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President Leahy and the members of the Pride Club meet to discuss campus climate Princeton ranking, a number

AVA McGINTY
MANAGING/ FEATURES EDITOR

embers of the Pride Club met with President Patrick Leahy, Ed.D. on Oct. 6 to discuss how Monmouth University can work with LGBTQIA+ students to improve the campus climate, and feel more accepted on campus.

The meeting was scheduled after the Pride Club learned about The Princeton Review's "The Best 391 Colleges, 2026," which named Monmouth University 16th on the list of LGBTQ-unfriendly colleges.

After The Outlook published a story about the

of readers asked specific questions about methodology used in the ranking system.

According to Jeanne Krier, Publicist for The Princeton Review, on average, about 435 students answer the survey from each of the 391 colleges in the book. Their responses are used to compile the lists, including LGBTQ-unfriendly ranking.

The ranking casts a negative light on campus overall, climate specifically as it relates to LGBTQIA+ community. However, President Leahy believe not ranking actually reflects Monmouth's values. "I was very disappointed to see our University included on this list, which in no way reflects shared institutional values. We work to foster a

campus environment where about their lived experience have the capacity to accept differences are celebrated, at Monmouth, as well as us, please just leave us alone. and where members of the their recommendations for Don't write on YikYak that LGBTQIA+ community are change within our university we're 'mental freaks' who included and valued."

executive board, including these suggestions attended the meeting with making

junior be." Gillis, anthropology major, said, "The main concerns we flying a pride flag during networking app where users brought up were lack of Monmouth education and lack of homecoming visibility. We talked about Oct. 18, and Gillis said visible to people on the app how queer students don't feel that President Leahy was that fall within a limited comfortable taking up space receptive to the idea. on campus and President Leahy was very saddened to students to recognize their community that matches hear that."

President Leahy said, "My everyone that we are people meeting earlier this week too. We did not ask to be with members of the Pride queer. We did not ask to go Club was very productive. I against the grain of society.

Monmouth institution that we aspire to incredibly

The Pride Club suggested University's game

commonalities. Gillis said, their .edu email. Following the meeting, "... We just want to remind appreciated hearing first-hand If someone truly doesn't

community. The senior team 'need a job.' We are not Members of the Pride Club and I will carefully consider harming anyone by being and, queer, but making fun of a president Tyler Gillis and together with our student vulnerable group in a time secretary Valentine Miller leaders, will work towards where the media is already the painting us as villains is harmful costly."

> YikYak is a social can post short messages on anonymously, which are radius, like a college campus. Gillis wants Monmouth People can join one college

> > "Campus Climate" cont. on pg. 2



IMAGE TAKEN from Monmouth Athletics

Monmouth welcomes new director of sports medicine

OLIVIA SMITH CONTRIBUTING WRITER

on mouth University Athletics Department appointed Lewis Young as its new Director of Sports Medicine this July, following the retirement of the previous director, Operations. Simon Rosenblum. Athletes, coaches, and staff anticipate that Young's leadership will significantly

Athletic Programs. Jen Sansevero, Director of Athletics at Monmouth University, said, "Lewis

Monmouth's

brings with him a wealth in Division I collegiate choice recent role, having served our as the Director of Clinical sports

the needs of our studentathletes and the Sports Medicine unit as a whole." She explained how this is a critical position of leadership.

Sansevero believes of knowledge from his time that Young is the right for Monmouth. athletics, at the professional She said, "Lewis cares sports level, and in his most deeply about supporting student-athletes, medicine staff, and overall Department. I Those experiences allow am excited Lewis brings him to take a more holistic a fresh new perspective approach when addressing with a willingness to think creatively and utilize the resources Monmouth has to

> "Monmouth welcomes" cont. on pg. 2

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Campus climate

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This is not the first time Monmouth minority students Outlook reported on hate have been targeted on social media, specifically YikYak. As we reported in Feb. 2022 there was an incident involving YikYak posts targeting minority students at Monmouth. At the time Leahy stated, President "Monmouth University is committed to fostering a to make minority students welcoming and inclusive feel accepted and respected campus where everyone feels on campus. safe, valued and respected. Hate has no place on our feel that, after this meeting campus, nothing posted can platforms ever

discrimination of any kind will not be tolerated."

More recently The speech targeting LGBTQIA+ students involving members of the Monmouth University College Republicans club.

These instances, despite the stated values of mutual respect by the administration, point to a larger and consistent struggle

LGBTQIA+ students with President Leahy, their concerns are at least heard fully anonymous, and this time. Gillis said, "I

believe our concerns were to discuss the realities of are eloquent and thoughtful heard. Whether something will be done about it is a different story. However, we are determined to see change and will not give up. President to change and I believe that we can really make the Monmouth campus better for everyone."

Jennifer Ross, Director of the Honors School shares a similar sentiment to Gillis.

university-life and playing a role in their inclusive campus." experience. To strengthen habit of talking with students Pride Club president, who Gillis said.

the in their approach to building issues that are currently bridges toward a more

It is clear that change in our University community, campus culture is needed, Leahy does seem to be open it will be important to talk and this dialogue with the with our LGBTQ+ students administration is offering if we keep pushing forward to best determine how to glimpses of hope. "I feel best bridge the gap and optimistic. There are a lot foster the welcoming place of people on campus that that Monmouth strives to want to see change, not just be for all of its community the people that attended the members. I know there is meeting. With so many people great support for this in all on board, change doesn't feel She said, "Working toward facets of University life impossible, it feels tangible. I solutions of any kind stems - from administration to think if we keep going as we from open dialogue and active faculty to staff - as well as are, we can really start to see a listening. At a university, wonderful student-leaders on shift. I just hope other students you always want to make a campus, like Tyler Gillis, the are open to it happening,'

New director of **Sports Medicine**

cont. from pg. 1

studentsupport our athletes in this modern era."

Young moved a small town outside of Charlotte, North Carolina, to New Jersev to take on his new role. Before joining Monmouth Athletics, Young served as Director of Clinical Operations at the University of North Carolina (UNC) Cary Orthopedics & Spine Specialists. Before UNC, he future of served as an Athletic Trainer Indiana University football, where he was also research team.

Young earned his Master of Arts in Education from Virginia Tech in 2017, where he served as a graduate assistant athletic trainer and

University, where he was a member of the NCAA Division III Tennis team.

Following graduate school, Young was appointed as a seasonal athletic trainer for the Los Angeles Chargers May 2017-2018. He is a Licensed Athletic Trainer (LAT), Certified Athletic Trainer (ATC), and Corrective Exercise Specialists (CES).

Looking towards the athletics program, Sansevero said, "I see Lewis bringing a passion to seek out treatment or an informed about the change." and enthusiasm that will only Department."She added, " The Sports Medicine unit is a and having great leadership research. He received his a differentiator for us in this based on their strengths. bachelor's from Roanoke new landscape of college

student-athletes by providing whole sports realm is happy treatment they need. them with critical support that he is here, because he's and resources."

Sansevero's mission Athletics Department. He best athletic training staff and what are we doing?"

He believes that athletes should feel welcomed. "I the want all the athletes to feel like they can come in whenever they need you evaluation. And I don't want

Young has already made

Assistant Track and Field already had very positive evolving for the better."

athletics. It enhances the Coach Devin Barry, who has impacts on our team, helping

Pavitra Parikh, insurance. She beforehand, just so we were former Director, Rosenblum.

Sophomore

transformative experience been at Monmouth for over girls through injuries, and we strive to provide for our 18 years, said, "I think the getting them access to the

Senior on the Men's Golf got some good ideas." Barry Team, Ethan Lee believes Young explained how believes that Young will Young is an improvement over he wants to help further help the program overall the previous director, Simon in and develop a new standard. Rosenblum, who retired from a Monmouth. He added, "I said, "I want to create the Sophomore on the Women's like that Lewis has different Tennis team, explained procedures for helping with sports medicine department that Young was extremely what is needed. Simon just in the country. If we're not helpful when she needed did one thing for my back, shooting for that goal, then assistance with her medical and it never really went away. said, But Lewis had a new way of "According to me and my helping my back." Lee also team, the switch was a addressed the noticeable smooth transition; however, differences in communication we wished we had been told and strategy compared to the

Sansevero said, "His desire Delany for excellence, accountability, a part of the concussion elevate the Sports Medicine any athletes to feel like they Nadeau of Women's Golf and team-oriented nature team and the Athletic can't seek that out," Young explained how her team means that we will continue was also not aware that to find ways to elevate the they were receiving a new services and support that we significant component in the some changes within the trainer. They found out in provide our student-athletes. student-athlete experience, department. He explained mid-August when they were I do not doubt his leadership how he moved certain trainers asked to update paperwork. will thoughtfully evaluate our also completed concussion within the unit can really be to different sports teams Despite the short notice, practices and approaches to Nadeau said, "He has ensure we are continuously



IMAGE TAKEN from Linkedin

Monmouth's School of Social Work celebrates 50 years

HAYDEN KELLY CONTRIBUTING WRITER

onmouth University's School of Social Work is marking its 50th anniversary, celebrating five decades of educating and empowering future social workers.

According to the U.S. News & World Report, Monmouth University's School of Social Work is ranked as one of the top social work programs in the country. The school offers undergraduate Bachelor of Social Work (BSW) and a graduate Master of Social Work (MSW).

"This anniversary is a moment of reflection and gratitude for the visionaries who founded the school, the faculty who shaped its direction, the students whose work in the field bringstheory to life, and the communities that have trusted us to walk alongside them. It's also a moment of renewal of our mission, of our passion for transformative education, and of our responsibility to lead," said Golam M. Mathbor, Ph.D., a professor and the Interim Dean of the School of Social Work at Monmouth University.

According to Mathbor, Dr. Greta Singer laid the foundation for professional social work education at Monmouth. Singer developed the Bachelor of Social Work program at Monmouth College [now Monmouth University] in 1975. In 1977, the program received initial accreditation from the Council of Social Work Education (CSWE), the national association representing social work education in the United

Mathbor said that a strong core faculty and a culture of academic rigor and student engagement were developed throughout the 1980s and 1990s, with the help of Dr. Mark Rodgers, who succeeded Dr. Singer in the early 1980s, and Dr. Robin Mama, who joined the faculty in 1992, thereby strengthening BSW instruction and leadership.

Other milestones include the official launch of the MSW program in 1998, which transitioned the School of Social Work into an institution of graduate education, and the beginning of the Doctor of Social Work (DSW) program in 2022, with its first cohort of ten students graduating in 2025.

Mathbor discussed the growth of their global engagement, which included partnerships and practicum a dozen countries, as well as not only where that degree took their exchange program with the Catholic University of Applied Science in Cologne, education here at Monmouth." Germany. "These collaborations have helped our students and the school's anniversary is a gala faculty see social work through an international lens, enriching our practice and deepening our understanding of global justice," Mathbor added.

Jasmine Key, a sophomore at and practicum partners. Monmouth University, who is double-majoring in Social Work only honor their shared history and Criminal Justice, said, "My and mom is a social worker. She works as an adjunct professor in the Social Work (SW) department [at Monmouth University]. Having received her bachelor's and master's [degrees] in SW at Monmouth, I was inspired by her career and experience in the SW Department here to study milestone is both a deeply in this field... I saw firsthand how Monmouth University's inspiring moment for me as

placements across more than mom in her line of work, and her, but how much she was able to do with her experience and

> One of the key highlights of event scheduled for February, which will bring together a vibrant mix of the School of Social Work's community, including current students, alumni, faculty,

This celebration will not transformative impact across decades, but with over 3,650 alumni, will aim to create opportunities, share their stories, mentor students, and participate in events that highlight the impact of a Monmouth social work education, Mathborn explained.

"Reaching this 50-year humbling and profoundly SW department equipped my dean... Looking forward, I see

this milestone as a springboard for growth. I'm committed expanding scholarship opportunities for our students and building pathways for them to pursue their education and professional goals without financial barriers. I also hope to establish endowed professorships and increase support for faculty research and scholarship, so we can continue contributing meaningfully to the advancement of social work knowledge and practice," Mathbor added.

The School of Social Work will also be spotlighting stories from the community through digital content on social media throughout the year.

"I'm excited to be a part of the 50th anniversary of the School of Social Work because it's rapidly evolving and becoming a better program every year!" continued

With 13 faculty members and four administrative staff members, Monmouth's School of Social Work has grown to serve students at all levels of higher education by centering its curriculum and mission around human rights. This approach prepares a new generation of social workers to advocate for and transform their communities for the better.

Mathbor added, "Above all, this 50th anniversary reminds me of the enduring power of social work to change lives, and the privilege of leading a school that is helping to shape the next generation of changemakers... It's a time to reflect, to reconnect, and to recommit to the mission that binds us all: advancing human rights and social justice through education, service, and leadership."



PHOTO COURTESY of Golam Mathbor

Monmouth's School of Social Work celebrates 50 years with alumni.

Monmouth announces Hawk Excellence Fund

EDWARD GRANADOS CONTRIBUTING WRITER

n an effort to help keep Monmouth competitive in this era of NIL college sports, Director of Athletics Jen Sansevero announced a new donation initiative, called the Hawk Excellence Fund, at an event in the campus's Athletic Hall of Fame on Sept. 10.

According to the Monmouth Athletics website, the Hawk Excellence Fund was created to provide a wide range of support to student-athletes, helping them focus on academics, professional development, and athletic competition. The fund is designed to expand resources in areas such as academic assistance, revenue sharing, and Name, Image, and Likeness (NIL), while also keeping Monmouth competitive in

to maximize opportunities—to learn, to grow, and to prepare for life way beyond the competitive surface," Sansevero said.

She also elaborated that discussions around NIL, revenue sharing, and the House Settlement are about more than numbers or contracts; they're about giving student-athletes the support they need to succeed on and off the

As a result of the settlement regarding House vs. NCAA, colleges are allowed to pay Division I athletes directly, which has reshaped college athletics and inspired Monmouth to launch the Hawk Excellence Fund.

Kevin Callahan, head coach of Monmouth's football team, emphasized that student-athletes and staff must fully embrace the Association

recruiting and retaining top talent. evolving landscape of college "We're talking about our athletics, including NIL and student-athletes and their ability revenue sharing. "We have to buy into it, and if we want to be competitive...then we've got to be at the forefront of this new movement," said Callahan.

He added the importance of preparing athletes not just for competition, but for growth, leadership, and mentorship within the team, noting that the seniors set the tone for younger players. He also said that, despite the differences in resources compared to larger programs, Monmouth athletes remain determined to compete.

While the fund clearly benefits student-athletes, some students on campus are wondering how the general student body will be affected. Kelly Sniffen, the Director of Public Relations for the Student Government (SGA),

will primarily benefit studentlittle direct impact."

a Communication major, said, "I think it builds school spirit... if you see a great player on a poster near school, you're like, oh yeah, they play here. They did a lot for the school, and it makes it starting forward, echoed Collins a great time to go out to games. At the end of the day, sports are entertainment, and it's fun to

quarterback Monmouth Dereck Robertson said, "I want to win a championship. I wasn't really worried about the dollar sign in the end...I have one year left of college football, and I saw my best opportunity to do that here at Monmouth with the guys I've worked with for the last two years. I love every single one of them. We have a big future

Collins agreed with Robertson Hawk-way."

"The Hawk Excellence Fund when he said, "I've always been choosing Monmouth, not just athletes...however, the broader because I live around here, not Monmouth student body will see just because I'm from here, but there, it's never been about the While the fund focuses on money for me. There have been supporting athletes, that doesn't hundreds of years of athletes mean the Monmouth community before us, but nobody got paid in can't be impacted. Dean Heidel, school, just 'cause it starts now is not really a reason why I should change my values. I love all the guys here. I love coach, like no one even knows."

> Ella Farley, Monmouth and Robertson's statements when she said, "Monmouth has poured into me many more [benefits] than I can even count. FP And this settlement didn't change anything for me. I love Monmouth. I love my team, I love my staff. [F] I love Jen (Sansevero), I love everything about this school. Couldn't be more thankful to be here."

King Rice, Monmouth Men's basketball Head Coach is excited about the new opportunity. He said, "This new world is exciting. Let's jump out in front of it. Let's jump out in front of it and go get Monmouth starting guard Jack it. All of us together. That's the

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Tuiton at Monmouth: Where should it be going?

EDITORIAL STAFF

been points of debate on col- for clubs keep decreasing, thing we originally agreed to." lege campuses, including and it makes no sense to me. More specifically, whether the could be improved to create a not as daunting for some." price truly reflects the value.

only student jobs, but also a the long upward trend. Many demic funding." student service."

entirely off but could be im- administrative proved, with one editor shar- while cutting budgets for aca- think the money should be aling, "Monmouth does an okay demic and student services, a located. job balancing tuition spending, trend reflected in some of the The conversation about tubut it could always improve." editor's concerns.

funding that is being cut year ed going here. If anything, dents and editors alike.

after year."

better learning environment.

schools have been criticized

returning students shouldn't Rising tuition costs and Another added, "Tuition have to see that increase in spending habits have keeps increasing, but budgets price since that's not some-

Another editor offered a dif-Monmouth. As students watch So many organizations are ferent perspective, saying, "I their tuition increase every struggling with funds, and mean, it is a private school, so year, questions continue to cir- it's really a shame to see." the higher tuition does make culate about how that money Others noted that academic sense. I also think the school is allocated among academics, spaces could use attention, is fairly good with giving out athletics, and student services. pointing out classrooms that scholarships, so the tuition is

One editor, however, was Some editors shared con- Nationally, college spend- more critical of how tuition is cerns about how Monmouth ing has faced increased used, saying, "I don't feel as if tuition funding. scrutiny as tuition continues Monmouth is using my thou-One editor said, "I think that to climb. According to the sands of dollars a year to invest Monmouth spends a lot of mon- College Board, the average in me as a student, rather iney on athletics and not enough published tuition and fees at vest in my uber athletic peers. money on student services and private nonprofit four-year in- I believe Monmouth Athletics academics. At the end of last stitutions reached \$43,350 for should be supported, but I beyear, they cut the peer-assisted the 2024-25 academic year, lieve there is a disparity belearning, which took away not marking a continuation of tween clubs, athletic, and aca-

An editor suggested that the Others felt the balance wasn't for prioritizing athletics and University gather student inspending put via a survey on where they

ition isn't new, but it remains When asked which areas of Editors had different views a pressing issue. As tuition campus should receive more on whether the tuition costs rises, students are questionfunding, editors repeatedly themselves are justified. One ing whether their investment pointed to clubs, academics, editor expressed frustration reflects their academic and and student services. One with price increases, saying, campus experience. Whether editor said, "Clubs are such "The tuition cost is constanta large part of the university, ly getting worse and worse.

There is no reason that the clubs and academics, tuition is a large part of the university.

There is no reason that the clubs and academics, tuition so heavily, yet clubs struggle price should've been raised distribution remains a topic to do anything with a lack of every summer since I start- that sparks debate among stu-



Serving the Monmouth community since 1933



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Are concert tickets too overpriced?

JULIEN CAROMANO CONTRIBUTING WRITER

ichael Rapino, CEO of Live Nation and Ticketmaster, claims that concert tickets are underpriced, pointing to the price of live sports events in comparison to concerts.

"Music has been underappreciated," Rapino stated, in a CNBC Sport and Boardroom's Game Plan conference. "In sports, I joke it's like a badge of honor to spend 70 grand for Knicks courtside. They beat me up if we charge \$800 for Beyoncé."

Rapino continued, "We have a lot of runway left. So when you read about ticket prices going up, the average concert price is still \$72. Try going to a Laker game for that, and there's 80 of them. The concert is underpriced and has been for a long time." This average cost that Rapino shared seems low at first, fairly reasonable for people who may have limited budgets for the nonessentials that provide some life to the work-life balance people strive for, but the source of this "average concert price" is brought into question.

"The CEO's choice of statistics appear to be selective," Jem Aswad, a writer for Variety magazine, states. "According to industry trade publication Pollstar, the average ticket price for major tours reached record highs in 2024, averaging \$123, with top tours like Bad Bunny (\$290), Justin Timberlake (\$216), and Nicki Minaj (\$149) soaring well past the average Rapino cited."

Live Nation and Ticketmas-

alleged illegal ticket resale tactics, including but not limited to only made tickets less affordable and accessible for fans, but also has taken advantage of artists and concert-goers alike, which I find

When asked if concert tickets were too expensive, students at Monmouth University answered in a variety of ways.

"It depends on the artist," Mia Stapleton, a sophomore Marine and Environmental Biology and Policy student said. "Bigger artists are too expensive, but smaller ones aren't."

"I paid around \$60-70 for my ticket [at a concert]," Xander it was a pretty nice experience. group to extort money from." And for the performance and my seat, I thought it [the price of the tonoff's statement on the wealthy ticket] was fair."

accessible to all people," Rose, reassurance to know that people a Sociology student, stated. "... who are conventionally well-off I consider [music] a fundamen- also see a fault, and potentially tal of human nature, because of a moral issue, in Rapino's stateits exclusivity to be produced by ment. With how much more ofonly humans, and its beauty only ten people are working today to coming from humans."

necessities, the concept of concert tickets being underpriced feels outlandish and possibly a bit out-of-touch, especially if you're living on a college bud-

ter are currently undergoing a

PHOTO TAKEN by Riley Kindler.

Ethel Cain live at The Met in Philadelphia, PA. The average ticket price was roughly \$70, with general admission costing around \$100.

slew of lawsuits from the Fed- get. Hearing Rapino's opinion, eral Trade Commission and the who is estimated to have nearly U.S. Department of Justice for \$150 million in net worth, viewing concert tickets as underpriced during a time where people seem working with scalpers to increase to have less and less disposable ticket profits. If true, this has not income, makes the ever-growing economic disparity between the upper and lower classes more apparent.

However, disapproval around Rapino's statement isn't only circulating among fans and concertgoers. Jack Antonoff, a Grammywinning producer-songwriter who has written songs for popular artists like Taylor Swift and Sabrina Carpenter, also voiced his opinion."This breaks my heart and is a really sick way of looking at it," Antonoff stated online. "Answer is simple: selling a ticket for more than its face value should be illegal... As always Stratton, a sophomore Anima- when I read things like that, I call tion student explained. "We got my people right away to think of tickets in the back, but since it new ideas around it. We'll never was a stadium, I could still see stop doing that. It could all be so everything. It was very engage easy if the people up top didn't ing and had a lot of cool effects... see the audience as a faceless

I strongly resonate with Anseeing the audience as a group to "I believe that art should be extort money from, and it offers afford the basics, like rent, utili-Amid rising costs of living and ties, food, clothing, an escape is needed every once in a while to keep stability and offer some relaxation or fun in return for your hard work. Increasing prices for those non-essentials just for the sake of wanting to make more money is rather small-minded and selfish, in my opinion.

> Needing to increase concert ticket prices can be reasonable in a multitude of cases, whether that's needing to keep up with an artist's demand and popularity, or needing to hire more employees to help with setting up and taking down equipment. However, Rapino's statements framing music and concerts as "underappreciated" ignores the everyday struggles and workload of people who work for the opportunity to attend these events.

> Being able to charge more doesn't remind people of the value of the concerts they attend, it only reminds them of the sacrifices they have to make in order to experience

Your GPA really isn't that importanthere's why

PAIGE CAMPBELL CONTRIBUTING WRITER

kay, let me rephrase that title: Your GPA is important, it's just not as important as you think.

As college students, we've been told one hundred times over that our Grade Point Average defines us. It's a formal measurement of how smart you are, how well you test, and how much information you can recall upon being asked. While some of this is true, and your GPA does matter, it's not the entirety of what can define you as a successful student. The real world isn't a classroom, and because of this, there are some things a GPA can't measure, such as how well you can verbally communicate, collaborate, and connect with others, skills that, depending on your field of work, are arguably more important than your GPA will ever be.

Take it like this, in my opinion, what's most important in college isn't earning a 4.0, it's meeting as many people as you can and building and managing meaningful and strong relationships. In other words: networking. Whether you want to be a lawyer, journalist, or business executive, networking is the key to making it far in your profession. As the phrase goes, success rarely happens in isolation.

Increasingly, how well you can hold a conversation or make someone feel comfortable is becoming an invaluable skill. According to a 2022 study done by LinkedIn, an estimated 85% of jobs are now filled as a result of networking. This means that almost nine out of ten people who fill out applications don't get their job strictly because of their college GPA or the courses they took, but because they know someone or they know someone who knows someone.

This statistic alone should ease some hearts

as midterms are rapidly approaching. Yes, spend time studying hard, but also think about how you can redistribute your time moving forward.

Despite its importance, many college students don't spend much time networking, and that's simply because they don't know how. But networking isn't difficult, so it shouldn't be intimidating. Networking doesn't only entail dressing up in formal clothes and swapping resumes and business cards, but it's also doing something as simple as staying and chatting with a professor after class, joining a student organization, or reaching out to alumni who are in the field you aspire to be.

Again, let me reinforce that your GPA does matter, and you shouldn't completely ignore your academics in favor of a game of golf. Balance is key. If you spend all your time locked in your dorm room obsessing over every decimal point, when you graduate, you may find yourself with a summa cum laude cord but no one to show it off to. If you spend all your time at the bar with friends, on the other hand, you might end up with great memories but no degree to back them up. Both extremes miss the point.

Instead, try asking a classmate or two if they want to get together in the student center or library and do some classwork. You'll be able to get your work done and meet and learn about new people in the process. Remember that college is full of people who are just as curious, open, and ambitious as you are. Small interactions will go a long way. Your grades might open a door, but relationships will help you walk through it.

So, to rephrase my title one more time: Talk your way to the top, your GPA is important, but connections are more.

October 8, 2025 FEATURES

OmniSports Media on WMCX 88.9

AVA McGINTY
MANAGING/ FEATURES EDITOR

mniSports Media is one of the radio shows featured weekly on WMCX 88.9. The sports show, hosted by Dean Heidel, is live every Friday from 11 a.m. until 1 p.m. and covers various sports with a focus on Major League Baseball and the National Football League.

Heidel is joined by his cohosts Michael Morgan, Daniel Connolly, Matthew Cioletti, and radio?" Jason Veres.

for football. The hosts select a niSports Media, taking the dive



Dean Heidel hosting on Oct. 3.

'sleeper pick' on an underdog team every week and it is such a fun to win that week. While this is not way to interact with all of them." specifically a segment, at OmniSports, a lot of sound effects from make OmniSports Media a SpongeBob are used throughout the broadcast, especially when someone has a sports perspective that is widely disagreed with.

Heidel, a senior communication major, got his start on the radio early in his college career. He said, "I really wanted to get on air, I started freshman year and wanted my own show, I started TV in HS and wanted to start a podcast, so what better way to start then doing

Connolly, a senior communi-Segments including 'under- cation major, unlike Heidel, was dog of the week' are featured apprehensive about joining Om-

> into communication after switching from marine environmental biology and policy. He said, "Me and Dean had talked about doing a show together, but at first, I about getting on the air. He convinced PHOTO TAKEN by Ava McGinty. me to join the

show after I switched my major. I love chopping it up with the guys

Those interactions are what unique sports talk show, allowing the hosts to showcase their personalities. Heidel said, "We really are kind of unfiltered and honest. We speak about sports as if we would at a dinner table or bar with friends, and we add a lot of info about our personal lives and experiences at games to complement our conversation and make it feel more personal."

Frank Hoarle, a junior communication major, is a fan of the show. He said, "I think that they are a group of guys and they're passionate about it. I think they express that very well with what they do. It's an honor to be able to tune into their show every

The show is driven by the host's passion for the sports industry. Connolly explained, "... We aren't in the industry yet where it is literally these guys' jobs to watch sports all the time, this is a way for us to show what it's like to be a sports fan as a college student."

He continued, "I think that since I was introduced to sports was nervous as a young kid, my passion for my favorite teams has been able to grow so much. I love watching my teams play (and often lose) but the passion is always

Above all, being a part of a



PHOTO TAKEN by Ava McGinty

Dan Connolly (left), Matthew Cioletti (middle) and Michael Morgan (right) on air during an OmniSports Média broadcast.

weekly broadcast at WMCX has more than I thought. It's actually been a useful learning experience. "Hosting a radio show is a little scary to be honest, my view definitely changed, you have to be aware of everything you say and do, it comes with a lot of responsibility, it also opened me up to people disagreeing with me, not everyone is going to like what I say, and I have to accept that it's part of being a host," explained Heidel.

Connolly agreed with the sentiment, and he concluded, "Being a host has shown me that a lot of preparation goes into this, a lot

kind of fun how much you need to pay attention to what is happening each week because that just means you get to watch even more of your favorite thing."

OmniSports Media will also be featured in the next Episode of Hawk TV News on Channel 12-1, available to watch around campus. The episode will also be on the Hawk TV YouTube channel, @HawkTVMU.

To keep up to date with OmniSports Media, follow them on Instagram, @omnisportsmediaa.

Jake Yuzna: new assistant professor of film production

BROOKE STEINWEISS CONTRIBUTING WRITER

remiering in a classroom near you in an exclusive run, Jake Yuzna, the Department of Communication's new assistant professor of film production.

Assistant Professor Yuzna is teaching two sections of CO fall as well as two more sections of CO 145 and CO 315-01 Making the Short Film in the spring. Yuzna has directed multiple films, started a new cinema program at the Museum of Art and Design in New York, and won awards for their films. They've done work in LA, NYC, Europe, Japan, the Midwest, South America, and more.

Professor Yuzna said they've always been a little obsessed with film ever since they were a child. They grew up with supportive parents who helped instill that love of film. Whether it was midnight showings of Chinese fantasy epics with their dad or their mom bringing them to forthey've always loved film.

always wanted to do film and Capital Foundation, Frasomething else, film and painting, film and writing, film and sculpture and ended up in art school for undergrad. When it came time to declare a major the professor said, "Well, it seems like it's always film and something so I kind of followed my instincts and went into that (film) program."

Once there, Yuzna said they really enjoyed it and felt ambi-145-01 Intro to Video Productious, having the ability to make tion and one section of CO 338 short films and sell them to be PBS, and Arté Television. Video Post Production in the played at festivals all over the world. When they graduated, they made their first feature film with some friends, which when asked, was the one project they were really proud of, out of all their work.

> "I think about it a lot, not only did it kind of start my career, but because it was really just a bunch of friends right out of undergrad," said Professor Yuzna. 'And we got accepted into one of the top film festivals in the world and won this award and it shows to me, I think, what I like about it, is it shows it's not unattainable."

Dr. Deanna Shoemaker, Chair of the Department of Communication, supported the choice of the hiring committee that helped select Professor Yuzna. Accordeign and international films, ing to her, Yuzna has won prestigious awards from the Guggen-Prior to college, they've heim Foundation, NEA, Creative

meline Foundation, McKnight Foundation, IFP MN, FilmNorth, and a Richard P. Rogers Spirit of Excellence Award from the American Film Institute. Their films have been screened at Cannes Film Festival, Berlin Film Festival, London Film Festival, New Museum of Contemporary Art, British Film Institute, and have been acquired by Netflix,

Shoemaker said, "After a very competitive job search, we found that Professor Yuzna stood out based on their impressive professional experiences across multiple filmmaking roles and genres." Her opinions align with the Dean of the School of Humanities and Social Sciences, David Golland.

Dean Golland emphasized his desire to have professors that are really doing the things they are teaching, giving students the best experiences possible, as well as building a culture that will grow and thrive. Dean Golland said, "Monmouth is the sort of place that we want people to fit in, but we also want them to make us fit in with them and I'm incredibly hopeful that Professor Yuzna will get us to fit in with them."



IMAGE TAKEN from FilmNorth

Ciara Sharp, a junior Communication major, has Professor Yuzna for Video Production. She said that what sets the professor apart from others she's had is, "They give us a lot of real experiences they have had to apply to our work and they give us advice there's a few bits that I don't through their experience." She know if I'm allowed to say quite said they're passionate, understanding, and educated, giving students a well-balanced class of experience and lectures to connect them to their classes and advance their skills.

With the addition of Professor Yuzna, there is hope from the university to build a new film major within the Communication Department. They said, "When I think is long overdue."

saw Monmouth was starting to talk with folks here (about hiring a film faculty member), it just seemed like it was a really unique opportunity with this idea of making a new major."

They said, "It's exciting. yet but we're definitely working on both a major and kind of a revamped minor."

They want this program to really foster a kind of filmmaking and TV that has a lot of passion and love around it. Professor Yuzna said, "It's gonna be a type of program that doesn't exist anywhere else, and that I

Seasonal meals you can make using just your dorm microwave

PAIGE CAMPBELL CONTRIBUTING WRITER

break approaching, you're likely to be tempted by some seasonal whether it's cinnamon, warm melted cheese, more pumpkin spice than you imagine, or even something that's comforting and tastes homemade. Or at least dorm-made. Before you get too ambitious with your cooking, remember: not everything is allowed in your residence hall.

No air fryers, hot plates, or toaster ovens. You can find a full list of on-campus prohibited Monmouth appliances on University's Residence Life homepage. You can bring a microwave (as long as it's university-approved).

With a little bit of patience and a lot of creativity, you can make a surprising number of delicious fall dishes with only a microwave.

Below is a Microwave Edition survival guide for students craving more than cereal and ramen during the coziest season of the semester.

Breakfast foods:

1. Fruity microwaved oats: an easy and nutrient-rich breakfast option.

Ingredients:

- ½ cup old-fashioned oats
- 1 cup water or milk
- 1 tbsp honey
- ½ cup of granola
- ½ cup of fruit
- ½ tsp cinnamon*
- 1/4 tsp nutmeg*
- 1 tbsp pumpkin puree* **Instructions:**

Combine ½ of the old-fashioned oats with 1 cup of water or milk (I prefer evaporated milk). Microwave for 1 ½ to 2 minutes, keeping a close eye on it to catch any spills. Remove from the microwave, stir, and add granola, honey, and your fruit of choice, then you're done!

Pro tip: If you want more of an autumn twist, add warmed apples with cinnamon or a spoonful of pumpkin puree and nutmeg. It'll taste like dessert, but it's still just breakfast!

2. Breakfast sweet potato: A vegetable that'll keep you looking and feeling lively as the deathly cold months approach.

Ingredients:

- 1 sweet potato
- 1 tbsp peanut butter
- 1 tsp butter
- ½ sliced banana
- 1 tsp cinnamon **Instructions:**

Firmly pierce the sweet potato with a fork a few times. Microwave for 5-6 minutes, turning it intermittently. Finally, carefully slice it open, buttering it (with peanut butter and regular butter) and top with bananas, then dig in!

Lunch / Dinner foods:

3. Burrito bowl: a college student's rendition of Chipotle.

Ingredients:

- ½ can of black beans
- 1 box of instant rice
- ½ cup of a Mexican cheese blend
 - 1/4 cup of salsa
- ½ cup of sour cream
- ½ can of corn
- ½ avocado
- Pre-grilled chicken **Instructions:**

Microwave rice as called for smell like autumn by the instructions on the box. In a separate bowl, heat beans, corn, and chicken until warmed. Combine them, add cheese, then

microwave for an additional 15-25 seconds. Remove, then top with salsa, sour cream, avocados, and any other toppings your heart desires.

4. Chicken Pot Pie in a mug: a classic comfort food, but accessible for college students.

Ingredients:

- 1/4 cooked chicken
- 1/4 frozen mixed vegetables
- ½ cream of chicken
- 2 tbsp milk
- Premade biscuit dough
- 1 tsp butter
- Seasonings to taste

Instructions:

In a large mug, combine and mix all ingredients but the butter and the biscuit dough. Microwave for 1 minute, stir, then cover with the dough. Microwave for an additional 2 minutes or until the dough has puffed up, then cover the surface with a thin swipe of butter.

A Sweet treat:

5. Apple crisp in a cup:

The key to making your dorm

Ingredients:

- ³/₄ of a peeled and chopped
- ½ tsp sugar

- 1 tbsp oats
- 1 tsp cinnamon
- ½ tsp brown sugar
- 1 tbsp butter
- Pinch of salt

Instructions:

In a bowl, combine and mix the oats, brown sugar, butter, and salt. In a mug, place the apples, sugar, and cinnamon. After mixing, pour the oat mixture on top. Microwave for 2 ½ minutes, then you're done.

Pro tip: Top it with vanilla ice cream for some extra razzle dazzle.

If you live in on-campus apartments, the Bluffs, or have a good friend who will give you access to their kitchen, you'll have a wider range of things to make rather than just having microwavable meals. a few more options you have include the option to roast vegetables, simmer soups all day on the stovetop, and bake pumpkin-filled desserts.

Still, I suggest you give these recipes a try! They're easy, cheap, and convenient. Did I mention that they taste amazing, too?

No gym, no problem: Easy and effective athome workouts

ASIA COOKE STAFF WRITER

e're living in an era where it seems everyone is intent on 'getting it together.' Of course, at the forefront of this is the health and fitness craze. If your For You page looks anything like mine, it's full of fitness influencers showing off their gym routines, cute workout sets, and extensive weekly meal preps.

Navigating fitness routine can be very daunting, especially when you don't know where to start or don't like going to a physical gym. If this sounds like you, I'll give you a little guide to some effective at-home workouts: what they are, what you'll need to get started, and a few workouts and/or influencers/ trainers that you can find online to help get started.

HIIT

The first of our at-home workouts is high-intensity interval training, or HIIT. These are full-body, compound

strict intervals and typically require no equipment outside of your body weight. The exercises require maximum effort and are followed by short rests.

seconds of a full-body exercise to make it a more effective awareness. like jumping jacks, have 10 seconds of rest, and then repeat 15 times.

Sample Workouts:

Time: 25 mins

Structure: 40 sec on / 20 sec off x 3 rounds

Rest: one minute between

Circuit:

Jump squats

Pushups

Mountain climbers

Glute bridges

Plank hold

Finisher:

High knees for one minute One-minute squat pulses

Walking

Now this one may sound simple and mundane, but walking can be a tremendous way to stay in shape and lose weight, if that's your goal. It doesn't require any equipment,

exercises that are done within and according to Mayo Clinic, encourages you to improve and begin to pump your arms it boosts cardiovascular health, your posture and engage your improves muscle endurance, core in all movements. immune strengthens your system, and more.

There are a few things to For example, you'll do 20 bear in mind when walking increasing flexibility and body workout. First, keep your head go, but you risk neck injury in doing so.

> Second, keep your stomach muscles tight to engage your core. Walking isn't exclusively for legs or cardio; it can be full body if you engage your muscles properly.

Finally, keep your posture relaxed. Your shoulders should be down and back so that you don't risk stiffness in your neck and back.

Yoga

Our third exercise is yoga, which is a Hindu discipline that is similar to yoga, that focuses controlled intentional breathing. However, pilates is more of a strength-based exercise that

It is extremely effective for toning your abs, glutes, and thighs, and is good for

You'll need a mat, lots of up! It's easy and second nature space, and an incredible amount feet or the sidewalk as you weights (1-5 lbs), blocks, ankle and wrist weights, and a few more things, but exercises can always be done and will remain effective without the extra equipment.

Sample Exercise:

Hundreds

Lie on your back, and imprint your lower spine into the floor, ensuring there is no gap between your back and the

Lift your legs into the table top - knees at a 90-degree angle and arms extended by your side.

Carefully, lift your head, movements neck, and shoulders off that mat (as if you are doing a crunch) as high as you can

Keep your shoulders lifted

up and down, inhaling for five and exhaling for five.

Repeat this for 10 rounds.

At the end of the day, fitness isn't about perfection or following the latest trends. It's about finding what works for you and making it sustainable. Whether it's the intensity of to want to look down at your of focus. Some workouts may HIIT, the calm flow of yoga, feet or even just look at your also include glute bands, light the strength-building focus of Pilates, or simply taking a daily walk, there's an at-home workout out there that can fit seamlessly into your life. So take a deep breath and get moving in a way that feels



IMAGES TAKEN from pexels.com

"The Life of a Showgirl" Taylor Swift's 12th studio album: True happiness with a touch of glitter

LORELAI HILARCZYK ENTERTAINMENT EDITOR

n the world of music, there is no bigger name than Taylor Swift. With her 12th studio album, she's climbing the charts with these 12 new tracks and some wonder if she'll ever run out of material with her vast discography. Despite critical reviews of negativity, this album does something that her others don't: paints a true picture of happiness and contentment.

The album opens with the single "The Fate of Ophelia," a track sure to dominate the radio. It's an obvious reference to William Shakespeare's "Hamlet" and the tragic fate of Ophelia in his play. Swift compares herself to Ophelia saying that she's been saved from sinking into madness. Yes, it's not a completely accurate representation of Shakespeare's character. Swift isn't trying to tell Ophelia's story, she's comparing it to her own. She sings, "You dug me out of my grave and/Saved my heart from the fate of/Ophelia/ Keep it one hundred/On the land, the sea, the sky/Pledge allegiance to your hands/

Your team, your vibe." There Swift sampled George Miis concerned.

beth Taylor" opens predict- artist while making it her so much sense. It's got their me/...All I ask for is your loysignature touch of blending alty/My dear protégé." Step different genre styles for a into Swift's office and know catchy hit. This combined complications of fame have her and well, you might just landed this track among fan find your "card cancelled." favorites. Especially with lyrics like, "You're only as "Ruin The Friendship" are hot as your last hit, baby."

this album are , "Opalite" and "Father Figure." "Opalite" sounds as if it's glitter, sparkles, and happiness permatching the shining showgirl aesthetic. Swift's known song is extra sweet.

will be no drowning or men- chael's 1987 song "Father tal breakdowns where Swift Figure," creating an example of how sampling can be The next track, "Eliza- done to pay homage to an ably with the name itself. own. Swift becomes a mafia Max Martin and Shellback boss within the lyrics, "I proproducing this track makes tect the family/Leave it with what it is to have the music with Swift's lyrics of the industry on your side. Cross

"Eldest Daughter" and two of the slower and more Two of my top songs on emotional songs on the album. For those who love "folklore" and "evermore," "Eldest Daughter" soothe your "this is me trysonified. It's boppy and light ing" heart, with a little more sparkle than you think. "Ruin The Friendship" takes on a for her love songs and with different meaning and while her upcoming marriage this this jazzy beat will have you jamming out, the story is In contrast, "Father Fig- quite sad. We dive back into ure" is a little darker in its Swift's high school days, material, but just as clever. she reminisces about an old While fans debate who it's friend she lost touch of and about-Scotter Braun, Blake isn't able to rekindle with. Lively, or Olivia Rodrigo; While I love what both of this track is a masterpiece. these tracks do, they do feel To give credit where it's due, a little repetitive to themes



we've already heard.

This next track has caused so much controversy and track about "BRAT" singer have her happy ending. Charli XCX. Swift is killing her haters with kindness, CELLED!" and "Honey" singing about living rent free are perfectly placed. "CANin their heads. It's also fair to CELLED!" almost belongs on say that Swift is the topic of many conversations among bad bitch energy."Honey" artists for her success. She is skippable-cute, but oversings,"But it's actually sweet/ All the time you've spent on me/It's honestly wild/All the (feat. Sabrina Carpenter)" is effort you've put in/It's actu- so bittersweet to end with on ally romantic/I really gotta this album. It's almost like hand it to you/No man has ever loved me like you do." Critics may call it petty, but it's a classier version of what Kendrick Lamar did to lenge of performing your in-

Tracks eight and nine are "Wi\$h Li\$t" and "Wood," matches the moment I'm in."

ue to live out. Whether or not she keeps feeding fans new lyrics, her influence is undedriven the gossipers into a niable. And maybe we should frenzy. "Actually Roman- heed her plea to "leave her tic" is speculated to be a diss the fuck alone" so she can

> These final tracks "CAN-"Reputation" with its darker shadowed by stronger tracks.

> "The Life of a Showgirl you can hear their encore and smile at their final bow. They sing about getting bouquets, stage doors, and the chaltimate life.

Our favorite artists are on full display literally and figwhich are the cutest, sweet- uratively, for our enjoyment. est, and even have some dou- This album represents that ble meanings. Each one is a throughout all of the dreams, little love note tied up in a glitter, and lights there are sparkly orange bow. As Swift real people behind the album said in her interview with covers. There's so many fe-Hits Radio, "The coolest part male artists who struggled is that it [this album] is abso- with the trials of fame from lutely the place I still am in Judy Garland to Whitney my life. You know, the music Houston and even Britney Spears. As Swift sings, "You These two songs are the per- don't know the life of a showfect representation for the joy girl, babe/And you're never and future Swift will contin- gonna wanna."



Taylor Swift dazzles in the "The Fate of Ophelia" music video featuring various nods to music and pop culture. You can stream "The Life of a Showgirl" wherever you listen to your music.

The exclusive movie premiere experience of "The Life of a Showgirl"

MELANY MCCANN STAFF WRITER

lthough this movie didn't star Elizabeth Taylor, it was just as dazzling. In addition to Taylor Swift's 12th studio album, "The Life of a Showgirl," Swift's team offered a theatrical experience in theatres, titled "The Official Release Party of a Showgirl." This film is on a limited threeday run at theatres from Oct. 3 to Oct. 5, and I was quick enough to secure a ticket.

The film was an in-person listening party to inaugurate the new album with other fans. Swiftie's were well prepared and ecstatic for the occasion with show girl costumes, fan merch, and other elaborate outfits. Just like The Eras Tour, many of those in attendance came with arms full of friendship bracelets and before the film began, walked around the theatre trading with one another. From young children to seniors, the theatre was nearly completely full of beaming fans.

It began just like The Eras Tour, with a clock presenting a countdown. After 12 seconds, the clock diminished, and Swift

Following a short introduction from Swift, the movie premiered the music video for "The Fate of Ophelia." At the time of this experience, the music video was unavailable anywhere else, so this was very exciting. It was such a well-done music video that genuinely told a story.

The film provided behindthe-scenes content of the making of the music video, including commentary from the choreographer Mandy Moore, dancers from The Eras Tour, and from the director herself— Swift. The content above was scattered throughout the entire film, and in between insight from each major scene of the video, there were lyric video premieres for the songs on the album. This included a breakdown of each song by Swift before each lyric video, explaining the inspiration, influence, and story within each track.

The music video itself was captivating. Swift's strong suit is storytelling, and that has never been more evident than now. The music video included all the dancers from the Eras Tour and was a journey through "every way in history you'd be a showgirl."

and various other dancers, acting as a poser for a painting, cabaret, theatrical dancer, and pop singer. The video was filled with infectious energy, elaborate costumes, and impressive dancing.

However, nothing lasts forever, and after the premiere of the music video, behind the scenes content, commentary, and the lyric videos, the experience came to an end. Right before Swift came back on screen to thank fans, the music video played again. Though, this time, after deep reflection and commentary from Swift, it was more digestible.

While the experience was short-lived, only about 90 minutes, and perhaps a little underwhelming, it was still memorable. This is because it wasn't done to compete for film of the year—it was a curated experience for fans. As someone who not only went to the Eras Tour, but also to the movie screening of the tour, I can confirm that the energy in the crowd of this theatre was just as

A fan I conversed with in

welcomed us on the screen. This included scenes of Swift, attendance, summed it up pretty well. She said, "We didn't really care what the actual movie was. It was about all of us being together midnight. and dressing up." This wasn't meant to be peak cinema. It was the film, we all exited the theatre meant to bring fans together to recreate the electric feeling and provide it for those who never had the chance to experience it.

> I quickly learned that there were two distinct groups of people in attendance: those who had already memorized the album, and those who waited until the showing to hear it for the first time. I was part of the latter and heard some interesting perspectives. The

unified experience of hearing it for the first time was what kept so many of us from listening at

No matter how you went into with wide smiles. And that was the entire point of the movie, not to necessarily provide a groundbreaking film but to bring fans together, and it did just that. Swift's conscientious marketing, directing, and song breakdowns found in the film not only made this album more understandable and enjoyable, but it truly revealed her showgirl energy. And that's show business, baby!



IMAGE TAKEN from Rolling Stone-Frazer Harrison/Getty Images

"House of Guinness": Power, chaos, and politics fuel a dysfunctional family

KATELYN SANDVIK CONTRIBUTING WRITER

poken within Topening scene the lines: "The children Sir Benjamin leaves behind are weak and divided. Now is the time for us Fenians to use that weakness and free Ireland from the English!" gives viewers a taste of the drama and chaos waiting to unfold in the new Netflix series. "House of Guinness." The story is a fictional take on the real life Guinness family and serves to show how the brewery ran amid power, politics, and dysfunction. From the first episode, viewers

are thrown into action: Sir the four main characters: Arthur Benjamin Lee Guinness is dead and there is trouble brewing. The Fenians, people who do not support England's ruling Ireland, show no remorse towards his death and take to the streets of Dublin. As Sir Benjamin's casket is carried through the city the tension continues to build. This opening scene is filled with quick camera cuts between the workers and the Fenians who hated him, creating further unease for the

break out, the camera pans up from the streets of Dublin to introduce

who supported Sir Benjamin and does not act like the oldest Just when the fight is about to



IMAGE TAKEN from Netflix

(Anthony Boyle), (Louis Partridge), Anne (Emily Fairn), and Benjamin (Fionn O'Shea), Sir Benjamin's four children. As they get ready for the funeral, the dynamic between them presents itself. Arthur, the oldest sibling, is presented as sarcastic and witty. He does not seem to be burdened by any responsibility

Instead, his younger brother Edward seems to carry the family's responsibility. More poised, and more mature he is focused on keeping the family brewery expanding. Anne, the only daughter, acts as the glue between the three brothers, a typical sister if you will. Finally, Benjamin is the black sheep among the family. He is never sober and has no stakes in the business.

As the siblings interact, it is clear that none of them are upset that their father is dead, instead they are eager to hear the reading of the will.

The scene changes back to reveal the protests as violence erupts. This scene is jarring for

two reasons: its brutality and the example, England's rule over song that erupts in the background, Ireland and the divide between "Starburster" by Fontaines D.C. the Catholics and the Protestants. Contrary to having orchestral music play in the background, the Ireland to be independent, while creators chose to embed thumping beats and punchy lyrics into the In "House of Guinness" Sir scenes. The music amplifies the Benjamin was a Protestant and energy and tension characters proudly supported England. feel in the moment, allowing the He used his wealth, power, audience to be brought into the and influence to speak against action as well. Modern music is the Fenians while serving for continuous throughout the series, Parliament. His death marked creating the perfect playlist to immerse the audience in.

However, the fight is short lived as the Fenians are outnumbered. The casket of Sir Benjamin is carried on and eventually reaches the funeral. After a short procession, in which no one seemed to be upset about the death, the will is read. Its contents shock each sibling, leaving none of them satisfied with the outcome. Both Arthur and Edward are given equal control to the brewery, bounding them for life. Meanwhile, Anne and Benjamin are written out of the business and cast aside.

show follows relationships between the siblings as they navigate their new roles. It also addresses the political

Catholics generally Protestants supported England. an opportunity for the Fenians to seize power and make their voices heard.

Released on Sept. 25, the show has held its place among the top ten. Created by British screenwriter Steven Knight, the man behind "Peaky Blinders," it is important to emphasize that the series is not completely fact. Knight has stated that when writing the series he relied on oral history from the current Guinness family. Knight dramatized some parts of their story for plot reasons, hence it being a drama.

Netflix has not formally announced a season two, but speculation remains high. Knight has hinted, stating that he believes there is more secrets and atmosphere during that time. For history to the Guinness family.

Shutdown politics, campus consequences

HENRY BOODYPOLITICS EDITOR

s of Wednesday, Oct. 1, the federal government officially entered a shutdown after Congress failed to pass a temporary spending bill before the Sept. 30 deadline. The clash centered on healthcare subsidies and spending levels, which have forced hundreds of thousands of federal employees to work without pay and brought many government functions to a halt. This is the first shutdown since 2019 and comes at a politically volatile moment.

The fight in Washington stems from enhanced Affordable Care Act (ACA) premium tax credits, which were expanded in 2021 to make health coverage more affordable for millions of Americans. These subsidies were extended through 2025, but Republicans in Congress are refusing to continue funding them without significant spending cuts elsewhere. If the subsidies lapse, premiums for many could more than double, according to the Kaiser Family Foundation (KFF). House Democrats, including Rep. Greg Stanton of Arizona, have said they attempted to negotiate a bipartisan deal "to address the expiration of critical Affordable Care Act tax credits set to lapse at the end of 2025," but would not accept cuts to other programs in exchange, according to a Stanton press release.

Republican leaders have framed the debate in terms of immigration and fiscal restraint. Speaker Mike Johnson accused Democrats of "restoring healthcare to illegal aliens" and called their refusal to accept the House proposal a "reckless decision" to shut down the government, according to a Congressional Press Release. However, experts and Democrats have pushed back, noting that undocumented immigrants have never been eligible for ACA subsidies. Instead, Democrats

are seeking to restore eligibility for lawfully present immigrants, such as refugees and asylees, who were stripped of access in a recent spending bill, according to the Houston Chronicle.

House Minority Leader Hakeem Jeffries said Democrats are standing firm to "cancel the cuts, lower the cost, save health care," framing the Republican position as one that would raise costs and destabilize the ACA system, according to AP News. The timing of the standoff is particularly significant because open enrollment for ACA plans begins on Nov. 1, meaning a prolonged shutdown could directly affect millions of people shopping for coverage, according to The Washington Post.

The immediate impacts of the shutdown are wideranging. According to the Congressional Budget Office, roughly 750,000 federal employees are being furloughed each day, with hundreds of thousands more to work without pay. National parks and museums have closed, certain food assistance programs, such as those administered by the FDA, are being delayed, and federal agencies are operating with reduced staff.

Education is among the most affected areas. The Department of Education's contingency plan confirms that Pell Grants and Federal Direct Loans will continue, and FAFSA processing will proceed in the short term, according to a press release made by NASFAA. However, about 87% of the department's non-loan staff are being furloughed, halting civil rights investigations into universities and pausing most new grantmaking, according to AP News. The American Council on Education warned that if the shutdown persists, regulatory delays and reduced research funding could become significant issues for colleges, according to ACE.

For colleges and universities, including Monmouth, the effects



IMAGE TAKEN from Washington Post Illustration/iStock

could quickly become personal. Although aid is still flowing, the National Association of Student Financial Aid Administrators warned that the reduction in federal staff could lead to delays in verifying student eligibility, potentially slowing aid disbursements, according to a NASFAA Policy Alert. The federal work-study program, which funds thousands of part-time jobs on campuses nationwide, is also at risk of disruption if the shutdown lasts several weeks, according to ACE.

Meanwhile, new federal research grants are frozen, posing challenges for graduate students and faculty who rely on agencies like the National Science Foundation and the National Institutes of Health to fund their work. Civil rights investigations tied to Title IX and disability discrimination have also stopped, delaying resolutions for students awaiting action.

For Monmouth students, the primary short-term

concerns center on financial aid processing, campus research, and work-study pay. If the shutdown stretches beyond mid-October, those delays could become real very fast, affecting student budgets and campus programs.

For Monmouth students, awareness and impact vary widely. Sammy Desiano, a freshman business major, said the shutdown doesn't directly affect him. "It wouldn't affect me personally because I got no money from it. I don't know many people who rely on FAFSAalso FAFSA doesn't give that much, \$6,000 at most," he said. While he acknowledged the broader consequences, he added, "I think it affects their parents because they aren't getting paid. But it doesn't affect me."

For others, however, the stakes feel more personal. "Monmouth is expensive. [Financial aid] allows some leverage to attend the school,

especially with the high tuition prices," said Moises Meza, a senior communications major. He explained that while the aid he receives is "tiny compared to the size of tuition," delays or disruptions would most likely add obstacles to his college life, and pointed out that shutdown impacts can extend beyond higher education. "I've heard it'll affect the educational system as a whole because of grants, research, etc. not even just college but K-12 as well, like EOF programs," he said.

In short, Washington's budget battle may feel distant, but its consequences have a way of trickling down to campuses. For Monmouth students, the next few weeks could determine whether this is just another political standoff or something that directly impacts financial aid, jobs, and everyday campus life.

The Outlook

Hello, everyone! My name is Mairead Spellacy and I am so honored to be this year's Editor-In-Chief and News editor! I can't wait to work with each of you. I am so passionate about *The Outlook*, and I hope all of you will want to share that passion with me. Student journalism is incredibly important. As students, you have the right to know what is going on within your campus, and at *The Outlook*, we promise to promote honest and informative articles that educate students on what is going on around them here at Monmouth University. If anyone has any questions or story ideas for The Outlook, please feel free to reach out to me at any time! My email is s1342915@monmouth.edu. Happy reading!

- Mairead Spellacy, Editor-in-Chief and News Editor '25/'26

Hi everyone! My name is Ava McGinty and I'm this year's Managing Editor & Features Editor. I'm so excited for this year & to read all the awesome articles everyone writes! If you would like to write for the features section or have any other questions about *The Outlook*, please email me at s1356207@monmouth.edu!

-Ava McGinty, Managing and Features Editor '25/'26

HAWKO Hawk TV

Hawk TV is excited to be back for this semester! We are the student run television station on campus, and it is a great opportunity to meet new people and get involved! Our studio is on the first floor of Plangere, and we currently have three shows. Hawk TV News shoots biweekly on Tuesdays. On Wednesdays, we film our pop culture show called Triple Scoop and on Thursdays, our sports show called the Extra Point. All begin at 7 p.m. We hope to see you this semester!

- Ava McGinty, Hawk TV Secretary and Executive Producer of Hawk TV News



PRSSA

Hi Hawks, join the Public Relations Student Society of America (PRSSA) & Shadow PR, Monmouth's student-run and nationally affiliated PR firm, for meetings every Wednesday at 3 p.m. in Plangere 234. PRSSA gives students the opportunity to gain real experience in the PR world through hands-on work with local clients and guest speaker events. All majors & grade levels are welcome!

- Bailey Fredericks, Co-President '24/'25



College Democrats

We have 34 reasons you should join the College Democrats. Join Team Freedom today!

- Owen Bros, President '24/'25



Real Estate Club

Hello everyone! The 19th of this month is a career night in the Bey Hall auditorium at 6:30 p.m. If you have any questions, please feel free to email me at s1322694@monmouth.edu.

- Margaret McNeil, President '24/'25



WMCX 88.9

Here at WMCX, there is so much space to grow and use your voice! With opportunities such as broadcasting Monmouth University's home basketball games, having weekly talk shows on a variety of topics surrounding sports, music, pop culture, or politics, or becoming part of the E-board, there's a place for you at WMCX! If this sounds like something for you, come to one of our weekly meetings every Wednesday at 2:45 in Plangere 236. Our doors are always open if you want to come and visit us upstairs. And stay tuned for some exciting events happening later this semester!

- Beyonce Carrranza, Program Director (VP) '24/'25



The Latin American Student Organization (LASO) brings students together to celebrate Latin American culture. The club is open to everyone and hosts events like Día de los Muertos and their annual Outdoor Movie Night where they show a movie from latin american and have latin american cuisine. LASO also supports minority representation and encourages leadership. It's a great place to meet new people, learn about different traditions, and be part of an inclusive community.

- Jeff Gonzalez, general member '24/'25



"OmniSports Media" - WMCX

Tune in every Friday from 11 a.m. -1 p.m. for sports content about the MLB & NFL on WMCX 88.9.

- Dean Heidel, OmniSports Media Host



College Republicans

We are so excited to see you all and work to preserve your freedoms on and off of campus this year!

-NJFCR Chair Jacky Bruno and MUCR Chair Giavanna Cangialosi '24/'25



MU Sports Industry Club

We are a club dedicated to connecting aspiring students with sports industry professionals through networking opportunities. Our first meeting will be on Sept. 22nd at 7 p.m. on Zoom with Rachel Luscher, the Digital Coordinator at the New York Islanders! Follow our Instagram @musportsindustry for more info!

- Ava McGinty, Vice President



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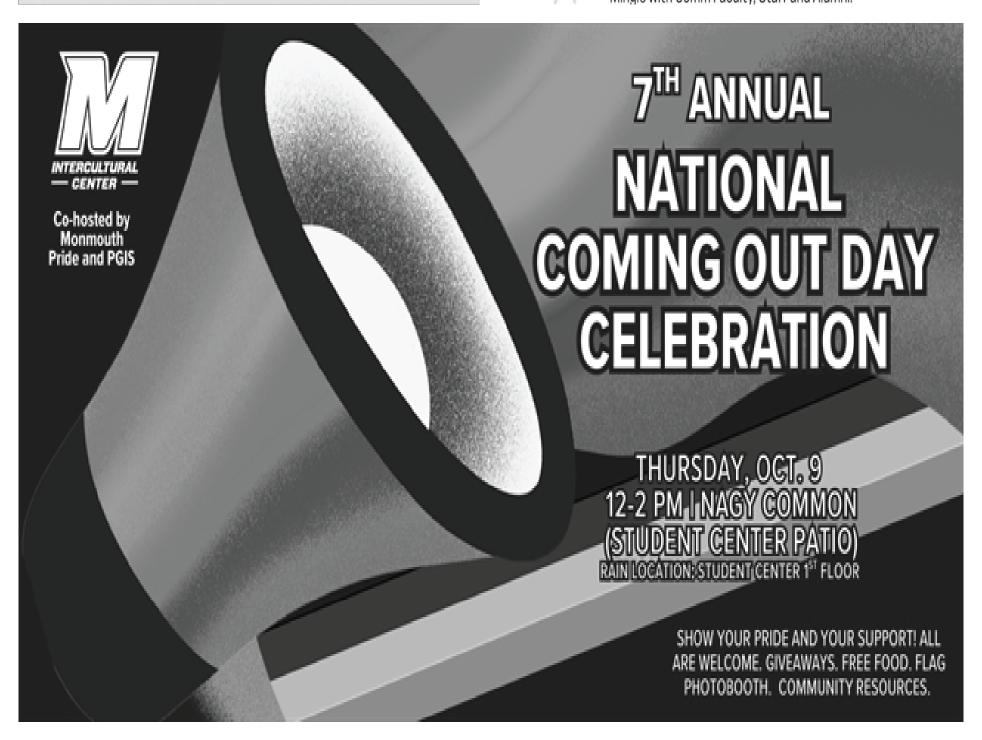
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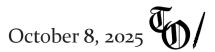
Fri., October 17 | 4 pm - 7 pm

Jack's Goal Line | West Long Branch



Join us as we celebrate **MU Homecoming** with Jack's Famous Wings. Mingle with Comm Faculty, Staff and Alumni.





The 2025 Future of the Ocean Symposium

Exploring the Wine-Dark Sea - U.S. Ocean Science and Technology: Keys to Prosperity & Security

October 9, 10-11:40 a.m. | Great Hall Auditorium Free and Open to the Public



For more information:

- Scan QR or visit Monmouth.edu/UCI
- Email uci@monmouth.edu





Davila Bantanani Dh D

Deerin Babb-Brott

Technology Policy

Paula Bontempi, Ph.D.
University of Rhode Island Graduate School of
Oceanography Professor

Former Principal Assistant Director for Oceans and the Environment, White House Office of Science and

Philipp Stratmann, Eng.D.

President and CEO, Ocean Power Technologies

NAVIGATING CHALLENGING TIMES: Counselors Rise to the Call

PROFESSIONAL COUNSELING CONFERENCE



October 25th October 26th

8:30am-4:00pm

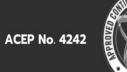


Explore current topics in counseling from professionals in the field!

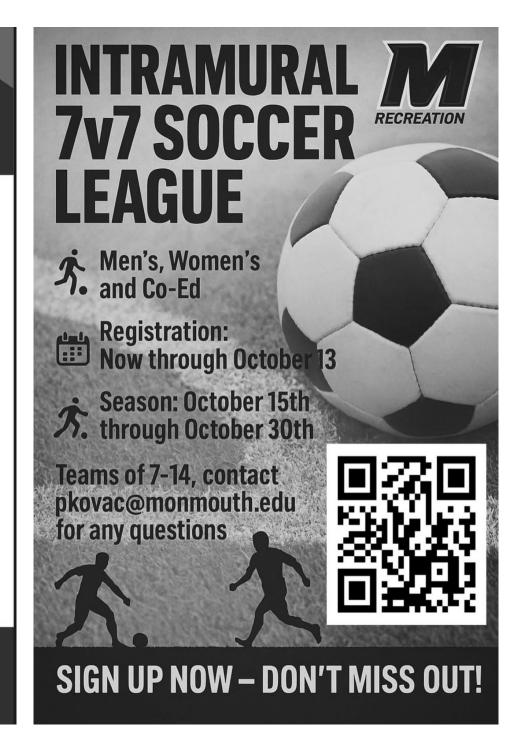


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Football earns second highest ranking in program history with win over Delaware State

FRANK HOARLE

onmouth football took down Delaranking in program history.

Entering the game, Monmouth was ranked as the No. 12 FCS team in the in the FCS, averaging 46.0 points per game.

former NFL pro bowl wide as a screen pass to junior receiver DeSean Jackson, was looking to bounce back turned into a 23-yard catch after blowing a 14-point lead and run for a touchdown. to Sacred Heart the week before.

Monmouth's offense to get started, after receiving the opening kick, a 40-yard completion from graduate quarterback Derek Robertson to senior wide receiver TJ Speight set up the Hawks in the red zone. The drive on second down for his third capped off successfully with a five-yard touchdown run from sophomore running back Rodney Nelson.

ware State punt, the Hawks touchdown. offense once again got to work. Seven plays into the drive, Monmouth was into Delaware State territory. On the eighth play, Speight broke State score, but the Hornets through the Hornets secondary and Robertson was able tage and ended up punting to find him wide open for a it back after a sack on third 38-yard touchdown pass. A little over halfway through and freshman Rob Adamson the first quarter, Monmouth Jr. opened up a 14-0 lead.

The Hornets were able to strike back on their next drive. The Hornets offense were able to gain big chunks of yardage over the course of 11 plays, and it would end in a 10-yard touchdown run by junior running back James Jones to cut the Monmouth lead to 14-7.

Delaware State territory on their third drive, but the offense stalled around the 30yard line. The Hawks decided to get aggressive on fourth down with nine yards to go. An incomplete pass by Robertson meant a turnover terback Kaiden Bennett fin-

on downs, giving the Hornets the ball back to wrap up the first quarter.

Delaware State again drove the ball down field which ended in Jones scorware State on Saturday, re- ing his second touchdown of sulting in the Hawks achiev- the game. In a little over a ing their second highest half of a quarters worth of game time, the Hornets went from being down 14-0 to tying the game up at 14 apiece.

Monmouth again country with the best offense into Delaware State territory for the fourth straight drive to start the game, and Delaware State, coached by they didn't stall this time wide receiver Gavin Nelson

The Hornets responded almost immediately how-It didn't take long for ever, as on the second play of the new Hornets drive, graduate running back Marquis Gillis would pull off a 73-yard run to set Delaware State up at the goal line. After getting stuffed on first down, Jones punched it in touchdown of the game, tying the score back up at 21. This touchdown marked the third consecutive drive in After forcing a quick Dela- the game that resulted in a

> Monmouth's offense finally slowed down and punted for the first time all game following the Delaware were not able to take advandown by junior Bryce Rooks

Since Delaware State was backed up in its own territory, Monmouth started its next drive already set up in great field position. It was sophomore wide receiver Tra Neal's turn to shine on this drive, as he caught two passes for 25 yards and scored the touchdown. Heading into halftime, Monmouth held a Monmouth again got into 28-21 lead over the Hornets.

After halftime, the third quarter featured a touchdown on every single drive. Delaware State received the ball to start the half, and after running the ball on every single play, graduate quar-



Tra Neal caught two touchdowns and also threw for one in Saturday's win over Delaware State. His touchdown throw was featured on SportsCenter's top 10 plays.

ished it off with a seven-yard as Monmouth maintained a the FCS. Rodney Nelson touchdown run. Monmouth 42-38 lead. responded with Rodney Nelson's second touchdown of tage of Delaware State fail- He was named CAA Offen-

the game. He also had a 63- ing to score a touchdown, sive Player of the Week folyard run to set up the Hawks as Robertson found Neal lowing the win. Speight led deep in Delaware State terri- for a 25-yard touchdown the team in receiving with

State's turn to find the en- first time since the score dzone, as another drive that was 14-0. featured mostly run plays ended with Gillis scoring his drive ended in disaster Poll, marking the second first touchdown of the game, as an intentional ground- ranking in program histying the game back up at 35. ing penalty on third down tory. It is very possible

drive, one of the highlight Monmouth defense ended highest ranked team in proplays of the season so far the drive in a punt. occured. Robertson completed a backwards pass to ball back, there was a little ranked No. 10. The Hawks Neal, who threw the ball over seven minutes of game now sit at 4-1 on the season down field to graduate tight time left. They were able to with their non-conference end Jack Neri, who caught it drain the clock all the way slate complete. The Hawks overtop of a Delaware State down to zero without giv- will enter conference play defender for a 33-yard touch- ing the ball up thanks to the in full swing as they travel down. The play was featured efforts of Rodney Nelson to Maryland this weekend on ESPN's SportsCenter top and freshman running back to take on the Towson Ti-10, and it gave Monmouth a Elijah Jennings. A fourth gers. 42-35 lead heading into the down pass from Robertson fourth quarter.

the fourth quarter, Delaware State got deep into 351 yards and four touch- to take on Division II oppo-Monmouth territory, but downs. He currently has nent Southern Connecticut wound up stalling in the red 1,991 yards passing and 22 State this weekend as they zone. This forced the Hor- touchdown throws on the try to snap a two-game los-

It was now Delaware lead to two scores for the plus a touchdown.

Robertson threw nets to settle for a field goal season, both of which lead ing streak.

ran for 203 yards and two Monmouth took advan- touchdowns on 32 carries. pass to extend Monmouth's 145 yards on seven catches,

Following Monmouth was ranked No. Delaware State's next 11 in the AFCA Coaches On Monmouth's ensuing after pressure from the this team could become the gram history, topping the When Monmouth got the 2021 Spring team that was

As for Delaware State, to junior wide receiver Josh they now sit at 3-3 on the On the first drive of Derry secured a 49-38 win. season following the loss. for They will travel back home **(1)** October 8, 2025 **SPORTS**

Messer leads Women's Soccer to victories over Drexel and Hofstra

FRANK HOARLE SPORTS EDITOR

he Monmouth Women's Soccer took two victories in conference play against Drexel on Thursday and Hofstra on Sunday.

On Oct. 2, the Hawks traveled to Philadelphia to take on the Drexel Dragons. The first half was fairly even with good defense on both sides. Both teams failed to score despite a combined 13 shot attempts. Sophomore goalkeeper Sammy Widnick made five saves for Drexel.

A little over four minutes into the second half, Monmouth's junior midfielder Chloe Messer scored her first goal of the season to break the ice and give Monmouth a 1-0 lead. Junior forward Lohren Gehret assisted on Messer's goal. The Hawks Defense held strong for the final 40 minutes of the game and held on for a 1-0 victory. Graduate goalkeeper Tallulah Miller made four saves and earned the shutout. The win pro-



PHOTO COURTESY of Emily Webb.

Chloe Messer scored the game winning goal in both of Monmouth's victories this week, with the one against Hofstra coming in the final minutes.

pelled Monmouth to 7-4-1 ing in this one got started In the 70th minute, junior on the season, while Drexel quickly, as in the seventh midfielder Emily De Almeidropped to 2-3-8. The Drag- minute, Hofstra would get da tied the game at one. Her their last 11 matches.

trying to extend their two- the locker room trailing 1-0. game winning streak. Unlike Thursday's game, the scor- the game in the second half. the season and delivering Drexel.

ons only have one win in on the board with a goal by goal was assisted by senior senior midfielder Manon forward Summer Reimet. On Sunday, Oct. 5, the Lebargy. Despite outshoot-Hawks returned home to ing the Pride 9-6 in the first until the 88th minute, with take on the Hofstra Pride half, Monmouth went into Messer coming up clutch

The game remained tied for Monmouth once again, Monmouth took control of scoring her second goal of full week off before hosting

Monmouth a 2-1 lead with a little over two minutes left to

Messer's goal was enough to give Monmouth a 2-1 victory over the Pride after outshooting them 14-4 in the second half. Messer scored her second consecutive game winning goal, and Miller made an additional four saves in the victory. She was given CAA Defensive Player of the Week honors for her performance in Monmouth's two victories.

The win over Hofstra extended Monmouth's winning streak to three, and they now sit at 3-2-0 in CAA play after starting 0-2-0. The Hawks are currently placed second in the CAA's North division, with defending conference champion Stony Brook being the only team ahead of them.

The Hawks now get a full week off before their next game on Sunday, Oct. 12, where they will take on the Towson Tigers at Tiger Field. Hofstra also gets the

Men's Soccer battles back for home draw against Drexel following loss to Rutgers

VICTORIA CAAL STAFF WRITER

n Sept. 30, the Hawks traveled to Yurcak Field at Rutgers, where ultimately the Scarlet Knights defeated the ing the score at 0-0 in the 74th five minutes of the game, which Hawks 2-0. The battle on the minute. field was long, with a pair of saves coming from freshman goalkeeper Herman Johnsen in the first five minutes of the game. Early pressure from Rutgers did not go unnoticed, as Monmouth was able to repeatedly drive the Scarlet Knights back into the midfield. Monmouth had a solid attempt at a goal with a shot from junior defenseman Raul Garcia in the 27th minute, but the ball missed high. With a few late shots that did not find the back of the net from Rutgers, both teams went into the half tied at zero.

With two Monmouth substitutions coming into the half, the Hawks started strong, firing the first two of three shots on goal. The shots came from Garcia and senior forward Jakob Friedman. With two more attempts from

sophomore midfielder Brendan Tansey and sophomore forward Victor Andersson, who in the 74th minute managed to rocket one towards the goal, but the Rutgers goalkeeper Ciaran Dalton was able to make the save, keep-

This was short-lived when, at the 77th minute, a goal from Rutgers' Dan Karsten broke the scoreless tie to put Rutgers ahead 1-0. Monmouth had another attempt in the 85th minute, as sophomore forward Kevin DeCapua got a shot off, which did not find the back of the net. In the next minute, another shot from Dan Karsten put Rutgers in the lead 2-0. Senior midfielder Patrick Osiecki attempted one last shot, but unfortunately it would be for not as Rutgers would claim a 2-0 victory.

Rutgers now leads the overall match-up with 12 wins, one loss, and one draw. This match was the 14th all-time meeting between the two teams. The Scarlet Knights led in shots 19-7, with the Hawks leading in saves 3-2.

Following the loss, Monmouth hosted Drexel at Hesse Field on The Great Lawn on Oct. 4 with a little over 400 attendees. Monmouth again applied the pressure early, with a shot coming from Friedman in the first was saved by Drexel's goalkeeper Raphael Bartell in the bottom center part of the net. This was then countered with three shots over 10 minutes from Drexel, with two shots being saved bottom right by Johnsen. The two teams battled it out on the field when, in the 43rd minute, Osiecki took a pass to Friedman at the top of the box, where he rocketed the ball into the top corner of the net. The Hawks took the 1-0 lead going into the half. This was Friedman's second goal of the season, and Osiecki's third assist of the season. Osiecki ranks second on the team in assists for the season.

Both teams continued to battle it out on the field, with a pair of substitutions coming off the bench for Drexel coming out of the half. The second half was more physical with both teams



Herman Johnsen made seven saves in Monmouth's two games last week.

racking up fouls. The Hawks and both teams tied for fouls with were able to hold the 1-0 lead until the 63rd minute, when Drexel's Brian Salvino scored. The fight continued as Andersson, Osiecki, junior forward Javier Losa, and Tansey attempted shots on goal. With an amazing save from Johnsen in the final minute, the match ended in a 1-1 tie.

This was the 11th all-time meeting between the two teams. Drexel led in shots with 12-9, Monmouth led in saves with 4-2,

13 each. Monmouth had five of the seven corner kicks in this game. Friedman ranks second in the CAA for assists per game, averaging 1.09 points per game, and Garcia entered the week as the CAA Defensive Player of the Week

The Hawks will travel to Boston on Oct. 11, where for the second time this season they will match-up with the Northeastern Huskies.



Monmouth Football moved up to No. 11 in the AFCA Coaches Poll following a win against Delaware State, giving the program their second highest ranking ever.