

# The Outlook

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## The Student Government Association (SGA) hosts The Big Event

*Student volunteers and Greek Life members participate in a day of community service*

**GILLIAN DESTEFANO**  
CONTRIBUTING WRITER

Over 200 students gathered at the Student Center to participate in The Big Event, a day of community service benefiting the local Monmouth County area on Nov. 9 from 9 a.m. until 2 p.m. Organized by the Student Government Association (SGA), the event featured a wide range of volunteer activities, from beach clean-ups to assisting individuals with memory loss.

According to the SGA website, The Big Event is the

single largest community service project held at Monmouth University, containing 15 various worksites. Tanner Purdy, President of SGA, explained that while participation is required for 15% of each fraternity or sorority, the actual turnout is much higher. "We typically see around 30% from each organization," he said. The Big Event has held 130 events across the US, with over 16,000 student volunteers.

Jayde Ware, Associate Director of Fraternity and Sorority Life, explained the reasoning for this mandatory participation. She explained, "Chapters will send members to participate in The Big Event to show partnership with SGA but also because service and philanthropy are big parts of the values and missions of why all of the organizations were founded, so they support as another way

to continue to align with their organization's values."

Purdy continued, "It is really incredible to see the whole campus ride together behind The Big Event. It's one of our time-honored traditions here at Monmouth and it celebrates philanthropy, volunteerism, and it's great to see folks from fraternity and sorority life, residential life, general clubs and organizations, and administrators come together to give back to our local community."

Vaughn Clay, Director of Student Engagement and Co-advisor for SGA alongside, and Lauren Pfisterer, Area Coordinator for Student and Community Development, were

**The Big Event**  
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## The Visiting Writers Series hosts Monmouth's artist-in-resident John Vercher

**TAYLOR MEMOLI**  
EDITOR-IN-CHIEF/NEWS EDITOR

The Visiting Writers Series held an event Nov. 6, 2024, hosting Monmouth's newest artist-in-resident, John Vercher in The Great Hall. Vercher is the author of three novels and his most recent novel, "Devil is Fine," was recently named one of "The 100 Must-Read Books of 2024" by "Time Magazine." During the event, Vercher read a

passage from "Devil is Fine" and answered questions from the audience and the event host, Alena Graedon, associate professor for the Department of English.

Vercher started by reading a quote by Toni Morrison and telling the audience, "I'm not going to read from the grief portions of this book... I'm going

**John Vercher** cont. on pg. 2

## Zeta Tau Alpha sorority returning to campus in 2025

**LAUREN BEVACQUA**  
FEATURES EDITOR

Monmouth Panhellenic and Fraternity and Sorority Life announced in a joint Instagram post the return of a former sorority to campus on Oct. 15. Zeta Tau Alpha, also known as ZTA or simply Zeta, will recruit new members during Spring 2025 formal sorority recruitment. The Kappa Nu chapter of ZTA, originally founded on campus in November 1998, closed in November 2018 due to a decision

made by ZTA's National Headquarters, according to Jayde Ware, Associate Director of Student Engagement for Fraternity and Sorority Life.

The decision to bring back ZTA has been in the works for a few years. Ware said, "When Monmouth's chapter closed, the University was aware that it was the intention of Zeta Tau Alpha to eventually return to Monmouth University. Monmouth University supported their eventual return to campus."

Ware continued, "When Zeta

Tau Alpha left Monmouth, Monmouth Panhellenic voted and passed a Panhellenic Return Agreement which allowed Zeta Tau Alpha to return to Monmouth during the 2021-2022 academic year. During the time that Zeta Tau Alpha has been away, Monmouth University and Zeta Tau Alpha have periodically been in communication regarding their eventual return to campus."

Because of the communication

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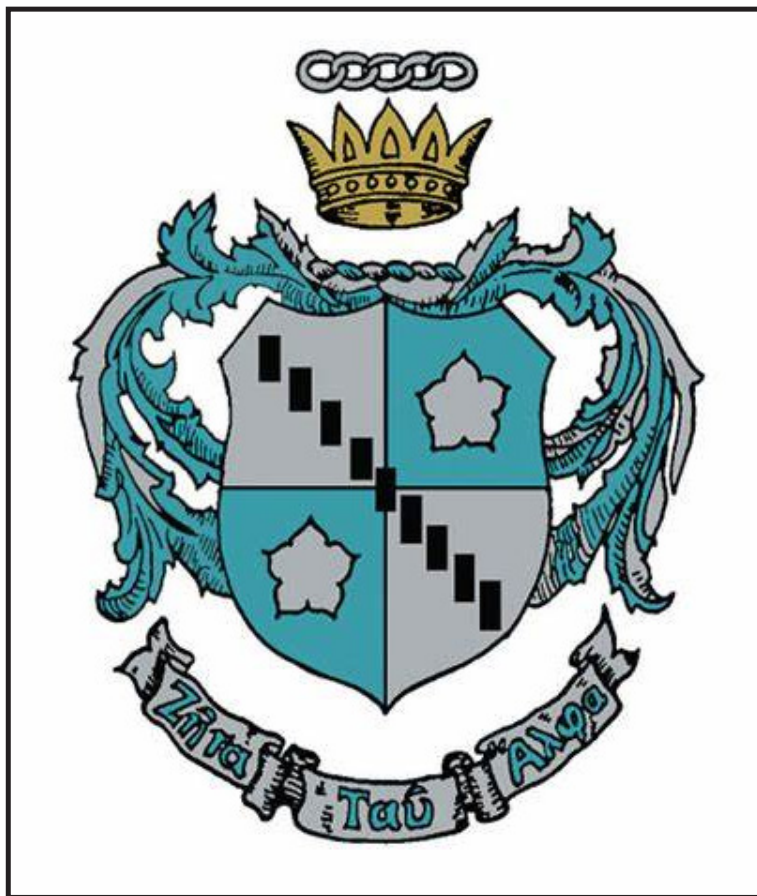


IMAGE TAKEN from campuslife.okstate.edu.

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Got a tip?  
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# John Vercher

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of this book... I'm going to read some funny shit." He continued to read a passage from his novel that took place on a boardwalk, paying homage to the Jersey Boardwalk only a few blocks down from the University. His passage caused eruptions of laughter from the sizable audience.

The rest of the event held time for questions. Vercher answered about his writing influences, his reason and tips for writing speculative fiction, and even gave the audience a sneak peek at the influences and content of his upcoming novel.

"I thought that the event was fantastic," Graedon said. "It was very well attended, and the bookstore sold out of John's book—the first time that's happened in quite a while, staff said. John's opening remarks and the quote that he read from Toni Morrison really resonated during a difficult week. And the reading itself was so funny, pointed, and cathartic. I've heard variations on, 'I really needed that' from many, many students and faculty members who attended. I felt the same way."

In the aftermath of this event, Vercher hopes attendees will be able to take away the importance of art. He said, "This might seem grandiose and unrealistic to some, but I hope people came away with a sense of how important art is during difficult times. Artists have a unique ability and responsibility to hold a mirror up to the world we inhabit as a way of not only navigating that world but as a way to improve upon it."

Many students in the English and Creative Writing Departments attended the event. For them, the Visiting Writers Series allows them to see how far their work can take them and receive advice from some of the best modern-day writers in the field.

Melaina Carrara, a senior English student, reflected on the event and having Vercher as a professor this semester. She noted, "It was a great experience to hear Professor Vercher read from his book and listen to him in conversation with Professor Graedon. As a writer, it was a really insightful conversation



PHOTO TAKEN by Stacey Ayers.

**John Vercher and Alena Graedon at the recent Visiting Writers Series.**

to have gotten to listen to. I feel like I'm getting so much out of Professor Vercher's craft class this semester and am learning things I know I'll use in my writing forever."

Lauren Bevacqua, a senior English and education student, also attended the event. "I thought the Visiting Writers Series was great and gave me good insight into his book and writing style," she said. "I have him as a professor and have learned a lot from his class."

This is Vercher's first semester teaching, and when asked about his experience at the University, he had only positive things to say about it. He explained, "I could not have been more excited [to get this job]. I met with the hiring committee via Zoom and knew very quickly that they represented everything I'd read about the department and more. I found myself eagerly anticipating the next interview and the next, because with each conversation with them, my excitement for potentially working with them all grew exponentially. Needless to say, I was incredibly happy to receive the call from the Dean offering me the position. My short time here has already been a terrific experience."

Vercher continued, "Not only has the faculty been incredibly welcoming, but my students have been top-tier. They are engaging, creative, and driven. It's a pleasure to come to work every day. Not everyone gets to say that and I'm grateful for the experience."

The Visiting Writers Series has been connecting students

with established authors since 2005. Graedon explained, "I think that the Visiting Writers Series plays a vital role in creating cultural access and expanding literary awareness for the Monmouth community and the public at large." She continued, "We're living in an era when storytelling is as ascendant as it has ever been—we're all constantly immersed in narratives of different genres and mediums: novels, memoirs, poetry, and plays, films, TV series, and video games—but literary culture can seem more and more rarified and remote. For as long as I've been alive, there's been hand-wringing over the death of print, and the decline of the written word as an important cultural medium. But if we want people to keep reading, we need to make literature feel like a normal and compelling part of everyday life, which is what the Visiting Writers Series aims to do."

Graedon concluded, "It's also intended to help writers in our community develop their craft and learn about the publishing industry. I happen to think that literature is absolutely essential, now more than ever. It's clear that we're living through an extremely politically polarized time; some people see their fellow citizens as enemies—as evil, even. And while I don't think that literature can fix that on its own, I do think that by reading literature, we can begin to understand other perspectives and start necessary conversations."

# Students get a taste of Italy in cooking class

**JORDYN ROSEN**  
CONTRIBUTING WRITER

Monmouth's Study Abroad Club, International Club, and Italian Club partnered with Gourmet Dining to host an Italian Cooking Class for students this past Friday, Nov. 15, 2024, in the dining hall.

Elizabeth Maricic, Global Education Senior Study Abroad Advisor, said, "All attendees got the chance to learn how to make classic Italian meatballs, 'Sunday sauce' with pasta, and cannolis from Gourmet Dining's Chefs. Students traveled around the dining hall in four stations—three to make each dish, and one station for 'Italian culture & study abroad.' There, students could talk with former study abroad students to hear about their experiences, meet members of the Italian and International Clubs, and win some awesome prizes (like aprons, cooking supplies, and water bottles)."

The class was organized to be a hands-on learning experience for attendees. Jennifer Araneo, Gourmet Dining

Marketing Manager said, "Chef Steve demonstrated and guided the students, but we had all the ingredients for them to be able to season, mix, and roll out the meatballs themselves. From there our chefs took them in the back to bake in our ovens. Chef Steve had sauces and pastas already prepared so once the meatballs were done students could put together their own meal. As for the cannoli, we had the shells prepared so students could fill them with the cannoli cream."

Marcic explained that the event was open to all Monmouth students, but there were only 50 spots available so students had to register beforehand. The event was completely full and had a waitlist.

The event stemmed from Gillian Destefano, senior communication student, Lead Global Education Mentor, and

Vice President of the Italian Club. Destefano said, "The inspiration for the Italian cooking night event came from my experience abroad in Sorrento. At our study abroad school, Sant'Anna Institute, we frequently had free cooking classes with local businesses. The events were always very well attended and fun for students."

Olivia Crocco, Italian Club President, added, "It was a little bit of a struggle to get ideas off the ground. We want to really build up the Monmouth University Italian club and create a great sense of community, not just for Italian-American students, but for everybody, and kind of show the Italian culture and language to the Monmouth campus."

Many students who attended the event had positive feedback. One attendee of the event, Lauren Hoogervorst, junior social work major, said, "This event was a great way to bring people together through eating and making food, just as the Italians love to do. We got to talk about study abroad and Italy. It really brought some life, some love, some family, and some good yummy cuisine to the dining hall."

Another attendee, Tim Pakrad, a senior English major, said, "I had so much fun at the Italian cooking class. It was a fun opportunity, especially as someone who doesn't have a meal plan at Monmouth anymore. I felt so involved in the community, which is such a refreshing and amazing feeling."

Students and faculty involved in the program seemed to express genuine enthusiasm and anticipation. When asked if Global Education will be hosting similar events in the future, Maricic said, "We definitely hope so... We're open to any and all cultures, but it would be great to do one that relates to either our study abroad programs or our International Student population. Indian cuisine? Swedish delicacies? There are so many tasty options."

# The Big Event

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instrumental in bringing The Big Event to Monmouth. “We got the idea from Texas A&M, which they continue to hold every year. There are multiple campuses across the country that continue to do their own version of The Big Event, and this will be our 24th year of holding the event,” Clay said. “Our students not only live on campus, but they live in the neighborhoods surrounding the university—Long Branch, Ocean, Deal, W Long Branch, all that. So why not try to give back to our friends in the community who need some help whether it’s cleaning up a beach, or working on some of the parks, helping local churches and houses of worship?” he added.

Clay also highlighted the ongoing partnerships The Big Event has cultivated over the years. He said, “Sometimes we’ve had folks like Deal Lake who have probably been working with us for at least 15 years. We get some new ones every year, for example, we have a memory care facility where we’ll have volunteers go out and work with some of the residents who might have a memory issue. It’s a little bit of everything.”

SGA Philanthropy Co-chairs Jailyn Ortiz and Maddie Dougherty, who oversaw this year’s event, have been planning it since June. They worked closely with Emma Vinci, Director of Access and Inclusion, who oversaw the process. “I helped them reach out to worksites and establish

their role in organizing the event, order the shirts, and for the past two weeks we’ve been organizing worksite captains, and just making sure that everything was running smoothly,” she said. Vinci also noted the expansion of three new work sites: Rising Treetops, Long Branch Covenant Church, and Atrium Memory Care.

One of the local beneficiaries of the event, Reverend Chase Danford, the Rector of Trinity Church, said, “We try to make this place a place of hospitality, of comfort, of sanctuary, and so while our parishioners are doing a really great job of helping maintain this on a regular basis, a day like this helps give us an extra boost, ... When we were asked to be a site for The Big Event, we were really glad because we love having different kinds of people come and serve and give back to our community.” Trinity Church offers everything from afterschool programs to food pantries to a shelter for those in need.

Dr. James Pillar, Vice President of Student Life, is also involved at Trinity Church. “This is where I can say this is why Monmouth is wonderful and you can see how our students are and the heart our students have. For our church, it provides needed service that we can’t do ourselves. But also, it shows our church as well that there are people that come to help us as we help others. You’re paying it forward to us and we’re paying it forward to the community,” he said.

Deal Lake, the largest coastal lake of NJ, was another worksite at The Big Event. The lake is 150 acres and the Deal Lake



PHOTO TAKEN by Gillian DeStefano.

The Big Event’s Jackson Woods clean up.

Commission has existed for 50 years. The Big Event had six worksites along the coast of the lake. Don Brockel, the Chairman of Deal Lake commission, said, “We look forward to it every year, you guys do such a great job. You’re always in it, I mean dive right into it, and ya bring about 100 people every year. It’s wonderful, now we’re spreading you out to six different locations and the lake is a lot cleaner.”

Love Blue is a Monmouth University club that is community service-based. Their focus is cleaning the beaches. Mackenna O’Sullivan, Secretary of Love Blue, said, “Our mission is to clean up, give back and preserve our environment. In 1 hour, we filled up 2 buckets each. We picked up 82 lbs of trash today!”

Another worksite was held at Jackson Woods, a 13-acre park that has been revitalized through efforts spearheaded by Kathy Buchanan and Nan Simon, who started the project six years ago.

“When we started, we planted over 80,000 daffodils, the flower of hope. They signify change and regrowth and so that’s why we started with them and now people come just to see the daffodils,” Buchanan said. “For the past couple hours, we’ve been digging out this overgrown part, cutting it all down, and cleaning it up, putting straw down after we clean, and this will be a great habitat for the ducks. We do so much in the couple of hours that we have the kids here, they’re great, the camaraderie is great, the laughs, the fun, I mean it’s such a great day for everyone involved,” she said.

The Big Event also extended to Old First United Methodist Church. Here, students helped to clean up a historic cemetery. The owners; Kiera Luckie, Nancy Branworth, Susan Morford-McDonough, and Janey West-Bitsi; all have relatives connected to the cemetery dating back to the Revolutionary War.

Branworth commented

on the impact of the student volunteers, “You couldn’t see anything before, it was all weeds beforehand.” She also said, “The students coming down gives me hope. They’re energetic, have a lot of muscle and are so cheerful. They’re very friendly, very polite. I’m very impressed, they’re parents should be very proud.”

Participants of The Big Event seemed to understand the feel-good morale of The Big Event. Sophomore Valentina Jacovino said, “It’s a beautiful day to clean trash because we’re together, and it feels good to give back to the community.”

Kiera Luckie, Elections and Recruitment Chair and former Big Event Chair was pleased with the outcome this year. She said, “I am really proud of the two chairs who took it over this year as well as Emma who oversaw everything. There are definitely more worksites which is great, so definitely expanding the outreach to the community.”

# Zeta Tau Alpha

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with Monmouth’s Panhellenic—which is the governing council of the five National-Panhellenic Council (NPC) sororities that include Alpha Sigma Tau, Alpha Xi Delta, Alpha Omicron Pi, Phi Sigma Sigma, and Delta Phi Epsilon—the return of ZTA was coming eventually.

Ware said, “Although the original Return Agreement allowed Zeta Tau Alpha to return during the 2021-2022 year, this was delayed in large part due to the national pandemic. This Fall, Monmouth’s Panhellenic voted to affirm Zeta Tau Alpha’s return to campus. The National Headquarters of the

current Panhellenic chapters at Monmouth have stated they affirm the original Return Agreement.”

As specified in a Monmouth Panhellenic and Fraternity and Sorority Life Instagram post, those in the unrecognized group will not be allowed to recruit under the name ZTA in the Spring. The post said, “They [students involved in the unrecognized group] do not have authority nor the permission to use ZTA’s name or likeness to recruit or operate.”

At the start of formal sorority recruitment, Monmouth Panhellenic continues to emphasize that sorority recruitment is only for the sororities affiliated with Monmouth University.

Students should report if they are contacted by anyone in an unrecognized group.

This Spring, freshman or sophomores who are going through formal sorority recruitment will have the option to meet ZTA’s National Headquarters staff and determine if that is a sorority they want to join.

Alexa Vizzoni, a senior criminal justice student and President of Alpha Xi Delta, said, “I am excited for there to be more growth in the Greek Life Community. It is exciting to be welcoming back a group to our community.”

Vaughn Clay, Ed.D., and Director of Student Engagement, believes this is an exciting change for Fraternity and Sorority Life. According to Dr. Clay, adding another sorority will increase student engagement.

He emphasized, “Over the

past 13 years, Monmouth University has witnessed retention levels of first-year to second-year women who were affiliated with a sorority ranging between 91% to 98%. With that in mind, it is my belief that the addition of another sorority can only help to enhance the degree to which students find a sense of belonging and a greater sense of connectivity at Monmouth University.”

Fraternities are not necessarily involved with a sorority coming back to campus; however, the change impacts Fraternity and Sorority Life as a whole.

Ben Vandenakker, a senior supply chain management student and President of Kappa Sigma, commented, “I think the return of Zeta Tau Alpha is good overall for the campus because this school needs more involvement in Greek life.”

Ava George, a senior

elementary education student and President of Monmouth Panhellenic, has been directly involved with the return of ZTA. She commented, “The return of Zeta Tau Alpha to the Monmouth University campus will bring a lot of excitement and new opportunities for student involvement.”

George continued, “ZTA’s return to campus will provide another option for women who are interested in joining Greek life if they did not feel a home in our other sororities on campus. The return of ZTA will also bring more philanthropic efforts which will benefit the campus and community.”

Ware concluded, “Zeta Tau Alpha is a strong national sorority that has a dedicated alumni group. They’ll bring a lot of excitement and energy for their return to campus, which we’re also excited about.”

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**Buss or bust? The Student Center welcomes a new kiosk restaurant**

**EDITORIAL STAFF**

Monmouth is full of various delicious dining options. Students are able to grab meals from the dining hall, the student center (which consists of various tasty options), and even an on-campus Dunkin Donuts. But recently, students have started to notice a new machine in the student center. It reads Just Baked and is filled with various dining options in a vending machine style.

According to the Just Baked website, some food options are chocolate lava cakes, BBQ pork Baos, and authentic White Castle sliders. Needless to say, these options are definitely interesting. We brought this machine and its purpose up to our editors and discussed their opinions on this dining option. Will this be something they will incorporate into their meals?

Most editors agreed that they would not engage with this machine. One editor stated, "No, I personally would not." Another continued, "If it were food that could last in a vending machine, I'd be for it but I don't see how cake, pork, and White Castle burgers can be stored safely for a long period of time. It seems to be just a grab bag of the most random food items."

"I'm not sure I would eat food out of this machine. I think I would need the full information on how the food is being made, when it's being made, and where it's directly coming from," another noted.

In contrast, some editors disagreed with the majority vote.

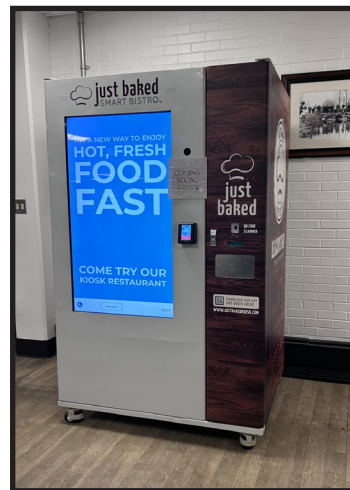


PHOTO TAKEN by Editorial writer.

**The Student Center's** newest food option.

"I'm not sure I would eat the food every day, but if the Food Court line is super long and I am in a rush, I might consider it," one editor stated.

"I would eat out of this machine; The possibilities and options are endless for any palette," another agreed.

While the food options inside the machine sound tasty, the most questionable aspect of it is the fact that the food is stored in a machine for an undisclosed amount of time.

One editor explained, "I don't trust food that's being stored and warmed in a machine. This is completely different from the packaged chips and snacks that we all know of. Now we're talking about full meals being prepared in a machine, which just seems strange to me. I'm not sure how sanitary and healthy that is either."

Another agreed, "I think food that does not need to be kept fresh or warmed in

a vending machine, like chips, candy, etc. is different than food that has to be warmed in a machine. I don't trust it."

In contrast, one editor explains their opposing view. "I mean, I eat fast food once a week, so I can't imagine this is any worse."

Although vending machines are popular around the world, why did Monmouth decide to invest in this machine when there are plenty of food options on campus, and specifically in the student center?

One editor predicted, "I think it adds some variety but doesn't take up a lot of room. Compared to adding another vendor in the Student Center, I think this was probably more cost-effective to get another option for students."

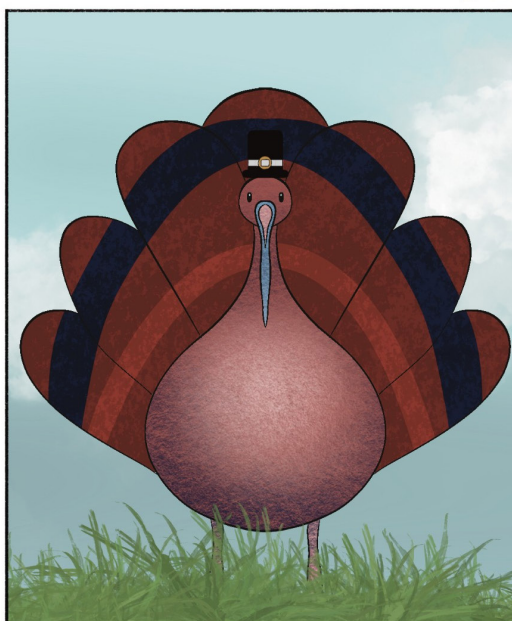
"Maybe they wanted to try and help decongest the food lines in the student center food court since those get super busy during peak times," another guessed.

"I'm honestly not sure what's going through the school's head regarding why they invested in this machine as opposed to the other options on campus," another editor said. "Maybe it has something to do with saving time or giving students who are in a rush a quick option. But who would pick the machine food over Dunkin' or Jersey Mikes? especially since we know the quality of those already?"

Regardless of our editor's opinions, it seems as though this machine is here to stay. So, give it a try! If you think your stomach can handle it...

**SPOT THE DIFFERENCES!**

BY KILEY HUBBARD



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## Is homework beneficial?

INTERVIEWED by  
MICHAEL GRUSEKE



"Homework is beneficial because it allows students to confirm their understanding of material gone over in class in an independent setting."

- Alex Pante



"I think it's good for subjects you need to practice such as math."

- Charlie Peterson



"Homework helps me retain the information I am learning in classes."

- Caroline Gruseke



"I believe that homework can be beneficial most of the time especially when it forces a students brain to expand on what they may have learned in class. In my opinion it all really depends on the assignments themselves because I feel as though I walk away from some assignments with no better understanding than before."

- Bayden Delaney

RILEY MCGEE  
STAFF WRITER

Growing up, the idea of homework confused me, although I hated it at times, I believe that it was extremely beneficial and still is. When homework is assigned to be relevant to the topic that is being learned in the class, it can be helpful to students that may be struggling.

I believe that there is a difference of assignment relevant homework as to busy work homework, that is being assigned just for students to do. In middle

school and high school, I feel as if I was assigned a mix of both kinds of homework, but in college I feel like most of the assignments that I receive are relevant to the course that I am taking, and the content that we are learning.

Homework is beneficial for the fact that it helps to reinforce learning. This means that it provides students an opportunity to practice the concepts that learned in class earlier that day or throughout the week. For example, something like math homework helps students to master the equations and concepts of lessons that they

may feel uneasy about. With this, it helps to provide and improve understanding and retentions.

Along with this, I believe that homework is beneficial because it can help students study for exams and improve study habits. Assigning study guides for homework, especially in subjects like history and science, forces students to go back and look at their notes and recall earlier information. This helps students to reteach themselves what has been taught in class, and truly master the contents.

Although I believe that homework is beneficial, I do

not think that it is necessary in the lower grades like elementary school. I think that assigning homework in 1st and 2nd grade might not help the students like the teacher believes. Assigning creative activities or reading practices might be more beneficial. I do believe that assigning homework in middle school, high school, and even college can improve academic performance as long as it is assigned in moderate amounts. Too much homework would cause stress and burnout when given in inefficient amounts.

## MU Health Center: Students want longer hours

BAILEY FREDERICKS  
MANAGING EDITOR/LIFESTYLES EDITOR

Monmouth University's Health Center, located on University Road on the residential side of campus, provides students with an abundance of resources from rapid tests to vaccines. But, some students, like me, find it difficult to utilize these resources with the limited hours of The Health Center.

Health Center services are completely free and open to all students. "When you come in here [The Health Center] you are seeing fully certified nurse practitioners and we do have a consulting physician who is here 2 half days a week as well. You are being seen by a provider who can diagnose, manage and prescribe any medications that may be indicated for you at the time," said Kristine Kelly, APN, Director of Health Services.

As for what specific resources are provided for students, according to Kelly, The Health Center offers rapid tests for COVID-19, mononucleosis, strep throat, and the flu. "We have the ability to test urine, pregnancy tests, and we have several other tests we can send out to the lab as well," continued Kelly.

Apart from rapid tests, students can also receive vaccines on-site. "We have access to the Hepatitis B vaccine, the Tetanus shot, and, while it is not a vaccine,

we can do PPD testing for anybody that needs it for clinical sites, substitute teaching, that kind of thing. We do charge a fee for those because we do have to purchase those, but again, we don't charge your insurance, it's a nominal cash fee," Kelly explained.

The Health Center is open Monday through Friday from 8:45 a.m. to 5 p.m. It's important to note that The Health Center opens 15 minutes after the first classes across campus begin and closes before many classes commence. Having The Health Center open 45 minutes earlier could allow students to get there before their classes start, so they don't have to skip, especially if they go in for something minor.

Additionally, the center is closed on the weekends. The weekend is arguably the most active time across campus, and, knowing college students, one of the times The Health Center would be most utilized. Having the center open on Saturdays and Sundays would also be great for students who cannot find time to go during the work week because of their busy schedules.

"Since I am currently completing field hours for my major, my days usually end around 6:00 - 7:00 pm. By the time I get home, The Health Center is closed. With it also being closed on the weekend, I do not have the time in my schedule to go get free medical care, I have



PHOTO COURTESY of The Outlook..

to pay for it somewhere else," said Kristen Frawley, senior sociology and social work student.

While The Health Center has limited hours, the University does have a partnership with HMH Urgent Care, "We do have a preferred partnership with the HMH Urgent Care that is located in Eatontown right of of 36. They're open until 8 o'clock and are also on the weekends from 8 until 4. So there are options for students there," said Kelly.

Although the university does have other partnerships, most students prefer to go to The Health Center because it's free and easily accessible. Taylor Memoli, our Editor-in-Chief, recalled a time she wished The Health Center had extended hours, "During my junior year here, I came down with what I later found out was the flu. I started really showing symptoms on

Saturday and by Sunday; I was completely out of it and stuck to my bed due to weakness. I usually attend The Health Center, but since it was the weekend, I had to drive myself down to Carbon Health (since the Urgent Care on the corner

doesn't take my insurance) and had to wait a long time in the waiting room to be seen. If I was able to walk a few minutes to The Health Center, I would have felt more comfortable than being behind the wheel and in an unfamiliar doctor's office."

Though students have expressed their desire for The Health Center to stay open longer hours to their friends and peers, it is also vital for students to explain those concerns with the people who can implement changes on the administrative level.

"I would recommend that if somebody has some concerns or suggestions for improvement that they definitely reach out. Obviously, if that [being open longer hours] is something that keeps coming up over and over again, that's obviously something we can look into," said Kelly.

So, if you want to see change on campus, make sure to make your views and suggestions known. Change and improvements will never happen if we don't share our opinions and ideas.

# Body issues and the effect of social media on college students

**TAYLOR MEMOLI**  
EDITOR-IN-CHIEF/NEWS EDITOR

**HAYDEN KELLY**  
CONTRIBUTING WRITER

The Renfrew Center is an eating disorder treatment facility located in North Jersey whose goal is to help educate college students on the concern of body image issues. Renfrew hosted a full day of webinars on Oct. 10 of this year, the date of World Mental Health Day, that covered topics such as “Silencing Shame Before It Silences You” and “Nourishing a Healthy Mind.” This day may have become widespread in recent years, but mental health issues such as eating disorders are still prevalent throughout society.

Alyssa Korman, MA, LCAT-P, Site Director of Renfrew’s Paramus site, explained the various reasons body issues are so prominent on college campuses. “There are many reasons why body image issues are so present on campus,” she started. “It’s the first time so many students are away from home for the first time, having to cook their own meals and wash their own laundry. It is a huge transition time of figuring out who you are in this world and the kind of impact you want to make. There is a lot of pressure to have all the right answers and not make any mistakes. With so many uncertainties you may start to look for things that you know are certain, and that can be the size or shape of your body.”

According to OHSU Center for Women’s Health, the prevalence of eating disorders doubled from 2000-2008. Korman credits this rise partially to the increased presence of social media in people’s lives. “Social media is the biggest way that we communicate in today’s world. It is impossible to have complete access to everything and anything that anyone is doing all the time and not be impacted by it in some way,” she explained. “Social media is home to body image trends like ‘What I Eat in A Day’ videos and exercise/diet advice from influencers. The number of advertisements for weight-loss drugs or ads for stores that only sell a certain number of

sizes can bring up feelings like guilt or shame to anyone. Seeing it repeatedly can make those feelings unbearable. It’s important to tune into how we feel by what we see on social media, and understand that the people that are giving this advice are often not qualified therapists or dietitians,” Korman said.

General awareness of the increase in social media usage throughout the last decade is nothing new. For many people, it has become an element of their daily routine. Consistent usage of websites like Instagram, TikTok, X, and more has likely affected many users; recent research has focused on users’ relationships with food and body image and whether there have been adverse secondary effects. Researchers from UCL stated, “Among 680 users who followed health-food accounts [on Instagram], 49% of them were found to exhibit symptoms of anorexia nervosa.”

Dr. Andrea Hope, Ed.D., an Associate Professor in the Department of Health and Physical Education who has published and presented her research on body image dissatisfaction and other issues affecting women’s health, commented, “Certain types of social media content can have a strong effect on an individual’s body image and eating behaviors. For example, posts from health, fitness, and beauty influencers often highlight idealized body types and lifestyles, which can lead to unhealthy comparisons.

“Before-and-after transformation photos can set unrealistic expectations for body changes and weight loss and prioritize thinness or other body types over health,” Hope continued. She additionally pointed out, “Also, the use of filters and editing tools creates distorted portrayals of bodies, making those who view these images feel inadequate. Content that encourages extreme dieting or intense workout challenges can normalize dysfunctional food and fitness behaviors.”

Michele Van Volkom, Ph.D., is a senior lecturer specializing in social psychology. Similar to Hope, Van Volkom believes that particular types of social media content have a strong negative impact on viewers. Van Volkom said, “I think any photo of a woman with an ‘ideal body’ (e.g., very thin) or a man with an ‘ideal body’ (e.g., muscular) can be harmful to young viewers, especially those who do not consciously process

that the photo(s) are likely enhanced in some way. An influencer showing off a lot of their body (e.g., in a bathing suit) could have devastating consequences for boys and even more for girls, especially in Adolescence.”

Young women may forget that the social media influencers they are taking advice from are not necessarily qualified to share the health and fitness information they post, and the influencers they aspire to look like might have closely edited their pictures.

Mary Harris, a Communication professor who specializes in social media marketing and health communication, said, “The types of content that may affect people most may depend on the individual social media user, but in general, content that is carefully curated, edited, filtered, and manipulated to misrepresent reality, as well as content that shares unsafe and false health information may be harmful to those exposed to that messaging.”

Further, some individuals may find it difficult to escape this topic while scrolling due to the format of social media apps.

Harris continued, “Algorithms are designed to keep social media users engaged as long as possible and recommend content to users based on user interests and engagement with similar content, so they promote a sort of feedback loop and echo chamber of similar information. This can be an issue with disordered eating and eating disorder-related content as well as ‘fitness influencer’ content because users who frequently engage in that space will have similar information presented to them via the algorithms.”

Although The Renfrew Center focuses on the mental health of women, non-gender, and female-identifying individuals, Korman mentioned how body issues can occur in anyone. “The only requirement for body image issues is to have a body, so anyone across any age or gender can struggle with their body image at any time,” she said. “Our bodies are constantly changing and evolving so it becomes easy to judge the way we look and/or the way we are perceived by others. There are a lot of studies that show that intersectionality is a risk factor for body image

distress. For instance, a person with multiple identities (such as gender, race, ethnicity, body size, sexual orientation, or socioeconomic status) can have a complex relationship with their bodies due to the way their experiences in our world overlap.”

The act of coming forward about one’s body issues can be a daunting experience, and the fear of it hindering one’s life is a significant concern among college students. “The Renfrew Center offers virtual outpatient groups for college students and athletes. We also have specialized college programming at our Coconut Creek, Florida Residential site, where students can participate in classes and keep up with coursework while in treatment. We have great relationships with college campuses and work with student resources to provide psychoeducation on how to recognize someone who might be struggling, as well as attend and host events on campuses where students can come for information and support,” continued Korman.

“Someone who is struggling with their body image might also feel that they are not worthy or loveable unless they look a certain way. A person might cope with these feelings in a million different ways. For some people, it might look like starting a diet, spending a lot of time in the gym, or only wearing a certain type of clothing. For other people, it can look like changing the way that they eat or avoiding events where food is present. All of these behaviors might seem harmless in the beginning, but they also have the potential to become dangerous,” concluded Korman.

Korman and the entire Renfrew Center staff urge people who are struggling to seek assistance. “Reach out for help,” Korman urged. “I know that it can seem like it’s normal or that everyone is struggling with the same things, but that doesn’t mean you have to struggle. Go to your campus counseling center or someone you trust like an RA. There are a lot of online resources like ProjectHeal.com that can help navigate finding the right program and understanding insurance. At Renfrew, we offer a free assessment that can be scheduled by calling the 1-800-RENFREW line. Our assessments are really in-depth and even if you don’t think you’re struggling that much, it might be good to talk to someone who can see what you’re going through with fresh eyes.”

## Upcoming Events

### WEDNESDAY

**CPS Therapy Dogs Visit**  
2:30 p.m. - 3:00 p.m.  
Erlanger Gardens

**Study Abroad 101**  
2:45 p.m. - 3:45 p.m.  
Intercultural Center

**Colleges Against Cancer General Meeting**  
3:00 p.m. - 4:00 p.m.  
Student Center Conference Room 202b

**Lens Collective Photography Interest Meeting**  
3:30 p.m. - 4:30 p.m.  
Art Building

**Theatre Fest Fall 2024 - Fresh Faces of 2024: A Showcase of Monmouth’s Talented Theatre Freshman**  
8:00 p.m. - 10:00 p.m.  
Lauren K. Woods Theatre

**Dancing with the Tau Deltas**  
9:30 p.m. - 11:30 p.m.  
Pollak Theatre

### THURSDAY

**The Great American Smokeout**  
11:00 a.m. - 2 p.m.  
Nagy Commons

**Theatre Fest Fall 2024 - Fresh Faces of 2024: A Showcase of Monmouth’s Talented Theatre Freshman**  
8:00 p.m. - 10:00 p.m.  
Lauren K. Woods Theatre

### FRIDAY

**Friendsgiving**  
12:00 p.m. - 4:00 p.m.  
Magill Commons Dining Hall

**FREE Bowling Night**  
6:00 p.m. - 9:00 p.m.  
Ciniello Family Bowling Center

**Chocolate Palooza**  
8:00 p.m. - 10:00 p.m.  
Pinewood Hall Lounge

**Theatre Fest Fall 2024 - Music and Theatre Collaboration: Celebrating Stephen Sondheim**  
8:00 p.m. - 10:00 p.m.  
Lauren K. Woods Theatre

### SATURDAY

**Karaoke Night, Crafts, Snacks, and Prizes**  
7:00 p.m. - 10:00 p.m.  
Pinewood Hall Lounge

**Theatre Fest Fall 2024 - Alpha Psi Omega Presents: To Be or Not to Be: Hamlet, an Abridged Staging**  
8:00 p.m. - 10:00 p.m.  
Lauren K. Woods Theatre

### SUNDAY

**Theatre Fest Fall 2024 - Musical Theatre Majors and Minors Showcase**  
8:00 p.m. - 10:00 p.m.  
Lauren K. Woods Theatre

**Holiday Cards for Kids**  
8:00 p.m. - 10:00 p.m.  
Residential Halls

## Song of the Week!

“A Life Where We Work Out”  
(with Kaitlin Butts)  
by Flatland Cavalry



## School spirit on the walls of the Student Center

**GILLIAN DESTEFANO**  
CONTRIBUTING WRITER

A new mural by Jonathan Conner, a Graphic Designer for the university’s Marketing Department, now adorns the walls of the student center, celebrating iconic symbols associated with campus and pro-

moting school spirit. Scan the QR code to continue reading!



## Club wrestling moves practice space

**AVA MCGINTY**  
ASSISTANT FEATURES EDITOR

The Monmouth University club wrestling team hosted their first match of the year on Nov. 15, and for the first time, in Anacon Hall. The team has expanded from three to 30 members in a year and has moved into an on-campus practice space.

Scan the QR code to continue reading!





RILEY MCGEE  
STAFF WRITER

# Things to do around MU: Winter edition

Finding things to do in the winter time is something that can be challenging. But, there is still plenty to do if you do your research.

First off, not even a 10 minute drive down the road is Pier Village. This is something that is so close with a bunch of options of simple things to do. In the winter time, Pier Village usually opens up an ice skating rink that is outdoors, and not too expensive. Ice skating is something that you can do with your close friends and is very fun. Along with this, there is the Starbucks, which if you need somewhere to do homework and relax, it is the perfect place to go. Along with this, when the weather isn't too cold, the boardwalk is a perfect spot to get in a quick walk. It is something that is free and requires just yourself, or even a few friends.

Aside from Pier Village, if you are up to spending some money, there are two locations that are only 15 to 25 minutes away: The Tinton Falls Outlets and the Freehold Mall. These places have many store options so you can spend your day

shopping and enjoying the ambience. The outlets typically always have sales going on, which is perfect if you are looking to buy clothes without spending too much. Whereas the mall has plenty of stores and restaurants if you are looking to spend more money and commute a little bit further. Either location is great and it's even better when you go with some friends.

Although it isn't super close, New York City is just an hour and a half train ride away. The city is one of my favorite locations to go in the winter time; I also like to take advantage of it being a reasonable train ride away. A round trip ticket usually costs around \$32, and then once you get there, the options are endless, especially during the holidays. You can go to Bryant Park, which has endless food options, shopping vendors, and an ice skating rink. Along with this, you can go see the tree at the Rockefeller center. Or, you can take a walk around Center Park, which is something I always enjoy no matter the weather. Another place you can go to the Metropolitan Museum of Art (MET) which has a student discount, meaning you can get in for only \$17. New York City is a great option if you are looking to get out of West Long Branch, but still not be too far away.

Finally, another thing that you can do around Monmouth

in the winter time is go to the movies. The AMC theater is extremely close to campus and usually is showing great movies. Depending on the day and the show-times, sometimes you can

get tickets at a discounted rate. The movies are always a great option when you are looking for somewhere to go to be warm and relaxed. It is the perfect option to go by yourself if you are com-

fortable, or if not, with a few friends.

Finding things to do around Monmouth in the winter can be hard at times, but there are plenty of options if you just take the time to look.



IMAGE TAKEN from PEXELS.com

Ice skating is a fun and festive activity to do with your friends and loved ones.

## Ever-changing Thanksgiving traditions

FAITH MOLITOR  
STAFF WRITER

Thanksgiving can have a lot of positives, such as having time to come together with those you care about, or the food, but it can also

be a time of stress due to coordinating dinner plans and holiday traditions. Therefore, what can be really cool about Thanksgiving is not necessarily the physical place or the actual people you spend it with, but how you bring your identi-

ty, your culture, and your love to what Thanksgiving means to you. For those who did not always have a big family dinner, the act of celebrating over a shared meal can be a tradition within itself, representing community and new

beginnings.

We can kind of make or break with traditions as much as we want. Thanksgiving break is the last break before finals, making it a good time to reset and reconnect with the parts of us we may have realized we're so important. This may include the people in our lives that matter more than we thought they did, or even the ones that don't. It allows a space that we don't always leave for the people we love when things get hectic. Part of a Thanksgiving tradition can be seeing best friends from high school or your partner's family.

Now a senior in college, I've come to enjoy the new traditions I picked up, whether it be going down to the beach with mom and my stepdad or celebrating small business Saturday in Cape May. It's also picking up an extra shift on Black Friday to put towards deals on items I've had my eye on since September.

Although it's not the same traditions that I've got-

ten used to my whole life, it makes me feel more happy to be mindful about how to take some quiet time during this holiday, and move into the Christmas season by looking at the lights at Town Hall towards the end of the trip. Because of this, I'm able to feel more relaxed and present when I see my extended family for the longer Christmas break.

No matter how you spend Thanksgiving, everyone at "The Outlook" wishes you a sincerely happy holiday and a nice break off from what is a really difficult and crazy time at school.



IMAGE TAKEN from fandom.com.



IMAGE TAKEN from PEXELS.com

# Megan Park's "My Old Ass" is equally hilarious and heartbreaking

**TAYLOR MEMOLI**  
EDITOR-IN-CHIEF / NEWS EDITOR

If you had the chance to travel back in time and share a message with your 18-year-old self, what would you say? Megan Park's newest film, "My Old Ass" explores this very topic. On the night of Elliott's (Maisy Stella) 18th birthday, a mushroom trip connects her with her 39-year-old self, or her "old ass" (Aubrey Plaza). With this interaction, Elliott must take her older self's advice and implement it all the last week of her summer vacation before college. "My Old Ass" is an unexpected gem and sure to make audiences laugh, cry, and everything in between.

Since I first watched this movie last week, I have seen it two times since. Park's concept is simple, but executed so effectively. Her storyline evades the classic tropes of time travel movies. Ones where the main character is lost in their current life and expects to learn something from their future self. In "My Old Ass," Elliott is the opposite of this, as she is so confident in her skin and doesn't wish to change anything in her life at the moment.

It was great to see such a strong female lead in this movie, much like some of her sisters in the coming-of-age genre, such as Emilia Jones in "Coda" and Hailee Steinfeld in "The Edge

of Seventeen." Stella's performance was humorous, touching, and incredibly realistic. Stella may not have a lot of acting past, but her performance was outstanding, and I cannot wait to see where the success of this movie brings her.

Percy Hynes White also stuns in this film. His current allegations aside, there is no denying that his role was beyond charming. His acting was vibrant and realistic, and he and Stella showed immense chemistry on the screen. Especially in their scene towards the end of the movie in the middle of the rainy lake. This scene caused me a physical body-curling cringe. Their acting was spot on, resembling that of two high schoolers trying to bring their romantic emotions to the surface before a first kiss. A truly hard watch due to the immense young talent.

Audrey Plaza's portrayal of older Elliott was nothing other than lovely. Plaza is one of the most underrated actors of her generation and she shines in all of her roles. The humor she brings to her roles is always so natural and effortless.

While Plaza and Stella capture these roles, I could not get over their dissimilar appearances. While their facial structures could be argued as similar, I believe Vanessa Tyra Smith's makeup could have worked more to make the two appear as the same person. By simply creating Stella's facial birthmarks on Plaza and lightening up Plaza's eyebrows, I wouldn't have

been taken out of the movie during certain scenes. Despite their physical appearances, Stella encapsulated Plaza's dry humor and the two perfectly mixed to create a consistent personality of Elliott.

Although Park's script was

charming, it did have its fair share of plot holes, mostly having to do with the elements of time travel. The logistics of how older Elliott effortlessly travels to younger Elliott is never explained, and neither is their ability to still be able to commu-

nicate throughout the movie. It did make sense not knowing all of this information because the characters didn't themselves, but as a viewer, I wanted to know more.

Besides this, Park's script was humorous and full of so much heart. Her dialogue was sharp and appropriate for her character's ages. As a director, Park made sure to fully encapsulate the lake-side Canadian setting. Much like "Coda," the setting almost played its own character in the film. "My Old Ass" is Park's second directorial project, second to her 2021 film "The Fallout," and continues Park's themes of teen dramas that touch on deeper, more serious themes.

One element of this movie that put a spin on usual tropes was Elliott's sexuality. While it's typical for the main character to be straight and have other characters make them realize they aren't entirely, "My Old Ass" starts Elliott off as a lesbian and makes her realize that she is bisexual. Park turns away from having the norm be straight, and instead has straightness as the character's revolution.

"My Old Ass" isn't about what one should look forward to in their future, but rather how they should appreciate the moment they are in now. The only enemy in this film is the passing of time, and it shows viewers how it's something that can't be avoided. The most we can do is share our time with those we care about, and I believe that's a truly wonderful thing.



IMAGE TAKEN from Juksun.com

## A NEW ADDITION TO SENSORY DEPRIVATION AND SURVIVAL HORROR: THE EDGE OF SLEEP

**CHRISTINA RODRIGUEZ**  
STAFF WRITER

Would you survive the apocalypse? Would your friends and family survive it? What if, in order to survive, you had to deny yourself a basic human function to even have a chance? In recent years, film and TV shows have been experimenting with this concept.

These are sensory deprivation horror movies set in post-apocalyptic worlds and life-or-death situations with a group of characters trying to survive after learning they must deprive one of their senses or daily functions if they want to overcome the cards life has dealt them.

To name some examples, "Bird Box," the 2018 film, required a mother to protect her family from an unseen entity that made those who saw it die, so they had to temporarily blind themselves to survive.

"A Quiet Place" series, which also started in 2018, required a family to not make any sound, including speaking, to avoid monsters that are drawn to sound. Similarly to "A Quiet Place", in Germany a 2019 film called "The Silence" followed a family that also had to avoid en-

tities attracted to sound but gets roped into a cult that tries to exploit them.

"Don't Breathe" from 2016, follows home intruders who break into an old blind man's house, but realize their mistake as they've entered a game of predator vs. prey, and have to control their breathing and avoid making noise.

A notable mention is Stephen King's "The Mist." Originally, it was a book published in 1980, a film in 2007, and a TV series in 2017. King's story follows townspeople in a supermarket (a mall in the 2017 iteration), as a mist surrounds them, and whoever leaves gets brutally attacked by something no one can see.

Now, in October 2024, we have "The Edge of Sleep." Based on the 2019 drama podcast of the same name, "The Edge of Sleep" follows Dave Torres, played by YouTube personality and actor Mark Fischbach, also known as Markiplier. He is a night guard with parasomnia, a sleep disorder that causes confusional arousals, sleepwalking, night terrors, and vivid nightmares, as the University of Michigan Health describes it.

Dave, along with his friend and coworker Matteo, a nurse

from Saint Mira Hospital Linda, and his ex-girlfriend Katie, quickly realize they are the only ones left alive when people start dying just as they drift off to sleep. They must stay awake by using stimulants and any other means to keep themselves from a fatal slumber.

Out of all the senses or functions humans can temporarily forfeit for survival, sleep is the most dangerous one to mess with. During the course of the show, the viewers are made aware of how long the characters have gone without sleep, from 31 to 42, then 58 to up to 77 hours of no rest. There are also conversations between them of what happens if you don't sleep for a certain amount of time.

Staying awake past 48 hours causes all kinds of hallucinations, depressive states, horrible thoughts, episodes of psychosis, loss of concentration, and distressed, irritable behaviors.

Anytime past 72 hours, according to Linda in one episode, "makes you miss how you were at 48."

I greatly encourage you to take a few hours and watch "The Edge of Sleep" on Amazon Prime, and if you don't have that streaming platform, grab a friend who does and watch it

together. Not only does the story reel you in and create that iconic horror movie tension, but it's written well enough to entertain and frighten you. The cinematography and sound design help in creating an eerie atmosphere with a psychedelic introduction and dream sequences, sense

of being completely alone, and foreboding foreshadowing of what's happening.

My rating is a nine out of ten, but don't just take my word for it. If psychological, sensory deprivation and survival horror are something you enjoy, this is definitely the show for you.

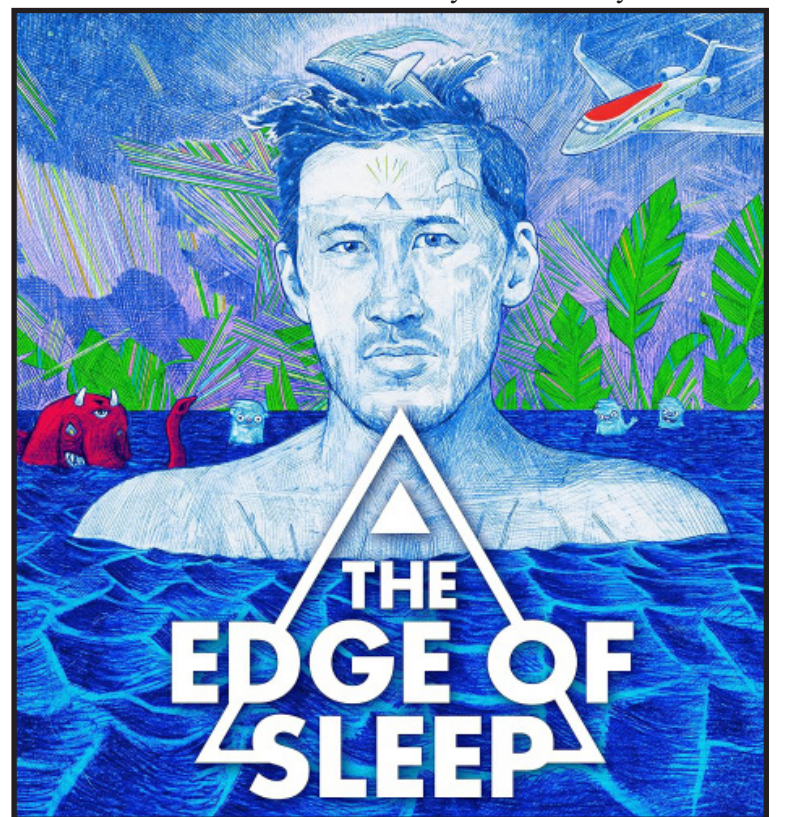


IMAGE TAKEN from IMDB.com.



# Tate McRae: Rising pop sensation

LORELAI HILARCZYK  
ENTERTAINMENT EDITOR

Taking the pop industry by storm, Tate McRae is exactly what the music industry has been waiting for. It seems like the rise of dance-pop and superstars is making a comeback.

Coming from the professional dance world and aspiring to be a backup dancer, McRae's stage presence and identity as a performer are so strong. So, it's no surprise she has combined her insane dance skills with her newly improving vocals. I'll be honest, I wasn't a McRae fan until her "I Used to Think I Could Fly" debut album, and even then, I felt her vocals weren't up to par with the other popstars out there. Well, she's proven me wrong, and I'm so glad she did.

Since her debut album was released in May 2022 with the singles "Feel Like Shit" and "She's All I Wanna Be," she's built her brand as a dance and singer combo. It wasn't until her album "Think Later" in 2023 that she finally blew up on social media. Her lead single, "Greedy," climbed to the top ten on the Billboard Hot 100, eventually reaching No. 3 in a matter of months. Part of its success stems from the iconic hockey-themed music video where McRae dances her way through an ice rink and rides a Zamboni. The nod to hockey through her lyrics and album cover allowed

her to reach a completely new audience: sports fans. Men and women alike flocked to listen to the album, and soon enough, everyone knew the name Tate McRae. The album did so well when it was released in December 2023 that in February 2024, McRae performed during the intermission of the National Hockey League's All-Star Game.

Now, McRae is being dubbed the next Britney Spears, especially with the coming off of her newly announced album "So Close To What," which is scheduled to be released on Feb. 21, 2025. She is currently on her "Think Later World Tour," but that didn't stop her from releasing two new singles, announcing her third studio album and the "Miss Possessive Tour." Does this girl ever sleep?

She debuted her first single from "So Close To What" called "It's ok I'm ok" back in August, live at Madison Square Garden. Stunning fans when she came out for the encore with a headset microphone and a backing track that wasn't "Greedy." The song's vibe is so 90s and 2000s pop, bringing back those classic Britney Spears and Christina Aguilera uptempo dance beats. And in true McRae fashion, the song gives a sassy standoff with the lyrics, "It's okay, I'm okay, had him in the first place/ It's okay, I'm okay/It's okay, I'm okay, I don't really gotta say/It's okay/You can have him anyway/I don't want him anyway, girl, take him."

Last Thursday, McRae

released her next single, "2 hands" and dropped, in my opinion, the most insane music video I've seen this year, aside from Sabrina Carpenter's "Taste." The music video is straight out of "Fast & Furious" with its motorsport theme. Once again, appealing to the sports fans, especially those who watch Formula 1 and NASCAR. McRae winds up getting behind the wheel of an orange McLaren 750S, speeding down the street in a matching orange race suit with light purple detailing. She's also seen dancing on top of and around an old 1986 Cadillac Fleetwood at a gas station. Talk about putting the pedal to the metal with the nods to car culture. The costumes and set design for this video are crazy good, and the choreography by Sean Bankhead was the cherry on top.

"2 hands" is the type of song that makes you wanna roll the windows down on the highway and let loose. Its main character beat and catchy lyrics will get stuck in your head for days. She sings, "I just want you two hands on me/At all times, baby/If you let go/Better put 'em right back fast/Want your two hands on me/Like my life needs savin'/Let 'em all know/Can you do it like that? Yeah." McRae is making a name for herself with her hot and heavy lyrics, bringing back the "...Baby One More Time" and "Toxic" style songs. She dubbed this track one of the first "love songs" she's written in a while and

even admitted that this next album is authentically her. McRae is taking control of her identity and her career isn't slowing down for any yellow lights. She'll be making pitstops at venues such as Madison Square Garden, Wells Fargo Center,

and TD Garden with special guest Zara Larsson. As someone who saw her on the "Think Later" tour, the "Miss Possessive" tour is going to knock her past album off the podium and slide into first place (P1).



IMAGE TAKEN from Instagram.

Tate McRae's "2 hands" music video premiered on Nov. 14 and is currently #8 on trending for music on YouTube.

## "Cobra Kai": Season 6 part two preview

MICHAEL GRUSEKE  
OPINIONS EDITOR

"Cobra Kai" is back. The highly anticipated second part of season six was released this past week on the streaming service Netflix. This series is inspired by "The Karate Kid" franchise and has gained a popular following ever since the first season came out all the way back in 2018. With the new episodes being released, it is the perfect time to give readers of "The Outlook" a preview of what is to come.

The first part of season six left "Cobra Kai" fans on a cliffhanger. People who are all caught-up with the series know that part one ended with Miyagi-Do dojo arriving in Barcelona, Spain, for the Sekai Taikai, also known as the "World Championship of Karate."

In the first part, Daniel LaRusso (Ralph Macchio) and Johnny Lawrence (William Zabka) decided to stay united as one team and use both of their strong suits to team up and teach the students of Miyagi-Do how to be the best fighters in the sport of karate possible. LaRusso's defensive tactics

and Lawrence's aggressive tactics seemed to start to allow for a well-balanced experience for the fighters at the dojo. The real question that lies on everyone's head, though, is, will these two leaders of Miyagi-Do be able to lead their team to stop their arch-rivals in Sensei Kreese (Martin Kove) and the Cobra Kai dojo? As fans of "The Karate Kid" franchise know, LaRusso, Lawrence, and Kreese have a storied history with each other that has gone back years upon years. These two dojos have hated each other since LaRusso and Lawrence were kids, so fans being able to see the dojos go head to head on the karate's biggest stage will be something special for fans of this series.

Part one also ended with Cobra Kai and Miyagi-Do standing right across from each other on the mat after they arrived at the Sekai Taikai. The big surprise that had fans and members of Miyagi-Do on the edge of their seats was that Tory Nichols (Peyton List) had decided to join Cobra Kai's dojo and was across from them on the mat as well.

Fans were left to believe that Nichols decided to join Cobra Kai because she wanted to

fight. In part one of season six, her mother passed away. After such a tragic event, LaRusso did not think it was healthy for Nichols to fight against people in the sport of karate, causing her to leave Miyagi-Do and join Cobra Kai, as Kreese wanted her to fight for his dojo.

After a shake-up like this happened, fans can definitely expect some drama to start in Barcelona. Obviously, Robby Keene (Tanner Buchanan), who is Nichols boyfriend and a member of Miyagi-Do, is

going to be shocked and want to talk with her about the decision of joining Cobra Kai. Other members of Cobra-Kai might want to talk with her too. Whether she stays with Cobra Kai or goes back to Miyagi-Do, this will be a major topic surrounding the plot of season six.

Although fans are anticipating a matchup of Cobra Kai versus Miyagi-Do at the tournament, another major topic is going to be meeting the other dojos fighting for first place at the

Sekai Taikai, which will consist of 16 teams facing off in Barcelona. These teams can also become new rivals or maybe even allies.

For fans to be able to find out who will be the "World Champions of Karate," they will have to watch part two of season six. This season is definitely a must-watch for fans of "The Karate Kid" franchise. Viewers will see if the legacy of Miyagi-Do or Cobra Kai will reign victorious over the sport of karate.



IMAGE TAKEN from Showbizjunkies.com.

# PRESIDENT-ELECT TRUMP AND PRESIDENT BIDEN MEET IN THE OVAL OFFICE

**MATTHEW GOLD**  
CONTRIBUTING WRITER

On Wednesday, Nov. 13, President-elect Donald Trump met with President Joe Biden in the Oval Office at the White House to discuss transition plans.

The meeting followed Trump's victory in the election held on Nov. 5, in which he bested Vice President Kamala Harris 312-226 in the Electoral College. This was Trump's first visit to America's capital after the election. During this trip, he also addressed the Republican members of the House of Representatives.

Their meeting began with Biden telling the President-elect "Welcome back" in an apparent nod to his previous stint as Commander in chief. Biden also promised Trump, "Everything we can to make sure you're accommodated" with regards to the transition process into the Trump White House.

According to Trump, they discussed foreign policy issues including Ukraine and the crisis in the Middle East. Their meeting went on for more than two hours, and signaled a return to tradition. The president-elect historically meets with the sitting president after an election

victory to plan the transition, but Trump decided to forgo the meeting in 2020, insisting that he was the true president-elect.

In the background was the fireplace, the fire raging and brilliant. The two men were flanked by busts of former New York Senator Robert F. Kennedy and the Reverend Dr. Martin Luther King Jr. Hanging on the wall above them were portraits of Presidents Abraham Lincoln, Franklin D. Roosevelt, and Thomas Jefferson, imposing figures who occupied the White House before.

This meeting and Trump's victory came on the heels of a contentious campaign. Before Harris entered the race, Biden was the presumptive Democratic nominee. Trump and Biden made hurling insults at one another quite a habit, between Trump's labels of "crooked" and "senile" and Biden's claims of Trump's "unfitness" and "fascist" tendencies.

The meeting was certainly a deviation from the usual meetings between the two. The last time Trump and Biden were in the same room was their debate on June 27. The environment during that debate was hostile, to say the least, with the usual attacks flying across the stage. It was refreshing to see such unity in the White House in a time where it feels like unity is hard to come by.



PHOTO COURTESY of The White House.

## Trump's Cabinet Nominees

**BRENDAN SHEEHAN**  
POLITICS EDITOR

IMAGES TAKEN from POLITICO.



**MARCO RUBIO**  
SECRETARY OF STATE

Trump has nominated Florida Senator Marco Rubio to be the next Secretary of State. Rubio has been vocal on the need for the United States to get tougher on China and would be the first Latino to serve as Secretary of State if confirmed by the U.S. Senate.



**MATT GAETZ**  
ATTORNEY GENERAL

Matt Gaetz, a Republican member of the U.S. House from Florida, was investigated by the Department of Justice for child sex trafficking, but the DOJ declined to bring charges. He is still under investigation by the House Ethics Committee.



**PETE HEGSETH**  
SECRETARY OF DEFENSE

Pete Hegseth is a former combat veteran and a co-host of "Fox & Friends" on FOX News. Hegseth has no experience in military seniority. Hegseth was accused of sexual assault and confirmed he paid a settlement to his accuser.



**KRISTI NOEM**  
SECRETARY OF HOMELAND SECURITY

Noem, the Governor of South Dakota, will have a pivotal role in Trump's deportation and border security plans if confirmed. A staunch defender of Trump, Noem drew controversy after revealing she shot and killed a family dog.



**ROBERT F. KENNEDY JR.**  
SECRETARY OF HEALTH & HUMAN SERVICES

Kennedy, a member of one of America's most liberal families, has no degree in public health or medicine. He is an outspoken critic of vaccines and has falsely claimed they cause autism. Kennedy is a promoter of nutrition and removing additives in food.



**DOUG BURGUM**  
SECRETARY OF THE INTERIOR

The Governor of North Dakota, Doug Burgum ran for the 2024 Republican nomination. As Interior Secretary, Burgum would be in charge of America's natural resources. He has strong ties to fossil fuel and oil companies.



**DOUG COLLINS**  
SECRETARY OF VETERANS AFFAIRS

Doug Collins, a former U.S. Representative for Georgia, is an Air Force veteran who served in Iraq. During Trump's first impeachment, Collins was a loyal defender of Trump. Collins said if confirmed he would, "ensure every veteran receives the benefits they've earned."



**CHRIS WRIGHT**  
SECRETARY OF ENERGY

Trump has nominated Chris Wright to be the next Secretary of Energy. Wright currently serves the chief executive for Liberty Energy, a Colorado-based fracking company. Wright has no government experience and caught the eye of Trump during his appearances on FOX News.



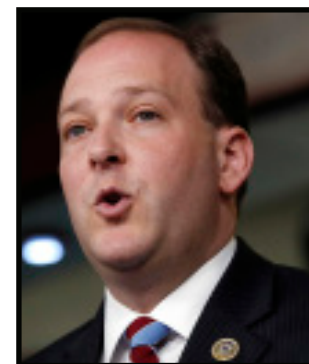
**ELISE STEFANIK**  
US AMBASSADOR TO THE UNITED NATIONS

Stefanik, a U.S. House member from upstate New York, has been nominated to represent the U.S. at the United Nations. Stefanik is a Trump ally and was a vocal supporter of his false claims the 2020 election was stolen. She has little experience in foreign affairs.



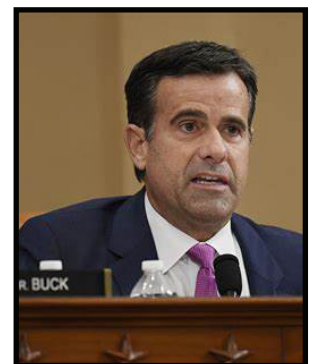
**TULSI GABBARD**  
DIRECTOR OF NATIONAL INTELLIGENCE

Gabbard, a former Democratic member of the U.S. House, ran for the 2020 Democratic presidential nomination. She was a lieutenant colonel in the Army and served in Iraq. Gabbard drew criticism for meeting with a Syrian dictator and her past comments echoing Russian disinformation.



**LEE ZELDIN**  
DIRECTOR OF THE ENVIRONMENTAL PROTECTION AGENCY

Zeldin, a former Republican in the U.S. House who nearly upset Gov. Kathy Hochul of New York in the 2022 governor's race, has been nominated to lead the EPA. As a congressman, he voted against clean water and clean air bills at least 18 times.



**JOHN RATCLIFFE**  
DIRECTOR OF THE CENTRAL INTELLIGENCE AGENCY

Trump has nominated John Ratcliffe to lead the CIA. Ratcliffe, a former congressmna from Texas, served as Director of National Intelligence during Trump's first term. During his tenure, he took on Chinese efforts to interfere with the 2020 elections.

**TO/ The Outlook**

Hello, everyone! My name is Taylor Memoli and I am so honored to be this year's Editor-In-Chief and News editor! I can't wait to work with each of you. I am so passionate about The Outlook, and I hope all of you will want to share that passion with me. Student journalism is incredibly important. As students, you have the right to know what is going on within your campus, and at The Outlook, we promise to promote honest and informative articles that educate students on what is going on around them here at Monmouth University. If anyone has any questions or story ideas for The Outlook, please feel free to reach out to me at any time! My email is [s1321538@monmouth.edu](mailto:s1321538@monmouth.edu). Happy reading!

- Taylor Memoli, Editor-in-Chief and News Editor

Hi everyone! My name is Bailey Fredericks and I'm this year's Managing Editor & Lifestyles Section Editor. I'm so excited for this year & to read all the awesome articles everyone writes! If you would like to write for the lifestyles section or have any other questions about The Outlook, please email me at [s1321296@monmouth.edu](mailto:s1321296@monmouth.edu)! I look forward to a great year. :)

-Bailey Fredericks, Managing and Lifestyles Editor

**PRSSA PRSSA**

Hi Hawks! Join the Public Relations Student Society of America (PRSSA) & Shadow PR, Monmouth's student-run and nationally affiliated PR firm, for meetings every Wednesday at 3 p.m. in Plangere 234. PRSSA gives students the opportunity to gain real experience in the PR world through hands-on work with local clients and guest speaker events. All majors & grade levels are welcome!

- Bailey Fredericks, Co-President

**Interested in writing for an award-winning student-run newspaper?**

**JOIN THE OUTLOOK!**

**Your resume will thank you.**

Contact Taylor Memoli at [s1321538@monmouth.edu](mailto:s1321538@monmouth.edu)



**College Republicans**

We are so excited to see you all and work to preserve your freedoms on and off of campus this year! Get out and vote!

-NJFCR Chair Jacky Bruno and MUCR Chair Giavanna Cangialosi



**College Democrats**

We have 34 reasons you should join the College Democrats. Join Team Freedom today!

- Owen Bros, President



**Real Estate Club**

Hello everyone! We will be having our meetings on the following Wednesdays from 2:45-4:00 in Bey room 222: 9/25, 10/30, 11/13, 2/19, and 3/19. These meetings will be similar to last year, our goal is to have guest speakers at all of them. Can't wait to see you all there!

- Margaret and Kaitlyn, President and Vice President



**"College Core" - WMCX**

Hey Hawks, tune into our next show, Monday, Nov. 25th for some sick tunes!

xoxo - Bailey & Sarah

Day & Time	Monday	Tuesday	Wednesday	Thursday	Friday
00-6:30					
00-7:00					
00-7:30					
00-8:00					
00-8:30					
00-9:00			Heart 2 Heart		
00-9:30				Daniel Bricker On Shuffle	
00-10:00			Anthony Cassieri	Ava Marton	Juno Snider
00-10:30					
03-30-11:00	Amani Adelekan, Gianna Krezek, Anya Kazmierczak	Sports Talk 4			
1:00-11:30	Jaylyn Ortiz, Jenna Proetto, & D'Haari Brown		Football on the Shore	Glendy	The Ghosts Hosts
1:30-12:00	HNK	Nick Giannantonio		Hot Topic	
2:00-12:30		Sports Talk		Hawk Film Talk	On the Ball
2:30-1:00	Beyonce Carranza, Erin Schuster, Leila Mehmedovic, Katie Sullivan	Noel & Chris	4 Leg Parlay	Celie Reynolds	Jake Ciangiulli & Pat Healy
00-1:30					
00-2:00					
00-2:30	Screen & Stream	Ava Hubinger	Business Show		Omni Sports
00-3:00					
00-3:30	Carlee Migliorisi	Quinn Wild	Get Silly	Max, Gavin, Shalik, Mir	
00-4:00	Carlee Migliorisi		Xavier Santangelo	Unplugged/ JG	Monmouth Hawk Spotlight
00-4:30	The Playbook				
00-5:00		Izzy, Manny, Trae	Dae'sani Clark		
00-5:30			Hot Take Radio	Gideon Quaye	
00-6:00	Giovanna Santiago				
00-6:30		Daniel Gruseke			
00-7:00	Trucker Radio		Los nuestros Sonidos		
00-7:30					Julian Nicholas
00-8:00	College Core	Taisha Exanor	Real Ball Hours		Ronde Washington
00-8:30					
00-9:00					
00-9:30					
00-10:00		Lily Cleary		Sports Talk 7	
00-10:30					
00-11:00			Blue Hawk Records		
00-11:30					
1:30-12:00					

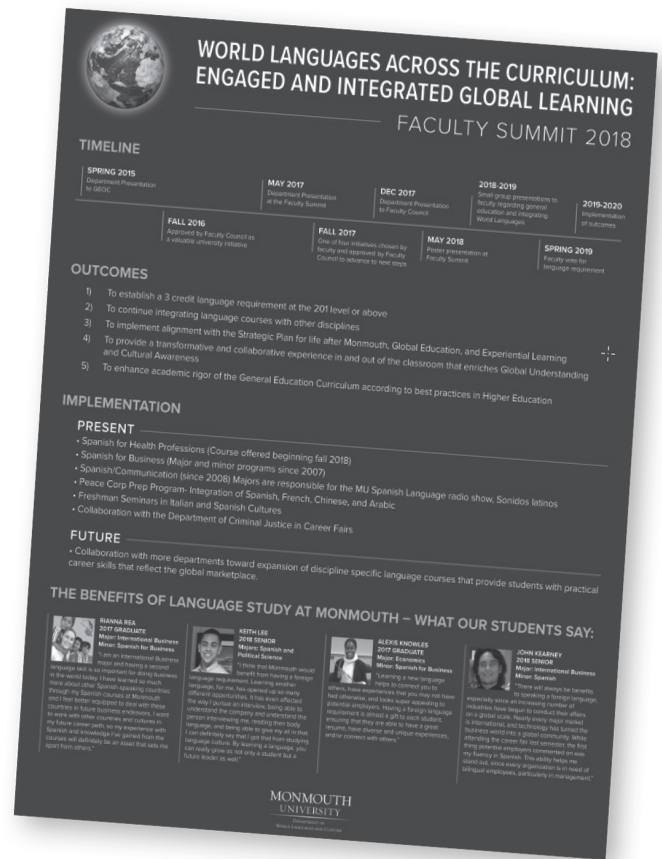
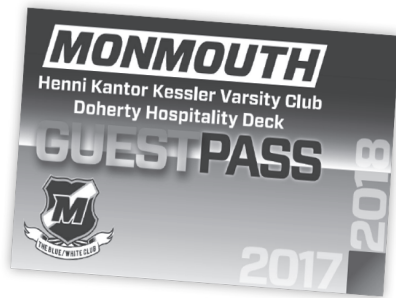
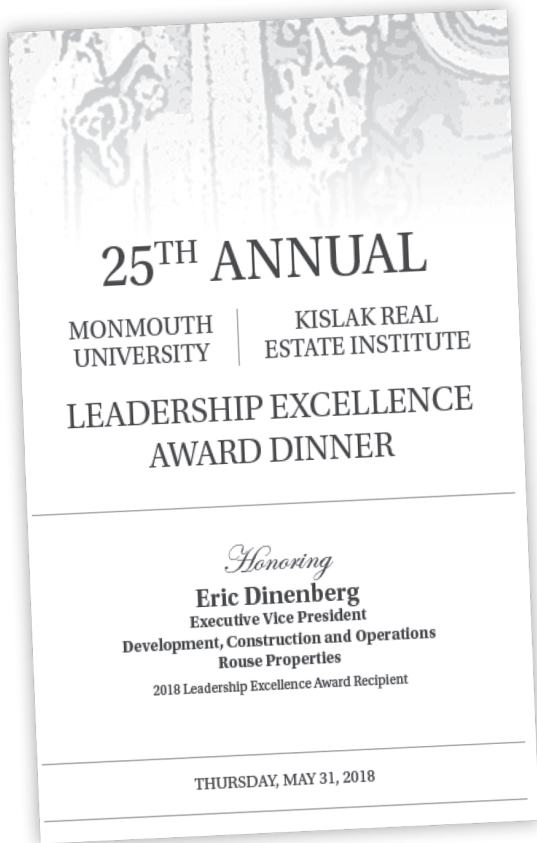
**HAWK TV Channel 12.1 Hawk TV**

Hawk TV is the student-run television station here at Monmouth and we are currently working on our Halloween special titled Hawktober. It will premiere on our YouTube channel @HawkTVMU on October 31st. This episode is one you don't want to miss! The special is a spooky take on Monmouth that includes investigating the possibility of ghosts residing in the Great Hall. The episode will feature recreations of famous horror movie scenes and fun Halloween themed competitions. This episode will surely get you in the spooky mood just in time for Halloween night. Next week, we will be back to our regularly scheduled shoots with Hawk TV News filming on Tuesday, Triple Scoop on Wednesday, and Extra Point on Thursday. Follow our Instagram @HawkTV12 to never miss an update on the club!

- Ava McGinty, Hawk TV Secretary and Executive Producer of Hawk TV New

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# FREE BOWLING NIGHT

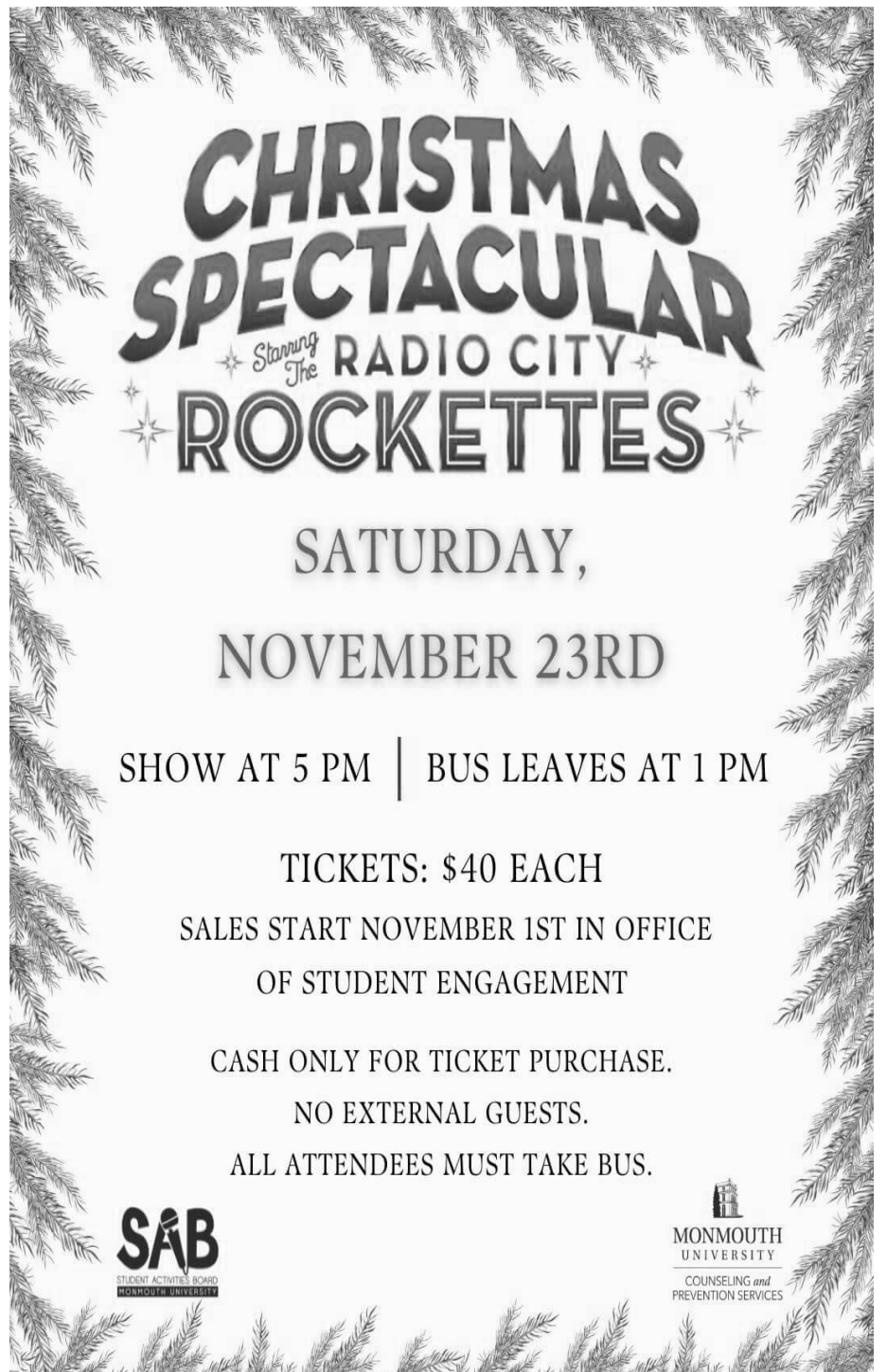
Join us for an evening of FREE bowling and great company with your friends. Show off your skills on the lanes and compete for the highest score of the night.

**DATE: FRIDAY, NOVEMBER 22**  
**TIME: 6 PM - 9 PM**  
**LOCATION: CINIELLO FAMILY BOWLING CENTER, BOYLAN GYM**

Bring your friends for a night of fun and friendly competition.

**MONMOUTH UNIVERSITY** | STUDENT ENGAGEMENT



# CHRISTMAS SPECTACULAR

Starring The **RADIO CITY ROCKETTES**



SATURDAY,  
 NOVEMBER 23RD

SHOW AT 5 PM | BUS LEAVES AT 1 PM

TICKETS: \$40 EACH

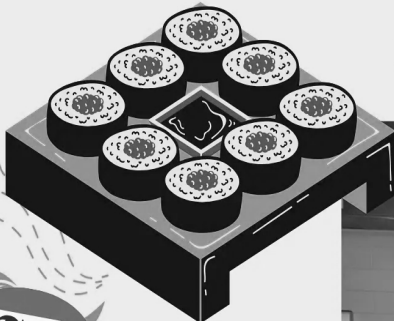
SALES START NOVEMBER 1ST IN OFFICE OF STUDENT ENGAGEMENT

CASH ONLY FOR TICKET PURCHASE. NO EXTERNAL GUESTS. ALL ATTENDEES MUST TAKE BUS.





CEDAR HALL AND GOURMET DINING PRESENT

# SUSHI CLASS WITH RAY

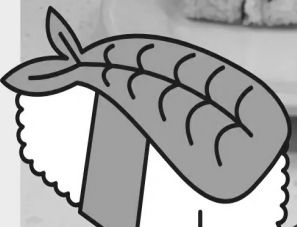



Learn to roll your own sushi in the Sushi Bar with Raymond

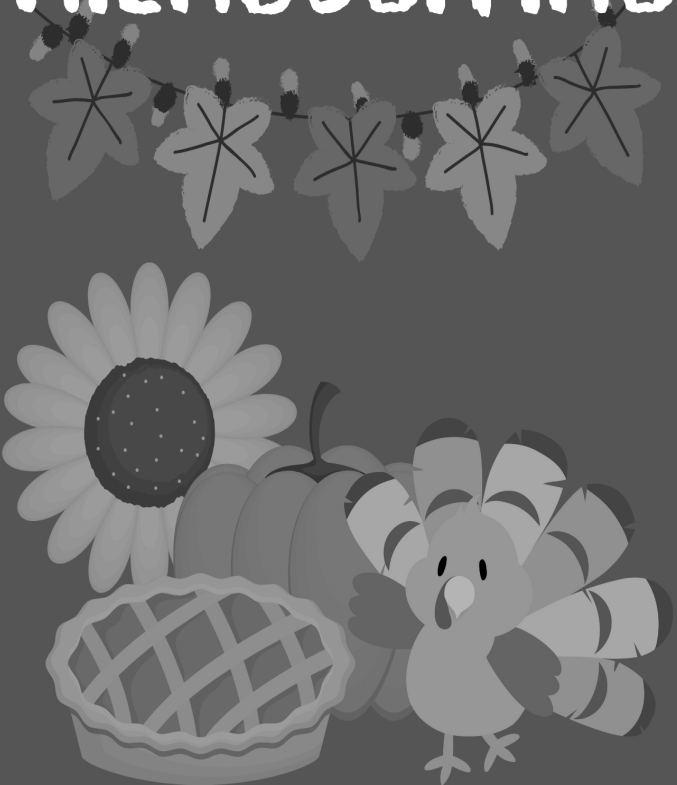


**November 26th**  
**1:30-3:30 pm**

All are welcome; must scan into the Dining Hall to enter

# FRIENDSGIVING!



With Thanksgiving right around the corner, Gourmet Dining is hosting the ever popular Friendsgiving on Friday, November 22 from 12-4 pm at Magill Commons Dining Hall!

\*\$10 for students who do not have a meal plan.\*

# Hawks fly past No. 8/9 Villanova

**DAE'SANI CLARKE**  
STAFF WRITER

The Monmouth Hawks (5-6) bounced back from three consecutive losses against the Villanova Wildcats (8-3), with the score ending 40-33 at Kessler Stadium on Saturday.

Monmouth set a great impression in the first quarter moving up the field quickly. Running Back, Makhi Green, set the Hawks up beautifully after collecting a couple of yards from a kickoff return. With more than 10 minutes left in the quarter, running back Sone Ntoh scored the first touchdown for the Hawks. They attempted to go for a two-point conversion but were unsuccessful. Villanova responded pretty well, being able to swiftly secure a 2-yard touchdown by quarterback Connor Watkins and a field goal before the end of the quarter with 7-6 on the scoreboard.

As the second quarter approached, the Hawks were able to pull together two back-to-back touchdowns from quarterback Derek

Robertson. Wide receiver, Josh Derry, was found on a 32-yard trick play to collect another six points for the Hawks. Not too long after, wide receiver, Maxwell James was connected with a 19-yard score to extend the lead to 19-7. Before halftime, Watkins was able to send running back David Avit through the line of scrimmage to collect 25 yards and a touchdown leaving the score at 19-14.

The Hawks returned to the field fired up and ready for the second half. It took them only two plays to make it into the end-zone once again. Running back Rodney Nelson was trusted with the ball in these two plays, running an 85-yard drive to bring his team closer to the endzone. He received the ball again to seal the deal with a 26-yard touchdown run. Ntoh collected another six points with a 7-yard touchdown later in the quarter extending the lead to 33-17.

The Wildcats retaliated with a comeback back attempt in the fourth quarter. Watkins was left open with an opportunity to score a 6-yard touchdown, which was complimented with a



**Derek Robertson** threw three touchdowns against Villanova, throwing 358 yards on 22-of-23 passing. PHOTO COURTESY of William Prata.

two-point conversion, which gave them a chance to bring their score closer to the Hawks (33-25). The team was very in tune with this game being able to set up Ntoh with a 1-yard touchdown which earned him a single-season record, his 23rd rushing score of the season. This pushed the Hawks up to 40 points with the Wildcats hungry for another touchdown before the final quarter ends. Wide receiver, Devin Smith found

his way into the endzone giving his team another six points chasing the Hawks lead. Monmouth's defensive line has players like Justin Bennin, Isaiah Rodgers, and K-Shawn Schluters, who had several tackles throughout the game (Israel Clark-White leading with seven tackles.) Damir McCray complimented the line, snagging a sack on his way out, resulting in the Wildcats being unable to

secure another touchdown. The Hawks closed the game with an amazing catch by T.J. Speight who led all receivers with 120 yards on seven catches.

Monmouth (5-6) will close its 2024 season at Stony Brook (8-3) this upcoming Saturday, Nov. 23 while Villanova (8-3) welcomes Delaware (9-1) for their final game at the Villanova Stadium that same day.

# Bashir scores 38 points in losing effort versus No. 24 Rutgers

**FRANK HOARLE**  
STAFF WRITER

Sophomore guard Abdi Bashir Jr. scored 38 points, a career high, as Monmouth lost a high-scoring affair against No. 24 Rutgers on Friday.

The story heading into the game was the much antici-

pated debut of Rutgers freshman sensation Ace Bailey, who is projected to be a top pick in the 2025 NBA Draft. He missed the first two games of the Scarlet Knights season due to a hip injury. Bailey quickly made his presence known, as the first shot of his collegiate career was a three-pointer less than 30 seconds

into the game.

For the first seven minutes of the game, no team led by more than four points. However, an 11-0 run for Rutgers midway through the first half put the Scarlet Knights up by 16 points. Rutgers would lead by double digits for the remainder of the game from that point forward, with the

final score being 98-81.

Bailey led the way for Rutgers along with freshman guard Dylan Harper, who is also projected to be a top pick in this year's draft. Bailey and Harper scored 17 and 20 points respectively. The duo of Bailey and Harper are widely considered to be one of the best duos in college basketball this season.

For Monmouth, despite the loss, there were some positive signs, especially with Bashir. In his 38-point effort, he shot 59% from three point range. Through four games, Bashir is averaging 23.3 points per game, which is tied for 21st amongst all players in college basketball this season. Junior guard Madison Durr, a transfer from The Citadel, continues to play a large role for Monmouth as well. He

scored 17 in the loss, continuing his streak of scoring double digit points in every game so far this season.

While the offense has shown positive signs, Monmouth continues to struggle on defense. Through four games, the Hawks have allowed 90.3 points per game. Their defense is ranked 338th in the country according to KenPom's metrics.

Monmouth, still looking for its first win of the season, travels to Kansas to play Wichita State on Monday. After, they will go to Texas to play in the Axe 'Em Classic, where they will play three games in three days against Youngstown State, Stephen F. Austin, and Presbyterian. Rutgers looks to remain undefeated as they host Merrimack, then travel to Georgia to play Kennesaw State.



PHOTO COURTESY of Troy Fenton Jr.

**Abdi Bashir Jr.** had a career-high 38 points with the most made three-pointers (10) in program history.

# Women's basketball falls to Penn State overview

**ASIA COOKE**  
STAFF WRITER

The Lady Hawks are off to a slow start this season after a 45 point loss to Penn State (6-0) this past Sunday. Despite a great performance from multiple players, it was not enough to break Penn State's current winning streak and give the Hawks their first victory of the season.

Though the Hawks had some difficulty from the three point line, they made up for it in the paint. Guard Damaris Rodriguez, who ended the game with a career high 17 points to give her 1,981 career collegiate points. The shortest lead of the game was 10 points which came in the second quarter thanks to a free throw from forward Divine Dibula. The score at halftime stood at 26-47.

Despite the gap in the score, the Hawks continued to play hard after half-

time with guard Jaye Haynes making multiple clutch three-point shots. She now leads the team in shots from deep with seven.

A few players made their debut points in the game including forward Rebecca Milon and guard Alexis Stewart. Stewart made a layup with 3:56 left on the clock in the fourth quarter, bringing the Hawks to 51 points to Penn State's 87. Milon played 20 minutes, the most she has played so far this season, and scored two points in the last stretch of the game with 1:10 left on the clock.

The final score was 55-100 at the end of regulation.

Forward Taisha Exanor finished with nine points and a season high 12 rebounds, just short of a double-double

Monmouth looks ahead to pick up their first win under Head Coach Cait Wetmore as they to face the Sacred Heart Pioneers tomorrow Nov. 21 at 5:30pm to finish their four-game road trip.



PHOTO COURTESY of Monmouth Athletics.

## Accolades of the week

**MAIREAD SPELLACY**  
SPORTS EDITOR

In just his second year here at Monmouth, guard Abdi Bashir Jr. is already setting program records.

Bashir started the week of Nov. 11 shooting 45.5% from the field and 48% from behind the arc as well as going 11-11 from the foul line when the Hawks faced Northern Illinois on Nov. 12. He end-

ed the week with 38 points against Rutgers which was not only his career high but the second most for a Hawk under Head Coach King Rice, since Feb. 13, 2017 when Justin Robinson had 40 points at Siena. His 38 points sit third most in the country and 10th most in a game in school history.

Thirty of his points came from behind the arc, setting the program record for three-pointers made with



PHOTO COURTESY of Matthew Geller  
**Abdi Bashir Jr.** was awarded CAA Player of the Week as well as the Oscar Robertson National Player of the Week.



PHOTO COURTESY of William Prata.

**Derek Robertson** was named both FCS National Offensive player of the Week as well as CAA Offensive player of the week.

10. Bashir not only set a program record but holds the most threes made in the NCAA season.

Bashir averaged 13.4 points his freshman season, and is now averaging 31.8.

Bashir got recognized for his outstanding performances as he was named CAA Player of the Week on Monday Nov. 18. Not only did Bashir get recognized by

the CAA but by the nation as he was named the Oscar Robertson National Player of the week on Nov. 19. Bashir is the first ever Hawk to receive this honor.

On the football field, quarterback Derek Robertson was named the Stats Perform FCS National Offensive Player of the Week in addition to the CAA Offensive Player of the Week. Robertson was 22-of-

23 for 358 yards on Saturday Nov. 16 against No. 8/9 Villanova where 10 different receivers caught passes from Robertson. This was Robertson's sixth game this year with more than 350 passing yards.

Robertson currently has a 95.7% completion percentage which is the best in the FCS this season.

THE OUTLOOK



# FOOTBALL LOCKS IN WIN OVER NO. 8/9 VILLANOVA



Monmouth football celebrated senior day as well as their last home game of the season in a 40-33 victory over Villanova.