

# The Outlook

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PHOTO TAKEN by Matthew Boyle.

## FAMCO members and student leaders organize campus labor action

*Monmouth community speaks out about the importance of fair faculty wages*

KRISTEN FRAWLEY  
CONTRIBUTING WRITER

On Wednesday, Sept. 18 at 3:30 p.m., over 100 Monmouth University faculty, members of FAMCO, and an estimated 20 student leaders gathered in front of Bey Hall to lead a labor action which consisted of hand delivering an open letter to President Leahy asking him to support the faculty union's bargaining team's fight for fair wages. FAMCO, the University's faculty union, has been

in negotiation with the administration over the terms of the faculty contract since February. Now, approaching an eight-month negotiation period, issues of healthcare, salaries, and more have yet to be settled.

"The administration doesn't seem to hear our concerns during negotiations, so we felt the need to make a more vocal stand," stated Elizabeth Gilmartin, PhD, professor of English, when asked about the reason behind this event.

Senior English student Meghan Reilly took part in the demonstration and remarked, "I have a lot of professors who are very involved with FAMCO and I want to support them in getting their needs met by the University. I also think it's important to show that students actually are paying attention to what is happening and that we care deeply about the livelihoods of our educators."

FAMCO is fighting for liveable

salaries, and fair and equitable compensation across disciplines.

One professor, who wanted to speak under conditions of anonymity describes concerns over a potential drastic increase of 30-70% in health insurance premiums, urging administration to take cost of living adjustments into consideration. If this is not done, this professor worries that they along with others will no longer be able to afford to work at Monmouth University. Due to inflation, faculty lost over 8% of real earnings between 2020 and 2023, according to data collection done by FAMCO.

"When our faculty are at risk of leaving Monmouth, or distracted by stress because they can't afford to live here, or have to pay high costs for their healthcare, or have to get a side job to keep doing what they love as professors, then that hurts our students too- and we just can't abide by that.

We are heartened to know that our students can understand how our efforts for a fair contract and our fight to protect the academic mission are one and the same," said Johanna Foster, PhD, professor of Sociology.

FAMCO members wore red t-shirts that promoted the organization while carrying signs that supported the cause. This group attracted the attention of surrounding members of the Monmouth community who clapped and cheered on the group as they walked.

When the group made it to the Great Hall, they proceeded to the second floor to President Leahy's office, where they were met with closed doors.

This did not stop the group as Professors Kathryn Lionetti and Richard Cox stopped in front of the doors and read aloud the letter with a megaphone in hopes that members of the administra-

tion inside would be able to hear their message.

The following day, students showed their support for the faculty union on various social media platforms. Amanda Stojanov, PhD, professor of Communication, recalled, "Since the event we have heard a number of supportive statements from staff and students, particularly through our engagement on social media... One student writes 'My favorite professors fighting the good fight. Support fair contracts for professors and faculty on campus #FAMCO' including a number of comments under our posts supporting the recent concerted union activity on our @mu\_famco instagram page."

Various other stories are currently linked on the @MU\_FAMCO instagram account.

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# Members of the Monmouth community re-adjust to new budget cuts

**BAILEY FREDERICKS**  
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EDITOR-IN-CHIEF/NEWS EDITOR

The Fall semester begun with many departments and other university units having to rebalance and re-prioritize their spending. Departments and organizations were notified of the budget cuts that were rolled out during the summer. “During the early portion of the summer we were told that our [Writing Service’s] budget was essentially going to be cut in half,” said Frank Fury, Ph.D., Professor of English and Director of Writing Services.

According to Fury, these cuts are most likely tied to the fact that Monmouth University fell short on their freshmen enrollment target for the 2024-2025 academic year, largely, because of complications with the Free Application for Federal Student Aid (FASFA).

“To my understanding, this happened because Monmouth was significantly short of our target in terms of freshman enrollments. I think the target is somewhere around 975 and I believe we were more than 100 enrollments short of that number. Falling that short, where most of our income for the university is tuition driven, naturally that’s going to impact our operation,”

Fury continued. We reached out to President Leahy for a comment who sent us the following statement. “Monmouth University’s incoming class is one of the strongest academic classes that the University has ever brought and it is also one of the most diverse. However, the number of new students who joined us this fall was more modest than expected, which necessitated a budget adjustment. This adjustment occurred mid-summer and reflects good financial practice on the part of the institution. Budgets across the University were examined for areas where adjustments could be made with minimal impact to our mission and academic programming. These adjustments were designed to be equitable across campus. Monmouth’s modest tuition increase was also critical to our balanced budget.”

Additionally, we reached out to Provost, Rich Veit with an ask to shed some light on how various academic departments might have been affected by the budget cuts. His email response suggested that he’s received similar inquiries as of recent, and that he has shared some information with his colleagues who he believes are preparing a response. We have not received any additional information prior to this publication.

A number of departments felt

that these “budget adjustments” are in effect budget cuts and expressed what their impact means to student services, such as the Math Learning Center and Writing Services. These services provide Monmouth students with free math tutoring and writing help.

This budget cut has specifically affected Writing Services in a number of ways, but primarily, it has limited the amount of appointments a student can make in one day as some of the writing assistants’ hours were reduced.

“In past years, we were a little more lax where if someone would make two, three, or even four appointments on a particular day, we were able to accommodate that. I don’t think that is something we can accommodate going forward because of the preciousness of those time slots,” said Fury.

Additionally, these centers provide students with on-campus employment opportunities. “I worked 18 hours at Writing Services last year, but this semester I only got eight hours given back to me because the budget was decreased. So, I had to get another job because they cut my hours and I have to pay for a lot of things myself,” said Meghan Reilly, senior English student and Peer Writing Assistant.

The budget cuts affected other student services as well, such as



PHOTO TAKEN by Matthew Boyle.

the Math Learning Center. “It made me very conscious of my hiring; balancing having tutors available for the majority of classes while not having too many tutors working simultaneously to be more cost effective. I did end up cutting many hours, like almost halving the amount of coverage I had. I have some points during the day with only one tutor working, which I hate having to put them in that position because it is stressful! I have even been helping students myself as a show of solidarity with the tutors. Not to mention that I removed the Office Assistant position completely. There can be an argument made for having it or not, but at the end of the day not having it means less students working,” said Sevda Sadik, M.ED, Professor of Mathematics and Coordinator of Math Learning Center.

Sadik continued to explain how the budget cuts have impacted the Math Learning Center, “We are making do, but it puts me in a tough spot. I have some tutors working one hour a week. Would you think a job is worth it if they only schedule you for an hour? But, I am truly grateful for my staff, they have stepped up in many ways to help me. We also were supposed to be open on Thursday evenings, but I had to cut that too.”

Student employees have also described how budget cuts have affected their livelihoods. One student who asked to stay anonymous because of the fear of retribution explained, “My job was cut completely and I was only told a few weeks before I came back to campus. I can’t even lie, I’m struggling. No outside businesses want to hire full-time students who can’t take available hours due to classes and involvement with campus organizations.”

Margaret McNeil, senior real estate and political science double major, and employee at Immural Sports, is also struggling with the

reduction of her work hours.

“My hours got cut a substantial amount and caused me to have to find an off-campus job a couple of towns over. I love my job on campus, and finding out I couldn’t spend as much time there with the community I formed with my coworkers was really disappointing to hear, especially since this is my last year here at Monmouth,” McNeil said.

Some faculty members also expressed their concerns with the budget cuts. “If the administration is making cuts to budgets that support the academic mission at Monmouth, that would be very concerning as we aren’t seeing any cuts to the generous salaries the university pays to President Leahy, for example, or to members of the senior administration. We also know the university is in a solid financial position and is making significant investments in new initiatives, like the Bruce Springsteen Center and the recently announced Hackensack Meridian Health partnership, so it is disturbing to think that there would not also be generous support for instruction and meaningful student engagement at the same time,” Johanna Foster, Ph.D, Associate Professor and Director of the Sociology Program, said.

Budget cuts also impacted some student run clubs and organizations. According to, Sherly Gonzalez, SGA’s Director of Finance, fifteen student-run clubs experienced cuts to their budget. Monmouth’s Student Government Association (SGA) is responsible for dividing up the given budget for student clubs amongst the organizations in a way that is fair for all clubs. Though some clubs on campus experienced budget cuts, Monmouth’s SGA had an overall increase in annual funding.

**BUDGET CUTS** cont. on pg. 3

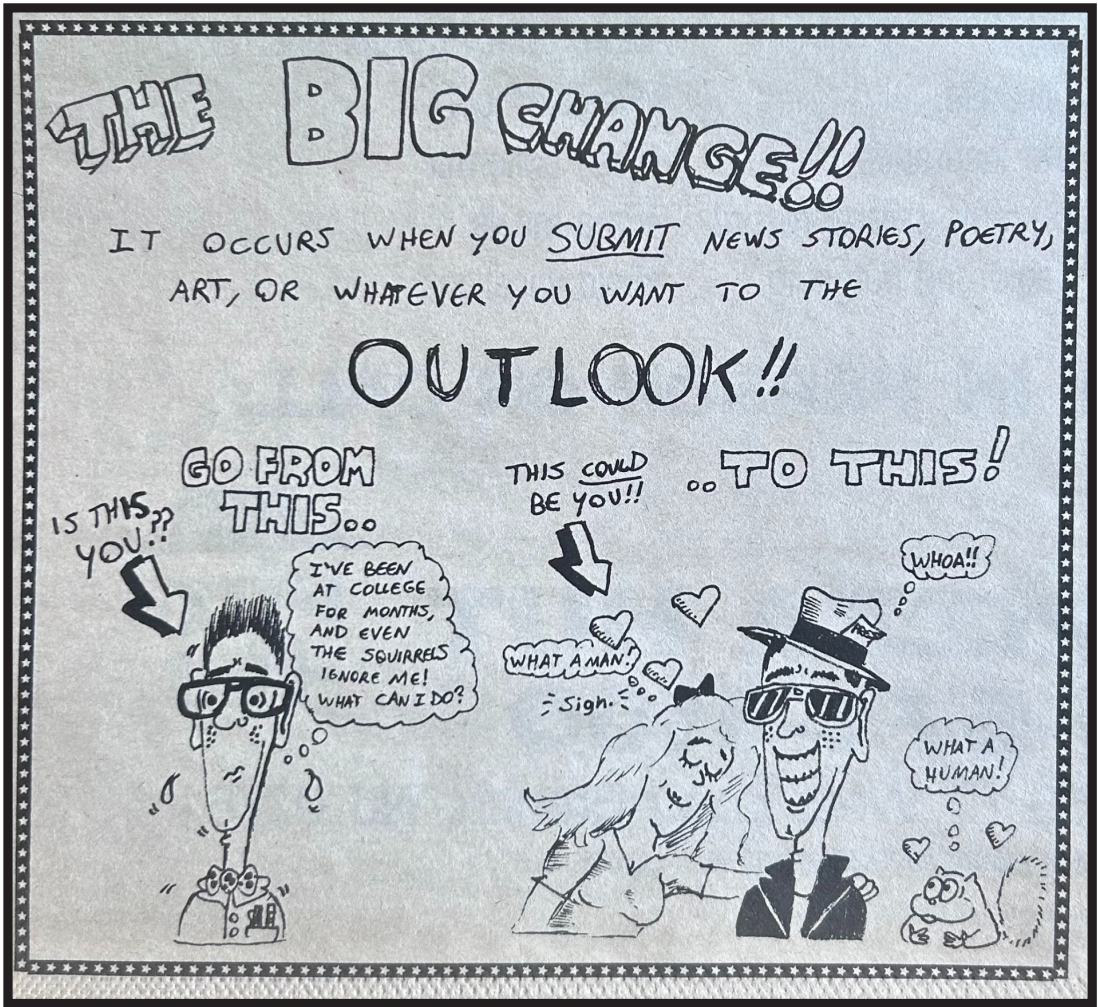


IMAGE TAKEN from The Outlook 1989

News cartoon from the Sept. 21, 1989 issue of The Outlook.



# FAMCO labor action

cont. from pg. 1

Additionally, parents of Monmouth students expressed support for faculty on their Facebook pages. One comment read, “Many comments today about teaching staff....Important point: These educators (name one or two that your student has spoke about) work their butts off for students...for the momey we pay, educators and support staff deserve fair pay. These are the face to face people who teach, mentor, and support our kids every day! These professionals are WHY we send our kids here...supoort them, please.”

Following the event, a campus-wide email was sent out by James Pillar, EdD, Vice President for Student Life, on Friday, Sept. 20, discussing Monmouth’s Expressive Activity Policy. In the email, Pillar wrote that, “Monmouth University encourages open, ongoing intellectual engagement and debate through civil, mutually respectful interactions that preserve the openness of public dialogue and debate. Therefore, the University seeks to ensure that members of the university community (students, faculty, and staff) are aware of the Expressive Activity Policies

and Procedures governing the University. These guidelines, as well as the Expressive Activity Request form, can be found on the University portal, as well as on the dean of Students’ webpage.” Along with this email, President Leahy also sent out a response to the labor action to Monmouth employees, addressing the event and its effect on campus.

“I support - even defend - our colleagues’ rights to express themselves, especially on matters of such importance to them and to the University. Unfortunately, I was attending a meeting off campus at that time and was therefore not available to hear the protests firsthand. When I returned to the office later in the afternoon, the protest had disbanded,” Leahy stated.

“Today,” Leahy continued, “I am hearing from students and staff members about what actually transpired yesterday in the Great Hall, including using a bullhorn inside the building, marching throughout the building, disrupting students’ ability to study in space dedicated in large part to that purpose, and interrupting staff who were trying to work during the protest. I was most disheartened to learn that



PHOTO TAKEN by Matthew Boyle.

Professors Kathryn Lionetti and Richard Cox reading aloud the FAMCO letter with a megaphone.

some protestors demonstrated threatening, aggressive, and intimidating behavior toward our fellow staff members. Students and staff members throughout the building reported to me today that they were intimidated, even scared. This is unacceptable behavior. I would not allow this type of behavior in the classroom, and I cannot allow it anywhere else on campus.”

While President Leahy’s email asserts that faculty was exhibiting threatening behavior and even going so far to say that they

intimidated students and staff, students who were a part of the action recalled intimidating behavior coming from administrators who observed the event. Tyler Bane, military veteran and graduate student for the Department of History and Anthropology, described his experience at the event. “While exercising my First Amendment Rights at the faculty march in solidarity with faculty fighting for a fair contract, I was approached by a member of the senior school administration, who attempted to

intimidate me by stating that my attendance was in violation of the student code of conduct. This was a clear attempt to chill free speech on campus.”

At the end of the email, Leahy concluded his response to the event, “I trust that future conversations regarding the current contract - however passionate - will be handled in the most professional way possible. I look forward to resolving the current contract negotiation as quickly as possible.”



PHOTO TAKEN by Matthew Boyle.

MU faculty, members of FAMCO, and student leaders meeting in the Great Hall.



PHOTO TAKEN by Matthew Boyle.

James Pillar, Emily Miller-Gonzalez, and Richard Veit observing the event.



PHOTO TAKEN by Matthew Boyle.

# Budget cuts

cont. from pg. 2

“SGA’s allocated funds did not get cut. SGA received \$550,000 to allocate to clubs and organizations in 2023/2024 and then in 2024/2025 SGA was able to allocate \$559,000 (an increase of \$9,000).” Gonzalez went on to

further explain that, “The added \$9,000 in club and organization funding is the result of a small increase to the comprehensive fee that went into effect for the 2024-2025 academic year.”

“There were 66 clubs and organizations that received funding in 2023/2024 and then 70 clubs and organizations

received annual funding for 2024/2025,” said Gonzalez. She also added that if a club’s budget was cut this academic year, it was not a result of less funding from the university, “SGA’s allocation from the University was not cut; however, individual clubs and organizations may have had less funding this year. When allocating to clubs and organizations, SGA first weighs the information that applying groups include in the funding request form that they submit through E-trieve. SGA also considers whether or not a club or organization has effectively used funding it received over the academic year, as well as whether or not the group is able to show

that they were actively meeting and hosting programs or events throughout the entire school year. Other factors that may affect how much annual funding a club or organization receives include whether or not a student group was late in submitting its application and/or if it was missing a current roster. If a group failed to participate in required activities that include: fall and spring involvement fairs, open house, and the Monmouth Leads spring leadership conference, that could also impact the funding an applying group receives.”

Some department chairs believe that the cuts may be a fiscally responsible move that won’t affect student learning. Colleen

Manzetti, DNP, RN, CNE, Associate Professor and Chair of the Nursing Department, commented, “No one likes to hear the words ‘budget cuts’ and assumes it will have a negative effect on program outcomes. However, if programs are fiscally responsible everyday in the ‘nice to haves’ versus ‘need to have’ that get cut temporarily until the revenue increases and the budget again allows for extras. Clinical programs like nursing are costly to run but students are provided with many resources that can not be eliminated. In nursing, we cut back on other things that will not affect our overall student outcomes.”



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Where does our tuition go?

EDITORIAL STAFF

Throughout many students time at Monmouth, at the end of March, students and faculty receive the news that tuition is rising. This past March, it was announced by President Leahy that tuition would go up by 3.75%. An immediate thought to students is: where is our tuition going, and why? With many changes to campus, like the new patio at the Rebecca Stafford Student Center and a new sterile look inside, many question is this what our tuition goes to? Outlandish upgrades to a perfectly okay building?

One editor believes, "I think my money is going to the landscaping and building maintenance across campus, like how they just re-did the student center."

Another editor expressed hopes that, "Our money is being spent on instruction and improving the educational experience, but it seems to be going to executive salaries."

Salaries have always been a conversation among students. If tuition goes up, we should be able to see the changes, not think about whose pocket it's going into.

"I honestly think our money is going into the pockets of administrators who are higher up on the University pay chain... I would hope I'm wrong though, and that it's being used for classes, professors, and building upgrades," one editor commented.

There could be many reasons for tuition rising, the economy, inflation, cost of living, and many more. Monmouth is also consistently ranked across New Jersey, and the East Coast, as a great school.

One editor believes tuition is rising due to the University be-

coming stronger, "On the surface, who would ever want to pay more money on top of the sky-high tuition price we already do, but Monmouth continues to climb on rankings and attract students with higher GPA's from diverse backgrounds, which only strengthens our university."

"I think tuition is rising because the demands are higher now with MU being recognized more: it's more valuable."

Another editor said, "[Monmouth] tuition is rising because of inflation and the state of our economy. I think this could affect enrollment especially if students cannot receive the same kind of aid they previously have. I also heard Monmouth under-admitted about 100 new students this year due to confusion with FASFA, so this could also have an effect."

If tuition is rising, there is an expectation for the money to go towards the students; after all, we are the ones paying.

"Tuition should be going to the program students are enrolled in, their classes, clubs, academic activities, and housing. The students pay for tuition, they should be able to see its benefits, especially since we all pay an arm and a leg to be here."

Many Monmouth students are involved in multiple clubs and organizations. Although these are extremely important to keeping students enrolled, many believe that tuition should go to campus facilities, like dorms.

One editor commented, "Tuition should go to updating dorm buildings like Pinewood and student organizations. I think clubs and organizations are a huge part of the college experience and can be super

beneficial to students in the future, therefore club budgets should be raised."

"Tuition should go to academics before anything. I also think that the school should upgrade the older dorms," another editor agreed.

"I'm sure the benefits of tuition rising are more than we know but for me the negatives tend to stay in the forefront of my mind," another editor emphasized.

An editor said, "I have not seen a single benefit this year. I don't think the fact that the student center now looks like a hospital is benefiting any of us."

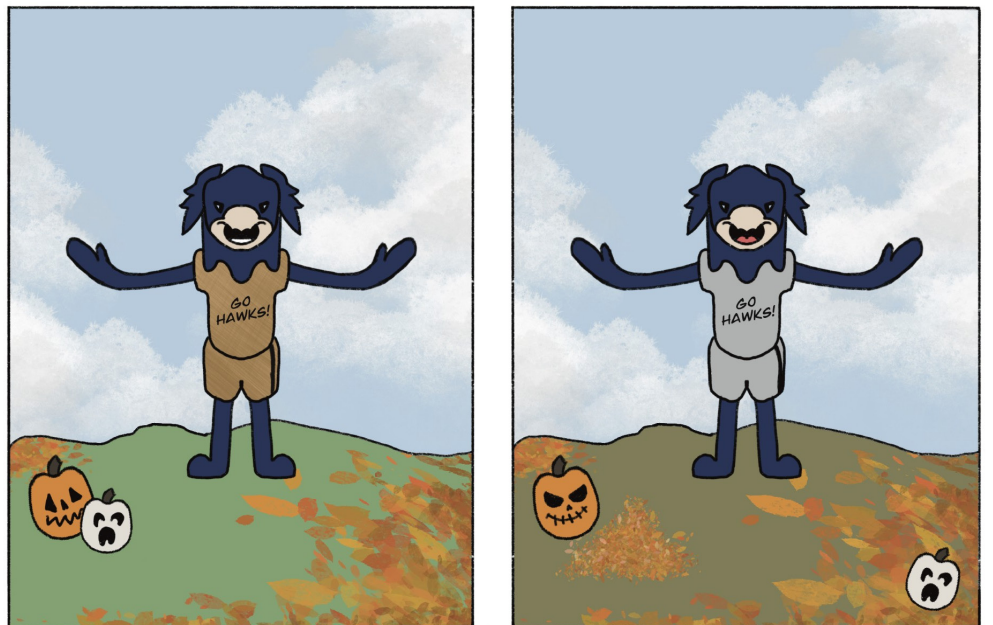
Tuition rising can also hurt and diminish students experience at this school. This can involve students acquiring jobs with lengthy hours, and less time being actively involved in campus activities. "Tuition rising has made my life even harder as a commuter student. I work off campus at a year-round job, on top of taking classes 5 days a week. Now with the added stress of tuition being higher, it's been a huge stressor trying to manage it all."

"I think student experience is different with tuition rising because it makes the issue of money, which was already a huge issue, even bigger. It's really hard to enjoy your time (or even focus) as a student when you need to worry about the mounds of student loan debt you will have once you graduate."

Between working as college students while balancing academics, students should actively be shown where their hardworking money is going. If tuition keeps increasing, enrollment will be less and less overtime, and I don't think anyone, especially administration, wants a nationally ranked university to be another headline on schools closing.

SPOT THE 6 DIFFERENCES!

BY KILEY HUBBARD



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## Tattoos- Are They "Unprofessional"?

RILEY MCGEE  
STAFF WRITER

I believe that many people have mixed opinions of whether tattoos are unprofessional or not. In corporate environments such as law and finance, companies have much stricter rules regarding tattoos. But in industries that are more creative, like design and marketing, the rules are much looser and are to be a form of self-expression. I believe that it could go either way.

There is a certain point to where sometimes I think that tattoos are unprofessional. For example, a doctor, lawyer, or even teacher with tattoos that go onto places such as your neck or fingers could be seen as unprofessional. This is because you are serving more of a serious role as to helping patients, serving in court, and teaching children. Many people, especially parents, may judge you if you are in one of these fields and have a tattoo in those areas.

On the other hand, I believe that they aren't unprofessional because they are a way to express ourselves.

Although some placements, or large tattoos may seem unprofessional, there are ways to cover everything up. Small tattoos or concealable tattoos are less likely to be unprofessional compared to the larger more controversial ones.

Also, there are countries and regions, where tattoos are more normalized and they aren't seen as unprofessional, whereas others may see them as wrong.

Same thing goes for cultures, tattoos may be important in culture which is why it is hard to truly gauge if they are unprofessional or not.

Tattoos are a great way to express yourself and if you have them in a reasonable placement and size, you shouldn't be defined by those. You are more than just a tattoo on your body that you could have gotten for a family member, friend, or simply just because you like the look of it.

Overall, I think that tattoos are something that it's hard to decide if they are unprofessional or not. There is more to a person besides something they use to express who they are.



CHRIS ARP  
CONTRIBUTING WRITER

## Yankees vs Orioles Race for AL East

With the MLB regular season winding down and the Postseason kicking off in just under a week, one of the closest division title races in baseball remains in the AL East between the New York Yankees and the Baltimore Orioles.

Each team has six games remaining, with the Yankees holding a six game lead in the division.

However, the two teams face off against one another one last time with a three game set scheduled between September 24th-September 26th. This series could be pivotal in deciding who comes out on top.

In Major League Baseball, winning the division is pretty crucial, especially this year, as these two teams hold the two best records in the American League.

The winner would receive a BYE in the first round

of the playoffs, while the other would be playing in a Wild Card round best of three series, where anything could happen. The winner of the AL East will also clinch home field advantage throughout the postseason (up until the World Series depending on records).

The Yankees and Orioles both have powerhouse lineups as well as big time aces leading their rotation.

While the Yankees have arguably the best duo in baseball in Aaron Judge and Juan Soto, the Orioles have their notable duo leading the charge in Gunnar Henderson and Adley Rutschman.

In terms of the rotations, the Yankees are led by reigning AL CY Young award winner Gerrit Cole. On the other side, the Orioles are led by former 2021 CY Young award winner Corbin Burnes, who they acquired via a trade with the Brewers this past winter. The two are set to face off against one another in the Bronx later this week.

With both teams still standing a chance to clinch

the division and many fans of both teams in the area, the ending of this MLB season and race for the AL East could be one for the ages as it could go either way.

When asked if the Orioles could still win the division, Orioles fan and current Senior Dan Gruseke said, "... I still believe. We [the Orioles] have been in a slump lately, but are still the same team from the beginning of the season and need that spark back. With the upcoming series against the Yankees, anything could happen, and a sweep could be our way back on top".

On the other hand, Yankees fan and current Senior Tyler McGeehan said, "I think the Yankees will win the division. With a four game lead with little play remaining, along with the powerhouse lineup with Judge and Soto... we are in a good spot".

This upcoming series should be the decider for the AL East and should be an exciting few days of baseball to close out the 2024 MLB regular season. Who do you think will take the division?

## Why nuclear energy is the future

FINN SHATARAW  
CONTRIBUTING WRITER

Within recent years nuclear energy has been called "the energy of the future," but is that true? With the growing concern

of climate change and pollution, governments and civilians alike have been searching for cleaner energy, with an emphasis on renewable alternatives to fossil fuels.

The combustion (burning) of fossil fuels (coal, oil, natural gasses, peat) releases carbon emissions into the atmosphere which contributes to the greenhouse effect. This in turn raises the average temperatures on Earth.

To finish reading this article, scan the QR code below!

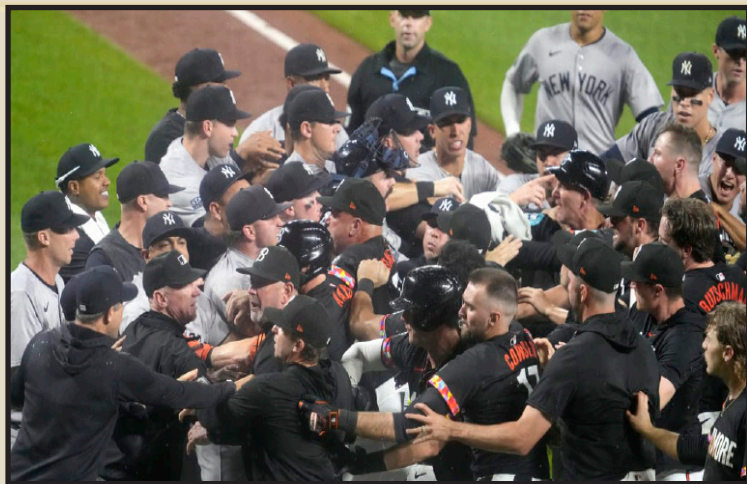


IMAGE TAKEN from MLB.com

The Yankees & Orioles matchup is currently a huge rivalry with both teams being World Series contenders.

## Student Voices

### Are tattoos "unprofessional"?

COMPILED BY MICHAEL GRUSEKE



"I personally think tattoos are a form of self-expression, but their degree of professionalism totally depends on the specific work culture and the industry one is in."

- Hrid Hasan



"People should not discriminate against those with tattoos in the workplace, especially since many tattoos have personal or sentimental value."

- Bridget Capano



"It definitely depends on what your job is. I know lots of jobs require you to cover them up, which I think is fair as long as they don't discriminate you personally for having them."

- Lorelai Hilarczyk



"In my opinion, tattoos are a form of self-expression and often have significant meaning behind them so I don't think they should be considered unprofessional. However, there are some professions that tattoos may not be suitable for."

-Caroline Gruseke



# TOP 10

## FAVORITE BOOKS OF DR. WERNER

**TAYLOR MEMOLI**  
EDITOR-IN-CHIEF/ NEWS EDITOR

In order to get to know our professors a little better, The Outlook decided to come up with a “Top 10” monthly spotlight to learn about the hobbies and passions of some of our favorite professors.

Not only does this monthly series aim to bring students and faculty closer together, but it also builds a sense of community throughout the University. Starting off, we talked to Dr. Werner about her top 10 favorite books of all time. Books can be a powerful tool for connecting people,

particularly when shared with your mentor or advisor. Dr. Werner, Ph.D, Director of First-Year Composition and Associate Professor of Rhetoric and Composition, is teaching College Composition II, as well as the graduate class Writing Program and Writing Center Administration this semester.

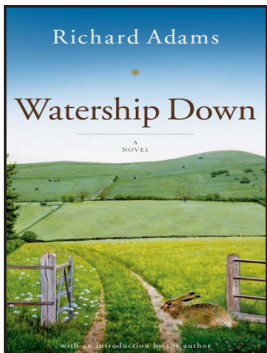


IMAGE TAKEN from Barnes & Noble.

**1. “Watership Down” by Richard Adams**

The book follows a group of rabbits from their warren in the countryside on a journey across parts of England to found a new home. On its surface, it’s about bunnies, but the story is actually a philosophical discussion about political, governing systems.

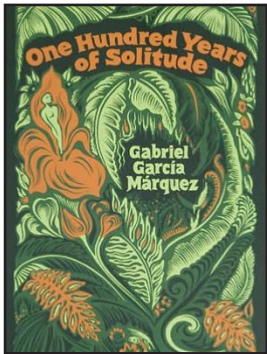


IMAGE TAKEN from HarperCollins Publishers.

**2. “One Hundred Years of Solitude” by Gabriel García Márquez**

This book introduced me to magical realism. I read it for the first time as a young adult, and it has always made me think about how our past tethers us, for better or worse.



IMAGE TAKEN from Amazon.com.

**3. “Murder Mysteries” by Neil Gaiman**

This is a graphic novel adaptation of Gaiman’s radio play by the same name. The story is beautifully rendered by P. Craig Russell, and I find the retelling of the fall to be a fascinating discussion of what faith and obedience mean

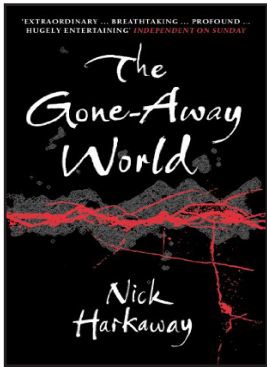


IMAGE TAKEN from Amazon.com.

**4. “The Gone Away World” by Nick Harkaway**

I can’t explain why I love this book because of the nature of how the story is told, but I can say that it hit me so hard, I couldn’t stop talking about it for months.

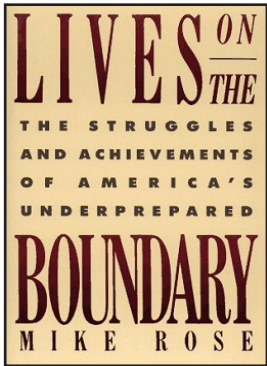


IMAGE TAKEN from Wikipedia.

**5. “Lives on the Boundaries” by Mike Rose**

This book explains why I love rhetoric so much: we are all experts in our discourse communities, and we all have knowledge, value, and skills.



IMAGE TAKEN from Monmouth University.

**6. “The Geopolitics of Academic Writing” by Suresh Canagarajah**

Canagarajah’s book made third world countries deeply real for me when I was too young and stupid to realize everyone’s world wasn’t the same as mine.

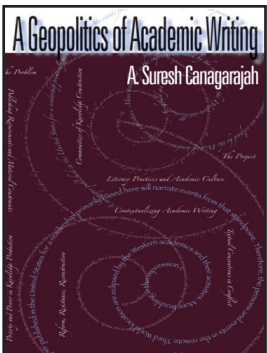


IMAGE TAKEN from University of Pittsburgh Press.

**7. “Storm in the Mountains” by James Moffett**

I was a burgeoning educator when I first read this book. It highlighted for me the ideas many communities value over science and social science. It has helped me understand the dangers facing education today (even though the book was written in 1989).

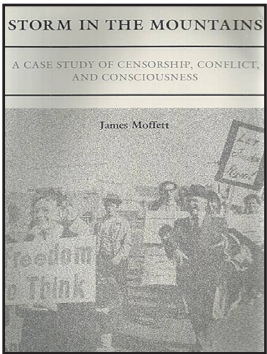


IMAGE TAKEN from Amazon.com.

**8. “The Night Circus” by Erin Morgenstern**

This book is my favorite love story. And there is literal magic.

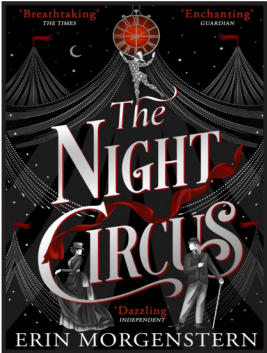


IMAGE TAKEN from Shakespeare and Company..

**9. “A Canticle for Leibowitz” by Walter M. Miller, Jr.**

This book takes three elements I love: theology, science, and history, and weaves them into one story. It shows us how shortsighted our views of the past are while simultaneously showing us what it means to be human.

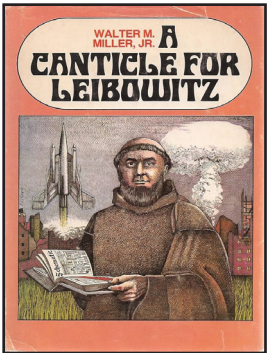


IMAGE TAKEN from Amazon.com.

**10. “On the Beach” by Nevil Shute**

I don’t know that I’d say this book is a favorite, but it has stuck with me since the first time I read it 25 years ago. It’s a book about the last humans alive at the end of a nuclear world war, and the last months of their life as they wait for the nuclear cloud to come to Australia.

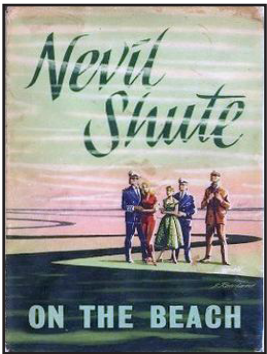


IMAGE TAKEN from Wikipedia.



# Staying active: A fitness guide

**MELANIE ARIZA**  
CONTRIBUTING WRITER

With the start of the semester rolling, many are looking for ways to stay active. Creating a fitness routine is a great start to reach those fitness goals. Incorporating a schedule can help balance your daily life routine of work, school, and social life. If you're looking to start working out, this is for you.

**Create a Schedule:**

To begin, you want to set out your daily routine whether it is digitally or physically. Take a look at the times you are available; schedule the days you would

like to work out and the days you want to take off. I would suggest working out three to five days depending on your schedule.

Ask yourself, "what am I specifically looking to work out?" For instance, on Monday's I focus on legs and glutes, while Tuesday's are dedicated to arms and back. On Thursday's I prioritize cardio and core exercises. I typically take two days off, but on other days, I might concentrate on a specific area, such as legs only, or do a full-body workout.

Depending on your style, do exercises that best suit you and your goals. Everyone's fitness goal looks different; meaning your workouts can look very different from what you see others doing. Keep in mind to incorporate dynamic stretches before your workouts to warm up your muscles and prevent injury.

Additionally, it is important to have rest days; I can't stress this enough! It is okay if you take rest days. You can consider taking two to three days off per week due to your body needing rest. Yes, you will still see results as long as you stay consistent. Life can get in the way sometimes, so it's totally normal if your gym or rest days alternate.

**Fuel your body:**

Starting your day with a good breakfast is important. You should be having good meals during the day to give you the nutrition and energy you need. One habit I engraved into my diet is incorporating more protein. You should set a diet that works best for your health goals. I usually follow the 90/10 rule, where 90% of my diet is clean, healthy foods and drinks.

Another suggestion I have is to consider using pre-workout supplements or creatine. Research has shown that creatine can benefit both your body and your mind. Personally, I use OxyShred, a thermogenic fat burner, but there are different options available that this brand offers.

**Pointers from gym-goers:**

Dayanara Olmedo, a sophomore biology student, advised, "start with four to five exercises, three sets of 12 to 15 repetitions. Try to test how much your weight limit is and with consistency, your progress will come with time and dedication." Olmedo also noted that balancing different aspects of her life



IMAGE TAKEN from PEXELS.com.

There are many types of workouts you can do to achieve your goals.

is difficult, so she sometimes only goes to the gym for half an hour between her breaks before classes.

Marwan Elgoghel, a sophomore software engineering student, exercises for an hour and a half, five to six days a week. Marwan recommended, "make sure to give your targeted muscle group enough rest after your workouts." Amidst balancing school, work, and multiple responsibilities, he said that he continues to make an effort to stay active.

**Additional Tips + Advice:**

Note that you don't need to work out for three hours to get a good workout in. I can get a good workout done in one hour. Additionally, you should not push yourself too hard as a beginner. When you're starting off, you're learning and establishing a routine which takes time getting used to.

Don't feel embarrassed!

We all start somewhere. Don't be afraid to ask for help or look things up during your workouts. It takes a few tries to get your form right for certain exercises.

When I first started going to the gym, I found YouTube videos and TikTok's from gym professionals really helpful for learning workouts and new strategies. I am constantly learning new things even now as I continue my fitness journey.

Getting started can be challenging, but the results are definitely worth it. There are days where I struggle to make it to the gym, but I remember the reasons why I began my fitness journey. To stay fit, it is about having discipline. Often, our lack of motivation interferes, but it's the discipline that pushes us to show up. Make the commitment to show up for yourself and let this be the time where you can finally begin your fitness journey!



IMAGE TAKEN from PEXELS.com.

Fueling your body is essential for success in your fitness journey.

# It's never too late to try something new

**SARAH EIDELMAN**  
STAFF WRITER

Hobbies are defined as an activity that is carried out during one's leisure time for pleasure. In the age of social media and endless scrolling, many of us have overlooked and underestimated the importance of having hobbies.

While hobbies are meant to promote relaxation, there are many other benefits that come along with them that cover the areas of health, brain stimulation, and social connectivity. (P.S. stay till the end for some hobby recommendations if you're interested in trying something new!)

The obvious benefit from consistently taking part in your favorite hobbies is the possible improvement in mental health. In an article for Harvard Health Publishing by Heidi Godman, titled, "Having a hobby tied to happiness and well-being," explained that a 2023 study by

Nature Medicine found that, "compared with people who didn't have hobbies, those who did reported better health, more happiness, fewer symptoms of depression, and higher life satisfaction." The purpose of a hobby is to carry out an activity simply for enjoyment and entertainment in the absence of judgment, pressure, assessments, or grades. In turn, this lifts our spirits, making us happier and healthier from the mindless completion of an activity that brings pleasure and gratification.

Monmouth University senior finance student Michelle Alves, explained that, "hobbies give you something productive to do during your free time that is good for your mind and revitalizes your soul."

In addition to creating a sound mind, hobbies can also have an impact on our physical health. It is not uncommon to develop hobbies that get our bodies moving and our blood pumping, allowing us to become a healthier version of

ourselves. Samantha Belgio, senior health studies student shared that, "hobbies distract you from life's stressors and obligations such as work and school. One of my favorite hobbies is running because it not only clears my mind, but it also makes me stronger and boosts my mood."

Aside from health benefits, as explained in Catherine Baker's article, "The Importance of Hobbies," hobbies have the ability to stimulate the brain in new ways. Baker explained that, "hobbies can use parts of the brain that aren't usually engaged in our day to day activities." For example, many of us neglect to make time to be creative and express ourselves through outlets such as fashion, music, writing, cooking, and more. Hobbies open us up to these opportunities and give us the chance to get lost in our own imagination and inspiration by occupying the part of your brain associated with creativity and expression.

Finally, implementing hobbies into our lives can open us up to new social connections and opportunities. Whether it acts as a topic of conversation in social settings or brings you to new rooms filled with people who share the same passions and interests, hobbies bring people together and allow us to form bonds with like-minded people.

In a world of zombie scrolling, it is important that we take responsibility during our free time to ensure that we are implementing healthy habits and hobbies into our lives in order to take advantage of the health, social, and stimulation benefits.

**Hobby Recommendations**  
(because it's never too late to try something new!):

- Cooking
- Baking
- Photography
- Reading
- Learning a new language
- Painting
- Drawing
- Jewelry making
- Pottery
- Journaling
- Scrapbooking
- Listening to new music
- Blogging
- Writing movie reviews
- Running
- Walking
- Biking
- Yoga
- Going to the gym
- Pilates
- Cycle classes
- Boxing
- Learning a new instrument





# Sea Hear Now

## The Outlook editors experience

**LORELAI HILARCZYK**  
ENTERTAINMENT EDITOR

The Jersey Shore always does it best, and Sea Hear Now 2024 (SHN) was no exception. Day one of the Asbury Park music festival was packed with iconic talent, most of which had never been to NJ. I was lucky enough to experience the festival as a general admission attendee and let me tell you, it was anything but “general.”

I started my SHN day with the free yoga class on the beach with Lisa Brodrick, the founder of Ohana Rising Yoga School. Brodrick set the calm tone for the entire day, reminding the class to find their inner center before our adventure began at 12PM. As my friends and I started to roll up our yoga mats, we spotted someone who looked familiar, and to our surprise, it was the one and only Ziggy Alberts, an Australian musician who was set to perform on Sand Stage that very afternoon.

My friend yelled, “Are you Ziggy?” To which he replied, “Sometimes!” and waved us over to chat. He asked what songs we wanted to hear and if we were excited for the headliner, Noah Kahan. We talked for a while until it was time to say goodbye, only to later see him running down Ocean Ave, where he spotted us, waved, and blew us a kiss.

This interaction with an artist is something you won’t get at a big mainstream music festival. SHN puts the artists on the same level as the festival goers and gives you the chance for face-to-face moments with the talent.

The first performance was

the singer Bo Staloch and his band, who were a last-minute addition all the way from Nashville, TN. Staloch, while small in the SHN scheme of things, opened for country singer Wyatt Flores, who has three million monthly listeners on Spotify. What better way to put Staloch on the map than performing in the same festival as Kahan and Bruce Springsteen?

Staloch and his raw vocals made it so easy to love every single note that came out of his mouth. He even performed an unreleased song (at the time), “Santa Fe,” which dropped Sept. 20. “Somethings gotta break,” he sings in the song, and maybe that will be his.

Just like my interaction with Alberts, later on in the evening, I saw Staloch and his band on the jetty’s. His guitarist, Ronin Kiebusch, and drummer, Jonathan Saylor, waved to my friend and me, making our entire night special.

Later, I made my way over to see the folk gypsy, Sierra Ferrell. If you’re not familiar with Ferrell’s solo music then you might know her duets with Zach Bryan and Post Malone. Ferrell let her smooth but twangy voice remain the center of attention the moment she stepped out onstage. No bells and whistles, just the music. She sang her most notable songs, “In Dreams,” “American Dreaming,” and “Dollar Bill Bar.” Ferrell and her talented band brought the country to the beach. Talk about a coastal cowgirl dream!

While going to get some food at the vendor tents near Park Stage, I heard singing coming from the Transparent Clinch Gallery Art Tent. It

was singer Joe P, who just performed on Sand Stage. If you want to have a more intimate performance from an artist, I suggest waiting around by the tent. You never know who might show up!

Heading back over to the beach, female rock singer, Grace Potter performed on Sand Stage. I had studied Potter’s discography all summer, so I was ecstatic to see her live. Dressed in a fiery red dress, Potter rocked out on stage while playing various instruments like the piano, guitar, and tambourine. If the name Grace Potter sounds familiar, it’s probably because she wrote a song for the very popular Disney princess movie, “Tangled.” I went into this dying to hear “Something That I Want,” from the movie, but it wasn’t on the previous setlists. I nearly died when I heard the beginning tune of the song play. The instant recognition the crowd was priceless. After thanking TikTok for launching her “Tangled” hit back onto people’s radar, she sang “Stars,” another song the audience knew. Potter did not disappoint!

Making my way over to Surf Stage, was a nightmare due to the “blanket zone.” Hopefully, SHN will modify that next year or people will just have to accept that if you have a blanket on the ground, chances are it’s gonna get stepped on.

One thing I did notice as I was walking through the crowd was the outfit choice. The flowy skirts, boho tops, and maxi dresses, fit the aesthetic perfectly.

Setting the mood before Kahan, was the 80s rock band, The Black Crowes. Their setlist highlighted their hits

like, “Twice As Hard,” “Hard to Handle,” and “She Talks To Angels.” Lead singer, Christopher Mark Robinson, made sure everyone knew they were the real deal by saying, “Hey kids, that’s what f\*\*\*ing Rock N’ Roll sounds like!” Robinson loved to use the stage and mic stand to his advantage, making the audience hoot and holler at his boldness. They ended with “Remedy,” dedicating Perry Farrell of the band, Jane’s Addiction who canceled their tour due to an onstage incident.

After The Black Crowes left and waiting one long, elbow-pushing, middle-aged men heckling hour, Kahan took the stage. The lights flickered as fans screamed over the drums of “Dial Drunk,” as he ran out.

Kahan sang all of his hit songs off his album “Stick Season,” including “All My Love,” “She Calls Me Back,” “You’re Gonna Go Far,” “Northern Attitude,” and “Call Your Mom.” His warm raw vocals and depth, squashed all the negativity in the air that he “wasn’t fit to headline.” Kahan’s pure love for performing and hum-

ble behavior is the reason he is so successful. He left the stage briefly, only to return to play three more songs, “Young Blood,” “A View Between Villages,” and last but not least “Stick Season.”

I’ve been to many concerts but there is nothing quite comparable to screaming the lyrics, “You once called me forever, now you still can’t call me back,” on the beach. Between Kahan’s “Springsteen” denim outfit and hilarious jokes about traffic and divorce, Kahan made people smile. His music has the ability to capture the good, bad, and the uncomfortable bringing together a whole beach for an hour and thirty minutes (if only it was longer). I hope the fans made his first time in NJ a memorable.

The atmosphere of SHN is unmatched. There is something so special about the Jersey Shore and the under-appreciated music legacy this state has. The bar has been set for next year, let’s hope Danny Clinch can replicate another amazing weekend!



PHOTO COURTESY of Sea Hear Now (Charles Reagan Hackleman).



**TAYLOR MEMOLI**  
EDITOR-IN-CHIEF/NEWS EDITOR

PHOTO COURTESY of Sea Hear Now (Roger Ho).

It was early the morning of Sunday, Sept. 15, when my roommate dropped me off at the gates of Sea Hear Now. Not to my surprise, the streets were flooded with die-hard music fans, but mostly, certain fans of one musician, the boss of Asbury Park himself, Bruce Springsteen. Springsteen shirts flooded the street lines, and my 2006 tour jersey only added to their already-forming collection.

When it finally hit 11:30 AM, the gates opened and fans started to run, most of them preparing themselves for a day of waiting on the sand to see Springsteen up close in all his glory, on the boardwalk that raised him. While everyone was running to the Sand Stage, a small group of people, including myself, headed to the Park Stage to catch the first act of the day, Sunshine Spazz. The band opened loud, having their electric guitars and echoing drums flood throughout the whole festival. Sunshine

Spazz woke up the early crowd and expressed their love for Asbury Park as it’s the place where they originated from. They played songs such as “Electric Chair,” “Chugga,” and an unreleased track, “Mess.”

Following Sunshine Spazz, The Aces came out on stage. The female-filled indie pop band charmed the audience with their upbeat, groovy songs that a majority of the crowd knew. Lead singer Cristal Ramirez’s voice was golden and mimicked the exact sound heard on their records. The Aces are raw talent, and an incredible performance to watch. They premiered a new song titled “The Magic” for the Asbury Park crowd. After their set, they thanked the crowd and told fans how much they enjoyed playing for them, and how they would be back to the Garden State soon.

After they left, I headed to the VIP area of the festival, courtesy of my media pass. I was given on behalf of The Outlook, and grabbed some-

thing to eat before I dedicated the next five hours of my time sitting in the sand and waiting for the boss. As I entered the VIP section of the crowd, I landed second row and was not about to move for anyone until it was 7:30 and Springsteen was standing right in front of me. There, I was met with tons of die-hard Springsteen fans who had gotten their way before me. I was surrounded by tons of friendly faces who immediately took me in as one of their own when they noticed I was alone. These people made my solo concert experience so much better, if they are reading this, thank you! They shared stories of all the times they saw Springsteen, none of them seeing him less than 20 times, and prepared me for his three-hour action-packed set.

While waiting, I saw two incredible acts before The Boss came out: Kool & The Gang and the Trey Anastasio Band.

Kool & The Gang was beyond incredible, and one of the best acts of the entire festival. They got the whole crowd up and dancing, playing some of the biggest hits such as “Get Down on It,” “Jungle Boogie,” and “Celebration.” Their choreography, instruments, and crowd interaction brought an insanely positive and fun energy to the festival. The band consisted of one of the original members, Robert ‘Kool’ Bell. He led his youthful group proudly and dedicated a time during the set to talk about the history of his band. Kool’s set flew by, and no one wanted them to leave, but it was soon time for Trey Anastasio Band.

For those of you who don’t know, the Trey Anastasio Band is led by the lead singer of the

band Phish. They performed longer musical songs of the rock, jazz fusion, and progressive rock genres. They greeted a calming environment before the Springsteen storm that was up next. But, that was soon ruined when Springsteen himself entered the stage to play his song “Kitty’s Back” with the band. The crowd became electrified, and everyone’s eyes were now on the stage. The two seemed to have a blast up there, and it was truly something amazing to see. After his song, Springsteen left the stage and went over to the Surf stage to perform two songs with the Gaslight Anthem before getting ready for his own performance.

As Trey Anastasio and his band left the stage, the excitement in the crowd rose and everyone was on their feet for the entire hour’s wait. As the stage was being set up, fans were discussing their predictions for the set, but truly nothing could have prepared them for what was about to unfold in front of us.

When Springsteen came out, the beach erupted into screams and the usual “Bruuuuce” chant. He entered the stage and welcomed the crowd with a familiar saying, “Greetings Asbury Park!” words that caused chills throughout the audience as a now 74-year-old Springsteen reminded fans of his roots. He started his set with “Lonesome Day” and then went into “Blinded by the Light,” a song he has not performed live since. “Haven’t played this song in a long f\*\*\*ing time... [it was] written 40 feet North of here.”

Springsteen went on to play many songs that haven’t been

heard live since 2016/2017, including “Does This Bus Stop at 82nd Street?,” “Thundercrack,” “4th of July, Asbury Park (Sandy),” and “Meeting Across the River.”

It was amazing to hear such famous songs that referenced places a walking distance from where we were standing. Fans could tell Springsteen was happy to be home finally. “I feel f\*\*\*ing old tonight, in a good way.”

Springsteen even brought out his wife and past band member, Patti Scialfa, to duet “Tougher Than the Rest.” The two shared one microphone and created a beautiful atmosphere that glued fans’ eyes to the stage.

My favorite song of the night went to “Tenth Avenue Freeze-Out.” Every single performer on stage looked like they were having a blast, they all looked like one big happy family celebrating their love for music together. During the song, Springsteen tributed the late Clarence Clemons with videos of the two of them and a rocking saxophone solo performed by his nephew, Jake Clemmons.

The whole set was a party that never wanted to end as Springsteen went 25 minutes over his 10:30 curfew to finish the night with “Jersey Girl,” showing his appreciation for the state that raised him.

Springsteen left the stage and signaled the official ending to Sea Hear Now 2024. For my first solo musical festival experience, it was one I will truly never forget. The artists, atmosphere, and fans at the event were truly memorable, and I am so honored to be able to have gone. Until next year!



# The Dare: A New York City club scene revival

**RILEY KINDLER**  
CONTRIBUTING WRITER

The New York City club scene has experienced a rebirth in the past two years. The expansion of programs like The Boiler Room has slowly been festering and growing into a bigger scene, one dedicated to partying and creativity without boundaries. Clubbing without rules, bodies in a room dancing to the art coming from a turntable. Since the complete shutdown of the city and club scene during the COVID-19 pandemic, there has been a quiet rebirth in the clubs of the Lower East Side and, more recently, everywhere. Movements like The Boiler Room, pop-up DJ sets, and live-streamed parties have fed the thirst for something new in the music scene, and it just so happens to be a remix of something old. One of the figures at the center of this New York City movement is The Dare, a 27-year-old ex-substitute teacher who has built a reputation in the club scenes and beyond, becoming a favorite producer and close friend of Charli XCX, another Goliath in the club scene. He was recently featured as the producer of both "Guess," and "Guess featuring Billie Eilish," which is where much of the public (or those who are chronically online) became aware of his music independent of producing for others. His new album, "What's Wrong with New York?"

which landed on shelves on Sept. 6, has received mixed critical reviews but extremely positive public reviews through social media. The Dare hosted two days of live shows, and DJ sets to celebrate the release, of which have become legendary on TikTok and X due to their exclusivity and rowdiness. Videos of The Dare diving into the crowd, throwing his microphone around, thrashing around on stage, or climbing balconies to be closer to the party have blown up, and it has become nearly impossible to secure a ticket to his new tour. Even his "uniform," a black and white suit with a skinny tie and sunglasses, has been coined as a new fashion trend and is beginning to appear on mood boards everywhere. It seems the mission of this album, and of The Dare, by extension, is to bring back the Indie Sleaze aesthetic that society experienced in the early aughts. A movement of sex positivity, late-night clubbing, and smudged makeup, it was especially prevalent on Tumblr through aesthetic boards and posts. The movement died out during the rise of a "cleaner" aesthetic, and the club scene hasn't been the same since, emphasizing less dancing and more posing for pictures and photo ops. However, it's been seen through acts like Charli XCX, The Dare, Addison Rae, and other smaller artists that we're starting to make a shift back to the sleaze that once was. As many

are aware, "Brat Summer" was the overlying trend of this summer. Instead of the cleaner outdoor-focused activities and aesthetics that trends tend to turn towards in the summer, we instead focused our attention inward. Messy hair, days-old makeup, tight and tattered clothing, sunglasses, and a general glamorization of the unglamorous was in, and in turn, being "clean" was out. It was, and is, cool again to be a "party girl," according to Charli XCX on Brat's closer, "365." Fashion trends are even beginning to reflect this, as designers and retail stores are beginning to sell more baby tees with sleazy slogans, enormous sunglasses like the ones

Charli and The Dare rep, and miniskirts. Hairstyles are becoming less and less important, as greased-back hair and bedhead seem to be prevailing trends due to their utilitarian nature. The question remains: Are artists like Charli XCX and The Dare still enough to begin an entire movement? Well, as this summer has proved, yes. Even if you aren't a fan of these two, it's obvious that they have a wide reach. Almost every relevant brand posted something in the Brat font and color scheme on their social medias, with The North Atlantic Treaty Organization (NATO) even jumping in on the trend. Charli XCX and The Dare's fall tours have

almost completely sold out. While they are both at very different capacity levels, it is nonetheless impressive, especially due to how new The Dare is to the music industry. Brat topped the charts this summer, and every time Charli XCX releases a new remix, it seems to have the same effect. So far, she has teamed up with artists like Addison Rae, Billie Eilish, Lorde, Yung Lean, and Troye Sivan to completely change the tracks on Brat and make more, well, "Club Classics." In short, indie sleaze is back. It's happening. It may even be better than ever. You just have to be willing to mess up your makeup and club until the wee hours of the morning to see it.



The Dare, Harrison Patrick Smith, rising star in the club scene.

IMAGE TAKEN from Radio Guerrilla.

## "Dancing With the Stars" cha~chaing into season 33: Episode one scores and dancers recap

**EMILY STACHERSKI**  
CONTRIBUTING WRITER

The ballroom is now open! "Dancing With the Stars" (DWTS) season 33 premiered on Sept. 17, introducing 13 celebrities fighting for the "Len Goodman Mirrorball Trophy." DWTS consists of professional dancers who are coupled with a celebrity, or "star." Through weeks of competing and learning new dances, couples are eliminated while others continue into the finale. The judges are the same as the previous year: Carrie Ann Inaba, Bruno Tonioli, and Derek Hough, all professional choreographers and dancers. The hosts are the same as last year: Alfonso Ribeiro and Julianne Hough, both previous talent on the show. The episode started with a big group dance number featuring the pro dancers, which led to the competition, the theme being "personal anthems." Starting with one of America's most recent heartthrobs, "The Bachelors," Joey Graziadei and his partner, Jenna Johnson, who wowed the audience with a cha-cha to "Dancin' In the Country," by Tyler Hubbard. He had social media swooning! The couple received a 21/30, the first score of the night. The next star was Brooks Nader, a model who has appeared in Sports Illustrated magazine several times. Her partner, Gleb Savchenko, put together a tango to "Piece of Me," by

Britney Spears. Their chemistry has fans speculating on a possible "showmance" between the two. They received an 18/30 score. After winning a bronze medal in the 2024 Paris Olympics, Ilona Maher steps off the pitch and onto the ballroom stage. The rugby player, partnered with Alan Bersten, did a cha-cha to "Man! I Feel Like a Woman!" by Shania Twain. The fan favorite also earned an 18/30 which is sure to only improve as her confidence strengthens. One of America's favorite dads, Reginald VelJohnson from "Family Matters," took the stage and won over the hearts of many with his precious smile and good attitude. His partner, Emma Slater, put together a simple salsa to Boyz II Men's hit "Motownphilly." This dance had very little movement, leaving several critiques from the judges and only a 16/30 overall. NFL wide receiver, Danny Amendola danced with Whitney Carson, who has just rejoined the show after being off for a season. They danced the tango to "A Bar Song (Tipsy)," by Shaboozey. The two-time Super Bowl Champion pleasantly surprised the judges by executing the dance well leading to a score of 20/30. A star from the 90s hit show, "Beverly Hills, 90210," Tori Spelling, appeared this season. Although you might know her as Donna Martin! Her partner is Pasha Pashkov, who choreographed a foxtrot to Spelling's anthem, "TRUSTFALL," by Pink.

Judge Carrie Ann was inspired by this piece, encouraging Spelling to be her true self. This foxtrot ended with a 17/30. After casting calls were already made, the producers made a special exception, welcoming, "The Bachelorette," Jenn Tran. The day after her brutal finale Tran flew to join her partner, Sasha Farber. They danced a cha-cha to "Flowers," by Miley Cyrus, which got her a 19/30, despite her stage fright. This season's youngest star is 24-year-old Disney Channel's "Zombies," actress Chandler Kinney. Her partner, Brandon Armstrong, created a tango to Chappell Roan's hit song, "HOT TO GO!" Kinney's dancing background gave her the upper hand, leaving her at the top of the leaderboard with a 23/30. Los Angeles Lakers player, Dwight Howard made his dancing debut. The 6'10" NBA star is dancing with 5'3" pro, Daniella Karagach. Karagach used their height difference to her advantage, in their salsa to "This Is How We Do It," by Montell Jordan. The duo earned a 22/30, leaving them in second place. The next dancer is credited in over 700 films and shows, Oscar and Golden Globe nominee, Eric Roberts. Roberts announced that he was supposed to be on the show 19 years ago but had scheduling conflicts and then was in a life-changing accident, leaving him in a coma. Due to the coma, his movement is limited leaving him

and Britt Stewart's cha-cha to "Old Time Rock & Roll," by Bob Seger in last place with a 15/30. Phaedra Parks, lawyer and businesswoman from "The Real Housewives of Atlanta," is partnered with last season's winner, Val Chmerkovskiy, who put together a high-spirited cha-cha to "I'm Every Woman," by Whitney Houston. Their score ended up being 19/30. The Olympics' very own Clark Kent, Stephen Nedoroscik, performed a revealing jive to Queen's "Don't Stop Me Now," with his partner, 19-year-old, Rylee Arnold. Their show-stopping number showcased many of Nedoroscik's pummel horse skills, earning them much praise and a 21/30 from the judges. The score they got on their very first dance is the same as Arnold and Harry Jowsey's best score from last season. Arnold fans are ecstatic she is finally dancing with someone who will not do her wrong like Jowsey did last winter. The last contestant, and by far the most controversial, is Anna Delvey. Delvey is a convicted con artist who is still on house arrest; however, she got special permission to leave for the show. Her partner is the newest pro dancer, Ezra Sosa. For those wondering, Delvey will be wearing an ankle monitor the entire time and she does not care what others think of her. Fans are realizing that she is the least excited to be on the show, especially after stating

she is happy she "doesn't have to do that dance again," when interviewed by Julianne Hough after scoring an 18/30. Many people have taken to TikTok to express how sorry they feel for Sosa, being coupled up with such a dud for his first season. Kinney, Howard, Graziadei, and Nedoroscik held the top places at the end of the night! Catch the episodes every Tuesday on Disney+ or Hulu!



IMAGE TAKEN from Instagram.





IMAGE TAKEN from Newsweek

# Who are your favorite celebrities endorsing?

**EMILY STACHERSKI**  
CONTRIBUTING WRITER

With the presidential election coming up in less than 50 days, celebrities have taken this time to announce who they will be voting for this November.

In honor of National Voter Registration Day this past week, we are going to take a deep look at endorsements, specifically celebrity endorsements. Starting with the Democratic Party, several popular celebrities have stepped forward to share who has earned their vote.

The most awaited endorsement recently came out the night of the presidential debate by the one and only, Taylor Swift. Swift posted a picture of her and her cat on social media platforms with the caption stating, “I will be casting my vote for Kamala Harris and Tim Walz in the 2024 Presidential Election. I’m voting for @kamalaharris because she fights for the rights and causes I believe need a warrior to champion them.” She then signed her post, “Childless Cat Lady,” a dig at the Republican Nominee for Vice President, JD Vance. To the surprise of absolutely no one, this infuriated former president Donald Trump, leading him to post in all capital letters, “I HATE TAYLOR SWIFT!” on his TruthSocial account.

Nine-time Grammy Award winner Billie Eilish, and her brother, Finneas, took to

Instagram on National Voter Registration Day to endorse Harris. The siblings said, “We are voting for Kamala Harris and Tim Walz because they are fighting to protect our reproductive freedom, our planet, and our democracy.” This then led to them expressing the importance of voting against extremists and Project 2025, a conservative playbook for a potential second Trump administration written by the Heritage Foundation.

As soon as President Joe Biden announced he was stepping down in the election, one of the first celebrities to support this decision was Mark Hamil, who played Luke Skywalker in the hit franchise, “Star Wars.” Hamil shared a post on Instagram quoting President Biden endorsing Vice President Harris and ending with his own hashtag, “#HamilHeartsHarris.”

Robert De Niro has been against Donald Trump since he was elected in 2016. His hate for Trump has only encouraged his love for the Democratic Party. De Niro affirmed his support for Harris by thanking President Biden and stating, “There is nothing more important for our country than defeating Donald Trump at the ballot box.”

An important endorsement came from billionaire entrepreneur Mark Cuban. Cuban posted on X, [Kamala Harris] is pro-business. She is more supportive of entrepreneurs than any other candidate in recent memory. It’s only going to get better.”

A short but powerful statement was made by Charli XCX when she endorsed Kamala Harris by simply saying, “Kamala IS brat,” a nod to her popular

album “Brat,” that came out this summer.

Others have expressed their endorsement of Kamala Harris and Tim Walz in a different way. At the Democratic National Convention (DNC), performers including P!nk, Lil Jon, Stevie Wonder, John Legend, and Patti LaBelle expressed their support by performing on stage. Megan Thee Stallion did something similar by performing at a Harris rally in Atlanta, Georgia, as well as Beyonce by giving Harris permission to use her song, “Freedom,” as the opening song at the DNC.

Shifting gears, let’s take a look at the celebrities who have endorsed Donald Trump. Starting with the richest man in the world, Elon Musk. Musk posted his endorsement after the assassination attempt on the former president in July. Posting a video of Trump getting rushed off stage, Musk said, “I fully endorse President Trump and hope for his rapid recovery.”

Voicing his opinion on X, Lil Pump expressed where his loyalties are. In a statement posted, he wrote, “Kamala Harris isn’t even black... she’s Indian. She locked up 1,500 people for weed related crimes and then laughed about it years later. The worst VP in American History. Trump 2024.”

Famous TikToker Bryce Hall has been clear from the beginning who he supports. He has posted several TikTok videos supporting Trump and then eventually joined the former president on stage at one of his rallies in Las Vegas. Wearing a MAGA hat, Hall said, “We need Trump back. Really bad. Make America

great again!”

Someone who has not changed his views since the 2016 election, Ye, formerly known as Kanye West, is sticking by Trump. When asked about the election by paparazzi, Ye responded by saying, “Of course, it’s Trump all day.”

Sexxy Red, who has grown to fame over the past year, is trending on social media for recently coming out and endorsing Trump. In an interview, Red stated, “Aw baby, we love Trump. We need him back in office. We need him back because, baby, them checks. Them stimulus checks. Trump, we miss you.” This quote came after Red explained people

thought he was racist, but then realized he wasn’t.

Just like the DNC, the Republican National Convention (RNC), had a few stars perform throughout the event. Kid Rock, Lee Greenwood, and Chris Janson all performed songs in support of the Republican Party. Hulk Hogan also made an appearance, ripping off his shirt to reveal another shirt that had “Trump” and “Vance” in bold letters.

Though many celebrities have been supporting their respective parties, many urge their fans to do their own research and register to vote. By visiting [vote.gov](https://www.vote.gov), you can register to vote for the 2024



*Scan here  
to register to vote!*



## TO/ The Outlook

Hello, everyone! Welcome back to another year of *The Outlook*! My name is Taylor Memoli and I am so honored to be this year's Editor-In-Chief and News editor! I can't wait to work with each of you. I am so passionate about The Outlook, and I hope all of you will want to share that passion with me. Student journalism is incredibly important. As students, you have the right to know what is going on within your campus, and at The Outlook, we promise to promote honest and informative articles that educate students on what is going on around them here at Monmouth University. If anyone has any questions or story ideas for The Outlook, please feel free to reach out to me at any time! My email is [s1321538@monmouth.edu](mailto:s1321538@monmouth.edu). Happy reading!

- Taylor Memoli, Editor-in-Chief and News Editor

Hi everyone! My name is Bailey Fredericks and I'm this year's Managing Editor & Lifestyles Section Editor. I'm so excited for this year & to read all the awesome articles everyone writes! If you would like to write for the lifestyles section or have any other questions about The Outlook, please email me at [s1321296@monmouth.edu](mailto:s1321296@monmouth.edu)! I look forward to a great year. :)

-Bailey Fredericks, Managing and Lifestyles Editor

## College Republicans

Welcome back patriot Hawks! We are so excited to see you all and work to preserve your freedoms on and off of campus this year! Get out and vote!

-NJFCR Chair Jacky Bruno and MUCR Chair Giavanna Cangialosi



## College Democrats

We have 34 reasons you should join the College Democrats. Join Team Freedom today!

- Owen Bros, President



## PRSSA

Welcome back Hawks! Join the Public Relations Student Society of America (PRSSA) & Shadow PR, Monmouth's student-run and nationally affiliated PR firm, for meetings every Wednesday at 3 pm in Plangere 234. PRSSA gives students the opportunity to gain real experience in the PR world through hands-on work with local clients and guest speaker events. All majors & grade levels are welcome!

- Bailey Fredericks, Co-President



## Real Estate Club

Hello everyone! Welcome back to campus. We will be having our meetings on the following Wednesdays from 2:45-4:00 in Bey room 222: 9/25, 10/30, 11/13, 2/19, and 3/19.

These meetings will be similar to last year, our goal is to have guest speakers at all of them.

Can't wait to see you all there!

- Margaret and Kaitlyn, President and Vice President

## “College Core” - WMCX

Hey Hawks, did you miss us? Tune into College Core Radio every Monday night from 7-9 on WMCX 88.9 or the RadioFx app to hear us yap about all things college! We also play some really awesome tunes.

xoxo - Bailey & Sarah



## SAB

SAB wants to wish everyone good luck for this school year! Make sure to follow @monmouth\_sab on Instagram to keep up with future events happening around campus! We look forward to seeing everyone!

- Emily Webb, Marketing Chair

## Social Justice Club

Hey Hawks! We're so excited to start another year of tackling pressing social issues, on and off campus. If this sounds like your thing, find us on Instagram @mu\_socialjustice for meeting info, we would love to have you!

-Kristen Frawley, Treasurer

Interested in writing for an award-winning student-run newspaper?

**JOIN THE OUTLOOK!**

Your resume will thank you.

Contact Taylor Memoli at [s1321538@monmouth.edu](mailto:s1321538@monmouth.edu)

WMCX 88.9FM

SEPTEMBER 18TH  
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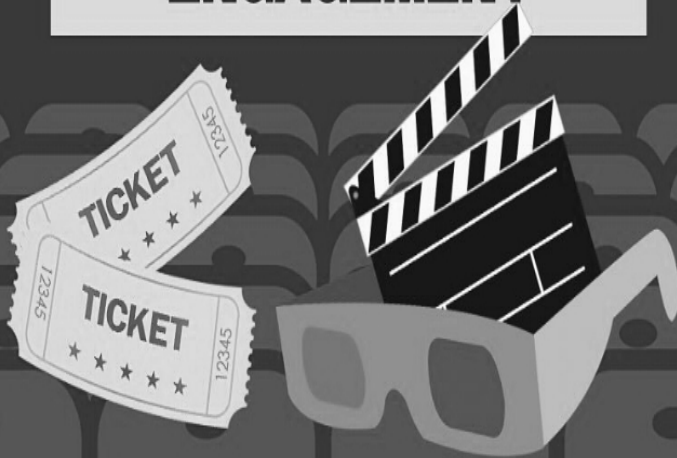
JOIN US FOR OUR FIRST GENERAL MEETING OF THE SEMESTER



# AMC MOVIE TICKETS

TICKETS ARE ONLY \$5! LIMIT: 2 PER STUDENT

## OFFICE OF STUDENT ENGAGEMENT



TICKETS ARE VALID FOR ONLY ONE ADMISSION TO ANY MOVIE.  
THESE TICKETS ARE SUBJECT TO SURCHARGES FOR: 3D, PREMIUM  
LARGE SCREEN FORMAT (E.G., IMAX®, DOLBY®, AMC PRIME®).

### Restaurant Gift Card

# BINGO











### Family Weekend!

**Friday, 9/27 at 8 p.m.**  
**Student Center – Anacon**  
Bingo is free and open to all family members!  
Light snacks will be served  
Prizes must be claimed by Monmouth students



STUDENT  
ENGAGEMENT

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Fall 2024 NFL Watch Parties

Pinewood Hall Lounge  
FREE Pizza and Refreshments

NY Giants vs Browns  
Sunday, September 22 @ 1:00 pm

NY Jets vs Broncos  
Sunday, September 29 @ 1:00 pm

NY Giants vs Seahawks  
Sunday, October 6 @ 4:25 pm

Eagles vs NY Giants  
Sunday, October 20 @ 1:00 pm

NY Jets vs Patriots  
Sunday, October 27 @ 1:00 pm

NY Giants vs Commanders  
Sunday, November 3 @ 1:00 pm

Eagles vs Cowboys  
Sunday, November 10 @ 4:25 pm

NY Jets vs Colts  
Sunday, November 17 @ 8:20 pm

NY Giants vs Buccaneers  
Sunday, November 24 @ 1:00 pm

NY Jets vs Dolphins  
Sunday, December 8 @ 1:00 pm



Sponsored by the Office of Student Engagement, the Office of Residential Life, and SGA





**MONMOUTH UNIVERSITY | COUNSELING and PREVENTION SERVICES**

# Therapy dogs

## SEPTEMBER 26

## 12:30-3:00 PM

Family Weekend

# BOWLING Night

**FRIDAY, SEPTEMBER 27**  
**6 TO 9 P.M.**

**Ciniello Family Bowling Center**

\$3/game  
Monmouth students free with paid family member!  
Shoe rental included



**MONMOUTH UNIVERSITY | STUDENT ENGAGEMENT**

## SUIT UP FOR SUCCESS

### Professional Clothing Collection

**Tuesday, September 24th, 10 a.m. – 1 p.m.**  
**Wednesday, September 25th, 12-3 p.m.**

#### WHAT WE NEED

- ✓ Professional Business Clothing for College Students
- ✓ Modern Tops, Bottoms, Shoes, & Accessories (Ties, Jewelry, Handbags)
- ✓ Bring Donations to the Rebecca Stafford Student Center parking lot

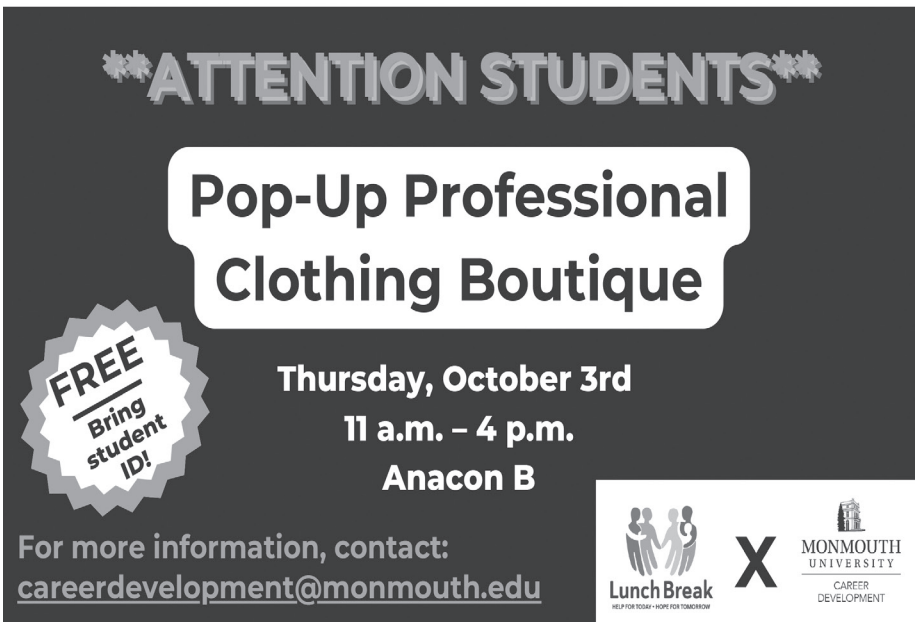
## ATTENTION STUDENTS

### Pop-Up Professional Clothing Boutique

**Thursday, October 3rd**  
**11 a.m. – 4 p.m.**  
**Anacon B**

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Bring student ID!

For more information, contact:  
[careerdevelopment@monmouth.edu](mailto:careerdevelopment@monmouth.edu)





# Football defeats FIU marking programs first ever FBS victory

**MICHAEL GRUSEKE**  
OPINIONS EDITOR

The Monmouth Hawks (2-2) emerged victorious against the FIU Panthers (1-3) by the score of 45-42 this past Saturday, Sept. 21, at Pitbull Stadium. Cornerback Deuce Lee made a game saving play, forcing a Panthers fumble at the goal line with 0:41 remaining in the game. This was a significant win for the Hawks, as it was their first victory against an FBS team in program history.

The Hawks received the ball to start the game and drove the ball down field until the 10 play 57-yard drive was spoiled by linebacker Travion Barnes. Barnes intercepted a pass attempt from Monmouth's quarterback Derek Robertson in the red zone and ran it 85 yards to the endzone. This defensive touchdown put the Panthers up by a score of 7-0 with 9:53 left in the first quarter.

Later in the first quarter, the Panthers offense got hot and scored a touchdown on an 8 play 57-yard drive. FIU quarterback Keyone Jenkins completed multiple key passes on this drive, putting his offense in scoring position. On a 4th and Goal at Monmouth's 1 yard line, Jenkins found wide receiver Dean Patterson in the endzone, making the score 14-0 in favor of FIU with 4:49 remaining in the first quarter of play.

After falling in an early hole, Monmouth's offense quickly responded by formulating an eight play 81 yard drive that resulted in a touchdown of their own. Robertson's five pass completions on this drive put the Hawks in Panthers territory, with the Hawks eventually capitalizing with a 30-yard touchdown run by running back Sone Ntoh with 1:44 to go in the first quarter. After this score, Monmouth trailed by the score of 14-7 at the end of the first quarter.

Early in the second quarter, Jenkins connected with wide receiver Eric Rivers through the air for a 30-yard gain. The next play Jenkins ran the ball 17 yards downfield to the Monmouth seven yard-line, putting the Panthers in prime-scoring territory. On a second and goal with 10:53 remaining in the second quarter, running back Kejon Owens found the endzone on a 2-yard rush, giving the Panthers a commanding lead of 21-7.

Just like earlier in the game, Monmouth's offense had a quick response, scoring a touchdown after a lengthy nine play 68-yard drive. Robertson made a key pass to sophomore wide receiver Josh Derry for a 26-yard gain to put the Hawks in the red zone. A few plays later, Ntoh found the endzone again on a 3-yard rush putting the Hawks in striking distance, trailing 21-14 with 7:03 remaining before halftime.

The Panthers offense took no time to respond with a three play 75-yard drive that resulted in a quick touchdown. Jenkins found sophomore wide receiver Juju Lewis for a big 42-yard touchdown pass, giving the

Panthers a 28-14 lead with 6:01 left in the second quarter.

Before halftime, Monmouth's offense made the plays they needed to be able to stay in the game. Robertson completed multiple passes, targeting multiple wideouts. Monmouth decided to go for it on 4th-and-1 at the FIU 28 yard-line. This decision paid off as Ntoh ran the ball for a 2-yard gain to the FIU 26 yardline. The Hawks took advantage of this successful fourth down conversion a few plays later when Robertson hooked up with senior wide receiver TJ Speight for a 4-yard touchdown pass with 1:49 left in the second quarter. This made

the score 28-21 going into halftime.

At the start of the third quarter, Monmouth's defense was ready to play, forcing a three and out immediately, which set up Monmouth's offense in good position at their own 40-yard line to start the drive.

The Hawks took immediate advantage of this field position. Robertson connected with junior wide receiver Gavin Nelson for a 36-yard gain through the air, setting the Hawks up at the Panthers 8-yard line. A few plays later, Robertson found Nelson again on a 4-yard pass for the touchdown. This made the score 28-28

with 11:10 to go in the 3rd quarter.

The Panthers proceeded to score on their next offensive drive. Jenkins threw for 44 yards on this possession, eventually setting up Patterson for an 8-yard touchdown run which gave FIU a 35-28 lead with 8:07 remaining in the third quarter.

Monmouth proceeded to make a big play offensively when sophomore running back Rodney Nelson took the football 59 yards to the endzone for a rushing touchdown, tying the score up at 35-35 with 4:37 left in the third.

After a big defensive stop by the Hawks defense, their offense scored yet another touchdown on a 10 play drive that chewed up 3:39 of play clock. Monmouth stormed down the field and set up Ntoh for another goal line touchdown run on a 2nd-and-goal, putting the Hawks in the lead with 13:24 left in the 4th quarter by the score of 42-35.

The Panthers did not let the Hawks hold this lead for long, as the next drive they drove the ball 64 yards downfield for a touchdown on six plays. Owens took a 12-yard rush into the endzone, tying the game at 42-42 with 10:12 left in the game.

Both defenses held strong for the rest of the game, but a fumble by FIU's tight end Josiah Miamen that was recovered by Monmouth's linebacker Remi Johnson gave the Hawks offense prime field position at the FIU 39-yard line with 5:08 left in the game.

The Hawks took advantage of this turnover with a clutch 43-yard field goal from kicker Michael Calton Jr. with 1:52 left in the game, giving the Hawks a late 45-42 lead.

The Panthers would have one more drive on offense where they drove the ball all the way down the field, but Lee sealed the deal for the Hawks by forcing a fumble from Rivers at the 1-yard line with 0:41 left in the game.

The heads-up play from Lee, not only gave the Hawks the win, but allowed the Hawks to pull off one of their biggest wins in program history, knocking off an FBS team for the first time ever.

Monmouth will look to win three in a row when they take on the Fordham Rams (0-4) at 1pm on Saturday, Sept. 28 at Kessler Stadium.



PHOTO COURTESY of Monmouth Athletics



PHOTO COURTESY of Jefferson Gonzalez



PHOTO COURTESY of Jefferson Gonzalez



PHOTO COURTESY of Mark Mohrman



# Men's soccer battles for win over Hofstra Pride

**SAMANTHA TATE**  
CONTRIBUTING WRITER

On Saturday, Sept. 21, the Hawks Men's soccer team claimed their fourth win of the season with a score of 2-1 in a familiar matchup against No.12 Hofstra, after a grueling ninety minutes.

The Hawks opened the game strong, holding off any scoring from the Pride and doing so by applying pressure in both the offensive and the defensive zone. After a foul-filled first thirty minutes of play, at 33:28 on the clock, defenseman Bastian Hatcher gave Monmouth the first lead of the game when he found the back of the net following the assist from forward Victor Anderson. For the remainder of the half, the Hawks held onto the lead as goalie, Eryk Dymora, allowed nothing beyond his gloves.

Continuing Monmouth's lead in the second half of the game, at 52:46, midfielder Sean Cadigan received the assist from defenseman Filip Ivarsson, extending the Hawks lead to 2-0 with a little over thirty-seven minutes of play left in the game. Two unsporting yellow cards were dis-

tributed on Hofstra between the time of Cadigan's game-winning goal and Hofstra's only goal at 89:23. Out of a total of four shots on goal, the Hawks allowed one that came from forward, Teddy Baker, with less than a minute on the clock remaining. Regardless, Monmouth beat the Pride 2-1 earning themselves redemption after last year's 2023 CAA Championship loss.

Without Cadigan's goal in the second half, the game could have easily been another tie for the Hawks. This was the juniors first goal of the season, as well as his seventh game of the season he ran the field for the entire ninety minutes.

Defensively, the Hawks held their own, allowing the ball very few times through the penalty area. Olle Brorsson, Gabe Dahlin, and Ivarsson, all defensemen, spent the entire ninety minutes on the field stopping as much as they could before reaching Dymora in the goalies box. As a result of the team's strong defense, Monmouth had a total of five fouls whereas Hofstra accumulated fifteen while being challenged across the field. The Pride also obtained all four yellow cards distributed, one in the first half and the remaining three in the second.

In previous matchups between these two teams,



Sean Cadigan's goal in the second half secured Monmouth's one point win over Hofstra.

PHOTO COURTESY of Anya Kazmierczak

Monmouth has unfortunately fallen short losing the last three matchups including the intense double overtime CAA championship game last year. In addition to Monmouth's game history against the Pride and also so far this season before their loss to the Hawks, they held a season record of (6-0-1). Saturday's game was certainly a statement. Winning a game where the odds were fairly against Monmouth means so much for a team already

doing especially well this year. Not only should this be a confidence boost for the players on the field, but for the coaches and staff that make it all possible.

Currently, the team remains undefeated, following Saturday's match having four-game wins and four ties. The past two matchups resulted in ties against Campbell and Long Island University, both on the road before returning home to host Hofstra. Now, in the CAA rankings,

Monmouth rests at fourth behind Hofstra, Charleston and in first, Elon University.

The next game will be on Saturday, Sept. 28, away at the College of Charleston. The Hawks won the last time the two met. In match history, each team has two wins and two losses. The two times the Hawks won, they were home in West Long Branch. Next week, they hit the road attempting to seek their first away victory against the Charleston Cougars in program history.

# Field hockey opens CAA play right before fourth straight shutout

**MAIREAD SPELLACY**  
SPORTS EDITOR

After four wins and only one loss in double overtime, The Hawks conclude their non-conference schedule and open CAA play with yet another victory. Monmouth faced Hofstra on Friday Sept. 20 at Cindy Lewis Stadium, where the Hawks offense was on full display in a dominating 7-0 win.

The Hawks capitalized on

their scoring opportunities from the jump as forward Milla Frye started things off for the Hawks to get their first goal on the board with a backhanded shot that gave her her second goal of the season. The freshman not only began the scoring sequence but ended it when she found the back of the net for a second time later in the game, dribbling inside the arc to spin and score.

Just 34 seconds after Frye opened the scoring pool,

midfielder Sofia Fouces lifted Monmouth's lead to 2-0 from an unassisted take-away. Fouces efforts continued throughout the contest as she later played a key role in assisting forward Emily Singer and forward Lilly Ricks to extend Monmouth's lead even further.

The offense didn't stop there as the Hawks scored in every quarter of the contest. Forward Jess Tucker tallied her fifth goal of the season when a grab and go early in the second quarter gave Monmouth their third goal.

Forward Morgan Kato scored in the third quarter off an assist from Frye to further Monmouth's lead 5-0.

The Hawks defense was just as commanding, holding Hofstra to 10 shots, and only four of them on goal. Goalkeeper Jessie Eiselin played for the first half accumulating three saves before goalkeeper Charlie Bowman held the Pride to no goals with one save. Eiselin and Bowman combined for their second straight shutout.

Monmouth's offense had 25 shots on the day, 14 of which went on goal. Singer, Ricks, and Kato all scored



PHOTO COURTESY of Matteo Bracco

Monmouth outshot Hofstra 25-10 striking 14 of them on goal.

their first career goals while Frye composed her first multi-goal game.

Monmouth then traveled to the big apple on Sunday Sept. 22 to face Colombia, adding another win to their season.

The Hawks offense put the pressure on Colombia's goalkeeper, Katie Wimmer, firing 20 shots at her, 14 on goal. Wimmer stood strong in goal making 13 saves, but it was in the third quarter that Ricks was able to break through her defense and score Monmouth's lone goal of the day, which was enough

to secure Monmouth's win despite Colombia's offense that pressured early in the match due to Eiseline's efforts in goal. This was her third match in a row holding her opponents to no goals. She earned her first shutout of the season with five saves, and currently leads the Coastal Athletic Association with an .846 save percentage.

The Hawks will make their way to Pennsylvania to go up against Drexel on Friday Sept. 27 for their second game in conference play.



PHOTO COURTESY of Matteo Bracco

The Hawks began CAA play with a dominating 7-0 victory, to lead the series 7-5 against Hofstra.





# ***FOOTBALL MAKES HISTORY WITH FIRST EVER WIN OVER FBS TEAM***



Football secures second consecutive win, this time over FIU for their first FBS win.