning that next time.

spend another two years at

I look forward to the facsuch as Dr. Vernon Smith and friends, have made me a bet-Recently, I have been ac- ter version of myself, and I





ment of my sisters is invaluable, and the love, unity and respect is palpable through every one of you. I know this goodbye is fairly short as I will see you all again, for our lovely organization is a lifetime commitment.

The Intercultural Center bred many of my ideas for The Outlook. There, I was inspired to write about what most matters to me, even when I was experiencing writer's block. I know the Intercultural Center and EOF will continue to be the home for first-generation, minority students who feel lost on campus. I will always be thankful for the welcoming phone call.

forgettable.

I cannot thank my Professor and Advisor Alena Graedon, Dr. Estes, and Dr. Gac-Artigas enough for making me a better, well-rounded person. Their compassion, constant encouragement and belief in me helped me overcome selfdoubt. Your support in and out of the classroom has fostered in me the confidence I need to pursue my passions, and taught me that my best is good enough. A special thank you to Dr. Del Guercio for making Shakespeare such a fun read, and continiously checking up on me throughout the semester by email or

with an understanding, hard working team of women was life-changing. I have found a passion for publicity, and expanded my adoration for literature. I've also gotten to work with titles that I truly connect with, such as books on mental health and BIPOC characters. Therefore, I'd like to thank Wunderkind PR's co-founder Tanya Farrell, and my publicist liaison Emily Afifi. Lastly, is a huge thank you to the friends and peers I have made in my time here. Nicholas Salcedo, Kayla Kennedy, Kamea Rodgers, Fradely Delacruz, Yesenia Luna, Alexa Rodriguez, Destiny Montgomery, Lissette Pena, Jessica Pak, Johnny Reyes, Gabe Vega, and so many



Monmouth Fun to Get You Through Finals

LINDA GAMMAL CONTRIBUTING WIRITER

It may be tempting to fall into the stress and anxiety that the end of the semester brings with finals and projects. But it doesn't have to be that way. After doing schoolwork, it's important to set an all or nothing approachaside time that brings you strolling a few blocks on joy and that can serve as an outlet for stress.

a constant juggle of coursework, jobs, internships, allows you to soak up some friends, clubs, and much sun and get fresh air. With more. However, to continue the sounds of the waves and this balancing act, your own birds, it's easy to forget about mental health and wellbeing impending deadlines and to should be set as a priority. Because without a healthy mindset, it is be difficult to concentrate and show your Baked Bear, Coney Waffle, best effort on upcoming finals and projects.

doesn't have to be hard, because our campus and the yourself to a sweet treat after friends to go on fun outings surrounding town is filled all your hard work. with unique spots and activities. Maria Monzon, a junior in Business student, shared some of her favorite things and journal on the beach. Deal beaches are my favor-Red Bank, Pier Village or Offshore."

fortunate to be located less than a mile away from the beach. Now that the weather is warming up, a simple walk on the boardwalk can do wonders for releasing endorphins that make you feel good. It doesn't have to be the boardwalk will get your body moving in the right di-Being a student requires rection. Being immersed in nature, such as at the beach, relax for a moment. Some fun spots near the Pier Village boardwalk include The and the Boardwalk Fun N' Games arcade. Grabbing ice Finding the perfect outlet cream with friends is a great way to catch up and treat

Although it's encouraged moderation, shopping can be a great way to kick back and relax with friends she likes to do through the or even by yourself. Juliette semester. She said, "Around Tordjman, a sophomore bicampus I love to go de-stress ology student, said that she enjoys shopping along Pier Village's shops because they ite. I also really enjoy going offer trendy items at good on dates with my friends in price points. Even if you

At Monmouth, we are so ing other people, and checking out the newest items can offer a change in perspective.

Danielle Shabat, a sophomore Social Work student, pointed to some notable University locations that help her feel relaxed. She said that she loves hanging around The Great Hall and the Gardens because of its beautiful architecture. Changing up your location and atmosphere is a great way to freshen up your routine. Consider checking out the new Parson Cafe in the Great Hall! They serve matcha lattes, coffees, and more. Instead of gravitating towards the same study spots or rooms in The Great Hall, try to explore the different nooks within the grand building. Some students find that they enjoy hanging anywhere near a window with the view of the gardens.

Getting together with on the weekends or during a free moment is another amazing way to recharge your batteries in preparation for finals. Check out these local and simple outings: Monmouth Park Racetrack, Six Flags Great Adventure, The Stone Pony, Point Pleasant, Stumpy's Hatchet House, and the PNC Bank Arts Center. By breaking up your rou-



Heading out to our local beaches is one of the best ways to destress.

outside of the classroom. win prizes with raffle tickets, If you have online courses, then going on outings is even more crucial because online courses usually involve more you have the opportunity to screen time. Having classes online in your dorm or home back and relax before and can blur the lines of academic schoolwork and your own beach being so close, there's personal home space, so it's important to get out and have fun.

event is coming up on campus and architecture can take to gear up students for finals, and that is Spring Fest! This amazing event will be held on Sunday, April 24 from off schoolwork and to catch a 12-4 p.m. on Shadow Lawn. break between classes. With There will be a handful of Monmouth's Spring Fest performers ready to celebrate around the corner, you'll be with students: DJ Za, Malibu, able to sing and dance with Buffout, and UMÉ. There your friends and grab some will be plenty of opportuni- good bites of food. We're ties to taste some amazing almost through, remember don't purchase anything, tine of studying, you allow cuisine with more than six to take care of simply strolling around, see- yourself to take a much need- food trucks. Students will have some fun. cuisine with more than six to take care of yourself, and

ed second to enjoy moments also have the opportunity to including air pods and a \$150 Visa gift card.

Just by being at Monmouth, explore so many ways to kick during final season. With the countless ways to incorporate some sunshine and waves into your routine. The Great Lastly, the most anticipated Hall's impressive design vou away to an oasis here at Monmouth. Local outings allow students to get their mind



MU Sports Industry Club Goes to MSG

ERIN MULLIGAN SPORTS EDITOR

Imagine going to Madison Square Garden for a Knicks game but you also get a tour of the arena and get to hear from a panel of sports industry professionals? Some MU students don't have to imagine anymore because they got to live it.

don't have to imagine anymore because they got to live it. On March 28, the Monmouth Sports Industry Club spearheaded a trip to MSG with plenty of Hawks in tow who were looking for a fun and educational experience. This trip was an incredible opportunity for those who are looking to enter the sports industry.

was an incredible opportunity for those who are looking to enter the sports industry. Although the Sports Industry Club spearheaded this trip, you didn't necessarily need to be a member of it to attend. If you're interested in sports then you were welcome to join and the club decided to reach out to other Monmouth student-run organizations on campus.

Monmouth's Sports Industry Club President Haider Husaini said, "In order to give as many students the opportunity to go on this trip, we had to collaborate with other clubs to help offset the costs." The club collaborated with Hawk TV, WMCX, the Economics and Finance Club, and Future Business Leaders. He added, "This process took a lot of energy out of us, and I have to hand it to my VP, Luca Morello and our advisor, Professor Harmon."

The entire process of pitching the idea to MSG and Monmouth's Student Activities took a total of almost a year to complete. This was all due to the unknown changes in COVID protocols for both the arena and Monmouth University.

protocols for both the arena and Monmouth University. The idea for the trip was sparked by the MSG Group Sales Representative, Phillip Young. The Sports Industry Club Vice President Luca Morello said, "We started on a zoom call last May with MSG Group Sales Rep Phillip Young, where he introduced the idea. Due to the ever changing CO-VID protocols from both MSG and the University we were unable to make the trip happen during the fall semester."

Morello said "He pitched the idea of a trip to us and us as the Sports Industry Club were interested in making it happen."

terested in making it happen." Morello spoke about the process and communication between them and MSG saying "We stayed in contact with Philip and over winter break we reopened discussions of a trip." Due to the persistence of the Sports Industry Club's executive board, many Hawks had an unforgettable experience. Once everything was set in stone, on March 28, two Monmouth Athletics Busses showed up to campus, parked in front of the student center, and the attendees boarded. Husaini said, "To walk out of the Stu-



The view that the students had as they watched the Knicks play on the court they were just shooting free throws on.

"...the experience of shooting free throws on the MSG court was a bucket list moment."

Luca Morello Vice-President, Monmouth Sports Industry Club



dent Center and see two of the Monmouth Athletics' busses parked outside was not something I expected whatsoever."

The very second the Hawks arrived at "The Garden", the experience started with the scene of Hall of Fame broadcaster, Mike Breen, walking in. The Hawks were given nothing but a V.I.P experience as they were ushered into the V.I.P lounge to hear from the panel.

Off the panel Morello said that Monmouth alumni, Jennifer Kurowsky, who is the Manager of Group Sales Entertainment and Tourism, and Lindsay Hayes, who is the Senior Manager of Communications for the New York Rangers were amazing.

ing. The VP stated, "They gave everyone great insights about their careers that I feel gave students a vision of what each respective job was like." Not only did the panelists

Not only did the panelists give great advice but what stuck with Husaini was the progressive way to a successful career in the industry. "The professional panel gave us advice to apply in our daily lives to develop our careers. We were told to look for and capitalize off of any opportunity that comes our way."

way." After their insight to the field, the group went to shoot free throws on the court and watch the Knicks game. "Walking onto the court immediately gave me chills. 'This is the 'mecca of basketball', I was thinking. I looked around at the thousands of empty chairs. I then gazed upon the scratchedup hardwood thinking of the decades of history of New York entertainment."

Morello stated that he enjoyed the panel the most because he saw how two Monmouth alum were in positions that he is considering pursuing. He added, "The whole experience was a joy as the guest speakers were great, the game was competitive, and the experience of shooting free throws on the MSG court was a bucket list moment."

Not only was this an amazing experience, but it opened up another opportunity with the Brooklyn Nets. The day after the trip, the club specifically received an invitation to sit in box seats for a Nets game and the Sports Industry Club represented Monmouth at the Barclays Center.

The club met with event planners and an equipment manager for the Nets. Husaini said, "The representatives from the Nets were wonderful and provided



PHOTO COURTESY of @musportsindustry Students listen to a panel discussion.

ture. TESY of @musportsindustry son Square Garden ills. " ng of the "

PHOTO COURTESY of @musportsindust **Students** take a selfie while enjoying the game.

The mix of MU students pose for a picture after hearing from the panelists at Madison Square Garden who gave them career advice.

"Walking onto the court immediately gave me chills."

" I then gazed upon the scratched-up hardwood thinking of the decades of history of New York entertainment"

Haider Husaini President, Monmouth Sports Industry Club were wonderful and provided us with long-lasting memories."

The Monmouth Sports Industry Club has made incredible strides especially after winning Program of the Year for the Knicks trip. The future of the club seems to be in great hands and has an amazingly bright future.

A SHY GIRL WHO WANTED TO TALK SPORTS ERIN MULLIGAN'S SENIOR GOODBYE

ERIN MULLIGAN SPORTS EDITOR

been an illusion. They've not everyone gets to have been a long four years that went by in a flash. One Sunday when I was six years old sitting on the couch with my Dad, Erin Andrews came on the T.V. for her pre-game report and that's when I knew what fact that I often get mistaken

I wanted to do. Sort of. Growing up, I had a bunch of dreams and career wise, the main two were are literally the best thing to either work in sports that has ever happened to or entertainment. I fell in love with writing at a very young age when I realized how magical words can be all thanks to Taylor Swift's impeccable songwriting. I also always wanted to be on much I love you. Thanks T.V. but I was a painfully shy kid who was scared to actually pursue it and scared of my own shadow. family: my aunts, uncles, In sixth grade, I wrote grandparents, an article about the Giants winning the Super Bowl

for class. My teacher told me that I did a great job and she asked me to not classes in middle and high school along with joining my school newspaper. Coming into college, I was confused. I just wanted I work hard and have to work on One Direction or Taylor Swift's teams and go on tour with them but that support system behind wasn't the most realistic me. How lucky am I to be goal. I realized at orientation that I was not meant to be in make me laugh until I cry the music industry. I called my Mom and told her that I needed to change my major. She said, "I knew it.

I wasn't gonna say anything, but you were always meant to be in sports." That was also when I realized that my Mom knows everything and is always right. My family is the most whole entire world. I got my love of sports from my Dad. every day by answering

and execution of developing my blog and YouTube channel. They both push me. They both support These past four years have me. Mommy and Daddy, two parents who are as loving and fun as you are and I don't think that I'll ever be able to properly express to you how much I love and appreciate you.

To my sister, despite the for being your friend or younger sister (even though I'm seven years older), you me. Elise Marie, I know I tell you I love you all the your personal space, but I don't actually think you'll ever understand just how for every single thing you do for me. I love you, Bubs!

To the rest of my cousins: I love you all so, so much. You all keep tabs on everything I'm up to and your support means so much to me.

To my friends both at MU stop and to keep at it. From and from home, I love you then on, I took journalism endlessly. You're some of the most fabulous people who have done nothing encourage but me.

Part of the reason that confidence in my work is because I have a gigantic surrounded by people that and love me so much that I feel as though my heart could burst. I love you all so much!

To everyone at CCM, thank you for helping me develop a greater appreciation and love for the Catholic faith and to Cristina for providing a wonderful environment where we are always learning and laughing! I made the important thing to me in the best decision of joining the Catholic Campus Ministry where I found friendships My Mom gets me through that I will cherish forever. To everyone at Hawk

every single one of my T.V, thank you for making hundreds of calls and texts the studio and control been far from easy but I have a day even if she's at work. room a great learning learned so much from my time

fun! Thank you, Professor Scott and Professor Dolphin for guiding us and rooting for us throughout our goals in the studio and beyond as well as giving us unmatched insight on the media industry. I have met some amazing people and I will hold onto the lessons I learned and memories we made forever.

To everyone at The Outlook, thank you for the support over the years and for all of the knowledge I have gained. Thank you to my writers, fellow editors, and Dr. V for your advice and great conversations! Both clubs are filled with time and constantly invade such talented people and I am so excited to see what everyone accomplishes! I came to Monmouth as a petrified freshman and started out as an entertainment writer for The Outlook because I was scared to make the jump to sports. Sophomore year, I was sick of being a wimp and I joined Hawk T.V. where I became a news anchor and got involved with the sports shows and last year was awarded "Most Outstanding Member". Soon after joining Hawk T.V., I became a sports writer for The Outlook.

This year at Hawk T.V I coproduced and was an anchor of the sports talk show, "Under Pressure" and "Hawk TV News", I became sports editor for The Outlook, and the Publicity Chair for the Catholic Campus Ministry. I've done all of this but not alone. Thank you to every professor who has helped me along the way.

I want to give a big thank you to some of the most impactful educators I had as well while growing up: Mrs. Hathaway, Mrs. Aloia, Mrs. DeWitt, Ms. Kenney, Mrs. Britting, Mrs. Calendrillo, Mr. Hunt, Dr. Pepe, Mrs. P, Mrs. Sibilia, Ms. O'Hagan, Kelly, Señora Señora Rodriguez, and Mrs. Perry. You all helped me come out of my shell. Again, thank you to my family and friends. It has





for at Monmouth. So long, MU, They've both encouraged environment and me throughout the process making the club so much thank you for everything!



MU Track Dominates In Split Competitions

JOHN SPINELLI STAFF WRITER

this past weekend on April athletes and coaches. We're gold, winning the 3000-meter 15, competed at the Buck- taking advantage of these opnell University Invitational portunities and enjoying the the 800-meter, junior Chantel in Lewisburg, PA and Mora- process." vian Invite, at Moravian University in Bethlehem, PA on senior Jalen Jones won both 4x400m, freshman Jordan Friday April 15. The men and the 200m and 400m in blazwomen's team did very well. ing times of 21.46 and 48.62. Most of the distance and mid- Meanwhile Yasmeen Tinsley distance athletes went to Buck- won the 400-meter hurdles nell while the jumps, throwers, easily in 1:01.23, which is now and sprinters went to Moravian 6th place on Monmouth's all-University.

team at both places with sev- won her event.

eral top ten performances and victories at Moravian. I'm real-

time list. The past weekend

In the farther events at

Moravian, junior Steven The Track and Field team ly impressed with our student- Baah-Mensah took home the steeple with a time of 9:51. In Osley also won the event in At Moravian University, 2:17. Additionally in the men's Ricketts, graduate student Tim Jacoutut, senior Jalen Jones and sophomore Matt Martino won the relay in 3:22.85. For the 400m, freshman Madison Latimer also won her event.

In the sprints, sophomore Head Coach Mike Nelson had a variety of winners and Brandon Muir took the win noted on the invitationals, "It top ten performances. In the while junior Azez Adedokun in was a great weekend for our 400m, Madison Latimer also second together both ran under



Lauren Saifi prepares for her pole-vault event during her competition where the track team was split up yet had a very successful weekend.

11 seconds in the 100m. The Lou DiLaurenzio, sophomore sprints also had other victories with senior Naeem Green winning the 110mh and Danny Fenton winning the 400mh.

In the Pole Vault, senior Lauren Saifi earned the gold finishing first place with a jump of 3.65 meters. This also places her third best of all time in school history. Sophomore Connor Bennet also won his event winning the pole vault in 4.70 meters.

In the jumps, freshman Veronika Chainov won the High Jump easily. Junior Natalya Torres also had a good day, winning the Long Jump in 5.72 meters. Sophomores Colson Martin won the Long Jump, Kevin Kevelier earning the High Jump, while senior Mo Diagouraga won the Triple. Freshman Rett Schnoor in the long jump and 100 meters had marks which made the top ten of school history.

In the Javelin events, Danielle Steff took the win with a throw of 48.97 meters. In the additional throwing events, junior Mujeeb Ali won the shot put, while sophomore Natalie Rolon Issa won the women's event as well. Senior Alexis Uzoaru threw a far 51.52 meters in the hammer throw.

Many miles away in Lewisburg, the team competed under the stadium lights during an evening of fast time. At 4pm, ter in the 1500 meters, senior versity in Lawrenceville, NJ.

Stone Carracio, and senior James Hoffman all ran under 3:50 in the 1500m while freshman Tennesee Tremain was not that far off in 3:53.

In the women's distance events, senior Keelyn Cummings ran 17:35 in the 5000m while sophomore Marisa Kilgariff was fifth (all time in school history) in the 3000m steeple. The team had a strong showing in the 1500m, when senior Ashley Navarro ran 4:30.22 and sophomore Katie Locker ran 4:31 both running top ten school times.

For the 10,000m later in the night, sophomore Seb Reed ran a hot time of 30:21 while juniors Cam Janovic ran 31 and Jared Taylor 31:10. During the women's event, fifth year Mackenzie Jones was very close to the school record, running a blazing 35:34 and following her was senior McKenzie Delahanty in 36:39 and sophomore Allie Pierontoni in 37:29.05.

Up next, the team only has the Virginia Challenge at the University of Virginia in Charlottesville, VA on April 23 and the Penn Relays on April 28-30, for the regular season.

Penn Relays is the oldest Track meet in the country, dating back to 1895. Afterwards May 7-8 marks the start of the championship season at senior Michael Pavicic ran a the Metro-Atlantic Athletic new personal best of 9:16 for Conference (MAAC) Outdoor the 3000m steeple. Shortly af- Championships at Rider Uni-

Monmouth's Busy in the Win Column

ERIN MULLIGAN SPORTS EDITOR

JOHN SPINELLI STAFF WRITER

The Monmouth University Baseball team struggled this past weekend against Quinnipfirst game of the series that they dropped to the Bobcats.

On April 15, the Hawks ters, a career-high. Both Alex Monmouth softball." Barker anad James Harmstead

two earning a score of 6-4.

During their win, the team was led by home runs from Stavi Augur and Abby Warner. There was no score for five innings until Augur hit a two-run homerun to left center at the top of the sixth to get things going. Head Coach Shannon Salsburg iac despite earning a win in the told Monmouth Athletics "I am proud of how the team rebounded." She added, "Billie was outstanding, we had clutch hitting won 7-4, where star pitcher Trey and the team fought until the Dombroski struck out 13 bat- very last pitch together. That is

As for lacrosse, there was a homered during the match-up ton of winning with both the that opened league play. Ste-phen Aldrich struck out two ing wins. The men's team got a batters in the ninth, earning win against Canisius 6-4 with a strong defense. Noah Lode, In the next game, the Hawks who was named MAAC Coahead, the team will face Man-The women's team earned an exciting win on Senior Day over Marist 18-9. Eleven different Hawks made a goal on Satur-Three Hawks homered but the day. Head Coach Jordan Trautman told Monmouth Athletics Head Coach Dean Ehehalt "We are thrilled to get another big conference win. It was a great day of lacrosse and exciting to continue to see consistent play. We now head into our bye the road, we need to play better week to rest and recharge for our final regular season conference game next Saturday." During the past week, Men's Monmouth softball split a dou-and Women's Golf and Tennis bleheader with Marist on April closed out the regular season, 16. In game one the Hawks fell with men's tennis taking home 16-0 but surged back in game the title of Regular Season

season with no losses in the conference.

On April 11, Men's Tennis at home in a match against Rider University, honored the seniors Austin Klapman and Sasha Pachnev. In a good way to end their careers, the two also won their doubles match. On April 16, the men's team secured the spot of officially winning the regular season. The team was 7-0 against Niagara University at their course.

been a fun and very successful season. Now we will have a strong week of practice and be ready for the MAAC Tournament next weekend." Contributing to the win was Niels Van Noord, Victor Castro, Dmitry Bezborodov, Lucca Silva, Charlie Penman, Arthur Dussaubut, Christof Zeiler, and Trent Massam. Unfortunately, the women's tennis team this year was unable to make the MAAC Conference playoffs. They lost a match 4-3 to Niagara University. Head Coach Patrice Murray said, "I am proud of our team's fight today and all season long. We came up just short of making the conference tournament." Senior Nicole Glasser and graduate student Sydney De-Nardo were honored for their contributions to the team for the past four years. During Rookie of the Week.

champions- scoring a perfect the match, Nicole Glasser and Hart, and fifth years Cassidy sophomore Zoe Klapman won Gavaghan and Isabel Vance two singles while in the doubles the team had a good competition.

> Glasser and Lenien Jamir won where the team scored ninth at their match, while Zoe Klap- the Abarta Invitational. Coach man/Jo Pax and Maddison Bill Britton noted, "This was Mills/Lauren Landstrom won their doubles matches easily, nitely an improvement. Ninth however due to the singles com- place does not sound great but petition the team came short of the overall victory.

The Women's Golf team also Head Coach Chris Leiht had their last home meet on like we expect them to, which said, "We are excited to finish Thursday, April 14, at Eagle is adding to the consistency of the MAAC regular season with Ridge Country Club in Lake- our team." an undefeated record. It has wood. Junior Claire Orr victoriously won the meet winning Women's teams will head down her first collegiate career win as to Disney World in Orlando, a Hawk. In addition, during the Florida for the MAAC Conferbeginning ceremony, seniors ence tournament from April 20-Mackenzee Matarese, Amanda 25 to complete their seasons.

were honored for their time on the team.

The Men's Golf team had an For the doubles, Nicole away competition on April 12, a good tournament for us, defiwe lost by only 13 shots against the strong 20-team field. Our younger guys are playing more

Up next, both the Men's and

Monmouth's defeat.

lost 13-5. During this match-up, Defensive Player of the Week, Phil Stahl hit his first career committed 12 saves. Looking homerun. Although the bullpen did not allow an earned run, the hattan on Friday. team wasn't able to get the win.

On Saturday, the Hawks officially lost the series when they lost 13-7 against the Bobcats. team couldn't catch up.

told Monmouth Athletics, "Today we fell behind early and were unable to dig out. In order to win conference games on baseball. Phil Stahl had a good day for us.'

Over on the softball field,



PHOTO COURTESY of Monmouth Athletic

Billie Kerwood pitches during MU's win and earned MAAC Softball



SO LONG, HAWKS UNTIL NEXT SEMESTER





Claire Orr of the women's golf team won her first tournament while the mens team placed ninth. Men's lacrosse earned a win as the women's team defeated Marist on Senior Day.

SEE STORY ON PAGE 19

PHOTOS COURTESY of Monmouth Athletics